INTERNATIONAL
TRANSACTIONAL ANALYSIS
ASSOCIATION

The Script

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Novey Welcomed as New *TAJ* Editor

The New Year is bringing new blood to the *Transactional Analysis Journal* in the person of Ted Novey, PhD, TSTA, who has been appointed Editor of the *Journal* for 1994-1996. Outgoing President Robin Maslen, writing about Novey, said, "His appointment is a popular choice, and when the Board heard of the likelihood of his nomination, they were delighted."

A former nuclear physicist, Ted turned his attention to the social sciences in the early 1960s. He was invited by Eric Berne to join the San Francisco Social Psychiatry Seminars and went on to train with the Haimowitzes, receiving his Clinical Membership in 1972 and his Teaching Membership in 1977.

Ted, who has a private practice as a psychotherapist, trainer, supervisor, and consultant, has been active in the ITAA for many years. He has served on numerous committees and as a resource reviewer and Editorial Board member for the *TAJ*.

In his first Letter from the Editor in the January 1994 *TAJ*, Ted outlined the direction that he hopes to follow in his term as *Journal* editor. "I have liked most the articles that were 'juicy,' the ones written in clear, simple language, with assumptions spelled out, and some of the joy of your creative lives seeping out from between the lines. I also want to see more articles . . . on research . . . and clinical, educational, and organizational case articles that tell how you do what you do, what works and what doesn't. Finally, I want... more articles about the personal experiences of both professionals and clients in the field of integrated transactional analysis."

We congratulate Ted on his appointment and welcome him aboard.

Table of Contents:

The Range of Spiritual Experience .. 2
Opportunity Knocks 2
Poets' Corner 3
Spirituality or Pathology? 3
Special Insert on Aruba Conference ..5
Defining Spiritual Experience..... 9
Awards, Grants, and Loans 12

Van Beekum Begins Term as ITAA President

by Laurie Hamilton

As Servaas van Beekum of The Netherlands moves from his position as President-Elect to begin serving his two-year term as ITAA President, Script Editor Laurie Hamilton interviewed him about his background, his experience as President-Elect, and his hopes and plans for his administration.



Laurie: Servaas, how did you originally get involved in TA?

Servaas: I did post-graduate work in TA at the University of Utrecht in The Netherlands, then took my certifying exam in TA in 1985. By 1988 I stopped teaching and started my own training and consulting business, IAS International (Institute for Application of Social Sciences). Our group works with businesses and organizations using TA, population theory, systems analysis, and Gestalt. We do a lot of work in Germany, so I am really looking forward to the ITAA designated conference in Nürnberg this May.

I began my involvement in TA organizations in 1988 as well. After serving on various committees, I was asked to fill in as President of the European TA Association (EATA) when Ann Waters had a stroke in 1992. I then was asked to be President-Elect of the ITAA.

Laurie: And what was it like to fill that position this last year?

Servaas: My first ITAA Board meeting in Brighton, England, was quite different from what I had been used to in EATA. I was surprised by the variety, structure, and meeting style. There was a lot of business to do. The ITAA meetings were more professional, and everyone was better prepared for them. There were much clearer tasks for each person. It was a heavy learning experience for me, and I was glad of the coaching I received from Robin Maslen. I was able to join some committees and had tasks to do. I am well-known in EATA, but not in the ITAA, so that was a good introduction.

It was interesting to see how the political issues were dealt with, how various interests were met, and how people were able to meet each other. I am impressed with how devoted people are to the organization. There is a *heart* for the ITAA, too, a very well functioning office in San Francisco.

Laurie: What do you have now as the main goals of your presidency? Do you have any pet projects?

Servaas: I want to see the organization become more decentralized. I strongly support the local organizations having their own conferences, with a big international conference every three years. That structure makes TA closer to its members and also encourages certification.

I also feel that one of the responsibilities of this job is to keep the whole organization together and to be one of its representatives. I have a containing function, as well as an image-building function. The image I want to build/portray is of a president who is visible, in contact, exchanging, a conference traveler and user of technologies (phoning and faxing).

The ITAA encompasses the whole TA community—it is not a "they," it is a "we." We are all related by TA theory, Bernian roots, certification, and research. We especially need to do more research. We need to look from the top down to see what can be done and how to support it. From the bottom up we lack a research orientation. Perhaps we

- continued on page 4

> **"The ITAA encompasses the whole TA community—it is not a 'they,' it is a 'we.' We are all related by TA theory, Bernian roots, certification, and research."**

Anger and Engagement

An Interview with Bill Cornell

by Sue Perkinson

The following conversation with Bill Cornell highlights some of the material he will be presenting in his all-day continuing education workshop at the ITAA Conference in Aruba, October 24-30, 1994. In keeping with the conference theme, "Anger and the Disowned Self," Bill will focus on his view of anger as a means of engaging with rather than distancing from other people. Our thanks to Sue Perkinson, Aruba Program Chair, for doing the interview.

Sue: Thank you for being willing to talk to us about what you're going to do in Aruba. To begin, I'd like to know about how you understand anger as an expression of engagement, in contrast to many people, who think of anger as distancing.

Bill: Much of the meaning that people attach to being angry is influenced both by early family experiences and by social and cultural influences. For many people, anger, aggression, hostility, violence, and hatred all have more or less the same meaning, whereas I've come to see them quite differently. For example, anger and aggression, at least in their original intent, are healthy. They are an effort to solve a problem, to move out toward someone else with enough force, visibility, and volume to get the other person's attention and a relevant response. That's the primary and healthy intent in anger.

Sue: What is your understanding of how things goes awry so frequently in our culture, especially in couples relationships? It certainly doesn't often come out the way you've just described.

- continued on page 4



For details on the Aruba conference, see the special insert on page 4 of this issue.

EDITORIALLY YOURS

by Laurie Hamilton

Spiritual Experience Highlighted

Greetings from the mountains of North Carolina. This month's *Script*, my first issue as Editor, is crammed with all sorts of useful information. In addition to a major insert about the 1994 ITAA Conference in Aruba, the mini-theme of "spiritual experience" has been used to start a new feature—Open Mike (for those familiar with early ITAA meetings). We will have other mini-themes throughout the year, including humor, natural disasters, anger and the disowned self, and dual relationships. If you have a *brief* comment on any of these topics (or would like to suggest others), please send it to me at 101 Ledbetter Rd., Arden, NC 28704, USA.

The topic of spiritual experience is of great interest to many of our members and of particular interest to me. I am currently involved in research to tease out some of the biochemical basis of such experiences. I think that spiritual experience has just as real a physical basis as any other physical experience to which we respond emotionally and consider with cognition. There are experiences in many other dissimilar categories—such as the sense of smell, musical talent, and sexual experience—that share the characteristic of having a physical basis which is responded to emotionally ("Natural Child" or "Adapted Child" ?) and thought about, pondered, and categorized ("Adult" and "Parent" ?).

"As with other physically based experience, a range of intensity and magnitude exists in the spiritual area."



As with other physically based experience, a range of intensity and magnitude exists in the spiritual area. I think that in spiritual experience this range includes intuition, recognition of wholeness/connection, precognition, trance, altered states of consciousness, and visions. The cognitive belief systems employed to explain such experience are varied. Surprisingly, the description of such happenings are remarkably consistent once one ventures past the vocabulary of a particular belief system.

I hope you enjoy what some other ITAA members have to say on this topic, and I look forward to hearing from you as well.

The Script

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INSIDE VIEW

by Susan Sevilla

Opportunity Knocks

Join the team that is shaping the future of your profession! This is a call for nominations for Board of Trustees and committee members of the ITAA.

Are you tired of sitting on the sidelines? Are you ready to share your experience and expertise? Here is your chance to help lead the Association dedicated to investigating and promoting the use of transactional analysis in psychotherapy, education, business, and other fields of human interaction.

"Join the team that is shaping the future of your profession."



Positions Available:
- President-Elect, ITAA—to serve as President-Elect in 1995, succeeding to the ITAA Presidency for the term 1996-1997.
- Board of Trustees, US and Other regions. Elected in 1994 to serve a 3-year term, 1995-1997.
- Committee members. Generally serve a 2-year term, 1994-1995.

The Benefit Package:
- a role in advancing your profession
- exposure to a wealth of personal and professional contacts
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Qualifications:
- demonstrated commitment to the ITAA
- strong background in committee and volunteer work
- management experience, or a desire to learn

To apply for President-Elect or Board positions, see the Call for Nominations on Page 12. To become a Committee Member return the form on this page.

Committee Sign-Up Form

Check a committee that you are interested in, add your name and contact information, and return this form to the ITAA. You will be contacted by the Committee Chair.

- ☐ **Finance Committee:** reviews budget and reports, makes recommendations to the Board, develops a long-range financial plan and investment policy for the ITAA.
- ☐ **Affiliation Negotiation/Review Committee:** reviews and processes all inquiries and proposals for affiliation, negotiates renewals at the expiration of current contracts.
- ☐ **Nominating Committee:** solicits nominations, prepares a list of candidates for Board and officer positions.
- ☐ **Membership Committee:** helps create an association that is appealing to past and present members, stimulates recruitment of prospective new members.
- ☐ **Conference Committee:** helps arrange and conduct the 1995 International Conference in San Francisco.
- ☐ **Professional Practices Committee:** sets standards and publishes guidelines for professional behavior, presentation, and advertisement; reviews complaints regarding these matters.
- ☐ **Ethics Committee:** reviews charges of unethical conduct on the part of ITAA members, acts as a consultant body to affiliate organizations.
- ☐ **TAJ Editorial Board:** assists in the production of the *Transactional Analysis Journal*.
- ☐ **Script Committee:** assist in the production of *The Script* newsletter.
- ☐ **Grant & Fund Distribution Committee:** solicits, reviews, and approves requests for funding from the Scholarship/Loan Fund and the Eric Berne Fund for the Future.
- ☐ **Development Division:** This Division will be forming committees to work on project research, project evaluation, project production, and promotion and distribution.
- ☐ **Research and Innovation Division:** This Division will be forming committees that support research and innovative developments in TA theory, information, and applications.
- ☐ **T&C Council Board of Certification (BOC):** Responsible for the written and oral examination content and process and for certification of candidates.
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Name: _____

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Return form to: ITAA, 1772 Vallejo St. San Francisco, CA 94122, or fax: 1-415-885-5998.

POETS' CORNER

by Marion Arenas

Is My Daughter the Autumn Leaf?

Elizabeth Anne Skippers wrote the accompanying poem as she awaited the death of her daughter, Susanne, who died of ovarian cancer in September, 1984, at age 38. I first read it ten years ago when I was teaching poetry writing to adults in a continuing education setting. I used it in class because it is an especially good example of metaphor.

With no mention of pain, grief, love or other emotion in the poem, the reader can feel all of these through the mother's compact writing, as she speaks of concrete things: the woods, a red fox, a baby, an autumn leaf. The first three stanzas can be read to represent the daughter's illness, unseen through the "impenetrable" appearance of health. In the sharpest image in the poem, the fox, often portrayed in fairy tales and folklore as cunning and untrustworthy, is the malignancy itself, "red" like blood, and showing "clearly" as an abnormality would on an MRI or a CAT scan. Beginning poets often write such images, with the underlying meaning quite outside their awareness (as often happens in psychotherapy). They do not realize that it is even a metaphor, much less that it is the appropriate one, until the teacher or others in a poetry workshop point it out. An experienced writer can also come up with an image from the same source, but will *usually* recognize it as metaphor right away and can therefore rearrange or elaborate on it.

Although our poet may well have seen, looking out her window, a red fox against the white snow, I doubt she recognized this as a metaphor. I am guessing that these were musings to her, yet she somehow knew to choose the red fox in the poem, and not other common sights like the grey sky, the falling snow, rocks, red holly berries, hawks, eagles, deer or rabbits, all frequent in areas of the USA where one also sees a red fox. Our poet intended, of course, the metaphors in stanza five, her two existential questions.

