The Script

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

VOL. XXIX, NO. 8 NOVEMBER 1999

Symposium on the Schizoid Process Offers Genuine Dialogue

by Helena Hargaden

When I awoke on Friday 20 August 1999 I jumped out of bed full of enthusiasm—not because it was my birthday (which it was!), but because I was to be one of the presenters for the symposium on the schizoid process that took place during the ITAA conference in San Francisco. This advanced clinical education event was designed to foster both in-depth consideration of the schizoid process and dialogue among clinicians representing multiple perspectives, including transactional analysis, gestalt, developmental, and psychoanalytic models. Although many of us in the transactional analysis community have been working in depth with complex ego states for some time, I think often we have felt "isolated" from mainstream transactional analysis, even while "yearning for connection, recognition, and acceptance" from and with our peers. Some of us have even been "afraid to show who we really are" as clinicians for fear that we will no longer be accepted as transactional analysts, that we will be "engulfed" by the gods of cognition and behavior, that our work with deep affective and complex processes will be "overly defined" and "reduced" to yet another equation making us "ashamed of our need to be connected" and wish that we had kept ourselves "hidden," "split off," "relying only on our fantasies of connection" for sustenance.

If you recognize or relate to any of these emotional traits—personally or professionally—you are identifying with the schizoid process. And in this description is revealed the way that the topic of the symposium reflects and recapitulates the current controversy within the transactional analysis community about what it means to be a transactional analyst.



Symposium presenter Charlotte Sills makes a comment while Thomas Weil listens.



Audience member Fanita English asks a question while roundtable participants Richard Erskine (middle) and Ray Little look on.

Gary Yontef, PhD, a gestaltist and one of the two non-transactional analysis keynote speakers at the symposium, described a continuum than runs from neurotic schizoid features to a schizoid personality disorder. He observed that if one does not recognize schizoid features, it may be because these aspects of the self have not been explored or are being defended against. However, even hearing such an observation may be too painful for someone with schizoid features, as was eloquently described by Richard Erskine in his symposium introduction. Richard said that the therapist may, instead, be required patiently to attune and sensitively to inquire in order to "unravel the knots and find those sequestered hidden aspects of self that often never found their way into verbal dialogue with another person."

There was a type of passion about the day that remained unabated despite several technical hitches and a rather annoying logistical mix-up. In his presentation, Gary drew on the work of Harry Guntrip to sketch a profile of patients with schizoid features—their terror about human connection and the way they think of themselves as different, almost alien. He described how these individuals identify with the space between people rather than relating to people directly. I felt connected, engaged, and intellectually stimulated by the seriousness of Yontef's demeanor, his measured pace, his informed attention to the complexity of this hidden psychic condition. However, some in the audience were disconnected until Gary had the microphone adjusted. Maybe this is a metaphor for the schizoid process: Treatment with such patients involves learning how to connect with them, sometimes in subtle, unexpected ways, which is not easy given that each person is unique and therapists must adjust their communication accordingly.

When the second keynote speaker, Lynne Jacobs, a gestaltist and psychoanalyst, spoke we were invited to understand the schizoid process from the inside out. In her highly personal talk she shared her struggles in and out of therapy with her own schizoid process, and in so doing she connected warmly with her audience, inviting us to laugh and drawing us into the world of the schizoid as she understood it. I confess to feeling somewhat cross with what felt like Lynne's relentless pathologizing of herself, but later she responded to my unspoken criticism elegantly and potently by describing two important reasons for recognizing the pathological elements of the schizoid process. One was that she felt the suffering involved is so profound that it would be wrong to normalize it. She also argued that the schizoid process had, in significant ways, been elevated to a desirable state in some cultures where there is a veneration of the apparent virtues of self-

- *continued on page 6*

Grainger Weston a Perfect Choice for Capers Award

by Delphine Frazier

As a young Canadian soldier in World War II, Grainger Weston was part of the famous convoy that made its way through the ice to Murmansk to deliver supplies to our then-ally, Russia, when all other means of getting to them had been blocked. The men in this convoy were regarded by the Russians as saviors and are still remembered today. For Grainger it was an important experience, and he has maintained a special place in his heart for Russia ever since.

After the war, Grainger moved to Texas, founded a successful cookie factory, raised a family, and along the way became interested in transactional analysis, which he found helpful in both his business and personal life. After he sold his cookie factory, he became a cattleman, but his interest in Russia continued. When one day when he found himself in St. Petersburg with his sister on a bird-watching tour, he called the ITAA office in San Francisco to see if there were any transactional analysis connections in St. Petersburg. They gave him the name of Rostic Makushenko, who had written to *The Script*. Grainger got in touch with him and found that there was a small group of people who had discovered Eric Berne's work and were quietly trying to study Rostic's translation at a time when foreign literature and such meetings were not appreciated by the government.

- *continued on page 5*



Some of the people who helped bring transactional analysis to Russia (from left): Les Kadis, Ruth McClendon, Tom Frazier, Peg Smith, Delphine Frazier, Denton Roberts, Brenda Schaeffer, Felipe Garcia, Isabelle Crespelle, Grainger Weston, Dima Kassianov (a new ITAA member), and Servaas van Beekum.

EDITORIALLY YOURS

by Bill Cornell

A Sense of One's Self Among Others

As I fretted over what to write for this month's *Script* column, several seemingly disconnected threads kept winding around in my brain: the numerous emails my son Caleb received in response to his personal essay on school violence, Claude Steiner's recent "Net Connection" columns addressing some of the problems of email "netiquette," my personal ambivalence about our decision to include authors' email addresses at the end of *Script* articles, and Helena Hargaden's description of the atmosphere of interchange at the symposium on the schizoid process in San Francisco. I gradually realized that I was reflecting on my experience and learnings from being *Script* editor and my own experiences, as well as those of my clients, of the use and abuse of the Internet.

In finishing my commentary on Caleb's essay for the July *Script*, I felt very much the dad. In that spirit, without much forethought, I invited readers to write directly to Caleb via letter or email. I was well aware, as a writer, of how often I receive no apparent response to what I write, and I hear the same thing from *Script* columnists and authors. I know I have a large file of crucial articles that have deeply influenced my thinking and that I use regularly in training and teaching, but I seldom write to thank their authors. And so, fearing that Caleb would write his very personal piece and get no response, the dad in me did what I could to facilitate feedback. In fact, the response was wonderful: Caleb received many appreciative letters, some very personal and moving. Then I found myself reacting as *Script* editor: Here were all these great letters written to Caleb, not to the *Script*. Could we, should we publish them?

This experience led to part of my ambivalence about including authors' email addresses in *The Script*. How do we facilitate more feedback to individual authors, perhaps starting important dialogues, without undermining the function of the *Script* as a forum for the whole membership? Where are the boundaries between personal and public communication, personal and professional interchange?

The Internet has further blurred these boundaries. For example, after the San Francisco conference, the ITAA Board of Trustees issued a "reminder" on the Internet TA Discussion List about potential violations of Items 11 and 12 of the ITAA Code of Ethics regarding the way people talk to and about one another, including over the Internet. Needless to say, this generated a great deal of opinionated activity on the discussion list. As *Script* editor, I find myself in a bind: I want to address these issues in the newsletter, but here was a rather important event communicated via the Internet, not *The Script*. How do I write to *Script* readers about something that was communicated elsewhere?

Personally, I think the board made a poor choice in that action, issuing what seemed to these ears, at least, more of a warning than a reminder. It seems to me that the whole issue should first have been referred back to the ethics committee, but clearly the trustees were trying to address, as was Claude in his columns, things that go wrong with some frequency in email communications.

There is something decidedly different about the act of writing via email versus other forms of written communication, a difference that we are only just beginning to understand. For one, email provides an apparently instantaneous means of communication. As Claude observed, with email people often do not take time to cool down after a hot interchange, to carefully fashion the form of their communication as well as the content. It is too easy to become wedded to one's own ideas and to lose a sense of one's audience. In other types of writing, the pace allows a stronger sense of the audience, which helps shape the form of the communication.

