INTERNATIONAL TRA

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The Script®

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Professionalism in TA: CTAs Need Better Care

by Servaas van Beekum

In July 1991 Bernd Schmid made an important contribution in the *TAJ* with his article on the transactional creation of realities. In it he raised many questions about professionalism in TA. Expanding on Watzlawick's well-known rule of communication, Schmid stated, "There is no way not to create reality" (p. 152). Elaborating on these thoughts, I want to suggest some questions about the realities that transactional analysis creates. I mean this in a political sense: TA institutions create realities by their politics, by their methods of dealing with issues related to training and examinations, and by defining realities in TA concepts that are sometimes contradictory.

One example is the talk about four fields of application for TA (clinical, educational, organizational, and counseling) and focusing so much on TA as a method of psychotherapy. In Europe, EATA puts a lot of energy into getting TA recognized as a method of psychotherapy, with the hope of changing the script Berne wrote in 1956 for TA when he was rejected for membership in his psychoanalytic institute (Stewart, 1992, p. 5). Surely this is an important policy, worthy of support, but it raises questions about what happens with the other applications of TA.

By the way, defining the four fields of application is a theme for discussion. EATA's Commission of Certification (COC) says that there are hundreds of fields of application, but only four fields of certification. This makes sense, but raises the question of how to push this varied social reality into the TA reality of the four fields of certification. Some difficult cases have already proven that this is a Procrustian bed of problems.

Another example is the reality that TA creates with its exam process. The TA evaluation system is highly valued and respected. Schmid (1991, p. 152) suggests that TA is even more respected for that than for its concepts. But here is another question: What happens to all those who passed their exams and became CTAs? The reality TA creates is that as a CTA you have only two ways to proceed: go on into the TA hierarchy by becoming a PTSTA or work as a transactional analyst and lose contact with the TA community. The goal of the certification process is to build even stronger bonds between CTAs and TA associations, but the effect is the opposite: TA loses its CTAs. There is no longer any challenge, contact with former sponsors and peers changes, and there are no possibilities to do recognized TA training. CTAs grow up, but TA does not given them a place with responsibilities inside the TA community.

Some years ago the German TA Association (DGTA) did a short but informative questionnaire with new and old CTAs (Zeltner, 1989). Twenty-seven CTAs from a population of 75 responded, which is 36%. (Did we lose the other 64% already?)

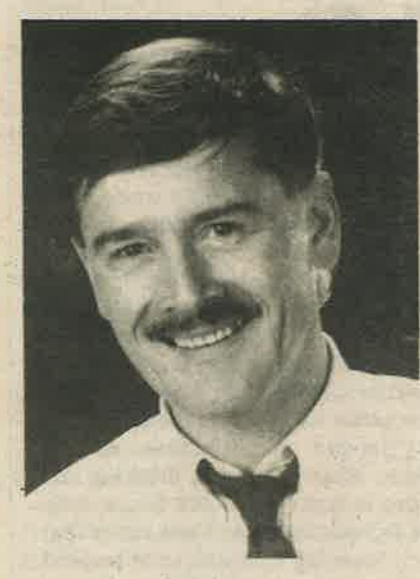
The goal of the certification process is to build even stronger bonds between CTAs and TA associations, but the effect is the opposite: TA loses its CTAs.

The 27 respondents had done their CTA exams between 1979 and 1987. Their wishes were as follows:

- ongoing training in topics such as TA and other approaches
- special workshops/seminars for CTAs at conferences
- regional peer consultation and exchange

There is a message in those responses. It should be an area of attention for conference organizers as they look for high-quality presenters. At conferences the organizers need the starters, those who are in training, so conference programs are often geared too much to the beginner's level. At the last EATA conference, in Stockholm, keynote speaker Steven Sampson, an anthropoligist, stayed a whole day at the conference visiting seminars. He found it remarkable that there was such a high level of education or didactic presentation. There is nothing wrong with this, but is may also indicate that a high level of interchange between colleagues is missing. Conference organizers often forget advanced CTAs, for whom there is not enough of quality on the program. A good exception to this was the conference in Stamford, Connecticut, last year, where lots of former ITAA members found the quality they were looking for.

- *continued on page 4*



Servaas van Beekum



Confessions of a Procrastinator

by Margery Friedlander
Former Editor, *TAJ*

Many weeks ago I accepted Gerry Cartmel's invitation to write an article for *The Script* outlining the steps for submitting work to the *Transactional Analysis Journal*. Some people have no difficulty putting their thoughts on paper: They are good organizers and have the gift of crisp and succinct wording. I always hope that someday I will fall into that category.

In the meantime, I struggle, mulling over in my head how I will convey my information. I usually visualize myself teaching a class, hear my words of wisdom, and experience the enthusiastic response of my audience. My ideas begin to fall into place. Out of my reverie comes a plan. I take pen in hand—and then stare at the blank page. Nothing comes. I want to be original, humorous if possible, and engaging to readers. But everything I consider has already been said.

Several years ago, when I was preparing for my teaching member certification, I lamented to my supervisor, Marge Reddington, that I could not think of an idea that was original. She responded that it is not necessary to reinvent the wheel—refining the wheel is a proud accomplishment in itself.

Writing for the *Transactional Analysis Journal* provides the same kind of opportunity. It is a forum in which you can develop or build upon someone else's ideas. You might want to begin by reading through seminal articles collected in the *Transactional Analysis Bulletin: Selected Articles from Volumes 1 through 9* and the *Volume of Selected Articles from the Transactional Analysis Journal, 1971-1980*.

Valerie Lankford (personal communication, 1976) was most helpful in showing me how to get past my procrastination. When writing about a given topic, first randomly jot down all ideas that occur to you, without censorship, critique, or trying to make them fit a pattern or flow. Second, organize these ideas to show a progression of thinking and to give continuity. Third, write your ideas in complete sentences and flesh out each idea with details. Last, check for grammar and spelling errors.

Writing has two distinct parts—the creative side and the technical side. Although this article is partly about stopping writer's block on the creative side, I also want to emphasize the technical side. Having been *TAJ* editor for five years, as well as a member of the editorial review board and a resource reviewer before that, I have firsthand experience with articles that are submitted for publication.

TAJ articles are read by four or five members of the editorial review board. Reviewers are more critical of work filled with spelling, grammar, and typing errors. I have seen articles rejected because their authors could not convey good ideas in a format that was intelligible.

I have seen articles rejected because their authors could not convey good ideas in a format that was intelligible.

Eric Berne (1966) wrote:

> Any deviation from the instructions below, however trivial it may seem to an inexperienced writer, may require the editor to rewrite or retype the whole contribution, which the editor does not want to do. . . . If you are mad at the editor, please show it in some other way than by sending in a first draft. . . . The editor loves hard working transactional analysts who study English grammar and write good abstracts and become rich, healthy, happy, and brave. (p. 131)

- *continued on page 8*

EDITOR'S COLUMN



by Gerald Cartmel

Energy and Volition

My first and happy task is a labor of love: to thank all those contributors who have added their particular energy to *The Script* over the past few editions. I can no longer tell myself or you that energy is lacking in the TA world, even if it is in me at this point in time. I admit to a state of disillusionment as the headlines confront me with death and destruction in places like Bosnia, Georgia, Somaliland, Thailand, and Burma, and Zeig Heils reappear in Germany. I suppose it was always so, except that we are now better informed, as the media outlets prosper on misfortune, and jet planes, their passengers drinking and eating in luxury at 35,000 feet, overfly the degredation. Then I look out on that early morning light unique to tropical Queensland and watch two kookaburras (birds) tugging at a worm, and I am grounded with the realization that life is a very competitive affair and that I am tired. But the opportunity for a rest is coming up, a chance to meet old friends and make new ones at the ITAA conference in Auckland, New Zealand. A chance to regenerate energy.

