INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XXI NUMBER 9 DECEMBER 1991

The Script®

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Stamford Stories

by Tom Nissley

There are stories—not one version, but many—of the 29th Annual Conference of the ITAA, held in conjunction with USATAA (United States of America TA Association) and ERTAA (Eastern Regional TA Association). This gathering in late October centered around the theme "Creating Future Realities: Choice, Chance, Change?" The fathers/mothers would like to believe that the stories of this conference will be told for many generations. In the warp of time that confounds the nineties (all nineties, some historians say), we hasten, however, to put a few of them in print.

The Scholar's Story

This was one of the best conferences, from an academic point of view, that the ITAA has put on in recent history. The workshops were well selected; they contained relevant material; teachers taught; students learned; minds were stimulated; knowledge shared.



Outgoing Conference Chair Carol Gesme (left) receives award of recognition from ITAA President Julie Hay

Example: Vann Joines's workshop on owning the disowned factors of ourselves, often projected onto others with whom we have an attraction/distraction pattern of involvement. Or Ellyn Bader's workshop on specific problems of Adult Children of Alcoholics when individuation begins in the process of couples' development. Or Fanita English's workshop on existential patterns and time structure.

Example: Grace McGrath et. al on ethical dimensions of boundary questions, and Harry Corsover's dialogue on touching as a therapeutic process.

Example: Jenni Hine's workshop on the weight and complexity of game analysis in human behavior. Or Shirley Spitz's magnificent analysis of the role of torture in human misbehavior. Or Gloria Noriega's workshop on using self-reparenting with incarcerated female delinquents. Or Janice Barkley's process-of-the-dream workshop.

Example: Richard Stapleton's thorough and stimulating workshop on game-freer teaching and learning.

And then there were the big events. The institutes and continuing education seminars that transformed the conference into a think tank in current psychotherapies.

Jay Efran and Michael Lukens presented an Institute on "Lanuage, Choice, and Reality." They demonstrated the fallibility of language as a measure of objective reality, the uses of language to adjust to and mold present circumstance, the "MPD" of labeling, and the importance of keeping "objectivity" a word that is used in quotation marks.

Larry LeShan presented an institute on trying to help the patient fight for life during the sick mode (as opposed to the dying mode) of catastrophic illness. His early presentation of the case history of a "firefighter" challenged the conception of successful therapy as it is often understood; he focused next on different ways of supporting patients in mobilizing the creative urge and the will to live.

Barbara Clark presented an institute on the development of self and the relationship of the therapist to the concept of self in the patient as a way of understanding the process of therapy.

Somewhere in and among these stories is the conference that happened in Stamford in 1991.

The Continuing Education Program focused on the diagnosis and treatment of multiple personality disorder (MPD) and dissociation as a (once) creative process of survival and in later life as a treatment opportunity. Richard Kluft, MD, presented a full-day introduction to the understanding and history of MPD, with an emphasis on lesions of identity and memory and an overview of symptoms that may be present. Dr. Kluft did not limit his vocabulary to words an eighth-grader could easily assimilate, and the study day was well-received. It was followed by a second day of symposiums and workshops on dissociative disorders and their treatment.

Robert Mayer's workshop on hypnotic suggestion as a treatment modality for MPD was particularly interesting. Feedback on Gary Peterson's workshop on MPD in children and on Karen Olio and Bill Cornell's workshop on remembering and telling also indicated great regard for the quality and content of the presentations.



Former TAJ Editor Margery Friedlander with award for five years of outstanding service to the Journal

Most of the presenters of these and other workshops contributed articles to the Proceedings Book, "The Stamford Papers," edited by Bruce Loria. It is one of the finest reference books to come out of a conference, and limited copies will be available for $15 plus $5 shipping. Send orders with a $20 check or money order (in US funds; no credit cards) made out to TACCC to: Fred Clark, 261 Spring St., Cheshire, CT 06410, USA. Tape recordings of the sessions are available from Repeat Performance, Hobart, Indiana; phone: (219) 947-1024 (for details on tapes see page 8).

