ITAA The Script

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOL. 38, NO. 4 MAY-JUNE 2008

Social Dreaming Matrix at the South Africa Conference

by Servaas van Beekum

For the second time at an international transactional analysis conference, a "social dreaming matrix" will be offered as an early morning event during the ITAA World TA Conference in Johannesburg this coming August. The process of social dreaming draws on the traditional wisdom of early aboriginal culture (group dreaming) and the modern understanding of unconscious processes (individual dreaming) to explore the field of our collective interaction.

"Dreams belong to the emergent life of the group into which the dreamer dreams. Dreams transcend their individual meaning into a collectively held meaning; they are no longer only the possessions of individuals."

The first social dreaming event in the TA community was held during the 17th Western Pacific Association of Transactional Analysis (WPATA) conference in Sydney, Australia, in October 2006; it was later described and elaborated on in the *Transactional Analysis Journal* (van Beekum & Laverty, 2007). The conference in Johannesburg offers another opportunity to experience the rich world of sharing dreams and associations to dreams in the context of South Africa and global TA.

A dream is always a metaphor and reflects a working of the mind beyond categories that we associate with ego or self. Dreams are beyond language, yet we use language to express them. While dreaming, we engage in relationships with our environments and significant others, both by reviewing them and, arguably, by anticipating what is to come.

Social dreaming using the matrix has been practiced since the early 1980s and has caught the attention and imagination of many people around the world. Lawrence (1999) writes, "It [social dreaming] offers a window into the well-springs of our humanity and our creativity in that it makes use of the intuitive mind" (p. 20). Eric Berne would have loved it!

The social dreaming matrix is a place out of which something grows—rather like a womb—a place to question and to associate to dreams, which gives us the chance to move beyond the known and play together

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Gloria Noriega Wins the 2008 Eric Berne Memorial Award



The ITAA is pleased to announce that Gloria Noriega Gayol, Ph.D., is the winner of the 2008 Eric Berne Memorial Award for her work on the mechanisms for transmitting transgenerational scripts. The specific works cited for her nomination were "Codependence: A Transgenerational Script," published in the October 2004 *Transactional Analysis Journal*, and "Construcción y Validación del Instrumento de Codependencia (ICOD) para Mujeres Mexicanas [Construction and Validation of the Codependency Instrument (ICOD) for Mexican Women]," published in the April 2002 issue of *Revista Salud Mental*.

In her nominating statement, Mary Goulding described the importance of Gloria's work as follows:

Through a scientific study, Gloria highlights the importance of Eric Berne's theoretical concept of transgenerational scripts and makes an original contribution by describing four "transmission of script mechanisms" based on unconscious communication: ulterior transactions, psychological games, transference psychodynamics, and projective identification. She uses the concept of codependency as an example of a personal and cultural script that can be transmitted through several generations.

Gloria carried out a cross-sectional study on codependence and made an important contribution to the field of codependency by describing it as a relational problem more than a personal or familial psychopathology. She used transactional analysis to explain the results of her research and to show how cultural scripts were found to be the higher stress factor for developing a codependency script that is transmitted from one generation to the next.

Gloria highlights the importance of Eric Berne's theoretical concept of transgenerational scripts and makes an original contribution by describing four transmission of script mechanisms based on unconscious communication.

Her work also highlighted the academic importance of transactional analysis theory in the study of individual and relational psychology by means of an epidemiologic study, for which she created the Codependency Instrument (ICOD), a screening test to differentiate cases and noncases of codependency based in the theory of transactional analysis. Gloria describes four factors in codependency: the mechanism of denial, incomplete development of identity, emotional repression, and a rescuer orientation toward others. She described codependency as "a disorder in the area of interpersonal relationships."

In her research sample of 830 women in Mexico, Gloria showed the association between codependence and the following stress factors: early affective losses, domestic violence in the family

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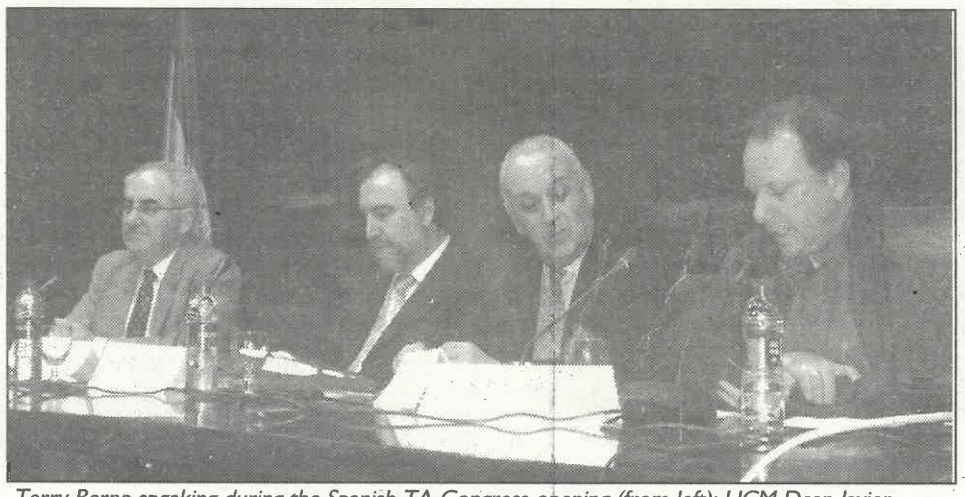
Spanish TA Congress Focuses on Berne and Scripts

by Felicísimo Valbuena

The 14th Spanish Transactional Analysis Congress was offered 6-8 March 2008 by Madrid's Complutense University (UCM) as part of a cycle dedicated to communications. The congress, "Life Script According to Eric Berne: Learning to Change Our Destiny," was attended by more than 80 mostly graduate students and was directed by Felicísimo Valbuena de la Fuente, professor of communication sciences at the university, which is Spain's largest (98,000 students) and one of its oldest and most prestigious. This year's congress was organized by the Asociación Española de Análisis Transaccional (AESPAT) in conjunction with the Asociación de Análisis Transaccional (ATA) and the Asociación Catalana de Análisis Transaccional (ACAT).



