The Script

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

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Grant Recipients Announced

by Tim Schnabel

The Eric Berne Fund for the Future (EBFF) committee is pleased to announce this year's grant recipients. A total of $7000 was awarded to six individuals for four projects. Congratulations to our 1995 EBFF recipients! (The December Script *will present an article on the specifics of the ITAA's two grant funds: The Scholarship Grant Fund and the Eric Berne Fund for the Future.)*



Tom Frazier, ACSW, TSTA, and Delphine Frazier, ACSW, CTA, of Stockton, California, USA, were awarded $3000 to pay for transportation to Russia and Lithuania. There they will conduct pro bono training and supervision in transactional analysis for two weeks this winter. Delphine and Tom are long-time ITAA members and seasoned trainers in Russia and Europe. In the past ten years, they have paid much of the cost of their transportation to Eastern Europe.



Mariluz de Holguin, RM, Giovanni Miranda, and Liga Colobiana de Lucha Contra el SIDA (AIDS Fight League) Sectional Antioquia of Medellin, Colombia, were awarded $2,500. This is an education project on AIDS prevention as well as counseling HIV carriers. Material will be prepared and presented to audiences and clients using the framework of PAC, games, the drama triangle, and life positions. Project volunteers will be trained in basic transactional analysis. The grant will be used to purchase a computer, conduct training, and write articles for journals and magazines as well as to compose scripts for radio and television presentations. Mariluz is the only ITAA member in Colombia.



Carol Solomon, PhD, TSTA, of San Francisco, California, USA, received $1000 to cover the costs of transcribing interviews researching "Early Losses and Early Decisions Related to Those Losses." In addition, she is looking at how those experiences and early decisions affect an individual's experience and handling of the loss of a primary relationship when this occurs in adult life. Carol is a 25-year member of the ITAA.

We regret that we were unable to obtain a photo of Delphine Frazier by press time.



Elizabeth Cleary of Dublin, Ireland, was awarded $500 to help defray costs incurred in researching "The History and Availability of Transactional Analysis in Ireland, 1960-1995." Elizabeth began this project as a result of her own frustration over trying to find competent practitioners of transactional analysis as well as persons interested in extending and developing their knowledge of transactional analysis. One of Elizabeth's many remarkable talents is that she is a member of Dark Horse Venture, an organization that encourages older people to do something they have never done before.

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Australian Transactional Analysis Pioneer Dies

We were deeply saddened to learn that Jeffrey White, one of the people most responsible for the spread of transactional analysis in the Pacific region, died of cancer in August 1995. A Teaching and Supervising Transactional Analyst and psychologist in private practice in Western Australia, Jeff, with his late wife, Maggie, led workshops and training programs all over the world. He was instrumental in the founding of the Western Pacific Association of Transactional Analysts and was a faculty member in the Western Institute for Group and Family Therapy.

Jeff White Remembered

— by Mary Goulding

The word that Jeff White had died reached us in San Francisco at the ITAA conference just as I was about to begin the workshop that he, Rock Rokkaku, John Gladfelter, and I were scheduled to do together. For at least a year Jeff and I knew he was too ill to attend, but we pretended he'd be there. That morning I had in my pocket the letter he'd finally written—about a week before he died—saying that he couldn't come. His pain was constant, the pain medication was clouding his mind, and his physician said he couldn't make the trip. In spite of all that suffering, his letter was mostly about his interest in his study of intuition. To the end, he was in love with life. Jeff was a fine man, intelligent, tender, strong, sweet, and always loving. During his last hard years, I visited him once, and we wrote each other many letters.

In happier times, Maggie and Jeff White and Bob and I took several trips together. I remember a terrible storm across the Aegean, which threw up huge waves against the Santorini shore, preventing our ship from landing to pick us up. Maggie and I waited through almost the entire night in a small cantina that stayed open for the few tourists like us who still thought we'd somehow get aboard. Jeff and Bob were on the rocks, as far out as they could get into the storm, drenched and freezing even though it was a Greek isle and springtime, I believe. From time to time they'd come back to the cantina to shout, "Maybe it's going to clear," or "Get us some



coffee," or "It's great out there!" Throughout the storm they were laughing! That is how I will keep remembering Jeff and Bob.

From too much love of living
From hope and fear set free
We thank with brief thanksgiving
Whatever gods may be
That no life lives forever;
That dead men rise up never;
That even the weariest river
Winds somewhere safe to sea.

Swineburne

I loved and admired Jeff and miss him very much.

(See page 5 for more tributes to Jeff White.)

EDITORIALLY YOURS

by Laurie Hamilton

Cleaning House

While cleaning my house the other day, I was astonished at some of the "dust bunny" sculptures I found. Either those dust colonies are very creative little critters or I haven't cleaned the house for awhile. Undoubtedly it was the latter as I've been caught up in a number of projects and haven't been home much recently.

I actually like housecleaning. First of all, I really like my house, and taking care of it is a very personal experience for me (I much prefer to do it myself rather than hire someone to do it for me). It is satisfactory in the sense of having control over the activity and the ability to predict a definite outcome. It is also a time when I have a chance to think about things in an intrapsychic-interactive sort of way, much as I can when I'm driving alone in the car.

Housecleaning (as with home building and decoration) is not an activity practiced solely by human beings. But as with nest building (which I discussed in my December 1994 *Script* editorial), people take the activity beyond instinctive, survival-driven responses and apply it consciously to a variety of experiences.



"Many of our psychotherapy practices are variants of 'housecleaning.' "

Many of our psychotherapy practices are variants of "housecleaning." Whether we are reframing or redeciding, the process of rearranging is occurring. Often therapy focuses on becoming personal with our own "stuff," claiming what is ours, whether it be our Natural Child, our relationship needs and motivation, or our particular personality adaptations.

As many of you are aware, I am interested in the biochemical basis of various experiences. How we store and arrange memories is certainly one area of interest, particularly survival memories, which are stored in the limbic system, as compared to day-to-day memories, which are stored in various parts of the neocortex according to their function (i.e., speech, touch, smell). This is particularly relevant with regard to various therapeutic interventions designed to move survival memories (which are generally precipitated by trauma of one sort or another) into normal memory storage.

Having worked for two decades with people experiencing post-traumatic stress disorder symptoms (PTSD), I have found that a combination of techniques from NLP (neurolinguistic programming), EMDT (eye-movement desensitization therapy), and redecision therapy are effective in reducing the symptoms of depression, anxiety, and flashbacks. The fact that this process can occur in a short period of time makes it attractive for brief therapy. It is a classic example of cognitive housecleaning!

Although as therapists a great deal of our work occurs long after the traumatizing events, I am increasingly involved with prevention and therapy at the time of trauma. I have previously discussed my work with critical incident stress debriefing, in which mental health volunteers and peer debriefers work with EMS crews, firefighters, police, and other first responders after a particularly ugly incident. I am also involved with the American Red Cross as the Coordinator for Disaster Mental Health Services in the mountains of North Carolina

The model the Red Cross uses is somewhat different from the CISD model because disasters occur over a longer period of time, whereas critical incidents occur over a period of hours (sometimes a day or two). In both instances, however, the primary prevention of PTSD occurs by encouraging the participants to describe in *full sensory detail* what happened, what they thought about it at the time, what they felt at the time, and any reactions they continue to have (visual and olfactory memories, trouble sleeping, etc.).