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Historic First: USATAA and ITAA Sign Affiliation Agreement

In Stamford, Connecticut, during the 1991 conference, an event of historic significance took place: The ITAA Board of Trustees approved the affiliation contract between the United States of America TA Association (USATAA) and the ITAA. This event highlights the new, developing role of the ITAA as an international "holding" company, providing services to national and regional TA associations worldwide. The USA should be viewed now as one of the national affiliated associations that are members of the ITAA, rather than as the ITAA itself, which has often been the tendency in the past.

An initial three-year phase for the USATAA affiliation agreement was accepted by the ITAA Board after some last-minute negotiations. This affiliation differs significantly from the agreements the ITAA has with the European TA Association (EATA), the Canadian TA Association (CATA), and the Institute of Counseling and TA (ICTA in India) in that it is more of a declaration of intent than a substantive affiliation. The new agreement does not yet change the administrative roles of the ITAA and USATAA or the status of members, but it gives the USATAA a seat on the Affiliate Council and provides a basis for recruitment of new USA members to join the ITAA which will not be viewed as competitive within the USATAA.

The USA should be viewed now as one of the national affiliated associations that are members of the ITAA, rather than as the ITAA itself.

The agreement was reviewed and accepted by the Affiliation Council as "Phase One" of a multi-phase transition to a more comprehensive affiliation contract in the years to come.

Welcome, USATAA members! □

EDITOR'S COLUMN



by Gerald Cartmel

Happy Holidays

Christmas is coming, the geese are getting fat,
Please put a penny in the old man's hat;
If you havn't got a penny, a ha'penny will do,
If you havn't got a ha'penny, God bless you.
Old English Christmas Carol

For all of us it is almost the end of another year. For people of my upbringing it is almost Christmas and a time for remembering, remembering the fortunate things, and sometimes the things which were not so good.

In this context I invite you to take a special trip down Memory Lane. I invite you to identify and give thanks for those who gave you those significant Parent messages: The quiet example, the one-liners, and the messages you appreciate even if you did not like the way they were delivered. I remember the older school boy who said to me, "Cartmel, if you stopped flapping around and got down to running you could be very fast." He was right. And the wise old Dr. Winton who suggested I reserve my anger for more worthy causes. However much script work you may have done, I invite you to take a moment off to say

Like a good family doctor, I have asked questions and prodded and poked at the body (of theory), but I never got a good history because the patient (the membership) has been essentially silent.

thank you.

This December issue will complete my first year as Editor of *The Script*, and it is a good time to review the score to date. I started in my first column by saying I intended to be provocative and cosmopolitan. I do not know if I have succeeded. Like a good family doctor, I have asked questions and prodded and poked at the body (of theory), but I never got a good history because the patient (membership) has been essentially silent.

Julie Hay, our hardworking, esteemed, and now retiring President, commented to me that lack of feedback from the general membership made her job difficult and lonely. I experience this myself. No one has written from the Virgin Islands, the Phillipines, or Poland. Possibly this is because the dissatisfied are frequently more eloquent than the satisfied or complacent. "Ay! There's the rub." How are we to know the difference between satisfaction and complacency, which is another name for early rigor mortis? I ask you to give our incoming President, Robin Maslen, *TAJ* Editor Howard Douglass, and

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PRESIDENT'S COLUMN



by Julie Hay

Looking Back

Well, here it is at last. After two years as ITAA President, I am now writing my final column for *The Script*. I want to use it to share with you some of the highlights of my term of office.

It you have read my earlier columns, you know already that I am particularly pleased that the TAlent became a reality during my term. I see it as a true example of the TA spirit of community and OKness that the "richer" folks in the world are ready to pay more so the ITAA can offer reduced fees to those living in economies that operate at a different level. It is especially heartening to get letters from individuals in places such as India, South America, and Eastern Europe who are at last able to belong to the ITAA. The original impetus for the TAlent came from Jenni Hine, who has worked quietly in the background to bring about such an important advance and who deserves much credit for showing us how to relate TA principles to the world economy.

A second highlight for me is the Cooperation Agreement for Affiliation between the ITAA and the USATAA (see page 1, this issue). It seems fitting that the first European President of the ITAA should be the one to sign an agreement that involves an independent TA association in the USA. USATAA now joins Europe (EATA), ICTA (India), and CATA (Canada) as organizational affiliates of the ITAA. Because of the special circumstances in the USA, it will take a little time for the USATAA to operate as the other affiliates do. There is a long history of ITAA direct membership in the USA, so it is harder for the USATAA to recruit. However, this agreement is historic in that it demonstrates the desire on both sides to create a truly international ITAA.

