The Script

ITAA

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

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Some Thoughts on Scientific Research in Transactional Analysis

by Günther Mohr

When we talk about scientific research, we must talk about our theories and how we use them. That is, we must separate the fundamental ideas of a theory from the metaphorical aspects of the model in which those theoretical ideas were developed. With this in mind, I would like to offer some ideas about the application of the transactional analysis model of ego states as it might be used in research in contrast to how we apply these ideas in therapy and teaching.



Ego state theory divides personality structure into basic ego states as we describe them in structural analysis. This is a fundamental—and in my eyes a great—theoretical idea. The essence of the applications of structural analysis is that *inside each person are several entities that are* more or less active in the sense that, in a specific situation, a person is engaged predominantly in one ego state more strongly than another. In that situation, that ego state is more relevant in outside communication than another one is. Probably there also exists a form of inner communication or interaction between these so-called ego states within a person's mind.

We know from modern research, however, that personality differs widely from person to person, a result of different personal histories and experiences. And since people are different, then each has her or his own number and set of ego states as relevant and divisible parts of his or her personality.

Now, to the fundamental theoretical issue, wherein we leave the essence of ego state theory and come to the didactic metaphors that help us, but only to illustrate the theory. We describe ego states as "Parent ego state," "Child ego state," and "Adult ego state"—or Parent, Child, and Adult, for short. This is a good metaphor in teaching processes. If we go even further to the functional model of Critical Parent, Adapted Child, and so on, we have even more useful terms for communicative and teaching processes. It is, after all, good marketing for a theory to use words that are well understood, and this is a fundamental strength of transac-

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2002 World TA Conference Utrecht, The Netherlands

see special insert pages 3-6

Stimulating Local Awareness of Transactional Analysis

Charlotte Christoph-Lemke and Bertram Christoph submitted the following report when they visited the ITAA office in August 2001.

It is with great pleasure that we communicate to colleagues around the world a structure that Amrei Störmer-Schuppner, PTSTA, created together with her TA–Level I training group candidates in Eschwege, Germany. The group arranged "open evening events" for the public in the area. Aurei stimulated members of her training group to present on topics related to their professional work in conjunction with transactional analysis. Prior to each event, an article was published in the local newspaper about the special event. There was also an article about the transactional analysis training group and the evening program. In particular, the interdisciplinary set-up of the training group was highlighted by pointing out the fact that people from different professions participate: psychologists, teachers, social workers, clergy, and so on.

The interdisciplinary philosophy of the training group was reflected in the variety of presentations given at the open evening events. These highlighted for those who attended—including members of the public—the different contexts and range of fields in which transactional analysis can be applied. Among the topics covered were:

– art therapy with transactional analysis and the healing power of painting
– meridian-based psychotherapy with energy systems and transactional analysis
– transactional analysis for food addictions
– development of good leadership, in which things are not imposed on people but they are supported in developing their communications skills, etc., rather than merely adapting to a leader's agenda. Transactional analysis has many good concepts that support OK-OK leadership.
– using transactional analysis in achievement counseling outside school (i.e., with language and speech difficulties)
– many paths lead to Rome: people can choose ways other than following miniscript messages and drivers

Aurei is a member of the PTSTA training group led by Charlotte Christoph-Lemke and Thomas Weil in Kassel or Munich, Germany. With this article we hope to stimulate colleagues to develop similar set-ups to make transactional analysis known to the public in their areas.

Gladfelter Honored at Second Redecision Conference in Dallas

by Forrest Jones

As announced a year ago in this newsletter, the Second International Redecision Conference took place in Dallas on 29-31 March 2001. This report is late in being published in *The Script* for several very good reasons: (1) all redecision therapists are very busy people, (2) they are good therapists but usually amateur photographers, (3) it took one attendee (me) some months to finish the role of film containing the conference photos and to write this article, and (4) the events of last fall, with good reason, delayed publication until now. Nevertheless, *The Script* let me know that "late was better than never," so I am delighted to share with you all some reflections on the conference.

All the workshops and institutes during the conference explored the central theme: "Healing as a Redecision: Mind, Body, and Spirit." Apropos (and as advertised), the conference honored John Gladfelter, PhD, TSTA, for his lifelong understanding of that theme and for his inspiring contributions to redecision therapy and transactional analysis in general.

There were many presenters, but on the first day, John led one of the rigorous full-day institutes entitled, "Group of Two: Couples Redecision Therapy." John was personally, professionally, and autobiographically there for us once again during a free-for-all question-and-answer "lunch with John" on the second day.

The photo you see here were taken during a final-night gala dinner that paid affectionate tribute to John. It appears that, in general, he does not think that being the center of a lot of "honoring" attention is much fun—unless the people doing it have a sense of humor. Therapeutically attuned to Dr. Gladfelter's delicate sense of what's entertaining, a therapist from his Dallas training group and her musician husband, along with therapists from his Los Angeles training group, got together and formed a band for the occasion. Included were singers Suzanne Rapley, PhD (Santa Barbara), Moon Kerson, PhD (Los Angeles, founding coeditor of the *Journal of Redecision Therapy*), Gail Ardman, PhD (Dallas), and Beverly Yahr, PhD (Los Angeles); Dean Janoff, PhD (Santa Barbara, Suzanne's husband) on drums, Bill Rolfe; PhD (Los Angeles, Moon's husband) on electric guitar, and Bill Ardman (Dallas, Gail's husband) on base fiddle.

What to perform? How about rock 'n' roll—and something that the audience would know well enough to sing along with the chorus? Chuck Berry's raucous 1958 hit "Johnny Be Good" was chosen, with lyrics altered by lead singer Suzanne Rapley, PhD (Santa Barbara) to fit Dr. Gladfelter "to a tee." The final stanza gives a good flavor of the song:

"What do you want to change," Oh tell me now
No trys or can't, I must figure out how . . .
How to integrate and stay alive
Responsibility! This ain't no jive.
John you really DID it, you found your call

You old grey fox, You trained US ALL!

The performance was enthusiastic and not only "good enough," but expert since two of the band members play professionally. No wonder then that the photo of John watching his "children" rock out on stage is a study in rapt attention.

A videotape of John's institute "Group of Two. Redecision Therapy with Couples: Experiential Demonstrations" is available on two tapes from the Dallas Group Psychotherapy Society (DGPS), PO Box 803227, Dallas, TX 75240, USA, or by email from Charles Vorkper at vorkper@dallasgps.org . The cost is $69.95 (includes shipping and handling).



John Gladfelter (seated, center) enjoys the personalized rendition of "Johnny Be Good" sung for him at the final gala during the Second Redecision Conference in March 2001.

Manuscripts Sought for Theme Issues of the *Transactional Analysis Journal*

"Core Concepts in Transactional Analysis" with Coeditors Tony Tilney, BA, and Claude Steiner, PhD—Deadline 1 April 2002

"Case Studies II" with Guest Editor Bill Cornell—Deadline 1 June 2002

"For Our Clients" with Guest Editor Carol Solomon, PhD—Deadline 1 July 2002

Please follow the Instructions to Authors on the inside front cover of any *TAJ*. Send manuscripts to *TAJ* Managing Editor Robin Fryer, MSW, 1700 Ganges Ave., El Cerrito, CA 94530-1938, USA, or email her at robinfryer@aol.com .

