INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XXIII NUMBER 6 AUGUST 1993

The Script®

INSIDE:

3 New Revision Corner
What Sets "Educational" Apart

4 Aruba Conference Info
Exam Calendar

5 Members Forum
TA: Paradigm of Harmony

6 Poet's Corner–Small Places:
Just Right or Too Tight

Update on the TA Databank

by Maria Teresa Romanini

Dear ITAA Member:

I am writing to you again to inform you about the state of the ITAA Databank. Currently the databank is comprised of: (1) the various national databank offices that collect and store the articles written by TA authors in their respective countries, and (2) a central databank (at the central ITAA office) that stores all the records that are sent in by local databanks.

The goal of the databank project is to collect and store all the writings that have been produced on TA since 1976. (All previous articles have already been gathered in two volumes with the title, "TA Research Index: An International Reference Book.")

Soon a sample will be published that will contain the 1990 publications collected by the local databanks in various countries.

Here is a list of the seven local databanks now in operation:

Brazil–Rosa Krausz
France–Bernard Chevalier
Germany–Michael Krull, Rolf Balling, Gabor von Varga
Italy–Rino Pastore, Karen Cesarano, Wilfredo Galliano, Mariella Graniti, Maria Teresa Romanini
Sweden–Tommy Carlsson
United Kingdom–David Alcock, Margaret Harrison, Irene Stirling
USA–HD Johns, Stephen Karpman, Ted Novey

If you have articles that you would like to see in the databank, send them to your local databank. They will indicate the key words and have the title and summary translated into English. Your texts would thus be stored in their bibliographic archive. In case your local databank is not yet operational, you can send your article directly to Susan Sevilla at the ITAA office and she will forward it to the appropriate people.

The goal of the databank project is to collect and store all the writings that have been produced on TA since 1976.

Finally, if you want to take part in the small group of organizers of the local databank and you have a computer (preferably an IBM or IBM-compatible), you will be most welcome, whether or not there is a databank in your country. The work to be done in order to accomplish our goal is enormous and requires as many brains and hands as possible. The work is done on a voluntary basis and is aimed at securing as exhaustive a knowledge as possible of TA in its various versions.

Maria Teresa Romanini, Vice-President for Research and Innovation

If you want to know more about the TA Databank, address your request to one of the following people involved in the databank project:

Brazil: Rosa Krausz, Rua Vincente Leporace 42–04619 Sao Paulo, Brazil; phone: 5511 612 702-5511 2407 652.

France: Bernard Chevalier, 13, Avenue de Quiboron–78 310 Mauretac, France; phone: (1) 30 66 74 22.

Germany: Michael Krull, Butjadingerstable 82–D-2902 Rastede Ipwege, Germany; phone: 0049 4402 4703; fax: 0049 4402 3670.

Italy: Rino Pastore, Via Gesu e Maria 7–80135 Napoli, Italia; phone: 39 (81) 5497 272; fax: 39 (81) 7477 396.



Maria Teresa Romanini

Sweden: Tommy Carlsson, Hogklint, S-64200, Flen, Sweden; phone: 0046 157 11313–0046 157 10800; fax: 0046 547 10835.

United Kingdom: David Alcock, 95 Lydalls Rd., Didcot, OXON OX11 7DT, England.

USA: H.D. Johns, 4520 Morgal St., Rockville, MD 20853, USA; phone: (301) 460 1290; fax: (301) 460 1151. □

Weisses Offer Integrated View of TA and the Recovery Movement

by Jean Clarke

Jonathan and Laurie Weiss will give the TA keynote address at the 1993 Joint ITAA/USATAA Conference in Minneapolis, Minnesota. The theme of the October 12-17 meeting is "Addiction and Society: Shame, Addiction, and the Child Ego State." The title of the Weisses' address is, "TA and the Addiction Fields: Learning from Each Other." The following interview with the Weisses was conducted by Jean Illsley Clarke of Minneapolis, one of the local conference organizers.

JC: Jon and Laurie, first tell us what your background is in transactional analysis.

LW: Well, I feel like we have been in TA forever. My professional background was as a teacher. I got my Teaching Membership in 1974 before I got my Master's Degree in Psychology. I hope by the time the conference convenes I will have completed my PhD work.

JW: I got my Teaching Membership in 1971. My PhD is in Human Development from the University of Chicago.

We have had to become bilingual, speaking the language of recovery as well as the language of TA.

Even within TA we have been interested in bridging between different schools. We are both trained in the Goulding model and the developmental school.

JC: Tell us about your background in working with addictions and shame.

LW: We had an outpatient practice that included parenting. Many people came to us without our knowing that they were from addictive backgrounds.

JW: One former client told us we were doing everything right for that population, but that from her point of view we didn't know why we were doing it right. She was an alcohol and drug abuse counselor and kept referring people to us. She started educating us about what people in addiction and recovery were thinking and talking about. She also pointed out things that we were missing with clients. Sometimes we would do all our good work with a client and it would disappear without a trace.

LW: That was with clients who were actively using substances and lying to us, and we were not very good at picking up on that.



Jonathan & Laurie Weiss

JW: Also, we were very contractual, so if somebody didn't make a contract to work on their substance abuse issues, it wouldn't occur to us to bring it up.

JC: You have written books about how you work.

JW: The book we wrote was essentially about what we had been doing in practice over 15 years, including with this population. The publisher defined it as and called it by the title of *Recovery*

- continued on page 2

EDITOR'S COLUMN



by Gerald Cartmel

ITAA as a Patchwork

This month's editorial is easy for me. There is so much talent flowing that I can retire to the back burner on the cooking stove. Frank Morris, in an inaugural Revision Corner, emerges with provocative thoughts about intrauterine influences. Maybe someone could write an overview of this subject to update those of use who are out of touch. And I like the fresh metaphor incorporated in the word "scriptlock," which I assume derives from "gridlock." Maybe this word needs explaining to those not familiar with that American game played with an unround ball. Frank's freshness conjugates with the plea from James Allen: "However, if we continue to present it [TA] in yesterday's frameworks (a modernistic episteme if you will), the rest of the therapeutic world will again pass us by. In that case, no amount of networking with academic or professional groups will help" (1993. p. 49).

Education stays up front in this issue with Rosa Krausz's fine article, and we have another contribution from Eddie Agbayani of the Philippines. Maria Teresa Romanini, with her Databank project, reminds us that Italy holds a place to be considered in the TA world. I have learned never to underestimate the energy of that quiet and well-qualified Kiwi, Gordon Hewitt, who writes about training standards. Anita Mountain, of Leicester, England, addresses options for bringing CTAs in from the cold.

Maybe the TA world could show the world at large a model based on a patchwork of associations, with no paramount power and with potency through cohesion of ideas.

Then I turned to the January *TAJ*, which was delayed partially because of Howard Douglass's unfortunate illness, to find India represented by both Pearl Drego and Os Summerton, Petruska Clarkson of London sharing her views on TA as a humanistic therapy, Mervyn Hine from Switzerland and James Allen of the USA offering useful dialogue about reality and Constructivism via the Cowpoke section, and Vince Gilpin representing Canada in the book review section. I also appreciated Landy Gobes's article on C4P4. Is the *TAJ* finding a new simplicity?

