The Script

ITAA

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

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Ground Zero

by Denton Roberts

Standing beside the new 1,000-ton crane that was just installed to lift the heavy wreckage at Ground Zero in New York City—site of the collapsed World Trade Center twin towers—I spoke to a fireman crusty in his attire and his affect. You could tell he had spent long hours in the rubble. "How are you doing?" I asked to make conversation, realizing that it was a stupid question. I, who had badges around my neck and a chaplain's hard hat on, had to say something even though I knew it was a poor greeting. "Well," he said, "I just came off the pile. Seven of our company are in there. We found their equipment, but all we found of them were charred bones. I don't think they can even get DNA samples from bones so badly burned." I realized he had more than answered my fumbling question. I paused, having no words, and finally I said, "I'm sorry." We stood, crusty fireman and seasoned tragedy worker, in silence. I wished I could help, but after all these years of riots, burnings, and demonstrations, I knew that the thing to do was stand close and not fill the air with words. After a few minutes he began to tell me about the seven comrades/brothers he had lost and whose equipment he had found. Finally, he said, "The ground is so hot up there you can't touch it with your bare hand. I just hope that their deaths were instant." "Amen," I said. I reached out my hand to him and we shook hands and held on for a while. Then we talked of the nature of each of his brothers. I listened and said something feeble like, "Great guys."

"A new meaning of 'Ground Zero' came to me—zero to do . . . zero to say . . . just zero—except for presence."

A new meaning of "Ground Zero" came to me—zero to do. . . zero to say . . . just zero—except for presence. That fireman, like others before him whom I had encountered in the midst of tragedy, changed my life. He with his tough physical outside and his dust-laden attire, his crusty coat of sweat and ash, and I with a hard hat and a cross, a clerical collar and a look of a senior, old enough to be his father. We put our arms on each other's shoulders, the way men of our age do, and leaned for a moment on each other and choked back our tears.

The next day at the fire station the commander asked us to attend the funeral of one of their lost. "We need people there to support the families. There are so few of us and so many of them. The families need us. Will you go?" Indeed we would. So the next morning we (Edie Bogusky Beujon and I) walked to St. Patrick's Cathedral. Hundreds, thousands were there. How was it that we helped? I don't know. How did it

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Transactional Analysis in Supportive Cancer Care

by Sashi Chandran

The Coimbatore Cancer Foundation (CCF) is ten years old chronologically, although experientially it is 80, having logged 700,000 patient hours (see Figure 1, page 6). The mission of CCF is to provide an environment in which human care and concern thrive and flourish, especially for those faced with cancer. It was founded by the late Mr. K. Sreenivasan as a result of his experience with cancer, and while sharing and participating in human pain, loss, and even the gains caused by cancer, CCF continues to evolve. Nearly 50 cancer patients and their families receive services through CCF each day, all free of charge. CCF relies on both national and international groups for the funds to sustain its work. Among the groups supporting CCF's work is the ITAA, which awarded CCF $2,000 as a grant from the Eric Berne Fund for the Future.

Supportive cancer care involves the following:

- Preparing the patient and family to accept the disease and treatment and helping them to participate in their cure, healing, and dying
- Training and sensitizing the cancer care staff, both medical and paramedical, to human needs
- Creating an atmosphere and environment in which healing takes place with understanding

The philosophy and essence forming the core of all CCF activities are:

- Truth and compassion triumph over evil
- Life, energy, and movement are essential in dealing with suffering and dying
- Contractual giving and help are meaningful and purposeful. Pain, suffering, and even death are not tragic in themselves. What makes them so is the accompanying helplessness and hopelessness, and it is here that CCF continues to make a difference by using the philosophy, principles, and techniques of transactional analysis.

"The mission of CCF is to provide an environment in which human care and concern thrive and flourish, especially for those faced with cancer."

The Origins of CCF

CCF began functioning in 1991 with a team of part-time counselors, all members of the Transactional Analysis Study Circle of Coimbatore (TASCC) in India. Their work in the cancer wards of a cancer specialty center in G Kuppuswamy Naidu Memorial Hospital in Coimbatore was with the goal of, as founder Sreenivasan said, "alleviating the pain and suffering of fellow cancer patients so that I myself would not have suffered in vain." Sashi Chandran, the Managing Trustee of CCF, had been interested in transactional analysis for nearly ten years. Gradually over time, the need for counseling and education in the cancer wards led to CCF employing a full-time cancer care staff of social workers and psychologists. Since then, individual and group sessions with both educational and counseling aims have been held for patients on a daily basis.

Transactional Analysis in CCF

Since its inception, even while groping in an unknown arena, CCF has been using transactional analysis for:

- Teaching patients and their family members concepts such as ego states and strokes to widen their perspectives and help them handle their disease and its outcome
- Training and supervising the cancer care staff to enable them to cope with the stress of working with cancer patients and also to equip them with skills to work on the wards
- Developing the communication skills of health care professionals, students, and staff of educational institutions, industries, and so on

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Teaching Transactional Analysis in the Ukraine

by Nadyezhda Ivanovna Spassenko

The Eric Berne Fund for the Future has again pioneered a new path for transactional analysis with a grant that brought Valerie Lankford, ITAA Teaching Member, and Stephen Karakashian, ITAA Certified Member, to lead a four-day seminar and psychotherapy marathon in the Ukraine in July 2001. This visit was made on the principle of the Jamaica program recently initiated by the ITAA, that is, the trip and part of the living expenses of the teachers were paid by grant and the teaching was done on a volunteer basis.

Following the four TA 101s taught in the Ukraine in 1997 and 1998 by our friends Thomas Ohlsson, TSTA-EATA, Roland Johnsson, TSTA-EATA (now EATA President), and Anika Bjork, TSTA-EATA—who gifted us with their teaching—there was a pause in offering additional training because we cannot afford Western rates at which qualified teachers need to be paid and no grants were yet available to resolve the impasse.

However, with this beginning we focused on registering the Ukrainian Association for Transactional Analysis (UATA) during 1999 so that we would be eligible for grant assistance. The European Association for Transactional Analysis (EATA) made this process possible by paying our lawyer and registration costs. Our charter members were finally able to join UATA in 2000, and we were officially registered in March of this year.

The article about this happy event in transactional analysis newsletters worldwide brought us an inquiry from Vladimir Yevgenyevich Goussakovski, PTSTA-EATA (in contract with Mary Cox, TSTA-EATA) from St. Petersburg about the possibility of his teaching here. This was like manna from heaven—a qualified teacher we could afford at Eastern European rates. We forthwith organized another TA 101 in February 2001 in Kyiv and began with our TA 202 in April of this year.

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Most of the participants from the Ukrainian TA program with teachers Valerie Lankford and Stephen Karakashian (seated fourth and fifth from right) and organizer Nadyezhda Spassenko (seated far right).

EDITORIALLY YOURS

by Bill Cornell

The Privilege of Doing Our Work

The unanimity of the sanctimonious, reality-concealing rhetoric spouted by American officials and media commentators in recent days seems, well, unworthy of a mature democracy. Politics, the politics of a democracy—which entails disagreement, which promotes candor—has been replaced by psychotherapy. Let's by all means grieve together. But let's not be stupid together. A few shreds of historical awareness might help us understand what has just happened, and what may continue to happen. "Our country is strong," we are told again and again. I for one don't find this entirely consoling. Who doubts that America is strong? But that's not all America has to be. (Susan Sontag, *The New Yorker*, 24 September 2001, p. 32)

Like so many others in the United States during the days after the 11 September attacks, I wished to be with my kids. Caleb called from his new apartment in Pittsburgh an hour after the planes crashed into the World Trade Center. "Can I come home, Pop?" Of course. "You know Pop, I thought we were going to be the first generation without a war." I broke down. Later he called to say he wanted to stay in town with his friends who had all gathered together. A better plan for him than coming home as he makes his new life on his own. Seth is now in the Peace Corps in the Cote d'Ivoire (Ivory Coast), and Noah is an organic farmer in the Berkshire Mountains of Massachusetts. Neither has a phone available, so I emailed them my thoughts, including the column for the last *Script* that I had written immediately after the disaster. "Right on, Pop," Noah emailed back.

