The Script

ITAA

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

VOL. XXVI, NO. 3 APRIL 1996

Some Initial News from the Amsterdam Conference

Upcoming Conference Sites Chosen

* 11-15 January 1997: Coimbatore, India Designated Conference of the ITAA, sponsored by the Institute for Counseling and Transactional Analysis (ICTA). Theme: "Awareness, Action, Integration"

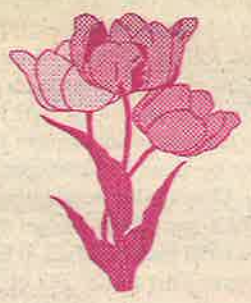
* October 1997: Caracas, Venezuela. ITAA Conference, cosponsored by the Asociación Latinoamericana de Análisis Transaccional (ALAT)

** Watch future* Scripts *for details. **

Amsterdam Conference Reader Available

The conference reader of the "Advanced Working Conference on Ego States" and the designated conference of the ITAA, held 14-16 March, 1996, in Amsterdam, Netherlands, is now available. The 182-page bound booklet contains papers from 16 presenters on key aspects of ego states. The cost is $40 for one copy or $65 for two copies.

**To order, contact the ITAA office. **



INSIDE:

Making Choices 2

Spring in the City 2

Available from the ITAA 2

Is TA a Complete Theory? 3

TAJ on Regressive Therapy 3

Research File 3

President Noriega on Values 4

Important Reminders 4

Members' Forum 5

Humor on the Internet 5

Training News 6

Calgary Conference Registration 7

Keeping In Touch 8

Conference Calendar 8

"Claiming the Human"

Muriel James to be First Keynoter at Calgary Conference

by Sharon Pearce-McLeay

Still deciding whether you should send in that 1996 ITAA conference registration form? (See page 7.) Well wonder no more. Read this brief interview with transactional analysis guru Muriel James. The conference's first keynote speaker talks openly about her reasons for coming to the heart of the Canadian Rockies, 12-18 August, about what you can learn from her presentations, and about why everyone should consider packing up their cowboy boots and trotting off to Calgary, Alberta, Canada this summer.

For those of you who may have been living on another planet over the last three decades, Muriel James is one of the most highly regarded thinkers in the field of transactional analysis. Since 1958, when she first met and studied under the father of transactional analysis, Eric Berne, she has lectured and conducted workshops in 26 countries around the world. You may know her best from her role as a writer: Muriel James has authored 17 books, 16 of which have dealt with transactional analysis and its application to psychotherapy, education, organizational development, and counseling. This impressive repertoire includes the million-copy bestseller *Born To Win* (coauthored with Dorothy Jongeward), which is celebrating its 25th year in print!

Of course, the spirited 79-year-old Muriel would be the first to point out that it took a long and eventful journey for her to see how transactional analysis could lead to wholeness. At the tender age of 16 she started out singing with a big band at San Francisco's Fairmount Hotel, and during World War II she worked as a shipyards' safety engineer checking jobs for women, training supervisors, and setting up daycare centers for children. She went on to become a pastor, a dean of an adult education program for 7,000 adults, and to serve as director of a day treatment center and three residential centers for disturbed adolescents. Muriel James has taught every level of school, from pre-school to post-doctoral studies. She has a private practice in Lafayette, California, and supervises others.

Currently she has three more books in the works and looks forward to continuing her learning and sharing through what she describes as her "classic years."

"As a citizen of the world I have discovered there is a common language, and that language is transactional analysis."



Muriel James

In a recent telephone interview, here's what she had to say about her upcoming journey to Calgary.

Script: Why are you coming to Calgary?

James: I want to see the people I know and love that will come from many parts of the world. I want to meet new people, learn something new, and share what I know. I am especially interested in how others are applying transactional analysis in psychotherapy, education, organizational development, and counseling and how it is being taught in universities. I am also coming because Dr. Alex Lawson asked me, and I said "yes" if I could hear his bagpipes, which he plays so wonderfully.

Script: How does the "Celebrating Whole-

-continued on page 6

Transactional Analysis Helps in Fight on AIDS

by Mariluz de Hoguín

Giovanni Miranda and I are very happy about the Eric Berne Fund for the Future grant we received for the Liga Columbiana de Lucha contra el Sida, Seccional Medellín. We were also proud to see our picture on the front page of the November 1995 *Script* with Tim Schnabel's article. We have it on display!

We have been working hard in Medellín. Our office is a nice space, with light and plants—two rooms on the second floor of the "Ovni" building in the best quarter of the 3-million-person city of Medellín, so it is accessible to everyone. We have a fax machine, a computer, and are waiting for some money to get a copier, quite expensive here.

We have had several reunions to share our knowledge about the transactional analysis tools that are pertinent for working with HIV-infected people, couples, and their families. I led these meetings with Giovanni's help and the assistance of a group of volunteers interested in this subject: Claudia Ramos, Manuel José Bermúdez, Daniel Machado, Arlington Wilson, Zulma Sierra, Jorge Castrillón, and Maritza Miranda.

Our consultants have also received psychological help employing transactional analysis. We have also worked with journalists, and I hope it is not too arrogant to say we have helped to change the way the illness and people with AIDS are referred to in our media. In addition, we have given lectures for schools and businesses and participated in a march led by Gobernación de Antioquia (Medellín) to encourage responsibility in sexual relationships. We have had several shows of posters, at which we have sat to provide information. We have taken information to a fair for graduating high-school students and to happenings of the AIDS Day on 1 December in Medellín.

"Our goal is to inform and fight prejudice about AIDS."



In Bogotá I had the opportunity to present at the main hospital a day-long conference for school teachers, with two groups of about 35 persons each. I used the transactional analysis approach to explain sexuality, AIDS, and prevention. People were attentive, and colleagues from the League were happily surprised. Now they want me to present some transactional analysis information in Bogotá as well.

On 16 January we reinitiated our work, which is difficult because of prejudice and misinformation. But this is our goal: inform and fight prejudice. □

EDITORIALLY YOURS

by Laurie Hamilton

Making Choices

In the ITAA community we have evolved the conceptualization that how we make various life choices is part of "our script." The "scriptiness" of decisions regarding careers, marriage/romantic partners, and even our mortal term limits are countered only by an awareness and integration of various ego states. I find that even though I try to stay Adult about choices, often what I choose appears to have little in common with what actually occurs. I believe that this reflects chaos theory in action.

I have been ruminating on this topic for several reasons. My oldest son (Jake, now 20 and a sophomore in college) is planning his major—an area of study that will determine many hours of study as well as his bachelor's thesis. He is interested in the biological/chemical basis of consciousness and is constructing an independent major. Although he is pre-med (with lots of science requirements), he is also following concentrations in medical humanities and neuroscience. Whew! I would have loved to have those selections as an undergraduate.

But even with all these choices, he still doesn't feel that he can get the classes he wants at his small liberal arts college (Davidson College near Charlotte, North Carolina), and he has developed an interest in studying abroad at the University of Adelaide in South Australia. A great choice, although it interrupts some of the required science classes he needs as well as costs his athletic scholarship for the time he's gone (meaning there's more money to be spent out of pocket!).