EDITORIALLY YOURS

by Bill Cornell

The Hollow Victories of Violence

[World War I] broke out and robbed the world of its beauties. It destroyed not only the beauty of the countrysides through which it passed and the works of art which it met on its path, but it also shattered our pride in the achievements of our civilization, our admiration for many philosophers and artists, and our hopes of a final triumph over the differences between nations and races. It tarnished the lofty impartiality of our science, it revealed our instincts in all their nakedness and let loose the evil spirits within us which we thought had been tamed for ever [sic] by centuries of continuous education by the noblest minds. It made our country small again and made the rest of the world far remote. It robbed us of very much that we had loved, and showed us how ephemeral were many things that we regarded as changeless.

(Freud, 1916/1957, p. 307)

The ongoing consequences—emotional, social, and political—of September 11th are never far from my mind. It seemed essential to return to these events, to write a bit more, to seek more comprehension, as I prepared a column for this *Script*, which contains a special insert on the ITAA/EATA/NVTA conference this coming July in Utrecht on the theme of "Violence, Let's TAlk." Who could possibly have known when the conference theme was chosen that the world would by now be swept up in ever greater cycles of irrational and self-righteous violence?

I was moved to tears when I stumbled on Freud's comments about World War I in a lovely essay originally written as a contribution to a volume of writings in honor of Goethe. Freud captured in a paragraph the anguish and disillusionment that I feel and that I have heard over and over again from clients and colleagues.

In early December I attended two meetings, both moving and disturbing efforts to discuss the clinical implications of the terrorist attacks and of our governmental and social responses to them. The first was with about 20 psychotherapists of various disciplines, and the initial discussion centered on the patterns of fear, trauma, loss, and uncertainty that emerged over and over again with almost all our clients, even though in highly individual and characterological ways. We talked about what it was like to be struggling with similar feelings while trying to be of use to our clients, a theme that had also been common in all of my supervision groups since 9/11. Then the discussion took an interesting turn as therapists began to reflect on how this tragedy had also created unexpected opportunities to drop past clients' defenses into realms of loss, love, and an appreciation of the preciousness of life and loved ones. And then, without exception, we began wondering why clients had stopped talking about 9/11, how quickly people returned to familiar modes and everyday (more defended) concerns, how this opportunity had faded. We each felt hesitant to insist somehow that our clients return in their ongoing sessions to the issues evoked by the tragedy. A rich discussion emerged, and it gradually became apparent that people stopped talking about the impact of the tragedy as well as their own related fears, loves, losses, and vulnerabilities around the time that the United States began bombing Afghanistan and we were told by our government to return to normal. To varying degrees, each of us—not to mention our clients—were affected (silenced) by the political and social message that our aggressive, military assault was the necessary and sufficient response to our grief. The period of mourning was over. We were to resume normal life. The evil doers would be killed. All would be right with the world again. The focus of the group discussion became centered on the fact that at no time since the events of 9/11 has our government and political leadership engaged us in a period of social, political, or historical reflection.

A couple of days later I was leading my regular monthly consultation group with the supervisors from the Greater Pittsburgh Women's Center and Shelter, a program deeply grounded in transactional analysis. This staff is richly diverse in class, race, and religious beliefs, and there was significant fear of creating conflicts among staff members that could not be resolved. At the same time, the staff knew these issues needed to be addressed, that silence and adaptation was not a healthy model in a program devoted to confronting domestic violence. The result was a rich, conflictual, and honest discussion of an enormous range of emotions, beliefs, and values. Here were women dedicated to opposing violence who were being confronted with their own urges to attack, punish, and kill. There were those still devoted to pacifist positions, which now seemed inadequate in light of recent horrors, who held their beliefs in silence because they knew many of their colleagues were in favor of war.

Pivotal in the Women's Center staff discussion were feelings about the display of the American flag and its many meanings to people of different class, race, and religion. Shortly after the attacks, someone put an American flag in every office window, without permission of the office holders. This provoked intense reactions among the staff—of patriotism, disgust, invasion of space, imposition of beliefs. However, these reactions were never discussed, and the flags stayed in the windows whether people wanted them there or not. On this subject the group discussion became particularly heated. One of the administrators became uncomfortable at that point and interrupted, suggesting that the discussion had gone too far afield from the needs of clients. I strongly disagreed, arguing that silent compliance as a response to potential conflict was anathema in a program like the Women's Shelter. Conflict needs to be invited, difference welcomed. A respectful and engrossing discussion ensued.



"At no time since the events of 9/11 has our government and political leadership engaged us in a period of social, political, or historical reflection."

In the meeting at the Women's Shelter we also came up against the social, clinical, and political implications of our government's response that military violence is the necessary and righteous response to 9/11. We discussed what it is like for victims of domestic violence to hear our president divide the world into simplistic good doers and evil doers, to articulate a foreign policy and military action based on the premise that "You're for us, or you're against us." How many battered women and children have heard versions of that premise before being beaten into submission?

What does it mean, what does it communicate to our nation, to have the secretary of defense repeatedly, gleefully, defiantly use the word "kill" over and over again in his press conferences? Have Osama bin Laden's and al-Qaeda's campaigns of horrifying, self-righteous, religiously justified violence made this world a better place? Has it bettered the lives of the Muslim peoples he claims to represent and protect? Will our government's actions accomplish any more than bin Laden in the long run? Will we improve the lives of the Afghani peoples by replacing one group of war lords with another?

In terms of foreign policy, I share Zbigniew Brzezinski's concerns about the long-range implications of the Bush administration's policy:

> By declaring war against an undifferentiated, undefined and fundamentally vague phenomenon like global terrorism, or terrorism with a global reach, we in a sense opened the gates to a lot of countries to leap into this exercise on our backs. They are all declaring whoever their enemy is to be a terrorist, and then claiming moral justification for doing whatever they decide to do. (Cited in Schmemann, 2001, p. 7)

We are watching that happen now between Israel and the Palestine Liberation Organization (PLO), between India and Pakistan, and who knows where next. Of the reading I have done to try to comprehend the historical and social implications of the multiple Islamic radical and fundamentalist movements, I strongly recommend "The Revolt of Islam: When Did the Conflict with the West Begin, and How Will It End?" by Bernard Lewis (2001) (see www.newyorker.com) as a succinct, disturbing history of the origins of our current conflicts and of the shortsightedness of current United States foreign and military policies.

I have long considered the practice of psychotherapy to be a political act. One important aspect of my initial draw to transactional analysis was the writing of members of the radical psychiatry movement. Radical psychiatry was a political/psychotherapeutic movement deeply influenced by transactional analysis and organized in the late 1960s and early 1970s by Claude Steiner, Hogie Wyckoff, and several others to demedicalize the practice and the power base of psychotherapy. My yellowed copies of *Issues in Radical Therapy* (later collected in book form as *Readings in Radical Psychiatry* [Steiner, 1975]) still sit on my shelves of transactional analysis books.

I have written here in a strong and personal voice. I do not expect readers to agree with me. I do expect people to think, talk, argue, and act. I hope the readers of and writers for *The Script* will continue the dialogue and debate and that the Utrecht conference will be political as well as psychological in its reach. I hope we do not shy away from constructive disagreement and conflict and that this conference will be a major event for our community, a forum for strong and unflinching examinations of the psychological, social, educational, and political implications of our work as transactional analysts.

