The Script

ITAA

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOL. XXVI, NO. 5 JULY 1996

Available from the ITAA

* **TADATA 1.0—A Transactional Analysis Literature Database:** Covers the *Transactional Analysis Bulletin* (1962-1970), the *Transactional Analysis Journal* (1971-1994), and 105 transactional analysis books in English. Has 10,000 keywords with search programs for *Bulletin, Journal*, book, and author references. Available for IBM and IBM-compatible computers on two 3½-inch diskettes. Available soon for Macintosh computers. Cost: $50.

* **Amsterdam Conference Reader:** From the 14-16 March 1996 "Advanced Working Conference on Ego States" held in Amsterdam. This 182-page bound booklet contains articles from 16 Amsterdam presenters on key aspects of ego states. Cost: $40 each or $65 for two.

* **Single Copies of *TAJ* Special Theme Issues:** Redecision Therapy, A Memorial to Robert L. Goulding, MD, guest edited by Mary Goulding, MSW (October 1995)—$12 per copy. Social Applications of Transactional Analysis, guest edited by Alan Jacobs (January 1996)—$16 per copy. Cost includes surface shipping and handling.

* ***Volume of Selected Articles from the Transactional Analysis Journal, 1971-1980:*** $19 plus surface shipping/handling.

* **Commemorative Introduction to Transactional Analysis (TA 101) Videotape:** Taught by founding members of the ITAA, four hours long. $100 members, $120 nonmembers, includes tax and airmail postage. (Additional $5 for PAL)

* **Robert L. Goulding, MD, on "Scripts":** Videotape, 55 minutes long, taped live. $45 members, $55 nonmembers, includes tax and airmail postage. (Additional $5 for PAL)

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* **1995 San Francisco Conference (MITAC) Souvenirs:** Children's t-shirts–$9 or 3/$24 (size 10-12, 6-8); cloisonné pins–$4; baseball cap with conference logo–$7 or 3/$18.

To purchase any of the above items and to find out the cost of airmail postage, please contact the ITAA office.

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Sharing the Wealth

by Gloria Noriega

As I contemplate writing to you, our membership, about the current state of our organization, I am keenly aware of two startling realities. The first is the severe financial crisis facing us in the form of a greater than expected deficit for 1996. The second is the wealth of intelligence, creativity, humanity, and professionalism among our members as demonstrated by the Hedges Capers and Eric Berne Awards that will be given in Calgary, as well as by the love and loyalty of all our members who continue sharing a deep sense of belonging. It seems to me that it is in remaining aware of the riches we have in our membership that we may find the solution to the deficit we face in our finances—a solution in which each of you can play a crucial role. But more about that in a bit. First I want to outline the financial situation for you.

Where We Are and How We Got There

As you know, in 1995 the ITAA lost a great deal of money because of the delay in selling the Burr House. For that reason, in Amsterdam the board approved a budget deficit of nearly $31,000 for 1996. Then, although the Amsterdam conference was valuable as an education event, it lost approximately $10,000, which brought the deficit to about $41,000. Then there was a shortfall of dues revenue of $54,000 that resulted from lack of renewals, mostly from EATA. (The ITAA/EATA affiliation agreement ended 31 December 1995. The 1996 budget was based on 1000 renewals from Europeans as direct members, but only 310 have renewed at this point. That contrasts with the 3749 affiliated members from EATA in 1995.) Thus we are faced in 1996 with a deficit of $95,000.

John Parr, president of EATA, and I have been in friendly communication since the beginning of the year sharing a common spirit of collaboration and goodwill. He invited me to write to EATA members via their newsletter inviting them to remain ITAA members, which I did. It will be very sad if so many valuable people do not remain as members of our association.

John also regrets the consequences of deaffiliation, and we are negotiating to set up a task force with the goal of finding ways to increase mutual cooperation. As he said to me in a letter, "We need you and you need us." It is a pity to see this split in the worldwide transactional analysis community when we have so much in common. Rather, we need to find ways to collaborate based on our similarities and yet respecting our differences.

Crisis and Opportunity

I am again reminded that in Chinese, the word "crisis" is represented by two characters: one for "danger" and one for "opportunity." The ITAA is in danger! Negotiations with EATA will continue within a framework of mutual collaboration, but it is difficult to be flexible and set boundaries at the same time. The ITAA is now in a very vulnerable position, which is sad and painful.

Nevertheless, as a result of this crisis, we also have a great opportunity in the ITAA for defining our identity, for becoming clear about who we are and what kind of organization we want in the future. In Amsterdam, the board of trustees accepted this challenge and took steps that I think offer good news:

1. **The long-range planning committee has been reorganized** and will be working to develop a clear vision for the organization, to define a direction based on member needs and not on external circumstances.

2. **The membership committee has been revitalized, with Gaylon Palmer**—the outstanding coordinator of the MITAC '95 conference—as the new chair. This represents a shift in energy from affiliation concerns to increasing direct membership, and I wish Gaylon well in her efforts.

3. **The traditional concept of ITAA conferences is being reconsidered.** The organization is famous for wonderful conferences, of which most of us have many warm memories. The ITAA will now be free again to plan conferences as circumstances dictate, whether they be designated, jointly sponsored, or wholly ITAA originated with local hosts. A major goal of this change is to make it possible to generate income from conferences. In fact, ITAA will begin 1997 with an exciting designated conference in Coimbatore, India (see page 5). Then, in the summer there will be an educational gathering in San Francisco planned by conference committee chair Marilyn Marx and executive director Susan Sevilla. Finally, in October the ITAA will jointly sponsor a conference with the Venezuelan Transactional Analysis Association and the Latin American Transactional Analysis Association in Caracas, Venezuela, for which local organizers expect a big turnout.

4. **A special project to translate the *Transactional Analysis Journal* into Spanish** is underway. As a pilot project, the October

- continued on page 2



"There are many people who could benefit from learning and using transactional analysis, but they don't know it yet. You can be the key to their finding out."

Exciting News from Australia

by Linda Gregory

For the past three years I have been teaching a counseling course that incorporates the Transactional Analysis 101 with counseling skills at a university continued education center in Western Australia. I have also been researching what has been happening in other countries regarding accreditation of transactional analysis training courses. My dream has been to gain accreditation for transactional analysis in Australia, and it now looks as if it may come true.

I have approached the Skills, Standards and Accreditation Board and have talked with a consultant who has been positive and helpful. I am at present completing the large task of writing up the accreditation proposals and registration of providers for our training courses here in Australia.

What does this mean? The TA 101 course and the transactional analysis training plus the training for Teaching and Supervising Transactional Analyst will, hopefully, be approved and therefore become recognized and fully accredited by the state as well as nationally. Participants who complete training courses will be awarded certificates, diplomas, and advanced diplomas, depending on the course, as well as certificates from the Western Pacific Association of Transactional Analysis (WPATA). This will make transactional analysis courses more attractive to students and increase WPATA membership and status as well as gaining even more recognition for the excellent transactional analysis model.

"Transactional analysis training will, hopefully, become fully accredited by the state as well as nationally."

Long-term goals include an even more exciting training program, which will offer trainees a variety of modules from which to choose and a variety of trainer styles from which to learn.

So, as our proposals are considered by the board for examination, let us all visualize positive results, and then let us celebrate our success.

Linda Gregory is WPATA Director of Accreditation. This article was originally published in the May 1996 issue of TA Times, *the WPATA newsletter.* □

EDITORIALLY YOURS

by Laurie Hamilton

To Market, to Market . . .

As you may notice in thumbing through this edition of *The Script*, much of the information reflects how the ITAA is doing as an organization. In fact, we have published numerous articles in the last year underscoring the need to "market ourselves" in order to continue both our visibility and our viability.

