INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION

The Script

VOLUME XXIII NUMBER 8 NOVEMBER 1993



A Matter of Honor

This is about honor--about honoring Eric Berne, the founder of TA, and those transactional analysts since him who have made significant contributions to the theory and practice of transactional analysis. Who are the authors, theoreticians, and practitioners of TA who have most influenced your practice? What recent contributions to TA have made an important difference in how you do your work? Have they been given the honor they deserve, both by you personally and by the larger organization?

One of the most important ways to honor a transactional analyst is to nominate him or her for the newly designed Eric Berne Memorial Award. This Award is given to the originator of an original and significant contribution to TA in one of four categories: (a) theory, (b) research, (c) practice applications, and (d) comparison and/or integration of TA theory or practice with other theories or approaches.

The deadline for nominations for the 1994 EBMA is January 1, 1994. Please contact the ITAA office for details about how to make a nomination. And do the honorable thing: Nominate those who deserve to be recognized for their original contributions to TA, and in so doing, honor the pioneering and creative spirit of Eric Berne.

Contents:

Humbuggery Exposed 2
Way to Go, Ken! 2
Poet's Corner 3
What is Special Fields TA? 4
Aruba Institutes & Workshops...5
Training News 6
Give the Gift of TA 6
Keeping In Touch 8
TA Conferences Worldwide ... 8

TA Deferred by Swedish Authorities

by Thomas Ohlsson



Thomas Ohlsson

In February 1993 the Swedish National Board of Health and Welfare (NBHW) formally decided *not to recognize training in transactional analysis as sufficient for obtaining a national license to practice psychotherapy.* This concluded six years of negotiations between the Swedish TA Association (STAF) and NBHW. The negative outcome may be of general interest to TA therapists everywhere, so as the chairperson of STAF's negotiation team, I offer the following summary of the situation.

"Recognition is this decade's crucial issue for TA. Recognition depends on other people accepting TA, and they are not impressed by us assuring them that we are OK."

Swedish Laws Regulating Psychotherapy Practice

Since 1985 the NBHW has granted qualified psychotherapists national licenses. As of January 1994 it will be illegal to treat patients who can be diagnosed according to ICD-9 with psychotherapy without such a license. However, it may still be legal for a licensed psychologist or physician to provide psychotherapy if he or she has the competency to do so. It will also be possible to do therapy without a license if under supervision by a licensed professional who takes the formal responsibility. Anyone may call himself or herself a psychotherapist if he or she deals exclusively with non-psychiatric clients (according to ICD-9).

Approved Psychotherapy Training

A three-year, half-time post-graduate training program in psychotherapy (usually based on psychoanalysis) given at some Swedish universities automatically qualifies an individual for a psychotherapy license. Some similar private training programs do the same. The theoretical orientation of all programs must be approved. In addition to individual psychoanalytic psychotherapy, the NBHW has approved training in behavior therapy, analytic group therapy, systemic family therapy, and cognitive therapy.

Insufficient Effect Research

The NBHW employs a two-step procedure in evaluating psychotherapies. First there must be sufficient research supporting the efficacy of the therapy. Then the educational and examination system must be good enough. TA was rejected on the grounds of insufficient effect research. There was, therefore, no need to make a detailed investigation of TA's educational system, although officials expressed a generally favorable impression of this aspect of TA.

The Swedish TA Association supplied the NBHW with some 400 references documenting the effects of TA therapy nationally and internationally. The NBHW specifically requested ten studies meeting the following criteria:

* control-group experimental

continued on page 7

A Leap Forward for the ITAA

by Susan Sevilla



I am still reeling from the large volume of organizational business conducted at the 31st Annual ITAA Conference in Minneapolis, October 12-17, 1993. It was Robin Maslen's fourth and final Board meeting as President, and under his able management, a lengthy and varied agenda was addressed. Prior to the meeting, the Board was sent 171 pages of reports, virtually all of them containing items for action. Here are some of the highlights from this important meeting. (Further details will be included in upcoming *Scripts*).

So far we have received one offer, which is still pending, on the headquarters building.

Building sale advanced . . . One of the issues before the Board was the possible sale of the ITAA headquarters building and related issues, such as where to move when the building is sold and how to invest the proceeds of the sale for maximum return. So far we have received one offer, which is still pending, on the building.

Bylaws under review . . . Unlike past revisions, which involved only selected paragraphs of the bylaws, at this point the entire document needs to be rewritten to bring it into line with the Association's current direction. Once this is accomplished, the membership will be asked to ratify the results.

Changes in the ITAA governance structure . . . The Affiliate Council met in Minneapolis, and representatives from EATA, CATA, ICTA, and USATAA discussed the future of this governing body and issues related to representation of the affiliates on the Board of Trustees.

continued on page 4

Direct Attention to Yourself and Your Business!

You are invited to promote your services in the new ITAA International Membership Directory, scheduled for publication in 1994. Ads can be business-card size (2" tall by 3-1/2" wide) for $40, or double-size (4" tall by 3-1/2" wide) for $80. Camera-ready copy should be sent to the ITAA by February 1, 1994. Ads must conform to the ITAA Professional Practice Guidelines (printed in the current ITAA Membership Directory). Take advantage of this inexpensive and effective means of letting people know about what you do!

Deadline: February 1, 1994

EDITORIALLY YOURS

by Gerald Cartmel

Humbuggery Exposed

Do we pay sufficient attention to our Parent ego state acquired during adolescence and adulthood? The Parent ego state has been described as, "The entire set of thoughts, feelings and behaviours which you have copied from parents and parent-figures" (Stewart & Joines, p. 31). And, I suggest, these belief systems and behaviours established in adult life are as much subject to contamination as are those developed in childhood, even if we could find that hard to accept. This applies equally to client, counsellor, therapist, educator, and organizationalist, and I had better substantiate that statement.

Just as I had been reading Frank Morris's article in the last *Script*, which began with, "Real people do not gain immortality, ideas do," I read *Intellectuals* (Johnson, 1988/1993) where I learned what most of you probably already know: that Karl Marx was a plagiarist and a fraud and that Jean-Jacques Rousseau lived a life that was the total antithesis of his lofty ideas.

In *Intellectuals*, Johnson (p. ix) examines "the moral and judgmental credentials of certain leading intellectuals to give advice to humanity on how to conduct its affairs," the creation of a cultural philosophy. Evidently, "as far as we know Marx never set foot in a mill, factory, mine or other industrial workplace in the whole of his life" and was still able to write as the last three stirring lines of his *Manifesto*: "The workers have nothing to lose but their chains. They have a world to gain. Workers of the world unite!" Marat had already written, "The workers have no country" and "The proletarians have nothing to lose but their chains," and "Workers of all countries unite" was plagiarized from Karl Schapper. Serendipitously, Marx also lifted from Heine, "Religion is the opium of the people" (Johnson, p. 56, 60). In a state of experiential ignorance, Marx's lofty ideals, such as, "*Socialism* cannot be brought into existence without *revolution*" (p. 59), influenced Lenin and Stalin.

And, at the interment of Jean Jacques Rousseau's ashes at the Pantheon during the French Revolution, the President declared: "It is to Rousseau that is due the health-giving improvement that has transformed our morals, customs, laws, feelings and habits" (p. 3). Rousseau was the man who in *Emile* wrote: "The ambition, greed, tyranny and misguided foresight of fathers, their negligence and brutal insensitivity, are a hundred times more harmful to children than the unthinking tenderness of their mothers" (p. 5). This was the same man who abandoned four of his children to almost certain death at the Hôpital des Enfants-trouvés, where 5% survived to adulthood (p. 21), and who consistently did not practice what he preached. In TA terms, his existential position was, "I'm OK, You're not OK."

