the SCRIPT

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The ITAA World Weeps With Ukraine

To wake up to the news of the war, with devastating stories and pictures on our screens, sent shockwaves around the world. This conflict coming on the heels of the pandemic is a lot for most of us to take, and yet, what we feel from afar pales in comparison to the pain of our colleagues and friends in and from Ukraine.

As each day presents more news, there is anguish in the world for those in Ukraine suffering from the current violence and the pervasive uncertainty about what is to come. There is a collective feeling of anxiety and stress along with helplessness watching as events unfold.

We share a deep sense of grief about the invasion of Ukraine knowing that our members there, as well as their families and friends, are going through this horrific situation. We are saddened and horrified about their pain and loss on so many levels.

Ukrainian President Volodymyr Zelenskyy made an emotional appeal when he said, "The people of and the government of Ukraine want peace." This statement resonates with the mutual OKness that we as transactional analysts hold in our minds and hearts and the position that we stand for. ITAA does not support violence, aggression, or the war; we support peaceful resolutions of conflict from an OK-OK position.

In war, all people suffer.

We also hold in our prayers our colleagues and members in Russia and the whole region who face great risks, who oppose the war and desire peace. They are also dealing with uncertainty and many are involved in assisting refugees.

As much as we might want to do something to end the violence, there is little that we can do directly to impact it. This feeling of powerlessness can make the tragedies we are witnessing even harder to bear. But that does not mean that we cannot take action. Fear often paves the way for us to explore possibilities. How can it stimulate us to take some kind of action in our own small ways?

We stand with our Ukranian colleagues and will support them in any way we can. Our hope, prayers, and wishes are with you. We are with you!

ITAA President Chitra Ravi and the ITAA Board of Trustees

About My Mother

by Deirdre English

Our thanks to Deirdre English for allowing us to publish the following remarks, which she delivered after being introduced by ITAA President Chitra Ravi at the beginning of the online Celebration of Life held in honor of Fanita English on 18 February 2022. For further details about the event and viewing it online, please see page 5 of this Script.

Thank you very much, and I am so appreciative of this assembly and also of all the people I see here who helped my mother over many years to express herself by writing with her, by interviewing her, or by making documentary films about her. She's had her legacy assured by so many who were her partners in creativity.

> *"Fanita was well aware of the Freudian revolution. In Europe she had seen a psychoanalyst who had been trained by Freud, and she continued with psychoanalysis as a young wife and therapist herself. However, she was becoming ever more dissatisfied with it, and with her own practice, until her fateful meetings with Eric Berne and her TA mentor David Kupfer."*



Fanita English and her daughter Deirdre at a reading of Fanita's biography in December 2021

I'm going to start by giving a little bit of an overview of her early life. She was born in 1916 during the last global pandemic. Her father, who had a PhD in chemistry, was a soldier in World War I. Her parents, who were themselves non-religious, descended from a community of Ashkenazi Jews who had lived on the shores of the Danube in Romania for over 500 years, yet they were not accepted as citizens of Romania - a place whose anti-Semitism her parents longed to escape. They settled in Istanbul, Turkey, and my mother was enrolled in a very starchy, buttoned-up British colonial school that she went to from kindergarten through graduation. Her parents spoke French, not Romanian, with her at home, and she studied German and became fluent in English, of course, in her school.

Fanita's parents were amateur musicians. They played piano and violin together and gave her piano lessons, which she hated! She graduated from high school at the age of 15, too early to go to college, so her parents sent her to live in Vienna for a year. She spent a glorious year there immersed in opera and art, but it was 1933, and the National Socialists were already making themselves felt. She remembered hearing Hitler on the radio.

The depression had hit, and Fanita was eager to earn her own living, so she went off to secretarial school

in London and became a speed typist. By then it was 1934, and her father died of tuberculosis that year. Her language and secretarial skills helped her to eventually get coveted working papers in Paris as an employee of Warner Brothers films, the American movie company. There she discovered that she could attend college at the Sorbonne at no cost, so she began studying psychology there and at the French psychoanalytic society. When the Nazis marched on Paris, she fled, and with many dangerous adventures along the way, she got herself to Vichy France. Her perfect English-language skills and the typing got her hired by the US consulate in Nice. While there, she did her best to help refugees like herself to emigrate out of Europe despite restrictive quotas in the United States and elsewhere against Jewish and other refugees.

Fanita was able to save members of her own extended family, and finally, with her mother and stepfather, landed on Ellis Island in New York in June of 1941. Without money, she managed to get a scholarship and finish her bachelor's degree in the American Midwest; then came graduate social work school at Bryn Mawr College and marriage to my father. By 1946, she was trying to assimilate into the United States as a midwestern, suburban mother of two who stood out not only for her accent but also for having a demanding career as a child and family therapist.



Eric Berne and Fanita English in 1967

> *"With Fanita's death we have lost a unique, self-determining individual who, for me, was always the most interesting person I knew. We also lose one of the very last personifications of the life of cultured European Jews of the first half of the 20th-century, a community that was all but extinguished."*

In her youth in Europe, before the war and when she was under 20, she was well aware of the Freudian revolution. In Europe she had seen a psychoanalyst who had been trained by Freud, and she continued with psychoanalysis as a young wife and therapist herself. However, she was becoming ever more dissatisfied with it, and with her own practice, until her fateful meetings with Eric Berne and her TA mentor David Kupfer and Fritz Perls as well. Others will say more about her professional years today.

I hope my overview shows that Fanita almost bridged three centuries: After a 19th-century-style childhood that was both privileged and educated yet emotionally repressive, she became a 20th-century modern who liberated herself again in the 1960s, prefiguring feminism; who traveled the world, exploring new psychological philosophies, and ultimately embraced 21st-century technology, emailing in four languages, including Spanish, which she learned in the United States, well into her 100s and delighting in her last birthday party on Zoom. With her death we have lost a unique, self-determining individual who, for me, was always the most interesting person I knew. We also lose one of the very last personifications of the life of cultured European Jews of the first half of the 20th-century, a community that was all but extinguished.