I am currently working on the renewal process for our provider status for continuing education credits recognized by the American Psychological Association (specifically the mandatory CEUs required by the California Psychological Association). We were able to offer APA-approved continuing education at the San Francisco conference last August and will again for the Calgary conference this summer. As a designated provider, we can also provide credits for those Teaching Members (TSTAs) and Certified Members with Teaching Member contracts (PTSTAs) who offer the TA 101 course either in the United States or in other countries. One must, however, have clearance, which I can arrange.

Transactional analysis is a focused approach that addresses numerous issues and can achieve positive results quickly. By offering continuing education credits, we can market up-to-date theory and practice in an increasingly competitive market. Approaches such as brief solution-focused therapy (developed by Inso Berg and Steve Miller) have good conference attendance and yet are presenting focused, cognitive-behavioral material that has been around for nearly 20 years. Transactional analysis has theoretical and therapeutic material that is better than some other approaches currently being marketed, but we do not seem to be selling it.

"By offering continuing education credits, we can market up-to-date theory and practice in an increasingly competitive market."



I would appreciate both some feedback and some dialogue on this issue (e.g., why aren't we teaching what we know?) By the way, if you are thinking of offering a TA 101, give me a call at 704-687-8741 and offer your participants some APA-approved credits!

The Script ITAA

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INSIDE VIEW

Qualities That Count

Elena Leigh, ITAA vice president of research and innovation, writes in this issue of preparing for and running a marathon. It brought to mind that when I applied for the job of ITAA executive director, I put "marathon runner" on my résumé because I thought it showed a lot about what kind of person I am. In fact, the qualities that lead to a successful marathon runner are desirable for many jobs.

"Achieving a goal such as a marathon is empowering and translates directly into everyday life."



- Running a marathon shows you care about **achievement**.
- It shows that you can **set goals** and slowly work to **realize them**.
- Running in general, and even more so a marathon, takes great **patience**. You must establish your pace and relax into it; if you are impatient, you won't be able to finish.
- Running a marathon is a process of **self-discovery**. You must know yourself and **trust in your body** and your ability to run the race.
- You have to **understand your body and its limits**. This means understanding that you can't run 26.2 miles unless you take in fluids along the way; its also means learning what food your body needs during strenuous training periods.
- **Perseverance** is crucial. I also like mountain climbing—putting one foot in front of the other, slowly but steadily, to achieve the desired goal.
- The satisfaction of achieving a goal such as a marathon is **empowering** and translates directly into everyday life. It also lends a marvelous perspective on life. It is like being outdoors during a terrific thunder storm: Once you've been out amidst the power of nature, you aren't afraid to face smaller problems in the everyday world. The "high" I feel after a marathon or mountain climb "grounds" me; it is a confidence builder, a feeling that lasts for years.

I'll give you an example. Not too long ago I had to get my car repaired, and I didn't have a ride home after work. No problem. I simply walked the seven miles home, over the highest hills of San Francisco. Without my marathon experience, I might still have walked, but I don't think I would have taken the matter so lightly or enjoyed it so much. This kind of empowerment is a state of mind, a perspective.

Another example: I live in earthquake country. It is comforting to know that if an earthquake were to hit and the roads were cut off, I could simply walk 20 miles or so to get wherever I needed to go. For this reason, I always keep an extra pair of running shoes in my office and in my car trunk.

I know there are other closet marathon runners among the ITAA membership. We'd love to hear from you about your experiences, too.

- Susan Sevilla, ITAA Executive Director □

SHARING THE WEALTH

continued from page 1

1995 *TAJ* will be translated and used to invite Spanish-speaking readers to join the ITAA. This will test the interest of Latin Americans and Spaniards in becoming members if they can get translated publications. It will also serve as a model for translating the *TAJ* into other languages.

I was happy and satisfied after my first board meeting as ITAA president. We had a large agenda, which was covered successfully, and I appreciated the willingness of trustees to commit themselves to a smooth meeting based on a common spirit of respect and collaboration. However, if we want to continue as a strong association, actions by the board are not enough. We cannot do it without your help.

What You Can Do

To remain strong, we must increase our membership. This is the moment to demonstrate your loyalty and love for the ITAA. Instead of being an organization of 2000 members, we could soon number 4000 or more if every one of us brings a new member to the ITAA . . . or two, or three, or more. Why not?

Let's begin talking about the ITAA and transactional analysis in our communities, let's teach our theory in local schools and universities, let's make the extra effort to fight for what we love. There are many people, both lay and professional, who could benefit from learning and using transactional analysis, but they don't know it yet. You can be the key to their finding out, thus benefiting them and our organization.

Bringing a new member into the ITAA will be our campaign for 1996 and 1997. Those members who bring in new members will be specially recognized. This is our opportunity for growing, for making "new wine," as we said in San Francisco last summer. We are all responsible for the future of the ITAA. Please join me in doing your part. The ITAA needs each and every one of us to commit ourselves to infusing this organization with energy, interest, and enthusiasm as we share the riches we have received from transactional analysis with our colleagues and friends. Give a copy of the *TAJ* and/or *The Script* to the colleague down the hall, invite someone to join you at one of our wonderful conferences, tell someone about upcoming 101s in your area—and as you do, invite them to join us as an ITAA member. You have nothing to lose, and they have everything to gain! □

Our thanks to David Osburn for the calligraphy (page 1) of the Chinese characters for "danger" and "opportunity."

Special TAJ on Regressive Therapy

An upcoming issue of the *TAJ* on regressive therapy, edited by Theodore B. Novey and guest editor Linda Azzi, will consider issues such as: What have therapists trained in reparenting methods been doing in this area in recent years? What approaches are still being used? What has changed? How has short-term regressive therapy evolved? What are current ideas and provisions for adequate protection for clients and therapists? What are safe ethical and legal limits to regressive therapy? Do these problems have solutions at all or are there basic flaws in the theoretical approach that will inevitably cause ethical and legal problems? Issues of interest include the areas of long-term regression and parenting contracts and restructuring of Parent ego states. *The deadline for receipt of manuscripts is 15 January 1997.*

Manuscripts are also still being accepted for the upcoming theme issue on "Postmodernism, Constructivism, and Transactional Analysis," with guest editors James Allen and Bruce Loria. *The deadline is 15 July 1996.*

JOURNAL ENTRY

by Ted Novey

Natalie, Morris, and Fanita

There they go again, sailing majestically down the pages of the *Transactional Analysis Journal* in the April 1996 issue. Natalie, Morris, and Fanita, forever reminding us that new ideas come not only from the young in age, but also from the young in heart. I think they have been therapists from their first childhood, whereas I joined them in my second childhood as a beginner in the helping profession 30 years ago at the Chicago Transactional Analysis Seminar. Now, all of us about the same age, geezers all, as my son-in-law Buck is affectionately fond of reminding me, we continue down our various creative and productive paths. You can read about Natalie's, Morris's, and Fanita's voyages into the past, present, and on to the future in their papers adapted from their MITAC 1995 presentations, a tribute to the longevity and freshness of Eric Berne's ideas as expanded and carried on by such expert humans as these. And there are many like them in our transactional analysis organizations.

The child, the child; the Child, the Child; chronological and ego state respectively. How we keep going back to study this part of our history and mental structure. The five clinical application papers in the April *TAJ* bring their focus here from several viewpoints. Raffaella Leone Guglielmotti looks at the effect on children whose parents were orphans. She shows evidence of how this disturbance of parenting carries through to the next generation. We often hear and experience the parenting difficulties of people who had poor or absent parenting themselves. This is another reminder of the crucial need for "good enough" parenting to reduce self-destructiveness and violence within our human species.

"New ideas come not only from the young in age, but also from the young in heart."



Aaron Lederer discusses children who feel unwanted and how they develop a tough shell to protect themselves as best they can. Aaron demonstrates some creative ways to invite these "Tough Kids" out of their protective shells. If you work with people, I'm sure that you know how much creative patience and persistence it takes to convince the Kid to come out into the light and take a new look at a world that doesn't have to be as scary as it once was.

