INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

The Script

VOLUME XXIII NUMBER 7 SEPTEMBER - OCTOBER 1993

Boyd Wins Big!



Laura Boyd: "The legislature seems like the right place to be now."

Long-time ITAA member Laura Boyd, who won election to the Oklahoma State Legislature last November by a considerable margin, reports that she was acknowledged at the end of her first session as being responsible for more legislation than any other first-term house member in that state's history. Even with such success, she says her outspokenness and active participation have been difficult for her mostly male colleagues. "I think it seemed at times that I was dogging them like a bratty younger sister." However, her election as "Mouth of the Year" was a sort of humorous rite of passage for them all.

Laura draws on her training and experience in transactional analysis and marriage and family counseling as she concentrates her efforts on legislation related to health, education, and safety issues. Although she continues to see ongoing clients, Laura is not taking new ones. As she says, "The legislature seems like the right place to be now, and it is definitely a full-time job!"

We wish Laura well in her new endeavor and look forward to future updates from the "Mouth of the Year"!

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Where Have All the Nominations Gone?

by Marilyn Zalcman

Although I know that I am dating myself by using a title based on the Peter, Paul, and Mary song from the 1960s—"Where Have All The Flowers Gone?"—I want to write this article in both a plaintive and an upbeat tone. There will be no 1993 Eric Berne Memorial Award in Transactional Analysis presented at the conference in Minneapolis. This was the first year that it was possible to give awards for practical applications or integration of TA theory with other methods along with theory or research. For four years prior to this, the Award had been suspended in order to create a committee, policies, and procedures that would be more relevant, and yes, even more representative in recognizing the contributions being made to TA around the world.

But what happened this first year? Only one nomination was received by the committee after the January 1, 1993 deadline; it included a person who is not an ITAA member and, therefore, is not qualified to receive the Award.

What did we do? The EBMA Committee suspended the requirements for meeting the deadline, but we decided by majority vote not to accept the nomination of someone who is not a member of the ITAA (a requirement for nomination).

What does all this mean? From my point of view as Chairperson of the EBMA Committee, I think what this really means is that we have a new award with new opportunities for recognizing the significant work of TA authors and practitioners that has not been fully understood or invested in by the TA community. We still need to generate enthusiasm and investment on the part of the international community for making nominations as well as understanding that the EBMA in TA is much more open for recognizing contributions to TA than it was when it strictly limited awards to "scientific" contributions.

What does the EBMA Committee want from you? We want each and every one of you to think about the articles, publications, and books that have had the most influence on your work as a transactional analyst in your area of specialization (clinical, counseling, educational, or organizational) and to seriously consider nominating that author and publication for an award in theory, research, practical applications, or integration of TA with other methods.

What does this require? You need to follow the nomination procedures and submit your nomination so that it will reach the ITAA office no later than January 1, 1994. A list of the materials required for submitting a nomination was published in the July 1993 *Script* or you can contact the ITAA office for a copy.

We still need to generate enthusiasm and investment on the part of the international community for making nominations.

For publications written in a language other than English, the EBMA Committee is proposing a change of policy: Instead of requiring that books or articles be translated into English, the EBMA Committee will accept for nominations summaries of the work and the major ideas presented in the work. This change is being presented to the ITAA Board of Trustees for approval in Minneapolis.

Although I understand there could be less than positive interpretations of the fact that the Eric Berne Memorial Award in Transactional Analysis is not being granted in this first year of its expansion to include new areas, I prefer to regard the situation as indicating a need for more people to become aware of the opportunities to nominate a broader range of TA contributions. The EBMA Committee is doing its best to publicize the changes in policy. Please catch up with us and make the 1994 EBMA in TA an exciting and rewarding experience for all the TA authors who have been ineligible in previous years because their work did not fit the strict criteria for making "scientific" contributions to TA.

As the Chairperson of the EBMA Committee, I will be willing to help you prepare your nomination or to explain what is required. You may leave a message for me at 703-534-6999 in the USA, by faxing the ITAA office at 415-885-5998, or by calling the ITAA office at 415-885-5992. You may also contact Ann Moen, the EBMA Committee liaison in the ITAA office, for information or assistance.

The EBMA Committee looks forward to receiving your nominations for the 1994 Award! Do it now so that it will reach us by the January 1, 1994 deadline.

Hendrix to Headline Aruba Conference

by Edie Beaujon

Harville Hendrix, PhD, author of Getting the Love You Want *and a Certified Transactional Analyst, will be the keynote speaker at the October 24-30, 1994 ITAA Conference in Aruba. In keeping with the conference theme, "Anger and the Disowned Self," his keynote address, "Committed Partnership as a Path to Wholeness," will consider, in part, how containment exercises used in Imago Relationship Therapy can convert anger back into a life force that results in healing rather than separation and alienation. Our thanks to Conference Local Host Edie Beaujon for doing this interview with Dr. Hendrix.*

EB: Perhaps you could begin by giving us a brief description of Imago Relationship Therapy.

HH: The aim of Imago Relationship Therapy is to help couples achieve what they are seeking unconsciously, that is, to finish childhood. The emphasis is on understanding that the purpose of romantic love is to connect an individual

continued on page 7



Harville Hendrix: The emphasis in Imago Relationship Therapy is on understanding that the purpose of romantic love is to connect an individual with a partner who will activate and make conscious unmet needs from childhood.

EDITORIALLY YOURS

by Gerald Cartmel

Saying Thanks



Another edition with top class contributions from Marion Arenas and Frank Morris, and heaps more. Next edition I will address the place of sympathy and empathy in counseling, psychotherapy, teaching, and organizational communication. For now, I invite you to keep pace with me and the Poet's Corner and Re-Vision columns on the impact of Parent figures in the present and from the past, those who instill a moral form to our lives.

Reading one of those vital articles by a vital person able to express ideas in clear, clean language (Ellard, 1993), I again had time to ponder and appreciate some significant advantages of the TA model: *TA does not put disease labels on people* and thus contribute to maintaining homeostasis. *Nor does TA act as a servant to a political system.* These advantages were highlighted for me when I read about Dr. John Ellard, an Australian psychiatrist who, when moving from the role of psychiatrist to that of Commissioner of Corrective Services in New South Wales (Australia), observed, "I scarcely notice the difference in my daily life" (p. 68). He goes on to say, "The danger begins when you introduce psychiatric nomenclature" (p. 72), and he cites the 1967 Detroit riots being given the diagnostic category of "episodic dyscontrol syndrome" (p. 72), comparing the label of "antisocial personality syndrome" in the current DSM IIIR with Thomas Arnold's comment in 1806, "I reckon such persons are vicious, but not insane" (p. 74). Ellard opines, "My position is that no society, and no social structure, whether it be the law, psychiatry, or anything else, is to be trusted when the liberty of the individual is at stake" (p. 71). Credit goes to those who appointed Ellard, and I commend his article to all those with a social conscience.

And then to Thomas Szasz: "The *medical model*, as it is called, treats such problems as 'diseases' with 'symptoms' that can be 'cured' " (cited in Coon, 1992, p. 570). And further reading, for those prepared to wade through the prolixity of Foucault, could include *Discipline and Punish* (1975), which is a poor title translation of the original French, *Surveiller et Punir: Naissance de la Prison* (1975), except that I barely understand Foucault in English, let alone in French.

