The Script

ITAA

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

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You Never Know

by Richard Erskine

As he waited for me to sign some documents, the messenger person—Danny was his name—noticed the Eric Berne Memorial Scientific Award plaque on my wall. "What did you win the Berne Award for?" he asked. Surprised at his interest, I explained that Marilyn Zalcman and I had won for our article on rackets. "I've heard of that," he offered, "but I never read that article." He went on to share, "I used to be a loser, but now I'm a winner, thanks to Claude Steiner's book, *Games Alcoholics Play*. It turned me around." My curiosity piqued, I asked him what other transactional analysis he had read. "Oh, *I'm OK, You're OK*, and most of Berne's books. *Games People Play* got me out of trouble." I wondered aloud if he had learned about transactional analysis in prison: "No, I use it to stay out of jail," and he pulled from his wallet a small card on which he had written twelve prescriptions that he uses when he gets into a bad place. The messages to himself included staying out of Child and Parent, attributions to counter injunctions, and saying "Om," among other things. Over and over during our brief conversation he said, "Transactional analysis has changed my life." I told him we were on our way to Brazil to do some transactional analysis training there. He seemed pleased to hear it. I complimented him on his knowledge about transactional analysis and gave him a copy of both the rackets article and a later article I wrote on shame. "After you read these, you call me back and we'll talk about what you learned." He nodded and smiled. As he left, dressed in his New York delivery person's "uniform" of baggy shorts, high-top sneakers, and wrap-around sun glasses, I marveled at the way transactional analysis speaks to people from all walks of life and how you never know when you'll meet someone who says, "Transactional analysis changed my life."

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English Honored with 1997 Eric Berne Award



Fanita English with Eric Berne, who recognized early that the issue of hot potato transmission is "far more pervasive than we are aware."

The ITAA is pleased to announce that Fanita English has been honored with the 1997 Eric Berne Memorial Award for her work on hot potato transmission and episcripts. This is English's second such award; she also won the Eric Berne Memorial Scientific Award in 1978 for her work on rackets.

When contacted about winning the 1997 award, English said, "I am happy about the recognition because now there will be increased awareness among transactional analysis practitioners about the phenomenon of hot potato transfers. As Berne said many years ago, 'The issue is far more pervasive than we are aware.' I believe the reason why those of us raised in the Western rationalist tradition have trouble recognizing a hot potato process even when it is going on right before our eyes is that it requires acknowledging that magic thinking operates far more in everyday life than we would like."

> ***"I am happy about the recognition because there will be increased awareness among transactional analysts about the phenomenon of hot potato transfers."***

English uses the concept of hot potato by analogy to the children's game in which music is played while a supposed "hot potato" is tossed back and forth between two or more players. When the music stops, the person stuck with the potato is penalized rather than the person who passed it on. English suggests that a similar process occurs psychologically when a "donor" unconsciously transfers a personally or socially harmful feeling, obsession, or compulsion to dangerous action to a relatively innocent "vulnerable recipient," who then unconsciously takes on this hot potato as his or her own.

This implies four dynamics:

1. The donor uses "magical thinking" in much the same way that ancient blood-letting sacrificial rituals were believed to have value. By passing on his or her unacceptable feelings and compulsions to someone else, the donor feels liberated from them, just as a placebo might relieve someone's symptoms.

2. There is a power relationship between donor and recipient whereby the donor is the dominant one, either literally (such as parents or teachers with children) or psychologically (such as codependent relationships or therapist-client relationships).

3. The process goes on unconsciously by hypnotic-like communication or by Child/Child transfer outside the recipient's awareness and usually also outside the donor's awareness.

4. Donor and recipient must have ongoing contact so that the hot potato transfer is reinforced.

English explains, "An episcript is a combination of accumulated hot potatoes that have been internalized by the recipient, often at various developmental stages and from one or more donors; the episcript is now attached to the person's script or life program much in the same way that a cancerous tumor attaches itself to an organ. Once an episcript is formed,

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Cognitive Therapy and Transactional Analysis

by Moniek Thunnissen

Earlier (Sterrenberg & Thunnissen, 1995) I pointed to the possible connection and cooperation between transactional analysis and cognitive theory and therapy. Last month I went to a very interesting symposium in Belgium with Jeffrey Young, a former coworker of Aaron Beck, the founder of cognitive theory and therapy. Beck developed a short-term approach (16-20 sessions) for treating depressed clients, and the results were favorable. However, one of the reasons for this success was, as Young discovered when he began his own practice, that clients with a combination of depression and personality disorders were not accepted for treatment. Their rigidity, avoidance, and interpersonal difficulties made a different approach necessary.

In the last ten years Young has developed an approach he calls "schema-focused therapy." He states that clients with personality disorders show early maladaptive schemas: unconditional beliefs about oneself in relation to the environment (cf. life positions). With cognitive distortions and self-defeating behavior patterns (cf. discounting and redefining, racket system) clients maintain their schemas despite other information or experiences. At the same time they try to avoid the intense feelings, thoughts, images, and behavior connected to the maladaptive schemas.

Often these individuals adopt cognitive or behavioral styles that seem to be the opposite of what one would predict from a knowledge of their early schemas. Young calls this "schema compensation" (cf. counterscript). He developed a strategy for identifying the maladaptive schemas in his clients, and it is interesting how he deliberately triggers the schemas, not only cognitively but affectively, by using imagery, by working with current or past upsetting events, and by using the therapeutic relationship. A change in the schemas is established by a combination of emotional techniques such as Gestalt techniques (dialogues with parents, catharsis), interpersonal techniques focused on the therapeutic relationship, cognitive techniques (what we would call decontamination in transactional analysis), and behavior techniques.

> ***"Limit-setting as a primary strategy with borderlines makes them sicker instead of better."***

Young has had favorable results with his personality disturbed clients, although he states that this schema-focused approach is still being developed and that his hypotheses have not yet been tested empirically.

However, Young discovered in his work with borderline clients that it was impossible to choose one or two schemas (as he did with dependent or avoidant clients); borderlines showed nearly every possible schema from time to time. Because of the affect lability in these individuals, often a different client seemed to be present in the therapy. And, as a third difficulty, borderlines were much more focused on the relationship with the therapist and not much interested in cognitive or behavioral techniques.

Young decided to develop a special model for borderline clients with four main modalities:

1. The detached protector: in transactional analysis terms, a computer-like Adult,

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EDITORIALLY YOURS

by Laurie Hamilton

Anniversaries and Memorials

This has been a thoughtful month for me, one cumulating in a desire to write about my feelings regarding anniversary celebrations and memorials. It all began for me earlier this summer, when on determining the impossibility of gathering our far-flung family to celebrate my parents 50th wedding anniversary (on October 9, 1997), I decided to create a pictorial family tree (framed and mounted) starting with their parents (lovely old black and white photos) and extending down to their grandchildren. Additionally, since only one sibling of theirs is still alive, I called on my cousins to supply pictures of their families along with a favorite remembrance or story for an "anniversary book."

In the last week or so I've been receiving lovely, amusing stories from family members and generally immersing myself in preparations for honoring my parents relatively healthy and intact relationship of 50 years. Thus, in thinking about an editorial for this month's *Script*, I thought I would focus on how we create celebrations for important events in our lives and how we show appreciation for those about whom we care.

But then death came to visit. In rapid succession several people died who in some way have impacted my life. The son of the woman who does the desktop publishing for this newsletter (Stacy Jolles, with whom I spent some time when she lived nearby) died of cardiac problems at age 2-1/2; the nephew of a coworker was killed in a freak accident at age 23; my partner's (Jim Harrison, a psychologist and Presbyterian minister) mother died at age 86 after a rapid decline. During the same week, both Princess Diana of England and Mother Theresa of Calcutta died, one at the beginning of a career of humanitarian service, the other at the end of one. I have felt a personal mourning for all of these people, not so much because of how their deaths affect me, but for how those closest to them are ravaged by grief.

