The Script

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

VOL. XXVI, NO. 2 MARCH 1996

Transactional Analysis Offers Worldwide Appeal

How many other theories of human interaction are of such widespread interest that you find them discussed by a Spaniard, an Argentinian, a Brazilian, and an American on a panel in Buenos Aires to participants from France, Israel, the USA, Argentina, Brazil, and Bolivia? And what other theory is so easily understood and applied that you find a German psychiatrist presenting its concepts to an audience of nurses in Eritrea, East Africa? This is the world of transactional analysis. Read on and learn more.

Exciting Details about Calgary Conference— see pages 3-6



"Putting the pieces together"

Have Suitcase, Will Teach Transactional Analysis

Vienna, Austria, in September of 1968, saw Eric Berne, Claude Steiner, Jack Dusay, and Muriel James present a panel on transactional analysis at the International Association of Group Psychotherapy's Fourth Congress. Transactional analysis teachers and supervisors have traveled the world ever since to teach and supervise those interested in learning about transactional analysis. Thanks to the work of the Training Standards Committee, a new step forward in that tradition is taking place.

Traveling Trainers, an international collection of ITAA certified members, is offering to present seminars, conduct workshops, and do supervision for organizations and groups in countries around the world in which the state of the economy prevents the payment of full fees for such services. Many trainers are willing to work for little or no fee if the organizing group, which does not make a profit on the event, will provide transportation, accommodations, and meals.

The original Traveling Trainers list was developed in 1987 by Emilio Said, Gloria Noriega, and Concepcion de Diego Morales and the international relations committee. The move to revive and reorganize the list was begun by Julie Hay, ITAA past president, at the leadership workshop at the 1990 ITAA/EATA conference in Brussels.

At this time, we are updating and adding to the list. If you wish your name added, please write to Elizabeth Ott at the ITAA, 450 Pacific Avenue, Suite 250, San Francisco CA 94133-4640 USA. Include your name, address, telephone and/or fax numbers for contact, the topic(s) you will present, languages spoken, and any other important specifications.

If your name was previously on the list, you will receive a letter asking if you want to remain on the list and, if you do, to obtain current information.

If you want to contact a traveling trainer, watch future *Scripts* for the list! □

Transactional Analysis Returns to IAGP

by Frances Bonds-White

For the first time since Eric Berne's death, transactional analysis had a major presence at the congress of the International Association of Group Psychotherapy. The ITAA sponsored a panel on "We want to Cure the Patient: Transactional Analyis Moves into the 21st Century" at the August 1995 meeting in Buenos Aires, Argentina. Panelists included Concepcion de Diego, a Teaching and Supervising Transactional Analyst from Spain; Elisa Lion, president of the Argentina Association of Transactional Analysis;

- continued on page 8



"It is a moving experience to see transactional analysis take root in a newly developing land such as Eritrea."

A New Beginning in Eritrea

by Anne Kohlhaas-Reith

I recently spent two weeks in Eritrea, East Africa, a country that gained its freedom in 1991 after a 30-year war with Ethiopia during the Mengistu regime there. I spoke with the Eritrean Ministry of Health and the Ministry of Education to interest them in transactional analysis. The outcome was that on two afternoons, I conducted transactional analysis lectures at the Central Hospital and the Mekane Hiwot Hospital in Asmara, the capitol of Eritrea, for medical doctors and nurses. It was wonderful to see how much interest they showed in the material.

After the long war, the medical and

- continued on page 8

Cyberspace Report

by Elizabeth Ott

E-Mail Beats Snail Mail

ITAA is now accessible by e-mail through two online services: CompuServe (76734.2074@compuserve.com) and America Online (ITAASF@aol.com). If you haven't tried e-mail, we hope you will soon. It is easy, fast, economical, and the way of the future. We also hope that the entire board will be "connected" soon, so that mailings/announcements can be sent via list serve.

The Web Catches the Transactional Analysis Fly

There are currently about 37 million people in the United States and Canada who have access to the Internet, although many of them use it only for e-mail. The real Web base is about 18 million people, and most of these users fall into specific constituencies: government, academia, college students, business users, and—in much smaller numbers—general customers.

For most organizations, developing an Internet presence makes good sense.

- 24 million people accessed the Net over the past four months
- 18 millicn people use the World Wide Web (WWW)
- 17% of the population has access to the NET
- 64% of Web users have college degrees

There are a number of things underway now in the ITAA with regard to the WWW: registering a domain name, setting up an account with an independent Internet provider, and obtaining an Internet browser (Netscape Navigator has been recommended). While all these take time, we are now on our way to developing a presence on the Internet, that is, a "home page" and a Web site.

What Do You Want To See on an ITAA Web Page?

The following is our preliminary proposal for the contents of the ITAA Web page. We'd love to hear your ideas and suggestions as well.

"We are on our way to developing a presence on the Internet, that is, a "home page" and a Web site."



1. **About the ITAA**
   Description of the ITAA
   History of the ITAA
   How to join the ITAA
   Upcoming conference information
2. **ITAA Publication Information**
   What publications are offered, a description of them, and how to order/subscribe.
   How to purchase advertising space in the *TAJ* and *The Script*
3. **Transactional Analysis Resources**
   DATAbank
   TAJ reference list
   Transactional analysis books
   Audio cassettes
   Video resources
   Other
4. **Transactional Analysis Therapist/Practitioner Information & Transactional Analysis Organizations**
   Lists of CTAs by geographic region (1,000 names)
   Affiliated associations
   Names of international transactional analysis associations
5. **Transactional Analysis Certification**
   Description of the T&C council
   Description of certification
   How to file a training contract
   How to register for an examination
6. **Who to Contact for More Information**
   Board list, officers, committee chairs, staff

Coming Soon

The ITAA Web Site is only in the early stage right now, but the board supports the continued development of ITAA electronic communication, including the development of an Internet web page as soon as feasible. Watch for it! □

EDITORIALLY YOURS

by Laurie Hamilton

A Taxing Time of the Year

In most parts of the world, the first quarter of the year is the time when people figure out how much they owe their national government in taxes. Some governments take a "pay as you go" approach and tax their citizens on purchases, but in most industrialized countries there is also some form of "income tax." The tendency of a government to consciously or unconsciously affect social behavior, as well as the psychology of the citizen being taxed, provides an excellent example of control theory.