Terry Berne speaking during the Spanish TA Congress opening (from left): UCM Dean Javier Davara, AESPAT President Rafael Sáez, Congress President Felicísimo Valbuena, and Terry Berne

The aims of the congress included:

1. Updating the main issues surrounding Eric Berne's brilliant conceptual framework of life script
2. Approaching the concept of life script from different perspectives: communication, therapy, education, and organizations
3. Developing fertile theoretical lines for the twenty-first century
4. Demonstrating the potential of script theory in workshops with active participation of audience members

The congress opening took place in the Graduate Room of the Faculty of Information Sciences Department and was chaired by Dean of Faculty Francisco Javier Davara. Terry Berne, Eric's son and a resident of Madrid, spoke about the recent film *In the Valley of Elah*; he described how transactional analysis can help in understanding the film and perhaps also in solving the serious communication problems the film raises. Afterward, AESPAT President Rafael Sáez explained the objectives of the congress and invited the audience to participate with a spirit that combined enthusiasm for transactional analysis with the scientific rigor that is needed to consolidate

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Gloria Noriega

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of origin, family history of alcoholism, a partner with alcohol problems, an abusive partner, and a traditional submissive feminine script. Although many others have written on the dy-namics of alcoholic families, Gloria's research is unique in terms of family and cultural scripts and how they are handed down through generations.

In 2003 Gloria was awarded by the Secretary of Health in Mexico the prize for the best doctoral thesis in 2002 in the area of public health. This brought transactional analysis to the attention of psychotherapists and others in public health fields who previously were unaware of the theory.

Gloria is a Teaching and Supervising Transactional Analyst (psychotherapy), a former president of the ITAA, a current member of the ITAA Board of Trustees, former vice president of the Asociación Latinoamericana de Análisis Transacctional (ALAT), and director of the Instituto Mexicano de Análisis Transacctional (IMAT) in Mexico City.

Gloria will be given her award during the World Transactional Analysis Conference this August in Johannesburg, South Africa, and her acceptance speech will be published in an upcoming issue of the *Transactional Analysis Journal*.

Our congratulations to Gloria on this well-deserved award!

If you wish to offer your congratulations to Gloria directly, she can be reached at gnoriega @imat.com.mx .

Social Dreaming

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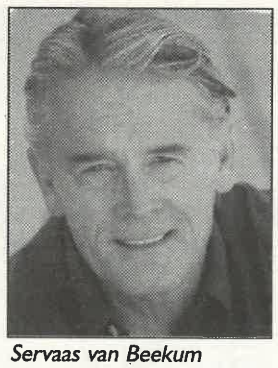
with the unknown. In this space we honor the collective, the dreams and the echoes-of-the-thoughts-that-are there, in the unconscious relational space between the many-in-the-mind. In that sense, dreams belong to the emergent life of the group into which the dreamer dreams. Dreams transcend their individual meaning into a collectively held meaning; they are no longer only the possessions of individuals.

The Johannesburg conference offers an opportunity to be part of the exploration of our collective unconscious in the context of transactional analysis and South Africa. Rainbow-nation South Africa and multiapproach transactional analysis are both places of hope and pain, where we can celebrate the new while remembering and valuing the old.

Consultants to the Johannesburg dreaming matrix include Servaas van Beekum, drs, TSTA, psychotherapist, supervisor, and organizational consultant in private practice in Sydney, Australia; Kathy Laverty, CTA, PTSTA, a psychotherapist in private practice in Sydney, Australia; and Herbert Hahn, MA psych., consulting psychologist, psychotherapist, and organizational consultant. For those who do not know Herbert, he was originally from South Africa and is now a senior Visiting Fellow at the



Servaas van Beekum



Kathy Laverty



Herbert Hahn

Centre for Psycho-Social Studies (UWE) in Bristol, England. He has a distinguished background and long experience and is a chartered clinical and educational psychologist, a group relations trainer, and a full member of the Group Analytic Society. He is an experienced social dreaming facilitator and will bring an interesting psychoanalytic perspective to our transactional analysis conference. In addition to managing the social dreaming sessions, the consultants (as may participants) will offer meaning and connections in relation to the task of the event in the context of the conference as a whole.

We hope you will join us from 8-9 am each morning of the conference to share your dreams and associate to your own and others' dreams, making links and connections to the wider communities of which we are part.

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PLEASE NOTE THE CORRECT contact information for the Johannesburg conference:

Web site: www.ta2008conference.org
e-mail: sataa2008@ripcord.za.com
Fax: +27 11 482 2836
Tel: +27 11 482 2835 (Estelle Lotter)
Mobile: +27 82 773 4363 (Sharon Kalinko)
Program/workshop info:
dsalters@iafrica.com

Examiners Sought

Plans are already in hand for exams to be held at the site of the 2008 World TA Conference in South Africa. Exams will be held on Wednesday 6 August, with institutes the following day and the conference opening on the evening of Thursday the 7th. Our intention for the 2008 exams is to do as much preparation as we can beforehand by recruiting examiners and supervisees and planning potential boards and supervisions. If you are a TSTA and are planning to attend the World Conference in Johannesburg and are willing to examine, please let me know! I also want to hear from CTAs or PTSTAs who want to examine or be a supervisee or audience member.

—Trudi Newton, BOC Cochair, can be reached at trudi.newton@btinternet.com

The Script

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2186 Rheem Dr., #B-1
Pleasanton, CA 94588-2775, USA
Phone: 925-600-8110
Fax: 925-600-8112
E-mail: itaa@itaa-net.org
Web site: http://www.itaa-net.org

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Note: Publication of advertising in *The Script* does not imply endorsement by the newsletter, the editor, or the ITAA.

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First USA TA Practitioner Program Is a Home Run

Thanks to the efforts of US trainers, local coordinators, ITAA's grant support, and an enthusiastic group of participants, the first Practitioner Program in the United States concluded successfully in January. While transactional analysis has been growing worldwide, it had rather stalled in the United States. Many trainers had stopped offering regular programs, so people who wanted training—or who had not yet heard of transactional analysis—were not being served.