Personally, I read the *Manchester Guardian Weekly* as one source about world affairs. I track the world as deconstruction develops apace amid murder, carnage, rape, and starvation. I learn how the United Kingdom exported artillery shells destined for Iraq in the Gulf War, and I am grateful that my reality, according to Hines and Allen, involves an association of fellowship based on the creed of "I'm OK, You're OK." Yes, we do belong to the INTERNATIONAL Transactional Analysis Association.

I would view the world of TA like grandma's patchwork quilt. Different pieces, different colours, different textures, all stitched together in an irregular pattern to create a harmonious and constructive whole. Maybe the TA world could show the world at large a model based on a patchwork of associations, with no paramount power and potency through cohesion of ideas. This could be the reality of the future, my reality and yours.

References

Allen, J. (1993). A reply to "a physicist's reactions." *Transactional Analysis Journal, 23,* 48-49. □

EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

On Nature

Last Saturday I took a 13-mile walk with the Sierra Club, accompanied by Mary Goulding's daughter, Karen Edwards, who has become a friend of mine. Lately, now that the kids are a bit older, I have been taking a day for myself now and then to do outdoor activities like this. I always return refreshed and invigorated.

We hiked in a state park called the Wilder Ranch, a 200-acre plot outside of Santa Cruz. After we passed through the preserved ranch houses from this 1800s working ranch, we moved through mile after mile of rolling hills, redwood forest, coastal oak, and small streams; back through the tilled farmland of flowers, broccoli, and brussel sprouts; then on to the ruggedly magnificent wild Northern California beach; and finally back to the Ranch via 4 miles of cliff trails. What a feast for the eyes (and all the senses) and for the spirit!

Although I enjoy every minute of a walk like this and treasure the experience, the greatest benefits are not evident until I am back in the office. A day with nature refreshes the soul like no other experience. It allows me to focus on my work with renewed vigor.

This experience reminds me of some research I read about conducted by Professor Rachel Kaplan, a psychologist at the University of Michigan. She studied how views of nature help workers perform their jobs. Kaplan reported that people who work near a view of the outdoors are more enthusiastic about their jobs. They are also less frustrated, more patient, and report fewer physical ailments. She describes "directed attention fatigue," a result of the deliberate attention used to focus on a work project. The opposite of directed attention is involuntary attention, the effortless attention used to see pleasing things. Kaplan writes: "When employees can glance away from their desks or computers and rest their eyes on a natural landscape, no matter how modest, involuntary attention takes over. . . . Workers get a respite that offsets directed attention fatigue, a mental condition that comes with even the best of jobs. Windows with views of nature help us maintain our train of thought and help us remain composed and civilized in the face of interruptions and demands."

Although I enjoy every minute of a walk like this, the greatest benefits are not evident until I am back in the office.

I certainly can agree with Kaplan about a window with a view. My own office window looks out on a hedge five feet away and not much else. But even this pleasant green vista is a relaxing respite from my papers and computer on a stress-packed day.

However, I don't think Kaplan took her research far enough. A weekend visit to the woods and hills infuses one with a sense of well-being that can be carried into the office and which lasts a long time. I definitely feel less irritable and generally healthier after a visit with nature. Back in the office, I am less vulnerable to distraction, more flexible in my thinking, and more able to solve problems. A walk in the woods is important for my health, both mental and physical. And although my office lacks redwood forest and the roar of the ocean, it is a much more pleasant place since my return from the hike.

The Script

Editor: Gerald Cartmel, MB
Consulting Editor: Robin Fryer, MSW

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WEISSES

continued from page 1

from Co-Dependency: It's Never Too Late to Reclaim Your Childhood. The title we wanted to use for the book was "Healing the Inner Child," but a similar title had just come out.

LW: Interestingly enough, much of the inner child work in the addiction and recovery field is done from a Jungian rather than a TA perspective. John Bradshaw started popularizing it from a TA perspective.

JC: Tell us what you will be focusing on in your keynote speech at the conference.

JW: We think that TA people and addictions and recovery people can learn from each other. We want to discuss some of the apparent conflicts between the two points of view. We have had to become bilingual, speaking the language of recovery as well as the language of TA. For example, in recovery they talk about being powerless over the addiction. What does that mean to this client? That he is not responsible? That he admits he needs help?

LW: We are also going to be discussing the difference between spiritual recovery and more psychological and behavioral recovery. Twelve-step programs are designed to be spiritual recovery programs.

JW: Also, there is the whole thing about the difference between contractual treatment goals and the idea that you are in recovery forever because you are always recovering and never recovered. This is an opportunity for TA and addiction and recovery folks to enrich each other.

JC: Thanks very much for talking with us. We're looking forward to hearing more in Minneapolis! □

TA 101 CALENDAR

August 6-7, 1993—*Minneapolis*, Minnesota, USA. Cost: $80. Leaders: Jean Illsley Clarke, PTSTA, Russell Osnes, TSTA. Contact: Jean Illsley Clarke, 16535 9th Ave., N., Minneapolis, MN 55447, USA; phone: 612-731-1840.

October 5-7, 1993—Cochin, India. Cost: Minimal. Leader: Fr. George Kandathil, TSTA. Contact: ICTA, Santigram, Cochin University PO, Cochin 682-022, Kerala, India.

October 9-10, 1993--Ft. Collins, Colorado, USA. Cost: $100. Leader: Wayne Carpenter, PTSTA. Contact: Wayne Carpenter, phone: 303-224-1778.

October 10-11, 1993—Minneapolis, Minnesota. Cost: $75. Leaders: Frances Bonds-White, TSTA, and Joanna Beazley-Richards, CTA. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009, USA; phone: 415-885-5992.

October 30-31, 1993--London. Cost: £80. Leader: Petruska Clarkson, TSTA. Contact: metanoia, 31 North Common Rd., London W5 2QB; phone: 001-579-3531.

December 3-5, 1993—Chur, Switzerland. Cost: Sfr. 450. Leader: Willem Lammers, PTSTA. Contact: IAS Davos AG, Scalettastrasse 31 CH-7270 Davos Platz, Switzerland.

Certified Teaching and Supervising Transactional Analysts and Provisional Teaching and Supervising Transactional Analysts are invited to list free of charge information about TA 101s they are presenting. To be listed, please send the following information to Robin Fryer, Consulting Editor, 1700 Ganges Ave., El Cerrito, CA 94530, USA: dates of TA 101, location, cost, leaders' names, and how to get more information. Deadline: first of the month prior to the month of publication. Note: We cannot accept tentative or open dates; please be specific.

REVISION CORNER



by Frank Morris

The Unconscious Script Story

Faithfulness to pioneers such as Eric Berne, in my mind, means living with their ideas, using the material with integrity, and then extending their ideas with your own experience. Karen Horney advised spending the equivalent of dependency (16 years) with Freud before criticizing him. As a grad student at the University of Chicago I well remember my reaction: "Good theory comes before good therapy. And now I'm supposed to experiment on people for a decade-and-a-half. I don't have the time."