As another aspect of this internationalization process, we have reviewed the Affiliation Agreement between the ITAA and EATA and made a number of significant changes. EATA contains over half of the members of the ITAA and two-thirds of our voting members, so our relationship is extremely important. One area of particular concern was the way in which these members were represented on the ITAA Board of Trustees. An already unsatisfactory situation has been made worse by errors in ITAA election processes; an interim solution has been devised, and further changes will be made to ensure that our European members have the appropriate level of influence in ITAA business.

I have had a great team of committed ITAA volunteers and staff and excellent cooperation from our affiliates. Together we have been able to initiate, problem solve, and make a better future for us all.

The fourth highlight for me is the work done to put the ITAA onto a secure financial base. Treasurer Mervyn Hine has spent the past six years making the accounts understandable to the rest of us and showing us how we have been living beyond our means. This has stimulated us to explore options such as selling the headquarters building. Originally purchased as an investment (four years after the death of Eric Berne), this beautiful building has somehow become the subject of myths about our TA origins. It has now appreciated in value considerably, as was originally anticipated, and would make a substantial contribution to our financial viability.

I have mentioned two people specifically for their efforts on behalf of the ITAA. However, the highlights already mentioned, and all the other initiatives I have not mentioned, were only possible because many, many people gave of their time and energy as volunteers. This has been the fifth highlight of my term of office—the way my colleagues have worked to turn ideas into practical solutions. I have had a great team of committed ITAA volunteers and staff and excellent cooperation from those representing our affiliates. Together we have been able to initiate, problem solve, and make a better future for us all.

There have also been many moments that have created special memories for me. I now have so many good friends around the world. I have made trips and stayed in places I would not otherwise have visited. I have slept through an earthquake and been scared on mountain roads. I have seen the leaves in New England in the fall, visited a mushroom farm in Mexico, and watched a Christmas parade in New Zealand. ITAA Executive Director Susan Sevilla has been a special friend, taking me into her home on my trips to San Francisco, ensuring my personal comfort during conferences, organizing some wonderful sightseeing visits, and generally teaching me how to be less of a workaholic.

I thank all of you for an inspiring two years, during which I have learned a lot and enjoyed a great deal. Having taken over from a Canadian President, I am now handing over our international association to an Australian. I am excited to contemplate on the likely location of our next President—will it be you? □

EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

Ann Moen Provides Valuable Addition to ITAA Staff

For more than a year, I have neglected to introduce the readers of *The Script* to a very important member of our staff, Ann Moen, who joined the ITAA team in January 1990. Because we have such a small staff, Ann wears three hats: as Executive Assistant, Publications Assistant, and Conference Coordinator. Many of you who have called the office over the last two years may have spoken to Ann.

Ann was born and raised in Duluth, Minnesota, the youngest of a family of three brothers—including a set of twins— and one sister. She has a double Master's degree in French (Middlebury College and the University of California). She is currently working on an advanced certificate in Nonprofit Human Services Administration from San Francisco State University.

Ann brings a broad international perspective to our staff. She has lived in France, Thailand, and Japan, and has traveled throughout Europe and Asia. She is fluent in French and has a working knowledge of Italian, Spanish, and Japanese, with a good smattering of Thai, which she finds comes in especially handy in restaurants. Most importantly, she has gained a fine understanding of cultural differences.

Professionally, Ann has worked extensively as a freelance writer and commercial artist. In addition, she has worked as a small business manager (an Italian restaurant in Thailand!), a designer, a marketing manager in the profit-making sector, and as a waitress in an ever-popular breakfast place in Oakland.

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Ann has become familiar with TA,



Ann Moen, ITAA staff member extraordinaire

taking the TA 101 in the Eric Berne Memorial Library soon after joining the ITAA staff. Since then she has devoured many of our books on TA.