Several years ago the USATAA Council decided to find new ways to meet these needs. Under the visionary leadership of Denton Roberts, we asked the ITAA to fund a project to renew interest in and the availability of transactional analysis training in the United States. With skilled trainers in the United States who have agreed to lead the programs pro bono, we are able to provide high-quality training at a reasonable cost. Abe Wagner helped think through the program and recruited trainers who were willing to travel and train. The training design is an innovative approach that will appeal to professionals who already have credentials in their fields. Val Chang and others had organized so-called "module programs" in Jamaica and Canada that are now formalized into a 5-weekend series with a detailed curriculum, beginning with a keynote evening and a mini-TA 101 to attract participants to sign up for more.



Participants in USATAA training: Sridevi Nagumalli (trainee) with new TA practitioners Chris Coats, Katharine O'Connor, Therron Hume, Laura Thomas, Willard Thomas, Kim McClelland, Stephen McCann, Sandy Humphreys, William Mills, Chuck Holland (trainer), Carter Holland, and Mary Mills at the conclusion of the first US training

At the same time, we have been putting much energy into becoming a continuing education provider for counselors, social workers, and psychologists. In the United States, this is an essential value for licensed professionals. We are thrilled with the success of this initial US offering in the Dallas/Fort Worth area of Texas. It has demonstrated the value of transactional analysis to a new group of people. Further, many of these people are motivated to continue transactional analysis training and to join both USATAA and the ITAA. That is what we had hoped for.

There is now talk of starting another program in Fort Worth in October and one in Boise, Idaho, as soon as the logistics are worked out. Denton called on Maryln Crossen Moon, Jim Wrightsman, and Jim Hirt to help with the launch, and Chuck Holland stepped in midway to carry it to a successful outcome, teaching as well as managing. Chuck was assisted by his son Carter Holland—the next generation. Other regions are in exploratory phases, and we are seeking local organizations, such as treatment centers, for cosponsorship, participants, and training sites, and additional local hosts and trainers who will give of their time. A welcome side effect is that new people are looking for training from Teaching and Supervising Transactional Analysts. Perhaps this will encourage qualified trainers to sign training contracts so that transactional analysis in the United States will again be a robust, growing, professional community.

The original version of this article was published in the Winter 2008 issue of the USATAA-NET. Our thanks to Angela Berquist and Dianne Maki for their help and permission to republish it here.

AFTER HE SAID HELLO

edited by Pam Levin

With Gratitude and Memories

by Rickie Moore

Gazing at a lovely gold pin honoring 30 years of membership in the ITAA, I was filled with gratitude. Reflecting on the past 3 decades brought amazing memories.

I remember, long ago and far away, back in the late 1970s, as a graduate student at the Fielding Institute, I stumbled on Eric Berne's (1976) message in *Beyond Games and Scripts*. This one-volume collection of his writings (thanks to Claude Steiner) nurtured my soul as a fledgling psychologist. John Gladfelter and Bob and Mary Goulding had convinced me that transactional analysis was a valuable method for simplifying the terribly complicated task of growing up . . . sane. They made it clear that TA's invaluable concepts are comprehensible and user-friendly.

Simultaneously, Alexander Lowen taught me bioenergetics, and I discovered that the combination worked well: Transactional analysis gave me a map into the psyche, and bioenergetics helped me understand the mind/body connection. Kundalini yoga and a shaman in Peru convinced me that I needed to awaken the spirit too. These influences, coupled with Berne's words, strengthened my determination to link body interventions and spiritual practices with my use of transactional analysis.

I was intrigued by Berne's wonderful discussion of intuition, first published in 1947. "Intuition is subconscious knowledge without words, based on subconscious observations without words, and under the right circumstances it is more reliable and accurate than conscious knowledge based on conscious observation" (Berne, 1976, p. 35). I figured that if a genius like Eric Berne could trust his intuition to the extent he obviously did, I could trust mine. I began leading "Playshops": large therapeutic groups that helped people find inner peace through personal work, building community, and experiencing the wonder of nature.

Berne gave me a clue about how to proceed when he wrote, "For certain fortunate people there is something which transcends all classifications of behavior, and that is awareness; something which rises above the programming of the past, and that is spontaneity; and something that is more rewarding than games, and that is intimacy" (Berne, 1964/1968, p. 162). That statement gave me permission to use a variety of methods to foster awareness, spontaneity, and intimacy. I turned to transactional analysis, bioenergetics, and gestalt, mixed them together with yoga, mantras, meditations, and a dash of shamanism. The mixture brewed into what I call "Tri-Energetics." It provides a simple structure into which a variety of approaches can be incorporated.

Here is a brief example of how transactional analysis was used in Playshops and how it came to be taught in Tri-Energetic counseling courses. Tri-Energetics offers the attitudes of flexibility, tolerance, and curiosity as guideposts for healthy relationships and focuses on needs, wants, and intentions. Transactional analysis emphasizes which ego state a person is in during a transaction. Clarifying which ego state someone is in when he or she wants something helps the person reconcile incompatibilities of needs and intentions. For example, someone says, "I want that job but I want to sleep late." Perhaps the Critical Parent ego state says, "You'd better take that job, or else." This forces the Rebellious Child to say, "I'd rather sleep in." Understanding the conflict gives the Adult ego state a chance to process the data and decide whether or not to take a job that requires getting up early. By discovering what the needs of each ego state are, we can more easily discover our patterns, develop clear intentions, and make way for change.

Transactional analysis allows a Tri-Energetic therapist/counselor to focus on the needs, wants, and intentions of the Parent, Adult, and Child ego states. That is precisely why for problem solving, self-awareness, and emotional issues, we teach the concepts, theories, and practical applications of transactional analysis. In the late 1980s, after years of leading Playshops with my husband, psychologist Henry Marshall, we moved to The Netherlands and began teaching a holistic 3-year course in "how to counsel" to students throughout Europe. Our students in the Tri-Energetic Counselor Training were talented adults with little or no background in mental health who had the courage to pursue personal growth as a path to helping others. The course was a smorgasbord and transactional analysis was the entrée.