By regularly using the debriefing process, the brain is able to limit the number of memories stored in the limbic system to those that are truly necessary for an individual's survival. By allowing for neocortex memory storage, an individual is less likely to develop long-term, stress-related disorders. The house is kept cleaner, more orderly, and the dust bunnies don't have time to build rigid, time-consuming, and hard-to-remove sculptures. □

The Script

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INSIDE VIEW

by Susan Sevilla

Burr House Sale Finalized

I am pleased to report that the ITAA Burr House sale finally closed effective 15 September 1995. A San Francisco attorney, Ralph Baxter, now legally owns the property. Mr. Baxter intends to convert the mansion to a private residence.

The ITAA received $1.3 million cash for the house. Out of this we paid many bills, including the real estate agent commission and the city transfer tax, but even so, the ITAA has over $1.2 million in a reserve account, established to accrue interest income to offset the association's reliance on dues income.

The finance committee is beginning to review and develop recommendations regarding the investment of this money. In doing so, it will follow the guidelines established in the investment policy approved by the board in Aruba in October 1994.

Meanwhile, while an implementation plan is being formulated, treasurer Tony Metcalf has instructed me to keep the money liquid in a money market account, where it is earning 5.5% interest.



"Once the decision to sell was made, I never imagined that the sale process would take two-and-a-half years!"

Who would have thought that selling the Burr House would be a multiyear process? It is understandable that the board would take many years to decide to sell. For that decision I give much of the credit to Mervyn Hine of Switzerland, treasurer from 1990-1991; he first prepared the long-range financial planning that resulted in the recommendation that the board "liquidize its asset." Much of the credit for the sale decision-making process goes to Al Loeb of the USA, who contributed greatly during his brief but illustrious career as board consultant in 1992-1993. But once the decision was made, I never imagined that the sale process would take two-and-a-half years.

We first listed the house for sale on 21 April 1993 at an optimistically high purchase price of $1,995,000. During the next two years, we suffered many price reductions to finally arrive at the closing sale price of $1.3 million.

In the two years following the decision to sell, we received, reviewed, and countered offers from a dozen prospective buyers. The ITAA was actually "in contract" on six occasions, but each time the sale fell through. And, in fact, the sale to the eventual buyer was uncertain up until the day the deal closed.

One contract, the sale to Eric Yopes, fell through just two weeks from its intended closing date, resulting in disastrous financial consequences for the ITAA. Relying on the terms of the contract, the ITAA moved out of the Burr House and evicted its tenants at the end of 1994. The ITAA board considered suing Mr. Yopes for damages for the first eight months of 1995, but at the San Francisco board meeting in August, the trustees decided to avoid the hassle and expense of a lawsuit and simply to accept Mr. Yopes's $25,000 deposit as damages in full for his default.

I want to thank the ad hoc building committee for its dedication and commitment to the difficult task of selling the Burr House. Many thanks also to Maryln Crossen of the USA, who worked on the building sale committee from 1992 through 1994. I greatly appreciated her input and constant availability. Most of all I thank my current committee for sticking with this task for over two years. In particular, many, many thanks to Robin Maslen of Australia for chairing the committee. I am so grateful for his immediate responses to my faxes and calls, for the many weekend and evening (or early morning) calls he had to take, and for chairing during all the tough decisions. Thanks also to Tony Metcalf of Australia, Servaas van Beekum of The Netherlands, and Jack Dusay of the USA for much the same thing: innumerable faxes, telephone calls, meetings with me or others, cries for immediate decisions, calls for advice, and for bringing their individual specialties to bear on the situation. They all bore up with incredible good humor during this long and painful selling process. (For a while we had a running joke about playing poker and how we should play our cards at each stage of the game.)

Thank you for giving me this opportunity. I personally learned a great deal during the process. The knowledge I gained will be valuable to me in any and all future real estate transactions that I am fortunate enough to be involved in during my life.

I'm grateful that it's over. I'm sure that all ITAA members share this sentiment. I'm also sad to close the file on twenty-plus years of Burr House occupancy. I think I will drive by the place often to see how it looks. □

Call for Papers

Manuscripts are sought for two upcoming theme issues of the *Transactional Analysis Journal*. "Integrative Transactional Analysis," with guest editor Marye O'Reilly-Knapp, DNSc, has a deadline of 15 January 1996. "Postmodernism, Constructivism, and Transactional Analysis," with guest editors James Allen and Bruce Loria, has a 15 July 1996 deadline.

JOURNAL ENTRY

by Ted Novey

Past, Present, and Future

We live in the present. We can enjoy or suffer or learn from memories of the past. And it's agreeable to think that we can have some influence on the future. Here, in the bustling hurley-burley of the busy offices of the *Transactional Analysis Journal* (that means me, sitting at my computer), we deal with all of these on a daily basis.

We have been working to reduce the publication costs of the *Journal* for the last eight months. Robin Fryer, consulting editor, has converted her editing process to a desktop publishing system. We have found and contracted with a new, lower-cost printer and mailer, BookCrafters (located in the Midwest), and expect to reduce our costs by 15 to 20%. This resulted in a few-week delay for the July issue.

At the MITAC conference in August, members brought me a number of new manuscripts. Many of the keynote presentations will appear in special conference sections in the April and July 1996 *Journal* issues. I was also pleasantly surprised by an overflow crowd at the early Friday morning meeting of the editorial board. I reported on current developments with the *Journal* and solicited ideas for future projects. There is much interest in having articles made available in various languages and also on the "information highway," the Internet. Alan Jacobs, Carlo Moiso, Claudie Raymond, and Bob Drye have special interest in organizing these areas.

The future is always upon us, and special theme issues of the *Journal* are ready, getting finished, in progress, and being planned. The October issue on redecision therapy, dedicated to Bob Goulding, with Mary Goulding as guest editor, is at the printer. Alan Jacobs's January 1996 issue on social applications of transactional analysis is in Robin's hands. The call is out for papers for the October 1996 issue, guest edited by Marye O'Reilly-Knapp, on the theme of "Integrative Psychotherapy," and for the April 1997 issue, guest edited by Jim Allen and Bruce Loria, on the interactions of postmodernism and constructivism with transactional analysis.



"It is important to continue the dialogue to explore what therapists trained in reparenting methods have been doing in recent years."

The last item on my planning list is to consider a special issue on the area of therapy known as "reparenting" or reconstruction of Parent ego states. The introduction and preparation for this issue was Alan Jacobs's January 1994 article, "Theory as Ideology: Reparenting and Thought Reform." This article was the first one in the *Journal* on problems arising in this area, which has been the source of so much pain, anger, sadness, and controversy in the past in the ITAA. As this important subject has been opened up, I think that it is important to continue the dialogue in order to explore what therapists trained in reparenting methods have been doing in this area in recent years. What approaches are still being used? What has changed? What are current ideas and provisions for adequate protection for clients and therapists? What are the safe, ethical, and legal limits to regressive therapy? Do these problems have solutions at all or are there basic flaws in the theoretical approach that will inevitably cause ethical and legal problems, as Alan contends?