Fanita turned herself into a global citizen, and, at the same time, she was very American, always innovative, eagerly taking new ideas back to Old Europe. And not only Europe: She loved India especially and traveled to many other countries, includ-

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Fanita English in 1978 receiving her first Eric Berne Memorial Scientific Award from then ITAA President Ruth McClendon for Fanita's work on rackets and real feelings. Fanita received her second EBMA in 1997 for her work on episcript. As Pam Levin described in her remarks during the Celebration of Life, she had to nominate Fanita three times for that award before the EBMA committee accepted it. Today "Episcript and the 'Hot Potato' Game" remains one of the most frequently cited articles in the TAJ.

ing Japan, Israel, and Mexico. Her story is novelistic, and I'm so happy that Sigrid Röhl wrote her biography. *Fanita English: A Therapist's Life, from Psychoanalysis to Transactional Analysis and Gestalt* is a wonderful book that was only translated from German into English in 2021 and is now available on Amazon. Indeed, my mother kept herself alive in the last couple of years as part of the process of working on the new edition with Sigrid. I think it ought to be of great interest to TA people because it's full of TA theory. Sigrid has done a masterful job of interweaving these essential concepts and my mother's theoretical contributions, and showing how they applied to Fanita's life. My mother always said that doing this book with Sigrid was incomparably better than her psychoanalysis ever was. It was like a second self-analysis that actually worked and gave her a lot of insight into herself.

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Before ending today, I would like to comment a little bit on the manner of Fanita's death. I think it's important to know that my mother's own mother lived to a similar old age. However, she spent the last 2 years of her life in a state of dementia, and my mother was determined to not let that befall her. It's no secret that Fanita ended her own life. It is legal in California, based on "the right to die" legislation, and so she asked her doctors to provide her with the concoctions that she would take. She then selected the day and the hour of her own passage. On the day before her death, she had a wonderful day. She wanted to go on one last adventure over the Golden Gate Bridge. You'll see an image of this in the slide show, and you'll see how, the day before her death, she looked at the sky, the bay, and the sunset, and she was fully in the moment for that. And then the full moon rose—exactly 1 month ago yesterday—and she said it had been a perfect day.

The following day, a month ago today, she was also fully present when she drank the potion that would end her life. She did not succumb to death—she welcomed it, and called it "freedom," asking me to be glad for her. She would want people to know that she made this choice because she believed that this was an important human right. She chose to do it while she still had her wits about her and couldn't fall into the situation that her mother had suffered. My life-partner, Wayne, said that Fanita looked death in the eye and declared, "You can't fire me—I quit!" That's why I want her community to know that my mother died as she lived—with intentionality, determination, and full presence. In this, as in so many ways, she was a model.

Now, I look forward so much to hearing what other people have to say about my much-adored mother. Thank you!



Fanita English was honored with the first Fanita English Lifetime Achievement Award in 2020.

Video Available of Fanita English Celebration of Life

The ITAA held a wonderful Zoom Celebration of Life for Fanita English on 18 February 2022, a month to the day after she died. We are pleased to make the recording of that event available for viewing on the ITAA YouTube channel at: https://youtu.be/UpM0Q4UDwxc

Fanita's daughter Deirdre spoke first and offered some remarks about her mother's early life and times before she discovered TA followed by a moving recounting of Fanita's last couple of days and her chosen death. Following Deirdre, a number of Fanita's long-time friends and colleagues shared stories about their times with her and interactions about TA theory and practice. Our thanks to speakers Isabelle Crespelle, Joachim Karnath, Edie Beaujon, Marian Weisberg, Pam Levin, Felipe Garcia, Alexis Brink, Bianca Pavel, Janine Piccirella, Mitra Heidari, and Bill Cornell. There were also two wonderful slide shows of photos of Fanita from various times and events in her life.

Over 135 people participated in the event live, and we know others would have liked to but could not for one reason or another (including the time in their location). So we are happy to be able to offer the video to anyone who would like to experience this very special gathering in Fanita's honor.

Although there were speakers from many parts of the world, the event was entirely in English. We were not able to offer interpretation at the time, but YouTube provides a translation function that allows viewers to choose subtitles in other languages while watching the video. The translations may not be exact, but they will give an idea of what is being said. To learn how to access the translation function, there is a short video here: https://www.youtube.com/watch?v=Iw0uTubgrqQ

The video will be available on the ITAA YouTube channel and also will be soon on Fanita's own YouTube channel https://www.youtube.com/user/FanitaEnglish .



Some of the attendees at the ITAA Zoom Celebration of Life for Fanita English on 18 February 2022: (top from left): Michelle Thomé, Elana Leigh, Chitra Ravi; (second row) Soo Hee Oh, Leonard Campos, Richard Erskine; (third row) Deepak Dhanajaya, Deirdre English, David Lionel; (bottom row) Edie Beaujon (missing), Marian Weisberg, Gloria Noriega

For Fanita

by Bill Cornell



Eric Berne Memorial Award winners in Montreal in 2010 when Bill Cornell received his award: (bottom row from left) Charlotte Sills, Rebecca Trautmann, Fanita English, and John McNeel; (back row from left) Bernd Schmid, Vann Joines, Steve Karpman, Bill Cornell, Richard Erskine, Jean Clarke, Gloria Noriega, Jim Allen

Fanita was one of a small handful of women active in the early days of Eric Berne's San Francisco Social Psychiatry Seminars, the birthplace of transactional analysis. This was at a time when the women in the group were referred to as "dancing girls." But Fanita was no dancing girl; she was a thinking woman who found great pleasure and creativity in her own thinking. Fanita, Muriel James, and Mary Goulding—each in their own way—gave birth to new visions and versions of TA.