For about 25 years now I have helped people prepare their tax bills (or returns). I figure that, in addition to my own family's return, I have done over 1000 returns, either in whole or in part. This has been a hobby more than anything, as I generally have my hands full with being a psychotherapist. Doing a tax return is, for me, like doing the Sunday *Times* crossword puzzle. Only the tax return is a number puzzle. I have no desire to do that sort of arithmetic puzzle all the time, of course, otherwise I would have become an accountant.

At any rate, over the years I have seen a lot of people respond to the experience of being taxed, and believe me, it's not a pretty sight. In theory, giving a portion of what you have to the social collective could be a wonderful and joyful experience. There are numerous occasions on which we voluntary give of ourselves and our possessions, from gifts to a newly married couple to a helping hand to a friend who has fallen on hard times. Religious organizations generally survive on what are (in most cases) voluntary donations. Of course, when we are voluntarily giving to a person or an organization, we generally make an estimation of how worthwhile the endeavor is. We consider the question of "what is this money going to go for" as well as "how well will this be utilized."

I know that I ask those questions when I give money to, say, the International Red Cross. I would rather give money, because I think it goes farther. In theory, at least, if I want cold people to have blankets, giving money to the Red Cross is more cost-efficient because that organization can buy blankets at a discount rate. That is, of course, if the Red Cross uses my money to buy blankets and not audiovisual equipment.

Once the money or goods has been given to another, you simply don't have as much control over how it is used. On a smaller group level, say a club or small organization, everyone can voice their opinion on how the club's income will be used (as in, "Should we spend this money on a barbecue or put a new roof on the clubhouse?") Inevitably there are disagreements, factions and alliances develop, and political jockeying commences. At that point, the group can go in several directions: resolve the differences and get on with the club's business; get rid of the "troublemakers"; or dissolve the club.

"While on the surface the choice is between compliance and rebellion, deeper games are afoot."



The world geopolitical situation resembles numerous clubs, I think. Only in the former, the club dues are called taxes, and citizens do not have much freedom to decide whether or not they want to pay the dues (or sometimes even the amount of the dues). If I believe that the government is using my "dues money" in a good and proper way, I feel marginally better about my involuntary donation. An example of this is reflected in my attitude toward security and Medicare taxes in the United States. These funds are designed to provide income for retired people and to pay the medical bills of the aged and poor. I honestly do not know whether I will personally benefit from those funds, but I am happy to contribute as I believe a healthy society helps takes care of its old and infirm members.

The tax laws of a particular nation mold social behavior by not taxing certain types of income or monetary utilization. In the United States, for example, people who own homes (and pay a mortgage to a bank), people who contribute to charity, and people who set aside money for their retirement can pay less in taxes. This naturally keeps the housing industry, charitable organizations, and retirement and pension funds flourishing. By putting a heavy tax on undesirable behavior or its agents (as with alcohol and tobacco taxes), the tax laws seek to mold social behavior by punitive means.

The combination of loss of control over how the money is spent, the sense of social shaping by the government, and the involuntary nature of dues collection brings forth Adapted Child behavior in all its glory. While on the surface the choice is between compliance or rebellion, deeper games are afoot. Generally speaking, the games boil down to trying to out-fox the taxing agency. The tax collector is viewed as "the enemy" rather than as the agent of our collective desires.

The theory of cognitive dissonance implies that if we find ourselves *having* to do something, we shift our cognitive belief system around to find a way to experience the *have* to as beneficial to us. I suspect that paying taxes is somewhat like paying the price of being a member of "the club." And obviously we feel we have more power if we like being a citizen of that particular club. Resolution of cognitive dissonance notwithstanding, it is still a taxing time of year. □

The Script ITAA

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Advertising Rates:
Classified Ads: $5/per 80 characters/spaces

Display Ads: Copy should be camera-ready on clay-coated stock.

Ad Size	Rate	Width	X	Height
1/16Page	$50.	2" (5cm)		3"(7.6cm)
1/8 Page	$90.	4-1/2"(11.5cm)		3"(7.6cm)
1/4 Page	$170.	4-1/2"(11.5cm)		6"(15.2cm)
3/8 Page	$250.	4-1/2"(11.5cm)		9-1/4"(23.5cm)
1/2 Page	$330.	9-1/4"(23.5cm)		6" (15.2cm)
		4-1/2"(11.5cm)		12-3/4" (32.4cm)
9/16 Page	$370.	6-3/4"(17.2cm)		9-1/4"(23.5cm)
Full Page	$625.	9-1/4"(23.5cm)		12-1/3"(32.4cm)

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JOURNAL ENTRY

by Ted Novey

How Do My Working Methods Compare to Yours?

In the transactional analysis training process, we think that we have state-of-the-art training for competency in our various specialities. It would be great if we could demonstrate this without a massive, time-consuming, and expensive process that is not likely to happen. We might even be able to compare the methods of the various schools of transactional analysis or various integrated combinations of methods that most of us use. For example, I call what I do a combination of transactional analysis (including approaches from all schools), Gestalt therapy, and bodywork (bits and pieces from neo-Reichian, deep breathing, anger escalations, holding, rocking, stroking methods), with some client-centered, NLP, Ericksonian, family therapy, and so on, used as it seems appropriate and useful. Somehow I doubt whether this particular combination will ever be measured by a traditional research program!

But, what if I have an instrument that I can give to my clients periodically during the therapy, education, organizational development, or counseling process, at termination, and at six-month and one-year follow-up periods, and you do the same with your clients, with whom you have worked using your particular approach? We can easily come up with an "Improvement score" based on three subscales, which consist of:

1. specific improvement ("How much did treatment [or this work] help with the specific problem that led you to therapy [or reeducation, organizational work, counseling])?
2. satisfaction ("Overall how satisfied were you with this therapist's [professional's] treatment of your problem?")
3. global improvement (how respondents described their "overall emotional state" at the time of the survey compared with at the start of treatment [or this work])

"If we believe that transactional analysis training and testing programs produce highly competent workers, we ought to be able to prove it."



With each subscale on a 0-100 scale, the overall measurement with three scales gives a 0-300 scale and a resulting score that can be compared to anyone else's or any other process of change of human internal experience and/or external behavior.