Transactional analysts are always alert to clients who are driven to destroy themselves. The no-suicide contract has been a unique approach to client protection since Eric Berne first formulated it. Our first goal is to protect the child, the Child in us, to preserve life in order to help bring about joyful and productive living. To author Geoff Mothersole, the basic contract is clear, but we need more discussion on just how to use it effectively. Geoff adds considerable sophistication to this elemental concept in his paper "Existential Realities and No-Suicide Contracts."

Permission is another concept that is crucial for the child and the Child. It is the atmosphere, the environment within which healthy growth and development can best take place. Another of the basic pillars of transactional analysis theory, the concept of permission is so simple, and yet it encompasses such a large area of human life that we can never get enough of thinking about and developing more effective ways to use it in our work. Karen Ann Brook takes another look at this powerful concept and questions how to give permission most effectively. We cannot inject permission into the mental systems of our clients. We must find such inviting ways to present it that they can dare to accept life-expanding permissions even against internal injunctions that say "NO! YOU CAN'T." Karen has some important ideas about the crucial importance of the relationship with our clients as a facilitating factor for this process.

Finally, in this sequence of articles about work at the Child level, Tony White finds more pay dirt in the seemingly exhausted area of feelings and emotions. What is a real feeling and what is not? What is a racket feeling and what is not? Not always easy to tell. He approaches this new view of feelings by distinguishing between surface or temporary feelings and deeper or character feelings, feelings closely related to here-and-now events and those strongly affected by the there-and-then experiences that shaped our basic character and that can shape our reactions in the here-and-now.

And the issue is not yet done. There are more articles—some of them fun—some book reviews, some letters to the editor. I hope this will stimulate you to read the April issue cover to cover, if you haven't already. I do—several times—before and after it is printed.

Next time, look out! Here comes Structure and Function! □

RESEARCH FILE

Did You Know?

This month has been busy with members contacting me about research. This is great and so encouraging. Thanks to all of you who support and encourage the growth of research in the world of transactional analysis.

Did you know that there are no nominations this year for the Eric Berne Memorial Award (EBMA) in the area of research? Why? What will we do? Please think about this, write your thoughts and reactions, and then do something about this important fact. The EBMA is one of the most important awards in our organization. Because of this it is imperative that research is seen to hold as important a position as the other three categories (theory, practice applications, and comparison and/or integration of transactional analysis theory or practice with other theories and approaches).

"It is imperative in the Berne Award that research is seen to hold as important a position as theory, practice, and integration with other approaches."



Kudos to Michael Krull for the following article. For more information about the DGTA project, you can contact him at DGTA fax: 494402928320 or write to me.

DGTA Research Project Underway

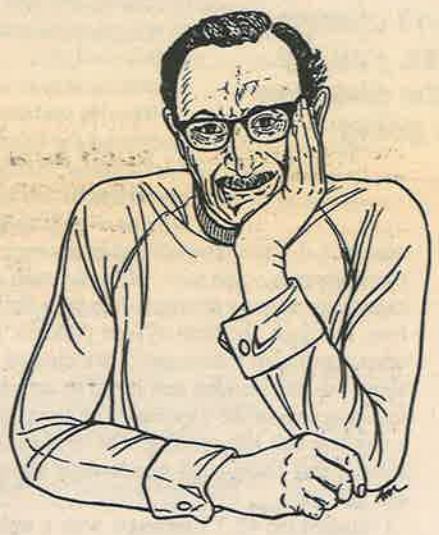
The members of DGTA created a basic budget through contributions (15.000,— dollars).

1. We developed a three-step program:
   a. *basic documentation*
      - therapists' dates
      - clients' dates
   b. *dates of diseases*
      - structured clinical interview for DSM-III-R (SKID and SKID-II)
      - global assessment of functioning (GAF)
      - rating scale: gravity of psychosocial stress factors
      - symptom checklist (SCL-90-R)
      - social behavior inquiry "Relations with Others" (FUA, University Amsterdam)
      - an inquiry based on a theory of acting
   c. *setting dates*
      - setting, frequency
      - contracts, goals
2. Documentation of the development
   - questionnaire of change in experiencing and behavior (VEV)
   - global assessment of functioning (GAF)
   - rating scale: gravity of psychosocial stress factors
   - symptom checklist (SCL-90-R)
   - social behavior inquiry "Relations with Others" (FUA, University Amsterdam)
   - an inquiry based on a theory of acting
3. Katamnestic documentation: with special inquiries

They founded an advisory board of independent professors from different universities who will supervise the project. They have finished the first step: the inquiry of those members of the DGTA who are working in the clinical field (degree and professions, age, sex, regional spreading, differentiated trainings [transactional analysis and others], institutions, settings, accounts, family, continuous supervision, fields of application, and activities in professional associations). They will publish this information soon.

Because ofthe way transactional analysis respects human beings and because of its ethical understanding, they resigned on the four-areas-control-group design (placebo and control groups). But they will compare the results of their research with those of other programs (e.g., in the field of family therapy).

Elana Leigh
Vice President of Research and Innovation



Nominations Sought for the Eric Berne Memorial Award

For professional transactional analysts, one of the ultimate honors is to receive the Eric Berne Memorial Award. This award is bestowed on a person (or persons) who has made an original and significant contribution to transactional analysis in one of four categories: (a) theory, (b) research, (c) practice applications, and (d) comparison and/or integration of transactional analysis theory or practice with other theories or approaches.

To make a nomination, the following material must be sent to the ITAA office by 1 January 1997:

- name(s) of author(s)
- publication citation
- area or category of contribution (specify only one of those listed above)
- brief title for the contribution
- a detailed statement supporting the nomination as an original and significant contribution to transactional analysis in the designated area
- name of the individual, group, or organization making the nomination
- at least one copy of the nominated article/book. If the article/book was written in a language other than English, send an English translation of the material being nominated along with a copy of the publication in its original language. If an English translation is not available, a summary or abstract of the major ideas presented in the publication must be submitted in English along with a copy of the publication in the original language.

Please note: It is the responsibility of the person or persons making the nomination to let the nominee know that he or she is being considered for the Eric Berne Memorial Award and to provide the person with a copy of the written material being submitted to the EBMA Committee. This is to be verified either by sending to the committee a copy of the letter to the nominee or a statement to that effect. Without this verification, the nomination will not be accepted, unless the person being nominated is deceased.

Please contact the ITAA office for complete details about preparing nomination materials for submission to the EBMA Committee.

ITAA News

View from the Board

by Elana Leigh

In this, our second in a series of articles by members of the ITAA board of trustees, vice president of research and innovation Elana Leigh researches the similarities between marathon running and one's attitude to life.

"Me, a runner? No, never!" I did not see myself as an athlete and certainly not as someone who could run a marathon. In fact, in school I was the girl who constantly had excuse notes to get me out of weekly gym class. Then adolescence arrived with a vengeance, and exercise became a way of managing that age-old thing called "puppy fat." Aerobic classes became a part of the regime: I exercised because I felt I had to, not because I wanted to.

1993. I was traveling through Africa and one day found myself running on a deserted gravel road as the sun began to set. The land was open and expansive and the day slowly came to its natural end. Suddenly I felt totally at one with my body and with all that was around me. I thought, this is truly wonderful, and what is so special is the fact that nothing else is propelling me but me.

Thus my journey in the running world began. I found I loved the sport, and three years later I challenged myself to run the Canberra marathon.

Can I do it? Do I want to? If I do, why do I? What is between me and 42.2 kilometers? Negative thoughts emerged: "I can't do this. I'm not that sort of person," and all those script messages that have so limited me in living my full potential. No, I thought, this is what I want, and I will do it and have fun preparing for what probably is the hardest physical challenge of my life. In fact, I relished the challenge of seeing what my mind and body were capable of doing.