Ann's job includes supporting the ITAA Board and Committees in a multitude of projects, which puts her in close contact with many members as well as with a wide spectrum of people in the business community. She especially enjoys the personal contact and received quite a few calls from people across the country inquiring about how she survived the Oakland firestorm of October. (She took photos of it from her

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A Response to "Going Forward"

by Aaron Lederer

The following article was submitted in response to Val Andrijich's article, "Going Forward," published in the August 1991 Script. *The author, Aaron Lederer, is a Certified Transactional Analyst living and practicing in Chatham, New Jersey, USA. He has a special interest in unwanted children who survive to adulthood and at the moment also in the effects of life habits and beliefs on health and longevity.*

My regular Tuesday therapy group met the evening of the day I read "Going Forward" in *The Script*. Well into the session I noticed one of the group members, a man with a burdensome past, sitting listless and empty-eyed. I asked him if something was the matter, and he replied that he was bored, tired of having to sit around listening to people talk, and he wanted to go home. He said he was not interested in all the talk and could not wait for the session to be over. "Of course you feel that way," I told him. "It is boring to have to sit for such a long time in one place and pay attention to things that you don't have any choice about. It is something to be angry about."

"So it's not wrong that I feel that way?" he asked. "What I wanted to do was go the bathroom and stay there as long as possible."

"Of course you want that," I answered. "You could sit there, enjoying what you are doing, you could look around at all the pretty things and at least be in charge of your own time, since you just can't go home. That will help pass the time."

"I felt tense inside," he continued. "I have to do it anyway. If I was allowed that, there would have been no reason to manipulate adults into doing something else, like I have to go to the bathroom when I don't. When I am listened to, it takes my resistances away, you know. I am not surprised if her children flourish, because I feel like I am flourishing. Because when I am listened to enough, I don't mind staying. When I am not listened to enough, that's when I'll try to work my way out, try to get away somehow."

"It pleases me to know that a woman in Australia will know what I am thinking and feeling."

"That's right," he brightly agreed. "But now I have to go to the bathroom anyway."

"When you are back," I told him, "I am going to tell you all a story."

When, in record time, he returned, I told the group Val Andrijich's story. His eyes then teared and he said, "Every child should have the opportunity to say what they don't like, even if they didn't feel good in my stomach, and after you talked to me, I felt at ease. I feel fine." He paused, then chuckled. "If she will consider teaching second grade, I'll fly out there and let her by my teacher."

"Would you like to let her know that?" I asked.

"I'd like that," he said. "She would be getting it from a child's mouth. Tell her, 'Don't stop. Don't be influenced by dumb adults. You are right, and they are afraid.' "



Aaron Lederer

Then he added, "It pleases me to know that some woman in Australia will know what I am thinking and feeling. I feel good about that."

This is, Val, from a babe's mouth. □

Exciting Speakers Planned for New Zealand Conference



Lloyd Geering



Mary Ann Bin-Sallik

The 1992 Joint ITAA/NZTAA (New Zealand TA Association) Conference, planned for November 12-15, 1992, in Auckland, New Zealand, will have three keynote speakers to highlight the conference theme of "Partnership": a pakeha or Caucasian—Lloyd Geering; an Aboriginal—Mary Ann Bin-Sallik; and a Maori—Moana Jackson.

Lloyd Geering is one of New Zealand's leading thinkers. He has wide knowledge of the great religions (among which he would include communism) and of other belief systems, including modern science. His public statements on these subjects have often offended those with a narrower view, and on one occasion he was tried by the Presbyterian synod for heresy. In addition to his keynote address, Dr. Geering has agreed to give a one-day seminar on Jung.

Born in Canterbury in 1918 and educated in Otago, Dr. Geering holds Honors degrees in mathematics and Old Testament Language and Literature. Ordained as a Presbyterian Minister. He held Chairs of Old Testament Studies at theological colleges in Brisbane and Dunedin before being appointed as the foundation Professor of Religious Studies at Victoria University in Wellington. His publications include: *God in the New World* (1986), *Resurrection—A Symbol of Hope* (1971), *Faith's New Age* (1980), and *In The World Today* (1988).

Dr. Geering draws large audiences because of the breadth of his vision and his willingness to share new and scholarly concepts with a lay audience.