So, thank you, Eric Berne, for reintroducing me to sanity in place of sanitization in the psychological arena, a worthy successor to my old professor of physiology at Kings College in London, who wrote *Sane Psychology* in the London Blitz of World War II to distract himself from falling bombs and the insanity of war. Thank you, Professor McDowell, now deceased; I would like you to know that at least one grubby student appreciated your humour and wealth of humanity.

I invite *Script* readers to take a moment out to give thanks to your significant teachers. And then give thanks to the ITAA as an organization that is not controlled by a university hierarchy, nor dependent upon government policy. The ITAA is truly an unfettered university.

At a more practical level, I want to extend sympathy on behalf of all members to those damaged by the recent floods in the United States. The Mississippi-Missouri system has been known to me as a part of folklore. Reality can be more painful. On a happier note, our congratulations go to Laura Boyd for her humanitarian win last November to the Oklahoma state legislature. Laura, I recall your visit to Western Australia about 1979, when you met the quokkas (a small marsupial unique to an island off Perth). You have moved a long way since then, an example for us all. Which brings us to the letter from Rudi Gelsey, who presents us with a challenge. As I do my developmental psychology course at the University, I note the references to the eighties and nineties and think, *this is what TA was all about in the sixties and seventies.* Maybe Rudi missed my editorial inviting contributions in the area of spiritualism and religiosity. Maybe Rudi has been developing his own path and is now ready to be a teacher rather than a student, a writer for rather than a reader of the *TAJ*. I can now confess that I was on the point of resigning from the ITAA when I was asked to take on this job as *Script* Editor. I need you to know that I have been revitalized by the experience. In the TA world there is a time to share the leadership chair. You can always revert, as I will in 1994, to absorption.

Thank you, Eric Berne, for reintroducing me to sanity in place of sanitization in the psychological arena.

And finally, to cross boundaries, now that the Minneapolis conference is soon to be part of ITAA history, have you considered coming to Adelaide in November for the 11th Transactional Analysis Conference, "TA Tomorrow"? The Ramada Hotel is on the beach and connected to the city by a real, non-tourist tram. The wineries deserve a trip. The Ghan, a special train named after the Afghan cameliers of yesteryear, can take you right up the dead centre to Alice Spring and Ayers Rock. Beware—30% of deaths occur AFTER you have climbed the Rock! On to Kings Canyon and up the Kakadu, land of Crocodile Dundee, and out through Cairns or Darwin. For details, write to Valerie Redman, 8 Farrell St., Gleneig 5045, Australia. I may see you there.

Quote of the Month: "Show me a sane man and I will cure him." Carl Jung

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American Heritage Dictionary and Electronic Thesaurus. (Copyright 1986, 1987; all rights reserved). Licensed from Houghton Mifflin Co. Based on Roget's II: The New Thesaurus.

Coon, D. (1989). *Introduction to psychology.* St. Paul: West Pub.

Ellard, J. (1993). Psychiatry as a means of social control. *Modern Medicine of Australia, 36*(7), 68-78.

Foucault, M. (1975). *Surveiller et punir: Naissence de la prison (Discipline and punish: The birth of the prison).* London: Peregrine.

INSIDE VIEW

by Susan Sevilla

Getting Back into the Swing



Greetings from San Francisco. *The Script* has been "on vacation" for a month, as have many of our members. I hope you all had a good summer and that the transition to fall is going smoothly. For our members in the southern hemisphere, I hope your winter was mild and that your spring will be delightful.

It is often hard to think of a topic for my regular Executive Director's column, especially when we are in transition as we are right now. It is too early to report on the ITAA 31st Annual International Conference in Minneapolis, October 12-17, although in all likelihood it will be over by the time you read this. And it is also too early to begin promoting the next ITAA Designated Conference, which will be sponsored by the DGTA in Nürnberg, Germany, May 12-5, 1994.

I had hoped to report on the sale of the ITAA headquarters building, which has been on the market for four months. Unfortunately, although we've had many potential purchasers, including a law firm, two private schools, a real estate firm, and several bed-and-breakfast hotels, so far we've had no bona fide offers.

In thinking back on my recent columns, the one that generated the most feedback was the anniversary column. Thank you so much for your cards and notes of congratulations. I greatly appreciate the recognition and kudos from so many of you.

I consider my ten years with the ITAA to be one of my greatest achievements, both career-wise and as a woman.

I consider my ten years with the ITAA to be one of my greatest achievements, both career-wise and as a woman. I am proud of serving the association with what I hope you will agree is a moderate degree of success. And I am proud that I was able to do this while bearing and raising three children. Although it is difficult working full-time and also being a full-time mother and mate, I suppose I have it easy compared to many women.

For example, the women in my family are all pretty amazing. My own mother got married at 18 and had five children by age 28. She raised them to be happy, successful adults, then went back to earn her BA degree from the University of California. My mom's own mother raised and supported three kids alone during the Great Depression in the US.

I was recently reminded of how easy I have it in life via a letter from my mother that outlined my maternal great-grandmother's experience.

"My maternal grandmother followed her husband (a missionary) to South Africa with a babe in arms, facing often hostile tribesmen there. She would carry that portable organ into the natives' compound to play hymns, although the native population was antagonistic to anyone who spoke English after the Boer War. Remember that photo of Grandma Mabel—seven months pregnant—following after the covered wagon? She was taking the family, three girls by then, to Southern Rhodesia. Can you imagine burying one baby in Africa? Can you see yourself coming home on a ship with five children and a mentally ill husband, and nobody fell overboard? Both parents had bouts of malaria, the probable cause of Mabel's liver cancer and William's mental illness."

I guess compared to these ancestors I'm quite ordinary, like zillions of mothers, working both outside and inside the home. But whatever my path, however easy or difficult, I'm glad I'm on it as we enter this new season. I hope you feel the same about yours.

The Script

Editor: Gerald Cartmel, MB
Consulting Editor: Robin Fryer, MSW

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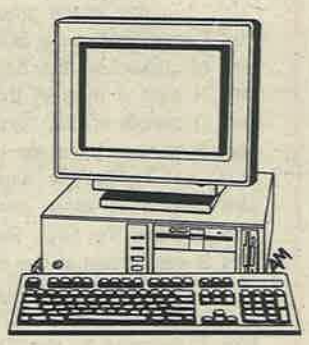
Further Details Offered on TA Databank

by Maria Teresa Romanini

How Publications Are Added to the Databank

Individuals or local/regional publications forward an article in its original language (if possible with keywords and summary) either to their local databank, to the central databank at the ITAA office, or both. Articles must be original.

The **local databank** (same country or language group) accepts all articles as submitted, translates the titles and summaries, adds appropriate English keywords, puts the articles into the archives, enters a record (sample shown below) onto the computer, and sends the disk to the central databank.



The **central databank** at the ITAA office puts the record on the computer, returns the record to the sender with new information from other local databanks, and makes the cumulative record available once or twice a year in both hard copy and disk form.

Sample Record

The following sample record illustrates the information that is included with each databank entry on disk.

