ITAA The Script

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOL. 36, NO. 1 JANUARY-FEBRUARY 2006

TAJ Articles Now Available On Disk

by Graeme Summers

In September 2002 I proposed a project to the ITAA that would make the articles published in the *Transactional Analysis Journal* available in digital form on disk. As a UK trainer, I was keen to provide a learning resource for my transactional analysis colleagues and trainees that would assist them in studying and researching the rich body of material in the *TAJ*. A previous attempt by DPI to market a CD of *TAJ* articles had survived only briefly before the company went out of business. I proposed developing this new resource through my existing digital publishing and programming business, 123web. My aim was to launch a superior product at about half the price. After detailed negotiations with then ITAA president Gordon Hewitt (on behalf of the ITAA board), we reached an agreement in August 2003 that 123web would develop this disk subject to checking copyright issues.

Unfortunately, the copyright issues took much longer to work out than anyone had anticipated, involving significant legal consultation and the dedicated commitment of ITAA staff. In particular, Robin Fryer and Lisa Rosenstreich worked extremely hard to try to locate and obtain copyright assignment from the almost 800 authors of articles published in the *Journal* between 1971 and 1993 as well as taking other measures necessary to fulfill legal recommendations. After completion of that project, the ITAA was able to clarify the copyright status of the *TAJ* material in question, and we could proceed with publication.

The *TAJdisk* is a research tool designed to complement and promote the existing *TAJ* paper journal. It will not be annually updated, but a new volume will be produced every 5 years if there is sufficient demand.

The *TAJdisk* is designed to run on a Windows PC and has the following features:

- Includes most *TAJ* articles from volumes 1-30 (i.e., from 1971-2000 inclusive). (A small number of pre-April 1993 articles will not be included where authors have refused permission to republish.)
- The collection of articles can be searched by title, author, year, or content. A search result will show a list of all articles found.
- Each article can be viewed, searched, or printed for personal use.

The *TAJdisk* is available now for £59 (currently about $104), which includes worldwide shipping. A percentage of each sale is received by the ITAA, and bulk purchase discounts are available for training organizations. Full details and purchasing are available at www.tajdisk.co.uk .

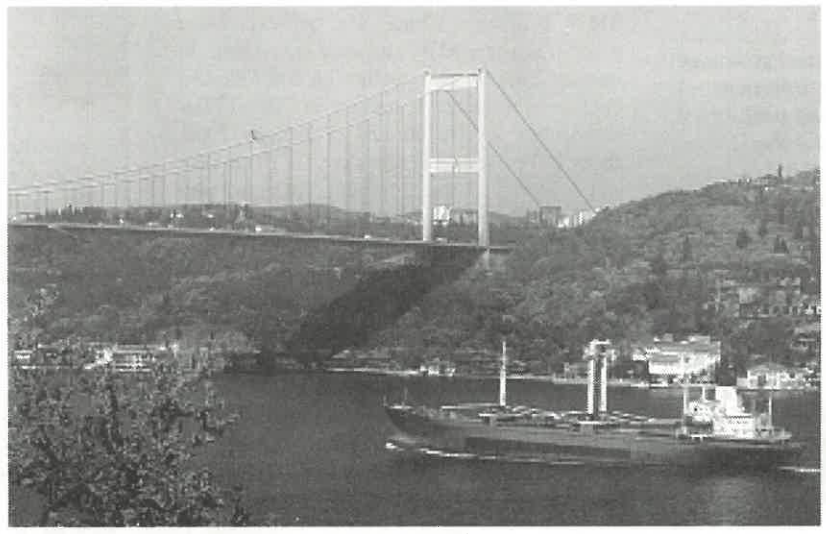
An Invitation to the 2006 Istanbul Conference

Trust and Uncertainty in the 21st Century

by James R. Allen

Of the world empires that existed in 1900, the British was the richest and most powerful. However, by 1902 it had suffered military defeats and humiliation at the hands of two tiny anarchic states of strongly religious farmers who had formed themselves into an amateur army: the Boers. In that war, one of the orderlies in the Indian ambulance corps was a young lawyer named Mohandas K. Gandhi. The year 1900 itself saw the publication of one of the most revolutionary books ever written, *Die Traumdeutung* (*The Interpretation of Dreams*), but a few years later, in 1938, Freud had to pack his belongings and flee to London as a result of the rise of the Nazis in Europe.

Now, in the early years of the 21st century, we are faced with new sources of uncertainty and turmoil: globalization; plutocracy and north-south economic differentials; shifting political and cultural alliances; the emerging economic growth of China and India; the consequences in the Mideast of diplomatic decisions made after World War I; the recent passing of "old guard" leaders in several countries; invaders, jihadists, and terrorists of all persuasions; genetic and stem-cell manipulation; environmental shifts and degradation; AIDS; tensions between religion and secularism and between politics and the military; and a host of other issues that compete daily for our attention. For the first time in history, all this information is immediately accessible worldwide through our Internet noosphere. However, it is unclear just how much of this material or which interpretations of it can be trusted.



Bosphorus, Fatih Sultan Mehmet Bridge, Istanbul

What better place to examine the issue of "Trust and Uncertainty in the 21st Century" than in Turkey, a country at the intersection of two continents and the site of uncertainty and change since the misty interstices of legend and history, of historical time and eternity: Jason and the Argonauts on one of the West's first Hero journeys, Hector and Ulysses before the walls of Troy, Artemis at Ephesus, Noah on Mt. Ararat, and

continued on page 7

Transactional Analysis at Work in China

by Thomas Ohlsson

Capital Normal University (CNU) in Beijing has started a transactional analysis training program. In this brief article, written in January 2006, I describe the program and what led up to it.

Deng Xiao Ping's reform policy opened China to the world in 1978, and we now see the result. With an annual economic growth close to 10%, China is rapidly changing. New high-rise buildings are going up in every city, and high-quality communication infrastructures are spreading widely. The export industry is booming. It is quite likely that some clothing or object that you are wearing or have within easy reach was "made in China." The living standard for hundreds of millions Chinese has improved, for many dramatically.

But there are 1300 million people in China, one fifth of the world's population. The gap is widening between rich and poor, between cities and rural areas, between those who have access to a good livelihood and those who do not. Communism and capitalism live in a unique and precarious marriage, and there are still people alive who were born in the Qing dynasty. Four thousand years of recorded imperial history and more than 2000 years of Confucian education and ethics provide a powerful counterinfluence to both communism and capitalism.



Participants in course held in July 2005 at Capital Normal University in Beijing with Thomas Ohlsson (bottom center). Professor Tian Guoxiu (dressed in green and white) is fourth from the right in bottom row. Interpreter Zhong Gulan (white sweater) is third from the right in second row from bottom. The text on the picture reads: "The second transactional analysis study training class memorial group picture. Capital Normal University Golden Eagle Culture 2005 year 7 month."

China's post-Mao reentry into the world is not unproblematic, however. The 19th century opium war—when the British Empire pushed drugs on a global scale—and subsequent aggressive Western colonization almost killed China as a nation. The historical perspective may still be too short to take smooth international relations

continued on page 2

Special Insert on Instanbul Conference — See Page 3

TA in China

continued from page 1

for granted. There is also an inborn communication conflict, particularly in writing, between the world's most widely used language, English, and the biggest native language in the world, Chinese.

These brief observations may or may not be relevant for understanding the tension, pressure, and stress that many people in China experience today. In fact, there are growing concerns in China about mental health problems, which are now acknowledged as a major issue in Chinese society. Consequently, there is a need for practical methods with which to face the challenge and an active search to find and develop such methods.

Transactional analysis is one of the originally Western methods that has been "found" and put to work in China. Some "finders" were teachers at Beijing universities, and the people "found" were us, the TA teachers at the Institute for Life Therapy (IFL) in Malmö, Sweden.