The broad application of transactional analysis to therapeutic, educational, and business contexts was a big support to my dream of including professionals and lay people in a helping network. To design a course that would empower people to be therapeutic helpers—no matter what profession they practiced for a living—and to begin leading large groups I desperately needed support to follow my intuition. So I followed Berne's pointers. "Further study of intuition from the point of view of Transactional Analysis indicates that this faculty belongs to the Child ego state. If the Child is left free of influences from the Adult and Parent ego states intuition is at its best" (Berne, 1976, p. 36). In all our groups we enhance intuition through activation of the Child ego state by sitting in circles on cushions on the floor. "The advantages of social contact revolve around somatic and psychic equilibrium. They are related to the following factors: (1) the relief of tension, (2) the avoidance of noxious situations, (3) the procurement of stroking, and (4) the maintenance of an established equilibrium" (Berne, 1976, p. 59). I created ways for people to release their tensions through laughing, screaming, dancing, chanting mantras, and so on. We established a "no gossip" rule, ensuring psychological safety. Hugging became integral to daily activities, and five hugs a day were suggested. We established and preserved a wonderful equilibrium of openness, expressiveness, and trust.

We use tape recordings (often video, as well) to help students learn by listening to (and watching) themselves in action. But once again, Berne's wisdom has been a good guide, this time to soothe the otherwise worried technician. "The rule for listening to tape recordings is: If you can't hear what the patient is saying, don't worry about it, because usually he isn't saying anything. When he has something to say, you'll hear him, no matter how noisy or poor the recording is" (Berne, 1976, p. 258).

On my quest of the past 20 years to integrate simple methods that both nonprofessionals and professionals could use effectively, two intentions have guided me: first, to raise the visibility and perceived value of counseling for solving the more basic, common problems facing Western culture today, and second, to make it easier for students to understand and overcome problems, discover simple ways to resolve conflicts, learn more about human behavior, develop intuition, and become more peaceful. As a teacher of people whose mother languages were French, German, Dutch, and Flemish, Berne's simple clarity sustained my intention to simplify the art and science of counseling and to pass on to my students the best of what I had learned.

I have drawn strength from Berne in fulfilling my other intentions as well. These include creating a supportive community of people dedicated to reaching their own potential while helping others; offering exposure to interventions in the somatic, psychic, and spiritual domains; and emphasizing the importance of humor, play, community, and service. According to Steiner (2007), "The beginnings of transactional analysis, firmly grounded in Berne's pragmatic interest in science, were arguably overly invested in Adult-centered, rational theories and relatively disinterested in people's bodily and emotional aspects" (p. 309). I have found guidance from Berne-the-intuitive, whose words spoke to me between the lines written by Berne-the-scientist. Like Berne, I dared to follow my intuition and taught meditation, mindfulness, yoga, mantras, and the unity of the soma, psyche, and soul.



"I figured that if a genius like Eric Berne could trust his intuition to the extent he obviously did, I could trust mine."

Eric Berne gave me permission to follow my heart and the courage to develop Tri-Energetics and Playshops. They became realities in part because of his encouragement. As a therapist working in an amazingly unpredictable world, I take his words to heart: "For the group therapist to be the master of his own destiny requires a commitment which misses no opportunity to learn, uses every legitimate method to win, and permits no rest until every loss has been thoroughly analyzed so that no mistake will ever be repeated" (Berne, 1976, p. 318). I remain grateful to Eric Berne and transactional analysts everywhere.

Rickie Moore, Ph.D., is a psychologist, author, workshop leader, and yoga teacher. She developed Tri-Energetics, a therapeutic system for simplifying the difficult task of growing up. Please send e-mail to inpeace@inpeacenet.com or check the Web site at www.inpeacenet.com .

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Steiner, C. (2007). Stroking: What's love got to do with it? *Transactional Analysis Journal, 37*, 307-310.

TAJdisk—*TAJ Articles on Disk*

The TAJdisk is a research tool designed to complement and promote the existing *TAJ* paper journal. It is designed to run on a Windows PC and has the following features:

- Includes 1600 *TAJ* articles from volumes 1-36 (i.e., from 1971-2006 inclusive). (A small number of pre-April 1993 articles will not be included where authors have refused permission to republish.)
- The collection of articles can be searched by title, author, year, or content. A search result will show a list of all articles found.
- Each article can be viewed, searched, or printed for personal use.

The TAJdisk is available for £79 (currently about US$158), which includes worldwide shipping. A percentage of each sale is received by the ITAA, and bulk purchase discounts are available for training organizations.

Full details and purchasing are available at www.tajdisk.co.uk .

ITAA WEBSITE: www.itaa-net.org

The ITAA website provides comprehensive information about every aspect of the ITAA. Recent additions to the site include links to upcoming international, national, and regional activities as well as membership criteria and an application form. If you want your website linked from the ITAA site, please forward the site address (URL) to webmaster@itaa-net.org . Please also forward any suggestions, feedback, and information for upcoming events.

Nominations for Board of Trustee Positions

The ITAA is pleased to announce the following nominations for open board positions:

President-Elect: Lorna Johnston, Canada

Vice President of Development: Anne de Graaf, Netherlands

Secretary: Dawn McBride, Canada

Treasurer: Pete Shotton, England

Australia/New Zealand: Kathy Laverty, Australia

Because there are no contested positions, there will be no election.

ITAA Membership Meeting and Proxy Form

Members are urged to attend the 8 August 2008 membership meeting from 5-7 pm in Johannesburg, South Africa. If you cannot attend, please fill out the proxy form below. The ITAA Bylaws state that the quorum for conducting business at the membership meeting is 50 voting members or 5% of the qualified voting membership, whichever is smaller. Please sign and mail the form to the ITAA by 25 July 2008 or file it with the ITAA secretary at least 30 minutes before the scheduled time of the meeting. This general proxy will only be used to establish a quorum.

