The Script

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

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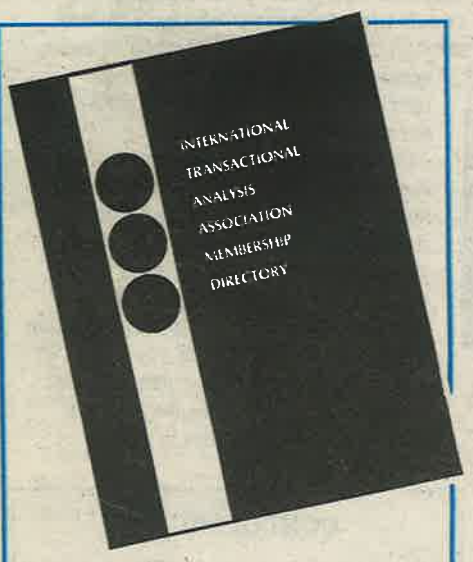

New Membership Directory Planned

Plans are underway for a new 1999-2000 ITAA *International Membership Directory* containing both alphabetical and geographical listings. Make sure that the ITAA has your current mailing address, phone and fax numbers, and email address by **1 May.** Members who have not renewed their membership by then will be omitted from the directory, so if you haven't already, send in your 1999 dues payment now!

We are again offering business card advertisements in the directory. These are an inexpensive but effective way to inform friends and colleagues about your work or services. Camera-ready ads suitable for black and white printing must be received in the ITAA office by **1 May 1999.** Full payment is due at the time of receipt. Business card ads are only available to ITAA members, and all ads will be screened for appropriateness. Cost: $45 per ad. Dimensions: 1-7/8" high (4.75 centimeters) x 3-1/2" wide (8-7/10 centimeters). Double-wide or double-high cards are available at twice the usual cost, although horizontal formal business cards are recommended (all ads will be presented horizontally). Mail original copy to the ITAA; no faxes accepted.

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☐ Enclosed is payment of $45 US, plus a copy of the business card that I want included in the 1999-2000 ITAA *International Membership Directory*. Fee payable by check (in $US) or by credit card authorization. Return this form with payment and card to ITAA, 450 Pacific Avenue, Suite 250, San Francisco, CA 94133, USA.

Perspectives and the Truth

A Conversation with Muriel James

by Bill Cornell

Bill: Hi, Muriel. It's a pleasure to talk with you about your book of selected writings, *Perspectives in Transactional Analysis,* published last year by TA Press. How did you come to choose these articles and this title?

Muriel: I wanted the book to reflect the development of my transactional analysis thinking and some of the different applications of transactional analysis. It is taught and used from so many perspectives now—thus the title. I also think about recent arguments concerning transactional analysis theory; they are really opinions about who has the right idea. I don't mind discovering that I'm wrong about something, and I love talking with people who have different perspectives, but I like debate and clarification built on a strong foundation, not just arguments about opinions. I also don't write in abstract terms—I like thinking and writing from specifics and the evidence of what actually happens with people. No one person knows the truth. Some of these current arguments are like listening to people standing on different mountains surrounding a valley; each person sees part of the valley, but not all of it—part of the truth but not all of the truth. So, the *Perspectives* book reflects my perspectives, my learnings in transactional analysis over 40 years.



Bill: How did you find out about transactional analysis and meet Berne?

Muriel: I was teaching a graduate course at the University of California on the "Philosophy and Principles of Adult Education." Since many of the questions I got from students required more psychological insight than I'd been trained in, I decided I needed more psychological sophistication. I began weekly supervision sessions with four supervisors—a social worker, a clinical psychologist, a pastoral counselor, and a psychiatrist—each with a very different background.

"How do you incorporate your concepts of the human spirit in your therapy with people?"

"I'm always asking myself, 'What will reinstill hope?' "



Bill: Talk about perspectives!

Muriel: Right. I'd play a tape of a patient I was working with and then listen to these four clinicians argue over their points of view. I often felt criticized and became defensive. The psychiatrist, Ken Everts, who was the second president of the ITAA, insisted that before I began defending myself, I say out loud, "I wonder if by any chance that could possibly be true?" It shifted me from my hurt/helpless Child ego state into my Adult and interrupted all sorts of contaminations. It was a very important learning. Now I also say it when I find myself discounting a compliment. It works really well that way too.

In about 1958, after loaning me a paper by Berne on ego states, which I loved, Ken invited me to the Tuesday night meeting at Eric's apartment in San Francisco. After the meeting the tradition was to go across the street to the bar and keep talking. Eric came up to me and asked, "How about going with me to Paris tonight?" I told him I didn't have my toothbrush. He said, "I'll buy you a toothbrush, clothing, or whatever else you might need." I said, "No, Eric, I'm happily married." After that he was a perfect gentleman.

Bill: Were you offended by what he did? Or complimented?

Muriel: I was interested. I thought he was very funny; I laughed. He soon became my supervisor. He knew there were areas where he lacked expertise, and he encouraged me and others to write about what we knew. One of my earliest writings at Eric's encouragement was on pastoral counseling, as an addition to his revision of *A Layman's Guide*

- *continued on page 6*

Aloha Spirit Reflected in Maui Business Meetings

by George Kohlrieser, ITAA President

Besides the palm trees, white-capped waves, gorgeous flowers, and flowing hula dancing, we were welcomed to Maui with the "aloha spirit." In the Hawaiian language, "aloha" stands for much more than just "hello" and "good-bye"; its deepest meaning is the joyful sharing of life energy in the present moment and gratitude for what is. The secret of the aloha spirit is to bless everyone and everything that enters your life. In conflict situations, one begins with this attitude and then uses it to alter negative states of mind and self-centered positions. When the blessing is sent outward instead of directed inward, the result is a bond that frees any inner fears in the self, thus allowing the blessing to come back to the self. In other words, you get what you send.

"We can best succeed when all our members are involved in finding solutions to problems and proposing visions for the future."

I was struck with the similarity between these ideas and our concept of complementary transactions and the process of uncrossing crossed transactions. How powerful it is to dialogue and negotiate without blocks and ulterior messages! As a specialist in conflict resolution, I was impressed with how the aloha philosophy can encourage a change of ego states, which is always necessary to deescalate a game or resolve a conflict.

The aloha spirit was in abundance during the ITAA Maui conference. The theme, "West Meets East," stimulated intense self-reflection and powerful dialogues. Keynoters and presenters from opposite sides of the globe shared emotional and insightful experiences and ideas. Cultures can have vastly different and important frames of reference, and yet the common bond is the human heart and soul.



Despite the stimulation of the conference program and the meditative surroundings of the environment, your Executive Committee, Board of Trustees, and committees were deeply involved in the practical dimensions of

- *continued on page 6*

EDITORIALLY YOURS

by Bill Cornell

Perspectives: Looking Ahead to the San Francisco Conference

In preparing this month's *Script*, I had the pleasure of doing two fascinating interviews. The first was with Muriel James to discuss her volume of selected articles, *Perspectives in Transactional Analysis*, published a year ago by the ITAA. The second was designed to introduce ITAA members to the work of Lynne Jacobs, one of two non-ITAA guest speakers headlining the Advanced Clinical Symposium on the Schizoid Process to be held during the 1999 USATAA/ITAA Conference in San Francisco.

It was difficult to edit down my phone conversations with Muriel since we discussed her book and reflected on her 40 years of experience with transactional analysis. I hope we've captured the tone of Muriel's clinical wisdom, so open-hearted, determined, and always practical. As you read the interview with her, you'll get glimpses of the life of a woman with relentless curiosity. Muriel is one of those all-too-rare individuals who *loves to know*, to think, and to solve problems but who is not afraid not to know. Muriel's is a mind enlivened rather than threatened by multiple perspectives and different frames of reference.

As I reread the transcripts of our conversations while preparing the final version of the interview, I found myself hoping that one of the five books that Muriel is currently writing, in addition to her proposed book on cultural scripts, is an autobiography. There are so many lessons we can learn from someone who has led the kind of life that Muriel created for herself.

As Lynne Jacobs and I began our interview, I was struck by the uncanny parallels in our professional development. We each were grounded in phenomenology at the beginning of our studies. I moved into transactional analysis to develop effective clinical skills while Lynne pursued gestalt therapy. We've both spent many years studying various psychotherapeutic perspectives to deepen and extend the modalities that we love. Transactional analysis shapes my therapeutic foundation and professional identity, just as gestalt has shaped Lynne's.

I look forward to Lynne's participation in a transactional analysis conference. As you read the interview with her, you'll see another relentlessly curious mind at work. I expect there will be lively interchanges between Lynne, Gary Yontef (the other non-ITAA guest speaker at the symposium), the six invited transactional analysis symposium presenters, and our transactional analysis community—applications of transactional analysis, gestalt, and psychoanalysis brought together in an effort to understand the schizoid process. I am excited about the opportunity this symposium presents to us as transactional analysis clinicians for broadening and refining our work in this area.