The main advice I have given in these sorts of matters has to do with keeping the options open. I know from experience (personal and observation), that going down certain paths can commit a person in ways that one might not be aware of until many years later. Undoing a choice can create a real mess, attended at times by misery and heartache. On the other hand, not making a choice can have the same consequences. As Thomas Merton is widely quoted as saying, "Not to decide is to decide."

The older I get, the more defined my response becomes to making choices (and guiding others in making choices). I have become both more anxious and less anxious. The part of me that holds more anxiety focuses primarily on the angst of unexpected consequences. The fretfulness of "Why did I spend so much time on that?" and "I wish I had known it would turn out this way" join the cacophony of voices murmuring about paths taken that we wish we had avoided.



The part of me that holds less anxiety also focuses on some of the unexpected consequences of choices I've made or urged others to make. The pattern that emerges involves achieving what was desired, but not by the route that I thought I was taking. Thoughts such as, "It's amazing how things work out" and "All it takes is patience," are some of the voices in that chorus.

"Script analysis is a useful tool for putting life choices into perspective."

It amuses me to discover these divergent responses within myself. In analyzing this balance, I perceive several rationales. The first is elucidated by chaos theory. It suggests that although events over a period of time achieve a predictable pattern, no single event in the pattern can be adequately predicted. An example of this is the increasing greenhouse effect in our atmosphere, due to pollutants affecting the ozone layer. This will cause unusual climate events (higher numbers of unprecedented, severe weather occurrences), but there is no prediction as to what, when, or where.

The second rationale focuses on my need to have a sense of control over circumstances in my life (a need that perhaps one or two of you also have). If I can explain how something undesirable occurred as a result of my choices and behavior, I can change them. In contrast, if all turns out the way I wanted, sometimes in spite of my choices and apparent behavior, I give myself permission to relax and trust in the beneficent nature of the universe. The cognitive-behavioral complexities around this issue are endless and fascinating.

The third rationale is perhaps best summed up by the view of parenting in which we parents instinctively wish that our offspring avoid the mistakes that we made. At the same time, we wish them the benefit of the happiness and abundance that we feel are related to "good" choices we made. This cognitive perception is nicely presented in script analysis, a useful tool for putting life choices into perspective. □

The Script ITAA

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Display Ads: Copy should be camera-ready on clay-coated stock.

Ad Size	Rate	Width	X	Height
1/16Page	$50.	2" (5cm)		3"(7.6cm)
1/8 Page	$90.	4-1/2"(11.5cm)		3"(7.6cm)
1/4 Page	$170.	4-1/2"(11.5cm)		6"(15.2cm)
3/8 Page	$250.	4-1/2"(11.5cm)		9-1/4"(23.5cm)
1/2 Page	$330.	9-1/4"(23.5cm)		6" (15.2cm)
		4-1/2"(11.5cm)		12-3/4" (32.4cm)
9/16 Page	$370.	6-3/4"(17.2cm)		9-1/4"(23.5cm)
Full Page	$625.	9-1/4"(23.5cm)		12-1/3"(32.4cm)

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INSIDE VIEW

by Susan Sevilla

Spring in the City

As I write this, rain is pouring down on San Francisco, and I understand that much of the world is still suffering from unseasonably cold Arctic conditions. Yet normally we in the northern hemisphere would be warming up by this time of year and enjoying the season's miracles, such as beautiful blankets of daffodils and new ducklings in the park. Perhaps by the time this article is printed, spring will have arrived.

Speaking of spring, I spent last Sunday in decidedly unspring-like conditions, standing in the rain with my troop of Girl Scouts, selling cookies to passersby. The girls did a great job, or perhaps the rain engendered sympathy, because we sold 183 boxes in 5 hours.

The Girl Scout connection is a secret side of myself that I haven't yet revealed to my faithful readers: I am in my second year as a Girl Scout troop leader. This year my troop is composed of 12 girls ages 8 to 10, my own daughter being one of them. We meet once a week in the evening. Besides doing fun things, like crafts, songs, excursions, and campouts, we work on service projects for the community and other badge-earning projects that help the girls in their growth and development.

I'm happy that I got involved. I'm getting a lot out of giving to the girls in my troop. It is rewarding to participate in this way to provide service to the community. I like the sense I get of being part of something bigger than myself: In addition to participating in regular monthly meetings with other leaders in Service Unit I, I am part of the San Francisco Bay Area Council, with links to the National Girl Scout office in New York and to the World Federation of Girl Scouts and Girl Guides all around the world.

Then there is the hard part: the challenge of making my meetings fun but still getting something meaningful accomplished. The girls are learning leadership qualities and so am I. There is the challenge of dealing with difficult girls and even more difficult parents and the challenge of reaching out for resources and asking for help when I need it.



"It is rewarding to participate in this way to provide service to the community. I like the sense of being part of something bigger than myself."

The Girl Scouts is a membership organization, not unlike the ITAA. Like the Girl Scouts, the ITAA is completely reliant on volunteers for its health and well-being. The organization is member-driven, with a small central office for support. The ITAA is always on the lookout for good volunteers for its projects and services. Nothing could be accomplished without you. Committee chairs and committee members are always needed. In fact, right now we are seeking nominees for president-elect and two new board representatives.

As I write this, we are looking forward to the outcome of the Amsterdam board meetings. Many exciting matters are being decided right now. For example, you will soon be reading about the progress being made in defining the future relationship between EATA and the ITAA in view of the end of formal organizational affiliation. There will need to be a new agreement of recognition regarding the certification processes of the two bodies. In addition, the board will be making decisions about the locations and conditions for the two 1997 conferences (we have proposals from India and Venezuela at present). The finance committee will be reporting on the outcome of the first year of ITAA investment of the $1.3 million from the sale of the Burr House, which is likely to supplement ITAA dues income by about $100,000 per year in 1996. Despite this outstanding success, the ITAA has a grave budget dilemma, with a 1996 budget deficit of $30,000 to overcome. This matter will be the subject of many discussions I'm sure.

Please join us in volunteering for a committee or offering yourself to run for the ITAA board. Remember, I get much more out of the Girl Scouts than I put in, and you could too with regard to your active participation in the ITAA. And I promise that we won't make you sell Girl Scout cookies in the rain. □

AVAILABLE FROM THE ITAA

* **Single Issues of *TAJ* Special Theme Issues:** Redecision Therapy, A Memorial to Robert L. Goulding, MD, guest edited by Mary Goulding, MSW (October 1995)—$12 per copy. Social Applications of Transactional Analysis, guest edited by Alan Jacobs (January 1996)—$16.50 per copy. Cost includes surface shipping and handling.

* **1995 San Francisco Conference (MITAC) Souvenirs:** Children's t-shirts–$9 or 3/$24 (size 10-12, 6-8); cloisonné pins–$4; baseball cap with conference logo–$7 or 3/$18.

To purchase the above items and to find out the cost of air mail postage, please contact the ITAA office.

JOURNAL ENTRY

by Ted Novey

Is Transactional Analysis a Complete Theory?

