The Script

ITAA

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

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A View of the ITAA, Past and Present

by Denton L. Roberts

Few would argue that we who are the early developers of the ITAA are in the "refiner's fire" in this period of our history. From my point of view, we have shifted our focus in the last few decades. Through the 1960s, 1970s, and early 1980s we focused primarily on the liberating power of transactional analysis theory and application. In the last half of the 1980s and the 1990s we focused on developing, refining, and validating theory. Now, as we enter the 2000s, we face internal issues of divergence in theory and diversity in membership and external issues of validating and presenting transactional analysis to the scientific and professional communities.

Many therapists, consultants, and educators have used the insights of transactional analysis theory, certification, and application to develop their own theories and applications. These far-reaching developments are major contributions to our efforts to promote human well-being.

"Recent debates have sharpened our focus and pointed us toward the need for hard research and creative dialogue."

However, these decades of being in the "refiner's fire" have been times of controversy in our organization—controversy about the validity and efficacy of transactional analysis from both within and outside our ranks. This debate and dialogue among transactional analysts and between transactional analysts and the broader clinical, organizational, educational, and counseling fields and the humanistic community at large has sharpened our focus and pointed us toward the need for hard research and creative dialogue.

We do not now, nor have we ever had universal consensus about what is "legitimate" transactional analysis. Among current efforts to present and validate transactional analysis and transactional analysis training, the Training and Certification Council is delineating the "core competencies" for each of four transactional analysis fields of application, and the ITAA Research and Innovation Division is compiling research and evaluating the effectiveness of transactional analysis.

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Transactional Analysis and Redecision Therapy

An Interview with Mary Goulding and John Gladfelter

The Second International Redecision Conference, to be held in Dallas on 29-31 March 2001, will honor John Gladfelter and feature Mary Goulding as keynote speaker. Mary cocreated redecision therapy with her late husband, Bob Goulding, and John was one of their early trainees. These two prominent leaders in redecision therapy are interviewed here by Richard Steinberg, who trained with both John and Mary. Details on the conference follow the interview.

"Without responsible autonomy, there is no autonomy. Having to be aware can be demanding."

Richard: Without transactional analysis there would be no redecision therapy; how does redecision enhance transactional analysis?

Mary: Transactional analysis theory is basic to redecision therapy. For example, from which ego state is the therapist or client working? When/why do they switch? What are their boundary confusions and contaminations? Transference and countertransference can be so much more easily understood by therapists who know transactional analysis. Transactions do not get the attention they deserve: For example, within the first few minutes of the first therapy session, therapists use a crossed transaction when they interrupt Parent or Child monologues to ask, "What are you willing to change about yourself in relation to what you are saying?" Is this Adult-Adult, Parent-Child, nurturing, persecutory, or factual? It depends on tone, gestures, and facial expression, plus the reaction of the client. Diagnosing transactions is both art and science. In terms of what redecision is giving back to transactional analysis, we accent flexibility, a strong emphasis on positive stroking, and our belief that the power is in the patient. We do not believe that permission, protection, and potency are the exclusive property of the therapist. Our clients learn to be potent on their own behalf, to protect themselves, and to give themselves permission to change their lives.

John: Mary has hit the high points on theory, so I will comment on the overall picture when transactional analysis came along and then the response to redecision. Transactional analysis came at the right time for changes in how we think about therapy in general. It infused the field of psychotherapy with energy that had been lagging for some time and made psychotherapy transparent—fewer big words, fewer abstractions—something practitioners could do with people that worked and gave results that were apparent. Then redecision came along and further infused therapy with an extension that was also clear, crisp, understandable, and workable. As Mary indicated, we had to rework some of the earlier concepts so that the approach was taken out of the therapist's hands and put back into the hands and lives of patients. Somewhere along the way transactional analysis became saddled with needing credentialing, and as a result it lost a great deal of excitement, vigor, and members.

Suddenly some ITAA members were "more important" than others. I also think that having to do personal work at Mt. Madonna [Mary and Bob's home and training institute], while it excited some people, frightened and angered others. And so you found in the context of transactional analysis a way of working with clients that took TA to another level—redecision. I still find at transactional analysis conferences people who just want to talk to the audience, rather than interact; in fact, people who have trained with me find that engaging participants in their own issues is still a shock at TA conferences.

Mary: I agree. In the United States, we should eliminate the BOC, which would save us a great deal of money, and emphasize Regular Membership for all, which I think would increase the number of dedicated, enthusiastic members.

Richard: How does the concept and the therapeutic process of a redecision add to a traditional course of transactional analysis therapy?

Mary: First, therapists need to understand the fundamentals of transactional analysis and then add redecision theory and techniques. Eric told therapists to listen over and over again to tapes of their sessions, to hear ego states, transactions, games, injunctions, decisions, scripts. Bob and I taught the same thing. I don't know about a "traditional course of therapy" because clients determine what

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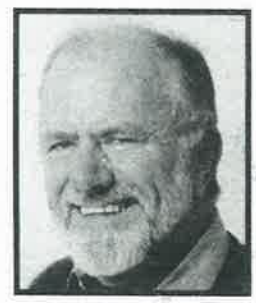
SPECIAL INSERT ON SYDNEY 2001 CONFERENCE — SEE PAGES 3-6

The ITAA: Challenge and Opportunity



by Gordon Hewitt

As incoming president I want to start my presidency by welcoming you all to the new year. I also want to begin by being clear about some of the challenges the ITAA faces and by encouraging all of us to consider ways to meet these challenges. The ITAA is evolving, and it seems clear that, at the moment, it is evolving into a much smaller organization. We need to decide whether this is a trend we wish to encourage, arrest, or reverse.

Membership Numbers

At the end of 2000, the ITAA had approximately 1800 members. That number would have been smaller without the excellent efforts of the office staff and some members, particularly Mary Goulding, in following up people who did not renew their membership. Thanks to the great work of Denton Roberts we know:

"If we find a way to retain the members we lose, it is clear that there is potential for considerable growth."

- In the past five years we have lost 1,000 non-USA members
- Membership has been declining in the USA for the past ten years
- We have lost 500 US members in the past five years

If this trend continues, the ITAA will cease to exist. On the other hand, if we can find a way to retain the members we currently lose, it is clear that there is potential for considerable growth, particularly outside the United States.

Is the ITAA Meeting Member Needs?

The decline in ITAA membership suggests that the organization is not currently meeting its members' needs and/or its membership fee is too high. We need to act on what we know members want and to see how we can provide services as efficiently and cost effectively as possible. We know that members expect the ITAA to provide value for money and quite rightly so.

We may also need to make structural changes to ensure that members feel more adequately represented on the Board of Trustees. We need to see that regional and national organizations feel we are useful so that they encourage their members to join. Both these points of view were expressed

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they want, and I will help them get what they want as quickly as possible. Sometimes a profound piece of redecision work is accomplished in the first 30 minutes of a session. Other times clients spend a long time discussing their life situations and deciding how they will improve their lives. Some need a lawyer before they need a therapist. Others need a hot meal. Sometimes a client primarily needs a therapist who will listen empathically. There is no "course of treatment." That is what makes therapy so exciting.

John: What Mary is saying is that you cannot get people into a group, keep them there for a "traditional course of therapy," and expect them to develop much autonomy—at least not if the therapist believes you need a "dose" of therapy. The idea of time structuring is one of the beautiful and much overlooked concepts in transactional analysis. For me it means that the usual 50-minute and 90-minute "courses" of therapy don't fit very well. I have individual sessions with clients that last from 10 minutes to 50 minutes, but that depends on the client, not me. It's not unusual for clients to come in expecting the therapist to be in charge of everything. Clients need to discover that they are in charge of the therapy and that the working arrangement must be worked out, not mandated. Letting clients be in charge is revolutionary, and most therapists fight it because you cannot build "traditional" courses of therapy by collaborating with the client.

Richard: Mary, in a recent article in the *Journal of Redecision Therapy* you pointed out, "Redecision therapists tend to differ from other TA therapists in their use of game theory and practice." Would you describe this difference?

Mary: We are primarily interested in the payoff—emotion plus what the client decides about self and other—and we will use this to go immediately to an early scene in which the client felt the same emotion and said the same thing about self and a significant other. In this way, the client sets up a redecision scene.

John: So many times the early scenes are payoff scenes and are memorable because of the powerful payoffs. Knowing game theory makes the use of scenes so obviously important. Emotions and the "memory" of the emotion are the important "bookmark" that enables clients to do the exciting work they do.