At the moment it seems to me that the main issues are with the use of long-term regression and parenting contracts. Short-term regression—a few minutes to a few hours—is widely used with safety. Early-scene work, breathing and anger reduction exercises, fantasy work, holding, and trance work often involve regression. Any kind of work with the Child, including the free association process of psychoanalysis, usually involves regression. It is too important an area of therapy to restrict unnecessarily. The issue seems to lie with the parenting contract required for regressive work extending over periods of days, weeks, months, or years and the increasing difficulties that arise over time with issues of protection and responsibility as well as terminating the contract. There may be other issues that are also important in this area, and I am currently exchanging ideas with a number of experienced transactional analysts to define the area of discussion for authors for this issue. If you have input, please contact me. I think that there is much new information available that presents interesting and changed viewpoints and that can initiate dialogue useful in our search for a speedier and more effective therapeutic process. □

RESEARCH FILE

MITAC Notes

The San Francisco conference was a great success. It was moving to be in the home of the head office and to see the journey the organization has made to date. We have grown in so many new directions, and yet we are still grappling with where we come from and how we can integrate our roots with who we are today. I personally find this topic a real challenge and believe we should continue to debate it as it keeps us close to our humanistic philosophy. The questions remains: How can we grow and change and still honor our roots?

I believe that the topic of research is an emotional and controversial one, which creates a dichotomy of thought. By this I mean that there are those who want to march into the 21st century and know that to do this effectively we as a profession need to include research in our curriculum so we will be viewed as a more scientific psychotherapy. On the other hand, there are those who are afraid of what the implications of research may be and think that this is not within our brief as transactional analysts. The latter group believes we should leave this to the specialists. How and where do we integrate research into the practice of transactional analysis?



"The question remains: How can we grow and change and still honor our roots?"

We grappled with this issue in San Francisco, attempting to keep in mind that this is a long-term project that needs careful thought and planning. This needs to be done in a cooperative manner with those who are involved and working within the training standards area. We are, therefore, looking for options for the long term, but in the short term we want to keep research alive and to create interest and excitement in an area that has often been experienced as dry, boring, and in many ways as the antithesis of what so many of us love about transactional analysis.

It was great to meet individuals who have written to me through the column and to hear of new and innovative projects throughout the world. There is exciting work being done in Brazil, and I will report more on this in future columns.

There is money available for research projects. If you are interested, write to the Eric Berne Fund for the Future, c/o the ITAA office, for application guidelines. (See page 1 for the 1995 grant recipients.)

For those of you interested in research, please think about offering workshops at future conferences. If we have research panels and workshops in which the subject is discussed in an exciting and innovative way, we might generate more enthusiasm and interest. Contact the conference committee for details with regard to future conferences.

Please keep writing and sending me information about research. That is how we will keep this column alive. And for those of you beginning your new academic year, good luck and have a good one!

— Elana Leigh, Vice President, Research and Innovation

E-Mail Addresses Wanted

Les Kadis has suggested that we begin compiling an e-mail address directory for ITAA members. Les's address is: L Kadis @ compuserve.com. Please send your e-mail address either to Les or to Editor Laurie Hamilton, c/o the ITAA office. You can also include your e-mail address on your dues/address information mailing at the end of the year if you so desire. □

Spectacular Train Ride to the Calgary Conference



14-18 August 1996—Calgary, Canada

"Celebrating Wholeness"

The "Rocky Mountaineer," a fantastic train ride from Vancouver to Calgary, is available to all participants of the 1996 Calgary conference. For two days, this special train—with its glass roof—winds high among the Canadian Rockies, traveling by daylight so passengers will not miss the magnificent views. There is an overnight stop in Kamloops, British Columbia, where activities such as paddlewheeler rides can be arranged. The two-day train ride departs at 8 am from Vancouver on 11 August, stays one night in Kamloops, and arrives at 9 pm on 12 August. The cost is about $625 Canadian (about $531US) per person, double occupancy, plus 3.5% tax. For single occupancy, the cost is $680 Canadian. (These are 1995 rates; we are awaiting word on 1996 rates.) The ITAA has reserved a limited block of seats for our group. The deadline for receipt of a $75 deposit is 15 January 1996, with the balance due 45 days prior to departure. This is a one-way excursion, so book your return flight direct from Calgary. For reservations, or for information about a group hotel booking in Vancouver for the night before departure, please contact the ITAA, 450 Pacific, Suite 250, San Francisco, CA 94133, USA; telephone: 415-989-5640; fax: 415-989-9343; e-mail: 76734.2074@compuserve.com.

ITAA News

Summary of the San Francisco Board Meeting

Burr House Sale Update: At the time of the board meeting, the ITAA was still deep in the process of selling to Ralph Baxter, a sale which has since closed (see article, page 2). The board approved that Executive Director Susan Sevilla should act on its behalf to complete the sale.

Treasurer's Report: Treasurer Tony Metcalf reported on his efforts to change ITAA budget and financial reporting systems to simplify reports. This new system involves reincorporating the research and innovation and development divisions back into the operations division in financial presentations. Income from the sale of videotapes and books, now shown as restricted income, will be recognized as "other income" and will be available for use by operations.

1995 and 1996 Financial Outlook: The 1995 budget projected a deficit of ($59,166). The 1996 budgeted deficit is $70,000, but much of this is tied to the result of the Burr House sale.

ITAA Membership Directory: Plans to print a revised 1996-1997 Membership Directory in 1996 were suspended because of budgetary constraints and uncertainty over the EATA/ITAA affiliation. A committee will begin planning a 1997-1998 Membership Directory instead.

Affiliation Negotiation/Review Decisions: The September/October *Script* contained an article on decisions made by the board on this matter. The most significant of the decisions were (quoted from the minutes):

The Negotiation Review Committee wishes to record that the Affiliation between the ITAA and EATA has been a valuable and rich process benefiting both organizations and their members. The Committee reached a consensus that the formal Cooperation Agreement, and therefore the affiliation in its present form, will cease on the 31st of December 1995, because of the following points:

1) the current fee structure is ineffective to meet the needs of both parties, and

2) the current structure for cooperative links between ITAA and EATA no longer meets the needs of all parties.

The ITAA/EATA affiliation is ending because of the following sequence of events: The ITAA required that EATA increase its fees, EATA could not pay the fees, we negotiated, we could not reach agreement on fees, and we mutually agreed that the affiliation will cease.

The second most important decision taken was:

To invite European members to join the ITAA directly, and that individuals who wish to join directly and who are already members of an organization that pays a fee for service to the ITAA have their membership fee reduced by the cost that is charged to ITAA members for that service.