Eric Berne certainly intended it to be. To quote the first sentence in the preface to *Transactional Analysis in Psychotherapy*, "This book outlines a unified system of individual and social psychiatry." And on the same page he wrote, "Since structural analysis is a more general theory than orthodox psychoanalysis, the reader will be fairer to himself and to the writer if he resists, initially at least, the understandable temptation to try to fit the former into the latter. If the process is reversed, as it should be, it will be found that psychoanalysis easily finds its place methodologically as a highly specialized aspect of structural analysis." And, finally, in the next paragraph, "The term transactional analysis will be used to refer to the whole system, including structural analysis."

To me, a complete theory of the individual and the relationships between two or more individuals would have to be able to fit, correlate, and predict all observations and internal experiences of all humans and perhaps all living things, a big task. At the minimum, there would not be any significant areas of human life that would not be covered. Is this a grandiose expectation for transactional analysis or just a grand expectation that has been met?

I have been reading the *Transactional Analysis Journal* steadily since its inception, as I read the *Bulletin* before that, as now I read the papers that are submitted for publication. I continue to be enlightened and impressed by the range of ideas, new explorations of the theory, and the variety of applications that come from authors in this field. The variety of cultures involved, the ongoing creativity, humor, and seriousness of purpose, ethical standards, and high-quality training standards provide proof of the general applicability of the theory. I have yet to know of areas in which it cannot be applied. In spite of the steady stream of criticism and self-doubt about the theory, I have not seen any validated criticism or data that shows a limit to its generality.



"To paraphrase Eric Berne: All of the other current theories easily find their place methodologically as highly specialized aspects of structural and transactional analysis."

Consider the January issue of the *TAJ*, guest edited by Alan Jacobs on social applications. The issue includes authors with no direct confection with ITAA: Margaret Thaler Singer, PhD, renowned for her writings about cults, including psychotherapy cults, who writes about "Therapy, Thought Reform, and Cults," and Linda Reibel, PhD, on "Self-Sealing Doctrines, the Misuse of Power, and Recovered Memory." It also includes articles by three transactional analysts from India—Pearl Drego, Manjula Banga, and Ranjana Chandramitra—who write about creative social applications of this young theory in that complex and ancient society. Then there is the always fresh writing of Claude Steiner and Fanita English, the work of Rosa Krausz in organizations in Brazil, Eric Sigmund from Hawaii on violence against women, Robert Massey's analysis of transactional analysis as a social psychology, and Terry Simerly on applications in working with clients with AIDS and its impact on gay couples.

All of this fits well under one theoretical roof. Doesn't this validate the completeness of transactional analysis? We seem to use transactional analysis and a wide variety of the other approaches, all of which fit easily with it, or to paraphrase Eric Berne: All of the other current theories easily find their places methodologically as highly specialized aspects of structural and transactional analysis.

We must, of course, remain open to questions about the completeness of our theory and its applications. If you know of areas in which it does not apply, please write me or send a letter to *The Script* or an article to the *Journal*. Meanwhile, keep the creative flow of articles coming in. It's fun to be on the receiving end.

Also, if you want to be more involved in the editorial process of the *Transactional Analysis Journal*, volunteer to be a resource reviewer and review an article or two each year. The view is fascinating. □

TAJ to Consider Issues Related to Regressive Therapy

An upcoming issue of the *TAJ* on regressive therapy, edited by Theodore B. Novey and guest editor Linda Azzi, will consider issues such as: What have therapists trained in reparenting methods been doing in this area in recent years? What approaches are still being used? What has changed? How has short-term regressive therapy evolved? What are current ideas and provisions for adequate protection for clients and therapists? What are safe ethical and legal limits to regressive therapy? Do these problems have solutions at all or are there basic flaws in the theoretical approach that will inevitably cause ethical and legal problems? Issues of interest include the areas of long-term regression and parenting contracts and restructuring of Parent ego states. *The deadline for receipt of manuscripts is 15 January 1997.*

Manuscripts are also still being accepted for the upcoming theme issue on "Postmodernism, Constructivism, and Transactional Analysis," with guest editors James Allen and Bruce Loria. *The deadline is 15 July 1996.*

RESEARCH FILE

In the last six weeks, I used Ted Novey's DATAbase program. It is brilliant, useful, and efficient; I recommend it to any of you who often need references.

There continue to be interesting research projects going on which will be highlighted in this column once they have been completed.

Richard Erskine sent me an excellent article on "The Effectiveness of Psychotherapy," the *Consumer Reports* study by Martin Seligman, which Ted Novey mentioned in his columns in the January-February and March *Scripts*. The article is interesting and educational, and I personally learned a great deal from it. (Thank you, Richard. Your active involvement and care are appreciated.) This also demonstrates another use for this column, so if you have research information that might be of educational benefit, please send it to me and I will find a way to disseminate it.

— Elana Leigh,
Vice President of Research and Innovation
□



John Dusay, MD

Call for Proposals



Taisaku Katsura, MD

On 12-13 August 1996, in conjunction with the Calgary Conference, John M. Dusay, MD, and Taisaku Katsura, MD, will cochair a preconference institute on "Egograms: Research, Clinical Application, and Energy Theory." The two-day institute will consist of a overview of energy theory by Dr. Dusay (of the University of California Medical School and the developer of egograms) and an overview of research by Dr. Katsura (of Nihon University and an expert on psychosomatic medicine). Following their talks will be a number of 30- to 40-minute presentations by other individuals interested in the subject. Also included will be critiques of the presentations and a final "bright idea" session on the second day. If you are interested in submitting a proposal, please send it to John M. Dusay, MD, 2709 Jackson St., San Francisco, CA 94115 or fax him at 415-346-0639.

AUTUMN 1996

Training programs with
Richard Erskine, Ph.D. and Rebecca Trautmann, RN, MSW

Integrative Transactional Analysis

A new two-year training sequence in an integrative approach to transactional analysis will begin in October, 1996. This training program will meet in Kent, CT (near New York City) from Friday to Sunday five times in each year. The program will consist of theoretical lectures, discussions of readings and demonstrations, case presentations and supervision, and therapeutic group process. The topics may include: ego and ego fragmentation; intrapsychic process and function; the transferential repeated and needed relationship; psychological homeostasis and the script system in individual, couple, and family therapy.

The psychotherapy methods will emphasize the centrality of contact-in-relationship, relational needs, a developmental perspective, affective attunement, inquiry, and therapeutic involvement.

Professional Development Seminars

The Professional Development Seminar is for the senior clinician or supervisor who wants to increase his or her knowledge of psychotherapy theory and methods. Topics for this seminar include lectures and readings from several theoretical perspectives. Opportunities are available to rehearse conference presentations, to draft professional articles, and for supervision of the participant's clinical, teaching, and supervisory work. The seminar in Kent, CT (near New York City) meets for three days five times per year.

Location

The programs held in Kent, CT (near New York City) are accessible from four major airports. Other programs in Dayton, OH; Chicago, IL; and Indianapolis, IN that meet for two days five times per year may also have openings. Please call for information.

For more information contact:
Richard G. Erskine, Ph.D.
Institute for Integrative Psychotherapy
500 E. 85th Street
New York, NY 10028
212-734-5291

These programs meet the training requirements of the American Group Psychotherapy Association and the Transactional Analysis Board of Certification. The program is approved for continuing education of psychologists by the American Psychological Association and for counselors by the National Board of Certified Counselors. Other continuing education credits may be available. The Institute for Integrative Psychotherapy maintains responsibility for the programs.

