the SCRIPT

ITAA
INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

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PERSPECTIVE

Through the Eyes of a White, Middle-Aged Man

by Edward T. Novak



I feel fortunate to have my professional identity rooted in three primary theories: transactional analysis, psychoanalysis, and body psychotherapy. At the International Association for Relational Psychotherapy and Psychoanalysis (IARPP) conference in June 2018, I found a confluence of the three. I also found myself recognizing and struggling with blind spots as I gained an unexpected awareness of my own white, middle-class, male privilege.

Before I go any further, let me offer a caveat about this awareness and the title of my essay, which is not meant as a profound proclamation. I am merely stating the obvious. My gender, my skin color, and my age all place me in a privileged position, although my childhood—one saturated in trauma resulting in a chaotic internal world—tells a different story. Nonetheless, my outward presentation to the world has created privileged opportunities for me, along with blind spots that I was able to see and reflect on more deeply throughout the conference.

On the first day of the gathering, I presented a paper as a member of a panel entitled "Challenging the Touch Taboo in Psychoanalysis: Embodiment in the Age of Uncertainty." Our panel consisted of Doris Brothers and Jon Sletvold presenting one paper, then my paper, followed by a discussant paper by Karen Starr, with Marina Amore as our moderator. My paper was on making use of theory-based informed and disciplined touch in psychoanalysis. The panel was a progressive step in advancing the inclusion of body psychotherapy in psychotherapy and psychoanalysis.

As my participation in the conference shifted from presenter to audience member, I was unprepared for the social and political tilt of many of the plenaries. They considered not only therapist-client issues but also social

issues. It was sometime during the first plenary, which was centered on the movie *I am Not Your Negro* (Bertossa, Grellety, Peck, & Peck, 2016) and followed by papers by Ken Corbett and Maurice Apprey, that I began to feel uneasy. The movie and papers were illuminating my blind spots.

A lunch break conversation and processing with a colleague on the second day of the conference helped me to understand some of what I was experiencing. We discussed issues around privilege and the ways a therapist may be blind to them. My colleague raised an important point when she declared that it is not the client's job to educate the therapist about issues of race, gender, or the social-political factors that have been the background of the client's experiences. Rather, the client's job is to express his or her personal lived experience within that background.

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This distinction is important. Clients bring their experiences and history to the work in order for the therapist to witness and understand them. The political and social issues that also contextualize the client's experience are for the therapist to read about or research on his or her own time. This is what my colleague was communicating and one reason why conferences that educate are so important.

My colleague is from Japan. Having immigrated to America in her college years, I suspected she was speaking from within her own personal experience as well. But, ironically, she too identified as privileged. From within her personal blind spot, she had never considered her own struggles with assimilation as anything other than part of her journey. This brought to mind Susanna Ligabue's (2018) *Transactional Analysis Journal* article entitled "Forced Migration and Refugees: Trauma Experience and Participatory Care." Because my colleague's move to America was voluntary and empowering, perhaps she felt less entitled to speak of her struggles.

In addition, many of her white American colleagues, including me, contributed to her blind spot. Her doctorate and professional success seemed to be a way for Americans to dismiss her very real struggles of coming to a strange new country, alone, at a young age.

She and I began connecting her experience to issues that were being taken up at the conference. One of her favorite authors, Judith Butler, and Butler's ideas around the foreclosure of the future, were referenced in one talk. My colleague's experience was more a foreclosure of her past struggles, with colleagues focused on her present-day successes.

> *"My gender, my skin color, and my age all place me in a privileged position. . . . My outward presentation to the world has created privileged opportunities for me, along with blind spots that I was able to see and reflect on more deeply throughout the conference."*

Over the next couple of days I found myself processing certain questions: "How does my 'privileged position' relative to some clients influence our work together?" "How does this influence my witnessing and empathic understanding and their experience of me?" I became more aware of a subtle but important potential blind spot: the therapist's secondary gains of personal reassurance or proof that he or she is a good person, possibly a self-stroke that he or she is different from the subgroup of less empathic privileged people. In my case, this secondary gain could be a way to distance or absolve myself of my transgenerational history of a "whites only" mentality. My generational history is steeped in white people who, at best, tolerated nonwhites and at worst, felt contempt for them. My blind spot might be a need to feel assured that "I am not like those white guys."