The best thing about this idea is that it has already been developed, done, and calibrated by the Consumers Union project on "Does Therapy Help?" as reported in the *Consumer Reports* of November 1995 and the subsequent article by Martin Seligman, who consulted on the project, in the *American Psychologist* of December 1995.

If we believe that transactional analysis training and testing programs produce highly competent workers in the fields of human relations, then we ought to be able to prove it by requesting the Consumers Union to make the program available to us and others and organizing ourselves to utilize it.

I have begun a correspondence with Martin Seligman about this. He writes that he is very interested in this project and is running for the presidency of the American Psychological Association with a goal of standardization of instruments and looking longitudinally at large scale samples of clients. I will pursue this with him and the Consumers Union staff to see if we can begin to use this system ourselves. If you don't have access to the *American Psychologist*, write me and I'll find a way to get you a reprint.

In my lifetime, I have been guided by my intuition, Little Professor, "my nose" into exciting directions. In my usual way of planning ahead, I have begun to wonder what to do with my time when eventually I end my term as editor of the *Transactional Analysis Journal*. This kind of research project smells very exciting and validating of my long investment in transactional analysis training and its application for the benefit of our clients. Will you join me? □

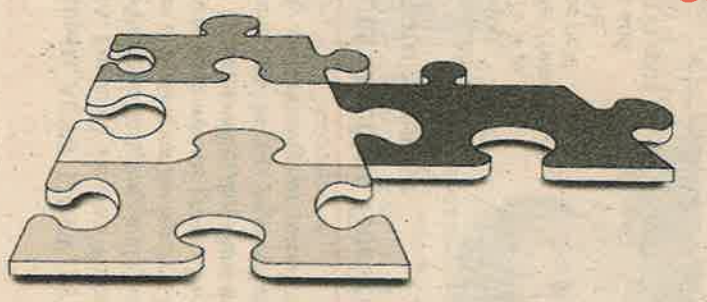
Sponsored by Alberta Transactional Analysis Guild

Celebrating Wholeness

The Calgary Conference

Designated ITAA Conference

August 12 -18, 1996
Calgary, Alberta, Canada



1. "Putting the Pieces Together"

The 1996 ITAA Conference is not about how the human psyche needs to be fixed. Rather, it is a celebration of how Transactional Analysis has helped us pull the pieces of our physical, emotional, intellectual and spiritual lives together. In an upbeat, positive manner, the conference will present TA as a way to achieve wholeness — whatever you conceive that to be — in an efficient and caring manner. We believe TA works. The conference is designed to spread this good word.

2. Not Just For Therapists

TA's path to wholeness is a journey that can lead everyone to a fuller life — including educators, self-esteem-specialists, practicing therapists and college students.

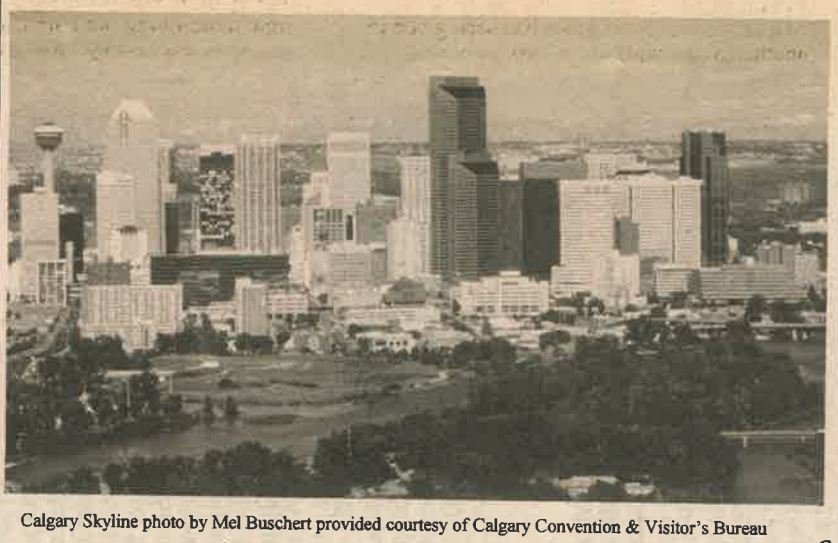
3. Getting Here

Calgary's International Airport is just minutes from the Sheraton Cavalier and only 20 minutes from the city centre. Air Canada, Canadian Airlines, American Airlines, Delta Airlines, Horizon Airlines, KLM Royal Dutch Airlines, Northwest Airlines and United Airlines all offer regular nonstop flights to Calgary. Excellent, well-maintained highways lead into the city from the United States and other parts of Canada, and there's even a train ride you can take through the spectacular Canadian Rockies from Vancouver to Calgary.

4. Calgary — Her mountains will move you. Her people will bring you back.

Calgary may be a major centre of almost 750,000 people, but it does not have the usual big-city problems. Our city is clean and safe. Its friendly people will embrace you. Its beauty and rich western heritage will inspire you. And best of all, Calgary's combination of unspoiled mountain playground and cosmopolitan style offers something for everyone.

We offer sophisticated shopping, theatre, galleries, symphony, ballet, concerts and dazzling nightlife. You can walk, jog, or bike along winding paths that follow sparkling rivers. Float over the city in a hot-air balloon. The possibilities are endless. Close by the attractions include an international equestrian facility and the 1988 Winter Olympic sites. Less than an hour away an unprecedented selection of recreational and wilderness adventures await you in the breathtaking Canadian Rockies and the world famous Banff National Park. Trail rides, heli-hikes, fishing, mountain biking, whitewater rafting, golfing and mountain climbing are just a few.



Calgary Skyline photo by Mel Buschert provided courtesy of Calgary Convention & Visitor's Bureau

5. Fun For The Whole Family.

Celebrating Wholeness also promises to bring you and your family a whole lot of fun. We have three full days of adventure planned at some of Calgary and the area's most famous attractions. Come to the world famous Royal Tyrrell Museum — look out, you might bump into a dinosaur — and talk to the animals at Calgary's Zoo. Or come take part in the thrills and spills of Calaway Amusement Park. There's something for everyone!