In my typical fashion, I have started to ponder "What does this mean?" I am struck by the fact that in my personal experience death seems to come in "bunches." I'm not sure if this is an accurate example of chaos theory in action (i.e., that there is no precise mechanism for prediction of events based on cause and effect, although there is a predictable pattern of events over time) or whether it is a matter of sensitization to events. From conversations with others, it seems to be a common phenomenon. In fact, there is even a folk saying that "bad things come in threes." Whether this has any accuracy is unclear, especially since my bunches have always involved many more than three. In fact, there have been several times in my life (such as now) when I feel surrounded by death.



"Being able to openly acknowledge what we care about in another is a precious gift."

When it is people close to me who are affected, I feel that I often cannot do more than simply bear witness to their experience, although sometimes it means a precipitous increase in my workload, as is the case at present. In my family death seems to occur by generation (my grandparents' generation, including parents of aunts and uncles, all passed on in one year; my aunts and uncles, all but one, succumbed in three years). But then there are also "bunches of births"—both of my sons have several cousins the same age—and marriages too.

So much of what we do in our lives is really to acknowledge what we value in the lives of others. Although it leaves us vulnerable to loss, being able to openly acknowledge what we care about in another is a precious gift.

I hope amidst whatever experiences you may be having of loss and sorrow, that you are also celebrating some happy anniversaries.

The Script ITAA

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INSIDE VIEW

by Susan Sevilla

Looking Ahead

At the time of this writing, I am preparing to depart for the Caracas conference. A small but strong group of North Americans (about 50 at this writing) is flying down to join over 300 Latin Americans at the University Símon Bolívar September 29-October 5. Watch for a report soon.

Membership Directory: So far we've had good feedback about the new 1997-1998 ITAA Membership Directory. I hope you are pleased with it. As in any project of this kind, some mistakes are inevitable. If you spot any, please let us know! We will be printing corrections to the Directory in *The Script* as a clip-out insert.

Web Page Interest: We are getting lots of inquiries about membership via the web page. Have you checked it out yet? Visit at http://www.itaa-net.org.

Philadelphia Conference, 22-25 April 1998: The Eastern Regional Transactional Analysis Association will be hosting this fabulous meeting next April, a designated conference of the ITAA. Program chair Bruce Loria has been in touch regarding the program, and a call for proposals form is included in this *Script*. Deadline for proposals: November 1.



Jack Dusay shared anecdotes about Eric Berne and discussed the early development of transactional analysis during his Eric Berne Training Workshop. His presentation, along with those of the other three presenters, will be available on video soon. Watch future Scripts *for details.*

MITAC 1998 in Zurich: This conference, sponsored by the European Association of Transactional Analysis, is the second in the series of major international transactional analysis conferences and the site of the second ITAA board meeting of the year. The call for proposals was in the August 1997 *Script*. Deadline for proposals: 30 October 1997. The ITAA is sponsoring a set of preconference institutes as a fund-raiser on Sunday, Monday, and Tuesday, 8-10 August. We expect to hold two per day for a total of six. Thus far we have acceptances for all-day institutes from Jean Clarke, Bill Cornell, Mary Goulding, George Kohlrieser, and Richard Erskine.



"The ITAA will soon have four splendid new teaching tapes to offer."

Hawaii 1999: In January 1989 the ITAA held one of its most pleasant and successful conferences on the island of Oahu in Hawaii. In January 1999, ten years later, the ITAA will again hold an international conference in Hawaii, this time on Maui. I am in final negotiations with the hotel, and the tentative dates of the conference are Sunday, 24 January through Wednesday, 27 January 1999. Natalie and John Tyler have offered to chair the host committee, and Japanese-English interpretation will be offered. Mark your calendars now.

Four New Videos Coming Soon: During the Eric Berne Training Workshops in August, the presentations by Fanita English, Steve Karpman, Claude Steiner, and Jack Dusay were professionally videotaped. Plans are underway for editing the tapes, and the ITAA will soon have four splendid new teaching tapes to offer for sale. Watch for announcements soon.

ENGLISH HONORED

ontinued from page 1

it may continue to be virulent even if contact with the donor has stopped, and the donor may even be dead, just as someone may continue to have lung cancer even after quitting smoking.

"If a hot potato process is detected and treatment occurs in time, a deleterious episcript can be avoided, but often vulnerable recipients are so much under the power of donors (to whom they would have to return the hot potato in order to themselves get rid of it, after which they would have to be separated from donors) that they themselves resist separation from donors or prefer to suffer themselves rather than to have the donor suffer because the recipient may also operate with magical thinking."

Originally the concept was described as "Episcript and the 'Hot Potato' Game" in the *Transactional Analysis Bulletin* (Vol. 8, No. 32, pp. 77-82, October 1969). English credits Pam Levin with renewing even English's own interest in the theory of hot potato transmission. As she says, "Pam's enthusiasm and reinforcement received by many others revived the excitement I felt from Berne's early recognition and rekindled in me the urge to alert as many mental health practitioners as possible to hot potato transmissions so these processes can be recognized, identified, and offset wherever possible rather than developing into episcripts."

The 1997 Eric Berne Memorial Award will be given to English during the Caracas conference, and her award speech will be published in the January 1997 *Transactional Analysis Journal*. The ITAA congratulates Fanita on her second award and thanks her for the outstanding contributions she has made and continues to make to transactional analysis theory and practice.

Reflections on the Eric Berne Training Workshops

by Dominique Norz

As a student in psychology I did a one-year internship under the supervision of Ingrid Wandel, the president of the DGTA (the German Association of Transactional Analysis), and I was keen on continuing my training in San Francisco, the place where it all began. Fortunately, I had the chance to participate in the Eric Berne Training Workshops, July 19-20 and 26-27, 1997, at the ITAA headquarters office. I enjoyed meeting first-generation transactional analysts and hearing them talk about their specific concepts and transactional analysis in general. I was impressed by the broad range of nations represented by other participants; although transactional analysis seems to be only partly alive in the United States, there are many other countries in which enthusiasm for transactional analysis persists.



Claude Steiner

In the following paragraphs I will briefly describe the four workshops to give you an idea of what went on during the two weekends.

During the first part of his workshop on emotional literacy, Claude Steiner talked about the history of emotional literacy training, its roots in transactional analysis, and the stroke economy in pursuing emotional intelligence. His presentation was followed by an exercise he calls "Opening the Heart," the first stage of emotional literacy training, which is designed to facilitate the free exchange of strokes by inviting people to give, accept, and ask for strokes.

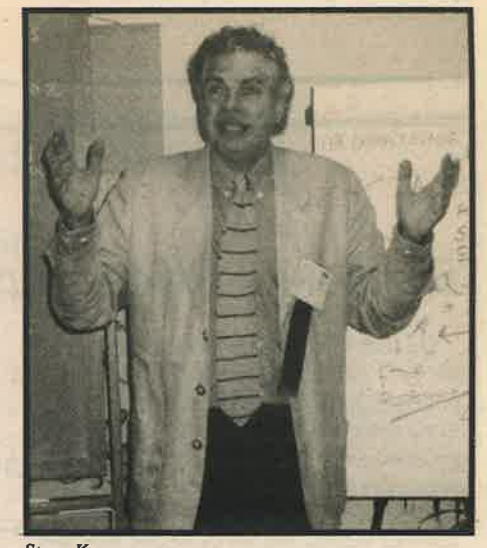
"I enjoyed meeting first-generation transactional analysts and hearing them talk about their specific concepts and transactional analysis in general."