"It was a treat to interview two dedicated clinicians who have thrived through the pursuit and integration of multiple perspectives."

There is great diversity in the San Francisco conference program. It was a treat to interview two dedicated clinicians who have thrived through the pursuit and integration of multiple perspectives. I hope you enjoy these interviews, and I hope you are planning to attend the conference.

One of the most exciting aspects of last summer's Major International Transactional Analysis Conference in Zürich was the relatively high number of graduate students and young clinicians in attendance. I want to encourage members to invite a young colleague to attend the San Francisco conference with you. It will be an outstanding chance for members and nonmembers alike to see the best that transactional analysis has to offer.

CONDOLENCES

We were sorry to hear from Bill Krieger that his mother passed away in January of this year. Bill was Editor of *The Script* for five years, from 1986-1991. He can be reached at 933 George SE, Albuquerque, NM 87108.

The Script ITAA

The Newsletter of the International Transactional Analysis Association
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Advertising Rates:
Classified Ads: $5/per 80 characters/spaces

Display Ads: Copy should be camera-ready.

Ad Size	Rate	Width	X	Height
1/16Page	$50.	2" (5cm)		3"(7.6cm)
1/8 Page	$90.	4-1/2"(11.5cm)		3"(7.6cm)
1/4 Page	$170.	4-1/2"(11.5cm)		6"(15.2cm)
3/8 Page	$250.	4-1/2"(11.5cm)		9-1/4"(23.5cm)
1/2 Page	$330.	9-1/4"(23.5cm)		6" (15.2cm)
1/2 Pag		4-1/2"(11.5cm)		12-3/4" (32.4cm)
9/16 Page	$370.	6-3/4"(17.2cm)		9-1/4"(23.5cm)
Full Page	$625.	9-1/4"(23.5cm)		12-1/3"(32.4cm)

Deadlines for copy and advertising—first of the month prior to the month of publication. (*The Script* is not published in January, May, or September.) Deadlines: 1 May for the May-June issue.

Note: Publication of advertising in *The Script* does not imply endorsement by the newsletter, the Editor, or the ITAA.

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INSIDE VIEW

On Email

Are you drowning in email? Join the club. On a typical Monday, the ITAA office receives 100-150 emails, tapering off during the week to about 25 on Fridays. Of these, about 40 to 50 per day are referred to me for response. Robin Fryer, who has a separate email address, reports that her email for *The Script* and the *TAJ* has also been increasing.



"Email is a new focus in our work at the ITAA office, and we are all struggling with how to keep up with it."

Email is so immediate. Those who send messages expect a quick return response. For most of us, responding to email takes many hours each day. Not everything can have an immediate response. Especially alarming: Have you noticed how easy it is to press "reply"? And as soon as an answer is composed and sent, a new volley of correspondence requiring answers arrives. I also observe that a delay of even 24 hours in responding to an email results in more email asking why there was no response (usually attaching the original correspondence).

Email is a new focus in our work at the ITAA office, one that did not exist until a few years ago, and we are all struggling with how to keep up with it.

And don't even get me started on computer crashes. Who hasn't had one? In the last year my hard drive crashed not once, but twice, and in the process I lost all of my files, both email and word processing. Since we all rely increasingly on computers, the crashes are even more devastating. Who hasn't spent many long minutes on hold to technical support only to reach a helpful representative who tells you that you have to call some other support line?

Bugs multiply in the computer. A year ago I could go a whole month between crashes. But these days, after one month of regular use, I can't seem to run more than one program at a time without crashing the system. I have to reboot my computer entirely before trying to log onto the Internet.

I'm thinking about taking one of two paths: either upgrading my computer or heaving it out the window. Perhaps both.

- Susan Sevilla, Executive Director

Integrative Psychotherapy Two Workshops Summer 1999

Richard Erskine, PhD, and Rebecca L. Trautmann, RN, MSW

Five-Day Workshop: July 21-25
Ten-Day Workshop: July 30-August 8

These workshops are for mental health professionals who want to apply theory in clinical practice and to enhance their effectiveness through identifying aspects of contact interruption, life script, and countertransference. There will be opportunities for case consultation.

5-Day Workshop: $1150 for tuition, room, meals, reservation fee $350 nonrefundable; 10-Day Workshop: $2300 for tuition, room, meals, reservation fee: $500 nonrefundable; Both Workshops (full 15 days): $3300, reservation fee: $650 nonrefundable.

Location: Kent, Connecticut (near New York City). To register contact the Institute for Integrative Psychotherapy, 500 East 85th St., New York, NY, 10028, USA; or call 212-734-5291 (phone); 212-879-6618 (fax); email: trautmannerskine@compuserve.com

The Internet and the ITAA

by Claude Steiner, Internet Committee Chair

What can I say regarding the Internet that hasn't been said a thousand times already? Let me say this regarding the Internet and the ITAA. The ITAA is going through major changes. One important change is that the business of the ITAA is taking place increasingly on the Web, via email. The facilitation of communication afforded by the Internet is so great that it is causing people to reinvest in our organization as they see the possibility of interaction, learning, and progress afforded by the electronic medium. I offer myself as an example.

This is great for those of us who are online. However, it leaves out those who are not, and that is a serious problem. For instance, when searching for members of the Task Force on Core Concepts, I didn't even consider those who were not Internet capable. This left out a number of talented people, but the fact is that I was only willing to do that important job on the Net; it simply would take too much time and effort to coordinate everyone's feedback into one document without email and computer.

I constantly run into people who want information; when I ask if they are on the Internet, many say: "Not yet, but I will be soon. I really want to be." A year later they still are not, and I can understand why. It is not an easy process: There are hardware problems, server problems, navigator problems, upgrading problems, technical support problems. Making the transition from pre- to post-connection is fraught with expense, difficulties, and anxiety, and it usually takes time to stabilize. Yet when it all connects together it is like a miracle.

I am making our nonconnected members a priority and want to help anyone who is ready to make the leap. We are planning to have a workshop at the San Francisco conference to help people who are on the verge or who are interested. Plan to attend and plan to connect. We will be here to help.

ITAA News

Summary of the Maui Board Meeting

Hawaii Conference Outcome Successful: We had 127 total registrations, 25 participants in the USATAA Gathering, and 18 participants in the TA 101 Course (all Hawaiian resident social workers and psychologists).

Shift to International Membership: North America (excluding Mexico) represents only 46% of the ITAA membership now. Europe/Middle East represents 25%, Asia/Pacific Rim represents 21%, Latin America (including Mexico) is 6%, and Eastern Europe/Africa combined are 2%. After the United States, the country with the most members is Japan with 148 members, next is England with 141 members, and then in order are Italy (82), Australia (75), New Zealand (70), Canada (68), and India (57). These statistics highlight the importance of the Asia/Pacific Basin to the ITAA in terms of membership.

Membership Survey: We received over 700 returned surveys with more arriving daily, a response rate of about 40%. A report on the survey results will be available soon.

1999-2000 Membership Directory: A new International Membership Directory will go into production in May 1999. Once again it will include business card advertisements from members.

Nominations: Nominations are now being sought for ITAA president-elect, secretary, vice president of development, and vice president of the Training and Certification Council, plus 2 members of the ITAA Board of Trustees.

New *TAJ* Editor: *Transactional Analysis Journal* Editor Nancy Porter-Steele asked to be replaced due to health reasons. Tony Tilney, TSTA, of England, was approved by the board to assume the position. Tony Tilney published the *TA Dictionary* last year.

TAJnet: Editor Alan Jacobs has put significant energy into the project, and we are very pleased with the results. Alan has managed to make the Web site appealing to the younger generation: 60% of those visiting the site are under age 40. The board reappointed Alan Jacobs as *TAJnet* Editor through year 2000.

Conference Chair: Claudia Marker has agreed to be the chair of the Conference Committee.

Conference Task Force: The board appointed Felipe Garcia to chair a task force to examine existing ITAA policies relating to conferences, to survey the membership and other organizations on conference policy, and to make recommendations about conference scheduling. The task force is to submit a preliminary report by the San Francisco Conference board meeting.

Ethics Chair: John Parr agreed to serve as cochair of the Ethics Committee with Robin Maslen, who has agreed to continue to serve until a second cochair is found.

Public Relations: Lucy Freedman reported on public relations progress to date, 1996-1999, including the selection of and contract with Levy Communications, the exploration and research phase, and progress made since the Zürich Conference. An advisory group of 20-25 people from around the world has agreed to serve as a consulting body (it will not have any decision-making authority). The Steering Committee is composed of Curtis Steele, VP of Development; Denton Roberts, Treasurer; and Lucy Freedman, chair of the PR task force). The board approved the expenditure of $25,000 in 1999 for the ITAA public relations effort.