A glance at the calendar reveals that I have now lived with Berne's script theory for over 21 years. I loved the idea back in 1972 and I love it now. Out of childhood comes a story in the background of a person's mind, said story which programs relationships and drastically curtails personal power. Whenever I reread Berne (and Steiner and Kahler), I note many pieces of information verified over the years.

As I learned about psychological development from the last trimester before birth, through the birth trauma (especially Stanislav Grof's BPM II and III), and subsequent preverbal imprinting during attachment, bonding, and the exploratory phase, the less I emphasized the parental injunction part. I tire of seeing clients from other therapists who are always angry at moms or dads, thus gaining a free victimhood by blaming the former generation. Maybe that is one difference between counseling and analysis: A counselor echoes thoughts and feelings whereas an analyst surveys the part within the whole script.

The notion of an unconscious script story has been my touchstone. I've come to see that the storyline is built around a continuous shameful trauma the child watched between the mother and father (usually), a repetitious failure in their communication that signaled scriptlock. The child saw that movie daily, as much as 100,000 times. Think about the possibility of viewing "The Wizard of Oz" that many times. You'd put on red shoes, start skipping, and singing "We're off to see the wizard" every time you left home!

The child memorized the role of mom and the role of dad and adapted, in a typical manner, each time the scene occurred. It was humiliating because the child was trapped, double-bound, and could not be straight about thinking, valuing, or feeling. The feelings were all atumble, sadness and scare and anger all mixed together, and happiness, excitement, and loving tenderness contained as well. That shameful scene. In sentence after sentence (for example), mom made it clear that dad was an ignorant baby while the watching child adapted by being especially rational, mom's pleaser, and a silent kicker of all people who appear dumb. Clients report hundreds of humiliating scriptlocked parent scenes, with one parent's role hated (but strong) and the other parent's role as weak (and feared).

I've come to see that the storyline is built around a continuous shameful trauma the child watched between the mother and father.

What if that drama, that scouring repetition of hundreds of thousands of times, actually is the prime trauma, the basic script? And what if every trauma from the last trimester of pregnancy through all the developmental failures through negative injunctions, sibling rivalries, a psychological marriage to a particular parent, and all the rest can be subsumed under the humiliating family drama? One would know then how the birth situation led to a specific adaptation and how the infant was already programmed to have the mom or dad be the favorite in the repetitious movie. A hurry-up birth might lead to a quick pleaser; a try-hard birth could lead to a person who never makes perfection but always works at it. Such a scheme could show what happens when people get married and start to cast others in the old roles of script, as if to say, "I'll please you and get phony strokes; then I'll switch to my dad's role and treat you like a weak ninny. When you cry I'll go back to pleasing again. This way we can stay within the confines of my old secure story, the one I got brainwashed with as a child."

Script has preverbal roots. For instance, a baby almost died at birth because of a tight cord around the neck; she turned blue and only heroic efforts kept her alive. As she grew, there was total resistance to physical closeness with the mother, whom, as time passed, the young child hated. Her daddy was everything. She sought to be perfect for him. When the parents played their scriptlock, the girl always chose daddy's side. Because her original post-womb experience culminated in almost dying, her particular "Be perfect" had the extra dimension of "or die." As an adult she abhorred sexuality, accused her three husbands of having "bad energy" and of "trying to keep me from really breathing," went to church regularly while idolizing the minister, and eventually had a perfect little house with no dust in it. At 50, when she came to therapy, it was clear that her script meant casting someone as a weak mom, someone as a perfect daddy, as she adapted and was "perfect"–though never in the here-and-now in an I-Thou manner. She sought to be perfect for the therapist, of course, but that, too, was pointed out in the analysis. The test was whether or not she would cast the analyst as a schmuck like her three ex-husbands and mom or give up the whole script mess.

One thing about having the toe bone connected to the foot bone is that we get by the infantilism of still blaming parents for life failures. Analysis does that. It gives the entire overview of a life from the last trimester to the present day, with preverbal neural decisions actually preempting later decisions and situations. The humiliating scene is simply the carrier of the script, made large by the tragedy of moms and dads who never learned to love.

Counselors may get sucked into thinking that the chilling of the adaptation and the gaining of telling people off is freedom. Analysts know better. That is merely switching to the perceived strong role observed during childhood. Script-freedom comes when the whole humiliating scene is surrendered and one lives here-and-now, I-Thou–or, as Berne said–spontaneous, aware, and with the capacity for intimacy.

Main point: The problem is not parents, a single trauma, or a developmental failure. The problem is the continuation of childhood experiencing in the adult world. That is primarily done with a repetition of an old pagan drama (the script), underneath of which lies the whole of the other traumas, each capable of being triggered by varying perceived situations.

Oh, by the way. There is no need to wait 21 years before you criticize these thoughts. The next *Script* newsletter will be fine. Please send your comments to me at 52136 Lilac Rd., South Bend, Indiana 46628, USA. □

TA IN EDUCATION COLUMN



by Sheena Hudson

What Sets "Educational" TA Apart

We are pleased to continue the dialogue about differentiating various TA applications with the following article by Rosa Krausz, PhD, of Brazil, on TA in Education. We would like to hear from other members about this issue. Please send your comments to Sheena Hudson, Central Institute of Technology, Private Bag 39807, Wellington Mail Centre, New Zealand.

Since Berne published *Transactional Analysis: A New and Effective Method of Group Therapy* in 1958, TA has undergone theoretical growth and development as well as an expanding appreciation of its value.

Today TA is officially defined (*TAJ*, 1992) as "a theory of personality and systematic psychotherapy for personal growth and personal change."

Addressing the issue of TA applications, the *TAJ* goes on to state that "the late Eric Berne, MD, the principal developer and innovator of transactional analysis (TA), began applying it to group psychotherapy in the early 1950s; more recently it has also been used extensively in clinical work with families, couples, and individuals. TA is also being used in organization development, education, religion, and a variety of other areas. Newer applications of it continue to be found."

Although there is widespread agreement about the use of TA in three areas, the specificity and limits of these areas have not been adequately clarified.

Although there is widespread agreement about the use of TA in three areas–clinical, organizational, and educational–the specificity and limits of these areas have not been adequately clarified. (Editor's Note: As discussed by van Beekum [1993], in Europe counseling is a fourth certified area of TA application.)

Considering that the ITAA, as well as EATA and many national TA associations, offer at least three areas of certification, there is a growing need to establish criteria that will help practitoners to stay within the limits of their expertise and specialization. Without clearly differentiating between the three areas, certified transactional analysts may not be able to abide by the ethical and professional practices principles of the ITAA. In addition, it is important to consider upgrading the training process with regard to the areas of certification and the possibility of candidates choosing one area or another based on clear and complete information.

Certified transactional analysts, whether clinical, organizational, or educational, base their practice on the following common points:

* **Theory:** The theoretical principles are the same for all three areas. As Stewart and Joines (1987) wrote, "The basic theory of TA is the same for educational and organizational work as for clinical applications, but there are differences in emphasis and in techniques" (p. 278).

