The Script

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

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Eritrean Healthcare Workers Eager to Learn Transactional Analysis

by Anne Kohlhaas-Reith

In February 1998 I went to Eritrea, East Africa, for the third time to teach transactional analysis. After a 30-year war, Eritrea gained its freedom from Ethiopia in 1991, and since 1993 it has been recognized as an independent state. Now everything has to be rebuilt and restructured from the ground up, including the healthcare system.

This trip I conducted another transactional analysis course over five afternoons at St. Mary's Neuro Psychiatric Hospital in Asmara, the capital of Eritrea. Participants included 25 nurses and healthcare assistants, including the director of the hospital (who is the only psychiatrist in the country), his only colleague, a woman general practitioner, and the administrative director of the hospital.

As they all have to continue their daily work (which involves caring for 250 inpatients and a large out-patient program that takes people sent from all over the country), it was only possible to give lectures in the afternoon. This is the only psychiatric hospital in this country of 3.5 million people!

The nurses there have the same functions that psychiatrists have in Western countries. They meet with patients, make diagnoses, decide whether and what medication is needed, and so on. The medical staff consists of the psychiatrist, the general practitioner, seven psychiatric nurses, 12 nurses, and 20 health assistants. The participants of the course were very interested to learn about psychology in general and transactional analysis in particular.



Staff of the psychiatric hospital during a transactional analysis lecture given by Anne Kohlhaas-Reith



Part of the psychiatric hospital in Asmara



(from left) The hospital general practitioner and the director with Anne Kohlhaas-Reith in front of St. Mary Neuro Psychiatric Hospital in Asmara, Eritrea.

In the March 1996 issue of *The Script* I wrote about my first trip to Eritrea and asked ITAA members to donate transactional analysis books and journals to support these people in learning transactional analysis. On behalf of myself and the Eritrea institutions that received this material, I want to thank all of you who sent books and journals. I have collected about 50 books and 500 *TAJs*, all of which will be in hospital and university libraries where they are accessible to many people. They are much appreciated.

Editor's Note: With the recent border dispute and fighting between Eritrea and Ethiopia, our transactional analysis colleagues in Eritrea need our support more than ever.

Mary Boulton Dies in New York



We were saddened to learn of the death of long-time and much beloved ITAA member Mary Boulton on May 30 at her home in Greenwich Village. She was 86 years old.

Mary, an early colleague of Eric Berne, was instrumental in bringing transactional analysis to New York after studying with Berne in San Francisco. In 1966 she founded the New York Transactional Analysis Seminar with Marian Weisberg and Barbara Rosenfeld. The seminar met until 1973, when Mary and Marian opened the Gotham Institute for Transactional Analysis, a training institute that operated until 1978. After that, Mary continued with her private practice until her retirement in 1990.

A *TAJ* author and one-time guest editor, Mary also served on the ITAA Board of Trustees. In addition, she was a tireless supporter of civil rights and antiwar work who was hounded by the US House Un-American Activities Committee and accused of being a communist.

Though serious and determined when it came to causes she believed in, Mary was also full of fun. Many will remember how she and

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Successful EBTW Opens Busy Season

by Susan Sevilla

These months from June through September, summer for us in San Francisco, are some of our busiest. We began with the Eric Berne Training Workshops, held at the ITAA office 25-28 June. Muriel James, Pam Levin, Fanita English, and Carla Haimowitz presented their material to registrants from around the world. As indicated by participants' comments, it was a stimulating and valuable event. Those who attended Muriel James's workshop called it "wonderful" and "outstanding." Martin Simon of England said of the workshop given by Fanita English (who graciously agreed to substitute for Amy Harris at the last minute): "It was the best transactional analysis presentation I have ever experienced. It answered many questions others have not." P. T. Wilson of Ellettsville, Indiana, added: "The group Fanita ran and the demonstration she did was worth the entire trip." Participants in Pam Levin's workshop called it "a clear presentation" and "very worthwhile." Those in Carla Haimowitz's workshop encouraged her to publish her work and called it "cutting edge." Many thanks to Muriel, Fanita, Pam, and Carla for donating their time and expertise to make the 1998 San Francisco EBTWs so successful!

We are now looking forward to the ITAA Board of Trustees meeting in Zürich during the EATA Conference. We hear that 700 people are registered! It's wonderful to see the continuing interest in transactional analysis in Europe.



Pam Levin (center) with participants in her Eric Berne Training Workshop

Coincidentally, the ITAA is now electing two European representatives to the board. It is exciting to see a real contest, with four candidates running for two positions: Isabelle Crespelle, Fritz Mautsch, Carlo Moiso, and Marijke Wusten. The results will be available soon after the August 5th ballot deadline.

After receiving many nominations for the 1998 Eric Berne Memorial Award, we are pleased to announce that two awards will be given out Zürich on 15 August.

In addition, we have just completed production on two new videotapes: John Dusay on "The Evolution of Transactional Analysis and Its Applications" and Stephen Karpman on "Game-Free Communication for Couples."

In sum, the ITAA is busy and healthy, as born out by our financial performance in the first two quarters. This looks like a good year, and the first draft 1999 budget appears to be in the black.

Hope to see you in August at the EATA Conference in Zürich or, if not there, at some time and place in the near future!

Hello and Good-Bye: ITAA Staff News. Congratulations to ITAA staff member Lillian Tan, who gave birth to daughter Carolyn Ta on June 28. Lillian will return from maternity leave in October. Best wishes also to Elizabeth Scherotter, ITAA conference coordinator and web master for more than four years, who is leaving us to move on to new challenges. And many thanks to Ken Fogleman, Finance and Membership Coordinator, as he celebrates his 25th anniversary with the ITAA.

EDITORIALLY YOURS

Being Zesty



It's been just six months since I became Editor of *The Script*. It's proving to be a wonderfully stimulating and gratifying job. I am delighted with the quality of articles and correspondence coming in from members. In fact, we are receiving more material than we can fit in each issue.

In this *Script* we have more correspondence on the ego-state debate, this time from Bill Falzett, Steve Karpman, and Fanita English—each articulate, forthright, opinionated, informed, and respectful. As with earlier letters on this subject, Robin and I had some concern about their length—many of them have been longer than is usual for this publication. However, we agreed that what has emerged has been a great forum for the rapid but substantial exchange of ideas and viewpoints. I hope some of these authors will extend their ideas in more formal and detailed fashion for the *Transactional Analysis Journal*.

I believe that the health and vitality of a system—be it a couple, a friendship, a family, or an organization—is reflected in its capacity for differentness and conflict. Without the capacity and willingness for lively conflict, a system will ultimately ossify or atrophy. As Bill Falzett writes, "That's what I always liked about transactional analysis—being zesty."

I do, however, get a little worried when authors posture a bit as the truer and truest knower/interpreter of what Berne actually thought. That is a rather daunting task given that Berne himself, like most creative thinkers, didn't always know what he actually thought. But he sure liked to think, generating ideas, techniques, and jokes at a furious pace—keeping some, changing some, junking others. It would be tragic to either enshrine or embalm his thinking.

It seems obvious to me that Berne defined and worked with both the internal and the interpersonal aspects of ego states. It is essential that we not begin to imagine that we must choose between an "intrapsychic transactional analysis" and a "social transactional analysis." The uniqueness and power of transactional analysis is that it incorporates both aspects of the human psyche in theory and technique. Clinical, organizational, and educational transactional analysis work has tremendous impact, relying almost exclusively on the social aspects of transactional analysis. And personally, I don't think clinicians can ever afford to overlook the power (both resistive and creative) of the intrapsychic and the unconscious. In my reading of Berne, he had great hope for his invention of a social psychiatry, but by the time he wrote *What Do You Say After You Say Hello?*, he was clearly struggling with the effectiveness of psychotherapy in the face of the depth of intrapsychic, script-bound forces.