Author: Strada, Angelo
Year: 1990
Source: Prospettive Sociali E Sanitarie
Title: Using Your Organizational Role and Organizational Development
Field: Organizational
Method: Description of Application
Keywords: Organizations, relationships, training

When sending in an article to be included in the databank, the following information should also be included: country of publication, author's address and telephone, and whether a summary and/or an English translation is available.

Databank Volunteers Needed

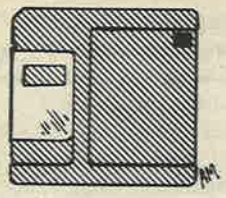
Eight databanks are currently operational: Austria, Brazil, France, Germany, Italy, Sweden, Britain, and the USA. Additional volunteers are needed in each country/language group. If you are interested in helping, please contact Maria Teresa Romanini, Via Filippo Nicolai, 70, 00136 Roma, Italy.

Specifications and Keywords

Software: Program DB3, Language Clipper, can be used on IBM, IBM-compatible, or DOS emulator on Mackintosh.

Fields: Clinical
Educational
Organizational
Other

Methods: Description of Application
Experiment
Follow-up
State of the Art
Theory



RESOURCE REVIEWERS WANTED

We are updating our resource reviewers file for the *Transactional Analysis Journal*. If you are willing to occasionally review an article for the *Journal* on a subject in which you have special expertise, please fill out the form below and return it to Ann Moen at the ITAA office.

Name _____

ITAA Status _____

Address _____

City/State _____

Country, Postal Code _____

Home Phone _____

Work Phone _____

Areas of Expertise _____

_____

Relevant Personal/Professional Experience or Background _____

_____

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FAX: 415-885-5998

Out-Of-Print: 1:1-4, 2:1-4, 4:1&4, 5:1-3, 6:4, 8:1-2, 9:2&4, 10:1-3, 11:1&4, 12:1, 13:4, 14:2&4, 15:1, 16:3, 17:2, 18:1, 19:2. **Few copies remain of:** 4:3, 6:3, 12:3, 14:1, 15:2, 17:1, 22:2. Upon receipt, orders are filled with all available TAJs; no further discounts offered as single issues are sold out.

Keywords:
adaptation
adolescence
adult
alcohol addiction
allowers
analytic psychology
anthropology
anxiety
application
archaeopsyche
attachment
attribution
autism
autonomy
borderline boundarys
care
child
cognitivism
communication
company organizations
confrontation
contract
counseling
countertransference
couple relationship
crisis
crystallization
custody
demon
depression
description
developmental age
diagnosis
dialogue
discount
dream
drivers
drug addiction
education
ego
ego states
ego states--functional analysis
ego states--structural analysis
egogram
elderly
epilepsy
fairy tales
family relationship
feelings
games
Gestalt and TA
group
group process
handicap
health organizations
identity
injunction
intervention techniques
intervention
learning
legislation
life position
meta-psychology
mind apparatus
miniscript
narcissism
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neopsyche
NLP
oncology
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organizations
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parent
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passivity
patient
personality
personality disorders
phobia
prevention
program
psychic organ
psychic energy
psychosomatic
psychodrama
psychosis
racket
racket system
real ego
recovery
redecision
relationship
reparenting
resistance
rubber band
schizophrenia
script
self
self-reparenting
setting
sex
social
split
strokes
suicide
supervision
symbiosis
teachers
termination
therapy
time structuring
trading stamp
training
training of TA
transactional psychology
transaction
transference
workshop

POET'S CORNER

by Marion Arenas

TA in a 1960s Locked Ward



Juanita Tobin is a popular poetry teacher and excellent reader of her own poetry. Her "hospital poems" as she calls them, read slowly and clearly in her deep southern voice, are always greeted at poetry readings with a combination of amusement, sympathy, and concern for the plight of the patients she writes about. From Blowing Rock, North Carolina, she tells her story:

"I worked as an RN at Dorothea Dix State Hospital in Raleigh, North Carolina from 1959-69, mostly as Head Nurse in Broughton Building, called 'the worst building on the hill' (Dix Hill) at the time. The census was 66 women, one-third severely retarded due to birth defects or lobotomies, one-third long-term criminals, one-third 'uncontrollable teenagers, epileptics, alcoholics, etc.' This was a locked building, with about half the patients locked into individual 'units' (read *cells*) each night, and the rest in wards also locked each night.

"Inspired by President Kennedy in the early days of desegregation and decentralization, the staff drew from the educational resources at Duke University and the North Carolina State Universities in Chapel Hill and Raleigh to develop intensive in-service training at every level for the staff, principally through humanistic psychology workshops. One such workshop was called 'sensitivity training,' and I remember several others for both patients and staff using transactional analysis. We learned about the Child, the Adult, and the Parent within each of us, and realized that though some of the patients were 'all Parent,' many were 'all Child', and very few had any evidence of an Adult anywhere about. We incorporated TA terms into our everyday language with each other and with the patients, such as: 'Your Critical Parent said that!' or 'That patient's Child is too Free!'

"These workshops inspired the staff to do their own problem solving on the wards. I started breakfast meetings with aides and attendants, and one of the first changes suggested was to give the snuff users spit cups, the kind commonly used by tuberculosis patients, so they wouldn't spit on the floor. It seems so obvious a solution now, but it had never been done before! The staff resolved the problem of the feces smearers by teaching them to use finger paints on a certain glass brick wall, which we then washed off every morning. Smokers were using the thin pages of donated bibles to roll their cigarettes. This was easily solved by ordering a much larger amount of good quality cigarette paper, which the state agreed to provide along with the sacks of Bull Durham tobacco already being supplied for all smokers. We got patients interested in the news and conducted our own election. (John F. Kennedy won.) We put up the first mirror so they could see themselves, the first calendar so they would know what day it was.

> We had much help from volunteers who contributed great infusions of hope that something could be done to change conditions. Even long-term aides, jaded after years on the ward, were regenerated.

"We had much help from volunteers, from ministerial and other students who contributed great infusions of hope that something could be done to help the patients, to change conditions. Even long-term aides, jaded after years on the ward, were regenerated. We went from five locks a day between front door and 'unit' to none, with open doors and free access to hospital grounds. We placed a severely retarded woman, who greeted everyone with a hug, as hostess at the front door. Though she was warm and loving, she had been a nuisance on the ward, hugging everyone, patients, aides, doctors, and guests, each time they passed her. At the door she was a big success.

"One of my goals was realized on an Easter Sunday, five months after I arrived at this 'worst building.' All 66 patients walked across the campus to the interdenominational chapel, each one in appropriate dress, donations collected by volunteers. The long-term criminals turned out to be harmless, many of them battered wives or lovers who had killed their tormentors, and the 'uncontrollable teenagers,' some of them runaways who had been sexually abused at home, were extremely intelligent and with a little encouragement, eager to help and to learn. With all our attendants, aides, and volunteers, we left 'the worst building' empty during church services.

"This was one of my most creative periods, and it was also then that I discovered poetry. I started a writing group with eight patients. At the same time, so I'd know what to teach them, I signed myself up for my own first creative writing course. For three years my instructor, Sam Ragan, Poet Laureate of North Carolina, urged me to write a poem. He would point to a line of prose I had written and say, 'That is a gorgeous metaphor.' I would ask, 'Where?' because I didn't know what a metaphor was! I was 48 years old. I am now 78.