* **Objective**: The ultimate objective of TA practice is the attainment of autonomy, which is manifested, according to Berne (1964), "by the release or recovery of three capacities: awareness, spontaneity and intimacy" (p. 178). Awareness requires living in the here-and-now; "spontaneity means options, the inner freedom to choose and express one's feelings from the assortment available"; and "intimacy means the spontaneous, game-free candidness of an aware person" (p. 180). TA practitioners work to enhance the potential for individuals and groups to function autonomously in the social context.

* **Philosophy**: According to Berne (1966), "It is assumed here that each normal human infant is born into the world with the capacity to develop his potentialities to the best advantage of himself and of society, to enjoy himself and be able to work creatively, and to be free of psychological disabilities" (p. 259).

The main philosophical points can be summarized as follows:

- Each normal human being is born with a potential to be OK.
- Each normal human being is born with a potential to think, feel, act, solve problems, make decisions, conduct and

- *continued on page 6*

It's Aruba!

32nd Annual ITAA Conference

October 24-30, 1994

Theme: "Anger and the Disowned Self"

Proposals Invited on Conference Theme of "Anger and the Disowned Self"

In natural human growth and development, healthy aggression fuels a clear sense of self, the capacity for self-expression, and movement into engagement and relationship with others. When this natural movement is denied or overpowered, significant distortion and destructiveness occurs in the individual person, social relationships, and larger social systems. (Much of that healthy impetus is disowned.) One has only to watch the news or listen to the anguish heard in the breaking apart of a family to be struck by the force of anger in human conflict.

Transactional analysis, which began as a social psychitry, contains an elegant model for understanding and describing the growth and expression of self in relationship with others. Transactional analysts emphasize working with a sense of personal power and responsibility in integrating the disowned self.

We are fortunate to have Harville Hendrix as keynote speaker at the Aruba Conference. He will offer his perspective on the origins and treatment of conflict in relationships. A Certified Transactional Analyst (Clinical), Hendrix is a graduate of Mercer University in Georgia and Union Theological Seminary in New York. He earned his Master's and PhD from the University of Chicago. His career began in pastoral counseling in 1965, but after a divorce in 1975, Hendrix became involved in a quest to understand the anatomy of marital relationships. He developed Imago Relationship Therapy as a result and has written two books, *Getting the Love You Want: A Guide for Couples* and *Keeping the Love You Find: A Guide for Singles.* Dr. Hendrix is also a member of AGPA, and he founded the Institute for Relationship Therapy. He lives in New York City with his wife, Helen, and a family of six children plus an assortment of small animals.

In addition to Hendrix, the ITAA Conference Committee is pleased to bring together a diverse group of presenters who will offer a wide variety of perspectives on understanding and countering the personal and social conflicts so evident in the 1990s. We invite you to be among those presenters by submitting a proposal using the Call for Proposals form on this page.

ARUBA! This beautiful Dutch island is a popular and diverse tropical playground. Aruba's south coast is a five-mile band of powdery sand, the interior is dotted with tiny colonial Dutch farm villages (watch for the "hex signs" on the walls) and old gold mines, and the rugged north coast reveals caves with pre-Columbian cave markings, gigantic rock formations, shifting sand dunes, and crashing surf. Ringing the island are beautiful coral reefs.

In this land where the usual tropical diseases are scarcely known, the weather is balmy year round, while trade winds provide natural air-conditioning. Aruba's water is incredibly clear and warm, the beaches are among the Caribbean's finest. Enjoy extensive watersports (especially wind surfing, snorkeling, and scuba diving, among many others), and a glittering nightlife amid Aruba's gracious and fun-loving people, descendants of settlers from over 40 countries. □

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	BOC	Oct. 13, 1993	Minneapolis, USA	July 13, 1993
	BOC	Nov. 18, 1993	Adelaide, Australia	Aug. 18, 1993
	COC	Nov. 20, 1993	Aschaffanburg, Ger.	Aug. 1, 1993
	COC	July 10, 1994	Maastricht, Netherlds	April 1, 1994
	BOC	Oct. 26, 1994	Aruba (Caribbean)	July 26, 1994
	COC	Nov. 19, 1994*	Berlin, Germany	Aug. 1, 1994
TSTA Oral	BOC	Oct. 13, 1993	Minneapolis, USA	July 13, 1993
	COC	July 10, 1994	Maastricht, Netherlds	April, 1, 1994
	BOC	Oct. 26, 1994	Aruba (Caribbean)	July 26, 1994
CTA Written (Proctored)	N. Amer.	Nov. 12-13, 1993	Your choice	Aug. 13, 1993
CTA Written (Open book)	All Regions (Non-Europe)	Your choice	To be submitted for reading through the ITAA office	Your choice
Training Endorse. Workshop		Oct. 18-20, 1993	Minneapolis, USA	June 19, 1993
		July 15-17, 1994	Maastricht, Netherlds.	March 15, 1994
		Oct. 31-Nov.2,'94	Aruba, Caribbean	June 30, 1994

***The Berlin exam is replacing the previously announced May 1994 exam in Nurnberg, which has been cancelled.**

To make arrangements to take a BOC exam, contact the T&C Council, 1772 Vallejo St., San Francisco, CA 94123, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator.

Training Endorsement Workshop fee: $395 payable in US dollars to T&C Council, c/o the T & C Council office, 1772 Vallejo St., San Francisco, CA 94123, USA.

ANNOUNCING:

The International Transactional Analysis Association's
32nd Annual Conference

CALL FOR PROPOSALS

Theme: "ANGER AND THE DISOWNED SELF"

*October 27-30, 1994 * Aruba Caribbean Resort, Aruba*

You are cordially invited to submit program ideas for consideration. Please include: 1) information cover sheet (below); 2) an abstract of up to 100 words, to be used in conference publicity if your proposal is accepted; 3) a biographical sketch of 20 words; and 4) an outline of your presentation. Presentations must address the conference theme in content to be considered. DEADLINE: 1 November 1993

I. INFORMATION COVER SHEET

_____

TITLE of Presentation

_____

NAME: +Academic Credentials, ITAA Certification. IF NOT ITAA CTA: please include signed note from a Certified Member indicating endorsement of your presentation.

_____

ADDRESS: Street City State/Postal Code

_____

Country TELEPHONE: Home Business Phone

CO-PRESENTER(S): _____

(Please give name(s) & highest academic degree. *Note: You are responsible for contacting co-presenters & for ensuring their attendance or replacement.

FORMAT: (Lecture, discussion, panel, paper, experiential): _____

DURATION: [ ]1.5 hours [ ]3 hours [ ]Paper (50 minutes)

AREA: [ ]Clinical [ ]Organizational [ ]Educational Other: _____

TRACK: [ ]Theory [ ]Treatment [ ]Special Applications [ ]Comparative Modalities [ ]Marriage/Family [ ]Social Issues Other: _____

LEVEL: [ ]Beginner [ ]Intermediate [ ]Advanced [ ]Practicing Psychotherapist

SIZE LIMIT OF GROUP: [ ]20 [ ]30 [ ]40 [ ]50 [ ]No Limit.