> ***"It is essential that we not begin to imagine that we must choose between an 'intrapsychic transactional analysis' and a 'social transactional analysis.' "***

It was Berne's emphasis on the transactional and social aspects of ego function and the therapeutic process that set him and transactional analysis apart from psychoanalysis. Had Berne lived longer, rather than living to disprove psychoanalysis, he would have lived to see that contemporary psychoanalysis has come around to much of his way of thinking and working (though all too often without know that Berne had thought it). Stephen Mitchell's relational theories of psychoanalysis, the intersubjective theories of Robert Stolorow and his colleagues, and the motivational systems developed by Joseph Lichtenberg and Robert Emde all resonate with Berne's theories.

If only Berne could have lived to witness the continuing and spirited debates among his old friends like Claude, Steve, and Fanita, the passions stirred among second-generation transactional analysts, and the gradual evolution of the stuffy and arcane worlds of psychoanalysis into a more interpersonal and enlivening form of psychotherapy. I think he would have been pleased.

- Bill Cornell

The Script ITAA

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Full Page	$625.	9-1/4"(23.5cm)		12-1/3"(32.4cm)

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JOURNAL ENTRY



Whither Transactional Analysis?

In consideration of all of the new and creative articles that I have helped to review and select for publication in the *Transactional Analysis Journal* over the past five years, I have been thinking: In what directions are we heading with our theory and practice? Where do we want to go? Or, as I can speak only for myself, where do I want it to go? What articles would I like to see written for the *Journal*? How else can we spread the word that transactional analysis is alive and well and effective in the current world of the helping professions?

Here are the thoughts that have come to my mind over the past few weeks. I would like to see some writing about self-discipline. To accomplish a goal, we need both creative thinking, decision making, and also a system of self-discipline. This problem comes up in the education, counseling, and therapy process over and over. Some people are motivated to do what is necessary to reach contract goals, and some seem to lack a self-discipline system to persist. Where does this self-discipline system come from? Can it be taught and learned? Is there a gene for self-discipline? Do some people have it and some not--like talent for music or mathematics?

I haven't seen any fresh writing lately on how most effectively to interrupt "Yes, Buters." This is such a common way to avoid decision making and taking action for change. I'd also like to see articles on the most effective approaches to clearing the mind of obsessions and compulsions. I see evidence in the literature that psychotherapy can produce the same changes as pharmacotherapy does in the rapid brain scans of clients with OCD. And how about the treatment of depression? I read that the old divisions between endogenous and reactive depression are being challenged and that depression in general is treatable with psychotherapy. I have some evidence for this with my clients. How about your experience in using the cognitive-behavioral or the psychodynamic approaches of transactional analysis?

I read about various influences that can limit the effects of psychotherapy. There seem to be genetically caused limitations, limitations in the effects of family influence, and limitations of therapy methods. What can our authors contribute to defining these limits? I could add other topics, but let me move on to another area that I would like to see expanded.

All of this good writing for the *Transactional Analysis Journal* seems to be limited to publications within the transactional analysis world. I hear, from our newly energized public relations effort led by Lucy Freedman and Jackie Levy, renewed ideas about rewriting important *TAJ* articles for publication in more general psychological journals. Our concise way of writing for the *Transactional Analysis Journal* is not always considered sufficiently scholarly for "academic" journals, but we're also smart and can write in that style, too. This is a great idea. Do we need some members who are familiar with the academic style of writing to be available as consultants for authors who want to rewrite their articles for academic journals? How about declaring prizes from the Eric Berne Fund or other ITAA funds for publication of transactional analysis articles in nontransactional analysis journals? To extend the idea, how about prizes or financial support for transactional analysts who present papers at nontransactional analysis conferences? Now that the ITAA is more financially stable, I think that some funds can well be assigned to support demonstrating the depth and sophistication of transactional analysis approaches to the broader world of psychology.

> ***"Maybe it's time for us to leave our comfortable, close-knit transactional analysis community and put ourselves on the hotter seat of general professional scrutiny."***

I sense renewed enthusiasm in the organization for respreading our wings and becoming a more active part of the wider psychology community, for leaving our comfortable, close-knit transactional analysis family and putting ourselves on the hotter seat of general professional scrutiny.

For myself, after leaving the post of *Transactional Analysis Journal* editor at the end of this year, I plan to continue the research efforts to demonstrate the effectiveness of transactional analysis and/or transactional analysis training as compared to other therapeutic approaches and training. We have already completed one research study with encouraging results (to be published in the *Transactional Analysis Journal* next year under Nancy Porter-Steele's editorship), and I am ready to move on to more and better data collection with the help of transactional analysts from around the world. There are questions of possible sampling and other biases that need to be answered to further demonstrate the scientific reliability of the effectiveness studies. The American Psychological Association has received a large grant from the US National Institutes of Health to pursue effectiveness studies, so we are at the cutting edge of this type of research.

As expected, there is no end to finding things to do, study, learn, and talk about. Isn't life interesting?

- Ted Novey

ITAA CONGRESS

MAUI, HAWAII

24-27 JANUARY 1999

WEST MEETS EAST

INCLUDING THE

USATAA GATHERING

(PRE-CONFERENCE): 23-24 JANUARY



SHERYN SCOTT, PH.D
PROGRAM CHAIR

ASTON WAILEA RESORT

THEME: "WEST MEETS EAST" is the theme of the ITAA's January Congress, featuring a rich and varied scientific program of joint keynote speeches, workshops, and papers presented by an international assembly of presenters, designed to highlight Eastern and Western perspectives.

PROGRAM: We live in an ever-shrinking world in which we can send messages around the globe in a matter of seconds. Really communicating with each other, however, is much more difficult. Transactional analysis offers us a language through which we can understand ourselves and other people. This conference is dedicated to listening to different views of transactional analysis. Representatives from the West and the East will come together to share their varied perspectives with the hope that our global community can become a more healing place. Through dialogue and interchange we will become more sensitive to how we can effectively use transactional analysis to develop a model of health that serves people from many diverse backgrounds.



TRANSACTIONAL ANALYSIS began as a social psychiatry, and it contains an elegant model for understanding and describing the growth and expression of self in relationship with others. Transactional analysts emphasize working with a sense of personal power and responsibility in integrating the disowned self.

WHO SHOULD ATTEND? Professionals of every field, including the mental health field, business, education, medicine, religion, and industry as well as those who wish to remain abreast of new developments in transactional analysis and to expand the scope of their knowledge.

ITAA/PACIFIC RIM: The ITAA is an international association of 3,000 members, of which approximately 1,000 are concentrated in Pacific Rim countries. This conference brings together ITAA members and the public from North America and Pacific Rim countries such as Japan, Korea, Taiwan, Singapore, India, Australia, and New Zealand. It is ITAA's sixth conference in the Asia/Pacific Rim area and follows in the rich tradition of Singapore 1987, Honolulu 1989, Auckland 1992, Cochin 1993, Singapore 1995, and Coimbatore 1997.

WHY ATTEND: Consider this an opportunity for networking, personal development, and learning about developments in transactional analysis from both the Eastern and Western perspective. In this lovely island setting, you will explore the differences between perceptions and treatments on both sides of the Pacific. In addition to theme keynote speeches and presentations, you will also be able to participate in many of the 39 workshops.