Were these intellectuals aware of their own humbuggery? The word humbuggery includes the ambits of fraud, deception, pretence (OED, p. 995) or subject to contamination of their Parent/Adult/Child outside their own awareness. And, how contaminated are we counsellors and educators? It seems that humbug or contamination gets handed down through the generations and at the age of three score years and bit, it seems I am more contaminated that I thought in my ingenuous and confident youth.

An example: Peter was a delightful man. I knew him to be an excellent and involved parent. He came to me on the point of suicide. Evidently, at compulsory Family Court counselling he was telling how he was distraught with the pain of losing his beloved children, exacerbated by regular return of the children to the family home after access. The female counsellor said, "I know just how you feel." He asked, "Have you ever had your children taken away from you?" She replied, "I have never been married or had children." He exploded in wrath and told the counsellor in basic language what he thought of her. He was told he was an angry man and rebuked.

"I suggest that these belief systems and behaviours established in Adult life are as much subject to contamination as are those developed in childhood."



What have Rousseau and Marx to do with TA and the Parent ego state developed in adolescence and adulthood? The findings of an Australian Senate Enquiry, reported in "The Family Law Act of 1975—Aspects of its Operation and Interpretation" (1992), investigated for the first time, some 18 years after enactment, what the general public thought about the crucial concept of a "no fault divorce." This Act was the brainchild of one Justice Murphy and developed by social engineering and not in response to community pressure. Any adverse comments had been stifled because those who had been disadvantaged had been gagged by threats of "contempt of court." The Senate Enquiry gives attention to counsellors. Submissions included statements from consumers such as, "The counselling service has a clear view of what is appropriate in arrangements (for who shall have custody) and does not hesitate to suggest and extol the virtues of their 'standard' scheme" (p. 61) and, "All counsellors should be of mature age and have had relevant life experience along the lines of those they are trying to assist" (p. 38). These counsellors, in a position of authority and working sympathetically from academic and minimal experiential knowledge of the world about which they counsel, **are attempting to implant parental introjects of a Parent message.**

I remember asking at one TA conference if one needed to have been suicidal oneself in order to counsel someone with suicidal thoughts. This resulted in a heated and polarised debate. I am addressing the issue of *intellectual knowledge versus experiential knowledge*, both of which are liable to contamination, and *sympathy versus empathy*, especially when originating from a person vested with the status of consellor/therapist/educator. I understand sympathy as originating from the Parent/Adult and empathy as originating from the Child ego states. Does TA pay enough attention to decontamination of the Parent ego state acquired during adult life? What do you think? I invite letters exploring your views. And I will start play by quoting Carl Jung (1961/1983): "The doctor is effective only when he himself is affected. 'Only the wounded physician heals' " (p. 155).

Quote for the Month: "When I fool the people I fool, I fool myself as well."

From "The King and I," Rogers and Hammerstein

References

Johnson, J. (1993). *Intellectuals*. London: Orion. (Original work published 1988)

Jung, C. (1983). *Memories, dreams, reflections*. London: Fontana. (Original work published 1961)

Onions, C. T. (Ed.). (1977). *Shorter Oxford English dictionary*. Oxford, England: Oxford University Press.

Author. (1992) *The family law act 1975--Aspects of its operation and interpretation*. Canberra, Australia: Commonwealth Government Printer. □

The Script

The Newsletter of the International Transactional Analysis Association
1772 Vallejo St., San Francisco, CA 94123-5009, USA. Phone: 415-885-5992
Fax: 415-885-5998

Editor: Gerald Cartmel, MB, BS, MRCS, LRCP, DObst.RCOG, DA
Managing Editor: Robin Fryer, MSW
Executive Director: Susan Sevilla, MA
Publications Assistant: Ann Moen, MA
Poetry Sub-Editor: Marion Arenas
Education Sub-Editor: Sheena Hudson
Re-Vision Sub-Editor: Frank Morris

Desktop Publishing: Stacy Jolles
Printing: MarinSun Printing

Advertising Rates:
Classified Ads: $5/per 80 characters/spaces
Display Ads: Copy should be camera-ready on clay-coated stock.

Sixteenth Page.....$50. 2"x3"
Eighth Page .....$90. 4-1/2"x3"
Quarter Page.....$170. 4-1/4"x6"
Three-Eighths Page.....$250. 4-1/4"x9-1/4"
Half Page.....$330. 9-1/4"x6" or 4-1/4"x 12-1/2"
Nine-Sixteenths Page.$370. 6-3/4"x9-1/4"
Full Page.....$625. 9-1/4"x12-1/3"

Deadlines for copy and advertising--first of the month prior to the month of publication. (*The Script* is not published in January, May, or September.) Next deadline: January 1 for the January-February issue.

Note: Publication of advertising in *The Script* does not imply endorsement by the newsletter, the Editor, or the ITAA.

The Script (ISSN 0164-7393) is published monthly except January, May, and September by the International Transactional Analysis Association. The subscription rate is $10/year as part of dues for all classes of membership. For information on dues rates for various membership classifications, contact the ITAA office at the above address. Second-class postage paid at San Francisco, California and additional mailing office. POSTMASTER: send address changes to *The Script*, 1772 Vallejo St., San Francisco, CA 94123-5009.

©1993 International Transactional Analysis Association, Inc.

Published on recycled paper

INSIDE VIEW

by Susan Sevilla



ITAA staffer Ken Fogleman with his cat, Princess Lasha of Tibet

Way to Go, Ken!

This past September, key staff member Ken Fogleman celebrated 20 years with the ITAA. The only full-time employee in addition to me, Ken is the primary resource and support person in our office, the one you are most likely to speak with when you phone. We thought you might like to know a bit about him and what he does for the Association.

Originally from Pennsylvania, Ken comes from a large family of three sisters and two brothers. He came to California when his tour of duty in the US Navy brought him to San Diego. In 1973 he began working for the ITAA as Trans Pubs shipper and since then has worked his way up to his current position of Finance and Membership Coordinator.

Ken is our main computer support person. He handles everything related to our mainframe computer, including membership dues billings, our roster of members, mailing lists, statistical reports, etc. On the financial side, Ken pays the bills, does the banking, runs the general ledger, and assists with financial reports. And on top of all that, he keeps our offices and building maintained.

Many of you have met Ken at ITAA conferences. He was in Brussels in July 1990, at both Snowmass conferences, and at each of the conferences held in San Francisco.

In his spare time, Ken tends his home vegetable garden in Hayward, brushes up on accounting principles through night courses at Chabot College, takes cross-country trips in his minivan, and attends to his adored six-year-old cat, Princess. He is also active in community work, most recently in efforts to set up a home alert system for his neighborhood in conjunction with the Hayward police.

Next time you call the ITAA office and speak to Ken, please convey to him your appreciation for 20 years of fine service. □

POET'S CORNER

by Marion Arenas

The-Disease-I-Will-Die-From: A Family Syndrome

In late July 1970 my husband, George, and I were introduced to humanistic psychology at a Virginia Satir seminar in Idaho. All through the week Virginia was angry and sad because of the recent death of her colleague, Eric Berne. "He didn't have to die," she insisted. "He was convinced he would not live longer than his mother did, so he had a heart attack like she did at age 60. Then he died in the hospital a couple of days later. He didn't have to die."