My rigorous training began: It was hard, tiring, and tested my endurance and persistence. Each extra kilometer I achieved was a real celebration and another bit that I was chipping away at in the old perception of me. The people I've met in the running world have been fascinating; they have all had their own stories, yet each had a similar thread—they were at a point in their lives when they thought, "No, I don't want the direction I am going in, and I can do something about it." Their bodies accurately reflected all else, and to have seen these transformations has been a privilege. My conversations with them have been illuminating, funny, and always moving. Running my first race, I approached a hill when I heard the man behind me say, "Well love, if that's the way you approach life, then give up now." I burst out laughing and that was the beginning of a 20-kilometer philosophical discussion about life and running. What came from that conversation was there is more to running than the act of running, that the way to approach the sport is always to be in your body's comfort zone, to run in your body as opposed to against yourself, to pace yourself, knowing that there will always be a hill where you will need energy.

Of course, this is also true of life. There are always going to be times when you will need to draw on energy that you created and stored in the good times. Success is not the run, but how you come in at the end. When we are younger we don't know this, but as we age it becomes a real truth—how you come in at the end involves years of preparation and care. I smile with warmth and gratitude when I think of that man who came up behind me in that first race—you never know when and where your life will change!

In the sixth month of my training, on a wet morning as I was approaching the Sydney Harbor Bridge, I broke down crying, "I can't cross that bridge, and I can't do this race." I sat on the road and my fellow runners sat with me while I coved through the most significant impasse. Half an hour later I stood up and sprinted the last kilometer home. You see, therapy happens in the most peculiar settings. I came back knowing that I really could do the marathon, that I wanted to do it; the rest was a journey filled with joy and excitement.

The day arrived, and there I was with 42.2 kilometers ahead of me. The starting whistle blew, and I felt overwhelmed that I was yet again at the beginning of another dream. I met a fellow South African who had recently immigrated. This began a 20-kilometer talk during which he told me about the billions of cells that we have in our bodies and how we so seldom excite many of them and thus operate on very low voltage. He said the day he crossed the finish line in one of his many marathons he felt his billions of cells in full operation. I was engrossed and in my serious psychotherapy voice said, "How can such an experience surpass moments like your first love, marriage, the birth of your children, and other significant milestones?" We chatted about this and decided that it had to do with the *aloneness* of the experience of completing a physical task like running. The moment you achieve that elicits such wonderment about self and life.

A Chinese proverb says, "If you don't change your course, you are headed in the direction you are going."

I finished the 42.2 kilometers with a smile on my face and, need I add, a good cry as well. I am proud to say that I joined the club of marathon runners. I celebrate myself and my health, well-being, and life. I recommend finding a goal and achieving it. It is in all our natures to want to aspire. To find this aspiration and creativity is part of who we all are. GO FOR IT!

The experience and the insights I have gained from running are as central to my life as is being a transactional analyst and my work in ITAA. I deeply believe in change and that change is possible. Challenging the status quo in life and moving beyond "what is" is central to who I am and how I live my life. A dear friend said this was about living on the creative edge. I believe that we need to work with the creative energy in our organization, constantly honoring what is and then moving beyond it. Isn't that, after all, what transactional analysis is all about: working with the past in the present to move into the future. □



New Direct Members

We are pleased to welcome the following individuals as new members of the ITAA and express our appreciation to their sponsors.

March 1996

Member	*Sponsor*
Chiung-Wen, Chang	—
Ilwicki, Julien Pierre	—
Mohn, Sheila	—
Murray, Jane	—
Wilton, J. H.	Geraldine Lakeland
Young, Susanne	Geraldine Lakeland

April 1996

Member	*Sponsor*
Berger, Gail R.	—
Bocatto, Evandro	—
Vorbett, Marie D.	Geraldine Lakeland
Cornforth, Sue	Geraldine Lakeland
Elliott, Robert	Jean I. Clarke
Flesch, Maila	—
Hindry, Brandon	Ros Broadmore
Ilda, Kunihiko	Kozo Rokkaku
Johnston, Jean	—
Larson, David	—
Minogue, Barbara	—
Sato, Mariko	Kozo Rokkaku
Schneebeli, Beat	—
Shih, Ju-Chen	Sissel Knibe
Siyahpar, Farid	—
Wharepouri, T.	Gordon Hewitt

May 1996

Member	*Sponsor*
Ahn, Byum Hyun	A. Wagner/J-S. Park
Cameron, Bruce	Mary Goulding
Chin, Mi Suk	A. Wagner/J-S. Park
Cho, Young Suk	A. Wagner/J-S. Park
Choi, Kyung Sook	A. Wagner/ J-S. Park
Choi, Sun Ryung	A. Wagner/J-S. Park
Choi, Young Hee	A. Wagner/J-S. Park
Chung, Eun	A. Wagner/J-S. Park
Chung, Gyung Ae	A. Wagner/J-S. Park
Fujita, Munetake	Kazuko Noma
Ho, Song Bang	A. Wagner/J-S. Park
Hoeben, Linda	—
Hong, Keum Ja	A. Wagner/J-S. Park
Hwang, Mi Gu	A. Wagner/J-S. Park
Kim, Deuk Hee	A. Wagner/J-S. Park
Kim, Hyang Mi	A. Wagner/J-S. Park
Kim, Hyo Nam	A. Wagner/J-S. Park
Kim, Seung Don	A. Wagner/J-S. Park
Kim, So Young	A. Wagner/J-S. Park
Koh, Keun Ja	A. Wagner/J-S. Park
Kweon, Ji Eun	A. Wagner/J-S. Park
Lee, Hee Young	A. Wagner/J-S. Park
Lee, Jae Ryung	A. Wagner/J-S. Park
Lee, Ju Hyun	A. Wagner/J-S. Park
Lim, Won Sun	A. Wagner/J-S. Park
Noh, Il Rae	A. Wagner/J-S. Park
Oh, Soo Hee	A. Wagner/J-S. Park
Park, So Ra	A. Wagner/J-S. Park
Park, Sun Ree	A. Wagner/J-S. Park
Park, Tai Young	A. Wagner/J-S. Park
Post, Lois	Clark Reed
Shin, Chang Sik	A. Wagner/J-S. Park
Son, Kwang Hoon	A. Wagner/J-S. Park
Son, Young Soon	A. Wagner/J-S. Park
Song, Chae-Hong	A. Wagner/J-S. Park
Stubbs, Judith	David Steere
Wagner, David	A. Wagner/J-S. Park
Wojnar, Dorothea	—
Wu, Tsung Yu	—
Yoo, Chung Sun	A. Wagner/J-S. Park
Yoon, Cheul Su	A. Wagner/J-S. Park

□

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC	July 6, 1996	Budapest, Hungary	Mar. 1, 1996
	BOC	Aug. 14, 1996	Calgary, Canada	May 15, 1996
	BOC	Nov. 7, 1996	Sydney, Australia	Aug. 9, 1996
	BOC	Jan. 13, 1997	Coimbatore, India*	Oct. 13, 1996
	BOC	July 30, 1997	Beverly, MA, USA	April 30, 1997
	BOC	October 1997	Caracas, Venezuela	July 1, 1997
TSTA Oral	COC	July 6, 1996	Budapest, Hungary	Mar. 1, 1996
	BOC	Aug. 14, 1996	Calgary, Canada*	May 14, 1996
	BOC	Nov. 7, 1996	Sydney, Australia*	Aug. 9, 1996
	BOC	Jan. 13, 1997	Coimbatore, India*	Oct. 13, 1996
	BOC	October 1997	Caracas, Venezuela	July 1, 1997
CTA Written (Essay)	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after payment of $50 recording fee to T & C Council	Your choice
Training Endorsement Workshops	COC	July 11-13, 1996	Budapest, Hungary	March 1, 1996
	TSC	Aug. 9-11, 1996	San Francisco, USA	April 1, 1996
	TSC	Nov. 11-13, 1996	Sydney, Australia	July 1, 1996
	TSC	Jan. 16-18, 1997	Coimbatore, India	Sept. 1, 1996
	TSC	October 1997	Caracas, Venezuela	June 1 1997