After lunch Claude continued to the second stage of emotional literacy training: surveying the emotional landscape. Here he taught the group how to make an "Action/Feeling Statement" and how to "Validate Intuition and Empathic Perception."

Fanita English presented her concept of guided energy therapy (GET) and introduced the three goddesses: Survia, Passia, and Quiesa. As anthropomorphized drives, they represent unconscious patterns of behavior: the survival drive, the main function of which is to guarantee the survival of the individual; the passionate or expressive drive, which is designed to ensure the survival of the species; and the quiescence drive, which promotes relaxation and broad-mindedness. In a treatment group of five volunteers, Fanita showed how to apply GET in combination with transactional analysis by figuring out how the attributes of each drive were manifested in one or more of three functional ego states. She also demonstrated how to detect the partition of energy among drives by analyzing a list of nine statements, such as "I am like my friend Jan, because, like Jan, I am creative."

Attraction, bonding, communication versus agendas, bargaining, conflict—the ABCs of coupling were part of Steve Karpman's workshop on "Game-Free Communication for Couples." With playful sets of acronyms he explained the behavioral, cognitive, and emotional levels on which intimacy can be blocked. He also presented his intimacy, listening, and adult scales, which he uses to diagnose the state of communication. Exercises related to that as well as to experiencing and practicing different positions in Steve's drama triangle were part of the second half of the workshop.

"Nothing replaces human encounter," seems to be part of Jack Dusay's belief system, and before starting his presentation he encouraged the members of the workshop to give the person next to them a nice hug. Talking about



Steve Karpman

the early development of transactional analysis—including the script matrix, games, and the egogram—was interwoven with anecdotes about Eric Berne and particularly interesting clients. Jack also demonstrated the way he works with clients on a member of the workshop who volunteered for that purpose and who did an impressive piece of redecision work.

At the end of the second weekend a few enthusiastic participants came together and talked about possibilities for continuing training in transactional analysis: Ideas such as starting the Tuesday seminars again or organizing a transactional analysis peer- and training group were brought up, and we are currently working on those in order to revive transactional analysis in San Francisco. I consider this to be a time of great opportunity, and if you want to know more about upcoming plans, please feel free to contact me: Dominique Norz: tel: (415)551-1086, e-mail: dnorz@sfsu.edu.

JOURNAL ENTRY

by Ted Novey

Two Theories of Ego States

We now have some clarification of the different definitions and assumptions about the meaning of the word ego (see the *Transactional Analysis Journal* July 1997 issue, pp. 156-157). A next step in clarification of meanings concerns the two major ego state theories currently used in the transactional analysis literature. What is the source of the divergence between these seemingly very different approaches?

I refer to the integrated Adult model and the three ego states model. These were discussed in the panel discussion on "Ego States and the Self-Concept" in the *Transactional Analysis Journal* (Vol. 23, No. 3, p. 123-138, July 1993). To quote from my part of the presentation:

> Some authors, for example, Erskine (1988, 1991) and Gobes (1990) have proposed an integrated Adult model in which the new Parent, Adult, or Child learning remains associated with and experienced as integrated into the Adult types of ego states. The Adult is defined as the only type of ego state that can be in contact with current reality. On the other hand, a majority of transactional analysts still support the three-ego-state model in which all of the ego states can be added to or changed, and each of them can be experienced as being in contact with current reality. (p. 125)

Over the ensuing years, Richard Erskine and I have continued to discuss these differences. These discussions arrived recently at a fairly clear understanding of the differences in the initial assumptions that were being made, based on Berne's descriptions of ego states. Richard suggested that I summarize our discussions in this column as an impetus to further discussion and clarification.

There are two main questions. First, are the Parent and Child ego states only a result of memories of early childhood? Are these past memory patterns in the Child the result of fixations of "unresolved trauma or confusion" (Erskine, 1988, p. 16), and are the memories of the past in the Parent the result of introjections only involving "disavowal, denial, and repression" (Erskine, 1991, p. 66)? Or are the functions of the Child the result of the sum total of all memories, traumatic or not, and are the functions of the Parent the result of both positive as well as negative introjections, resulting in both critical and nurturing functions in the Parent ego states?

Second, is only the Adult ego state in contact with current reality or can all of the ego states be in contact with current reality?

"We are faced with a choice between two meanings derived from a single Berne statement."

What are the relevant quotes from Berne? Erskine (1988, p. 16) quotes Berne (1961, p. 77): "The Child ego state is a set of feelings, attitudes, and behavior patterns which are relics of the individual's own childhood." Erskine goes on to say, "Although the person may appear to be relating to current reality, he or she is actually experiencing what is happening with the intellectual, social, and emotional capacities of a child at the developmental age of unresolved trauma or confusion, i.e., fixation."

The assumption here is that all Child memory patterns are "relics" of the past and that all relics are associated with unresolved trauma or confusion. However, as the general meaning of the word "relic" refers to any memories of the past, Berne's statement could also mean that the Child ego state involves both constructive and positive experiences of the past as well as the traumatic and confusing. With this latter assumption, the Child ego state can include fixated, unresolved memories and also well-resolved and usefully adapted experiences of childhood.

In addition, when referring to relics of the past, one could also take the meaning that the past continues up to now and as such can be essentially current, so that in principle Child ego states can include very recent memories, both traumatic and nontraumatic.



So, we have two different definitions or meanings of the word "relic" leading to different theory development.

The question of introjection again involves a question of meaning. For the integrated Adult approach, introjection only involves problematic material. In the three ego states model it is assumed that both problematic and nurturing and other supportive material can be taken into the Parent ego states from parenting figures.

The second question is: Can all ego states be in contact with current reality or not? Erskine quotes Berne (1961, p. 76) in saying, "The Adult ego state is characterized by an autonomous set of feelings, attitudes and behavior patterns which are adapted to the current reality." Berne, however, did not say that the Parent and the Child ego states were not or could not be in contact with the current reality and, indeed, it is difficult to imagine how any memories can be recalled into current awareness in the present without being in contact with the present.

Again we are faced with a choice between two meanings derived from a single Berne statement. The integrated Adult model is constructed on the assumption that only the Adult ego states can be in contact with the current reality. The three ego states model is constructed on the assumption that all ego states can be in contact with the current reality.

Thus, these two major ego state models are built on differences in these two assumptions about the meanings of Berne's phrases. At present, both remain valid as there is no clear evidence to require selection of one set of assumptions over the other. Perhaps one theory will fit better for some purposes and the other for others. It would be nice to be able to choose one theory over the other, but Nature is often reluctant to go along with man's desires and illusions about truth.

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ITAA News

Election of Officers and Trustees

The following persons were nominated in the 1997 election process for officer and board positions, to begin serving 1 January 1998. Since there was no more than one nomination per position by the 31 May 1997 deadline for nominations, there will not be an election by ballot. Instead, the following people are declared elected and are presented here with their ballot statements for your information.