The full impact of any edition of *The Script* is difficult to assess before actual publication. When I read the September-October edition I felt good and part of a good world. Browsing through from the front page I see Holland, New Zealand, the USA, India, Mexico, and Japan all represented. Thank you Sari van Poelje, Marilyn Marx, Robin Fryer, and Fr. Kandathil and his colleagues in Cochin. Thank you for all your letters, written constructively and with conviction, expressing differing perspectives. I felt part of a truly international organization, where the intended outcomes are the antithesis of contention and violence.

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Particularly I felt good when I read about the USATAA conference in San Francisco, so ably portrayed by Susan Sevilla. I, myself, have always felt uneasy about the USATAA and what was given up for the ITAA. Am I right? Did too rapid growth and grand ideals dispossess some US transactional analysts of their heritage? Where does my projection stop and someone else's reality start? I would like to test the validity of my thoughts and invite feedback. And, reading the roll call of names, I suddenly wanted to be there with you all and felt sad that I had missed out. How can I make it happen, next year or the year after? Have I the energy?

Energy and volition. Strange words. *Cathexi* is a concept fundamental to TA. Cathesis as in ego states and energy; reappearing under the Laws of Conservation of Energy in *Egograms* (Dusay, 1977). For a definition of the word cathesis I turned to the *American Heritage Dictionary*: "The concentration of emotional energy upon some object or idea," deriving from the Greek "to hold down." The *Dictionary of Modern Thought* brought me a little closer with: "(1) the sexual energy (Libido) which an individual 'invests' in another person or object; (2) more generally, a strong attachment to another" (Bullock, Stallybrass, & Trombley, p. 112).

This reference led me to the word psychoanalysis where, *inter alia*, I note that "All traditions of psychoanalysis report roughly the same proportion of improvement in their patients. This raises the interesting speculation that, in so far as improvement is *due* to psychoanalytic therapy, this results from the inherent nature of the psychoanalytic situation in psychoanalysis, and not from the particular doctrines that the analyst uses in his treatment" (p. 695, and, personally, I take exception to the gender-bound language).

Stewart and Joines (1987) defined cathexis as follows: "[in energy theory] theoretical construct representing psychic energy, postulated by Berne to explain shifts between ego-states" in distinction to the Cathexis 'school' of TA (p. 327). Leading us naturally to Elaine Childs-Gowell (1979), who says, "Cathect, Cathexis: The act of putting all one's energy in one ego state. The concentration of psychic energy in a given direction or on a given object (Ellis, 1974: 15)" (p. 231).

So, is cathexis a verb describing the movement of psychic energy, and in TA, the concentration of energy and the opportunity for volition? Which is where I started. I continue to wait for some TM to elucidate these matters in a Revision Corner, for I am agreement with much of what Servaas van Beekum says in his article leading off this issue. When are the TMs going to tell us old-timers what they have learned?

At a more practical level, we would welcome some feedback on the use of Spanish and Japanese in *The Script*. Did you like it? Is that what you want? And please remember that you have a final opportunity to send messages through *The Script* to your TA colleagues in the December issue of the newsletter. Act now if you want to be included. Otherwise Robin Fryer will be doing a lot of late wrapping for the holiday edition.

Quote of the Month: "Man is the only animal that laughs and weeps; for he is the only animal that is struck with the difference between what things are, and what they ought to be."

William Hazlett, Lectures on the English Comic Writen, I, 1819

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EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

What If?

November is the month of Thanksgiving in the USA. Canada celebrated its Thanksgiving Day in October. And internationally, any month is a good time to count your blessings. If you are like me, you face numerous challenges in your life today. In many areas, the economic outlook is gloomy. But there is also much to be grateful for.

We all take many things for granted, occasionally even life itself. Sometimes I ask myself, "What if" questions. There are lots of ways to torture yourself with this game. What if my husband had been where he usually is at 5pm on a weekday when the 1989 earthquake hit? He probably would have been on the Cypress structure (the freeway that collapsed during the quake, killing many) rather than with the kids in the park, enjoying an early afternoon off.

What if I had never answered the advertisement for an "Executive Director of a large psychological association based in San Francisco" back in 1982? The name of the association was not even stated. When I boarded a plane for San Francisco for my interview, I did not know what I was getting myself into. What if I had said "No, thanks, I'll stay where I am?"

Another one: What if Eric Berne had never been born? What if the world never knew about the dynamic theory of transactional analysis that Berne developed? Would the world be better or worse off? How would your work or practice be different? What if . . .

What if Eric Berne had never been born? What if the world never knew about the dynamic theory of transactional analysis?

I am grateful that I flew to that interview and later accepted the job. I did not know it, but I was entering into a caring and loving community, a community of the world, if you will. The people I have encountered in this job are some of the nicest people in the world. The ITAA is a very special place, full of special people, and its influence touches many.

It was in February 1958 that Eric Berne held the first formal TA training session in San Francisco, with six students attending. Thus, in 1993, transactional analysis and the ITAA will be celebrating a 35th anniversary.

In this month of Thanksgiving, we look back and are thankful for Eric Berne and his work and for the impact he had on other writers, theoreticians, and scholars. Let us also look forward to the next 35 years and plan on continuing to spread and disseminate TA to others in all corners of the earth. May you continue to share Berne's discoveries with those in your community. □

The Script

Editor: Gerald Cartmel, MB
Consulting Editor: Robin Fryer, MSW

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ICTA CONFERENCE UPDATE

Special Program on Organizational TA

The Institute for Counselling and Transactional Analysis (ICTA) 1993 Conference in Cochin, India, will be a major gathering point for organizational TA people worldwide. There will be 20 organizational certified transactional analyst trainees in Cochin, and the coordinators of organizational TA networks have been asked to promote the conference to organizational transactional analysts worldwide. This is a great opportunity for organizational transactional analysts to "Share and Grow" in their unique and important application of TA.

Highlights of the special program on organizational TA include:

* Discussion groups on various aspects of TA in organizations
* A two-day pre-conference institute on "Making Change an Opportunity for Growth by Fostering Creativity and Innovations in Organizations," with Julie Hay, PTSTA
* A full-day conference workshop on "Role Counseling in Organizations" with Servaas van Beekum, PTSTA
* "Empowering the Employee," with Sr. Annie Maria, PTSTA
* A panel discussion on "Supervision of Organizational Trainees," led by Ramakrishnan, PTSTA, with panelists Robin Maslin, TSTA, Servaas van Beekum, PTSTA, Nelly Micholt, TSTA, and Julie Hay, PTSTA.
* Workshops on organizational applications of TA by international presenters
* Sharing of experiences by professional managers

To register for the ICTA Conference, see the July or September-October 1992 issues of *The Script* or write to Sr. Annie Maria, Convenor, ICTA, Cochin 682 022, Kerala, India; phone: 0484-855143. □

POET'S CORNER



by Donna Bickley

Winter Comes Upon Us

Scottie (Phyllis) Theiss, RN, BS, CM, is our featured poet for November. She wrote this poem while engaged in her private counseling practice for individuals, couples, and groups in Louisville, Kentucky, USA. She had been encouraging clients to "preen their feathers in order to protect their inner child from negative strokes." Scottie is now "retired" and doing volunteer work with Habitat for Humanity applicants.

