the SCRIPT

ITAA
INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

VOL. 48 NO. 10
OCTOBER 2018

IN THIS ISSUE

Kochi: Homonomy Versus Autonomy
1

Kochi Kaleidoscope
5

Kochi Photo Gallery
9

Kochi Successful Exams
11

Kochi Reflections
13

ITAA News
15

Reduced Prices on *TAJ*s and ITAA Books
17-18

A Flood of Humanity, Love, and Generosity: Homonomy Versus Autonomy

by Elana Leigh, Steff Oates, Adrienne Lee, Chitra Ravi, C. Suriyaprakash, Diane Salters, Krispijn Plettenberg, and Haseena Fathima

Going with the flow found a new meaning at the August 2018 ITAA-SAATA TA Conference in Kochi, Kerala, India. When the monsoon rains increased their fall, we found ourselves in a growing natural disaster in which all the best laid intentions and plans began to change minute by minute.

Many delegates, keynote speakers, candidates, and presenters were unable to reach Kochi, and as a result, the shape of the conference organically changed.

The Indian organizers/community held us and the space in a calm, caring, and generous spirit in which the can-do attitude that prevailed infected us all, helping us to be present to the moment, opening our hearts and collectively doing whatever needed to be done.

The theme of the conference—"The Dance of Culture"—lived and breathed through this existentially challenging experience whereby we in our warm, safe hotel were not the victims of the disaster. It was from this safe bubble



Singing the prayer song on the last day of the conference (from left): Srinath Nadathur, Mrinalini Sharma, Rakhee Sharma, Chitra Ravi, and Elana Leigh

that we experienced the disaster, which was both provocative and evocative.

It was provocative because we had colleagues whom we knew were trying to reach us and were stopped. As the scale of the flooding unfolded, we heard from the conference organizers that many presenters and one candidate who was also a presenter would not make it to the conference. Some examinees were challenged even beyond normal exam nerves as their supporters, sponsors, colleagues, and friends were stuck in places they did not know and were not allowed to reach the city because of the dangers.

It was evocative because as a community, both within TA and beyond it, we all pulled together. Exams went ahead with a spirit of openness and flexibility. This included the dexterity and skill of the exam supervisors and the generosity of examiners and examinees. Only at the exam debrief and at the "Future of the ITAA"meeting did people allow themselves to feel the depth of fear and sadness generated by so much loss, danger, and tragedy that beset some families. Through it all, the hotel staff continued to take care of us with utter dignity, even though some of them could not get home and had families suffering due to the floods. It seemed such a profound paradox that at the same time we were so near to so much loss, disruption, and suffering, we were able to feel a genuine sense of belonging and pride at what we had been able to achieve.



P. K. Saru honoring keynoter Dr. Philip John, a Kochi psychiatrist, with a traditional Indian dupatta (shawl), a gesture of respect and reverence

The organizers constantly grappled with many questions, the most pressing one being should we go ahead with the conference or should we call it off? There were many factors to be taken into account: the delegates and presenters who had arrived and many others who had not; the inclement weather, which impacted whether people could enter or leave the city; the safety of everyone who wanted to reach the venue; the question of when we would know it was the right time to ring the bell and call it off; and how we would know it was safe and OK to proceed. Holding these uncertainties was a Herculean task. Two years of hard work was at the verge of collapse due to nature's fury, last seen on this scale in the state of Kerala 100 years ago. No amount of planning could withstand the gravity of the unfolding scenario.

Every day, and eventually every hour, conditions changed, and hard decisions were taken at every point. Initially, we decided to carry on with the ITAA Board of Trustees (BOT) meetings, which went off very well.

The exams were held and resulted in several celebrations. In spite of the fact that three of the four institute facilitators were unable to reach the conference, the sole institute that was offered was well attended. We decided to proceed with the conference, although we trimmed down all the celebratory occasions; the inaugural ceremony, cultural program, and gala dinner were cancelled. And with the reduced number of presenters and delegates, the program was modified every day, thanks to the flexible accommodation made by both presenters and participants. Finally, the conference was closed at the end of day two instead of lasting for three when a window of opportunity to leave Kochi safely opened up. Each decision was taken with a heavy heart, being mindful that everyone connected to the conference had suffered loss in some form or another.

The experiences of loss, fear, and determination to keep going bonded us with each other and the beautiful people of Kerala. The richness of our connection to community was

the SCRIPT

Newsletter of the International Transactional Analysis Association
ITAA, 5932 Corte Cerritos, Pleasanton, CA 94566-5880, USA
fax: 925-600-8112
email: info@itaaworld.org
website: www.itaaworld.org
Editor: Laurie Hawkes
Managing Editor: Robin Fryer
Desktop Publishing: lockwood design

Send all copy to: robinfryer@aol.com

Deadlines—15th of the month prior to the month of publication (e.g., 15 October for the November issue)

Advertising: Twelfth page: $50; sixth page: $100; third page: $200; half page: $300; full page: $400.

Publication of articles and advertising in *The Script* does not imply endorsement by the newsletter, the editors, or the ITAA.

The Script (ISSN 0164-7393) is published monthly by the International Transactional Analysis Association. For information on membership, visit www.itaaworld.org or contact the ITAA at the above address.