Four years later, Claude Steiner wrote, "I knew that Berne's father had died when he was eleven years old, and that his mother died when she was sixty years old of a coronary. Berne's life span turned out to be a few days longer than his mother's and he died for the same reason. I believe he had a limited life-expectancy script which he lived out just as planned" (p. 17). About himself, Steiner states, "I am fortunate in that I have come to see how I, too, had plans to die in my early sixties. I have changed this plan and plan instead to live to be ninety-nine years old" (p. 20).

George and I had each lost one parent to early, preventable deaths. My mother and grandfather, both heavy cigarette smokers, died of lung cancer. I was 13 when my grandfather died, 28 when my mother died, and I continued smoking for 12 years after her death. By the time of the Virginia Satir seminar, I had not smoked for two years, so by then I had clearly decided not to die of smoking-related lung cancer. When I reached age 45, I was in my second year as an undergraduate at Sarah Lawrence College, and I was very happy. I remember thinking that I had just completed the first half of my life and had another 45 years to go. Now I wonder why I limited my life to 90 years! Even with this apparent decision, the day after I passed the age at which my mother died, I said to George, "I made it!" and felt myself relax as though I had been holding my breath until then. George replied, "I thought the same thing when I passed the age at which my father died." I later learned this preoccupation is also called "the anniversary syndrome," and I wonder how many people have done the same thing to themselves. (Note: What therapist said, "Listen for the metaphor; the truth is there!"? I only noticed "holding my breath" as my own metaphor in relation to lung cancer as I was reading the final draft of this column.)

The paternal grandmother of Kendra Kopelke, our poet this month, dropped dead in her early forties of a stroke, suddenly and unexpectedly, when Kendra's father was 16. Ever since then, her father, alive and well at age 60, has been afraid he too would drop dead suddenly, as in the poem presented here. Kendra tells me he has never spoken about his mother, and when Kendra's first book of poetry was published, he ordered several copies, but he has yet to comment on "Dad's Heart."

Kendra's paternal grandfather had "many heart attacks," the first at age 65. The family story is that he took a farewell trip around the country after each attack, to say good-bye to distant family members. Kendra counts seven such farewell trips, but her brother, with whom she conferred, can count only three actual hospitalizations for heart attacks. In his mid-seventies, Grandfather died of a heart attack while taking what the family thought was a long nap in his reclining chair.

Kendra's father was considered "delicate" by the family, suffered from angina for which he took beta blockers and has been admitted to hospital several times. On being asked specifically, Kendra thinks the first admission was at age 42, and yes, that was about his mother's age at her death. He is not an "A" type but "his heart seemed fragile to us all." His heart bypass operation in Texas seven years ago was performed on the same day that Kendra's daughter, her only child, was born, on her due date, in Maryland. Each knew of the other's pending hospitalization ahead of the event.

Asked what Kendra's (healthy) mother's attitude was toward her husband's heart disease and dropping-dead phobia, she replied, "Well, she tolerated it. She got used to it." Her parents divorced when Kendra was 14 and her father was 37.

Kendra's brother, asymptomatic at 38, worries about his heart, his fast-paced life, sees a cardiologist as his primary physician, and "plans to quit smoking by age 40."

Kendra, age 37, gets routine EKGs every two years, has "a heart that bothers me, arrhythmia, extra beats, fibrillation, everything." On hearing this, I asked, "Are you sure you mean 'fibrillation'?" and I explained the word. She answered, "Well, flutterings then."

Kendra's seven-year-old daughter alarms her by saying "My heart is beating very fast," so that Kendra worries about the child's heart. When I questioned, "But not about her premature concern about her heart?" Kendra laughed, "Well, that too."

Kendra is Associate Professor of English at the University of Baltimore in Maryland. She is editor and founder of the literary journal, *PASSAGER, a Journal of Remembrance and Discovery*, now in its fourth year. She started college as a music therapy major, but graduated with a psychology degree and went on for an MA from The Writing Seminars at Johns Hopkins University.

Fortunately, nobody in the family has died as young as Grandmother Kopelke. Interestingly, fear of early "stroke" was not passed on to Kendra's father and Kendra, although this was the dramatic premature early death that set off the syndrome. To be sure, stroke and heart disease occur in the same cardiovascular system, but hypertension, potential aneurysm, and other forerunners of cerebrovascular accidents are impossible for the lay person to monitor in himself, while the heart, beating fast or slow, regular or irregular, pounding or faint, can be readily experienced, its activities recorded and interpreted in many ways.

We are all told, from early childhood, that some diseases are "in the family" and "inherited" which our Child may interpret as "The-Disease-I-Will-Die-From."

Perhaps, as in both Kendra's father's case and Eric Berne's case, the early death of one parent initiates a fearfulness in the Child of the child that alone, could be managed, but is exacerbated by the chronic, eventually fatal illness of the surviving parent, who is carefully observed by the child and whose loss is anticipated as doubly devastating, so that the remaining parent's illness (by some mechanism unknown to me) is what the Child in the child identifies with, and adopts, as his own, personal, Disease-I-Will-Die-From.

Writing the poem, Kendra says, helped her to understand her father's life better. How hard it is to know our parents! And how we long to know and understand them!

Kendra, my wish for you is that your father live to be 100 and then die in his sleep with a smile on his face, perhaps while taking a nap in his reclining chair, and that you and your daughter adopt that as your anniversary syndrome. And may you adopt it for yourselves even if your father should die before age 100.

References

Steiner, C. (1974). *Scripts people live*. New York: Grove Press.

□

DAD'S HEART

by Kendra Kopelke

My father loves the idea
that he might die any minute.

He loves it the way one loves
red roses, a new puppy,

carrying his death gently in his arms
and into the sunny world.

At night, if he can't sleep,
he counts the beats against the shifting dark,

his finger reading for signs
of danger

strung like broken Christmas tree lights
around the nervous muscle.

When his mother woke from her sleep
unable to rise

and fell back suddenly, dead,
he could not catch her

but caught instead
the disbelief on her face

flung into his young life
like a bridal bouquet.

It is no wonder he never speaks of her
and can never let her go,

his heart a boy's locked room
of love and terror.

"Dad's Heart" from *EAGER STREET* by Kendra Kopelke, Stonevale Press, 5520 B Burkittsville Rd, Burkittsville, MD 21718, US$ 9.00.

"Perhaps the early death of one parent initiates a fearfulness in the Child of the child that alone could be managed, but is exacerbated by the chronic, eventually fatal illness of the surviving parent, who is carefully observed by the child and whose loss is anticipated as doubly devastating."



Some Reminders

Information Sources for Training and Certification: The *Training and Certification Manual* is available for $25 from the Credentials Department, 1772 Vallejo St., San Francisco, CA 94123, USA. The cost includes shipping and handling. For a copy of the EATA *Training and Examination Handbook* send £15 (in UK funds only) to EATA *Handbook* Orders, Old School House, Kingston-on-Soar, Nottingham NG11 ODE, England. Checks must be drawn on a UK bank and made payable to EATA. Price includes surface mail postage and free updates.

Get Your Script Fast:—If you are tired of waiting for your issue of *The Script* to arrive by second-class mail, send us the cost of postage ($5 USA; $15 all others), and we will send your copy by first-class or air mail for a year. Remember to include your current mailing address. (This offer applies to ITAA direct members only, and is not valid for affiliate members from EATA, CATA, or ICTA).

Setting Up A TEW: Anyone wishing to set up a Training Endorsement Workshop in a location where a TEW coordinator is not available may do so by meeting three requirements: (1) let the T & C Council know six months in advance, (2) you must have been a staff member of a previous TEW, and (3) obtain a letter of recommendation from the coordinator of the TEW on which you served.