ITAA News

Rediscovering Our Values

by Gloria Noriega Gayol

What makes transactional analysis different from other psychological approaches? This question was raised by one of the participants in an introductory 101 course that Emilio Said and I taught recently at the Mexican Transactional Analysis Conference. It is a question asked of many who get to know this psychological, educational, and organizational theory.

The answer is that when we use transactional analysis we work with ego states. However, it is not only the use of ego states that makes transactional analysis different: It is also something that goes beyond the theory and that is its philosophy.

One of the things I like to teach the most in a 101 course is that "Transactional analysis rests upon certain philosophical assumptions: People are OK. Everyone has the capacity to think and people decide their own destiny, and these decision can be changed" (Stewart & Joines, 1987, p. 6).

Berne said that people are born princes and princesses. This means that everyone of us, in additional to our particular personality, has a basic core that is lovable and has the potential for and urge to grow and self-actualize.

What are people looking for in the ITAA? Perhaps without being aware of it, they are attracted to transactional analysis because of this philosophy of love for and faith in human nature, one that reminds us about our essence and the common yearning for contact that is intrinsic in people all over the world.

Each part of the personality has a positive intention, and thus it is important to use all of them. If we believe in the existence of those positive aspects, we look for them. Once we find them, we establish contact with them, stroke them with attention, protect them, and invite them to blossom. On this basis, transactional analysis is known and used.

Change occurs easily and smoothly as a consequence of first being aware of our strengths and reinforcing them. When we recognize and appreciate what we already have, it is easier to change those things that we do not like because it occurs in a natural and logical way.

Transactional analysis began as a social psychiatry. Berne reminded us of what motivates people the most. His personal and unique insight was to translate the difficult concepts of psychology into language accessible to everyone, thus avoiding elitism and providing people with a path for personal growth and development.

This is a successful theory because it gives people what they really need—to feel recognized. Transactional analysis became popular in the 1960s and 1970s because it helped people find an accessible way for reeducating and understanding each other. Berne was a visionary. What motivated people in those days still does and will forever.

All the violence, competitiveness, abuse, and destruction that we see today in our world, in one way or another, is a frustrating consequence of a lack of love and recognition as well as the lack of healthy information or the prevalence of misinformation shown by a contaminated Adult ego state.

Nowadays people are looking for ways of healing. People want a change, but many do not know how to accomplish it. There is a lot of work for transactional analysts around the world. We can help people to be aware of their positive potential, and we can teach people how to be responsible for themselves.

Recently, I visited the ITAA office in San Francisco to work with ITAA Executive Director Susan Sevilla on some planning for this year and for the Amsterdam conference. While I was there I read the answers members had written to the questions I had included with the annual dues reminders: What would you like to see in the ITAA during the next couple of years? What are your suggestions? I appreciate all of you who took the time to answer these questions, because your input is important to me as I look for a future direction for the ITAA.

I am happy to see how your ideas showed your interest in and enthusiasm for the ITAA. We can think together and, in the same way that a person is responsible for his or her destiny, we are deciding the destiny of the ITAA.

Most of your answers related to continuing education and promotion of transactional analysis, the latter of which is the mission of the ITAA. More than anything else, people want contact and information: They want conferences, books, services, and materials for young people in different languages.

> ***"When we recognize and appreciate what we already have, it is easier to change those things that we do not like because it occurs in a natural and logical way."***

What I see that the ITAA needs at this moment is to have a plan for the future, one that includes your suggestions so that we have a clear direction for future development of the organization. In Amsterdam we had a strategic long-range planning mini-retreat. I am looking for a way to give continuity to the efforts made by some of our past presidents. For reestablishing this method the ITAA needs three things: a mission, values, and a clear vision.

This mission of the ITAA is written in our bylaws. We need to be aware of it and follow it more closely when making decisions. Our values, which are very important, are represented in our philosophy; they are our identity and a safe platform for growing. What we do not have is a clear vision for how we want to see our association develop for the next two or three years. Amsterdam will be a place to start working on this vision, taking into account the answers you gave to my questions. Before voting, all officers and trustees need to be clear on where we are going.

I believe that the future of the ITAA is based right now on recovering stability and cohesiveness. After so many changes in the past few years, we need a stable period. This stability can be achieved by recognizing what we already have. Before looking into some other organizational changes for the future, we need to think of the people, of belonging, we need to remind ourselves of our social roots and to strengthen our values, which are based in social interest. This is where our philosophy represents a safe basis for the future development and growth of our organization.

For anyone who wants it, the ITAA offers the exciting opportunity for participating, serving on any of the different committees, and meeting people from all over the world. This could be for many of you a way to develop a personal mission as well as a chance to make friends from other countries. Invite your friends to conferences, to join the ITAA, to read the *Transactional Analysis Journal*, to contribute their personal ideas.

You will always find in the ITAA a place to belong and a way to develop and share your personal talents. At the same time, this might become a learning experience as well as a network for exchanging knowledge with other colleagues.

Transactional analysis is a powerful tool. You can be a beginner or you may have a lot of experience, but regardless, it will work for you because it is wonderfully adaptive at all levels.

Let us together rediscover our values and decide the present and the future of the ITAA.



ITAA President Gloria Noriega (left) and ITAA Executive Director Susan Sevilla hard at work during Gloria's January visit to the ITAA offices in San Francisco.

References

Stewart, I., & Joines, V. (1987). *TA today: A new introduction to transactional analysis.* Nottingham, England: Lifespace Publishing. □

New Direct Members

November 1995

New Member	*Sponsor*
Good, Peter	—
Hayward, Cary	Gordon Hewitt
Mattos, Sandra Alliar B.	—
Morris, Charles Stephen	Vann Joines
Nakazawa, Hiroyasu	—
Ozawa, Hideaki	Kozo Rokkaku

December 1995

New Member	*Sponsor*
Bernhard, Suzan	Fanita English
Carter, Luetilla	Washio Ishii
Greer, Nancy	Luther Kramer
Hiderou, Sato	Kozo Rokkaku
Hruska, Mac	John Gladfelter
Matuo, Noriko	Kozo Rokkaku
Mayumi, Hatanaka	Kozo Rokkaku
Phillips, Stuart William	Sheena Hudson
Retief, Yvonne	—
Roberts, Dianne	—
Tucker, Anne	Gordon Hewitt
Yoshio, Suwaki	Kozo Rokkaku

January 1996

New Member	*Sponsor*
Gouzalez, Gabriela	Gloria Noriega
Kuc, Jeannette	—
Menezes, Monika	—
Quinn, Terry	Valerie Redman
Saltzman, Sidney	—
Young, Ann Chou	Jessica Leong

February 1996

New Member	*Sponsor*
Atanacio, Maricris	Eddie Agbayani
Jackson, Linda LeVoy	Vann Joines
McFadyen, Toihi	C. Daellenbach
Kawaguchi, Noriko	Kozo Rokkaku
Williams, Andrea Jane	Gordon Hewitt □

Some Reminders . . .