***TAJ* and *Script* Fees Set:** The treasurer recommended direct distribution of ITAA publications to affiliate members because of the significant savings possible. The board prefers that members have the choice to subscribe or not to the *Transactional Analysis Journal*, but from now on *The Script* will be included in all memberships. Subscription rates for 1996 were set as follows:

Script: $14 members; *TAJ:* $22 members

The issue of EATA's organizational membership with the ITAA will continue to be discussed by the two organizations so that it can be resolved in Calgary. In addition, EATA and the T&C Council will hold continuing discussions to clarify and renegotiate the "Agreement of Mutual Recognition Between the BOC and EATA/COC" concerning Training and Certification. EATA will be billed for T&C services for 1996. Such fees will be determined by discussion/negotiation between the T&C Council and EATA.

EATA Members to Be Invited to Join the ITAA: The ITAA and EATA presidents will draft a joint invitation to go to EATA members, and—if approved in the November 4th EATA General Assembly—the joint invitation will be sent to EATA members in early November. If the November EATA General Assembly fails to approve the joint invitation, an invitation from the ITAA alone will be sent.

USATAA Affiliation Negotiation/Review: The board appointed Robin Maslen as the Affiliation Negotiation person to work with the USATAA chairperson to assist the USATAA council to prepare a joint proposal to the board concerning affiliation in light of the recent ITAA/EATA position.

Affiliation Council to Continue Temporarily: As of 1996, EATA will no longer be an affiliate of the ITAA, leaving ICTA and USATAA as the only affiliates. However, for one transition year the Affiliation Council will continue with full European involvement. **John Parr**, EATA president elect, will serve on the ITAA board along with two other EATA members.



Treasurer Tony Metcalf discusses budget issues during San Francisco conference business meeting

Designated Conference Sites: Amsterdam, 14-16 March 1996, and Calgary 12-18 August 1996. For 1997 and beyond the board is exploring an offer to host a designated conference in March 1997 in or near New Delhi, India. Details on administration, dates, accommodations, theme, program selection, budget, languages, and concessions provided to the ITAA are pending. There is no site yet chosen for the August 1997 meeting. In 1998 there is no site chosen for the early board meeting, but the August one will be held at the EATA-sponsored MITAC conference held in Montreux, Switzerland, 13-16 August 1998.

Fund Distribution Committee Changes in Policy: Tim Schnabel proposed the following changes in policy, which were approved:

1. Any individual requesting a scholarship grant for dues adjustment or waiver or conference fee waiver will be an active member of the ITAA for a minimum of one year.

2. Any member applying for a scholarship training grant ($600-$3,600) will be a member for a minimum of one year, or if applying with less than one year's membership, agrees to remain a member of ITAA for a minimum of three years after receiving the final grant dispersement. Should an individual let his or her membership lapse prior to that time, he or she would agree to reimburse the ITAA in the following manner: lapse immediately after receiving the final disbursement—full reimbursement; lapse after one year—2/3 reimbursement; lapse after two years—1/2 reimbursement; and lapse before third year—1/3 reimbursement.

3. Toward the establishment of a win-win-win situation (trainee-trainer-ITAA), sponsor and trainee are requested to document as part of the application process an agreed upon, adjusted training fee.

4. The ITAA offers retired members (with a minimum of 15 years of membership) who would be willing if they were able to pay their dues at the RM, CM, and TM levels, the opportunity to remain active in the ITAA by offering them dues as Life Members at the 1995 annual dues rate of $62, the Life Member dues to be adjusted to be equivalent to the amount paid annually for the AM dues level. Life Members who are certified will maintain all rights and status appropriate to their certification (CM-L, or TM-L), which will be duly noted in the Directory. It is understood that retired is defined as someone who no longer works to earn a living.

New Ethics Procedures Draft-in-Progress Approved: Ethics Committee Chair Suzanne Robinson received accolades for revising the Ethics Procedures Manual. The Manual is largely ready, with work needed on one section.

1995 Eric Berne Memorial Award Delayed: Although there were nine nominations for the 1995 award, there was no award presented in San Francisco because the committee did not complete voting on the nominations and deciding on the winners. It is hoped that we can present the 1995 awards in proper ceremonies in the near future.

Progress on Counseling Made by Training and Certification Council of Transactional Analysts: Counseling task force members arrived at a definition of counseling, guidelines for training, and conducted a mock exam. They are now predicting that by 31 January 1996 a PTSTA or TSTA will be able to sign counseling contracts and trainees may sign counseling contracts.

Worldwide Training Manual Approved: The worldwide training manual will use the T&C Council guidelines as a core, with supplements from regional bodies (including EATA). □

Continuing Education Provider Status

Due to ITAA's continuing education provider status with the California Psychological Association, it is now possible for TSTAs (and PTSTAs under training contract) to offer the TA 101 with continuing education credits accepted by the American Psychological Association (i.e. Category 1 credits). If you are interested in offering a TA 101 with APA-recognized Category 1 credits, you must contact Laurie Hamilton, Ph.D. (101 Ledbetter Road, Arden, NC 28704, USA; phone 704-687-8741) at least three months prior to your course date to facilitate the course approval process. The CEU fee is nominal and can be included in the course fee charged for the TA 101. □



Honor Our Roots . . . Or Our Off-Shoots

Nominations Due for the Eric Berne Memorial Award

One of the central tenets of transactional analysis is the concept of strokes. For professional transactional analysts, one of the ultimate strokes is to receive the Eric Berne Memorial Award. This award is bestowed on a person (or persons) who has made an original and significant contribution to transactional analysis in one of four categories: (a) theory, (b) research, (c) practice applications, and (d) comparison and/or integration of transactional analysis theory or practice with other theories or approaches.

To make a nomination, the following material must be sent to the ITAA office by 1 January 1996:

- name(s) of author(s)
- publication citation
- area or category of contribution (specify only one of those listed above)
- brief title for the contribution
- a detailed statement supporting the nomination as an original and significant contribution to transactional analysis in the designated area
- name of the individual, group, or organization making the nomination
- at least one copy of the nominated article/book. If the article/book was written in a language other than English, send an English translation of the material being nominated along with a copy of the publication in its original language. If an English translation is not available, a summary or abstract of the major ideas presented in the publication must be submitted in English along with a copy of the publication in the original language.

Please note: It is the responsibility of the person or persons making the nomination to let the nominee know that he or she is being considered for the Eric Berne Memorial Award and to provide the person with a copy of the written material being submitted to the EBMA Committee. This is to be verified either by sending to the committee a copy of the letter to the nominee or a statement to that effect. Without this verification, the nomination will not be accepted, unless the person being nominated is deceased.

Please contact the ITAA office for complete details about preparing nomination materials for submission to the EBMA Committee. And remember, honoring a long-time member for work that has become part of the roots of transactional analysis, or stroking a relative newcomer for an off-shoot that has become central in transactional analysis theory and/or practice—these strokes not only help keep individual transactional analysts alive and healthy, they are also part of what stimulates the continued development and dissemination of the system of transactional analysis. □

Members Forum

In Memory of Jeff White

Dear Editor:

I write this in deep appreciation of Jeffrey R. E. White, BA (Hons), DCP, CTM (ITAA), MAAP, FAPS, clinical psychologist and transactional analyst.