LANGUAGE OF PRESENTATION: [ ]English [ ]Spanish Other: _____

EQUIPMENT NEEDED: Rooms have moveable chairs & flip charts; if additional equipment is needed, please describe how you will supply it: _____

_____

SAFETY: Describe any aspect of presentation potentially risky to safety (e.g. intense physical or emotional experiences) and what protection you will provide: _____

_____

NEW PRESENTATION: [ ]Yes [ ]No Presented (where/when): _____

_____

GOALS & OBJECTIVES: What do you hope to accomplish during your time? _____

_____

AUDIOTAPING: Some presentations may be taped; please sign below to indicate you give the Conference permission to tape & to offer tape for sale: _____

II. ABSTRACT. Please attach a typed abstract of up to 100 words to be used in conference publicity if your proposal is accepted.

III. BIOGRAPHICAL SKETCH. Please attach a typed sketch of up to 20 words only.

IV. OUTLINE. Please sketch out a chronological outline of up to two typewritten pages of what will happen during your presentation. Include a plan showing use of time, how material will be presented, what enhancing learning aids will be used.

FEES: Presenters attending the full conference pay the full registration fee. Presenters attending only to present pay the one-day registration fee.

RETURN YOUR PROPOSAL BY NOVEMBER 1, 1993 TO: ITAA 32ND CONFERENCE, 1772 Vallejo Street, San Francisco CA 94123-5009, USA. Fax: 415-885-5998.

No proposal will be accepted after November 1, 1993.

Note: Publication of advertising in *The Script* does not imply endorsement by the newsletter, the Editor, or the ITAA.

Setting Up A TEW: Anyone wishing to set up a Training Endorsement Workshop in a location where a TEW coordinator is not available may do so by meeting three requirements: (1) let the T & C Council know six months in advance, (2) you must have been a staff member of a previous TEW, and (3) obtain a letter of recommendation from the coordinator of the TEW on which you served.

Members Forum

Editorial Policy: We welcome Letters to the Editor (c/o the ITAA office). In editing for taste, accuracy, and length, our intention is to retain the author's meaning. Opinions offered in this column do not necessarily represent the views of the Editor or the ITAA. Readers are invited to digest letters within the framework of TA theory.

ON EASING CERTIFICATION REQUIREMENTS

Dear Editor:

Donna Dupuis of the Canadian TA Association suggested in the February *Script* that the training requirements for certification be eased. Gordon trained for TM exams with the nearest available TM, 1,300 miles away. Christine is currently preparing for her TM exams, and we both have some sympathy for Donna's suggestions. However, the Training Standards Committee (TSC) gets many suggestions both for easing and for toughening the certification requirements. Many people think that one of the most important advantages that TA has over other modalities is its tough standards. These standards are now being recognized by professional organizations, especially in Europe.

Having said that, the TSC exists to put into its formal statutes the will of members. We are always happy to consider any proposals for change put forward through *The Script* directly to the Committee as specific motions.

Gordon Hewitt and
Christine Lister Ford, Training
Standards Committee Co-Chairs

CTAs IN BRITAIN COME IN FROM THE COLD

Dear Gerald:

I am writing, somewhat belatedly, to respond to the article by van Beekum in the November 1992 *Script* entitled, "CTAs Need Better Care." My colleagues and I thought you might be interested to know what is happening here in Britain with respect to developing better care for CTAs.

In March 1992 I joined the Institute for Transactional Analysis (ITA) Council and sought agreement to set up a regular forum for CTAs. The Council ratified this suggestion, and I brought in two other colleagues to assist with the venture. We held our first meeting earlier this year and a second one in June.

Approximately six people attended the first meeting. From these small beginnings we hope to meet our needs for clinical advancement and stimulation, as well as to obtain support for our business practices.

I am taking this opportunity to send you a copy of the report I wrote for the AGM held at the ITA Conference in April 1993. I hope we can continue to develop dialogue about the needs of CTAs at an international level so that we stimulate ideas about ways forward.

Anita Mountain, Aylestone,
Leicester, England

Following are some excerpts from Ms. Mountain's original proposal for a CTA Forum and her later report to the ITA Council about the first meeting of the Forum.

Original Proposal for CTA Forum

Following completion of training, the CTA has few places in which to develop theoretical expertise and obtain support. After many years of quite intensive contact with other trainee clinicians, a CTA can find herself out on a limb. Many start new businesses and would value sharing experiences with others but may find few in the same position in their region.

Recently some trainees have been discussing the difference in status between PTSTAs and CTAs. This difference is highlighted toward the end of one's training when often the expectation is that the trainee will go on to become a PTSTA, thereby making the CTA qualification merely a means to an end. By implication, this discounts the CTA. Given that the TA community would not philosophically agree with this situation, it is therefore appropriate to find ways to redress this imbalance.

The CTA has a unique set of needs as there is nowhere in the existing ITA structure in which they can meet. It appears that the idea of a forum would meet at least some of the needs of CTAs, including:

1. An arena where CTAs can discuss theory with peers. As CTAs have particular needs, the forum's main aim would be to attract this sector of the membership. This will enable the development of a peer community which draws on each other's skills and expertise. Thus a strong network can be built up which will be of benefit to the TA community as a whole.
2. This forum should take place one day, twice a year, in a centrally located venue, unless the CTAs wish it to move.
3. The structure and content of the day would be up to participants but could cover theoretical discussion, perhaps stimulated by presentations, or simply small interest groups for sharing business practices, support sessions, and socializing. I expect that the focus would be on clinical practice, because this is the area of specialization of most CTAs in the UK.
4. In support of the CTA forum, ITA members could be encouraged to set up more regional discussion/seminar groups. These groups could then develop ideas on theory and practice for presentation at the forum.

A CTA forum would enable CTAs to develop their practices and come in from the cold. It would answer the question many find themselves asking, "What now?" A peer-led initiative would develop a sense of community often lost once a person leaves their training agency. It also has the potential to make more sense of the word community.

Clinical Practitioners' Forum

The original idea for the Forum developed at a mock exam and PTSTA workshop in Kent, England. Once having taken my CTA exam I thought that unless CTAs were proactive in developing their network, all formal links with the TA community could cease, unless they wanted to go on to become a PTSTA. This may mean that the process of relating to others "like me" would be minimized. I presented a paper to the ITA Council, which was accepted, and then an amended version was printed in the *ITA News*. I received support for this idea from Anne Waters and Margaret Turpin, who were concerned about similar issues, and one or two other CTAs were consulted about the idea. Eventually Tony Tilney and Jill Parkinson joined me in planning the first meeting of the Clinical Practitioners' Forum on February 13, 1993.

At this meeting the group decided that the Forum would be open to all those in clinical professional membership, i.e., those who are CTAs. Most wanted the opportunity to further their knowledge and generally have an arena for meeting others that was stimulating and exciting.

There was a great deal of enthusiasm for other spin-off events from the Forum that individuals might wish to organize. However, to start with we decided to keep up the aims as outlined in my original paper.

Although the next meeting is to be in the East Midlands, it is intended that other CTAs will take up the baton and organize the next one-day event in another region. We hope this will encourage greater ownership of the Forum and stimulate the formation of regional groupings.