The public relations plan for 1999 includes five focus areas:

1. *Internet:* We are seeking to update the look for the ITAA website to make it a more market-oriented medium that is attractive to 20-to-40-year-old professionals. We are considering trades with other associations.
2. *Press Kit/Identity Piece:* We want to improve our print materials by developing some kind of press kit.
3. *Interassociation and university connections:* We are using and developing channels with other associations.
4. *Theme:* We propose "Reducing Violence" as the theme, including physical and psychological violence, and so on. The task is how to build connections for a healthy society by using transactional analysis in the world. We also hope to highlight events at the San Francisco Conference that develop this theme.
5. *Consultation/Assistance:* Part of the role of the PR consultant is to provide advice on various matters. For instance, in the conference area, Gaylon Palmer and Felipe Garcia are receiving consultation; in the membership area, Edie Bogusky-Beaujon is receiving consultation around what will make the association more attractive; and in the product development and promotion area, consultation is given so that images are consistent and products are useful. This consultation is a driver, not a substitute for work by the committee. This is the overall thrust of PR: to make recommendations to the association.

Web Page Report: Claude Steiner was appointed as the new chair of the Internet Committee.

Volume of Selected Articles II: The board approved funding for a *Volume of Selected Articles, 1981-90,* which will be published under the direction of Sean Manning.

Spanish Volume of Selected Articles: Mario Salvador of Spain has translated the *Volume of Selected Articles, 1971-1980,* and the Development Division, which has approved the concept, is looking for a Spanish-speaking project manager.

Video Series: The next series of professional videos will be titled "Transactional Analysis in Action," and the first tape will be of George Kohlrieser's Maui workshop on conflict resolution. The plan is to produce videotapes of Abe Wagner and Ellyn Bader at the San Francisco Conference.

Core Concepts Task Force: The Core Concepts Task Force is now under the Development Division. The goal in placing the task force there is to produce a book published by ITAA that will be offered for sale like the James and Erskine volumes of selected articles books. Claude Steiner will continue to chair the task force, and a committee will design the book. He will conduct focus groups to collect data and will bring a progress report to the San Francisco conference, including a table of contents.

Long-Range Planning: An all-day long-range planning meeting of the board will be held on Tuesday, 24 August, 9-6 pm in San Francisco.

EATA/ITAA Cooperation Task Force: Jan Hennig, John Parr, and Gloria Noriega presented the following motion in Maui on behalf of the task force: "That the ITAA and EATA each give membership to members of the other's association, without cost, without services, and without voting rights, in order to demonstrate solidarity and unity. Services of each association can be purchased from the other association. The condition of this is that it will not hurt the ITAA."

Without knowing the implications, the board could not approve the motion, but it received the report of the EATA/ITAA Cooperation Task Force and appointed a new task force to work out the financial and other implications and details and to present a report at the San Francisco meeting.

Nominations Chair: Charlotte Christoph-Lemke was appointed as the new chair of the Nominating Committee.

Nominations Sought

The ITAA Nominating Committee is seeking nominations for the positions of president-elect, secretary, vice president of development, and vice president of the Training and Certification Council, plus two members of the ITAA Board of Trustees. If elected, these individuals will begin to serve 1 January 2000. The ITAA board positions vacant in 2000 will be a USA region board member and an "other" region board member (non-USA and non-Europe). All officer and board members are elected "at large" by the ITAA membership (all members will be invited to cast their votes for all positions).

In January 2000, ITAA President George Kohlrieser of Switzerland/USA will begin the third of his three years as president. During 1999, the ITAA will elect a president-elect to serve one year (2000) at George's side. The president-elect will then automatically succeed to the presidency on 1 January 2001.

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. Send nominations to Nominations Committee Chair, c/o ITAA, 450 Pacific, Suite 250, San Francisco, California 94133-4640 USA; fax: 1-415-989-9343; email: itaa@itaa-net.org

The deadline for nominations is 31 May 1999.

Seminarios Eric Berne en Costa Rica

del 21 al 25 de julio de 1999

ANÁLISIS TRANSACCIONAL CLÍNICO, PEDAGOGICO Y ORGANIZACIONAL

Gloria Noriega Gayol y Emilio Said Diaz de la Vega, México

Conferencia gratuita: jueves 22 de julio (1 hora)
Curso: viernes 23, sábado 24 y domingo 25 de julio (20 horas)

Se invita cordialmente por igual a: terapeutas, psicólogos, psiquiatras, médicos en general, trabajadores sociales, consejeros, educadores, dirigentes empresariales y directores de recursos humanos; además de todas aquellas personas interesadas en aspectos de crecimiento personal (individuos, familias y parejas), así como público en general deseoso de mejorar sus relaciones humanas y su comunicación con los demás.

* Fundamentos del análisis transaccional
* Nuevos avances en el análisis transaccional
* Aprendizaje de un modelo de terapia activa y potente, sustentada en un contrato de cambio.
* Técnicas efectivas para comunicarse conclientes y mejorar las relaciones humanas en las empresas.
* Prácticas y útiles herramientas para la educación y crecimiento en las diferentes etapas de desarrollo.
* Método eficaz que facilita el desarrollo de nuestro potencial y el mejoramiento de nuestras relaciones con los demás.

Curso teórico-práctico: Se realizarán ejercicios vivenciales y terapeúticos, que ilustren la teoría y permitan experimentar la aplicación del análisis transaccional en la vida personal de los participantes. Ineracción del grupo en qu todos aprenderemos de todos, enriqueciéndonos mutuamente.

Lugar: pendiente por determinar *Idioma: español.

Inscripcion: ___ $ 180.00 US por el curso de 2 ½ dias. La inscripción incluye el curso, café en los descansos, y el almuerzo de dos días, sábado, y domingo. Forma de pago: únicamente en US dólares, los cheques tienen que ser de un banco de los Estados Unidos.

___ Cheque incluido; ___ Tarjeta de crédito ___ VISA ___ Mastercard

Número: _____ Fecha de expiración _____

Firma: _____

Cuatro formas de inscripción: Por Correo: Seminario Eric Berne de Costa Rica, 450 Pacific Ave, Ste. 250, San Francisco, CA 94133-4640 USA; por fax: 415-989-9343; por teléfono: 415-989-5640; por email: ITAA@ITAA-net.org

Nombre: _____

Dirección: _____

Ciudad/Estado/Código postal: _____

País: _____ Teléfono: _____

Fax _____ Email: _____

Pesso to Offer Demonstration at Conference

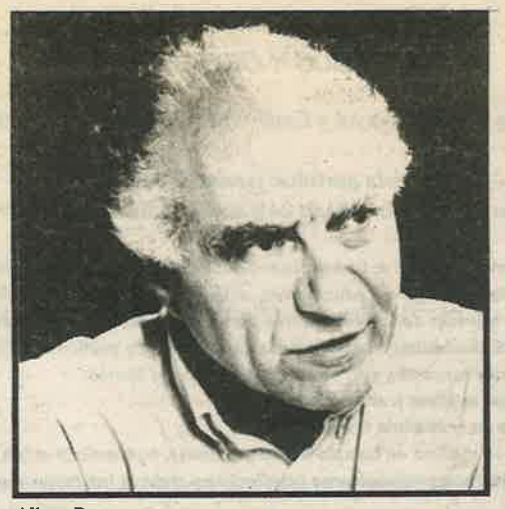
"The Effects of Memory on Behavior and the Construction of New Virtual Reality" is the title of a special demonstration workshop scheduled for the USATAA/ITAA Conference. Albert Pesso, cofounder with his wife, Diane Boyden-Pesso, of the therapy modality Pesso Boyden System Psychomotor (PBSP), will lead the presentation. Training programs in PBSP are widely known among psychotherapists throughout Europe, the United States, Brazil, and Israel. The following interview was conducted by Marilyn Marx via email with Al Pesso, who was doing a training in Oslo at the time.

Marilyn: In the evolution of PBSP, who were your significant personal influences?

Al: The most significant person is my wife, Diane Boyden-Pesso. She embodies the capacity to feel and express exactly what she experiences inwardly in a clear and impressive way. Her inquiring spirit and explorer's nature helped lead us into new psychotherapeutic landscapes. She knew, faster and clearer than I, that her past history had left her hobbled, and she strove to find a different reality via a different symbolic history. I cherish and value her personal tenacity, her willingness to sacrifice comfort in support of her ideals, and her everlasting patience while waiting for me to stand as tall as she in public acknowledgment and confident acceptance of the valuable process to which we had given birth. I was far too shy to do that alone or on my own.

Marilyn: And professionally?