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ITAA Website: www.itaa-net.org

The ITAA website provides information about every aspect of the ITAA, including upcoming international, national, and regional activities as well as membership criteria and an application form. If you want your website linked from the ITAA site, please forward the site address (URL) to Elaine Frances at elaine@itaa-net.org

The Script ITAA

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World TA Conference 2002

"Violence: Let's TAlk"



Utrecht The Netherlands
July 4-7, 2002

Organized by the
International Transactional Analysis Association (ITAA)
European Association for Transactional Analysis (EATA)
in cooperation with Nederlandse Vereniging voor Transactionele Analyse (NVTA)

The theme of the World Transactional Analysis Conference 2002 in Utrecht, The Netherlands, is "Violence, Let's TAlk." It was chosen because of the many ways in which violence has an impact on our society. However, at the time it was decided upon, no one could have imagined how sadly topical it would become. Violence now seems an inevitable part of our life. Although it can be a positive force—a drive for change, a struggle to set limits, or a powerful call for attention—more often than not violence is a negative force that destroys, separates, isolates, and kills people.

How do we create and maintain violence?
Do we understand what is behind violence?
Can we bring peace and heal violence?
What does transactional analysis have to offer toward preventing violence and teaching tolerance, love, and respect?

Eric Berne taught "I'm OK, You're OK," six words of great wisdom. As transactional analysts, can we practice what we preach? At the World Transactional Analysis Conference 2002 in Utrecht, we hope to find some answers to these important questions by listening to each other, by connecting with colleagues from all over the world, and through sharing and caring. We hope you will join us.

Preconference Activities





Introduction to TA (TA 101) taught by Mary Goulding with Fanita English €150 (Wednesday and Thursday, 3-4 July). Two of the TA world's most well known and respected leaders will be teaching this introductory course that covers the fundamentals of transactional analysis.





"Transactional Analysis and Buddhist Practice: The Practice that Brings Peace" with Nancy Porter-Steele and Curtis Steele €75 (all-day institute, Tuesday 2 July). Buddhist practice is a contemplative method of working with our mind, the nature of mind, and the path to freedom from suffering. Suffering is seen as the pain that arises from attachment to the belief in a solid self. Transactional analysis and buddhism provide a rich complementarity that we have found valuable in working with others and with ourselves. In this institute we will present some of what we have learned over nearly three decades as students/practitioners/teachers of both transactional analysis and buddhist practice. Together with participants, we will explore how the concepts and methods of transactional analysis can be useful as one follows the buddhist spiritual path and perhaps any other spiritual path. We will give instruction in mindfulness/insight meditation. Nancy Porter-Steele, PhD, TSTA, is a founding director of EastWind Institute, Halifax, Nova Scotia, Canada and in the private practice of psychotherapy and counseling (individual, couples, groups). She is a student of Chögyam Trungpa, Rinpoche, and an authorized meditation instructor, Shambhala International. Curtis A. Steele, MD, CTA, Dipl. ABPN(P), is a psychiatrist at an outpatient mental health clinic, in private practice in Halifax, and on the faculty in the Department of Psychiatry at Dalhousie University Medical School. He is a founding director of EastWind Institute, a student of Chögyam Trungpa, Rinpoche, and an authorized meditation instructor, Shambhala International.



"Inner and Outer Peace" with Mireille de Meuron €75 (all-day institute, Wednesday 3 July). This experiential presentation will focus on the concept of polarities inside and outside of ourselves and how to bridge them. Mireille will teach a process leading to inner unity and balance so that participants may learn a meditative technique they can use when they feel pulled between opposite feelings, needs, and directions. This process supports unity and can be useful whenever we need to resolve impasses and/or conflicts between ourselves and others, including those between polarized groups, interests, or nations. Mireille is a psychologist, psychotherapist, and TSTA (clinical) who lives and works in Switzerland where she runs a training institute in Neuchatel. Mireille is French, was born in Tunesia, and lived several years in Canada. She is just back from a sabbatical year, during which she spend time in India, Vietnam, and Australia. (Some subsidies are available for this workshop; for details, contact the conference office at nvta2002@planet.nl).



"Managing Conflict and Preventing Violence in Organizations and Teams" with George Kohlrieser €75 (all-day institute, Thursday 4 July). Every organization, team, and person faces conflict or potential conflict daily, which can sometimes actually lead to violence or to a threat of violence. The question is choosing what to do: avoid, give in, engage, fight, compromise, negotiate, or problem solve. The choice determines if the conflict becomes constructive or destructive. Unfortunately, research shows that most organizations and teams limit their success because they do not handle conflict effectively. Successful leaders and high-performance teams learn to face and solve conflicts to maintain high energy and to keep momentum for reaching the highest results and goal achievement. Working on global teams in complex organizational systems adds even more potential for conflict and challenge to resolve them. This institute will provide: an updated view of conflict management theory; an understanding of the origins and root causes of conflict, aggression, and violence; ways to consider and analyze differences in goals, interests, roles, culture, values, and styles of communication; how the process of resolving conflicts and differences works best; skills of dialogue, negotiating, and mediating in complex emotional situations and dilemmas; methods to disarm defensiveness and to deescalate emotional escalations; creating proactive approaches to prevent conflict, aggression, and violence; and understanding the values and ethics of conflict management. This session uses short theoretical presentations, role-playing, group exercises, and case discussions. The focus will be on developing a conceptual framework, effective skills, and an appropriate attitude for dealing effectively with conflict, aggression, and violence.

George Kohlrieser, PhD, TSTA (clinical) is a psychologist specializing in conflict, aggression, and violence management who has done training in 65 countries over the past 35 years. He is a past president of the ITAA and a professor of organizational behavior at the International Management Institute in Lausanne, Switzerland.

Translators: *We are pleased to have about 30 people available to serve as translators and interpreters at the conference, many of them fluent in three or more languages.*

Parallel Activities

Social Events

- Welcome Party hosted by NVTA, Thursday evening 4 July
- EATA Celebration, Friday evening 5 July
- ITAA Celebration, Saturday 6 July
- Banquet, music, and dancing, Saturday night 6 July

Childrens' Program

- Creative program for all ages
- Guided city walk for juniors
- Visit to Traffic Garden and KidZcity

Partner Program

- Guided walks (historical city center) and themes walks (Jugendstil, Culinary Utrecht, old courtyards, etc.)
- Visit famous museums (Dutch Railway, Dutch Coinage, National Chime and Barrel Organ)
- Climb the Dom Tower for great view
- Barge trips through picturesque canals
- Sight-seeing tours around Utrecht

Keynote Speakers



James R. Allen, MD. **on "Of Such Stuff as Stars are Made: Neurological Bases of Transactional Analysis"** *(Thursday, 4 July)*
In the past decade, it has been said, we have learned more about the functioning of the brain than was learned in all previous generations. This talk will explore how our new understanding of neurophysiology can deepen and enrich the practice of psychotherapy in general and transactional analysis in particular, as well as our understanding of some important aspects of violence and reactions to it. James R. Allen, M.D., F.R.C.P.(C.), M.P.H., is Professor of Psychiatry and Behavioral Sciences, Rainbolt Family Chair in Child-Adolescent Psychiatry, Department of Psychiatry and Behavioral Sciences, University of Oklahoma College of Medicine, Oklahoma City, Oklahoma, USA.