She wrote only this one poem. Her sister, who showed it to me, encouraged her to write more, but Elizabeth said she had nothing more to write. She died in 1991 of liver disease. Her sister gave permission for this first publication of the poem, happy to have it seen by so many readers.

"The death of one's child comes as the cruelest death, a death out of the correct order of the life cycle."



This short piece was the first one I thought of when the theme of "spirituality" was announced for this issue. Perhaps "Awaiting The Death of My Daughter" touches me so poignantly because I, too, have a grown daughter, an only child, who is—please whatever gods may be—quite well, quite beautiful, quite loving, and is herself the mother of two little girls. The death of one's child comes as the cruelest death, a death out of the correct order in the life cycle, an unfair death. This poem reminds us that it can happen. We read it and grieve with the mother, hoping our sympathy and prayers will keep such tragedy far from us, keep us from ever asking, "Is my daughter the autumn leaf?"

Awaiting the Death of My Daughter

by Elizabeth Anne Skippers

I looked at my woods
the other day.
Thick, impenetrable.
All lush and green.

Soon fall will bring color
and death
to that green.

Winter.
I see through what was live.
The red fox shows clearly there
against the snow.

Spring again. New buds appear.
New life. New green.
My woods fill once more.

Is my daughter
the autumn leaf?
Is the baby down the street
the new leaf?

What do I know?
I am only mortal and small.
A larger view
is hard to grasp.

RE-VISION

by Frank Morris

Spirituality or Pathology?

As soon as the word "spirituality" is uttered, I shudder. Will I be hearing pathology in the guise of religion or a true spirituality, which opens one up to grand awareness, soulful intimacy, and buoyant spontaneity? Unfortunately, psychological issues do not cease when religious words are spoken: Frequently problems are given new justification. To clarify my position, I'll begin with what I think are authentic usages of the concept of spirituality.

The first is that each of us literally has atoms of star dust in our bodies: We are cosmos. That truth gives wonder and leads to appreciation. Then, each of us is literally related to all life forms: We are life. Knowledge of such a marvelous three-and-a-half-billion-year heritage gives a sense of belonging that is grand. The next spiritual awareness dawns in that the survival instinct of life energy has been active over those three-and-a-half-thousand-million years and still pulses in our veins: We are life force energy. That is followed by a desire to give to life so it may continue: We are spiritual contributors. Across the centuries, humans have dedicated themselves to beauty: We are artists. Many have fought for right: We are justice. There are those who are the salt of the earth: Peasant goodness pulsates as an option for us. Many have emphasized sound ideas: We are truth. Love has been emphasized by human forerunners as the way of relationships: We are love.

Stemming from all those is a flow, a sense of being, a beautiful dance having no legitimate description other than "spiritual." It is a way of being, a form of perceiving, a method of thinking, an inspiration for how to relate. It is cherishing the child within others as well as gratitude for being part of the cosmic drama. This form of spirituality has no narcissism, no wish-filled grandiosity. It is thankfulness. Following shortly after the gratitude comes service to life and humans.

Having said the good stuff, I turn to the bad stuff that can accompany someone's use of the word "spiritual," because, goodness knows, I've seen a truckload of it in my five decades. Eric Berne's contamination graphic comes to mind—the one where the Adult circle is invaded by the Child circle, and delusions and illusions come forth. My sadness at the waste of human potential becomes irony. Have you seen the folks who push regression to the womb, withdrawal from the world, and in utero contentment as the meaning of "spiritual"? Have you witnessed the obsessives who rigidly follow rituals and call that "spiritual"? Certainly you must have been collared by a true believer who bombards you with four-year-old regressed magical thinking and, with wide eyes, questions whether or not you believe in . . . (words deleted) . . . ? Then there are those who are parental, often rigidly so, and think "spiritual" means being obedient to commandments. Some think "spirituality" is maintaining adolescent bubbliness. Many go other-worldly and refuse to live in this world—the tragedy of tragedies. Unfortunately, the notion of spirituality can quickly be wed with pathology, because who dares to question beliefs?

Well, there is an answer. When a person gives the gospel according to some developmental age, you can ask (offhandedly), "Do you have any sense of a younger age within you as you think that?" Watch the reaction closely. Honest individuals frequently surprise themselves by admitting a contamination. Try it. It works. And don't forget that no less an authority than Shirley McLaine said she knew all about spirituality when she was four years old.

"Unfortunately, the notion of spirituality can quickly be wed with pathology, because who dares to question beliefs?"



But let's get back to this world, and reality-bound, empirical spirituality. Spirituality is poetry from the heart, a solid sense of cosmic "I'm OK, You're OK," a thankfulness for being and being a part of the process of energy and life. Spirituality gives awareness of human family and leads us to share. It is celebration and appreciation. Spirituality pervades the eye in what is seen, the ear in what is heard, the heart in what is felt. It takes over solitude and possesses the mind. At best, it guides us in relationships. It calls us home within ourselves to re-group and start again when we fail, because spirituality provides us with a dream of what might be, without which we merely function and exist.

Spirituality is not the repetition of an old developmental niche. Personally speaking, I find myself angered by those who proclaim themselves better than others in this area. It is such a waste of human experience that I weep. I weep until I look up again at that starry sky, breathe in the manifold evidence of life, observe people I respect, and get back to my personal dream of seeking to do beauty, truth, justice, goodness, and love with my ounces of strength. My soul is steadied again.



ANGER AND ENGAGEMENT

continued from page 1

Bill: It comes out well when there's an adequate response from the other person, when people as children had reasonably decent responses to their distress, whether it was anger or hurt. Such individuals live with some degree of internal certainty that if there's something bothering them, that's going to be of concern to somebody else. In our culture, both in families and in social and economic environments, people often feel as though they have to fight in order to be heard, to control the other in order to get what they want. There is tolerance in our society for a level of violence that other cultures just don't accept. Part of it has to do with the availability of guns and the fact that our country was born out of a revolution; we fought to get our way, and we've fought to get our way in the world at large. It has to do with the ideal of the rugged individualist. All of those also are influences.

Sue: So, if people don't have confidence that their concerns are going to be responded to sufficiently, then they may resort to using force, attempting to control, a kind of overdoing of aggression to extract some sort of response from the other.

Bill: Right. Healthy anger is really based on a kind of confidence in the other.

Sue: That leads to another question. You often pair two other experiences—aggression and anxiety. Are you suggesting that aggression is a result of anxiety about the loss of trust in a relationship?



Bill: Not really. I began looking at the relationship between anger and anxiety during my training in Reichian therapy. One of the central questions in Wilhelm Reich's work is the influence of anxiety on patterns of emotional expression. It became particularly clear to me in reading Carl Whitaker and Thomas Malone's *The Roots of Psychotherapy*, which looked at psychotherapy as an interpersonal process. A lot of their ideas challenged classical Freudian or analytic notions. They described anxiety as a primary affect or response to loss of structure. Aggression is a response to anxiety, an effort to move back out into the environment, to reestablish structure or to get the structure to respond.

Sue: Are you talking about the kind of anxiety where people are scared about things?

Bill: No. The kind of anxiety I'm talking about has to do with a fundamental loss of structure, of the feeling that the world is predictable or stable enough that I can sense the possibility of a consistent outcome. The world as I've known it, as I've felt it, suddenly changes, as though there is *not* structure. In psychological terms, it's the loss of the primary frame of reference. When we're young it's more likely to come from the outside than from the inside. Later on it may be either an internal loss or an external loss.

Sue: Given what you've said, what is required of a therapist working with these kinds of issues?

Bill: Substance and consistency. The therapist must relate to the client in a way that communicates, basically, that he or she can handle the energy, the intensity, the aggressiveness, the anger of the client.

Sue: Perhaps also the anxiety, the loss of structure, and the confusion that goes with all that?

Bill: Right.

Sue: It reminds me of Winnicott's idea of the holding environment and how important that is when working with these kinds of issues. You've often turned to feminist writers to help you develop your ideas about anger and aggression. What has been especially important about their contributions?

Bill: I was particularly impressed by a statement by Carolyn Heilbrun in *Writing a Woman's Life*, in which she talked about anger as the capacity to act and to take one's place in social discourse. It has nothing to do with hurting or controlling the other, but with making a place for oneself, with being effective and expecting a response. The feminist writers put anger in the context of relationship. Anger has to do with the quality and the effectiveness of the relationship, with the vitality of the "we" rather than an expression of the "I." In the traditional male version of anger, anger is the expression of the "I": I am, I want, I insist.

Sue: Or of the "me" over and against the "you" as opposed to the "me in relationship with the you." It sounds like much of your presentation will be geared toward understanding affect, especially aggression, in the context of relationship rather than as an intrapsychic process.

Sue: How do you view hostility as different from anger?

Bill: For Reich, hostility or violence was a secondary expression of anger. That is, when the environment doesn't respond to a child's healthy aggression—whether by failure to respond, disinterest, punishment, whatever—then the child has several basic options: to shut down the body and to want little or nothing from anybody as a way of managing the disappointment; to withdraw, in a more fearful way; to depend, and take whatever is offered on whatever terms it's offered; or to become hostile, violent, and controlling, to essentially squeeze blood from a stone. Thus, hostility is a secondary expression of frustrated or punished anger.

Sue: It sounds as if you're describing some aspect of what some theoreticians call the "false self."

Bill: In the broadest sense, yes. In TA terms, hostility is a rackety expression of anger. When people are hostile you typically see a racket operation—old memories, chronic bad feelings, it's a whole system that comes into play. The basic intent in hostility is to hurt the other for not being what I want or not giving what I want.

Sue: Are there reading resources you would suggest for people who want to come to your workshop in Aruba?

Bill: My top choices include Whitaker and Malone's "Anxiety and Psychotherapy" in *The Roots of Psychotherapy* (Brunner/Mazel, 1953); Carolyn Heilbrun's *Writing a Woman's Life* (Ballantine, 1988); and D. W. Winnicott's *Deprivation and Delinquency* (Tavistock/Routledge, 1990). In fact, sprinkled all through Winnicott's writings are various interesting articles about anger, aggression, and hatred, but some of the best are pulled together in that book. *Women's Growth in Connection: Writings from the Stone Center* (J.V. Jordan, A.G. Kaplan, J.B. Miller, I.P. Stiver, & J.L. Surrey, Guilford, 1991) also has two or three particularly good articles on anger from the feminist perspective. And probably my single, all-time favorite article is by George Valiant: "Sociopathy as a Human Process" (*Archives of General Psychiatry, 32* February 1975).

Sue: Thanks for taking time from your busy schedule to talk with us. You've given us a good sense of what you will be presenting in Aruba and some provocative ideas about the conference theme. I hope this will encourage many of our members to join us there for what looks like a terrific conference.



Sue: "So, if people don't have confidence that their concerns are going to be responded to sufficiently, then they may resort to using force, attempting to control, a kind of overdoing of aggression to extract some sort of response from the other."

Bill: "Right. Healthy anger is really based on a kind of confidence in the other."

Bill: If I were to put something together with the "disowned self" I would put hostility, because I think anger is an effort to *own* the self and to bring the self to the other.

VAN BEEKUM

continued from page 1

should add a research requirement to the Level I certification. Our new Vice-President of Research and Innovation, Elana Leigh, will focus on this. Maria Teresa Romanini's data base project should be quite useful in this regard.

I also have ideas about how the ITAA can bring ideas to the external world. Therapy can be exported outside of the therapy room to policy makers and politicians. The Vice-President of Development, Matthias Sell, will be part of this project and will be active in decision making.

I am glad to have such a multicultural Board of Trustees, with five USA members and 15 from other countries. Normal things such as envy, threat, and competition appear, but we don't make war. We work on these things without making it overly simple (as in "I'm OK, You're OK"). We face the shadow parts and integrate them.

Laurie: Thank you for talking with us. We look forward to watching your vision for this organization unfold under your leadership over the next two years.

POETRY WANTED

The Script Poets' Corner welcomes your poetry. Please send your contributions (with a stamped, self-addressed envelope) to Marion Arenas, 694 Birchwood Dr., Wyckoff, New Jersey 07481, USA.