The Internet also suffers severely from a lack of internal and external editing. I am often appalled at the sloppiness of email correspondence I receive and the downright nastiness I read in email messages between some people. I don't think it is an infringement of free speech (or Free Child) to be clear and respectful in how we say things. Editorship and censorship are not equivalent procedures. When I am writing in a professional context, I want an editor close at hand. I've learned a great deal about writing from my editors (Robin Fryer being foremost). An editor creates a little distance, knocks off the edges of narcissistic identification with my ideas, adds clarity and force to my writing. I think here of the exchange of letters we published following Ted Novey's now famous "Letter to Santa." What could have descended into personal diatribe and bitterness evolved through negotiation, goodwill, and good editing into great dialogue. I have heard over and over again how much people learned from that series of honest but thoughtful, respectful letters. Numerous people have copied that *Script* correspondence for their trainees, and it has even been translated into French (perhaps other languages as well).

In contrast, somehow with email, one's sense of the other is altered or almost absent. This brings to mind Helena's description of the feeling of interchange during the schizoid symposium roundtable. The eight speakers were supposed to sit at a round table so as to maintain visual contact, which is one of our most fundamental means of engagement with the other and a foundation in our experience of relatedness. However, the hotel set up a long, rectangular table that had the speakers sitting side by side facing the audience. In spite of this logistical handicap, the symposium presenters clearly established contact with one another, creating an active sense of each other, which Helena conveys in her article.



"What are the boundaries between personal and public communication, personal and professional interchange?"

On the Internet, most of the standard cues we use to maintain a felt sense of others are absent. It becomes easier to experience the other as a thing rather than a person, to experience our own ideas or feelings as more important than those of others. For myself, I know I have misused or chosen email over some other form of communication mostly when I am extremely uncomfortable about something and want to deal with the "something" while avoiding the actual person. I think particularly about emails to my older sons when I have been extremely angry or hurt. It is as though to express myself I don't want to have to care about them. I know if I call and hear their voices, I will feel them, remember ALL of their being, and I may lose the force of my upset. The regret comes later when I realize that I usually underestimated the other person and that what I have to say is rarely more important than the person to whom I am saying it.

I think my experience mirrors what I see in much more exaggerated form with some of my clients. As Claude wrote in his column, by now we have probably all seen clients who become involved in chat rooms as social life, love affairs, and virtual or pornographic sex via the Internet. I am fascinated by how my schizoid clients can fall in love with the Internet and its virtual contact. These folks seem relieved to have the appearance of contact without leaving their rooms, relieved to be involved with people who can't really see or know them. They feel protected because they can disappear at any time, thus fending off the other. My narcissistic clients, in contrast, seem relieved that they can get attention without ever having to see or know or actually bother with the other. They can be fully self-expressive, wedded to their own ideas and rightness without risking becoming wedded to the other. They feel protected because they can cut off and disappear the other, thus preserving the self. These are extremes, but I think a whole range of schizoid and narcissistic defenses can be heightened on the Internet.

Nevertheless, the Internet is now an unavoidable form of personal and organizational communication. We have much to learn about how to use it constructively. For me it is a tool. I doubt that it will ever replace the telephone, newsletters, journals, and conferences for providing me with a real sense of myself among others.

Bill Cornell: bcornell@nauticom.net

The Script ITAA

The Newsletter of the International Transactional Analysis Association
436 14th St., Suite 1301
Oakland, CA 94612, USA; Phone: 510-625-7720
Fax: 510- 625-7725
Email:itaa@itaa-net.org
Web Page: http://www.itaa-net.org

Editor: William F. Cornell, MA
Managing Editor: Robin Fryer, MSW
Desktop Publishing: Stacy Jolles
Printing: MarinSun Printing

Subscription Rates: $10 as part of all ITAA membership dues; not available by separate subscription.

Advertising Rates:
Classified Ads: $5/per 80 characters/spaces

Display Ads: Copy should be camera-ready.

Ad Size	Rate	Width	X	Height
1/16Page	$50.	2" (5cm)		3"(7.6cm)
1/8 Page	$90.	4-1/2"(11.5cm)		3"(7.6cm)
1/4 Page	$170.	4-1/2"(11.5cm)		6"(15.2cm)
3/8 Page	$250.	4-1/2"(11.5cm)		9-1/4"(23.5cm)
1/2 Page	$330.	9-1/4"(23.5cm)		6" (15.2cm)
1/2 Pag		4-1/2"(11.5cm)		12-3/4" (32.4cm)
9/16 Page	$370.	6-3/4"(17.2cm)		9-1/4"(23.5cm)
Full Page	$625.	9-1/4"(23.5cm)		12-1/3"(32.4cm)

Deadlines for copy and advertising—first of the month prior to the month of publication. (*The Script* is not published in January, May, or September.) Deadlines: January 1 for the January-February issue.

Note: Publication of advertising in *The Script* does not imply endorsement by the newsletter, the Editor, or the ITAA.

The Script (ISSN 0164-7393) is published monthly except January, May, and September by the International Transactional Analysis Association. The subscription rate is $10/year as part of dues for all classes of membership. For information on dues rates for various membership classifications, contact the ITAA office at the above address. Periodicals postage paid at San Francisco, California and additional mailing office. POSTMASTER: send address changes to *The Script*, 436 14th St., Ste. 1301, Oakland, CA 94612-2710.

© 1999 International Transactional Analysis Association, Inc.

Published on recycled paper

Newsflash from the Board of Certification

1. The Board of Certification (BOC) has become aware that there has not been enough lead time for the new written and oral assessments for the CTA and TSTA examinations. As a result, this is now the time scale for the changes in CTA written and oral examinations and the TSTA oral examination:

a. 31 March 1999 until 31 March 2000: One year's notification of the changes.

b. 1 April 2000 until 31 March 2001: Candidates will have a choice of the 38-question written examination for CTA or the 6-question and long case study.

For TSTA candidates: There will be a choice of a 5-minute or 20-minute teach.

c. 1 April 2001: The new examination format for the CTA and TSTA will be in place.

2. Workshops for training markers of the new 6-question and long case study: Where possible, training workshops will be available at all major conferences to enable written examination markers to be trained in marking the new long case study written examination.

3. The CTA Training Contract: The 18-month training contract that has to be in place with a supervisor before a candidate can sit the CTA examination has now been reduced to 12 months to be in alignment with EATA.

Exam Successes

Our congratulations to the following examinees for successfully passing their COC exams.

January 1999 in Rome, Italy
EATA Monitor:
Mary Cox
CTA Examinees
Maria Teresa Arba
Iolanda Angelucci
Sabrina Chianelli
Mario Elicio
Claudia Gisonna
Alessandra Medda
Angela Menga
Monica Oggiano
Amelia Pulvirenti
Emilio Riccioli
Domitilla Spallazzi
Silvia Tauriello

January 1997
EATA Monitor:
Mary Cox
CTA Examinees
Maria Grazia Ciofani
Mirella Finistauri
Chiara Pasqualini
Milena Rosso

June 1996
CTA Examinees
Raffaela Barbon
Laura Bastianelli
Ernesto Gianoli
Catia Martorello
Rita Reschiotto
Mariangela Rossi
Roberta Sanseverino

WE'RE MOVING

As of 8 November 1999, the offices of the ITAA and the T&C Council will be relocated to 436 14th St., Suite 1301, Oakland, CA 94612, USA. Our new phone is 510-625-7720; our new fax is 510-625-7725. The T&C Council phone is 510-625-7724. Our email address and website remain the same. Watch future *Scripts* for more details.

Breaking Down or Coming Forth?

by Tim Schnabel

The way we have come to characterize people in moments when they express deep emotion by shedding tears in public can be summed up by a headline I saw a few months ago on the front page of a weekly newspaper: "Michael J. Fox Breaks Down." Recently, the high school shootings in Littleton, Colorado, and Conyers, Georgia, produced similar responses from news media depicting individuals affected by the trauma. The most frequent descriptions were "overcome with emotion" or "fighting back tears." The harsher language seems reserved for men: The headline read "Orlando Cepeda Broke Down . . ." when describing this sports hero's reaction when informed he had been inducted into the baseball Hall of Fame.

Surprisingly, I have found that we clinicians use similar language when describing clients in staff meetings or even in casual conversation with each other. Even more striking was that during the past year, two nationally known therapists, each conducting different trainings in Atlanta, used the term "broke down" to describe clients' emotional outpourings of tears. By the way, both were men!