Vince Gilpin,
Chair of Nominating Committee

Officer Positions



Secretary, 1998-1999
Edith Bogusky-Beaujon, MSW, CTA, USA & Aruba

I attended the University of Georgia, then Washington University in St. Louis where I received my BA in sociology and my MSW in social work. After raising my daughter in Germany, I began private practice in St. Louis. Later I taught transactional analysis and communications at the university level and produced/directed a documentary about teenage suicide that won a local Emmy Award. In 1984 I moved to Aruba, where I initially did organizational training and private practice. Later I opened a video production company, and in 1993 I began a business in Santa Fe. Currently I am invested in community building using Scott Peck's model and in working on spiritual issues. I received my clinical certification in 1975, served on the ITAA board of trustees 1984-1987, wrote a *Script* column on organizational development, and was the local chair for the Aruba ITAA conference. Transactional analysis preserves the essentials of Freud but sets them in a context that is simple, clear, and concise. A versatile therapy, it fits well in the spiritual age that we are entering. I want the next decade to be a time of coming home to transactional analysis and seeing it as if for the first time.



Treasurer, 1998-2000
Denton L. Roberts, BDiv, TSTA, USA

I am a clergyman, marriage and family therapist, organizational development consultant, trainer of therapists, father of two adult sons, and author of several books. An ITAA member since 1970, I have served on the social action, ethics, scholarship fund, long range planning, and executive committees. My recent experience as secretary and chair of the streamlining task force provided me with an insider's view of the organization. How we manage the next few years will greatly determine the legacy we leave as pioneers in the transactional analysis movement. It is imperative that we find the balance of income and services that allows us to continue serving our members as we build the repository of transactional analysis theory. I will work to implement the streamlining task force recommendations authorized by the board.



Vice President, Research and Innovation, 1998-2000
Marco Sambin, PhD, CTA, Italy

I was born in Padova and earned my degree in philosophy and psychology at the University of Padua, where I am now a full professor of psychodynamics in the Department of Psychology. I am also the founder and codirector of the psychological health service of the University of Padova (60,000 students). I have about 100 scientific publications to my name, and a large part of my academic teaching is based on transactional analysis theory. I was trained at the Centro E. Berne in Milan beginning in 1986. I am cofounder of the Centro di Psicologia e Analisi Transazionale, a training facility recognized by the Italian government. I speak at national and international transactional analysis conferences and have organized many meetings in Siena. I am the Italian Delegate for EATA and a member of the ITAA task force on research in transactional analysis. The goals I see for the future are: (a) to deepen transactional analysis theory, without abandoning psychodynamic, cognitive, and/or systemic theories and clinical practices; (b) to promote research by emphasizing and reorganizing work done so far and by promoting a research mentality and research projects; and (c) to share results, comments, and suggestions with the transactional analysis community.



Vice President, Operations, 1998-2000
Gaylon Palmer, MSW, TSTA, USA

I graduated from Boston University in 1962 with a BA in American literature, after which I joined the United States Peace Corps. Later I continued teaching English in schools in Syracuse, New York, and Winters, California, where a librarian showed me a copy of *I'm OK, You're OK*. After attending a TA 101, transactional analysis became instrumental in my life. I enrolled in an MSW program and earned my Clinical Membership in 1972. I have been in private practice since, earning my Teaching Membership in 1977. In 1979 I married and had two children in 1982-1983. Looking back at 1997, we will remember the days when we scared ourselves into thinking that Berne's theory couldn't hold the organization together. In 2010 I see an organization committed to excellence in areas of publications, training, and practice. The organization will be cohesive and financially stable, masters of transactional analysis will be honored, newcomers will be welcomed, and people will value each others' work.



Vice President, Development, 1998-1999
Curtis A. Steele, MD, CTA

At 64 years of age I now feel younger than ever. I was an old man at 20 but fortunately got over that with the help of therapy, many dear friends, and a wonderful marriage to Nancy Porter-Steele. I practice psychotherapy in a psychiatric context. Aside from my solo practice, Nancy and I have five therapy groups and a training group. I have been a member of the ITAA since 1973 and vice president of development since 1995. During that time I have actively initiated and/or facilitated the development of many projects and have served on the executive committee, the board of trustees, the ITAA/EATA task force, and the ITAA/USATAA task force. The ITAA is regaining its relevance and vitality. Transactional analysis is a valuable force for good in the world, and it is important that the ITAA be healthy and vibrant so that it can serve not only its members, but also promote the development and expansion of transactional analysis worldwide.



Vice President, Training and Certification Council, 1998-1999
Gordon Hewitt, PhD, TSTA, New Zealand

I have a PhD in biology and taught genetics at university before training in psychotherapy and working as head of the School of Health Professions at the Central Institute of Technology. I am a psychotherapist in private practice in Wellington, New Zealand, and I also run a successful private training institute that provides training in clinical, counseling, and organizational uses of transactional analysis. I teach workshops on transactional analysis for several universities and polytechnics. I am married with two grown children. With my wife, Pam Hyde, I enjoy tramping and fishing and our many pets. I served as a member and cochair of the training standards committee and chaired the Training and Certification Council as vice president for training and certification. I am dedicated to a continuation of a worldwide standard of training and certification in transactional analysis and have been very involved in negotiating with the ITAA and EATA to bring this about.

Board Positions Elected At Large, 1998-2000



Board of Trustees, US Region
Felipe N. Garcia, MA, LPC, LMFT, TSTA, USA

I have been an ITAA member for 23 years and am in private practice in San Antonio, Texas. I work with individuals and groups in the United States and abroad. I am a member of AGPA, AAMFT, TAMFT, and SAAGP and am on the board of the San Antonio Association of Group Psychotherapy. I was a founder of the Child welfare committee in 1975, the USATAA, and was also instrumental in the formation of the ITAA affiliate council. I served on the ITAA board of trustees and various ITAA committees, cochairing the membership coordinating committee. I see the need for facilitating education, growth, and involvement of individual members by being responsive to their input, energy, and talent. Regional/national associations must continue as integral parts of the ITAA as local organizers, facilitators, and advisors on how to best function within that area.



Board of Trustees, Other Regions (non-US and non-European)
Sean Manning, BSc(hon), DipSW, DipGrad, PTSTA, New Zealand

I am 52 years old, originally from Belfast, Ireland, and now a resident in New Zealand. I have been married and separated and have three children, ages 26, 22, and 16. I live alone in a fishing village north of Dunedin. I am comfortable with Maori language and customs, play Irish music, and paint watercolors. I am a graduate of psychology and social work from Queen's University, Belfast. With 25 years experience as a social worker, supervisor, lecturer, and trainer, I am now in private practice, a student counselor at the University of Otago, and a trustee and therapist at a therapeutic community offering an alternative to prison in Dunedin. I have written a series of papers and given presentations dealing with "The FU Decision"—a discussion of antisocial role development. Recently I have been developing a transactional analysis training institute. I am the editor for the second *Volume of Selected Articles of the TAJ, 1981-90*. My vision for the future is that the ITAA will be a worldwide association of outstanding humanitarian professionals sharing a unique value system—"I'm OK, You're OK."

Continuing Board Members

In 1998 president-elect George Kohlrieser of USA/Italy will become ITAA president. Gloria Noriega of Mexico will become past president. Board members continuing in service include Carlo Moiso (Italy), Isabelle Crespelle (France), Roy Salole (Canada), and P. K. Saru (India). Gaylon Palmer (USA) will assume the VP of Operations position on 1 January 1998, leaving a trustee vacancy for another US candidate for 1998-1999, which will be filled by board appointment.



Bylaws Amendment on CPA Audit

Following the recommendation of the streamlining task force, the ITAA Board of Trustees approved a motion in January 1997 proposing a change in the ITAA bylaws that involves item N, paragraph 6 of the current bylaws, which reads, "A certified audit of this association's books shall be obtained on an annual basis." The proposal is to have an audit every other year for economic reasons. Although the ITAA operates on a modest budget of about $350,000 a year, its books are extremely complex, which means that the cost of the audit is now $6,500 and rising. As provided for in the ITAA bylaws, any change that affects the association bylaws must first be presented to the members for approval by ballot. Following is the official ballot, which all ITAA voting members (Regular Members and above) should return *by 31 December 1997*.