© 2018 International Transactional Analysis Association, Inc.

an experience of homonomy—a deep sense of belonging and attachment—which was the theme of the keynote speech. We experienced the need to be part of a whole instead of focusing on what was individualistic, and despite the disturbance and trauma surrounding us, we felt a surge of love and respect for each other that was enlivening and joyous. It emphasized the vital need for us to go beyond autonomy and to integrate homonomy into the philosophy, theory, and practice of transactional analysis. At the end of the keynote, we did a Sufi ritual dance: two circles that moved around so that we faced a different person at each step, greeting each other: "Namaste. Who are you?" followed by the reply, "I am you in another form." Looking into the eyes of different people from such different cultures and accepting our oneness was not only relevant but profound. The organic flexibility of the conference; the cooperation, mutual care, and support; the experience of a generous community sharing our tears and love was homonomy actualized.

The community flowed with the slogan, "When the ideal is not available, make the available ideal." The aftermath of the conference involved the spread of love and warmth within the community, which "infected" each one of us. The energy from the conference also extended into the external flood-affected areas by means of support received from the delegates, thus making homonomy come alive. The more we planned, the more uncertain we were because of the angst that followed. With pain and pleasure, we did the best we could despite the anguish. It was an extraordinary conference, during which we witnessed the dance of culture combine with harmony and rhythm to the tunes of nature and nurture. Those who made it to the conference, those who became trapped midway, and those who could not make it had only chants of safety in the air. It was a unique experience that challenged our sense of OKness every second, yet we prevailed with a spirit of oneness and we-ness, together. This is because the TA community surged from a space of abundance that reflected an attitude of OKness toward self, others, and the environment.



Finding a light-hearted moment during a meeting to discuss options for next day's program (from left): C. Suriyaprakash, Chitra Ravi, I. A. Mohanraj, Susan George, Mrinalini Sharma, and Haseena Abdulla

The last day unfolded in a way that was befitting to this unique event. We felt a deep sense of anticipation at the prospect of reaching home safely and at the same time the urge to have a few more opportunities to spend the last hours meeting with each other. We began the day with a prayer song, which filled the room and evoked the lord's blessings so as to give us strength.

Hum Ko Man Ki Shakti Dena

(Song in Hindi, roughly translated here into English)

God, give our minds strength,
give victory to our minds.
Before we cheer the victory of others, make ourselves victorious too.

Let our hearts be free from any kind of discrimination.

Should our friends make mistakes, let's be ready to forgive.

Let us be saved from untruths and let the truth prevail.

If we find ourselves in difficulties, let's support our duties.

Let's not forget to pray and to be true to our prayers.

Confidence in ourselves remains, and we do not fear the wrong-doers.

Before we cheer the victory of others, make ourselves victorious too.

The conference ended with an acknowledgment of those who had made it, of those who could not make it, and of the various contributors to this huge effort.

As much as we were growing closely together in Kochi, there was also concern for and of family members and friends back home. When the

flood began to make international headlines, the wave of concern about the situation in Kerala and the safety of the conference attendees started to swell. It is easy nowadays to stay connected with people far away, even though, understandably, it can be hard to relate or grasp the situation when one is at a distance. But instead of becoming upset and worrying, the understanding of our homonomy and the holding by the organizers provided for the conference community a sense of faith and trust. This was not the achievement of one individual but of the collective in Kochi and everywhere else. If we can build on this experience, staying connected in OKness with autonomy, this disaster will have given us something incredibly valuable.

Autonomy and homonomy in balance and flow: That is what our TA community exhibited at the Kochi conference. In the face of disruption and difficulty posed by the flooding, people stepped forward to give their best to the whole. To do this they needed to take individual autonomous choices about what they could realistically do and what the collective needed. Distress and fear can result in flight, fight, freeze, or flock. We flocked and bonded and became part of a larger whole (homonomy) without abandoning our personal awareness and responsibility (autonomy).

This was, indeed, a moment to feel admiration and love for colleagues and friends as we stood together to care, to find solutions, and to empathize with and contribute to those beyond our immediate community. This dance between autonomy and homonomy takes us to larger and larger dimensions of both as we develop holistically. Certainly, this was a time of learning and growth, bringing a sense of expansion: "I'm OK+, You're OK+, We're OK+"



Adrienne Lee giving her keynote speech



Sufi dance at the end of Adrienne Lee's keynote speech

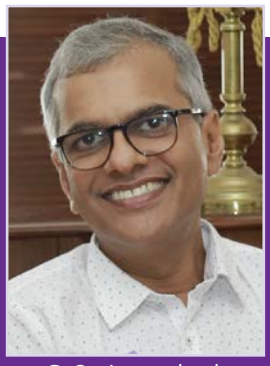


Group selling conference t-shirts and other souvenirs, the proceeds of which were donated to Kerala Flood Relief. There were minimum prices for items, above which delegates were free to contribute. (From left): C. Suriyaprakash, Sangeetha Srinivasan, Viji Mohanraj, Maryam Tayyiba, K. P. Salmanul Faris, and I. A. Mohanraj

The Kochi Kaleidoscope

by C. Suriyaprakash, Ragini Rao, and Rema K. Giridhar

with input from Deepak Dhananjaya, Kousalya Karthikeyan, Sarmishta Mani, and Srinath Nadathur



C. Suriyaprakash



Ragina Rao



Rema K. Giridhar

When some of the Kochi conference organizers and members of the ITAA Board of Trustees arrived at the 2018 Kochi conference venue on Sunday 12 August, we had no clue what was in store for us in the ensuing week. The conference was meticulously planned following nearly 2 years of love and labor, with meetings, social gatherings, cultural programs, celebrations, keynotes, and, of course, workshops and papers. There were supposed to be 4 preconference institutes and 46 conference workshops spread over 7 parallel channels during the 3 days of the conference.