THE GATHERING: Conference participants also have the opportunity to participate in the USA Transactional Analysis Association (USATAA) Gathering. The gathering is a new way of coming together to share, learn, enjoy, and apply transactional analysis principals and theory. USATAA hosts will create the climate and the activities to meet the needs of the group. Come with concepts you want to explore, topics you want to learn more about, and/or ideas you want to share. The gathering will be built to meet your intellectual needs and to allow time and ways for you to connect with others. This is a place for long-time members and new members to get to know each other. Those who have already attended a gathering will help us arrange the days so we can learn, share, and enjoy. Limited enrollment. *(Note: Those involved in the BOC exam process may attend Saturday only. What a wonderful way to get support before your exam!) Fees: 2 days, USATAA/ITAA member: $130, Nonmembers: $150; Saturday only (examiners and examinees) Members: $65, Nonmembers: $75. No "Sunday only" attendance.*

THE SOCIAL PROGRAM: Don't overlook the opportunity to meet and explore with other professionals as you gather for various excursions and events. We open our conference with a reception on Sunday evening 24 January and close it with a Gala Banquet on Wednesday 27 January (optional, fee for banquet). Various social events are planned for Monday and Tuesday evenings. For additional fees, you may participate in excursions organized out of the hotel, such as whale watching, snorkeling, an island mini-bus tour that includes a ride to the top of Haleakala crater, and a sunset cruise. And don't miss the chance for optional post-conference trips to other islands in the Hawaiian chain.



SCHEDULE OVERVIEW:

USATAA GATHERING (PRE-CONFERENCE):
Saturday and Sunday 23-24 January

MAIN PROGRAM DATES:
Opening: Sunday evening 24 January
Three days of keynotes and workshops:
Monday-Wednesday 25-27 January
Gala Banquet: Wednesday evening 25 January
ITAA Board Meets: Thursday 28 January

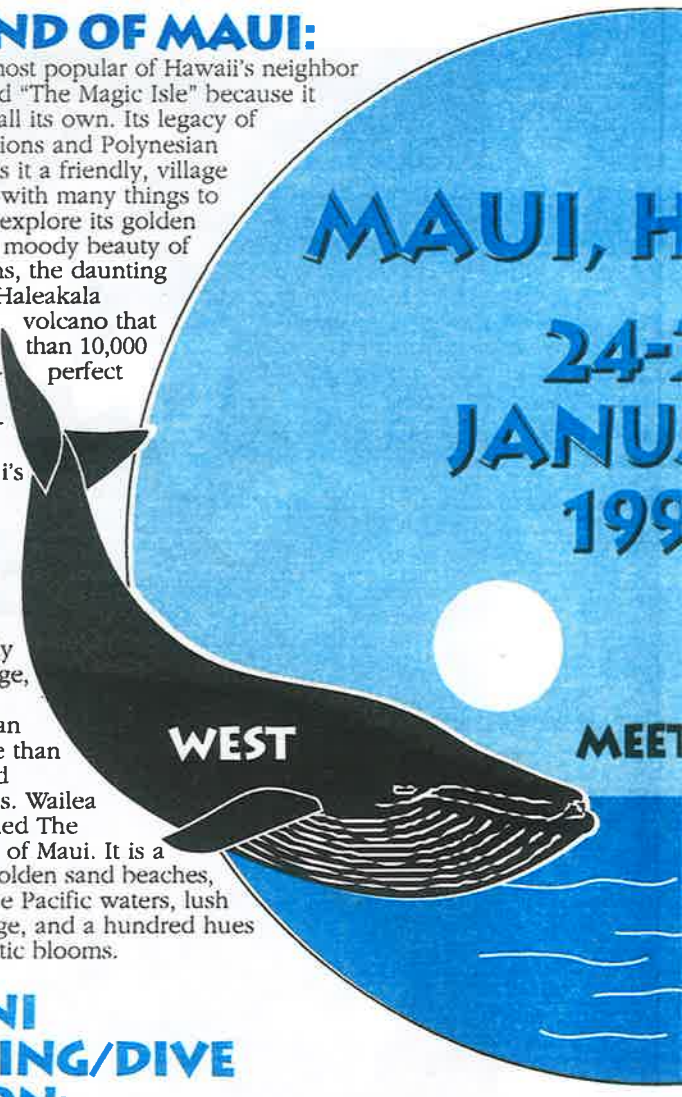
INTRODUCTION TO TRANSACTIONAL ANALYSIS (TA 101):
Saturday-Sunday 23-24 January

BOARD OF CERTIFICATION EXAMINATIONS:
Sunday 24 January

TRAINING ENDORSEMENT WORKSHOP:
Monday-Wednesday 25-27 January

THE ISLAND OF MAUI:

Maui is the most popular of Hawaii's neighbor islands, called "The Magic Isle" because it has a magic all its own. Its legacy of sugar plantations and Polynesian heritage gives it a friendly, village atmosphere, with many things to do. You can explore its golden beaches, the moody beauty of the mountains, the daunting presence of Haleakala (an extinct volcano that rises more than 10,000 feet), picture-perfect waterfalls, and emerald-green golf courses. Maui's oldest city, formerly the royal seat during the 16th century and at one point a rowdy whaling village, is Lahaina, where you can explore more than 30 designated historical sites. Wailea has been called The Crown Jewel of Maui. It is a paradise of golden sand beaches, sparkling blue Pacific waters, lush tropical foliage, and a hundred hues of bright exotic blooms.



MOLOKINI SNORKELING/DIVE EXCURSION: On Friday 22 January and again on Thursday 28 January you may choose to join a spectacular all-day snorkeling excursion as a pre-or post-conference option. Take the 45-minute boat ride from Maui to the Molokini Crater, a small, extinct volcano rising out of the Pacific. Coral formations in the shallow waters near shore lead to dramatic wall drop-offs, and the fish are so accustomed to snorkelers that they are extremely approachable. We'll go early when there is a chance of spotting whales and porpoises on the way. January is a very busy month, call early for reservations. Prices: $49.95 + tax, includes continental breakfast, deli lunch and all snorkeling equipment. Trip run by Ocean Activites Center. Boat is Maka Kai. There is a shuttle bus from all hotels in the area to the harbor. Contact Aloha destinations to sign up. Phone: **1-808-879-6263**.

THE LANGUAGE OF THE CONFERENCE: English is the official conference language. However, many participants will bring volunteer interpreters with them who will work in the back of the room using the "whisper" technique. Included will be interpreters for Japanese, Korean, and Mandarin. If you need assistance with translation, write to us and we will try to match you with a volunteer interpreter.

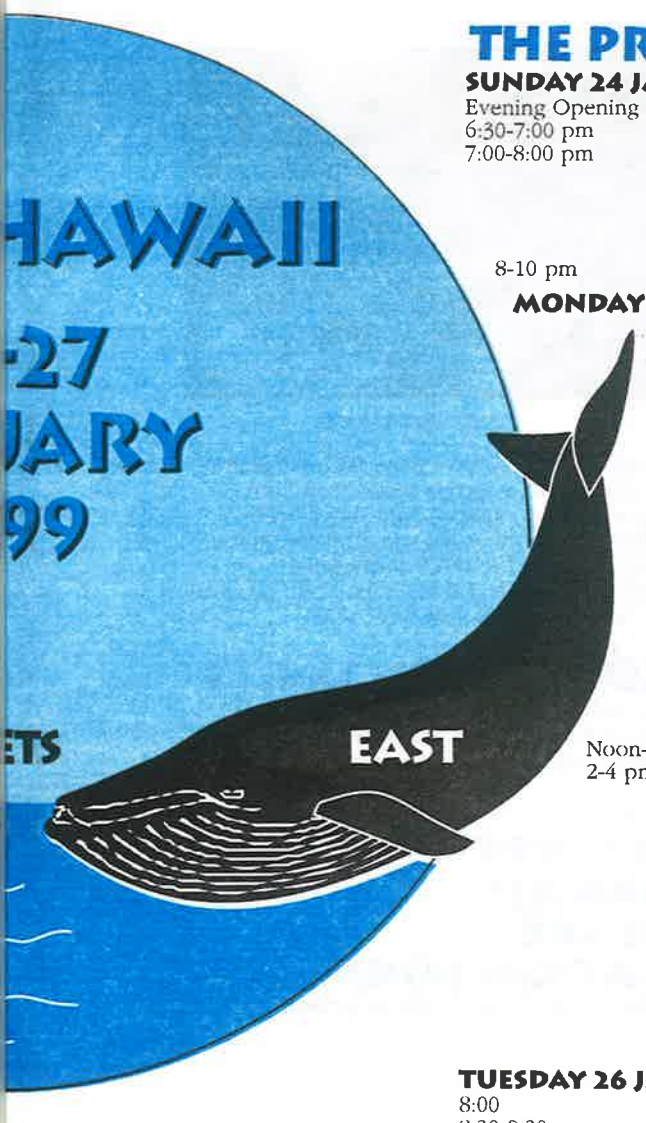
HANDICAPPED ACCESSIBILITY:

This conference is fully handicapped accessible. We want to accommodate all persons with disabilities. All requests for assistance made 60 days prior to the conference will be accommodated.