Credit Cards: Remember that you can pay certain fees to the ITAA by Mastercard or Visa (sorry, no American Express), including dues payments, the fee for receiving your publications by air mail, training and exam fees, and certain conference fees. Always include the type of credit card, the card number, the expiration date, and your signature. We hope this makes it easier for you to pay for certain ITAA services.

TA IN EDUCATION

by Sheena Hudson

What is Special Fields TA?

by Julie Hay

Until a few years ago, "special fields" was the term applied to non-clinical applications of TA. Nowadays, the Training and Certification Council of Transactional Analysts (T&C Council) refers to three field "specializations": clinical, educational, and organizational. In Europe counseling is recognized as a fourth field.

T&C Council Definitions

The T&C Manual refers to the special fields relative to competency in applying TA:

- *for clinical* certification: "In clinical work for the accomplishment of contractual change."

- *for educational certification*: "In educational work for the accomplishment of contractual goals, the contractual presentation of structures to support people in meeting their own goals for acquiring skills, learning theory, exploration, developing support, completing tasks, or creating plans or models."

- *for organizational certification*: "In a career of consulting or training to or with organizations as a competent behavioral scientist, organizational development specialist, and/or organizational trainer."

EATA's View

The Training Manual for the European TA Association's (EATA) Commission of Certification (COC) describes the fields of TA application in even more detail.

- "The **Clinical** field of application is chosen by trainees whose activities are directly aimed at curing clients, i.e., at relieving their symptoms and/or helping them to restructure their personalities and/or their social frames of reference.

- "The **Educational** field of application is chosen by trainees working with children, juveniles, or adults in the educational area, at or outside schools. Their work is aimed at education and/or growth of the personality as well as development, within the social frame of reference.

- "The **Organizational** field of application is chosen by those trainees who work in or for organizations, taking into account organizational references as well as the organization's development. Their work is aimed at the development and growth of people and the increased effectiveness of individuals working within organizations.

- "The **Counseling** field of application is chosen by those trainees whose activities aim at the development and growth of people and their social frame of reference without this activity coming under one of the above fields of application, e.g., fields of application like nursing, pastoral counseling, social work, administration of justice."

The EATA descriptions suggest that clinical TA is concerned with cure and restructuring, whereas the other fields are about development and growth. But is it really that simple? Can we have cure without growth, development without some restructuring?

"These descriptions suggest that clinical TA is concerned with cure and restructuring, whereas the other fields are about development and growth. But is it really that simple? Can we have cure without growth, development without some restructuring?"



Clients and Approaches

I explain the differences between the fields of TA application by asking two questions: "Who are the clients?" and "What approaches are used?"

- **Clients**: Or, how many corners are there to the contract? This relates to whether the client is an individual or whether there is also some organizational involvement. Therapists usually have two-party contracts. Once an organization is involved, there are at least three corners—analyst, organization, individual—and possibly more.

Presented as a scale (Figure 1), it is clear that specific skills are needed to deal with multiparty contracting. Educational and counseling applications may be closer to either end of the scale, depending on the circumstances.

- **Approaches**: Or, what methods and techniques will be appropriate? This depends on the degree of the impasse, for example, issues that can be dealt with in the here-and-now versus those requiring regression. With the former, work is with the client's (Integrated) Adult. For deeper impasses, the (Introjected) Parent and (Archaic) Child are involved.

Where This Leads Us

Linking these ideas of clients and approaches to the work provides a way to differentiate the various fields of TA application. For example, if using regression, appropriate protection must be provided. One way to achieve this is to ensure ongoing therapeutic support and confidentiality.

When working in settings where organizations are party to the contracts, one has less control over circumstances. For example, organizations and educational institutions may cancel the contract for financial reasons, employees may change jobs and become ineligible to participate, and confidentiality cannot be guaranteed in groups of colleagues.

I want to emphasize that I do *not* believe that one should avoid working with feelings in non-clinical fields, or that it is even possible to do so. When working with Integrated Adult, Parent and Child are incorporated and the full range of feelings and thoughts will be present. Our introjected and archaic ego states will be there whether we like it or not! However, we can avoid inviting clients to reenter these archaic relics without the protection of an appropriate therapy contract. Instead, we can work with them to *remember* the past and to plan new ways to deal with the present and the future.

©Julie Hay, 1992

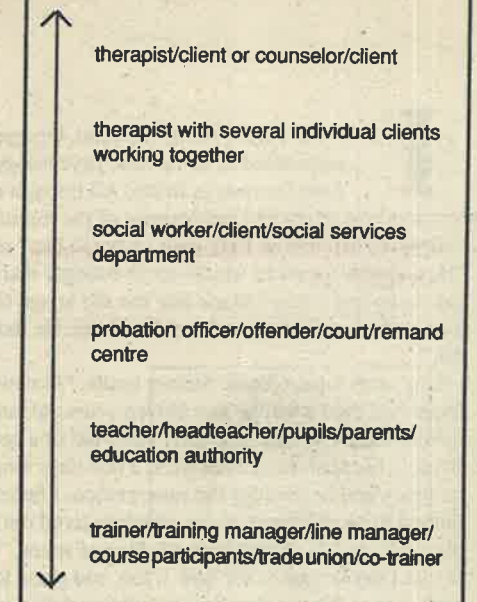


Figure 1
Continuum from Two-Party Contracts to Multi-Party Contracts



Remember to send your ideas about TA in Education to me, Sheena Hudson, Central Institute of Technology, Private Bag 39807, Wellington Mail Centre, New Zealand.

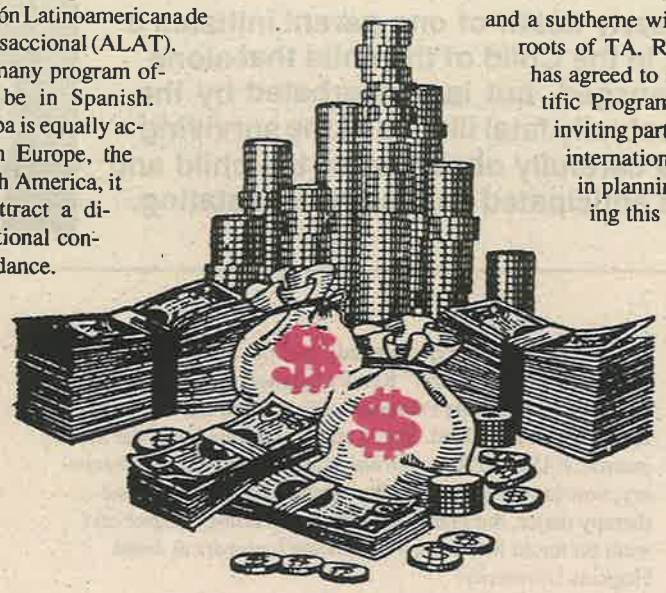
LEAP FORWARD

continued from page 1

Further bonds for affiliate members . . . Significant steps were taken in Minneapolis to cement bonds between the ITAA and its affiliate members. Revised affiliation contracts were approved for the Canadian and Indian TA Associations, and major progress was made in negotiations to revise the European TA Association contract.

Let us know what you think . . . So that you, our members, can participate in creating the Association's long-range vision, the ITAA's first all-membership survey is planned for later this year. Spearheaded by President-Elect Servaas van Beekum, the survey will gauge member needs and compile demographic data never before collected. A special Board retreat is planned for May 1994 to process the results.