Fanita has been in my TA life from its very beginnings. I took my first TA 101 from Fanita when I was in my early twenties. As I wrote in my Afterword to her autobiography, "Were it not for Fanita, I would never have become involved in transactional analysis." In that first workshop I saw a clarity, compassion, and directness in a psychotherapist that I wanted to learn to do and be. I couldn't tell at the time if what I experienced was something about TA or something about Fanita, but I knew I wanted more of it. As it turned out, of course, my experience was due to a combination of both. But Fanita's voice, mind, and life were her own, and unique. Her voice and life were creative, independent, and when necessary, quite defiant. When she was so terribly burned in her eighties, an accident that would have killed most people her age and was supposed to kill her, she just kept on living.

Bill Cornell, TSTA (P), lives in Pittsburgh, Pennsylvania, USA, where he has a private practice doing therapy, supervision, and consultation. He also does training in a number of other countries and can be reached at wfcornell@gmail.com .

Aging did not come easily to Fanita. I recall, probably 20 years ago, talking with her about her experience of getting old. She had begun to look noticeably frailer. She said that she was fine getting old, but if the time came that she was confined to a wheelchair and dependent on others, it would be time to call it quits. A few years passed, and the next time I saw her at a conference she was in a wheelchair. I reminded her of what she had said about getting old the last time we'd met, and her reply was classic Fanita: "The great thing about being human is that you can change your mind!"

What I most want to note and express my gratitude for to Fanita were her contributions to script theory, ideas that have been transformative in TA. The first was her emphasis on script being a story, a map, an intention for the future, not simply a replay of the past. Berne wrote about the function of the script as forming a wall to surround and protect the secret garden of a person's deepest hopes and desires, a structure of defensive adaptations to family and world. Fanita took down the wall and conceptualized script as a creative plan to ensure as much as possible the realization of one's hopes and desires. Script was a plan for the future.

Fanita's second fundamental contribution to our understanding of script was emphasizing script as a child's efforts at making meaning. Although she did not deny the defensive functions of script—the survival conclusions—her primary focus was on the creative, expressive, meaning making nature of script. For me, as a transactional analyst and psychotherapist, her work changed the way I listened to script, the ways I welcomed and respected it, the ways in which while listening for the past, I lean with my clients into the future.

Thank you, Fanita. Your resilience and creativity live on.

My Friend Fanita

by Isabelle Crespelle

Our friendship started 45 years ago. Many times Fanita told me, "Berne cured my script phobia, I want to do the same with you: You must write!" Today, awkwardly, by writing this piece, I may grant Fanita her wish!

I first saw Fanita at the July 1977 EATA Conference in Seefeld, Austria. She had split the audience into three groups: French, English, and German speakers, and translated by herself into all three languages! I regretted not understanding German, because in each language she would add new elements, and I was so interested that I did not want to lose anything! I was immediately attracted to the clarity of her thinking, her enthusiasm, her creativity. What a woman! What a model!

Over the years, our friendship grew. She accepted my invitation to my house in Montmorency because there was a hot water pool, and wherever she was she wanted to swim every day to maintain her health. Swimming became our daily ritual. During that first visit, Fanita met my beloved husband, Alain, and they had long, fruitful theoretical exchanges, sharing the same passionate interest in Shakespeare and great myths. When he died suddenly in a car accident in 1999, Fanita flew to France from California to attend his funeral. She also conducted his therapy group for a whole day to help his patients mourn their therapist and then remained for a week with me. Her warm, respectful, discrete, and powerful presence was a great support during that difficult time.



Fanita English and Isabelle Crespelle in 2018 working on the DVD they filmed together

In 2009, when InterEditions offered to publish a book in French collecting Fanita's main TA articles, she accepted with the condition that I would help her update the published papers and add some new chapters. We spent more than 2 weeks at my home, working intensely (with an hour in the pool for exercise and intimate discussions). Her capacity for work was amazing. After we spent part of the morning, the whole afternoon, and part of the evening working, I would beg for mercy around 10 pm. She, 93 years old, would reply, "Come on, just a little more, we're making good progress!" It was a joy to work on that book with her, during which we confirmed our attachment to group therapy. Fanita used to say, "For me, work in TA means work in a group."

Fanita was clear and rigorous about contracts. Once, she contracted with an Italian TA school to do group therapy with no more than 10 people. When she arrived, there were 16, and she refused the excess. But she had the creative idea of offering the extra people the opportunity to observe her work from an upper floor and then share some remarks at the end of the group. This inspired me to systematize this process in order to train future psychotherapists by observing a "live" therapy group led by one trainer-therapist while another trainer led a group of observers.

The first time we experimented with this model was in Paris, with Fanita as the therapist and me leading the observer group. The participants and we were delighted with the richness of this model, which we later replicated many times.

In 1993, Michèle Benoît invited us to demonstrate the model in her TA



Fanita English (front row, third from left) with the ITAA Board of Trustees during the 1979 San Diego ITAA Winter Congress. Fanita was a member of the ITAA Board from 1971–1979.

school in Montpellier, during which she filmed the 2-day group. From this raw material, 25 years later, I made a DVD, and to complete it, in 2018 I spent 3 days in California at Fanita's apartment with a professional who filmed our discussions.

That was my last visit with Fanita. However, our discussions continued regularly by telephone. When she took on three new therapy clients in 2019 (she was 103!), we frequently discussed her work, which she found stimulating. She told me with great modesty: "I am not doing much, but my clients are very satisfied with my work!" We also discussed some professional situations of my own, and then she would give me supervision, which also stimulated her a lot.

When in spring 2020 the lockdown due to COVID forced her to stop her work, her interest in life diminished. She frequently spoke of her wish to end her life. We talked about death and what happens after this life, and our views differed: Fanita had no expectation of her life or personality continuing after her death, whereas I do. But there was such mutual trust between us that we could express our differences without damaging our friendship.