It is not easy discussing or thinking about death. My intention in writing this short note is to express my appreciation for Jeff, my sponsor, supervisor, and friend.

I met Jeff in 1982 when he conducted a TA 101 in Singapore. As this grey-haired man spoke about the humanistic position of "I'm OK, You're OK," I found great sense and meaning in his teaching. From that day on, my journey with transactional analysis commenced.

Jeff and his wife, the late Dr. Margaret White, brought clinical transactional analysis to Singapore. And with their encouragement, supervision, and commitment, Singapore harvested five clinical transactional analysts. The Singapore Transactional Analysis Association (TAA) was inaugurated by Jeff and Maggie in 1987, and they were honorary TAA members.

Jeff and I had ten good years, and although his health began to fail in 1992, he continued to encourage me to pursue transactional analysis to great heights.

Some of Jeff's thoughts on transactional analysis in Singapore: "I think that there needs to be a strong, active training group in Singapore for transactional analysis to thrive there. You need a transactional analysis nucleus and such a group is necessary."



Jeff White and Jessica Leong in Singapore

In May 1995 Jeff told me he was very ill. I rushed to Perth, and I said my good-bye the best way I knew how. I asked Jeff what I could do for him, but he asked me instead what I wanted from him. On 20 May 1995 Jeff gave me my last supervision, and he said, "Jessica, go get your TSTA. I'm not sure if I will be there to hold your hand in Sydney in 1996." I cried and asked him why. He replied, "For every hello you make in life there must be a good-bye, so say your farewell well so that you can make a new hello."

The only time Jeff spoke to me about his own death was in September 1992 when his mother passed away at the age of 95 of a heart attack. Jeff wrote, "I just hope that my life and conclusion will be as successful as my mother's was . . . to die comfortably and peacefully."

It was not easy to let go in San Francisco on 10 August when I heard of Jeff's death from Tony White. This is a process that I am familiar with in life having lost my father, mother, Maggie White (my transactional analysis teacher), Betty Lim (a transactional analyst and my best friend), younger brother, mother-in-law, and sister-in-law in four consecutive years. Letting Jeff go is an intensely painful experience, one I prefer to avoid. I appreciate the grief that the White family is going through. I think those of us who feel the loss need permission to grieve and mourn. Each of us will find his or her own expression of loss. I know that mine is a silent grief. Jeff's death brings about my own personal reflection on death. It is still a scary prospect for me. Deep inside I dread the thought of being like Jeff and struggling for so long. Death can be so lonely, terrifying, and frail. At the point of death there is nothing anyone can do. I see Jeff's death as the ultimate loss. The loss of a relationship and of a much-loved physical presence. I still value and respect you. Good-bye, Jeff.

Jessica Leong, Singapore

Dear Editor:

It was July or August 1981. Newly arrive from the United Kingdom, I had just discovered that I had been tricked by Australia House in the UK. The Social Work fraternity did not welcome me with open arms as I had been told. I could not, in fact, be a social worker without requalifying. Rats! I found a menial job in a social welfare agency, and my mood swung frequently from intense rage to deep depression. I wished that I had never heard of Australia.

Scanning "The West" for employment, one day, I saw a TA 101 advertised. I had learned some transactional analysis in my British probation training. It had been most useful in couples work. "What the heck," I thought, "At least I'll have another bit of paper to impress a would-be employer." I went along to St. John of God Hospital on the appointed Thursday and was spellbound. Jeff White's teaching was superb—compelling, graphic, thorough—just the right blend of information giving and exercises, intellectually rigorous, and pervading it all, that impish twinkle and ready humor that was the hallmark of his work.

The 101 evening became the oasis in my week. There was one good thing in Australia after all! I passed my exam and took out a clinical training contract with Jeff. Soon after, I had to defer for two years. At the end of that time a warm invitation arrived from Jeff—"Come to the Christmas party! Are you going to continue your training?" How thankful I still am that I did both.

Not only was I privileged to learn from two first-class therapists and teachers, but I also learned the value of the warmth, praise, and encouragement that Jeff and Maggie White lavished on each of their trainees. Their 202 training stroked health, growth, and individual talent as well as being rigorous and intellectually challenging. They also modeled the generosity of spirit implicit in one of the basic tenets of transactional analysis: "I'm OK, You're OK." As trainers they were loving people.

Now a clinical member with my own practice, I often see Jeff in my mind's eye or hear his voice as I work, especially when I am inviting my client's Child out to play. When a client thanks or praises me, I silently thank and praise my teachers. I do the same as a PTM. Often in the *TAJ* one reads of gaps and omissions in training. In our training group, however, more often than not we comment that, of course, Jeff and Maggie did teach us whatever it was, and remind ourselves of the excellence of their training.

Although we have said our final good-byes, first to Maggie and now to Jeff, they both live on in the work of the fine therapists and trainers that they nurtured. I am so thrilled that I did come to Australia and signed up for the TA 101 in 1981. What good fortune to have had Maggie and Jeff as teachers, therapists, and friends. What a delight to practice and pass on their fine traditions. I was, after all, in the right place at the right time.

Paddy Glasgow, Northbridge, Western Australia
(reprinted from the TA Times*)*

Reflections on MITAC

Dear Elizabeth (Ott):

Thank you for your nice letter. I enjoyed participating in the San Francisco conference. Congratulations on such a successful coordination. The conference seemed to me very well organized in terms of contents and operations. I especially appreciated your consideration of non-English-speaking participants. As one of those, my wife says she could thoroughly enjoy the conference without language barriers. She particularly appreciated the Japanese-speaking registration desk staff in addition to interpreters.

Please convey to Susan Sevilla my personal appreciation for such fruitful work.

Nobuaki Kuniya

Dear Editor:

One of the good things I brought back from MITAC '95 was a raised awareness about the difficulties of intercultural understanding. This theme recurred over and over. For example, there was a thought-provoking breakfast talk by Norman James.

Here I wish to share some thoughts stimulated by Moronaga and Shigeta's workshop on "Understanding Beyond Stereotypes." In the workshop, the American participants (including one French) were asked to write down what they thought were stereotypical American views of the Japanese. The Japanese members were given the reciprocal task. On the American list were the words *inscrutable, indirect, and unresponsive*. I could visualize clearly how these impressions were born. They were, first of all, the result of the hesitation and the pursuit of perfection on the part of the Japanese venturing to communicate in English. Such reactions of the Japanese, in turn, were the result of a deep-seated, history-honored inferiority complex about Western languages.

I commented on this and was surprised by an American in my group who was surprised. She said it was she who felt inferior about the Japanese, totally incomprehensible language. To me this dialogue beautifully demonstrated the subtlety of the problem as well as the mutual need of efforts for understanding motivations behind other people's behavior.

Izumi Kimura, Yokohama, Japan

Dear Editor:

I have been deeply moved by the recent ITAA conference in San Francisco. This was possibly the most culturally mixed gathering of the ITAA ever—a microcosm of our vision for a professional community.