"Later I moved to New Jersey to take care of two motherless grandsons, one autistic. I continued to write and publish poetry and to teach seniors, later combining elementary school children with seniors in JOY (Joining Old and Young). I received grants from Bergen County for five years to publish anthologies from these two groups, and two grants from the New Jersey State Council on the Arts to publish my own books.

"I returned to North Carolina a few years ago to take care of my 92-year-old mother, who died at 94. I am now 'Poet in the Classroom' in a Language Arts Master's Degree program at Appalachian State University. I live in a small cottage built by my grandparents in 1903. They bartered a pump organ for this triangular-shaped wedge of land. I call it 'my piece of pie in the sky.'"

The End

TA CONFERENCES WORLDWIDE

October 13-17, 1993—Minneapolis, Minnesota. ITAA Annual Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA.

October 29-November 1, 1993–Pueblo, Mexico. Mexican TA Association Conference. Contact: Maria Teresa Romero, MEXAT, Ezequiel Montes, 19, Col. Tabacalera, Mexico DF CP 06030.

November 19-21, 1993—Adelaide, South Australia. Australasian TA Conference. Contact: George Filipowicz, 24, Da Costa Ave., Prospect 5082, Australia.

January 12-16, 1994–Madras, India. ICTA Annual Conference. Contact: S. Narayanan, 11, First Main Road, Indira Nagar, Adayar, Madras 600 020, India.

May 13-15, 1994—Near Nürnberg, Germany. German TA Association (DGTA) Conference/Designated site of ITAA Business Meetings. Contact: DGTA, Samerberweb 3, D-8269, Burgkirchen, West Germany.

July 10-14, 1994—Maastricht, The Netherlands. EATA Conference. Contact: Mrs. Yvonne van Praag, PO Box 1197, NL-3800 BD, Amersfoort, The Netherlands. Phone: 31-33-721764; fax: 31-33-759129.

October 24-30, 1994—Aruba. ITAA Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009, USA; phone: (415) 885-5992.

January 1995–Bangalore, India. 22nd Annual ICTA Conference. Contact: Carlos Welch, UTC Quarters, 97 Nandidurg Rd., Bangalore 560046, India.

August 1995–San Francisco. 35th Annual ITAA Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009; phone: (415) 885-5992.

THE NURSE REPORTS ON MORNING ROUNDS

by Juanita Tobin

Mrs A pats the walls near WET PAINT signs.
Mrs B walks the halls looking for the bus stop.
Mrs C points to
Mrs D who soiled herself & lost her shoes.
Mrs E whose skin is silver-blue
from medication, helps
Mrs F ripple water in a bucket with spoons.
Mrs G got a new dress at mail time
printed with pink & yellow eggs.
Mrs H gets in bed with
Mrs I while
Mrs J licks her spit cup.
Mrs K's family will not come fetch her
unless the doctor writes them a letter
he won't get around to until August
by which time he'll be long gone.
Mrs L munches on a bunch of violets that bald
Mrs M picked at the back door.
Mrs N dips a mop in the commode to help clean.
Mrs O crawls on the floor & blind old
Mrs P curses because her money disappeared
while she was showering.
Mrs Q cowers when anyone comes near.
Mrs R prays the Grim Reaper will come take her.
Mrs S eats grass in the courtyard like
Nebuchadnezzar.
The Police Chief calls to say that
Mrs T escaped to the Station, where
she's asking for a laxative,
so be sure she gets one tonight.
Mrs U hugs everyone in sight.
Mrs V crowns herself King, delegating
Mrs W &
Mrs X her Constables. In celebration,
Mrs Y sings "Adeste Fidelis" in Latin while
Mrs Z sidles up to me & confides:

You are so strong
just like my mother.

Adapted from "Rounds" by Juanita Tobin, in KINGPINS AND CHINA DOLLS, *The Word Shop, PO Box 821, Blowing Rock, NC 28605, USA; US$8.00.*

New Direct Members

JUNE 1993

New Member	*Sponsor*
Abe, Tomoko	Val Garfield
Beauvais, Richard	Bruce Loria
Boatright, Hannah	—
Haddard, Emile	E. Childs-Gowell
Ishiyama, Takanori	Val Garfield
Mitchell, Joan	—
Morrison, A.	Vann Joines
Niehaus, Joan	—
Okamori, Kohjiro	Val Garfield
Suhood, Tirrania	Jan Grant
Suzuki, Akira	Val Garfield

JULY 1993

New Member	*Sponsor*
Cullen, Louise M.	Gordon Hewitt
DAmico, Joan	—
Goddard-Rieley, J.	Jerrold Paul
Khera, Shiv	—
MacKenzie, Robin	Gordon Hewitt
Petrovic, Marina B.	—
West, Marilyn	—

AUGUST 1993

New Member	*Sponsor*
Bonanno, Rick	John Gladfelter
Broderick, Natalie	John Gladfelter
Carrigan, Robert F.	—
D'Amato, Chris	—
Hollis, Allan R.	Vann Joines
Nathanielsz, Ault	John Gladfelter
Price, Mahima A.	Jan Grant
Shimizu, Midori	—
Zugazaga, Cecilia	—

RE-VISION

by Frank Morris

Great Ideas Live On



Real people do not gain immortality, ideas do. What the living recall of the dead are little insignificant factors—strange details such as "Bucephalas," "the victory in Egypt," "a father named Philip," and "early death" for Alexander the Great. We do not know the man, his motivation, basic values, driving feelings, and day-by-day experience. Being recorded in history with a date and a name is not much, actually. Perhaps the wish for immortality is one of the leftover remnants of a child's fear of death, later leading to the delusion that fame is important.

Great ideas survive. They are the seeds sown in the hearts and minds of people. Music provides the easiest illustration. We mentally hum present-day songs and some of them stick across the centuries, though their composers may be forgotten. Several hours of listening to the symphonies of Mozart, Beethoven, or Tchaikovsky can lead us, hearing them again years later, to anticipate notes before they are played. We can tell immediately if there is a mistake by a musician, yet we may not be able to recall who composed the piece. The idea, though, musically phrased, is alive. As for Mozart, Beethoven, and Tchaikovsky, we can remember a few bits of information here and there. Even if we do memorize information about the person, the vitality of that individual is gone; it remains only in the musical ideas.

Deep in the midst of the United States in Indiana it is interesting to hear ideas placed in the minds of humans by Eric Berne. I run a test. When I hear someone, a client or a member of the public, use a TA term I ask, "Do you know who introduced that idea in history?" They look at me blankly, the answer always, "No," and I mindread an additional response to my pedanticism: "And who cares?"

What Bernian ideas do I hear? "Strokes" is most common, along with "trading stamps." "Games" is used commonly to describe a *spouse's* activities. "Poor Me," "Ain't it Awful," "Yes, But," and "Now I've Got You" are widely understood. Some people even know the OK positions, everyone seems to know about the "Natural Child within," and a fair number know what it means to ask, "Are you talking out of your Adult self now?" Speaking to another in a "Parent" fashion, with a lot of shoulds and oughts, is almost verboten. In spite of all this, people still respond, "Eric who?" when told these ideas originally came from Berne.

> History can be cruel to individuals, whereas it is much more generous to ideas placed like beautiful genes in the DNA of humanity.