Calaway Amusement Park photo by Mike Ridewood provided courtesy Calgary Convention & Visitor's Bureau



Vince Gilpin



Suzanne Robinson

Personal Empowerment Process for Organizations, Businesses and Individuals. *Wholeness is established and perpetuated through empowering interdependent relationships — personal, relational and organizational. This workshop will focus on the process of empowering developed by the leaders. Participants will have an opportunity to develop a strategy for applying the empowering process to their individual situations.*



Denton Roberts



Jean Illsley Clarke

Jean Illsley Clarke, Master of Arts in Human Development, Honorary Doctorate of Human Services, PTSTA, Minneapolis, Minnesota, USA: Over-Indulgence —Is It Love or Is It Neglect? *A look at how the results of research into the nature and impact of overindulgence can be used by educators, clinicians, counselors, and organization specialists.*



Emily Hunter Rupert

Emily Hunter Rupert, ACSW, LICSW, TSTA, Boston, MA, USA: Finding Your Own Voice — Exploring Group Process. *Satisfying and effective group experiences depend upon the leader's use of power and ability to empower the group. The focus of this institute will be on learning about how we express our values and beliefs by the way we are present with others and finding and knowing our voices as leaders.*

Muriel James Opening Cocktail Party Keynote Speaker



Muriel James

Muriel James, co-author of the 1-million-copy bestseller *Born To Win*, will speak on the theme of *Claiming The Human Spirit* at the opening cocktail party to be held **Wednesday, August 14 at 7 p.m.**. "This address is about how to recognize, use, and increase the positive forces of the spirit in spite of problems related to physical and/or psychological concerns," says Ms. James.

Ms. James, MDiv, EdD, TSTA, is an international lecturer and consultant in human relations and communications. She worked closely with the father of TA, the late Eric Berne, and has also co-authored or authored 13 other books.

Conference Language and Translations

English is the official language of the conference, but in some time slots there will be workshops translated into Japanese.

Dr. Curtis Steele/Dr. Nancy Porter-Steele
Jean Illsley Clarke
Dennis Arbuthnott & Sandra Church
Japanese
Symon's Valley BBQ & Dance

Friday August 16 — **Keynote Address - Richard Erskine**

Workshops - AM

Richard Erskine
Julie Hay
Russell Osnes & Carole Gesme
Gordon Hewitt
Grace McGrath
Joan Casey
Alex Lawson

Workshops - PM

Marye O'Reilly-Knapp
Elaine Childs Gowell
Jon & Laurie Weiss
Valerie Chang
Elana Leigh
Jean Wiger
Japanese

Saturday August 17 — **Keynote Address - Mary Goulding**

Workshops - AM

Muriel James
Sharon Davis Massey
Sheryn Scott
Jon Weiss/Laurie Weiss
John White & Pamelle Dickson White
Dave Brittain
Sam Lloyd/Christine Berthelot

Workshops - PM

Mary Goulding
Martin Groder
Jim McKenna
Michelle Delisle
Sheena Hudson
Carlo Moiso
Japanese
Gala Banquet & Dance

Sunday August 18 — **Closing Ceremony & Presentation — Theresa Strawberry & Loraine Sinclair**

Grace McGrath, MS, CTA, Vermont, USA: Ethics, Boundaries & Power
Joan Casey, MSW, AM, Seattle, Washington: Boundaries — Where You & I Meet
Alex Lawson, BTH, DD, Lethbridge, Alberta, Canada: Walls That Divide

AFTERNOON

Marye O'Reilly-Knapp, DNSc, TSTA, Phoenix, Arizona, USA: The Silent Voices of Dissociation
Elaine Childs Gowell, ARNP, PhD Anthropology, Seattle, Washington, USA: Good Grief Rituals — As Experienced Through the Medicine Wheel
Jon Weiss, PhD, TSTA & **Laurie Weiss**, PhD, TSTA, Littleton, CO, USA: Instead Of Therapy? Parenting Each Other — A Program for Self-Help Groups
Valerie Chang, PhD, CTM, Indiana, USA: Power, Gender & Relationships
Elana Leigh, BSoc Sci (SW)PTSTA (ITAA), Bondi, Sydney, Australia: Celebrating Complexity. Reclaiming Ourselves!
Jean Wiger, BS, MEd, BA, PhD candidate, CTA, Stillwater, MN, USA: Moving in Circles — A Unique Way of Exploring Human Development
Japanese: TBA

Saturday August 17/96

MORNING

Keynote Speaker: Mary Goulding, MSW, TSTA, San Francisco, California, USA: Thirty Years of Transactional Analysis & Redecision Therapy
Muriel James, MDiv, EdD, TM, Lafayette, California, USA: True Stuff & Other Important Things
Sharon Davis Massey, PhD, RM, Kearny, New Jersey, USA: Therapy for the Whole Family
Sheryn Scott, MA, PhD, TM, Altadena, California, USA: Creating New Connections — Recovering From Trauma
Jon Weiss, PhD, TSTA & **Laurie Weiss**, PhD, TSTA, Littleton, CO, USA: Coaching: Professional Redefinition for Psychotherapists in the 90s
John White, MA, TSTA & **Pamelle Dickson White**, MA, PTSTA: Asheville, North Carolina, USA: Couples Therapy and TA— This Old Partnership Gets Better and Better When We "Put Some Body Into It"
Dave Brittain, MA, CTA, Brandon, Wisconsin, USA: Conflicting Messages from Your Genes & Heart — The Spectra of Sex & Gender
Sam Lloyd, BSc, Masters in Business Administration, PhD courses and exams completed & **Christine Berthelot**, BSc, Master of Theology, Dallas, Texas, USA: Teaching "People Skills" in Organizations: 25 years of Consulting Experience

AFTERNOON

Mary Goulding, MSW, TSTA, San Francisco, California, USA: Redecision — How It Is Done
Martin Groder, MD, AM, Chapel Hill, North Carolina, USA: Fragmented Human Nature and Civilized Integration
Jim McKenna, PhD, TM, Chesterfield, Chesterfield, MO, USA: In Search of Excitement — The Verb of Stroking
Michelle Delisle, MA(Ps), PTM, Ottawa, Ontario, Canada: Parenting These Days — New Challenges
Sheena Hudson, MA, Dip Psych, NMZAP, PTSTA, New Zealand: When the Psychic Glue Dissolves
Carlo Moiso, MD, TSTA, Rome, Italy: The Clinical Strategies of Transactional Analysis