Remember, send in your poems for us to consider for this Poet's Corner. You can reach me by mail at 13712 Princess Anne Way, Phoenix, MD 21131, USA.

Now, here is "Duck Feathers," the theme of which seems somehow appropriate to the advent of winter.

Duck Feathers

Furling feathers wet with rain
Stinging spray from wind-whipped wave
Piercing polar air brings pain
Cringing creatures warmth will save
Facing forward in the wind now
Preening plumage well with oil
Bowing breast through breakers plow
Warming whole with much less toil.

Shining sunbeams in good weather
Casting colors in the light
Changing coat of down and feathers
Protecting inner child fight
Showing spectrums of the colors
Strengthening spirits as it should
Wavy wakes in cool clear waters
Girding growth while times are good.

Dreading drafts of future storms
Knowing knots of fright endured
Thinking thoughts of inner norms
Making maps of faith insured
Facing forward in the wind now
Preening plumage well with oil
Bowing breast through breakers plow
Warming whole with much less toil.

Shining sheaths dispel the harsh words
Blowing blasts are turned away
Beading bits slide off the sleek birds
Sailing smoothly on the bay. □

IF YOU GIVE GIFTS AROUND THE HOLIDAYS . . .

Consider Gifts with a Touch of TA

*** Volume of Selected Articles: 1971-1980**
Selections from the *Transactional Analysis Journal*, including many out-of-print articles.
$25 plus shipping/handling. Surface mail add: $2-US/Can/Mex, $4-Europe, $6-Other; Airmail add: $7-Americas, $12-Europe, $15-Other.

*** Transactional Analysis Journal for 1993**
A one-year's subscription (four issues) is $40. For airmail service add $20.

*** *TAJ* and *The Script* Newsletter for 1993**
Get the quarterly *TAJ* and *The Script* nine times a year for $55.
For *TAJ* Airmail service add $20; for *Script* airmail service add $5 for the USA, or $15 for non-US.

*** Associate Membership**—1993 One-Year Special at the Old 1992 Rate of $52. Includes subscription to the *TAJ* and *The Script*, listing in and a copy of the International Membership Directory, conference discounts, and access to group insurance plans for USA members. Hurry—membership cost increases on January 1, 1993.

*** ITAA International Membership Directory: 1992-1993**
Enjoy a "Seasonal Special Price" of $5 for Members, $10 for Non-Members, WITH NO SHIPPING/POSTAGE COSTS! (for surface mailing only). For airmail, please add $2-US/Can/Mex, $4-Europe, $5-Other.

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A Bit of News

by Ian Pizer

In July I was present at the Swedish TA Conference in Stockholm and was asked by Tommy Carlsson to present the activities of the Swiss TA Association, ABAT. The initiative to get European associations to report on their activities was one of the many excellent initiatives of the conference organizers. For example, there was a well-written daily newsletter giving up-to-date information which was available to read during breakfast. The conference assistants also had t-shirt messages front and back so you knew whom to approach if you had a problem. I think it was a very good conference and hope many readers will make it to the next European (or Scandinavian) conference. Much of what I report on here comes from my presentation at the conference.

It so happens that I am Australian, as is ITAA President Robin Maslen, and he invited me to write for *The Script*. Although I am not Swiss, I have lived in Geneva since 1956 and have been active in the TA organizations there since I attended Ted Novey's first Swiss TA 101 in October 1973, so I am part of Swiss TA history.

Switzerland has a national association (ABAT in French or SGTA in German) and two regional associations—ABAT-SR for the French-speaking region and DSGTA for the German-speaking region. Some years back there was an Italian regional association, but that no longer exists, unfortunately.

Each region runs an annual get-together at the time of their general assembly, and each publishes a newsletter several times a year in their language. Despite the language and cultural differences, problems are solved democratically at the national level.

There are nearly 500 members spread almost equally between the two regions. There are 4 CTSTAs (2 in education), 7 PTSTAs, 40 CTAs, and 80 PCTAs. In addition, there are several training institutes and activities in education and organizational fields as well as in counseling. In ABAT-SR there is a TA lending library with some 250 books, articles, journals, and university theses which is regularly used and appreciated by members (thanks to the friendly help of the librarian—my wife, Eveline!).

A considerable effort has recently been made in the direction of obtaining official acceptance of TA as a recognized psychotherapy approach in Switzerland. This has resulted in a voluminous document file in French and some German covering the statutes, ethics code, training and certification details, as well as many scientific references. This kind of activitiy is also taking place in other European countries and eventually will probably be taken up by the European Economic Community (EEC) in Brussels so as to make recognition uniform throughout Europe. We are hoping for success in this endeavor.

I have been on the EATA (European TA Association) Council for a number of years, and I am glad to be able to say that cooperation among the delegates from various countries has been most productive, with many active projects.

As a new member of the ITAA Board of Trustees, my first task was to chair an Ad Hoc Committee to consider the future of the main capital asset—the building on Vallejo Street in San Francisco. You will have read about the deliberations of the Board and will no doubt hear futher about it because the Board is leaning (like the tower of Pisa) toward selling the property. I look forward to further assisting in debates and decisions on the Board in New Zealand and elsewhere.

As the ITAA becomes really world-oriented, I hope we (all members of the ITAA) will not forget the origins of TA (Eric Berne and his early followers) and the later active teachers whose energy has forged the strong associations which are becoming more and more autonomous and tend to dislike "Daddy" or "Mummy" leaning over their shoulders. We need to hold together so that new ideas and theories are available in the TA family, so that ideas from other areas can seep into our thoughts and activities, and so we make good use of our worldwide TA network. For example, I would like to see a lively debate on current clinical subjects and trends, such as neo- or post-Reichian bodywork or miraculous medications for more serious disorders. Are there other new trends of which we should be aware?

Ian Pizer, a member of the ITAA Board of Trustees, lives and works in Geneva, Switzerland. □

TA 101 CALENDAR

November 7-8, 1992—Cleveland, England. Cost: £70. Leader: Christine Lister-Ford, PTSTA, or Jennie McNamara, PTSTA. Contact: Stockton Psychotherapy Training Institute, 77 Acklam Rd., Thornaby, Cleveland TS17 7BD, England; phone 0642 611292.
November 9-10, 1992—Auckland, New Zealand. Cost: $50. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009; phone: 415-885-5992.
November 20-21, 1992—Edmonds, Washington, USA. Cost: $90. Leader: Peg Blackstone, CPTSTA. Contact: Peg Blackstone, 51 West Dayton, Ste. #103, Edmonds, WA 98020.
December 4-6, 1992—Karlsruhe, Germany. Cost: DM 260. Leader: Anne Kohlhaas-Reith, CTSTA, and Richard Reith, PTSTA. Contact: WIRKSTATT, Steinstrasse, D-7500 Karlsruhe, Germany.
January 18-19, 1993—Cochin, India. Cost: $40. Contact: Sr. Annie Maria, Convenor, ICTA-Santigram, Cochin University PO, Cochin 682022; phone: 91-484-855143.
January 19-21, 1993—Chapel Hill, North Carolina, USA. Cost: $225. Leader: Vann Joines, TSTA. Contact: Southeast Institute, 103 Edwards Ridge, Chapel Hill, NC 27514; phone: (919) 929-1171.
February 12-14, 1993—Karlsruhe, Germany. Cost: DM 260. Leaders: Anne Kohlhaas-Reith, CTSTA, and Richard Reith, PTSTA. Contact: WIRKSTATT, Steinstrasse, D-7500 Karlsruhe, Germany.
March 13-14, 1993—Cleveland, England. Cost: £70. Leaders: Christine Lister-Ford, PTSTA, or Jennie McNamara, PTSTA. Contact: Stockton Psychotherapy Training Institute, 77 Acklam Rd., Thornaby, Cleveland TS17 7BD, England; phone 0642 611292.
May 28-29, 1993—Chapel Hill, North Carolina, USA. Cost: $225. Leader: Vann Joines, TSTA. Contact: Southeast Institute, 103 Edwards Ridge, Chapel Hill, NC 27514; phone: (919) 929-1171.
July 17-18, 1993—Cleveland, England. Cost: £70. Leaders: Christine Lister-Ford, PTSTA, or Jennie McNamara, PTSTA. Contact: Stockton Psychotherapy Training Institute, 77 Acklam Rd., Thornaby, Cleveland TS17 7BD; phone: 0642 611292.