In 2004, professor Yang Mei at the Psychology Counseling Center of Capital University of Economics and Business had just published a Chinese textbook on personality theory. In one section of the book she introduced Eric Berne and transactional analysis, noting that it is so unique that she found it hard to group it under either psychodynamic or cognitive theories. She also wrote that she considered transactional analysis to have great potential value for use in the Chinese culture.

That same summer I presented my research on transactional analysis therapy with drug addicts at the 28th International Congress of Psychology in Beijing, and Yang Mei was in the audience. After the presentation she contacted me and was interested to learn that I had already worked as a transactional analysis teacher and supervisor for many years in a Chinese setting. Specifically, together with my colleagues Annika Bjork and Roland Johnsson, I have cooperated with the Taiwan TA Association and Sissel Knibe since 1986. On Yang Mei's initiative, I was invited by the Beijing Mental Health Association to do a 5-day transactional analysis course for counselors and therapists. This course was held in April 2005 in Beijing with participants from many areas in China.

During the summer and fall of 2005, two more 5-day transactional analysis courses (including 2 days of a TA 101) were held in Beijing and Shenyang. In addition, a brief, ongoing transactional analysis self-experience group (once a week for 4 weeks) for graduate psychology students was run at Beijing Normal University. The course in Beijing was arranged by professor Tian Guoxiu at Capital Normal University together with Zhao Mei of Beijing Mental Health Association, and the course in Shenyang was arranged by William Chen of American Management Association, China, jointly with BMW Brilliance, China. The self-experience group was arranged by professor Hou Zhijin. In January 2006 I taught another TA 101 followed by 3 days of advanced training at Capital Normal University. By the end of January 2006, about 150 persons had taken the TA 101 course and 3 days of advanced training, including personal script work. In January 2006, almost half of them went on for 4 more days of TA 202 training. This marked the actual start of a long-term transactional analysis program that Capital Normal University in Beijing and IFL in Malmö are now running until 2008.

The objective of the joint project is to train counselors and therapists already working in the health care field to use transactional analysis as a practical treatment method. All three transactional analysis teachers at IFL will teach, and eventually more TSTAs may become involved. CNU has appointed me head foreign transactional analysis teacher. There will be six periods of teacher-led TA 202 training. Peer study groups are meeting in between those times. A China TA-net homepage has been set up, and work is in progress to form a China transactional analysis organization. From the summer of 2006 there are plans to expand the program to other regions in China. It is our hope that many of our Chinese colleagues will find and develop transactional analysis so that it becomes an effective method to promote personal happiness and well-being among their clients.

There is a humanistic foundation for transactional analysis in Chinese philosophy: Insistence on the basic goodness of human nature. Mencius expressed it as follows: "The tendency of man's nature to good is like the tendency of water to flow downward. There are none but have this tendency to good, just as all water flows downwards" (Works of Mencius, book VI, part 1). Using a well-known transactional analysis phrase from two millennia later, we express the same idea: "I'm OK–You're OK."

Thomas Ohlsson, PhD, is the head foreign transactional analysis teacher at Capital Normal University in Beijing, China, and a member of the teaching faculty of the Institute for Life Therapy (IFL) in Malmö, Sweden. His interest in Chinese culture dates back to 1965, when he first met his wife, Maureen, a Strait's born Chinese from Malacca, Malaysia. He then learned about transactional analysis in the early seventies, so it is especially interesting and satisfying for him to now see transactional analysis developing in mainland China. He can be reached at thomas@livsterapi.se .

ITAA *The Script*

The Newsletter of the International Transactional Analysis Association
2186 Rheem Dr., #B-1
Pleasanton, CA 94588-2775, USA
Phone: 925-600-8110
Fax: 925-600-8112
E-mail: itaa@itaa-net.org
Web site: http://www.itaa-net.org

Editor: William F. Cornell, MA
Managing Editor: Robin Fryer, MSW
Desktop Publishing: lockwood design
Printing: MarinSun Printing

Subscription Rates:
$10 as part of all ITAA membership dues; not available by separate subscription

Advertising Rates:
Classified Ads: $5/per 80 characters/spaces

Display Ads: Copy should be camera-ready

Ad Size	Rate	Width	Height
1/16 pg	$50	2" (5cm)	3" (7.6cm)
1/8 pg	$90	4½" (11.5cm)	3" (7.6cm)
1/4 pg	$170	4½" (11.5cm)	6" (15.2cm)
3/8 pg	$250	4½" (11.5cm)	9¼" (23.5cm)
1/2 pg H	$330	9¼" (23.5cm)	6" (15.2cm)
1/2 pg V	$330	4½" (11.5cm)	12¾" (32.4cm)
9/16 pg	$370	6¾" (17.2cm)	9¼" (23.5cm)
Full pg	$625	9¼" (23.5cm)	12¾" (32.4cm)

Deadlines for copy and advertising—first of the month prior to the month of publication. (*The Script* is not published in January, May, or September.) Deadline: 1 February for the March issue; 1 March for the April issue.

Note: Publication of advertising in *The Script* does not imply endorsement by the newsletter, the editor, or the ITAA.

The Script (ISSN 0164-7393) is published monthly except January, May, and September by the International Transactional Analysis Association. The subscription rate is $10/year as part of dues for all classes of membership. For information on dues rates for various membership classifications, contact the ITAA office at the above address. Periodicals postage paid at Pleasanton, California, and additional mailing office. POSTMASTER: Send address changes to *The Script*, 2186 Rheem Dr., #B-1, Pleasanton, CA 94558-2775. © 2006 International Transactional Analysis Association, Inc.

Published on recycled paper

Nominations Sought for ITAA Officer and Trustee Positions

The ITAA is seeking nominations for the following elected positions:

Officers *(nominations allowed from any region and elected at large by all ITAA voting members)*

Vice President of Operations (2007-2009)
Vice President of Research and Innovation (2007-2009)
Treasurer (2007-2009)

Regional Trustees: *Term of Office 2007-2009 (only voting members from a given region may be nominated and only voting members from a given region will vote for the trustee to represent that region)*

1 from United States/Canada/Mexico
1 from Central/South America
1 from India/Asia/Africa

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. To be eligible for nomination, trustees may not have already served two consecutive terms of office in any position on the board. Position statements (charters) that describe the function and selection criteria for each of the officer positions are available from the ITAA office. Nominees are encouraged to read and understand these before accepting nomination.

Send nominations to the ITAA office, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA; e-mail: itaa@itaa-net.org ; phone: 1-925-600-8110; fax: 1-925-600-8112. **The deadline for nominations is 31 May 2006.**

Election Procedures: As per the ITAA bylaws (revised 1996), if there is no more than one candidate per position, there will be no ballot, and the results of the election will be announced in *The Script* newsletter. If there is more than one nominee for a position, a ballot will be mailed to all voting members within 60 days of the close of nominations. The deadline for return of ballots is 60 days from the date of mailing. The results of the election will be announced to the candidates within 30 days after the election results are determined and to the voting membership as soon as practical thereafter.

TA and the ITAA Make Good Showing at Conferences

by Gaylon Palmer

The ITAA was well represented at the recent Evolution of Psychotherapy Conference held in Anaheim, California, 6-11 December 2005. We sponsored a lively booth with the help of Jim Allen, Brett Anthony, Fanita English, Joy Furner, Gaylon Palmer, and Marian Weisberg. There were more than 8,000 attendees at the conference, and the program included ITAA members Mary Goulding as a speaker and Ellyn Bader as a moderator.