If my privileged position was going to be given a free pass, the seminars that followed would not permit that to happen. Time after time I was introduced to relational analysts working in rather nontraditional psychoanalytic frames. The panel "The Uprooted and the Dispossessed: Working with Immigrants Inside and Outside the Consulting Room" included papers presented by Francesco Andriotti from Italy, Spyros Orfanos from the United States, and Joseba Achotegui from Spain. The

> *"Clients bring their experiences and history to the work in order for the therapist to witness and understand them. The political and social issues that also contextualize the client's experience are for the therapist to read about or research on his or her own time."*

papers actually spoke of refugees, not immigrants, and their migration experiences, many of which result in trauma and posttraumatic stress disorders that deadened parts of the self. I was reminded of the April 2018 issue of the *Transactional Analysis Journal* on the theme of "Social Responsibility in a Vengeful World." I also thought back to our 2017 TA World Conference in Berlin and the keynote talk by Kazim Erdogan. He was born in Turkey, immigrated to Germany, and created a program for helping Turkish immigrant fathers.

Therapists are making important contributions beyond the consulting room. My role in these areas began to feel insufficient. I felt how limited my own reach is, and will be, in these important issues. The uneasiness and discomfort being evoked in me needed to be felt, without moving into rationalizations or defenses for relief. Bill Cornell has referred to this as "living in the impasse."

I also found myself returning to my own panel and my working directly with body and touch in therapy. I thought of the broken, beaten, shot, raped, starving, wet, and cold bodies that far too often are the bodies brought to strange, unwelcoming lands by refugees. I also thought of how many other individuals have their bodies stolen from them in so many different experiences of trauma. I thought of how human gestures of informed, disciplined, and redemptive touch in our work with trauma are rarely discussed, although I am sure they occur more than is professionally disclosed.

We seem to have a professional blind spot in the terrain of touch. Our profession seems to have an almost hysterical fixation with the reflexive assumption that touch will be too confusing or misinterpreted as sexual or exploitive. The time has come to aggressively challenge this outdated position. Certainly there are considerations to address before engaging in informed and disciplined touch. However, too often I hear these considerations used more as a professional defense to avoid the challenges and perceived risks of introducing touch into therapy.

Perhaps it is time for our profession to stretch and become more uncomfortable, to shift from debating if physical contact is appropriate and to accept that informed and disciplined touch as another modality of treatment. For me, the debate over whether to use touch in treatment has ended. I am now focused on questions such as with whom, when, and why.

What keeps me involved in transactional analysis and contemporary psychoanalysis is the willingness of practitioners from both modalities to grow and expand, to make use of new theories and ideas, including those from other disciplines. Conferences, professional journals (such as the *Transactional Analysis Journal*), and ongoing dialogues are my primary forms of ongoing education and the treatment for my own blind spots.

Edward T. Novak, MA, is the book review editor for the Transactional Analysis Journal *and a member of the editorial board. He has been interested and engaged in transactional analysis psychotherapy for 25 years. He is also a graduate of the National Institute for the Psychotherapies' National Training Program in Contemporary Psychoanalysis and maintains a private practice in Akron, Ohio. He can be reached at edtnovak@gmail.com .*

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Bertossa, J., Grellety, R., Peck, H., & Peck. R. (Producers) & Peck, R. (Director). (2016). *I am not your negro* [Motion picture]. Paris, France, Velvet Film.

Ligabue, S. (2018). Forced migration and refugees: Trauma experience and participatory care. *Transactional Analysis Journal, 48*, 16-180.

Make Sure You Receive Your 2018 TAJ Hard Copy

As announced in previous issues of *The Script*, now that the *Transactional Analysis Journal* is being published by Routledge/Taylor & Francis, an issue is published online each quarter and then a hard-copy, bound volume of the four 2018 issues will be printed in September. To ensure that you receive your copy, it is extremely important that you check your online membership account at itaaworld.org to make sure your dues are paid up. Only members who are on the active membership list when the hard-copy volume is printed will receive it in the mail. If you need help checking your account, please contact Ken Fogleman at ken@itaa-net.org .