Ambassador Pricilla Jana **"A Better Life for All"** *(Friday, 5 July)*
Mrs. Pricilla Jana is a lawyer and the ambassador from the Republic of South Africa to The Netherlands. She has been active in the anti-apartheid movement, as a result of which she experienced violence firsthand when her house in Johannesburg was attacked three times. The youngest client she defended in court was Stompie Sepei. This keynote will be about her experiences with ANC activists during apartheid and after it was abolished. She strongly believes in the ANC goal of "a better life for all".



Irene van Lippe Biesterfeld, **Princess of The Netherlands, on "We Are Nature"** *(Saturday, 6 July)*
Nature just is; it does not judge. Not only are we part of nature, we <u>are</u> nature. The more we know and accept our own inner nature, the more we will be able to make peace with ourselves and others. Mrs. Irene van Lippe Biesterfeld is a social pedagogue, founder of Nature College, cofounder of Isis Transcultural Leadership, business in a changing world, and author of several books, including *Dialoque with Nature*, a national bestseller.



Richard G. Erskine, PhD, **on "Bonding in Relationship: A Solution to Violence?"** *(Sunday, 7 July)*
Bonding, attachment, and connection are basic biological imperatives in humans. When disruptions occur, the individual is left struggling and depression or violence result. This speech will focus on relational needs and the concept of interpersonal contact as a preventative for violence. Richard Erskine, PhD, TSTA, is a psychologist and director of the Institute for Integrative Psychotherapy, New York and a faculty member with New York Institute for Gestalt therapy. He is the author of many articles in the *Transactional Analysis Journal* and several books, including *Integrative Psychotherapy in Action* (with J. Moursund and R. Trautmann) and *Theories and Methods of an Integrative Transactional Analysis: A Volume of Selected Articles.*

Conference Venue

The preconference and conference events will take place at the Beatrix Conference Center (on the conference website it has its own link) in the center of Utrecht, the largest conference city in The Netherlands. The conference center is a five-minue walk from the central railway station, with several hotels close by. Utrecht is well connected by rail (a half-hour trip) with the main airport in the country: Schiphol Airport in Amsterdam. There are also airport taxis available, but they are more expensive (ask your hotel for additional information). Utrecht is also only about 40 minutes by train from The Hague and Rotterdam, but travel is more complicated and takes longer from those cities. Assistance is available at the conference venue for those with special needs and/or disabilities.



Travel to The Netherlands:

A passport is needed for travel to The Netherlands, but no vaccinations are required. Holland is a very safe place in which to travel (though you'll find big city pick pockets, of course). People are friendly and almost everyone speaks English; in fact, they like to show that they know how to speak English, French, or German. Tourist information for local and national sites (including website links) are available at the conference desk as well as through the conference website. Electrical current is 220. Tipping in The Netherlands is optional (5-10%); in most restaurants it is included in the price, but since some waiters are students (particularly in summer), we often tip a small amount for good service.

PRECONFERENCE ACTIVITIES

Time	Monday, 1 July	Tuesday, 2 July	Wednesday, 3 July
08.30-12.30	TEW* & EATA Council ITAA Board Meeting	TEW & EATA Council ITAA Board Meeting Porter-Steele/Steele Institute (all day)	TEW & EATA Council ITAA Board Meeting TA 101 (all day) de Meuron Institute (all day)
12.30-14.00	Lunch	Lunch	Lunch
14.15-18.00	TEW & EATA Council ITAA Board Meeting	TEW & EATA Council ITAA Board Meeting	TEW & EATA Council ITAA Board Meeting

* TEW = Training Endorsement Workshop

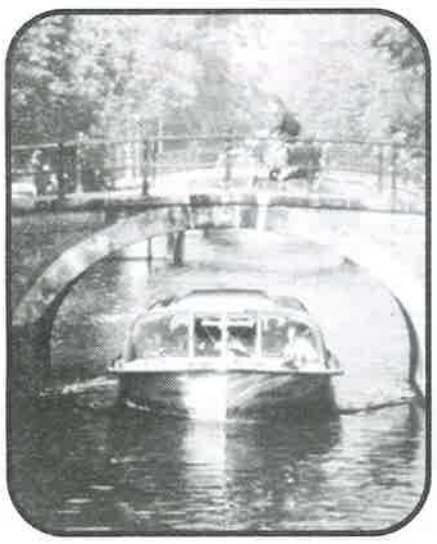
CONFERENCE PROGRAM SCHEDULE

Time	Thursday, 4 July	Friday, 5 July	Saturday, 6 July	Sunday, 7 July
08.30-09.20		Support Group	Support Group	Support Group
09.00	CTA & TSTA Exams until 18.00 TA 101 (all day) Kohlrieser Institute (all day)			
09.30-10.30		Keynote	Keynote	Keynote
10.30-11.00	Coffee Break	Coffee Break	Coffee Break	Coffee Break
11.00-13.00		Workshops	Workshops	Workshops
13.00-14.30		Lunch	Lunch	
14.30-17.30/ 18.00		Workshops til 17.30	Workshops til 18.00	
17.30-19.30	15.00-18.00 Arrival/ registration	EATA General Assembly EATA Celebration	19.15: ITAA Celebration	
19.30-24.00	19.30: Opening Ceremony; 20.00: Keynote and Welcome Party		Banquet with music and dancing until 24.00	

Beautiful Utrecht and The Netherlands

by Marijke Wusten

When I travel, the first thing people ask me is whether it is true that Holland lies below sea level. Yes, my country is flat and below sea level, so we are experts in building dikes, dams, and canals. This can be seen well in the major cities, where canals cross through the city centers. These waterways are wonderful for trips on the flat boats with multilingual guides. An ingenious system of opening and closing the dikes called the "Deltawerken" is a must-see for anyone visiting The Netherlands.



Utrecht, site of the 2002 World TA Conference, is the most central large city in the country. Its canals and wharves are rimmed with pedestrian paths lined with restaurants and shops. One of the city's most famous attractions is the 600-year-old Dom tower, which rises 112 meters. Besides enjoying a delightful tour of the city via one of the many waterways, visitors can relax in hidden courtyards, pretty parks, and cloisters. The city also boasts seven museums whose collections are linked with the city's past and present.

The Netherlands is famous for flowering bulbs (tulips, etc.) and other flowers. During the conference, tulip and daffodil season is over, but the great flower auction in Aalsmeer, which is open all year, is a special sight and one open to individuals and groups (guides available).

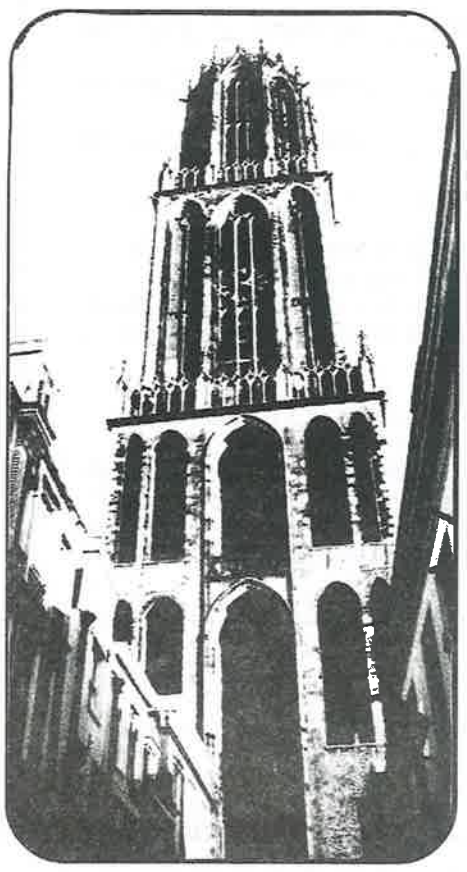
Interesting cities within a half hour to a one-and-a-half hour train ride from Utrecht include:

• Amsterdam—A trip by canal boat or waterbike is a wonderful way to explore Amsterdam, with its many historical buildings and interesting sites, including the Van Gogh Museum, the Rijksmuseum, the Stedelijk Museum, the Anne Frank House, the Jewish Museum, the Royal Theatre, the Muziektheater, the Concertgebouw, the Singel flower market, diamond shops, restaurants serving food from all over the world, canal house-boats, coffee shops (where you don't drink coffee but buy weed), and the red-light district.