In the case of Michael J. Fox, what he actually did was express emotion and display tears at a news conference during which he disclosed he has Parkinson's disease. The headline, however, conjured up the image of a man who had malfunctioned and was in need of repair . . . or worse. When the phrase "breaks down" describes a man, it can also mean the guy is weak. We all know what that means in today's highly competitive world: A male perceived as weak cannot be much of a man.

The phrase I typically find used to describe women expressing emotion is "breaking into tears." It's a kinder description perhaps, because crying is something we are more accepting of with women. However, the term "break" still suggests that the person is less than adequate.

Taken literally, to say someone "breaks down" when describing an emotional outpouring with tears actually denotes not-OKness and, most disturbingly, a lack of acceptance. At a time when we are beckoned to be fully human, generous, and present with another person and his or her vulnerability, we put the brakes on. This is one more example in which our language continues to support a rigid and limiting definition not just of masculinity, but of all humanity—regardless of gender.

As transactional analysts, we know that characterizing a man or woman as "breaking down" can reflect at least three profound injunctions we have against the natural expression of a tender, vulnerable side of ourselves, especially publicly: "Don't Be" or "Don't Exist," "Don't Be Close," and "Don't Feel (of which "Don't Cry" would be a part). In response, the only safe and acceptable reaction is to "Be strong," "Try harder," and keep whatever we are feeling to ourselves. This is, in part, why the public expression of tears can be embarrassing or even shaming. Unspoken rules are being broken, possibly resulting in loss of contact with self and other.

> ***"This is an example of how our language continues to support a rigid and limiting definition not just of masculinity, but of all humanity."***

Our underlying harsh belief system regarding emotional expression with tears shows up with the use of additional phrases, such as "fighting back tears" or "struggling to maintain composure." Notice the trend: "breaking," "fighting," "overcome," "struggling." We are at war with ourselves in these United States over the revealing of a natural, real, genuine, and vital part of our being.

When Jackie Kennedy Onassis died, a well-known news broadcaster said, "She taught us how to grieve." I vigorously disagree. What she taught us by her example was to be strong and stoic, to keep it all in, and to avoid responding naturally. Don't be real; be in role! My experience is that when we are "strong" and keep it all in, we really break down by eating at ourselves internally. By stuffing our emotions, we inhibit ourselves from being in touch with the truth of our emotionality and our most authentic self. We actually inhibit our emotional intelligence.

By holding ourselves in, we minimize or even miss the opportunity to capitalize on the usefulness of our emotions and their expression. Our emotions are, in one sense, signals for what we might need or want. If we are feeling sadness, we probably need or want comforting. If we are feeling fear, perhaps we need some form of protection of which we were previously unaware. Refusing to feel or show what we are experiencing emotionally only contributes to deadening ourselves and remaining alienated . . . and going without.

I have never met an individual who wishes to be seen as breaking down at a time when he or she is vulnerably expressing sadness, scare, hurt, or pain. The expression of any person's grief is in no way breaking down. The person is actually coming forth in a most powerful, authentic, and natural manner. In a most precious way, a person is declaring at that moment, "Here is the most real me for you to see, experience, accept, and embrace (literally or symbolically) at this very moment. Be with me. Don't rush me. And please don't judge me."

While the media will be major players in changing our perceptions of each other expressing emotions publicly, we transactional analysts might pause to bring into awareness our own use of language and beliefs when describing clients' emotionality with tears. How might we be blocking both ourselves and those who hire us? In moving forward, let's first call for a moratorium on the use of oppressive and antihuman language when describing people crying. Second, intervene with your local press and media by bringing to their awareness the restrictive language they often use. Third, let's make a collaborative effort toward the creation of humane and compassionate language that grants permission and acceptance when describing a person with deep feelings and tears.

At the top of the list, of course, is "breaking down." Let's rewrite that initial headline I mentioned. How about, "Tears Flow as Michael J. Fox Courageously Discloses Illness"? Sure, it's longer and not as attention-grabbing, but it shows respect, honor, and (here's one that has been a no-no) gentleness. Gosh, that might be a stretch for many—publicly relating gentleness to masculinity!

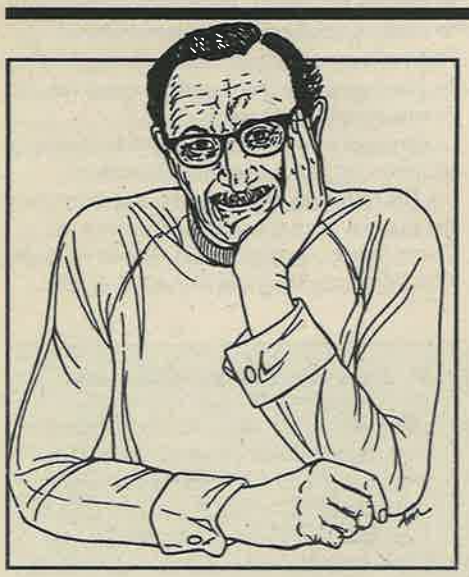


Tim Schnabel

Reflecting on the recent high school shootings, I wonder: What would the young men who did the shooting have done differently if they had been given permission to feel the depth of their despair or anguish with tears? What might the outcome have been with an adequate support system in terms of being accepted, honored, and embraced, with tears running down their cheeks?

By being accepting, respectful, and present to each other's full capacity to be human, we can powerfully move into the twenty-first century with new integrity and grace. By extending permission to be tender, vulnerable, and honoring of each other with all of our emotions and accompanying tears, we will empower ourselves and each other to come forth fully into life. Maybe, just maybe, in accepting more tears coming from our eyes, we may witness fewer bullets spewing from our guns.

Tim Schnabel, MEd, CTA, is a licensed marriage and family therapist in clinical and organizational practice who lives in Lilburn, GA; email: tim.schnabel@Mindspring.com



The Eric Berne Memorial Award Process

The Eric Berne Memorial Award (EBMA) is given for a concept that has contributed to the theory and practice of transactional analysis. Such a concept will then be considered part of the cannon of transactional analysis with the expectation that all trainers will teach this material to their trainees. The process of choosing an EBMA recipient has been carefully worked out by a committee and is written up in guidelines that are available to the membership. A committee of ten individuals and a chairperson carries out this process; committee membership is open to the membership at large, and people who wish to nominate themselves or others are welcome to do so.

The Process

1. Nominations must be sent to the committee no later than 1 January of each year. The nomination must be in one of three categories: theory, research, or applications of theory. Nomination materials must include a brief title of the contribution and a clear statement as to what concepts and/or idea the nomination is for. A *detailed statement* supporting the nomination must include a description of: (a) the originality of the contribution; (b) the impact that it has had and evidence of this; (c) the names of the individual(s) or group(s) making the nomination; and (d) copies of the articles, books, etc. that support the nomination (these must be in English).

2. Initial screening: The chairperson and the ITAA designated staff will do the initial screening to check the following: (a) that all criteria are met; (b) whether the nominated individual is a paid member and is free of any ethics charges; and (c) whether the correct material has been sent with the nomination. An acknowledgment letter is then sent to the nominator, and a letter is sent to the nominee requesting more information if necessary.

3. Distribution for review: The nominations are then sent to assigned members of the committee for review. Who does this review depends on the amount of material sent and the number of nominations. (If there is a large amount of work, this is done by two or three individuals; if not, it is done by the whole committee.) These individuals review the material using the set guidelines and a review form is completed. (This review form is also part of the official guidelines.)

> ***"Remember: The deadline for nominations for the 2000 EBMA is 1 January 2000!"***

4. Distribution of reviews and voting: The reviews are circulated to all members and are read, together with the material. The committee votes on whether an award should be granted and in what field. The voting is based on a democratic procedure. In some years there will be one or more awards, and in some years there will be none.

5. Final arrangements: The appropriate people are informed of the results and the arrangements are made for the award ceremony.

We hope that this information makes you more aware of the lengthy and professional process that takes place yearly to decide on the EBMA. If you have questions, please write to the committee. This award is OUR responsibility and, therefore, please ensure that you, the members, keep it alive. You can do this by making nominations and encouraging other trainers, trainees, and training institutes to do the same.