A Message from Felipe Garcia on His Goulding Award

Dear ITAA Executive Committee, Board of Trustees, Awards Committee, USATAA Social Action Committee, and Fellow Transactional Analysts:

Thank you so much for honoring me as corecipient with Valerie Batts of the 2018 Robert and Mary Goulding Social Justice Award. This award reminded me of the many ways that Bob and Mary Goulding were socially active though their writings, teachings, supervision, and therapy by consistently inviting their students and clients into accepting their OKness and their power and potency as individuals and members of society. There are now thousands of TA practitioners throughout the world supporting their clients and students in educational, organizational, counseling, and clinical settings in owning their personal power and operating as potent participants in their relationships, families, and other interpersonal activities.

When I heard that I had been honored with this award, I became curious as to what exactly I was being recognized for, so I went to the description of the award on the ITAA website. I am even more honored and humbled after reading it, which is like a vision of how we as transactional analysts are and can be more socially active.

The award description reads: "The Robert and Mary Goulding Social Action award is established to give recognition to persons who have broadened the application of transactional analysis through their teaching, training, writing, and/or direct professional work in the promotion of social justice. The nominee will have advanced through professional work and personal modeling the core principles of the Gouldings' theory: self-determination, personal responsibility, direct action, and affirming relationships. The nominee will have contributed, in their own way, by any or many of the following: disclosing unfairness, challenging injustices, protesting unfair practices, confronting perpetrators, questioning values that support injustice, enabling understanding and respect, encouraging equalitarian values, facilitating awareness of institutionalized injustices, funding social movements, and even mounting public protests."



These are honorable principles, values, and goals that we as transactional analysts aspire to and, to some degree of success, practice, encourage, and model at the personal and interpersonal levels. There is also an invitation in the description of this award for social action interventions at societal and institutional levels.

"Questioning values that support injustice" caught my attention and made me think of values and behaviors that I question, including relational competition, which often impedes justice by power over, win/lose, right/wrong, and belong/don't belong thinking. I choose, instead, to encourage collaborative values and behaviors that build cooperative, inclusive communities, groups, and organizations. Some such values and behaviors are inclusivity, both/and thinking, and equal access to power.

I offer appreciation to the social action committees and transactional analysts all over the word in organizational and educational settings for the institutional level work that you do in fostering equality, inclusion, justice, collaboration, and win-win outcomes.

Felipe Garcia can be reached at fgarcia99@gmail.com .

Sex and Gender: Building Bridges in Communities

by Jo Stuthridge

During mid-winter in Dunedin, New Zealand (9-11 June 2018), over 50 people gathered to attend a 3-day workshop run by Bill Cornell and Mick Landaiche on the topic of "Our Sexual and Gendered Bodies: Developing a Capacity for Reflection and Dialogue." One of the key aims of the event, shared by organizers and presenters, was to build bridges within our professional community between psychotherapists, counselors, and marginalized groups such as LGBTQI communities and Maori and Pacifica people. We wanted to create a workshop that allowed for multiple perspectives and included a range of voices.

In an attempt to maximize inclusivity, we put some effort into reaching out to marginalized groups and offered a discounted rate. This process sparked some robust dialogue, conflict, and working through between the organizers and funders. Addressing power and privilege is always more difficult when our pockets are involved. We understood that diversity would enrich the community while being painfully aware that for individuals who have been marginalized through violence, hostility, colonization, and/or prejudice, these social forces can act as powerful barriers to participation. Ultimately, this understanding was embraced by the Aotearoa New Zealand Transactional Analysis Association (ANZTAA), and they carried the financial deficit



> *"One of the key aims of the event . . . was to build bridges within our professional community between psychotherapists, counselors, and marginalized groups such as LGBTQI communities and Maori and Pacifica people. We wanted to create a workshop that allowed for multiple perspectives and included a range of voices."*

willingly and gracefully for the whole community.

As a result of this difficult beginning process, an extraordinary group met together—including community workers, queer activists, gay and trans therapists, transactional analysts, psychoanalysts, psychotherapists, and counselors—for 3 intense days of experiential learning. Each day began with Blondie Ngamoki leading a karakia (prayer) and waiata (song), a Maori tradition that observes respect for the tangata whenua (indigenous people) and their land. Then, through Bill and Mick's skillful facilitation, the group navigated divides such as age, race, sex, and gender and generated some provocative dialogue. For example, a queer activist reminded therapists to do their own homework rather than using trans clients for learning. Personal contacts were made, building trust between clinical and nonclinical workers.