When the weather hit hard and one of us (Ragini along with some colleagues) got stranded about an hour from the venue, the reality started to sink in. From Wednesday on, the program transformed continuously, as did the weather. Eventually, we had 1 preconference institute and 20 conference presentations spread over 5 channels, with the conference closing after 2 days.

A kaleidoscope is a dance of shapes, forms, colors, and light that changes with every turn. The Kochi conference was similar to that in many ways. With every turn of the weather, the program also changed in its size, structure,



Susan George presents I. A. Mohanraj with the SAATA Service Award



Dr. Philip John giving his keynote address at the opening

content, and mood. Every day's program was finalized only the previous evening, and a copy of the day's program was distributed to the delegates every morning.

Originally, we had planned five morning interest groups covering movement, art, bodywork, and so on. But they were cancelled because three of the five facilitators could not get through. All celebratory programs (the inaugural on Thursday evening, the cultural program, social tours around the spice market and marine drive, and the gala dinner on Saturday evening) were cancelled in deference to the calamity outside and as a mark of solidarity with the people of Kerala. The conference fell during Kerala's 10-day harvest festival of Onam, and there had been plans to show the delegates the color, grandeur and cultural nuances of the celebration. That was also cancelled; officially, all Onam celebrations were cancelled by the state.

Even though the conference program was diminished in number and duration of sessions, those that were held were colorful and joyful to those who attended whatever was on offer. The participants lapped them up as children would, with wonder, watching through the eyepiece of a kaleidoscope.

Some of the programs and presentations at the conference included these:

- The ITAA board meetings were held with almost all the trustees present in person along with the president and general secretary of EATA. We heard the meetings were very successful, and more details will appear in upcoming *Scripts*.
- The trainers' meeting provided a space in which members could share their processes and also learn about recent developments in the IBOC.
- The IBOC exams were held in spite of the challenging circumstances. The examiners were very generous and flexible, often serving on many boards and accommodating the constantly changing schedules. Three TSTAs and four CTAs successfully passed their exams (see page 11 this issue). They were celebrated at the opening plenary on Friday. Unfortunately, one CTA candidate could not reach Kochi for the exams.
- I. A. Mohanraj was presented with the SAATA Service Award for his significant service to the growth of SAATA. In his acceptance speech, Mohan recalled the contributions of some of the pioneers of TA in India—including Fr. George Kandathil, Sr. Annie Maria, Sr. Candida Kandathil, and P. K. Saru—who inspired him.
- Dr. Philip John, who was originally invited as chief guest for the inaugural ceremony, turned into the opening keynote speaker on Friday. In his address he emphasized the need for Indian society to learn from its ancient wisdom on parenting to provide clear, firm structure to children in their formative years.
- Adrienne Lee's keynote on Saturday was the highlight of the conference. Resonating with the mood in the



Elana Leigh (left) celebrates Richard Erskine's 2018 EBMA with Sharon Kalinko, who accepted it on his behalf

air, her presentation about the four dances of culture—culminating in her emphasizing the need for homonomy as a goal of TA alongside autonomy—touched the participants. She closed the session with a Sufi dance in which all participants got to tell each other "I'm you in another form." It was a moving experience, and at least one participant said, "This one keynote was worth all the effort!"

- The EBMA was presented to Richard Erskine for his work on unconscious dynamics and attachment patterns in the psychotherapy of life scripts. He could not be present, but his acceptance speech was read by Sharon Kalinko (and will appear in the January 2019 *Transactional Analysis Journal*).
- The closing was also a moving experience, with all the delegates present at the end of the day in spite of their need to rush back home. Chitra Ravi, the conference convener, gave a moving vote of thanks to all those who made it possible, including the staff of the hotel. P. K. Saru closed with her quintessential quote "We are neither independent nor dependent—we are all interdependent!" and the ritual of all delegates standing in a circle holding hands and coming closer, taking one step forward and saying "Goodbye!" It was a fitting closure to an eventful week.

This is what some attendees had to say about a few of the workshops:

- "The Diversity of Relationship in the Different Schools and Approaches in TA" with Adrienne Lee. This preconference institute was an eye-opener about the origins, philosophies, and richness of different modes and methods in TA. What aspect of the therapeutic relationship gets focused on in the various schools of TA? Is it a one-person, a one-and-a-half-person, or a two-person approach to the tasks, outcomes, and possibilities within the field? Through a combination of beautiful interactions, pair work, lecture, and even a short therapy demonstration in the group, Adrienne led us through an interesting exploration and discovery into the development of TA as a field of psychology.



C. Suriyaprakash thanks conference convener Chitra Ravi at the closing ceremonies



Sriharsha Rao, a Bangalore trainee, sharing his conference experience at the closing plenary

- "Cultural Diversity and Intercultural Frame of Reference" with Thorsten Geck. I found it extremely relevant to my work around supporting change and transformation in organizations. The presence of multiple nationalities (India, US, UK, Kazakhstan) among the participants made the learning experience invaluable as I got in touch with my own way of working with people from diverse cultures.