Our booth attracted many visitors, most of whom were surprised and pleased we were there. Often people would mention by name their transactional analysis therapist or trainer, and many wanted to pass on messages to someone they had lost track of over the years. People were attracted by our products, and talked about transactional analysis teachers with whom they had studied. One person looked at the picture of Isabelle Crespelle and Carlo Moiso on their groupwork videotape and immediately exclaimed, "I studied with him!" Many attendees wanted to find books that have been out of print for some time as well as people with whom they had lost touch. This suggests a possible challenge for us: how to provide those products and the connections that people need when they have lost track.

During the time we were there, we passed out 3000 copies of *The Script*, the content of which had been written with the conference in mind. We also had our Web site prominently displayed along with our product catalogues and a flyer about Jim Allen's book, which was for sale at the conference bookstore. There is no question that having a strong presence at this conference was a valuable and positive experience.

In 2005 the ITAA sponsored four booths at major conferences: the World TA Conference in Edinburgh in July, the USATAA Conference in Nashville in October, the International Coaching Federation Conference in November in San Jose, California, and finally the Evolution Conference in Anaheim in December. We begin 2006 with a booth at the American Group Psychotherapy Conference in San Francisco in February. We are looking for people to volunteer at that booth and others throughout the year; if you would like to help, contact me at gaylonlcsw@aol.com . It is a great way to meet people and to represent your organization and transactional analysis.

We are also interested in hearing about other conferences at which we might have booths. The criteria is that the conference be related to our mission and be international in scope. If you have suggestions, please contact me as soon as possible because it takes a while to organize such an effort. I look forward to hearing from you.

Gaylon Palmer, MSW, is ITAA vice president of development. She can be reached at gaylonlcsw @aol.com .

TA CONFERENCES WORLDWIDE

JULY 26-29 2006: Istanbul, Turkey. International TA Conference sponsored by ITAA and TAD. Contact: info@ta2006.org or secretariat@ta2006.org; Website: www.ta2006.org .

SEPTEMBER 7-9 2006: Bahia, Brazil. XXVI Latin American TA Association Conference. Contact: Antonio Pedreira (ALAT President) at atpedreira@uol.com.br or call 71 3237-2035/3331-6855; or contact Noeliza Bianchini at noeliza@directnet.com.br .

NOVEMBER 17-19 2006: Sydney, Australia. 18th Australasian TA Conference. Contact: Nadine Emmerton at nemmerton@primusoline.com.au .

Istanbul TA World Conference

"Trust and Uncertainty in the 21st Century"

26–29 July 2006
Hyatt Regency Hotel



St. Sophia, Istanbul

Organized by the Turkish Transactional Analysis Association (TAD) and the International Transactional Analysis Association (ITAA) and supported by the ASAM Counseling Center



A Message from ITAA President Jim Allen

Trust, that secure base that gives us the freedom to explore the many aspects of ourselves and others, is the very foundation of growing self-knowledge and relatedness with others. In times of uncertainty, however, we tend to close up, to split and project, to seek simple solutions that reduce both the complexity and richness of our lives. What better place to explore these issues than Istanbul, a storied city of many names, many cultures, and many transitions?

A Message from TAD President Fatma Reid



Just as Istanbul—the host site of the 2006 TA World Conference—connects the two worlds of Europe and Asia, we believe that our theme—'Trust and Uncertainty in the 21st Century'—captures the core conflict between a basic need and the existential dilemmas of our times. We invite you to join us in exploring multiple perspectives on this theme as you meet new colleagues and experience the history and dynamism of our pulsing city. Beyond the play of ideas and professional exchanges, we hope you will see your conference visit here as an opportunity not only to explore Istanbul but also to get to know Turkey's other historic sites, beaches, and hospitality.

Conference Web site: www.ta2006.org

Conference Social Events

Early-bird welcome cocktails to those who arrive early at one of the most picturesque sites in Istanbul (Monday, 24 July 2006)

A Bosphorus cruise between the two continents of Europe and Asia with cocktails and hors d'oeuvres served on a privately chartered cruise boat (Thursday, 27 July 2006)

The gala dinner will highlight the social calendar of the conference, offering a unique sight, special menu, and live music (Saturday 29 July 2006)

PROPOSALS DEADLINE EXTENDED

The site of this year's conference is extraordinary, but it is the content of the program that will make it exceptional. Join us by presenting a workshop on a challenging topic for our times: "Trust and Uncertainty in the 21st Century." **The final deadline for workshop proposals has been extended to 15 March 2006.**

Keynote Speakers



Bill Cornell

"THE INEVITABILITY OF UNCERTAINTY, THE NECESSITY OF DOUBT, AND THE DEVELOPMENT OF TRUST"

A life well lived is never constant. A life lived with vitality necessitates uncertainty, turmoil, and conflict, both intrapsychic and interpersonal. Many people, nevertheless, seek lives of certainty, security, and constancy, turning to family, spouses, lovers, governments, and religions to provide the illusion of stability and safety. Our professions as psychotherapists, trainers, and teachers have all too often become ensconced in the demand for safety, protection, and constancy, but those are seductive illusions. The first 5 years of this century and this millennium have demonstrated yet again that neither governments nor religions deliver what they promise. What is the role of the therapist, teacher, and/or consultant in the face of an uncertain world and the uncertainties of life? I will argue that it is essential that individual and group psychotherapy and their related endeavors (teaching, counseling, training, and organizational consulting) create a learning environment within which individuals can experience and explore uncertainty, ambivalence, conflict, and doubt. These—in contrast to safety, nurturance, protection, and constancy—are the experiences that lay the foundation for genuine and resilient trust. It is hard work.

William F. Cornell, MA, TSTA, studied behavioral psychology at Reed College in Portland, Oregon, and phenomenological psychology at Duquesne University in Pittsburgh, Pennsylvania. Following his graduate studies, he trained in transactional analysis and body-centered psychotherapy. Bill has published more than 30 journal articles and book chapters, many exploring the interface between interpersonal, body-centered, and psychoanalytic modalities. He is editor of the ITAA Script *newsletter, coeditor of the* Transactional Analysis Journal, *and editor of* The Healer's Bent: Solitude and Dialogue in the Clinical Encounter, *a collection of the psychoanalytic writings of James McLaughlin, for which Bill wrote the introduction. With Helena Hargaden, he is also coeditor and author of* From Transactions to Relations: The Emergence of Relational Paradigms in Transactional Analysis. *Bill maintains an independent private practice of therapy, consultation, and training in Pittsburgh, Pennsylvania, and leads frequent training groups in Europe.*

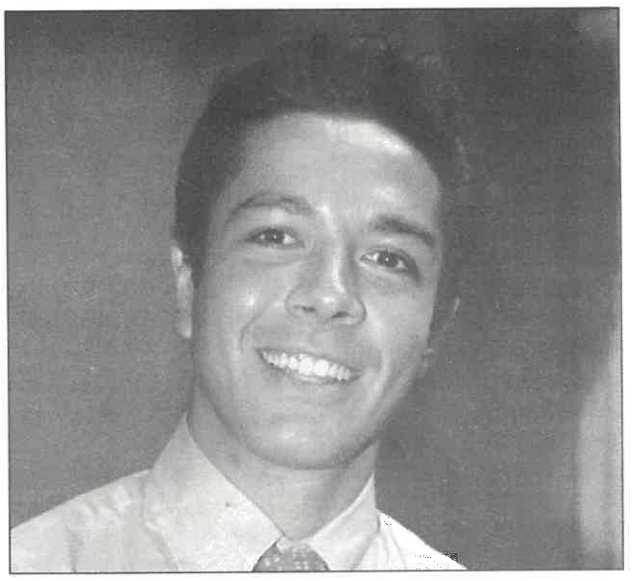


Adrienne Lee

"THE EDGE OF CHANGE"

When we are on the edge of change—whether it be political, organizational, or therapeutic—we may have to experience fully the reality and intensity of uncertainty before seeking solutions. I am fascinated by the existence and energy in this space, one in which we must remain open in order to allow choices and experiences to evolve. The capacity to trust—knowing that is may be exploited, disappointed, or abused—is a challenge for the human spirit. I will share some of my thoughts about trust in relationship and trust in our society and how this links with how we make meaning and transformation in our lives.