Organizational News

Call for Nominations for the Eric Berne Memorial Award

by Marilyn Zalcman

January 1, 1993, is the deadline for making nominations for the new Eric Berne Memorial Award in Transactional Analysis. (See July 1992 issue of *The Script* for more details.) To be considered for nomination, the following information and materials must be submitted to the Eric Berne Memorial Award Committee in care of the ITAA office no later than January 1, 1993:

1. **Name(s) of Author(s)**

2. **Publication Citation:** Full reference for journal article, book, or publication in which the contribution being nominated was published.

3. **Area of Contribution:** Specify *only one* of the following four categories as the area in which you think the most significant contribution has been made and for which you are nominating the work: (a) theory, (b) research, (c) practice applications, or (d) comparison and/or integration of TA theory or practice with other theories or approaches.

4. **Brief Title for the Contribution:** For example, the concept in theory, or a descriptive title for the research project, or the specific practice application, or a descriptive title for the comparison or integration of TA that was made with other theories or approaches.

5. **Detailed Statement** supporting the nomination as an original and significant contribution to transactional analysis in the designated area, which must include descriptions of the following:

(a) The originality and innovation of the contribution within transactional analysis;

(b) Relationship to previous work in transactional analysis and related theories or fields of application, including research where applicable;

(c) Evidence of critical thought and explanations for the value and need for the contribution;

(d) Evidence of the impact the contribution has had on TA theory and/or practice; and

(e) Any other statements about the contribution that need to be considered by the committee in the opinion of the person(s) making the nomination.

6. **Individual, Group, or Organization Making the Nomination:** The name, address, and phone numbers of the person(s) whom the EBMA Committee may contact if additional information or material is required to fully consider the nomination.

7. **Copies of the Publication(s):** At least one copy of the article or book in which the contribution being nominated appears must accompany this written material. *If the article or book was written in a language other than English, an English translation of the material being nominated for the award must also accompany the nomination.*

Volunteers Needed for Eric Berne Memorial Award Committee

Volunteers are needed to serve as consultants to the EBMA Committee in the review and evaluation of materials submitted for nomination. Nomination materials will be assigned to three to five individuals (EBMA Committee members and consultants) who are familiar with the area in which the material is being nominated. Written evaluations prepared by these individuals will be distributed to the whole EBMA Committee for their consideration in the voting process. The EBMA Committee is using consultants in this way so that the evaluation of nominations will be more representative of the TA community, and expertise that may not be represented on the committee of ten individuals can be used.

Volunteers will be making a commitment to do written evaluations during the period of March 15 through May 1. If you are willing to work with the EBMA Committee as a consultant, please write to Marilyn J. Zalcman, Chairperson of the EBMA Committee, 6018 Balsam Dr., McLean, VA 22101. Please provide the following information: name, address, phone numbers, fax number, and areas of specialization. □

Call for Nominations for 1992 Hedges Capers Humanitarian Award

Members are urged to submit nominations for the next Hedges Capers Humanitarian Award. The Award, established to honor the memory of Hedges Capers, is designed to create international recognition for ITAA members who have made significant, enduring contributions to humanity in keeping with the ideals and ethics of the ITAA.

Any ITAA member can suggest another member for the award by submitting in writing a detailed nomination addressed to the ITAA Secretary. Please submit the person's name, along with a narrative recounting the reason the individual deserves the recognition. Please attach all relevant documentation to your nomination. The ITAA Executive Committee will screen all nominations and recommend an Award recipient to the ITAA Board of Trustees for approval.

The Hedges Capers Humanitarian award is specifically designed to recognize members who have made significant contributions or sacrifices to benefit humanity. The award, if given, will be awarded at the ITAA Designated Conference in Cochin, India, in January 1993. Please send nominations c/o the ITAA Office, 1772 Vallejo Street, San Francisco, CA 94123, USA, or fax to 415-885-5998. □



Hedges Capers

SEND HOLIDAY GREETINGS TO FRIENDS

Remember to send in your holiday greetings to friends and colleagues for publication in the December issue of The Script. Limit: Three sentences each message. Make sure to identify yourself and the recipient. Deadline: November 10.

CTA'S NEED CARE

continued from page 1

CTAs need better care in order to give them what they need and to keep them bonded to the TA community. Of course there are more ways to deal with this problem than I have already mentioned, and I invite TA leaders to work on this creatively.

I also want to bring up the idea of giving CTAs the right to teach recognized, official 101 courses. Not all, but most of them would like that. This will result in important gains: CTAs will feel more recognized and responsible, they will have a more intensive bonding with the ITAA, and they are more likely to remain loyal to the organization. They will develop TA by doing 101 training and bringing up more advanced thinking. They will also have some financial profit from their years of preparation for the exam. This may even motivate trainees to do their exams. CTAs can also motivate new trainees for ongoing training, and it will leave space for PTSTAs to develop advanced programs. And, maybe the ITAA and all TA associations will have an increase in membership as a result.

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Servaas van Beekum, PTSTA, is currently President of the European TA Association (EATA) and President-Elect of the ITAA. He lives and works in The Netherlands. □

TA CONFERENCES WORLDWIDE

November 12-15, 1992—Auckland, New Zealand. ITAA/New Zealand TA Association Annual Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA; phone: (415) 885-5992.

December 11-13, 1992—Louvain, Belgium. Sixth ASSOBAT/VITA Joint TA Conference. Contact: 6e Congres, 105b, rue de la Hulpe, B 1331 Rosieres, Belgium

January 17-22, 1993—Cochin, Kerala, India. Institute for Counselling and TA (ICTA) Conference; designated site of ITAA business meetings. Contact: Sr. Annie Maria, ICTA, University PO, Cochin-682022, India.

January 23-31, 1993—Ahmedabad, India. TASI Conference. Contact: TASI, c/o Os Summerton, St. Xavier's School, 4, Raj Niwes Marg, New Delhi, 110054, India.

May 13-15, 1993—Mainz, Germany. German TA Association Conference. Contact: DGTA, Samerberweb 3, D-8269, Burgkirchen, Germany.