Dr. Mary Ann Bin-Sallik, an Australian Aborigine, holds a Master's Degree in Education Administration and a Doctorate in Education from Harvard University. She is currently head of the Aboriginal Studies and Teacher Education Centre at the University of South Australia, which is the largest Aboriginal higher education program in Australia. She was the first Aborigine to graduate as nursing sister from the Darwin Hospital in Australia.

Dr. Bin-Sallik has served on the Commonwealth of Australia's Committee of Review of Aboriginal Employment and Training Programs, which produced the Miller Report in 1985. This report was the forerunner of the Commonwealth's major policy initiatives in Aboriginal employment, training, and education. She has served on the National Aboriginal Employment and Training Committee, the first Council of the Museum of Australia, and the National Committee Against Discrimination in Employment and Occupation.

Moana Jackson is a prominent lawyer and Maori rights activist. We will feature more information about her in an upcoming issue of *The Script*. □

Make Travel Plans Now for Brighton

American Airlines has been designated the official carrier for the March 22-25, 1992, Institute for TA Conference in Brighton, England, which has been selected as an official ITAA meeting site. American promises the lowest published fares available, with direct daily service to Gatwick Airport from JFK New York and Dallas, and easy connections to the gateway cities from such locations as Sydney, Auckland, and all USA cities. When booking your travel, be sure to fly into Gatwick Airport, which is 30 minutes by train to central Brighton, with a train terminus located right inside the airport.

Ridgelea Tours has been designated as ITAA's official travel agent for the Conference. All tickets booked through them will be credited to the ITAA account, permitting us to obtain a free ticket for staff travel. For the latest on group travel packages, contact Ridgelea Tours, c/o Tom Nissley, 109 Mayapple Rd., Stamford, CT 06903, USA; phone: (203) 322-1400; fax: (203) 322-0604. □

Conference Booking Form

ITA Conference 1992 * *Brighton Metropole ,England*

Designated as an Official ITAA Meeting Venue

Family Name _____ First Name _____

Address _____

Telephone _____

Full Conference, including all meals/accommodations/banquet
ITAA/ITA Member: L431 _____ Nonmember: L470 _____
Single room supplement: L85 _____
Conference only (including lunches and refreshments):
ITAA/ITA Member: L190 _____ Nonmember: L220 _____
Daily Rate (including lunch and refreshments):
ITAA/ITA Member: L70 _____ Nonmember: L78 _____
Daily Rate (including refreshments only):
ITAA/ITA Member: L47 _____ Nonmember: L58.75 _____

State clearly which days you will attend: _____

Banquet: L25 _____

Grand total: _____

Less 10% for bookings made before November 1, 1991: _____

I require a special diet (e.g., vegetarian, vegan, etc.): _____

Other special requirements (mobility, health, etc.): _____

Please return this form with your deposit of 50% by no later than January 1, 1992, and send the balance by February 20, 1992. Closing date for bookings is February 20, 1992. Please make checks payable to ITA Conference in pounds sterling. Send form and payment to Ms. Elaine Porter, Hunters End, Flitterbrook Lane, Punnetts Town, East Sussex TN12 9PQ, England; phone 0435 830621.

Organizational News

Call for President-Elect and Trustee Nominations

The Nominating Committee is now accepting nominations for the 1992 election slate. The following openings exist:

President-Elect

Two Trustees—Europe (2)

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. Send nominations to Bill Cornell, Chair of the Nominating Committee, c/o the ITAA office. The close of nominations is March 21, 1992.

Note: Because of changes in the scheduling of the annual ITAA conference, there will be no nominations at the 1992 annual membership meeting. Instead, members may be nominated through the nominating committee as outlined here or by petition with the signature of ten voting members. □

Global TA Action Call for Proposals

The Global TA Action project remains a true expression of Eric Berne's dream—its spirit of mutuality inspired a high level of consciousness of issues of global concern. The project was originally spearheaded by then-ITAA President Vince Gilpin, and it caught fire with TA practioners around the world, engendering a wealth of enthusiasm. On March 21, 1989, TA people around the world showed their solidarity with over 100 events of great variety related to environmental, health, mental health, human rights, food, housing, education, peace, spirituality, and Care of Our World issues. This is something that must go on.

There are funds—about $3000—remaining from the original Global TA Action activities, which included the sale of TA Global Action buttons and many personal donations.