Proxy Vote Form

I (please print)_____ herewith assign my proxy vote to the secretary of the ITAA or to (print name)_____ to be used only to establish a quorum at the membership meeting of the International Transactional Analysis Association, convening on 8 August 2008 at 5 pm in Johannesburg, South Africa.

Signature: _____ Date:_____

Welcome to New Members

New Members	Membership Sponsor
February 2008	
Alethea Mary Rachel Douglas, Scotland	—
James M. Hirt, USA	—
Stephen McCann, USA	—
Kimberly McClelland, USA	—
Mary Ruth Mills, USA	—
Seyed Mohsen Mirmajidi, Iran	—
Kiara Mortazavi, Iran	—
Sridevi Nagumalli, USA	Charles Holland
Katharine O'Connor, USA	—
John Owens, USA	—
Kristin Perkins, USA	—
Alejandra Guzman Pineda, Mexico	Gloria Noriega
Kamran Roostaee, Iran	—
Sarah Skok, Slovenia	—
Karen Stuart, UK	Annie Murray
Rev. Erin Todd, Canada	Shirley Mirka
March 2008	
Enez Malita Bosley, UK	—
Karyn Hierl, USA	—
Young-a Kim, S. Korea	—
Karyn Krawford, Australia	—
Tomislav Markovski, Macedonia	—
Maryam Alsadat Hosseini Moghaddam, Iran	—
Flechelle Morin, USA	Patricia Allen
Allen Nash, Australia	—
Hiroko Oka, Japan	—
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New Members	Membership Sponsor
April 2008	
Jennifer Allan, UK	—
Sylvie Atkins, Scotland	—
Cristiana Silvestrini, Italy	—
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David Peter Johnsen, New Zealand	—
Vicki Johnson, USA	—
Thomas Kaider, USA	—
Juan Jose Lopez-Jurado, Spain	—
Kenichi Miyama, Japan	—
Marij Peeters, The Netherlands	—
Joan Perayre, Spain	—
May 2008	
Shayesteh Bashardoust, Iran	—
Rachel Curtis, UK	—
Kousuke Fujiwara, Japan	—
Hiroshi Higuchi, Japan	—
Helena Marko, Slovenia	—
Park Yong Min, S. Korea	—
Shizuka Sato, Japan	—
Magdalena Sekowska, Poland	—
Mai Takahashi, Japan	—
Sandy Therry, Australia	Linda Gregory
Heather Rosemary Warne, Australia	—

ANNOUNCING THE NEWEST RELEASE FROM TA PRESS



Explorations in Transactional Analysis: The Meech Lake Papers

by William F. Cornell

This intimate collection of lovingly crafted and scholarly papers by Bill Cornell is most certainly destined to become a classic in the field of transactional analysis. All the more impressive is the fact that the author—long recognized as one of the preeminent authorities on not only transactional analysis but also body-centered psychotherapies—never loses track of either the pivotal role played by the body in the therapeutic encounter or the central importance to healing of both top-down and bottom-up processing of information and energy (the first the province of transactional analysis, the second the province of the body therapies). Ever the integrator (of mind and body, head and heart, theory and practice, the old and the new), Cornell—as both writer and clinician—possesses that rare gift of being able to hold the tension created by the delicate balance that exists between respecting that which is known unequivocally and honoring that which can never be fully known, adroitly avoiding the temptation to jump to premature closure in order to ease the anxiety of uncertainty.

In his never-ending quest to understand ever more deeply and ever more richly the therapeutic dance in which both client and therapist participate in their attempts to find each other, Cornell dares gently to challenge established beliefs in order to venture, unfettered by dogma, into uncharted waters so that he can discover his own. An original thinker, a brilliant writer, and an extraordinarily heartfelt and wise clinician, Cornell invites the reader to join him in his explorations of the breathtakingly intricate and complex processes that get played out transactionally between client and therapist as they negotiate their way through the hard places that will inevitably arise at the intimate edge of their authentic engagement. He offers the reader a ringside seat alongside of him as he shares his reflections on various aspects of the therapeutic encounter, soulful reflections that are at once moving, compassionate, personal, and revealing.

In describing two of his most important mentors (Mort Johan and Jim McLaughlin), Cornell notes with generous admiration their capacity for ruthless self-scrutiny, relentless curiosity, rebellious creativity, and piercing intelligence. As far as I can tell, every single one of these descriptors could just as appropriately be applied to Bill himself, who, in this magnificent chef-d'oeuvre representing the culmination of well over twenty years of intensive immersion in the field of transactional analysis, has managed, indeed, to accomplish the goal he had set out to accomplish, namely, to make sure that transactional analysis does not ossify. With volumes like this, the field can only evolve to ever-higher levels of integration, complexity, and refinement over the course of the years to come. Who would have thought that I, a classical psychoanalyst by training, would have found myself so engaged and, yes, dazzled!

Martha Stark, M.D., Clinical Instructor in Psychiatry, Harvard Medical School, Faculty, Massachusetts Institute for Psychoanalysis, author of textbooks on psychoanalytic theory and practice

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Participants in Sean Manning workshop in Adelaide (top row, left to right): Dennis Carapetis, Karinna Johnstone, Sean Manning, Gary Outten, Janeene Anderson, Gregory Damaskos, and Maureen Cook; (middle row, left to right): Heather Warne, Nicky Glover, and Vicki Angel-Size; (bottom row, left to right): Trish Senior-Karl, Heather Atkin, and Rosemary Taylor (photo by Maureen Cook).

Sean Manning, Group Dynamics, and the Queen Street Centre

by Maureen Cook

On 8-9 March 2008, in the middle of a record-breaking heat wave in Adelaide, Australia, the Queen Street Centre of Integrative Psychotherapy welcomed New Zealand-based Sean Man-ning to run a 2-day workshop titled "Group Dynamics: Principles of Group Treatment." Second- and third-year students training with Rosemary Taylor, Director of the Queen Street Centre, came together for the first time as one group to participate in this weekend course.

The first morning was spent meeting Sean and each other by answering his question, "What have you come here to learn from me?" From the replies and the dialogues that followed, Sean wove in interesting theory about group dynamics. He also spoke about the importance of keeping to time; of how if someone needs attention, give it to them; and how if someone has not spoken, acknowledge it before a group ends.