Official Ballot for 1997 Bylaw Revision

Deadline for return of ballots:
31 December 1997

I, _____,
hereby approve the revised wording of the ITAA bylaws to read as follows: Item N, paragraph 6: "A certified audit of this association's books shall be obtained at least every two years."

Return by post to the International Transactional Analysis Association, 450 Pacific Ave., Suite 250, San Francisco, CA 94133, USA, or by fax to 415-989-9343, or by e-mail to ITAA@ITAA-net.org.



Philadelphia Conference

23-26 April 1998 * KormanSuites Hotel

"Freedom with Responsibility"

Eastern Regional Transactional Analysis Association Conference
Designated Conference of the ITAA

ERTAAC 1998 REGISTRATION FORM
Mail to Fred Clark, Registrar, 261 Spring St., Cheshire, CT 06410-2722.

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_____ $195 by Feb. 1 _____ $225 after Feb. 1

Make checks payable to ERTAAC '98. If you wish to use MasterCard or Visa please add $5 service charge: _____ MC _____ Visa
Number: _____ Exp. Date: _____
Signature: _____ Total enclosed: $ _____

ERTAAC '98 HOTEL REGISTRATION FORM
Please mail directly to: KormanSuites Hotel, 2001 Hamilton St., Philadelphia, PA 19130, USA; phone (Reservations): 215-569-7200

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Accommodations
_____ Deluxe Queen (1-2 people) $115 __ Deluxe Double (2-4 people) $145
_____ Smoking ____ Nonsmoking __ 6 pm hold
_____ credit card guarantee Circle one: AX, VS, MC, DC
Number: _____ Exp. Date: _____



Call for Proposals

You are cordially invited to submit program ideas for consideration; please address the conference theme in content.

Please include: 1) information cover sheet (below); 2) an abstract of up to 100 words, to be used in conference publicity if your proposal is accepted; 3) a biographical sketch of 20 words; and 4) an outline of your presentation.
DEADLINE: 1 NOVEMBER 1997

I. INFORMATION COVER SHEET

_____
PRESENTATION TITLE

_____
NAME and academic credentials, TA Certification. **IF NOT CTA:** please include a Certified Member's written endorsement.

_____
ADDRESS: Street

_____
ADDRESS: City/State/Postcode/Country

PHONE: _____ FAX: _____

COPRESENTER(S): _____

_____
(Name(s) & highest academic degree). You must contact copresenters to ensure attendance or replacement.

FORMAT: [ ] Lecture [ ] Discussion [ ] Panel [ ] Paper
[ ] Experiential: _____

DURATION: [ ] 1.5 hours [ ] 3 hours [ ] Paper (*50 minutes)

AREA: [ ] Clinical [ ] Organizational [ ] Educational [ ] Other _____

TRACK: [ ] Theory [ ] Treatment [ ] Special Applications
[ ] Comparative Modalities [ ] Marriage/Family [ ] Social Issues
[ ] Other: _____

LEVEL: [ ]Beginning [ ] Intermediate [ ] Advanced [ ] Practicing Therapist

SIZE LIMIT OF GROUP: [ ] No Limit [ ] Limited to # _____

LANGUAGE: [ ] English [ ] Spanish Other: _____

EQUIPMENT: Rooms have moveable chairs, flip charts; if additional equipment is needed, describe how you will supply it _____
_____

SAFETY: Describe potential risks (e.g. intense physical/ emotional experiences) & protection you will provide: _____
_____

NEW PRESENTATION: [ ] Yes [ ] No If presented before, where and when? _____
_____

GOALS & OBJECTIVES: What do you hope to accomplish during your time: _____
_____

AUDIOTAPING: If you agree to give the conference permission to tape your presentation and to offer tape for sale, please sign here: _____
_____

II. ABSTRACT. Please attach a typed abstract of up to 100 words to be used in conference publicity if your proposal is accepted.

III. BIOGRAPHICAL SKETCH. Please attach a typed sketch of up to 20 words only.

IV. OUTLINE. Please sketch out a chronological outline of up to two typewritten pages of what will happen during your presentation. Include a plan showing use of time, how material will be presented, what enhancing learning aids will be used.

FEES: Presenters pay full registration fee; those attending solely to present pay the one-day registration fee.

RETURN YOUR PROPOSAL BY 1 NOVEMBER 1997 TO: Philadelphia Conference Program Chair, Bruce Loria, 747 Cherry Street, Southampton, New Jersey, 08088-1749, fax: 609-265-0584.

Members' Forum

T& C Council Response to Training Concerns

Dear Editor:

I was disappointed in Charles McFarren's lengthy criticism of the Training and Certification Council which appeared in the August *Script*. As I have said before in this newsletter, T & C Council walks a set of difficult lines. Some groups want higher standards (generally in those countries in which transactional analysis is growing rapidly) while others want us to lower our standards (generally in countries in which transactional analysis is having more of a struggle).

We do everything we can to help people in their training programs and their assessment processes. On the other hand, we are charged by the ITAA (as part of their contract with us) to maintain standards. Furthermore, we need to make the process as simple as possible, culturally appropriate in countries as diverse as Australia, India, Japan, and Singapore, and as consistent as possible so that, for example, the process in Japan is, as near as we can manage, the same as that in the United States.

Having said that, we are, of course, always eager to improve our methods. When I look to Charles's letter I'm afraid I don't find much guidance. He says we are too legalistic. If that means having our practices and processes clearly set out in our *Manual*, then I don't see that as a criticism. If he means we are inflexible, then I don't agree. The cochairs of the Training Standards Committee (TSC) and the Board of Certification (BOC) spend considerable time granting exemptions of various kinds and in helping people through the process in ways that match what they want as closely as we can, while preserving our standards.

Charles wants to be recognized in the organization and education fields as a trainer even though his CTA is clinical. This can be achieved without a great deal of difficulty once he is a PTSTA. All he needs to do is to get individual exemptions for his first trainees (not a difficult process). Once two have passed in one of these fields he can apply for an expansion in that field. Charles says he would have liked to have been given this expansion without having "followed their guidelines or rules or passed through their channels." I would like Charles to tell me how we can maintain standards without having people follow guidelines and rules, although we are as flexible with them as we can be.

Many would say we are already too flexible. Charles complains his assessors were out of touch with modern theory. Since he was endorsed as a trainer this suggests either he is wrong or they were flexible. As Charles says, he was not endorsed as a supervisor and is unhappy about that. It is never pleasant to have an endorsement withheld or to be deferred on an exam. I know since I was deferred on my first attempt at my CTA exam. Fortunately, most people who are deferred learn from the experience, take the test again, and succeed, and some of us even go on to volunteer for the Training and Certification Council so that we can help improve the process.

I wrote privately to Charles, when Gloria sent me a copy of his letter, answering some of his criticisms but mainly to offer any help T & C Council could extend to him in completing his endorsement as a PTSTA. Sadly, he has not accepted this offer.