*subject to availability of examiners

To make arrangements to take a BOC exam, contact the T&C Council, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **To arrange to take a COC exam**, contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

Coimbatore Conference

11-15 January 1997

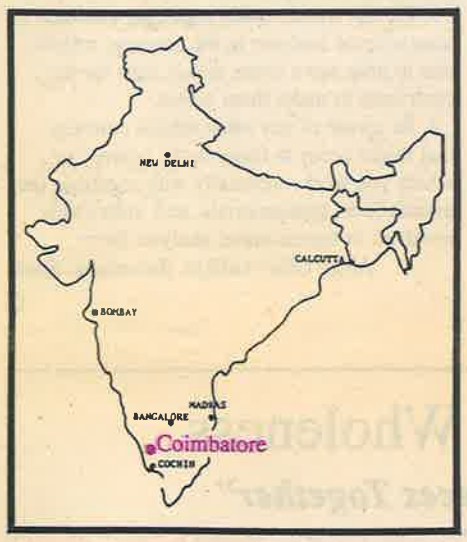
Sponsored by the Institute for Counselling and Transactional Analysis
** Designated Conference of the ITAA**

Conference Theme

The theme of the Coimbatore Conference, "Awareness—Action—Integration," refers to the steps needed to put "think globally, act locally" into action, whether the goal is personal, social, political, educational, or spiritual. We will look at ways transactional analysis can help in this process of transcending barriers that constrain and fragment us.

Coimbatore

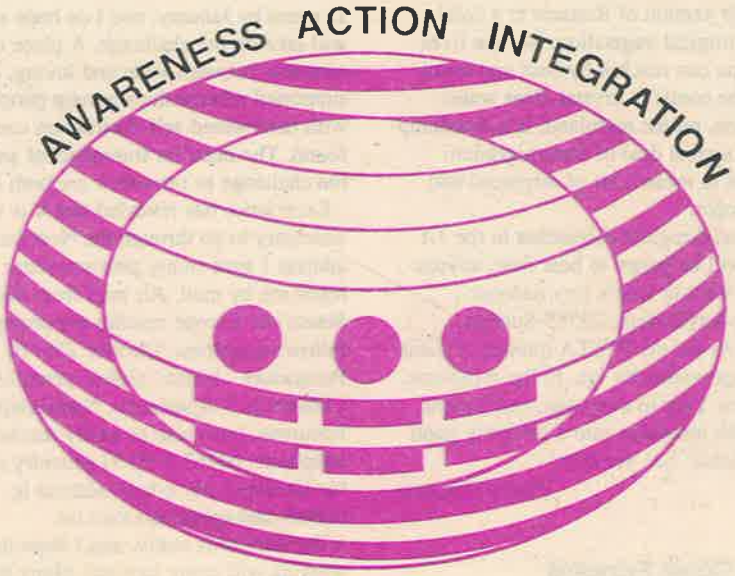
Coimbatore is the industrial capitol and third largest city in the state of Tamil Nadu in India. Internationally connected by air from Madras and Mumbai, Coimbatore has textile, archeological, and forest museums, and its commercial centers provide visitors with the exotic splendor of Indian silks, handlooms, handicrafts, and knitwear. The conference coincides with "Pongol," the harvest festival, and January is the best time to visit due to the rare mix of cool mist and warm sun.



Program

Morning theme keynote speeches will be followed by workshops, papers, and panels. There will be four two-day preconference institutes and two TA 101 courses (English and regional Tamil). In addition to over 40 transactional analysis presentations, other speakers will provide cross-disciplinary enrichment. Morning support groups will provide a place where participants can share experiences and provide recognition and support for each other. (Let us know if you want to facilitate or be part of a group.)

January 11	Preconference Institutes TA 101 (English and Tamil) Evening: Malampuzha Dam
January 12	Preconference Institutes TA 101 (English and Tamil)
January 13	Keynote Speech I BOC exams Workshops, Panels, and Papers Evening: Inaugural Ceremony Cultural Programs & Dinner
January 14	Keynote Speech II Workshops, Panels, and Papers Evening: Trip to Perur Temple
January 15	Keynote Speech III Workshops, Panels, and Papers Evening: Valedictory Ceremony
January 16-18	Training Endorsement Workshop
January 16	Post-Conference trips



Exciting Social Events

During the Conference:

January 11, 5 pm: Malampuzha Dam (US$13). Lush gardens, a rope car that runs the length of the dam, boating in the outlet canal, and a nearby fantasy park. On weekends the garden is lit by colored lamps, a breathtaking scene.

January 14, 5 pm: Perur Temple (US$7). Dates to the 6th century. The presiding deity is Shiva, and the temple is a treasure house of Tamil architecture and sculpture.

Post-Conference Trips (beginning 16 January)

1. **Coconut Lagoon (Kumarakom):** Tour the Malabar Coast to Vembarad Lake to camp at Coconut Lagoon; canoeing, bird sanctuary, pool. All rates exclusive of 10% luxury tax. Single: US$70; Double: US$80. Heritage Bungalow—Single: US$80; Double: US$90. Heritage Mansion—Single: US$90; Double: US$100

2. **Bangaram Islands Resort (Lakshadweep):** Fly from Cochin to a breathtaking coral reef, turquoise lagoon, silver beaches; activities include kayaking, catamarans, snorkeling, scuba diving, fishing. Standard rooms—Single: US$140; Double: US$190; Standard hut—Single: US$230; Double: US$240; Deluxe hut (4 persons)—US$625

3. **Spice Islands (Periyar):** Travel by boat and road to important wildlife sanctuary; trek into jungle; boat safari; visit pepper plantations. Room—Single: US$70; Double: US$80; Bungalow—Single: US$80; Double: US$90

One-way transport from Coimbatore to Hotel Casino arranged by conference organizers for additional US$25; onward journey to destinations organized by Hotel Casino. Visitors to Lakshadweep (Bangaram Islands) need entry permit; when making booking, send: full name, nationality, permanent address, passport number, date and place of issue, date of expiration, place of birth. Trips will be canceled without sufficient registration. Hotel Casino is an authorized tour operator for the conference. When registering for trips, indicate number of days you wish to spend in each place. Since January is peak season, **please send bookings to the conference convener before 31 July 1996, with a day's room rent as deposit.**

Conference Hotel

The Hotel Surya International is located in tranquil surroundings at the city's hub, 30 minutes from the airport and 20 minutes from bus and rail terminals.

Registration Fees

Register by:	*15 Sept.*	*30 Nov.*	*After 1 Dec.*
Institutes/Conf.(5 days)	US$150	US$175	US$190
Conf. only (3 days)	US$100	US$150	US$175
Institutes only (2 days)	US$75	US$100	US$125

Fees include lunch and two coffees all days. Presenters attending conference should register and pay full fee. For registration/proposal forms, contact the ITAA or the Conference Convener.



REGISTRATION FORM

(Overseas delegates)

International Conference on Transactional Analysis and 24th ICTA Conference

11-15 January 1997 Coimbatore INDIA

Mail with payment to:
Convener Ms. P.K. Saru
22-A, C.R.S. Layout, Ramanathapuram
Coimbatore 641 042 India

For Organizers' use
Registration No:

(Type or write in block letters)
I. Name (first-middle-last) & Address
_____
_____
_____

No. of days: 5 / 3 / 2
Are you ☐ Vegetarian ☐ Non-Vegetarian

Phone: _____ Fax: _____

Fee (A) US$ _____

II. Inaugural dinner on 13 January — Amount (B) ☐ US$10

III. Do you need accommodation booked by organizers Yes/No
If yes, check appropriate box and send a day's rent in advance with registration fee.
A/c. Suite (Double occupancy): ☐ US$65/day
A/c. Deluxe room (Double occupancy): ☐ US$35/day
Amount (C)

IV. Details of payment: Bank Draft Only

Total (A+B+C) = _____

Draft to be drawn in favor of "ICTA International Conference, 1997, A/c. No.01100-035077" payable at State Bank of India, Race Course Branch, Bank: Coimbatore. *Payment by any other mode will not be accepted.*

Draft No: _____
Date: _____
Bank: _____
Signature: _____
Date: _____

Accommodation reservation must be confirmed with one day's room rent before 30 November 1996. Registration fee/reservation advance are refundable (less US$50 administrative fee) if written request received by 30 November 1996. No refunds after 30 November.