The careful structure of the training created a gentle unfolding and deepening of awareness and participation over the 3 days as we moved between small group and large group interaction. The small groups were designed to allow for more personal and private exploration of the topics being discussed. Feedback from the small groups to the whole group ensured continued

Exams in Dunedin, New Zealand 8 June 2018

The IBOC exams in Dunedin, New Zealand, on 8 June 2018 were a success. We congratulate the colleagues who are now part of the international TA community on a different level of involvement.

CTA Successful Examinees

Raquel Beeby, CTA (psychotherapy), Dunedin, NZ

Frankie Dean, CTA (psychotherapy), Wanaka, NZ

Katrina Jacobsen, CTA (psychotherapy), Wellington, NZ

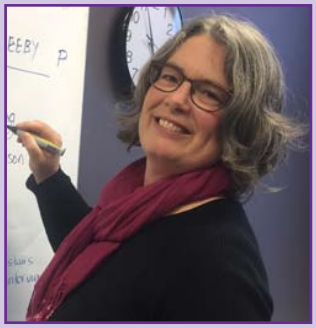
Kana Hideyo Kihoin, CTA (education), Nara, Japan

CTA Exam Supervisor:
Annie Rogers

Examiners: Gordon Hewitt, Fran Parkin, John Savage, Janette Plummer, Suzanne Johnson (chair), Bill Cornell, Jo Stuthridge (chair), Antonia Muir

Process Facilitator:
Charlotte Daellenbach

Translator:
Takayuki Fukumori



Raquel Beeby



Frankie Dean



Katrina Jacobsen



Kana Hideyo Kihoin (right)

> *"The content covered knotty questions such as: Why do people have sex? When is sex harmful? We were offered snapshots of a broad range of theory to play with, from classical psychoanalytic ideas to contemporary queer theory."*

cohesiveness of the large group while also offering opportunities for further theoretical and clinical reflection. The presenters handed over the lectern at one point to give equal weight to unofficial voices, and this opportunity was taken up with enthusiasm.

The content covered knotty questions such as: Why do people have sex? When is sex harmful? We were offered snapshots of a broad range of theory to play with, from classical psychoanalytic ideas to contemporary queer theory. These ideas were brought to life with vivid client vignettes and through Bill and Mick's personal roots in queer communities and analytic trainings. Their generous sharing of themselves created an atmosphere that fostered a deep level of personal exploration and risk taking.

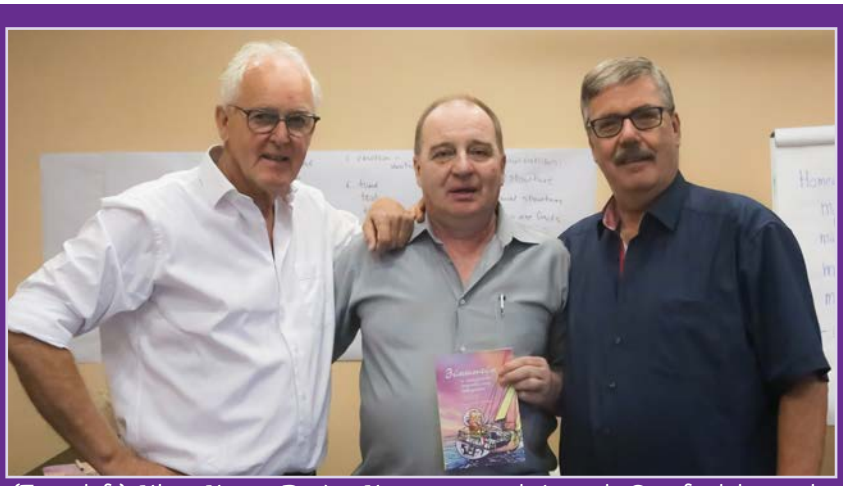
I was part of one small group of experienced colleagues who realized on day one that none of us had ever had any teaching on sexuality in our core trainings. Through years of workshops and conferences, none of us had ever shared our personal struggles with sex and gender with colleagues. Why is this vast and deeply formative aspect of being human omitted from our curricula? As Bill noted in a historical overview, sex has recurrently appeared then disappeared from the therapeutic landscape over the years. Perhaps these social trends echo our personal difficulties in facing these tender, complex, and innermost parts of ourselves. For the transactional analysis community in New Zealand, I think this workshop served as a landmark, highlighting the need to place sex and gender firmly on the training map.

