THE Script

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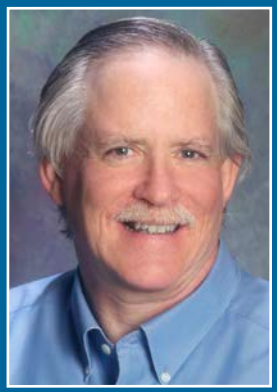
January 2025 *TAJ* on "Intimacy and Creativity Within the Real Self: Revisiting Berne's Secret Garden" Now Available Online

by Ed Novak and Karen Minikin

This theme issue of the *Transactional Analysis Journal* (*TAJ*), "Revisiting Berne's Secret Garden," focuses on working within deep aspects of the real or core self. As coeditors, we reviewed many meaningful submissions that led to the final impressive group of articles published in this edition. Each article, in its own unique way, details this form of therapy. In our Letter From the Coeditors, we wrote, in part, the following:

> All men and all women have their secret gardens, whose gates they guard against the profane invasion of the vulgar crowd. These are visual pictures of what they would do if they could do as they pleased. The lucky ones find the right time, place, and person, and get to do it, while the rest must wander wistfully outside their own walls. (Berne, 1972, p. 130)



Ed Novak



Karen Minikin

Over 50 years since Eric Berne wrote these moving words, transactional analysis continues to be a theory and practice that can offer an expansive range of treatment, both short term and longer term, positioning TA as one of the most diverse and unique therapeutic approaches for individuals and groups. In the passage just quoted, Berne was highlighting that there was a way of being with another person that could invite access to, and

itaa INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

experience of, their real self. Berne's use of the word "lucky" to describe individuals who get to engage in such a process also indicates his belief that such experiences are both significant and perhaps infrequent.

The secret garden quote stands in contrast, but not in contradiction, to Berne's (1972) statement in the same volume that treatment should take on a "get better first and analyze it later" (p. 303) format and that both together contribute to the expansiveness of TA theory and practice. Sadly, modern-day pressures in our industrialized nations—including insurance company mandates, a societal bias toward short-term symptom-relief therapies and quick fixes, and a discount of the depths of human trauma and suffering—all have contributed to a privileging of "get better first" forms of treatment to the point where "analyzing it later" often never occurs.

In this special issue of the *Transactional Analysis Journal*, we invited contributors from all fields of TA to detail ways they have been able to create transformational moments for individuals that connect with their real self. In the quest for expanding consciousness and intimacy, garden work often requires a broadening of theory and clinical practice, and our call for papers encouraged authors to write about the ways they have been able to achieve this in their work with individuals and groups.

This theme issue includes an acceptance speech, articles, an essay, and a book review as follows:

"Coming to Light and to Life as Naked Selves: Eric Berne Memorial Award Acceptance Speech" by Zefiro Mellacqua (his speech on receiving the 2024 Eric Berne Memorial Award)

"A Therapeutic Memorial Service for Dead Ego States: Examining a New Dimension of Berne's Secret Garden" by Edward T. Novak

"Murdered Vagina and Lynched Pride: Reflections on Working With Victims of Gang Rape" by Anisha Pandya

"Secret Garden or Secret Gardens Work? Relational Client Work Regarding Eric Berne's Original Concept" by Adam Bekier

"Video Gaming as a Bridge to the Real Self: From Avoidance and Disorder to Connection and Intimacy" by Claire Bowers

"The Interplay Between Our Secret Garden and Our Tribe: Identity Process in Context" by Ronen Stilman

"Sharing Secrets and Tumbling Walls: Deconstructing Privacy and Seclusion in Transactional Analysis Psychotherapy" by Keith Tudor

Radical-Relational Perspectives in Transactional Analysis Psychotherapy: Oppression, Alienation, Reclamation by Karen Minikin reviewed by Briony Nicholls

The October *TAJ* can be reached via the ITAA website by clicking on the "TAJ Access" button at the top of the homepage. We hope you enjoy this issue and would love to hear your comments.