Continuing Education Provider Status: Due to ITAA's continuing education provider status with the California Psychological Association, it is now possible for TSTAs (and PTSTAs under training contract) to offer the TA 101 with continuing education credits accepted by the American Psychological Association (i.e. Category 1 credits). If you are interested in offering a TA 101 with APA-recognized Category 1 credits, you must contact Laurie Hamilton, Ph.D. (101 Ledbetter Road, Arden, NC 28704, USA; phone 704-687-8741) at least three months prior to your course date to facilitate the course-approval process. The CEU fee is nominal and can be included in the fee charged for the TA 101.

Continental and Subcontinental Correspondents are sought for *The Script*. If you are one of those folks who "keeps up" with what is going on with other ITAA members in your area, **we want you!** We have a person for New Zealand/Australia (Charlotte Daellenbach) and perhaps for Japan and Mexico, but correspondents are needed for all other continents (including North America). Your mission, should you accept it, will be to return a "newsworthy notes" form every couple of months concerning ITAA members in your area. Please write to Editor Laurie Hamilton, c/o the ITAA office, if you are interested.

Members' Forum

Support for Outcomes Research

Dear Laurie (Hamilton):

I was excited to read Ted Novey's column in the March *Script*. I couldn't agree with him more on the desirability of ITAA members' participation in a massive outcomes-of-therapy data collection project, with a recognized patient satisfaction instrument. I have used a homemade patient questionnaire to collect data for 10 years of practice, retrospectively, and have tried to keep current and immediate past patients participating.

My concern for the future of transactional analysis is that the ITAA has not made recognition of transactional analysis by university psychology departments the highest priority. The teaching of transactional analysis is not only important to the dissemination of transactional analysis, but also to its legitimization/power. Those modalities that have the most vocal and academically recognized spokespeople will ultimately be the modalities that survive the standardization that managed care will demand more and more.

For example, "manualization" of therapy so that therapy can be delivered by standardized protocols for each *Diagnostic and Statistical Manual* diagnosis is already underway. Which modality writes the manual is no doubt decided in terms of the power to push a modality to the forefront. While the ITAA focuses on international breadth, we have not organized intranationally to build and maintain transactional analysis in a political sense. I fear that the lack of will and focus to build strength in academic centers will ultimately allow transactional analysis to be swept aside by the managed care winds of change.

Hard data from outcomes-of-therapy research is essential to gaining recognition as a major modality. In answer to your question, Ted, will other members join you in your research project, you have a definite "yes!" from me.

Dottie J. Miller, San Antonio, Texas, USA

Update on Ken Windes

Dear Susan (Sevilla):

No, I haven't changed my last name. I play blackjack in the casinos professionally, and I have written a book on blackjack, which I published under the name Ken Lee. The casinos bar professional players, so using a pseudonym is a must. I operate a publishing company, Annabelle Press, that distributes my book along with other materials on professional gambling, and I use Ken Lee for all activities connected with my gambling. This C-serve account is set up in the name of Annabelle Press, so Ken Lee instead of Ken Windes.

And no, I'm not involved with the transactional analysis people in OZ. I met with the Adelaide group a few years ago and will be getting together with Robin Maslen since I've moved here. A few of the Sydney people attended one of my weekends a couple of years ago, but it wasn't their cup of tea. My transactional analysis work is primarily with entrepreneurs, gamblers, futures traders, and other despicable types. And I focus on the Adult, not the Child or the Parent. Transactional analysis started there and seems to have drifted (in keeping with the times) into Child/Parent processing.

I'm in love with a beautiful woman, parenting a five-year-old girl, and enjoying the hell out of life. The medical problem is the only dark cloud on the horizon.

I may be able to make the Calgary conference in August. If so, I hope to see you and many other transactional analysis folks there.

Ken Lee (aka Ken Windes)
Adelaide, South Australia

More News from the Ukraine

Dear Friends:

I am now living as a permanent resident of the Ukraine in my father's hometown, near Kiev. The best way to reach me is still to write 574 North Street, Teaneck, NJ 07666-1647, USA. However, I now have a temporary address in Pereyaslav-Khmel'nitskii: Ukraine 256110, G. Pereyaslav-Khmel'nitskii, Pereulok Chekhova 3, Spassenko, Nadyezhda, Ivanovna. My phone from outside the Kiev region is 04467-5-60-91. From Kiev the number is 267-5-60-91.

I am excited to share that as of January 1997 we will be able to offer space in which to hold Transactional Analysis 101 courses. Let this be an invitation to the transactional analysis world to consider Pereyaslav as a place to plant transactional analysis seeds. Pereyaslav is a city of about 35,000 residents, with an area of about 45,000 residents. Kiev is close enough by bus or car that interested persons could also attend without difficulty.

My intention is to help nurture a core of transactional analysis persons here so that transactional analysis concepts can begin to take root in every enterprise in this country and also in neighboring Belarus, Russia, and Moldavia. We will begin small. Please let me know who is willing to come any time after December 1996 on a long-term commitment basis. When a date for the first 101 course is confirmed, I will invite 30-40 promising candidates to it, and we will go from there.

Nadya Spassenko, Pereyaslav, Ukraine

Sad News

As we went to press, we were saddened to hear of the death of Margaret Northcott, LCSW, CTA, on March 23 after a long bout with leukemia. She was 75 years old. Maggie, as she was known to many, was one of the founders of the San Francisco Transactional Analysis Seminars, which later become the ITAA. A memorial service was held at the First Unitarian Church in San Francisco on April 6.

Humor on the Internet

Editor's note: The internet has become the world's newspaper in many ways. I often turn to "the funnies" first, partly because I enjoy laughing and partly to balance the serious tone of the rest of the news. The following are some of the better "funnies" I have found on the internet this month.



I think animal testing is a terrible idea. They get all nervous and give the wrong answers. (*A Bit of "Fry & Laurie"*)

****

A Freudian slip is when you say one thing, but mean your mother.

* * * * * *

The hypothalamus is one of the most important parts of the brain, involved in many kinds of motivation, among other functions. The hypothalamus controls the "Four Fs": fighting, fleeing, feeding, and mating. (*Professor in neuropsychology intro course*)

* * * * * *

Madness takes its toll. Please have exact change.

* * * * * *

A great many people think they're thinking when they're merely rearranging their prejudices. (*William James*)

* * * * * *

We should be careful to get out of an experience only the wisdom that is in it—and stop there; lest we be like the cat that sits on a hot stove lid. She will never sit down on a hot stove lid again—and that is well; but also she will never sit down on a cold one anymore. (*Mark Twain, aka Samuel Clemens*)

* * * * * *

Laslo's Chinese Relativity Axiom: No matter how great your triumphs or how tragic your defeats—approximately one billion Chinese couldn't care less.

Life may have no meaning. Or even worse, it may have a meaning of which I disapprove. (*Ashleigh Brilliant*)

* * * * * *

When I told the people of Northern Ireland that I was an atheist, a woman in the audience stood up and asked, "Yes, but is it the God of the Catholics or the God of the Protestants in whom you don't believe." (*Quentin Crisp*)

* * * * * *

"A slipping gear could let your M203 grenade launcher fire when you least expect it. That would make you quite unpopular in what's left of your unit." (In the August, 1993 issue, page 9, of *PS Magazine*, the U.S. Army's magazine of preventive maintenance)

* * * * * *

Psychotherapy Hotline:

If you are obsessive compulsive, press 1 repeatedly . . .