Future of the ITAA workshop

- "Integrating TA and RECBT Principles in Psychotherapy" with Tejas Shah. This paper walked us through the origin of psychology, starting with Freud, and delved into the origin of various flavors. It was interesting to notice the common base from which the different fields of psychology operate and to relate it to the "I'm OK, You're OK" philosophy of TA.
- "Parenting in the OK Corral" with Sonal Kothari. This paper considered how our primary life position influences our parenting style and emphasized the importance of communication as a skill for effective parenting.
- "The Dance of Hope" with Fran Parkin. This was an affirmation of the human connection in igniting and fostering hope. By the end of the workshop, as we heard and sang songs, sometimes in unfamiliar languages, the universal experience of hope and love united and touched us as participants. Every culture provides rules, methods, directions, and so on to create and maintain patterns of relating. These impact communication outcomes because frames of reference significantly influence interpretation and response.
- "Cultural Impact on Gender Roles" with Susan George and Sarmishta Mani. This workshop used art and story to encourage participants to reflect on their experience and the resulting outcome of such impact. As each participant's story and sharing touched and inspired the others, the group members acknowledged past impact and explored learning to carry forward.
- "Dancing with Words" with Steff Oates. This workshop helped participants to understand how writing impacts them emotionally and to regulate their thought process. Participants experienced the creative writing skills within them, which gave them pleasure and confidence about writing more in the future.
- "The Future of ITAA in the Worldwide TA Community" with Diane Salters. This workshop helped participants develop a sense of belongingness with the organization and provided a platform for voicing their views and opinions so that they could understand the organization in a wider sense and holistically.

> *"The Kochi conference was similar to that in many ways. With every turn of the weather, the program also changed in its size, structure, content, and mood. Every day's program was finalized only the previous evening, and a copy of the day's program was distributed to the delegates every morning."*

The dust has settled on the conference, but the waters are still receding in many parts of Kerala. As "God's Own Country" crawls back to normalcy—which will be a long, painful process—we are reminiscing on the magic spell cast by this unique kaleidoscope of "The Dance of Culture." It was a kaleidoscope in the truest sense: At every turn that we made, our perspectives changed and we became sensitive and inclusive about what was going on around us and mindful about what we had to do. The shapes changed and the colors repositioned at every turn we made, but the rhythm of the dance was kept alive. This conference will be reverberating in the collective consciousness of SAATA and the ITAA and will be remembered and talked about for many years to come.

C. Suriyaprakash, Ragini Rao, and Rema K Giridhar are members of the Kochi conference program committee. Suriya and Ragini are trustees and Rema is joint secretary of SAATA. They can be reached at suriya.sunshine@gmail.com, raginirao04@gmail.com, and rema.k.giridhar@gmail.com, respectively.

Kochi Photo Gallery



Members of the core steering committee (from left): C. Suriyaprakash, Haseena Abdulla, Chitra Ravi, Susan George, I. A. Mohanraj, and K. Raguraman



Fran Parkin presenting



Celebrating at exams (from left) Karen Pratt, Marina Rajan Joseph, and Chitra Ravi



K. V. Jayashree's workshop on "Your Body Is Talking: Are You Listening?"



(From left) Alessandra Pierini, Deepak Dhananjaya, Emily Keller, and Alex van Oostveen



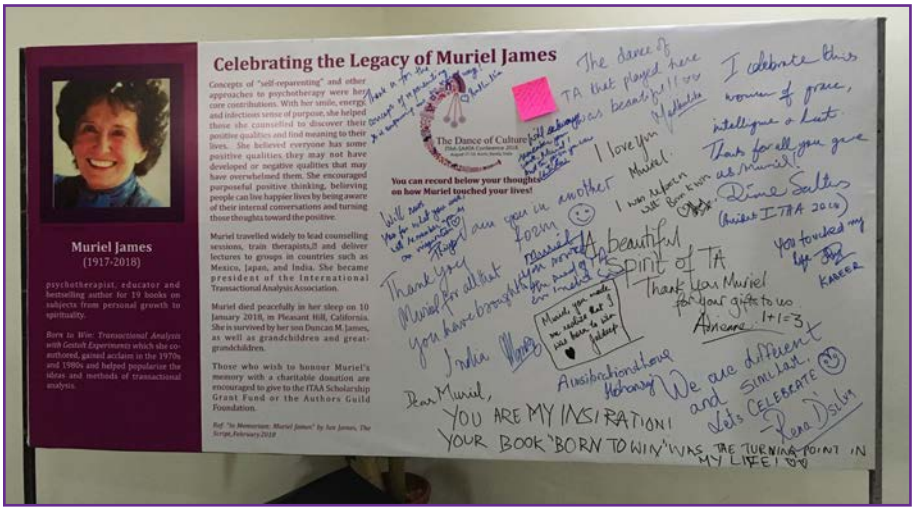
Charlotte Daellenbach (left) and Elana Leigh reminisce about their 2 decades of involvement with the Indian TA community and their role in helping it develop into SAATA (a "TA Talks" video recording held in conjunction with the conference).