Elana Leigh, EBMA Committee Chair

Kudos for Photos



Our thanks to Tice Elkins. Lewis Quinby. Robin Fryer. and Susan Sevilla for the wonderful conference photos featured in the last two issues of *The Script.*

ITAA News

Summary of the ITAA Board Meeting in San Francisco



Some of the board members conducting business in San Francisco

Development Division Projects

• Vice President of Development Curtis Steele reported on several completed and pending projects, including:

• The *Training Modules prepared by Linda Gregory and Kerry Towers.*

• Sean Manning and Robin Fryer were commended for their work on the *TAJ Volume of Selected Articles II, 1981-1990,* which is in production.

• The *Spanish translation of the TAJ Volume of Selected Articles I, 1971-1980* has been reviewed by Gloria Noriega. The board approved the project in principle and instructed VP Steele to negotiate with EATA for collaboration on this project and to contact the president of the Latin American TA Association.

• Although the *German translation of Richard Erskine's Theories and Methods of an Integrated Transactional Analysis* (TA Press, 1997) *is under review* at this time, the board commends Charlotte Christoph-Lemke for her work on the project.

• The *first video of the "TA in Action" series*—"Conflict Management and the Art of Making Peace" with George Kohlrieser—is finished and is excellent. *Three more videos were filmed* at the San Francisco conference: Bader/Pearson, Abe Wagner, and the minithon. There was discussion about the criteria for selecting presenters for videos; until now this selection has been done at the vice president's discretion and with board approval. There was a suggestion that a task force be formed to recommend two or three persons to the board for selection. The board commended Edie Bogusky-Beaujon "for her efforts, skill, and expertise . . . [in] editing the new videos."

• The board *received the core concepts project,* which was tabled. The task force was thanked and commended for their work and dismissed. (For more, see the article on page 4 of the September-October 1999 *Script.*)

website having pages in other languages.

Operations Division

• Vice President of Operations Gaylon Palmer offered information on the activities of this division.

• Tony Tilney submitted a brief report outlining some of his ideas as he takes over as new *TAJ* editor. The board confirmed the *slate of new editorial board members.*

• Edie Bogusky-Beaujon has resigned as chair of the membership committee. As of 30 November 1998, the *ITAA membership breakdown* was as follows: 855 (46%) North America (excluding Mexico); 469 (25%) Europe/Middle East; 405 (21%) Asia/Pacific Rim; 107 (6%) Latin America, and 45 (2%) Eastern Europe/Africa. Adding 312 *TAJ* subscribers brings the total to 2193.

• Tim Schnabel reassumed the work of the fund distribution committee, for which he was commended. He announced that the *latest grants from scholarship grant fund total $12,200 (plus conference fee waivers, dues waivers, etc.) and Eric Berne Fund grants total $7,850.* The board approved a fund distribution committee proposal that *25-year+ members who are 75 years or older be given conference fee waivers to the ITAA annual conference* (they must apply each time).

• Commendations were offered to Gloria Noriega and Emilio Said for presenting the *Costa Rica Eric Berne Training Workshop/ Seminar* and to Joaquin and Elizabeth Granados, the onsite TA people who organized the workshop.

• The board reconfirmed that the *2001 annual ITAA conference will be held in Sydney, Australia,* 23-29 July under the leadership of Elana Leigh with the support of the Western Pacific Association of Transactional Analysis (WPATA).

• Nancy Porter-Steele reported that plans are coming along nicely for the Halifax, Nova Scotia, conference planned for 9-13 August 2000.



(From left) Board members P. K. Saru, Gaylon Palmer, and Curtis Steele

• Ethics committee cochairs Robin Maslen and John Parr report that all inquiries have been handled; there are *no ethics cases pending.*

• It was moved, seconded, and passed that the board *not renew the contract with Susan Sevilla.*

• The treasurer reported that *ITAA finances are good due to the strength of the stock market.* The bookkeeping has been streamlined. For 1998 there was a surplus of $67,923; assets for 1998 totaled $1,659,000 as compared to 1997 assets of $1,565,000.

• Marco Sambin reported on some of the ideas he has and some of the problems he has encountered with respect to research on transactional analysis. He is hoping to seek *funding from the EBFF for future research.*

• Elana Leigh reported that there were two nominations for the 1999 Eric Berne Memorial Award. The committee voted for *no EBMA award this year.*

• Gordon Hewitt reported on behalf of the Training and Certification Council (T&CC) that the *core competencies as established by the T&C Council were accepted.* The next step is to test whether BOC exams actually test for those competencies. The contract between the T&CC and the ITAA was approved with the fee of $8500 for 1999. Isabelle Crespelle and Carlo Moiso were appointed as ITAA representatives to the T&C board. For 2000, Charlotte Daellenbach will be BOC chair; continuing chairs are Katherine Murphy, BOC; Elana Leigh, TSC, Charlotte Sills, TSC.

• The board appointed a professional practices task force chaired by the ITAA secretary to *prepare a new draft of the professional practices guidelines* by the Halifax conference.

• The *T&C Council and the ITAA Board of Trustees issued a joint statement* "that any public statements, innuendos, rumors, including any incident that disparages the standing, qualification, and ethics of any ITAA member are against the ITAA Code of Ethics Item 11. The board authorized that Items 11 and 12 of the Ethics Code be published in *The Script* and on the Internet."

• Gordon Hewitt was commended and applauded for his work on the T&CC.

• Felipe Garcia reported that he received over *200 responses to the conference survey.* The results will be tabulated and made available in Halifax. Garcia commented that *advanced educational symposiums are favored by a large number of people.*

• Jan Hennig presented the final report of the task force on ITAA/EATA cooperation. The board approved a *new type of joint ITAA/ EATA membership.* This category would not include any services (e.g., newsletters, *TAJ,* etc.) or the right to vote. The board also passed a motion stating that the ITAA and EATA agree to share equally any loss over a three-year period beginning when the joint membership goes into effect. Beginning in 2001, EATA and the ITAA will publish a *joint membership directory* (nominally biannually). Each organization will make up its own membership listings and supply camera-ready copy and each will pay for its part in printing and shipping. The directory will be printed/ distributed in the most economical way for both organizations.

• Isabelle Crespelle thanked the board for a gift on the death of her husband, Alain Crespelle. She asked that the *money be dedicated toward the translation of a non-English article for the TAJ.*

• The board approved a motion that an *information-sharing meeting for members be held at future conferences* to discuss the issues task forces and committees are discussing and to gather information from members about their concerns and ideas. In addition, regional transactional analysis associations will be invited to send a representative to the long-range planning meeting in Halifax. These actions are designed to make information about long-range planning available to all regional and national organizations.

• The board approved a motion that *for ITAA-sponsored conferences, fees for full-time students be reduced to half of the full registration fee.*

• Robin Maslen was appointed chair of the bylaws committee with current secretary Edie Bogusky-Beaujon and incoming secretary Sam Lloyd as members.

• Edie Bogusky-Beaujon was commended for her work as secretary.

• *Long-range planning report/leadership task force report:* The board received the report from Executive Service Corps consultant Albert Barr and thanked him for his input. (See the article in the September-October 1999 *Script* for more details.) The tasks/ purpose of the long-range planning task force include: (1) drafting a vision statement, (2) drawing up functions and structure of the ITAA, (3) considering options for the geographical location of the ITAA office, (4) preparing a study document from LRP proposals and distributing it to the membership, (5) identifying resources, and (6) suggesting possible strategies. The board delegated the decision about who will be on the task force to Denton Roberts and urged worldwide representation.

• *Moving the ITAA office to a different location in the San Francisco Bay Area* will be investigated with an eye to reduce costs.

• *Denton Roberts agreed to serve as a transition officer* until decisions are made about a new executive director. Roberts resigned as treasurer to avoid the appearance of conflict of interest, and Ted Novey agreed to serve as treasurer for the remainder of Roberts's term (through 2000). Roberts will be reimbursed for travel and expenses but not compensated for his work.

• *Susan Sevilla was commended for 16 years of service* as ITAA executive director.

• The following trustees, who are completing their terms, were thanked for their service: Curtis Steele, Gordon Hewitt, Gloria Noriega, Fritz Mautsch, Sheryn Scott, and P. K. Saru.

A Reminder to the Membership

The ITAA Board of Trustees and the Training and Certification Council wishes to remind the ITAA membership of principles 11 and 12 of the ITAA Statement of Ethics:

11. Members of the ITAA shall in their public statements, whether written or verbal, refrain from derogatory statements, inferences, and/or innuendos that disparage the standing, qualifications, or character of members, bearing in mind their responsibility as representatives of the ITAA and of transactional analysis.