The afternoon started with a fish bowl, something I had not experienced before. The two leaders, Sean and Rosemary, talked about the group in front of us and we, the group members, could not interrupt. Rosemary reflected that during the mornings proceedings, Sean had "seduced" everyone in the group and wondered where the shadow might be. The group then processed in a lively manner, and conflicts arose as we took positions and aired our script issues.

We finished day one hearing Sean's paper from the 2006 Collaroy conference, in which he discussed human emotions and their effect on the brain. He talked about the work of Daniel Siegel with some interesting side roads into Antonio Damasio's work *Looking for Spinoza.*

On day two Sean gave an interesting and enlightening PowerPoint presentation on attachment and the developing brain. Then the practical groupwork began. Two pairs of third-year trainees and a third- and second-year trainee pair ran three groups. The topic to discuss was "What are you learning here" and the direction was to try to bring personal script issues to bear on the answer. Feedback was given by Sean and Rosemary and then the group.

A closing feedback session followed by a group photo ended a successful, enjoyable, and interesting learning weekend. The thing that struck me right at the beginning of this great weekend was Sean starting by saying, "You'll notice I don't have any notes with me."

Maureen Cook is a third-year trainee with Rosemary Taylor at the Queen Street Centre of Integrative Psychotherapy in Adelaide, Australia. She can be reached via e-mail at maureencook5 @bigpond.com .

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Taibi's Drivers and presentations of Scripts provide a second-by-second means of knowing if a person is "open" to how we are speaking, as well as the level of distress the person is experiencing and how the person is likely to sabotage his or her success.

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Perhaps the most fascinating aspect of the model is the concept of "Phasing" and the Developmental Stages and related Issues that precipitate it. Phase changes are times in which we experience prolonged, intense distress, work through that distress, and emerge with a new motivational outlook. The model identifies the Issue to resolve for each such phasing Type.

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Please follow the instructions to authors on the inside front cover of any recent issue of the *TAJ*. Please e-mail manuscripts to *TAJ* Managing Editor Robin Fryer, MSW, at robinfryer@aol.com .

Spanish TA

continued from page 1

TA as a mainstream approach in communication, psychology, education, and organizational development. Felicísimo Valbuena, AESPAT Vice President and Congress President, stressed the high quality of the presentations and a fundamental innovation of the congress. The technical teams at the Complutense University would be recording the lectures and workshops, which would then be made available on the Complutense Web site. The opening ended with the dean describing his knowledge of and enthusiasm for transactional analysis, which has been presented in classes at UCM for the last 30 years.

The first paper was presented by Mariano Bucero, who explained with great erudition what he calls "Berne's Territory." He raised the question of the various denominations of the concept of script and related in detail its fundamental elements not only to illustrate to congress attendants but to detect any controversial issues. Following this, participants divided into two groups: Some attended Jesús Cuadra's workshop, entitled "How to Explore Our Experiential Script," while others went to Graciela Padilla's workshop on "Interpersonal Relations and Life Scripts in Television Series on Hospitals in the 1970s, 1980s, and 1990s." These two offerings demonstrate how the congress sought to meet the needs of clinical knowledge as well as those related to communications, education, and organizations.

In the afternoon, Carmen Thous presented her paper on Berne's conceptual framework as it can be applied to a historical character as important as Isabella the Catholic. During her lecture, Thous showed that Berne's concepts are complex but powerful for interpreting a historical period. In another classroom, Josep Lluis Camino and Arantxa Coca presented a paper about script and couples. In the workshops, Mario Salvador elaborated on "The Script in the Body: Somatic Decisions and Therapeutic Tools for Intervention." He showed how to effect changes in script decisions in clinical practice. In another workshop, Felicísimo Valbuena applied Eric Berne's script apparatus to the protagonist in the television series *House, MD*.

During the second day, the congress evolved along several fronts. Jose María Román, one of the pioneers of transactional analysis in Spain, lectured about "Sense of Humor as a Component of Intelligence and a Personality Trait: Eric Berne's Contributions." Indeed, Berne had a great sense of humor and it is interesting to explore humor further from his perspective. In other morning workshops, Arantxa Nadia Coca-Vila discussed the dramatic and topical subject of "Parental Alienation Syndrome: Permissions and Injunctions: The Alienated Child's Script"; Ana Cuetos addressed her workshop on "How to Improve Your Sense of Humor" to participants, who were involved in exercises and experiences that she proposed; and Consuelo Rollán and Carmen Cecilia Ruiz explained how they had developed research in several countries about "Educational Parental Styles and Children's Family Adaptation: Educational Styles, Ego States, and Life Script."

In the afternoon, Antonio Ares offered in his paper an approach to organizational transactional analysis, explaining "Passive and Proactive Behaviors in Script." Francisco Massó, another of the pioneers of transactional analysis in Spain and with many years of clinical practice, theorized about "Wandering Cain: Violence Script among Adolescents." In the workshops, Jose Luis Martorell, author of a book on scripts, tackled a highly topical subject: "The Abuse Victim's Script: Interventions in the Short and Long Term." Concepción Aguíñiga showed, with a great deal of originality, a technique that she finds effective in clinical practice: "Dolls and Puppets as Facilitators of Script Cure."



Attendees listen intently at one of the lectures during the 2008 Spanish TA Congress

On Friday night there was a congress dinner at Playa Riazor Restaurant in the historic center of Madrid, during which participants shared about their experiences in a more relaxed atmosphere than the working congress.