The Committee is willing to make up to $1000 available to a committee planning a repeat of the Global TA Action event or another event of a similar global nature. This amount will be available up to 1993. The rest of the funds, in amounts up to $500, are to be made available for distribution to agencies or organizations conducting activities of a socially meaningful nature, in the spirit of Global TA Action.

This call for proposals goes out to you, the TA community. Write your 1,000-word proposal, outlining your idea and including: your name, address, and telephone number; the name of your local TA association and an indication of their approval; the amount requested; a statement of the objectives of your proposed actions or project; a statement of who will benefit from the proposed project; a brief timetable, including the most desirable start-time for the grant with a plan for informing the Committee of your progress; and a statement of how and when the success of your actions or project might be measured.

The deadline for receipt of proposals is June 1, 1992. Submit your proposals to: Global TA Action, c/o the ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009, USA. Grants will be given by the ITAA on behalf of your local TA community following the November 1992 Annual Conference. □

It's Here!

Volume of Selected Articles from the *Transactional Analysis Journal*, 1971-1980

Featuring over 60 key articles from the *Transactional Analysis Journal*, including many written by Eric Berne Memorial Scientific Award winners as well as other important articles that are currently out of print.

Cost: $25 US, plus shipping and handling (Surface Mail—USA/Canada/Mexico $2; Europe $4; others $6; Air Mail—Americas: $7; Europe: $12; others: $15)

Please complete this form and send with a) credit card information, or b) check or money order (payable to ITAA in US funds only) to ITAA, 1772 Vallejo St., San Francisco, CA 94123-5009, USA. Make sure to include postage for each volume ordered.

Name _____

Address _____

_____ Check Enclosed Credit Card: ____ Mastercard _____Visa

Card Number _____ Exp. Date _____

Signature _____

Please choose which type of mail you wish us to use in sending your copies and then add to your total below the correct postage for each volume ordered (or ask the ITAA).

Surface Mail ($2/$4/$6): _____ Non-USA Air Mail ($7/$12/$15): _____

Number of Copies: _____ Total Enclosed: _____

Note: The rates in this ad supercede those in all previous ads.

New Direct Members

AUGUST 1991

New Member	*Sponsor*
Armstrong, Carol C.	Vann Joines
Ballard, James H.	—
Barton, Rebecca	—
Brener, Rochelle	—
Campion, Dolour	Jan Grant
Caplan, Arthur R.	—
Carbone, Victor J.	—
Chavez, Juan M.	—
Colley-Brown, E.	—
Dolan-Younger, E.	—
Fowler, Pamela C.	—
Hone, Karina	C. Daellenbach
Laughlin, Charlotte	—
Mathews, Allen	—
Mesko, Aleksandra	Z. Milivojevic
Moorer, William B.	—
Pinder, Lewis	Acey Choy
Steers, Janice K.	—
Timoner, Aviva	—
Vella, Arthur J.	—
Witbrod, Frederick J.	—

SEPTEMBER 1991

New Member	*Sponsor*
Cobbett, Robert	—
Howorth, Isabel	Maria Gilbert
Jordan, Richard Jr.	John White
Kutl, Barbara E.	—
McPhail, A. May	Rosemary Taylor
Moriyama, Setsuo	Y. Moronaga
Shapiro, Marilyn	Vann Joines
Rasmussen, Kim L.	—
Thompson, Thomas	—

□

EDITOR'S COLUMN

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myself some active feedback. And maybe you could write and thank Julie Hay; a President's lot is not always an easy one.

As for provocation, sometimes I assume the position espoused by Paul Feyerabend and accept that I do not necessarily have to believe an idea in order to use it. I may try an idea on for size. Often I find making a statement evokes a clearer answer than does a question. That requires me to not assume I am right nor the possessor of truth. This position can lead to synergy or dispute as so neatly demonstrated in the OK Corral. It is my intent to lead to synergy, and by a meaningful coincidence I note that Alan Jacobs used this word in his October 1991 *TAJ* article. I think I will stop and find out what he has to say.

So, in conclusion, I turn to that great source of wisdom, my desk calendar, which says:

"It is a very waste of life to be and not to do." *Tupper*

I suggest a corollary, which is:

"It is a very waste of life to do and not to be."