The day of the terrorist attacks, downtown Pittsburgh (where my office is) was evacuated. Clients began to cancel. Then, as the first waves of shock and fear passed, almost everyone called back to keep their appointments. I wasn't sure I could work, but I agreed to see them all. And even though hardly a week goes by without at least one session in which I feel the privilege, the extraordinary richness and importance of the work we do, the week of 11 September I felt immersed in this feeling, session after session.

After hearing President Bush's first public statement on the evening of the 11th, I was furious. I knew I had to channel my anger if I was to work with clients. The evenings of that week I poured my energy, my anger, into preparing relevant material for *The Script*, talking with friends, and writing to politicians. I quickly stopped watching television, disgusted by the endless replaying of images, the emotionality of the reporting, the lack of historical or critical perspective. I read the *New York Times* every day and was appreciative of their extraordinary reporting done with such thoughtfulness and depth of coverage under such terrible circumstances. I found that in reading, my feelings would sweep up and I could continue to think. In contrast, the television coverage seemed to create an emotional trance state, promoting a nationwide hysteria, of which our political leaders took full advantage. Where was the leadership to promote thinking? As a nation, our president told us, we were to come together, to rise again, to reassert the strength of America on the world stage, to all think the same under the banner of unity and recovery. For me it was frightening. As Sontag suggests, the tasks that lie ahead in our world community demand far more than a reassertion of strength.

A few days after the attacks, Noah called. He said he loved what I wrote, but added, "I can't get as upset as you are at all the flags. Flags are everywhere here." I asked him how he felt about the flags. "Well, Pop, we don't teach people in this country how to talk about their feelings. I don't know how to talk about my feelings about this. We don't teach people how to deal with death or tragedy. It's not our fault that we don't know what to do. The people running things say 'Fly the flag and pray,' so people fly the flag and pray. Everybody's just trying to do something. People don't know what to do, so I can't get upset with what they try to do."

Sontag suggests that our political leaders began to engage us as a nation in "psychotherapy" rather than political discourse. I agree, though I think the form of psychotherapy offered us by media and government has been of very poor quality. It is the sort of psychotherapy brought to us by managed care. We are now offering a sort of "managed grief" in which we shore up our defenses (not to mention our economy), mobilize our aggression and hatred, and feel better fast. The national time of mourning is over, our president tells us, and we are to take our families to Disney World and have fun.

On 10 September, Muriel Dimen, a New York colleague of mine whose home and office are in downtown Manhattan, had just returned from vacation to resume work on the 11th. On the 12th she wrote to a group of friends and colleagues, "Shock is wordless. That's mostly what I gleaned yesterday by myself and with my patients. This level of violence is, literally, unspeakable. A hole in meaning as big as the gap in the skyline, as the new absences in so many families and workplaces. Meaninglessness, I found myself discovering and explaining to patients, is what happens when, like someone I know, you see the second plane make the turn and you know why it's turning and you know before you see it that it's going to smash into—and, as it happens, through (through!)—the second tower. The first time you see it, the first burning tower, it's a shock. When you see the second tower, it's trauma. And so we try to talk, to put words where wordlessness is. Perhaps we fail. But the efforts to find 'The Words to Say It,' make it worthwhile, even if meaning eludes. Or perhaps the effort is the meaning."



"The capacity to tolerate and deal with complexity is one that all of us, worldwide, need now more than ever."

From a clinical point of view, it was powerful to sit hour after hour with different clients all reacting to the same, massively intrusive event that I was also trying to manage and find my own way through. It was a challenge to hold a space within which people could examine all of what they felt—the good, the bad, and the ugly. Often there were intense moments of feeling together in grief, fear, anger, confusion. Almost without exception, clients asked me about my own feelings and thoughts. The events of the "outside" world were inevitably in the room. I found it a powerful opportunity to share these experiences: two people in shock together, hour after hour, and still in each session to differentiate our experiences. Issues of past, present, and future, of the individual and of the collective, swept through the sessions to be examined together. It was a chance to examine the impact of the events of September 11th and to continue the ongoing psychotherapy. The political and social consequences of individual choices were alive in the room.

My clients, supervisees, and I have often grieved together these past weeks. We have not "been stupid" together. I have felt it such a privilege to have this place in my clients' lives. I felt proud of our abilities to hold complex and often contradictory reactions to all that has happened. It reminded me that one of the richest outcomes of psychotherapy and psychotherapy training is the development of the capacity to tolerate and deal with complexity. Nowadays it is a capacity that all of us, worldwide, need more than ever.

I write today directly from my experience as a psychotherapist doing psychotherapy under extraordinary circumstances. Our members practice transactional analysis among diverse populations and within the diverse disciplines of therapy, counseling, education, and group and organizational development. In each of our countries, within each of our disciplines, we as transactional analysts participate in vital, privileged, and necessary work. In this issue of *The Script* we continue some of the discussion of the events of September 11, return to material left out of the previous issue in order to respond to the terrorist events, and present material from our members reflecting the broad applications of transactional analysis around the globe.

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GROUND ZERO

continued from page 1

help us? That I know. They—the family, friends, and firemen—quickened our spirit and strengthened our resolve. The eulogy was for a young man barely in his forties about to be a father for the first time. He charged in tower two and ushered civilians to safety as he climbed the stairs, charging ever upward to fight the blaze. Shortly, the building crumpled and he was trapped. He and his three closest buddies, known to be the first at the scene, succumbed, but thousands of those he ushered out survived. We, and the firemen in front of us, wept cleansing tears.

"Thirty-three years on the force," one fireman told us, "and I'm not about to retire. 'They' (the administration) have asked us not to think about early retirement," one sergeant said, "like that would be something we would consider." "It's those steelworkers out there I worry about," he said. "They're used to building things and seeing structures go up, but those guys haven't had to deal with death day after day like us and for them to be thrust into the worst of all possible situations—it's hard on them."

As we contact churches, church agencies, and therapists I know, we struggle to find ways to be helpful to the survivors and those traumatized by this situation—those who can't sleep, those who shudder with the sound of a passing helicopter, those who quake when they hear the whine of sirens. How can we help? We have to find a way—a way to stop the terror from ruining lives, a way to provide a healing touch to one another, to our society, to our nation, to our world, to each other.

Denton Roberts, BD, TSTA, former acting executive director of the ITAA, went to New York from his home in Los Angeles to work alongside ITAA Vice President of Development Edie Bogusky Beujon, who has been ministering to victims and rescue workers in New York since September 11. □

The Script ITAA

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JOURNAL ENTRY

by Tony Tilney

The Returned Traveler Effect

I have recently returned from a short holiday in St. Petersburg, Russia. For a few days after returning from a foreign trip I get a strong sense of my Britishness. Strangely, I do not get it so much when I am abroad. I think it has to do with finding myself in a country where the inhabitants are acting out Britishness all around me. This does not last long, however. Soon I once more get lost in my Britishness, which is deeply embedded and which, even if I wished to, I could never wholly escape. Nevertheless, for a while when I am in a different environment I can be aware of and critically evaluate Britishness and thus become aware of choices that are usually closed to me. I call this the "Returned Traveler Effect." On returning from St. Petersburg, I not only had Russian alternatives to Britishness, I also had a strong sense that there may be many other alternatives, as yet unknown.

I believe that these contacts with the exotic are valuable in many areas of our lives and that they do not necessarily involve physical movement to another place. Any contact with the exotic will serve, such as reading the work of a writer who takes a highly original and perhaps challenging viewpoint. However, I find that if the level of challenge is too high, this is likely to be unproductive. In such instances, I may just not be ready for the author's views, or my conviction that she or he is seriously wrongheaded is well founded. If I am to have the thrill of the "Returned Traveler Effect," I need to be able to sustain the excited openness to the unfamiliar that is essential to enjoying foreign travel.