We hope you will take this opportunity to support this new initiative. This is an area in which there is growing interest. There is still some discussion about membership being open to PTSTAs and TSTAs, and most of the group at the first meeting thought we should keep it open to all CTAs with the focus of the meetings being on clinical practice. □

WHERE I COME FROM

TA as a Paradigm of Harmony

by Eddie Agbayani



Eddie Agbayani

I come from a small but beautiful country in the Pacific called the Philippines. Sometimes it is referred to as a country of 7,000 islands. If you look closer at this nation, its geographical composition is as fragmented as its people because of diverse culture, social issues, political affiliations, and even language. To a great extent this diversity is aggravated by the influence of our colonial past.

Admittedly we have not, as a nation, gone far in terms of economic progress in spite of the fact that we are endowed with rich natural resources as well as brilliant people-power resources. Living in this mileau I ask myself what the relevance of transactional analysis is to a divided nation and even to a divided world.

The Promise of TA

In pondering the ideas of Berne and other TA practitioners such as Thomas Harris, Muriel James, Abe Wagner, and Jut Meininger, I concluded that TA is more than just an approach to understanding human behavior. In fact, TA is optimistic about three objectives.

First, with the discovery of the transaction as a basic unit of study of human behavior, the understanding of human psychology has become not only simplified, but also more scientific, in the same way that the study of the cell led us to wider frontiers of biology and understanding the atom made it possible to make gigantic strides in chemistry.

Second, in understanding the root causes of our conditional reflexes and how we respond to a given stimuli, it is now possible to restructure our own behavior to actually change our personalities for the better without demolishing our essential integrity as human beings.

Third, given new insights into each others' behavior and the harmonizing effect of such awareness, we can actually achieve peace, not only within ourselves, not only in our communities, not only in our individual countries, but also among the nations of the world.

Of course lasting peace among people and among nations is a supreme ideal. The beauty, and unfortunately the tragedy, of all ideals is that although they inspire us to aim for the highest virtues and the highest form of excellence, they are also unreachable, and the reality is somewhere in between.

This is where the relevance of TA as a paradigm lies. It offers a realistic promise, not to eliminate conflict, but to minimize it, which is a realistic objective.

If one makes the effort to understand his or her own behavior and to explore the areas of his or her Adult and Child ego states and in this process to reach out to the Adult, Child, and Parent in others, I believe we would go a long way toward attaining both personal goals and harmony as nations. The divisions among people and nations are only as grave as the underlying intransigence and irreconcilable conflict.

Harmony in Diversity

I remember how in college my professor in Oriental Philosophy used to tell us that our study should open our eyes to the world of ideas where there is "harmony in diversity." I think this

- continued on page 8

POET'S CORNER



by Marion Arenas

Small Places: Just Right or Too Tight

Geri Rosenzweig, nee Geraldine Anne O'Connell, was born and grew up in a small town in the Irish Midlands. Poetry was an important part of her childhood as she learned in elementary school to translate early Irish poetry from Gaelic into English and then memorize and recite these poems in both languages. Later she read Wordsworth, Keats, and other English poets as well.

Geri trained and worked as a Registered Nurse in England and in 1960 emigrated to the USA, where she worked again as a nurse in New York City. She married Melvin Rosenzweig, an internist; they have three grown sons.

In a telephone conversation, Geri gave me some of her personal thoughts on poetry and told how she came to write these two poems, both about small places: one comfortable, the other confining. I wish you could hear the faint brogue in her voice in the following paragraphs, the whole of which is an excellent mini-lesson in writing poetry:

" 'Solar Wind' is about losing the womb; grief for that maternal part of us, the first home in the world, though I was relieved to be free from its problems.

" 'RX: Magnetic Resonance Imaging' is about a fear that happened to me unexpectedly. Although I had never experienced claustrophobia, I felt as though I were being forced into a small pod, and at the same time, because of the mirror overhead, as if I were lost in space. The sounds of tapping reminded me of nails going into a coffin! So I thought about my soul and remembered the Mexican poet, Octavio Paz, and his line about blood pounding in the ear being the sound of the soul's footsteps. (I can't remember where I read that–in one of his poems or in an essay or interview.) I didn't know then that all I had to do was close my eyes to lose the claustrophobia and the paradoxical sensation of being out there somewhere. (All the medical knowledge in the world doesn't mean anything when you are the patient!)"

The following is excerpted from Geri's introduction to her first book of poems, *Under the Jasmine Moon*, from which these poems are reprinted.

> Metaphors and similies are out there, waiting to be plucked and linked up with seemingly unrelated events, ideas. They are a way of groping for words, a way to enlarge the world of language. It's fine to say, "I'm lonely" when you're talking with a friend, but in a poem, that's not going to fly. An expression used in Ireland, "lonely as the cry of a curlew," broadens the language and deepens the meaning of the word, "loneliness."
>
> Poetry is a point of entry into the buried life of feelings, a retrieval system whereby the past is brought up and restored to the present. Poems are moments captured like flies in a web, feelings put into words with a cadence and syntax we rarely use in our everyday language.
>
> The legendary Irish hero, Finn MacCool, when asked, "What is poetry?" replied, "Poetry is being close to the music of what happens." The experience of the poem, the pleasure in its sounds, syntax, rhythm, for reader and writer, is a blundering after "the music of what happens."

Aphorism for Today: Poetry is revelation of the self to the self–Geri Rosenzweig.

Send your poems to me, Marion Arenas, Poet's Corner, 694 Birchwood Dr., Wyckoff, New Jersey 07481-1007, USA. US residents please include a SASE for return of your submission. □

Solar Wind

by Geri Rosenzweig

In April the surgeon's
eyebrows twitch like sparrows
on the budded maple:

it must come out
my dear, the walls are
lined with fibroids.

I float into space
counting ten nine eight . . .

My body opens,
luminous vellum
beneath their hot lights.

They read
the ancient text
of my arteries.

My veins flow
like blue prophecies
when they slip their gloved hands
into my body,

raise my womb
into sterile air

while out among cold stars
I drift, an empty planet
in the solar wind.

Originally published in INLET #18, Virginia Wesleyan College, Norfolk/Virginia Beach, Virginia, July 1990.

RX: Magnetic Resonance Imaging

by Geri Rosenzweig

In a starched lab coat, God grins
through his red beard;
there's a mirror overhead, my dear
to give an illusion of space.

With clicks and whirrs
he slides me into his pod.
The mirror is a joke, it gives me
an image of terror, my eyes are black stars.

I listen to him whistling at a console of keys;
you'll hear a knocking sound, my dear,
lie perfectly still!

I hear the sound of a hammer tapping on wood.
My spine flashes on a screen,
cross-section of a rare tree
he's been searching the hazy nebulas for.
But louder, the blood beating in my ears –
Octavio Paz is right, this is the sound
of the soul's footsteps –

How lovely she is, my soul.
A woman on her way to her lover,
tight buds of her wings opening
as she hurries into blue distances.