Richard: John, in that same journal issue you wrote, "It may seem strange that a system of modern psychology does not address or use the word 'unconscious,' a term . . . considered to be a cornerstone of psychology. . . . However, Redecision Therapy, like its predecessor Transactional Analysis (TA), does not include the concept." Would you elaborate on this?

John: The word "unconscious" means so many things to so many therapists that I find it more confusing and obfuscating than the notion of awareness. Words are so important in therapy; we hopefully learn that when we enable clients to discover their early scenes we don't ask "Do you remember?" Rather, we help the client in a safe, supportive setting to discover the emotional bookmarks that are ever present. The word "unconscious" is simply too loaded with excess meaning to be useful for me.

Mary: I agree with John. This question seems to set off horrendous debates among transactional analysis therapists, especially those who lean toward the psychoanalytic camp. I work with what people have access to in their memories while realizing that memory is often faulty and that affect is often suppressed. The very process of changing will open new channels.

Richard: How are the concept and the facilitation of autonomy handled differently in redecision therapy as compared with traditional transactional analysis?

Mary: Through the years I have argued this with Claude Steiner, Jonathon Wagner, and others. I hold that each of us is responsible for our thoughts, feelings, and actions, even in the worst of times. I think I described this best in my book *A Time to Say Good-Bye*.

John: There is a fair amount written, including back in an issue of *The American Psychologist*, about automaticity. What Mary says still holds and is even more powerful today. Even when thoughts, feelings, and actions have become automatic, we are still responsible for them. Much has become automatic in the world we live in and more and more foolishness gets excused. Without responsible autonomy, there is no autonomy. Having to be aware can be demanding and a chore; it is so easy to respond automatically. So much bad often happens when people claim that it is in the service of autonomy.

Richard: What are the most efficient and effective methods for experienced transactional analysis therapists to use to add redecision therapy approaches to their skill set?

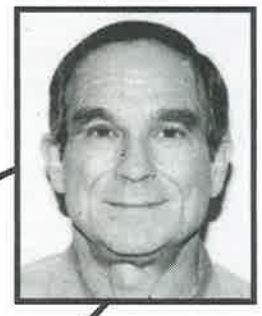
Mary: Read redecision books, articles, and the *Journal of Redecision Therapy;* come to the redecision conference, attend every redecision workshop you can find, and play with the concepts and techniques. Free yourself to create, to laugh aloud. In addition to Bob's and my ITAA video, there are videos from the Evolution of Psychotherapy conferences, and a new and excellent one called "Transactional Analysis" has just been produced by Allyn and Bacon's Psychotherapy with the Experts series (call 1-800-278-3525).

John: I want to emphasize the need for some regular training experiences. The one-week, two-week, one month, or more trainings that Bob and Mary provided were essential for me in the learning process. Having trained with them over a period of years gave me the regular exposure and experience with clients to learn how personal the learning experience must be (autonomy again?). That's not available much today except with people like Vann Joines and myself. I don't know if there are others doing regular training, although I hope there are.

Mary: I'm so glad you are still training therapists, John, and I wish you were, too, Richard. We need hundreds more. When Bob and I started training therapists, we really started learning. I advise all redecision therapists and other transactional analysis therapists to start training groups, seminars, and informal get-togethers. Ignore the rules that you can't teach without advanced membership. The best way to learn is to teach.

Richard: In my training experiences with both of you, although clients expressed the full range of emotions, the room often rocked with laughter. I'm wondering if laughter is not just a by-product of redecision therapy, but perhaps is a central ingredient.







Mary: Unhappy emotions predominate when a client is entering an early scene and reexperiencing it as it was (Adapted Child); laughter often accompanies the Free Child redecision.

John: I have no question that humor is essential for the therapist's Free Child. One of my Fielding Institute graduates did his dissertation by studying a weekend workshop conducted by Bob and Mary and finding how important humor was in the redecision process.

Richard: What are your concerns and wishes for the further evolution of transactional analysis, redecision therapy, and the general practice of psychotherapy?

John: Gene Kerfoot and I have been offering training in redecision therapy for about ten years, and we believe that we have inculcated a spirit and enthusiasm in our students that will carry on. I think that the general practice of psychotherapy is in for some bad times if the transactional analysis and redecision folk don't grow and teach.

Mary: Transactional Analysis is the most valuable, flexible theory I know. To keep transactional analysis alive in the United States we must have an active, large, dedicated membership in the ITAA. My wish is that everyone who receives this *Script* will recruit two new ITAA members this week!

Richard: Thank you, John and Mary. The first Redecision Conference was spectacular. I'm excited about seeing both of you and the other transactional analysis and redecision people at the 2001 conference.

For information on the Transactional Analysis and Redecision conference, see the ad below; call or email Rhonda or Vicki at (972) 226-6339 or vrogers@wt.net; write Alice Frazier at 8330 Meadow Rd. #202, Dallas, TX 75231, USA; or go to www.dallasgps.org . In addition to workshops by leaders in the fields of redecision therapy and related therapies, institutes will be led by Mary Goulding on "Groups in the Healing Process of Redecision Therapy," John Gladfelter on "Group of Two : Couples Redecision Therapy," Felipe Garcia on "The Responsive Process: A Group Technique to Foster and Support Life-Giving Redecisions," and Tess Castleman on "Dream Groups: How Therapists Can Facilitate Dreams in a Group Setting." In addition, information about The Journal of Redecision Therapy *is available by writing 5206 McKinney Ave., Suite 100, Dallas, TX 75205 or visiting www.redecisiontherapy.com.*

New Address for TAJ Manuscripts

As a result of changes in the ITAA office, TAJ manuscripts should now be sent directly to Publications Consultant Robin Fryer at 1700 Ganges Ave., El Cerrito, CA 94530-1938, U.S.A. She can also be reached by email at robinfryer@aol.com or by phone or fax at 510-232-0310.

The Script ITAA

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Advertising Rates:
Classified Ads: $5/per 80 characters/spaces

Display Ads: Copy should be camera-ready.

Ad Size	Rate	Width	X	Height
1/16Page	$50.	2"(5cm)		3"(7.6cm)
1/8 Page	$90.	4-1/2"(11.5cm)		3"(7.6cm)
1/4 Page	$170.	4-1/2"(11.5cm)		6"(15.2cm)
3/8 Page	$250.	4-1/2"(11.5cm)		9-1/4"(23.5cm)
1/2 Page	$330.	9-1/4"(23.5cm)		6"(15.2cm)
1/2 Page		4-1/2"(11.5cm)		12-3/4"(32.4cm)
9/16 Page	$370.	6-3/4"(17.2cm)		9-1/4"(23.5cm)
Full Page	$625.	9-1/4"(23.5cm)		12-1/3"(32.4cm)

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Note: Publication of advertising in *The Script* does not imply endorsement by the newsletter, the Editor, or the ITAA.

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An Affiliate of American Group Psychotherapy Association

PRESENTS

2001 Second International Redecision Conference

HEALING AS A REDECISION: MIND, BODY AND SPIRIT
(Experiential Redecision and Related Therapies)

March 29, 30, 31, 2001

HONORING

John Gladfelter, Ph.D.