Recently my traveling has been concentrated on cities that have a rich history but are also dynamically alive now, St. Petersburg being a good example. Three hundred years ago it was still a marsh. Since then it has seen more history than most European cities fit into 1,000 years. It was the imperial capital of Russia under the czars. The list of tombs in the Tikhvin cemetery just across the road from my hotel reads like a role of honor, with Dostoevsky buried close to Tchaikovsky. The Russian revolution started here, and the city suffered terribly in World War II. Today it has regained its elegance and beauty. It is a great cultural center and is becoming a great business center as it grapples with the free market economy. It sees itself as a "one-off," unlike other cities in Russia. The world looks different from such a place.



"To have the thrill of the 'Returned Traveler Effect,' one needs to sustain the excited openness to the unfamiliar that is essential to enjoying foreign travel."

I have often used this column to invite readers into mental traveling by recognizing the contributions of controversial figures such as Sigmund Freud and Melanie Klein, whose highly original work powerfully evokes the "Returned Traveler Effect." On my visit to St. Petersburg I began reading what is probably the most challenging work in psychotherapy: the writings of the great French psychoanalyst Jacques Lacan. Although sharing the same Freudian foundations as Eric Berne, Lacan arrived at profoundly different conclusions. If you want to mentally travel to exotic places, the work of Lacan is a fascinating place to go.

Despite the contrasts, there are remarkable similarities between Berne and Lacan. Like Berne, Lacan was highly unorthodox in his views while basing them in Freudian orthodoxy. He believed that it was he who was staying close to Freud while others were drifting away. Like Berne, his approach was highly original and questioned the way psychotherapy is done as well as the beliefs on which it is based. Lacan challenged the authority of the psychoanalytic establishment and was eventually expelled, similar to the way Berne separated from the psychoanalytic establishment when he was refused accreditation. Both men set up their own organizations, which ultimately challenged orthodox psychoanalysis.

However, there are also profound differences between the two men. Unlike Berne, Lacan wrote very little. Most of the large body of work that he left is derived from transcripts of his seminars. Lacan's work is complex, often obscure, and difficult to read, while Berne's is very accessible. While Lacan was bitterly opposed to the emphasis in ego psychology on the "conflict-free zone" of the ego, Berne used this concept as the basis for the Parent ego state concept that plays such a key role in classical transactional analysis. Berne died prematurely at 60, leaving his work incomplete, while Lacan had a long life, working up to his death at the age of 80.

Lacan was near enough to Berne for us to sympathize with where he was coming from, but he is sufficiently different to powerfully set up the "Returned Traveler Effect" in the minds of transactional analysts. I shall return to Lacan in subsequent columns. I do not believe that his work can be readily integrated into transactional analysis; it is too different. But I think it has important things to say and at the least might serve to enrich and diversify the way transactional analysts conceptualize and think about what they do by evoking the "Returned Traveler Effect."

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INTERNET CONNECTION

by Jonathon Wagner

On Becoming New Internet Chair

Some of you know that in recent years I've focused on a hypothesis about an antecedent to ego states that I see as a relative to Freud's id. Because of the time involved in that interest, I thought long and hard when I read Claude Steiner's request in this column for someone to replace him as chair of the Internet committee now that he has become Vice President of Research and Innovation. And then once I decided to seek the position of Internet chair, I found myself getting anxious about whether I would be accepted. I wasted some good anxiety on it. In fact, my appointment to this position was one of the few decisions that the board approved unanimously in Sydney.

For those who don't know me, my first course in transactional analysis was with Natalie Haimowitz and Fanita English in 1968. At the time I was employed at St. Louis State Hospital, where drug research reigned supreme. I also worked as a pastoral counselor with a psychoanalytically oriented agency. Transactional analysis was a breath of fresh air. By the early 1970s I was a certified member of the ITAA, and since then, with the exception of a few years, I have been a committee member, chair, or officer of the ITAA or USATAA.

Talking with Elaine Frances, our web person, has been reassuring. I have ideas about using our website, but no knowledge if it can be done. Each time she has responded, "Oh sure, we can do that." If you have any trouble using our website, between Elaine and me, we'll get you settled in.

In recent years I've been stuck in a wheelchair due to multiple sclerosis. Travel anywhere takes planning and causes more anxiety. This month I'm taking continuing education units through the Internet to avoid travel. The courses are boring and irrelevant, but I need 20 hours for license renewal. When I asked Elaine if we could provide courses on our site, I got more than a "Yes." "I've just taken web development courses on the web. They were wonderful." Continuing she said, "I've got ideas about what makes a course exciting." To provide the thousands of people who visit our site monthly an opportunity to take courses for credit, the committee will need to write courses with ideas about diagnosis, treatment methods, and theory. Could you be that person? Let me know how you'd like to help.

"Let me know what interests you about the Internet and what keeps you away from it."

Richard Erskine talked to me about a web forum that discusses theory development and presents case studies and supervision. I'd like us to develop a forum that has such a clear focus. Our current discussion list, the ITAA Forum, often takes on a moralistic, almost pseudo-religious focus that tries to make one view of transactional analysis right and the others wrong. I have a deep hope that we can overcome that as individuals and as an organization. I think there is room for all versions of transactional analysis. My theological education was at a university that served Christian, Jewish, and Muslim students along with a few who ascribed to Asian belief systems as well. Our comprehensive tests were written by one professor and graded by others to ensure that students were evaluated for clear thinking, historical facts, and consistent theory, not for sectarian doctrine. I hope the forums we develop will follow similar guidelines of scholarship.

As I assume the chair of this committee, the website Library is being developed. Just this week a big step forward was taken when Alan Jacobs, editor of *TAJnet*, our online journal, suggested that *TAJnet* could be a source for articles. With an active editorial board and recognition as a legitimate journal, it provides a pedigree for researchers who use the library.

I have referred to the Internet committee a number of times. Elizabeth Cleary is a member and Claude will remain as a consultant. Perhaps you would like to help build the website, to give your opinion about what is appropriate, what will serve members, what will be of interest to other professionals. Contact me if you have an interest in this process, even if you have anxiety about being acceptable. There are only two requirements: (1) membership in the ITAA or a related association, and (2) access to a computer from which you can send and receive email. Asia, Asia minor, and the southern hemisphere are certainly underrepresented at this time, so we'd be especially interested to hear from people who live in those areas.

Let me know what interests you about the Internet and what keeps you away from it.

Jonathon Wagner can be reached at 1248 Dawn Valley Dr., St. Louis, Missouri, USA, or by email at jwagner@npwt.net or jjattacs@yahoo.com if the first address does not work for you.

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CHECK THEM OUT TODAY!

ITAA Website: www.itaa-net.org
ITAA Forum Discussion List: itaa-forum@yahoogroups.com (put subscribe in subject line)

ITAA News

Time Running Out for Berne Award Nominations

The Eric Berne Memorial Award in Transactional Analysis (EBMA) was established to give recognition to individuals who have made major contributions to transactional analysis. Specifically, it is intended to be an award that recognizes the writing and publication of original and highly significant work that constitutes a major advance in the field of transactional analysis. The deadline for making nominations for the EBMA is **December 1** of the year preceding the award. To be considered for a nomination, the following information and materials must be submitted to the Eric Berne Memorial Award Committee in care of the ITAA office no later than that date:

1. *Name(s) of author(s)* nominated.
2. *Publication citation.* Full reference for journal article, book, or publication in which the contribution being nominated was published.
3. *A brief title for the contribution.* For example, the name of the theoretical concept, or a descriptive title for the research project, or the label of the specific practice application, or a descriptive title for the comparison or integration of transactional analysis that was made with other theories or approaches, or a title for some other relevant area.
4. *A detailed statement supporting the nomination* as an original and highly significant contribution to transactional analysis. The contribution can be in any one or more of the following areas: theory, research, application, or integration with other systems. This statement must include discussions of the following:

a) The originality and innovation of the contribution within transactional analysis.

b) The relationship to previous work in transactional analysis and related theories or fields of application, including research where applicable.

c) Explanations for the value and need for the contribution.

d) Evidence of the impact the contribution has had on the development of the field of transactional analysis.

e) Any other statements about the contribution that need to be considered by the committee.