Al: Early on my dance teachers—Gertrude Schurr, May O'Donnell, and especially Martha Graham—were influential. Martha had an intensity that came from her total dedication to her art, to communicating what was the most real about life using the medium of the human body in the dance form she created. Her single-mindedness and daring willingness to look deeply below the surface of human consciousness as she strove to express more complex truths—not in words (though she was obviously influenced by Freudian notions about the power of the unconscious) but in the new language of dance she developed—modeled the courage it would take to pursue the truth in spite of all opposition. Of course, when it comes to things psychological, I must acknowledge how influenced I was by reading Freud himself. It was Freud who developed the theoretical base for understanding the present in terms of patterns laid down by the past.



Albert Pesso

Marilyn: Gus Napier's paper, "The Missing Link in Marital Therapy," in *Voices in Family Psychology* (Florence Kaslow, editor) notes similarities between PBSP and gestalt and psychodrama approaches, but he finds the Pesso system "unique in combining a sophisticated 'externalization' (through role playing) of the individual's ego psychology, expressed in extremely powerful body language." He goes on to say that "its most appealing aspect is its emphasis on emotional 'truth' as revealed in bodily states." In therapy, how do you control this bypassing of intellectual defenses to provide emotional safety for those involved?

Al: While it might seem that the goal of using the body is to bypass the defenses, that is not what we do. I must confess this idea seemed appealing at first, an obvious advantage of using human movement when we first did the work and tried to explain it to others. The truth is, we always take into consideration the "Pilot" of the client and never do anything that subverts or attempts to outflank the client's authority and control of each step in the process. The goal of "witnessing" is to enrich clients' information about the appearance of their own affect on their faces and in their bodily states in a way that is nonthreatening, nonintrusive, and noninterpretive. People who undergo "structures" say it is the safest and most respectful way they have ever found in therapeutic processes.

Marilyn: When, where, and how were you introduced to transactional analysis and what is its relevance to your work?

Al: I must confess I have never read Berne's work and only know the general outlines from articles and what I have learned from transactional analysis therapists who have also trained in PBSP. Whatever parallels there are have not been intentional or a result of cross-fertilization. The major outlines and approaches of PBSP were first established in 1961, although there has been much refining and sharpening of theory and technique since then.

Marilyn: There seems to be some kinship between PBSP and the Gouldings' redecision therapy—working in the present with an early scene from the past. Your particular method of incorporating bodywork into the scene, however, and your use of the group—reminiscent of a Greek chorus—is quite unique. Would you say something about the similarities and differences?

Al: The relevance of transactional analysis to PBSP has been attested to by others who see parallels, especially with the Goulding's redecision work. Vann Joines came across PBSP very early as I taught several programs at his Southeast Institute. He, far better than I, could tell you of the differences and similarities as he is quite cognizant of the major elements of PBSP.

Mary Goulding herself, having been in a "structure" [which she describes in her book, *A Time to Say Good-Bye: Moving Beyond Loss*, 1996] with me and knowing transactional analysis so intimately, could also speak more precisely of similarities and differences. It is pure conjecture on my part, as I have never witnessed a transactional analysis session, that a major difference might be in the intensive use and understanding of body language in PBSP. Also, aside from techniques, I think there is a difference in the theory about human development, especially how we use and understand basic developmental needs and how they should be supplied.

Perhaps, to put it in a single sentence, we have notions that each need has to be met at the "right" age and with the "right" kinship relationship. That's a loaded notion and one that implies that the changes have to come in terms of history and not in terms of the present, that changes should be supplied via interactive processes using the bodies and words of the significant others in role play and not in reality. That is, the solution is in symbolic construction of synthetic memories and not in literal interactions in the present.

Marilyn: Thanks, Al. I'm sure our readers will be interested in what you've said, and I hope it will encourage them to come to your workshop at the San Francisco conference. By the way, I wanted to tell you that your Web page is one of the best I've every seen.

Al: You knew exactly the compliment to give me. The web dancer who produced those pages is me!

Marilyn: To our readers: Check it out at www.PBSP.com

Marilyn Marx, PhD, RM, has a private practice in Lexington, Kentucky and occasionally teaches at the university there.

SCHEDULE CHANGES

There have been some changes to the program printed in the January-February *Script*. For a list of these changes, please contact the ITAA office.



Presenters on Treating Children an

Among the many riches of the San Francisco USATAA/ITAA Conference will be an extraordinarily large number of presentations on child and family therapy. To begin, Ruth McClendon and Leslie Kadis are giving a preconference institute on family therapy. Their book, *Concise Guide to Marital and Family Therapy*, published by American Psychiatric Press, is a new best-seller in the family therapy field. During the conference proper, Inger Acking is presenting ways of working with ex-drug addicts and their children as their families are reunited, and Conchita de Diego will focus on family relationships and the healthy development of a child's personality. We'll also hear from transactional analysis specialists Fatma Torun Reid, Dolores Munari Poda, and Timothy Buckley, all of whom introduce themselves here.

Fatma Torun Reid, psychologist, Istanbul, Turkey: "Before fitting the oxygen mask on your child, make sure you comfortably place the mask on yourself first." This airline instruction is applicable to child therapy. It is essential to address any important adult issues early in the therapy process. A depressed, confused, or anxious parent will only compound the child's difficulties. My primary goal is to involve fathers and to empower both parents in the treatment process.

What makes a person a good child therapist? Contact! Verbal and nonverbal. Children aren't fooled. They intuitively know who likes and respects them and is *there* for them. The child therapist should be spontaneous enough to be able to liberate the Natural Child that may be locked up in the young client. The child therapist must also know how to establish boundaries comfortably. In short, a good child therapist has the ability to move among and use all three ego states (i.e., Nurturing Parent, Adult, and Natural Child) with equal ease.

Dolores Munari Poda, psychologist,

Barbara Hibner to Chair "Therapy with Childre

A new panel on the ITAA conference program, "Therapy with Children," will be moderated in San Francisco by Barbara Hibner, MD, child psychiatrist, ITAA Certified Member (clinical), and native Californian. A graduate of Mexico's Universidad de Nuevo Leon Escuela de Medicina, with a psychiatric residency at Baylor, Barbara was married to medical school classmate David Gonzales and is the mother of four. Characteristically adventurous, she leaves for a new home and a new position in New Zealand shortly after the conference. This interview was conducted by Marilyn Marx in Isla Mujeres, Mexico.

Marilyn: How did you discover transactional analysis?

Barbara: I was living in Mexico and directing a government funded school there called Centro Infantil de Perfeccionamiento, an ironic name since the children were all thought to be "retarded." I came to visit a sister in San Francisco, and she had just read *Games People Play*. I was already a child psychiatrist and looking for ideas. The school had a full staff of social workers, psychologists, and special education teachers all geared for working with handicaps. But when I had the kids tested, we found an IQ range of 25 to 140. So I turned it into a school for learning disabilities. This was in 1967.

Marilyn: And you found ways of integrating transactional analysis into your work there?

Barbara: For the little ones, the first thing was translating *TA for Tots* and Steiner's *Warm Fuzzy Tale* and teaching the teachers to treat the children with respect and to ask them what they needed. Children are very curious, pretty straightforward, and catch on to concepts such as "bigger" and "littler" very easily. We wove their experience into stories, and we had about 140 kids who learned quickly how to ask. This eventually led to choosing a whole new staff.

Marilyn: With such a range of abilities, I imagine you had to be quite flexible.

Barbara: True. And after awhile I left the school to form my own Instituto de Educacion Individualizada. This was a private school, but one providing scholarships for working-class kids. Children of working-class parents were never invited into Mexico's prestigious public schools, so this was new. Children of servants,

tional Analysis



ing in Times of Change

nd Their Families

Torino, Italy: Perhaps the first permission to give a child in therapy is permission to be a child and not a caricature of a busy adult. The therapist needs to use all three ego states: a Child's happy creativity, an energetic Adult who is practical and careful, and a Parenting attitude both nurturing and structuring—strong, firm, and reassuring.

Each child's script spontaneously manifests itself in drawings, games, and the invention of stories. The therapist intervenes in a script that is just forming, suggesting corrective experiences and offering needed integrations and enrichments. The goal is to transform the "problem child" into a child with his or her own creative resources, abilities, potentials, and hopes. I use the Existential Pattern Therapy of Fanita English and the self-reparenting of Muriel James.

Timothy Buckley, MD, Diplomate, American Board of Family Practice, Everett, Washington: I don't think there is really a lot of additional technical skill required of a good child therapist beyond that of a good general transactional analysis therapist, considering how necessary it is for transactional analysis therapists to have an understanding of the Child in their work. The parallels between the Child in adult clients and the children we work with are indeed strong and, in the case of abused and neglected children, haunting.

The easiest part of working with children is sharing their spontaneous, uncluttered, wide-eyed view of life. Except for the most abused and neglected, the spark of joy and playfulness is so ready to reignite and blaze after being once or twice smothered. The most difficult part is maintaining healthy boundaries. There is something about wounded children that attracts wounded adults, including professionals.