AIR TRAVEL: Maui has frequent direct air service from many Pacific Rim countries, including daily nonstop flights from North America. Aloha Airlines flies over 30 interisland flights daily.

HOTEL REGISTRATION: The Aston Wailea features 1,500 oceanfront acres on Maui's sun-drenched southern shore, just a 20-minute flight from Honolulu and a 25-minute drive from Kahului airport. The resort offers three swimming pools, a spa, a children's program, and world-class golf and tennis. Amenities in the room include air-conditioning, private lanais, and mini-refrigerators. For reservations, contact Aston Wailea Resort toll-free from the USA at **1-800-367-2960** or directly at **1-808-879-1922**; fax: 1-808-875-4878.

Standard Garden View: $145 single or double. **Ocean view:** $165. **Ocean Front:** $185. Plus tax and resort services fee. All rooms equipped with refrigerator, coffee maker, iron, hair dryer. Children under 18 free in parents' room. Rollaway for extra adult in room: $19.



THE PROGRAM OVERVIEW

SUNDAY 24 JANUARY 1999

Evening Opening
6:30-7:00 pm — Welcome, President's Remarks
7:00-8:00 pm — Keynote Addresses: Transactional Analysis in a Multicultural World
Wu Hsin An, MA, RM (Republic of China-Taiwan) - **An Overview of Verbal and Nonverbal Stroke Types in Eastern and Western Society**
Octavio Rivas Solis, TM (Mexico) - **The Planet Without East and West**
Moderator: Gloria Noriega, MA, TM (Mexico)
8-10 pm — Cocktail Reception/Party

MONDAY 25 JANUARY 1999

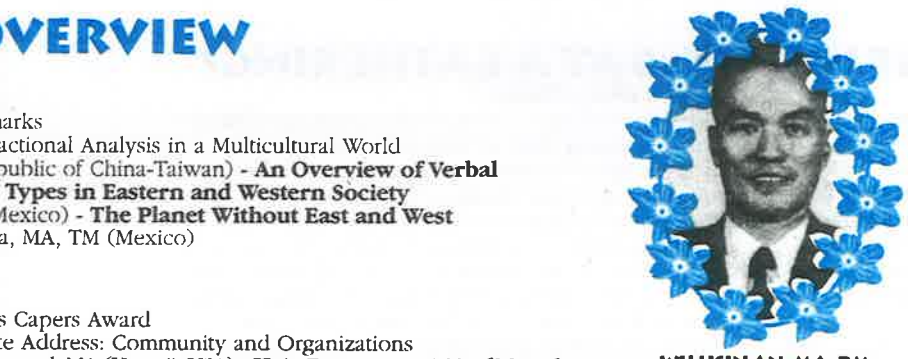
8:00 am — Hedges Capers Award
8:30-9:30 am — Keynote Address: Community and Organizations
Eric Sigmund, MA (Hawaii, USA) - **Ho'o Ponopono: A Traditional Hawaiian Practice For Setting Relationships Right**
Fritz Mautsch, CM (Germany) - **Eight Years After the Reunion of West and East Germany - My Personal View From the West.**
9:30-10 am — Break
10-12:00 — Workshops:
Eric Sigmund, MA - **The Conscious Natural Child**
Fritz Mautsch, CM - **Change Processes and Its Impact on Identity and Professional Roles.**
Octavio Rivas Solis, TM - **Intrauterine Reparenting, Recovering Healthy Bonds**
Wu Hsin An, MA - **Strokes in Eastern and Western Society**
Abe Wagner, MSW, TM - **Transactional Analysis and NLP: A Match Made in Heaven**
Training Endorsement Workshop
Noon-2 pm — Lunch
2-4 pm — Afternoon Workshops
Marco Sambin, PhD, CM - **Title to be announced**
George Kohlrieser, Ph.D, TM - **Leading Self, Others and Teams Through Change and Conflict**
Mary Anne Glasgow-McDowell, MSW, BCD, CCSW, RM - **Joined In Laughter: Maturing With Wisdom and Humor**
Brenda Schaeffer, MA, CM Arapata McKay - **Bridging the Sacred and the Secular, Igniting Purpose and Spirit**
Steve Karpman, MD, TM - **Game-Free Communication for Couples**
Denton Roberts, BD, TM - **From Scripts to Autonomy in Individual, Organizational and Cultural Life**
Ellyn Bader, Ph.D, TM - **Getting Off to a Powerful Start Training Endorsement Workshop**