FEATURING

Keynote Speaker – Mary Goulding

INSTITUTES

MARCH 29 (Thursday)
- Tess Castleman, M.A., Jungian Dream Groups
- John Gladfelter, Ph.D., Redecision Couples Therapy
- Mary Goulding, M.S.W., Redecision Therapy
- Felipe N. Garcia, M.A., TA & Redecision in Groups

CONFERENCE

MARCH 30, 31 (Friday & Saturday) with Leaders in the field of Redecision and Related Therapies

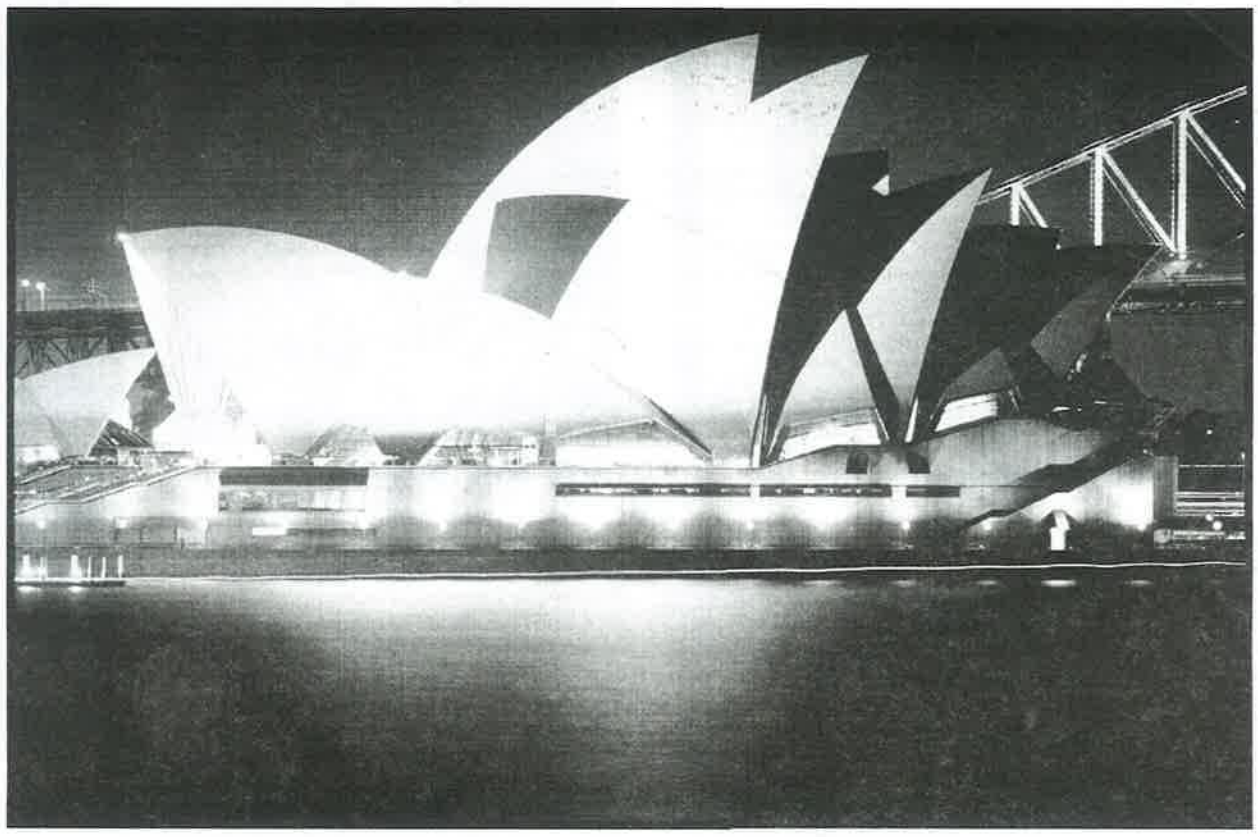
LOCATION: Dallas Parkway Hilton, Dallas, Texas

FOR MORE INFORMATION:
Call or Email Rhonda or Vicki
972-226-6339
vrogers@wt.net
WRITE:
Alice Frazier
8330 Meadow Rd. #202
Dallas, TX 75231
VISIT THE WEBSITE:
www.dallasgps.org

Sydney 2001

ITAA-WPATA Annual Conference

25-29 July



The City of Sydney

As Australia's gateway city and the capital of New South Wales, Sydney is a vigorous, cosmopolitan city; a major industrial, business, and commercial center; and endlessly fascinating in its variety and beauty. It is built around one of the world's largest, most beautiful harbors and along miles of golden surfing beaches on the shore of the Pacific Ocean. Many national parks and protected areas of natural bushland surround the city, and the lovely Blue Mountains are a short journey to the west. Perhaps the most famous of Sydney's landmarks is the spectacular Opera House, where opera, ballet, drama, and films are offered. The historic "Rocks" area is nearby, a hub of activity for residents and visitors alike. The 2000 Olympics site at Homebush Bay features most of the major sporting venues, an interesting place to tour. Sydney has an average of 340 sunny days a year, with temperatures around 17°C (64°F) June to August. Medium weight clothing with a jacket for evenings is appropriate for July. For dining at better class restaurants, a tie and jacket are recommended.

Visiting Australia

Electrical current is 240 volts, 50Hz. Sockets are designed to accept a flat 3-pin plug.

Decimal currency is used, and Australian Dollars (AUD) are the legal tender. Travelers' checks in foreign currencies are cashed in banks, hotels, and most large retail outlets. Exchange facilities are available at airports. Banking hours are generally 9:30 am–4 pm M-F. For your information, at the time of publication, AUD$1 = US $0.51. Internationally recognized credit cards, such as American Express, Visa, Diners Club, or MasterCard are generally accepted.

Tipping is not as widespread or regulated in Australia as it is in some parts of the world. Tipping is your prerogative, a reward for service. It is customary to tip hotel porters, and a gratuity of about 10% is usual in restaurants for good service.

Airport Transfer: The central business district is approximately 20 minutes by car from the International Airport. A taxi costs AUD $20-27. A regular airport-to-city bus/train service also operates but is not recommended for those with large amounts of luggage.

Passports and Visas: A current passport is necessary to enter Australia. Free, single-entry business visas are now available in countries with access to the Electronic Travel Authority (ETA). Please consult your travel agent about visa requirements.

Vaccinations: A current valid international certificate of inoculations against yellow fever is required if passengers come from or travel through infected areas. Check carefully with your airline or travel agent.

Quarantine: Australia is free from many plant and animal diseases prevalent in other countries. Very strict quarantine rules apply to the import of animals and plants, which cannot be brought into the country without prior application. Animal and plant products are also restricted.

Special Assistance

If you have particular dietary, mobility, or other needs, please advise on the Registration Form so that arrangements can be made for your convenience.

Conference Venue

The Landmark Parkroyal is located at 81 Macleay Street, Potts Point NSW 2011, Sydney, Australia; tel: +61 2 9368 3000; fax: +61 2 9368 3816. It is conveniently located within walking distance of many restaurants and Kings Cross nightlife. Public transport is close by if you wish to get into the Sydney central business district.

Questions/ Inquiries

For questions about registration, accommodations, and the conference, please contact Caroline Jones, Professional Corporate Conferences; tel: + 612 9805 0845; fax: + 61 2 9805 1240; email: caroline@corpconf.com.au, website: www.corpconf.com.au/itaa .

Preconference Institutes





Elana Leigh
Jan Grant

Mon. & Tues. 23-24 July

TA 101: This two-day workshop is a comprehensive experiential introduction to transactional analysis theory and practice. Participants will have the opportunity to increase personal awareness, improve communication skills, identify models and patterns of communication, and explore ways to develop healthy professional and personal relationships. Elana Leigh, MSc, BSoc Sci, TSTA (clinical) is a trainer, supervisor, and clinician in private practice. Jan Grant, BEd, MEd, Dip Teach, TSTA (educational) is also a teacher, trainer, and counselor in private practice.



Jean Illsley Clarke
Mon. & Tues.
23-24 July

"How It Was, How It Is, How It May Be: Reconciling the Past and the Present as We Look at an Unsure but Exciting Future": How do we parent ourselves and our children to face the challenges and the opportunities of today and of the future? Workshop participants will reconcile new demands with old messages, claim old strengths, practice new ways to strengthen relationship connections, stop letting grief be a stopper, learn to flow, use new information about brain function to grasp hope for the future, identify old messages that may inhibit their willingness to explore the future and replace them with zest for change, practice the 4 As (Ask, Act, Attend, Amend) that strengthen relationships, perhaps grieve an old dream and let it go, and identify times when flowing would be more effective than fighting, fleeing, freezing, or fixing. This two-day workshop will be challenging and interactive, and participants may explore in a safe educational setting. Dr. Clarke is a TSTA (educational) and a winner of the Eric Berne Memorial Award.



George Kohlrieser
Wed. 25 July

"Reconciliation: The Strategies and Process of Conflict Management": Despite our advanced technological development, tribal warfare has never been more prevalent—between individuals, families, groups, organizations, and cultures. Research shows that a profound absence of skills in how to resolve differences peacefully exists on many levels. This one-day institute will use theoretical presentation, role play, group exercises, and case discussion to focus on an updated view of conflict management theory; the origins and root causes of conflict, aggression, and violence; ways to analyze differences that destroy relationships; how the process of resolving conflicts and differences can work best; how to dialogue and negotiate in complex emotional situations and dilemmas; when to use different conflict resolution strategies; how to be an effective mediator; proactive approaches to prevent conflict; and the ethics of conflict management. George A. Kohlrieser, PhD, TSTA (clinical) is a psychologist specializing in conflict, aggression, and violence management who has done training in 65 countries over the last 35 years. He is ITAA Past President and a professor of organizational behavior at the International Management Institute in Lausanne, Switzerland.