Japanese: TBA

Sunday August 18/96

Closing Ceremony: 9 a.m. to Noon — Theresa Strawberry & Loraine Sinclair, Rocky Mountain House, Alberta, Canada: Native Canadian Presentation & Closing Session TBA

Sponsored by Alberta Transactional Analysis Guild

Celebrating Wholeness

The Calgary Conference

August 12 -18, 1996

Calgary, Alberta,

PRE-CONFERENCE INSTITUTES

There will be 8 all-day institutes at $125 Cdn each. All institutes run from 9 a.m. to 12 pm and 2 pm to 5 pm

Monday, August 12, 1996



Jack Dusay



Taisaku Katsura

Jack Dusay, MD, TSTA, San Francisco, California, USA & **Taisaku Katsura,** MD, Tokyo, Japan: Energy Theory as represented by the Egogram. *Two days of presentations by an international group on the clinical application, research and theory behind egograms. Of particular interest to clinicians, researchers, educators and students interested in the functional assessment and use of egostates in TA.*

Introduction to Transactional Analysis (TA 101)
PART ONE: Presenter TBA

Tuesday, August 13, 1996

Jack Dusay, MD, TM, San Francisco, California, USA & **Taisaku Katsura,** MD, Tokyo, Japan: Energy Theory as Represented by the Egogram.

TA 101, PART TWO: Presenter TBA



Vann Joines

Vann Joines, PhD, TSTA, Chapel Hill, North Carolina, USA: Celebrating Wholeness Through Recovery of Our Basic Essence: *Through theory, exercises and personal work Vann Joines will show how to recover our Natural Child essence and celebrate wholeness within ourselves, with others, and the world around us.*

Wednesday, August 14, 1996





Vince Gilpin, CSW, TSTA, **Suzanne Robinson,** MSW, CSW, TM, Ottawa, Ontario, Canada & **Denton Roberts,** BD, TM, Los Angeles, California, USA: The Personal Empowerment

OVERVIEW

Monday	Jack Dusay/Taisaku Katsura
August 12	TA 101-Part One
Tuesday	Jack Dusay/Taisaku Katsura
August 13	TA 101 - Part Two
	Vann Joines
Wednesday	Vince Gilpin/Suzanne Robinson/Denton Roberts
August 14	Jean Illsley Clarke
	Emily Hunter Rupert
	Muriel James: Opening Keynote Address & Cocktail Party
	BOC Exams
Thursday	**Keynote Address — Vince Gilpin**
August 15	
Workshops — AM	
	Vince Gilpin
	Robert Massey
	Ginette Ayache
	Susan Smith
	Richard Flout/Maria Howard
	Laurie Kahn
Workshops — PM	
	Gloria Noriega
	Suzanne Robinson
	Abe Wagner
	Dr. Curtis Steele/Dr. Nancy Porter-Steele

WORKSHOPS

Keynote speeches run from 9 am to 9:45 am. Workshops run from 10 am to 12:30 pm and 2:30-5 pm for 2.5 hours.

Thursday, August 15/96

MORNING

Keynote Speaker: Vince Gilpin, CSW, TSTA, Ottawa, Ontario, Canada: Unity, Wholeness, Transformation
Vince Gilpin, CSW, TSTA, Ottawa, Ontario, Canada: Mystical Experiences in Everyday Life
Robert Massey, PhD, CTA, Kearny, New Jersey, USA: Developing Whole Persons Through Supervision
Ginette Ayache, MA, Montreal, Quebec, Canada: "Team Building" — Is the Organizational Expression of "Wholeness"
Susan Smith, PhD, LCSW, Freeman, California, USA : Ancient Ways as a Path to Wholeness
Richard Flout, MA, MFCC & **Maria Howard**, MS, MFCC, San Anselmo, California, USA: Movement of Life Toward Wholeness, Growth, Love and Mystery
Laurie Kahn, MA, CTA, Evanston, Illinois, USA: TBA

AFTERNOON

Gloria Noriega-Gayol, MA, TSTA, Mexico: Siblings Script Resolution
Suzanne Robinson, MSW, CSW, CTM, Ottawa, Ontario, Canada: Menopause — Celebrating Wholeness as Our Bodies Shift
Abe Wagner, BA Psychology, Masters in Social Work, CTM, Denver, Colorado, USA: Blue Ego States for Effective Communication
Dr. Curtis Steele, MD, FRCP & **Dr. Nancy Porter-Steele**, PhD, TSTA, Halifax, Nova Scotia, Canada: Inner Parent Healing
Jean Illsley Clarke, Master of Arts in Human Development, Honorary Doctorate of Human Services, PTSTA, Minneapolis, Minnesota, USA: Putting the Pieces Together to Get a Deeper Look at Organizations & Groups
Dennis Arbuthnott, MA & **Sandra Church**, MEd, Saskatoon, Saskatchewan, Canada: Emotional and Behavioral Management of Chronic Pain & Illness
Japanese: TBA

Friday August 16/96

MORNING

Keynote Speaker: Richard Erskine, PhD, TSTA, New York, USA: Contact, Relationships & Wholeness
Richard Erskine, PhD, TSTA, New York, USA: The Psychotherapeutic Relationship
Julie Hay, TSTA, Watford, United Kingdom: Using TA and NLP to Put the Pieces of an Organization Together
Russell Osnes, PhD, Masters in Divinity, Masters in Science, CTM, Prior Lake, MN, USA & **Carole Gesme**, MA, CCDP: Celebrating in our Four Life Scripts
Gordon Hewitt, PhD, TSTA, Eastbourne, New Zealand: Relationship in the Cycle of Psychotherapy
Grace McGrath, MS, CTA, Vermont, USA: Ethics, Boundaries & Power



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Alternative accommodation within walking distance is also available at the Calgary Travelodge (403) 291-1260 and Super 8 Motel (403) 291-9888. Those not within walking distance, but close by at the airport include: Quality Inn (403) 276-3391, Holiday Inn (403) 230-1999 and Port 'O Call (403) 291-4600.