History can be cruel to individuals, whereas it is much more generous to ideas placed like beautiful genes in the DNA of humanity. It all makes the poet Robert Browning seem prophetic: "Would you have your songs endure? Build on the human heart."

Some of Berne's ideas haven't caught on yet, in fact, they may need the neuroscience revolution to nudge them along. The concept of ego states is one of these. I've always thought that Berne's best written line was the first sentence of the article in *Current Psychiatric Therapies* (1966): "Transactional Analysis is a system of therapy based on a personality theory which recognizes three types of ego states: extereopsychic (those borrowed from parent figures); neopsychic (those oriented in an objective data-processing way toward external reality); and archaeopsychic (archaic relics from early years)" (p. 114). The world hasn't caught up with that one yet.

> Some of Berne's ideas haven't caught on yet, in fact, they may need the neuroscience revolution to nudge them along.

Berne's great journalistic strength also turned out to be a weakness in that PAC became trivialized. People *think* they understand TA when they know a few terms. What a pity. The notion of a host of ego states from the archaeopsyche, neopsyche, and extereopsyche is profound. Ordinary folks prefer generalizations about individuals where the person is seen as a coherent unit rather than as a composite, a collage, a mosaic. People focus on content and forego hearing and seeing the ego state changes. We (i.e., common humanity) are like children proving we understand another's messages, without becoming analysts meta to the situation, observing the switching of ego states. The idea that we flip into our parents' skins and lose our identities is seldom emphasized, save in the trivialized form when we are shouting a should. Many depressions and much despair, for instance, result because the individual is mimicking an old pattern of a parent. The idea of a variety of ego states from childhood that appear in the adult repertoire is also relatively unknown.

Romanticists such as I believe that good ideas eventually win out. First, though, we have to endure the last seven years of magical wahoo thinking as the century draws to a close. Closet cuckoos are out in force with the end of a millennium causing wish-filled trash to appear even in psychotherapy books. Unheard counsel is that it is wisest to exhaust known truth prior to guessing about the unprovable. We'll have to save that idea, though.

For those preparing for the next century, the neuroscience revolution offers hope in that the brain/mind is shown to be modular in organization and multi-sourced in terms of communication. Ego states will come to the fore, but it will take time. Finally, for those who think they have already gone beyond Eric Berne, can you recognize exact ages of developmental regressions within two minutes of hearing a client talk? Then, do you know exactly what to do in order to facilitate health?

As always, send me your ideas on these and related topics. My address is 52136 Lilac Rd., South Bend, Indiana 46628, USA.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	BOC	Oct. 13, 1993	Minneapolis, USA	July 13, 1993
	BOC	Nov. 18, 1993	Adelaide, Australia	Aug. 18, 1993
	COC	Nov. 20, 1993	Aschaffenburg, Germany	Aug. 1, 1993
	COC	Apr. 7, 1994	London, England	Jan. 1, 1994
	COC	May 1994	Nürnberg, Germany	Feb. 1, 1994
	COC	July 10, 1994	Maastricht, Netherlands	April 1, 1994
	BOC	Oct. 26, 1994	Aruba (Caribbean)	July 26, 1994
TSTA Oral	BOC	Oct. 13, 1993	Minneapolis, USA	July 13, 1993
	COC	July 10, 1994	Maastricht, Netherlands	April 1, 1994
	BOC	Oct. 26, 1994	Aruba (Caribbean)	July 26, 1994
CTA Written (Proctored)	N. Amer.	Mar. 11/12, 1994	Your choice	Dec. 11, 1993
CTA Written (Open book)	All Regions (Non-Europe)	Your choice	To be submitted for reading through the ITAA office	Your choice
Training Endorse. Workshop		Oct. 18-20, 1993	Minneapolis, USA	June 19, 1993
		Jan. 17-19, 1994	Madras, India	Sept. 17, 1994
		July 15-17, 1994	Maastricht, Netherlands	March 15, 1993
		Aug. 8-10, 1994	Albuquerque, USA	April 8, 1994
		Oct.31-Nov.2,'94	Aruba (Caribbean)	June 30, 1994

To make arrangements to take a BOC exam, contact the T&C Council, 1772 Vallejo St., San Francisco, CA 94123, USA. **To arrange to take a COC exam**, contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator. **Training Endorsement Workshop fee: $395 payable in US dollars to T&C Council, c/o the T & C Council office, 1772 Vallejo St., San Francisco, CA 94123-5009, USA.**

T&C News Flash!

As per the Training Endorsement Workshop scheduling policy, two new TEWs have been requested and approved (see Exam Calendar, page 5). Assuming that **at least six participants register by the deadline**, a TEW will be held after the following conferences:

* 1994 ICTA Conference, Madras, India (TEW January 17-19)
* 1994 USATAA Conference, Albuquerque, New Mexico (TEW August 8-10)

These two workshops are being scheduled by popular demand. Please contact the T&C Council office for further information.

TA 101 CALENDAR

October 5-7, 1993—Cochin, India. Cost: Minimal. Leader: Fr. George Kandathil, TSTA. Contact: ICTA, Santigram, Cochin University PO, Cochin 682-022, Kerala, India.

October 9-10, 1993--Ft. Collins, Colorado, USA. Cost: $100. Leader: Wayne Carpenter, CM-I. Contact: Wayne Carpenter, phone: 303-224-1778.

October 10-11, 1993—Minneapolis, Minnesota. Cost: $75. Leaders: Frances Bonds-White, TSTA, and Joanna Beazley-Richards, CTA. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009, USA; phone: 415-885-5992.

October 18-November 29, 1993 (weekly, 7-9pm)--Maple Ridge, British Colombia, Canada. Cost: $140 Canadian. Leader: Janice Dowson, PTSTA. Contact: Janice Dowson, 12084 211th St., Maple Ridge, BC V2X 8K8, Canada; phone: 604-463-9879.

October 30-31, 1993--London. Cost: £80. Leader: Charlotte Sills, TSTA, or Barbara Traynor, PTSTA. Contact: metanoia, 31 North Common Rd., London W5 2QB; phone: 001-579-3531.

November 6-7, 1993--Cleveland, England. Cost: £90. Leaders: Christine Lister-Ford, PTSTA, or Jennie McNamara, PTSTA. Contact: Stockton Psychotherapy Training Institute, 77 Acklam Rd., Thornaby, Cleveland TS17 7BD, England; phone: 0642 611292.

December 3-5, 1993—Chur, Switzerland. Cost: Sfr. 450. Leader: Willem Lammers, PTSTA. Contact: IAS Davos AG, Scalettastrasse 31 CH-7270 Davos Platz, Switzerland.

January 24-25, 1994: London, England. Cost: £80. Leaders: Charlotte Sills, TSTA, or Barbara Traynor, PTSTA. Contact: metanoia, 13 North Common Rd., Ealing, London W5 2QB, England; phone: 081-579-2505.

March 19-20, 1994--Cleveland, England. Cost: £90. Leader: Christine Lister-Ford, PTSTA, or Jennie McNamara, PTSTA. Contact: Stockton Psychotherapy Training Institute, 77 Acklam Rd., Thornaby, Cleveland TS17 7BD, England; phone: 0642 611292.