Adrienne has been a mother, university teacher, and psychotherapist for more than 30 years and was one of the first people in the United Kingdom to practice and train people in transactional analysis. She founded and is codirector of The Berne Institute in Nottingham, UK, which has more than 150 trainees in transactional analysis and has its CTA training program accredited by the Middlesex University as an MSc in transactional analysis psychotherapy. She is a founding member and former chair of the UK's Institute of Transactional Analysis (ITA) and the current president of the European Association of Transactional Analysis (EATA).



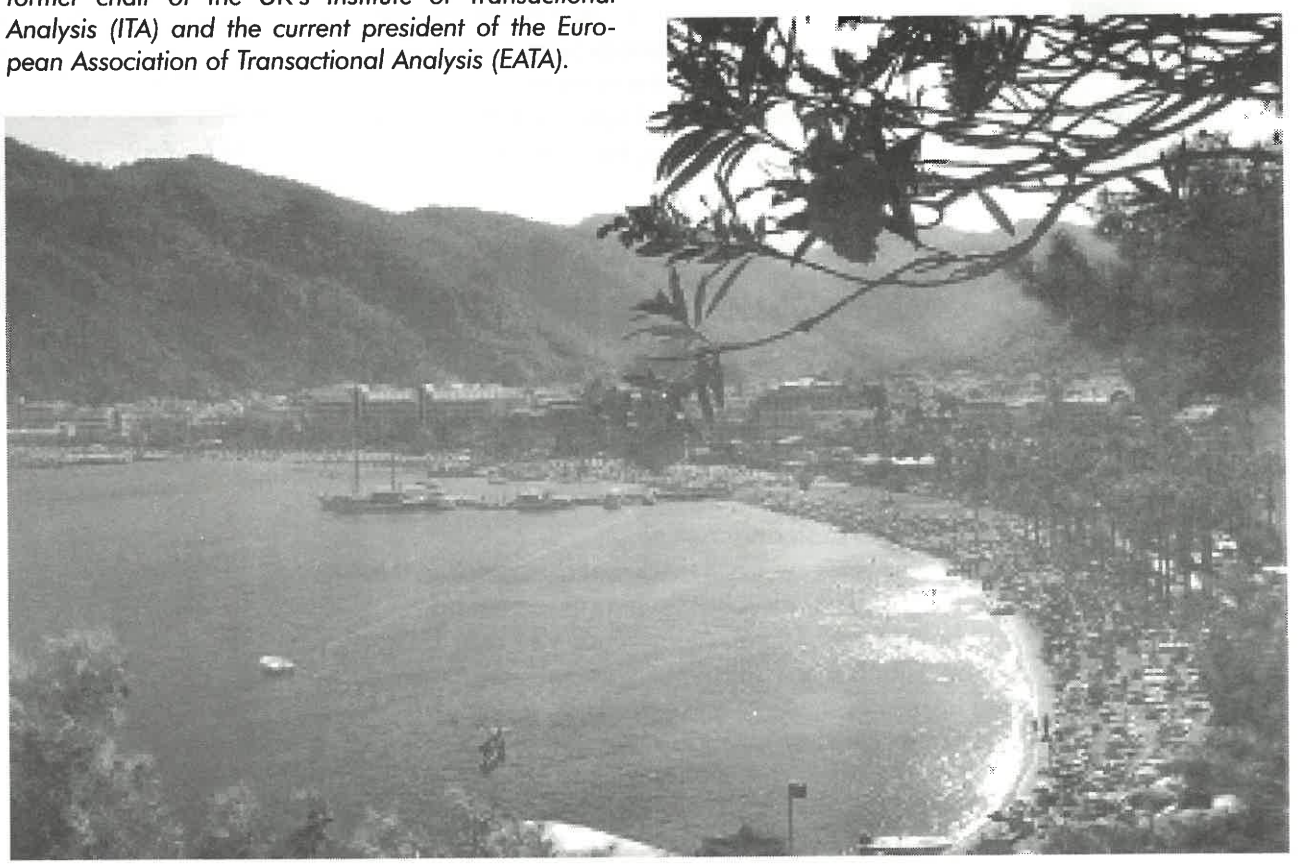
Gianpiero Petriglieri

"STUCK IN A MOMENT"

Can you trust a speaker who is uncertain, months in advance, about the content of his keynote speech? If so, why? If not, why not? Or maybe you can, but only to an extent. Is that, then, real trust? Many of us live in a cultural and psychological atmosphere of profound uncertainty, fueled by the perception of a relentless pace of change. In this milieu of constant flow, creating and sustaining trust—and trust's close relative, commitment—appears harder than ever. As a result, we, our clients, and our organizations may find ourselves stuck in moments of defiant loneliness or, even worse, hopeless confusion. This keynote will explore the creative potential concealed in such moments and the opportunity they present for the recovery of hope and the discovery of possibilities.

Gianpiero Petriglieri, MD, is adjunct professor of organizational behavior at INSEAD in Fontainebleau, France. He is a psychiatrist and psychotherapist in private practice and president-elect of the ITAA.

Marmaris, Mugla, southwest Anatolia



Preconference Institutes

Julie Hay



"Organizational Culture Change"

25 July 2006

Julie Hay, MA, TSTA (O, E), has over 40 years of extensive experience in industry, government, and the public sector, including 12 years with British Airways. She has been an "ordinary" employee as well as a supervisor, staff representative, safety representative, manager, trainer, and internal and external consultant. She is currently chief executive of training consultancy A D International and of Sherwood Publishing and managing director of Psychological Intelligence Ltd. Julie is chair of the Institute of Developmental Transactional Analysis (IDTA), a past president of both the European and the International Transactional Analysis Associations, and a founding director and current secretary and "Coordinator Pan-Europe" of the European Mentoring and Coaching Council. She has postgraduate qualifications in management and international accreditation as a trainer/supervisor in organizational and educational applications of transactional analysis. She also has international trainer certification in neurolinguistic programming and is the author of numerous articles, audiotape sets, and books. She has presented workshops worldwide for over 25 years, having trained managers in North/South/Central America, Australia, India, the Far East, and various European countries.

Dolores Munari Poda

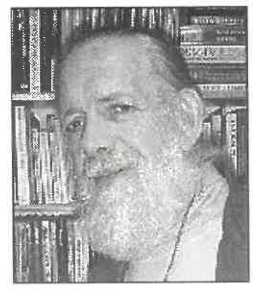


"The Transactional Analysis Child Therapist: Theory and Presentation of Clinical Cases"

25 July 2006

Dolores Munari Poda is a Teaching and Supervising Transactional Analyst in private practice in Torino and Milano, Italy. She works with children and parents and also teaches transactional analysis child therapy in Milan (Scuola di Specializzazione in Psicoterapia), Torino (Istituto Torinese di TA), and Padova (Scuola di Specializzazione in Psicologia Clinica dell'UniversitB di Padova).

Gordon Law

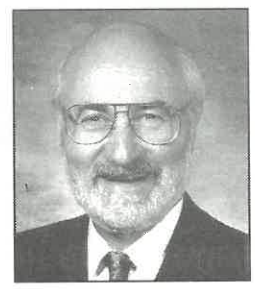


"Existential Role Imago Contact Analysis"

25 July 2006

Gordon Law, MEd, TSTA (P), is a director of training at IMPACT in the United Kingdom. He has maintained a psychotherapy practice since 1974 and has an interest in integrating transactional analysis, gestalt, Ericksonian hypnotherapy, and meditation. He currently serves on the editorial board of the *Transactional Analysis Journal*.