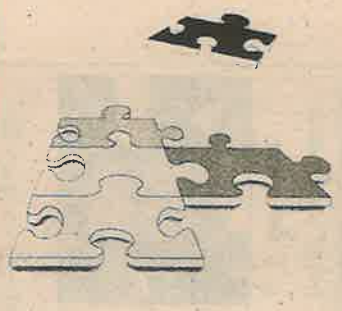
ITAA CONFERENCE HOTEL RESERVATIONS

Reservation Deadline: July 12, 1996. (After 7/12/96 there is no guarantee on room rate or rooms available). August is high season in Calgary; please make your reservations early.

Name(s):_____
Address: _____
City/State/Province:_____
Zip/Postal Code:_____
Telephone: _____Fax:_____
(Include country, city or area code)
Arrival Date:_____
Departure Date:_____
No. Rooms Required (@$82 Cdn per room, single or double):_____
Upgrade (Please indicate Club Level. @ $98 Cdn, King Suite @ $150 Cdn, Queen Suite @ $135 Cdn or Executive Suite @ $120 Cdn)_____
___Smoking ___Non-smoking
Room rate does not include 5% Alberta Hotel Room tax and 7% GST. To confirm your reservation, a cheque (in Cdn dollars payable to the Sheraton Cavalier) or credit card information is required. The one-night deposit will be retained if your reservation is canceled after 6 p.m. on your scheduled day of arrival.

Credit Card Name/No:_____
_____
Exp. Date:_____
Card Holder Name:_____
Signature:_____

Please fax completed reservation (with cheque payable to Sheraton Cavalier) to 403-291-2834 , call 403-291-0192 or mail to Sheraton Cavalier, 2620 - 32nd Avenue N.E., Calgary, Alberta, Canada T1Y 6B6.



CONFERENCE REGISTRATION

(One form per registrant. Please type or print; keep copy for your records)

HOW TO REGISTER

By mail: ***Celebrating Wholeness***
ITAA Conference, Registration
Suite 260, 800 - 6th Avenue S.W.
Calgary, Alberta T2P 3G3
By email: mcleayrd@cadvision.com

By fax: 403- 263-1985
By phone: Ethelle Patrick
403-240-2494

Name (first/middle/last):_____

Address:_____

City/State/Country/Postal Code:_____

Telephone:_____ Fax:_____

Registration	**Before May 12/96**	**After May 12/96**
	Full conference registration includes: 3 full program days Aug 15 - 17, 1996, opening keynote address and coffee breaks.	
ITAA Member	___$300 Cdn	___$325 Cdn
Non-Member	___$310 Cdn	___$335 Cdn
One Day Registration	___$125 Cdn	___$125 Cdn

Sub-Total Registration Fees =$ _____

___ TA 101 - August 13 & 14/96
$125 Cdn (2 days instruction)

Sub-Total TA101 Fees =$_____

All Day Institutes - August 12, 13 & 14/96 ($125 Cdn each/$85 Cdn each for students*)
Monday, Aug. 12: ___ Dusay/Katsura (Part One)
Tuesday, Aug. 13: ___ Dusay/Katsura (Part Two) ___ Joines
Wed., Aug. 14:___Gilpin/Robinson/Roberts ___ Illsley Clarke___Hunter-Rupert

Sub-Total Institute Fees $ _____
* Full-time student (Send photocopy of student card) currently registered at any post-secondary institution)

Special Events (Pre-registration deadline May 12/96)
Family Program *(Transportation Included)*:
Royal Tyrrell Museum, Aug. 15 #_____X $15/Adult & $10/Child = $ _____
(Minimum 40 participants required. Children under 14 years must be accompanied by an adult.)
Calgary Zoo, Aug. 16 #_____ X $ 12/Adult & $8/Child = $ _____
Calaway Amusement Park, Aug. 17 #_____ X $ 18/Adult & $14/Child = $_____
Symon's Valley Western #_____X $ 35/Person = $ _____
BBQ & Dance — Eve. Aug. 16
Gala Banquet & Dance #_____X $ 50/Person = $ _____
Eve. Aug. 17

Sub-Total Special Events Fees = $ _____

TOTAL AMOUNT ENCLOSED = $_____

Payment in Canadian dollars only. Please make cheques payable to: ***Alberta Transactional Analysis Guild***. ___Cheque enclosed ___Visa ___Mastercard

Card #:_____ Expir. Date _____

Signature:_____

Cancellation Policy/Refunds: Full fee is refundable (minus a $50 administrative fee) if cancellation is received in writing by July 12, 1996. After July 12, 1996 a $100 penalty applies. After August 1, 1996 there will be no refunds.

AUTUMN 1996

Training programs with
Richard Erskine, Ph.D. and Rebecca Trautmann, RN, MSW

Integrative Transactional Analysis

A new two-year training sequence in an integrative approach to transactional analysis will begin in October, 1996. This training program will meet in Kent, CT (near New York City) from Friday to Sunday five times in each year. The program will consist of theoretical lectures, discussions of readings and demonstrations, case presentations and supervision, and therapeutic group process. The topics may include: ego and ego fragmentation; intrapsychic process and function; the transferential repeated and needed relationship; psychological homeostasis and the script system in individual, couple, and family therapy.

The psychotherapy methods will emphasize the centrality of contact-in-relationship, relational needs, a developmental perspective, affective attunement, inquiry, and therapeutic involvement.

Professional Development Seminars

The Professional Development Seminar is for the senior clinician or supervisor who wants to increase his or her knowledge of psychotherapy theory and methods. Topics for this seminar include lectures and readings from several theoretical perspectives. Opportunities are available to rehearse conference presentations, to draft professional articles, and for supervision of the participant's clinical, teaching, and supervisory work. The seminar in Kent, CT (near New York City) meets for three days five times per year.

Location

The programs held in Kent, CT (near New York City) are accessible from four major airports. Other programs in Dayton, OH; Chicago, IL; and Indianapolis, IN that meet for two days five times per year may also have openings. Please call for information.

For more information contact:
Richard G. Erskine, Ph.D.
Institute for Integrative Psychotherapy
500 E. 85th Street
New York, NY 10028
212-734-5291

These programs meet the training requirements of the American Group Psychotherapy Association and the Transactional Analysis Board of Certification. The program is approved for continuing education of psychologists by the American Psychological Association and for counselors by the National Board of Certified Counselors. Other continuing education credits may be available. The Institute for Integrative Psychotherapy maintains responsibility for the programs.