• Den Haag—This is a lovely city with its palaces, museums, antique markets, shops, beautiful parks, and diverse restaurants. Scheveningen is the beach resort of Den Haag, with long stretches of sand, windsurfing, and kite flying, a casino, Kurort (health resort), fishermen's museum, and seaside restaurants. In between Scheveningen and Den Haag is Madurodam, the miniature Holland. In three hours you can "do" The Netherlands there.

• Rotterdam—The biggest harbor in the world is found here. Destroyed by bombs in World War II, the city was rebuilt by international modern architects and is now a dynamic, multicultural city. Make a boat trip through the harbor, stop for lunch in the restaurant at the Holland-America dock where the big steamers used to depart for the United States, make a "through nine centuries" tour by watercab, climb the Euromast, and relax in a spa with a view overlooking the harbor.

There are many more highlights in Holland: Delft, the city of the Delft blue pottery; Leiden, the old university city; Alkmaar, with its famous cheese market; Groningen and the old fishermen's towns along the Ijselmeer; the polder with the windmills—there is so much to see! And since The Netherlands is not large, it is easy to do a nice tour in a relatively short period of time. If enough people are interested, we will help set up a tour as well as advise individuals wishing to travel on their own. Train and bus trips to all cities and attractions can be arranged through the Utrecht Tourist Office, and there will also be information available at the conference office.



Visit the conference website at www.nvta.nl for conference information and hotel reservations

Additional Useful Websites

Amsterdam: www.amsterdam.nl (click on English)
Den Haag: www.denhaag.nl or www.thehague.nl (click on English)
Rotterdam: www.rotterdam.nl (click on English and "stad in beeld")
Scheveningen: www.scheveningen.nl (click on English)

Workshop Presenters

(This is a tentative list; more presenters are expected)

Bill Cornell and Frances Bonds-White on "Therapeutic Relatedness: Inquiry, Disturbance, and Containment"
Alice Altink and Frans Scheerder-Ziliacus on "How Can We Stop the Violence Our Parents Did Not Grieve?"
Alice Stevenson on "Let's Talk Love and Hate"
Anita Mountain and Chris Davidson on "Valuing the Rich Mix"
Anne-Marie Guicquéro on "Violence: A Vital Energy"
Anne-Marie Linnenkamp and Ans Gielen on "How People with a Social Phobia Elicit Violence More Often Than Others"
Arlene Moore and Jurgen Gündel on "The Real Jihad—Reowning the Destructive Parts of Your Personality"
Barbara Classen: Forum on Ethical Rules and Procedures
Barbara Classen and Members of the EATA Ethics Committee on "The Deepest Doubts You Never Dared to Share"
Bill Cornell and Caleb Cornell on "When Kids Want to Kill: A Father and Therapist's Understanding"
Charlotte Sills on "Panel Discussion: Ego States and Violence"
Claude Steiner on "Emotional Violence: Let's Talk about the Critical Parent"
Curtis Steele and Nancy Porter Steele on "Working for Peace in All Domains: Internal, External, Individual, Group"
David Bromell on "Sexuality and Sexual Offending against Children"
Edie Bogusky-Beaujon and Denton Roberts on "How Transactional Analysis Was Used from a Clinical and Spiritual Perspective at Ground Zero and at the Crash of AA Flight 587"
Elaine Childs-Gowell on "Good Grief Rituals and Compassion"
Fanita English on "Fundamentalism and International Communism—Brothers Under the Skin"
Felipe Garcia on "Transactional Analysis: Tools for Maintaining Cooperation and Community, Alternatives of Violence"
Gordon Hewitt on "Violence, Xenophobia and the Development of Transactional Analysis"
Hanna Hyams on "Posttraumatic Stress Syndrome—Violence, the Case of Van Gogh"
Harry Tyrangiel on "The Other Side of the Story"
Ian Stewart and Adrienne Lee on "Two Ways of TAlking: Contrasting Styles in Transactional Analysis Groupwork"
José Grégoire on "Ego States: A Structural Narrative 'Meta Proposal'"
Laura Bolardi-Shiel on "Experiences with Affirmation Sentences/Reparenting the Inner Child in South America"
Mac Hruska on "Who Will Take Care of Me if I Become Independent?"
Marco Mazzetti on "A Transactional Analysis Hope for Refugees Victims of Violence"
Marco Sambin and Diego Rocco on "Prognostic Use of Contracts in Psychotherapy"
Maria Gilbert on "Supervision in Context: The Relevance of Supervision in a Changing World"
Marijke Arendsen Hein on "Violence in the Family: What Is Behind It?"
Mary Goodman on "Violence as Passivity, Pacifism as Autonomy: Contemplative Tools for Change"
Miriam Toth on "Beziehung Statt Gewalt"
Nelly Micholt on "Relationships and Roles in Groups"
Philippe Martin on "Transactional Conflict Resolution: Using Aikido as a Unifying Metaphor"
Robert Massey on "Multigenerational/Multisystemic Contexts of Violence and Healing"
Sari van Poelje on "You and Me and Our Cultural Scripts"
Servaas van Beekum on "An Individual in a Group Is an Animal at War"
Sharon Davis-Massey on "Relational Justice, Role Taking, and Prevention/Resolution of Violence
Theo van der Heijden on "Forgiving and Violence"
Ulrike Müller on "Violence Considered as Part of the Cultural Script"
Vann Joines on "Personality Adaptations: A Tool for Increasing Human Understanding"
Zoran Milivojevic on "Emotional Analysis of Violence"



Conference Accommodations

There are many hotels, bed and breakfasts, and camping opportunities in and around Utrecht. The conference website (www.nvta.nl) has many details about and links to various options. A special reduced rate has been secured for rooms at the Holiday Inn Hotel, a five-minute walk from the conference venue. Reservations for these rooms can be made through the Conference Office (see below). Arrangements have also been made through the Utrecht Hotel Service to reserve rooms at six nearby hotels. Reservations for these rooms may be made either through the NVTA Conference Office or the Utrecht Hotel Service (see below). However, these rates/ rooms will only be held until 30 April 2002. After that they will be released to the open market and may fill up quickly. Because of tourism and several international events in The Netherlands next summer, hotels may be booked early this year, so conference registrants are urged to make their reservations as soon as possible. We will are also trying to arrange some home hospitality. Address questions about accommodations to the Conference Office at nvta2002@planet.nl or call 31 33 472 17 64.