Reference

Berne, E. (1972). *What do you say after you say hello? The psychology of human destiny*. Grove Press.

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TAJ Theme Issues

"Research in the Social Sciences: Contexts, Challenges, and Worldviews"
Coeditors: Helen Rowland and Andy Williams
Deadline: 1 August 2025

"Radical Psychiatry: Revisiting and Revitalizing TA's Critical Tradition for Contemporary Challenges"
Coeditors: Keith Tudor and Karen Minikin
Deadline: 1 February 2026

Please follow the submission requirements posted here.
Submit manuscripts to *TAJ* Managing Editor Robin Fryer at robinfryer@aol.com

the SCRIPT

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PSC Change Maker Update and Certification Clarity

by Giles Barrow and Beatrijs Dijkman

This month we want to share thoughts on two slightly related topics.

First, the Change Maker partnership is now up and running, and we are pleased that this is the case! Previous editions of *The Script* (see, for example, July 2024) have detailed the evolution of this initiative, which emerged out of the Global Conversation 2 years ago. A small coordinating team, including Paul Robinson, TSTA (E) (UK), and Mirjam de Slaa, PTSTA (O) (NL), along with the Professional Standards Committee (PSC), will be supporting establishing a network of trainers and institutes partnering in the project. This partnership group is in the early stages of developing and delivering TA programs designed to engage people who might otherwise be excluded from existing training programs. **Based on the principles of education inclusion, cultural diversity, and ecological sustainability, we hope the project network will generate insights and approaches that can inform our wider training community.**

In the future, there is also the possibility that some of these may result in additional routes toward TA qualification. Currently, we have colleagues involved based in Guatemala, the United Kingdom, India, Singapore, and Europe. There are still openings for others to join the project. If you are interested, please get in touch with either of us via email (see below).

The second topic relates to certification schemes, and we are aware that this is especially important given the potential for additional TA qualifications emerging in the future as a result of the Change Maker project. It is important that individual TA trainers and TA training institutes are clear with trainees about what is, and what is not, required for the CTA. We are aware that it is common practice in some places to offer national or regional certification in TA, often as an interim measure prior to CTA level. Similarly, in some schemes, higher qualification—for example, master's degree accreditation—is also incorporated into what TA institutes offer to students.

Historically, the PSC has maintained a neutral position in relation to these regional arrangements; it is a matter for individual trainers in local contexts to make decisions about how best to engage and contract with students. However, **over the past couple of years we have become aware of practices that are not in line with PSC guidance and that undermine quality assurance and the integrity of the CTA process.** These practices also raise important ethical considerations. For example, it is not OK to use abbreviations such as "CTA" or "ITAA" in association with local accreditation and certification schemes. These schemes are neither a CTA qualification nor is ITAA involved in the accreditation; this is a deliberate misleading by trainers of their students.

Second, the practice of obliging students to complete local qualification before undertaking the CTA is also not OK. It may be a preference for trainers to provide a staged approach to building the confidence and competence of students as they make their way toward CTA. This is different to insisting, or giving the impression, that students must "pass" local schemes for admission to CTA. In this practice, the trainer is adding further criteria for CTA eligibility, which is not sanctioned by the PSC and is arguably a misuse of the positional power that the trainer has over their students.

Going forward, we request that all trainers are clear about certification requirements at the point of program induction, group learning contracting processes, and when negotiating admission to formal accreditation. If, on reading this, you are unclear about this guidance, please get in contact with us.

Giles Barrow (psc_co-chair1@itaaworld.com) and Beatrijs Dijkman (psc_co-chair2@itaaworld.com) are PSC Cochairs.

IBOC News

by Haseena Abdulla and Nicole Lenner

We have a **markers' workshop approaching soon, with dates in both May and November 2025.** The booking form for registration will be published shortly on the IBOC Calendar page of the website.

IBOC Exams: We are nearing our next set of exams at the end of February and the beginning of March. Those of you who have signed up, please watch for our emails regarding the exams.