Two Summer Workshops
with
Richard G. Erskine, Ph.D. and Rebecca L. Trautmann, RN, MSW

INTEGRATIVE PSYCHOTHERAPY WORKSHOP: JULY 19-28, 1996

This ten-day workshop for mental health professionals will focus on the theory and clinical practice of Integrative Psychotherapy. Various methods of working within the therapeutic relationship will be taught and demonstrated and may include contact, inquiry, affective attunement, involvement, and modes of empathy in individual and group psychotherapy. An opportunity will be available for case discussion.

Cost: $1900.00 for tuition, room and meals.
Reservation Fee: $450.00 non-refundable.

THERAPISTS AND THEIR PARTNERS: AUGUST 2-7, 1996

The concepts and methods of Integrative Psychotherapy will be applied to partners in living and working relationships. The specific relationship needs of therapists and their partners will be explored and enhanced through a focus on contact and withdrawal, self-definition and respect, empathic conflict resolution, affective attunement, quality time commitment, inquiry and therapeutic dialogue, and understanding relational needs.

Cost: $2700.00 per couple, including room and meals.
Reservation Fee: $600.00 non-refundable
Location: Both workshops will be held in Kent, CT

Institute for Integrative Psychotherapy
500 East 85th Street, New York, NY 10028
212-734-5291; 212-879-6618 (fax)

The Institute for Integrative Psychotherapy is approved by the American Psychological Association to offer continuing education for psychologists and by the National Board of Certified Counselors for counselors. The Institute for Integrative Psychotherapy maintains responsibility for the program. Other professional CE credits also available.

Spectacular Train Ride to the Calgary Conference

14-18 August 1996—Calgary, Canada
"Celebrating Wholeness"



The "Rocky Mountaineer," a fantastic train ride from Vancouver to Calgary, is available to all participants of the 1996 Calgary conference. For two days, this special train—with its glass-roofed observation car—winds high among the Canadian Rockies, traveling by daylight so passengers will not miss the magnificent views. There is an overnight stop in Kamloops, British Columbia, where activities such as paddlewheeler rides can be arranged. The two-day train ride departs at 8 am from Vancouver on 11 August, stays one night in Kamloops, and arrives at 9 pm on 12 August. The cost is about $625 Canadian (about $465 US) per person, double occupancy, plus 3.5% tax. For single occupancy, the cost is $507 Canadian. (These are 1995 rates; we are awaiting word on 1996 rates.) The ITAA has reserved a limited block of seats for our group. To reserve your spot, send a $75 deposit, with the balance due 45 days prior to departure (space limited; first-come, first-served). This is a one-way excursion, so book your return flight direct from Calgary. For reservations, or for information about a group hotel booking in Vancouver for the night before departure, please contact the ITAA, 450 Pacific, Suite 250, San Francisco, CA 94133, USA; telephone: 415-989-5640; fax: 415-989-9343; e-mail: 76734.2074@compuserve.com.

Explorationof the Mystical

A psycho-spiritual journey

Five-day horseback adventure in the Canadian Rockies
August 19-23 following the ITAA Conference
led by Vince Gilpin and Denton Roberts (CSTAs)

Ride the spectacular Rockies and explore the mystical with an intimate community of fellow searchers. Stretch your body mind and soul and renew your spirits.

Tuition $1,000 U.S. (includes everything except sleeping bag)

For application and information, contact Vince Gilpin at
464 Sommerset St., Ottowa, Ontario, Canada K1R 5J8
(613) 235-6586 -- Fax (613) 237-1078

An Invitation for Papers, Workshops, Seminars, Institutes

Closing Date April 15th 1996

THE USES AND ABUSES OF POWER

13th Australasian Transactional Analysis Conference

8,9,10th November 1996
Sydney, Australia (Olympic City, 2000)

For further information contact: Skye McKenzie
Interact International Events
P.O. Box 236 Balgowlah Sydney, NSW 2093 Australia
Phone: (612) 9948 6977 Fax: (612) 9948 7406
EMAIL: iie@ozemail.com.au

Training News

Changes Taking Place in Training and Certification

by Frances Bonds-White

New Faces in Training and Certification

As 1996 began, Gordon Hewitt, the new chairperson of the Training and Certification Council (T&CC), took office and announced several new appointments. Jan Grant of Australia will serve as cochairperson of the Training Standards Committee (TSC) for the 1996-1998 term. Jan has been involved with the TSC for several years and has worked with the counseling task force. Jan will serve with Christine Lister-Ford, another cochair of TSC. The TSC is investigating what core competencies are needed for each type of certification and designing a curriculum around them.

After a year of hard work, Val Garfield has resigned as cochairperson of the Board of Certification (BOC). Thanks to Val for all her hard work. Robin Maslen, who has been exam committee chairperson, has agreed to fill that position until August 1996, when the board will select a new cochairperson to work with Katherine Murphy, cochairperson of the BOC. Charlotte Daellenbach of New Zealand has agreed to become the new exam coordinator until August 1996 to finish the term of Ed Perkinson, who resigned at the end of 1995.

In addition, Tony Metcalf, former ITAA treasurer, has agreed to serve as the treasurer of the Training and Certification Council. And Frances Bonds-White will be the T&C Council representative to *The Script*.

Counseling Specialty Contracts Being Accepted

The Training and Certification Council of Transactional Analysts is pleased to announce that, as of 31 January 1996, the training standards committee will accept training contracts from persons interested in counseling as their area of specialty. After five years of hard work by the task force, counseling joins clinical, educational, and organizational applications of transactional analysis as one of the fields in which one can be certified. The guidelines for trainers and trainees on curriculum content, what trainers have to do to sign counseling contracts, and exam guidelines are available from the T&C Council office in San Francisco.

The joint Training and Certification Council/ European Association of Transactional Analysis counseling task force, which developed the training guidelines for the counseling specialty, represents the first project that has been developed cooperatively by the two organizations. The task force has had members from all parts of the world. The cochairpersons of the task force, Jennie McNamara (T&C Council) and Heidi Bretscher (EATA), will conduct a day-long workshop at the EATA conference in Budapest entitled, "Building an Identity as a Transactional Analysis Counselor." Jennie and Heidi have been ably assisted in their work by Jenni and Mervyn Hine, Jan Grant, Elana Leigh, Charlotte Sills, Wendy Shepherd, Claudie Ramond, Joanna Beazley-Richards, and many others who contributed time and energy to this job since the formation of the task force in 1991, when Frances Bonds-White and Nellie Micholt were cochairpersons of the TSC. Erika Stern, who developed the first post-graduate training for counselors in Europe, deserves special thanks for the time, energy, and attention she has devoted to helping to clarify the difference between counseling and psychotherapy.