Wherever you are, I wish you a very Happy Christmas or the compliments of the season, whichever is most appropriate, and much doing and being in 1992. □

TA CONFERENCES WORLDWIDE

March 22-25, 1992—Brighton, England. Institute of Transactional Analysis (ITA) Conference/Designated Conference for ITAA Business Meetings. Contact: ITA, BM Box 4104, London, WC1 8XX, England.

July 6-9, 1992—Sweden. European TA Association Conference. Contact: Kerstin Ljungstrom, Box 5820, 10248 Stockholm, Sweden; phone: 468-661-0693.

August 6-9, 1992—San Francisco, California, USA. USA-TAA Multi-regional Conference. Contat: Al Loeb, Registrar, 4348 Rand Lane, Sacramento, CA 95864, USA; phone: (916) 489-9392.

November 12-15, 1992—Auckland, New Zealand. ITAA/New Zealand TA Association Annual Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94[illegible] USA; phone: (415) 885-5992.

July 1993—To be determined. European TA Association Conference. Contact: EATA, Case Grand-Pre 59, CH-1211 Geneve 16, Switzerland.

October 13-17, 1993—Minneapolis, Minnesota. ITAA Annual Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA.

March/April 1994—Germany. German TA Association (DGTA) Conference/Designated site of ITAA Business Meetings. Contact: DGTA, Samerberweb 3, D-8269, Burgkirchen, West Germany.

The Script

Editor: Gerald Cartmel, MB
Consulting Editor: Robin Fryer, MSW

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Members Forum

Editorial Policy: We welcome Letters to the Editor (c/o the ITAA office), and in editing for taste, accuracy, and length, our intent is to retain the author's meaning. Neither the Editor nor the ITAA necessarily hold or support views and opinions expressed in The Script.

PRETTY BABY OF MINE

Note: The following letter is partially in response to Susan's Executive Director's Column in the November 1991 issue of The Script.

Dear Susan:

It was good to speak with you on the phone this morning. Your daughter is a keeper and a smiley*.

Leonard Ghan, White Rock, British Columbia, Canada

* A smiley is a salmon that is a big keeper.

TRIBUTE TO MEL BOYCE

Dear Editor:

From his place in the great beyond, I can imagine that Mel Boyce is smiling because the powers that be at *The Script* decided to publish his poem, "When," in memorium to him (November 1991 *Script*). It would please his gentle sense of whimsey. I think he would find it a fitting and sufficient tribute.

From his place in the great beyond I hope he also will approve of my personal tribute to him—to his contributions to the early development of TA and the original organizational structures and to his life.

The informal group that became the San Francisco Social Psychiatry Seminars first met in February 1958. Just when Mel joined the group is lost in the mists of history. We know that a nonprofit educational corporation was established in May 1960, and that Mel was one of the original directors, acting as parliamentarian during the first Annual Meeting on October 17, 1961, when the group decided to apply for tax-exempt status. He continued to serve as a director of the seminars through 1964 when the ITAA was established.

Mel was one of the original 29 people designated by the ITAA as Clinical Members, and in January 1965 he became Secretary/Treasurer of the newly named San Francisco Transactional Analysis Seminars. He was then elected Treasurer in 1966.

When the fourth Executive Congress of the ITAA created several classifications of membership in January 1966, Mel became one of the original Teaching Members, the designated "Senior Members" of the organization.

A note in the July 1968 TA *Bulletin* indicates that Mel had received an Adult Education Credential and had taught a TA course for teenagers for the YWCA and a 3-credit course for teachers at Sonoma State College Extension. Another *Bulletin* note records his founding the TA in Marin Study Group in January 1969; the group became an affiliate of the ITAA in 1970.

In August 1969 Mel was elected Secretary/Treasurer of the ITAA, serving two terms: 1970-71 and 1972-73. In 1970 he was President of the San Francisco TA Seminars, which became the Eric Berne Seminars after Berne's death that year.

I first met Mel when I came to Marin County, California, in 1971. In addition to a new life, I was also looking for formal TA training. My gods were smiling; in Mel I found a teacher, guide, and valued friend.