SCRIPT THEMES

Upcoming issues of *The Script* will include material focused on the following themes:

* dual relationships (deadline March 1)
* social upheaval (deadline May 1)
* responses to man-made disasters (Deadline June 1)

Please send your letters and brief articles about these topics to *Script* Editor Laurie Hamilton, 101 Ledbetter Rd., Arden, North Carolina 28704, USA.

New Direct Members

September 1993

New Member	*Sponsor*
Barrett, Jaqualyn	Gordon Hewitt
Ford, Penny Packer	—
Horsbrugh, Kim Marie	Charlotte Daellenbach
Joachim, Brenda	—
Kindell, Sabrina L.	—
Ryan, Eunice	Charlotte Daellenbach
Schwartz, Moira	—
Skau, Greta Marie	—
Stiles, Steven	—

October 1993

New Member	*Sponsor*
Baraf, Joan	—
Batty, Raymond M.	John Edwards
Baumgartner, Jerry	Vann Joines
Cryor, Stephen G.	Ted Harrison
Field, Laurence W.	—
Galanter, Gillian	—
Gregory, Neil T.	Bill Cornell
Hall, Kirkwood Maxwell	—
Harrison, Rick	Pat Allen
Koichi, Hiroko	Val Garfield
Love-Brunswick, Dorothy	—
Marquis, Marge	—
McCollum, James	—
Nixon, Don W.	John Edwards
Onishi, Yoriko	—
Singmal, Swarna	John Gladfelter
Smith, Pauline	Gordon Hewitt
Yakel, Paul	—

1994 ITAA/ALAT JOINT ANNUAL CONFERENCE

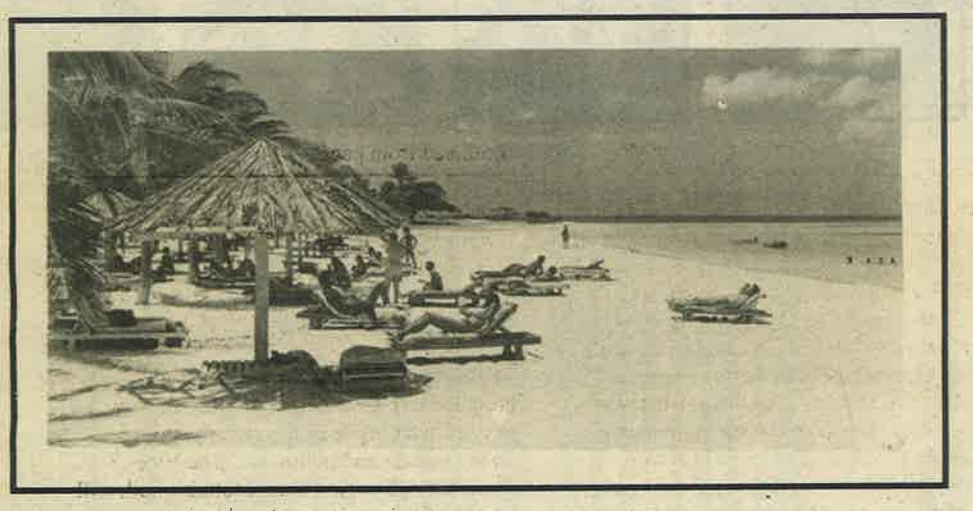
26-30 OCTOBER 1994 · ARUBA

RADISSON ARUBA CARIBBEAN RESORT & CASINO

THEME: "ANGER AND THE DISOWNED SELF"/"LA IRA Y EL SER NO ASUMIDO"

In natural human growth and development, healthy aggression fuels a clear sense of self, the capacity for self-expression, and movement into engagement and relationship with others. When this natural movement is denied or over-powered, significant distortion and destructiveness occurs in the individual person, in social relationships, and in larger social systems. (Much of that healthy impetus is disowned). One has only to watch the news or listen to the anguish heard in the breaking apart of a family to be struck by the force of anger in human conflict.

· En el desarrollo y crecimiento natural del ser humano, la saña agresión alimenta el claro sentido de si mismo, la capacidad de auto expresión y el movimiento hacia el compromiso y la relación con los otros. Cuando este movimiento natural es nagado o exageradamente controlado surge una distorsión significativa y destructividad del individuo, en las relaciones sociales y en los sistemas más amplios. (Gran parte de este impetu saludable deja de ser asumido). Solamente tenemos que ver las noticias o escuchar la angustia en el desmembramiento de una familia para ser golpeado por la fuerza de la ira en los conflictos humanos.



Palm Beach

THE ISLAND OF ARUBA, just north of Venezuela, is unusually dry for a Caribbean Island and lies outside the hurricane belt. Temperatures rarely fall below 75°F, and the trade winds have sculptured the divi divi trees, featured in the conference logo.

Our conference is on the west coast, amidst miles of palm fringed white beaches, considered among the most beautiful on earth. The sea is calm and clear - visibility can reach 100 feet.

Lovely coral reefs ring the island, and giant rock formations and shifting sand dunes abound. Swim and snorkel around, or dive to see the wreck of a German frieghter from WWII. You may easily drive to any point on the island to view colonial Dutch villages, beautiful old churches, historical grave sites, ruins of gold smelters, and preserved native drawings. And if you enjoy a variety of nightlife, Aruba will accommodate!

The official currency is the Aruban florin, but the US dollar is widely accepted and most hotels and restaurants honor major credit cards.

Until 1986, Aruba was a member of the Netherlands Antilles, and is now a separate entity within the Kingdom of the Netherlands. Since the first Spaniard arrived in 1499, people from over 40 nations have inhabited Aruba. Arubans have an aptitude for languages and speak Dutch, Papiamento, English and Spanish.

WHO SHOULD ATTEND? Professionals of every field, including the mental health field, business, education, medicine, religion, industry. All those who wish to be kept abreast of new developments and to expand the scope of their knowledge. · **QUIEN DEBERIA ASISTIR?** Los profesionales de todo tipo, incluyendo los del campo de salud mental, negocios, educación, medicina, religión e industria y aquellos que deseen estar al día de los nuevos desarrollos y para expandir el alcance de su conocimiento.

TRANSACTIONAL ANALYSIS began as a social psychiatry, and it contains an elegant model for understanding and describing the growth and expression of self in relationship with others. Transactional Analysts emphasize working with a sense of personal power and responsibility in integrating the disowned self.

· **EL ANALISIS TRANSACCIONAL** empezó como una psiquiatría social y contiene un modelo elegante para comprender y describir el crecimiento y la expresión del ser en las relaciones con los otros. El análisis transaccional enfatiza trabajar con un sentido de poder personal y responsabilidad en la integracion del ser no asumido.



Oranjestad, Capital of Aruba

ITAA/ALAT: This conference is the fifth joint venture of the **International Transactional Analysis Association (ITAA)** and the **Asociación Latinoamericana de Análisis Transaccional.** · Este congreso representa la quinta participación conjunta ITAA-ALAT.

LANGUAGES OF THE CONFERENCE/IDIOMA DEL CONGRESO: English is the official conference language, Spanish the second language. Many workshops will be consecutively interpreted *English-Spanish* and *Spanish-English.* · **El idoma oficial del Congreso** será el inglés y como segundo indioma el español. Varios talleres estarán traducidos del español al inglés e inglés-español.

CONFERENCE HOTEL: The Radisson Aruba Caribbean Resort & Casino. Recreational facilities include beach & waterfront activities, scuba & snorkeling, pool, health & fitness center, tennis, island excursions, deep sea fishing, hotel casino (there are 11 casinos on Aruba island).

AIR TRAVEL: Aruba is served by Aeropostal, Air Aruba, KLM, American Airlines, BWIA, Viasa. There are many direct flights from Atlanta, Houston, Newark, New York (4 hours flight time), Amsterdam, São Paulo, Bogotá, and Caracas, and easy connecting flights via Puerto Rico and Miami (2.5 hours flight time).

Departure Tax is $10 per person when leaving Aruba by air.

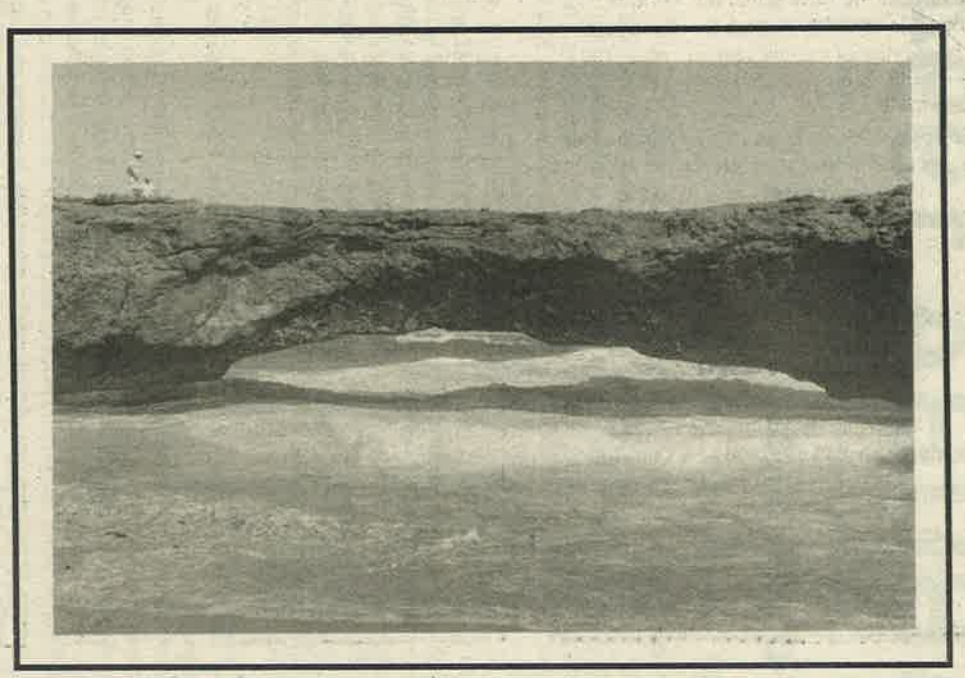


Photo by Nancy Westaway

ARUBA 1994

PRE-CONFERENCE INSTITUTES

Tuesday 25 October 1994 (*fee required)

·**Ellyn Bader**, Ph.D., USA - "Anger and the Disowned Self"

To our adult relationships we often bring hopes and desires for being loved in some ideal way. Primitive feelings of anger and rage are often unleashed when this promise is not fulfilled. In this Institute we will look at how to help couples develop effective ways of managing their anger without compromising core aspects of themselves. These concepts will be demonstrated through the use of videotapes. Minimum participation 20 required; early registration urged. · **"La Ira y el Ser no Asumido."** Instituto para que las parejas aprendan a manejar la ira apoyado y demostrado con videos.



Ellyn Bader

·**Richard G. Erskine**, Ph.D., USA - "Respect: An Antidote to Anger and the Disowned Self"

We will begin with a theoretical lecture on anger an as internal arousal sensation, a social transaction, and a psychological defense and then examine the function of anger in enhancing self-expression, creating a disowned self, the fixation of ego states, and as a facilitation or disruption of contact in relationship. We will discuss the experience and expression of anger in psychotherapy and explore respect as an antidote to anger. Clinical methods of working with anger in therapy will be demonstrated. Respectful methods include: inquiry, affective attunement, empathic transactions, acknowledgement, validation, normalization, and contactful presence. · **"El Respeto: Un Antidoto a la Ira Y El Ser No Asumido."** Análisis, manejo y expresion de la ira en psicoterapia con diversas tecnicas y el respeto como antidoto.



Richard G. Erskine

·**Patricia Rincón Gallardo**, and **Octavio Rivas Solis**, Ph.D., Mexico - "Transformando el Poder Para el Siglo XXI" - Presented Simultaneously in Spanish and English.