If you are codependent, ask someone to press 2 for you . . .

If you have multiple personalities, press 3, 4, and 5 . . .

If you are paranoid delusional, we already know who you are . . . just stay on the line so we can trace the call.

If you are schizophrenic, just listen and a small voice will tell you what number to press.

If you are manic depressive, it doesn't matter what number you press, no one will answer.

Training News

TA 101 CALENDAR

11-12 April 1996: London, England (in conjunction with the ITA conference). Cost: part of conference registration. Leader: Val Cunningham, PTSTA. Contact: Marsha Lomond, phone: 01279 413716.

27-28 April 1996: London, England. Cost: £80. Leader: Barbara Traynor, PTSTA. Contact: The Metanoia Trust, 13 North Common Rd., Ealing Common, London W5 2QB; phone: 0181-579-2505.

28-29 May 1996: Salisbury, England. Cost: £94. Leader: Joanna Beazley Richards, TSTA. Contact: Wealden College, 2 Quarry View, Whitehill Rd., Crowborough, East Sussez TN6 1JT, England; phone/fax: 01892 655195.

11-12 June 1996: Crowborough, England. Cost: £94. Leader: Joanna Beazley Richards, TSTA. Contact: Wealden College, 2 Quarry View, Whitehill Rd., Crowborough, East Sussex TN6 1JT, England; phone/fax: 01892 655195.

2-3 July 1996: Salisbury, England. Cost: £94. Leader: Joanna Beazley Richards, TSTA. Contact: Wealden College, 2 Quarry View, Whitehill Rd., Crowborough, East Sussex TN6 1JT, England; phone/fax 01892 655195.

13-14 July 1996: Cleveland, England. Cost: £90. Leaders: Christine Lister-Ford, TSTA, or Jennie McNamara, TSTA. Contact: Stockton Centre for Psychotherapy & Counselling, 77 Acklam Rd., Thornaby-On-Tees, Cleveland TS17 7BD, England; phone: 01642 611292.

12-14 July 1996: Karlsruhe, Germany. Cost: DM 300. Leader: Richard Reith, PTSTA. Contact: Wirkstatt, Steinstr. 23, D-76133 Karlsruhe, Germany; phone: 0049-721-378075.

August 12-13, 1996: Calgary, Canada. In conjunction with the Calgary conference. Contact: Bob McLeay, Suite 260, 800-6th Ave., S. W., Calgary, Alberta, Canada T2P 3G3; fax: (403) 263-1985.

13-15 September 1996: Waldkirch, near Freiburg, Germany. Cost: DM 350. Leader: Richard Reith, PTSTA. Contact: TA Seminare Dr. Anne Kohlhaas-Reith, Birkenweg 3, D-79183 Waldkirch b. Freiburg, Germany; phone: 0049-7681-6179.

18-20 October 1996: Karlsruhe, Germany. Cost: DM 300. Leader: Richard Reith, PTSTA. Contact: Wirkstatt, Steinstr. 23, D-76133 Karlsruhe, Germany; phone: 0049-721-378075.

Certified Teaching and Supervising Transactional Analysts and Provisional Teaching and Supervising Transactional Analysts are invited to list free of charge information about TA 101s they are presenting. To be listed, please send the following information to Robin Fryer, Consulting Editor, 1700 Ganges Ave., El Cerrito, CA 94530-1938, USA: dates of 101, location, cost, leaders' names, contact for more information. Note: We cannot accept tentative or open dates; please be specific.

Congratulations to Successful Examinees

We are pleased to announce that the following individuals passed their Board of Certification exams in Cochin, India, on 21 January 1996:

CTA
John P. John (O)
P. Rajendran Pillai (O)
V. T. Vincent (O)

Thanks to the following examiners for sharing their time and expertise at the Cochin exams:

Examiners:
James Bosco
Tehemtan Dhabar
Josephine Dhanawsamy
P. Kunhunni
P. K. Saru
Marijke Wusten

Exam Supervisor: Charlotte Daellenbach □
Process Facilitator: Sr. Annie Maria

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC	April 14, 1996	Rome, Italy	Dec. 1, 1995
	COC	July 6, 1996	Budapest, Hungary	Mar. 1, 1996
	BOC	Aug. 15, 1996	Calgary, Canada	May 15, 1996
	BOC	Nov. 9, 1996	Sydney, Australia	Aug. 9, 1996
	BOC	Jan. 13, 1997	Coimbatore, India	Oct. 11, 1996
TSTA Oral	COC	July 6, 1996	Budapest, Hungary	Mar. 1, 1996
	BOC	Aug. 15, 1996*	Calgary, Canada	May 15, 1996
	BOC	Nov. 9, 1996	Sydney, Australia	Aug. 9, 1996
CTA Written (Essay)	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after payment of $50 recording fee to T & C Council	Your choice
Training Endorsement Workshops	COC	July 11-13, 1996	Budapest, Hungary	March 1, 1996
	TSC	Aug. 9-11, 1996	San Francisco, USA	April 1, 1996
	TSC	Nov. 11-13, 1996	Sydney, Australia	July 1, 1996
	TSC	Jan. 16-18, 1997	Coimbatore, India	Sept. 1, 1996

*subject to availability of examiners

To make arrangements to take a BOC exam, contact the T&C Council, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

CLAIMING

continued from page 1

ness" theme tie into your most recent work?

James: It ties in with two of my recent books, *The Better Boss in Multicultural Organizations* and *Passion For Life: Psychology and the Human Spirit*, the latter coauthored with my son, John James. In my opening keynote speech I'll be talking about the human spirit, how it can be recognized and released, and about how powerful it is.

My interest in wholeness began with a small international literacy conference I was invited to attend in Switzerland way back in 1962. It was sponsored by the World Council of Churches. I was one of only two American delegates working on ways to teach literacy more effectively. I suddenly realized I was a citizen of the world. That knowledge altered forever my perceptions of what it means to be human.

I began to introduce the concept of the spiritual self in 1973 in my book *Born to Love*, which showed how transactional analysis could be used in the church. In 1981 one of my articles, entitled "The Inner Core and the Human Spirit," was published in the *Transactional Analysis Journal* on the same subject. That year I also wrote *Transactional Analysis and the Spiritual Self*, which is the forerunner to *Passion for Life*.

Script: You have taught and lectured around the world for 34 years and authored 17 books, mostly centered on transactional analysis. What message will you bring to Calgary this summer about transactional analysis?

James: As a citizen of the world I have discovered there is a common language, and that language is transactional analysis. My opening talk is the culmination of many years of research in applying transactional analysis to various cultures and different people from around the world, and I want to say how useful and exciting it is. Transactional analysis can be applied to so many situations with so many people. It is taught in 83 countries. I say let's celebrate the wholeness that can be experienced through understanding the universality of transactional analysis. I believe there's a grandeur to the universe. We don't need to improve on it. We only need to improve ourselves. As human beings we have more potentials—and responsibilities—than we are aware of.

Script: What can you tell us about your workshop, "True Stuff and Other Important Things" (including aspirations, demonstrations, and conversations)?