Scientific Program

This conference will utilize a new format designed to facilitate ongoing internal and external dialogue on our theme of "Reconciliation: Restorative Processes: Relationships." Daily morning groups will explore ongoing themes followed by a keynote address. After lunch there will be papers, panels, and workshops. The day will conclude with a plenary group process session, the aim of which is to help us work as a collective while simultaneously bringing our individual thoughts and ideas into the process.

Keynote Speakers



Valerie Batts

"Using Transactional Analysis in Multicultural Settings to Facilitate Effective Healing and Reconciliation" *(Thurs. 26 July):* This presentation will outline how Dr. Batts uses transactional analysis with individuals and groups engaged in challenging oppression at the personal, interpersonal, institutional, and cultural levels. She will describe how reconciliation occurs in this change model and provide case illustrations from her 15 years of work in the United States, Holland, and South Africa. An important theme will be how to challenge "isms" that we may be blind to but that impede effective reconciliation and transformation. Dr. Batts is a licensed clinical psychologist, an ITAA Clinical Teaching Member, and executive director of VISIONS, Inc. She is also the author of *Modern Racism: New Melody for the Same Old Tunes,* and in addition to her work in the area of cultural diversity and multiculturalism, she does relationship-oriented psychotherapy and lifestyle change counseling.



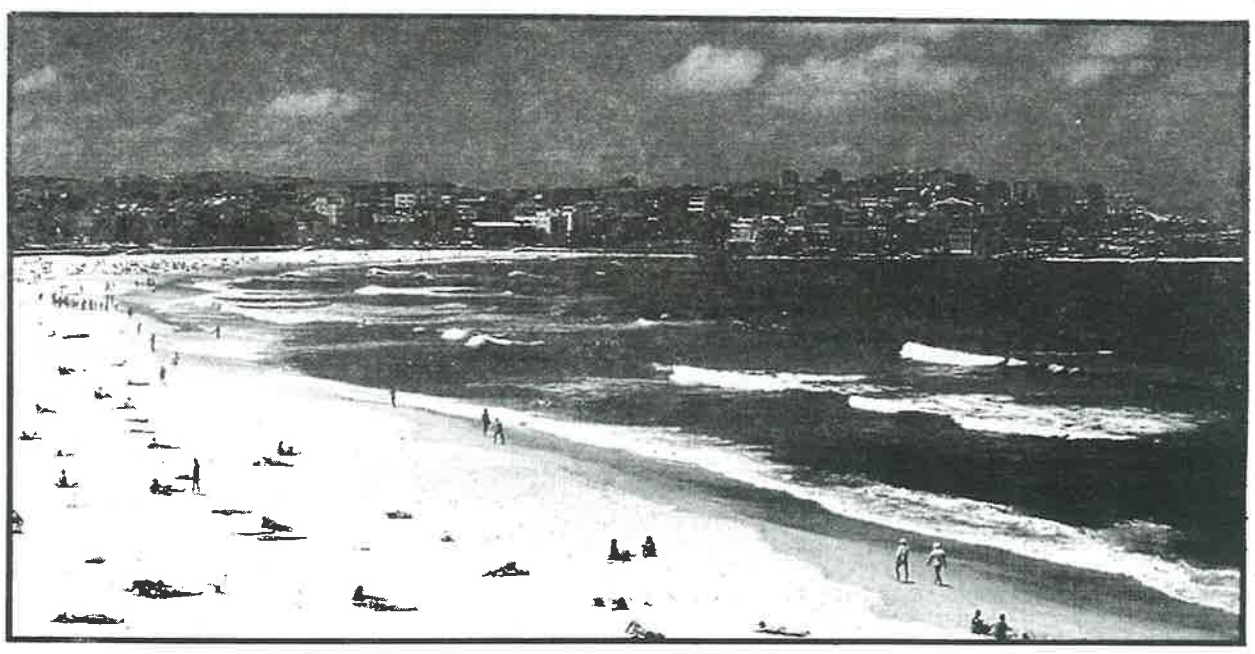
Gill Straker

"The Dream of Reconciliation: The Reality of Fragmentation" *(Fri. 27 July):* Ms. Straker will consider how notions of forgiveness and reconciliation, which have long been part of various theologies, have recently become part of popular discourse in the West. Their emergence has been heralded as an indication of a positively evolving consciousness, but Ms. Straker will question this interpretation, explore alternative explanations, and describe the conditions that facilitate both the asking of forgiveness and its granting. These explanations take place in the context of South Africa's Truth and Reconciliation Commission; however, similar issues regarding the asking for and granting of forgiveness pertain in the psychotherapeutic space where we are all challenged to confront the oppressor and the victim within. Ms. Straker is a professor in the Department of Psychology at the University of Sydney and in private practice as a therapist and supervisor. She formerly occupied the Chair of Applied Psychology at the University of Witwatersrand, Johannesburg, and has published in the areas of treating trauma and self-harm and the development of racism. She was a founding member of the sanctuaries counseling team, which, in the apartheid years, provided services for torture and trauma victims and their families. These services included counseling as well as providing safe houses for township activists. She has worked with both displaced persons and refugees.



John Braithwaite

"Restorative Processes, Shame, and Reconciliation" *(Sat. 28 July):* Dr. Braithwaite will discuss how restorative processes are about healing—particularly healing of damaged relationships—and how healing often requires acknowledging shame. For victims of injustice, healing is often facilitated by a sequence of remorse on the part of the wrongdoer and forgiveness on the part of the victim. However, restorative processes should never require or demand shame, forgiveness, remorse, or apology, all of which have little value unless they are voluntary. Yet when restorative processes involve voluntary emotional commitments, they can have great value for dealing with violence, family disintegration, and even international armed conflict. Dr. Braithwaite is a professor in the Research School of Social Sciences at the Australian National University where he chairs the Regulatory Institutions Network. The Centre for Restorative Justice is an important part of that network. His publications include *Crime, Shame and Reintegration; Global Business Regulation;* and "*Restorative Justice and Responsive Regulation."*



