the SCRIPT

ITAA
INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

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Where There Is a Will, There Is a Way: Developing a Professional Will

by Samiksha Jain



Several surveys have indicated that mental health practitioners are at risk for depression, anxiety, and suicidality (Kleespies et al., 2011). High-profile practitioner suicides like that of Lawrence Kohlberg (Walsh, 2000) have raised concerns about the impact of such events on surviving colleagues, family, and clients (Kleespies et al., 2011). In 2009, the American Psychological Association (APA) set up an ad hoc committee to investigate such events and discovered that surviving colleagues took 1-2 years to cope with such a loss, and students began questioning their career choice.

Clients have described their personal experiences on various public platforms after losing their practitioner to suicide (Stroud, 2019), including their shock, disbelief, and hopelessness toward their practitioner and therapy. Noting that such sudden unavailability of a practitioner can adversely impact colleagues and clients, APA recommended the inclusion of a professional will as part of its ethical guidelines for psychologists (Legal and Regulatory Affairs Staff, 2014).

What Is a Professional Will?

APA recommends that psychologists make plans to facilitate the appropriate transfer of clients to other practitioners and to protect the confidentiality of records and data in the event of a psychologist's withdrawal from a position or practice (American Psychological Association Practice Organization, 2014). A professional will is a verbal or written agreement, made in advance, drawn up between the practitioner, an executor, and the client. It contains the details of the administration, financials, and operations of the practice.

Significance of a Professional Will

Both the contract (Berne, 1966) and contact (Erskine, 1993) with the client are suddenly disrupted when the psychologist stops their practice due to sudden unforeseen circumstances. Berne (1966) wrote that a contract is "an explicit bilateral commitment to a well-defined course of action" (p. 362) and described three types:

1. ***Procedural Contract:*** Berne defined this as "the level of a contract between the professional and the client/organization that contains agreements about the reasons for intervention, the course of events, and the cost of intervention" (p. 362). When this contract ends suddenly due to unforeseen circumstances, the professional will comes into action and passes on the requisite information to all stakeholders. This can prevent any chaos caused by a sudden disruption to the procedural contract.

2. ***Professional Contract:*** Berne described this aspect of contracting as "the agreement made between the practitioner and the client/organization about the goals of the intervention" (p. 362). Through the professional will, the practitioner can offer continued professional services to their clients, ensuring that they get an opportunity to continue with their treatment plan, albeit with another practitioner.

3. ***Psychological Contract:*** Berne observed that "the motives at a psychological (hidden) level between the client/organization and the professional play a crucial and often disruptive role" (p. 362). The key question is, what could stand in the way of a successful outcome? The professional will offers care and safety to the client in the absence of the therapist by offering a listening space. If the client chooses to take up this offer, it can ensure that they continue their path to successful outcomes.

I see the professional will as a fourth level of contracting, one that acts as an overarching, protective contract that increases the possibility in the case of unforeseen circumstances of successful outcomes for the first three contracts.

Contact With Clients

Erskine (1993) described contact in psychotherapy as like the substructure of a building: It cannot be seen, but it undergirds and supports all that is above ground. If the therapist, who plays a vital role in the client's healing, goes missing, the client may experience a sudden onset of emotional upheaval. This can be prevented to some extent if the practitioner makes prior arrangements for their clients to be informed and provides them with a holding space and referral services with qualified professionals.

The Professional Will Process

In the event of the practitioner's sudden unavailability, the executor(s) of the will is the person(s) who proceeds with the necessary due diligence to carry out the terms agreed on in the will. In addition to closing the practice/business, the executor(s) is expected to call the practitioner's clients, inform them of the circumstances and be willing to answer some questions, and arrange for referrals when the client is ready. The practitioner can offer remuneration to the executor(s) after reaching a mutual agreement (American Psychological Association Practice Organization, 2014).

APA indicates that it is ideal to choose as an executor a colleague with whom the practitioner can have a reciprocal arrangement, perhaps someone who fills in for them when they go on a break. The executor can be a local colleague who can visit the physical premises to shut them down, speak with the landlord and bank officials, interact with clients, and offer referrals when needed (Clay, 2019). In an online workshop that I attended on this topic (Elliot & Worrall, 2020), it emerged that clients might want to interact with someone who knew the deceased practitioner.