Changing of the IBOC Administrator

Beginning on 1 February 2025, Sarah Lowes left her position as IBOC Administrator and Max Eggeling stepped into the role. He writes, "I am a PTSTA-C from Germany, with years of experience in the TA community. Having been through the candidate journey myself, I understand the challenges and struggles that come with it, and I'm committed to supporting others through this process. I also deeply value the opportunity to give back to the international community that has supported me along my journey. I look forward to continuing the excellent work Sarah has done and to collaborating with the team to bring fresh ideas that further our digital transformation and strengthen our global community. I'm excited for this new chapter and the experiences we'll share together!"



Sarah Lowes



Max Eggeling

In saying farewell, Sarah writes, "Goodbye, my loves. I am stepping down from being the IBOC Administrator after nearly 18 months in the role. I have so enjoyed this work, particularly supporting candidates through their examination processes right from endorsing their contracts through to sending them their examination certificates. I have also enjoyed the camaraderie that comes with being part of the IBOC team, especially working with the IBOC cochairs and the Regional Exam Coordinators. I look forward to continuing to support the IBOC as a volunteer and know that the role is in safe hands with the wonderful Max Eggeling."

New Regional Exam Coordinators (RECs)

Alva Ramírez Villatoro of Mexico is the REC for the North American region. She is also ITAA Director at Large for North America and Mexico, a Certified Transactional Analyst and Provisional Teaching and Supervising Transactional Analyst in Psychotherapy. She holds a PhD in psychology, a master's degree in teaching, and a bachelor's degree in psychology, with a specialization in child psychology and psychotherapy. She has completed diplomas and courses in neuropsychology, Ericksonian hypnosis, cognitive-behavioral therapy, and integrative therapy. Currently, she is pursuing a doctorate in psychoanalysis with a research focus on neuropsychoanalysis. Alva provides classes and clinical supervision sessions for educators and psychologists and has published educational materials on topics related to psychology and TA, thereby contributing to the dissemination and understanding of these disciplines. Her mission is to support trainers, analysts, and educators in joining international TA communities. Her primary focus is to facilitate access to quality information, foster connections among professionals from diverse regions to encourage cocreative exchange, and promote ethical professional practices. Her



main objective is to contribute to the well-being of clients, students, and those interested in TA by overcoming language barriers and fostering an inclusive and accessible practice aligned with the "OK-OK" philosophy.

Aateke Jansen of The Netherlands is the REC for the European region. Recently she joined Miek Hehenkamp, who has filled the job for a couple of years. Aateke is a CTA-O and signed up for the TEW in April 2025. Professionally, she focuses on developmental issues in healthcare. For this, she combines TA with experiences gathered during her work as a physician. To her, the journey of becoming a CTA was enriching and brought a good deal of fulfillment, much of which was made possible by volunteers. By becoming a REC, she hopes to contribute to a similar experience for current and future CTA candidates.



Priya Veeraraghavan is the REC for India and a CTA (P) from Bangalore, India. She is a psychotherapist, writer, trainer, and executive coach with a background in organizational development, culture, and change. Priya founded PsyQi, an organization that is committed to fostering mental health and holistic well-being. As a multidisciplinary organization, through PsyQi Priya offers psychoeducation, psychotherapy, coaching, and training to address the unique needs of individuals and organizations. She is currently also a training candidate with IAAP, Zurich. She views the REC role in South Asia as an opportunity to contribute meaningfully to the growth and upkeep of exam practices in the region. She feels it is an honor to be part of this process, nurturing talent and contributing to the global TA community. Having personally experienced the exam process, she is amazed at the extent of collaboration and the time and effort that is put in to keep this well-oiled machine running. Much like the saying "it takes a village to raise a child," it also takes a dedicated community to shape a competent and ethical TA practitioner. Each training candidate's journey is supported by educators, mentors, supervisors, peers, and the structures we create through our assessments. As REC, Priya sees her role as part of this collective effort. Taking on this role gives her the opportunity to support the growth of future practitioners in a way that honors both their personal journey and professional development—something she believes is essential for creating meaningful change in our respective fields of specialization. In today's rapidly changing world, where challenges are more complex and widespread than ever, cultivating thoughtful, resilient, and compassionate practitioners has never been more important.