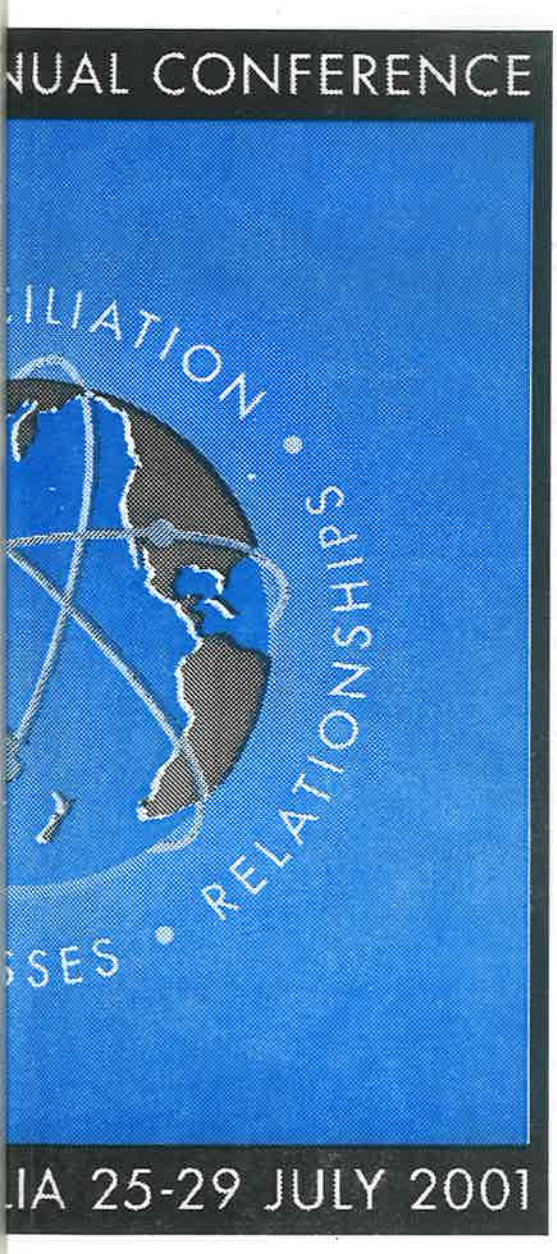


Workshops, Pan

Adele Thomas/Judi Morris (AUS): "Reconciliatio
Rosemary Napper (UK): "Transactional Analysis
Julie Hay (UK): "Meeting the Challenges of the
Curtis Steele and Nancy Porter-Steele (CND): "
Bob Massey (USA): "Roots of Reconciliation in
Sharon Davis Massey (USA): "Reconciliation as
Gloria Noriega (MEX): "Codependency Treatm
Denton Roberts (USA): "Structural Symbiotic Sys
Linda Gregory (AUS): "Creating Nonviolence"
Gordon Law (UK): "Role Imago Analysis"
Marian Weisberg (USA): "Legacy of Genocide'
Jean Illsley Clarke (USA): "Love and Overindulg
Gaylon Palmer (USA): "Intuition"
Sam Graft (USA): "Classroom Use of Transaction
Peta Blood/Julie Korner (AUS): "Restoring Harm
Tex Skuthorpe/Anne Morrill (AUS): "Art Worksho
Milly De Michell/Vittoria Soana (ITA): "Script an
Geraldine Lakeland/Bob Trett (NZ): "Psychother
Jonathon Wagner (USA): "A Holistic Model for
Margaret Bowater (NZ): "Healing Nightmares"
Kate Meredith (AUS): "Control: The Fourth Psych
Val Garfield (USA): "It's Not Over 'til It's Over" (
Sean Manning (NZ): "Bad Clients: The Antisocia
Meredith Green (AUS): "Whiteness, White Austra
Leonard Campos (USA): "Science and Ideology
Maurice Vaughan (NZ): "The Feminine Within"
Valerie Redman (AUS): "Connecting Relationsh
Annie Stopferd (AUS): "Reconciliation on Africa
Meredyth Blackwell-Bell (INDO): "Cultural Diver
Gunther Mohr (GER): "Systems"
Suryaprakash (INDI): "Egograms for Relationship
Elaine Childs-Gowell (USA): "Good Grief Rituals"

Social E

Welcome Cocktail Party: Wednesday 25 July, 6–
examinees. Cost: included in registration fee; $45/
Sydney After Dark: Thursday 26 July, 6:45 pm–mi
head over the Harbour Bridge with some champa
night, on to Manly Beach for dinner on the wharf,
Kings Cross for some nighttime sightseeing, return
Conference Dinner: Saturday 28 July, 7 or 7:30 p
band. Cost: $80.00/person; beverages extra.



ANELS, AND PAPERS

ation Starts Within"
lysis Outside Clinical Settings"
the 21st Century"
): "Doing What We Do"
in Family and Spirituality"
as a Selective Response"
atment"
Systems"
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dulgence"

tional Analysis"
irmony"
shop"
and Counseling"
herapy of Borderline Personality"
or Connecting Self, Others" (videotaped)
s"
ychological Hunger"
r" (about aging)
cial"
stralians and Reconciliation"
ogy in Transactional Analysis"
n"
nship with Business Process"
ican/Australian Relations"
versity"

ships"
als"

EVENTS

, 6–10 pm. Celebrate and congratulate successful
45/person for guests.
-midnight. Pick up from the Landmark Parkroyal,
npagne, a photo opportunity of the bridge at
arf, return via Chinatown, Darling Harbour, and
rn to the hotel. Cost: $62/person.
0 pm. A fun night of dinner and dancing to a live

CONFERENCE TOURS

We have lined up several special tours that showcase various parts of the diverse and magnificent continent of Australia. These tours can be taken either before or after the conference. A guideline to tour cost is provided based on tourist class accommodation (all modules can be extended); however, domestic Australian airfares are an additional cost. Usually it is more economical to incorporate the domestic flights in your international ticket. Speak with your travel agent about this once you have decided which tour you would like to take.

ITINERARY #1

Palm Cove—Cairns—Tropical North Queensland (3 night/4 days)

Dazzling blue skies, long white beaches, coral reefs, vibrant green vegetation, and warm perfumed air are the common ingredients of a holiday in Cairns and the surrounding Tropical North region. From luxury island resorts to camping, from champagne cruising to white-water rafting, you'll find it in Queensland's Tropical North. Accommodations are at the Novotel Palm Cove Resort ($150/night) with several optional activities, including Wild World Night Zoo BBQ Dinner ($70/person), Outer Reef Day Trip ($160/person), Kurand/Scenic Rail/Skyrail/Tjapukai Tour ($114/person), and the Port Douglas/Rainforest Habitat/ Daintree Cruise/Mossman Gorge Tour ($96/ person). The cost of the 3-hour flight from Sydney to Cairns is additional. When registering, indicate the number of nights lodging you want, single/double/or twin, and name(s) of person(s) attending.

ITINERARY #2

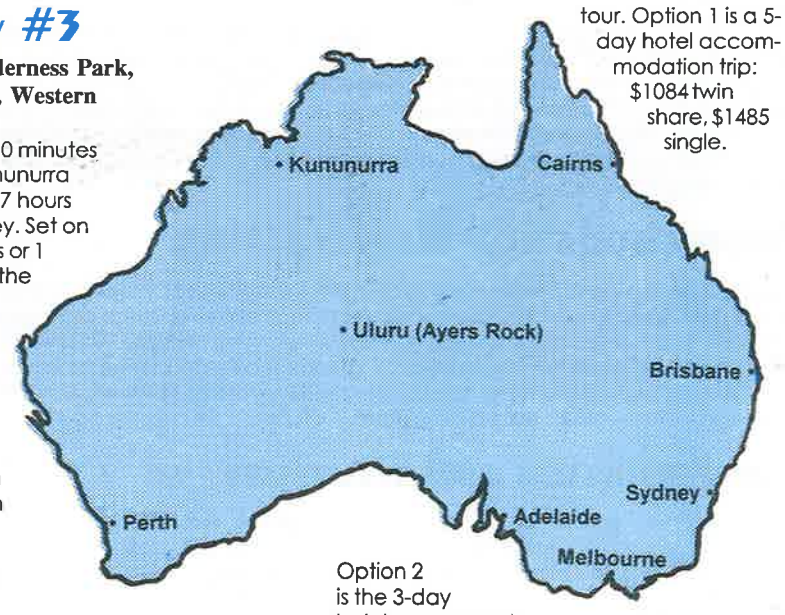
Dive Tour—Great Barrier Reef, Queensland

There are two options for this Taka II Dive Adventures tour. Accommodation for both is at the Country Comfort Sunlodge for pre- and post-Dive Tour requirements ($110 single, $122 twin/double). Option 1 is 4 days/ 3 nights, from Tuesday to Friday. Costs are $1150 double/ensuite cabin, $1127 twin/ ensuite cabin, $1040 standard twin, $930 4-share cabin. Gear hire is $66 standard, $88 with computer. Option 2 is 5 days/4 nights, from Friday to Tuesday. Costs are $1265 double/ensuite cabin, $1238 twin/ensuite cabin, $1155 standard twin, $1045 4-share cabin. Gear hire is $88 standard, $132 with computer. When registering, indicate the number of nights and kind of lodging you need at Country Comfort Sunlodge, the kind of accommodations you want on the dive tour, your check-in and check-out dates, and the name(s) of person(s) attending.

ITINERARY #3

El Questro Wilderness Park, East Kimberley, Western Australia

Located only 90 minutes southwest of Kununurra Airport by road, 7 hours flight from Sydney. Set on 400,000 hectares or 1 million acres, at the far northeast corner of the Kimberley is this unspoiled ancient land. There are two options for spending time in this area. Option 1: Full Boab & Barramundi Package Tour (4 nights, 2 at Emma Gorge, 2 at Station Township) is $1293.50. Go to El Questro for a shorter time without a package, in which case you decide your itinerary on arrival; cost is $182/ night/person at Emma Gorge Resort. Option 2: Kimberley Rose Luxury Package (minimum stay 2 nights): Homestead Room $725 twin share pp, $925 single pp; Chamberlain Suite $825 twin share pp, $1025 single pp. When registering, indicate which option you prefer, the number of nights and which kind of lodging you require, your check-in and check-out dates, the name(s) of person(s) attending, and whether you require a 4-wheel drive transfer from the airport to your accommodation ($48/person). You can also have a ranger meet you and provide a guided tour/commentary ($75/person).