My Own Professional Will

Making my professional will turned out to be an enriching experience. It was an opportunity to identify and work through my apprehension and biases about dying and my attitude toward my clients. My "general information and consent form" for clients now contains a clause that briefly informs them of how our engagement would conclude in the event of my unavailability due to unforeseen circumstances. I contract for and initiate the discussion about this when I have adequate evidence that the client has enough resources to access their Adult and process the conversation. I avoid talking about it when they are emotionally unstable. I talk about future possibilities of sudden impairment and demise that could impact my availability and functioning. Often clients shift into either their Parent or Child ego state when I broach the subject, and processing the content often leads to uncovering unmet relational needs from previous insecure attachments. Grieving these unmet needs can pave the path for exploring alternative options that the client might suggest.

I have a private practice and did not use any legal help in formulating

> *"Making my professional will turned out to be an enriching experience. It was an opportunity to identify and work through my apprehension and biases about dying and my attitude toward my clients."*

my professional will. It combines a verbal and written agreement and an excel sheet that is stored on a digital cloud service. I have a verbal agreement with my family, and they have access to the names and phone numbers of the executors of my professional will and to the list shown here:

1. Clients in therapy and their phone numbers (I revise this list every 3 months)
2. Clients on a break and their phone numbers
3. Location of financial records, payables, and receivables
4. Location of written notes and voice recordings
5. Name of supervisor(s) and therapist with their phone numbers and email addresses
6. List of professional memberships with ID numbers and email addresses
7. List of directory listings, membership ID, and email addresses
8. Professional website, email address of agency that maintains my website
9. List of referral services (e.g., psychiatrists, psychologists, etc., with email addresses)
10. Digital footprint (laptop user ID and passwords)
11. Email accounts (user ID, passwords)
12. Social media accounts (user ID, passwords), instructions regarding their future
13. Mobile phone (user ID and pin, lock pattern)
14. Digital applications (user ID, passwords)
15. List of articles authored by me, instructions regarding their future

Practitioners can add what is useful for their practice and can seek legal advice if they think it necessary.

My Ethical Growth

I have used the ethics grid from the ITAA (International Transactional Analysis Association, 2014). In preparing and executing my professional will, I have shown the responsibility of informing my clients, respected their need for continuous professional services, empowered them to explore their fears, protected their confidentiality, and exhibited commitment in the therapeutic relationship by sharing my journey where appropriate. I am aware that my clients will ultimately decide how they react to the news of my impairment or passing. However, the professional will is my way of showing care and minimizing the possibility of harm.

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Note: Earlier versions of this article were published in the *South Asian Journal of Transactional Analysis* (July 2021) and the *EATA Newsletter* (February 2022).

Samiksha Jain is a psychotherapist in training under supervision. She is a Certified Counselor from Parivarthan, Bangalore, India, and has completed her SAATA diploma. She can be reached at samikshajain67@gmail.com .

Jean Illsley Clarke Memorial: Jennifer Clarke, Jean's daughter, wrote the following online: "A joint Celebration of Life for Jean and Dick Clarke will be joyously held on Thursday 4 August 2022 . . . at St. Luke's Presbyterian Church, 3121 Groveland School Road in Wayzata, Minnesota. Vaccinations requested, masks welcome. Visitation at 10am, service at 11am. . . . Memorials welcomed to any cause that helps people live better lives. The service will be livestreamed from St. Luke's homepage: www.stluke.mn." For details, visit https://www.caringbridge.org/visit/jeanclarke .

USATAA Elders Meet: On 11 June 2022, 25 elders from the TA community of the 1960s, 1970s, and 1980s gathered socially on Zoom to check in with each other, catch up, and share some wonderful memories of the early days of TA in the United States. The idea for the event came originally from Abe Wagner during a USATAA general membership meeting earlier in the year and was then endorsed and supported by the USATAA Council. Participants were invited by Abe and Felipe from their own mailing lists and were asked to invite others from that time. Finally, with the support of USATAA, Jacob Guerra, Kristina Shea, and Lucy Freedman, a wonderful Zoom gathering took place. The event began with a "one-minute" check in that