Members Forum

COPING WITH TA'S SCRIPT

Dear Editor:

I refer to Elizabeth Crichton's letter in the March 1993 issue of *The Script*. Please give her my empathy for having to cope with a full load of TA's script component "Don't Belong." From personal experience I know how that feels.

Yours, sincerely enraged.

A Regular Member

FUN IN ATLANTIC CITY

Dear Dr. Cartmel:

I am writing to say that I attended the dance on Saturday, May 22, 1993 and the brunch on Sunday, May 23, 1993 in Atlantic City (the Eastern Regional TA Association Conference) and had the pleasure of meeting Brenda Bary from Haverford, Pennsylvania; Frances Bonds-White from Philadelphia, Pennsylvania; Mr. and Mrs. Barton Knapp from Devon, Pennsylvania; Fred Clark from Cheshire, Connecticut; and many others. A good time was had by all.

Ed Rinear, Philadelphia, Pennsylvania

SCRIPT STROKES

Dear Gerald:

Congratulations on the liveliness of *The Script*. The issues raised in letters and articles recently have a degree of relevance and usefulness I am enjoying immensely. I am looking forward to the latest issue of the *TAJ* in the hope that the request for more "usable" articles will come back on the agenda.

Jill Slayter, Willoughby, Australia

FAREWELL THOUGHTS

Dear Susan (Sevilla):

Believe it or not, this is the second letter I am writing to you. The first one got interrupted on my computer due to a power failure. Maybe the powers that be are trying to tell me I shouldn't write this. However, you invited me to give you feedback on why I have been resistant to rejoining the ITAA after almost 20 years as a "valued member."

Yes, I passed the Clinical Membership exam after a number of years of study with Dr. Brown of Ann Arbor. I have attended many of your annual meetings, nationally and internationally, and have been an examiner on some of your examining boards. I had an active TA practice until the early 1980s. Since then, my horizon has expanded, taking in not only conventional adjuncts to TA such as Gestalt, but Jungian concepts and spiritual counseling as well.

Overall, I have the feeling that TA is no longer on the cutting edge of therapeutic progress, if the *TAJ* is one of the criteria by which to judge. I find its articles often full of jargon now, more technical than mind-expanding. I remember fondly the days when I awaited the arrival of the latest issue and read it pretty much from cover to cover.

After 28 years as a Unitarian Universalist minister, I retired in June 1990 and am currently writing a book entitled, *A Faith for the Global Village*, subtitled, "A Planetary Vision for the Third Millennium." In a sense, I am extending to the religious sphere the concept of "I'm OK, You're OK" and inviting the world religions to let go of their scripts. Games such as "My Christ is better than yours" or "We are God's chosen people" have had devastating consequences, and we need to replace games with intimacy and mutual acceptance.

At this point I would like to take a sabbatical from ITAA membership, but I am open to reconsidering, now or later, if you have some solid grounds on which to overcome my current disenchantment.

For the time being, thank you and farewell.

Rudi Gelsey, Gansevoort, New York, USA

Executive Director's Note: Readers' responses to this letter are welcomed. Please address them to The Script.

TA IN THE PHILIPPINES

Dear Editor:

I came to know about TA when I first read Harris's *I'm OK, You're OK* in high-school and then Berne's *Transactional Analysis in Psychotherapy* and *Games People Play* in college. Since then I have not stopped reading about TA and literally grabbing every TA book I see (such is rare in the Philippines). Barnes's *Transactional Analysis After Eric Berne* opened my eyes to the theoretical as well as practical differences of the various schools in TA, giving me confidence in sharing what I know of TA with Filipinos.

I finished my B.S. in Psychology with a focus on Industrial/Organizational Psychology in 1989. I started teaching undergraduate psychology courses at the University of San Carlos that same year and never missed the chance to spend a few meetings talking about TA and conducting group process sessions with TA as the foundation.

I often get invited by government and private corporations to handle seminars on interpersonal relations, conflict management, leadership training, sensitivity sessions, and the like, and I have found TA to be very applicable. Its pervasiveness is tremendous! I am now writing my master's thesis on the effects of a TA training program on several dependent variables, and I hope to share the results with you.

Good luck and more power!

Fredric Boholst, Cebu City, Philippines

POET TOBIN THANKS POETRY COLUMNIST

Dear Marion:

You have brought my patients back to life, and I can see them all as clearly as if they were standing in front of me. I've forgotten many people in my other lives, but the inhabitants of Broughton Building took hold of all my senses. I think my poem is a sort of memorial. Knowing their stories, it often seemed that "going crazy" was the sanest thing they could do, having no other escape. So thanks again for breathing life into these women by given them a place in the Poet's Corner.

Juanita Tobin, Blowing Rock, North Carolina, USA

Editorial Policy: We welcome Letters to the Editor (c/o the ITAA office). In editing for taste, accuracy, and length, our intention is to retain the author's meaning. Opinions offered in this column do not necessarily represent the views of the Editor or the ITAA. Readers are invited to digest letters within the framework of TA theory.

TA IN EDUCATION

by Sheena Hudson

Four Areas Distinguish Educational From Clinical TA

by Jan Grant



We continue the dialogue about ways to differentiate educational applications of TA from other applications with the following article by Jan Grant of New South Wales, Australia. If you have thoughts on this or other topics related to TA in education, please send them to Sheena Hudson, Central Institute of Technology, Private Bag 39807, Wellington Mail Centre, New Zealand.

Clearly there are some differences between educational and clinical applications of TA that most transactional analysts would agree upon, whereas others are open to debate. I, for one, see the following four major areas of difference:

	Educational	Clinical
* Contract:	—to learn some things (may make personal changes as well)	—to make personal changes (may learn some things as well)
*Process:	—emphasis on group goals and activities that will achieve learning about group's goals (although emphasis on individual's goals at times)	—emphasis on individual's goals and how individuals can achieve them (although emphasis on group's goals at times)
*Leader's Role:	—leader offers learning experiences, presents information, comments on group process, and teaches from examples and experiences of individual members	—leader offers slots for individuals to do personal work, facilitates interpersonal experiences, and gives feedback
*Feelings:	—encouraged to a certain extent, but contained and referral made for personal work if needed	—expression encouraged and links made with early decisions, referral made for educational work if needed

In addition to these four areas, there is also a broader, cultural expectation about therapy and education. For example, I was originally trained to teach 5-12 year olds. When I left full-time teaching to have children of my own, I began working part-time in community education, that is, teaching adults. This was a huge shift, one requiring unlearning and relearning may skills. I was now expected to "facilitate," not "teach," to allow learning to evolve, not to stay in control of the learning.

Clearly there are some differences between educational and clinical applications of TA that most transactional analysts would agree upon, whereas others are open to debate.

For group participants adjustments were necessary as well. Some adults had not been in class since leaving school, and they were uncomfortable with the adult learning situation in which more was expected of them. Some teachers who wanted to be facilitators could not make the transition to a more flexible approach. At present, in my area, community education is well accepted as a vehicle for learning some specific crafts (e.g., quilting), skills (e.g., communication), and areas of personal development (e.g., empowerment).

I would be delighted to hear from other educators who use TA about how they see education in their area and from clinicians on how they see the differences between educational and clinical uses of TA. I can be reached by writing Jan Grant, TSTA, 27 Edward St., Naraweena, NSW 2099, Australia.