Los motores básicos de la conducta son las energías de la agresión y la líbido. La única teoría que distingue las emociones auténticas de los sentimientos de rebusque es el AT, considerándo los factores de substitución de las primeras. Para el nuevo milenio se requiere el desarrollo del ser humano como una unidad bio-psico-social-espiritual, íntimamente ligada a toda la ecología de sistemas, para que el manejo de su agresividad y de las fuerzas del amor lo lleven a la honestidad; para que todas las acciones humanas, integren lo placentero, conveniente y bueno para todos los afectados por las decisiones; con un despertar de la conciencia, desarrollo del amor como energía creadora de vinculos (anti-destrucción) y una escala de valores en armonia con las leyes del cosmos. · **"Transforming Power for the 21st Century."** Script programming promotes obtaining power and valuing well being from the external sources, with rackets, manipulation, and power games that sustain the lack of internal power. Understanding the biological, sexual, social, scientific, economic, historical, mythlogical, and religious frames of reference to power games, knowing the human power centers, and recognizing our internal personal power are essentials prior to surrendering it to a "higher power."



Patricia Rincón Gallardo

Wednesday 26 October 1994 (*fee required)

·**Harville Hendrix**, Ph.D., USA - "Introduction to Imago Relationship Therapy, Journeying to a Conscious Marriage"

Imago Relationship Therapy is a systematic theory of marriage and marital therapy derived from the study of couples. Its basic premise is that the unconscious purpose of a committed relationship is personal development and self-completion. Its aim is to help couples create a "conscious marriage," by helping them identify and integrate their unconscious developmental issues, so the relationship can be used for mutual and collaborative self-development. The expansion of the Imago Theory includes singles preparing for a committed relationship, focusing on the identification of negative defenses so the individual can create a comprehensive plan for change. In the acceptance of the lost and denied character structure and the integration of a gradual process of change, one can free oneself for an intimate and healthy relationship. · **"Introducción a Terpaia de Relación de Imago, Viajando a un Matrimonio Consciente."** Proceso de cambio y liberación hacia la intimidad y las relaciones saludables con la pareja para el mutuo desarrollo.



Octavio Rivas Solis

·**George Kohlrieser**, Ph.D., USA - "Attachment - Separation Theory: Clinical and Organizational Applications of Affectional Bonding"

Life involves a changing script of affectional bonds. Attachment theory is a way to conceptualize the patterns of how we form, maintain, break, and renew affectional bonds. It also explains much physical, emotional and spiritual distress. Ego state development and life scripts are organized around attachment and separation experiences; transactions and games are manifestations of how attachment behavior functions in the present.

Life energy, quality of living, and even longevity are related to maintaining strong social bonding. Being able to grieve life's inevitable losses is essential for forming new healthy attachments. Delayed or unresolved grief can create splitting and internal fragmentation resulting in disrupted social bonding. Protest and anger are an essential stage in the grieving and rebonding process. This model offers a practical structure to manage both internal and external conflict. · **"Apego-Teoría de Separación: Las aplicaciones Clínicas y Organizacionales de Minculo Afectivo."** La relación de los lazos afectivos con la energía, calidad y duración de la vida. Modelo muy efectivo para resolver conflictos.



Harville Hendrix

·**Carlo Moiso**, M.D., Italy - "Feelings and self perception as possible roots for games. A theoretical and experiential workshop on game analysis and treatment"

The use of TA in treating personality disorder has focused attention on game theory and on game analysis as a therapy technique. We will explore the basic assumptions and aspects of game theory with special emphasis on the different levels of self-identity involved in game playing, on the play of feelings, emotions and sentiments as driving forces both in game playing and in reinforcing scripts. The implications at group level (diagnostic group, social group) of individual game playing will be considered. We will also explore Game analysis by inviting participants to examine the games that they or their patients play. Therapeutic strategies will be discussed using different methodologies for game analysis. · **"Los Sentimientos y Autopercepción como posibles Raíces de los Juegos."** Un Taller Teórico Experiencial en Análisis de juegos y su tratamiento.



George Kohlrieser



Carlo Moiso



KEYNOTE ADDRESS

Thursday 27 October, 9:15-10:15 am.

Harville Hendrix, "Committed Partnership as a Path to Wholeness."

·**Harville Hendrix**, PhD, USA, is the Director of the Institute for Relationship Therapy, and author of the best-selling books, *Getting the Love You Want* and *Keeping the Love You Find*. His Keynote address will consider, in part, how containment exercises used in Imago Relationship Therpy can convert anger back into a life force that results in healing rather than separation and alienation. · **Autor** de los libros mas vendidos "Obteniendo el que Usted Quiere" y "Como tenir el Amor que Usted Encuentra", su presentación constara principalmente de los ejercicios para convertir la ira en una fuerza de vida curativa en vez de la separación y enajenación.

CONFERENCE OVERVIEW

Monday 24 Oct.	Island Tour/Lunch/Snorkling (*fee)	9 am-3 pm
Tuesday 25 Oct.	Pre-Conference Institutes (*fee): Bader, Erskine, Rivas/Rincón	All Day
	Intro to Transactional Analysis (TA 101)	All Day
	ITAA & T&C Committee Meetings	All Day
	Examinee/Examiner Meetings	Afternoon
	Island Tour (*fee)	3-5:30 pm
	Early Bird Party	6-7:30 pm
Wednesday 26 Oct.	BOC Examinations	All Day
	Pre-Conference Institutes (*fee): Hendrix, Kohlrieser, Moiso	All Day
	TA 101, continued	All Day
	Connections Party	6-7 pm
	Opening Event/Welcome: Jaap Beaujon, Founder of TA in Aruba; Cocktail Party & Fun!	8-10 pm
Thursday 27 Oct.	TA Support Groups	8-9 am
	Keynote Address: Harville Hendrix	9:15-10:15 am
	Workshops, Panels & Papers	All Day
	Casino Hop (*fee)	7:30-11:30 pm
Friday 28 Oct.	TA Support Groups	8-9:15 pm
	Workshops, Panels & Papers	All Day
	Men's & Women's Caucuses	1:30-2:30 pm
	Sunset Cruise (*fee)	6-8 pm
Saturday 29 Oct.	TA Support Groups	8-9:15 pm
	Workshops, Panels & Papers	All Day
	All-Day Workshop: Bill Cornell (*no fee)	All Day
	Caucuses: Special Interest Groups	1:30-2:30 pm
	ITAA Meeting of the Membership	5:45 pm
	Gala Banquet (*fee)	8-11 pm
Sunday 30 Oct.	Closings & Goodbyes	9-11 am
	ITAA Board of Trustees Meet	All Day

different methodologies for game analysis. · **"Los Sentimientos y Autopercepción como posibles Raíces de los Juegos."** Un Taller Teórico Experiencial en Análisis de juegos y su tratamiento.

WORKSHOPS, PANELS & PAPERS (IN ENGLISH & SPANISH, AS INDICATED):

Thursday 27 October 1994: 10:30 am to 1:00 pm:

·**Valerie Nash Chang**, PhD, USA, "Interaction Patterns That Threaten The Self"
·**Tom Frazier**, USA, "The Role of Anger in Our Work"
·**Robert F. Massey**, PhD, USA, "Owning Self and Family in Cultural Context"
·**Abe Wagner**, ACSW, USA, "Anger and the Disowned Self in Organizations"
·**En español: Roberto Shinyashiki,** MD, Brazil, "Como realizar sus objectivos" ("How to fulfill Your Objectives")
·**En español: Roberto Kertesz, Celicio Kerman, Bernardo Kerman, and Clara Atalaya,** Argentina, "El Síntema Como Trance y Su Resolución Creativa...Pienso y Veo, Luego Sienta Y Hago" ("Symptom As Critical Moment...Think and See, Later Feel and Do")

Thursday 27 October 1994: 2:30 to 5:30 pm (1.5- & 3-Hour Workshops):

·**Peg Blackstone**, MA, USA, "The Dynamic Child - Object Relations, Self Psychology, and Second Order Structure" (2:30-4 pm)
·**Val Garfield**, USA, "Racket Theory and Anger" (2:30-4 pm)
·**Fred C. Clark**, MDiv, USA, "Anger and Its Disavowal in Shame-Based People" (4-5:30 pm)
·**Lucy Freedman**, MAT, USA, "Truth-Telling in Organizations: Empowerment through Action" (4-5:30 pm)
·**Brenda B. Bary**, PhD, USA, "Couple Group Therapy Using Imago Relationship Concepts" (2:30-5:30 pm)
·**Fanita English**, MSW, and **Marian Weisberg**, MSW, USA, "Perceiving New Dimensions of Your Self Through Favorite Stories" (2:30-5:30 pm)
·**Felipe Garcia**, MA, USA, "The Many Faces of Anger, Pain, Forgiveness and Transcendence" ("Las Muchas Caras del Enojo: Dolor, Perdon y Trascendencia"). (2:30-5:30 pm)
·**En español: Panel: "Nuevos Paradigmas Para Desarrolo Humano"** ("New Paradigms for Human Development", **Roberto Shinyashiki**, MD, Brazil, **Richard Erskine**, Ph.D. USA (2:30-5:30 pm)
·**En español: Bernardo Aguilera**, Venezuela, "Al Encuentro Del Rol de Pareja" ("Finding the Role of the Couple"). (2:30-5:30 pm)

Friday 28 October 1994: 9:30 am to 12:30 pm:

·**Muriel James,** Ed.D., USA, "Brief Therapy for the Inner Core of the Self: Spiritual Issues in Psychotherapy"
·**Jean Illsley Clarke**, MA, USA, "Owning Your Place in Your Group - the Role of Anger in Imago Adjustment"
·**Vann S. Joines**, PhD, USA, "A Developmental Approach to Anger"
·**Christine Lister-Ford**, Dip.Hum.Psych, and **Jennie McNamara**, BEd(Hons), CSS, England, "Ego States and the Psychology of Memory"
·**En español: Mesa Redonda: "Nueva Contribuciones en AT", Nélida Gómez**, Puerto Rico, **Mónica Levi**, Brazil, **Roberto Kertesz**, Argentina ("New Contributions to TA)
·**En español: Roberto Fontaine**, MD, Venezuela, "El Si Mismo Reasumido en Hipnosis Ericksoniana" ("The Self Summarized in Ericksonian Hypnosis")

Friday 28 October 1994: 2:30 to 5:30 pm (1.5- & 3-Hour Workshops):

·**TSC-Sponsored Panel**: "Anger and the Disowned Self: A Multi-Disciplinary Perspective," Chaired by **Gordon Hewitt**, PhD, Co-Chair of TSC; with **Landy Gobes**, MSW, USA; **Jennie McNamara**, BSc(Hons), CSS, PTSTA, UK; **Denton Roberts**, BD; **Abe Wagner**, MSW, USA. (2:30-4 pm)
·**En español: Emilio Said**, MD, **Gloria Noriega**, MA, México, "Dependencia vs Independencia" ("Dependence versus Independence"). (2:30-4 pm)
·**En español: Rafael Junchaya,** MD, Peru, "Estrategias Para La Diagramación Con Escrito Del Plan de Vida" ("Strategies for the Written Diagramming of the Life Script"). (2:30-4 pm)
·**Bruce R. Loria**, EdD, ACSW, USA, "A Constructivist Perspective of Emotions" (4-5:30 pm)
·**En español: Susana Ifland,** Ph.D., Chile, and **John Houck,** Ph.D., USA, "Recuperando el Ser No Asumido, Un Model sicoterapia Espiritual" ("Recovering the Disowned Self: A Spiritual Psychotherapeutic Model"). (4-5:30 pm)
·**En español: Panel, "Relaciones interpersonal"** ("Relationships"), **Mónica Levi**, Brazil, **Muriel James,** Ed.D., USA (4-5:30 pm)
·**En español: Mary Goulding**, MSW, USA, "La Terapia de Redecisión" ("Redecision Therapy"). (2:30-5:30 pm)
·**Charlotte Christophe-Lemke**, Germany, "Interpersonal Defense and the Disowned Self" (2:30-5:30 pm)
·**Stephen B. Karpman**, MD, USA, "The Good and Bad Advice Games" (2:30-5:30 pm)

Saturday 29 October 1994: 9:30 am to 12:30 pm:

·**Mary Cox**, DASE, MEd, England, "'Whose Feelings?' Projective Identification and the Disavowal of Anger"
·**Gordon Hewitt**, PhD, New Zealand, "New Techniques for Dealing with Internal Impasses: Beyond Anger"
·**Linda P. Keel**, PhD, and **Sally Lindberg**, USA, "Reclaiming the Self Through Art"
·**Marilyn J. Zalcman**, MSW, USA, "'Mistreatment' in Women's Health"
·**En español: Mesa Redonda:** "AT Aplicado a la Transformación Social", **Maria Eugenia Escobar de Sierra**, Colombia, **Ana María Cohen**, Brazil, **Angela Melgar**, Peru, **Flora Pelicia**, Argentina.