Participants at USATAA Elders Gathering: (top row from left): Valerie Batts, Kristina Shea, Brenda Bary, Abe Wagner, Felipe Garcia; (row two): Leonard Campos, John Tyler, Janice Dowson, Jacob Guerra (not shown), Wayne Hart; (row three): Inger Acking, Carol Solomon, Nancy Porter-Steele, Lucy Freedman, Laurie Weiss; (row four): Carla Haimowitz, Robin Fryer, Reiko True, Jonathan Weiss, Marian Weisberg; (row five) Jean Maxwell, Steve Cosgrove (not shown), Christopher Zimmerman (not shown), Curtis Steele, Brenda Schaeffer

included each individual's name, where they were and are from, and a short history of their involvement with TA. Most participants mentioned their trainers, bringing up joyous memories of early TA conferences and training events. The group then broke into groups of four for personal sharing. The plan was to do two breakout sessions with different participants, but the initial check-in circle was rich and took longer than planned, so there was only time for one breakout meeting. At the end of the time, the consensus was that people wanted to meet again in 6 months, so the planning is underway (details will be shared as they are available). If you were not invited to the first gathering but would like to be for the next one, send an email to programs@usataa.org . And please consider joining USATAA if you are not already a member (go to USATAA.org). (Our thanks to Felipe Garcia for this report and the photo on the previous page.)

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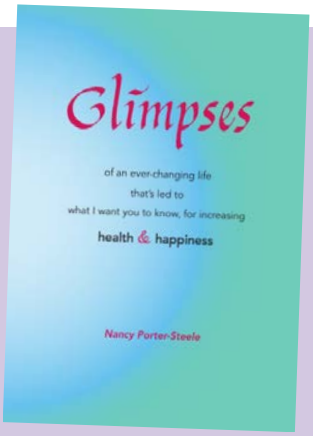
Recent Publications

Nancy Porter-Steele writes that she has just published a book titled *Glimpses of an Ever-changing Life That's Led to What I Want You to Know, for Increasing Health & Happiness*. It looks into her life experiences and offers guidance on the ways she has learned to help others become free from suffering and to enhance their happiness. It is available from lulu.com .





Living
Loving
Learning

Co-Creative Transactional Analysis in Theory & Action

Autumn Conference

Join us in Gothenburg, Sweden in October and explore the challenges and rewards of putting co-creative TA into practice!

With this conference, we invite you into the experience of a co-created environment. We provide a variety of workshops on what Co-Creative Transactional Analysis is in theory and in practise.

On the first day we will engage in a "101" on Co-Creative TA, giving an overview of and exploring the basic concepts and models of CCTA.

The second day will be a celebration of application of CCTA from different perspectives and in all fields of TA.

On Monday we will together harvest our findings and take a look on CCTA from 3 different meta perspectives: Living – Loving – Learning.

For further details, please go to the STAF website. We are very much looking forward to sharing our knowledge and experiences with you and to learning from everyone who follows our invitation.

So come in and find out!

What to expect
15 workshops
Two lunches
Coffee-breaks with refreshments
Celebration dinner (optional)
A chance to meet and greet TA-people from different countries with the same interest in CCTA

Led By
Traian Bossenmayer PTSTA – O
Berit Fahlen PTSTA – P
Bev Gibbons TSTA – P
Nicole Lenner PTSTA – C
Paul Robinson PTSTA – E
James Sweeney PTSTA – P

Learn more about this exciting conference on the STAF website
www.transaktionsanalys.se

UPCOMING *TAJ* THEME ISSUE

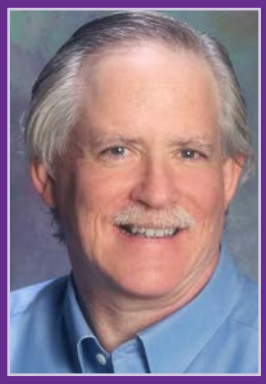
Revisiting Berne's Secret Garden Work

by Edward T. Novak and Karen Minikin

> All men and all women have their secret gardens, whose gates they guard against the profane invasion of the vulgar crowd. These are visual pictures of what they would do if they could do as they pleased. The lucky ones find the right time, place, and person, and get to do it, while the rest must wander wistfully outside their own walls. (Berne, 1972, p. 130)

It has been 50 years since Berne wrote this deeply moving passage signifying that there was a way of being with another person that could invite access to, and experience of, their real self. Berne's use of the word "lucky" to describe individuals who get to embrace this part of themselves also suggests such experiences are both significant and perhaps infrequent. Maybe a sustained immersion into this part of the self is unattainable and maybe it is even unwise to attempt it in an imperfect world. But for those individuals lucky enough to experience moments of real self connection with another, the encounter can result in personal transformation within script protocol and can also be a source of vitality throughout life.