Holiday Inn Hotel (5 minutes from conference venue)
€145 for single or double room/night. Breakfast: €15.
Available by contacting the Conference Office at
nvta2002@planet.nl; phone: 31 33 472 17 64; fax: 31 33 475 91 29

Hotel Options through the Utrecht Hotel Service (reduced rates)
Arrival date: Thurs. 4 July 2002; Departure date: Sunday 7 July 2002
To book contact the NVTA Conference Office at email: nvta2002@planet.nl;
phone: 31 33 472 17 64; fax: 31 33 475 91 29,
or the Utrecht Hotel Service at email: uhs@vvvutrecht.nl;
phone: 31 30 236 0025; fax: 31 30 236 0038

Hotel (stars)	Single	Double	Breakfast
Hotel Ouwi **	€67	€76	Included
Mercure Hotel Utrecht-Bunnik ***	€85	€95	€11,50
Bastion Hotel Utrecht ***	€77	€77	€9
Hotel Mitland ****	€90	€107,50	Included
Tulip Inn Utrecht Centre ***	€109	€118	included
Malie Hotel ****	€109,50	€130,00	included
Best Western Amrath Hotel ****	€125,50	€130,50	€11,00

Payment Options

The conference currency is the Euro. Registration for the conference may be made by bank transfer or credit card. See the registration form on this page for details. Confirmation will be sent for conference registration. Hotels will send their own confirmations.

Cancellations/Refunds: For conference cancellations received by 1 May, refunds will be given in the amount of the total paid minus a €50 administrative fee; after 1 May until 15 June refunds will be given in the amount of 50 % paid.

Conference Office

Prior to the conference, the conference office will be located at PO Box 1197, 3800 BD Amersfoort, The Netherlands; phone: 31-33-4721764; fax 31-33-4759129; email: nvta2002@planet.nl; website: www.nvta.nl . Once the conference begins, there will be a conference desk onsite where information and assistance will be available.

Special Thanks: To Ahoevah and Roland van Praag for their tireless efforts in running the conference office, handling the many administrative details, and helping coordinate the information for this insert. Their work is much appreciated!



REGISTRATION FORM
WORLD TA CONFERENCE 2002

Family Name _____ First Name _____

Home Address _____ Postal Code/City _____

Work Address _____ Postal Code/City _____

Country _____ Phone _____ Email _____

CONFERENCE FEES
Includes coffee/tea breaks & lunches Friday and Saturday
Fee for Saturday evening banquet extra (€30)

Early Registration Before 31 March 2002	Late Registration After 31 March 2002	
€275	€375	3 days
€ 110	€188	1 day
Student/East Europe €138	€188	3 days
Student/East Europe € 55	€ 75	1 day

On principle, there will be only minimal costs for the partner and children's programs (fees for museums, swimming, etc.). The partner program and children's daycare will be available Friday through Sunday morning.

Early registration/3 days = €275 X ____ persons = _____ subtotal

Late registration/3 days = €375 X ____ persons = _____ subtotal

Early registration/1 day = € 110 X ____ persons = _____ subtotal

Late registration/1 day = €188 X ____ persons = _____ subtotal

Early registration for Student/ East Europe for 3 days = €138 X ____ persons = _____ subtotal

Late registration for Student/ East Europe for 3 days = €188 X ____ persons = _____ subtotal

Early registration for Student/ East Europe for 1 day = € 55 X ____ persons = _____ subtotal

Late registration for Student/ East Europe for 1 day = € 75 X ____ persons = _____ subtotal

Banquet = € 30 X ____ persons = _____ subtotal

TA 101 Course = €150 X ____ persons = _____ subtotal

Porter-Steele/Steele Institute = € 75 X_____ persons = _____ subtotal

de Meuron Institute = € 75 X ____ persons = _____ subtotal

Kohlrieser Institute = € 75 X ____ persons = _____ subtotal

Total Amount Due = € _____

I will pay the amount due before ☐ after ☐ 31 March 2002 to NVTA (=beneficiary) account number 59.13.80.595 of the ABN AMRO Bank, Amesfoort, The Netherlands. Please make sure that the total amount due is transferred to the NVTA. Bank charges abroad will always be paid by the ordering customer.

I will pay by credit card: ☐ MasterCard ☐ VISA ☐ Diner's Club ☐ American Express

If you would rather not give your credit card information below, you can call or fax it to Ahoevah van Praag, NVTA/Conference Office: phone 31 33 472 1764; fax 31 33 475 9129; email nvta2002@planet.nl . Also, late-comers may pay by credit card at the conference desk at the conference.

Card # _____ Exp. Date _____

Signature _____

Please indicate any special dietary preferences/needs: _____

Children's daycare required: Friday Saturday Sunday

Age of children: _____

Members' Forum

RESPONSE TO *SCRIPT* COVERAGE OF 9/11

Dear Bill:

This letter is written in response to the article in the December 2001 *Script* on working at Ground Zero at the September 11th World Trade Center disaster site. We are concerned that it might leave readers with the misimpression that the field of disaster mental health, involving a considerable volume of knowledge, training, and skills, is nonexistent or unnecessary. In fact, it is no less important to master this area of expertise than any other. One would hope that a psychotherapist would be well trained in transactional analysis principles and skills, including a well-thought-out role, rather than racing ingenuously into a mental health setting to do ad hoc treatment. So, too, one would hope that a professional in a disaster would work with existing knowledge and experienced organizations.

Disaster mental health training has been a developing field for several years, but since the 11th, good, solid training programs have proliferated, particularly in the New York area. It will come as no surprise to readers that the number one complaint of disaster survivors is the intrusion of well-meaning, eager volunteers.

Even with rather extensive prior experience as Red Cross Disaster Mental Health workers and training in international trauma work, we found that we were subject to secondary traumatization during our work on the WTC disaster and the subsequent crash of Flight 587, also in New York City. It is unbelievably tempting and easy to become a Rescuer in such situations.

We have received a phone call within the last week asking us to provide a "debriefing" group for a group of chaplains who are suffering from secondary trauma. If one is planning to do more than mental health bandaging in disaster/trauma mental health, it seems only responsible to the clients to come prepared with specific training into which one can weave ever useful and healing transactional analysis principles.

Gerry Wallman and Ilka Peck, New York City Area, USA

THOUGHTS ON NOVEY'S LATEST RESEARCH

Editor's Note: The article referred to in the following three letters is Ted Novey's as yet unpublished report about the second phase of his research on the effectiveness of transactional analysis using a model based on the 1995 Consumer Reports study with consultant Martin Seligman. Novey's article, "Measuring the Effectiveness of Transactional Analysis: An International Study," is slated for publication in the January 2002 issue of the Transactional Analysis Journal. *We print the letters from Woods, Steiner, and Novey now because they relate to Steiner's article in the December 2001* Script *and in the hopes that they will stimulate you to read Novey's* TAJ *article. After you do, we'd like to hear what you think about it and the issues raised in the following letters.*

Dear Editor:

I have some concerns about the December 2001 *Script* article Claude Steiner wrote about Ted Novey's latest research.

Two years ago I was asked to critique a research proposal being prepared by a young woman for school credit. She proposed first administering a questionnaire to the employees of a particular company to determine which employees could be classified as falling within groups with masculine attitudes, feminine attitudes, or androgynous attitudes. The student went on to propose that the androgynous group would be the one whose subjective self-reporting would reflect a higher level of self-confidence and positive adjustment.