Saturday 29 October 1994: 2:30 to 5:30 pm (1.5- & 3-Hour Workshops):

·**Jonathan B. Weiss**, PhD, and **Laurie Weiss**, MA, USA, "Creativity in Psychotherapy: Outrageous Interventions & Irreverent Attitudes" (2:30-4pm)
·**Kay C. Jacobson**, MA, and **Nancy Passaretti**, USA, "It Ain't So Bad To Be Mad!" (4-5:30 pm)
·**Frances Bonds-White**, EdD, USA, "Using the Group to Create Change" (2:30-5:30 pm)
·**Lucie King**, MSW, and **Lucy Freedman**, MAT, USA, "Women Reclaiming Our Selves: Celebrating Who We Are" (2:30-5:30 pm)
·**En español: Panel:** "Communicación en lasOrganizaciones" **Nélida Gómez**, MSA, Puerto Rico, **Roberto Kertesz**, Argentina. (2:30-5:30 pm)
·**En español: Conchita de Diego,** España "Redescubriendo el Presente" ("Rediscovering the Present"). (2:30-5:30 pm)

Saturday 29 October, All-Day Workshop, (No Extra Fee Required).

·**William F. Cornell**, M.A., USA - "On Anger and Engagement"
This all-day workshop will present a theoretical model for understanding the relationship between anxiety and aggression, and the interpersonal implicatons for the psychotherapeutic relationship. In addition, the healthy functions of aggression and the therapist's role in maintaining a stance of active engagement will be emphasized. Work with hostile clients, clients facing their own anger for the first time, requires or calls for a therapist who will provide containment, confrontation, and empathy. Countertransference reactions to hostile clients will also be addressed. · **"Sobre la Ira y el Compormiso."** Se presentara teoría y trabajo para comprender las relaciones entre la ensiedad y la agresión y su manejo terapeutico.

CONFERENCE REGISTRATION FORM

One Form Per Registrant (Please type or print; copy for your records prior to mailing:)

ITAA/ALAT ARUBA
26-30 OCTOBER 1994

Name: _____
First / Middle / Last

Complete Address: _____

_____

Tel: _____ Fax: _____

· **Full Conference Registration** includes: 3.5 program days, keynote speech, opening event/cocktail party, coffee breaks, administrative expenses.
· **Guest Package** includes: keynote address, opening event/cocktail party, coffee breaks.
· **Financial Aid:** some registration fee reductions of 50% are available to ITAA/ALAT members with limited financial means. Send required letter of application with this form by 1 August 1994.

REGISTRATION FEES:	Before 15 April 94	Before 1 Sept. 94	TOTALS:
[ ] ITAA /ALAT Member*	[ ] $210	[ ] $240	= $ _____
[ ] Non-Member	[ ] $235	[ ] $265	= $ _____
[ ] One-Day Registration	[ ] $100	[ ] $100	= $ _____
[ ] Guest Package	[ ] $ 45	[ ] $ 45	= $ _____
[ ] TA 101	[ ] $ 75	[ ] $ 75	= $ _____

*** ITAA MEMBERSHIP:** (Join now and pay member fees)
[ ] 1994 ITAA Associate Membership $60 = $ _____

SPECIAL EVENTS:

[ ] Gala Banquet, Sat. pm 10/29	#___	X $40	= $ _____
[ ] Aruba Tour/Lunch/Snorkling*, Mon. am 10/24	#___	X $55	= $ _____
[ ] Island Bus Tour*, Tues. pm 10/25	#___	X $17	= $ _____
[ ] Casino Hop w/Bus Transit*, Thurs. pm 10/27	#___	X $15	= $ _____
[ ] Sunset Cruise*, Fri. pm 10/28	#___	X $39	= $ _____
[ ] Childcare for (#, ages): _____			($ to be determined)

* Note: Pre-registration required by **August 15.**

PRE-CONFERENCE INSTITUTES (**Check box/boxes):** (Each Institute is $75)

TUES:	[ ] Bader	[ ] Erskine	[ ] Rivas/Rincón	
WED:	[ ] Hendrix	[ ] Kohlrieser	[ ] Moiso	= $ _____

TOTAL AMOUNT ENCLOSED = $ _____

PAYMENT in US dollars drawn on US bank, payable to "Annual Conference"
[ ] Check enclosed - [ ] CHARGE MY: [ ] VISA - [ ] MasterCard

Card #: _____ Exp. Date: _____

Signature: _____

CANCELLATION Policy/Refunds: Registration fees are refundable, minus a $40 administration fee, only if a written request is received by 15 September 1994. Between 15 September & 1 October 1994 a $100 fee applies. After 1 October 1994 there will be no refunds.

PLEASE SEND THIS FORM TO: ITAA, 1772 Vallejo Street, San Francisco CA 94123-5009, USA - Fax: 415-885-5998;
Call for further information 415-885-5992

Local Registration Only: Aruba Residents may pay in Aruba Gilders (AFL) at the exchange rate of US $1:1.80 AFL. Make checks payable to ITAA Conference, and mail to ITAA, c/o IEI (International Education Institute), PO Box 86, Aruba, Netherlands Antilles.

GUEST ROOM RESERVATION FORM

Radisson
ARUBA CARIBBEAN RESORT & CASINO

ITAA/ALAT CONFERENCE
Deadline for Registration: 12 September 1994

Name(s): _____

Addres: _____

City: _____ State/Province: _____

Zip: _____ Country: _____

Telephone: _____ Fax: _____

(Please include country, city, and/or area codes where applicable)

Arrival Date: _____ Airline/Flight No: _____ Time _____

Departure Date: _____ Airline/Flight No: _____ Time: _____

No. Rooms Required: _____ Special Requests: _____

Room Rates (Rates include 16.55% Service Charge and Room Tax):
$110.72 Single $110.72 Double
$145.69 Triple $180.65 Quadruple

·Two (2) children under 18 years are complimentary in parents' room with existing bedding.
·Bell staff gratuities are $3.00 per person roundtrip and will be posted to your incidental account.

·A check for the first night's charges (payable to the Radisson Aruba Caribbean Resort & Casino) or your credit card are required at this time to confirm your reservation. The one night deposit will be retained if your reservation is cancelled after 12 September 1994.

Credit Card Name/No.:_____ Exp.Date:_____

Cardholder Name:_____ Signature: _____

Please fax your completed reservation form to 297-8-63260 or mail to:

Radisson Aruba Caribbean Resort & Casino,
J.E. Irausquin Blvd. 81, Aruba.
Telephone: 297-8-66555, Fax: 297-8-63260.

1994 CONFERENCE INFORMATION/
INFORMACION DEL CONGRESO

FOUNDATIONS IN TRANSACTIONAL ANALYSIS (TA 101)/ LAS BASES DE ANALYSIS TRANSACCIONAL (AT 101)

Gloria Noriega Gayol, Tuesday and Wednesday, el martes y miercoles, el 25 y 26 de octubre.

TA is a theory of personality and communication, a method of psychotherapy and a useful tool in helping various organizations function effectively. This course is a useful "starting point" and will provide a foundation for subsequent learning. All who have never taken TA 101 are encouraged to attend. Those who took it before 1986 will likely find it informative and challenging. In Spanish with English interpretation. (Fee: $75). · **AT** es una teoría de personalidad y comunicación, un método de psicoterapia y una herramienta útil para ayudar a diversas organizaciones a funcionar efectivamente. Este es un curso "punto de partida", útil y provee las bases para el aprendizaje subsecuente. Todos los que no hayan tomado un AT 101 se les recomienda atender. Aquellos que lo tomaron antes de 1986 seguramente lo encontrarán informativo y desafiante. En español con interpretación al inglés. (Costo: $75 dolares).

CONTINUING EDUCATION UNITS/ UNIDADES DE EDUCATION CONTINUA

The Training and Certification Council of Transactional Analysts (T&CC) carries CEUs at the rate of one unit per one contact hour for workshop participation. ITAA is also accredited by the National Board of Certified Counselors as an approved provider of continuing education. · **La participación** en este Congreso lleva CEU del Consejo de Certificación de Análistas Transaccionales (T&CC) con la tasa de una unidad por hora contacto por la participación en taller. ITAA está también acreditada por el Consejo Nacional de Estados Unidos de Consejeros Certificados como un Proveerdor aprobado de educación contínua.

TRAINING AND CERTIFICATION/ ENTRENAMIENTO Y CERTIFICATION

Board of Certification (BOC) exams take place Wednesday 26 October. The 3-day Training Endorsement Workshop (TEW) is offered Monday 31 October-Wednesday 2 November. · **Los examenes** del Consejo de Certificación (BOC) tentrán lugar el Miercoles 26 de octubre. El taller de Endoso de Entrenamiento (TEW) es de 3 días y se llevará a cabo del lunes 31 de octubre al Miercoles 2 de noviembre. For more information contact: T&C Council, 1772 Vallejo Street, San Francisco, CA 94123-5009, USA.

TA SUPPORT GROUPS/ GRUPOS DE APOYO EN AT

Three early-morning group meetings offer you an opportunity to be part of a mini-community, and a home base in which to share yourself and your conference experiences. One participant described the experience: "this is not a place for therapy, but for mutual contact and support". Fun is allowed. Sign up at the Registration Desk upon arrival. (No fee!) · **Ofrecen 3 reuniones de grupo** en la mañana como parte de una mini-comunidad, una base de hogar para que las personas regresen a compartir sus vivencias y experiencias en el Congreso. Apuntese en la mesa de registro al llegar al Congreso. Sin costo.

SPECIAL INTEREST GROUPS

Lunchtime activities include the popular Men's and Woman's Caucuses, plus special interest groups for those interested in gay & lesbian concerns, Multiple Personality Disorder (MPD), and other concerns.

SOCIAL PROGRAM

Participants arriving Tuesday evening will enjoy the Early Bird Party at the hotel; Wednesday night features the Grand Opening and Cocktail Party. Don't miss Gala Banquet on Saturday night (*fee for dinner and entertainment: $40); please sign up on the Registration Form.

HANDICAPPED ACCESSIBILITY

This conference is fully handicapped accessible. We want to accommodate all persons with disabilities. All requests for assistance made 60 days prior to the conference will be accommodated.



CHILDCARE

Aruba attracts families, so our local hosts have arranged to provide competent and reliable babysitters at modest rates. Childcare is offered Thursday, Friday & Saturday during workshop hours: 9 am-1 pm, and 2:30-6 pm. Childcare activities vary depending on the ages and abilities of participating children. Children are welcome at the opening and closing ceremonies. Check the "Childcare" box on your registration form to receive further information.