ITINERARY #4

Red Centre, Central Australia (Northern Territory)

The 5-Day Journey to the Centre: Australia's Northern Territory—the real Outback. It is woodlands, rainforests, deserts, and semi-arid plains. There's something mystical about the Northern Territory, from the ancient cave paintings in Kakadu to the sacred Aboriginal monolith called Uluru (Ayers Rock). There are four options for this tour. Option 1 is a 5-day hotel accommodation trip: $1084 twin share, $1485 single. Option 2 is the 3-day hotel accommodation trip: $685 twin share, $945 single. Option 3 is the 5-day camping trip: $804 pp twin share with a single accommodation for the nights in hotels for an extra $141. Option 4 is the 3-day camping trip: $475.50 twin share pp with a single accommodation for the night in a hotel for an extra $70.50. When registering, indicate which option you prefer, the kind of accommodations required, your check-in and check-out dates, and the name(s) of the person(s) attending.

PAYMENT

To register for one or more of these itineraries, please use a separate sheet on which you give your name, address, phone/ fax/email, and all the necessary information listed above for your preferred tour(s). If paying by check please forward with your registration form. No tour registration will be processed without payment. If paying by credit card indicate if you are using American Express, Diners Club, Visa, MasterCard, or Bankcard; card number, expiration date and card holder's name (for Amex cards only, give 3 or 4 digit ID number in top right-hand corner of card), and the amount you are authorizing (in AUD) to be debited to your card.

CONFERENCE SCHEDULE

Time	Sat. July 21	Sun July 22	Mon July 23	Tues July 24	Wed July 25	Thur July 26	Fri July 27	Sat July 28	Sun July 29
8 am					Arrival tea/coffee	Arrival tea/coffee	Arrival tea/coffee	Arrival tea/coffee	Arrival tea/coffee
8:30-10 am			Clarke Institute	Clarke Institute	Kohlmeier Institute	Morning discussion groups	Morning discussion groups	Morning discussion groups	Morning discussion groups
10-10:30 am	IACC and T & C Meetings		TA101	TA101	BOC	Morning tea	Morning tea	Morning tea	Morningtea
10:30-12			ITAA Board Meeting			Batts Keynote	Straker Keynote	Braithwaite Keynote	Closing Event
12-1 pm 1:30-3 pm			ITAA Committee Meetings			Lunch	Lunch	Lunch	
3-3:30 pm						Workshops	Workshops	Workshops	
3:30-5:15 pm						Afternoon tea	Afternoon tea	Afternoon tea	
5:15-6:30 pm						Workshops	Workshops	Workshops	
Evening		ITAA Board Reception				Plenary Session	Plenary Session	Plenary Session	
						Sydney After Dark		Conference Dinner	

Registration

Please fill out one conference registration form for each person attending the conference. If you require accommodations, please fill out the accommodations section as well. If you wish to go on any of the tours, please send a separate sheet of paper on which you include the necessary information (as described on page 5) for that tour(s). Please send conference, accommodation, and tour registrations to Caroline Jones, Professional Corporate Conferences, 6/42 Khartoum Road, North Ryde NSW 2113, Australia; tel: + 612-9805-0845; fax: +612-9805-1240; email: caroline@corpconf.com.au .

Conference Registration

Conference registration includes: full attendance at the conference, morning and afternoon teas, luncheons, welcome cocktail party, conference program, conference satchel, and delegate list. Advance registration is essential. All prices are quoted in Australian Dollars (AUD) and payments in any other currency will not be accepted. Please remit payment either by bank draft or by Australian currency check payable to Professional Corporate Conferences or by credit card. All prices quoted are inclusive of the 10% Australian goods and services tax (GST).

Accommodation Registration

Check-in time is 2 pm. If room is not available for earlier check in, your luggage will be looked after. To ensure early check in, you must book and pay for the previous night. Check-out time is 11 am. If you require late check out, a surcharge may be incurred. Bookings require a deposit equivalent to one night's accommodation if paying by check. Make check payable to your preferred hotel. If paying by credit card, the hotel only holds the credit card number; no money is debited from the card.

Confirmation and Receipts

Confirmation of your registration and accommodation details will be returned by fax or email as soon as possible after receipt of your completed form and remittance. Australian delegates will receive a tax invoice, which they should keep for GST submission purposes.

Cancellations and Refunds

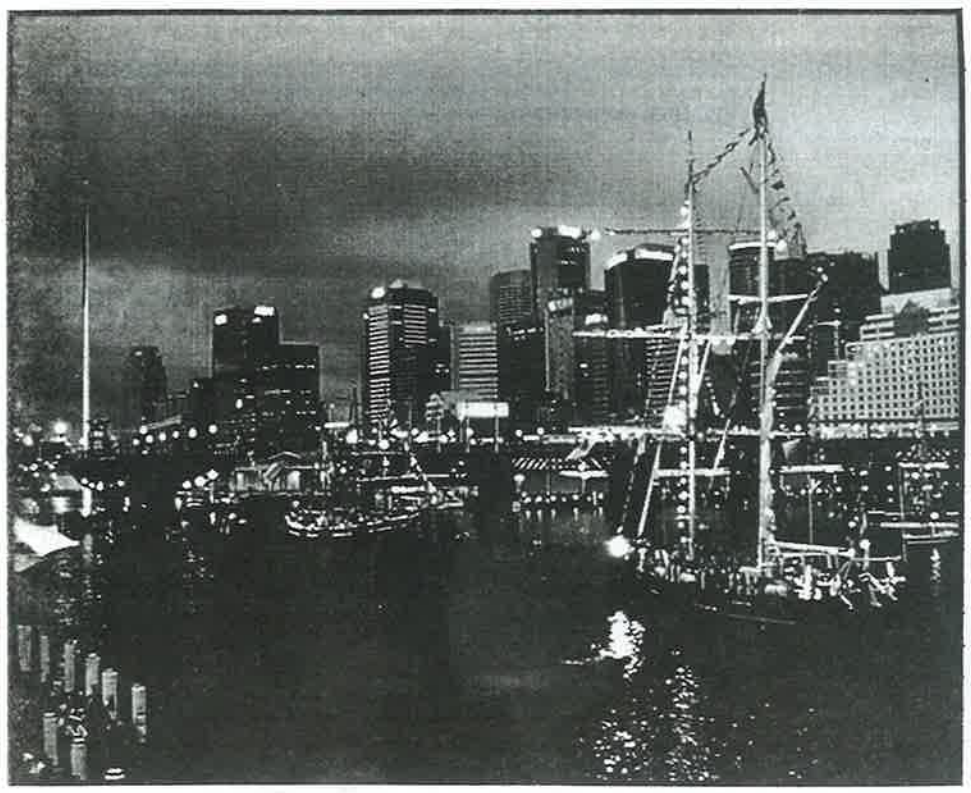
Cancellations must be made by letter, fax, or email. Refunds will apply as follows:
More than three months before the conference—refund less AUD $110.00 administrative fee; 90 days before the conference—50% cancellation fee; less than one month before the conference—no refund, however an alternate delegate may be substituted. Any refunds will be made after the conference.

Airport Transfers

If you require airport transfers to and/or from your accommodations, please contact: Silks Transfers, tel: + 61 2 9371 4466; fax: +61 2 9371 4210; email: info@silkstransfers.com.au . Your options are: normal shuttle $7.70/person one way; private transfer $66.00 one way (up to 8 persons); private transfer $82.50 one way (up to 13 persons).