We also thank Anisha Pandya for her service as the Regional Exam Coordinator for the South Asian region.

IBOC Exam Calendar

Type	Exam Date	Location	Application Deadline
CTA	27 Feb-1 Mar 2025	Online	Closed
TSTA	27 Feb-1 Mar 2025	Online	Closed
CTA	9-11 Oct 2025	Online	9 Jul 2025
TSTA	9-11 Oct 2025	Online	9 Apr 2025

IBOC TEW Calendar

Type	TEW Date	Location	Application Deadline	TPO Deadline
TEW	25-27 Apr 2025	Online	Closed	Closed
TEW	28–30 Nov 2025	Online	28 Mar 2025	28 May 2025
TEW	24–26 Apr 2026	Online	24 Aug 2025	24 Oct 2025
TEW	27–29 Nov 2026	Online	27 Mar 2026	27 May 2026

Note: Written exams can be submitted anytime throughout the year.

Please send applications for exams and TEW to the IBOC administrator: iboc@itaaworld.org . For the EATA exam calendar, please refer to: https://eatanews.org/exams/#coc-calendar and for the EATA TEW calendar, go to: https://eatanews.org/tew-calendar/?highlight=TEW%20calendar

The Call: Reflections on the 2024 New Zealand TA Conference

by Gerry Pyves

Karangarua

In Māori, the word for "call" (karanga) can be extended to karangarua (rua meaning "two/other"), which is to say that we call across to "the other." This was the title of our New Zealand (Aotearoa) TA conference on 19-20 November 2024. It was held in a Māori-run conference center situated on Wellington harbor, styled in the form of a marae (Māori meeting ground). The center's purpose is to welcome people into Māori culture and share it with us. If ever you visit Wellington, it is a must-see place, and you can sit and drink coffee there as well.

To arrive and begin our conference with a "pōwhiri" (formal welcome), we all stood in a gaggle on the harbor wharf at 9 am and waited to be called (and challenged). A lone elderly woman (kuia) stepped out, dressed in beautiful traditional robes. From about 15 yards away, she sang and moved her arms and body in a strangely powerful way. In te reo (the Māori language), she danced/sang/asked us who we were and whether we posed a threat to her people.



The Wellington Harbor Wharewaka Conference Centre

Response

From among us, two Māori women, members of our TA community, sang back that we were indeed there in peace and respect. The sound of these sung words mingled with the sounds of the wharf around us, fighting to claim their space as this ancient ritual clashed with the modern mechanical noises of the cranes and the Thursday morning bustle of people around us. We shuffled closer and stopped about 10 yards away. There were more sung (and danced) challenges and responses.

We all shuffled closer, caught up in this moving ritual of greeting and invitation, in which gesture and body movement mattered as much as the content of the words.

Only after it is made clear that we are no threat are we truly invited in and enter through the doorway. It is the beginning of a contract … we may enter their space. The first transaction is complete: a stimulus and a response. Many more will follow. Once inside, a male elder speaks to us—or is he singing? He does this in a language rich in vowels and



Gerry Pyves receiving his TSTA (psychotherapy) certificate in Wellington, New Zealand, with exam supervisor Debbie Robinson on his right and his principal supervisor, professor Keith Tudor, on his left

tonality. I think he is explaining the traditions of his house and welcoming us.

As a response, one of our own TA elders, Seán Manning, then stands up and starts speaking back to the elders of this place in the Māori language (reo). There is a quiet gasp from among us. Many of us are amazed and surprised that this "Westerner" knows how to do this. Suddenly, we are directly linked to the Māori people by this softly spoken man from Northern Ireland. He is one of us, from the culture of TA, but he speaks with them in their language and he knows their rituals. He draws us closer to them …

A Complementary Transaction

Seán has devoted the last 30 years of his life to working with Māori, mostly in the field of addictions and offending. In doing so, he decided to learn to speak and write in their language. This quiet and unassuming 80-year-old man comes to life as he holds an ancient black stick (tokotoko), twisted and gnarled, in both his hands. It was carved and gifted to him by a Māori elder in recognition of his determination to honor the people he serves. He shakes this stick at them as the sounds of this rich language pour out of him.