May 27-30, 1993—Sao Paulo, Brazil. TA Association of Latin America (ALAT) Conference. Contact: Roberto Shinyashiki, MD, Rua Ibiracu 23, 05451 Sao Paulo, SP Brazil; fax: 55-11-864-8529.

July 1993—Sienna, Italy. European TA Association Conference. Contact: EATA, Case Grand-Pre 59, CH-1211 Geneve 16, Switzerland.

October 13-17, 1993—Minneapolis, Minnesota. ITAA Annual Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA.

March/April 1994—Germany. German TA Association (DGTA) Conference/Designated site of ITAA Business Meetings. Contact: DGTA, Samerberweb 3, D-8269, Burgkirchen, West Germany.

Members Forum

Editorial Policy: We welcome Letters to the Editor (c/o the ITAA office). In editing for taste, accuracy, and length, our intent is to retain the author's meaning. Opinions offered in this column do not necessarily represent the views of the Editor or the ITAA. Readers are invited to digest letters within the framework of TA theory.

SYMBIOTIC: FOR BETTER AND FOR WORSE

Dear *Script*:

During the Gulf War I came across this letter to the editor by Louise Clarke: "Don't pray for peace. God didn't get us into this war and can't get us out. Write to your elected representatives. They did and they can." This letter is written in the same spirit.

We are all connected. We breathe the same air, we share the same earth, and we need each other. We are co-dependent biologically, socially, and maybe even spiritually. We are all the chosen people—chosen to think, feel, and act in our collective best interest. This is a tremendous response-ability, but it means we as a species can grow up, we can recognize our identity and develop from childhood into adulthood. There are no mommies and daddies who can do it for us.

I'd like to describe some of our problems and then discuss options for solutions. Please remember that these are preventable and solvable problems, and that I only offer these as samples before I offer solutions.

The US invaded Panama and killed thousands of individuals in order to capture Noriega. The US bombed Iraq and killed thousands of people in order to end Hussein's rule. According to the Jordanian Red Crescent, 100,000 children were killed within the first few weeks. The US buried young Iraqi men alive. Since the end of the Gulf War, US arms sales to the Middle East have surpassed $23 billion.

On the US home front, Rockwell International knowingly released radioactive waste into the land in Colorado near where my three little nieces live. Radioactive waste was also knowingly released into the Savannah River, which provides drinking water for several communities.

These problems, as terrible as they are, are preventable. There is much we can do without changing our lifestyle, spending much money, or spending more than an hour a month—maybe less.

There are several and varied organizations that help us take political action during our coffee breaks. They are cheap, quick, and help us communicate with our elected officials or local newspapers without our having to be particularly well read or articulate. These grassroots movements are very effective.

My favorite of these groups is 20/20 Vision, which stands for $20/year subscription rate and 20 minutes a month. 20/20 sends you one tiny postcard each month describing an item of legislation in Congress related to arms control issues. They have already spent hours researching current legislation, background, how your senators and congresspersons have voted. The card indicates who to write/call and what to say. They don't call you during dinner, give your name to other organizations, or ask for more money. *(20/20 Vision, 30 Cottage St., Amherst, MA 01002; phone 413-549-4555.)*

Working Assets Long Distance costs you nothing. They let you call your political representatives for free once a month and at a discount other times and also suggest issues—such as economic justice, reproductive freedom, arms control, and the environment—to call about, who to call, and what to say. You also have the option to check off items from their list of issues and, for a few dollars, a letter will be sent in your name to the appropriate representative. One-percent of their profits go to worthy causes. *(Working Assets: 1-800-788-0898.)*

I also love The Personal Advocate, which provides a spectrum of services. For $35/year they will send you a well-researched newsletter that describes very readably what's going on and suggests about six actions you can take each month—who to write to and what to say regarding such issues as human rights, arms control, and environmental issues. They will also write beautiful letters in your name, and, if you want, on your letterhead or on disk for you to print out. *(The Personal Advocate, PO Box 3327, Berkeley, CA 94703; phone: 510-841-8425.)*

All three of these organizations work hard to bring you up-to-the-minute legislative issues so that your effort is timely and effective. If you know of other such inexpensive, effective, and efficient organizations that help us think globally and act locally, please write and share the wealth. And then congratulate yourself on protecting our Garden of Eden.

Carla Haimowitz, Oakland, California, USA

RESPONDING TO THE ALARM

Dear Fellow Members:

I am writing in response to Gerry Cartmel's sounding of the alarm about the high level of discord within our organization. I am disturbed about the amount of hurt and frustration felt by those concerned, and especially disturbed that we of all people have not been able to come up with institutional and personal ways to mediate these disputes and make each point of view count. I want to address two concerns (the "dullness" of the *TAJ* and how to gain respect for our theory) and then comment on the issue of how to deal with such areas of conflict.

A number of members, most recently Mary Goulding (August 1992 *Script*), have expressed dissatisfaction with the academic dryness of the *TAJ*. At least a few others, if I am remembering correctly, have expressed appreciation for a resurgence of theoretical work in TA.

I, myself, am a theory person. I read the *TAJ* from cover to cover and find it "juicy" rather than "dry." I trust my own perceptions, but I also trust the contrasting perceptions of respected fellow members who see/experience things differently. Where does that leave me/us?

I believe that it leaves us as a group of blind women and men around the proverbial elephant. If the elephant is the *TAJ*, I am exploring the interrelationship of its skeleton, organs, and surfaces, while Mary sees a ponderous and clumsy beast that tramples the wildflowers and hides the spectacular vista behind it. I don't want to give up my elephant, but I sure would like to see the wildflowers and view, too.

Mary has made some suggestions for how her sorts of perceptions and contributions can be included in the *TAJ*. I have an additional suggestion. When I was studying linguistics, one of our journals had a section in which people could share brief observations, queries, puzzlements, etc., without the need to provide solutions, theoretical analysis, or references. Perhaps such communications, whether "clinical" or "theoretical," could be part of the Cowpoke Section of the *TAJ*. (Gerry has been doing just this in *The Script*, without much response from the rest of us.)

I'd like to hear more from people about detailed theoretical issues, too. Harry Corsover recently wrote to the USATAA bulletin expressing distress that members write articles using "old fashioned" views of the Natural Child and Little Professor as healthy ego states, while not confronting new theory that reserves health for the Integrated Adult. I don't necessarily agree with the new theory, but I do agree that TA will stagnate if we don't promote healthy competition among our differing concepts. I am not suggesting that we encourage not-OK competition for the Top Gun therapist position (Persi, July 1992 *TAJ*), but that we unleash our scientific curiosity to compete in generating a multitude of new ideas, in the spirit of James Allen's keynote address on "Constructivist TA" at the recent Stamford Conference (October 1991).

We also need to place our concepts in open competition with the concepts of other fields and theories, rather than just integrating what fits and ignoring differences. Sometimes the other theory will have the better fact or more relevant construct. Often, however, I believe that it is the TA concept, based on our general theory of human personality, that will be more fruitful in generating new insights and hypotheses. For instance, Carl Rogers's unconditional positive regard sounds a lot like "I'm OK, You're OK." Berne's concept, however, leads also to awareness of internal dialogue, script/racket system, cultural scripting, prejudice, and group interactions. We will gain respect for our theory when we show other people that it offers them something more than they already have, rather than just showing that our theory is compatible with theirs.