James: That title emerged when conference program director Dr. Jim Bews asked me for a presentation on the lighter side to offset the more serious academic presentations. Therefore, my workshop will be personal, interactive, joyful, and fun. The "True Stuff" means we can enjoy each other whether we laugh or cry. We'll talk about our hopes and dreams and how to make them become reality. I'll do brief demonstrations on whatever participants ask for. In short, participants who know what they want out of the workshop have a good chance of getting it.

"I believe there's grandeur to the universe. We don't need to improve on it. We only need to improve ourselves."

Script: What do you hope to take home from the conference?

James: Love and learning and the latitude to continue to grow. I'll take home new ideas and some modifications of old ideas, memories of warmth and caring. I'll take home increased awareness of our wholeness.

Script: Why do you think it's important that conferences such as this are held?

James: This kind of conference provides the opportunity to grow and change. I have been involved in transactional analysis since 1958, and I am still excited over its potential and how it can be used. Years ago I remember getting to the point at which I thought I really knew enough about the subject. I was questioning whether to continue putting time and energy into commuting from my home to Eric Berne's for supervision and for his 202 seminar in San Francisco. But then somebody in the seminar would use a word in a different way or present a case differently, and a new door would open. I would look through the door and see other ways to understand and apply transactional analysis.

Script: Who would benefit from attending?

James: Anyone who wants to understand themselves and other people better and to improve their communications skills. Anyone who wants to increase their energy and enjoy life and who can also recognize and respond to worldwide pain and anguish will benefit from attending.

It's a conference for lay people, students, and professionals. Remember, all artists were once amateurs. All professionals were once students. So everybody at the conference will be a student or a professional in one area or another. They will all know something about education, organizational development, counseling, and psychotherapy. Transactional analysis is in the public domain. They may be just starting formal study in those fields, but they're into it. They know the importance of understanding themselves and others and the importance of improving communication. We need to recognize our wholeness as an organization and as individuals and celebrate both.

Sharon Pearce-McLeay is the Publicity Coordinator for the Calgary Conference. She is a freelance writer and a transactional analysis student. □

See page 7 for Conference and Hotel Registration Forms

The Best of Western Hospitality

Since the beginning of the Calgary Stampede — and more recently the 1988 Winter Olympics — Calgarians have been renowned the world over for our hospitality. You'll find us friendly and genuine. From our opening cocktail party and our western BBQ night — bring your cowboy boots — to our closing gala banquet, you'll experience the warmest handshake the west has to offer.

Stay At The First-Class Sheraton Cavalier

The Sheraton Cavalier is only 10 minutes from the airport and downtown and provides a free airport shuttle service. The hotel offers 306 luxurious guest rooms, two restaurants and two bars. For your relaxation, there's the unique "River Country." The first of its kind in North America, the facility has an indoor water park — with 2 large water slides, a pool, kiddies pool and whirlpool— exercise room, kids' play area, jungle gym and canteen.

Alternative accommodation within walking distance is also available at the Calgary Travelodge (403) 291-1260 and Super 8 Motel (403) 291-9888. Those not within walking distance, but close by at the airport include: Quality Inn (403) 276-3391, Holiday Inn (403) 230-1999 and Port 'O Call (403) 291-4600.

ITAA CONFERENCE HOTEL RESERVATIONS

Reservation Deadline: July 12, 1996. (After 7/12/96 there is no guarantee on room rate or rooms available). August is high season in Calgary; please make your reservations early.

Name(s):_____
Address: _____
City/State/Province:_____
Zip/Postal Code:_____
Telephone: _____Fax:_____
(Include country, city or area code)
Arrival Date:_____
Departure Date:_____
No. Rooms Required (@$82 Cdn per room, single or double):_____
Upgrade (Please indicate Club Level. @ $98 Cdn, King Suite @ $150 Cdn, Queen Suite @ $135 Cdn or Executive Suite @ $120 Cdn)_____
___Smoking ___Non-smoking
Room rate does not include 5% Alberta Hotel Room tax and 7% GST. To confirm your reservation, a cheque (in Cdn dollars payable to the Sheraton Cavalier) or credit card information is required. The one-night deposit will be retained if your reservation is canceled after 6 p.m. on your scheduled day of arrival.

Credit Card Name/No:_____
_____
Exp. Date:_____
Card Holder Name:_____
Signature:_____

Please fax completed reservation (with cheque payable to Sheraton Cavalier) to 403-291-2834 , call 403-291-0192 or mail to Sheraton Cavalier, 2620 - 32nd Avenue N.E., Calgary, Alberta, Canada T1Y 6B6.

CONFERENCE REGISTRATION

(One form per registrant. Please type or print; keep copy for your records)

HOW TO REGISTER

By mail: ***Celebrating Wholeness***
ITAA Conference, Registration
Suite 260, 800 - 6th Avenue S.W.
Calgary, Alberta T2P 3G3
By email: mcleayrd@cadvision.com

By fax: 403- 263-1985
By phone: Ethelle Patrick
403-240-2494

Name (first/middle/last):_____

Address:_____

City/State/Country/Postal Code:_____

Telephone:_____Fax:_____

Registration	**Before May 12/96**	**After May 12/96**
ITAA Member	___$300 Cdn	___$325 Cdn
Non-Member	___$310 Cdn	___$335 Cdn
One Day Registration	___$125 Cdn	___$125 Cdn

Full conference registration includes: 3 full program days Aug 15 - 17, 1996, opening keynote address and coffee breaks.

Sub-Total Registration Fees =$ _____

___ **TA 101 - August 13 & 14/96**
$125 Cdn (2 days instruction)

Sub-Total TA101 Fees =$_____

All Day Institutes - August 12, 13 & 14/96 ($125 Cdn each/$85 Cdn each for students*)
Monday, Aug. 12: ___ Dusay/Katsura (Part One)
Tuesday, Aug. 13: ___ Dusay/Katsura (Part Two) ___ Joines
Wed., Aug. 14:___Gilpin/Robinson/Roberts ___ Illsley Clarke___Hunter-Rupert

Sub-Total Institute Fees $ _____

* Full-time student (Send photocopy of student card) currently registered at any post-secondary institution)

Special Events (Pre-registration deadline May 12/96)
Family Program *(Transportation Included)*:
Royal Tyrrell Museum, Aug. 15 #_____X $15/Adult & $10/Child = $ _____
(Minimum 40 participants required. Children under 14 years must be accompanied by an adult.)
Calgary Zoo, Aug. 16 #_____ X $ 12/Adult & $8/Child = $ _____
Calaway Amusement Park, Aug. 17 #_____ X $ 18/Adult & $14/Child = $_____
Symon's Valley Western #_____X $ 35/Person = $ _____
BBQ & Dance — Eve. Aug. 16
Gala Banquet & Dance #_____X $ 50/Person = $ _____
Eve. Aug. 17

Sub-Total Special Events Fees = $ _____

TOTAL AMOUNT ENCLOSED = $_____

Payment in Canadian dollars only. Please make cheques payable to: ***Alberta Transactional Analysis Guild***. ___Cheque enclosed ___Visa ___Mastercard

Card #:_____ Expir. Date _____

Signature:_____

Cancellation Policy/Refunds: Full fee is refundable (minus a $50 administrative fee) if cancellation is received in writing by July 12, 1996. After July 12, 1996 a $100 penalty applies. After August 1, 1996 there will be no refunds.