I appreciated so many of Fanita's qualities:

- Her gift for languages: apart from Romanian, her native language, she spoke French, spoken to her by her mother, English and German learned at school, and Spanish learned from the nanny of her children.
- Her openness: She used to read psychology, philosophy, literature, drama
- Her dazzling intuition that allowed her to see quickly where the problem was in a client
- Her Free Child, so creative and always on the move, and her humor, which she used actively in therapy to confront her clients
- Her analytic mind, and listening to her own reactions, so she could easily build bridges between concepts or simply create new ones

We all know the major contributions she made to TA theory: the episcript, racket feelings, racketeering transactions, and more. The most important to her was her last contribution, the three motivators: Survia, Passia, and Transcia. She was happy in her last months to know that several people in France were developing and transmitting this concept.

I enjoyed her availability, her curiosity, her enthusiasm: As soon as an activity or intervention was proposed, she was in! One day, in 1984, when I was teaching TA every Monday at Paris VIII University, I took ill. Fanita asked me, "What are you supposed to teach today?" I said, "Transactions." She replied, "Well, I like to teach that! I will do it."

She arrived in the amphitheater and announced to the 250 students, "I am Fanita English and I am replacing Isabelle today because she is sick." Later the students said she gave a fantastic lesson and told them at the end, "Didn't you appreciate my teaching? Because in America, when students appreciate the teacher, they applaud!"

Fanita has left in a peaceful way, full of love, but she remains present in my heart. It was an honor and a joy to be her friend.

Isabelle Crespelle, TSTA-P, lives and works in Paris, France. She is on the faculty of the École d'analyse transactionnelle de Paris. She can be reached at isabelle.crespelle@gmail.com .

Celebrating Fanita

by Joachim Karnath



Joachim Karnath and Fanita English during one of the conversations Joachim filmed for "The Legacy Project" about Fanita and her work (currently being updated)

I want to talk about a particular part of Fanita's life story and being. We all knew that Fanita came from a Jewish background. She didn't play it openly. She didn't hide it, but she didn't label herself. In my perception, for Fanita to be Jewish was more a tradition, a fate, and it was part of the history of her family, of her history. In our talks, she defined herself as agnostic, meaning she wasn't dedicated to an explicit faith. But due to her Jewish background, her origin, she had to flee Europe. She had to save herself and her mother and step-father before the Nazis took over France completely. She became a refugee.

In spite of all these life-threatening experiences, in spite of all the cruelties done by Nazis and their followers in the German population, Fanita was one of the first people to bring the theory and practice of TA and gestalt to German-speaking Europe.

Joachim Karnath is an organizational transactional analyst and cofounder and CEO of CONTRACT consultancy in HRD and OD. He has known and worked with Fanita since 1985, coauthored the book Lebenscoaching *with her in 2009, and edited/launched the "Legacy Project" in 2014 on the website fanita-english.com . Joachim currently lives in Berlin, Karlsruhe, and at Lago Maggiore, Italy.*

Her first workshop with participants from Germany and Austria, organized by a German, took place in Eastern Europe, in Yugoslavia in the 1970s. She tested the air at a safe distance, so to say. But that changed quickly, not the least eased by some of her friends, such as Maryanne Kübel, an American-born woman married to a German entrepreneur. In the following decades, Fanita was present in Europe, and in 2010 she was honored by EATA for this.

For my generation, post-war born, it was special to work with someone like Fanita, European born, raised in the Euro-Asian melting pot of Istanbul, educated in several places in Europe, and banished from there by the generation of our fathers and grandfathers. Using a political, ethical perspective, her work in Germany was a signal and a symbol for an open world of humans—connected, interested in each other, and with respect for each other—a world we, as the young generation in the 1970s and 1980s, stood for.

On a more personal note, I thought Fanita's work in Germany showed her courage, curiosity, and openness. I think, in a way, she wanted to come back to Europe and to the German-speaking part of Europe. She learned German early in her life with her nursemaid. The first relevant story in her script analysis was a German children's song. Later she told me that almost the best time in her life was the year she spent as a 16-year-old in Vienna. She was familiar with the language and the culture, at least the better side of the culture.

In her workshops, Fanita's attitude was always to interact as a human being with other human beings. That made it easy for clients to open up, to talk about their stories and their family background—to talk about guilt, one's own guilt or inherited guilt, one's own suffering and inherited suffering, all of which required the kind of openness that Fanita provided.

She was a great representative of an open-minded, interconnected, humanistic, global community. Thank you, Fanita.

Fanita and the Gods

by Marco Mazzetti



Marco Mazzetti greeting Fanita during the 2014 ITAA Conference in San Francisco

The Greek playwright Menander wrote, 4 centuries before Christ, a phrase that has crossed the millennia and has come down to us. Originally written in Greek, it translates as: "Dies young who is dear to the Gods."

I repeat it to myself on hearing about Fanita English's death at age 105 and nostalgically smile: Who knows what the Gods really think, up there, of our Fanita, since they decided to leave her with us for so long? They probably didn't want her in their midst because a woman like her wouldn't let them rest, nor will she leave them from now on. It is the destiny of those who, like her, love free, autonomous thinking and who are not willing to give it up. Fanita always spoke clearly to everyone, with no compromises, starting with Eric Berne. Imagine if she will leave those touchy guys up in Olympus in peace! I also imagine she will have a lot of fun bothering them a little.

I allow myself to be a bit irreverent, because it seems to me a good way to honor Fanita. When she had her 105th birthday party online last October, she was joking and smiling. As the party drew to a close and she was about to say good-bye, her image froze (a spite of the Gods, I'm sure!), and we couldn't hear her final comments. However, her words arrived at their destination anyway, because her son-in-law, Wayne, sent them to us later. They were cheerful and moving, even more moving and melancholically cheerful rereading them today. I take the liberty of transcribing them here:

"I have gotten much more than I deserve today, and I have lapped it up. I feel very mellow, very very mellow; very much ready to leave … and I am enjoying the memorial. It's been a good life. It wasn't destined to be a good life all the time, but it was. I am wearing a ring my father bought for me in Vienna when I was 16 and I wanted to be seen as very grown up. He bought it for me while mocking it and laughing at me a little bit. But he bought it for me anyway. And he also bought me my first pair of high-heeled shoes at the same time and that was the other subject he laughed about. But he gave them to me anyway. Soooo … It's worth laughing at certain things even though they're very precious also. Maybe that's one thing I take from this experience, I want to be able to laugh at the experience we've had today. To laugh in a very nostalgic way, but still to laugh. Soooo … Thank you to all of you who came, and … ho ho ho!"