HENDRIX *continued from page 1*

with a partner who will activate and make conscious unmet needs from childhood. Once conscious, the prime directive of the unconscious can be completed—finishing childhood.

EB: Does your therapy also apply to other "couples," such as a mother and daughter or a son and his father?

HH: There are skills derived from Imago Therapy—mirroring, validating each others' point of view, developing empathic responses—that are valuable for any couple relationship, whether they involve parents and children, business partners, or employees and employers. However, there is a distinct psychology or chemistry between partners in a romantic relationship that makes the use of these skills not only helpful in terms of good communication and positive relating, but facilitating of something deeper. Non-couple relationships can involve healing to a certain point, but the unconscious is only open to deeper levels of healing with the person who is a facsimile of the parents, that is, the romantic partner.

EB: How did your background in TA influence the development of Imago Relationship Therapy?

HH: My background in TA theory was less influential than was my clinical experience in TA/Gestalt with the Gouldings. One of the most helpful experiences for me was breaking from "passive-to-active" modes in therapy with Bob and Mary Goulding. I saw them initiate interaction with clients, give them information, even suggest that they do certain things. The Gouldings communicated a caring for people that I had not seen before along with efficient, crisp therapeutic skills. I would say that the Gouldings were the people who influenced me the most in TA. I am forever in their debt.

EB: You've written two books, one for couples and one for singles. How do you apply your ideas differently with these two groups?

HH: *Getting the Love You Want* is aimed at couples already in relationship and experiencing the power struggle that ensues. It offers a road map for how to get out of the power struggle and into a passionate, feeling relationship. *Keeping the Love You Find* is for singles who want to have a successful intimate partnership. It suggests that preparation for marriage is possible and important and that if you do certain kinds of work the chances of maintaining a successful intimate partnership are increased significantly.

EB: I believe I'm hearing that, from your perspective, marriage—or being in a committed relationship—is the way to heal oneself and would be a goal for everyone.

HH: That's true. Single people, even in a powerful and positive therapeutic relationship, for example, can heal only up to a point. Without a partnership people can't fully repair the emotional damage from childhood.

EB: Do you see a correlation between the intensity of the romantic experience and the degree of dysfunction in the original family?

HH: I don't have a research answer to that question, but I do have a clinical one. It appears to me that the intensity of the romantic experience is correlated with the degree of loss in childhood.

EB: So what you are saying in your work is "stay together and work it out" instead of going on to someone else after the romantic part is over.



The purpose of the container is to structure the expression of anger so that the outcome is emotional bonding, a result of moving into the emotional hurt underneath the anger.

HH: Absolutely. That person has been selected by your unconscious as the resource you need for growth and healing. To give the relationship up is to abort that process, and your unconscious will simply select another person with a similar personality configuration with whom to continue.

EB: The theme of our TA conference is "Anger and the Disowned Self." How do you see your work relating to that theme?

HH: Very much, actually. In *Getting the Love You Want* I describe five aspects of the self that derive from the Jungian understanding of the "shadow." The "disowned self" is that aspect that is positive but disowned, the creativity or intelligence or warmth or whatever. It is adored in others but you don't see that you have that ability or trait yourself. The "denied self" is comprised of negative traits that you also don't see in yourself but project onto and criticize in others. The "lost self" involves functions of the self-healing, thinking, and sensing aspects repressed in childhood and therefore lost from consciousness. The "hidden self" is a kind of shame of the self, but it is unconscious, those things that you know about yourself but reject or hide from others. The "presentational self" is what Masterson calls the "false self." It is that aspect of the self you present to the world because you know it won't get you killed. It's not so much false as it is a survival decision.

All of these aspects have to do with negations of the original vibrant core, which I call the "core self."

EB: You advocate what you call containment exercises as a healthy way to express anger in measured doses. How do these work without the feelings become stilted or overly packaged, and how does this idea relate to the TA concept of spontaneity and the Free Child?

HH: I've never thought about that. The purpose of the container is to structure the expression of anger so that the outcome is emotional bonding, a result of moving into the emotional hurt underneath the anger. At the end of this process the Free Child comes back in when both partners are guided to produce an interaction between them that results in a belly laugh that can be sustained for 30 seconds.

EB: How do you keep containment exercises from becoming games in themselves in the TA sense of someone who has deep wounds from childhood using his or her partner to dump on and persecute?

HH: That's a danger. I deal with it by insisting on reciprocity, that is, the couple must learn to use the container process equitably. In fact, often the less expressive partner is more angry than the expressive one because the anger has been held in. The code phrase of conscious relating is intentional reciprocity so that what one asks for, one also gives.

EB: Do you work differently with individuals who sustained deep wounds as children and who have, as a result, developed narcissistic personalities?

HH: I have found that if I slow down and reduce my expectations in terms of the rate of change, if I increase my resilience as a holding person and remain firm about the structure—by which I mean keeping the couple in dialogue and not allowing interactions without a mirroring, validating, and empathizing response—and if I am willing to take one to five weeks just to get an accurate mirroring going, then such couples make progress slowly.

EB: What do you see as an appropriate use of power and aggression in healthy relationships?

HH: If defined positively as self-expression or self-delineation, I think that the use of power is appropriate and necessary. But if power is defined as domination or criticism, and aggression as defined as injury, hurt, or control, I think that is always inappropriate. The main aphorism in Imago Therapy is that in a conscious relationship there isn't criticism, but a striving for freedom and equality, which are the two driving forces of the psyche after survival. The paradox is, if in a relationship you transcend your own self-protection to guarantee the self-protection of the partner from your own aggression, the partner's response to you then is not aggressive. Therefore, self-protection arises out of the protection of the other.

EB: Thank you for your time, Harville. I have many more questions for you, but we'll save those for the Aruba Conference in October 1994.

SCRIPT AD RATES

Copy should be camera-ready on clay-coated stock. Deadlines: first of the month prior to the month of publication (November 1 for December *Script*; no issues printed in January, May, and September).

Classified Ads: $5/line (80 characters/spaces)

Sixteenth Page	$ 50, 2" X 3"
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GOOD GRIEF RITUALS

BOOK AND WORKSHOPS

Elaine Childe-Gowell PhD

This book provides the reader with clear and helpful **tools and methods for healing** problems which people have when dealing with the feelings associated with loss and change.This very beautiful little book provides the reader with a series of **Good Grief Rituals** which can be undertaken alone, with a minimum of time and effort. You, the reader, can experience these Rituals and release your feelings of sad, scare, angry. You can unblock the energy resulting from your **loss and grief.**

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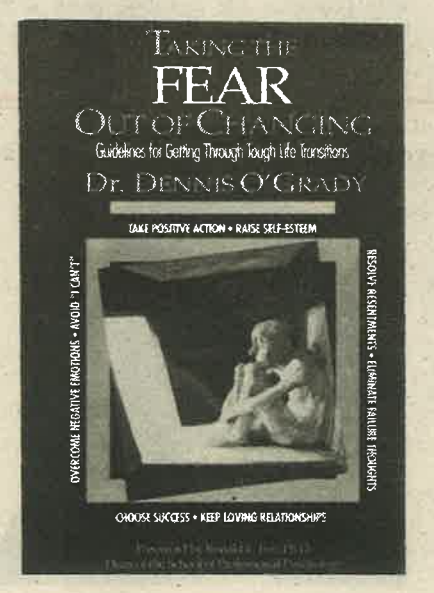
GOOD GRIEF RITUALS
TOOLS FOR LOSS



ABOUT THE AUTHOR:

Dr. Dennis O'Grady is a Dayton, Ohio, USA psychologist, business consultant and professional speaker who is a certified Transactional Analyst.