Payment

All payments must be by bank draft to "ICTA International Conference 1997, A/c No. 01100-035077," payable at State Bank of India, Race Course Branch, Coimbatore. Refunds (less US$50 administrative fee) will be made only if written request received by 30 November 1996. Address correspondence to: P. K. Saru, PTSTA, ICTA International Conference Convener 1997, 22 A, CRS Layout, Ramanathapuram, Coimbatore 641 042, India. Telephone: 91-422-213353/214552; fax: 91-422-212246; e-mail: modcom/coimbatore@dartmail.dartnet.com

ICTA

The Institute for Counselling and Transactional Analysis (ICTA), a nonprofit, educational organization and an ITAA affiliate, offers training in human resource development and in counseling and transactional analysis.

Members' Forum

What An Adventure!

The following letter is reprinted from the February 1996 issue of the TA Times, *the newsletter of the Western Pacific Association of Transactional Analysis.*

On January 11, 1996, Alex and I fly off to Melbourne for a few days briefing. From there we go to the language school in Yogyakarta, in Java. When we have satisfied them with our competence in Indonesian, we will fly to Padang, in West Sumatra, just south of the equator.

So what are we up to? Well, this is our latest adventure. For the next two years we shall be Australian Volunteers Abroad. We will be working at a school that specializes in the teaching of traditional drama, dance, and music. The fact that they want Alex there indicates that they are interested in modern drama and music too. My job, entitled Educational Motivator, is to discover why, for the last few years, the young people are reluctant to find work when they leave school. It will be fascinating to feel my way into their very strict brand of Islamic culture and find out what is stifling their Free Child energy, motivation, or whatever it is.

In my journey of discovery I shall, no doubt, be teaching English, French, or German as foreign languages. I will also introduce staff and pupils to transactional analysis. I look forward to running some groups and teaching some TA 101s. I am intrigued as to how I may have to modify the theory for this part of the world. I am also curious as to what kinds of groups and workshops will succeed up there.

We shall not be living at the school, but in the village, in a tiny house overlooking a lake. I wonder what veggies I'll be growing in my tropical garden. In East Freo my Christmas tomatoes and salad veggies are flourishing right now, but next year?

I understand that the area is one of great beauty. Their version of Rottnest is a coral island with tropical vegetation. No one lives there, but you can reach it by boat and swim and enjoy the corals in crystal-clear water. The downside, on the mainland, is a woodchip factory and a great deal of transmigration. This appears to mean a lot of displaced and unhappy people.

I hope to send regular dispatches to the *TA Times* and will be happy to hear from anyone who enjoys writing letters (my address: Sekolah Ins-Kayutanam, 25585-Sumbur, Indonesia). As for my PTSTA training, I guess it will be supervision by fax. In the meantime, a Happy New Year to everyone, and Sampai Jumpa, which translates into a perfectly good Australia phrase: See yer later!

Paddy Glasgow

Workers Come Forward

Dear Friends,

This note is to invite any and all qualified transactional analysts to present a TA 101 in Pereyaslav - Khmel'nitskii, Kiev oblast', in the Ukraine any time after 1 January 1997. My intention is that the person(s) presenting be ready to initiate a transactional analysis training program for those participants at the 101 who are qualified and who make a commitment to be trained.

The announcement for a 101 course will be sent to all the schools, institutes, medical and other person-serving training establishments here in Pereyaslav, but it will also be posted at the Institute for Psychology in Kiev. My home should be ready to accommodate such an event by January, and I do hope someone will take up the challenge. A place of greater contrasts between wide and loving, culturally supported relationships among people coupled with determined self-destruction can hardly be found. The need for transactional analysis and the challenge to provide it are both immense.

Experience has revealed that it is not necessary to go through the New Jersey address I gave in my previous letter in order to reach me by mail. Air mail from the United States and Europe reaches me promptly at the following address: Ukraine 256110, g. Pereyaslav - Khmel'nitskii, pereulok Chekhova, 3, Spassenko, Nadyezhda Ivanovna. I can also be easily reached by telephone: 04467-5-60-91 (country code: 38 for Ukraine). My e-mail address is: nadezhda@spassenko.kiev.ua.

The harvest is ready, and I hope that the workers will come forward. Many thanks!

Nadya Spassenko, Pereyaslav, Ukraine

An Invitation to Ethical Courtesy

Dear Fellow Members:

This letter is addressed to Teaching and Provisional Teaching Members working in countries other than those in which they live.

Since 1975 I have been one of the first promoters of transactional analysis in Catalunya and Spain. I was founder/president of ACAT (Associació Catalana d'Anàlisi Transaccional). I am certified in psychology and also as a Certified Transactional Analyst (clinical) by the ITAA. I have had a training contract as a Provisional Teaching and Supervising Transactional Analyst, but at this point I am exhausted and wondering what to do. Certainly I have had many satisfactions, and some frustrations, mainly from lack of support—despite my request—regarding what was happening here. So, I lived many years with a lot of conflicts regarding the growth of transactional analysis in Spain. Obviously, some things have changed over the years, but others have remained the same. That is why I invite Teaching and Provisional Teaching Members to take into account the following:

1. Become informed about the norms of professional practice in the country in which you are working and respect them while accepting contracts for transactional analysis training.
2. Inform the nearest transactional analysis association in the country and do not remain aside from it; be associated with it and participate in its growth.
3. Do not remain aside regarding conflicts in transactional analysis in the country; collaborate to help solve them, and at least do not contribute to make them worse.
4. Be aware of any other ethical courtesy that might occur to those in the country in which you work, especially with regard to the associations, professionals, and individuals involved in transactional analysis there.

Jorge Oller-Vallejo, Barcelona, Spain

TRANSACTIONAL ANALYSIS 101 CALENDAR

13-14 July 1996: Cleveland, England. Cost: £90. Leaders: Christine Lister-Ford, TSTA, or Jennie McNamara, TSTA. Contact: Stockton Centre for Psychotherapy & Counselling, 77 Acklam Rd., Thornaby-On-Tees, Cleveland TS17 7BD, England; phone: 01642 611292.

12-14 July 1996: Karlsruhe, Germany. Cost DM 300. Leader: Richard Reith, PTSTA. Contact: Wirkstatt, Steinstr. 23, D-76133 Karlsruhe, Germany; phone: 0049-721-378075.

August 8-9, 1996: Chapel Hill, North Carolina, USA. Cost: $175. Leader: Vann Joines, TSTA. Contact: The Southeast Institute for Group and Family Therapy, 103 Edwards Ridge Rd., Chapel Hill, NC 27514, USA; phone: 919-929-1171; fax: 919-929-1174.

August 12-13, 1996: Calgary, Canada. In conjunction with the Calgary conference. Contact: Bob McLeay, Suite 260, 800-6th Ave., S. W., Calgary, Alberta, Canada T2P 3G3; fax: (403) 263-1985.

13-15 September 1996: Waldkirch, near Freiburg, Germany. Cost: DM 350. Leader: Richard Reith, KPTSTA. Contact: TA Seminare Dr. Anne Kohlhaas-Reith, Birkenweg 3, D-79183 Waldkirch b. Freiburg, Germany; phone: 0049-7681-6179.

18-20 October 1996: Karlsruhe, Germany. Cost: DM 300. Leader: Richard Reith, PTSTA. Contact: Wirkstatt, Steinstr. 23, D-76133 Karlsruhe, Germany; phone: 0049-721-378075.