Conference organizers and volunteers (from left): N. V. Kabeer, Maryam Tayyiba (daughter of Kabeer), Chitra Ravi, K. P. Salmanul Faris, C. Suriyaprakash, I. A. Mohanraj, Susan George, and Haseena Abdulla



K. A. Sebastian on "Inducing Brain Plasticity and Neurobiological Changes in Therapy: An Indian Perspective"



Commemoration board with messages honoring the memory of Muriel James



Thorsten Geck presenting



Narendran B.S., who drove nearly 700 km on his motorbike from Chennai during the floods just to receive his SAATA Diploma certificate in person, then stayed to support the rescue and relief work. He was the only person out of the 11 diploma recipients who could be present in person.



(From left): Prathitha Gangadharan, Srinath Nadathur, Deepak Dhananjaya, and Harigara Sundar

Kochi Exam Results

The International Board of Certification (IBOC) exams in Kochi, Kerala, India (15-16 August 2018) were a big success. We congratulate the colleagues who are now part of the international TA community on a different level of involvement.

Successful TSTA Examinees

Corinne Laurier, TSTA (O), Boulogne Billancourt, France

Marina Rajan Joseph, TSTA (E), Kottayam, India

Sylvie Monin, TSTA (C), Geneva, Switzerland

Successful CTA Examinees

Deepak Dhananjaya, CTA (P), Bangalore, India

Jalaja Pillai, CTA (C), Bangalore, India

Joy Roshan, CTA (P), Bangalore, India

Sili Zhou, CTA (P), Beijing, China

Exam Supervisor: C. Suriyaprakash

Process Facilitator: Thorsten Geck

Translator: Joseph Thevercad

These exams would not have been possible without the examiners' support: Adrienne Lee, Alessandra Pierini, Anne Tucker, Charlotte Daellenbach (chair), Chitra Ravi (chair), Diane Salters (chair), Elana Leigh (chair), Elena Soboleva, Fran Parkin, Karen Pratt (chair), P. K.



Successful Kochi Examinees (from left): Sili Zhou (and her son in front of her), Joy Roshan, Jalaja Pillai, Deepak Dhananjaya, Corinne Laurier, Marina Rajan Joseph, and Sylvie Monin



New TSTAs (from left): Marina Rajan Joseph, Sylvie Monin, and Corinne Laurier

Our thanks to SAATA for most of the photos from the Kochi conference.



Participants from the Trainers' Meeting

Saru (chair), Sashi Chandran (chair), Sharon Kalinko, Steff Oates (chair), Susan George, Theo van der Heijden, Annie Cariapa (chair), Christine Kalin (chair), Haseena Abdulla, Michael Harsh, Raguraman K., Sisko Torkeli, Soo Hee Oh, Takayuki Muroki, and Prathitha Gangadharan.

We also thank the people who contributed as audience members and supervisees in the TSTA exams, including Raguraman K., Emily Keller, Michael Harsh, Deepak Dhananjaya, and Prathitha Gangadharan.

Julie Hay, candidate for CTA (C) exam, could not reach the venue due to the floods in Kerala.

LEARN

TRANSACTIONAL ANALYSIS

THEORY ONLINE

AT YOUR OWN PACE

TA theory provided via videos of past lectures plus printed workbooks, articles, exercises, and assessments that support the videos. Theory taught by Dr. Linda Gregory, TSTA (P), based in Australia.

All hours of training can be applied to CTA requirements.

See drlindagregory.com for more information on theory modules content and process.

Also available for supervision via Skype

lgregory@iinet.net.au

Phone: 0409 687 926

EXAM CALENDAR

Exam Date	Exam	Cert. Body	Location	Application Deadline
1-2 Nov 2018	CTA	COC	Lyon, France	*
8-9 Nov 2018	CTA	COC	Köln-Rosrath, Germany	*
7 December 2018	CTA	COC	Belgrade, Serbia	*
8-9 May 2019	CTA	COC	Birmingham, UK	*
2-3 July 2019	CTA	COC	Ukraine	*
30-31 July 2019	CTA	IBOC	Raleigh, NC, USA	30 Apr 2019
7-8 November 2019	CTA	COC	Köln-Rosrath, Germany	*
9-10 November 2019	CTA	COC	Belgium	*
1-2 Nov 2018	TSTA	COC	Lyon, France	*
8-9 Nov 2018	TSTA	COC	Köln-Rosrath, Germany	*
8-9 May 2019	TSTA	COC	Birmingham, UK	*
2-3 July 2019	TSTA	COC	Ukraine	*
30-31 July 2019	TSTA	IBOC	Raleigh, NC, USA	30 Jan 2019
7-8 November 2019	TSTA	COC	Köln-Rosrath, Germany	*
1-3 Dec 2018	TEW	COC	Zagreb, Croatia	*
23-25 March 2019	TEW	COC	France	*
July 2019	TEW	COC	Cherkassy, Ukraine	*
4-6 August 2019	TEW	IBOC	Raleigh, NC, USA	4 Nov 2018
1-3 December 2019	TEW	COC	Italy	*

*For CTA and TEW deadlines see the EATA Handbook or contact the EATA Supervising Examiner.

For more information about IBOC exams, see www.itaaworld.org .
For further information on COC exams, see www.eatanews.org/examinations/ .