I'd like to end with some comments on conflict. At the Stamford conference one of the speakers asked what each of us considered to be the defining feature of TA. For me it is a commitment to "I'm OK, You're OK" transactions. This commitment is something beyond TA as a theory of personality, however accurate, or TA as a systematic psychotherapy, however effective. It is, rather, a value orientation, and in the end it is what leads me to choose TA therapists for my personal growth and ITAA members as colleagues in the task of improving the human condition. It is also what led me to write this letter. Let's not throw out the babies (us) with the bathwater of "academic bilge" on the one hand or "sloppy theory" on the other.

I know members of the ITAA as creative and active people. Let's use our creativity to include all our styles, perspectives, interests, and values as part of TA. I appreciate the members who have written with their concerns. Like Gerry, I have never been good at politics—in my case for unhealthy rather than healthy reasons. If politics may be considered a way of negotiating rather than fighting about the sharing of power, I'd like to get better at it. I believe that if we talk to each other about our differences, rather than ignoring them, we can improve both our institutions and our theories. (The roundtable discussions at recent conferences were a good start.) Because there is no single right way to see/experience an elephant, the price of impact is eternal participation. Such participation is undoubtably time-consuming and wearing, but if we keep in mind our mutual affection and positive goals, it can also be refreshing and fun.

I am currently in the process of moving to Dallas, Texas. Anyone who wants to write me about these or any other issues can reach me c/o Philip Barry, Andersen Consulting, 5205 N. O'Connor, #1200, Irving, Texas 75039, USA.

Bobbie Barry, Kuala Lumpur, Malaysia

A PLEA FOR HELP

Dear Friends:

I am sorry I cannot pay my membership dues right now. My family is in a terrible position. Our house in Dubrovnik was destroyed by bombs. I spent 200 days on the first front line where I was wounded. We are now in the Republic of Slovenia, without jobs or money, living in my mother-in-law's apartment with her.

I am 32 years old and a doctor of general practice. I have five years experience as a general practitioner and three as a psychotherapist. My wife, Emily, is also 32 and an MD. We have a daughter, Andrea.

We ask you to help us. I desperately need a job, anything and anywhere. Ships, oil platforms—anything is OK with me. My salary per month was $80; it's not enough for food.

If any ITAA members can help me find a job, you can reach me at: Pirc Eva (Curic Zeljko), Primoziceva 1, Crnuce, 61000 Ljubljana, Republic of Slovenia; phone: 061-373-246.

Zeljko Curic, Ljubljana, Slovenia

MORE IN RESPONSE TO MARY

Dear Gerald:

I was pleased to read the August 1992 issue of The Script and to find your editorial and Mary Goulding's letter. Mary is saying all of the things that I have been wanting to say and saying them better.

I want to add my comments about Bill Cornell's position on the TAJ. I read enough academic journals to last me for a lifetime, and though they are of interest, they say little or nothing to me as both a scholar and practitioner. I am also a researcher who works from the naturalistic approach to inquiry. The TAJ has always provided that approach sprinkled with just enough empiricism to remind me that the folks who use numbers and believe in them are still out there. World standards for academic disciplines don't exist, thank goodness. Each group must find its own, and I think that the ITAA is like all other organizations—we are in search, and that makes us "les enfantes terribles," which I guess is the Free Child.

I just sent a short article off to Howard Douglass, and it is one of those things that I have been embarrassed to send in because it would be so short beside all the big articles I have been seeing in the TAJ. I still write with the razor I borrowed from Eric Berne.

John Gladfelter, Dallas, Texas, USA

Training News

TRAINING AND CERTIFICATION COUNCIL REPORT



by Ian Stewart

VOLUNTEERS WANTED FOR T&C COUNCIL

New members are needed for the Training and Certification Council for Transactional Analysts. The T&C Council has two sub-committees: the Board of Certification (BOC) and the Training Standards Committee (TSC). The BOC deals with examinations and the TSC with all matters regarding training. Much of both committees' business is done via mail, telephone, or fax, although they also meet at each ITAA-designated conference.

If you are interested in becoming a member of the BOC or the TSC, please contact the Chair of T&C Council, Frances Bonds-White, c/o the ITAA, 1772 Vallejo Street, San Francisco CA 94123-5009, USA (telphone 415-885-5992).

POLICY ON PUBLICATION OF DECISIONS

All policy decisions made at meetings of the BOC, the TSC, and the T&C Council (and the dates when they become effective) will be published in *The Script*, the EATA *Newsletter*, and the *PTSC Telegram*. The will also be sent by letter to all TSTAs and PTSTAs.

NEW EXAM COORDINATOR FOR SCANDINAVIA

EATA's new Scandinavian exam coordinator, Goran Leffler, can be reached at 64135 Katrineholm, Sweden, Tel: 46-1-502-7100.

OBSERVERS IN EUROPEAN TSTA EXAMS

At the COC meeting in Stockholm in July 1992, the following guideline was added to the EATA Commission of Certification's set of general guidelines on the role of observers in COC exams: "Observers in TSTA exams must be TSTA or TTA in the Teaching part of the exam and STA in the Supervision part."

The COC notes that the role of observers in COC exams, whether TSTA or CTA, is to note the exam process and offer feedback as contracted with the exam board. There is no facility for an individual to observe COC exams as a means of "seeing how the exam works" in preparation for his or her own exam.

THE TEW IS NOT A PTSTA CONTRACT

The Professional Training and Standards Committee (PTSC) of EATA wishes to state clearly to all European trainers and candidates that the Training Endorsement Workshop (TEW) is an endorsement workshop ONLY. That is, endorsement at a TEW must occur before initiating procedures to sign an advanced training contract. In order to work and train as a PTSTA in Europe, a person must sign a PTSTA contract and have it endorsed by EATA. The status of PTSTA begins on the date EATA endorses the contract.

NEW UPDATING POLICY FOR EATA HANDBOOK

As of the publication of the second edition of the EATA *Training and Examination Handbook*, EATA's PTSC has determined a new policy for issuing periodic updates. Updates will no longer be mailed to owners of the *Handbook*. Instead, they will be published in the EATA *Newsletter* and the *PTSC Telegram*.

NEW EXAM COORDINATOR NEEDED FOR ITALY

The COC is eager to hear from anyone who is able and willing to take on the position of Italian Language Coordinator. To be eligible you must be a CTA or (P)TSTA with a good knowledge of the Italian TA community and (of course) be an Italian speaker.

If you or someone you know is eligible and interested, please contact the Chair of the COC: Mary Cox, Cambrai House, Calderbridge, Cumbria CA20 1DH, England (tel. 44-94-684-1239).

ETHICAL COVERAGE OF NON-ITAA CERTIFIED MEMBERS

At its meeting in Brighton, England, the T & C Council discussed the question of ethical coverage for those persons who are certified at a BOC exam without being ITAA members. It was decided that prior to the exam, the following statement must be signed by the examinee:

> "I accept that if I am certified by the Training and Certification Council of Transactional Analysts, I will abide by the ITAA Statement of Ethics and that any breach of those ethics may result in removal of certification by the Training and Certification Council."

THIRTY-EIGHT QUESTION EXAM TO BE AVAILABLE IN NORTH AMERICA

At the BOC meeting in Brighton, England, the written exams for the CTA exam were discussed. Historically, there have been three forms of written exams available to CTA candidates in different parts of the world. Europe (through the COC) offers the long case study. The USA and Canada have been using a proctored written exam with questions taken from a list. (The full list of questions for the proctored exam can be found on pages 165-170 of the 1991 edition of the ITAA Training Manual.) Candidates from all other areas of the world have been able to choose between these two exams or an open book exam traditionally referred to as the 38-question essay exam. (The questions for this are given on pages 171-172 of the Manual.)