Gordon Hewitt, New Zealand
Chair, Training and Certification Council

Welcome to New ITAA Members

July 1997

Member	*Sponsor*
Bleach, Andrew	Corinne Gledhill
Kent, Paul	—
Korzyniowski, Robert	—
Marker, Claudia	—
McCormick, Paul	—
Ooi, Teng Beow	—
Tatje, Karin	—
Tomasevic, Marina	Gordon Hewitt

July 1997 New Members sponsored by Jong Sam Park, TA 101 taught by Vann Joines

Ahn, Byum-Hyun
Ahn, Yang-Heui
Chang, Young-Mi
Eun, Sun-Kyong
Han-Ok-Jin
Hwang, Hye-Sook
Jeong, Sun-Young
Jung, Hwan-Jong
Kim, Kyung-Choon
Kim, Kyu Soo
Kim, Myung-Ae
Kim, Soon-Ok
Ko, Seung-Duk
Kwak, Sam-Geun
Lee, Myoung-Sook
O, Ju-Lee
Oh, Kyu-Young
Park, Heon-Soo
Sohn, Man-Joon
Suh, Eun-Joo
Sunwoo, Kyung-Soo

August 1997

Member	*Sponsor*
Bardac-Zelic, Suncica	—
Best, David P.	—
Bjorkman, Dolores	—
Drory, Michal	Gordon Hewitt
Esler, Sandra Jayne	Geraldine Lakeland
Kitamura, Yoshinobu	Yoshitaka Moronaga
Parsons, Sara	Gordon Hewitt
Sakakibara, Kaory	Michiko Fukazawa
Sato, Akimi	Rishun Shinzato
Sheth, Ghanshyam	Vann Joines
Vickery, Paulette	Vann Joines

Women Need Representation in Caracas

Dear ITAA Staff and Members:

This letter is written out of concern that the culture of OKness and equality that has been a hallmark of the ITAA be maintained as the ITAA works with other national organizations. That there is cause for concern is evident in the April 1997 *Script* publicity for the Caracas conference. The pictures tell it all: for keynote speakers, two women and two men; for preconference institutes, five men and zero women; for postconference institutes, two men and zero women.

Such lack of perception of the need to include and honor representatives from 51% of the population of the earth will be the downfall of the organization. Recognizing women, whose relationship skills as the predominant caregivers in the world are finely honed, is crucial to the survival of every human being and to the organization. The more people the organization wants to include, the more egalitarian it needs to be.

We know that there are many women in South America who have demonstrated their abilities and contributions to the organization. We remember, for example, a women's caucus meeting attended by the first woman in South America to receive Teaching Membership (as it was then called). Had she been a man, her achievement would have been front-page national news. But she was not, and she said not one other Teaching Member in her country even congratulated her or mentioned it, yet she'd had to struggle far more than her male counterparts to achieve the same victory. It was a highly emotional moment when the women's caucus burst into applause for her and set a suitable plan in motion to pay her tribute.

Women deserve to be honored by being featured in pre- and postconference institutes against the backdrop of our international organization. And in so doing, the best interests of the ITAA and local organizations will also be served.

The victories of women for equality in the ITAA were hard-won and are long-remembered by those of us who were on the firing lines in 1970 when we banded together and nearly shut down the convention unless women were allowed to speak on a panel about women! We simply got together in a room at the hotel and refused to do what we usually do until we received places on the panel. Out of that action grew the women's caucus, the social action committee, and later the men's caucus.

The evidence of that victory is evident in the keynote speakers' panel, where it seems to stop abruptly. Both of the male keynote speakers are from South America, and they will gain much stature by such international exposure. Women also need and deserve this, and the organization needs it. We know such qualified women exist; they are members who have passed their exams and contributed to the organization. Where are they?

For the benefit of the organization, of women and of men, we need one or two keynote speakers who are South American women and three or four women leading pre- and postconference institutes at this Caracas convention.

For those who would say it's too late, the conference is already set, we reply that it always seems inconvenient to make such changes. In 1970 we refused to buy into the idea that it was too late. Women drew a line and said, "No more." And we have demonstrated our worth as members, presenters, organizers, theoreticians, authors, and Eric Berne Award winners. Hopefully, we will not have to retrogress all the way back to the lessons of 1970. From the perspective of 20 years of work, we can now see the wisdom of making this simple shift in the program and reap for all of us the massive benefits that will follow.

Pam Levin, Hogie Wycoff, Fanita English, Linda Azzi, and Harry Corsover

Editors' Note: As a result of the expression of these concerns, space was made in the conference program for a meeting of the women's caucus in Caracas with a Latin American woman cochairing that meeting.

Meditation List Now on the Web

Hi Everyone,

Our home page now has a new feature that we want to let you know about. We have started a meditation list. If you want any support for people, situations, events, issues, or the like, you put a name or short description on the list and the meditative energy from our network supports outcomes that are consistent with life and awakening. Many wonderful results have come from this.

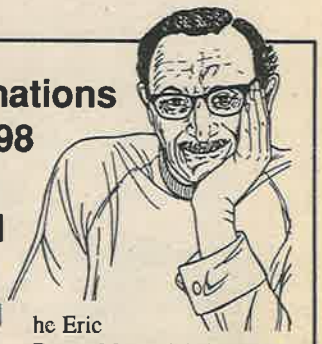
We have had similar lists operating for years now in particular locations. Now we have one on the Net. So take advantage of it and please include this list in your meditations. You will find it at URL: http://www.vicnet.net.au/~impg

Associated with the list is an area for success stories. We are still getting the scripts right for this, so please be patient. When we have this up and running properly we would love you to share with everyone the outcomes of putting your entries on the list. It will be done very soon.

Love and blessings to you all.

-Ken and Elizabeth Mellor, Melbourne, Australia

Nominations for 1998 Berne Award



The Eric Berne Memorial Award is bestowed on a person (or persons) who has made an original and significant contribution to transactional analysis in one of four categories: (a) theory, (b) research, (c) practice applications, and (d) comparison and/or integration of transactional analysis theory or practice with other theories or approaches.

To make a nomination, the following material must be sent to the ITAA office by 1 January 1998:

- name(s) of author(s)
- publication citation
- area or category of contribution (specify only one of those listed above)
- brief title for the contribution
- a detailed statement supporting the nomination as an original and significant contribution to transactional analysis in the designated area
- name of the individual, group, or organization making the nomination
- at least one copy of the nominated article/book. If the article/book was written in a language other than English, send an English translation of the material being nominated along with a copy of the publication in its original language. If an English translation is not available, a summary or abstract of the major ideas presented in the publication must be submitted in English along with a copy of the publication in the original language.

Please note: It is the responsibility of the person or persons making the nomination to let the nominee know that he or she is being considered for the Eric Berne Memorial Award and to provide the person with a copy of the written material being submitted to the EBMA Committee. This is to be verified either by sending to the committee a copy of the letter to the nominee or a statement to that effect. Without this verification, the nomination will not be accepted, unless the person being nominated is deceased.

Please contact the ITAA office for complete details about preparing nomination materials for submission to the EBMA Committee.

Training News



(From left) Naoki Matsui, Val Garfield (sponsor/supervisor), Tomoko Abe, and Takanori Ishiyama enjoy success after CTA exams in Salem

Exam Successes

The following people passed their BOC oral exams 30 July 1997, in Salem, Massachussetts, USA.

CTA Exam
Tomoko Abe, CTA (E)
Takanori Ishiyama, CTA (E)
Naoki Matsui, CTA (E)

TSTA Exam
Janice E. Dowson, TSTA

The BOC wishes to thank the following examiners:
Fred Clark, CTA Exam Supervisor
Landy Gobes, TSTA Exam Supervisor
Wayne Carpenter
Val Chang
Jean Clarke
Felipe Garcia
Val Garfield
George Kandle
Tom Nissley
Nancy Porter-Steele
Curtis Steele
Rebecca Trautmann
Damon Wadsworth
Abe Wagner
Marty Walrath

TA 101 CALENDAR

November 1-2, 1997: Wakayama, Japan. Cost: 460000. Leader: Naoki Matsui, PTSTA. Contact: Naoki Matsui (-736)37-2236; Takanori Ishiyama (06)784-6202; or Tomoko Abe (0729)82-0113.