Aruba plans moving ahead . . . In October 1994, the ITAA will hold its 32nd annual conference on the lovely Caribbean island of Aruba. The Board approved co-sponsoring this event with the Associación Latinoamericana de Analisis Transaccional (ALAT). As a result, many program offerings will be in Spanish. Because Aruba is equally accessible from Europe, the US, and South America, it will likely attract a diverse international conference attendance.



San Francisco MITAC off to a good start ... The first major international TA conference (MITAC) is planned for August 1995 in San Francisco. The theme will be related to group work and a subtheme will focus on the roots of TA. Richard Erskine has agreed to serve as Scientific Program Chair and is inviting participation of the international community in planning and presenting this conference.

Living through a nightmare to achieve a dream . . . The Finance Committee took a hard look at the financial condition of the Association. We are struggling to survive a planned deficit in 1993 and looking toward a healthier budget in 1994.

A crucial point in time approaches . . . Part of the ITAA long-range plan is tied up in the transition to an annual dues billing. In 1993 most membership dues were prorated to allow for a complete twelve-month billing for 1994 dues. Through the annual billing of direct members, we expect to be in a better position to control and plan the Association's finances. We hope when you receive your annual dues invoice in early November that you will pay it promptly so that the ITAA can get off on the right foot financially in 1994. Be sure to make your directory corrections at the same time so that you will be listed correctly in the 1994 Membership Directory. □

Aruba 1994



Pre-Conference Institutes and All-Day Workshops

Pre-Conference Institutes—Tuesday, October 25



Ellyn Bader

"Anger and the Disowned Self"

To our adult relationships we often bring hopes and desires for being loved in some ideal way. Primitive feelings of anger and rage are often unleashed when this promise is not fulfilled. In this institute we will look at how to help couples develop effective ways of managing their anger without compromising core aspects of themselves. Videotape will be used to demonstrate these concepts.



Patricia Rincón Gallardo



Octavio Rivas Solis

"Transformando el Poeder Para el Siglos XXI" [Transforming Power for the 21st Century](*Presented in Spanish with English translation)*

Los motores básicos de la conducta son las energías de la agresión y la líbido. La única teoría que distingue las emociones auténticas de los sentimientos de rebusque es el análisis transaccional, considerándolos factores de substitución de las primeras. Para el nuevo milenio se requiere el desarrollo del ser humano como una unidad bio-psico-social-espiritual, íntimamente ligada a toda la ecología de sistemas desde el individuo hasta el cosmos, para que el manejo de su agresividad y de las fuerzas del amor, lo lleven a la honestidad; para que todas las acciones humanas, integren lo placentero, conveniente y bueno para todos los afectados por las decisiones; con un despertar de la conciencia, desarrollo del amor como energía creadora de vinculos (anit-destrucción) y una escala de valores en armonia con las leyes del cosmos.



Richard Erskine

"Respect: An Antidote to Anger and the Disowned Self"

We will begin with a theoretical lecture on anger as an internal arousal sensation, a social transaction, and a psychological defense and then examine the function of anger in enhancing self-expression, creating a disowned self, the fixation of ego states, and as a facilitation or disruption of contact in relationship. We will discuss the experience and expression of anger in psychotherapy and explore respect as an antidote to anger. Clinical methods of working with anger in therapy will be demonstrated. Respectful methods include: inquiry, affective attunement, empathic transactions, acknowledgement, validation, normalization, and contactful presence.

Pre-Conference Institutes—Wednesday October 26



George Kohlrieser

"Clinical and Organizational Applications of Attachment—Separation Theory"

Life involves a changing script of affectional bonds. Attachment theory is a way to conceptualize how we form, maintain, break, and renew affectional bonds with persons and territory. It also explains much physical, emotional, and spiritual distress. Ego state development and life scripts are organized around attachment and separation experiences; transactions and games are manifestations of how attachment behavior functions in the present.

Attachment theory holds that life energy, quality of living, and even longevity are related to maintaining strong social bonding. Being able to grieve life's inevitable losses is essential for forming new healthy attachments. Delayed or unresolved grief can create splitting and internal fragmentation resulting in disrupted social bonding. Protest and anger are an essential stage in the grieving and rebonding process. This model offers a practical structure for managing both internal and external conflict.



Harville Hendrix

"Imago Relationship Therapy: Journey to a Conscious Marriage"

Imago Relationship Therapy is the first systematic theory of marriage and marital therapy derived exclusively from the study of couples. Its basic premise is that the unconscious purpose of a committed relationship is personal development and self-completion. Its aim is to help couples create a "conscious marriage." This involves helping couples identify and integrate their unconscious developmental issues so that the relationship can be used for mutual and collaborative self-development. The expansion of the Imago Theory to include singles preparing for a committed relationship focuses on the identification of negative defenses so that the individual can create a comprehensive plan for change. In the acceptance of the lost and denied character structure and the integration of a gradual process of change, single persons can free themselves for an intimate and healthy relationship.



Carlo Moiso

"Feelings and Self-Perception as Possible Roots of Games"

The use of TA in treating personality disorders has focused attention on game theory and on game analysis as a therapy technique. We will explore the basic assumptions and aspects of game theory with special emphasis on the different levels of self-identity involved in game playing, on the play of feelings, emotions and sentiments as driving forces both in game playing and in reinforcing scripts. The implications at the group level (diagnostic group, social group) of individual game playing will be considered. We will also explore game analysis by inviting participants to examine the games that they or their patients play. Therapeutic strategies will be discussed using different methodologies for game analysis.

All-Day Workshops—Saturday, October 29



William Cornell

"On Anger and Engagement"

This all day workshop will present a theoretical model for understanding the relationship between anxiety and aggression, and the interpersonal implications for the psychotherapeutic relationship. In addition, this workshop will emphasize the healthy functions of aggression, and the therapist's role in maintaining a stance of active engagement. Work with hostile clients, clients facing their own anger for the first time, requires or calls for a therapist who will provide containment, confrontation, and empathy. Also addressed will be countertransference reactions to hostile clients.



Mary Goulding



Muriel James

"Creating the Loving Connection with Redecision and Self-Reparenting"

Many people downplay their intelligence and potential for creating honest, loving connections. To alter this, changes in ego states are often desirable and sometimes necessary. The stress of unresolved anxiety, sadness, and anger related to the past or present are only two of many factors that interfere with positive change. Redecision and self-reparenting are powerful tools that facilitate the change process. This workshop will include theories, demonstrations, and group experiences.

Training News

Congratulations to New PTSTAs

The following candidates were endorsed at the Training Endorsement Workshop (TEW) in Siena, Italy, July 10-12, 1993:

Suzanne Boyd, England (Clinical)
Heidi Bretscher-Zeier, Switzerland (Counselling)
Pinuccia Casalegno, Italy (Clinical)
Robert Cooke, England (Clinical)
Albert Germon, France (Organizational)
Helena Hargaden, England (Clinical)
Loredana Paradiso, Italy (Clinical)
Janine Progin, Switzerland (Educational)
Nadia Scopsi, Switzerland (Clinical)
Philip Thomas, England (Clinical)
Anthony Tilney, England (Clinical)
Anna Vicinanza, Italy (Clinical)
Huguette Wilwertz, Belgium (Clinical)

TEW Coordinator: Alice Stevenson
TEW Supervisor: Antoinette De Mol
TEW Faculty: Birger Goos, Gysa Jaoui, Raffaella Leone-Guglielmotti
TEW Translator: Ena Foxell □

TA 101 CALENDAR

November 6-7, 1993—Cleveland, England. Cost: £90. Leaders: Christine Lister-Ford, PTSTA, or Jennie McNamara, PTSTA. Contact: Stockton Psychotherapy Training Institute, 77 Acklam Rd., Thornaby, Cleveland TS17 7BD, England; phone: 0642 611292.