Certified Teaching and Supervising Transactional Analysts and Provisional Teaching and Supervising Transactional Analysts are invited to list free of charge information about TA 101s they are presenting. To be listed, please send the following information to Robin Fryer, Consulting Editor, 1700 Ganges Ave., El Cerrito, CA 94530-1938, USA, or e-mail to robinfryer@aol.com: dates of 101, location, cost, leaders' names, contact for more information. Deadline: first of the month prior to the month of publication. Note: We cannot accept tentative or open dates; please be specific.

Celebrating Wholeness

"Putting the Pieces Together"

12-18 August 1996 * Calgary, Alberta, Canada

"Designated Conference of the ITAA"
Site of the 1996 ITAA Board and Committee meetings,
BOC examinations, and the Training Endorsement Workshop



At the core we are spiritual beings. Realizing this helps us to move toward our true selves. Yet is seems our scripts keep getting in the way and compromise our potential. The Calgary conference will show how transactional analysis confronts scripts. In a time when we are often directed to pursue physical, emotional, intellectual, and spiritual health in separate ways, this conference will demonstrate how transactional analysis leads us to a natural wholeness.

For more details, see the March 1996 and May-June 1996 *Scripts* or contact the conference sponsor, the Alberta Transactional Analysis Group (ATAG), Bob McLeay, Chairman Calgary Conference, Suite 260, 800-6th Avenue SW, Calgary, Alberta, Canada T2P 3G3; phone: 403-263-1977; fax: 403-263-1985.

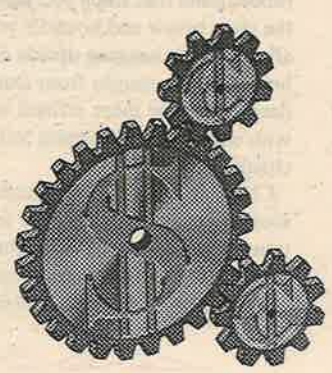
Long-Time Members Honored

25-Year Members
Paul M. Ajian
Linda Azzi
Ellen Berne
Harry Boyd
Donn Brechenser
Elaine Childs-Gowell
Thomas L. Frazier
Val Garfield
William H. Holloway
Alan Jacobs
Stephen Karakashian
Eugene M. Kerfoot
George Kohlrieser
Valerie Lankford
Jamie Lievano
Patrick J. Moriaty
A. Ambrose Netzer
Pat R. Novey
Edward M. Perkinson
Frank M. Reilly
David Schwartz
Carol Solomon
Charles Tom Stockton
Mary Sutcliffe
Thomas J. Theobald
Charles Tuggle
Jonathon Wagner
Geraldine Wallman
Thomas E. Wilson

10-Year Members
Jim Bews
Harvey F. Blanchard, Jr.
Sara Lee Blum
Santosh Chandra
Joseph Clarke
Therese Haverty Cleary
Simpson Coupar
Nancy M. Curley
Maria Regina Ferreira Da Silva
Ann David
Diane R. Dever
Deirdre E. English
Richard D. Flout
Kazumi Fujimura
Katarina Gildebrand
Jane Hellwig
Wendy Henderson
Hans Joss
Fujita Keiichiro
Rolf Konig
Jesse A. Lins
Calvin Macomber
Sherman R. Martin
Hugh J. Mcbride
Ronald J. Monachelli
Marilyn Neel
Jenny Olin
Jackie Peterson Maeck
John R. Price
Rhonda Pritchard
Serge Rainville
Pearl Ratushewitz
Simonetta Romano
Rodolfo Sabbadini
Dr. Roy M. Salole
Sonja Saltman
Syed Sarfaraz
Margret R. Saul
Dr. Klaus Sejkora
Ruth Simons
Jasvinder Singh
Pam Sweetser
Kei Tajima
Edmund Roman C. Talob
Dolores D. Thierfelder
Werner Vogelauer
Sigrid Wagner
Shin-An Wu
Freddie Eng Yong Yap
Curian Zhang

ITAA Balance Sheet—1995 and 1994

ASSETS	1995	1994
CURRENT ASSETS		
Cash	693,889	145,873
Investments	500,000	-
Accounts Receivable	13,721	1,574
Inventories	8,892	8,327
Prepaid Expenses	8,046	39,283
Current Assets	1,224,548	195,057
OTHER ASSETS		
Fixed Assets	11,043	10,934
Note receivable	10,000	-
Scholarship Fund	172,366	170,701
Eric Berne Fund	108,393	107,361
Building Fund	-	268,953
Total Assets	1,245,591	205,991
LIABILITIES AND FUND BALANCE		
CURRENT LIABILITIES		
Accounts Payable	6,257	27,454
Accrued Liabilities	11,523	2,820
Due to Scholarship Fund	36,725	40,725
Current Liabilities	54,505	70,999
FUND LIABILITIES		
Scholarship Fund	172,366	170,701
Eric Berne Fund	108,393	107,361
Building Fund	-	268,953
DEFERRED INCOME	70,442	32,188
FUND BALANCE	1,120,644	102,804
TOTAL LIABILITIES & FUND BALANCES	1,245,591	205,991



We have audited the accompanying balance sheet of the International Transactional Analysis Association, Inc., as of December 31, 1995 and 1994 and the related statements of revenue, expenses and changes in fund balance, and cash flows for the years then ended. These financial statements are the responsibility of the International Transactional Analysis Association, Inc. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, the financial statements referred to here present fairly, in all material respects, the financial position of the International Transactional Analysis Association, Inc. as of December 31, 1995 and 1994, and the results of its operations and cash flows for the years then ended, in conformity with generally accepted accounting principles.

The information included in the accompanying schedules is presented only for supplementary analysis purposes. Such information has been subjected to the auditing proceedures applied in the examination of the basic financial statements, and, in our opinion, is fairly stated in all material respects, in relation to the basic financial statements taken as a whole.

Jensen, Lardie & Wood

STATEMENT OF REVENUE AND EXPENSE AND CHANGES IN FUND BALANCES

Revenue	Operating	Scholarship Grant Fund	Eric Berne Fund for the Future	Building Fund	Total 1995	Total 1994
Membership income and contributions	$167,830	$	$	$	$167,830	$167,388
Conferences	146,927				146,927	66,841
Affiliations	107,128				107,128	110,567
Rent					-	57,754
Contributions		521	1,727		2,248	1,828
Interest	27,133	8,762	8,004		43,899	19,631
Sundry	27,639				27,639	21,221
Deposit from defaulted sale of building	25,346				25,346	-
	502,003	9,283	9,731		521,017	445,230
Expenses						
Salaries and outside personnel	153,356				153,356	135,624
Payroll costs and benefits	19,925				19,925	21,478
Occupancy	87,444				87,444	71,930
Printing	67,045				67,045	54,802
Office	81,041				81,041	47,883
Meetings	53,567				53,567	32,492
General	69,260	7,794	8,033		85,087	68,996
	531,638	7,794	8,033		547,465	433,205
Excess (deficit) of revenue over expense	(29,635)	1,489	1,698		(26,448)	12,025
Other changes in fund balance:						
Gain on sale of Burr House	942,777				942,777	
Transfer Building Fund Balance	108,953			(108,953)	-	
Net increase (decrease) in fund balance	1,002,095	1,489	1,698	(108,953)	916,329	
Fund balance, December 31, 1994	102,805	170,701	103,603	108,953	486,062	
Prior period adjustment	(4,256)				(4,256)	
Fund balance, December 31, 1995	$ 1,120,644	$ 172,190	$ 105,301	$	$ 1,398,135	

Keeping In Touch

Region I—The Pacific, Asia, Africa

The ITAA is now accepting the JCB Card, the preferred credit card for Japanese travelers. If you do not see the decal indicating JCB cards accepted for ITAA products and services, please ask.