Certified Teaching and Supervising Transactional Analysts and Provisional Teaching and Supervising Transactional Analysts are invited to list free of charge information about TA 101s they are presenting. To be listed, please send the following information to Robin Fryer, Consulting Editor, 1700 Ganges Ave., El Cerrito, CA 94530-1938, USA, or e-mail to robinfryer@aol.com: dates of 101, location, cost, leaders' names, contact for more information. Deadline: first of the month prior to the month of publication. Note: We cannot accept tentative or open dates; please be specific. If you want copies of the 101 outline to give to your class participants, please contact the ITAA office.

Help Appreciated on CTA Exams

Dear Editor:

On 30 July in Salem, Massachusetts, Tomoko Abe, Naoki Matsui, and Takanori Ishiyama from Osaka, Japan, passed their oral CTA (educational) exams. Seven people came from New York City, New York State, Connecticut, Colorado, and Minnesota, giving generously of their time, money, knowledge, and expertise to make these exams possible.

As the sponsor/supervisor of Tomoko, Naoki, and Takanori, I want to give special recognition to George Kandle, TSTA, Marty Walrath, PTSTA, Damon Wadsworth, PTSTA, Wayne Carpenter, PTSTA, and Tom Nissley, CM-Instructor, for their dedication to keeping the traditions and standards of the certification process alive and viable.

Jean Illsley Clarke, PTSTA (educational) was exam board chair for all three exams. With grace and skill she assured that each exam was rigorous, complete, exciting, and fun. Fred Clark as the CTA exam supervisor provided exemplary organization and structure. Calm, competent, and in charge, he was a nurturing protection for everyone.

My appreciation for perfect work—thanks and strokes! strokes! strokes! to all.

Val Garfield, TSTA
San Rafael, California, USA

COGNITIVE THERAPY

continued from page 1

attentive to every danger; a coping style developed to deal with traumatic circumstances.

2. The abandoned child: in transactional analysis terms a part of the Child in which experiences of abandonment, loss, and sadness are stored.

3. The punitive parent: in transactional analysis terms, a sadistic part of the Parent, an introject of early experiences with the client's own parents or caregivers.

4. The angry child: in transactional analysis terms, a part of the Child in which the anger, resistance, and powerlessness of early experience is stored.

Young sees borderline pathology as caused by, on the one hand, a biological disposition with high emotional intensity and affect lability and, on the other hand, family circumstances that are unsafe, abusing, or suppressing. The earliest effects of this are the two child modes: the angry child and the abandoned child. Every person has this inborn potential, but in a harmonious childhood, this will not be developed very much.

Later in life the detached protector and the punitive parent are developed as maladaptive coping styles. Often in therapy clients present the detached protector, which gives a normal impression to the therapist and gives the client control and safety. It is rather unproductive to spend much time with this style, so the therapist must strive to go around this style and to help clients to feel emotions and to get in touch with his or her own needs and with other people.

The most destructive style is the punitive parent, visible in self-hatred, self-denial, self-mutilation, or severe criticism of others. An essential aim of therapy is to discharge this style by identifying the source of the destructive message and building self-respect.

The abandoned child seems like a helpless, despairing two-year-old, anxious and sad. By reparenting and identifying and accepting the needs of the client, this part of the child can grow. The angry child often covers the abandoned child. The angry child acts impulsively or shows feelings in an inappropriate manner. The healthy side of this angry child is the wish to show feelings and to satisfy needs. The therapist helps to set limits and helps the client learn better ways to deal with needs.

Young emphasizes in his therapeutic attitude respect for the needs of the client (cf. inquiry, attunement, and involvement [Erskine, 1993]) and sees the client as a vulnerable two-year-old with needs and anxieties. In many hospitals borderlines are considered to be difficult patients and are treated as undisciplined, greedy, malevolent people with limit-setting used as a primary strategy. This makes them sicker instead of better, states Young. A stable therapeutic relationship with respect for the client is the first step in therapeutic treatment, a process that is more likely to last several years than several months.

My conclusion is that Young's approach (and he is not the only one searching for helpful approaches for working with personality pathology) has many possible connections with transactional analysis. I hope we can find ways to cooperate and to make use of each other's accomplishments to develop more effective strategies for helping our clients.



Moniek Thunnissen is a psychiatrist and a Teaching and Supervising Transactional Analyst in The Netherlands.

References

Erskine, R. G. (1993). Inquiry, attunement, and involvement in the psychotherapy of dissociation. *Transactional Analysis Journal, 23*, 184-190.

Sterrenberg, P., & Thunnissen, M. (1995). Transactional analysis as a cognitive treatment for borderline personality disorder. *Transactional Analysis Journal, 25*, 221-227.

Young, J. (1994). *Cognitive therapy for personality disorders: A schema focused approach.* Sarasota, FL: Professional Resource Press.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC	Nov. 7, 1997	Paris, France	Aug. 8, 1997**
	BOC	Nov. 15, 1997	Christchurch, N. Zealand	Aug. 15, 1997
	COC	Nov. 15, 1997	Frankfurt, Germany	Aug. 15, 1997**
	BOC	Jan. 21, 1998	Mysore, India	Oct. 21 1997*
	COC	Jan. 30, 1998	Gothenborg, Sweden	Oct. 30, 1997**
	BOC	April 22, 1998	Philadelphia, PA, USA	Jan. 22, 1998
	COC	Aug. 11, 1998	Zurich, Switzerland	May 11, 1998**
	COC	Nov. 21, 1998	Neustadt, Germany	Aug. 21, 1998**
TSTA Oral	BOC	April 22, 1998	Philadelphia, PA, USA	Jan. 22, 1998
	COC	Aug. 11, 1998	Zurich, Switzerland	May 11, 1998
CTA Written (Essay)	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after payment of $50 recording fee to T & C Council	Your choice
Training Endorse. Workshops	TSC	Mar. 17-19, 1998	Perth, Australia	Nov. 17, 1997
	TSC	Apr. 26-28, 1998	Philadelphia, PA, USA	Dec. 22, 1997
	COC	August 1998	Zurich, Switzerland	April, 1, 1998

* Subject to availability of examiners.
** If COC CTA exam candidates are also doing the COC written case study, this must be submitted no later than six months ahead of the oral exam date. Full details and application papers can be obtained from the COC Language Group Coordinators.

To make arrangements to take a BOC exam, contact the T&C Council, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **COC Training Endorsement Workshop**: to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

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ITAA International Membership Directory 1997 -1998
Includes alphabetical and geographical listings
$5.00 members / $10.00 nonmembers
Shipping and handling: North America $3, Europe $5, Asia/Pacific $6
Order from ITAA, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA

Keeping In Touch

Region III—Europe

The annual conference of the French Transactional Analysis Association (IFAT) will take place 8-9 November 1997 in the Novotel Bagnolet in Paris, France, just following the EATA exams (7 November). For information call 01.69.01.01.70.

Joke van der Keuken, a pioneer of transactional analysis in The Netherlands, died in Amsterdam on 8 August at the age of 62 after being ill for two years. In the early 1970s, Joke, along with Marijke Arendsen Hein and Maarten Kouwenhoven, was among the first transactional analysis trainees of the late Arnold van Westering. After the famous Villars conference in 1973 she was involved in the organization of the first EATA conference in Enschede (The Netherlands, 1974) and in providing the first translations of transactional analysis literature into Dutch.

Joke became an expert and beloved therapist, specializing in the treatment of alcohol addiction. Until her death she worked for the Jellinekhospital in The Hague and wrote several publications, of which *Kind en Alcohol* (Child and Alcohol) is still of outstanding quality because of its focus on the issue of codependency.