5. *Individual, group, or organization making the nomination.* Please supply the name, address, and telephone numbers, fax numbers, or email addresses of the person(s) whom the EBMA committee may contact if additional information or material is required to fully consider the nomination.
6. *Copies of the publication(s):* At least one copy of the article or book in which the contribution being nominated appears must accompany this written material. If the article or book was written in a language other that English, then either a translation into English must be included along with a copy of the publication(s) in the original language, or a summary or abstract of the major ideas presented in the publication(s) must be submitted in English.
7. *Notification of the Nominee:* It is the responsibility of the person(s) making the nomination for the award to notify the author(s) of their intention to do so and to provide them with a copy of the written materials submitted to the EBMA committee. Except in those instances in which the award would be made posthumously, the nominators are to inform the committee that they have done so either by submitting a copy of their letter to the nominee or by a written statement to that effect. Verification of notification is a requirement for the acceptance of the nomination.

Please send all nominations material to: The EBMA Committee, c/o The ITAA, 436 14th St., Suite 1301, Oakland, CA 94612-2710, USA. □

Use Your Talents, Have Some Fun!

One of the most enjoyable and interesting ways to participate in the international transactional analysis community is to serve as a member of an ITAA committee. These groups—each with its own focus—are one of the most important aspects of the organization. We invite you to look at the list of committees below and to contact the chair(s) if you are interested in participating (email addresses listed below; for postal address and/or phone, see your Membership Directory or contact the ITAA office). Serving on an ITAA committee is a great way to get involved, to meet people, and to contribute to the development of transactional analysis around the world.

Funding Committee (Scholarship Grant Fund and Eric Berne Fund for the Future): Rosa Krausz, Chair (rokra@terra.com.br)

Conference Committee: Gaylon Palmer, Chair (gaylonlcsw@aol.com)

Investment Subcommittee: Ted Novey, Chair (71324.1725@compuserve.com)

Internet Committee: Jonathon Wagner, Chair (jwagner@npwt.net)

Eric Berne Memorial Award: Chair open

Ethics Committee: John Parr (johnparr@psd.tele2.co.uk) and Robin Maslen (robmas@dove.net.au), Cochairs

Membership Committee: Mary Goulding, Chair (mmgoulding@worldnet.att.net)

Training and Certification Council: Servaas van Beekum, Chair (servaasvanbeekum@bigpond.com)

Board of Certification: Charlotte Daellenbach (c.daellenbach@ext.canterbury.ac.nz) and Sean Manning (smanning@earthlight.co.nz), Cochairs

Training Standards Committee: Elana Leigh (eleigh@ozemail.com.au) and C. Suriyaprakash (suriyaprakashc@hotmail.com), Cochairs □

Welcome to New Members

October 2000

Member	*Sponsor*
R. Dhanalakshmi, MA	—

May 2001

New Member	*Sponsor*
Vivian Gooding	—
Carol Groninger	—
Amanda Lacy	—
C.H. Nelissen	—
Nick Nykodym	—
Zing Rock	—
Jackie Smith	—
Martha Taylor	—
Graham Ure	—

June 2001

New Member	*Sponsor*
Buddhika Arachchige	Thomas Ohlsson
Vanessa Davies	—
Sumiko Koyama	Yoen Ishiyama
Chiang Yuan Lin	—
Kate Mellet	—
Toride Ryoko	—
John Savage	—
Julie Smith	—
Lisa Stalder	—
Patrizia Verduci	—
Heng Yun	Jessica Leong

July 2001

New Member	*Sponsor*
Jonathan Stock-Hesketh	—
Valeria Susanina	—
Dimitri I. Shystov	—

August 2001

New Member	*Sponsor*
Annie Cariapa	—
Susanne Grimmer	—
Matti Hemmi	—
Travis Jackson	—
Indu Nahata	H. Lakshmi Narayan
T. M. Ramachandran	—
Tracy Zilm	Valerie Redman

September 2001

New Member	*Sponsor*
Sue Amyes	—
Shannon M. Canfield	—
Evaristo M. Estrada	—
Dan Sydiaha	—

□

Congratulations to Long-Time Members

Listed below are the names of those members who have completed 10 and 25 years of membership. As president I want to thank them on behalf of us all for their loyalty to this organization. As I say elsewhere in this issue, we are involved in a change process for our organization so that it better meets the needs of members. It is only through the continued support of our members, and especially our long-serving members, that such change can take place. I therefore want to salute these people as supporters and as holders of the history and wisdom of our organization.

Gordon Hewitt, President

10 Years of Membership

Alison Ayres
Margaretha Bichsel
Rita Brauner,
Elizabeth H. Brekke
Carmen Cameron
Brian Cheetham
Isabella D'Amore
Clea Derwent
Doug Glazer
Gillian Dorothy Hand
Esca Hayek
Lisa Heath
Ann Heathcote
Rhae Hooper
Alison Jesson
Kalman J. Kaplan
K. M. Larson
David Malkin
Sean Manning
Gary N. Massey
Karina May
Alexsandra Mesko
Tony Metcalf
Carole Middleton-Lowe
Elke Mitzlaff
William M. Mulcair
Peter Nagel
Rosemary Napper
Claudia E. Pagano
Lilly Stuart
Anna Emanuela Tangolo
Moniek Thunnissen
Robert William Trett
Servaas van Beekum
Sari van Poelje

25 Years of Membership

Reesa Abrams
Ake Ahlberg
Joann Anderson
Yoko Arai
Pamela C. Atherton
Jose Mesquita Nogueira
Annika Bjork
Janne Blarke
Linda K. Brewer
Paul Brown
Gale Burford
Lea Ceria
Shelly Chandhok
Molly Cole
Vilma Novo Mendonca
Michael B. Cox
Roberto D. Crema
Diane M. Daher
Pamelle Dickson-White
Keiko Doi
Eleonore Fawaz-Kamber
Curtis W. Fisher
June P. Greiner
James Hanna
Lucinda A. Hess
Melva J. Thomas Johnson
Thomas Kaschten
Esther L. Klein
James C. Knapp
Hiroyuki Komoto
Ole Kyed
Alex Lawson
Fred Leafgren
Aaron Lederer
Helene Lemieux
Betty P. Lowery
Judith Marks Ford
Vern Masse
Robert Medlin
Chantal Merat
Carol Monson
Yoshitaka Moronaga
Frank Reinhardt Morris
Noriko Nakajima
James A. Pesta
Maria Luisa Pisani
Henry Ian Pizer
Susan J. Price
Suzanne C. Robinson
Rishun Shinzato
Anito Silva Pires
Alice Stevenson
Brenda Mary Tweed
Natalie Tyler
Hilary J. Wakefield
Mary Westphal
Peter Shoji Yoshimura

***** Nominations Sought *****

Hedges Capers Humanitarian Award
Deadline: 1 January 2002

Muriel James Living Principles Award
Deadline: 1 January 2002

For more details, see www.itaa-net.org

Members' Forum

FIGHTING TERRORISM BY CARING FOR ALL OUR CHILDREN

Dear Editor:

It may be of interest to *Script* readers to know something of what I personally undertook in Cape Town, South Africa, following the terrible events of 11 September 2001. I wrote a letter to the *Cape Times* on 12 September [see excerpts below], and many people wrote and called me saying "What next?" In response, I wrote a second letter inviting people to join my family and me in a 12-hour peace vigil outside the US consulate. To my surprise, several hundred people came for varying lengths of time to participate in the vigil and to sign a petition "urging the US government to seek justice and healing and to refrain from violent acts of revenge or retaliation." Those who came included people who had attended TA 101s here. About 600 people signed the petition at the vigil, and others are continuing to sign it independently and turn copies into the US consulate.