When I started working more intensely with children with attachment disorders, it puzzled me that so few professionals and agencies seemed to have experience with these children. Where have the kids been hiding, and why all the fuss about attachment disorders in the past five years?

The answers, as I see them, have enormous social implications. I have come to believe that the rising interest in attachment disorders follows the profound influence on adoption of the US Supreme Court decision Roe v. Wade. With legalized abortion and the decreasing availability of healthy infants for adoption, families of social and economic means have increasingly turned to special-needs adoption, including the adoption of children from homes, systems, and institutions in which abuse and neglect are common. (Spitz's historic study on the effect of institutional care on infants is the pivotal common ancestor of both transactional analysis and attachment theory.) Increasingly, these distressed families are turning to attachment theory and therapy for answers when an adopted child is unable to assimilate as expected.

These children have always been with us, of course. It's just that in our inner cities and impoverished rural communities they've been easier for many of us to ignore as long as their struggling families lack the knowledge and means to demand help. What is a gang if not the perfect "family" for the child who was never been given the opportunity to attach? We need to develop and support strategies that include families and children traditionally stuck in environments in which conditions foster abuse, neglect, and lack of healthy attachment. Clearly, this is a universal issue that knows no borders.

— Mary Goulding

Lynne Jacobs One of Keynoters for Symposium on the Schizoid Process

Lynn Jacobs, PhD, is one of two invited non-transactional analysis guest speakers who will contribute to the Advanced Clinical Symposium on the Schizoid Process to be held in conjunction with the USATAA/ITAA Conference. We are pleased to introduce her to you through this conversation with Script *Editor Bill Cornell. We look forward to running a similar interview with Gary Yontef, the other non-transactional analysis guest speaker, in an upcoming* Script.

Bill: I was delighted to hear that you and Gary Yontef have been invited to present on the schizoid process during our conference in San Francisco this summer. I've long heard of your work through some of my gestalt-trained supervisees here in Pittsburgh. Transactional analysis and gestalt therapy have had long parallel histories; gestalt has had quite an influence on the practice of transactional analysis. And these days I think transactional analysis and gestalt are facing similar problems in professional identity. I understand that you started as a gestalt therapist and then pursued psychoanalysis.

Lynne: Yes, I am a gestaltist and a psychoanalyst. Gestalt has had to go outside of itself to keep developing theory. One of the interesting things I've noticed is that within psychoanalysis they rarely turn to the outside—except for bringing in infant researchers and brain people. Psychoanalysis has so many different voices and approaches that they can have those juicy, stimulating discussions among themselves. Gestalt does not have enough diversity to generate that kind of discussion, so we have to go outside.

Bill: What took you from your gestalt foundation to pursuing psychoanalytic training?

Lynne: I still teach gestalt. I am trained in psychoanalysis, but my worldview, my foundation, is definitely gestalt. Gestalt shapes my world. I think that's because I know for myself that it's the person-to-person, emotionally based, phenomenologically based dialogue that is at the heart of therapy. The idea that the therapist is open to being influenced by the patient as well as the patient by the therapist has been my salvation. I think it's crucial to healing. Gestalt therapy has one of the strongest theoretical elaborations of this theme, the moment-to-moment encounter. In a way it's the same thing that took me to psychoanalysis. I'll learn wherever I can learn about how the relationship works in psychotherapy. So from gestalt therapy I was getting the here-and-now immediacy of the two-person encounter. I didn't like psychoanalysis because of the use of interpretation—the patient's experience was interpreted to the patient about himself or herself, about something the patient couldn't know about himself or herself. Then I found contemporary psychoanalysis, the work of Robert Stolorow, Stephen Mitchell, and Lewis Arons. They talk, for example, of enduring relational themes—"the transference"—in ways that are phenomenologically oriented, in ways a gestalt therapist can use. Gestalt had limitations in its ability to talk about, and to be sensitive to, longer-term relational themes. It has the moment-to-moment contact, but not the process of contact over time.



Lynne Jacobs

Bill: I've heard you talk on the universality of the schizoid process. Your focus at the conference is on working with the schizoid. What do you see as the universality of the schizoid experience?

Lynne: The schizoid demonstrates in writ-large fashion the fundamental existential dilemma of being an individual and being in relation to others, of individual subjectivity in contact. The therapeutic task is to build an empathic bridge to the inner world of the schizoid. It can be a hard thing to do because schizoids give you so little to reach out to and hold on to. But if you make that bridge, the schizoid person can articulate the struggles, fears, and sense of aloneness that will ring familiar deep inside most therapists. They are our existential patients. It is a tremendously poignant and satisfying experience, that moment, when the person shifts from feeling alone to feeling lonely, to longing for connection. What I am most interested in is to stand in the shoes of the schizoid. If you can help them articulate their inner experience, it doesn't make any difference what your theoretical framework is; you'll have helped them make that bridge to connection.

Bill: Thanks so much. I'm eager to meet you at the conference. This has been a very brief talk, but I think you've done a good job of giving our transactional analysis members a glimpse of what they'll hear during the symposium in San Francisco.

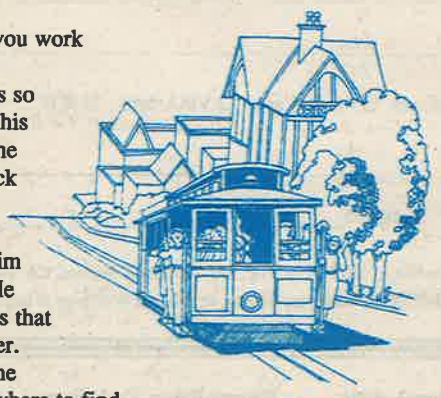


lren" Panel

children of neurologists—here were all these brilliant kids failing scholastically and socially. One boy, for example, flunked the 8th grade three times—acting out, disruptive, a natural leader creating chaos.

Marilyn: And how did you work with him?

Barbara: At first he was so disruptive we had him do his schoolwork at home. But he started sneaking in the back door and I'd have to take him home. To keep him involved, his teacher let him make up quiz questions. He began to bring in questions that the teacher couldn't answer. "Tell him you can't find the answer. Ask if he knows where to find the answer." His father, as it turned out, had bought a brand new encyclopedia. The teacher's request changed to "Would you research this for me?" In a very creative way, the child made up a curriculum for the whole 8th grade—one on oil and gas production with maps and a mobile. He was invited back into school to teach it, voted most improved student of the year, and was elected school president in 10th grade.



Marilyn: Did you involve parents in any family therapy with these kids?

Barbara: Absolutely. The tasks were how to sneak parenting skills in and to establish a paradigm for the children to be able to tell parents what they wanted. We discovered that our parents didn't know how to play. They cared very much for their kids but were terrified that we were creating an elite world of weird kids. So we got the parents together once a month with the children, and the kids decided what the specific activity would be—whether they would talk or play or whatever. The kids came up with some incredibly innovative ideas. Once the first graders set up a crawling race between two fathers to decide which of their kids got a leadership position.

Marilyn: A switch from ordinary parent/child school activities.

Barbara: And 'Que Barbara!' got to be a euphemism for "outrageous." But while doing it playfully was helpful, some parents were still reluctant to participate, so every week for a year we provided a TA 101. We were also on radio with a weekly synopsis of what went on in the school that week and talk-show hosts often came to our school 101s. One cynical psychologist started calling us "the three-plate theorists."

Marilyn: In what ways do you think you were most effective there?

Barbara: Well, we clearly reached the parents in the practice of permissions, protections, and potency and how they work. For the kids, we made it OK for them to think for themselves. Without using too much jargon, the children were able to instantly recognize ego states by voices and how they themselves thought about it. They got grounded in assertiveness instead of aggression, a great deal of self-awareness and therefore straight communication. One four-year-old was heard telling his angry father, "You're not going to hit me, daddy. I'm not an animal and I understand the spoken word!"

Marilyn: Many thanks, Barbara. You will be greatly missed in Mexico, I'm sure. Go safely to your new adventures. Lucky Kiwis!

A postscript: Barbara was with her school for seven years before leaving to return to the United States with her husband. Five staff members of the Instituto became Certified Members of the ITAA. The school is still in operation in Monterrey, Mexico.

PERSPECTIVES

continued from page 1

to Psychiatry and Psychoanalysis. He also encouraged me to write my early article on impotence, which is in *Perspectives*.

Bill: You tell some of your personal story in *Perspectives* in your article "Becoming a Therapist the Hard Way in Hard Times." For a long time I've thought of you as an exceptionally resilient person. There is such gentleness and optimism in your way of working with people, but there is also a toughness and resilience in your personal character, which I suspect clients learn from and absorb. Would you be willing to talk about your inner resolve and resilience?

Muriel: I really had no choice. I had to be resilient if I was going to stay alive. I had to feed my kids. In those days, there were no social service agencies to help mothers, and I had no one else to turn to at that time, so I learned to take care of myself, to sort things out. When I was growing up, if I asked my father for help or information, he'd always ask, "Have you thought about it?" I was expected to think about things or figure things out, then he'd tell me.