As I recall, I first pointed out to her that by predicting what the study would show she had already exhibited a bias that would invalidate her results. Subjective reports by the subject of the research are particularly vulnerable to contamination by the bias or beliefs of the examiner. The objective researcher is one who is prepared to be surprised.

Along with Novey and Steiner, I am convinced that transactional analysis is a preferred treatment methodology. However, as Cornell and Bonds-White (2001) reminded us, some transactional analysis therapies are predicated on the love or recognition of truth, whereas others are predicated on positive stroking or the truth of love.

I offer some examples of transactional analysis treatment cases with which I am familiar. One 22-year-old pedophile was quite satisfied with the treatment he received from his previous therapist, who had reassured him that he was not entirely at fault for his relationship with a 13-year-old female as she had encouraged his attentions. When he approached an even younger female, the court referred him to another therapist.

In another case, a woman reported she was satisfied with the treatment she received because the therapist had cured her of a neurotic condition. Her therapist was less pleased and lamented, "I cured her of a neurotic condition and unleashed a psychopathy!"

Another young woman would jump in front of buses and engage in other suicidal gestures. At our third appointment, she insisted that everything was fine. At around midnight that same night she called me saying, "I'm headed for the Aurora Bridge. Meet me there!" I became angry and said, "If you're that much of a jerk, don't expect me to come to your funeral!" I then slammed down the receiver. That woman does not like me. She bad-mouthed me for the next 20 years, but she no longer jumped in front of buses.

Returning to the love of truth versus the truth of love, it was on those occasions when I failed to recognize the truth that was there to see that the patient would engage me in the game of "Gee, You're Wonderful, Professor." Eric Berne, Solon Samuels, myself, and I am sure many others have all reported receiving positive strokes from patients when the therapist screwed up. The masochistic patient will love us if we confront and charge a fee that keeps them threadbare. The sadist will appreciate the therapist who encourages and gives permission to confront others. The Rescuer will be supportive of the dependent therapist, even water his or her office plants and defend and praise the therapist to any and all who will listen. In a previous article (Woods, 1996) I reported on patients who play a game of "So Do Me Something." These patients will shop for groups that will confront and otherwise abuse them.

It is the love of truth that cures; it is the truth of love that pacifies. The patient's satisfaction with the treatment he or she has received is a poor criterion for classifying the effectiveness of treatment.

Ken Woods, Belfair, Washington, USA

REFERENCES

Cornell, W. F., & Bonds-White, F. (2001). Therapeutic relatedness in transactional analysis: The truth of love or the love of truth. *Transactional Analysis Journal, 31,* 71-83.

Woods, K. (1996). Projective identification and game analysis. *Transactional Analysis Journal, 26,* 228-231.

Dear Editor:

As I understand it, the arguments Ken Woods mounts against the self-reporting method and data from Consumer Reports (CR) are as follows: On the one hand he offers two hearsay anecdotes of a pedophile and a neurotic turned psychopath who loved their therapists because their therapists went along with their pathologies. On the other hand, he describes a client in his practice who taunted people with suicide attempts and postulates that his unconventional treatment caused her to give him up as a therapist and hate him instead.

Fair enough. Arguably, these are examples of bad patients who loved bad therapists and hated good ones and would seem to weaken the case for any study that attempts to evaluate the effectiveness of a treatment by means of its consumers' ratings of it. Let's call the fact that some patients love bad therapists and hate good ones the "LB & HG" effect.

In Novey's study, based on the CR methodology, the rating given by clients of transactional analysts were compared with the ratings given by clients of other professionals and therapeutic methods. The overall rating of transactional analysts was significantly better. If the "LB & HG" effect Ken is referring to—bad patients who love bad therapists and hate good ones—was in operation in these studies, there is no reason to think that it was more likely to operate with transactional analysts than it was with other professionals. Unless Ken is suggesting that bad transactional analysts are particularly adept at pulling the wool over their clients' eyes, and that good transactional analysts are more likely to be hated by their clients than are other professionals, I see no basis for Ken's arguments. I am sure that the fact that Berne unmasked the game of GYUP (Gee, You're Wonderful Professor!) does not make our clients any more likely to play it.

We are talking science here, not anecdotes. Novey's work followed the research procedure designed and carried out by the Consumers Reports staff with Martin Seligman, PhD, as consultant. Seligman is a well known, much published, and unimpeachable research psychologist and former president of the American Psychological Association. Those who are interested in science please read Ted's article carefully. I would like to hear from you pro and con.

Regarding love of truth, truth can be approximated in a variety of ways. One is through anecdotal evidence, the other through scientific research; both have their place. Ted's approach is the latter and we are fortunate that he is engaged in it because transactional analysis needs to acquire a scientific (rather than just anecdotal) foundation if it is to flourish. One of my tasks as ITAA Vice President of Research and Innovation is to put together a transactional analysis research portfolio with which to persuade professionals in our field of the excellence of our theory and methods.

Incidentally, in my opinion, the passionate love of truth is the only emotion of the otherwise emotionless, uncontaminated Adult ego state and, indeed, a powerful agent in the healing process. An article on the subject will appear in the January issue of the *TAJ* (and is also available at www.emotional-literacy.com/blue.htm).

Claude Steiner, Berkeley, California, USA

Dear Editor,

With regard to the letter from Ken Woods, Ken is following in the good scientific tradition of being skeptical about new research results. I hope to hear from him again after the article is published in the January 2002 *TAJ* and can be directly evaluated. Arguments about the relative value of efficacy and effectiveness research have been going on for many years, and I'm sure they will continue for many more.

Nature is tricky, and I have also learned to be skeptical about new and surprising research results until they are independently verified.

I thought that a follow-up research study to the 1995 Consumers Reports study with Martin Seligman as consultant was worthwhile. I didn't know what to expect and was surprised at the good showing of certified transactional analysts when the data analysis was completed. If the results had given a poor showing for these therapists, this would have also been important and necessary to publish.

Ted Novey, Glenview, Illinois, USA

APPRECIATION FOR "OPENING THE HEART"

Dear Editor:

I just found time to look at the July 2001 issue if *The Script* and Claude Steiner's superb summary of the "Opening of the Heart" approach to using transactional analysis. Just what this world needs in this time when too many of us are saying "You're not-OK" with firepower. Of course, I am renewing my membership in ITAA.

I am also looking forward to getting news of the next Australian transactional analysis conference. What a wonderful addition to a trip to that distant continent! I am sure that the Aussies will give notice of their next one out well ahead of the event so we who can't just jump up and go across oceans to be present can start making plans.

Maggie Hunt-Cohn, Austell, Georgia, USA

TRANSACTIONAL ANALYSIS CONFERENCES WORLDWIDE

April 4-7, 2002: Edinburgh, Scotland. ITA National Conference. Contact: Alison Ayres, 21 Mayfield Rd., Edin-burgh EH9 2NQ, Scotland; alisonayres@ndirect.co.uk; www.ita.org.uk .

July 5-7, 2002: Utrecht, Netherlands. ITAA/EATA/NVTA World TA Conference. Contact: Ahoevah Praag: 31 (0) 33.4721764 (phone); 31 (0) 33.4759129 (fax); ypraag@wsx.nl (email)

November 13-17, 2002: Perth, Australia. Sixteenth Annual Australasian TA Conference. Contact: Kate Meredith, 10a Itea Place, Mindarie, W. Australia 6030; 08-9305 1160 (phone); 08 9305 1150 (fax).