For the third straight ITAA-involved conference, very intense discussions about belonging to the worldwide ITAA community took place. Representatives from five continents and nine countries engaged in very challenging conversations. After exploring, sometimes frustratingly, numerous options, I believe and am at peace that the officers of the ITAA have arrived at workable solutions. We struggled to move beyond divisions, antagonisms, and competitiveness. I think we have arrived at proposals that further inclusiveness, fairness, sensitivity, and responsibility as we balance the dynamic interrelating of autonomy and connectedness in cooperative ways.

Robert Massey, Kearny, New Jersey, USA

Dear Editor:

I was delighted with the warm reception that Jacqui Schiff received at the ITAA conference in San Francisco. There were perhaps 100 people who waited in line to greet her and wish her well. As many of you know, Jacqui has multiple sclerosis and lives in a nursing home. Her contacts with people on the outside are, unfortunately, quite limited. She would especially appreciate cards and letters from people, even though she will probably not be able to respond. Her mailing address is:
Valley Manor Nursing Home, Room 122,
3806 Clayton Rd., Concord, CA 94521, USA.
Phone: 510680-4640.

Abe Wagner, Denver, Colorado, USA



Elaine Childs-Gowell (left) with Jacqui Schiff at the San Francisco Conference

Research on Domestic Violence

Dear Colleagues:

I am starting a sociological PhD research project in the area of domestic/family violence. During the past years, a great deal of research has been done on the causes and results of violence, which has been helpful in providing treatment programs and protection for partners and children. We know most violent men and women have a childhood history of being victims of violence in some way themselves.

I am interested in looking at violence from the reverse position. I want to interview men who consider themselves to be nonviolent to discuss their views on violence and the reason they hold these views. I am especially interested in talking with men who are actively opposing violence by working in the area of counseling violent men, running men's groups, or developing treatment programs for violent men.

Researching family scripting, how violence is constructed in our society, gender issues, masculinity beliefs, early childhood messages and experiences, school experiences, and conditions of the wider community that prevented a child from choosing to become violent can, I believe, help in the prevention of violence in our society.

I would be happy to hear from anyone interested in my research who would like to send me ideas on the project. I would also like to hear from others who are working on similar projects in the area of violence.

I can be contacted by writing 3 Trafford St., Beaconsfield, West Australia 6162 ; phoning 335-6950; faxing 09-335-3281; or by e-mail at lgregory@central.murdoch.edu.au.

Linda Gregory, Beaconsfield, West Australia

Training News

Written Exam News

Trainers and trainees please take note: As of 1 January 1996, the proctored exam will be replaced by the 38-question essay-style written exam. Please refer to the Training Manual, pages 133-134, for preparation instructions. Note that the assessment process listed on page 134 has been changed and will be explained here. The letter of application is found on the bottom of page 153. The exam itself is found on pages 171-172.

Step 1: Candidate completes answers to 38 questions.
Step 2: Supervisor determines if exam is ready for submission.
Step 3: Candidate sends filing fee and letter of application to T&C Council.
Step 4: T&C Council sends receipt and name of area exam coordinator to candidate and supervisor.
Step 5: Supervisor applies to exam coordinator for an assessor.
Step 6: Exam coordinator selects an assessor, notifies supervisor and candidate who it is.
Step 7: If no one objects (no conflict of interest), candidate sends copy of exam and $50 US reading fee to assessor, who grades exam in 60 days.
Step 8: If pass, assessor sends exam grades and comments to candidate and the exam coordinator.
Step 9: Exam coordinator sends exam results to T&C Council for recording in candidate's file.
Step 10: If deferred, the candidate can:
a) revise exam and repeat steps from #5
b) request original exam to be read by a second assessor (also repeating steps from #5).

In either case, the candidate must forward an additional $50 US reading fee with the exam.

TA 101 CALENDAR

1-2 November 1995: Mexico City (in conjunction with MEXAT conference). Cost: $25. Leaders: Gloria Noriega Gayol, TSTA, and Emilio Said Diaz de la Vega, TSTA. Contact: MEXAT, Ezequiel Montes 19, C.P. 06030, Mexico; phone: 525-592-2884, fax: 525-546-9184.

24-25 February 1996: London, England. Cost: £80. Leader: Geoff Mothersole, PTSTA. Contact: The Metanoia Trust, 13 North Common Rd., Ealing Common, London W5 2QB; phone: 0181-579-2505.

23-24 March 1996: Cleveland, England. Cost: £90. Leaders: Christine Lister-Ford, TSTA, or Jennie McNamara, TSTA. Contact: Stockton Centre for Psychotherapy & Counselling, 77 Acklam Rd., Thornaby-On-Tees, Cleveland TS17 7BD, England; phone: 01642 611292.

11-12 April 1996: London, England (in conjunction with the ITA conference). Cost: part of conference registration. Leader: Val Cunningham, PTSTA. Contact: Marsha Lomond, phone: 01279 413716.

27-28 April 1996: London, England. Cost: £80. Leader: Barbara Traynor, PTSTA. Contact: The Metanoia Trust, 13 North Common Rd., Ealing Common, London W5 2QB; phone: 0181-579-2505.

13-14 July 1996: Cleveland, England. Cost: £90. Leaders: Christine Lister-Ford, TSTA, or Jennie McNamara, TSTA. Contact: Stockton Centre for Psychotherapy & Counselling, 77 Acklam Rd., Thornaby-On-Tees, Cleveland TS17 7BD, England; phone: 01642 611292.

12-14 July 1996: Karlsruhe, Germany. Cost DM 300. Leader: Richard Reith, PTSTA. Contact: Wirkstatt, Steinstr. 23, D-76133 Karlsruhe, Germany; phone: 0049-721-378075.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC	Nov. 18, 1995	Zurich, Switzerland	Aug. 1, 1995
	BOC	Nov. 25, 1995*	Christchurch, N. Zealand	Aug. 25, 1995
	BOC	Jan. 21 1996	Cochin, India	Oct. 20, 1995
	COC	April 14, 1996	Rome, Italy	Dec. 1, 1995
	COC	July 6, 1996	Budapest, Hungary	Mar. 1, 1996
	BOC	Aug. 15, 1996	Calgary, Canada	May 15, 1996
	BOC	Nov. 9, 1996	Sydney, Australia	Aug. 9, 1996
TSTA Oral	COC	July 6, 1996	Budapest, Hungary	Mar. 1, 1996
	BOC	Aug. 15, 1996*	Calgary, Canada	May 15, 1996
CTA Written (Essay)	All Regions (Non-Europe)	Your choice	To be submitted to Regional Exam Coordinator after payment of $50 recording fee to T & C Council	Your choice
Training Endorsement Workshops	COC	Nov. 20-22, 1995	Zurich, Switzerland	July 1, 1995
	TSC	Jan. 25-26, 1996	Cochin, India	Nov. 15, 1995
	TSC	Aug. 9-11, 1996	San Francisco, USA	April 1, 1996
	TSC	Nov. 11-13, 1996	Sydney, Australia	July 1, 1996

*subject to availability of examiners

To make arrangements to take a BOC exam, contact the T&C Council, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the *EATA Newsletter* for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

Cochin TEW Approved

A training endorsement workshop has just been approved to follow the 20-24 January conference of the Institute for Counselling and Transactional Analysis (ICTA). For information on the 25-26 January TEW in Cochin, contact the T&C Council office, 450 Pacific Ave., Ste. 250, San Francisco, CA 94133-4640, USA. For information on the ICTA conference, contact Fr. George Kandathil, ICTA-Santigram, Changampuzha Nagar, Cochin, 682033 Kerala, India.