I am still receiving letters in response, and the *Cape Times* is currently working on an initiative to bring religious leaders together in a pledge for peace. We have a significant Muslim community in Cape Town that already feels under threat for various reasons. We knew our world was one, but the tragic events in the United States have made the realization of that so much more urgent in so many quarters.

Please know that I and my TA colleagues in South Africa (there are only a handful of us) are keeping our American colleagues very much in mind at this time. I pray that we find healing for the world.

Diane Salters, Simon's Town, South Africa

Letter to *Cape Times* 9/12/01

As I, along with millions, watched the towers of the World Trade Center collapse, I felt a chill deep in my bones. I was reminded of Hiroshima. The scale of death, though terrible, is obviously different, but the sense of a deep and dreadful event with world-shattering implications is similar. Both events conveyed to us the horror of violence gone beyond our worst imaginings, of forces beyond our control, of the loss of some fundamental sense of security, of a shadow falling over all the earth and possibly over generations to come.

This was a kind of social earthquake that will leave no one unaffected. Will the cloud from this event darken the skies of future generations or will we transform this horror into something else? Much depends on how we react—particularly the US government. There has already been a lot of talk about "punishment" and "evil." The anger is valid and understandable, and certainly the originators of such acts should not go free, but the direct perpetrators are dead along with their victims. How will we stop others from taking their place? How will we stop the flow of young men (usually) willing to act with extreme violence against others and themselves?

The least we owe the victims and survivors of this tragedy is that we set about creating a world in which this kind of thing does not happen. That requires that we acknowledge and act on what we already know about how violence is bred. There is ample evidence that beneath the surface of every perpetrator lies a victim who is recreating his or her own victimhood in someone else. Children who are traumatized through poverty, neglect, physical or sexual abuse, displacement, or war, who have been injured, shamed, or abandoned, who have been subjected to abuses of power—such children struggle to create healthy lives for themselves and will, in many cases, simply pass on the trauma to someone else as soon as they are old enough to do so.

Thus children must be our focus if we are to eliminate the breeding grounds of violence. In *Creating Sanctuary,* Sandra Bloom, who has worked successfully with victims and perpetrators of abuse writes, "The root cause for violence, the lowest common denominator, is the violence perpetrated against children. And this includes all forms of violence—allowing children to go hungry in the midst of plenty, denying them adequate educations, permitting homelessness, withholding medical care, failing to support overwhelmed families, and tolerating corporate and governmental policies that make good parenting impossible. Nothing will change for the better until we take seriously our shared responsibility for the well-being of our children—*all* our children."

Perhaps the scale of this event will open our eyes to the scale of the problem. Are we willing to be responsible for the well being of all our children worldwide–in America, Palestine, Israel, Ireland, Afghanistan, Iraq, Zimbabwe, and, of course, here in South Africa? Perhaps we need to make sure that the world is indeed never the same again—a different world in which children are safe will be a world safe for all.

Diane Salters

In Berne's Words

Muriel James, EdD, TSTA, has suggested that we begin a new feature in *The Script* that highlights some of Eric Berne's writings from various sources. As she says, "I strongly believe the future of transactional analysis throughout the world will largely depend on Eric Berne's writings becoming better known." Ultimately, these quotes could be compiled in a reference handbook. We like her idea, and to start us off, Muriel contributed the following quote. It is from something Berne wrote in the *New York Times Book Review* many years ago. As a public relations blurb, it was reprinted on the jacket of the book *Paper Money* by Adam Smith (Summit Book, a division of Simon and Schuster, 1981):

> The best book about the stock market and all that goes with it. He has not only read Smith, I. (no relation) and Keynes but also Freud, Zen, and Le Bon and von Neumann and Boole and Balzac, and Menander too. And he knows the stock market behaves like a woman although it is run by men.

If you'd like to contribute a quote, please send it to Robin Fryer, 1700 Ganges Ave., El Cerrito, CA 94530-1938, USA, or email it to her at robinfryer@aol.com . Please make sure the quote is correct and include as complete a reference as possible. We look forward to hearing from you.

THOUGHTS ON TERROR AND NEW YORK

Nobel laureate Elias Canetti (1979) wrote:

> The living man never considers himself greater than when confronted with the dead man, who is felled forever: At this moment the living man feels as though he had grown. Yet it is a growth that one ordinarily does not flaunt. It may recede behind a genuine grief, which covers it entirely . . . even if the deceased meant little. . . . It nevertheless would flout good taste to reveal any of the satisfaction at being confronted with the dead. It is a triumph that remains concealed, that one admits to nobody else and perhaps not even to oneself. Convention has its value here: It tries to keep an emotion secret and small, since its heedless manifestation could have the most dangerous consequences. (p. 16)

I think the satisfaction of which Canetti writes can become exaggerated and gradually escalate to genocidal proportions. First, perhaps, a person becomes interested in war films, novels, history, memorabilia, perhaps battles involving many dead (e.g., Pickett's Charge, The Light Brigade,The Bulge, Omaha Beach, Stalingrad, etc.). Then, perhaps, people need the contrast of dead and living enough to be around it in their work. For some, murder is the only action that will satisfy. Here the line is crossed between voyeurism and action. It is not only enough to feel that one is alive in the face of death, now one has to feel he or she has control of it. Some few must continue to kill, for example, serial killers and Mafia hit men. And still it escalates to mass murder, democide, genocide.

With the attack on New York, it seems the terrorists have escalated from bombing and assassination to mass murder. If reports of chemical and biological warfare can be believed, then it seems they will attempt even greater murder, and thus greater power.

I think the more efficient the murders, the more power is felt by those who murder. For example, Berne wrote about effective treatment of psychiatric problems with the following analogy. A person steps on a splinter, but ignores it. His foot is sore and he compensates by favoring the other foot. This puts stress on his ankle and he starts favoring that, and so on: knee, hip, lower back, and finally migraine headaches. He goes to a neurologist and has lots of tests, but no luck. Then he goes to an orthopedic surgeon, a neurosurgeon, and so on, again with no luck. Finally, he goes to his family doctor, who takes a complete history and asks to see the bottom of his foot. The physician removes the splinter and every thing else goes away.

This was Berne's view of how psychotherapists ought to think of "treatment": fast, efficient, and accurate. Now reverse this way of thinking: The terrorists have looked for, and found, a splinter to insert, one that has caused an escalating series of repercussions: slumping financial markets, failing airlines, huge expenses for new security on many fronts, and on and on. The sense of power must be enormous for those who have sent these terrorists to their deaths in order to kill many others and terrorize hundreds of millions. The sheer efficiency of it is mind boggling. And to do this to the most powerful nation on Earth . . . well, their sense of power has been escalated exponentially.

Alan Jacobs, Chicago, Illinois, USA

REFERENCE

Canetti, E. (1979). *The conscience of words.* New York: Farrar Straus Giroux.

EXAMS AS RITUAL PROCESSES

Dear Editor:

There has recently been considerable discussion—including at the Sydney conference and on the ITAA Forum discussion list—about the future of training and certification in transactional analysis. As someone who values these processes a great deal, I would like to offer what I think is an important perspective on them.

It is clear to me from sitting on examining boards for close to 35 years, both as a candidate and an examiner, and from being the recipient of several university degrees and numerous certificates, that for me and many others, these processes have been a *ritual of initiation and transition.* Each was a valuable growing experience and a "high" in my life. At a recent exam in Sydney, a candidate who was passed said with great pride and excitement, "Now I know that I know that I know what I know!" In fact, having a panel of one's peers confirm that one "knows what one knows one knows" can be a peak experience, as Maslow called it.