November 11-12, 1993—Crowborough, England. Cost: £82.25. Leader: Joanna Beazley Richards, PTSTA. Contact: J. Beazley Richards, Quarry View, Whitehill Rd., Crowborough, East Sussex TN6 1JT, England; phone: 0892 655195.

December 3-5, 1993—Chur, Switzerland. Cost: Sfr. 450. Leader: Willem Lammers, PTSTA. Contact: IAS Davos AG, Scalettastrasse 31 CH-7270 Davos Platz, Switzerland.

December 22-23, 1993—Crowborough, England. Cost: £82.25. Leader: Joanna Beazley Richards, PTSTA. Contact: J. Beazley Richards, 2 Quarry View, Whitehill Rd., Crowborough, East Sussex TN6 1JT, England; phone: 0892 655195.

January 24-25, 1994—London, England. Cost: £80. Leaders: Charlotte Sills, TSTA, or Barbara Traynor, PTSTA. Contact: metanoia, 13 North Common Rd., Ealing, London W5 2QB, England; phone: 081-579-2505.

February 5-6, 1994—Crowborough, England. Cost: £82.25. Leader: Joanna Beazley Richards, PTSTA. Contact: J. Beazley Richards, 2 Quarry View, Whitehill Rd., Crowborough, East Sussex TN6 1JT, England; phone: 0892 655195.

March 19-20, 1994—Cleveland, England. Cost: £90. Leader: Christine Lister-Ford, PTSTA, or Jennie McNamara, PTSTA. Contact: Stockton Psychotherapy Training Institute, 77 Acklam Rd., Thornaby, Cleveland TS17 7BD, England; phone: 0642 611292.

April 6-7, 1994—Bushkill, Pennsylvania. Cost: Included in conference registration. Leader: To be announced. Contact: Fred Clark, ERTAC '94 Registrar, 261 Spring St., Cheshire, CT 06410; phone: (203) 271-3733.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	BOC	Nov. 18, 1993	Adelaide, Australia	Aug. 18, 1993
	COC	Nov. 20, 1993	Aschaffenburg, Germany	Aug. 1, 1993
	BOC	Apr. 6, 1994	Bushkill, PA, USA	Jan. 6, 1994
	COC	Apr. 8, 1994	London, England	Jan. 1, 1993
	BOC	May , 1994	Tokyo, Japan	Feb. 1, 1994
	COC	July 10, 1994	Maastricht, Netherlands	April 1, 1994
	BOC	Aug. 5, 1994	Alburquerque, USA	May 5, 1994
	BOC	Oct. 26, 1994	Aruba (Caribbean)	July 26, 1994
	COC	Nov. 19, 1994	Berlin, Germany	Aug. 11, 1994
TSTA Oral	COC	July 10, 1994	Maastricht, Netherlands	April 1, 1994
	BOC	Oct. 26, 1994	Aruba (Caribbean)	July 26, 1994
CTA Written (Proctored)	N. Amer.	Mar. 11/12, 1994	Your choice	Dec. 11, 1993
CTA Written (Open book)	All Regions (Non-Europe)	Your choice	To be submitted for reading through the ITAA office	Your choice
Training Endorsement Workshops		Jan. 17-19, 1994	Madras, India	Sept. 17, 1994
		July 15-17, 1994	Maastricht, Netherlands	March 15, 1993
		Aug. 8-10, 1994	Albuquerque, USA	April 8, 1994
		Oct.31-Nov.2,'94	Aruba (Caribbean)	June 30, 1994

To make arrangements to take a BOC exam, contact the T&C Council, 1772 Vallejo St., San Francisco, CA 94123, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator. **Training Endorsement Workshop fee:** $395 payable in US dollars to T&C Council, c/o the T & C Council office, 1772 Vallejo St., San Francisco, CA 94123-5009, USA.

Please note the following changes to the exam schedule: The CTA oral exam (COC) in London, England, is now scheduled for April 8, 1994 instead of April 7 as previously announced; the CTA oral exam (COC) scheduled for May 1994 in Nürnberg, Germany, has been cancelled.

This year at holiday time . . .

Give the Gift of TA

*** Volume of Selected Articles: 1971-1980**
Selections from the *Transactional Analysis Journal*, including many out-of-print articles. $25 plus shipping/handling Surface mail add: $2-US/Can/Mex, $4-Europe, $6-Other; Airmail add: $7-Americas, $12-Europe, $15-Other.

**** Transactional Analysis Journal for 1994***
A one-year's subscription (four issues) is $40. This coming year will include two special theme issues: one on ethics and another on shame. For airmail service add $20.

*** Associate Membership**—$60. Includes subscription to the *TAJ* and *The Script*, listing in and a copy of the International Membership Directory, conference discounts, and access to group insurance plans for USA members.

Videotapes—A Gift That Lives On

*** "Redecision Therapy" with Bob and Mary Goulding,** 2 hours. $85 Members/ $95 Non-Members (includes tax and shipping).

*** Introduction to Transactional Analysis (TA 101),** with many original founding members and pioneers, 220 minutes (2-tape set). SEASONAL SPECIAL: $100 Members/$120 Non-Members (includes tax and shipping).

*** "Scripts" with Robert L. Goulding, MD** (Taped Live)
Bob teaches about scripts in his inimitable fashion, 55 minutes. $45 Members/$55 Non-Members (includes tax and shipping).

(Please note: For BETA or PAL videotapes, add $5.00)



To order: Please send your complete name and address, a list of the gifts you are ordering, and either a check or money order in US dollars drawn on a US bank for the total amount (including all shipping costs where applicable) or complete VISA/ MASTERCARD information.
Or write, call, or fax the ITAA for more formal Order Forms: ITAA, 1772 Vallejo Street, San Francisco CA 94123-5009 USA, Tel: 415-885-5992, Fax: 415-885-5998.



TA Deferred

continued from page 1

design with randomization
* diagnosed psychiatric patients as subjects
* effect measurement using established instruments
* publication in recognized international journals that use a referee system

Studies such as the 1975 Jesness study (*Journal of Consulting and Clinical Psychology*, 43(6)) and Smith, Glass, and Miller's 1980 metastudy, *The Benefits of Psychotherapy*, as well as several studies published in the *TAJ*, a number of doctoral dissertations, and other studies were found unacceptable in one way or another.

No In Spite of Experts' Yes

Over the years, the NBHW commissioned three independent and separate expert investigations of TA. Two professors of psychiatry and a senior psychologist with a long career as chairperson of the Swedish Psychologists' Union compiled three different written reports. Although the reports generally found TA weak in research, *they all concluded that transactional analysts should be able to get psychotherapy licenses*. These reports acknowledged the long experience of TA therapy in Sweden and internationally, the high level of TA education, and TA's similarity to already recognized forms of psychotherapy (primarily psychodynamic ones). In the experts' opinion, the strong points of TA were sufficient to outweigh the lack of research, and all three reports stated that ways to license TA therapists should be found (perhaps with the requirement of some additional training). Instead, in the end the NBHW flatly rejected TA.