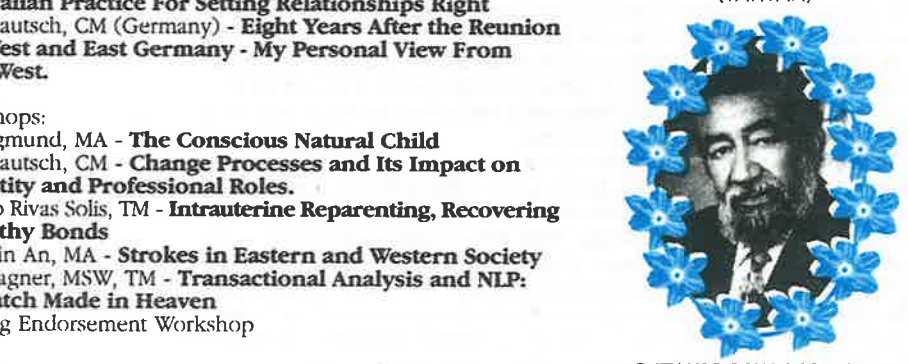
TUESDAY 26 JANUARY 1999

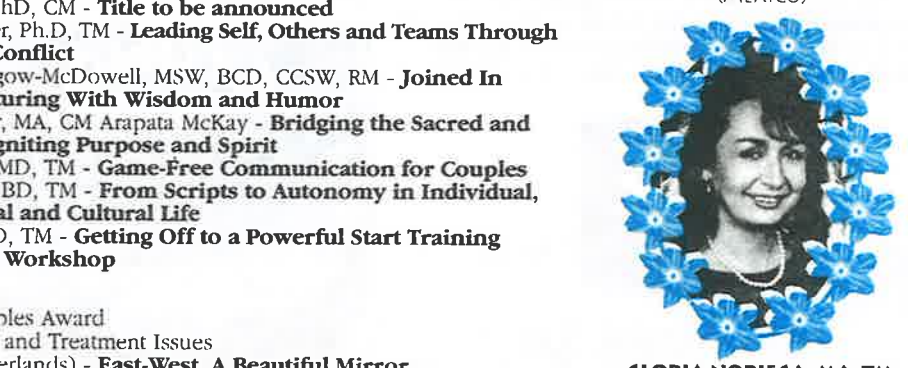
8:00 — Muriel James Living Principles Award
8:30-9:30 am — Keynote Address: Clinical and Treatment Issues
Marijke Wusten, CM (Netherlands) - **East-West, A Beautiful Mirror**
Tony White, TM (Australia) - **"The Failure of the Nuclear Family as a Social Experiment"**
9:30-10 am — Break
10-Noon — Workshops:
Tony White, TM - **"Question - How Many Clients Can a Therapist Love? Answer - Six."**
Marijke Wusten - **East-West, A Beautiful Mirror**
Thomas Ohlsson, MA, TM Maureen Kian Neo - **East Met West: Then What?**
John Tyler, M.A, J.D, RM Natalie Tyler, Ph.D, RM - **PAIRS (Practical Application of Intimate Relationship Skills)**
Richard Erskine, Ph.D, TM Rebecca Trautmann, RN, MSW, TM - **Inquiry, Attunement and Involvement: The Application of Transactional Analysis Theory**
Jack Dusay, MD, TM - **West, East, and the Planet Mars - Modern Transactional Analysis in Action**
Training Endorsement Workshop
Noon-2 pm — Lunch
2-4 pm or 2-5 pm — Afternoon Workshops
Gaylon Palmer, MSW, TM - **Practical Intuition**
Linda Paoli, LCSW, RM - **Money: When Its More Than Just a Bone of Contention**
Sam Lloyd, MBA, RM, Tina Berthelot, Mth., AM - **Transactional Analysis and People Skills for Organizations**
Val Garfield, MA, TM - **Couples Therapy: West and East**
Joan Casey, MSW, AM - **Boundaries: Where You and I Meet - The Development, Destruction and Healing of Healthy Boundaries**
Training Endorsement Workshop

WEDNESDAY 27 JANUARY, 1999

8:30-9:30 am — Keynote Address: Education and Consulting
Jean Clarke, MA, CM (USA) - **The Excitement of the OK-OK Educater, A Western View**
Jan Grant, TM (Australia) - **Title to be announced**
9:30-10 am — Break
10-Noon — Workshops:
Jean Clarke, MA, CM - **The Tools of the OK-OK Educator**
Takanori Ishiyama, CM - **TA and Buddism (In Japanese translated into English)**
Barbara Mader, MEd, RM - **Another Way: Practical Applications of Transactional Analysis for Groups**
Jon Weiss, Ph.D, TM Laurie Weiss, TM, Ph.D, TM - **Coaching Isn't Therapy: New Metaphors for the Millenium**
Lucy Freedman, M.A.T., CM - **Can We Bring Our Whole Selves To Work?**
Training Endorsement Workshop
Noon-2 pm — Lunch
2-4 pm or 2-5 pm — Afternoon Workshops
Elaine Childs-Gowell, Ph.D, CM - **Good Grief Rituals**
Dean Schlecht, M.Div - **Beyond Ego States**
Jan Hennig, TM - **Family Dynamics Are Script Dynamics?**
Victoria Heemstra, MA, RM - **Humor in Transaction**
Naoki Matsui, CM, Tomoke Abe, CM - **Introducing the Fuwa Fuwa (Stroke) Calendar (In Japanese translated into English)**
Training Endorsement Workshop
5:30-6:30 — Closing Event
8:00-10:00 — Closing Banquet (optional, at extra cost)


WU HSIN AN, MA, RM
(TAIWAN)


OCTAVIO RIVAS SOLIS, TM
(MEXICO)


GLORIA NORIEGA, MA, TM
(MEXICO)


ERIC SIGMUND, MA
(HAWAII, USA)


JAN GRANT, TM
(AUSTRALIA)


MARIJKE WUSTEN, CM
(NETHERLANDS)


FRITZ MAUTSCH, CM
(GERMANY)


TONY WHITE, TM
(AUSTRALIA)


JEAN CLARK, MA, CM
(USA)

WHAT HAPPENS AT A GATHERING?

by Jean Illsley Clarke

You are invited to attend the United States Transactional Analysis Association (USATAA) Gathering, 23-24 January 1999 in Maui, Hawaii prior to the ITAA conference. Would you like to know what happens at a Gathering? Please follow me through the days as I chronicle the events.

Saturday morning we meet to find out each others' names and what each person hopes to learn or is willing to share. We set our ground rules and ask for five or six people who are willing to lead small groups to describe their offerings. The topics may range from how to start a practice to how to get out of games, from a new model for introducing transactional analysis to a business group to how people in my area use egograms to some advanced theory. One group will address transactional analysis theory for beginners if anyone wants that. People join the leaders whose group they want to attend, and the groups go to the small meeting areas. Whatever sizes the groups are is okay. I have participated in a group of 20, but I also had a wonderful experience spending an hour with one other person who shared my interest.

Before lunch we come back into a large group to celebrate the morning and see who wants to do topic talks at lunch and who wants lunchtime for play and social interaction. After lunch we have another round of topic sessions. This time more people offer topic groups they are willing to lead, and people ask for what they want: "Will someone help me understand rackets?" or "I want to talk with other therapists about the origins of borderline problems," or "I need a more effective way to teach about the drama triangle," or "I am a beginner, will someone please explain ego states again?"

After that session we meet together and choose activities that help the gathering address the whole person. You may want to balance the intellectual morning with social or artistic or craft activities. Feel free to bring your props. Bring your camera if you want to join a camera walk, or your musical instrument or your singing voice if you want to make music with other people, or your favorite game, or your clippers if you want to demonstrate flower arrangements.



Aston Wailea Resort

Those who want to may meet late in the afternoon to go to dinner together. The evening activity will be dedicated to fun and play. We may share some cultural games; we could have a spontaneous "program."

Sunday's agenda will be much the same as Saturday's, with a closing ceremony late in the afternoon so we can all have dinner before the evening opening event of the ITAA conference.

I enjoy Gatherings. I meet new friends, I learn a lot, and I go away energized. Join me. I look forward to meeting with you.

CONTINUING EDUCATION UNITS

The ITAA is an approved provider for the Board of Behavioral Sciences. In addition, ITAA is a recognized provider of counseling CEU's from the National Board of Certified Counselors.

Aston Wailea Resort

Maui, Hawaii

ITAA CONFERENCE HOTEL RESERVATIONS JANUARY 1999

Reservation deadline: 24 December 1998. (After this date there is no guarantee on room rate or rooms available).

NAME: _____
First / Middle / Last

Address: _____
Street/State

_____
Zip/Postal Code/Country

Tel: _____ Fax: _____
(please include country, city, or area code)

Room Category: _____

Arrival Date: _____ Departure Date: _____

Please select one:

☐	Standard Garden room	$145
☐	Ocean View	$165
☐	Ocean Front	$185

Check-in time is 3:00 pm. We will do our best to accommodate early arrivals. Check-out time is 12:00 noon.

Smoking or nonsmoking: _____

Room rates: Room rates are subject to 10.166% tax and a $8.00 resort services fee daily. A third adult in each guest room is an additional $30.00. A one night's room deposit is required with this reservation form. Any reservation requested after 24 December 1998 will be on a space available basis. One night's deposit becomes nonrefundable ten days prior to arrival. For no-shows and cancellations within 72 hours of arrival date individuals are responsible for guest room and tax for their entire stay.

Please indicate method of payment. Credit cards will be charged immediately.

☐ American Express ☐ Master Card
☐ Visa ☐ Carte Blanche
☐ Check or Money Order ☐ Discover Card
☐ Diners club

Card member: _____

Account #: _____

Signature: _____ Expiration Date: _____

Please make check or money order payable and mail or fax reservation forms to:

Aston Wailea Resort
3700 Wailea Alanui
Wailea, Hawaii 96753

Fax: 1-808-875-4878
Phone: 1-808-879-1922
Toll Free: 1-800-367-2960

ITAA CONGRESS
MAUI, HAWAII
24-27 JANUARY 1999
WEST MEETS EAST

JANUARY 1999, MAUI HAWAII CONFERENCE REGISTRATION FORM

One Form Per Registrant (Please type or print):

NAME: _____
First / Middle / Last

Complete Address: _____

_____

Tel: _____ Fax: _____

Email: _____

FOUR EASY WAYS TO REGISTER:

By mail: Hawaii Conference, International Transactional Analysis Association, 450 Pacific, Suite 250, San Francisco, CA 94133, USA.
By telephone: 415-989-5640
By fax: 415-989-9343
By email: ITAA@ITAA-NET.ORG

Full conference registration includes three days of program, keynote speeches, opening event & cocktail party, coffee breaks, and administrative expenses. Guest package includes keynote addresses, opening event & cocktail party, coffee breaks.