From: Rosenzweig, Geri. Under the Jasmine Moon, *HMS Press, POB 340 Station B, London, Ontario, N6A 4W1, Canada, 1992 (88 pp.). US $8.00.*

TA IN EDUCATION

continued from page 3

take responsiblity for his or her own life.

- Each human being is able to change and rebuild his or her experiences.

*** Basic methodological orientation**: Nondirective, information sharing, options-oriented, aimed at upgrading individual understanding and awareness of intrapsychic and interpersonal processes.

*** Process**: Contractual partnership between practitioner and client. Professionals contribute know-how, permission, protection, and potency; clients contribute the application of the know-how at their disposal to achieve desired changes.

The discussion here about the limits and distinctive characteristics of educational applications of TA is based on a set of criteria applicable to any of the three certification areas. We hope that in the near future the debate about limits and specificity will be focused on the other areas of TA application as well.

The educational area comprises two major fields: formal and informal education. Formal education is understood as those educational activities that entitle students to receive an officially recognized degree or title, as in the case of schools, universities, and professional associations. Informal education is considered to be educational activities undertaken outside formal structures. Informal education is open to anyone willing to participate because it does not offer any formal title, degree, or expertise to practice any professional activity. Examples of informal education include parents groups, youth groups, growth groups, interest groups, and others whose existence is limited in scope and time.

Nine points will be considered in defining the specific characteristics of educational applications of TA.

1. **Objective**: Upgrade the capacity of learning and awareness.
2. **Methodology**: Based on teaching/learning principles that emphasize mutual responsibility for results; contractual rules; permission and protection to think, feel, and act autonomously; and mutual respect between teacher and learners.
3. **Contract**: In formal education the contract is three-cornered because the teacher has a previous contract with the institution (school, university, etc.) in addition to contracts with the students. In informal education, because attendance is often voluntary, the contract may be established between the facilitator and the group.
4. **Diagnosis of ego states**: Behavioral and social.
5. **Techniques**: Here-and-now techniques appropriate to the student's stage of development (formal education). In informal education, techniques that enhance participants' awareness and autonomy will be used.
6. **Setting**: Classroom or meeting room.
7. **Process**: Nondirective, participative, nonthreatening, and nonintrusive. The process is group oriented.
8. **Role of the practitioner**: Facilitator, coach, model of OK behavior.
9. **Necessary training**: Must be a certified transactional analyst (educational) and have experience in teaching and conducting groups, knowledge of pedagogical methods, educational psychology, group dynamics, and stages of development.

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Rosa Krausz, PhD, of Brazil, is a Certified Teaching and Supervising Transactional Analyst in both the organizational and educational fields. She works as consultant and trainer in business and educational organizations. □



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Integrating Transactional Analysis, Personality Adaptations, and the TILT (Teaching Individuals to Live Together) Model

Vann Joines, Ph.D., Kalman Kaplan, Ph.D., and John Parr, C.Q.S.W., C.S.W.

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This workshop will present the TILT model and Personality Adaptations, and how the two can be integrated for effective diagnosis, treatment planning and intervention. The presenters have developed an assessment instrument for each of the models which will be shared with participants to assess their own and their clients' styles of functioning. These models offer powerful new insights and tools for use with traditional TA concepts to enhance the overall treatment process.

Vann Joines, Ph.D., is President of the Southeast Institute, a clinical psychologist, and a Certified Teaching and Supervising Transactional Analyst who has trained numerous therapists. He has further developed information on the Personality Adaptations which Paul Ware, M.D. originated. Dr. Joines is also co-author of *TA Today* and has developed a Personality Adaptation Questionnaire to assess adaptations.

Kalman Kaplan, Ph.D., is Professor of Psychology at Wayne State University and a Research Associate at Michael Reese Hospital and Medical Center. He is also a licensed psychologist who specializes in family therapy and suicide prevention. He is the originator of the TILT program and the co-author of *The Psychology of Hope: An Antidote to the Suicidal Pathology of Western Civilization.*

John Parr, C.Q.S.W., C.S.W., is a Management Training Consultant and in private practice in England. He is also in training as a Clinical Transactional Analyst. He is a former Senior Probation Officer and has held posts as a Training Manager and Personnel Manager in a high tech multinational company. He has worked with substance abuse and has managed a residential treatment center for recovering intravenous drug users.

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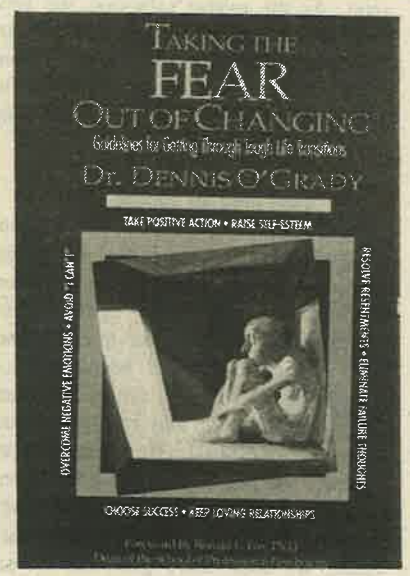

ABOUT THE AUTHOR:
Dr. Dennis O'Grady is a Dayton, Ohio, USA psychologist, business consultant and professional speaker who is a certified Transactional Analyst.
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Keeping In Touch

REGION I–ASIA, AFRICA, THE PACIFIC

The TA Study Circle of Madras will host the 21st ICTA Conference, to be held January 12-16, 1994, in Madras City. The conference theme is "Hand in Hand–Empowering People." For more information contact the TA Study Group of Madras, c/o Asiatic Agencies Coy., 28-F, Wallers Rd., Madras-600 002, India; phone 833841.

Fr. George Kandathil of Cochin, India, writes: "The Institute for Counselling and Transactional Analysis (ICTA) is organizing a TA Research Centre in Cochin, Kerala. They have univeristy approved Research Guides and buildings at their disposal. One requirement that is hard to fulfill is to have a well-equipped library. ICTA is requesting your good will to donate books on psychology, sociology, anthropology, or any subject. Books may be labeled 'ICTA Research Centre,' c/o the Minnesota ITAA/USATAA Joint Conference."

Robin Maslen writes that he recently returned from a large State Recreation Award night where he received on behalf of scouting the award for the best major event in recreation for 1992 in South Australia. Congratulations, Robin!

REGION II–CANADA

Janice Dowson, in her President's Message in the March 1993 issue of the British Columbia TA Association (BCTAA) newsletter, makes some interesting observations, which want to share with our readers. They are summarized here in part.

"Eric Berne once said that by the year 2000, TA would be infused in our culture. During the month of January I noticed evidence of this infusion.

"A woman on the six o'clock CBC news gave a lesson on Stroking Theory. The same week, Murphy Brown talked about 'The Games People Play.' The next week, Oprah's guest, Harville Hendrix [keynote speaker for the 1994 Aruba ITAA Conference] talked about the Parent and Child in ourselves. This morning I was reading a book called, *Shame: The Power of Caring* by Gershen Kauffman in which he referred to 'scripts.' The chapter I was reading was about identity. As I read I began to think about BCTAA's identity. I wonder what this evidence of TA's infusion in the culture may mean to transactional analysis and the identity of BCTAA."