Congratulations to Linda Gregory, who has been honored by the Western Pacific Association of Transactional Analysis (WPATA) with the Goulding Award for her outstanding contributions in the areas of theory and practice of transactional analysis. Among the things for which she was recognized are: getting transactional analysis courses accredited, developing a transactional analysis counseling course with Edith Cowan University, and running a successful transactional analysis training group. (See page 1 of this issue for more on Linda's work.)



The 13th Australasian Transactional Analysis Conference will be held 9-10 November 1996 in Sydney, Australia. The theme is, "The Uses and Abuses of Power," and the keynote speaker is Jean Illsley Clarke. For more information, contact Ms. Skye McKenzie, Interact International Events, PO Box 236, Balgowlah, NSW 2093, Australia; phone: 612-9948-6977; fax: 612-9948-7406; e-mail: iie@ozemail.com.au.

Region III—Europe

Elizabeth Cleary of Dublin, Ireland, writes, "Twenty people attended a TA 101 in Larne Co. Antrim with Joanna Beazley Richards in early May. At least one has promised to join the ITAA, so Ireland's membership in the organization has increased by 100% (from one member to two)! This year the increase will be at least 50% and maybe more."

Region V—United States

Richard Erskine, PhD, Director of the Institute for Integrative Psychotherapy in New York and a Teaching and Supervising Transactional Analyst (clinical), will be giving three keynote speeches this summer. At the World Congress of Psychotherapy in Vienna in July he will speak on "Psychotherapy in the USA: A Manual of Standardized Techniques or a Therapeutic Relationship?" After that, he will give a keynote address at the European Transactional Analysis Conference in Budapest entitled, "Transactional Analysis: Bridges to the Psychotherapies." In August he will be a keynote speaker at the Calgary transactional analysis conference on "Contact, Relationships, and Wholeness." In addition, Richard will be giving a workshop in Calgary, and he and **Rebecca Trautmann**, RN, MSW, will be giving workshops at the conferences in Vienna and Budapest. □

TRANSACTIONAL ANALYSIS CONFERENCES WORLDWIDE

6-9 July 1996: Budapest, Hungary. Twenty-first EATA Conference. Contact: Myrtill Varrai Iroda, 1124 Budapest, Fodor U. 78, Hungary; phone: 36-1-202-6221.

23-27 July 1996: San Juan, Puerto Rico. XVIII Asociación Latinoamericana de Análisis Transaccional (ALAT) Congress. Contact: Nélida Gómez, phone/fax: 809-727-7205, or Lourdes González, Educación Continuada, phone: 809-764-5033, fax: 809-764-5032.

12-18 August 1996: Calgary, Alberta, Canada. Canadian Transactional Analysis Conference (ITAA designated conference). Contact: Bob McLeay, Ste. 260, 800-6th Ave., SW, Calgary, Alberta, Canada T2P 3G3; phone: 403-263-1977; fax: 403-263-1985.

Southern-Style Training: A Kiwi Approach

by Sean Manning

We lounged in hot mineral springs, went walking, jet boating, rafting, buggy jumping, and horse trekking in the hills. We had training groups run by a different trainer each day, each group with its own senior trainer who supervised the provisional trainer in front of the group. We saw the transactional analysis training and exam process unfold. We had dinner at night in an al fresco restaurant overlooking the hot pools, watching the steam rise into the flood-lit mountain air, and we stayed up late drinking beer, telling stories, and singing songs.

Hanmer Springs lies in the foothills of New Zealand's Southern Alps, a stopping place on the route through the snowcapped mountains via the spectacular Lewis Pass. Its thermal springs, known to the indigenous Maori people for centuries, were "discovered" in the twentieth century. The town grew around the springs as a holiday and spa resort, just off the road to South Island's rugged west coast.

Across the street from the hot pools, the Alpine Spa Lodge was the venue chosen by Teaching and Supervising Transactional Analyst (TSTA) Charlotte Daellenbach for a seven-day residential transactional analysis training workshop in November last year. Twenty-eight trainees—five PTSTAs, two TSTAs, and a TTA—attended. Charlotte Daellenbach, Gordon Hewitt, and Evan Sherrard supervised Carolyn Murray, Geraldine Lakeland, Victoria Smith, Sean Manning, and Curtis Fisher (over from Melbourne, Australia, with his wife, Marilyn) as they in turn facilitated small-group training.

Although this was the first at Hanmer Springs, Charlotte has been running these workshops at two-year intervals since 1989. They have become a very special event. One special thing is that the trainers are not paid.

Another special aspect of the event—the three-tier process with trainers training provisional trainers training trainees—created a real workshop atmosphere. Participants came from all over New Zealand and from Australia. All brought their life experience, their ethnicity, and their prior training. There were trainees who should (oops!) have done their CTA exam ages ago, and there was an experienced psychologist attending her first transactional analysis event. We questioned, argued, compared thinking in other disciplines, applied theory in small groups, and tested it against experience.

Each trainer provided a teaching workshop for the whole conference. Geraldine presented diagnosis and treatment planning, getting us energetically diagnosing ourselves using personality adaptations. (Very traumatic. I had to abandon trendy paraoid and own up to boring schizoid. Others made similar shifts, but I can't tell.) Ericksonian hypnosis and storytelling was presented by Curtis Fisher, who gave us a group hypnotic experience. We videotaped it, in case we missed anything. Carolyn treated us to a very poised and detailed presentation on the therapy of ego states, and Victoria held us enthralled with a presentation on the program for adolescent sexual offenders she runs in Christchurch.

"Focusing on the primary process in the group puts back the spontaneity, but it creates a more complex task for the trainer."

The secret kept from the PTSTAs until their arrival was that they would be doing mock orals based on the TSTA exam, in front of the whole conference. (Just as well it was a secret—saved weeks of worry.) One evening we had to choose a TA 101 topic from a hat and teach spontaneously on it for five minutes. (Victoria managed to get out of this, having recently done her Training Endorsement Workshop; she was allowed to prepare her five-minute segment. Always creative, she used a running shoe to differentiate structure from function!)



Hanmer Springs, New Zealand, workshop participants, with (sitting in chairs, from left) supervising TSTAs Evan Sherrard, Charlotte Daellenbach, and Gordon Hewitt.

Another night, the PTSTAs, in pairs, fielded questions on ITAA structure and ethical and training problems. The supervision exam was braved by Evan Sherrard. In previous workshops, a CTA mock oral had been held, but this year there was no candidate.

The workshop opened with a large-group exercise focusing on group process. (Acknowledgments to Francis Bonds-White, whose example in Maastricht inspired the writer to do this.) Though well received, it created an unforeseen problem. Trainers were adept at facilitating practice groups in which a "therapist" and a "client" would volunteer and contract to do some work. However, using the group process and encouraging trainees to do work that emerges out of it changes the focus somewhat. The ideal client for the group may not be the first volunteer, and the same for the ideal therapist. The issue that the "client" and "therapist" address will be one that represents the current issue for the group. Common in Gestalt and psychodrama training, transactional analysis seems to have mislaid this idea. Contracting has become somewhat formal and artificial. Focusing on the primary process in the group puts back the spontaneity, but it creates a more complex task for the trainer.

Debate about how and whether Western psychological models can be translated into the belief system of another culture is a necessary agenda in any bicultural setting such as New Zealand. It was superbly addressed by Evan Sherrard (TTA), who presented an ego state model extending P_2 to include Maori concepts—tupuna (ancestry), whanau (family and relationships), and wairua (spirituality).

Even though this business of jumping off a bridge into a gorge—attached by a thick rubber band that stops you just as you touch the river below and bounces you into the air in all directions hanging upside down—was only braved by the roughs from Dunedin in the deep south, the more refined were content with envy. All participants left the workshop changed and inspired.

Charlotte's vision has created a unique southern training experience in which transactional analysis is taught in the context of some of our finest traditions—transparency, affordability, debate, and biculturalism. □