"Advanced Working Conference on Ego States in Transactional Analysis"

14-16 March 1996 * Hotel Novotel, Amsterdam, The Netherlands

An Invitation to Participate: All members interested in the advanced theory and application of ego states in transactional analysis are invited to attend. The minimum training level required is Certified Transactional Analyst (BOC, COC, or ALAT). However, those who consider themselves advanced but are not CTAs may add a letter of endorsement from a Training and Supervising Transactional Analyst. Please rush your registration as attendance is limited to 150 participants. This conference is also a designated site for ITAA business meetings, which begin 12 March.

The Schedule

Thursday, 14 March
7 pm Opening Plenary, Introduction
8 pm Standing Buffet

Friday, 15 March
9 am Keynote Speech
10 am 30-Minute Presentations followed by Small Group/Plenaries
12:30 pm Lunch (included)
3 pm 30-Minute Presentations followed by Small Group/Plenaries
7 pm Amsterdam Canal Tour & Dinner

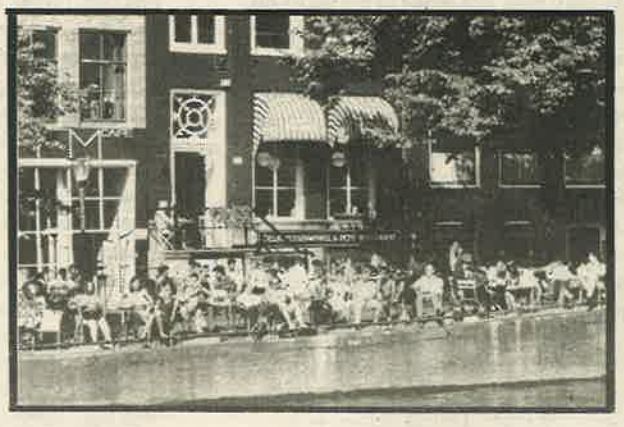
Saturday, March 16
9 am Keynote Speech
10 am Report Group Discussions
12:30 pm Lunch (included)
2-4 pm Final Plenary

Keynotes: Keynote speeches will be offered by Maria Gilbert, TSTA, clinical psychologist and head of Integrative Psychotherapy Training Course at Metanoia, London, and by Renate Höfer, a clinical psychologist from Germany.

Conference Hotel: The Hotel Novotel offers double/single rooms for a reduced rate of *f*165 per night, including breakfast. This rate is available 10-17 March for conference participants only. If you come earlier or stay later, please mention this rate (it is normally *f*260 per room). Triple rooms are available for *f*195. The hotel is accessible by a direct train connection from Schiphol Airport (20 minutes). Contact the hotel directly to make reservations. Hotel Novotel, Europaboulevard 10, NL-1083 AD Amsterdam. Telephone: 31-20-5411123; fax: 31-20-6462823.

Travel Arrangements: March is a prime month for low intercontinental travel fares. Watch local newspapers for announcements on special airfares.

Registration after 1 November 1995 is *f*650 Dutch flanders (or about $412 US), which includes all conference programs, two lunches, coffee/tea breaks, a copy of the conference proceedings, admission to the Thursday night buffet, and the Friday evening canal tour plus dinner. Make registration payments by bank transfer directly to the conference bank account: Make the check payable to "Congres TA-Amsterdam, ABN/AMRO Bank Haarlem, Account Number 46-07-20-872." The bank address is: PO Box 5, NL 2000 MB Haarlem, The Netherlands. Mail or fax registration to: Amsterdam Designated Conference, Fax 31-23-420942, IAS International, Westerhoutstraat 48 NL 2012 JS Haarlem, The Netherlands.
Direct questions to Drs. Jindra Kessener at above-listed address and fax, or call 31-23-420979. (See the October *Script* for the conference registration form.)



THE WORLD OF PSYCHOTHERAPY

FIRST CONGRESS OF THE
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June 30 - July 4, 1996
Vienna, Austria

To register, contact:
1st Congress of the World Council for Psychotherapy
c/o ICOS Congress Organisation Service GmbH
Johannesgasse 14
A-1010 Vienna
Austria
Telephone: +43-1-512 80 91
Fax: +43-1-512 80 91 80

Two Summer Workshops
with
Richard G. Erskine, Ph.D. and Rebecca L. Trautmann, RN, MSW

INTEGRATIVE PSYCHOTHERAPY WORKSHOP: JULY 19-28, 1996

This ten-day workshop for mental health professionals will focus on the theory and clinical practice of Integrative Psychotherapy. Various methods of working within the therapeutic relationship will be taught and demonstrated and may include contact, inquiry, affective attunement, involvement, and modes of empathy in individual and group psychotherapy. An opportunity will be available for case discussion.

Cost: $1900.00 for tuition, room and meals
Reservation Fee: $450.00 non-refundable

THERAPISTS AND THEIR PARTNERS: AUGUST 2-7, 1996

The concepts and methods of Integrative Psychotherapy will be applied to partners in living and working relationships. The specific relationship needs of therapists and their partners will be explored and enhanced through a focus on contact and withdrawal, self-definition and respect, empathic conflict resolution, affective attunement, quality time commitment, inquiry and therapeutic dialogue, and understanding relational needs.

Cost: $2700.00 per couple, including room and meals.
Reservation Fee: $600.00 non-refundable
Location: Both workshops will be held in Kent, CT

Institute for Integrative Psychotherapy
500 East 85th Street, New York, NY 10028
212-734-5291; 212-879-6618 (fax)

The Institute for Integrative Psychotherapy is approved by the American Psychological Association to offer continuing education for psychologists and by the National Board of Certified Counselors for counselors. The Institute for Integrative Psychotherapy maintains responsibility for the program. Other professional CE credits also available.

This year at holiday time . . .

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Laurie Hamilton, Editor

Keeping In Touch

Region I—Asia, Africa, The Pacific

The 13th Australasian Transactional Analysis Conference will be held 8-10 November 1996 in Sydney, Australia. The theme of the conference is "The Uses and Abuses of Power" with keynote speaker Jean Illsley Clarke. In conjunction with the conference there will be Board of Certification exams, a training endorsement workshop, a Transactional Analysis 101 course, and many institutes and workshops. Program proposals should be sent by 15 February 1996 to Acey Teasdale-Choy and Libby Crichton at 158 Wellington St., BONDI, NSW 2026, Australia. For additional information about the conference, contact the conference conveners, Elana Leigh and Jan Grant, at the same address; phone: 612 300 9907; fax: 612 300 9801.