I am struck by the power and presence of this normally reticent, quiet, and thoughtful man. A power has just been unleashed by the sounds and traditions of te ao (the Māori world). There is an expectation of physicality, expression, and sound in this ancient ritual of greeting. Words are not just information; they are embodied expressions of our craving for contact—and the threat this may pose for us all. Does he shake the stick to ward them off, or is he offering it to them as a pledge of our good intention, I wonder?

Potency

There is most definitely a challenge given back in Seán's powerful words. Does he tell of our history? To me, it also sounds like he tells a sad truth, as if he is also acknowledging the historical pain that has been inflicted upon the Māori. I can feel it, although I do not know what his words are saying. His body shakes with intensity, and his words carry a power that I have not heard from him before, although I have just sat through two grueling days of being examined for my TSTA by him! But in this language and in this ritual I see his true mana (power, authority).

After this exchange, the internal doors inside the hall are opened, and we are invited to share kai (food). Challenge and acknowledgment is followed by the life-sustaining sharing of food. Our hunger for connection is met. It is time to enact this by sharing food together. TA practitioners from all four fields and all four corners of the world mingle and munch together.

Our Conference Has Begun

With this short article, TA's latest TSTA calls across to you to say "Hello." Just as Seán stood up and demonstrated that he had spent 30 years doing due diligence to the Māori language and culture, so this life-long massage therapist and TA psychotherapist wishes to stand up and demonstrate that he has spent 30 years doing due diligence to the culture and language of TA. Just as Seán shook his tokotoko in saying hello to our Maori hosts at the conference, so I shake my TSTA certificate in saying hello to you.

Now, what do we say after we say hello?

Gerry Pyves, MA (Oxon), PGCE, CTA (P), TSTA (P), is the founder and creator of NO HANDS Massage and now hosts a weekly New Zealand radio show "In the Psychotherapist's Chair" as well as running a private practice where he lives in Wanaka, New Zealand. His latest book Touching Trauma, Building Resilience *is available in print, audio, and ebook from his website at www.gerrypyves.com (where he can also be contacted).*

January *TAJ* Free-Access Article on "Video Gaming as a Bridge to the Real Self: From Avoidance and Disorder to Connection and Intimacy"

From the January 2025 *Transactional Analysis Journal*, **the free-access article is "Video Gaming as a Bridge to the Real Self: From Avoidance and Disorder to Connection and Intimacy" by Claire Bowers.**

This paper explores the integration of play and video gaming into psychotherapy, emphasizing the unique transitional space cocreated between therapists and clients who are gamers. The author highlights the importance of understanding the gaming world as a bridge to clients' internal worlds or "secret gardens." The author draws from Winnicottian concepts to emphasize paradoxes in play and the transition from isolated gaming spaces to realms of connection in the therapeutic relationship and in clients' real lives. Case vignettes illustrate the therapeutic journey, showcasing video gaming as a tool for expressing unspoken traumas, supporting deconfusion, and fostering deeper intimacy. The therapeutic alliance is strengthened by validating clients' gaming experiences and bridging the gap between the language of transactional analysis and that of gaming. When therapists embrace games and play in therapy, transformative possibilities become available to their clients.

We encourage all *TAJ* readers to read this article and to use this important opportunity to encourage your colleagues and friends to learn more about contemporary transactional analysis. **You will find the free-access article from the January issue available on the Taylor & Francis *TAJ* website** (accessible via the ITAA website). Look for the green checkmark in the lower right corner.