Emily Keller and Krispijn Plettenberg as they left the conference in a van to travel 10 hrs. to the nearest open airport to fly home

EATA Appreciation

To: SAATA, the Conference Organizing Committee, and the ITAA

Dear Susan George, President of SAATA; Chitra Ravi, Convener of the ITAA-SAATA Conference; and Diane Salters, President of ITAA:

I am writing you on behalf of EATA's Executive Committee to express my utmost thanks to you and your teams. The conference's theme, "The Dance of Culture," got an unexpected meaning with the devastating floods in Kerala. I feel that as a community we truly came together in unity and formed a harmonized ensemble to stay OK in hard conditions.

Instead of disorganization and confusion, you created a safe space where anxiety was replaced by solutions.

Your holding of the group of attendees was amazing. I am sorry for all of you who put so much effort and hours into organizing this conference that so many speakers and attendees either couldn't reach the venue or had to decide to leave Kochi early. Your flexibility and resilience are inspiring.

My thoughts are with you and the people of Kerala. I can imagine that many will need months, or even years, to recover from the disaster. Having been in India with you, the warm welcome, the turn of events, is a life experience that will stay with me. I thank all of you for the connections that were made, the care you provided, and wish you the best way forward possible. As we became truly one community in Kochi, I welcome you to reach out to us if we can be of any support.

With my warmest regards,
EATA President Krispijn Plettenberg

Kochi Through a TA Lens

It was unprecedented: Nature's fury, turbulent, muddy, and bereft of beauty in the form of an incessant downpour that totally ravaged humanity in all forms of destruction: human lives, animals, crops, houses, roads, bridges, trees. The TA conference hosted by the ITAA and SAATA had to take place in the midst of all this turmoil and turbulence. It was the result of almost 2 years of planning and structuring and execution. It was a challenge in all dimensions: logistically, emotionally, psychologically, intellectually, and operationally. Yet nothing dampened the spirit of the organizers or the participants. They reflected the spirit of TA's goal of autonomy, its philosophy of "I'm OK, You're OK," and the capacity to think and redecide.

Half of the registered participants could not attend because of the collapse of roads and transportation. Roads were washed away, rivers overflowed, trains and buses were cancelled, airports were closed. Some people who had worked hard to put the conference together got as close as a few kilometers away but could not reach the venue. They waited and then returned home with heavy hearts. Presenters Julie Hay and Sari van Poelje had to turn back after reaching as close as Bombay and Bangalore. Fortunately, the ITAA board arrived before the deluge and was able to hold its meetings.

The organizers, including conference convener Chitra Ravi supported by the core steering committee, rose to the occasion in the true spirit of autonomy with awareness, spontaneity, intimacy, and responsibility. They rearranged and restructured workshops and keynotes with smiles on their faces, thus offering hope and joy to the participants and presenters who had made it. It was a joy to watch the intimacy reflected by accepting and respecting the situation and resources unconditionally. The Adult ego state was manifested in the remarkable way they integrated the resources of the Parent and



P. K. Saru blesses the conference as the senior-most member of the Indian TA community

Child. And the integrating Adult was at its best throughout.

Exams were also a challenge, but exam supervisor C. Suriyaprakash handled them competently and efficiently. The examiners present generously agreed to do multiple exams and give their support fully. All exams were held and candidates all passed with high marks. Only one exam did not take place because the candidate had to return home.

With more than half of Kerala going through the unprecedented catastrophe, the organizers demonstrated the solidarity and compassion of the TA community by cancelling all celebrations. At the same time, they provided conference participants with an excellent experience. The knowledge and wisdom shared by the experts were unparalleled. This again reflected the TA Adult looking at the best option in every situation.

The original program, which was to have taken place over 3 days, was shortened to 2. The closing ceremony was one of gratitude for the contributions of all who were present and also an expression of solidarity and compassion with our suffering brethren. It was a touching moment, which brought out our humanness, generosity, and compassion. The participants and organizers also expressed their solidarity with the people of Kerala by generously contributing to the relief fund in money and materials.

Was the conference a disappointment? Not at all. It was a unique conference, a sterling example of intimacy, compassion, generosity, inclusiveness, and respect. Kudos to the TA community of India. We lived up to our philosophic ethos.

P. K. Saru, TSTA (P&C), can be reached at pksaru21@gmail.com.

Call for Proposals for the 2019 TA Conference in Raleigh, North Carolina

50th ANNIVERSARY CONFERENCE

Promoting Equality and OKness

Healing the Divisions in Our World

RALEIGH, NC JULY 31- AUGUST 3, 2019

Sponsored by the Southeast Institute, the USA Transactional Analysis Association and the International Transactional Analysis Association

You are invited to submit a workshop proposal or paper for the 2019 Transactional Analysis Conference at the Raleigh Marriott City Center from 31 July – 3 August 2019 in Raleigh, North Carolina, USA. The website is www.TAConference2019.com. The deadline for submissions is 31 January 2019.

The conference theme is "Promoting Equality and OKness: Healing the Divisions in Our World." This TA conference is cosponsored by the Southeast Institute for Group and Family Therapy, the International Transactional Analysis Association, and the USA Transactional Analysis Association. The conference celebrates 50 years of working for racial, economic, and social justice at Southeast Institute for Group and Family Therapy. Our present cultural moment calls for narratives of inclusion and equity, for fostering human dignity and worth, and for cooperation among diverse communities and individuals as antidotes to narratives of competition and exclusion. Historically, TA's founder Eric Berne believed that all people have worth, value, dignity, and the capacity to think for themselves. These tenets are uniquely suited to help us respond to this moment with individuals, groups, and communities.