Controversial Research Criteria

The Swedish TA Association argued that the NBHW's research criteria were too narrow and not generally accepted in psychotherapy research. The control problem is much more difficult in psychotherapy research than when testing new drugs, for instance, and the accumulated international research on different forms of psychotherapy does not discriminate well between them. Actually, most forms of therapy seem to have similar effects, and the idea of trying to isolate forms of therapy from person variables may not be viable. We also pointed out that other forms of therapy (i.e., group therapy) did not have to supply the level of research that was demanded about TA. The board's psychologist said that the board did seem to raise their criteria as they went along, and she wanted to focus more on TA's educational system. However, this was not done, and in the long run, the behaviorist and the physician on the Board influenced the decision strongly.

A Political Decision?

The NBHW has an interest in defining psychotherapy as a medical activity belonging to what in Sweden is called the sick and healthy care system, even though the majority of Swedish psychotherapists are nonmedical. In fact, it has become difficult to administrate psychotherapy licensure because so many people apply. At the bottom of this problem is an old conflict: Is psychotherapy only a medical activity to cure sick people, or does it have wider applications in helping people solve various life problems? Our impression is that rejecting TA was a way for the NBHW to draw a line, to simplify its own work in an age of economic shortages and diminishing resources for governmental agencies.

Rejection Unacceptable to STAF

Even though forced to act according to the NBHW's decision, STAF continues to work for official acceptance of TA. The length of time it took the NBHW to reach a decision suggests how complicated the question seems to them. Had they wished to accept TA they could have done so, but for some reason the will was lacking. The reason for rejecting TA was *not* because it was found to be an inferior therapy or that TA therapists are incompetent. No such criticisms were ever expressed. And, the NBHW has specifically stated that the current decision relates only to the present time.

TA Recognized as a Treatment Method

After the rejection by the NBHW, STAF asked if TA therapy may be used to treat psychiatric patients in the future. The NBHW responded in writing that, in view of the extensive documentation about the effects of TA and TA training provided by STAF, a licensed psychologist may use TA treatment when indicated, provided it is within the practitioner's competency. Indirectly this is an affirmation of TA's training and exam system, because the only way to have actual competency in TA is to pass the CTA exam, which depends on organizations such as the ITAA and EATA to be credible.

Rapid International Developments

The European TA Association's committee on TA as a method of psychotherapy in Europe (TAMOPE) is working to get TA therapy recognized in all European countries. In Austria and Italy TA is close to attaining formal approval and in several other countries the question of recognition has assumed prime importance. On a worldwide scale, psychotherapy has come of age, and authorities everywhere are faced with the task of curbing malpractice and establishing legal limits for practice. No task is more pressing than to ensure TA's official recognition. One of two things have to go: Either the unfortunate Mickey Mouse image of TA that seems to linger in some places, or TA itself. The ITAA and EATA will, themselves, be of no interest to professional psychotherapists unless they act now forcefully to establish TA as a licensable form of therapy, that is, a form of therapy that can be approved by national authorities.

"No task is more pressing than to ensure TA's official recognition. One of two things has to go: Either the unfortunate Mickey Mouse image of TA that seems to linger in some places, or TA itself."



Standards Must Be Professional

In the February 1993 *Script*, Canadian TA Association President Donna Dupuis suggested that the ITAA should give up attempts to gain professional recognition and substantially *lower* its certification requirements, perhaps to the level of certifying for attending something like three five-day workshops. Dupuis argued that this might be necessary to keep members in TA organizations. I think that would be suicide. Thanks to the excellent work that the ITAA and the Board of Certification have done (and EATA and the COC have continued in Europe), TA owns a well-operating and truly international system of training and examination. This system defines what TA therapy and training are, and *there is no other authority on competence in TA therapy.*

Without those standards and structures, we in Sweden would not have any case to make to the NBHW. As it is, TA is taken seriously by our authorities, and we are confident that it is meaningful to continue to struggle for recognition.

If nothing else, our experience in Sweden indicates that TA therapists need to attend more to evaluating therapy outcomes in scientifically acceptable ways. Recognition depends on other people, non-TA people, accepting TA, and they are not impressed by us assuring them that we are OK. Recognition is this decade's crucial issue for TA, and I believe its considerable worldwide resources must now be geared to meet this goal.

Thomas Ohlsson, MA, is a licensed psychologist and a Training and Supervising Transactional Analyst with a clinical specialty. □

Integrative Psychotherapy Workshop

with

Richard G. Erskine, Ph.D.

Rebecca L. Trautmann, RN, MSW

July 15-24 and/or August 5-14, 1994

Both of these ten-day workshops will focus on the theory and clinical practice of Integrative Psychotherapy.

Various methods of working within the therapeutic relationship will be taught and demonstrated and may include contact, inquiry, affective attunement, involvement and modes of empathy.

The workshop is for professionals in the mental health field who want personal work followed by an understanding of theory and clinical methods. An opportunity will be available to discuss specific cases from your own practice. A previous workshop is described in the book Integrative Psychotherapy In Action by Richard Erskine and Janet Moursund: 1988, Sage Publications, London and Newbury Park, CA.

Cost: $1,750.00 tuition, room and meals included.
Deposit: $450.00 non-refundable.
Location: Near New York City at the Old Chestnut Inn, with spacious grounds, gardens and swimming.

For more information and to register contact:

Richard G. Erskine, Ph.D.
Institute for Integrative Psychotherapy
500 East 85th Street, New York, NY 10028
(212) 734-5291

GOOD GRIEF RITUALS

BOOK AND WORKSHOPS

Elaine Childs-Gowell PhD

This book provides the reader with clear and helpful **tools and methods for healing** problems which people have when dealing with the feelings associated with loss and change. This very beautiful little book provides the reader with a series of **Good Grief Rituals** which can be undertaken alone, with a minimum of time and effort. You, the reader, can experience these Rituals and release your feelings of sad, scare, angry. You can unblock the energy resulting from your **loss and grief.**

Published by Station Hill Press
Barrytown, N.Y. 12507. 914-758-5840
Cost $8.95 plus $3.00 postage and handling.
For workshop information call: 206-781-0839.
or write to: 4702 Aurora Ave N. Seattle, Wa. 98103

GOOD GRIEF RITUALS
TOOLS FOR LOSS

Keeping In Touch

REGION I—ASIA, AFRICA, THE PACIFIC

The 21st ICTA Annual Conference will be held January 12-16, 1994 at the College of Engineering in Guindy, Madras, India. Sponsored by the TA Study Circle of Madras, the conference theme is, "Hand in Hand—Empowering People." For further details or if you wish to submit a proposal to present at the conference, contact S. Narayanan, Convenor, TA Study Circle (Madras), c/o Asiatic Agencies Coy, 28-F, Wallers Rd., Madras-600 002; phone: 833841.

The Sixteenth Annual TA Society of India (TASI) Conference is scheduled for March 7-13, 1994 in New Delhi, India. The theme of this year's meeting will be "TA and Spirituality," and the cost for registration and room and board will be US $350. For information on registration and presentations, contact Rita Kaul, TASI President, c/o B-332, Sarojini Nagar, New Delhi-110023, India.

The General Body of the Institute for Counselling & Transactional Analysis (ICTA), which met on September 9, 1993, decided to renew ICTA's affiliation agreement with the ITAA. In addition, they designated Rs. 2 lakhs for scholarships for attendance at international conferences and 3 lakhs for scholarships for members participating in their TA programs. Two lakhs have been set apart for psychosocial projects which are an offshoot of Basic Mental Health Program (Global TA Action). Fr. George Kandathil writes, "We fondly remember the days of the Cochin Conference and the warmth and good will we experienced from you (Susan Sevilla) and others."