12. Members of the ITAA accept responsibility to confront a colleague whom they have reasonable cause to believe is acting in an unethical manner, and, failing resolution, to report that colleague to the appropriate professional body.

Members' Forum

Articles on Violence Bring Response

Dear Editor:

I am so proud to belong to an organization that publishes such thoughtful, serious, and wise articles as the ones on the Kosovo situation and the Littleton massacre (July *Script*). Well done!

Joanna Beazley Richards, Crowborough, East Sussex, England

Dear Caleb and Bill Cornell:

Thank you both for your astute pieces in *The Script*. I live in Australia, a beautiful country where so far students do not kill other students with guns. Although a couple have been killed by knifing, this is still rare enough that it has the power to shock the population. I do not want the situation to get worse, and in a way we have the terrible Port Arthur shootings of a few years ago to thank for a wake-up call on guns and gun laws. But we must continue to be alert and vigilant about the issue. I am going to show your articles to as many people as I can, particularly parents like me as we don't always know what's happening from our children's perspective (thanks Caleb). A friend recently moved her son to a different school after discovering that he had been bullied since Easter this year. He is a sweet boy, nearly 13, funny and artistic; I can't imagine why his friends all turned against him. But the question is not what is wrong with him. What is wrong with the bullies that they had to treat him so badly—for example, by putting dog shit in his school bag? Why did none in the group stand against the leader? I would be very concerned as a parent if my child could be so cruel.

All the best to you both. You are unique and gifted and very fortunate to have each other. You also both have very attractive faces.

Carolyn Parfitt, Erskineville, Australia

Dear Bill,

A major complaint I have had of our transactional analysis community through the years has been that there is a consistent absence of self-disclosure—especially with our writings. You, as a long-term member, are certainly doing your part to create a more real, human, vulnerable, self-disclosing, and genuine presence in print. I both celebrate and honor you for "A Father's Perspective." I am moved by what you wrote, and just as you are fortunate to have Caleb as a son, he is most fortunate to have you as his dad.

Tim Schnabel, Lillburn, Georgia, USA

Dear Caleb,

So, young friend, you are willing to pay the price for being different, quite different. Kudos to you. I am moved by what you wrote. Thank you for gracing our newsletter with words that I read twice. So much of the professional stuff I try to read is bullshit. Not your stuff! Having had a rather symbiotic relationship to and with fear for most of my early years, I can imagine what you endured at your former school. I was appalled by the response of your guidance counselor. Many years ago I coordinated counseling services at a 1,200 student high school. I cannot imagine one of my associates responding as yours did to you. I am sorry your counselor was not there for you. Thank you for your candor and gentle heart in print. Keep writing, Caleb!

Tim Schnabel, Lillburn, Georgia, USA

More on SF Conference

Dear ITAA:

Thank you to all the organizers of SF '99. As a child therapist I appreciated so much the wonderful, interesting panel I was on about therapy with children. It was such a great opportunity to compare my work with some international colleagues.

Dolores Munari Poda, Torino, Italy

Word from Taiwan

Dear Friends and Colleagues:

Many people have called to ask about our well-being after the earthquake. We are OK, at least most of us. I was in Taipei when the quake occurred. I woke up and found myself sitting on the bed since it was impossible to stand. I didn't realized the strength of the quake, so I went back to sleep. I woke twice more during the night after strong aftershocks, but it wasn't until morning that I realized how serious the original quake had been.

In my area of Taipei we had water, phone service, and gas, but the electricity was out the whole day. It was a strange day; I couldn't concentrate on anything. In Kaohsiung Lily tried find out what had happened to "our" students on the middle of the island. We knew that those in the Taichung area were OK, even though some had damage to their homes. We couldn't contact those in the Tsao-tun and Puli area because the phones didn't work. Wednesday is my Taichung day, so I prepared to go there; I called Miss Hung, the leader of the Harvest Center where I work, but while talking to her on the phone, another quake struck. I could hear glass breaking in her flat, so we decided that it was too dangerous to work in the center, which is on the 8th floor. About an hour later another strong quake hit, which confirmed that we had made the right decision.

I decided to drive south to Kaohsiung; meanwhile TTAA chairman Michael Chou contacted the earthquake aid center to see if they needed counseling assistance. He was told that it might be wanted later, but right then nurses and doctors were needed.

It seems that all of our students are OK, although we are still worried about one or two. A pastor living in a village where reports say that about 100 people were killed is constantly in our thoughts. Another student lives in Nantou, and we still don't have any news about her. The situation is still serious for many people, and I understand that the chances of finding people alive is small now. There is still a great need for help. I value your prayers for all of Taiwan. There is so much suffering here for so many people.

Sissel Knibe, Taipei, Taiwan

"Connecting in the New Millennium"

9-13 August 2000

Halifax, Nova Scotia, Canada

Come to Halifax for this great ITAA annual conference! The vision for this meeting is connecting: in general, connecting with the breadth, width, and depth of transactional analysis and of those who practice it. Within that:

* Connecting with the power of the ITAA's campaign to reduce violence and to support nonviolence and peacemaking as well as connecting with James Gilligan, MD. He is the author of *Violence: Our Deadly Epidemic and Its Causes* and other works and a widely acclaimed teacher and lecturer on the subject of violence. Dr. Gilligan will give a keynote address, sit on a panel, and give a workshop.

* Connecting with the brilliance and significance of new scientific studies, for example, the recent work of Gianpiero Petriglieri, MD, clarifying the relationship between brain, emotions, and transactional analysis. Dr. Petriglieri will open the conference with a Wednesday night talk on this and other subjects.

* Connecting with the pragmatically powerful uses of transactional analysis in various fields of application. Two examples: a keynote by Julie Hay on transactional analysis in organizations and one by Jean Illsley Clarke on teaching children five options for dealing with difficult situations.

* Connecting, as always at transactional analysis conferences, with the warmth of meeting old friends and making new ones.

* Connecting, in this locale, with the richness of the sea, land, and people of Nova Scotia and the Maritimes.

Preconference institutes and conference presentations by many skillful and knowledgeable presenters will enhance the wealth of this experience.

Halifax is a wonderful, small, compact, friendly city, and Nova Scotia is a favorite summer vacation destination, convenient to Europe and the Americas. Because of the exchange rates, if you are from the United States or many other countries, you will find prices here provide bargains in lodging and food. Maritime culture is rich in hospitality, and the flow of life is open and relaxing.

We'll meet in an elegant conference hotel near the waterfront of one of the great natural harbors of the world. The hotel is a block from the arrival facility for cruise ships, which arrive and depart each morning and evening. It's easy to walk to all downtown main attractions. You may choose to enjoy Shakespeare-by-the-Sea outdoor productions among the old fortifications and tall trees of beautiful Point Pleasant Park. You'll have abundant opportunities for vacation connections to other Maritime locations, both pre- and postconference. Prince Edward Island, home of Anne of Green Gables, longtime favorite of many Japanese, is a short jaunt away.

If you would like to receive tourist information now, request it from Check In Nova Scotia: in North America: 1-800-565-0000; from other countries: 1-902-425-5781. They'll be happy to mail you booklets, maps, and other information. Tourist websites you may find interesting include: www.explore.gov.ns.ca//virtualns and www.city.net//countries//canada//nova_scotia// . An official conference travel agent will be appointed soon. In the meantime, watch *The Script* and the ITAA website (www.itaa-net.org) for more tempting tales and tidbits to entice you further into joining us for what promises to be a spectacular conference.

GRAINGER WESTON

continued from page 1

Our first meeting with Grainger occurred when he called from Texas announcing that he was coming to see us the following day. The ITAA had given him our names because we had responded to Rostic's *Script* letter. Grainger did fly in and offered to send us to Russia to expose the interested people there to transactional analysis. Consulting our calendar, we promised time several months later, but Grainger had other ideas. The following morning we were at our travel agent's office with him, buying tickets for a few days from then. We were to learn this was the way Granger operates.