Keeping In Touch

Region I—The Pacific, Asia, Africa

Fr. George Kandathil writes that the annual Institute of Counselling and Transactional Analysis (ICTA) conference was a success, in spite of the last minute cancellation of a dozen people. He also emphasized ICTA's appreciation for "the great service that **Charlotte Daellenbach** is rendering to us" with regard to exams (see list of successful examinees on page 6).

K. Ramakrishnan, PTSTA (organizational), recently received the 1995 outstanding dedication training award given by the National Productivity Board (NPB) of Singapore. NPB is the prestigious national training body in Singapore. Since 1993, the award has been presented annually to outstanding associate trainers who have consistently demonstrated sterling levels of commitment to their teaching assignments and have shown excellence in training. Apart from transactional analysis, as an organizational consultant RAMA (as he is popularly known) also specializes in management and supervisory training and in quality circles training and consulting. He says, "It has been enjoyable training adults because they often bring a lot of their experience into the class discussion. I think a trainer needs to play the role of facilitator instead of spoon-feeding the class. A trainer has to be competent in the concepts involved and be able to cite relevant experiences. Certainly a great sense of humor helps, too." Congratulations, RAMA!



RAMA receiving the Dedication Award from the CEO of NPB, Mr. Lee Suan Hiang

Jones Bosco, CTA, of Coimbatore, India, writes that he has recently completed building his own home and is now returning to his normal research and teaching work. He has administered a questionnaire to over 1000 subjects, to whom he will teach strokes and stroking, which will enable them to learn to give and ask for strokes. As he says, "This I am sure will enhance their creativity."



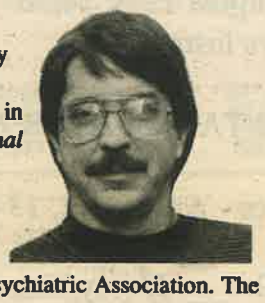
Pearl Drego, PhD, TSTA, was featured in an article by Liberty D. Veedon entitled, "Teaching Mum and Dad to Talk," in the 6 April 1995 issue of *The Times of India* (New Delhi edition). The article is, in part, a review of Pearl's book, *Talk to Me Mum and Dad—Permissions for Young People* (Alfreruby Publishers, Bombay). Veedon writes, "The book shows a refreshingly new understanding of the problems of children and helps them take charge of their little world."

Region IV—Central and South America



The 18th Latin American Transactional Analysis Association conference will be held 22-27 July 1996 in San Juan at the Interamerican University of Puerto Rico—Metropolitan Campus. The congress will focus on "Transactional Analysis Approach to the Challenges of 1996." There will be concurrent presentations about transactional analysis applied to the fields of education, organizations, and clinical psychology. For more information about presentations and participation, contact: Prof. Nélida Gómez, Chairman of the Board of Directors of ALAT at (809) 727-7205 or 250-1912, ext. 2384. She can also be reached by writing División de Ciencias Económicas, Universidad Interamericana de P. R., PO Box 191293, San Juan, Puerto Rico 00919-1293.

Region V—United States



Bill Cornell, TSTA, has recently had two essay/reviews published in *Readings: A Journal of Reviews and Commentary in Mental Health*, published by the American Orthopsychiatric Association. The first, "A Plea for a Measure of Ambiguity: Searching for a Middle Ground in the False-Memory Melee," was published in Volume 10, Number 2. "Capitalism in the Consulting Room: Ethical Issues in a Market-Driven Mental Health Delivery System" was published in March in Volume 11, Number 1. Reprints are available from Bill at 36 Corbriwood Lane, Gibsonia, PA 15044, USA.



Valerie Nash Chang announces the publication of her new book, *I Just Lost Myself: Psychological Abuse of Women in Marriage* (Greenwood Published Group, 1996, $49.94). Valerie is an associate professor at Indiana University School of Social Work.



Susan Sevilla and Gloria Noriega outside the ITAA office headquarters in San Francisco



Some of the participants of the Advanced Psychotherapy Training Workshop in Sweden. Richard G. Erskine (far right) with Mi Årling, Center for Integrative Psychotherapy, Karlstad, Sweden, organizer of the workshop, in the marvelous garden of Mi Årling's brother in the very south of Sweden.

All Regions

Keep in Touch by E-Mail: Remember to send your e-mail address into the ITAA office, or you can contact one of two members who has agreed to coordinate the development of an e-mail directory for ITAA members. Les Kadis can be reached at lkadis@compuserve.com; Elizabeth Cleary can be reached at liztai@indigo.ie. At this point the ITAA can be reached at any of three e-mail addresses: itaa@itaa-net.org; or 76734.2074@compuserve.com; or itaasf@aol.com.

Professional Achievements in Transactional Analysis



Richard Erskine has been appointed visiting professor of psychotherapy at the University of Darby, England, in their new master's program in integrative psychotherapy. The program was developed in conjunction with Sherwood Psychotherapy Training Institute in Nottingham and London.

TRANSACTIONAL ANALYSIS CONFERENCES WORLDWIDE

11-14 April 1996: London, England. Institute of Transactional Analysis (ITA) Conference. Contact: ITA, 32 Wilberforce Court, Kings Drive, Edgware HA8 8AZ, United Kingdom; telephone: Jenny Bridge (011-44-181-878-7388) or Rachel Hewitt (011-44-181-940-8010).

10-12 May 1996: Freiburg, Germany. German TA Association (DGTA) Conference. Contact: Dr. Anne Kohlhaas-Reith, Birkenweg 3, D-79183 Waldkirch, Germany; phone: 0049-7681-6179.

6-9 July 1996: Budapest, Hungary. Twenty-first EATA Conference. Contact: Myrtill Varrai Iroda, 1124 Budapest, Fodor U. 78, Hungary; phone: 36-1-202-6221.

22-27 July 1996: San Juan, Puerto Rico. XVIII Asociación Latinoamericana de Análisis Transaccional (ALAT) Congress. Contact: Nélida Gómez, phone/fax: 809-727-7205, or Lourdes González, Educación Continuada, phone: 809-764-5033, fax: 809-764-5032.

12-18 August 1996: Calgary, Alberta, Canada. Canadian Transactional Analysis Conference (designated conference of the ITAA). Contact: Bob McLeay, Ste. 260, 800-6th Ave., SW, Calgary, Alberta, Canada T2P 3G3; phone: 403-263-1977; fax: 403-263-1985.



8-10 November 1996: Sydney, Australia. 13th Australasian Transactional Analysis Conference. Contact: Elana Leigh & Jan Grant, 158 Wellington St., BONDI, NSW 2026, Australia; phone: 612-300-9907; fax: 612-300-9801.

30 July–3 August 1997: Beverly, Massachusetts, USA. USA TA Association Gathering. Contact: Connie or Ged Bryon, 194 North Valley Rd., Pelham, MA 01002-9766; phone: 413-253-2580; fax: 413-256-0221.

13-16 August 1998: Montreux, France. Second Major International Transactional Analysis Conference (sponsored by the European Transactional Analysis Association). Contact: Peter Lüthi, Brunngasse 4, CH 8001 Zurich, Switzlerland.