"This is a book written to stimulate the thinking, the feelings, and the actions of readers in such a way as to help them with the difficult process of change." - Dr. Ronald E. Fox, President, American Psychological Association.

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Keeping In Touch

In Search of a New Look

In working to update the look of *The Script*, we welcome your feedback about the new layout and graphics in this issue. Also, a big thank you to Ann Moen, ITAA Publications Assistant, for her creativity and considerable help on this redesign project. We anticipate refinements in future issues, so stay tuned!

REGION I—ASIA, AFRICA, THE PACIFIC

Cuiran Zhang of Chengdu, Sichuan, China writes, "In the past year I published two books with another professor. One is *Psychology of Literature and the Arts* and the other is *Research on the Process of Aesthetical Education*. I have been working for the Municipal Women's Federation and the Provincial Radio Station and several universities in Chengdu. I am pleased to tell you that I attended the second Afro-Asian Psychologists' Congress in Beijing last August. As a Regular Member of the ITAA, I hope to learn more and wish that I could do more for our members all over the world, especially in relation to cross-cultural issues of East and West. I hope that you and my colleagues and friends in the ITAA will help me. How can I improve my membership level if I cannot leave the country to get in touch with advanced members? I expect to meet more senior members and ITAA scholars coming to China to travel or to have an official visit." If you can help, contact Cuiran Zhang, Office of Education and Psychology, Chengdu University, 610081, Chengdu, Sichuan, PR China.

K. Ramakrishnan (RAMA) reports that in June, while on holiday in Sri Lanka, he paid courtesy calls on higher learning and training institutes there, including the National Institute of Business Management, the Sri Lanka Institute of Development Administration, the Institute of Workers' Education, the University of Colombo, and the Sri Lanka Foundation Institute. RAMA was not prepared for TA teaching, but at the request of the Director of the National Institute of Business Management (NIBM) he presented a one-hour lunch talk, which was attended by senior NIBM consultants. RAMA says he enjoyed the chalk-and-blackboard demonstration and received many positive strokes. The NIBM Director indicated he plans to implement TA in-house. Similar aspirations were shared by the other organizations. RAMA requests that TA ambassadors visiting Sri Lanka offer their TA expertise and services generously to the various organizations mentioned.

Michiko Fukazawa of Tokyo, Japan, writes that she has been busy with many projects. In addition to the four classes, three seminars, and several commissions, including one on AIDS Prevention Strategy, that Michiko is responsible for at the University of Waseda, in July she was a keynote speaker at the 6th Japanese Health Psychology Conference. She spoke on burn-out and reports, "It was not hard to prepare as many Japanese, including myself, are at the edge of being burned-out. The 'drivers' theory was quite useful to explain the phenomena. I am developing a questionnaire based on Capers's and Kahler's theory, another project that keeps me quite busy!"

Yoshitaka Moronaga recently had heart bypass surgery, and we are pleased to hear that he is recovering nicely. His friends around the world are happy about the news and wish him a speedy recovery.

The 18th Annual Congress of the Japan TA Association was held May 22-23 in Hirosaki. Michiko Fukazawa gave the keynote address, "TA: A Way to Self-Actualization," and many scientific papers were presented, particularly on egogram questionnaires and their use. The following weekend, over 100 people attended the **6th Conference of the TA Association of Japan,** the theme of which was "Love and Intimacy."

REGION II—CANADA

British Columbia News: Janice Dowson, President of the British Columbia TA Association (BCTA) writes, "The past year in the BCTA has been a time of growth and expansion. The upcoming fall program is an exciting one. Topics include 'A Spectrum for Change' with Jim Logan, 'A Little Magic to Diffuse Negative Messages' with Lois Campbell, and 'An Update on Shame' with Janice Dowson. In addition, BCTA will celebrate the holidays with a party hosted by Florence Olivier. We look forward to seeing familiar faces, hearing new voices, and meeting old friends and new faces through BCTA."



RAMA (back row, fourth from left) with group attending his TA presentation at National Institute of Business Management in Sri Lanka.

REGION III—EUROPE

Congratulations to Jean-Luc Pignol and Martine Cheval of Besançon, France, on their marriage, July 3, 1993.

The Vlaams Instituut voor TA (VITA), the official TA organization for Flanders (the Dutch-speaking part of Belgium), is planning a celebration on February 5, 1994, in Antwerp to honor the 15th anniversary of its founding in September 1978. To mark the occasion, the VITA Board has applied for matching funds from the Eric Berne Fund for the Future in order to offer complete sets of the *TAJ* to all four universities in Flanders. Congratulations, VITA, and keep up the good work spreading TA in Flanders!

REGION V—UNITED STATES

Bruce Loria's current address is 747 Cherry St., Southampton, New Jersey 08088-1749, USA, for those members who wish to contact him regarding the recent death of his wife, Pat. Our apologies to Bruce and our readers for printing his old address in the August *Script*.

We extend our sympathy also to George Kohlrieser on the death of his son, Douglas, who died on July 27 as the result of a motorcycle accident. An outstanding athlete, Doug was scheduled to begin medical school in September. Donations are being accepted for the Douglas G. Kohlrieser Memorial Scholarship Fund in care of the University of Cincinnati Foundation, 425 Oak St., Cincinnati, Ohio 45219, USA. Members who wish to contact George directly may write him at 345 Shiloh Springs Rd., Dayton, Ohio 45415, USA.

Congratulations to ITAA Secretary Robert Massey, PhD, on his new appointment as Professor of Family Therapy at Seton Hall University in New Jersey. Bob says that he has been preparing for this kind of job for 20 years and that it brings together his many areas of interest in psychology and his clinical skills. Good move, Bob!



Bob Massey moves up!

ALL REGIONS

A conference entitled, "Brief Therapy: Essence and Evolution," will be held December 8-12, 1993 in Orlando, Florida. The conference, sponsored by the Milton H. Erickson Foundation, will feature 50 world-renowned experts and is expected to attract more than 2000 professionals from around the world. Keynote speakers include Cloe Madanes, William Masters, and James Masterson. The meeting is open to health professionals with a minimum of a master's degree from an accredited institution or full-time graduate students in accredited mental health programs. For additional information, contact The Milton H. Erickson Foundation, 3606 N. 24th St., Phoenix, AZ 85016; phone: 602-956-6196; fax: 602-956-0519.

Long-Time Member Honored (Belatedly)

In the July *Script* we inadvertently omitted the name of one esteemed 25-Year Member from our list. Marian Weisberg has been an ITAA member since 1966, which put her at the 25-year mark in 1991. Congratulations, Marian, and we apologize for leaving you off the original list.



POETRY WANTED

The Script Poet's Corner welcomes your poetry. Please send your contributions (with a stamped, self-addressed envelope) to Marion Arenas, 694 Birchwood Dr., Wyckoff, New Jersey 07481, USA.