Those first days in Russia were heady. One of the greatest empires of history had fallen without a war or much bloodshed, and there was tremendous hope that a new government would arise combining the best of both West and East. There were evenings with Papa Makushenko and Grainger and Tom, toasting themselves (with vodka, of course) as veterans of the Great War, and there were days of painful struggle trying to organize an effective use of any transactional analysis people who might make their way to St. Petersburg. While those of us from the West were relying on something like Robert's Rules of Order, the Russians did not appreciate such habits as staying with a decision or accepting majority rule. Having operated under a hierarchical system, they just didn't understand democratic ways. It was here that Grainger's wisdom and effectiveness shone. He was able to guide some of the Russians into working better together, and as they became more successful over the years, he knew when to pull out gently. Through it all he exuded genuine enthusiasm. Later, as the Russians had difficulty connecting to the West because of the money differences, he also helped out.

In the following years, Grainger paid the way for many transactional analysis people to visit and teach in Russia. He also brought many Russians to visit him here and to attend ITAA conferences. In addition, he sent his spiritual teachers and others whom he felt had something to teach. Over the years, the nucleus of transactional analysis in St. Petersburg has grown and connected with other centers in Russia. The people from England were most generous and with the help of Isabel Crespelle, in particular, EATA has included them as part of the international community.

Grainger, who gave so much with quiet wisdom and effectiveness, is gratefully remembered and loved in St. Petersburg. He is a Regular Member of the ITAA who has been instrumental in spreading his deep conviction about the value of transactional analysis into an area that wanted it and is using it. He recognized that transactional analysis is not only useful for the individual but is a powerful instrument for the world, and he is thus a most suitable recipient of the Hedges Capers award.

SCHIZOID PROCESS

continued from page 1

reliance, independence, self-responsibility, and unemotional stoicism. Such mental states have their roots in the rationalizations of Descartes' philosophy and economic priorities at the expense of an acceptance of our interdependency as human beings. There was such a ring of truth about this for me that I forgot my irritation as other feelings jostled for attention: admiration, envy, warmth, tenderness, and grief for the terrible cost we pay when we lose our affective integrity as human beings.

At last the moment came when I joined the roundtable discussion. Sitting under harsh lights looking out at the audience I really was nervous to be presenting as a type of "expert" on the schizoid condition. This was short-lived, however, as I was immediately engaged in what turned out to be a lively debate. The ensuing discourse managed to convey both a sense of depth and a lightness as much humor and laughter emerged. Although we were supposed to sit at a round table so we could see each other as we talked, a mix-up with the hotel left us at a long table facing the audience. Even so, I experienced an intellectual and emotional connection with each member of the panel. There were interesting discussion and exchange among roundtable participants Charlotte Sills, Richard Erskine, Gary Yontef, Ray Little, Helena Hargaden, Thomas Weil, Marye O'Reilly-Knapp, and Lynne Jacobs about a number of issues: autonomy as a goal in transactional analysis therapy in contrast to the pseudoindependence of the schizoid process; the need for the therapist to be willing to be changed by the patient; the importance for these patients of being able to experience their defensive withdrawal in the presence of the therapist; the role of touch in therapy and how as schizoid individuals are better able to be in contact affectively they need less physical contact; and the way regression with these patients can be both developmental and defensive.



Helena Hargaden

Marye O'Reilly-Knapp bravely started the discussion off, and Charlotte Sills, in addition to making us giggle and thereby reducing the tension, made valuable contributions that brought Berne and transactional analysis theory into the frame and kept the flow of discussion connected by her responsiveness to other panelists. Thomas Weil talked knowledgeably about his two-person psychology, which connected nicely with Lynne's exposition about the intersubjectivity of the therapeutic process. I engaged in several points of difference with Gary and Lynne as I questioned the role of touch in therapy and disagreed about the use of projective identification. Ray Little responded eloquently to audience questions about rage, and Richard Erskine provided important background on the evolution in psychotherapy toward an appreciation of the intersubjective process. There was also much useful and provocative input from the audience as they asked questions and offered their perspectives on work with this complex process. All in all, I believe we generated a climate of genuine inquiry and debate, and I think there was relief that at last we were talking at this level of psychological experiencing.

Later, over lunch, I pursued the subject of projective identification with Gary and Lynne. They seemed resolute in their rejection of this complex process, and yet my own reading and experience require that I persist with my understanding in this area because I find it a valuable vehicle for engaging with the patient's unconscious processes. In our article, "The Child Ego State: An Integrative View" (*ITA News, Spring & Summer 1999*) Charlotte Sills and I describe this concept in transactional analysis terms as a process of projection from C_o and P_1 (where cut off, unprocessed experience is stored) into the Child of the therapist "causing" the latter discomfort and necessitating that he or she engage in self-analysis; through this analysis, the therapist is able to develop an effective treatment direction for the therapy.

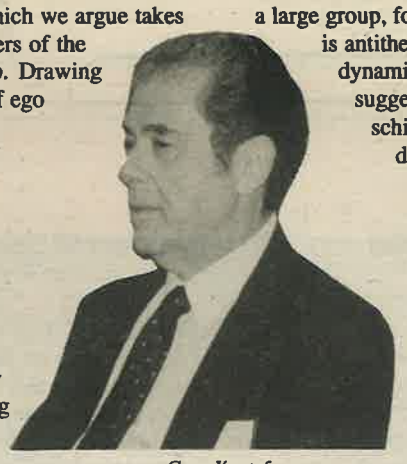
In our conversation, Lynne, in particular, resisted the idea of the therapist feeling anything other than his or her own feelings; she felt it somehow lacked integrity to ascribe feelings to the patient that the analyst is experiencing. I likened the relationship to the mother/baby dyad in which mother "feels" the baby's distress as though it were her own and contains it within herself while acting to assuage the infant's discomfort. In this process, the baby learns his or her feelings are OK and containable and that both mother and child can survive feelings that can be experienced as potentially catastrophic (e.g., rage, hostility, terror, etc.). The infant is able to experience himself or herself and mother as OK under these circumstances. However, when bad experiences predominate, then the baby's projected distress is reintrojected. This process suggests some of the rawness of the unscreened experiences that have been reintrojected (P_1) and that the adult patient can only access through a process of projection. If the therapist is unable or unwilling to "catch" these emotional messages and unable to decode them, then the therapy, in my view, will be limited. It is in this process that the therapist, too, is changed, for undoubtedly his or her own vulnerabilities will be accessed in the dynamics. Fanita English in her work on episcripts and the "hot potato" has conveyed some of this process of projective identification.

As Gary, Lynne, and I talked, we wondered if our differences could be semantic or cultural. During the roundtable I had asked Gary if he would find the concept of empathic immersion more acceptable, yet in the end I was unwilling to give up the concept of projective identification, which works so well for me. For me it was a defining moment in which I distinguished my own methodology from that of Gary and Lynne when working with schizoid processes.



Lynne Jacobs (left) and Marye O'Reilly-Knapp during roundtable discussion.

In our workshop that afternoon, Charlotte Sills and I presented our work on the deconfusion of the Child ego state, which we argue takes place within the parameters of the transferential relationship. Drawing on the structural model of ego states, we introduced our theory of self. A group of people spanning four continents and differing levels of knowledge attended. Inevitably culture came to the fore, and one participant made an interesting link between the vulnerability of the immigrant to hiding and splitting off real self experiences for fear of shaming and rejection by the dominant culture.



Gary Yontef

Although I was, of course, unable to attend workshops by other symposium presenters, I heard that Gary and Lynne joined forces to do therapy demonstrations with volunteers from the audience before a large and appreciative group. When I later asked Gary what I might hear if I listened to a tape of that workshop, he laughed in his infectious, good-natured way and said, "Not a lot." I realized that he meant that his interventions were either nonverbal, embedded in the tone of the encounter, involved facial changes or other gestures, or were nonspecific. I laughed with him and felt pleasure in hearing how he modeled nondirective affective psychotherapy; in that moment I too felt seen and recognized for the way I work.

At the same time I feel that there is something incongruent about attempting to demonstrate work with the schizoid process in a large group, for the very idea of performance is antithetical to working through such dynamics. It is tantamount to suggesting that individuals with schizoid features come out and dance the fandango when all they can do is poke their head tentatively outside of their cave and give a wave! I always think: What is under that performance? Where have they gone?

I think for me perhaps the most meaningful thing about being part of the symposium on the schizoid process was that we as presenters along with participants from the audience together created an atmosphere in which we could all safely "come out of our caves"—revealing who were are as individuals, as clinicians, and yes, as transactional analysts. We made room for our differences, even our disagreements, without shrinking from them or hiding them, and yet we transcended those differences in our desire to draw on and learn from our emotional and intellectual connection with each other so that we might better reach our schizoid patients. What a great way to spend a birthday!