OPTIONAL ISLAND TOURS

Island Tour/Snorkling: Plan to arrive early for Monday's island exploration tour on De Palm Tours' airconditioned motorcoach, followed by a ferry to a private coral reef island for a delicious barbecued luncheon, then to snorkle, swim, or just relax on the beach. Snorkling gear included. (9 am-3 pm. Cost: $55. Minimum 35 participants.) · **Island Site-Seeing Tour:** On Tuesday afternoon, visit Island villages with De Palm Tours, view spectacular rock formations, enjoy the rugged North Coast and famous Natural Bridge. (3-5:30 pm. Cost: $17. Minimum 30 participants.) · **Casino Hop:** On Thursday evening, hop from the Radisson to two downtown casinos to enjoy friends, music, shopping - gambling opitonal! (7:30-11:30 pm. Cost: $15, motorcoach transfer). · **Sunset Cocktail Cruise:** On Friday night board a motorized catamaran (a 2-minute walk from the hotel), to enjoy punch, cheeses and dry snacks as you cruise the coast while listening to native calypso, meringue & raggae. Bring your camera, the sunsets are fantastic! (6-8 pm. Cost: $39, minimum 50 participants.)

Pre-Registration Required for all tours. Deadline: August 15. Please sign up on the Registration Form.

PRE- & POST-CONFERENCE TOURS

Write to the ITAA for further information on De Palms' individual tours, such as a 1-day sightseeing/shopping excursion to the neighboring island of Curaçao, (Cost: $220), or a 1-day sightseeing/shopping excursion to neighboring Caracas, Venezuela, (Cost: $264).

*Please Note: All prices quoted are in US dollars.

FINANCIAL AID/ LA AYUDA FINANCIERA

The ITAA Scholarship Fund offers a limited number of registration fee reductions of 50% available to ITAA members with limited financial means. To apply, please send a letter of application with your conference registration form. First priority for fee reductions will be given to participants and presenters from Latin America who apply by 1 August 1994. · **El fondo de becas** de la ITAA está ofreciendo un limitado número de reducciones del 50% en los honorarios de registro para miembros de la ITAA con medios financieros limitados. Para solicitar esta reducción, favor de enviar una carta de aplicación con tu forma de registro a la conferencia. Se dará prioridad para reducción a participantes y presentadores de América Latina que envíen su aplicación antes del 1 de Agosto 1994.

ALTERNATIVE ACCOMMODATIONS

The Mill Condominium Resort is recommended by Local Host Edie Beaujon, just a 5-minute walk from the Radisson. The very nice condo units are across from the beach, and have a pool. Minimum 5 night stay: single/double rooms $94 per night; 1-bedroom suites (4 person max. occupancy, extra person $20) $183 per night; 2-bedroom suites (6 person max. occupancy, extra person $20) $273 per night. (All rates inclusive of 17.5% government tax). · **Alterne Acomodación:** Le recomienda para gastos más bajos The Mill Condominium Resort, solemente unos 5 minutos del Radisson. Los condos son muy agradables, a través de la playa, con un piscina. Minimo 5 noches, habitación para 1-2 personas $94 por noche; suites para 4 personas de ocupación máxima, $183 por noche; suites para 6 personas de ocupación máxima, $273 por noche (inclusive de 17.5% impuesto de gobierno). · **FOR RESERVATIONS**, telephone direct: The Mill Resort, 297-8-67700, or fax: 297-8-67271, refer to "ITAA Conference." ADDRESS: the Mill Condominium Resort, PO Box 1012, J.E. Irausquin Blvd. 330, Palm Beach, Aruba.



Photo by Nancy Westaway

MAIN PROGRAM DATES
Wednesday-Sunday, 26-30 October

Pre-Conference Institutes:
Tuesday-Wednesday, 25-26 October
Board of Certification Examinations:
Wednesday 26 October
Training Endorsement Workshop:
Mon.-Wed., 31 October-2 November

ADVANCED CONTINUING EDUCATION WORKSHOP

William F. Cornell, MA, USA, "On Anger and Engagement" ("Sobre La Ira Y el Compromiso")



The struggle to open, understand, and communicate emotions is a central endeavor in the therapeutic process. Bill Cornell leads an all-day advanced workshop on Saturday, October 29. Cornell is a Certified Teaching and Supervising Transactional Analyst (TSTA) and 20 year member of the ITAA, with a private practice of individual and group treatment and supervision in Pittsburg, Pennsylvania, USA, and has published numerous articles on the practice, philosophy, and supervision of TA and neo-Reichian modalities.

ABOUT ITAA/QUE ES LA ITAA?

La Asociación Internacional de Análisis Transaccional (ITAA) es una organización educativa no lucrativa, establecida para investigar y promover el uso del análisis transaccional en psicoterapia, educación, negocios, y otros campos relacionados con la interacción humana. La ITAA es también la asociación profesional de personas que están certificadas como practicantes competentes del análisis transaccional. La ITAA tiene 7,000 miembros que representan 60 paises, cada continente, y toda las razas. La membrancia está abierta para todo el que esté intersado y dispuesto a dar apoyo a las metas del análisis transaccional. Sus beneficios como miembro incluyen el *Jornal de Análisis Transaccional* (publicado 4 veces al año, en Inglés), *El Script* (boletin de noticias publicado 9 veces al año, en Inglés), *El Directorio de Membrancia Internacional* de la ITAA, traifas reducidas al congresos anuales, y varias oportunidades de trabajar con una amplia variedad de comités y con gente de intereses similares de todas partes del mundo.

The International Transactional Analysis Association (ITAA) is a non-profit educational organization established to investigate and promote the use of transactional analysis in psychotherapy, education, business, and other fields of human interaction. The ITAA is also the professional association of those certified as competent practitioners of TA. The ITAA has 7,000 members in 60 countries. Membership is open to all who have an interest in and a commitment to support the goals of TA. Membership benefits include the *Transactional Analysis Journal* (4 x per year), *The Script* newsletter (9 x per year), the *International Membership Directory*, and reduced prices on the annual conference.

Members Forum

TA Politico Says Thanks

Dear Robin (Fryer):

Thanks so much for the coverage in the September-October edition of *The Script*. It will be fun to share this new venture with my ITAA colleagues. I continue to enjoy reading about our growth and challenges. Please give my warm regards to all.

Laura Boyd, Norman, Oklahoma, USA

Staying a Member of the Family

Dear *Script*:

Rudi Gelsey's "good-bye" (September-October 1993 *Script*) gives me a welcome opportunity to review why I keep on keeping on with TA in a formal way. There is not one logical reason for me to do so.

- I'm only a Regular Member
- I have no professional aspirations regarding TA
- My only participation in TA now is reading the newsletters (ITAA, USATAA, ERTAA) and putting in my two cents worth as needed via letters
- I don't even socialize with TA people

However, here are my opinionated reasons for staying within the TA body:

1. TA is still the only therapy modality that works with clients from a position of respect for them and acknowledgment that they are in charge of their own lives. From this comes the empowering expectation that clients will have conscious, at least 50% involvement in treatment contracts in which they must clearly state the problem to be worked on, what changes are desired, and how they and the therapist will know that the contract is fulfilled. (I hear that other modalities use "contracts" these days, but I still don't trust them unless the individual practitioner is TA certified.)

2. TA training/treatment back in the 1970s saved my life and gave me a real, basic, human foundation on which to build the rest of my life. For this reason alone I want to stay part of the family.

3. I'm very proud of how the ITAA made the transition to being an international consortium of national and regional TA associations. I played a role in that by writing some letters, and lo! my ideas ended up materializing! I'm also very proud of the cross-cultural respect and sensitivity reflected in ITAA policies and initiatives.

4. I know how desperately needed everywhere is the simple, basic clarification of human transactions that TA provides, but especially in Eastern Europe where I am moving as soon as my immigration papers arrive. I want TA to be around so that when I write from my new home and say—"Somebody come and set up a TA practice-clinic-classroom-training course"—the network will be in place to reach whoever will come.

5. Words don't come out of my mouth without TA awareness—even if they are the wrong words! Saying good-bye to TA would be like parting with my social sinews. This may not be "cutting edge" therapy, but it is foundational therapy clearing the spiritual-psychic space of rubbish, repairing the wounds and rents in the fabric of life, restoring a sense of power and response-ability, so that the rest of life can go on productively and beneficially at a cutting edge of choice.

The TA community is one of my families of choice, and I here express my gratitude to all who give time, money, intelligence, love, and energy to make the family. You are contributing what I wish for the world on my behalf, and I am most grateful.

Nadya Spassenko, Hughsonville, New York, USA

Caring Appreciated

Dear Friends:

I wish to thank all my friends and colleagues in the ITAA who responded with such love, compassion, and support following the death of my 23-year-old son, Douglas, on July 27, 1993. He was to begin medical school at the University of Cincinnati on September 1, 1993 following a year off during which he traveled throughout Europe, Australia, New Zealand, and Asia. I am grieving profoundly, and yet spiritually, I have never felt more alive and connected to life. The hundreds of cards, letters, and phone calls from all over the world have deeply touched me. Once again, in time of need, the TA community can respond as a "family." From the bottom of my heart, I say, "**THANK YOU.**" Your thoughtful acts and kind words may pass in a moment, but the warmth and care behind them will stay in my heart forever.

George Kohlrieser, Dayton, Ohio, USA

A Voice From Iran

Dear Susan (Sevilla):

I was delighted to receive your meaningful and humane letter about keeping my membership in the ITAA with help from the Scholarship Loan Fund. Your efforts on behalf of people on this side of the world is appreciated. I hope through the generosity and concern of the ITAA our center will be able to help people with transactional analysis. I have been committed to the ITAA for the last 20 years; in fact, I was the first person who conveyed and introduced the voice of TA to people in the Middle East. I am proud of what I have done, and I congratulate you for your interest in all of humankind.

Please give my regards to the staff and the ITAA Board and convey to them my appreciation and thanks.

Bahman Dadgostar, Tehran, Iran

Editorial Policy: We welcome Letters to the Editor (c/o the ITAA office). In editing for taste, accuracy, and length, our intention is to retain the author's meaning. Opinions offered in this column do not necessarily represent the views of the Editor or the ITAA. Readers are invited to digest letters within the framework of TA theory.

OPEN MIKE

How Do You Define Spiritual Experience?

Rudolf Gelsey: In spiritual experience my soul is ecstatic, attuned to the sacred in all its profusion. Out of my depths there emerges a mystic communion with the divine. It is a transformative event. Now I can feel the invisible, give birth to what in ordinary reality seems beyond the realm of what is possible.

Harry D. (H.D.) Johns: A concern for values is one definition of spirituality. Values are those things we care for most. We are spiritual when we grow quiet in the presence of the highest and best that we know, enabling ourselves to think on planes of ultimate meaning. The fundamental question of spirituality is this: Does life, with its intricacies, evolve by accident, or does it have some inherent purpose? Are the things we care for most—love, hope, beauty, warmth—at the random (accidental) mercy of the things we care for least—brutality, fear, ugliness, coldness of thought? If life evolves by accident, there is little of ultimate value to be gained by contemplation. If it has purpose, there is meaning in the *search* for ultimate values.

Nancy Porter-Steele: Spiritual experience is direct perceiving of things as they are, and acting accordingly. No filtering by concepts/beliefs, by habit patterns, by personal preferences, or by self/other bias. As to ego states, people who manifest the above most consistently present qualities of transparency, intelligence, unconditional richness, powerful attractiveness, and appropriate action, which lead me to question whether they dwell in any "states." They appear to have gotten beyond habitual or automatic patterns of all sorts. When I try to correlate structural or functional analysis with these observations and with my personal experience, I believe the Natural Child is the basis, although not sufficient; without training and practice only very occasional moments of direct perceiving occur. Furthermore, an attempt to cling to the momentary experience causes it to be lost. In order to train and practice, the Adult is essential. Beyond that, the discussion grows complex: Any "state" may be simultaneously a help on the path and an obstacle to direct perceiving.

Wayne Keller: All of life is holy ground, so watch where you're stepping. One of the serious mistakes we've made both inside and outside the institutional church is to define life into the so-called "secular" and the "sacred." I don't separate spiritual from any other experience, especially around decision making. How I spend my money, how I drive my car, how well I care for myself are all spiritual decisions.