REGISTRATION FEES:

☐ Early Bird Registration fee (ITAA members and nonmembers), $245 before 1 September 1998:

☐ USATAA Gathering (Sat-Sun 23-24 Jan.):
Fees: 2 days, ☐ USATAA/ITAA member: $130 ☐ Nonmembers: $150;
Saturday only (examiners and examinees)
☐ Members: $65, ☐ Nonmembers: $75.

No "Sunday only" attendance.

Subtotal _____

	Sept.2-Dec. 15, 1998	After December 15,1998
☐ ITAA Member*	$260	-
☐ Nonmember	$280	-
☐ ITAA member	-	$275
☐ Nonmember	-	$290
☐ One-Day Registration	$100	$100
☐ Guest Package	$ 99	$ 99
☐ TA 101 (Sat-Sun 23-24 Jan.)	$ 75	$75

SPECIAL EVENTS:

☐ Gala Banquet $40 (deadline for registration: Friday 23 January) $40.00 x = $ _____

☐ Children's menu $17.00 $17.00 x = $ _____

TOTAL AMOUNT ENCLOSED = $ _____

PAYMENT in US dollars drawn on US bank, payable to "ITAA"

☐ Check enclosed
CHARGE MY: ☐ VISA ☐ MasterCard ☐ JCB

Card #: _____ Exp. Date: _____

Signature: _____

CANCELLATION POLICY/REFUNDS: Registration fees are refundable, minus a $40 administration fee, only if a written request is received by 1 December 1998.

Between 2 December 1998 & 1 January 1999 a $100 fee applies. After 1 January 1999 there will be no refunds.

PLEASE SEND THIS FORM TO: ITAA, 450 Pacific Ave., Suite 250, San Francisco, CA 94133-4640, USA

MEMBERS' FORUM

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to be changed, rectified, apologized for, or whatever. But that still does not speak for the "integrated Adult" concept, for it is only by recognizing the distinction among the three ego states that we can avoid branding ourselves (or others) with not-OK stamps for being "childish" or having an immature or deficient integrated Adult.

In my experience, autonomy and personal freedom are experienced precisely when we learn to differentiate among our ego states (and those of others) and when we can enjoy plenty of internal dialogues whereby our Child (and Parent) are given plenty of leeway, even as our Adult remains available to set appropriate boundaries that will limit dangerous or hurtful behavior.

The tragic underlying problem of advanced transactional analysis is that Eric Berne died too soon. He bequeathed us marvelous theory about ego states, transactions, strokes, hungers, group treatment, and social psychiatry, but he did not live long enough to complete, even to his own satisfaction, some of his concepts about scripts—and thence interconnections with games, rackets, and, beneath all that, the structure of personality. Thus, even though candidates at exams are asked to distinguish between structure and function, Berne himself did not always make those distinctions clearly. It is not difficult to find Berne contradicting himself in a number of instances. It is in the nature of genius to fling out new creative ideas, to then revise and polish them, and only much later to iron out contradictions. But Berne did not get to this later stage, and thus a number of us have been struggling to organize and reorganize the theory into a consistent whole or to add missing pieces.

So Richard and Rebecca's efforts are understandable and commendable. Claude Steiner has been adding issues about emotions that were not previously emphasized; the Gouldings added redecision techniques; and Pam Levin added developmental issues. I myself have added new views on scripts, as did Bill Cornell and others, and I have also focused extensively on unconscious processes, to which Berne gave short shrift, perhaps in reaction against psychoanalysis. As evidenced by numerous articles in the *TAJ*, many authors have added important theoretical and clinical contributions or have sought to reconcile one statement by Berne with another made somewhere else.

I doubt whether we can ever polish up transactional analysis into one smooth, consistent, incontrovertible whole, particularly if we include script theory or concepts about the unconscious. So, inevitably, there will be different clinical and practical approaches.

But the basic theory about ego states is at the foundation of transactional analysis, and about this Berne was crystal clear and not equivocal. Remove the idea of three ego states and you remove the very basis on which rests the whole edifice of transactional analysis. Then we might as well pack up shop, revert to analyzing maturity versus immaturity, and relinquish our claims to particular skills about communication.

Fanita English,
San Francisco, California, USA

REFERENCE

English, F. (1975). I'm OK—you're OK (adult). *Transactional Analysis Journal, 5,* 416-419.

Dear All:

What a nice surprise. I got a note from the ITAA about getting back in the organization along with a copy of *The Script*. I really enjoyed that Richard, Rebecca, Ted, and Claude were still at it and that George is now the prez. Congratulations, George, and thanks to Richard, Rebecca, Ted, and Claude for still being "at it." The reason I say thanks is that your exchange got me stirred up again. I'll even think about rejoining because that's what I always liked about transactional analysis—being zesty. Thanks for the invitation, Gaylon.

However, I'm still concerned, as I was last time I rejoined, about all those big words and far-out concepts. The fog factor seems high. I agree with Richard and Rebecca more than I do with Claude, but that's because I've pretty much always disagreed with Claude and enjoyed doing it. I think you guys are leaving out a big piece of what Eric wrote. The difference between the structure of ego states and functional aspects of ego states make much of your argument a waste since you're at different levels of logic.

Now I haven't reread *TA in Psychotherapy* in years. In fact, United Van Lines lost it along with many of my books and other stuff. What I have always tried to keep in mind in my teaching and clinical work is that I am not really looking at an ego state. I'm looking at a person who is showing me behaviors that are pushed by structure (psychic organs) along with elements in the environment. The persona is a smear of old (archeopsyche), new (neopsyche), and external influence (exteropsyche). Behavioral patterns then are organized over the content of those organs in a hierarchical fashion—that is, prioritized as to "Did I get what I wanted?"

As children, we can see more of an overlap of structure and function. Chronological aging that includes fixations, contaminations, and exclusions makes the difference between psychic organs and the behavioral signs of ego states more substantial. This leads to the "What I need is not always what I set myself up to get and I'm mystified about that" life position. The client, to get well, sorts and reintegrates behaviors and needs in a more positive, joyful, and fulfilling way.

Think back, guys, to what is a basic contradiction in our most basic concept—ego state. It's defined as an observable aspect of personality while two of its three parts aren't really observable—thoughts and feelings. That represents quite a contamination itself. That's also why I like reparenting work directly with the Natural Child and Mary Goulding's early article about influencing versus active ego states. What we see is the tip of the iceberg.

Now my research and references are probably not as solid or as thorough as you guys because I'm emphasizing clinical experience and am not so well organized as you are with research and references. I generally don't see people totally integrating because most of my folks are short-term, managed-care patients. What I do see is that they sort, update some stuff, and get well of some specific problems. Sometimes I get to the deconfusion, but not often.

In reparenting we talked about reintegration because we revisited the scene of the archeopsyche. That's what was neat. We bypassed the pattern overlays and gamey stuff and looked at/worked with those "little kids." To some extent that happens with redecision and any early-scene work. Structure and function are still different arenas, and I believe we must remember that distinction when talking "ego states."