Welcome to New Members

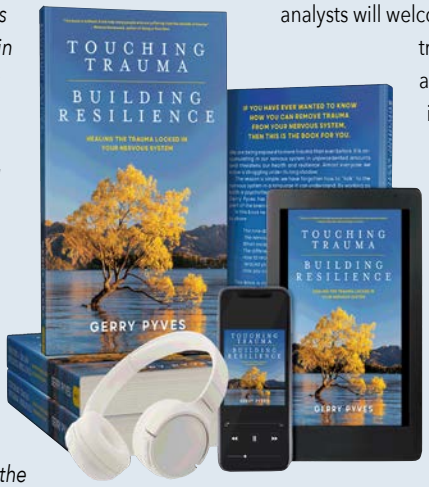
DECEMBER 2024

Oleksandra Chadiuk, Ukraine
Rachel Gallimore, United Kingdom
Matea Jukić, Croatia
Nicola Mvere, United Kingdom
Tanja Prskalo, Croatia
Klemen Suša, Slovenia
Mila Volf, Netherlands
Joanna Young, United Kingdom

A Call to Touch...

William F Cornell writes:
"...Gerry Pyves provides a highly accessible and engaging account–personal, theoretical, and practical–of the importance of touch in the healing of trauma... an invaluable resource for psychotherapists and counsellors who seek ways in which to bring their hands as well as their eyes, ears and voices to the therapeutic process."

Professor Charlotte Sills writes:
"...Gerry Pyves weaves trauma theory, philosophy, neuroscience and bodywork together with moving stories of clients and from his own personal life...the author is an engaging storyteller... transactional analysts will welcome the way trauma theories and research are integrated into TA."



Giles Barrow writes:
"...For those who have been following the development of Gerry's approach this book is a culmination of casework reflection, conceptual thought and years of direct client experience... This is a book crammed with insight, encouragement and advice, hard-won wisdom and dozens of vignettes along the way."

Professor Keith Tudor writes:
"This is a lovely, accessible, generous, well-researched, useful, and important book... written in an easy style that translates complex ideas about trauma, resilience and the human nervous system into everyday language... it reclaims the centrality of touch in our lives. I highly recommend it."

Buy *"Touching Trauma, Building Resilience"* only at: gerrypyves.com

More on Ethics in Practice

by Marina Rajan

One of the important practices in our community is supervision. Our examination system, training and supervision structure, and training standards are the bedrock of our community. I see the farsightedness with which Berne set up early initiatives for this. I think the inbuilt practice of supervision has contributed to the vibrancy and survival of our worldwide community, despite Berne's early demise and the many ups and downs the community has gone through.

Understanding Supervision

Many consider supervision a necessary evil. I wonder whether that is because of the element of evaluation in supervision. I hear many practitioners trying to make supervision something other than "SUPER-VISION." It is really "superior - vision." Actually, super means above – that is supervision above the day-to-day practice of therapy/counseling/consultation. Part of the value of supervision is that the supervisor is one step removed and therefore has a different view from that of the practitioners, which makes supervision possible. "Evaluation is the heart of supervision" and the "gatekeeper" to the profession, according to Veronika Basa (2021). In ego state terms, this involves the Parent and Adult ego states. It is the "how" of supervision that makes the difference in the supervisee's experience. That is where ethical practice in supervision becomes relevant. Marco Mazzetti (2007) expanded Clarkson's checklist of supervision. Points 4 (make sure that the trainee and the clients are both adequately protected) and 7 (develop an equal relationship) are explicitly practical ethics in supervision.

Practicing Ethics in Supervision

The inherent power in the supervisory relationship and the inevitable evaluation mandates ethical practice in supervision. To me, the safety and protection for the supervisee and directly and indirectly to the client, is the core ethical practice. A balance in the care and concern for the supervisee, awareness of and trust in the supervisee's ability to take conditional negatives, is the key. The supervisor's ability to practice this at the appropriate time and stages of supervision is what I think ideally makes supervisory practice



ethical and growth promoting and not oppressive. The practice of stroking is the "balm" in supervision. The psychological well-being of the supervisor makes this happen. Supervisees benefit from positive feedback about what they are doing well in addition to conditional negative feedback about what can be improved.