In my view, the personal peak experience offered by completing a "ritual" such as passing an exam, going to communion, attending a therapy marathon, and so on also provides the "glue" for an organization. Without their rituals, most societies and organizations do not last long. For those in the ITAA who honor and appreciate the examining process, the certification process provides the cohesive energy that enlivens and holds the organization together. Even for those who are deferred, there is a deep wisdom to having proceeded through the ritual process and having had the exam experience. They come to "know what they do not know" and that there is more for them to learn. From this perspective, a deferral is not a "failure," but a success in its own right. Participation in the examination ritual as a "sacred" event, whether the individual is passed or deferred, enriches and enlivens all participants.

Rituals are not the "hello-hello" routines about which Eric Berne wrote. Rituals are about what you do and what happens *after* you say hello. Every ritual has a purpose and a preparatory period; it involves an *ordeal* and an *outcome.* These components of ritual provide the participants with an experience that will help them to achieve a *transition* from one state of being to another. When ritual is entered into with dignity and respect (the sacred) toward the participants, the purpose, and the outcome of the ritual, and all members are deeply focused on the purpose and *now* of the ritual, "synergy" occurs; the ritual allows for a release of energy such that the participants experience a "high" or a peak experience. The shared peak experience creates deeper states of understanding and *intimacy* than previously existed. Organizations and societies in which ritual processes have died out have lost the shared intimacy and themselves die out.

I am concerned that, at least in the United States, we transactional analysts have experienced a loss of synergy, our glue. We don't get new members, and older members have left in droves. We have not healed the deep wounding that occurred in the 1970s and we quit offering training. It is no wonder that transactional analysis is vital and alive in the United Kingdom, the South Pacific, and Europe. Those people have not only thrown a great deal of energy and will into disseminating transactional analysis as a revered body of knowledge, but they have also respected and

- continued on page 6

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• Effective community outreach programs such as cancer education and awareness camps in rural and urban areas and for workers' education

• Researching the usefulness of transactional analysis in cancer care

TA 101 courses are held about three times a year, and TA Education and Training Programs (TAETPs) conducted weekly in CCF provide opportunities for learning and applying transactional analysis. About 12 individuals are in advanced transactional analysis training in various specializations and are eager to take transactional analysis into their workplaces, mostly in health care. In the ten-year journey through supportive cancer care, transactional analysis has become a way of life in CCF. Table 1 offers a glimpse of how transactional analysis fits into the overall process at CCF.

"Pain, suffering, and even death are not tragic in themselves. What makes them so is the accompanying helplessness and hopelessness, and it is here that CCF makes a difference by using the philosophy, principles, and techniques of transactional analysis."

Here is a brief example to demonstrate in human terms the difference transactional analysis can make with cancer patients. A 24-year-old woman had been struggling with cancer for nearly seven years, first in her leg and then in her spine. The social impact of the cancer and the subsequent alienation and ostracization hit her hard. She often demanded, "Why me?" Attending transactional analysis workshops and learning script theory partially answered her poignant question. Now she is married and confident, claiming to "have taken my health into my own hands."

The CCF story as described here is a beginning. We hope that there will be more papers and findings to follow.

Sashi Chandran, MA, MBA, is a provisional Teaching and Supervising Transactional Analyst (educational) who lives and works in Coimbatore. She can be reached at sashichandran@yahoo.com or at "Ashwanth," 246, A.T. Devaraj Road, Race-Course, Coimbatore, 641018, India. □

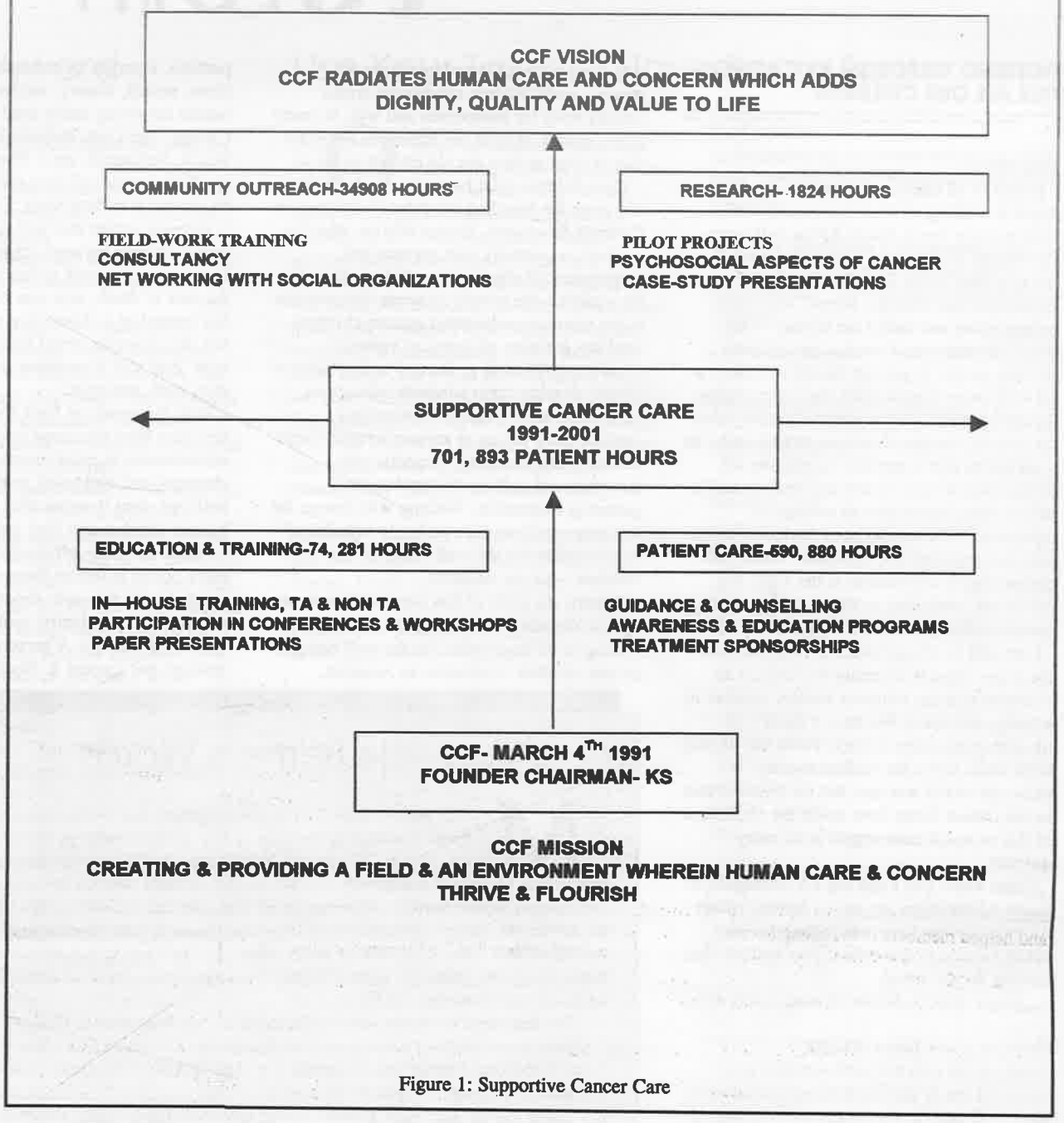

Figure 1: Supportive Cancer Care

continued from page 5

upheld the training and certification processes, often working to make it a part of their official national and state accreditations.

If we do not want the ITAA as the representative of transactional analysis in the world to die, we must preserve our rituals where they are viable. These are the spiritual heart of transactional analysis. We need people who *know that they know that they know what they know* in transactional analysis, and simply "reading a book," taking a class, or watching a video isn't going to do it. People may not like ordeals, although they undertake them all the time in regular life. I think the ordeal we in the ITAA need to face is to support those who want to participate in the ritual of training and certification in transactional analysis.