The last day of the congress began with a roundtable, during which Mariano Bucero and Lluís Casado argued about controversial issues in script theory: "Berne Territory: Influences, Un-consciousness, and Determinism in Script and What Do You Say After Saying 'Hello'?" or "Psychology of Human Destiny?" In the workshops, Milagros Castro Lucas demonstrated the many possibilities of "Strokes in Couple Life." Felicísimo Valbuena presented the findings of research done by a team he heads and their work in four cities in Spain; his presentation was titled "The Andersen and Grimm Brothers' Tales as Script Models to Prevent Youth Drug Addiction and Alcoholism." Eva Aladro Vico and Rafael Sáez explained how the same research team had conducted a study of communication games in television series favored by young people (e.g., *The Simpsons, Los Serrano*). Finally, in another roundtable, Rafael Sáez, Mario Salvador, and Felicísimo Valbuena discussed the current state of Spanish publications about transactional analysis and prospects for future years. During the past 2 years, important books about transactional analysis have appeared in Spain. Some, like those of Massó and Valbuena, are by Spanish authors. Others are reissues of classic transactional analysis books, including a new and careful translation of Berne's *Games People Play*, the first volume of selected articles from the *TAJ*, and Stewart and Joines's *TA Today*. AESPAT's great project is to achieve the republication of Eric Berne's books in Spain (currently they are scattered in several editions) and to form an Eric Berne collection. AESPAT board members are convinced of the need to make Berne's books more accessible because they think that the originality of his concepts and his style can attract new generations to transactional analysis much better than if people only know Berne through handbooks, anthologies, or articles.

There has been significant improvement in the Spanish journal *Revista de Análisis Transaccional y Psicología Humanista*, which now has the high standards required in scientific journals. The editorial team has set as its primary objective placing *Revista* among the most important in the field of social sciences.

The 14th Congress enjoyed the patronage of Liberty Insurance and collaboration with the newspaper group Prensa Ibérica, which devoted an entire page of free advertising for the congress in 16 newspapers. In November 2005, Felicísimo Valbuena organized a course entitled "Eric Berne: 35 Years Later," which resulted in the book *Eric Berne: Teórico de la Comunicación* [Eric Berne: Communication Theorist] featuring all of the lecture and colloquia presented during the course. The organizers of the 14th Transactional Analysis Congress plan to publish another book, with Berne's script theory and practice as the main topic.

In the new European framework of university education, known as Plan Bologna, the organizers of the congress are planning a European Master of Transactional Analysis, which will be valid for all European Union countries. Thus, transactional analysis will receive university recognition that it lacks in other countries.

Felicísimo Valbuena, MA, is a professor of communication sciences at Madrid's Complutense University (UCM) and AESPAT vice president. He can be reached at fvalbuen@gmail.com .

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	BOC	30 Oct. 2008	Rotorua, New Zealand	30 July 2008
	COC	14 Nov. 2008	Neustadt, Germany	1 Aug. 2008
TSTA EXAM	COC	3 July 2008	Slovenia	1 Jan. 2008
	BOC	6 Aug. 2008	Johannesburg, S. Africa	6 Feb. 2008
	COC	14 Nov. 2008	Neustadt, Germany	1 May 2008
CTA Written	All Regions (Non-Europe)	Your choice	Submit to Regional Exam Coordinator after paying $50 fee to T&C Council	Your choice
TEWs	BOC	August 2008	Johannesburg, S. Africa	April 2008

* COC CTA exam candidates who are doing the COC written case study must submit it no later than six months before the oral exam date. Details/application available from the COC Language Group Coordinators.

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To arrange to take a BOC exam, contact the T&C Council, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA. Note: COC people sitting for BOC exams must forward the equivalent of the EATA fee to the T & C Council office. **To arrange to take a COC exam**, contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $450 ITAA members/$600 non-ITAA members payable in US dollars to T&C Council, c/o the T & C Council office, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

KEEPING IN TOUCH

European Region

Relational Transactional Analysis Conference to be held in London, England: On Saturday, 5 July 2008, there will be a 1-day conference on "Exploring Themes of the Relational Unconscious." The aim of the day is to deepen understanding of the unconscious and implicit relational knowing as it applies to relational clinical work. Presentations will have a particular focus on loss and melancholia alongside the dilemmas posed by the use of self-disclosure and the impact and role of language in relational psychotherapy. For more information, see www. metanoia. ac.uk/workshops/conferences/taconf.htm .

Barbara Traynor visited Istanbul, Turkey, in April 2008 to present a 2-day TA 101 at the social center of the Technical University of Istanbul. The same group, with additional participants, also received a 1-day 202 training with an emphasis on organizational transactional analysis entitled "Leadership Styles."



Participants in the TA 101 presented by Barbara Traynor in Istanbul in April 2008 (front row, left to right): Aknur Ak Karaduman, Didem Tugayoglu, Barbara Traynor, Fatma Torun Reid, Ozlem Beker, and Oya Guclu.; (back row, left to right): Gulsun Kalfazade, Cansu Ozbek Unal, Sezai Aydin, Rana Acarturk, (half seen) Sule Taray Tanju, and Gul Ozan

Latin American Region

The next yearly meeting of the Asociación Latinoamericana de Análisis Transaccional (ALAT) and its 28th CONGLAT will be held in Venezuela from 5-8 November 2008 in Maracaibo, Venezuela. According to organizing committee chair Dr. Monico Carvajal of Venezuela and ALAT President Dr. Antonio Pedreira of Brazil, there will be many academic presentations as well as opportunities for camaraderie and tourism. The gathering will comprise three major events at the same time: the 28th Latin American TA Congress, the 15th Venezuelan TA Congress (AVAT), and the 1st Venezuelan Congress of Psychology. It will take place on the campus of Rafael Urdaneta University, next to beautiful Lake Maracaibo. The theme of the congress is "A Look at the Future." Joaquín Granados of Costa Rica, a member of the ITAA Board of Trustees, encourages transactional analysis people from all over the world to attend. There will also be an opportunity to continue exploring possibilities for a future joint conference with the ITAA in Perú next year. For more information, please see www.avat.com.ve/ and www.uru.edu/congresopsicologia and subsequent links.

All Regions

Many old issues of the *Transactional Analysis Journal*, beginning with August 1972, are available from Geraldine Wallman, who would like to give them to a person or place where they would be useful. If you are interested, please contact Geraldine at gwallman@igc.org .

TA CONFERENCES WORLDWIDE

5 JULY, 2008: London, England. Relational Transactional Analysis Conference. Contact: Metanoia Institute at 020 8579 2505 or see www.metanoia.ac.uk .