Abe Wagner



"Breaking the Communication Barrier: TA + NLP = Synergism"

26 July 2006

Abe Wagner, MSW, TSTA, is a Master Practitioner-NLP and a corporate trainer and author who has done training in 40 countries. He has served as a resource to many Fortune 500 companies and has been recognized by TEC Worldwide for over 200 presentations to CEOs with an excellent rating.

Bill Cornell



"Writers' Workshop"

26 July 2006

Bill Cornell, MA, TSTA, has published more than 30 journal articles and book chapters, many exploring the interface between interpersonal, body-centered, and psychoanalytic modalities. He is editor of the ITAA *Script* newsletter, coeditor of the *Transactional Analysis Journal*, and editor of *The Healer's Bent: Solitude and Dialogue in the Clinical Encounter*, a collection of the psychoanalytic writings of James McLaughlin, for which Bill wrote the introduction. With Helena Hargaden, he is also coeditor and author of *From Transactions to Relations: The Emergence of Relational Paradigms in Transactional Analysis*. Bill maintains an independent private practice of therapy, consultation, and training in Pittsburgh, Pennsylvania, and leads frequent training groups in Europe.

Jean Illsey Clarke



"Find Out How Your Favorite Teaching Style Helps (or Hinders?) Learning"

26 July 2006

Jean Illsley Clarke, PhD, TSTA, is an accomplished workshop leader and nationally certified and internationally known parent educator. She will draw from her book, *Who, Me Lead a Group?* for this workshop. She is also the author or coauthor of several books about families, including *Self-Esteem: A Family Affair; Growing Up Again, Parenting Ourselves, Parenting Our Children; Time-In: When Time-Out Doesn't Work;* and *How Much is Enough? Everything You Need to Know to Steer Clear of Overindulgence and Raise Likable, Responsible, and Respectful Children*. She has designed, tested, and taught accompanying courses and trained thousands of facilitators. She won the 1995 Eric Berne Memorial Award in the area of practice applications for her work in applied transactional analysis in parent education and was designated 1999 Distinguished Alumni of the Year by the Human Ecology Department of the University of Minnesota and in 2001 by the College of Education and Human Development.

Istanbul: One City, Two Continents

The city of Istanbul is truly a city of diversity, stretching as it does across the continents of Europe and Asia, with two delicate bridges that grace the blue waters of the Bosphorus. Istanbul is a gateway to the past and the future, to the ancient and the modern, where, while some head home from nightclubs and bars, others heed the call to prayer that echoes from ancient minarets. Istan-bul's history as imperial capital to the Roman, Byzantine, and Otto-man Empires is reflected in all its splendor in its museums, churches, and great mosques. It is a metropolis proud of its rich history and unrivaled natural beauty. Although not the capital, Istanbul remains the heartbeat of the nation of Turkey.

Dolmabahce Palace, Istanbul



CITY TOURS

Explore Istanbul with one of our half-day or full-day tours, which will include both historic and cultural highlights, such as the Blue Mosque, Topkapi Palace, the Grand Bazaar, the Museum of Turkish and Islamic Art, the Museum of Ancient Civilizations and Archaeology, the Modern Museum of Art, Rahmi Koc Museum, the Hippodrome, Hagia Sophia, St. Saviour in Chora, Underground Cistern (Basilica Cistern), the Egyptian Bazaar (Spice Market), and a not-to-be-missed Bosphorus Cruise. Registered accompanying persons are invited to participate in the Ottoman and Byzantine Monuments tour on 28 July 2006 as this tour is included in registration fees.

Conference Schedule

Monday, 24 July 2006
Preconference Meetings (BOT)

Tuesday, 25 July 2006
Preconference Meetings (BOT & TACC)
Preconference Institutes

Wednesday, 26 July 2006
Preconference Institutes
Examinations
Conference Registration
Opening Reception

Thursday, 27 July 2006
Plenary Opening Session
Workshops (3 hours)
Lunch
Workshops (1.5 hours)
Wrap-up Session Highlights of the Day

Friday, 28 July 2006
Plenary Session
Workshops (3 hours)
Lunch
Workshops (1.5 hours)
Wrap-up Session: Highlights of the Day

Saturday, 29 July 2006
Workshops (1.5 hours)
Break
Workshops (1.5 hours)
Lunch
Workshops (1.5 hours)
Plenary Closing Session
Gala Dinner

Sunday, 30 July 2006
Training Endorsement Workshop
City Tour
Postconference Tours

Monday, 31 July 2006
Training Endorsement Workshop

Tuesday, 1 August 2006
Postconference Tours

Conference Registration

Registrations will only be taken into consideration if the registration form downloaded from http://www.ta2006.org is fully filled out and sent to the conference secretariat together with the full registration fee. Please note that each delegate must complete a separate registration form.

	EARLY REGISTRATION UNTIL 15 MARCH 2006	LATE REGISTRATION AFTER 16 MARCH 2006
Members (ITAA, EATA, TAD)	€ 350	€ 400
Other Delegates	€ 375	€ 425
Low GNP Countries*	€ 225	€ 250
Local Students**	€ 125	€ 150
Accompanying Person	€ 175	€ 200

* *In limited number. Participants from developing countries may also apply to the ITAA for supplementary assistance for registration payment.*

** *Lunch and opening reception are not included.*

Accommodations

Rooms have been reserved at the conference site (the Hyatt Regency Hotel) and other nearby hotels at special rates. If you wish to stay at one of these hotels, please include your choice on the registration form for the conference, which can be downloaded from http://www.ta2006.org .

HOTEL NAME	CAT.	SINGLE ROOM	DOUBLE ROOM	DEPOSIT	BREAKFAST & VAT
Hyatt Regency Hotel (conference venue)	*****	€ 140	€ 155	€ 280	Included
Eresin Taksim Best Western Hotel	****	€ 110	€ 130	€ 220	Included
Nippon Hotel	****	€ 85	€ 100	€ 170	Included
Seminal Hotel	***	€ 70	€ 80	€ 140	Included

Cancellation and Refunds

CONFERENCE REGISTRATION: Until 15 March 2006, 75% of the registration fees will be refunded. Between 16 March and 15 April 2006, 50% of the registration fees will be refunded. After 16 April 2006, refunds will no longer be possible.

ACCOMMODATIONS: Until 15 March 2006, the deposit less a € 100 administrative charge will be refunded. Between 16 March and 15 May 2006, the deposit cannot be refunded. After 16 May 2006 there will be no refunds.

All cancellations should be in writing and addressed to the conference secretariat.

Please send the balance due for accommodations to the conference secretariat by 12 May 2006 at the latest. Delegates are asked to settle any incurred expenses in the hotel—such as mini bar, additional meals, laundry, and so on—during checkout.

IMPORTANT NOTE:
REFUNDS CAN ONLY BE PROCESSED AFTER THE CONFERENCE.



Cappadocia, central Anatolia

Contacts

Turkish Transactional Analysis Association (TAD), Omer Pasa Sok. Muhtar Ozkaya Sitesi. B Blok D:5, Bagdat Caddesi - Istanbul, Turkey; Tel: +90 216 411 4627; Fax: +90 216 363 3484; info@ta2006.org

Hyatt Regency Hotel, Taskisla Cad. No. 1 Taksim, 80090 Istanbul, Turkey; Tel: +90 212 368 1234; Fax: +90 212 368 1000; http://istanbul.regency.hyatt.com

Conference Secretariat, Visitur Travel and Tourism Inc., Sehit Muhtar cad. Ozerk Ishani 17/2 Taksim, 34437 Istanbul, Turkey; Tel: +90 212 254 3230; Fax: +90 212 254 2783; secretariat@ta2006.org

90 212 254 3230



Ephesus, Izmir, west Anatolia

Postconference Tours

Turkey is a 1000-mile open museum of the histories that shaped modern civilization. You will find Greek temples, theaters, and agoras; the arenas and provincial villas of Rome; Hellenistic statues and architecture; the 1500-year-old mother churches of state Christianity; and the great mosques of Selçuk and Ottoman Islam. Turkey has hosted four empires and for successive ages was the imperial center of the two great religions—first Christianity, for 400 years, and then Islam, for another 400. Homer was born on these shores. So were the Apostle Paul, the philosopher Diogenes, the historian Herodotus, and the foundation ideas of the physical sciences. This is where Hippocrates, the father of clinical medicine, lived and taught; Aristotle taught here, too, and married. From Istanbul in the west to the foothills of Mt. Ararat in the east, Turkey offers world-class cuisine and an array of pristine beaches regularly singled out in global travel guides.