As I close this article, I see an email affirming a move from the New Zealand Association of Psychotherapists to ban gay conversion therapy in our country, another small step in the wider struggle for understanding of human sexuality and acceptance for those who have been marginalized by narrow norms.

Blondi Ngamoki, a woman of Ngati Kahunguru descent and a senior transactional analysis trainee, offered this beautiful poem in her final closing. She wrote it during the final hour of the workshop, weaving words together from the prior 3 days.

In my dreams
How do I love you as you are?
Do not allow sexuality to disappear from the landscape of therapy
Have the freedom to be who we want to be
Free from labels, discrimination
Freedom from marginalization . . . increasing
Freedom to think outside of a category
To be without disruption of personhood, personality or misinterpretation
Allowed to dance across the platform of vitality and vibrance
Explore the endless possibilities of intrinsic self-power, values and boundaries
Fragilely weaving the threads of multiple pathways in work towards releasing us from the shackles of shame
Creating the space for energy to take its place
Being in attunement and dancing back and forwards in song
Attending to our bodily experience, our mindful experience, our spiritual sigh
The presence of our loved ones
Fluid, human race
Acknowledge the loss
Allowing for unsettled disturbance
Although feelings of being lost, confused and freakiness,
life prohibiting
In this troubled place of holding the pain, vulnerable self, without closing the therapeutic space
Not to silence or be silenced, unpacking one's story without blame or judgement
Be determined in one's own self-care, coming to know oneself, holding the boundary but
allow to process, laugh loud, cry too
Life enhancing
Trans fer
Trans migration
Trans between
Trans beyond
Transference
Countertransference
Transparent . . . trans parent
Transgenerational
Translucent
Transition
Trans Grace . . . full power
Glossary of words
Find my voice
Food for thought, fantasies
Let's talk about Sex!

Jo Stuthridge, TSTA (psychotherapy) is a psychotherapist and trainer in Dunedin, New Zealand, and one of the coeditors of the Transactional Analysis Journal. *She can be reached at jo@jostuthridge.co.nz .*

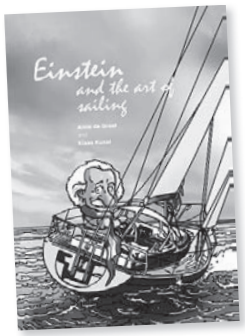


(From left): Klaas Kunst, Dmitry Kasyanov, and Anne de Graaf celebrate the Russian translation of Einstein and the Art of Sailing

Two Dutch TA professionals published a book about leadership & communication with the funny and intriguing title

Einstein and the art of sailing

A new perspective on the art of leadership



NOW available in English!

In the Netherlands this book became a huge success. It sold over 40.000 copies till now! The authors, Anne de Graaf and Klaas Kunst, are masters in making inspiring combinations of theory and practice. For that reason the book is full of...

Stories, Graphics, Questions, Assignments, One-liners, Pieces of (TA) theory and much more...

It is a book that should not only be read.
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You can reach the authors through anne@ta-academie.nl or klaas.kunst@bmc.nl

Anne de Graaf is pleased to announce that Metanoia Publishing in Saint Petersburg, owned and managed by TA professional Dmitry Kasyanov, recently published in Russian the TA management book *Einstein and the Art of Sailing: A New Perspective on Leadership*. Written by Anne de Graaf and Klaas Kunst, the book was originally published in the Netherlands, where it sold over 40,000 copies. Kasyanov, who came across the English translation, found that the book "makes you dive into your real role in a system. It is a terrific blend of the latest studies and understanding of transactional analysis and other approaches that work." On 3-4 June 2018, the authors were in St. Petersburg to work with a group of Russian managers and consultants on several core issues from the book. Stories were told, theories were explained, questions were posed, and exercises were performed. The attendees were impressed by the concepts in the book. One said, "You can open this book at any page and always read something that makes you think and ask questions." Kasyanov said he wanted to translate and publish the book in Russian because "many people in private and government organizations in Russia and throughout the world experience enormous pressure nowadays. This book focuses on how to transform one's inner anxiety and frustration into positive emotion and winning action."