Elaine Childs-Gowell, Seattle, Washington, USA

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William Cornell, Editor

Table 1
Transactional Analysis as Used in the Coimbatore Cancer Foundation

No.	Goal	Participants	TA application	Outcome	Feedback
1	Supportive cancer care	Cancer patients and family members	PAC, strokes, art and music sessions to involve patients and help healing	Expanded awareness, increased options, application of concepts	"We feel better. This is a beginning"
2	Sensitivity to human needs, communication and counseling skills	Cancer care and administrative staff	Contractual training and supervision, advanced TA training	Transactional analysis used to assess and improve skills, competent TA professionals, reduced stress	"Become aware of options," "Gain clarity and confidence"
3	Personal and professional growth, interpersonal relationship skills	Medical and paramedical professionals, teachers, students, organizational trainees	TA 101 TA 202	TA in health care, TA in education, TA in organizations	"This is one way of looking at things—so simple," "We didn't know this before"
4	Cancer education and awareness health education	Rural and urban public	Contractual approach to learning and teaching	Increased awareness, empowerment	"So many people out there are ignorant, you should reach them"
5	Crystallization of experiences, dissemination of findings	Cancer care staff, research scholars	Contracts, all TA concepts	In-depth understanding of patient and process, insights into case studies	"Aha"

TA IN THE UKRAINE

continued from page 1

With the TA 202 in place and negotiations continuing with Yelena Soboleva, CTA, also from St. Petersburg (who is preparing for the TEW in November 2001) concerning transactional analysis therapy for our trainees, our desire grew to enrich the program with visits by experienced, leading transactional analysis specialists from places where TA has been practiced for some time. And so the Ukrainian variation of the Jamaica program was born.

Valerie Lankford is the psychotherapist who had a lot to do with saving my life many years ago. Since my observations of the psychological state of my country suggested that it suffers from many of the same problems I dealt with myself back then, I concluded that a visit by Valerie and a colleague was the place to start our enrichment supplement.

Our setting was the local teachers' college in Pereyaslav, known as the Pedinstitute, for short. There we had a large, airy room overlooking our gorgeous Trubezh River meadow; there was room for lectures at the blackboard and a large carpet in the other half where we could spread out on pillows and blankets for the marathon. The lecture proceedings were taped and will be transcribed and eventually made available in printed form not only to the twenty participants, but to all future trainees. Right next door was the dining room where we shared three delicious meals a day prepared by the dining room staff, and overnight rest was in the dormitories.

The approach underlying the work was rescripting, which I knew as "reparenting" when I was dealing with my issues. The evaluations submitted anonymously at the end of the four days testify to the effectiveness of the way Valerie and Stephen work. They established an atmosphere of trust and safety and helped members of the group loosen up within themselves and with each other to the benefit of more productive work during the marathon and more relaxed interactions all around.

We started on arrival day with a get-acquainted evening. The first day of lectures continued from morning to before supper. After supper began the marathon with the writing of contracts. Saturday was marathon all day. Many participants expressed the sense of having been together a whole week, instead of just the actual hours, because of the openness, intensity, and realness of the work together. The marathon continued on Sunday and check-out lasted long after the scheduled time. No one wanted to end the marathon experience.

In the evening on Sunday it was time to play. The occasion was my 65th birthday. The progress transactional analysis has made in the Ukraine since my lone beginning in 1997, with teachers of the status of Valerie and Stephen sharing their vast experience and knowledge with us and a group of some 20 trainees—now more committed than ever after this "hands-on" time together—made this the best birthday of my life. Time was again too short on the last day of lectures, exchanges, and evaluations, but we somehow managed to part before supper.

The success of this visit has made the plan we followed an example of the kind of enrichment to our regular transactional analysis program that we would like to repeat two or three times a year. Valerie and Stephen have agreed to return in July 2002, and Mary Goulding has scheduled a five-day visit to us in May or September 2002. We will be inviting specific practitioners of transactional analysis as possible. However, we realize we do not know what emphasis or special development in transactional analysis others might have to share, so we would like anyone interested in participating in our "Ukrainian program" to contact us. We will provide translators, so lack of knowledge of Russian or Ukrainian is not a hurdle. In fact, we hardly noticed that Stephen and Valerie were not speaking in our language because the communication was so complete.

I can be reached, as always, at nadyezhda@spassenko.relc.com or by mail at a/s 12, Pereyaslav-Khmel'nyst'kyi, Kyivs'ka oblast', 08402, UKRAINA. Please let us hear from you. □



Valerie Lankford (right) and Stephen Karakashian arrive at Boryspil' Airport to pioneer the "Ukrainian Program" in transactional analysis. The program envisions regular enrichment of the ongoing TA 202 training by visits from leading practitioners of transactional analysis from around the world. Greeting them is Nadyezhda Ivanovna Spassenko, President of the Ukrainian Association for Transactional Analysis.

Trainers Willing to Travel

Some time ago we published a list of members who were willing to do training at no cost if a sponsoring group would cover the cost of travel and lodging. We want to update that list for republication. If you would like to be included, please send your name, degree, membership or certification level, country, language(s) spoken, and areas of expertise and/or topics you would like to present. Mail to Robin Fryer, 1700 Ganges Ave., El Cerrito, CA 94530-1938, USA or email her at robinfryer@aol.com .

TRANSACTIONAL ANALYSIS CONFERENCES WORLDWIDE

January 19-26, 2002: Frenchman's Cove near Port Antonio, Jamaica. Contact: K. Dianne Maki, phone: 973-763-7973; email: makisethi@aol.com .

April 4-7, 2002: Edinburgh, Scotland. ITA National Conference. Contact: Alison Ayres, 21 Mayfield Rd., Edinburgh EH9 2NQ, Scotland; alisonayres@ndirect.co.uk; www.ita.org.uk .

July 5-7, 2002: Ütrecht, Netherlands. ITAA/EATA/NVTA World TA Conference. Contact: Ahoevah Praag: 31 (0) 33.4721764 (phone);31 (0) 33.4759129 (fax); ypraag@wsx.nl (email)

November 13-17, 2002: Perth, Australia. Sixteenth Annual Australasian TA Conference. Contact: Kate Meredith, 10a Itea Place, Mindarie, W. Australia 6030; 08-9305 1160 (phone); 08 9305 1150 (fax).

WORLD TA CONFERENCE
4 - 7 JULY 2002
ÜTRECHT, THE NETHERLANDS

World TA Conference 2002

Violence let's TAlk

Sponsored by
- Nederlandse Vereniging voor Transactionele Analyse
- International Transactional Analysis Association and
- European Association for Transactional Analysis

The theme'**Violence, Let's TAlk'** was chosen because of the many ways in which violence has an impact on our society. Violence seems an inevitable part of our life. It can be a positive force, a drive for change, a struggle to set limits, or a powerful call for attention. Violence can be a negative force that destroys, separates, isolates and kills people.

What answers can transactional analysis offer to questions such as:
* How do we create peace?
* How do we develop tolerance and mutual respect?
* How do we maintain violence?

At this conference, the many sides of violence will be analyzed within the four fields of transactional analysis: clinical, counseling, organizational, and educational. We hope this conference will offer some answers to these questions.

- Let's meet at the Beatrix Conference Centre, Ütrecht
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- in the best season of the year 2002
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Early registration before 31st March 2002 only Euro 275 or US$ 255, including two lunches. Late registration: Euro 375 or US$ 345. Students' fee: Euro 138 or US$ 128

Call for Proposals: Ask for information booklet and registration form. Deadline: 1 December, 2001.