Region II—Canada

Leonard Ghan writes that he is now a grandfather three times over and that his new office address is 18526 60 A Avenue, Surrey, British Columbia V35 7P7, Canada.

Region III—Europe

Janne Blarke is happy to announce that on 5 September 1995 she became the grandmother of a healthy, beautiful little boy. She writes, "Many years ago, when my son Morten was about ten years old, he started joining me at transactional analysis conferences; followed by his little sister, Maja, some years later. They both got to know so many of you, enjoying every moment of strokes and interest you shared. So Morten, now 30 years old, is delighted that I am announcing to you the birth of his and Mette's son. Some of you will get the news from me personally, but many of you I will not see for some time, and I wanted all of you to know!

"The little boy's name is Pelle (as in 'Pelle the Conquerer'). He took 27 hours to arrive, clearly aware of his parents' constant, though exhausted, support, and cooperated beautifully. He was 3,1 kg and 52 cm, and is surrounded by two great-grandmothers, four grandparents, two uncles, and one aunty. Happy greetings to all of you!"

And congratulations to you, Janne, and to the rest of your family!

Region V—United States



Lucie King, formerly of Chicago, says "Hello" to ITAA members from her new home in Lake Tahoe, Nevada. Her new address is PO Box 6439, Stateline, NV 89449, USA.

Lois Johnson, TSTA, has been on the minds of many members who have contacted the ITAA office to inquire about her. Lois, who is a long-time member and was a transactional analysis trainer, teacher, supervisor, addiction specialist, and accomplished psychotherapist, was also the coordinator and keynote speaker at the 1986 Orlando winter congress. *The Script* tracked Lois down via her good friend Becky Palmer of Utah. Lois is living with her granddaughter, Rhonda Dee (also a familiar ITAA personage) and her great-grandchildren, in Crulota, Florida. Lois's health is fine, but her memory and knowledge have suffered with age. All of us in the ITAA send her many hugs and wish her well in her retirement years.

Dr. Dennis O'Grady's book, *Taking the Fear Out of Changing*, is being reissued by a new publisher, Bob Adams, Inc.

Professional Achievements in Transactional Analysis

Since its publication in 1987, the textbook *TA Today* by **Ian Stewart** and **Vann Joines** has been translated into Italian, French, German, Swedish, Hungarian, and Japanese. Polish and Russian translations are in preparation.



Ian Stewart



Vann Joines

Ian Stewart recently contributed a chapter on the history of transactional analysis to the symposium volume, *Developments in Psychotherapy: Historical Perspectives* (Sage Publications, London, to appear in 1996). He is also writing the book on transactional analysis in Sage's new series, *Developing Counselling* (also set to appear in 1996).

Ian previously contributed books on transactional analysis to two other multidisciplinary series published by Sage. He wrote the book on transactional analysis in the *Counselling in Action* series (Sage, 1989), and the volume *Eric Berne* in the series *Key Figures in Counselling and Psychotherapy* (Sage, 1992).



PTSTA Workshop with Julie Hay in Cochin, India

Trends and Transformations in India

by Julie Hay

It is not often that a lecture tour on organizational trends is organized by a Carmelite nun, but that is what happened when I went to run an institute at the ICTA conference in Bangalore and a PTSTA workshop in Cochin. I fell in love with India when I attended the ICTA/ITAA conference in 1983 and went back for my third trip to run a month of workshops for managers, trainers, consultants, and counselors.

Sister Annie Marie had arranged programs in southern India for the Federal Bank, the National Institute of Personnel Management, the Kerala Management Association, and a group of 80 counselors who wanted to know more about neurolinguistic programming (NLP).

My main focus with the managers was on the 4 Cs of Working with Difference: Change, Culture, Conflict, and Creativity. There was considerable interest in trends, such as the "critical mass" of women, increased female entrepreneurship, greater attention to business ethics, environmental stewardship, career "snakes and ladders," and "gold collar workers" (highly regarded, highly proficient workers). Most of the managers attending recognized that these trends will have an increasing impact on their organizations, especially for those that export to the West. They also benefited from some practical approaches based on transactional analysis and NLP.

My transactional analysis book, *Working It Out At Work*, was printed in India (at Indian prices) by Creative Communication and Management Center, which had also arranged programs in Delhi, Madras, Pune, and Bombay. Practical sessions on dealing with difficult people, initiating and maintaining cultural change, conflict resolution, and encouraging innovation were well received—so much so that I already have several requests for workshops during my next trip.

E-Mail Address for ITAA

The office has two new e-mail accounts and is ready to enter the on-ramp of the information superhighway:
76734.2074@compuserve.com
ITAASF@AOL.com



TA CONFERENCES WORLDWIDE

1-2 November 1995: Mexico City. MEXAT Annual Conference. Contact: MEXAT, Ezequiel Montes 19, C.P. 06030, Mexico; phone: 525-592-2884; fax: 525-546-9184.

4-5 November 1995: Lyon, France. French Transactional Analysis Association (IFAT) Congress. Contact: Corinne Bernard, 71 rue du 4 août, 69100 Villeurbanne, France.

20-24 January 1996: Cochin, India. Twenty-third Annual ICTA Conference. Contact: ICTA—Santigram, Changampuzha Nagar PO, Cochin 682033, Kerala, India; phone: 0484 85 5143.

24-31 January 1996: St. Croix, Caribbean. USATAA Conference (in cooperation with Eastern Regional Transactional Analysis Association). Contact: Mary Ellen Frost, 3450 Stellhorn Rd., Fort Wayne, Indiana 46350, USA; phone: 219-724-2441.

14-16 March 1996: Amsterdam, The Netherlands. IAS International and INITA Conference on Ego States and Transactional Analysis (designated site of ITAA business meetings). Contact: IAS International, Westerhoutstraat 48, NL-2012 JS, Haarlem, Netherlands; phone: 31-23-420-979.

11-14 April 1996: London, England. Institute of Transactional Analysis (ITA) Conference. Contact: ITA, 32 Wilberforce Court, Kings Drive, Edgware HA8 8AZ, United Kingdom; telephone: Jenny Bridge (011-44-181-878-7388) or Rachel Hewitt (011-44-181-940-8010).

10-12 May 1996: Freiburg, Germany. German TA Association (DGTA) Conference. Contact: Dr. Anne Kohlhaas-Reith, Birkenweg 3, D-79183 Waldkirch, Germany; phone: 0049-7681-6179.

6-9 July 1996: Budapest, Hungary. Twenty-first EATA Conference. Contact: Myrtill Varrai Iroda, 1124 Budapest, Fodor U. 78, Hungary; phone: 36-1-202-6221.

12-18 August 1996: Calgary, Alberta, Canada. Canadian Transactional Analysis Conference (designated conference of the ITAA). Contact: Bob McLeay, Ste. 260, 800-6th Ave., SW, Calgary, Alberta, Canada T2P 3G3; phone: 403-263-1977; fax: 403-263-1985.