Fanita's last words that night were a hearty laugh, and I'd be willing to bet that the day she died she was dreaming of laughing.

In January, Fanita's daughter, Deirdre, sent some friends the story of Fanita's last day, full of life and at the same time in some way satiated. I thought of a person who has enjoyed a magnificent dinner: happy with it and with no desire to eat more. That is something that I wish for all the people I love, and also for myself.

Looking back to the birthday party, it seems to me a sign of destiny, of what are called premonitions. But we must not be too impressed by the reference Fanita made to it being her "memorial." That is not the premonition. I have heard her make such comments many times over the last 15 years, so the reference to her imminent funeral did not impress me. In fact, I didn't take her seriously, and during her party, I asked if she was still seeing patients. She replied that she had stopped because of the pandemic, to which I said, "Oh well, now the epidemic

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Fanita (center) after the 2004 Bangalore Conference with (from left) Suriyaprakash C, Saru PK, Ragini Rao, Mohanraj IA, and Varalakshmi V

Remembering Fanita

Dear Deirdre:

It was an honor and privilege to have met Fanita on a few occasions. My first encounter with her was at Saru's house in 2004 after the ITAA conference in Bangalore. I vividly remember all of us young trainees seated at her feet soaking in the pearls of wisdom emanating from her. I also cherish the few email exchanges we had after that and marveled at her prompt and thoughtful replies. Fanita transformed my view of TA with her positive relational and developmental approach. Scripts became a totally different paradigm to me after reading her work on episcripts and drives. What a phenomenal life and model she was to me and thousands of others! My heartfelt condolences to you and Wayne on this Himalayan loss. I'm sure Fanita lives on through all of us!

Suriyaprakash C, Coimbatore, India



Fanita at her 100th birthday party

I see that as part of my script: you can express yourself no matter how old you are. And when you die, you leave something behind that people like to remember or that is useful to them. That's something I wish for. Death is part of it, you accept it, but it does not mean a final end; something good remains.

(Fanita English as quoted in Röhl, 2021, p. 187)

Fanita and the Gods

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is ending and then you'll start again!" And she laughed.

The premonition manifested itself in another way: by organizing a birthday party. As far as I know, it was the first time she had gathered friends online, from afar, to celebrate, blow out the candles in front of everyone, and eat the Sachertorte while licking her fingers. And having great laughs.

Many things can be said about this magnificent woman, from whom many of us have learned love for the profession, for human beings, and for life. And we will certainly recount them in the days and years to come.

But today I just want to express my gratitude for the privilege of having met her on the journey of my life and for the fun that gives me the idea that, now, Fanita and her ways are the troubles of the Gods!

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Fanita English, 1916-2022

by Sigrid Röhl



Sigrid Röhl interviewing Fanita English in 2000

With Fanita English's passing, the world has lost an extraordinary personality and an icon of transactional analysis. In 1960s California, she trained with TA founder Eric Berne and his partner David Kupfer. Fanita, who began her career as a child therapist and psychoanalyst, made TA her life's work. Although she was also a gestalt therapist, it was TA that remained closest to her heart. Well into old age, she followed the development of TA with indefatigable commitment, enriching it with her own wonderful ideas.

Fanita's life was full and exciting, filled with much happiness, great successes, great love, and great loss, with so much work, fierce dedication, and commitment. She had a difficult marriage but two wonderful children, and finally, many years later, she metamorphosed from a woman who was unhappy and overly conformist into an independent, creative, strong, and successful personality. She proved to be an exceptionally gifted therapist. Later, well past the age of 60, she launched yet another career in Europe as a workshop leader for therapists and also a management trainer. She became widely known as the author and coauthor of a series of specialized books and numerous professional articles in which she introduced TA topics and her own ideas. These include the three-cornered contract, her concepts of personality types, her understanding of script and episcript, and, above all, her motivation theory.

As a therapist, teacher, trainer, conversationalist, friend, and role model, Fanita epitomized intelligence, strength, humor, and generosity. She knew how to console, advise, and encourage. She had a knack for creating a space—always with the fundamental aim of effecting something good—in which you could freely express and actualize yourself but also be confronted, if necessary. As a journalist, I knew her as an interlocutor whom I spent countless hours interviewing about her life and work. Together we turned it into a book.

Fanita, who spoke five languages fluently, could be exceptionally gracious but also quite particular and stubborn. She was uncommonly curious and capable of great enthusiasm but also could be shy and cautious in social situations. Exceptionally intelligent, she was also possessed of a wisdom characterized by a nearly magical intuition. Her interests ranged from literature and philosophy to politics and cultural topics.

In her political convictions, she was radical, in her analyses, trenchant. She was furious about what she perceived as increasing political and social abuses, particularly in the United States, the country she had made her home. For the most part, however, she kept her own counsel concerning her anger at injustice and misuses of power. She refrained from criticizing or lecturing anyone on such issues because she felt that, in her own life, she hadn't taken enough of a firm stand in accordance with these convictions. She tried to make up for that with donations to causes she supported.

In her final years, Fanita struggled with poor health. After she was 100, she had to give up swimming, but she rarely complained, and her energy seemed inexhaustible. During the first lockdown, she corrected the rough draft of the English translation of her biography. But gradually, she grew more fatigued and weak. She slept more, kept company by her daughter Deirdre and her son-in-law Wayne, who lovingly remained at her side.

Although she has now departed, Fanita is still with us: in books, in pictures, in videos, and in the hearts of so many who loved her. I'm glad that she is at peace. And I'm sad.

Sigrid Röhl is a German journalist, coach, and supervisor who worked with Fanita on her biography, which was originally published in German in 2004 and then translated, updated, and republished in English in 2021. Sigrid can be reached at sigridroehl@gmx.de .