EXAM CALENDAR

Exam Date	Exam	Cert. Body	Location	Application Deadline
15-16 Aug 2018	CTA	IBOC	Kochi, India	15 May 2018
1-2 Nov 2018	CTA	COC	Lyon, France	*
8-9 Nov 2018	CTA	COC	Köln-Rosrath, Germany	*
30-31 July 2019	CTA	IBOC	Raleigh, NC, USA	30 Apr 2019
15-16 Aug 2018	TSTA	IBOC	Kochi, India	15 Feb 2018
1-2 Nov 2018	TSTA	COC	Lyon, France	*
8-9 Nov 2018	TSTA	COC	Köln-Rosrath, Germany	*
30-31 July 2019	TSTA	IBOC	Raleigh, NC, USA	30 Jan 2019
20-21 Aug 2018	TEW	IBOC	Kochi, India	20 Apr 2018
1-3 Dec 2018	TEW	COC	Zagreb, Croatia	*
4-6 August 2019	TEW	IBOC	Raleigh, NC, USA	4 Aug 2019

*For CTA and TEW deadlines see the EATA Handbook or contact the EATA Supervising Examiner.

For more information about IBOC exams, see www.itaaworld.org .
For further information on COC exams, see www.eatanews.org/examinations/ .

Membership Survey Responses Still Welcome

Our thanks to the 197 current members who responded to the ITAA Membership Survey. The information they offered will provide a valuable guide to the ITAA Board of Trustees in making decisions about the future of the ITAA and for the Kochi workshop on the future of the organization. If you have not yet responded and have ideas you would like to share, please send your comments to ITAA President Diane Salters at disalters15@gmail.com .

New Coeditor and Editorial Board Members Sought

The *Transactional Analysis Journal* coeditors are looking for new members to join the team of coeditors and the editorial board. If you are interested in being considered for one of these positions, please email your name, country, and a brief statement about your areas of interest/expertise and your experience in writing and/or editing to *TAJ* Managing Editor at robinfryer@aol.com by 1 October.

ITAA Trainers' Meeting

At the ITAA/SAATA conference in Cochin, the PSC and the IBOC will facilitate a trainers' meeting on 15 August at the Abad Hotel, and we invite all TSTAs, PTSTAs, and CTAs, as well as CTA Trainers from EATA, to join us. The purpose of the meeting is to share what PSC and IBOC are doing to maintain and improve the standards of training and examination. It is also our intention to be in contact with you and hear what you need from PSC and IBOC. The schedule is flexible, and participant questions/suggestions will be most welcome. Minutes of this meeting will be provided later. The agenda is below and can also be downloaded at https://is.gd/QdGJVw. For questions, contact Thorsten Geck, ITAA Vice President Professional Standards at thorsten.geck@gmail.com .

9-10 am:
Opening. Then the PSC will report on their activities and expected changes in the IBOC training manual.

10 am:
News from the IBOC, which will report on their observations and changes regarding exam management.

10:45 am:
Future projects and activities. PS, PSC and IBOC will give an overview of tasks and projects in line.

Clarification of ITAA Student Membership

We want to clarify that the ITAA welcomes as student members all those engaged in ongoing advanced TA training (i.e., beyond the TA 101), whether they are contracted trainees or not. The only thing they need to qualify is a letter from a PTSTA or TSTA confirming their status in writing. We also welcome university students, regardless of their field of study, with confirmation from their university of their student status. Student members benefit from subsidized membership rates and enjoy significant membership benefits, including online access to the *Transactional Analysis Journal* and *The Script* newsletter. To join as a student member, please download the endorsement form from here. (Note: There is a different range for student members from TAlent countries.) We encourage members of the ITAA community to spread the news about student membership and to encourage students and trainees to take advantage of this wonderful membership offer! For questions, contact Deepak Dhananjaya, Membership Committee Chair (deepak.dhananjaya@gmail.com) or Emily Keller, Vice President of Operations (ekeller@seinstitute.com).

2018 Annual General Membership Meeting

As announced in the July 2018 issue of *The Script*, members have been sent information about the upcoming annual general membership (AGM) meeting, which will be held on 17 August at 17:45 in the Rendezvous Hall at the Abad Plaza Hotel in Cochin, India (address: MG Road, Ernakulam, Kerala 682035). That communication includes a letter from Diane Salters about a proposed bylaw change, the agenda for the AGM, and a proxy vote form. This information has also been posted on the members-only section of the ITAA website, which can be accessed by members by logging in with their username and password.

Indian Conference Photos/ Vido Available Online

The South Asian TA Association website has a lovely collage of prior Indian conference photos that you may enjoy viewing. Also on the site is a video that one of the Indian trainees has made. Both can be found under "Indian Conference Memories" at http://www.saata.org/conference2018 . We hope these will whet your appetite to join us for the 2018 Kochi conference this month!