> What people want to do is shown in visual pictures, the home movies they make. … There are complete answers there to questions he never even dreamed of. But if the right button is pushed, sometimes they pour out in sheet poetry. (Berne, 1972, p. 130)



Edward T. Novak



Karen Minikin

This appeal to our imagination, our subconscious states of mind, our creativity seems something Berne knew about and in our view was given too little credit for. The pragmatic appeal of transactional analysis traditionally made it a versatile and useful application for organizational and educational settings as well as in counseling and psychotherapy. However, in recent years there has been a greater shift toward the use of the imagination and the enigmatic in transactional analysis. In focusing on the more secluded parts of the real self, we invite readers and writers to broaden and deepen our connection with this self that is often found at the edges of our theoretical grasp. The real self often requires an expansion of theory in order to be understood and related to in our work with individuals and groups.

In this special theme issue of the *Transactional Analysis Journal*, with the title "Intimacy and Creativity Within the Real Self: Revisiting Berne's Secret Garden," we want to highlight a different emphasis inherent in TA but not always addressed given that these secret garden quotes stand in contrast, but not in contradiction, to Berne's statement in the same volume that treatment

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Additional Responses to "Being Active, Vital Associations in Times of War"

Dear Editor,

I read the response letters to "Being Active, Vital Associations in Times of War" (June 2022 *Script*) with interest and wondering. It was fascinating that all the letters published showed high, even extraordinary, levels of support for the views communicated by Chitra Ravi and Peter Rudolph on behalf of ITAA and EATA, respectively. I immediately wondered about groupthink as an unconscious attempt to find certainty in cohesion while perceiving threat in dissent. I, nevertheless, remain reserved and doubtful of this homogeneity or that it mirrors the homogeneity of views held within the TA community. I would here like to share a different view.

We know that trauma, apart from pain, helplessness, terror, and immense grief and sadness, often evokes responses of aggression, anger, hate, and contempt and causes divisions with painful and deep emotional ruptures, all of which are feelings that are human and normal for the situation. I am, however, wondering whether the associations' responses are a reaction to an increased anxiety and discomfort about dealing with the collective negative affect caused by the Russian assault on Ukraine. I further see the associations' overall communication as palpably anxious and an attempt to control rather than contain (in Bion's terms!) the emergence of uncomfortable feelings within the TA community.

It may well be that individuals cannot be held responsible for the atrocities carried out by the Russian regime—not even those people who hold supportive views of that regime. However, similarly, when a Ukrainian colleague holds feelings of anger or contempt for our Russian counterparts—for instance, by openly rejecting any relating to them, regardless of the actions or political views of the latter—and when divisions within the TA community emerge as a result of collective identification in times of war, the feelings of anger and rejection toward Russian members seem to be not only labeled as not OK but may be, through this process, discounted, dismissed, and judged.

Conversely, I see responses of rejection and rage as understandable and fundamentally human. I would hope for any transactional analyst to have the intellectual, emotional, and moral capacity to adopt an OK stance toward such not-OKness, along with

Secret Garden

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should take on a "get better first and analyze it later" (p. 303) format. Perhaps the modern-day pressures, especially in industrialized nations—such as from insurance companies and societal bias toward short-term symptom-relief therapies and quick fixes—has resulted in privileging "get better first" to the point where "analyzing it later" often never occurs.

Relative to organizational and educational settings, we want to highlight ways in which developing a deeper connection with this real self often leads to new ways of leading, educating, and helping participants and students to discover their own unique vitality and creativity found within this self.

In this special theme issue, contributors from all fields of TA are invited to detail ways they have been able to expand TA theories to provide the opportunity for individuals and groups to experience transformational moments within their real self in relationships and across institutions and communities. Examples include working within and expanding specific aspects of TA theory such as games, script, and protocol in ways that invite engagement and revelation of a real self within and between people housed in their own secret gardens. We particularly hope to receive submissions that include cases or vignettes that show how TA theory has been used and expanded to create space for such moments of experience.

Reference

Berne, E. (1972). *What do you say after you say hello? The psychology of human destiny*. Grove Press.

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the empathic capacity to hold it. Not-OKness takes many forms, and not all of them are destructive. If we understand the calls of some of our Ukrainian colleagues to exclude Russian members from the associations as their expression of immense trauma, hurt, and pain and as a desperate cry for acknowledgment of such pain, we can also adopt an OK stance toward such expressions. Unfortunately, however, the associations' declaratory statements of support do not seem to be enough to convey such OKness, as do not potentially defensive rationalizations of why such calls should not be heard.