Fanita at a USA TA Association Council Meeting on 19 October 2002 in Estes Park, Colorado (front row from left) Valerie Chang, Laurie Weiss, Dianne Maki-Sethi, Fanita English; (back row) Tina Berthelot, Connie Bryon, Abe Wagner, Ged Bryon, Jonathan Weiss, Sam Lloyd, Ray Quiett



Fanita speaking extemporaneously during the 2014 ITAA Conference in San Francisco. As Adrienne Lee recounted in her remarks during the Zoom Celebration, Fanita had been urging Adrienne as one of the panelists to make a point she thought was important. But Adrienne urged Fanita to do it herself. So they wheeled Fanita up on the platform in her wheelchair, and she stood up and said with great passion, "Games are failed rackets!" at which point the audience applauded and cheered.



Fanita and friends at the 2018 memorial for Claude Steiner (from left): Jack Dusay, Mimi Doohan (Claude's daughter), Lucy Freedman, Fanita, Leonard Campos, and Pam Levin. Jack is holding a well-known photo of Eric Berne in Vienna with Jack, Claude, and Pam Blum at the 1968 International Congress of Group Psychotherapy.



Fanita walking into the surf in Jamaica with Joaquim Karnath on her right and Irene Reifenhäuser-Karnath on her left. Fanita loved the USATAA Jamaica Gatherings, and during the Zoom Celebration of Life, Lucy Freeman told how Fanita would stand in the surf, with people clustered around her listening to her talk about TA theory.

You Are Invited to the SEC Webinar

The ITAA Social Engagement Committee invites you to their **next webinar on 14 March 2022 from 11:00–13:00 UTC.**

"Let's Talk About Power"

In our cultural context ❖ In our social context ❖ In our political context ❖ In our professions context ❖ In our positioning within the TA community

What part do we play? How do we use our power? What does the "I'm OK, You're OK" relationship really mean? Am I willing to give up power, own it, and share it?

This is a free webinar, but there are only a few spaces left, so we encourage you to sign up soon on Eventbrite. Once you have registered, we will send out an email a few days before the event with the Zoom link, so be sure to add info@itaaworld.org to your contacts list.

Please note that if you cannot make the event, we will be posting a recording of the webinar on the ITAA YouTube channel several days after the event. You do not need to register on Eventbrite for the recording. We will send an email when it is ready.

New Chair for ITAA Nominating Committee



Sumithra Sharatkumar has become the new ITAA Nominations Committee Chair. She served previously as ITAA Secretary, and we appreciate that she has agreed to take on this new role.

IBOC Exam Calendar

Type	Exam Date	Location	Application Deadline
CTA	23-24 Sep 2022	ONLINE	23 Jun 2022
TSTA	23-24 Sep 2022	ONLINE	23 Mar 2022
CTA	23-25 Mar 2023	ONLINE	23 Dec 2022
TSTA	23-25 Mar 2023	ONLINE	23 Sept 2022
CTA	5-7 Oct 2023	ONLINE	5 July 2023
TSTA	5-7 Oct 2023	ONLINE	5 April 2023

IBOC TEW Calendar

Type	Exam Date	Location	Application Deadline	TPO Deadline
TEW	13-15 May 2022	ONLINE	closed	closed
TEW	4-6 Nov 2022	ONLINE	4 Mar 2022	4 May 2022
TEW	31 Mar 2023	ONLINE	31 July 2022	30 Sept 2022
TEW	1-2 Apr 2023	ONLINE	31 July 2022	30 Sept 2022
TEW	27-29 Oct 2023	ONLINE	27 Feb 2023	27 April 2023

Please send applications for exams and TEW to Caroline Donavan, the IBOC administrator: iboc@itaaworld.org

For the EATA exam calendar, please refer to: https://eatanews.org/exams/#coc-calendar and for the EATA TEW calendar, go to: https://eatanews.org/ta-training-2/#tew-calendar

Free-Access *TAJ* Article Available Until 31 March

Bill Cornell's January 2022 *TAJ* article "**Schiffian Reparenting Theory Reexamined Through Contemporary Lenses: Comprehending the Meanings of Psychotic Experience**" is now available for access/download until 31 March here .

Who Is Who?

Until our new website is launched, **we acknowledge that it is sometimes hard to find an easy way to communicate with ITAA and IBOC staff.** We are working on an interim fix for this, but for now, we'd like to remind you of the two primary email addresses you can write to for help, questions, and/or comments.

For all membership, subscriptions, webinars, events, and general ITAA matters: INFO@itaaworld.org

For all training and certification matters: IBOC@itaaworld.org



1st ITAA ONLINE CONFERENCE

COURAGE, PHYSIS AND RESILIENCE:
Resources for a New Emerging World

3-5 June 2022

Conference registration open now

www.itaaworld.org/itaa2022

Register by 30 March for the lowest rates.

All Payments in USD	1st Early Bird by 30 Mar	2nd Early Bird by 11 May	Full Fee After 11 May
ONLINE PARTICIPATION			
ITAA Members			
Full Fee	$190	$210	$225
TAlent 1 Country	$105	$115	$125
TAlent 2 Country	$50	$55	$60
Nonmembers			
Full Fee	$230	$250	$270
TAlent 1 Country	$130	$140	$150
TAlent 2 Country	$60	$65	$70
RECORDINGS ONLY			
ITAA Members			
Full Fee	$150	$160	$175
TAlent 1 Country	$85	$90	$100
TAlent 2 Country	$40	$45	$50
Nonmembers			
Full Fee	$180	$195	$210
TAlent 1 Country	$100	$110	$120
TAlent 2 Country	$50	$55	$60
REGISTRATION CLOSES ON 30 MAY			
REFUND POLICY			
90% on or before 15 Mar	*All refunds for cancellation will be settled within 60 days AFTER the conference.*		
70% on or before 15 Apr			
50% on or before 15 May	*Cancellation and refund requests must be sent from the registered email ID ONLY.*		
No refund after 15 May			

The conference will run for 24 hours a day for 3 days to cover all time zones.