It may generally be said that ethical issues crop up in situations involving power dynamics, and the key to resolution is acceptance of this. The new paradigm of ethics is ethical practice rather than ethical problem resolution. Minimizing harm, the first principle of the Hippocratic oath, is the first step to facilitate this.

Personal Practice

I invite us to reflect on whatever ethical issues each of us have faced in supervision practice or supervisory experiences using our ethical matrix and to understand what was lacking. Was it protection or lack of mutual respect or lack of trust in the supervisee's ability? Or was it an overall imbalance?

To conclude, I offer a reflection on my own learning experiences in supervision. All my major learning experiences, both in the medical profession and in TA practice, have occurred in supervision in which care, concern, and trust in my potential were balanced by my supervisor when I was confronted or directed toward moving beyond the limitations I had set for myself.

References

Basa, V. (2021). Evaluation in the field of supervision. *European Journal of Counselling Theory, Research and Practice*, 5(3), 1–10. https://ejctrap.nationalwellbeingservice.com/volumes/volume-5-2021/volume-5-article-3

Mazzetti, M. (2007). Supervision in transactional analysis: An operational model. *Transactional Analysis Journal*, *37*(2), 93–103. https://doi.org/10.1177/036215370703700202

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Recent Publications

The latest edition of the *South Asian Journal of Transactional Analysis* (*SAJTA*) has now been published. *SAJTA*, an initiative by the South Asian Association of Transactional Analysts (SAATA), is dedicated to advancing our understanding of TA in psychotherapy, counseling, education, and organizational contexts. This issue of *SAJTA* celebrates collaboration and diversity, featuring three coauthored articles that highlight the richness of shared insights. We are also proud to feature an article from Bangladesh, showcasing the diversity of our contributors.

This issue features a range of articles, from primary research to thought-provoking explorations of cultural dynamics, psychotherapy integration, and valuable material for practitioners and supervisors. Each article provides fresh insights into the diverse applications of TA across various settings, blending both theoretical depth and practical implications.

Here is the link to the *SAJTA* Volume 11, Number 1, January 2025 issue: https://bit.ly/SAJTA-Vol-11-Jan-2025

This issue features the following insightful articles:

"My Therapist Is on a Break: Exploring the Impact of Therapist Planned Breaks on Client Experiences, Therapeutic Relationship, and Supportive Measures" by Aanchal Munoth and Gunjan Zutshi

"The Not So Good Games: Examining the Cultural Impact of 'Good Games'" by Aruna Gopakumar and Monica Pillai

"Preparing for Supervision: A Guide to Transactional Analysis Practitioners" by C. Suriyaprakash

"Bridging Cultures: The Role of Transactional Analysis in Cross-Cultural Communication" by Gauri Palekar and Saurabh Raye

"When Psychotherapy Becomes Truly Eclectic" by Mina Dilip

"The 'Me' in the Therapy Room" by Ritu Shukla

"Fictional Character or Stories: Development of Self" by Sanjida Afroz

SAJTA would love to hear your thoughts and feedback! Please share your suggestions by writing to us at journal@saata.org. If you'd like to contribute to future editions of the *SAJTA* and/or to explore past issues visit https://saata.org/page/journals

Book Reviews and Reviewers Wanted

The *Transactional Analysis Journal* is looking for book review submissions. Books published within the past 3 years are preferred, and reviews are limited to 1,000 words. We are looking for reviews that offer readers a solid critique that reflects substantially on the book rather than one that is primarily an endorsement. For more details or to discuss a possible book review, please contact *TAJ* Book Review Editor Jr-Earn Lam at karen@seraphcorp.net .