Helena Hargaden has a private practice in southeast London and works as a tutor in the MSc in transactional analysis psychotherapy at the Metanoia Institute. She is particularly interested in integrating others models into transactional analysis with a view to providing theoretical support for transactional analysts who wish to work with unconscious processes. She can be reached via email at: helena@netcomuk.co.uk .

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA	COC	Nov. 5, 1999	Lyon, France	Aug. 1, 1999*
	COC	Nov. 20, 1999	Neustadt, Germany	Sept. 1, 1999*
	BOC	Nov. 20, 1999	Christchurch, N. Zealand	Aug. 20, 1999
	BOC	Jan. 18, 2000	Coimbatore, India	Oct. 18, 1999**
	COC	April 6, 2000	Canterbury, India	Jan.1, 2000*
	COC	July 13, 2000	Paris, France	April 1, 2000*
	BOC	Aug. 9, 2000	Halifax, Nova Scotia	May 9, 2000
	COC	Oct. 26, 2000	Malmö, Sweden	Jul. 1, 2000*
	BOC	Nov. 2000	Auckland, New Zealand	Aug. 2000
	COC	Nov. 5, 2000	Belguim	Aug. 1, 2000*
	COC	Nov. 18, 2000	Salzburg, Austria	Sept. 1, 2000*
	BOC	Jan. 2001	Bangalore, India	Oct. 2000
	COC	April 5, 2001	England	Jan. 1, 2001*
	COC	July 5, 2001	Vienna, Austria	April 1, 2001*
	BOC	July 25, 2001	Sydney, Australia	April 25, 2001
	COC	Nov. 17, 2001	Germany	Sept. 1, 2001*
TSTA Oral	COC	April 6, 2000	Canterbury, India	Oct. 1, 1999
	COC	July 13, 2000	Paris, France	Jan. 1, 2000
	BOC	Aug. 9, 2000	Halifax, Nova Scotia	May 9, 2000
	COC	April 5, 2001	England	Oct. 1, 2000
	COC	July 5, 2001	Vienna, Austria	Jan. 1, 2001
	BOC	July 25, 2001	Sydney, Australia	April 25, 2001
CTA Written (Essay)	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after payment of $50 recording fee to T & C Council	Your choice
Training Ensorse. Workshops	TSC	Nov. 17-19, 1999	Christchurch, N. Zealand	July 17, 1999
	TSC	Jan. 13-15, 1999	Coimbatore, India	Sept. 13, 1999
	PTSC	April , 2000	Canterbury, India	Dec. 1999
	TSC	Aug. 15-17, 2000	Halifax, Nova Scotia	April 15, 2000

* If COC CTA exam candidates are also doing the COC written case study, this must be submitted no later than six months ahead of the oral exam date. Full details and application papers can be obtained from the COC Language Group Coordinators.
**Subject to availability of sufficient examiners.

Please Note: Exams are subject to availability of examiners and exam supervisors. BOC will not be responsible for expenses incurred where the unavailability of examiners or exam supervisors causes examinations to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

To make arrangements to take a BOC exam, contact the T&C Council,450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

Statement of Ownership and Circulation

(Act of August 12, 1970, Section 3685, Title 39, United States Code) Filed with the Postmaster in San Francisco, 4 October 1999, for *The Script* Newsletter. Published monthly except January, May, and September. Publisher: International Transactional Analysis Association, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. Editor William Cornell and Managing Editor Robin Fryer, both c/o the ITAA, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. Owner: International Transactional Analysis Association, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640. The known bondholders, mortgagees, and other security holders owning or holding one percent or more of the total amount of bonds, mortgages, or other securities is: none. The average number of copies printed each issue during the preceding 12 months is: (a) total number of copies printed: 2433; (b) paid and/or requested circulation—(1) paid/requested outside-county mail subscriptions: 1799; (2) paid in-county subscriptions: none; (3) sales through dealers and carriers, street vendors, and counter sales: none; (2) other classes mailed through USPS: 51; (c) total paid and/or requested circulation: 1850; (d) free distribution by mail—(1) outside-county: none; (2) in-county: none; (3) other classes mailed through USPS: 21 (e) free distribution outside the mail: none; (f) total free distribution: 21; (g) total distribution: 1871; (h) copies not distributed—562; (i) total: 2433. Percent paid and/or requested circulation: 76.9%. The actual number of copies of single issue published nearest to filing date is: (a) total number of copies printed: 2100; (b) paid and/or requested circulation—(1) paid/requested outside-county mail subscriptions: 1762; (2) paid in-county subscriptions: none; (3) sales through dealers and carriers, street vendors, and counter sales: none; (2) other classes mailed through the USPS: 52; (c) total paid and/or requested circulation: 1814; (d) free distribution by mail—(1) outside-county: none; (2) in-county: none; (3) other classes mailed through USPS: 21 (e) free distribution outside the mail: none; (f) total free distribution: 21; (g) total distribution: 1835; (h) copies not distributed—265; (i) total: 2100. Percent paid and/or requested circulation: 87.4%.

William Cornell, Editor

UPCOMING 25th E.A.T.A. CONFERENCE/PARIS 2000
14, 15 & 16th JULY 2000

CALL FOR PAPERS

The general theme of the congress is « **T.A. Worldwide** ». You are kindly invited to submit workshop proposals. Please contact our congress secretary for all parameters :

Grace SLOTTJE **tel. /fax :** **33 1 39 62 59 50** English spoken
e-mail : **gslottje@club-internet.fr**
address : **3 rue Fould 78600 Le Mesnil le Roi, France**

Applications will be accepted until October 31st 1999 and should be sent to Helene Cadot, 17 Avenue Jean Jaures 69007 Lyon France, **and** helene_cadot@cheerful.com (attached file as yourname.doc or yourname.txt)

REMEMBER !

July 2000 in Paris = Millions of tourists !

which means you should make hotel and travel reservations well in advance.
In case of absolute necessity, a cancellation insurance is included in the congress inscription fees.

CONGRESS TARIFS

	E.A.T.A. MEMBERS	*NON-MEMBERS*
« Early bird » (by end 1999)	225 Euros	260 Euros
by March 31st 2000	250 Euros	290 Euros
by June 30th 2000	300 Euros	345 Euros
One day fee	120 Euros	120 Euros
Students or unemployed	150 Euros	150 Euros

If you plan to attend the celebration soirée (dinner and dance) on July 15th, please include the price of ticket (70 Euros/person) with your congress fees.

New Resources for TA Training Available

A two volume (400 Pages) set of lecture notes has been written by Linda Gregory, TSTA and PTSTA's in Australia covering 12 Modules of TA curriculum.
Modules covered are: Structural Analysis, Transactional Analysis Proper, Game Analysis, Racket Analysis, Script Analysis, Treatment Considerations, TA History and Literature, Personality Adaptations, Developmental Stages, Self-Reparenting, Abnormal Psychology & Redecision.
These notes are an excellent help to trainers and can also be used as a study guide for trainees.

Each module section of lecture notes is approximately 25 pages. The notes are based on the many authors of TA theory who have written in each area. Modules are clearly referenced to the authors, and each has a substantial reference list of suggested readings for trainees, listing both TAJ articles and relevant books. The book is bound in a loose leaf hard cover file in order to allow each trainer to add personal teaching notes and references.

Kerry Towers has compiled two volumes of TAJ articles of references which are suggested readings in the lecture notes and a one volume file of Eric Berne Memorial Award winners from 1971 -1997. Many of these articles are out of print, and many no longer available. This collection of required reading is now available to the public and to trainees of transactional analysis.

Send order to:

Linda Gregory
3 Trafford St. Beaconsfield, WA
Australia 6162

E Mail lgregory@central.murdoch.edu.au

Training Manuals Order Form, Linda Gregory & Kerry Towers
To Order,

☐	**1 Complete 5 volume set**	**US $250.00**
☐	**2 Volume Lecture Books**	**US $100.00**
☐	**2 Volumes Reference Books**	**US $90.00**
☐	**1 Volume EBMA file**	**US $60.00**
	Total	**US $250.00**

Add Postage and Handling

Your Name.....

Address.....

.....

Method Of Payment,

Cheque (Bank Cheque In US or Australian).....