Muriel James: For me, spiritual experience is very frequent. It's a sense of unity and wholeness. The word "HAL," the root of health, means wholeness and holiness. I have my spiritual experiences in four spheres: (1) the inanimate world, from stones to stars; (2) the animate world of plants and animals; (3) works that humans have created (Martin Buber's writing, *Four Spheres of Dialogue*, really turned me on to this); and (4) meeting each other person, when we give out of our essence to each other. The spiritual experience, which comes and goes like most moments of joy, is often a surprise.

DGTA

May 13-15, 1994
Scandic Crown Hotel
Nürnberg, Germany

"Dependence and Addiction as an Individual and Social Problem"

* Designated Site of ITAA Board and Committee Meetings *

Keynote Speakers: Jonathan & Laurie Weiss
"Healing the Inner Child—A Systematic Model for the Diagnosis and Treatment of Co-Dependency"

"The conference theme is derived from the 1993 ITAA/USATAA Conference in Minneapolis and is a symbol of our solidarity with the international community. We are eager to learn how this problem is dealt with in other parts of the world and to share how we deal with it in Germany."

Gudrun Hennig, President of DGTA

Registration

Registration fee includes lunches, coffee breaks, and the Ball. Send registrations in Deutsch-Mark checks only to DGTA Conference, Evamarie Eisenbach, Taunusstr. 60, 61191 Rosbach, Germany. Fax for information: 49-911-995-2911.

Registrations before April 1, 1994:	
- Members of DGTA/EATA/ITAA	DM 310,00 (approx. US$190*)
- Others	DM 375,00 (approx. US$230*)
Registrations after April 1, 1994:	
- Members of DGTA/EATA/ITAA	DM 380,00 (approx. US$233*)
- Others	DM 450,00 (approx. US $275*)
Students—Members	DM 260,00 (approx. US$160*)
Students—Others	DM 300,00 (approx. US$184*)

Conference Hotel

Please make hotel reservations as soon as possible and refer to the DGTA Conference 1994: Scandic Crown Hotel, Valznerweiherstr. 200, 90480 Nürnberg, Germany; phone: 49-911-4029-0; fax: 49-911-404067.

Rates—Single Room: DM 195 (approximately US $120*); Double Room: DM 245 (approximately US $150*); Breakfast: extra DM 25 (approximately US $15/person*)

(* Based on exchange rate as of 1/94: US $1 = DM 1.635)

Training News

Written Exam Changes

by Fred Clark, BOC Written Exam Sub-Committee Chair

Passing the written exam is a prerequisite for taking the CTA oral exam. For several years there have been three forms of the written exam in use. In the USA/Canada, the Board of Certification (BOC) has used the proctored exam based on the pool of questions found on pages 165-170 of the revised Training Manual. In Europe the exam used by the Commission of Certification (COC) consists of a long case study. The rest of the world has used the BOC essay exam based on the 38 questions found on pages 171-172 of the revised Training Manual. As of October 1993, all BOC candidates can choose between the proctored or the essay exams. Candidates with a COC contract must use the case study.

Since October, there has been a dramatic decrease in candidates choosing the BOC proctored exam. Several candidates have indicated that writing a research-like exam is more comfortable. However, I also know how much they put into researching the theory and answering the questions, indicating that preparing for the essay exam is not easy. In fact, many of the essay exams are presented as theses, that is, everything the candidates know about games, scripts, transactions, etc. If you are thinking about using the essay exam, please be concise! In terms of validity, strengths and weaknesses in theory and application show up in both exams. In other words, both exams seem to test what we wish them to test.

I would like current TA trainers to let me know (c/o the ITAA office) which exam you are using with your trainees. I am responsible for finding readers, and grading a proctored exam is very different from grading an essay exam. The proctored exam calls for at least two readers per exam, whereas the essay exam is usually read by one person. If an exam is "borderline," another reader is used. It will help me in recruiting and training readers to know which exam is being planned for the most.

The written exam subcommittee is also continuing to work on improving the questions in both exams. However, if the proctored exam is dying a natural death, I do not want to put energy there, but would rather focus on sharpening the essay exam.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC	Apr. 8, 1994	Roehampton, England	Jan. 1, 1994
	BOC	May 26-27 , 1994	Tokyo, Japan	Feb. 25, 1994
	COC	July 10, 1994	Maastricht, Netherlands	April 1, 1994
	BOC	Aug. 10, 1994	Albuquerque, USA	April 8, 2994
	BOC	Oct. 26, 1994	Aruba (Caribbean)	July 26, 1994
	COC	Nov. 16, 1994	Wellington, New Zealand	Aug. 16, 1994
	COC	Nov. 19, 1994	Berlin, Germany	Aug. 11, 1994
	COC	Mar. 19, 1995	Namur, Belgium	Dec. 19, 1994
	BOC	Aug. 9, 1995	San Francisco, USA	June 9, 1995
	COC	Nov. 1995	Germany	Aug. 1995
TSTA Oral	BOC	May 26-27, 1994	Tokyo, Japan	Feb. 25, 1994
	COC	July 10, 1994	Maastricht, Netherlands	April 1, 1994
	BOC	Oct. 26, 1994	Aruba (Caribbean)	July 26, 1994
	BOC	Nov. 16, 1994	Wellington, New Zealand	Aug. 16, 1994
	COC	Mar. 19, 1995	Namur, Belgium	Dec. 19, 1994
	BOC	Aug. 9, 1995	San Francisco, USA	June 9, 1995
CTA Written (Proctored)	N. Amer.	July 8-9, 1994	Your choice	Arpil 9, 1994
CTA Written (Open book)	All Regions (Non-Europe)	Your choice	To be submitted for reading through the ITAA office	Your choice
Training Endorsement Workshops		July 15-17, 1994	Maastricht, Netherlands	March 15, 1994
		Aug. 15-17, 1994	Albuquerque, USA	April 8, 1994
		Oct.31-Nov.2,'94	Aruba (Caribbean)	June 30, 1994
		Aug. 14-16, 1995	San Francisco, USA	May 14, 1995

To make arrangements to take a BOC exam, contact the T&C Council, 1772 Vallejo St., San Francisco, CA 94123, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator.



EXAM SUCCESSES

Congratulations to the following candidates, who recently passed their certification examinations:

Chianciano, Italy, July 4, 1993

TSTA
Mary Cox (clinical)
Ute Hagehulsmann (clinical)
Erich Hartmann (clinical)
Christine Lister-Ford (clinical)

CTA
Anders Argus (clinical)
Chiara Bergerone (clinical)
France Brecard (clinical)
Ugo De Ambrogio (organizational)
Anna Maria Cannata (clinical)
Davide Ceridono (clinical)
Mairi Evans (clinical)
Maristella Fantini (clinical)
Antonella Fornaro (clinical)
Anders Hesselback (clinical)
Jenny Gibson (clinical)
Antonio La Manna (clinical)
Ray Little (clinical)
Antonella Liverano (clinical)
Marco Mazetti (clinical)
Cinzia Messana (clinical)
Achille Miglionico (clinical)
Claudia Miroglio (clinical)
Margareta Nyrenius (clinical)
Bengt Palo (clinical)
Marolga Penazzo (clinical)
Sue Phillips (clinical)
Laurence Ravy (educational)
Giovanni Schiavi (clinical)
Maria Grazia Sergi (clinical)
Giovanni Terzi (educational)
Salvatore Ventriglia (clinical)
Gianna Visentin (clinical)
Monica Vitolo (clinical)
Robin Walford (clinical)
Gill Wyatt (clinical)

Exam Supervisors
Nelly Micholt (TSTA exams)
Alice Stevenson (TSTA exams)
Ian Stewart (CTA exams)

Exam Room Assistant: Ron Thompson

Thanks to Examiners
The EATA Commission Of Certification (COC) and the ITAA Board Of Certification (BOC) express their thanks to the following colleagues, who gave of their time and expertise to examine in Chianciano, Italy, July 4, 1993:

Adelaide Ranci Agnoletto
Stellan Andersson
Servaas van Beekum
Janne Blarke
Frances Bonds-White
Ilse Brab
Hedi Bretscher
Tommy Carlsson
Maria Luisa Cattaneo
Graziella Cavanna
Giorgio Cavallero
Charlotte Christoph-Lemke
Robert Cooke
Isabelle Crespelle
Lucia Fruttero
Wilfredo Galliano
Maria Gilbert
Birger Gooss
Elena Guarella
Raffaella Leone Guglielmotti
Gudrun Hennig
Gysa Jaoui
George Kohlrieser
Gisela Kottwitz
Willem Lammers
Gordon Law
Adrienne Lee
Maria Luisa De Luca
Susanna Ligabue
Raffaele Mastromarino
Carla Melvyn
Diego Micari
Nelly Micholt
Alf Midholm
Maria Milizia
Arlene Moore
Caroline Murray
Thomas Ohlsson
Gilles Pellerin
Sigvard Persson
Juliette Pollitzer
Claudie Ramond
Margareta Robinson
Silvia Attanasio Romanini
Almut Rottenbacher
Tony Tilney
Pio Scilligo
Maria Scoliere
Nadia Scopsi
Alice Stevenson
Francoise Tachker
Oddmun Teigen
Maria Teresa Tosi
Moniek Thunissen
Brenda Tweed
Carla Vercellino
Cecilia Waldekranz-Piselli

Adelaide, Australia, November 18, 1993

CTA
Lotus Carnell (clinical)
Elspeth Hodges (clinical)
David Malkin (clinical

Exam Coordinator: Valerie Redman
Exam Supervisor: Charlotte Daellenbach

Thanks to Examiners
The Training and Certification Council Board of Certification expresses its thanks to the following colleagues, who gave their time and expertise to examine in Adelaide, Australia, November 18, 1993:
Anne Barkaway
Acey Choy
Charlotte Daellenbach
Curt Fisher
Jan Grant
Gordon Hewitt
Robin Maslen
Valerie Redman

Belated Thanks to Minneapolis Examiners

The ITAA Board of Certification and the EATA Commission of Certification thank the following colleagues, who gave of their time and expertise to examine on October 13, 1993, in Minneapolis, Minnesota:

CTA Examiners
Maryln Crossen
Janice Dowson
Mairi Evans
June Greiner
Sharon Kalinko
Jessica Leong
Joan Lourie
Sister Annie Maria
Grace McGrath
Jennie McNamara
Sue Perkinson
Tim Schnabel
Pio Scilligo
Process Facilitator: Katherine Murphy

SOUTHEAST INSTITUTE FOR GROUP AND FAMILY THERAPY

SUMMER PROGRAM 1994

Treatment of Panic Disorder and OCD *Chapel Hill, North Carolina*
Fee: $145 ($50 deposit) **Faculty: Reid Wilson, Ph.D.**
Dates: June 3 - 4, 1994

Changing Life Scripts Through Redecision Therapy
Chapel Hill, North Carolina
Fee: $475 ($100 deposit) **Faculty: Vann Joines, Ph.D.**
Dates: June 20 - 24, 1994

Marriage and Family Therapy Workshop *Chapel Hill, North Carolina*
Fee: $475 ($100 deposit) **Faculty: Vann Joines, Ph.D.**
Dates: June 27 - July 1, 1994

Transactional Analysis 101 *Chapel Hill, North Carolina*
Fee: $175 ($50 deposit) **Faculty: Vann Joines, Ph.D.**
Dates: July 7 - 8, 1994

Weekend Personal Growth Marathon *Chapel Hill, North Carolina*
Fee: $250 ($100 deposit) **Faculty: Vann Joines, Ph.D.**
Dates: July 8 - 10, 1994

Personality Adaptations *Chapel Hill, North Carolina*
Fee: $380 ($100 deposit) **Faculty: Vann Joines, Ph.D.**
Dates: July 21 - 24, 1994

Reparenting the Inner Child *Chapel Hill, North Carolina*
Fee: $475 ($100 deposit) **Faculty: Vann Joines, Ph.D.**
Dates: August 1 - 5, 1994 **Jackie Doubles, B.A.**

For more information and registration, contact Alice Jeffries, Southeast Institute for Group and Family Therapy, 103 Edwards Ridge, Chapel Hill, North Carolina, 27514, USA
Telephone 919-929-1171 Fax 919-929-1174

Integrative Psychotherapy Workshop

with
Richard G. Erskine, Ph.D.
Rebecca L. Trautmann, RN, MSW

July 15-24 and/or August 5-14, 1994

Both of these ten-day workshops will focus on the theory and clinical practice of Integrative Psychotherapy.