That's still how I organize myself. I'm working on five books at once now. I have all this stuff around my bed. The files are color coded to keep the writing and research sorted. Plus there is a pile of books, must be 20 of them, around my bed, a way to think about things. Of course, it's interesting to see what winds up at the bottom of the piles and the bottom of the bed, usually bills and letters I'm putting off.

Bill: As you look back through the material that formed the *Perspectives* book and at your contributions to transactional analysis, what do you feel particularly good about?

Muriel: Two areas—one is my writings on ego state boundary problems and their use for therapists' self-therapy, and the other is the techniques of self-reparenting. The first involves knowing and using the four steps of ego state diagnosis so that one can analyze ego state boundary problems in oneself and recognize and sort through contaminations before helping others. To know our past is to know our history, and the future is always mystery. The task is to live in the present, which requires restructuring Parent ego states to free us from the past. This is why self-reparenting is so important.

Once Berne wrote, "Self-analysis is like giving oneself a haircut; with sufficient care and practice it can be done." Although we may turn to others for many reasons, ultimately we decide for ourselves who we are. I think that what we decide, knowingly or unknowingly, is usually related to a philosophy of life. This philosophy begins to develop in early childhood with the adoption of OK and not-OK life positions. These strongly held beliefs, often taken on in relation to specific areas of our lives, can be discarded or modified. Understanding and reinterpreting past events, establishing and reinforcing plans for the future, making and keeping reasonable decisions in the present are essential. In the *Perspectives* book there is a program for therapists to use with themselves, if they want to.

Bill: And how do you see your contributions to the ITAA?

Muriel: When I was asked to run for ITAA president in 1979, I said no. Then I asked myself if I had something to give that was different from what others might give, and I changed my mind. I thought I could contribute in two areas: the first was to encourage greater international participation, which I think I did. The other had to do with the word "spiritual," not the word "spiritualities." There are many forms of spirituality. They are more concerned with ecclesiastical matters.

Bill: So we are getting back to the idea of "perspectives" and the question of "Could this possibly be true?"

Muriel: Good point. The spiritual gets discounted, I think because it has been so often associated with organized religion, with having to believe specific things. People react to the language and teachings of organized religions, which are often from an "I'm OK, You're not-OK" position or vice versa. This may offend people and kill curiosity. I had been helping in a church youth group where there was a lot of praying, telling stories and myths, singing hymns. I knew nothing about any of it, and I got curious. I got interested and had lots of questions, so at 36 I was the oldest freshman and the only woman in a graduate theological seminary. I had no religious upbringing, but I ended up doing my doctoral dissertation at the University of California on ancient Jewish history.

Bill: In your *Perspectives* article, "The Inner Core and the Human Spirit," you write, "The word spirit refers to the vital animating force in a person, which can also move that person beyond the 'normal confines of the world.' " Would you talk about how you incorporate your concepts of the human spirit in your therapy with people?

Muriel: I believe when we talk about spirit we are talking about the inner core of the self. Whether I actually use those words depends on the particular individual I'm talking to. Our spirit, the inner sense of self, can become closed off by all sorts of things. We have fundamental urges from the inner self—call it spirit—that are directed toward outside goals. But our interests, our vitality, can be reduced by the loss of hope, the loss of meaning. I'm always asking myself when I'm working with people, "What will reinstill hope?" We all need hope and courage. When we are truly ourselves we need courage, because there's always a cost to freedom and there's always someone who will disapprove.

So, in therapy it's important to support people in setting goals around the kinds of things that involve the release of those basic human qualities of the spirit. With people who express hopelessness when they first come to therapy, I sometimes ask, "When did this despair start, what caused you to lose hope?" If a person was never wanted, treatment must be different than if despair was the result of a trauma at a specific time or age. I may go back with the client to six months before the trauma and verbally or nonverbally wonder, "What was your life like then? How did you manage to survive? Where or how have you found the hope and courage to go on?" I try to reconnect people to earlier sources of vitality, hope, and courage.

Bill: Throughout your work there are recurrent themes of how Parent ego state beliefs, ego state boundary problems or contaminations, and scripts can limit a person's perspective and undermine hope. So much of your work is about opening up perspectives.

Muriel: Yes, and that takes us right to cultural scripts, which are so important. Many theories of psychology, as well as theories of spirituality and religion, are culturally determined or influenced. Examining cultural scripts in the world today is one of the most important things we can do in the ITAA, in our societies, in ourselves. That's why I included three articles on cultural scripting in the *Perspectives* book.

Bill, on the basis of thinking about this interview, I am making a request of the international transactional analysis community. I want to do a book on cultural scripts, so I invite ITAA members from all over the world to write to me about the cultural scripts they grew up with and know well.

Bill: I think that's a wonderful idea and a great way to end this interview.

Muriel: I think this is a good place to stop, too, but I'd like to end with two quotes we used in *Born to Win: Transactional Analysis with Gestalt Exercises* (now in 22 languages). The first is by T. S. Eliot: "We shall not cease from exploration/And the end of all our exploring/Will be to arrive where we started/And know the place for the first time." The second is from Arthur Miller: "I think one must finally take one's life in one's arms."

Bill: Thank you, Muriel.

ALOHA SPIRIT

continued from page 1

keeping the ITAA moving forward. Once again, the vice presidents, officers, and leaders of your organization demonstrated an incredible level of commitment and personal engagement. I want to highlight here a few of the many actions they took in Maui (for more details of board actions, see page 3).

1. The Executive Committee recommended and the board approved that the Core Concepts Task Force be renamed the Core Concepts Project and moved under the auspices of the Development Division, where it will be overseen by Vice President of Development Curtis Steele. We thought it was important to take into account the concerns of a few members that, as a presidential task force, the results of this process could be misused, even though the Board of Trustees was confident that would not have occurred. The goal remains to clarify in an unofficial way what the basic concepts are that uniquely distinguish a transactional analyst and to publish these in book form (using the James and Erskine volumes of selected articles as a model). Claude Steiner will remain as chairperson.

2. The board approved a steering committee and advisory committee as requested by the PR Task Force. The Advisory Committee consists of 20-25 people from around the world who have agreed to serve as consultants and resource persons on PR projects. This group will advise and represent the ITAA as appropriate to their area of expertise and geographic region. The Steering Committee, composed of VP of Development Curtis Steele, Treasurer Denton Roberts, and PR Task Force Chair Lucy Freedman, will have authority over policy, direction, and expenditures. Under Lucy Freedman's leadership, a TA Public Relations Plan 1999 is now in action. The board is aware of and taking into account some member concerns about the ITAA entering into the PR arena. However, as a nonprofit educational organization, we must do what other thriving organizations do: communicate to others who we are, what we stand for, and what we have to offer. Although this may violate old injunctions that "thou shall not market thyself," what the PR Task Force does will be professional, within ethical boundaries, sensitive to international cultures and regions, and done with common sense. We need to have both professionals and the general public associate a positive image—for instance, people making successful life changes—with transactional analysis, and we need to develop this image by honestly communicating who we are.

3. Claudia Marker of Germany has agreed to chair the Conference Committee. This international committee will oversee the practical structure and running of conferences, including worldwide coordination of conferences under Vice President of Operations Gaylon Palmer.

4. Felipe Garcia will chair the new Conference Task Force, the goal of which is to examine existing ITAA philosophies and policies regarding conferences and to modernize and reengineer how we approach and think about conferences.

5. Through the EATA-ITAA Cooperation Task Force there has been great movement toward bringing ITAA and EATA into a closer working relationship as part of the worldwide transactional analysis community. Ted Novey and Jan Hennig are looking at the financial implications of various options.

6. Claude Steiner has been appointed chair of the Internet Committee, which will consider how the potential offered by the Internet can serve the ITAA and its members.

There were many other things discussed and decided on in Maui. We continue to look at ways to modernize our organizational structure even beyond the changes that followed the recommendations of the Streamlining Task Force. As always, please communicate your ideas, reactions, and proposed solutions to board members, officers, and chairpersons. We can best succeed when all our members are involved in finding solutions to problems and proposing visions for the future.

See you in San Francisco—Aloha!

Perspectives in Transactional Analysis

by Muriel James

Includes 20 essays covering a wide range of topics, including basic transactional analysis principles/techniques, fascinating accounts of Muriel's own life and her relationship with Eric Berne, the drama of cultural scripts, techniques for personality structural change, spirituality and the human spirit, and special applications of transactional analysis in clinical and organizational settings. Previously published and edited for this volume many of these papers are no longer available elsewhere.

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Training News

Congratulations to Successful Examinees!