And what about ethics? This war, and any other war, brings with it immense societal, political, cultural, and psychological complexities. Containing these complexities within the framework of ethics seems misplaced and reductionistic. In terms of power imbalance, it also indicates an (unconscious?) exertion of the associations' superiority in relation to their members. The statement about intolerance of discounting among members, on a social level, seems like an intelligent and potent one but may be experienced as profoundly unempathic, punitive, and threatening. Whether such a statement reflects collective guilt carried by the associations for not acting potently or whether it is an attempt to control dissent seems a good point to reflect on. Resorting to moral and ethical discussions about OKness thus reads as a psychological defense of intellectualization to better cope with immense collective emotional charge. After all, not all not-OKness is unethical.

As professionals, we know that, while we may experience feelings of destruction in our Child, our Adult helps us mediate them socially. What makes us human is our capacity to hold such feelings and, simultaneously, not act on them rather than deny them in ourselves or despise, judge, and control them in our colleagues. Through containing, it helps us convert the destructive parts into constructive ones. So, naming not-OKness is one matter. Regarding it as inappropriate, something to judge and punish, implying it to be unethical, may, however, be another. It may be experienced as a misattunement to the trauma caused and a moralistic (not moral) stance toward the legitimate feelings of our traumatized friends.

Similarly, comparing the conflict at hand to other conflicts in the world may well be rational and logical. However, when such comparisons are not appropriately timed and contextual, they too may be, by those affected, perceived as discounts and empathic failures that cause further ruptures and often higher levels of aggression. Such attempts at generalization may be experienced as diminishing the war's relative importance. They may, conversely, help those witnessing the war from afar to cope with the difficult feelings and experience some certainty in this uncertain situation.

To conclude, emergence of aggression and not-OKness within our community may be part of a complex individual and societal phenomenon that is not necessarily purely not OK. Aggression is part of our nature, and not only is it human, but it can also be humane. Equating it with violence and destruction is a discount. Historically, it helped us survive and defend our values as a civilized society many times before. And it is now what helps our fellow Ukrainians to defend against the Russian atrocities and also preserve their collective identity as a nation.

It might be that, as a TA community, what we are also facing here is the aftermath of our post-Bernean, often excessive enthusiasm to root TA in humanism. In my experience, such striving, in practice, all too often resulted in the disavowal of our negative parts, especially those related to aggression. Labeling them as not OK may be a comfortable way of getting rid of the discomfort of facing them.

It thus remains part of TA's developmental edge, also as a philosophy, to better account for and hold difficult collective feelings that, as a result of trauma, consciously and unconsciously arise also within our community. Because the ITAA and EATA are advocates of TA, I want to extend such developmental expectation also to them.

Ales Zivkovic, London, United Kingdom

Dear Editor:

We appreciate the views shared by Ales Zivkovic. There will always be different positions and perspectives on difficult topics like something as massive and painful as the war.

The intent of our article "Being Active, Vital Associations in Times of War" was to clarify our position in response to a call of our members affected by the war. Our loyalties are with all persons affected during these horrifying circumstances.

Yet we're all constantly dealing with and learning from these difficult times. We will continue to dialogue about these aspects in many ways through webinars, articles, and perhaps a panel discussion of sharing perspectives. The voices of our member are really important to us.

ITAA President Chitra Ravi and EATA Past President Peter Rudolph

Working Together on TA Projects

by Anne Tucker

Projects

Project teams often have challenges as they bring individual thoughts, talents, views, and perspectives together. It really doesn't matter what the project is, there is often the potential for the individual lens to become all important. I've learned over the years that recognizing and valuing my energies and passions is important, as is noticing any resistance and evaluating that. For me, this is helpful when asked for or offering assistance. I've also learned to be really clear about the details of the agreement when considering being involved in projects. Working together with TA colleagues has the advantage of our having a shared set of clearly stated TA values and principles. This is even more significant when working within the arena of ethics.

Learning

In the last nearly 18 months, I have been working with a previous chair of the ITAA Ethics Committee, Alex van Oostveen, to take another look at the ITAA ethics complaints procedure. We were asked to suggest some helpful structure and to find new words to accommodate a paradigm shift when working through ethical issues. This shift is to put the focus on learning from a perceived or potential breech of the code of ethics rather than to proceed with a more parental "disciplinary" action, although this is not to discount the importance that our Parent ego state offers in terms of good, clear boundaries. In the time we have been working together, Alex and I have enjoyed, valued, and respected our different perspectives. We noticed when they could potentially collide and have taken the time to create space to explore them. This has meant our work together has been much richer.