Various methods of working within the therapeutic relationship will be taught and demonstrated and may include contact, inquiry, affective attunement, involvement and modes of empathy.

The workshop is for professionals in the mental health field who want personal work followed by an understanding of theory and clinical methods. An opportunity will be available to discuss specific cases from your own practice. A previous workshop is described in the book Integrative Psychotherapy In Action by Richard Erskine and Janet Moursund: 1988, Sage Publications, London and Newbury Park, CA.

Cost: $1,750.00 tuition, room and meals included.
Deposit: $450.00 non-refundable.
Location: Near New York City at the Old Chestnut Inn, with spacious grounds, gardens and swimming.

For more information and to register contact:

Richard G. Erskine, Ph.D.
Institute for Integrative Psychotherapy
500 East 85th Street, New York, NY 10028
(212) 734-5291

Deadline Extended for Directory Business Card Ads

You are invited to promote your services in the new ITAA International Membership Directory, scheduled for publication in 1994. Ads may be business-card size (2" tall by 3-1/2" wide; 5cm by 9cm) for $40, or double-size (4" tall by 3-1/2" wide; 10cm by 9cm) for $80. The deadline for receipt of camera-ready copy in the ITAA office has been extended to April 1, 1994. Ads must conform to the ITAA Professional Practices Guidelines (printed in the current ITAA Membership Directory). Take advantage of this inexpensive and effective means of letting people know about what you do!

New Deadline: April 1, 1994

GOOD GRIEF RITUALS

BOOK AND WORKSHOPS
Elaine Childs-Gowell PhD

This book provides the reader with clear and helpful **tools and methods for healing** problems which people have when dealing with the feelings associated with loss and change. This very beautiful little book provides the reader with a series of **Good Grief Rituals** which can be undertaken alone, with a minimum of time and effort. You, the reader, can experience these Rituals and release your feelings of sad, scare, angry. You can unblock the energy resulting from your **loss and grief.**

Published by Station Hill Press
Barrytown, N.Y. 12507. 914-758-5840
Cost $8.95 plus $3.00 postage and handling.
For workshop information call: 206-781-0839.
or write to: 4702 Aurora Ave N. Seattle, Wa. 98103
GOOD GRIEF RITUALS
TOOLS FOR LOSS

On Sale!

Volume of Selected Articles from the *Transactional Analysis Journal* 1971-1980

This historical volume features over 60 key articles from the *Transactional Analysis Journal*, including many written by Eric Berne Memorial Scientific Award winners as well as other important articles that are currently out of print.

Special Sale Price: $19 US, plus shipping and handling
(Surface Mail—USA/Canada/Mexico $2; Europe $4; others $8;
Air Mail—Americas: $7; Europe: $12; others: $15)

Please complete this form and send with a) credit card information, or b) check or money order (payable to ITAA in US funds only) to ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009, USA. Make sure to include postage for each volume ordered. Fax: 415-885-5998.

Order Form

Name _____

Address _____

City/State _____

Country/Postal Code _____

_____ Enclosed is a check or money order in US funds drawn on a US bank.

Credit Card: _____ Mastercard _____ Visa _____

Card Number _____ Exp. Date _____ Signature _____

Be sure to indicate which type of mail you wish to use in sending your copies and then add to your total below the correct postage for each volume ordered (or ask the ITAA).

Surface Mail ($2/$4/$8): _____

Non-USA Air Mail ($7/$12/$15): _____

Number of Copies: _____ Total Enclosed: _____

Note: The rates in this ad supercede those in all previous ads.

PREPUBLICATION OFFER

Principles of Group Treatment

by Eric Berne

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ITAA News

ITAA President-Elect and Board Nominations Sought

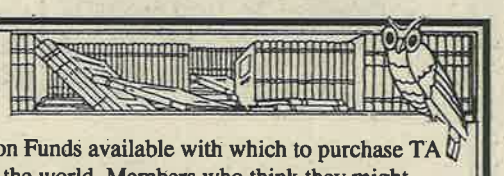
The ITAA Nominating Committee is now accepting nominations for the 1994 election slate. Board members elected in 1994 will begin serving on January 1, 1995. The following positions are open:

- President-Elect
- One Board Member for the USA region
- One Board Member for "Other" Regions (non-European and non-USA)

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. Send nominations to Nominations Committee Chair, c/o ITAA, 1772 Vallejo Street, San Francisco, California, USA 94123, or fax them to 1-415-885-5998. The deadline for receipt of nominations submitted via the Nominations Committee is March 25, 1994.

As outlined in the ITAA Bylaws, there are three ways to nominate someone for ITAA Board or officer: 1) via the Nominations Committee, as outlined here; 2) by petition, with the signature of ten voting members; and 3) by nominating someone from the floor at the 1994 Annual Meeting of the Membership, which will be held on Saturday, October 29, at the 1994 ITAA Annual Conference at the Aruba Caribbean Raddisson Hotel in Aruba.

Free Books!



The ITAA has $2000 in Global TA Action Funds available with which to purchase TA books for members in developing areas of the world. Members who think they might qualify for these book grants should contact the ITAA President and Treasurer. Please specify the books requested and to what use they will be put. The ITAA asks that the applicant agree to keep the books in a suitable place, such as a library, so that all TA students can have access to them.

TA 101 CALENDAR

February 26-27, 1994: London, England. Cost: £80. Leader: Charlotte Sills, TSTA, or Barbara Traynor, PTSTA. Contact: metanoia, 13 North Common Rd., Ealing, London W5 2QB, England; phone: 081-579-2505.

March 19-20, 1994-: Cleveland, England. Cost: £90. Leader: Christine Lister-Ford, PTSTA, or Jennie McNamara, PTSTA. Contact: Stockton Psychotherapy Training Institute, 77 Acklam Rd., Thornaby, Cleveland TS17 7BD, England; phone: 0642 611292.

April 7-8, 1994: Crowborough, England. Cost: £82.25. Leader: Joanna Beazley Richards, PTSTA. Contact: J. Beazley Richards, 2 Quarry View, Whitehill Rd., Crowborough, East Sussex TN6 1JT, England; phone: 0892 655195.

April 23-24, 1994: London, England. Cost: £80. Leader: Charlotte Sills, TSTA, or Barbara Traynor, PTSTA. Contact: metanoia, 13 North Common Rd., Ealing, London W5 2QB, England; phone: 081-579-2505.

June 18-19, 1994: Cleveland, England. Cost: £90. Leader: Christine Lister-Ford, PTSTA, or Jennie McNamara, PTSTA. Contact: Stockton Psychotherapy Training Institute, 77 Acklam Rd., Thornaby, Cleveland TS17 7BD, England; phone: 0642 611292.

August 1-2, 1994: Crowborough, England. Cost: £82.25. Leader: Joanna Beazley Richards, PTSTA. Contact: J. Beazley Richards, 2 Quarry View, Whitehill Rd., Crowborough, East Sussex TN6 1JT, England; phone: 0892 655195; phone: 0892 655195.

TA CONFERENCES WORLDWIDE

March 7-13, 1994—New Delhi, India. Sixteenth Annual TASI Conference. Contact: Rita Kaul, TASI President, c/o B-332, Sarojini Nagar, New Delhi-110023, India.

May 13-15, 1994—Nürnberg, Germany. German TA Association (DGTA) Conference/ Designated site of ITAA Business Meetings. Contact: DGTA, Samerberweb 3, D-8269, Burgkirchen, West Germany; fax: 49-911-995-2911.

July 10-14, 1994—Maastricht, The Netherlands. EATA Conference. Contact: Mrs. Yvonne van Praag, PO Box 1197, NL-3800 BD, Amersfoort, The Netherlands. Phone: 31-33-721764; fax: 31-33-759129.

August 10-14, 1994—Albuquerque, New Mexico, USA. USATAA Conference. Contact: USATAA Conference, 121 Cardenas NE, Albuquerque, NM 87108, USA; phone 515-255-1551; fax: 515-255-4503.

October 24-30, 1994—Aruba. ITAA Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009, USA; phone: (415) 885-5992; fax: 415-885-5998.

November 17-20, 1994—New Zealand. Australasian TA Conference. Contact: Geraldine Lakeland, 2 Trilids Lane, Churton Park, Johnsonville, Wellington, New Zealand; phone: 04 4783-258; fax: 04 5784-258.

January 1995—Bangalore, India. 22nd Annual ICTA Conference. Contact: Carlos Welch, UTC Quarters, 97 Nandidurg Rd., Bangalore 560046, India.

April 19-23, 1995—Bushkill, Pennsylvania, USA. Eastern Region TA Association Conference. Contact: Fred Clark, Registrar, 261 Spring St., Cheshire, CT 06410, USA.

Awards, Grants, and Loans

The ITAA has many opportunities for financial aid and/or recognition through the following programs:

*** * * Eric Berne Fund for the Future (EBFF: Grants) * * ***

EBFF grants are available to members and nonmembers. Priority is given to proposals focused on evaluating the effectiveness of TA theory applications and to projects expected to generate a particular benefit within a region or community served by the selected applicant. Also considered: the appropriate use of TA; educational or philosophical merit of the program; uniqueness of the organization or program; and how ethical fiscal and administrative responsibility will be assured.

- Guidelines provided (no forms).
- Deadline: June 1.
- Monies: up to $3000, depending on outlined circumstances.

*** * * Scholarship Loan Fund (SLF: Loans & Grants) * * ***

SLF money is available to any ITAA member in any country. Its primary purpose is to provide training in TA for members with limited financial means. Loans and grants may be given for: TA training, ITAA conference attendance (funds limited), and ITAA dues waivers. If any money remains after these needs are satisfied, then ITAA committees and/ or the Board may apply for funding for projects benefiting the ITAA membership.

- Guidelines and forms provided.
- Deadlines: June 1 is priority filing date for study, but applications accepted all year long; for conferences apply three months prior; Board or Committees apply by Nov. 15.
- Monies: Max. $600 per 6-month period ($3600 total); conference grants given only once.

*** * * Hedges Capers Humanitarian Award * * ***

The Hedges Capers Humanitarian Award recognizes ITAA members who have made significant, enduring contributions to humanity in keeping with the ideals and ethics of the ITAA. These are activities promoting humankind's welfare, especially through alleviation or elimination of pain and suffering. Significant, enduring contribution at the cost of personal risk and/or sacrifice are of particular consideration. The activities may form a lifelong pattern or be expressed in a single, widely noted occurrence.

- Guidelines provided.
- Deadline: 6 months prior to annual conference.
- Award: lifetime membership in the ITAA; decisions on plaque and any honorarium to be made by Award committee subject to Board approval.

*** * * Muriel James Living Principles Award * * ***

The Muriel James Living Principles Award honors ITAA members who have advanced the growth of TA, primarily by personal example as well as by contributions of an exceptional and lasting nature. Personal example involves consistently living the principles of TA as enumerated in the guidelines. The nominee will have demonstrated commitment, concern, and caring for both individuals and the world community and be active in the international advancement of the principles of TA, professionally or personally.

- Guidelines provided.
- Deadline: 6 months prior to annual conference.
- Award: lifetime membership in the ITAA; decisions on plaque and any honorarium to be made by Award committee subject to Board approval.

*** * * Eric Berne Memorial Award in Transactional Analysis (EBMA in TA) * * ***

Gives recognition to individuals who have published an original and significant contribution to TA in one of four categories: theory, research, practice applications, or comparison and/or integration of TA theory or practice with other theories or approaches. Nominee must be an ITAA member in good standing; contribution must have been published in a professional publication at least one year prior to nomination.

- Guidelines provided.
- Deadline: January 1.
- Award: plaque; decisions on any honorarium to be made by Award committee subject to Board approval.