Mastercard.....**Expiry date**.....

Visacard.....**Expiry date**.....

Your E Mail.....

Your Phone.....

Your Signature.....

Fax order to Linda Gregory...0011 61 8 9335 6950

Keeping In Touch



Participants from Australian training in Echuca-Moama

Region I—Asia, Africa, the Pacific

Curt Fisher writes that training in Australia took on a national flavor with the successful six-day training workshop for PTSTA and CTM trainees held 1-7 August at Echuca-Moama on the Murray River, which is the border between Victoria and New South Wales. The TSTA trainers were Gordon Hewitt and Charlotte Daellenbach from New Zealand and Linda Gregory and Jan Grant from Australia. The 26 participants enjoyed the extensive program of training and small group practice as well as the mock exam practice for the PTSTA group. Curt was the organizer of the training.

Paddy Glasgow of East Fremantle, Australia, was honored recently with the Goulding Award by the Western Pacific Association of Transactional Analysis (WPATA). Congratulations, Paddy!

Region III—Europe

Julie Hay writes that she has contributed two chapters—"Transactional Analysis at Work" and "Assessment and Development Centres"—to the *Gower Handbook of Training and Development* (Gower Publishing, 1999). The chapter on transactional analysis gives a brief history of transactional analysis, mentions the four fields of application, and explains what transactional analysis is. Several concepts are then explored: contracting, ego states, transactional analysis proper, strokes, psychological games, discounting, life patterns, script, and working styles (drivers). Julie finishes with a note about TA 101 introductory courses and transactional analysis associations.

The following notes are excerpted from the June 1999 issue of the *EATA Newsletter*.

Martine Huon, Executive Secretary of EATA, has been named the new editor of the *EATA Newsletter*. She takes over from **Ian Stewart,** who served as editor for many years.

Margaret Turpin, TSTA retired, has been awarded the EATA Gold Medal. Congratulations, Margaret!

The French Transactional Analysis Association (IFAT) had 575 members in 1998 and 530 participants at their last conference!

Region IV: Central and South America

Noeliza Lima writes, "Dear Friends from ALAT and ITAA: Sad news. We lost **Alberto Luiz da Rocha Tavares** on 29 July 1999. Twelve years ago he had surgery on his aorta and he had been fine since. Then last May surgery was required again, as a result of which he became very ill, with recurring problems from the operation. He finally underwent surgery again to save his life, but he could not withstand the procedure. So, the Brazilian transactional analysis community has lost another much-loved person. Alberto was an inspiration for his wisdom, love, and joy for life." We send our deepest sympathy to Alberto's family and friends.

Region V—United States

Jean Illsley Clarke has two new books coming out in 1999. *Time In When Time Out Doesn't Work* was published earlier this year by Parenting Press of Seattle. *Connections: Threads that Strengthen Families* was published in October 1999 by Hazelden Press. Congratulations, Jean!

Ed Zerin writes that the Summer 1999 issue of the *Journal of Pastoral Care* published an article by him and **Marjory Zerin** entitled, "Clergy and Congregants: A Transactional Analysis Perspective."

Charles W. English, RM, of Winter Park, Florida, was recently appointed by Florida Governor Jeb Bush to the five-member board of trustees for Seminole Community College in Sanford, Florida.

Ethelle Ames of Mapleton, Maine, writes, "I have some good news. I am engaged to be married in 2001 to Larry Potter, a professor of business at the University of Maine in Presque Isle, Maine. I have also just opened my business in coaching and am studying for certification in that field. I am a full-time personal and professional coach using transactional analysis as a communication theory for individuals and businesses."

James Allen, MD, TSTA, has been appointed the first occupant of the newly endowed Chair of Child Psychiatry and Resilience at the University of Oklahoma Health Sciences Center in Oklahoma City. This is the 31st endowed chair in child psychiatry in the United States but apparently the first to emphasize resilience. In the past year, Jim also received the C. V. Ramana Award from the Oklahoma State Department of Mental Health and Substance Abuse for 30 years of (adult) needs assessment, program development, and patient advocacy, and the Lay Citizen of the Year Award from the Oklahoma Phi Delta Kappa Professional Educators Fraternity for service to children. Congratulations, Jim!



Alan Jacobs writes that *IDEA, A Journal of Social Issues* (http://www.ideajournal.com) has been listed as a Internet Free-Press resource. Check out http://www.free-press.com/resources/

Laurie Weiss reports that her new book, *What Is the Emperor Wearing?: Truth-Telling in Business Relationships,* has been translated into Chinese (Mandarin) and published in Taiwan. Congratulations, Laurie! In addition, she and Jon Weiss are publishing an online newsletter titled, "Conscious Evolution" (weiss@empowermentsystems.com).

Pam Levin was featured in an interview entitled "The Seasons of Life," published in the Summer 1999 (Vol. III, No. III) issue of *Sojourn: Awakening Spirit, Culture and Knowledge*. She is also working on a new book, *Perfect Bones,* which offers a six-point plan to promote healthy bones.

All Regions

Frances Bonds-White is cochair of the scientific program committee for the 14th International Association of Group Psychotherapy Congress in Jerusalem in August 2000, and she urges ITAA members to submit workshop proposals for that conference. If you have questions, contact her at FrancesBW@aol.com . To obtain proposal and registration forms, go to the web page at http://www.congress.co.il and look up the IAGP congress. As Frances says, "Transactional analysis is listed as one of the topics of the conference and is listed in big, bold letters on the poster. . . . This is an opportunity to present transactional analysis to about 1000 group psychotherapists from all over the world."

Wanted or Available

Information on ego state questionnaire: Fran Parkin is interested in doing some research into functional ego states and sexual functioning and would like to obtain a copy of the ego state questionnaire developed by N. Robert Heyer. She would also be interested in hearing from anyone else who might be of help in this research. She can be reached by email at fran.parkin@cit.ac.nz or by post at Fran Parkin, Senior Lecturer, CIT House, 158 The Terrace, Wellington, New Zealand.

Buyer for journals and books: Pearl Carter is a former ITAA member, and she has about ten years of journals dating from 1971 and about 40 books on transactional analysis by the early masters. If you are interested, she can be reached via email: timely@htn.net .

Books for inmates: Donations of books are needed by a chaplain in a correctional institution of over 2500 inmates. Please send to Ch. Tim Koah, Snake River Correctional Institution, 777 Stanton Blvd., Ontario, OR 97914; email: Tim.A.Koah@doc.state.or.us .

Fanita English Recovering



Beloved long-time ITAA member Fanita English was seriously burned in an accident in her home on 8 October. She is currently receiving treatment at a hospital in San Francisco and is expected to be there for some time. Although she cannot receive visitors or phone calls yet, cards and letters would be welcome, especially anything humorous. Please send them care of her daughter: Deirdre English, 1236 Montgomery St., San Francisco, CA 94133, USA.

Eastern Region Looks Toward the Future

The Eastern Regional Transactional Analysis Association (ERTAA) Board of Directors has been busy since the spring 1998 Philadelphia conference. It met in the fall of 1998 and again in the spring of 1999 to consider the purpose and future of the organization.

ERTAA is an autonomous transactional analysis organization operating in the northeastern part of the United States. Its focus, as stated in its original mission statement, has been the professional growth of its members through education and training, especially through regional conferences, which it has sponsored and cosponsored for many years. Its recent concern has been finding ways to provide more contact and sharing of ideas and concerns among members of the transactional analysis community beyond conference events.

At its 31 October 1998 meeting, the ERTAA board decided to sponsor an advanced members invitational seminar-conference on 27-28 March at a small hotel in Mahwah, New Jersey. This personal and self-revealing meeting was attended by 20 Certified and Teaching Members of ERTAA. The general consensus of the group was that there was an interest in belonging to an organization in which there is less emphasis on professional advancement and more on the quality of our connections along with chances to share new ideas. The possibility of having nontransactional analysis presenters was suggested.

Following the seminar, the board met to discuss future plans, which include a second seminar in March 2000. The board believes that the future of transactional analysis lies in the nurturing of our connections on a local and regional level, where quality contact and professional development can be provided in a way that is accessible to everyone who is interested. Any ideas and/or suggestions about the future of ERTAA may be forwarded to ERTAA President Marye O'Reilly-Knapp.

Marian Weisberg on Behalf of the ERTAA Board