Janice goes on to acknowledge the many esteemed therapists and fine scholars with whom the members of BCTAA have to identify and the importance of recognizing the origins and roots, the concepts of simplicity and depth that are the foundation of TA therapy. She cites the BCTAA newsletter, the library, and their educational programs as ways in which connections and learning are fostered among TA folks in British Columbia.

REGION III–EUROPE

A TA study group was founded in St. Petersburg, Russia, in April 1992 after a visit there by Tom and Delphine Frazier. The primary goal of the non-commercial group is the professional and personal growth of its members, mutual support, and theoretical and practical learning using TA methods. It is currently in the process of affiliating with the European TA Association. The 25 members elected Tatiana Gliznetsova as President, Dima Kasianov as Vice-President for Education and Training, Vladimir Gusakovsky as Vice-President of Organizational Management, Tanya Sizicova as Secretary, and Sveta Knasuk as Information and Publicity person. This group–working with Alain and Isabelle Crespelle, Jenny McNamara, Petruska Clarkson, Tom and Delphine Frazier, and several others--is using TA as a method of learning democratic skills. Anyone wishing to contact the group may write Tanya Gliznetsova, Lunacharskevo 70 KI Apt. 195, 194291 St. Petersburg, Russia.

REGION V–UNITED STATES

Our deepest condolences to long-time ITAA member Bruce Loria on the death of his wife, Pat, on June 11, 1993. She died as the result of a brain tumor. Members who wish to contact Bruce may do so at 1 Pleasant St., PO Box 257-10, Pemberton, New Jersey 08068, USA.

Charles Pelton, MD, JD, has been accepted as a Fellow in the American College of Legal Medicine (ACLM). He is a family physician in Aberdeen, South Dakota, an active medical staff member at St. Luke's Midland Regional Medical Center, and the only family physician in South Dakota with both medical and law degrees. Founded in 1960, the ACLM is the official organization for professionals who deal with important issues arising at the interface of law and medicine. Recognizing the growing impact of legislative regulation and court decisions on patient care and the general effect of litigation and medical jurisprudence on modern society, the mission of the college is to participate in the education and understanding of these issues and their ultimate management or resolution. □

TA CONFERENCES WORLDWIDE

October 13-17, 1993—Minneapolis, Minnesota. ITAA Annual Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA.

October 29-November 1, 1993–Puebla, Mexico. Mexican TA Association Conference. Contact: Maria Teresa Romero, MEXAT, Ezequiel Montes, 19, Col. Tabacalera, Mexico DF CP 06030.

November 19-21, 1993–Adelaide, South Australia. Australasian TA Conference. Contact: George Filipowicz, 24, Da Costa Ave., Prospect 5082, Australia.

January 12-16, 1994–Madras, India. ICTA Annual Conference. Contact: S. Narayanan, 11, First Main Road, Indira Nagar, Adayar, Madras 600 020, India.

May 13-15, 1994–Near N rnberg, Germany. German TA Association (DGTA) Conference/Designated site of ITAA Business Meetings. Contact: DGTA, Samerberweb 3, D-8269, Burgkirchen, West Germany.

July 10-14, 1994–Maastricht, The Netherlands. EATA Conference. Contact: Mrs. Yvonne van Praag, PO Box 1197, NL-3800 BD, Amersfoort, The Netherlands. Phone: 31-33-721764; fax: 31-33-759129.

October 24-30, 1994–Aruba. ITAA Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009, USA; phone: (415) 885-5992.

January 1995–Bangalore, India. 22nd Annual ICTA Conference. Contact: Carlos Welch, UTC Quarters, 97 Nandidurg Rd., Bangalore 560046, India.

August 1995–San Francisco. 35th Annual ITAA Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009; phone: (415) 885-5992.

Award Nominations Sought

It's award time again for both the Eric Berne Memorial Award and the Hedges Capers Humanitarian Award. Members are urged to submit the names of those who fit the criteria for either of these important awards.

The Eric Berne Memorial Award is given to the originator of an original and significant contribution to TA in one of four categories: (a) theory, (b) research, (c) practice applications, or (d) comparison and/or integration of TA theory or practice with other theories or approaches. Deadline for receipt of nominations is January 1, 1994, c/o the ITAA.

The Hedges Capers Humanitarian Award, established to honor the memory of Hedges Capers, is designed to create international recognition for ITAA members who have made significant, enduring contributions to humanity in keeping with the ideals and ethics of the ITAA and at the cost of personal risk or sacrifice. The deadline for receipt of nominations is October 1, 1993, c/o the ITAA office.

For details on making nominations for either of these awards, please contact the ITAA office. □

HARMONY

continued from page 5

is true not only in the world of ideas, but also in the world of human beings and human relationships. There is one fundamental, generic truth that we cannot alter, and that is that people are and will always be essentially dissimilar. There can never be absolute unanimity or uniformity. When people relate to one another, there will always be conflicts and irritants.

Happily, there are certain kinds of conflicts and irritants that are saluatory. A classic example is the oyster. When an unwelcome grain of sand gets imbedded in an oyster, it causes almost unbearable irritation, and so the oyster tries to expel the sand. This effort causes the oyster to salivate, building up a protective film around the grain of sand. As the oyster salivates, the protective film grows thicker and harder, and soon what started out as an irritant grows into one of the most beautiful and precious jewels of the world—the scintillating pearl.

Learning to Reach Out

I believe that much of what ails our society and our world is that we are all afraid to reach out to one another. Because of our hidden agendas and ulterior motives, we relate to each other with a high degree of suspicion and skepticism. We look at others as threatening competitors and rarely as partners of goodwill. Because of the "games" we play, we prolong the agony of a divided nation and a divided world. When we learn to reach out to each other, we shall have gone far in our quest for a better world.

There is a principle in chemistry called synergism, which is defined as the process whereby the combination of separate substances produces a result greater than the sum of the undivided substances. In mathematical terms, that would mean that 2+2 is not 4, but rather 5 or 6 or even as much as 10.

Perhaps we should reflect more on the Maori proverb, "Through the ego of the needle pass the threads of black, white, and red." What an appropriate theme that was for the New Zealand Conference. These words reflect the very message of TA—We can be partners! And we need not be similar.

To me, TA as a paradigm is a medium for bridging the distance in human relationships. The ultimate test of any relationship is the quality upon which it is founded, or the strength and genuineness of the values of the people who comprise the relationship.

It's A Wonderful World After All

I think one of the sweetest words in the English language is "beautiful." And the sweetest phrases are "beautiful person" and "beautiful world."

"Beautiful person" has nothing to do with a perfect nose or lips, or with a Venus face or Angie Dickinson legs. It refers to the whole person, whose beauty is an inner quality that glows outward and affects others in a positive way. He or she is usually the one who is sensitive to the finer things and the eternal virtues such as compassion, justice, fairness, fidelity, charity, and love.

For me, the grandest promise of TA is that you and I can be beautiful persons and as *partners* we can make this world a beautiful world after all.

Eddie Agbayani is a TA practitioner in the Philippines. □