25-27 JULY 2008: Bangalore, India. South Asian Association of Transactional Analysts Conference. Contact: Ms. Annie Cariapa at anicariapa@yahoo.co.uk .

7-10 AUGUST 2008: Johannesburg, South Africa. TA World Conference sponsored by ITAA/EATA/WPATA/SATAA. Contact: www.TA2008conference.org .

30 OCTOBER - 2 NOVEMBER 2008: Aus-tralasian TA Conference. Rotorua, New Zea-land. Contact: Mandy Lacy at starpotential@ xtra.co.nz .

5-8 NOVEMBER 2008: Maracaibo, Venezuela. Asociación Latinoamericana de Análisis Transaccional (ALAT) 28th CONGLAT, 15th Venezuela TA Congress, and the 1st Venezuelan Congress of Psichology. For information, see: www.avat.com.ve/ and www.uru.edu/congresopsicologia and subsequent links.

IN MEMORIAM

Remembering Leonard Ghan

by Janice Dowson

Leonard Ghan passed away 6 March 2008 at the age of 69. A few days after he received his cancer diagnosis in January 2008, Leonard asked me to bring my laptop to the hospital, where he dictated a letter to his friends and colleagues on the ITAA Forum Internet discussion list. With his customary directness he said, "I find myself in the peculiar situation of landing in the hospital with a diagnosis of cancer of the lungs and liver. Cigarettes kill!" A few weeks later, he resumed his Forum correspondence when he returned home to "sleep under his own blankets," happy to be "sprung" from the hospital. Leonard continued to correspond with the Forum until his return to palliative care in early March.

Leonard had dedicated his life to transactional analysis since 1964, when he studied with Eric Berne and eventually became an ITAA Teaching Member. In his "eight weeks of intensive training . : . under the auspices of the San Francisco Social Psychiatry Seminars," Berne (1964) observed that Leonard "showed an immediate aptitude for the objective Martian approach to therapy and organization" (p. 129). In 1965 he was invited to become an ITAA Director. Leon-ard was involved in psychiatric hospitals and prisons in the early years of his career. Later he practiced transactional analysis as a counselor for a group medical practice in the health clinic experiments of the Saskatchewan government and taught TA at the University of Saskatchewan.

Like his pioneering family—who carried water, planted grain, and built a community on the Canadian prairie—Leonard carried transactional analysis from San Francisco to sow it in the Canadian west. As the founder of the Canadian Transactional Analysis Association, he worked with other sod-buster types such as Yvonne Fries, Florence Olivier, and later Vince Gilpin to see that transactional analysis took root in Canada.

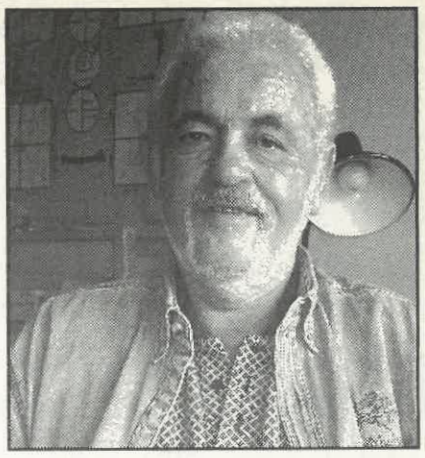
"He was an excellent example of what I call ideological congruity: He walked the talk and practiced what he preached."

"The Hebrew word for garden is 'ghan,' " Leonard told me several times. For over 50 years, he tended the seedlings of a transactional analysis community in Canada. When I met Leonard at a Canadian Transactional Analysis Association (CATA) conference in the mid 1970s, he immediately persuaded me to attend a board meeting, then urged me to accept his nomination to the board of directors, where I spent several years. As if he were planting little grains in the prairie wheat fields, Leonard regularly reminded people of what Berne said and what he thought about conceptual theoretical issues such as the "problem of the self" that Leonard addressed in his article on the "Monkey Puzzle Tree" (Ghan, 1977). I was privileged to know a little of his dynamic "self," his "interopsyche" (Ghan, 1977), his passion for gardens of all types and his passion and scholarship about transactional analysis.

Leonard called me "his colleague down the hall" and later "his friend" after he moved his psychotherapy practice to Surrey, British Columbia. During these 30 years we had regular coffee over the phone and met for lunches every couple of months with other colleagues and friends to discuss transactional analysis theory and organization at a variety of cafes; Leonard named these gatherings "the Canada Café." He cared a great deal about transactional analysis and worried over the growing pains it experienced over the last 20 years in Canada and the United States. I do not think a day passed that he did not think about the theory and application of transactional analysis.

It was also clear that Leonard cared a great deal about the people he worked with as well as his friends and family. I have watched him work with my students and seen the remarkable results of his work with patients. He was an excellent example of what I call ideological congruity: He walked the talk and practiced what he preached.

Throughout his brief battle with cancer, Judith, his loving wife of 48 years, was by his side. It has been my blessing to witness their love and devotion to one another over these many years. During Leonard's last few months, they faced each challenge together, with palpable caring and amazing optimism. Leonard offered a steady diet of strokes to hospital staff, learning each person's name and a few details of his or her life, and often invited staff and visitors to have an orange from the large case that sat by the door of his hospital room. He introduced his friends, caregivers, relatives, and neighbors to



one another with bull's-eye and carom transactions. "Please take an orange" . . . "This is my neighbor, he is a good man" . . . "Janice, they are taking good care of me here."

I will miss our regular coffee chats, occasional disagreements, and conversations about transactional analysis, literature, growing up in rural Canada, politics, and people. Most of all I will miss his loyal friendship, his brilliance, his remarkable intuition, and his wicked sense of humor. I am really blessed to have known him and walked alongside him for these 30 years.

Janice Dowson is a Teaching and Supervising Transactional Analyst (Psychotherapy) and founder/director of Touchstone Counselling in Maple Ridge, British Columbia, Canada. She can be reached by e-mail at: info@touchstonecounselling.ca .

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