We seek advanced proposals from a diverse group of presenters within and across the four fields of TA application (psychotherapy, counseling, education, and organizations). We welcome proposals from TA professionals as well as from practitioners and teachers of other approaches to human communication, change, and health. Selection will be based on the proposal's completeness, relevance to the theme and our audience, qualification for continuing education credit, and advancement of TA theory and practice. Consistent with principles of diversity and inclusion, proposals of 1.5 hours and 3 hours will be considered for workshops; papers will be 45 minutes. Proposals based on current research, integration of TA with other disciplines, professional ethics, and innovative approaches are encouraged.

Please send your proposals via the website (www.TAConference2019.com) no later than 31 January 2019.

Thank You and Welcome

by Diane Salters

As ITAA President, I want to say a very big thank you from the ITAA to those people who served on the Board of Trustees over the past few years and to welcome those who joined it following the annual general membership meeting in Kochi.

First, thank you to Bill Holloway, who served two terms as the regional representative for Latin America and stood down just before the end of his term of office. Bill has, over many years, made a major contribution to the ITAA in many varied roles.

Thank you also to Emily Keller, who has ended her term of office as ITAA Vice President Operations. She took on a large work load despite a full-time job and four young sons at home. She carried this all with efficiency, grace, and good humor. We appreciate that she will continue to serve on two committees.

A very large thank you to Elana Leigh, who agreed to step into my role as ITAA Vice President Research & Innovation when I became president. Elana picked up the reins instantly, with typically solid commitment, and soon thereafter also began preparing for the role of president-elect. She now takes up that role formally, and I look forward to working closely with her in the year ahead.

Steff Oates, who has previously served the ITAA in many capacities, takes on the role of ITAA Vice President Research & Innovation. This is a portfolio she is ideally suited to having been so closely connected with the *TAJ* and *The Script* over the years.

Welcome also to Chitra Ravi, who returns to the board in the role of ITAA Vice President Operations, having been such an asset on the IBOC for several years.

Finally, we are delighted to welcome Michelle Thomé onto the BOT in the role of representative for Latin America. Given her background, she will also be a real asset on our conference committee.

I am honored to be leading a team of such high-quality, dedicated people.

Diane Salters can be reached at disalters15@gmail.com .

Thanks to Steff Oates

by Elana Leigh

We are saying farewell to Steff Oates as *Script* coeditor and hello to her as ITAA Vice President Research & Innovation.

Having Steff on a team brings both a smile and a sigh of relief. Her consistent warm presence and availability blended with her astute, insightful competency make her an outstanding member of any team. We offer our deep gratitude to her for the boundless energy, time, and effort she contributed to *The Script*, ITAA's medium for fostering connection and communication among members. Her input has been invaluable, and we will miss her in that role.

Happily, in her new role as VP Research & Innovation, one of Steff's main areas of responsibility will be ITAA's publications (*Script* and *TAJ*). Her experience as *Script* coeditor and as a long-time member of the *TAJ* editorial board, an occasional guest editor, and an author give her important background and experience for doing her new job. We know she will bring her commitment to the ITAA and its members to bear in her new position.

Laurie Hawkes writes, "Steff Oates and I were coeditors of *The Script* for several years. Good years! It was so interesting discussing with her (and with managing editor Robin Fryer) the relevance of inviting someone to write this or that possible article. And with her talent at meeting people and seeing their ideas, Steff brought many good authors to our newsletter and also did some exceptional interviews. I miss her already in that role but am glad that as VP R&I she will remain very present for our publications. So thank you, Steff, for what



Steff Oates at her writing workshop in Kochi

you have done and what you will still be doing!"

Updates on Long-Time Members

The following people were not included on the list of long-time members published in the September 2018 issue of *The Script* because their membership was not up to date. We are glad they have decided to renew, and we are pleased to add them to the list as indicated below.

Renewal reminders are sent to all members by email 60 days and 30 days before their renewal dates and then on their expiration date. Please make sure both of these addresses are entered into your contacts list: membership@itaaworld.org and itaa@itaa-net.org . That will help avoid having the reminders (and other ITAA emails) end up in your spam folder. It is also important to check your account online every so often to make sure everything is up to date. To do so, log in to the members-only page using your username and password.

Here are the additional long-time members for 2018:

40+ Years
Gale Burford 3/1976

30-39 Years
Lasse Ahnby 4/1981
Kazuko Noma 7/1988
Jessica Leong 1/1985
Maria Teresa Tosi 3/1980

20-29 Years
Jim Davis 8/1989
Jose Martinez Rodriguez 1/1996
Kyoko Mitsunobu 6/1995
Takayuki Muroki 1/1994
Fran Parkin 10/1995
Nobuyuki Shinozaki 11/1989

10-19 Years
Masaru Hikita 11/2005
Karen Horrocks 7/2007
Elvin Keles 3/2006
Allison Knell 11/2006
Yoko Mori 4/2001
Ragini Rao 4/2003
Yuka Seo 3/2002
Lynda Tongue 4/2001

Award Nominations Sought

Eric Berne Memorial Award

Deadline: 1 December 2018
Send EBMA nominations to committee chair Lis Heath at lis.heath@gmail.com

Hedges Capers Humanitarian Award
Muriel James Living Principles Award
ITAA Service Award
Goulding Social Justice Award

Deadline: 1 January 2019
Send nominations for the Capers, James, Goulding, and Service Awards to ITAA Secretary Sumithra Sharatkumar at sumithrask@gmail.com

ITAA Research Award

Deadline: 1 January 2019
Send nominations for the ITAA Research Award to committee chair Susan George at susangeorge4@yahoo.com

See the ITAA Web site at www.itaaworld.org/itaa-awards or contact the ITAA at info@itaaworld.org for details on making nominations for these awards.