Benefits

But it doesn't stop there. We have benefited professionally, and also personally, as we have shared our successes as well as the struggles that inevitably occur over an 18-month period. As we worked with our differences—including the fact that Alex lives in South Africa and I live in New Zealand—we became increasingly aware of differences in our professional backgrounds and cultures. We made space for these differences, and it resulted in adding value to the work we have done. The bonus is that we got to really know and better understand each other.



Anne Tucker is a member of the ITAA Ethics Committee. She can be reached at annetuckernz@gmail.com .

Now that our part is nearly completed, the next stages start as we share our thoughts and ideas with everyone else who is part of the TA ethics team to see what they can add to what we have done. As a result of this process, I have gained a new friend as well as a valued colleague.

Grab It!

So, if you are asked or see an opportunity to be involved in some aspect of TA either in your country's TA organization or internationally, my

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IBOC News

International Exams

The IBOC is working to raise awareness of cultural differences among the various participants in the examinations (candidates, board members, volunteers, etc.) to improve the exam experience and challenge power dynamics, both implicit and explicit, that we have observed in the exams. A group came together to consult around cross-cultural examining, and they will write a separate piece later to say more about their work. That group was chaired by Sashi Chandran and met four times. Members included Keiko Hoshino, Beatrijs Dijkman, Giles Barrow, Karen Pratt, Jacqueline van Gent, Lieuwe Koopmans, Tomoko Abe, and Sue Eusden. From IBOC's perspective, the group discussions helped us to reflect and led to tangible impacts. First, we need to inform the training of examiners and preparation of candidates about these issues. Second, the IBOC is thinking about running mock exams next year to offer the opportunity for international experiences that may be hard for many to organize outside of their language group/country. These will be mock exams only and not exam preparation groups. More on this will follow after the September exams.

Meeting in Person

On 7 July, the members of the PSC and the IBOC met in person (see photo), a long-awaited gathering. We took a day together, in London, to reflect on the work we have done so far and to think ahead to the future development of our training and certification system. At the heart of the matter is our commitment in IBOC/PSC to three core intentions:

- To ensure that our professional education continues to support the wider ITAA agenda for social change. This includes developing our arrangements and requirements to extend diversity and inclusion.
- To increase engagement by widening the educational reach of our systems, that is, by expanding the ways in which we acknowledge educational diversity in terms of learning styles, teaching philosophies, and educational frames of reference.
- To acknowledge a growing awareness and commitment to ecological dimensions of theory and practice emerging among both practitioners and clients.

These principles are embedded in the development of online exams and the last two TEWs and are now a cornerstone of the *Handbook*. We are excited about exploring the developments that arise by having these at the heart of our system.



In-person meeting of IBOC and PSC (from left): Sue Eusden, Jacqueline van Gent, Giles Barrow, and Karen Pratt

Updates

Three sections of the *Handbook* have been updated:

- Addenda for Sections 9 and 11: These two addenda for online exams have been updated to reflect that these are now established practice.

- Section 10 regarding the TEW: After the successful online TEW held in May, we realized that there was some ambiguity about how various candidates and sponsors interpreted the requirements for the teaching segment in the TEW. 10.5.3 is the new change:

10.5.3 Participants are required to prepare the following:

1. An outline of a schedule of what they are teaching in a TA module. It is based on TA theory of the participant's own or other authors' material that would be suitable for a beginning or advanced TA training group. The schedule will describe the flow of a half-day/full-day training.
2. A section from the above-named schedule used to demonstrate their teaching style. The candidate will have a maximum of 20 minutes to engage the group in learning through a process that is congruent with the candidate's approach as an adult educator. Staff will provide feedback on the effectiveness of the candidate's teaching style.
3. A handout relating to the content of the teaching piece that can be shared online with the audience as didactic support.

We will be letting you know more of our developments going forward. For now we wish you a good break over the coming month.

Jacqueline van Gent (jacqueline@itaaworld.org) and Sue Eusden (sue@itaaworld.org), IBOC Cochairs

Administrator Changes



This month we want to introduce IBOC's new administrator, Niva Manivannan. Sadly, Caroline Donovan will be leaving us in August, so during July and August, Niva and Caroline will work together for a full handover. This month we say hello to Niva, and next month we will say good-bye and thank you to Caroline.