Useful Websites

Ansett Airlines: www.ansett.com.au
Qantas: www.qantas.com.au
Virgin Blue: www.virginblue.com.au
Impulse: www.impulseairlines.com.au
Budget Car Rentals: www.budget.com.au
Sydney: www.sydney.com.au
Queensland: www.queensland-holidays.com.au, or www.ntholidays.com
Adelaide: www.adelaide.com.au
Tasmania: www.view.com.au
Perth: www.lonelyplanet.com/destinations/australasia/perth
Victoria: www.visitvictoria.com
White Pages: www.whitepages.com.au
Yellow Pages: www.yellowpages.com.au



CONFERENCE REGISTRATION

O Dr. O Mr. O Mrs. O Miss. O Ms. O Other _____

First Name _____ Last Name _____

Organization _____ Position in Organization _____

Preferred Name for Badge _____

Address _____

City _____ State _____

Postcode _____ Country _____

Telephone ( ) _____ Facsimile ( ) _____

Email Address _____

O Yes, I will attend the Welcome Cocktail Party on Wednesday evening 25 July

O Special Assistance Required _____

Conference Registration (check one)
- O Early-Bird Registration (by 4/26/01) @ $658/person
- O Registration (after 4/26/01) @ $735/person
- O Student Registration @ $369.00/person (proof of full-time study required with registration) $ _____

Preconference Institutes (check each you will attend)
- O Jean Illsley Clarke: 23-24 July, $290 $ _____
- O TA 101: 23-24 July, $165 $ _____
- O George Kohlrieser 25 July, $150 $ _____

Social Events
- O Sydney After Dark @ $62/person $ _____
- O Conference Dinner @ $80/person. $ _____
- O Guest tickets for Welcome Cocktail Party @ $45/person $ _____

Name(s) of Welcome Cocktail Party Guest(s) Wed. 7/25 _____
Name(s) of Sydney After Dark Participant(s) Thurs 7/26 _____
Name(s) of Conference Dinner Guest(s) Sat. 7/28 _____

Total Conference Fees Remitted $ _____

ACCOMMODATION REGISTRATION

Number of nights: _____ Type of room: O Single O Double O Twin O Other O Smoking O Nonsmoking
Name(s) of person(s) if sharing: _____
Date/Time of Arrival: _____ Date/Time of Departure: _____
Do you require late check out? O Yes O No
If yes, until what time? _____

Landmark Parkroyal
- O Standard room, $154/night $ _____
- O Junior suite, $294/night $ _____
- O Deluxe suite, $660/night $ _____

Macleay Serviced Apartments (opposite the Landmark)
- O Studio Apartment (kitchenette, up to 3 persons, 1 double, 1 single) $110/night $ _____

New Hampshire Apartments (short walk from the Landmark)
- O 1-bedroom apartment (kitchen/laundry/balcony) $121/night $ _____
- O 2-bedroom apartment (up to 4 persons, ocean view) $148.50 $ _____

Kingsview Motel (short walk from Landmark) $104.50 $ _____

Total Accommodation Deposit Remitted $ _____

PAYMENT

O Check enclosed for the total amount of _____
O Credit Card: O Visa O MasterCard O AmerEx O Diners Club O Bankcard

Name on Card _____
Card Number _____ Expiration Date _____

For AmerEx Only give 3 or 4 digit ID number in top right-hand corner of card _____

Amount authorized for debit to credit card for conference/accommodation fees $ _____

A VIEW OF THE ITAA

continued from page 1

It is important to be aware that the ITAA is our major vehicle for advancing and validating transactional analysis. It is also important to realize that ITAA is a volunteer organization with great diversity, and as with any volunteer organization, the ITAA is "your name writ large," in the words of Plato. To me, this means that how I choose to solve the organization's current problems and where I choose to weigh in on the theoretical debates is my contribution to the advancement, promotion, and sustaining of transactional analysis.

As a member of this organization for 30 years, I have seen decisions with which I agreed and those with which I disagreed, but I have always been able to see, to paraphrase the words of Eric Berne, that transactional analysis is a powerful tool in the fight for human well-being.

Personally, professionally, and relationally, transactional analysis has been very good to me. I am sure that has been true for you as well. Your membership, your recruiting of members, your presenting transactional analysis to the professional and academic community, your volunteering to serve on ITAA committees, task forces, and boards is critical to our success as an organization and to making sure that transactional analysis receives its fair hearing.

Denton Roberts is a Teaching and Supervising Transactional Analyst and Acting Executive Director of the ITAA. He can be reached c/o the ITAA or at dentonrob@aol.com . .

TAJ by Air Mail

Remember, you can get your copy o the *TAJ* faster by sending $25 US for air mail postage to the ITAA office. Make sure we have your current mailing address as well.

26th EATA Kongress
Vienna, 6-8 July 2001
"Acceptance in Europe"

In Europe, the "old" continent, the word "acceptance" is rarely used. Many countries, many peoples live together in this Europe, and every one of them is proud of its history. In our time, a new Whole-European Identity is being sought. This search will be successful if a basic principle of transactional analysis is realized: "I'm OK, You're OK" and, consequently, "We're OK, You're OK." The acceptance, the tolerance, and the acknowledgment of others are more relevant than ever. The aim of this congress is to consolidate acceptance in Europe. This congress is devoted particularly to the city of Vienna, the city of Sigmund Freud, Alfred Adler, and Viktor Frankl.

Schedule

July 6	Morning:	Arrival, welcoming of participants, introductory speech
	Afternoon:	Workshops
	Evening:	Walk through "Old Vienna"
July 7	Morning:	Lectures/ Keynotes
	Afternoon:	Workshops
	Evening:	Festive reception with dance and buffet in the "Rathaus"
July 8	Morning:	Keynotes, workshops
	Afternoon:	Saying farewell

Services for Participants

* Simultaneous translation of the plenary sessions in four languages (German, English, French, Italian)
* Translation during some of the workshops
* Recreational breaks during the congress
* All workshops and keynotes will be in the Austria Center Vienna (ACV)
* Lunch in ACV is possible
* Baby-sitting facilities
* Hotel reservations with suitable public transport facilities

Further information and registration: "EATA 2001" Austria, 1020 Vienna, Karmeliterplatz 1/6;
Tel: +43/676/4502617; Fax:+43/676/4502717; email: eatakongress2001@hotmail.com

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC	April 5, 2001	Keele, England	Jan. 1, 2001*
	BOC	April 19, 2001	Stamford, Connecticut	Jan. 19, 2001
	COC	July 5, 2001	Vienna, Austria	April 1, 2001*
	BOC	July 25, 2001	Sydney, Australia	April 25, 2001
	COC	Nov. 2, 2001	Grenoble, France	Aug. 1, 2001*
	COC	Nov. 16, 2001	Neustadt, Germany	Sept. 1, 2001*
TSTA Oral	COC	April 5, 2001	Keele, England	Oct. 1, 2000
	COC	July 5, 2001	Vienna, Austria	Jan. 1, 2001
	BOC	July 25, 2001	Sydney, Australia	April 25, 2001
CTA Written	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after payment of $50 recording fee to T & C Council	Your choice
TEWs	PTSC	Apr. 8-10, 2001	Keele, England	Dec. 8, 2000
	PTSC	July 2-4, 2001	Vienna, Austria	March 2, 2001
	TSC	July 30, 2001	Sydney, Australia	March 2001

* If COC CTA exam candidates are also doing the COC written case study, this must be submitted no later than six months ahead of the oral exam date. Full details and application papers can be obtained from the COC Language Group Coordinators.

Please Note: Exams are subject to availability of examiners and exam supervisors. BOC will not be responsible for expenses incurred where the unavailability of examiners or exam supervisors causes examinations to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

To make arrangements to take a BOC exam, contact the T&C Council, 436 14th Street, Suite 1301, Oakland, CA 94612-2710, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 436 14th Street, Suite 1301, Oakland, CA 94612-2710, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

Integrative Psychotherapy
Residential Workshop - Summer 2001

Richard Erskine, Ph.D., and Rebecca Trautmann, R.N., M.S.W.

Friday, July 27 to Sunday, August 5, 2001

This residential ten-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy. Topics that may be taught include: shame and self-righteousness; cumulative and acute traumatic reactions; the schizoid process; and the psychotherapy of dissociation, desensitization, and disavowal. Various methods of working within the therapeutic relationship will be demonstrated and may include contact, inquiry, affective attunement, involvement, and modes of empathy in individual and group psychotherapy.

This workshop is for mental health professionals who want to apply theory in clinical practice and to enhance their effectiveness through identifying aspects of contact interruption, life script, and countertransference. There will be opportunities for case consultation. We will teach, demonstrate, and elaborate on the concepts in *Beyond Empathy: A Therapy of Contact-in-Relationship* by Richard Erskine, Janet Moursund, and Rebecca Trautmann (1999, Brunner/Mazel, ISBN 0-87630-963-5).

Cost: $2400 for tuition, room, meals; reservation fee: $500 nonrefundable
Location: Kent, Connecticut (near New York City)
at the Old Chestnut Inn, with spacious grounds, gardens, and swimming

For information and to register, call or write:
Institute for Integrative Psychotherapy, 500 East 85th St.
New York, NY 10028, U.S.A.
212-734-5291 (phone) * 212-879-6618 (fax)
Visit our website at: Integrativetherapy.com

The Institute for Integrative Psychotherapy is approved by the American Psychological Association to offer continuing education for psychologists and by the National Board of Certified Counselors for counselors. Other professional CE credits are also available. The Institute for Integrative Psychotherapy maintains responsibility for the programs.