Keeping In Touch

EUROPEAN REGION

The 2001 Conference of IFAT (the French Transactional Analysis Association) was held in Grenoble (southeast of France) on 3-4 November with between 300 and 400 participants. Conference attendees had various levels of training in transactional analysis—from TA 101 graduates to Teaching and Supervising Transactional Analysts—and from all fields of transactional analysis applications. It was especially obvious this year that transactional analysis allows people of various backgrounds to meet in a relaxed, open, and warm atmosphere. This was undoubtedly also the result of the work of the organizing committee, which ensured a soft and efficient process. The conference theme was "Family Bonds, Familiar Bonds." Keynote speaker Gysa Jaoui, IFAT President, reviewed the multiple meanings of the term "bond," and 36 speakers from all fields approached various aspects of the theme from their personal points of view. Their written contributions were gathered into a book.

PACIFIC REGION

The 16th Western Pacific Association of Transactional Analysis (WPATA) Conference, planned for 13-17 November 2002 in Perth, Western Australia, has as its theme "After Hello: Connection, Cooperation, Community." Berne asked, "What do you say after you say hello?"; by way of reply, the conference theme offers many options open to people as they connect, cooperate, and create community with one another. Key themes include: developmental stages, individuation and loneliness, cooperation at home/work/community, family values and society, holism: mind/body/spirit, pluralism and cultural harmony, emotional literacy, and conflict resolution. Deadline for program proposals: 28 February 2002; send to David Malkin, PO Box 59, North Perth, Western Australia 6906. For general information contact Conference Convener Kate Meredith at katem@bmms.com.au or 10a Itea Place, Mindarie WA 6030.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC COC BOC	April 4, 2002 July 4, 2002 Nov. 12, 2002	Edinburgh, Scotland Utrecht, The Netherlands Perth, Australia	Jan. 4, 2002 April 4, 2002 Aug. 12, 2002
TSTA	COC COC	April 4, 2002 July 4, 2002	Edinburgh, England Utrecht, The Netherlands	Jan.4, 2002 April 4, 2002
CTA Written	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after paying $50 recording fee to T & C Council	Your choice
TEWs	PTSC	July 1-3, 2002	Utrecht, The Netherlands	March 1, 2002

* If COC CTA exam candidates are also doing the COC written case study, this must be submitted no later than six months ahead of the oral exam date. Details and application papers obtainable from the COC Language Group Coordinators.

Note: Exams subject to availability of examiners/exam supervisors. BOC not responsible for expenses incurred where the unavailability of examiners or exam supervisors causes examinations to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

To make arrangements to take a BOC exam, contact the T&C Council, 436 14th Street, Suite 1301, Oakland, CA 94612-2710, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 436 14th Street, Suite 1301, Oakland, CA 94612-2710, USA. **COC Training Endorsement Workshop**: to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

SOME THOUGHTS

continued from page 1

tional analysis. But we must separate this sort of use and application of these terms from the fundamental theory when we undertake research.

For instance, if we were to use the terms of the functional model for research, we would get into trouble because they suggest ideas of content, which we cannot identify as precisely as is required for good research. In addition, they may be experienced differently by or may not even be relevant for everyone, since all 6.2 billion human beings in the world have different personalities. Furthermore, if people do not manifest the "classical" ego states, we may interpret this as a deficit or as pathological. Therefore, it is not a solution to develop a normative position and to postulate that people must have ego states as we describe them in our model.

Everyone who teaches transactional analysis knows the trouble people encounter when making fine distinctions between behaviors typically ascribed to various ego states, for example, whether a behavior is Critical Parent or Adult, in one case, or Critical Parent or Rebellious Child, in another. We need many additional words and assumptions to become clear at this point, which is highly problematic in research design.

We can put this dilemma back on the transactional analysis practitioner by suggesting that she or he has not been trained well enough or does not understand the concepts clearly. But if we look around the transactional analysis community, we find that many different descriptions of the functional ego states are being taught. This is a great gift of living transactional analysis, because it results from modeling theory on the experience of real-life cases. In fact, an important way we apply transactional analysis is that we ask questions to help people get in touch with the variety of their own individual ego states in the sense of an inner team of personality parts that organize in a specific structure related to a specific situation. Competence in transactional analysis, then, involves helping people recognize, reorganize, or add to their individual creation of ego states.

However, what can be useful for clinical and teaching purposes can also be a dead end for theoretical and research discussions. Real life is our best teacher, and good research is a confrontation with real life, not an attempt to find transactional analysis metaphors in the world.

This demonstrates that we must give up the idea of describing the content of ego states in terms that are generalizable to all individuals. In fact, the professional competence of the therapist or counselor is to work with clients to identify the design and content of their own personality parts or ego states. This means that what we can rely on in transactional analysis research, therefore, is the fact that people have different ego states and that the contents of these ego states are unique to each human being.

"When we talk about scientific research, we must separate the fundamental ideas of a theory from the metaphorical aspects of the model in which those ideas were developed."

To conclude, it is important to do research after we have worked out the essence of a theory and separated it from the metaphors because the metaphors are helpful in didactic processes but not in research. This was shown here in the example of ego state theory, but we could examine game or script theory in this way as well. We will fail in research if we do not focus it on the essence of the theory, which in most cases is about a general psychological structure or process.

Günther Mohr, Diplom-Psychologe, Diplom-Volkswirt, PTSTA, lives and works in Frankfurt, Germany, and is a member of the ITAA Board of Trustees. He can be reached at hedmohr@aol.com or at www.mohr-coaching.com .

Integrative Psychotherapy Residential Workshop - Summer 2002

Richard Erskine, Ph.D.

Friday, August 2 to Sunday, August 11, 2002

This residential ten-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy. Topics that may be taught include: shame and self-righteousness; cumulative and acute traumatic reactions; the schizoid process; and the psychotherapy of dissociation, desensitization, and disavowal. Various methods of working within the therapeutic relationship will be demonstrated and may include contact, inquiry, affective attunement, involvement, and modes of empathy in individual and group psychotherapy.

This workshop is for mental health professionals who want to apply theory in clinical practice and to enhance their effectiveness through identifying aspects of contact interruption, life script, and countertransference. There will be opportunities for case consultation. I will teach, demonstrate, and elaborate on the concepts in *Beyond Empathy: A Therapy of Contact-in-Relationship* by Richard Erskine, Janet Moursund, and Rebecca Trautmann (1999, Brunner/Mazel, ISBN 0-87630-963-5).

Cost: $2400 for tuition, room, meals; reservation fee: $600 nonrefundable
Location: Kent, Connecticut (near New York City)
at the Old Chestnut Inn, with spacious grounds, gardens, and swimming

For information and to register, call or write:
Institute for Integrative Psychotherapy, 500 East 85th St,
New York, NY 10028, U.S.A.
212-734-5291 (phone) * 212-879-6618 (fax)
Visit our website at: Integrativetherapy.com

The Institute for Integrative Psychotherapy is approved by the American Psychological Association to offer continuing education for psychologists and by the National Board of Certified Counselors for counselors. Other professional CE credits are also available. The Institute for Integrative Psychotherapy maintains responsibility for the programs.