The BOC has now decided that as of October 1, 1993, the 38-question essay exam will be made available to USA and Canadian candidates as well. Complete instructions for preparation and submission of this exam can be found in the ITAA Training Manual.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	BOC	Nov. 12, 1992	Auckland, N. Zealand	Aug. 12, 1992
	COC	Nov. 21, 1992	Salzburg, Austria	Aug. 1, 1992
	BOC	Jan. 19, 1993	Cochin, India	Oct. 18, 1992
	COC	Mar. 28, 1993	Paris, France	Dec. 1, 1992
	BOC	May 19, 1993	Atlantic City, USA	Feb. 19, 1993
	COC	July 4, 1993	Rome, Italy	April 1, 1993
	BOC	Oct. 13, 1993	Minneapolis, USA	July 13, 1993
TSTA Oral	BOC	Nov. 12, 1992	Auckland, N. Zealand	Aug. 12, 1992
	BOC	Jan. 19, 1993	Cochin, India	Nov. 15, 1992
	BOC	May 19, 1993	Atlantic City, USA	Feb. 19, 1993
	COC	July 4, 1993	Rome, Italy	April 1, 1993
	BOC	Oct. 13, 1993	Minneapolis, USA	July 13, 1993
CTA Written	N. Amer.	Mar. 12/13, 1993	Your choice	Dec. 12, 1992
	N. Amer.	May 19, 1993	Atlantic city	Feb. 19, 1993
	Non-Euro/ N. Amer.	Your choice	To be submitted for reading through the ITAA office	
Training. Endorse. Workshop		Nov. 17-19, 1992	Auckland, N. Zealand	July 17, 1992
		July 10-12, 1993	Italy	March 10, 1993
		Oct. 19-21, 1993	Minneapolis, USA	June 19, 1993

To make arrangements to take a BOC exam, contact the T&C Council, 1772 Vallejo St., San Francisco, CA 94123, USA. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator.
Training Endorsement Workshop fee: $395 payable in US dollars to T&C Council, c/o the T & C Council office, 1772 Vallejo St., San Francisco, CA 94123, USA.

EXAM SUCCESSES

Congratulations to the following candidates, who passed their examinations in Stockholm, July 5, 1992.

TSTA: Ingrid Wandel (C)

CTA:
Stellan Andersson (C)
Thomas Bjornstad (C)
Suzanne Boyd (C)
Mireille Burnod (C)
Helen Dahl (C)
Hans-Georg Hauser (O)
Jocelyne Lugrin (C)
Jaques Moreau (O)
Nick Pamphlett (C)
Anita Persson (C)
Sigvard Persson (C)
Phil Thomas (C)
Tony Tilney (C)
Goran Wasserman (C)
Huguette Wilwertz (C)

THANKS TO EXAMINERS

The EATA Commission of Certification and the ITAA Board of Certification express their thanks to the following colleagues, who freely gave of their time and expertise to examine at Stockholm, in July 1992:

Helena Andren
Eva Andersson
Servaas van Beekum
Michelle Benoit
Hans Bergstrom
Annika Bjork
Janne Blarke
Hedi Bretscher
Tommy Carlsson
Isabelle Crespelle
Claude marie Dupin
Anne Marie Guicquero
Jurgen Gundel
Erich Hartmann
Jan Hennig
Robin Hobbes
Roland Johnsson
Pierre de Jonghe
Goran Krafft
Gordon Law
Adrienne Lee
Eva Linden
Robin Maslen
Mireille de Meuron
Antoinette de Mol
Salomon Nasielski
Erik Netterberg
Kjell Norden
Thomas Ohlsson
Gilles Pellerin
Claudie Ramond
Stefan Sandstrom
Ingela Sandstrom-Kihlberg
Berit Schreiner
Lise Small
Ian Stewart
Kirsten Stockholm
Margaret Turpin
Brenda Tweed
Cecilia Waldekranz-Piselli
Fritz Wandel

The *Statement of Ethics and Guidelines for Handling Ethics Violations Within the ITAA* are available on request from the ITAA office.

Calling All Candidates for TA Certification

Trainees under contract with the Training Standards Committee should check this list to make sure the information for you is correct. The list contains the names of all those with valid contracts (Note: members of EATA with EATA PTSC contracts are not included), their contract expiration date, and their field of specialty. If you think you were omited from this list in error, check with the office of the Training and Certification Council immediately.

PTSTA CONTRACTS

Name	Expiration Date
Alleysson, Elyane(C)	01/22/93
Arendsen-Hein, F.M.(C)	03/07/93
Balau-Stalba, Regina M.(C)	12/20/98
Balling, Rolf(O)	08/04/94
Barkley, Janice (C)	10/01/94
Bianchini, Susanna(C)	11/06/96
Blackstone, Peggy(C)	01/13/95
Brainard, Jae(C)	01/24/97
Burghardt, Klaus(O)	09/19/95
Campbell, Helen(C)	10/11/95
Cavallero, Giorgio (C)	11/17/96
Chevalier, Christine(O)	08/01/96
Choy, Acey(C)	06/11/97
Cox, Mary(C)	10/05/96
Crossen, Maryln (C)	07/21/93
Daellenbach, Charlotte(C)	11/20/94
De Diego, Concepcion(C)	01/09/93
De Luca, Maria Luisa(C)	07/08/96
De Rexach, Lillian(E)	01/24/93
De Saint Pierre, C.(C)	05/24/96
Devillers, Christian(C)	06/16/93
Doubles, Jacqueline (C)	10/23/96
Dowson, Janice(C)	09/12/97
Dupin, Claude Marie(C)	10/20/93
Ferrara, Antonio(C)	01/14/95
Ferro, Maria (C)	11/02/96
Fischer, Lisbeth(E)	12/28/95
Fontaine, Roberto(C)	08/21/94
Fukazawa, Michiko(C)	01/15/95
Gowling, David(C)	08/01/96
Guendel, Juergen(C)	06/26/96
Hagehulsmann, Heinrich(C)	02/15/96
Hagehulsmann, Ute(C)	08/10/94
Hay, Julie(O)	10/31/93
Hennig, Gudrun(C)	04/18/93
Hewson, Julie(C)	12/16/95
Jacobson, Kay (E)	10/01/97
Kaemmerling, Horst(C)	09/06/95
Knibe, Sissel(C)	12/13/98
Kreuzburg, Bernd(C)	08/04/93
Leinhos, Holger(C)	03/11/95
Leong-Lai, Jessica(C)	05/18/94
Lister-Ford, Christine(C)	09/19/95
Maillard, Francoise(C)	05/30/96
Marx, Christophe(C)	12/04/96
Mastromarino, Raffaela(C)	01/05/97
McNamara, Jennifer(C)	08/01/96
Mertens-Pourtois, Marie (C)	02/28/96
Micari, Diego(C)	11/02/94
Milizia, Maria(C)	01/25/97
Nadas, Paola(C)	07/13/95
Nagel, Norbert(E)	09/21/94
Noelle, Dietrich(C)	01/11/95
Oller-Vallejo, Jorge(C)	12/21/95
Pellerin, Gilles(O)	12/03/94
Pineyro, Dulce (C)	05/21/97
Ramakrishnan, K.(O)	10/10/98
Ramond, Claudie(E)	01/24/97
Rautenberg, Werner(O)	12/08/93
Redman, Valerie(E)	01/12/99
Rigby, Lyman(C)	01/11/95
Rosen, Marcia (C)	02/15/97
Salters, Diane (C)	10/25/95
Schibalski, Bernhard(O)	01/18/96
Schnabel, Timothy (C)	08/28/96
Sell, Matthias(C)	01/02/97
Seynaeve, Erica(C)	05/23/95
Shearman, Christine(C)	12/08/96
Sherrard, Evan M.(C)	08/09/96
Springer, Gerhard(C)	06/16/94
Steinmetz-Moesslein, A.(C)	12/09/92
Stern, Erika(C)	11/06/93
Tachker, Francoise(C)	04/21/96
Teigen, Oddmund(C)	02/05/95
Tosi, Maria (C)	03/15/96
Uden, Christine(C)	10/23/96
Van Beekum, Servaas(E)	08/05/93
Wandel, Fritz(E)	11/20/93
Wiger, Jentra (C)	10/12/97
Wydra, Bernhard(C)	06/20/95