International Transactional Analysis Conference 2018



Conference Webcast

The Dance of Culture
ITAA-SAATA Conference 2018
August 17-19, Kochi, Kerala, India

The EBMA Acceptance Speech
& Keynote Speech will be webcast live
on August, 17-19
at 09.00-10.30 AM IST
Please register by paying
USD 50 or INR 3000
http://www.saata.org/conference2018/webcast/

Key Note Speakers



The Dances of Culture
Adrienne Lee, **UK** | Friday-17, August 2018



Co-Operate to Innovate
Drs. S.J. van Poelje, **Netherlands** | Saturday-18, August 2018



Dance / Performance as Metaphor and Technique
Dr. Shekar Seshadri, **India** | Sunday-19, August 2018



Eric Berne Memorial Award
Recipient: Richard Erskine
Acceptance Speech:
Read by Sharon Kalinko
Saturday-18, August 2018

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TAJ Back Issues Available for Cost of Shipping

Now that the *Transactional Analysis Journal* is available online, including the entire archive back to 1971, the ITAA Board of Trustees has decided to make the back copies it has in storage available to individuals and groups who want them at no cost except for shipping/handling. To the right is an order form for the issues remaining. If you are interested in obtaining any of these journals, please fill out the form and return it to Ken Fogleman no later than 30 September 2018. Once he has your form, he will contact you to let you know the cost of shipping/handling; if you agree to that amount, he will then charge your credit card or give you instructions on sending a check. The number of copies of each journal listed is limited, so place your order soon. This offer is only good for 120 days, after which any journals remaining will be discarded to save the cost of storage.

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The ITAA has the following books available for sale. Prices are shown in USD, to which packaging and shipping costs will be added. Ken Fogleman will advise on these costs when the order is placed because these will vary based on weight, number of items ordered, and delivery destination.

Explorations in Transactional Analysis: The Meech Lake Papers

by William F. Cornell
$25

This book brings together many of Cornell's articles on TA. Written over 20 years, the papers reflect his ongoing exploration of the interfaces among transactional analysis, the body-centered therapies, and contemporary psychoanalysis. Much of Cornell's writing exemplifies the potential and enrichment brought to our work in human relations through the use of one theoretical model to challenge and enhance another.

Perspectives in Transactional Analysis

by Muriel James
$15

These 20 papers cover a wide range of topics, including basic TA principles and techniques, fascinating accounts of Muriel's own life and her relationship with Eric Berne, the drama of cultural scripts, techniques for personality structural change, spirituality and the human spirit, and special applications of transactional analysis in clinical and organizational settings.

Therapeutic Journey: Practice and Life

by James R. Allen and Barbara A. Allen
$10

A collection of papers by two well-known transactional analysts, mental health practitioners, and educators, the topics covered include what to do after meeting the patient, types of treatment, trauma, social constructivism, working with children and adolescents, the biological underpinnings of TA and mental health interventions, family therapy, transference, redecision therapy, and social issues related to drug use, American Indian adolescents, the Oklahoma City bombing, war, and the Tulsa race riots of the 1920s.

Theories and Methods of an Integrative Transactional Analysis: A Volume of Selected Articles

by Richard Erskine
$15

These 29 articles demonstrate the growth and development of Erskine's ideas about psychotherapy, transactional analysis, supervision, and many related topics. Erskine reveals the evolution of his ideas from his early days in TA to his eventual integration of concepts from TA, gestalt therapy, and psychoanalytic theories such as object relations, self psychology, and the intersubjective approach.

Transactional Analysis in Organizations (First Volume of Selected Articles 1974-1994)

by Sari van Poelje and Thomas Steinert, Editors
$10

These 23 articles cover a wide range of theories and applications of transactional analysis in organizational work. The authors are from around the world, and the articles represent as wide as possible a selection of the ideas and practices of organizational transactional analysts.

Volume of Selected Articles from the Transactional Analysis Journal

1971 - 1980
$15

Volume of Selected Articles from the Transactional Analysis Journal

1981 - 1990
$15

These books are currently in storage and owned by ITAA. All proceeds received will benefit the ITAA. For more information and to place an order, contact Ken Fogleman at ken@itaa-net.org .