- As announced in the December 2021 *Script*, we have four exciting keynote speakers lined up: Richard Mollica, Izumi Kadomoto, Sue Eusden, and Sylvia Schachner.
- Along with many exciting workshops, there will also be recreational (playful) spaces during the conference (a social program) with virtual "cocktail parties" and "coffee breaks."
- The plenary sessions and workshops will offer interpretation in at least seven languages: Japanese, Portuguese, Spanish, Korean, Italian, French, and Russian (as long as at least 15 people sign up for each language). It is also likely that there will be Chinese interpretation.
- Registration includes access to recordings of the keynotes, plenaries, and workshops. There is also an option to register for the recordings only.

Check the ITAA website at www.itaaworld.org/itaa2022 for additional program details as they become available.

Please note: When you register using the online platform, you will create a "registered ID." If you later require a refund, you will need to use that ID.

Conference Program

We have designed the structure of this conference to be 3 days of continuous events so that all members of the TA community around the world can participate and feel connected. *The conference consists of plenaries, workshops, and social breaks.*

*In the **plenaries**, in addition to the contributions of four keynote speakers, there will be three short periods of commentary on the previous few hours — moments to be together and feel a sense of community.*

*It is essential that you choose the **workshops** you want to attend at the time you register to make sure to optimize your chance of getting into those workshops, and especially if you require interpretation (available in 13 languages). If you do not need interpretation, you are welcome to join an event, even at the last minute, as long as it does not yet have its maximum number of participants.*

***Social breaks** are recreational times during which participants can choose to play games, chat with each other in coffee breaks, or watch recordings of plenary sessions they missed. None of the activities organized in the social breaks require a reservation — you can just show up.*

Below is the schedule for all 3 days of the online conference. A few items to be aware of:

- Times in the first column are START times and are always in UTC 24-hour time. To calculate these times for where you live, use this app. If you live in the UK, remember that British Summer Time (BST) in June is not the same as UTC.
- We have a total of 13 time slots for all of the workshops. Some time slots have 5 workshops, but other time slots have fewer; in those instances, you will see empty spaces.
- The letter(s) at the top left corner of each workshop description designate which TA application(s) the workshop applies to: **C**ounseling, **E**ducation, **O**rganizational development, **P**sychotherapy, or **ALL** four applications.
- Where workshops have a limited enrollment, that is noted at the top right corner of each description (e.g., MAX 40).

DAY 1 **14:00**	**OPENING CEREMONY:** ***Chitra Ravi & Alessandra Pierini***				
14:15	**1ST KEYNOTE SPEAKER:** ***Richard Mollica*** *Moving Beyond the Enormity Problem: Tackling the Global Refugee Crisis* (Introduced by Cristina Caizzi)				
15:45	**Social Break - 60 minutes**				
1ST SLOT — 5 WORKSHOPS					
16:45	**ALL** **The Lion, the Lamb, and a Global Pandemic** *Maureen Mary Felton*	**O** **Max 40** **Personal Development Within Organizations: Are HR Professionals Lonely Riders or Leaders?** *Danijela Djuric*	**ALL** **Dealing with Grief and Renewal in the Liminal Space** *Adrienne Lee*	**E** **How Can We Bring Genuine Positivity in the World?** *Koen Bosschaerts*	**C-P** **Helping the Helpers! Using TA in the Psychology of Emergency to Empower Rescuers** *Fabiola Santicchio, Juliana Tamburini*
18:45	**Social Break - 45 minutes**				
2ND SLOT — 3 WORKSHOPS					
19:30	**C-P** **Max 40** **I Know This Will Sound Crazy, but... The Courage of a Client to Feel Crazy** *Edward T. Novak*	**C-E-P** **Intersectional Healing: The Art of Jin Shin Meets Transactional Analysis** *Alexis Brink*	**O-P** **Max 40** **Theme Centered Interaction: A Model of "Adult" Processing for Activating Physis and Building Resilience** *Patrick Brook, Vanessa Williams*		

21:30	Social Break - 45 minutes				
3RD SLOT — 3 WORKSHOPS					
22:15	**E-O-P** **Taking Action With Courage vs. Hoping for Change** *Leonard Campos*	**C** Max 40 **Your Relationship With Money** *Michelle Thomé*	**C-E-O** **Learning Physis at Work: Deepening Resilience and Courage** *Mandy Lacy*		
DAY 2 **00:15**	PLENARY COMMENTS AND REMARKS: ***Michelle Thomé***				
00:30	Social Break- 45 minutes				
01:15	2ND KEYNOTE SPEAKER: ***Izumi Kadomoto*** *The Flow of the River is Incessant* (Introduced by Elana Leigh)				
02:45	Social Break - 60 minutes				
4TH SLOT — 4 WORKSHOPS					
03:45	**E** Max 40 **Resilience of Japanese Culture and How We Develop it Through Transactional Analysis** *Keiko Hoshino*	**ALL** **Physis at the Core of Resilience and Recovery** *Suriyaprakash C, Aruna M*	**ALL** **The Drama Pyramid: Choosing Courage in the Face of Invisible Oppression** *Aruna Gopakumar, Aparna Vaidik*	**P** Max 40 **Trauma and Protocol During COVID: Understanding and Working Through** *Prathitha Gangadharan*	
05:45	Social Break - 45 minutes				
5TH SLOT — 4 WORKSHOPS					
06:30	**C** **Meaning of Community in Building Homonomy and Resilience** *Sudha Thimaiah*	**O** **Coaching to Develop Emotional Intelligence in Organizations: A Lever for Resilience** *Rossella Iannucci, Ugo de Ambriogio*	**C-P** **To Stay With Uncertainty Without Dysregulation in an Ever-Changing Reality** *Cecilia Waldekranz, Cristina Innocenti*	**P** **Keeping Connection, Staying Online, Even Being Offline: Family Therapy Nowadays** *Nadezhda Zuykova, Anna Zuykova*	
08:30	Social Break - 45 minutes				
6TH SLOT — 5 WORKSHOPS					
09:15	**ALL** **"To Thine Own Self Be True" - Shakespeare** *Helena Hargaden*	**O** Max 40 **Emotional Resilience and Embracing Change** *Raguraman K*	**E** Max 40 **Risk and Courage in Existential Education** *Beatrijs Dijkman*	**C-P** Max 40 **Let's Talk About Love** *Elena Soboleva*	**ALL** **Challenge and Physis in the Context of Teaching TA Students** *Tatjana Gjurkovic*
11:15	Social Break - 45 minutes				