EPHESUS AND THE EPHESUS MUSEUM: In ancient times, its favorable location at the mouth of the Cayster River made it the foremost commercial city of a coastal region that also included the cities of Miletus, Smyrna, and Pergamon. The city has been excavated for more than 100 years; the extensive remains are predominantly from the later Roman period.

PERGAMON: This is one of Turkey's oldest civilized settlements; it has been inhabited from prehistoric times through the Ionic Age and Roman and Byzantine civilizations. To the southwest of Pergamon is Asclepion, an important health center of the ancient world. The Acropolis founded on top of a steep hill (330m) makes this area a fascinating stop for history-loving tourists.

APHRODISIAS: The name of the city derives from the Greek name for the goddess of love. Within the borders of Caria, during the Roman period, Aphrodisias became an artistic center with a famous school of sculpture.

MARMARIS: In winter it is a small fishing town, but in summer Marmaris is an attractively organized tourist resort. It is situated on the Aegean coast at the center of a scenically beautiful area of southern Turkey. The town lying at the head of a sparkling harbor is surrounded by pine-covered hills with a backdrop of mountains. There are regular ferryboat services to Rhodes from Marmaris.

CAPPADOCIA: This is an area of extraordinary geological beauty, where rocks carved by erosion provided early Christians with permanent underground homes and sanctuaries. An unforgettable excursion site.

NOTE: For excellent background information on both modern and ancient Turkey, read *Turkey Today* by Andrew Mango (John Murray, 2005) and *Imperial Istanbul* by Jane Taylor (St. Martin's Press, 1998).

Dear Editor:
I wonder how often some of us have thought of saying, "Stop the world, I want to get off!" With human-created disasters such as terrorism and wars as well as natural disasters such as tsunamis, earthquakes, floods, mad-cow disease, SARS, and most recently the bird flu—it's a wonder we haven't all turned into agoraphobes. (And no wonder depression and panic disorders are on the rise!) The bird flu is a global issue, Turkey has taken serious measures to control it, and the few deaths in Turkey caused by this virus have occurred 700 miles away from Istanbul, our conference site. We trust members of the international transactional analysis community will not be scared off by the news and will not miss being part of a very special transactional analysis conference on "Trust and Uncertainty in the 21st Century" this July in Istanbul. Give us your support by early registration.

Fatma Reid, Local Conference Chair

Trust & Uncertainty

continued from page 1

"God's friend" Abraham at Harran. More recently, Mustafa Kemal became Ataturk, and today Turkey moves into the orbit of the European Union.

Times of uncertainty and rapid social change have a number of consequences. Among them, traditional values and assumptions may become less useful, believable, and trustworthy. When such external standards fail, people are forced to find other ordering principles. One solution is to concentrate on what is known—the present and the self—to turn attention to the now, and to search for some truth within. This has led to dazzling productions by individuals spelunking in the caverns of creativity and also, at times, to some surprisingly anarchic movements. It also encourages us to concentrate on our own, more limited worlds, and on issues of trust and uncertainty in both our intimate relationships and at work.

A second solution is to retreat into the comforting paradigms of political or religious certitude. Rational behavior depends on the ability to predict our immediate personal futures. We do so on the basis of past experiences and the information we receive from our environment. In times of rapid change, however, our predictive ability plummets, and we need to process more information than is our custom. Under these conditions, a prepackaged answer—with its assuring promises of hope and material success or salvation—is an enticing oasis.

Historically, a common reaction to a clash between cultures with different needs or between populations at different stages of development and the uncertainties and suspicions this creates has been the crystallization of political, military, or religious movements. These have taken a number of forms, including wars and revolutions as well as revitalization, nativism, and messianism. Usually, they originate in the visions of leaders who combine indigenous and political or religious elements to foretell the overthrow of the Other and the beginning of a new era for their own people. The leaders draw on traditional belief and stories and bind them together into a movement, thereby conferring on them some measure of superordinate, if not individual, meaningfulness. The danger is that participants may set themselves above humanity, or at least a portion of it, and recognize no interests but their own.

Existential Positions: A Secure but Flexible Base

It seems to me that, in these predicaments, the importance of the transactional analysis concept of existential positions cannot be overemphasized. This concept refers to a basic stance toward ourselves, others, and the contexts in which we live. Since it is not specific to any political or cultural phenomenon, it can act as a beacon as well as an anchor for those in a storm-tossed sea of change.

The concept of existential position has strength and flexibility because it is supported by all three sets of ego states. It is undergirded by early preverbal attachment experiences that are encoded in implicit memory in early Child ego states. With some possible modifications, these are later verbalized as conclusions and decisions of the Child and Adult, supported and passed on by Parent, encoded in our Cultural Parent, and verbally and institutionally formalized in the code of ethics of the ITAA and other transactional analysis organizations. When one of these levels flags—such as when our secure base of trust is shaken or weakened by attacks on our frames of reference and other psychosocial support systems (Allen, in press)—the other levels can carry us through.

The ITAA Code of Ethics does not stand alone, however. It is supported and embedded in an interrelated set of principles that we have enunciated in our vision statement:

- Encouraging, supporting, rewarding, and popularizing personal and professional development and high-quality research
- Supporting nonhierarchical international networking
- Serving as a clearinghouse for information, communications, and mentoring needs
- Publishing a world-class journal
- Maintaining updated international standards of training, education, and certification
- Advocating for and promoting the professionalism of transactional analysis practitioners while taking advantage of being an international organization
- Providing a "historical memory" of the development of transactional analysis theories and methods
- Networking with other behavioral science organizations
- Providing an ethical framework for practitioners

A Biopsychosocial Perspective

Today, we are beginning to disentangle how trusting interpersonal relationships, psychosocial support systems, and brain functioning mutually reinforce each other. We can expect that various aspects of this will be highlighted at our Istanbul conference. Attachment experiences seem crucial for developing psychological mindedness or mentalizing ability (i.e., the ability to explore one's own mind and the minds of others); they also serve as the preverbal foundation of our existential positions and a foundation for trust in both others and the world (Allen, Bennett, & Kearns, 2004). People who never develop the ability to mentalize or who lose it actually lose the ability to see others as having minds, that is, as being fully human. This is a potentially lethal situation, whether the "Others" are intimates, workmates, neighbors, or people of other cultures.

Our Larger Contexts

As the year 1843 approached, the followers of the U.S. prophet William Miller sold their possessions and began to prepare for the Second Coming of Christ. On the announced day, thousands gathered on a Massachusetts hilltop, some even climbing into trees so as to be all the more ready to fly to Heaven. Theodore Parker, who was walking nearby, asked the cause of the commotion. Having been told the world was to come to an end that day, he is said to have replied, "That doesn't affect me. I live in Boston."

In 2006 we can hardly afford such comfortable insularity. Rather, we need a sense of being on the same planetary spaceship together. For example, at a local level, the Dutch have long appreciated that a neighbor's windmill may be keeping water out of one's own polder, and that if the sea sweeps in, everyone—rich and poor alike—will drown. Unfortunately, as the recent hurricane disaster in New Orleans revealed, some people there seemed oblivious to or unwilling to accept that kind of interconnectedness.