Ego state as a concept in clinical practice is a useful one that gives a clarity to the process of understanding and positive change. In theory, it lacks the precision to be used as a unit. It is a conglomeration of history, experience, decisions, priorities, external influence, emotion, and biochemistry in addition to behavior. What we deal with is many Childs, Adults, and Parents in each person. Our diagram on the board is a slice of life, one that is gone before we even get to analyze it. After all, it's only a theory, and what we do with it is to hope it brings some awareness and relief to the person. The sense of it all is in restructuring personality to serve the Natural Child.

What I expect from my work is to help people grow up so that they have many eras of Child/Adult/Parent, which gives them the flexibility to choose how they want to act, feel, and think. Choice is better. The integration of personal attractiveness and responsiveness, objective data processing, and ethical responsibility occurs as the Child matures, not as a function of the Adult or Parent. It's been better for me to think of the process of healthy growth as parents raising kids. As parents we are supposed to do our best to caretake, nurture, and discipline until children grow up enough not to need us any more. For me, contaminations and fixations that result in Parent, Adult, and Child behaviors are more adaptations/constructs that we use to get what we need or something similar until our archaeopsyche gets old enough to make independent choices. Somewhere in all that, child, adult, and parent stages evolve.

I don't know what Ted Novey said because I don't have the older *Script* newsletter. Integrative psychotherapy appears to me to be a logical extension of many of the things Berne wrote, that is, it's one Adult perspective. I believe there are many Adult ways to process data, and that's why I have reservations about considering any healthy integration of personality that occurs into the Adult/neopsyche. It's too much like managed care in the mental-health field—too many administrators involved in what should be caring, positive, contractual (between client and therapist) change. That's why I prefer a grown-up, healthy, caring, empathic Child as my theoretically and clinically desired outcome if I am pursuing the ideal. I'll settle for contractual changes and some glimpses of the blossoming, healthy Child until we can get more sessions from the carrier.

I have enjoyed the stimulation of this discussion. Claude, I'm not sure what the reference to "satire" was. Did it mean that Ted was satirical or that your letter was?

Bill Falzett, Grass Valley, California, USA

Nominations Sought for 1998 Berne Award

Remember that 1 January 1999 is the deadline for receipt in the ITAA office of nominations for the 1998 Eric Berne Memorial Award. Please consult the May-June or July *Script* or contact the ITAA office for detailed instructions on making a nomination.

MARY BOULTON DIES

continued from page 1

her husband Schroeder would dance the night away at ITAA conference dances, Mary always wearing her signature pink feather boa.

As Marian Weisberg says, "Mary Boulton was a truly loving and original person. She followed her own conscience and her inner light." It is a light that will be sorely missed in the transactional analysis community. She was one of a kind.



EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC	Aug. 11, 1998	Zurich, Switzerland	May 11, 1998*
	BOC	Nov. 19, 1998	Queenstown, New Zealand	Aug. 19, 1998
	COC	Nov. 21, 1998	Neustadt, Germany	Aug. 21, 1998*
	BOC	Jan. 24, 1999	Maui, Hawaii, USA	Oct. 24, 1998
	COC	Jul. 15, 1999	St. Vincent, Italy	Apr. 15, 1999*
	BOC	Aug. 18, 1999	San Francisco, CA, USA	May 18, 1999
	COC	Nov. 5, 1999	Lyon, France	Aug. 5, 1999*
	COC	Nov. 20, 1999	Neustadt, Germany	Aug. 20, 1999*
	COC	Jul. 13, 2000	Paris, France	Apr. 13, 2000*
	BOC	Aug. 9, 2000	Halifax, Nova Scotia	May 9, 2000
	COC	Nov. 5, 2000	Belgium	Aug. 5, 2000*
	COC	Nov. 18, 2000	Germany	Aug. 18, 2000*
TSTA Oral	COC	Aug. 11, 1998	Zurich, Switzerland	May 11, 1998
	BOC	Jan. 24, 1999	Maui, Hawaii, USA	Oct. 24, 1998
	COC	Jul. 15, 1999	St. Vincent, Italy	Apr. 15, 1999
	BOC	Aug. 18, 1999	San Francisco, CA, USA	May 18, 1999
	COC	Nov. 5, 1999	Lyon, France	Aug. 5, 1999
	COC	Jul. 13, 2000	Paris, France	Apr. 13, 2000
	BOC	Aug. 9, 2000	Halifax, Nova Scotia	Apr. 15, 2000
CTA Written (Essay)	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after payment of $50 recording fee to T & C Council	Your choice
Training Endorse. Workshops	PTSC (COC)	August 1998	Zurich, Switzerland	April 1, 1998
	TSC	Jan. 25-27, 1999	Maui, Hawaii, USA	Sept. 25, 1998
	TSC	Feb. 1-2, 1999	Port Antonio, Jamaica	Oct. 1, 1998
	PTSC (COC)	Jul. 12-14, 1999	St. Vincent, Italy	Mar. 12, 1999
	TSC	August 1999	San Francisco, USA	April 1999
	TSC	Aug. 15-17, 2000	Halifax, Nova Scotia	Apr. 15, 2000

* If COC CTA exam candidates are also doing the COC written case study, this must be submitted no later than six months ahead of the oral exam date. Full details and application papers can be obtained from the COC Language Group Coordinators.

To make arrangements to take a BOC exam, contact the T&C Council, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

Members' Forum

Ego-State Controversy Continues

Dear Editor:

I was asked to write to *The Script* with some firsthand history on Berne's development of ego-state theory. This is in reply to some recent letters arguing that ego states were primarily internal.

Berne said ego states are "external social realities" that could be heard and seen, in contrast to the obscure internal superego, ego, and id that could not be heard or seen. This concreteness was Berne's historical contribution to psychological theory. Transactional analysis was suited for the social observations in group psychotherapy. All the vivid, eidetic transactional analysis language served the purpose of bringing a person out from his or her inner mind and into contact with the here and now. In contrast, psychoanalytic language and practice, derived from hypnosis, was intended to coax a person deeper into the inner recesses of the mind.

Perhaps Eric, in his transitional early days from psychoanalysis, in the name of completeness, floated some psychoanalytic equivalents to his theory, but his theory was always to be the opposite of psychoanalysis. In his thoroughness, he included some inner confirmations of ego states, but this was never intended to be the principle description of an ego state. This was not "defining original work," but rather just a trial balloon which soon became secondary and was discarded over time to the newer, far more original work—his theories and descriptions of social reality. None of his subsequent teachings ever went back to inner ego states because he was quickly moving forward into new territory of social observation, making his unique contribution to the field.

To quote Berne: "I could have spent the rest of my life trying to disprove psychoanalysis, but I decided to invent TA instead," and "Ego states are external realities, something you can photograph and tape record," and "When you talk to someone, see the three people standing there, the Parent, the Adult, and the Child."

I'm not sure why Eric switched from psychoanalysis. As I recall, it wasn't "sour grapes" as much as his ideas were so original, revolutionary, and challenging that he could no longer fit in, and didn't want to. I don't recall a specific decision to focus on social reality; perhaps it evolved quickly in a year or two. But his "destiny" was to invent a completely original, nonintrapsychic social theory in which one's psychology was tangible, viewable, and measurable externally, with no guessing as to what was happening inside the head. This is what he was proud of. It was a profound breakthrough philosophically.

In closing, I'd like to address two other points made in recent letters to *The Script:* (1) Berne never said that the integrated Adult was the same as an adult person; it is one of the three ego states, albeit wise and uncontaminated. The Child ego state is not a child, the Parent ego state is not a parent. That is why one is capitalized and the other is not. (2) The structural Parent in the Child is not the same as the functional Adapted Child. It is more like a little child talking like a parent. To diagram it, the functional Adapted, Rebel, and Free Child all have a Parent in them, just like any child does.