7TH SLOT — 5 WORKSHOPS					
12:00	**ALL** **Empathic Transactions for Resilience in an Emerging World** *Charlotte Sills, Mica Douglas, Valeria Villa*	**ALL** **Staying in Balance: A Body-Mind Workout** *John Heath, Jamie McDowell*	**ALL** Max 40 **Teams as an Intermediate Space for Building Resilience, Thoughts, Meaning** *Luca Fornari, Giuseppe Bertolini*	**E-O** Max 40 **Neuroleadership, Time Structuring, and Appreciative Inquiry in the Remote Working Space** *Marguerite Sacco*	**P** Max 40 **Working With Children and Adolescents Using TA in Order to Promote Courage, Physis, and Resilience** *Alina Comendant*
14:00	PLENARY COMMENTS AND REMARKS: ***Marguerite Sacco***				
14:15	Social Break - 45 minutes				
8TH SLOT — 5 WORKSHOPS					
15:00	**ALL** **Screen Relations: On Intimacy and Social Distancing** *Ronen Stilman*	**P** Max 40 **Building Bridges Together: Explorations of the Impact Suffered on Life Scripts in the Context of the COVID Pandemic** *Ioana Cupsa*	**O** **Team Coaching for Resilience** *Sari van Poelje*	**C-E-P** **Opening the Garden of Resilience in Couple Relationships** *Dragana Jovanovic, Boka Jovanovic*	**C-P** Max 40 **Sustain the Couple Physis to Support Collective Resilience in the Time of COVID** *Sonia Gerosa, Giuseppe Bertolini*
17:00	Social Break - 45 minutes				
17:45	3RD KEYNOTE SPEAKER: ***Sue Eusden*** *Ordinary Acts in Extraordinary Times* (Introduced by Peter Rudolph)				
19:15	Social Break - 45 minutes				
9TH SLOT — 4 WORKSHOPS					
20:00	**P** Max 65 **No More Normal: Navigating a System That Has Been Designed for Excluding Neurodivergence-Acceptance** *Lyn Wall, Kate Jones*	**O** Max 40 **Diversity as a Resource for Organizational Development** *Alice Timmermans, Lies de Bruijn*	**ALL** Max 40 **Our Relationship With the Natural World and Courage, Physis, and Resilience** *Carol Wain*	**ALL** **What Awareness Is and How to Teach It: Accessing the Power of Physis** *Eric Bittar*	
22:00	PLENARY COMMENTS AND REMARKS: ***Lucy Freedman***				
22:15	Social Break - 60 minutes				
10TH SLOT — 3 WORKSHOPS					
23:15	**ALL** Max 40 **To Be Alive, to Be Truly Human** *Hiroko Hikita, Satoshi Miyagi*	**C** **Growing Together at the Edge of Cultures** *Piotr Jusik*	**ALL** **Outside In: A Psychosocial Transactional Analysis of Courage, Physis, and Resilience** *Keith Tudor*		

DAY 3					
01:15	Social Break - 105 minutes				
11TH SLOT — 4 WORKSHOPS					
03:00	ALL **Integration of Transactional Analysis, Spirituality, and Quantum Field** *Linda Gregory*	ALL Max 40 **Real Life Fairy / Fairies From the Mind?** *Haseena Abdulla*	C-E-O Max 40 **Courage in the Age of Artificial Intelligence** *Rosemary Kurian*	C-P **Physis: Link Between Psychotherapy and Spirituality** *Joy Roshan*	
05:00	Social Break - 45 minutes				
12TH SLOT — 5 WORKSHOPS					
05:45	O **Using TA in Internal Communication to Create Resilient Employees and Organizations** *Lucia Wuersch, Mandy Lacy*	P **Physis, Metanoia, and Collective Creative Evolution** *Mitra Heidari*	ALL Max 40 **Achieving Self-Other-Environment Balance by Grounding in Physis** *Sashi Chandran, Sudha Sundaram*	ALL **Exploring the Interplay Between Courage, Physis, Resilience, and Spirituality for a New Emerging World** *Seema Pradhan*	C-P **Face to Face With Eating Disorders in the Context of the COVID-19 Pandemic** *Dina Kononova, Margarita Lifshitc*
07:45	Social Break - 45 minutes				
13TH SLOT — 5 WORKSHOPS					
08:30	ORGANIZATIONAL FIELD PANEL **Organizational Perspective on the Pandemic** *Sari van Poelje:* The Shift of Paradigm From Individual to Collective *Patrice Fosset:* The Devolution of Democracy *Mandy Lacy:* Social Learning During the Pandemic	ALL **Courage to Be in the Unstable World** *Alexandra Piotrowska*	ALL **The Roots of Hope** *Cristina Pop*	P Max 40 **Physis and Resilience in the Time of the COVID Pandemic** *Michele D'Errico, Clara Battisti*	ALL Max 40 **Facing the Future: Loss in an Emerging Landscape** *Kathy Johnston, Wilf Hashimi*
10:30	Social Break - 30 minutes				
11:00	**4TH KEYNOTE SPEAKER: *Sylvia Schachner*** *We Do Not Ask Life - Life Asks Us (Viktor Frankl): Living and Growing Up in an Increasingly Complex World* (Introduced by Steff Oates)				
12:30	**CLOSING CEREMONY: *Chitra Ravi***				
13:00	CONFERENCE END				