CTA CONTRACTS

Name	Expiration Date
Addison, Robert(C)	12/02/96
Aguilar-Jimenez, C.(O)	02/23/95
Allen, Patricia M.(C)	04/04/93
Amico, Sergio(C)	03/03/94
Anderson, Wayne R.(C)	09/15/93
Angileri, Sergio(C)	07/17/94
Ann, Pat(C)	05/22/94
Archibugi, Arianna(C)	03/29/94
Ardito, Marianna(C)	10/07/93
Arteta, Regulo Leon(E)	10/24/95
Azzaconi, Matilde(C)	09/08/93
Baez-Dickreiter, Gladys(C)	08/12/96
Baserga, Maria Alice(C)	05/23/93
Batson, Jim(C)	08/08/95
Battilomo, Brunella(C)	01/04/95
Beamer, Lane F.(C)	11/19/95
Bender, Mary Ellen(C)	04/02/96
Bergerone, Chiara(C)	10/07/93
Bevilacqua, Patrizia(E)	04/12/93
Bhaskaran, M.R.(O)	06/01/93
Bianchetti, Marco(C)	03/23/94
Bolzan, Alessandra(C)	03/29/94
Booker, Maria Bakas(C)	07/06/95
Borella, Vittoria(C)	12/30/93
Boreson, Jacalyn S.(C)	08/07/94
Borsig, Su(C)	10/27/93
Bosco, Jones(C)	06/15/97
Bowen-Davies, Janet(C)	09/09/96
Braccio, Joseph(C)	10/16/94
Brambilla, Anna(C)	07/03/94
Branciforte, Maurizio(C)	03/03/94
Brill, Laurie(C)	03/25/96
Brown, Larry E.(C)	10/22/95
Bukovics-Heiller, Birgit(C)	07/09/95
Cannata, Anna Maria(C)	06/23/94
Caprasecca, Brunetta(C)	10/07/93
Carnell, Lotus(C)	07/16/95
Carpenter, Margaret(C)	10/16/94
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Please complete this form and return it as soon as possible to the T&C Credentials Department, 1772 Vallejo Street, San Francisco, CA 94123, Fax: (415) 885-5998 if you can help.

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Yes, I will serve as an examiner for the following exam, and I will attend the Examiners' Meeting and Exam (check one):

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Dr. Dennis O'Grady is a Dayton, Ohio, USA, psychologist, business consultant and professional speaker who is a Certified Transactional Analyst.
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WRITING FOR TAJ

continued from page 1

If you work with a computer, run a spellcheck. Typos convey that you are willing to accept a sloppy product. Let time pass after your final draft, and reread the manuscript as if you were seeing it for the first time. Without rewriting, check your writing for clarity and mechanics. Even better, find a person who edits manuscripts. As I was told by an excellent manuscript editor, even the best of writers (especially those who go through several drafts) have difficulty editing their work for clarity of ideas, mechanics, and spelling errors. Her instructions to me were: "Don't proofread your own work" (Sally Hyatt, personal communication, January 15, 1992). I have Sally to thank for proofing this article and making it flow better than I ever dreamed.

Lastly, I want to add that writers also show their anger by misquoting other authors, failing to cite authors, and referencing inaccurately. Accurately cite authors and then check that the end references match the citations, including spelling and date of citation. To maintain your credibility, you *must* reference other authors when you use or adapt their ideas.

Authors who submitted work to the *TAJ* while I was editor might appreciate the origin of my emphasis on giving credit for others' work. When I was in graduate school and concurrently training for my teaching certification in transactional analysis, I moaned and groaned every time I was required to write a scholarly paper. As an undergraduate I wrote a paper, without background in how to do proper citation, and inadvertently I used inaccurate references. I was accused by my professor of plagiarism. Not only did this experience make me shy about writing for many years, it added to my reasons for procrastination.

Fortunately, people writing today have more information on how to write a paper correctly than I did. The APA *Publication Manual* (American Psychological Association, 1983) outlines in detail the guidelines for articles for any major psychological journal. These guidelines relate to content and structure of ideas, as well as mechanics for publication. In addition, "Instructions to Authors" appear on the inside front cover of any recent *TAJ*. These cover the *TAJ*'s specific requirements for submission, such as size of paper, margins, authors' anonymity for the blind review, etc.

I created a checklist culled from the APA *Publication Manual* (1983) which I sent to authors to facilitate the rewrite process. A modification of the most frequent items is listed below.

1. Check the title of your article to make sure it matches the content.
2. Each table and figure should be drawn on a separate page, and figures should be camera-ready. In addition, each figure must have a title.
3. Check spelling.
4. When typing your article, underlining (which becomes italicized in print) is used for titles of articles, for emphasis, or to introduce a key technical term. Do not use computer-generated italics and bolding.
5. Quotation marks are used for irony or satire. Use quotation marks the first time a word or phrase is used; thereafter, do not use quotation marks.
6. References must be APA style (APA, 1983).
7. Note that a reference list cites works that specifically support a particular article. Text references must appear in the reference list; conversely, each entry in the reference list must be cited in the text.
8. Text citations must include a year. Where there are quotations, pagination must be included.
9. When quotations are more than 40 words, indent the entire quote; no quotation marks are necessary.
10. When referring to injunctions, the first letter of each word is capitalized and no quotation marks are used, e.g., Don't Think. When referring to games, the first letter of each word is capitalized and the title is in quotation marks, e.g., "Kick Me." When referring to drivers, the first word is capitalized and the driver is in quotation marks, e.g., "Be perfect."
11. Furnish an abstract of the article as described in the APA *Publication Manual*.
12. Transactional analysis is now considered a generic term and should be capitalized. When abbreviated, it is printed "TA" with no periods.

I titled this column "Confessions of a Procrastinator" because when I began writing it, I thought this time I would get it done right away. I am chagrined to note that Gerry's invitation was extended six months ago! I hope my confession as a procrastinator and my problem with mechanics will give extra courage to those of you who put off writing.

Recently I saw someone wearing a t-shirt that read "Just do it." I send that directive to those of you contemplating writing for the *Journal*. Don't procrastinate—JUST DO IT!!

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Margery G. Friedlander, MEd, MSW, is Former Editor of the Transactional Analysis Journal *and currently serves as Index and Computer Conversions Editor for the TAJ. She is in private practice in Danbury, Connecticut, USA.* □

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