Most of this confusion can be cleared up by listening to the weekly seminar tapes. Eric, in his wisdom, taped the seminar meetings, perhaps for this very occasion. If you obtain copies of Berne's old lectures and the tapes, I'm sure you will find no references to internal ego states, other than an early sixties offhand way of reinforcing the social ego-state theory that made him famous. After Berne's death, Claude Steiner reviewed the tapes and made an excellent master tape of the best of the series. The ITAA sold them in the early seventies. Claude and the ITAA would have knowledge of them. For several years in the nineties, the full collection of Eric Berne tapes were copied and sold for seminar income by Chris Boyd, Ph.D., longtime president of the Eric Berne Seminars of San Francisco. There are many sold copies around. Chris is active in USATAA and members could contact him or the ITAA.

Steve Karpman,
San Francisco, California, USA

Dear Script:

This will not be a well-researched letter and may thus incur the ire of certain "true believers" whose integrated Parents or judgmental Adults may fault me for not going to the trouble to read everything that has been published about "integrated Adults." But at this time I am not in the mood to burden my Adult, integrated or not, with additional reading, for both my Child and my Parent are primarily interested in publicly expressing my support to Ted Novey, who has been a fine and unbiased editor of our journal, and to whom all of us owe thanks for the hard work and excellent standards he has contributed for many years.

So, after devoted and serious work to edit the *Journal* conscientiously, for once he allowed his Child to be flippant during the "season to be jolly." He did so as an individual, in *The Script*, not in the *Journal*, which he edited impartially. Was his Child not entitled, for once, perhaps, to vent some of the frustration that necessarily accrues in the course of the kind of thankless, heavy editorial work that is carried by the editor of a journal that publishes the broad range of contributions that ours does? But no! Ted had to be taken to task by pompous Parents who could not tolerate the slightest dig at their cherished theoretical stance, right or wrong! Or was it by overadapted Children who could not stand a mischievous challenge to beliefs they had swallowed?

Anyway, I welcome Ted's carefully reasoned response in the July *Script* and fully endorse his statements, particularly that "the expanded concept of the integrated Adult . . . negates Berne's three-ego-states theory," and that "it would eliminate the existence of different voices in our mental experience in favor of one Adult in a script-free person" (as though such a person can exist, except in Paradise, and even there we must postulate that it was Eve's Child who was tempted by the snake or the delicious apple).

I have always appreciated Richard Erskine's fine intellect, and over the years he and I have had many a spirited discussion about his insistence on the "integrated Adult." His theoretical stance may lead him to a clinical approach that may be useful for him and his trainees, but I have never found it practicable in my own work, although I tested it.

In fact, what most attracted me initially to transactional analysis was Berne's emphasis on three distinct ego states as separate systems for thinking, feeling, and behaving. To recognize this gave me the "aha" experience I needed after years of frustration when, as an analytically trained practicing therapist, I sought to understand "how come" a perfectly sane, rational person (like myself!) was capable of irrational thoughts (and even, oh dear, behaviors!). Could such a person still claim to be "mature"? Did I just have to acknowledge I had an "immature personality" that could only be improved after years of abject therapy?

And how could I ever be critical about something a friend did, even though I cared about her? Since I had demonstrated the immaturity of my total personality, obviously I did not have the right to evaluate in terms of my value system, or "childish" feelings, or to discuss divergent opinions that might reveal my "immaturity." Could we be friends nevertheless, without resolving disagreements? But then did it mean sweeping all disagreements under the rug and allowing them to fester?

With transactional analysis and the concepts of ego states and differentiated transactions, suddenly dealing with such dilemmas was simplified. Yes, my Child is capable of irrationality (in fact, some irrationality may be creative, and I need not feel ashamed about it!). I can afford an internal dialogue (as Ted says), and I can clarify which one of my ego states stands for what and take Adult responsibility (yes, Richard) for my behavior without denying my Child or my Parent the permission to express themselves, right or wrong. With knowledge of differentiated ego states I can clarify my transactions with my friends from an OK perspective, and we can remain friends (as I hope to, for instance, with Richard and Rebecca) though there may be some Parent issues we disagree on or, for that matter, theories about Adult ego states.

In fact, from my perspective, the whole concept of OK-Adult (English, 1975) rests on our ability to distinguish among ego states and to recognize, for instance, that everyone can be OK even though the Child (or Parent) may operate impulsively or inappropriately at times. Yes, the Adult may then have to take responsibility in many instances and may indeed have to become involved if certain behaviors generated by Child or Parent need

- continued on page 7

Transactional Analysis Conferences Flourish Worldwide

It is exciting to see how many transactional analysis conferences are being held around the world. Here are three that we recently became aware of followed by others we have listed in prior conference calendars.

"Transactional Analysis and a Proposal for the Third Millenium: Integration" is the subject of the sixth congress organized by the Peruvian Transactional Analysis Association and the twentieth organized by the Latin American Transactional Analysis Association (ALAT), to be held 22-28 August 1998 in Lima, Peru. Twelve conferences, 6 roundtables, 30 workshops, 5 preconference workshops, and 5 post-conference workshops will consider a proposal to integrate the changes and experiences human beings have been going through. The purpose is to find a balance in which the diverse spheres of human experience become one unique focus, all converging in the idea of totalities and individualities. Simultaneous translations will be available. For information on the congress contact Dr. Roberto Llanos, Javier Prado Este 1038, of. 201, Lima 27, San Isidro, Peru; phone/fax: 51-1-224-2206, e-mail: rollanos@amuta.rcp.net.pe; web site: http://www.geocities.com/CollegePark/Field/3605/llanos.html

The IX Spanish Congress of Transactional Analysis, sponsored by the Asociación Aragonesa de Análisis Transaccional (ATA), will be held 11-13 September 1998 in Zaragoza, Spain. Jesús Cuadra Pérez writes, "This will be an encounter of more than 100 people who know, use, support, and/or have an interest in transactional analysis in Spain. They meet every two years, and this year presenters will include John Parr, Carlo Moiso, Jorge Oller Vallejo, Jorge Escribano, and many others from Spain and elsewhere in Europe. The conference program includes workshops, roundtables, a 101 course, social events, and a closing dinner, all included in the registration fee." For more information contact ATA, Apartado de correso n° 325 – 50080 Zaragoza, Spain; email: ata@arrakis.es: web site: http://www.arrakis.es/~ata

The Biannual Australasian Transactional Analysis Conference will be held 19-22 November 1998 in Queenstown, New Zealand. The theme is "The Alpine Transaction," and the keynote speaker is Dr. Richard Erskine. For more information, contact Sean Manning, 499 Princes St., Dunedin, New Zealand; phone/fax: +64-3-4772-499; email: smanning@earthlight.co.nz

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August 11-15, 1998: Zürich, Switzerland. Second Major International Transactional Analysis Conference (sponsored by the European Transactional Analysis Association). Contact: Hilde Anderegg, Eric Berne Institut Zürich, Dufourstrasse 35, CH-8008, Zürich, Switzerland; phone/fax: (0041) 01 262 18 71.

January 24-27, 1999: Maui, Hawaii. ITAA Conference. Contact: ITAA, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA; phone: 415-989-5640; fax: 415-989-9343; email: itaa@itaa-net.org

July 8-11, 1999: Aosta Valley, Italy. EATA Conference. Contact: EATA, c/o Martine Huon, Les Toits de l'Aune Bat. E, 3, rue Hugo Ely, F-13090 Aix-en-Provence, France.

August 18-22, 1999: San Francisco, CA. ITAA Conference. Contact: ITAA, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA; phone: 415-989-5640; fax: 415-989-9343; email: itaa@itaa-net.org

July 2000: Paris, France. EATA Conference. Contact: EATA, c/o Martine Huon, Les Toits de l'Aune Bat. E, 3, rue Hugo Ely, F-13090 Aix-en-Provence, France.

August 9-14, 2000: Halifax, Nova Scotia, Canada. ITAA Conference. Contact: ITAA, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA; phone: 415-989-5640; fax: 415-989-9343; email: itaa@itaa-net.org