Keeping In Touch



(From left) Then ITAA president-elect Gordon Hewitt with former presidents Servaas van Beekum and Vince Gilpin in Auckland (photo by Linda Hoeben)

REGION I—ASIA, THE PACIFIC, AFRICA

The 24-27 November 2000 Australian (WPATA) and New Zealand (NZTA) Associations for Transactional Analysis held their biannual conference on a Marae, a Mauri center in Auckland (NZ). Roots, in particular spiritual and scientific roots of transactional analysis, were explored in the context of Mauri rituals of engaging and contacting. Vince Gilpin and Gordon Hewitt presented their views on the spiritual and scientific basis of Eric Berne and what this meant for our intellectual and emotional heritage. The conference considered what this could mean for current praxis. It was all highly inspirational, reports Servaas van Beekum.

REGION V—UNITED STATES

The Eastern Regional Transactional Analysis Association invites you to their 19-22 April 2001 conference in Stamford, Connecticut. This is ERTAA's ninth conference in their 15-year history. With their usual focus on theory and practice, keynote presentations each morning will be followed by a roundtable discussion. Thursday and Friday afternoons will feature workshops, supervision, and process groups. This format is designed to give attendees a common experience of theory and discussions and to build community.

Over the years, ERTAA has experimented with various conference formats, each having different goals. Models have ranged from invitational events, of which the upcoming Stamford conference is an example, to open calls for presentations. With more presenters, more space has been opened up for workshops in Stamford. Regardless of the format, all ERTAA conferences concentrate on an educational, interactional model to promote the professional interests of transactional analysts.

ERTAA President Marye O'Reilly-Knapp writes, "We continue to search for new ways of learning and growing. For example, in our last two seminars for advanced members we explored small group exchanges with an invited speaker and a self-care component in our group process. This worked well, and we will follow this model in our next seminar. The board and members will continue to evaluate and use what works for us. We are also committed to thoughtfully introducing new formats that will support our members in their professional growth. This is one of the reasons, I believe, that ERTAA has been able to remain viable and to contribute to the ITAA.

"You are welcome to join us as a community and to participate in our 15th year celebration, which is at the same hotel where we had our first conference. There will be a reception Saturday evening and a brunch on Sunday. For more information see our website at ERTAA.org or contact Fred Clark, 261 Spring St., Cheshire, CT 06410-2722, USA; phone/fax: 203-271-3733. Come learn and celebrate with us!"

Congratulations to Natalie and John Tyler on the release of *Happily Married Forever,* written by Natalie and edited by John (Harmony Publishers, 2001). This book describes "Putting Love First—Making Love Last, a Love Story about Conscious Marriage and Spiritual Transformation." In other words, as they write, "how to be blissfully married forever as a path to enlightenment."

Science and Transactional Analysis

by Claude Steiner

In some way the fact that I am now Vice President of Research and Innovation of the ITAA must be related to the fact that many years ago, in 1968, Eric Berne made it clear that he wanted me to get a PhD in psychology and become ITAA's "research director." I had an AA degree in physics but had moved to psychology and obtained a BA. I was reading Karl Popper on epistemology and Norbert Wiener on cybernetics, and until Ted Novey came on board, I was the only person in the organization with scientific training, a fact that visibly impressed Eric. Partly due to his express wish, I left the San Francisco Bay Area to attend the University of Michigan's prestigious program in scientific psychology, but while I was interested in the science (which was primarily about learning), my aim was to become a psychotherapist. Five years later when I returned to San Francisco Berne was pleased that I now had a PhD but not sure that he liked my drift away from science to being a "real doctor," his metaphor for a practitioner who was willing to undertake contracts and cures. Nevertheless, he accepted my decision and proceeded to train me in his craft.

Like all other psychotherapy systems of the time, transactional analysis was simply a better tool for achieving the purposes of therapists. Berne's insistence on a contract sharpened its aim, his focus on the visible and verifiable (as well as falsifiable) made it more plausible, and its accessible language made it more teachable to therapists and clients alike. Not until recently has the scientific standing of transactional analysis become an issue; the sophistication people now have about psychotherapy and its aims has made us accountable in new ways. We are expected to produce results, and we cannot base our theory on mere flights of intuitive fancy; we need to back up our work with some sort of research findings.

Berne was very conscious of the psychological research of his time and based his theory on what he learned from Piaget, Hebb, Berlyne, Spitz, and Libby, whose findings he used freely to weave the theoretical tapestry that is transactional analysis. The fact is that much recent research supports the assumptions of our theory; however, ultimately transactional analysis today is still a belief system closer to a religion than it is to a science such as, say, biology. Nor can it or any psychotherapy that seeks to understand rather than manipulate human nature—at least at this time—become as rigorous as any of the bona fide sciences. Any call for that goal is thoroughly unrealistic, as John Horgan amply demonstrates in his book *The Undiscovered Mind* (New York: Touchstone, 1991).

Nevertheless, in my new position, I still hope to review the contemporary research and update the scientific evidence that supports or contradicts, however loosely, the concepts of our theory.

We also can and are pursuing research regarding outcome (i.e., our effectiveness). Ted Novey has published some results of a partial survey (January 1999 *TAJ*) and is gathering a larger international sample to show further results. The fact that transactional analysis therapists (regardless of their orientation within TA) seem to do a consistently better job according to their clients as compared to the job done by other therapist groups as reported by their clients speaks volumes about the universally accepted principles with which we work (e.g., contracts, OK/OK, ego states, games, scripts, strokes, etc.). This research is very promising, and although it generates methodological and epistemological questions that need to be investigated, it is a rich vein to pursue.

Finally, I want to point out that we have recently completed an extremely productive and interesting discussion regarding transactional analysis and science on our email forum involving a number of points of view from the ITAA community. You can join our discussion and review that debate if you wish by emailing the list: ITAA-forum@egroups .

Claude Steiner can be reached at 2901 Piedmont Avenue, Berkeley, CA 94705, USA; or at csteiner@igc.org .

Editor's Note: As a result of the interesting Internet discussion Claude mentioned, we are planning a theme issue of The Script on the topic of "Transactional Analysis and Science." Please send your contributions via email to robinfryer@aol.com.

THE ITAA

continued from page 1

strongly at the long-range planning committee meeting in Halifax in August 2000.

In the March *Script* I will provide you with an overview of the services we provide and the costs associated with them as well as a more detailed breakdown of membership trends. I want this to be the start of an informed discussion by the membership and the board about the serious challenges we are facing and how our collective wisdom and international resources can help us meet them. In the April *Script* I hope to put some options before you for reform of the organization.

I also want to encourage as many people as possible to attend the Sydney conference in July 2001 both because it will be a great conference and also so that we have many members involved in the important discussions that will take place there. I also ask that regional and national organizations start planning now to send a representative to the Sydney long-range planning meeting. This is a vitally important meeting, and I suggest that organizations that can afford to do so subsidize their representatives' travel costs to this meeting. Those that cannot afford to do so can apply to the ITAA for assistance.

Growth in Other Transactional Analysis Organizations

While ITAA membership declines, at least one multinational transactional analysis organization is growing. The European Association of Transactional Analysis (EATA) has shown steady growth over a number of years and has approximately 5,600 members. Although EATA's structure would not work for the ITAA, I think we can learn much from their commitment to participation by local and regional organizations. I have been unable to get data on ALAT (the Central and South American transactional analysis organization) to determine whether it still exists or is growing.

Is the ITAA Still Relevant?

As part of the process of looking at the ITAA we need to ask whether it is still relevant and useful or whether we should hand its functions and assets over to local groups. We have a duty to the membership to consider these questions. My own view is that there are a number of functions that are best performed by an international organization and others that need to be handled locally. I think that some of our past difficulties have resulted from us not being clear about which is which.

If we decide collectively to retain the ITAA, I believe that it is possible to provide the services our members want and have a membership fee that is not a disincentive to joining the ITAA or maintaining membership.

Whatever the future holds, we all agree, I am sure, that we want transactional analysis to be supported by vibrant, active organization(s) that have communities of members joining together in a warm, positive, and productive way.

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