Within our own interpretive community, all flavors of transactional analysis can be brought together neuroconstructively by the idea that our approaches are stories we use to explain what happens at the neurophysiological level, and we have developed and continue to develop ways to help individuals and small groups deal with issues of trust and anxiety. Human solidarity, however, is not so easily created and certainly not by reflection alone. We also need to enhance our sensitivity to the experiences of unfamiliar sorts of people. "Thou shalt not" might reach the head, but it takes a human story or a human relationship to reach the heart.

One future that can await us is a transformation in how we see ourselves and the world. The 2006 Istanbul conference will provide the opportunity to do just that, and it is important that we seize the chance. It is easy to ignore the larger contexts in which we live, but we do so at our own peril. As Somalia and Afghanistan have shown, any society in turmoil today can cause troubles for other societies—even on other continents—and to whose influences they, in turn, are then subject, whether this be helpful or otherwise. Environmental degradation and population pressure, both of which are increasing exponentially, lead to poverty and its accompanying diseases and political instability. Rwanda and Burundi, for example, are noteworthy for two things: overpopulation and genocide. Indeed, they are the two most populated countries in Africa.

However, humanity's rapid advancement on some nonsustainable course is not inevitable. Probably the closest approximation to a controlled experiment in societal collapse occurred in Greenland (Diamond, 2005). There, two societies, Inuit and Norse, shared the same island but had different cultures. One survived. Diamond has summarized how this and other resilient societies are nimble and capable of long-term planning and of abandoning deeply entrenched but ultimately destructive core values and beliefs. In other words, humanity has moved from an evolution determined by the human genome per se to an evolution—perhaps humanity's very survival—determined by our memes, the elements of culture that are transmitted nongenetically. It is not our genes that may do us in; it is our memes!

Istanbul 2006

Somewhere, the cultural anthropologist Margaret Mead famously remarked that a few committed people can change the world—and, indeed, that is the only way that the world has ever been changed. Coming from the existential position that self, others, and our larger contexts can all be "OK," we have a base from which to do this, and we have networks of like-minded people. The Istanbul conference—with its gatherings of people from around the world, including a special meeting of the presidents of various local, regional, national, and international transactional analysis organizations—our uses of the Internet, and our publication of *The Script* newsletter and the *Transactional Analysis Journal* all attest to this.

Today, we have the means to think globally and to act locally. To explore how we can do this most effectively together, please join us in Istanbul!

James Allen, MD, TSTA, is ITAA president and professor of psychiatry and behavioral science and Rainbolt Chair of Child Psychiatry, University of Oklahoma Health Services Center. He can be reached at the Department of Psychiatry, Room 3 WP-3070, 920 Stanton L. Young Blvd., Oklahoma City, OK 73104, USA, or by e-mail at james-r-allen@ouhsc.edu .

REFERENCES

Allen, J. R., Bennett, S., & Kearns, L. (2004). Psychological mindedness: A neglected developmental line in permissions to think. *Transactional Analysis Journal, 34*, 3-9.

Allen, J. R. (In press). Positive psychology and the psychosocial transformation of the trauma of a terrorist attack: Oklahoma City ten years later. *Transactional Analysis Journal.*

Diamond, J. M. (2005). *Collapse: How societies choose to fail or succeed.* New York: Viking.

Congratulations to Successful Examinees

BOC Exams in Nashville, USA, 26 October 2005
Lorna Johnston, CTA (psychotherapy)

Examiners: Jo Lewis (chair), Gaylon Palmer, Barbara Littlehorse, Joan Lurie; Jean Illsey-Clarke (process facilitator), Vann Joines (exam coordinator), Dianne Maki (neutral observer)

BOC Exams in Wellington, New Zealand, 12 November 2005
Linda Verity, CTA (psychotherapy)
Vanessa Lynch, CTA (psychotherapy)

Examiners: Sean Manning (chair), Jo Stuthridge (chair), Sue Cornforth, Fran Parkin, Rod Sandle, Robert Trett, Rosemary Taylor; Charlotte Daellenbach (process facilitator)

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Exam	COC	6 April 2006	Exeter, UK	1 Jan. 2006
	COC	8 July 2006	Santiago de Compostela, Spain	1 April 2006
	BOC	26 July 2006	Istanbul, Turkey	27 Jan. 2006
	COC	6 Oct. 2006	Florence, Italy	1 July 2006
	COC	10 Nov. 2006	Neustadt, Germany	1 Aug. 2006
	WPATA	16 Nov. 2006	Sydney, Australia	16 Aug. 2006
	COC	17 Nov. 2006	Neustadt, Germany	1 Aug. 2006
	COC	1 Dec. 2006	Montpellier, France	1 Sept. 2006
	COC	16 Nov. 2007	Neustadt, Germany	1 Aug. 2007
TSTA Exam	COC	6 April 6, 2006	Exeter, UK	1 Jan. 2006
	COC	8 July 8, 2006	Santiago de Compostela, Spain	1 April 2006
	BOC	26 July 2006	Istanbul, Turkey	27 Jan. 2006
	COC	10 Nov. 2006	Neustadt, Germany	1 Aug. 2006
	COC	15 Nov. 2006	Germany	1 May 2006
	COC	1 Dec. 2006	Montpellier, France	1 Sept. 2006
CTA Written	All Regions (Non-Europe)	Your choice	Submit to Regional Exam Coordinator after paying $50 fee to T&C Council	Your choice
TEWs	PTSC	9-11 Jul. 2006	Santiago de Compostela, Spain	9 Mar. 2006
	TSC	30-31 Jul. 2006	Istanbul, Turkey	1 April 2006

* COC CTA exam candidates who are doing the COC written case study must submit it no later than six months before the oral exam date. Details/application available from the COC Language Group Coordinators.

Note: Exams subject to availability of examiners/exam supervisors. BOC not responsible for expenses incurred when unavailability of examiners/exam supervisors causes exams to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

To arrange to take a BOC exam, contact the T&C Council, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA. Note: COC people sitting for BOC exams must forward the equivalent of the EATA fee to the T & C Council office. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $450 ITAA members/$600 non-ITAA members payable in US dollars to T&C Council, c/o the T & C Council office, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

KEEPING IN TOUCH



Participants of Tokyo workshop: Elana Leigh (seated center), Ms. Izumi Kadomoto (PTSTA, workshop coordinator, seated second from right), Ms. Misao Shimamoto (interpreter, seated third from right), Ms. Michiko Fukazawa (TSTA, interpreter, seated third from left), and Ms. Setsuko Fukumoto (interpreter, standing third from right)

Pacific Region

JAPANESE MEMBERS OF THE ITAA held a 2-day workshop on 16-17 April 2005 in Tokyo with Elana Leigh, TSTA, from Australia. The purpose was to learn how to do therapy and supervision in more effective ways. Hiroko Ishii writes, "We learned Ms. Leigh's unique theory, which incorporates psychodynamic perspectives, transactional analysis, self psychology, and relationship-oriented therapies. Many Japanese CTAs and PTSTAs attended the workshop and had a wonderful time. Ms. Leigh lectured on supervision and supervised our work. We experienced her as wonderful teacher and therapist and hope to have a similar event again."

THE 18TH AUSTRALASIAN TRANSACTIONAL ANALYSIS CONFERENCE, sponsored by the Western Pacific Association of Transactional Analysts (WPATA), will hold its next conference on 17-19 November 2006 in Sydney, Australia. The theme is "Living Groups: Understanding and Exploring the Individual and the Collective in Groups." WPATA exams will be held on 16 November. For details and to receive a copy of the call for proposals, please contact conference convener Nadine Emmerton at nemmerton@primusonline.com.au .