WORLD TRANSACTIONAL ANALYSIS CONFERENCE 2025 MONTPELLIER
LEGACY - LEGITIMACY - IDENTITY

"Exploring Legacy, Legitimacy, and Identity: Transactional Analysis in a Changing World"

8–10 August 2025 | Montpellier, France

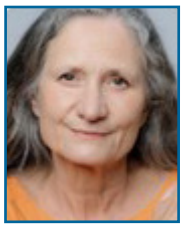
This World Transactional Analysis Conference promises to be an enriching experience, featuring cutting-edge discussions, skill-building workshops, and inspiring keynote presentations. We are honored to announce our keynote speakers and conference debate chairs, five exceptional thought leaders who bring unparalleled expertise and insight to this conference program.

Keynote Speakers

William Cornell is a distinguished leader in TA and is internationally celebrated for his contributions to psychotherapy, supervision, and writing. Bridging TA with psychoanalytic and body-centered approaches, his work provides profound insights into human behavior and relational dynamics. As the author of works such as *Somatic Experience in Psychoanalysis and Psychotherapy*, Bill is committed to advancing therapeutic practices and mentoring the next generation of TA professionals.



Isabelle Filliozat, the daughter of Rémy Filliozat (one of the founders of IFAT and EATA), specializes in emotional and social intelligences, child development, and parenting. She has redefined how families and educators integrate TA into their daily lives. A psychotherapist and author of bestsellers such as *The Emotional Intelligence of Children*, Filliozat combines psychology, neuroscience, and TA to create transformative tools for fostering emotional well-being and strong relationships. Her approach resonates deeply with parents, caregivers, and educators worldwide.



WTAC website: https://wtac2025.ifat-asso.org

WTAC ticketing:
https://my.weezevent.com/world-ta-conference-france-2025

Accommodation Options: https://loom.ly/ELcsb6E

Gala Party Tickets: https://loom.ly/egwS_Ng



Le Corum conference center and opera house

Sailaja Manacha, a renowned therapist and leadership coach from India, specializes in empowering women leaders and fostering personal growth through TA. As the author of *Step Up: Women's Journey to Identity, Success, and Power*, she has made a lasting impact on organizational and individual development. Manacha's practical and inclusive strategies inspire diverse audiences globally, making her a powerful voice for resilience and authenticity.



Debate Chairs

Karen Pratt is a celebrated educator, supervisor, and coach with a deep commitment to using TA to facilitate personal and systemic change. Based in South Africa, Karen is known for her expertise in applying TA in diverse contexts, including education, organizational development, and coaching. Her work emphasizes inclusivity, emotional intelligence, and building connections across cultures. As a conference debate chair, Pratt will guide stimulating discussions and ensure a platform for the dynamic exchange of ideas.



Lucy Freedman hopes that we as human beings can share the world in peace rather than destroying it. She is a thinker, teacher, and author who delivers observations, insights, and advice about our relationships with ourselves and others so that we can live our best lives. Lucy has officially been a high school teacher, a psychotherapist, a corporate consultant, a life coach, and a leader in professional associations. She has served as a member of the ITAA Board, President of the ITAA, General Coordinator of the North America TA Association, and is President of the ITAA C3 Foundation. She holds a BA and a master's degree in teaching from Harvard University, is a Certified Transactional Analyst (ITAA), a TA Practitioner Instructor (NATAA), and founder and CEO of Syntax for Change, a consulting, coaching, and learning and development firm based in California. She is coauthor of the book *Smart Work: The Syntax Guide to Influence.*



Conference Highlights

- Inspiring keynote presentations
- Workshops led by renowned TA experts
- Lively debates moderated by Karen Pratt and Lucy Freedman
- Networking opportunities with peers from around the world
- Interactive sessions to deepen your TA practice

Warm regards, Jean-Luc Boyer, IFAT President & Organizing/Conference Chair WTAC 2025

Conferences & Events Calendar

22 February 2025
Transactional Analysis Cumbria, UK, Conference
www.tacumbria.co.uk

11–13 April 2025
UKATA National Conference
Swindon, UK
conference@uka4ta.co.uk

8–10 August 2025
World TA Conference
Montpellier, France

20-21 September 2025
SAATA Conference
Chennai, India