I am Nivashini Manivannan, an English teacher from Chennai, India, with a practicing background in counseling psychology. I shall be taking over Caroline's post as admin with IBOC and look forward to helping everyone in the ITAA with any inquiries they may have. I can be reached at: iboc@itaaworld.org .

Working Together on TA Projects

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suggestion is that you grab it with both hands! I am sure you will get more out of it than you expected. You will not only give of your skills and abilities, you too might gain another friend! Serendipity?

Comments From Alex van Oostveen

I too feel I have gained a friend, emerging unexpectedly from the task we have shared. Reflecting on our process, I echo Anne's recollection. My only addition is an observation about the interplay between our diverse problem-solving styles. Anne is oriented to "Hurry up" and "Be perfect," and I use a 99.7% "Be perfect" approach. These styles manifested from time to time, like tensions on a sailboat's tiller guiding the direction of our work. My experience was that on occasion one of us would feel the tiller could do with some adjustment and raised this in conversation. I appreciate deeply how we both shared our experiences of this and other aspects of our process openly and with acceptance. It did not matter where one or both of us found the tiller, as it had served its purpose until that point, and we continued to navigate our journey. I give my deepest appreciation to the ITAA Ethics Committee for including me in this significant work and to Anne for my learning and friendship.



Alex van Oostveen was a cochair of ITAA Ethics Committee for several years.

TAJ Editorial Board Members Sought

The *Transactional Analysis Journal* coeditors are looking for new members to join the editorial board. If you are interested, please email your name, country, and a brief statement about your areas of interest/expertise and your experience in writing and/or editing to *TAJ* Managing Editor at robinfryer@aol.com by 1 October.



MISSED THE ONLINE CONFERENCE?

Recordings are starting to be made available now.

It's not too late to purchase access to ALL the recordings.

Just go to the conference website here: https://itaaworld.org/itaa2022

Questions? Contact us at conference@itaaworld.org

IBOC Exam Calendar

Type	Exam Date	Location	Application Deadline
CTA	23-24 Sep 2022	ONLINE	closed
TSTA	23-24 Sep 2022	ONLINE	closed
CTA	23-25 Mar 2023	ONLINE	23 Dec 2022
TSTA	23-25 Mar 2023	ONLINE	23 Sept 2022
CTA	5-7 Oct 2023	ONLINE	5 July 2023
TSTA	5-7 Oct 2023	ONLINE	5 April 2023

IBOC TEW Calendar

Type	TEW Date	Location	Application Deadline	TPO Deadline
TEW	4-6 Nov 2022	ONLINE	closed	closed
TEW	31 Mar -2 Apr 2023	ONLINE	closed	30 Sept 2022
TEW	27-29 Oct 2023	ONLINE	27 Feb 2023	27 April 2023

Please send applications for exams and TEW to Nivashini Manivannan, the IBOC administrator: iboc@itaaworld.org

For the EATA exam calendar, please refer to: https://eatanews.org/exams/#coc-calendar and for the EATA TEW calendar, go to: https://eatanews.org/ta-training-2/#tew-calendar

Keep Your Addresses Updated to Receive the 2022 *TAJ* Bound Volume

Remember to keep your address current in the ITAA database so you are on the list to receive the combined yearly, bound hard copy of the *Transactional Analysis Journal* if you are eligible based on your membership category. It is important for members to keep their profiles updated to reflect any changes in their mailing address, even if their billing address remains the same. Please check your account online and verify that both addresses shown are currently accurate. This will help us to make sure that you receive your hard copy of the 2022 bound *TAJ* without any disruption.

Welcome to New Members

JUNE 2022

Noha Abdel Baki, United Kingdom
Lucy Almond, United Kingdom
Mladen Andelković, Serbia
Yoshita Bhargava, India
Nikita George, India
Manon Huisman, Netherlands
Ljudmila Jablan, Switzerland
Katy Jones, United Kingdom
Alice Keller, Switzerland
Stania Missing, United Kingdom
Katarina Mladenović, Serbia
Chandra Mohan S, India
Suvarna Puranik, India
Suchitra Saklani, India
Roy Salole, Canada
Padhmanabhan Vijayaraghavan, India
Nicci Wright, United Kingdom