Queenstown, New Zealand, 19 November 1999:
Jo Stuthridge, CTA (clinical)
Sue Cornforth, CTA (clinical)
Fran Parkin, CTA (clinical)
Janet Redmond, CTA (clinical)
Marie Corbett, CTA (clinical)
Maurice Vaughan, CTA (clinical)
Lesley Robson, CTA (organizational)
Lidwina Seysener, CTA (educational)

Maui, Hawaii, 24 January 1999:
Suzanne Boyd, TSTA (clinical)
Hiroko Koichi, CTA (educational)

Coimbatore, India, 6 February 1999:
C. Suriyaprakash, CTA (organizational)
I. A. Mohan Raj, CTA (organizational)
Dr. Susan George, CTA (clinical)
Padma Ramesh, CTA (clinical)

Thanks to Examiners

Queenstown, New Zealand, 19 November 1999:
CTA Exam (No TSTA Exam):
Process Facilitators: Charlotte Daellenbach, Jan Grant (chair), Linda Gregory (chair)
Coordinator: Geraldine Lakeland (chair)
Examiners: Margaret Bowater, Jan Grant, Linda Gregory, Gordon Hewitt (chair), Rhae Hooper, Suzanne Johnson, Judith Kime, Geraldine Lakeland, Elana Leigh (chair), Sean Manning, Carolyn Murray, Evan Sherrard, Victoria Smith, Bob Trott, Servaas van Beekum (chair), Anna Weatherly

Hawaii, January 24, 1999:
TSTA Exam Supervisor and Process Facilitator: Jan Hennig
CTA Exam Supervisor: Jan Grant
TSTA Examiners: Ellyn Bader, Val Garfield (Chair), Steve Karpman, Gloria Noriega, Thomas Ohlsson, Gaylon Palmer*, Denton, Roberts, Abe Wagner, Laurie Weiss (Chair)
CTA Examiners: Jan Grant, Elaine Childs-Gowell, Fritz Mautsch, John Parr (Chair)
*also CTA Examiner

Coimbatore, India, 6 February 1999:
CTA Exam (no TSTA exam)
Exam Supervisor: P. K. Saru
Trainees: C.S. Murali, T.N. Ramachandran
Process Facilitator: Sr. Josephine Dhanaswami
Examiners: Jones Bosco (chair), Sashi Chandran, Charlotte Daellenbach, Tehemtan Dhabhar (chair), John P. John, Sr. Candida Kandathil, P. Kunhunni, T. H. Radhakrishnan, P. S. Viswanathan

Coimbatore Exams a Big Success



Happy Coimbatore group after successful exams: (standing from left) Surya, Charlotte, Josephine, Tehemtan, Susan, Pading, Mohan; (sitting from left) Jones, Saru, Candida

The latest BOC-CTA oral exams were conducted in Coimbatore on Saturday, 6 February 1999 at the Hotel Thai. Four candidates—C. Suriyaprakash, and I. A. Mohanraj of Coimbatore and Dr. Susan George and Padma Ramesh of Chennai—presented for the exam, and all passed with flying colors. This is the first exam in India not to be held in conjunction with a conference and also the first since the end of the affiliation between ICTA and the ITAA. The challenging task of planning, organizing, and executing the whole event was carried out by P. K. Saru, the exam supervisor, and her able team of advanced trainees. Of these, T. N. Ramachandran and C. S. Murali deserve special mention for their untiring efforts. Charlotte Daellenbach traveled all the way from New Zealand to take part in the exam, and eight other examiners (see list above) joined her to constitute the four boards. Sr. Joshephine Dhanaswami was the process faciliatator. In the evening there was a ceremony to celebrate all those who were part of the exam process. On the whole, it was a memorable and beautiful experience.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC	July 15, 1999	Rome, Italy	April 15, 1999*
	BOC	Aug. 18, 1999	San Francisco, CA, USA	May 18, 1999
	COC	Nov. 5, 1999	Lyon, France	Aug. 5, 1999*
	COC	Nov. 20, 1999	Neustadt, Germany	Aug. 22, 1999*
	BOC	Nov. 20, 1999	Christchurch, N. Zealand	Aug. 22, 1999
	BOC	Jan. 2000	Coimbatore, India	Oct. 1999
	COC	July 13, 2000	Paris, France	April 13, 2000*
	BOC	Aug. 9, 2000	Halifax, Nova Scotia	May 9, 2000
	COC	Nov. 5, 2000	Belguim	Aug. 5, 2000*
	COC	Nov. 18, 2000	Germany	Aug. 18, 2000*
TSTA Oral	COC	July 15, 1999	Rome, Italy	April 15, 1999
	BOC	Aug. 18, 1999	San Francisco, CA, USA	May 18, 1999
	COC	July 13, 2000	Paris, France	April 13, 2000
	BOC	Aug. 9, 2000	Halifax, Nova Scotia	May 9, 2000
CTA Written (Essay)	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after payment of $50 recording fee to T & C Council	Your choice
Training Endorse. Workshops	PTSC (COC)	July 12-14, 1999	Rome, Italy	March 12, 1999
	TSC	Aug. 23-25, 1999	San Francisco, USA	April 1999
	TSC	Nov. 17-19, 1999	Christchurch, N. Zealand	July 17, 1999
	TSC	Aug. 15-17, 2000	Halifax, Nova Scotia	April 15, 2000

* If COC CTA exam candidates are also doing the COC written case study, this must be submitted no later than six months ahead of the oral exam date. Full details and application papers can be obtained from the COC Language Group Coordinators.

Please Note: Exams are subject to availability of examiners and exam supervisors. BOC will not be responsible for expenses incurred where the unavailability of examiners or exam supervisors causes examinations to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

To make arrangements to take a BOC exam, contact the T&C Council, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

TA 101 CALENDAR

April 10-11, 1999: Osaka, Japan. Cost: 50,000 Yen, with one-day follow-up training after one month. Leader: Tomoko Abe, PTSTA; Naoki Matsui, PTSTA; Joen Takanori Ishiyama, PTSTA; and Hiroko Koichi, CTA. Contact: Tomoko Abe, 2-11-11 Terauchi #501, Toyonaka, Osaka 560-0872, Japan; phone/fax: (06) 6864-9930.

June 19-20, 1999: Oxford, England. Cost: £95. Leader: Rosemary Napper, PTSTA. Contact: Rosemary Napper, PPODS, Cricket Road Centre, Oxford OX4 1HZ, England; fax/phone: 01865 772 198; or email: Rosemary.Napper@btinternet.com

July 8 & 15, 1999: Oxford, England. Cost: £95. Leader: Rosemary Napper, PTSTA. Contact: Rosemary Napper, PPODS, Cricket Road Centre, Oxford OX4 1HZ, England; fax/phone: 01865 772 198; or email: Rosemary.Napper@btinternet.com

August 17-18, 1999: San Francisco. Cost: $75. Contact: ITAA, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640; phone: 415-989-5640; fax: 415-989-9343; email: Lillian@itaa-net.org

Certified Teaching and Supervising Transactional Analysts and Provisional Teaching and Supervising Transactional Analysts are invited to list free of charge information about TA 101s they are presenting. To be listed, please send the following information to Robin Fryer, Consulting Editor, 1700 Ganges Ave., El Cerrito, CA 94530-1938, USA, or e-mail to robinfryer@aol.com: dates of 101, location, cost, leaders' names, contact for more information. Deadline: first of the month prior to the month of publication. Note: We cannot accept tentative or open dates; please be specific. If you want copies of the 101 outline to give to your class participants, please contact the ITAA office.

RESEARCH ASSOCIATE WANTED

I am looking for a graduate or postgraduate student who would like to collaborate on a scientific study in which we test the hypothesis that strokes are a powerful antidepressant. I can offer supervision and can obtain research funds. Please contact me: Claude Steiner, PhD, www.claudesteiner.com

TRANSACTIONAL ANALYSIS CONFERENCES WORLDWIDE

April 8-11, 1999: Edinburgh, Scotland. 25th Annual Institute of Transactional Analysis (ITA) Conference. Contact: Alison Ayres, email: alisonayres@ndirect.co.uk; fax: 0131 667 0579; phone: 0131 667 8435.

May 1999: Lausanne, Switzerland. 8th International Ariate Colloquium sponsored by the Association pour la recherche et l'innovation en analyse transactionannelle et éducation. Contact: Anne Dominique Mayor, email: admayor@creation-entreprise.ch

May 24-16, 1999: Berlin, Germany. 20th Kongreß der Deutschen Gesellschaft für Transaktions-analyse. Contact: Frau Eva Eisenbach, Taunusstraße 60, 61191 Roßach 1, Germany; phone: (0 60 03) 74 78; fax: (0 60 03) 93 07 43.