South and Central America Region

THE 26TH LATIN AMERICAN TRANSACTIONAL ANALYSIS CONGRESS will take place in Salvador, Brazil, from 7-9 September 2006. The venue is the Bahia Othon Palace Hotel. The theme is "A Análise Transacional promovendo a Saúde Mental e o Desenvolvimento Humano" (Transactional Analysis Promoting Mental Health and Human Development), and the deadline for the call for proposals is 28 February 2006. Seven-hour preconference courses will be held on 6 September. For more information and to register, see www.alat-net.org .

North American Region

RICHARD G. ERSKINE, PhD, recently passed the British Columbia College of Psychologists written examination and is now licensed to practice as a clinical psychologist there. He has also recently been awarded the European Certificate of Psychotherapy.

THE EASTERN REGIONAL TRANSACTIONAL ANALYSIS ASSOCIATION (ERTAA) ADVANCED SEMINAR will take place 18-19 March 2006 in Princeton, New Jersey, at the Marriott Courtyard (609-716-9100). The title of the workshop is "Transference Issues, Research Findings, and Effective Psychotherapy with Boys and Men," and the presenter is Mark Kiselica, PhD. The purposes of this workshop for advanced clinicians are: (1) to help participants identify and evaluate their transference issues and implicit assumptions about boys, men, and masculinity; and (2) to review effective counseling process strategies with boys and men. The pros and cons of different transference issues as they relate to psychotherapy with boys and men will be discussed. Implicit assumptions and popular models regarding the emotional development of boys and men will be described, and research evaluating the accuracy of these assumptions and models will be reviewed. Effective counseling process strategies with boys and men, which have been identified through empirical research, will be reported. Dr. Kiselica is a licensed psychologist and professor of counselor education at the College of New Jersey. A fellow of two divisions of the American Psychological Association, Dr. Kiselica is the author of over 90 publications and 70 conference presentations, including the *Handbook of Counseling Boys and Adolescent Boys*. He is a former consulting scholar to the Federal Fatherhood Initiative during the Clinton administration and a former president of the Society for the Psychological Study of Men and Masculinity. For more information about the workshop and/or membership in ERTAA (yearly dues $5), contact Fred Clark at 261 Spring Street, Cheshire, CT 06410, USA; e-mail: fredclark@cox.net .

PAM LEVIN writes that she has published a new book, *The Female Hormone Journey: Lifetime Care of Your Hormones.* The culmination of more than 3 years of research and writing, Pam says, "It has applicability to transactional analysis practitioners because many times women's emotional state, mood, depression, lack of motivation, and so on are not psychological issues but hormonally based." The book can be previewed at femalehormonejourney.com .

IN MEMORIAM

Birger Gooss

FROM ANNE KOHLHAAS-REITH AND RICHARD REITH: It is with great sadness that we inform you of the death of our friend and colleague Birger Gooss on 17 January 2006. We spent the week before his death with him, his wife, and another couple cross-country skiing at a place in South Tyrol that Birger really liked. He enjoyed life after having overcome severe illness 2 years ago and was thankful to be able to work and do sports. He was full of plans and ideas, which will remain unfinished now. Birger was born in Persenbeug/Yps, Austria, in1944 during the last period of the cruel and senseless World War II. His mother had to flee with Birger (then only a few weeks old) and his brothers under very difficult and threatening circumstances, which left its mark on Birger. He was raised in Darmstadt, Ger-many, but at 17 he went because of health problems to Berlin, where he finished school and studied medicine. It was in Berlin that he started his career as a doctor and in 1973 came in contact with transactional analysis. As one of the first trainees of Rüdiger Rogoll in Germany, Birger passed his CTA exam in Seefeld/Austria in 1977. The exam was followed by three extended stays in the United States for further transactional analysis training with Bob and Mary Goulding, Ruth McClendon, Jacqui Schiff, and others. As a PTSTA of Ruth McClendon, he cofounded with Anne Kohlhaas-Reith their TA Training Institute in Waldkirch/Black Forest in 1978. They developed their own unique training program and invited Bob and Mary Goulding, Ruth McClendon and Les Kadis, Claude Steiner, and Dick Underhill to run workshops at the institute over the years. Starting with the institute, Birger had a lasting influence on the development of transactional analysis, especially in Germany and Switzerland. He had an outstanding position in the German transactional analysis community, fulfilling various functions until his death. He was active on the board of the German Transactional Analysis Association (DGTA), a member of the ITAA Board of Trustees, and a member of the editorial board of the German transactional analysis journal (*Zeitschrift für Transaktionsanalyse*). During his last years he was chairperson of the German training standards committee of DGTA. He was a great fighter for the connection, cooperation, and partnership of the international transactional analysis communities in Europe and the world. Birger was a successful and talented transactional analysis teacher, supervisor, and psychotherapist who deeply influenced many people. He constantly believed in the potential of his clients and trainees and supported their development. He was known as an ethical person with a brilliant intellect and a great capacity to teach. During many years as a psychotherapist he developed his own unique approach to the treatment of psychotic patients, and along with many transactional analysis articles, he wrote together with Gisela Kottwitz a well-received book on borderline personality. Birger, while he clearly identified himself as a transactional analysis professional, integrated new theories and approaches, such as Pesso Therapy and neurobiological research, into his didactic presentations and his practical work. In addition to his transactional analysis program, he and his beloved wife, Holle Burger Gooss, ran a training program in Pesso Therapy and transactional analysis. With Birger's death the transactional analysis community loses a warm and supportive person and a highly competent and recognized colleague. He was truly loved and he will be greatly missed.



Gene Kerfoot

FROM GISÈLE RICHARDSON: A phone call last night informed me that Gene Kerfoot has passed away. He touched many people in his lifetime—for me, as a teacher at Mt. Madonna, and for some 25 years, as a colleague working with our clients. I say "he touched many people," but I should say, "Many people changed (saved?) their lives because of their contact with him." He was always intensely interested in his work, had a great sense of humor, and was caring. I expect no one ever heard him say anything cutting or unkind. His widow, Pat, is at 88 Main Rd. South, Hampden, Maine 04444. No service. No flowers. A donation to the charity of your choice. And for all of us, gratitude that we knew him and a reminder that life is limited.

FROM ROBIN MASLEN: Gene was instrumental in encouraging me to learn about being a group therapist after I wandered into Mt. Madonna (the Gouldings' training center) during a Churchill Fellowship study tour to find out how to train residential care workers in programs for young offenders. What I found was a training program for transactional analysis group therapists, and I was hooked after my first go at being a therapist in Gene's small group and getting encouraging feedback to what I remember as a total failure. Gene, along with other Mt. Madonna faculty and Ken Mellor helped John McNeel and me run a 4-week workshop in Adelaide in 1975 for trainees from around Australia and New Zealand. His skills and attitude were very much appreciated by all who attended. He was a gentle giant who lived and breathed what transactional analysis philosophy is all about.

Gisèle Richardson

FROM RICHARDSON MANAGEMENT ASSOCIATES: Gisèle Richardson passed away unexpectedly at the end of 2005 while in San Miguel, Mexico. She leaves behind many friends worldwide. Born in Willow Bunch, Saskatchewan, Canada, Gisèle lived an interesting and challenging life. After living in Colombia, Guatemala, Nigeria, Greece, Thailand, and Japan, she returned to Montreal where she established Richardson Management. Everyone who was lucky enough to know her has learned and been touched in some way by her wisdom, kindness, and generosity. Gisèle was passionate about her work, people, cooking, plants, her home in Greece, and life in general, as she lived it to the fullest! Gisèle was a strong supporter of many local and international organizations, and in lieu of flowers, please make a donation to the organization of your choice. There will be no public ceremony and condolences can be sent to: solutions@richardsonmanagement.com .

Special Insert on Instanbul Conference — See Page 3