TAJ Back Issues Available for Cost of Shipping

Now that the *Transactional Analysis Journal* is available online, including the entire archive back to 1971, the ITAA Board of Trustees has decided to make the back copies it has in storage available to individuals and groups who want them at no cost except for shipping/handling. To the right is an order form for the issues remaining. If you are interested in obtaining any of these journals, please fill out the form and return it to Ken Fogleman no later than 31 October 2018. Once he has your form, he will contact you to let you know the cost of shipping/handling; if you agree to that amount, he will then charge your credit card or give you instructions on sending a check. The number of copies of each journal listed is limited, so place your order soon. This offer is only good for 120 days, after which any journals remaining will be discarded to save the cost of storage.

TAJ BACK ISSUES ORDER FORM

Items not listed are out of print. These *TAJ*s are free except for shipping/handling. Please indicate the number of copies of each issue that you want in the relevant box(es). Ken Fogleman will then contact you with the shipping/handling cost before accepting payment.

Payment Options

- ❑ Check (Payment must be in US funds drawn on a US bank)
- ❑ Visa
- ❑ MasterCard
- ❑ American Express
- ❑ Discover

Card # _____

Exp. Date _____

Signature _____

Shipping Information

Name _____

Phone _____

Fax _____

Address _____

_____

Email _____

International Transactional Analysis Association
5932 Corte Cerritos, Pleasanton, CA 94566, USA
Fax: +1 925 600 8112 * Email: ken@itaa-net.org

Item	No. of Copies
July 2000	
January 2001	
July 2001	
October 2001	
April 2002	
October 2002	
January 2003	
July 2003	
October 2003	
January 2004	
April 2004	
July 2004	
October 2004	
January 2005	
April 2005	
July 2005	
October 2005	
January 2006	
April 2006	
July 2006	
October 2006	
January 2007	
April 2007	
July 2007	
October 2007	
January 2008	
April 2008	
July 2008	
October 2008	
January 2009	
July 2009	
October 2009	
April 2010	
July 2010	
October 2010	
January 2011	
April 2011	
July 2011	
October 2011	
January 2012	
July 2012	
October 2012	

Valuable TA Books Available at Discounted Rates

The ITAA has the following books available for sale. Prices are shown in USD, to which packaging and shipping costs will be added. Ken Fogleman will advise on these costs when the order is placed because these will vary based on weight, number of items ordered, and delivery destination.

Explorations in Transactional Analysis: The Meech Lake Papers
by William F. Cornell
$25

This book brings together many of Cornell's articles on TA. Written over 20 years, the papers reflect his ongoing exploration of the interfaces among transactional analysis, the body-centered therapies, and contemporary psychoanalysis. Much of Cornell's writing exemplifies the potential and enrichment brought to our work in human relations through the use of one theoretical model to challenge and enhance another.

Perspectives in Transactional Analysis
by Muriel James
$15

These 20 papers cover a wide range of topics, including basic TA principles and techniques, fascinating accounts of Muriel's own life and her relationship with Eric Berne, the drama of cultural scripts, techniques for personality structural change, spirituality and the human spirit, and special applications of transactional analysis in clinical and organizational settings.

Therapeutic Journey: Practice and Life
by James R. Allen and Barbara A. Allen
$10

A collection of papers by two well-known transactional analysts, mental health practitioners, and educators, the topics covered include what to do after meeting the patient, types of treatment, trauma, social constructivism, working with children and adolescents, the biological underpinnings of TA and mental health interventions, family therapy, transference, redecision therapy, and social issues related to drug use, American Indian adolescents, the Oklahoma City bombing, war, and the Tulsa race riots of the 1920s.

Theories and Methods of an Integrative Transactional Analysis: A Volume of Selected Articles
by Richard Erskine
$15

These 29 articles demonstrate the growth and development of Erskine's ideas about psychotherapy, transactional analysis, supervision, and many related topics. Erskine reveals the evolution of his ideas from his early days in TA to his eventual integration of concepts from TA, gestalt therapy, and psychoanalytic theories such as object relations, self psychology, and the intersubjective approach.

Volume of Selected Articles from the Transactional Analysis Journal
1971 - 1980
$15

Volume of Selected Articles from the Transactional Analysis Journal
1981 - 1990
$15

These books are currently in storage and owned by ITAA. All proceeds received will benefit the ITAA. For more information and to place an order, contact Ken Fogleman at ken@itaa-net.org .

Advertise in *The Script*!

Reach transactional analysts around the globe by advertising your workshops, books, conferences, and other events in *The Script*. Rates are reasonable: twelfth page: $50; sixth page: $100; third page: $200; half page: $300; full page: $400. Deadlines—15th of the month prior to the month of publication (e.g., 15 October for the November issue). We are happy to work with you to design and produce your ad, so contact us by emailing managing editor Robin Fryer at robinfryer@aol.com .