July 23-25, 1999: Costa Rica. Eric Berne Training Workshop. Contact: ITAA, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640; phone: 415-989-5640; fax: 415-989-9343; email: itaa@itaa-net.org

July 15-18, 1999: Rome, Italy. European Transactional Analysis Association Conference. Contact: EATA, c/o Martine Huon, Les Toits de l'Aune Bat. E, 3, rue Hugo Ely, F-13090 Aix-en-Provence, France; web site: www.eatanew.org

August 18-22, 1999: San Francisco, CA. ITAA Conference. Contact: ITAA, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA; phone: 415-989-5640; fax: 415-989-9343; email: itaa@itaa-net.org; web site: www.itaa-net.org

July 2000: Paris, France. EATA Conference. Contact: EATA, c/o Martine Huon, Les Toits de l'Aune Bat. E, 3, rue Hugo Ely, F-13090 Aix-en-Provence, France.

August 9-14, 2000: Halifax, Nova Scotia, Canada. ITAA Conference. Contact: ITAA, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA; phone: 415-989-5640; fax: 415-989-9343; email: itaa@itaa-net.org

November 23-26, 2000: Auckland, New Zealand. Australasian Transactional Analysis Conference. Contact: Janet Redmond, 571 Sth Titirangi Rd., Titirangi, Auckland, New Zealand; phone: 09-817-5800.

Keeping In Touch

Saying Hello to Transactional Analysis in Coimbatore

by I. A. Mohan Raj and C. Suriyaprakash

We are proud to share with all ITAA members the success of our latest effort to take transactional analysis to the people of Coimbatore, India. RELATIONS organizational transactional analysis consultants and the advanced training group of P. K. Saru convened a two-day miniconference in Coimbatore 12-13 September 1998. The theme was "Saying Hello."

The meeting was aimed at keeping alive the spark of awareness lit in the people in Coimbatore by the ITAA designated conference hosted here last year. Our objectives were to provide an opportunity for advanced trainees to get together, to help others already exposed to transactional analysis to expand their knowledge and growth, and to help more people experience and use transactional analysis.

There were three channels of programs. Tehemtan Dhabhar presented a two-day experiential workshop on "Cathexis" for advanced trainees. P. K. Saru and Dr. Venkatachalam each did a one-day workshop on "Developmental Stages" and "Rational Emotive Behavior Therapy" respectively. We also had a TA 101 given by P. K. Saru, Sr. Josephine, Jones, PTSTAs, and the team. We had a two-hour colloquium for trainers and trainees in which they met to clarify issues related to training and research in transactional analysis.

The meeting was a grand success on all fronts. There were over 100 participants, which exceeded our expectations, and advanced trainees came from Chennai, Bangalore, and Mysore. We also had other participants from Puttur and Calicut. There were over 40 participants in the TA 101 as well. All the programs were well received, and participants said they both enjoyed and benefited from them.

It was a wonderful experience for us, the organizers, too. It was gratifying to see transactional analysis spreading out to the public here, even if in a small way. Some participants expressed interest in advanced training and many asked for more such programs. It was also a fulfilling experience of team work, one that has motivated us to make this an annual event. This could be our contribution to the dissemination of transactional analysis and the integration of the transactional analysis community in this part of the world.



Coimbatore organizers with some of the presenters and participants: (seated from right) Mohan, Venkatraman, Saru, Josephine, Anitha, Sitara; (standing from right) Suriya Radhakrishnan, Vijay, Murali, Udaya, Murali, Somu, Ram, Susan, Tehemtan, Vani, Monica

Counseling Center Opens in Coimbatore

by P. K. Saru

Coimbatore, India, is a place of intense activity to promote transactional analysis. I proudly share with the worldwide transactional analysis community the news of the launching of ASHA Counselling and Training Services in Coimbatore. This is the maiden project of the public charitable trust CHILD (Centre for Holistic Integrated Learning and Development), which I founded.

The vision of the trust is as follows: "Drastic changes are taking place, the world over, in every dimension: social, cultural, technical, economic, and scientific. In the context of these changes, traditional values, roles, and perspectives are under great stress. These, perhaps, are evolutionary processes, yet in the midst of all this flux and flutter, individuals, families, groups, and organisations are groping to find their anchor, goals, stability, and productivity. Ours is an endeavor to reach out in steering these paths."

The objectives and goals of the center are as follows:

- providing systematic and scientific counseling and psychotherapy to improve quality of life
- organizing ongoing training programs to develop counselors
- organizing personality development and allied programs to create awareness
- disseminating the principles and use of transactional analysis

Our long-term goals are:

- establishing a residential center for training and developing
- reaching out to rural areas for awareness and empowerment
- community projects for the uplifting of women, economically and socially deprived

The center was inaugurated on Saturday, 23 November 1998 by Fr. George Kandathil, Founder-Director of the Institute for Counselling and Transactional Analysis (ICTA) in Kochi and Sri Swami Satchidananda, Founder-Spiritual Head, Integral Yoga Institute, Yogaville, USA. Dr. Ali Uddin Ansari, trustee, gave an overview of the trust, while I as managing trustee elaborated the operations of ASHA Counselling and Training Services. C. Suriyaprakash, Secretary, welcomed the gathering, and I. A. Mohan Raj, Treasurer, proposed the vote of thanks.

The center is guided by a board of advisors, which is drawn from various walks of life in the city. The activities are supported by a team of highly motivated and energetic advanced trainees.

The center is now functioning successfully. Advanced transactional analysis trainees and faculty from a local institute of social sciences have volunteered to provide counseling services. On 19-20 December 1998 we had our first public program, a TA 101. It was a big hit, with 22 participants. The response was excellent. Some have shown interest in advanced training. This event was conducted in association with the local Transactional Analysis Study Circle and thus has fostered collaboration, cooperation, and goodwill between the two organizations.

Ongoing support and growth groups and regular public programs are in the works.



Swami Satchidananda (left foreground) and Fr. George Kandathil (right foreground) cutting the ribbon at the opening of ASHA Counselling and Training Services in Coimbatore, India. In the background are (from left): I. A. Mohan Raj (Treasurer), Prof. R. Venkatachalam (Advisory Board member), P. K. Saru (Managing Trustee), and C. S. Murali and P. B. Muralikrishnan (Executive Board members).

TAJnet News

I want to welcome Taibi Kahler to the *TAJnet* Editorial Board. His incisive comments and broad grasp will be of invaluable help. He replaces Claude Steiner, who leaves the editorial board to assume new responsibilities as chair of the ITAA Website Committee (http://www.itaa-net.org). A complete list of *TAJnet* editors can be found at http://www.tajnet.org/board.html, and you can also access individual biographies by clicking on any picture or name on that page.

TAJnet, now in its fifth month, continues to grow. Several people join our subscription list each week, and many more are accessing articles. Many of them are non-transactional analysis people, including students and professors.

We continue to post transactional analysis foundation articles. We think that it is important that as we present these original articles to both the transactional analysis community and the public at large, they be put in today's context. We want to show why these pieces are important and how they laid the foundation for what we do and know today. In this spirit, *TAJnet* is asking authors to write follow-up pieces about their theory, including how it has been used since they developed it; any reconsiderations they have had; new thinking, research, advances by others; and so on. These are being included as addenda to the original pieces. In this way we are attempting to present transactional analysis as a viable and growing body of knowledge and to build a written bridge between the past and the present. Two interesting example of this are Jim and Barbara Allen's updates on permissions (http://www.tajnet.org/articles/allen-scripts-addendum.html) and Taibi Kahler's current remarks on research regarding the miniscript http://www.tajnet.org/articles/kahler-miniscript-addendum.html). These can also be found in the *TAJnet* table of contents for foundation articles at http://www.tajnet.org/foundation.htmlepting

To submit articles for possible publication, please submit electronically to editor@tajnet.org *TAJnet* can be found at http://www.tajnet.org

Alan Jacobs, Editor
(email: editor@tajnet.org)

A New Perspective on Y2K

The following little piece, author unknown, was sent to us via the Internet by Steve Karpman. We thought it was so amusing that we wanted to pass it on. Hope it brings you a smile and a new perspective (to refer to what is somewhat a theme for this issue) on the millennium craze.

To Management:

Our staff has completed the 18 months of work on time and within budget. We have gone through every line of code in every program in every system. We have analyzed all databases, all data files, including backups and historic archives, and modified all data to reflect the change. We are proud to report that we have completed the "Y to K" date change mission and have now implemented all changes to all programs and all data to reflect your new standards: Januark, Februark, March, April, Mak, June, Julk, August, September, October, November, December, as well as Sundak, Mondak, Tuesdak, Wednesdak, Thursdak, Fridak, Saturdak.

I trust that this is satisfactory, because to be honest, none of this Y to K problem makes any sense to me. But I understand it is a global problem, and our team is glad to help in any way possible. And what does the year 2000 have to do with it?

Speaking of which, what do you think we ought to do next year when the two-digit year rolls over from 99 to 00?

We'll await your direction.

Tom in Accounting