Although Joke never did her CTA exam, she was a promoter of transactional analysis by heart. She lived the principles of transactional analysis in her work with clients. She had a highly developed sense of humor and a great heart for music. Her death is a deep loss for her family, her clients, and the transactional analysis community in The Netherlands.

Servaas van Beekum
Haarlem, The Netherlands

Our condolences to **Charlotte Christoph-Lemke** and **Bertram Christoph** on the death of their 27-year-old son, Alexander, in the crash of a small plane he was piloting outside of Munich.

Fran Lacey died of cancer in early September in England. As close friend Katherine Murphy writes, "This is a sad and hard time [for the transactional analysis community in England]." Services were held Friday, 12 September.

Region IV—Central and South America

Gloria Noriega attended the 4th International Congress on Integrative and Eclectic Psychotherapy and the 3rd World Congress of Eclectic Hypnotherapy in Psychology, Psychiatry, and Medicine in Acapulco 14-18 August 1997 as a representative of the ITAA. Her goal was to generate publicity for the ITAA and to teach new advancements in transactional analysis, thus showing how our theory and techniques are suitable for eclectic psychotherapists.

About 100 people attended the congress, about 40% from Latin America, 40% from the United States, and 20% from others areas such as India, Europe, Australia, Africa, and so on. They were all professionals: psychologists, physicians, and psychiatrists. Gloria says, "In general the congress showed a high academic level with people interested in multiple research and eager to learn and teach new applications of psychotherapy. I was surprised to find the lack of knowledge about transactional analysis, although participants showed much interest in learning more about this theory and ways to integrate it into their work."

Gloria gave a keynote address entitled "Transactional Analysis in Psychotherapy," and with Dr. Emilio Said a workshop titled "Diagnosis and Treatment of Ego State Boundary Problems." She indicates that "participants got the message that they might improve their skills by integrating transactional analysis into their work. Several people showed interest in becoming members of the ITAA. Dr. Olukotun, who invited me to the congress, was pleased by our presentations and wants to become more involved with the ITAA. I invited him to the Caracas conference, and he wants to work out plans involving both associations."



(From left) Liz Scherotter, Gloria Noriega, George Kohlrieser, Susan Sevilla, and Ken Fogleman during Gloria and George's visit to the ITAA office in July.

Region V—United States

Ed Zerin reports that his book *How to Explain Judaism to Your Non-Jewish Neighbor* will be distributed by the Anti-Defamation League of B'Nai Brith, a Russian translation is under consideration, and the Catholic Church is doing a special mailing on the book. As Ed says, "You can't ask for more!" We inadvertently reported in the August *Script* that this new book is about transactional analysis, which it is not, but Ed writes, "Do not despair. Three articles have just come out in journals other than the *TAJ* and they all deal with major transactional analysis concepts: "Kabbalah: A Developmental Psychological Model" in the August issue of *The Journal of Psychology and Judaism,* "A Meta-Model for the Unifying of Psychological Theories" (Freud, Mahler, Berne, and Beavers) in the September issue of *Pastoral Psychology,* and "Games Can Cost You Your Job" in the September issue of *Pastoral Life.*" Good work, Ed!

George Kohlrieser did a five-day workshop in June for Motorola in Chicago. He writes, "The workshop was on 'Workplace Violence and Threat Assessment. My copresenter was well-known forensic psychiatrist Dr. Park Dietz. He has interviewed every serial killer and mass murderer in the last 25 years. We got on well together and the workshop was very successful."

TRANSACTIONAL ANALYSIS CONFERENCES WORLDWIDE

November 8-9, 1997: Paris, France. Annual IFAT conference. Contact 01.69.02.02.70.

January 22-26, 1998: Mysore, South India. Institute for Counselling and Transactional Analysis Conference. Contact: Conference Convenor, ICTA Office, Santigram, Changampuzha Nagar PO, Kochi-682 033, Kerala, India.

April 22-26, 1998: Philadelphia, Pennsylvania, USA. Eastern Regional Transactional Analysis Association Conference. Contact: Fred Clark, Registrar, 261 Spring St., Cheshire, CT 06410, USA; phone: 203-271-3733.

August 11-15, 1998: Zurich, Switzerland. Second Major International Transactional Analysis Conference (sponsored by the European Transactional Analysis Association). Contact: Peter Lüthi, Brunngasse 4, CH 8001 Zurich, Switzerland.

New England Gathering

by Sharon Rodgers Simone

The New England Regional Conference in Salem, Massachusetts, cosponsored by the USA Transactional Analysis Association and the Eastern Region Transactional Analysis Association, was an in-depth exploration of community and relationship based on a process-oriented structure. Mornings began with a whole group gathering facilitated by conference program committee chair Emily Ruppert and were followed by smaller groups focused on specific topics. One participant said, "I appreciated the experiential style of 'in vivo' learning of transactional analysis theory. It was a very meaningful and memorable form of education." Tom Porpiglia added, "As a newcomer I felt welcomed and a part of the greater community. I had access to the leaders and trainers as opposed to them being separated from the rest of the community."

Running concurrently with the morning focus groups many respected transactional analysis leaders had open "conversations" with one another that participants could attend. We have Emily Ruppert to acknowledge for the terrific job she did of putting people together and the leaders to thank for generously sharing their wisdom and years of professional experience. Some of the conversations included: Fanita English and Lyman Rigby talking about "The Mysterious Forces in Communication," Nancy Porter-Steele and Curtis Steele conversing with Jon and Laurie Weiss about "Life in Partnership," Rebecca Trautmann and Felipe Garcia discussing "Our Cultural and Spiritual Differences," Valerie Chang and Lucy Freedman opening up a powerful discussion on "Abuse of Power," Abe Wagner and Jean Illsley Clarke talking with each other about "Transactional Analysis in Education and Business," and Viola Callaghan and Marian Weisberg swapping memories and some "secrets" about "Foundations of Transactional Analysis: The People and the Principles." A conversation between Richard Erskine and Emily Ruppert on how they each create safety in groups seemed particularly tender. These two long-time transactional analysis leaders and teachers reminisced about their early relationship and training days and expressed hopes of gaining understanding and appreciation for each other's current work.

> ***"The conference theme of community and relationship was deeply evocative in this setting of Salem, site of the early witch trials."***

Eric Berne was a staunch advocate of play as well as work. The Salem gathering paid particular attention to the arts as a means for play and creative expression. Glenn Smith, chair of the arts program, says that any true and full expression of community will always include the arts. Participants brought photography, poetry, instruments, handmade dolls, and quilts with them in addition to their voices, dramatic abilities, and other talents.

With the proclivity Western cultures have had for splitting thought and feeling, work and play, body and mind, this conference structure offered a welcome relief. I am reminded of a favorite essay by philosopher of science Lewis Thomas in *Late Night Thoughts on Listening to Mahler's Ninth Symphony.* He talks about the "wilderness of mystery we will need to make our way through in the centuries ahead." He grants that we will need science for understanding, but when the scientists finally confess "not knowing everything about everything" he hopes we will turn to the poets "who late nights, thinking things over, (might) begin to see some meanings that elude the rest of us."

I found the conference theme of community and relationship deeply evocative in this setting, where historical gender arrangements and the struggle for voice and power came to a head in Puritan Salem in the bodies of women. At this moment, I greatly appreciate both Eric Berne, who understood the need to place the power to change and grow in the hands of ordinary individuals, and the transactional analysis community worldwide for teaching and spreading that message.

Sharon Rogers Simone lives in Belmont, Massachusetts.