Congratulations to Russell Thomas as he assumes the role of Chairman of the Western Pacific Association of Transactional Analysis (WPATA). We note also that WPATA has a new address: PO Box 504, Leederville, Western Australia 6903.

REGION II—CANADA

The British Columbia TA Association continues to hold monthly meetings and educational programs. Upcoming events include a talk on shame by Janice Dowson in November and a holiday party in December. For details, contact BCTAA, 2739-272 B St., Aldergrove, B.C. V4W 3K1, Canada; phone (604) 463-9879.

REGION III—EUROPE

The St. Petersburg Institute of Transactional Analysis (SPITA), which was legally registered in March 1993, now has 40 members, including 18 professional psychologists. The primary goals of the Institute are to spread TA among the general public and to unite psychologists and other helping professionals in St. Petersburg, other regions of Russia, and other countries of the former Soviet Union, in their desire to study TA, Gestalt, and other humanistic approaches. Documents for affiliation are being considered by the European TA Association and individuals have begun to sign training contracts. Tanya Gliznetsova, President, and Dima Kasyanov, Vice-President, write, "As one of our aims is to study TA and other humanistic approaches and becoming accredited in the ITAA and EATA, we invite *Script* readers to run workshops and other training events in St. Petersburg. We have hosted Western psychotherapists here for five years and are interested in hearing from others."

REGION V—UNITED STATES

Marjory Zerin, PhD, TSTA, of Westlake Village, California, has published two professional articles in the *Michigan Alumnus*, the award-winning magazine of the University of Michigan. The spring 1993 issue carried her story, "Grand Old Man of Journalism," about Dr. Zerin's mentor, Wesley Maurer, Sr., who, at 97, is still pioneering in his field. The fall 1993 issue included her article, "The Pied Piper Phenomenon," which deals with who is vulnerable and how followers are attracted to destructive cults. Currently Dr. Zerin is completing for publication several other articles as well as a unique inspirational book.

Disability Insurance Available for USA Members: If you couldn't work—either temporarily or permanently—because of an accident or illness, how would you continue to cover your expenses? One answer is to take advantage of the Disability Income Insurance Plan offered to USA members through Wohlers & Company. This plan offers three levels of coverage per month: $500, $1000, or $1500. Benefits begin on the 31st day of disability and are payable up to a year. If you apply before December 1, 1993, you are eligible for simplified acceptance, which requires that you answer only two questions. For details contact Wohlers & Co., ITAA Group Insurance Plans, 1440 N. Northwest Highway, Park Ridge, IL 60068-1400; phone: 1-800-323-2106.

Statement of Ownership and Circulation
(Printed in compliance with US Postal Service Regulations)

Statement of Ownership, Management, and Circulation Required by the Act of August 12, 1970, Section 3685, Title 39, United States Code for *The Script* Newsletter, October 1, 1993. Published monthly except January, May, and September at 1772 Vallejo St., San Francisco, CA 94123-5009, USA. The general offices of the publisher are located at 1772 Vallejo St., San Francisco, CA 94123-5009. The names and addresses of the publisher, editor, and managing editor are: Publisher, International Transactional Analysis Association, 1772 Vallejo St., San Francisco, CA 94123-5009, USA; Editor, Gerald Cartmel, and Managing Editor, Robin Fryer, both c/o the ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009, USA. The owner is: International Transactional Analysis Association, 1772 Vallejo St., San Francisco, CA 94123-5009. The known bondholders, mortgagees, and other security holders owning or holding one percent or more of the total amount of bonds, mortgages, or other securities is: none. The average number of copies printed each issue during the preceding 12 months are: (a) total number of copies printed: 3144; (b) paid and/or requested circulation—(1)sales through dealers and carriers, street vendors, and counter sales: none; (2) mail subscription (paid and/or requested): 2817; (c) total paid and/or requested circulation: 2817; (d) free distribution by mail, carrier, or other means—samples, complimentary copies, and other free copies: 23; (e) total distribution: 2840; (f) copies not distributed—(1) office use, leftover, unaccounted, spoiled after printing: 304; (2) returned from news agents: none; (g) total: 3144. The actual number of copies of single issue published nearest to filing date is: (a) total number of copies: 3100; (b) paid and/or requested circulation—(1) sales through dealers and carriers, street vendors, and counter sales: none; (2) mail subscription (paid and/or requested): 2742; (c) total paid and/or requested circulation: 2742; (d) free distribution by mail, carrier, or other means—23; (e) total distribution: 2765; (f) copies not distributed—(1) office use, leftover, unaccounted, spoiled after printing: 335; (2) returned from news agents: none; (g) total: 3100.

Gerald Cartmel, Editor

TA CONFERENCES WORLDWIDE

November 19-21, 1993—Adelaide, South Australia. Australasian TA Conference. Contact: George Filipowicz, 24, Da Costa Ave., Prospect 5082, Australia.

January 12-16, 1994—Madras, India. ICTA Annual Conference. Contact: S. Narayanan, 11, First Main Road, Indira Nagar, Adayar, Madras 600 020, India.

March 7-13, 1994—New Delhi, India. Sixteenth Annual TASI Conference. Contact: Rita Kaul, TASI President, c/o B-332, Sarojini Nagar, New Delhi-110023, India.

April 6-10, 1994—Bushkill, Pennsylvania, USA. Eastern Region TA Association Conference. Contact: Fred Clark, Registrar, 261 Spring St., Cheshire, CT 06410, USA.

May 13-15, 1994—Nürnberg, Germany. German TA Association (DGTA) Conference/ Designated site of ITAA Business Meetings. Contact: DGTA, Samerberweb 3, D-8269, Burgkirchen, West Germany.

July 10-14, 1994—Maastricht, The Netherlands. EATA Conference. Contact: Mrs. Yvonne van Praag, PO Box 1197, NL-3800 BD, Amersfoort, The Netherlands. Phone: 31-33-721764; fax: 31-33-759129.

October 24-30, 1994—Aruba. ITAA Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009, USA; phone: (415) 885-5992.

January 1995—Bangalore, India. 22nd Annual ICTA Conference. Contact: Carlos Welch, UTC Quarters, 97 Nandidurg Rd., Bangalore 560046, India.

August 1995—San Francisco. 35th Annual ITAA Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009; phone: (415) 885-5992.

Attention USA Members

Tax Law Changes Deductibility of Membership Dues Payments

Citizens of the United States should be aware that the 1993 Tax Act—which was recently signed into law by President Clinton via the Omnibus Budget Reconciliation Act of 1993—has a new provision related to the tax deductibility of your ITAA dues payment.

Formerly, all ITAA dues were deductible as a charitable contribution to an exempt 501-C-3 organization. The 1993 Act requires that you deduct the value of goods and services received for your dues prior to determining the amount of your deductible contribution. The tax law further requires that the ITAA inform you of the portion of the contribution that is non-deductible. Because all ITAA members have paid their 1993 invoices by now, we are informing you via this *Script*, of the portion of your dues that is non-deductible.

Script Subscription:	$10
TAJ Subscription:	$24
Directory:	$ 5
Package Subtotal:	$39

Plus, a contribution to T&CC for services:

AM level:	$ 0
RM level:	$ 1
CM level:	$ 6
TM level:	$15

The following are the amounts you **may** deduct as a charitable contribution on your federal income tax:

AM: $21 deductible ($60 dues minus $39 goods/services)

RM: $44 deductible ($84 dues minus $39 and $1 goods/services)

CM: $67 deductible ($112 dues minus $39 and $6 goods/services)

TM: $166 deductible ($220 dues minus $39 and $15 goods/services)