In August 1995 the task force conducted a tryout of the counseling oral exam using the guidelines and scoring sheet designed by the task force. A very special thanks to Wendy Shepherd, who traveled to San Francisco to be the exam candidate. Robin Maslen, Landy Gobes, Charlotte Sills, and Charlotte Daellenbach were the examiners. An international group of observers participated by giving feedback on the exam process. Susan Sevilla, the CEO of the Training and Certification Council, has given steady support and encouragement throughout the development of this new certification.

European Contracts

ITAA members residing in Europe can choose to have their contracts endorsed by the Training and Certification Council in San Francisco or by EATA as of 1 January 1996. Persons filing contracts with the T&C Council are expected to follow the guidelines outlined in the Training and Certification Council Training Manual as well as whatever local guidelines exist within their national or regional organizations. The Board of Certification will examine anyone whose contract has been filed with either organization as long as they have fulfilled the requirements for examination. □

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC COC BOC BOC	April 14, 1996 July 6, 1996 Aug. 15, 1996 Nov. 9, 1996	Rome, Italy Budapest, Hungary Calgary, Canada Sydney, Australia	Dec. 1, 1995 Mar. 1, 1996 May 15, 1996 Aug. 9, 1996
TSTA Oral	COC BOC	July 6, 1996 Aug. 15, 1996*	Budapest, Hungary Calgary, Canada	Mar. 1, 1996 May 15, 1996
CTA Written (Essay)	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after payment of $50 recording fee to T & C Council	Your choice
Training Endorsement Workshops	COC TSC TSC	July 11-13, 1996 Aug. 9-11, 1996 Nov. 11-13, 1996	Budapest, Hungary San Francisco, USA Sydney, Australia	March 1, 1996 April 1, 1996 July 1, 1996

*subject to availability of examiners

To make arrangements to take a BOC exam, contact the T&C Council,450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

WANTED

For challenging and fulfilling positions in a dynamic organization beginning in the year 1997

ITAA is seeking:

- ♥ President-Elect
- ♥ Board of Trustees member from the USA region
- ♥ Board of Trustees member from Other Region (non-USA and non-Europe)

The deadline for nominations is 25 March 1996. Contact the ITAA to apply: 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA; phone: 415-989-5640; fax: 415-989-9343; e-mail: 76734.2074@compuserve.com.

New Staff E-mail Addresses

ITAA Executive Director Susan Sevilla: Susan@itaa-net.org
Membership Coordinator Ken Fogelman: Ken@itaa-net.org
Executive Assistant Liz Ott: Liz@itaa-net.org
Training and Certification Council: T&C@itaa-net.org
ITAA General Address: itaa@itaa-net.org □

RETURN TO IAGP

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Marguerite de Boni, a Certified Transactional Analyst in the ITAA and a Teaching Member of the Brazilian Association of Transactional Analysis; and Frances Bonds-White, a Teaching and Supervising Transactional Analyst and past vice-president of the ITAA for certification and training. Conference participants attending the panel came from France, Israel, the United States, Argentina, Brazil, Bolivia, and other countries in Europe.

The following day, the Argentine Transactional Analysis Association (AAAT), represented by Elisa Lion, Abraham Botbol, and Hector Gomez, gave a panel on transactional analysis theory and technique. Frances Bonds-White also represented the transactional analysis point of view on an international panel that discussed "Men and Women in the 21st Century: Old and New Issues." This panel examined issues and changes in gender roles and definitions of masculine and feminine from many different theoretical models.

While in Argentina, Concepcion de Diego and Frances joined Alberto Jorge Close and Juan Jose Tapia Fortunato from AAAT for a full-day workshop entitled, "Actualizacion en Tecnicas de Avanzada: Desarrollo Individual—Grupal—Communicacional." The workshop attracted about 75 psychologists, psychiatrists, counselors, and students (including two psychologists who came from Chile). The workshop was jointly sponsored by the ITAA, AAAT, and the Universidad Argentina John F. Kennedy Department of Psychology.

Within the IAGP, there are sections devoted to individual theories. The opportunity exists to develop a section on transactional analysis, which would enable transactional analysis theory to flourish in another international organization. To form a section, a minimum of 25 people who are members of the IAGP must sign a petition requesting the IAGP board to do so. If you are interested in becoming involved in this exciting project, contact Frances Bonds-White (now a member of the IAGP board of directors) at 1713 Pine St., Philadelphia, PA 19103, USA; phone: 215-735-4393;
e-mail: 74512.1411@compuserve.com. □

A NEW BEGINNING

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educational systems are being newly constructed. Both ministries are interested in offering psychological training, and I made some agreements to start with a four-day, prolonged transactional analysis 101 course at the Faculty of Health Sciences at the University of Asmara, where upgrading studies of five semesters will begin for experienced nurses as part of their study program. A follow-up will be done six to twelve months later.

I will also conduct a workshop for experienced psychiatric nurses, who run the psychiatric hospital themselves, with only one medical doctor (who is not even a psychiatrist!) assisting. Furthermore, I agreed to offer transactional analysis for the Education Ministry, although we have not yet made concrete plans.

Meanwhile, I said I would bring transactional analysis books and journals to both ministry libraries as they are interested in reading and do not have much psychological literature. *Script* readers who have English-language books and journals that they are willing to donate can send them to me at my address in Germany (Birkenweg 3, D-79183 Waldkirch, Germany; phone: 07681-6179) or to the ITAA office, which will forward them to me all at once. Everything that is donated will be taken to the ministries mentioned either by me or by people I know well who are engaged in Eritrea and who go there once in a while.

These donations of reading materials will be most helpful and a wonderful gesture of support for the great effort the Eritrean people are making to reconstruct their country. For those of us who have been involved in transactional analysis in our own countries, it is a moving experience to see it take root in a newly developing land such as Eritrea. □