Conference office
Ahoevah van Praag
P.O.Box 1197
NL-3800 BD Amersfoort
The Netherlands

Telephone #31-33-4721764
Fax #31-33-4759129
E-mail: nvta2002@planet.nl

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC	Nov. 2, 2001	Grenoble, France	Aug. 1, 2001*
	COC	Nov. 16, 2001	Neustadt, Germany	Sept. 1, 2001*
	BOC	Nov. 17, 2001	Christchurch, N. Zealand	Aug. 17, 2001
	BOC	Jan. 14, 2002	Chennai, India	Oct. 14, 2001
	BOC	Nov. 2002	Perth, Australia	Aug. 2002
TSTA Oral				
CTA Written	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after payment of $50 recording fee to T & C Council	Your choice
TEWs	PTSC	Nov. 17-19, 2001	Neustadt, Germany	July 17, 2001
	PTSC	April 7-9, 2002	Edinburgh, Scotland	Dec. 7, 2001
	PTSC	July 1-3, 2002	Utrecht, Netherlands	March 1, 2002

* If COC CTA exam candidates are also doing the COC written case study, this must be submitted no later than six months ahead of the oral exam date. Full details and application papers can be obtained from the COC Language Group Coordinators.

Please Note: Exams are subject to availability of examiners and exam supervisors. BOC will not be responsible for expenses incurred where the unavailability of examiners or exam supervisors causes examinations to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

To make arrangements to take a BOC exam, contact the T&C Council, 436 14th Street, Suite 1301, Oakland, CA 94612-2710, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 436 14th Street, Suite 1301, Oakland, CA 94612-2710, USA. **COC Training Endorsement Workshop**: to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

Keeping In Touch

SOUTH AMERICAN REGION

Richard Erskine has just finished a seven-year training program in integrative transactional analysis in Belo Horizonte, Brasil. More than half of the participants are clinically certified as transactional analysts, and three are Teaching and Supervising Transactional Analysts. He writes, "It was an honor to work with such a competent and enthusiastic group of experienced psychotherapists. The Brasilian transactional analysts are highly effective in their psychotherapy, with a very diverse clinical population." Richard will be starting a new training program in Compinas, São Paulo, Brasil, in November.



Participants of integrative transactional analysis training program run by Richard Erskine in Belo Horizonte, Brasil.

EUROPEAN REGION

Moniek Thunnissen of Bergen op Zoom, The Netherlands, writes that she was pleased with the response to a lecture she gave to 140 people on the occasion of the opening of a new building at the clinic where she works. In addition, she has been busy starting a new three-year transactional analysis training group with 18 people. There are also 12 people in the third year, which makes 30 people overall who are receiving training and supervision in transactional analysis.

NORTH AMERICAN REGION

Alan Jacobs will be the keynote speaker at a symposium on "Genocide: History and Prevention" sponsored by Austrian National Radio on 9-11 November 2001 in Vienna. His topic will be why people kill and commit genocide, and his presentation will draw on some of the material from his Berne Award winning article "Aspects of Survival: Triumph Over Death and Onliness" (January 1991 *TAJ*). The day after the keynote, Alan will give a short talk entitled "Holocaust and Genocide Studies: Paradigms in Conflict" and then be on a panel with Professor Henry Friedlander, author of *The Origins of Nazi Genocide*, and Professor John Weiss, author of *The Ideology of Death: Why the Holocaust Happened in Germany*. Following the symposium, some of the participants will be going to various high schools around Vienna.

Jonathan and Laurie Weiss are pleased to let readers know that their book, *Recovery from CoDependency: It's Never Too Late to Reclaim Your Childhood,* has been republished by iUniverse.com as a print-to-order item with no changes from the original text. It is available through Jon and Laurie's website at http://www.dimensional.com/~empower/bkdscrp.html#Recovery.

Pam Levin did a day-and-a-half presentation on "The Supported Journey: Integrative Healing Across the Lifespan" at the yearly symposium of the Nashville Psychotherapy Institute in Nashville, Tennessee, 18-19 October. She presented a healing model that integrates physical, mental, and spiritual issues and addressed such issues as how our culture defines illness, what that definition assumes about who we are, what the true nature of illness is, and whether there is a model that defines how to support growth and healing throughout life.

Mary Goulding and Phyllis Jenkins have started an ongoing transactional analysis–redecision training session in San Francisco. Mary writes, "The group has 14 therapists, all fine! It is a great group, mostly seasoned therapists—a joy! We meet for six hours, one Saturday a month. I am urging them to join ITAA. None are members now." □



A Surprise Meeting

In Alaska, on the trail from Skagway to the Chilkoot Pass, which was a steep entry to the Klondike Gold Rush of 1897, is a tiny town of 12 small shacks built in 1898. Unexpectedly, in August 2001, three transactional analysts from three different countries met on the trail. **Muriel James,** from the USA, was there to do some research when she heard a voice yell, "Muriel!" Turning around, she was embraced by **Martha Beato** of Santo Domingo, who had been in a training workshop with Muriel in the Dominican Republic in 1983. Suddenly, she heard a second voice yell, "Muriel!" It was **Octavio Rivas** of Mexico, who is also active in transactional analysis. They had known each other for years.

Although on different tours with different agendas, and with only a few moments together before leaving to continue on their way, their mutual respect for transactional analysis theory and applications, and for each other, made the unexpected meeting a precious one that will be long remembered. □

Integrative Psychotherapy Residential Workshop - Summer 2002

Richard Erskine, Ph.D.

Friday, August 2 to Sunday, August 11, 2002

This residential ten-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy. Topics that may be taught include: shame and self-righteousness; cumulative and acute traumatic reactions; the schizoid process; and the psychotherapy of dissociation, desensitization, and disavowal. Various methods of working within the therapeutic relationship will be demonstrated and may include contact, inquiry, affective attunement, involvement, and modes of empathy in individual and group psychotherapy.

This workshop is for mental health professionals who want to apply theory in clinical practice and to enhance their effectiveness through identifying aspects of contact interruption, life script, and countertransference. There will be opportunities for case consultation. We will teach, demonstrate, and elaborate on the concepts in *Beyond Empathy: A Therapy of Contact-in-Relationship* by Richard Erskine, Janet Mour-sund, and Rebecca Trautmann (1999, Brunner/Mazel, ISBN 0-87630-963-5).

Cost: $2400 for tuition, room, meals; reservation fee: $600, nonrefundable
Location: Kent, Connecticut (near New York City)
at the Old Chestnut Inn, with spacious grounds, gardens, and swimming

For information and to register, call or write:
Institute for Integrative Psychotherapy, 500 East 85th St, New York, NY 10028, U.S.A.
212-734-5291 (phone) * 212-879-6618 (fax)
Visit our website at: Integrativetherapy.com

The Institute for Integrative Psychotherapy is approved by the American Psychological Association to offer continuing education for psychologists and by the National Board of Certified Counselors for counselors. Other professional CE credits are also available. The Institute for Integrative Psychotherapy maintains responsibility for the programs.

Call for Nominations for Two Prestigious ITAA Awards

The Muriel James Living Principles Award and the Hedges Capers Humanitarian Award are now open for nominations. Let's all take some time to think about colleagues who may be deserving of one of these awards and to nominate them. There are many people who work hard and diligently for the growth of transactional analysis, and it is important that their work be recognized and stroked.

The Muriel James Award is for those ITAA members who have advanced the growth of transactional analysis by personally living the principles of TA as well as by making contributions of an exceptional and lasting nature to transactional analysis. Such a person lives by using clear Adult thinking while also being joyful, positive, and creative. This person would model compassion, live according to high ethical standards, and promote an "I'm OK, You're OK" relationship with others.

The Hedges Capers Humanitarian Award is designed for those who have made significant, enduring contributions to humanity in activities that promote the welfare of people, especially through the alleviation or elimination of pain and suffering. This ITAA person would work toward these goals even at personal risk or sacrifice to himself or herself. These humanitarian activities may come from a lifetime pattern of living or a single important occurrence.

I am sure there are many people in our transactional analysis community who fit these descriptions, so please nominate them for the recognition they deserve. Any ITAA member can suggest another member for the Capers or James awards by submitting in writing a detailed nomination addressed to me as vice president of operations. Please submit the nominee's name along with a narrative account of the reasons the individual deserves recognition, attaching all relevant documentation. The deadline for nominations for these awards is **1 January 2002.**

Linda Gregory,
Vice President of Operations
□