The seventies were fantastic, exciting years for the growth and expansion of TA in the USA and worldwide and for those of us in the formal, nonprofit educational TA of Marin Institute. It seemed that there was always something innovative, challenging, and rewarding happening. Once a week for about seven years we held weekly public seminars with 25 or more people in attendance. We did special workshops, seminars, and marathons; we presented at conferences and we put on conferences; we provided TA programs to every conceivable category of community group in every conceivable format. Mel lead and guided with calm, centered authority; he provided certification training, advanced seminars, and supervision.

It was during these years that Mel created and marketed his educational TA materials—books, tapes, charts, and posters. When the Voice of America bought *all* his TA tapes we celebrated.

Although continuing his interest in and contributions to the ITAA, the Eric Berne Seminar, and the *TAJ*, the eighties brought a different focus to Mel's life. He became active in local government and ran for town council; he was a member of the Board of the Ecumenical Housing Association and Chair of their Community Relations Committee; he was a member and President of the Marin Self Publishers Association and was honored with their award for distinguished service.

In addition to his private practice, Mel worked in a residential drug rehabilitation clinic and with a group home for mentally disturbed adults. Maybe his favorite job was as a supervisor/mentor to doctoral students at Columbia Pacific University.

Mel was one of the good guys—steady, down-to-earth, kind and caring, respected and loved by clients, colleagues, and friends. He was, indeed, a fully integrated person. I am missing him.

Memorial contributions can be sent to his widow, Peggy Boyce, 9 Mohave Court, Corte Madera, CA 94925, USA. They will be forwarded to Sunny Hills Children's Services and the Ecumenical Housing Association of Marin County, California.

Val Garfield, San Rafael, California, USA

GETTING STIRRED UP

Dear Editor:

I joined the ITAA about 20 years ago because it was neat, fun, interesting, simple, and I could use the method to produce positive results. I was on the Board. I helped write the first written exam for CMs. I was on the Training Standards Committee. I even did an evaluation of TA trainers to tighten up our training programs. I was on the original BOC, and then I quit the ITAA about 10 years ago because it was getting too complicated for me. I wanted to inform the public, I wanted to help others, and I wanted to have fun with my colleagues while showing that our methods and our certification process were tops. It seemed to me that we had lost simplicity and directness.

I rejoined last year in response to a nice letter from Mary Goulding. The first newsletter had a story honoring Bob Goulding and the simplicity and utility of his work. I liked it.

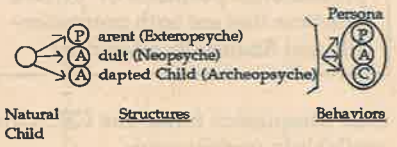
Then the first *Journal* arrived. It had a long, very long article on reification that confirmed my suspicions—the ITAA was still too complicated for me. What ever happened to the "fog index"?

I've hung in there. I renewed. I'm still dismayed by the foggy stuff I'm reading. I don't see much that's fun or direct or useful.

I read a letter in the October *Script* from Tony White that said there were only two ego states. I can go for that if you want to clarify a point for clients. But . . ., call me cranky and old-fashioned, back in the old days we called that contamination. Specifically, Parent contaminated Adult. We also *tried*, when being precise at the expense of clarity, to separate structure from function (behavior).

Tony argued that "the Adult ego state is part of the Parent ego state" since there "is no absolute truth" and data processing is learned from parental figures. I agree with that. Carrying the process to its next step, it's clear to me that there is really only one circle, the Child. The Child ego state imitates, learns, decides, and creates the other ego states. Does that mean that I'm going to draw a circle and say, helpfully, "This is your ego states"?

Those of us who were reparenting taught that Adult structure and function were defined by the Parent, which was decided upon by the Natural Child (along with related Adapted Child behaviors) in order to survive in the family. Simply stated in structural terms, it's a script, and you diagram it using psychic organs if you're being technically precise. Behaviorally, it's diagrammed as ego states that are descriptive of certain classes of behavior. When I draw them, I get nods and other behaviors that indicate a clear sense of understanding. That's what I want. If I wanted technical precision, I'd draw the following diagram:



I think three circles are fine for descriptive purposes, and I'll keep using them even though I agree with Tony about anarchy. I even think that his reality is useful, but still lacks precision.

Thanks, Tony and Gerald, for the opportunity to get stirred up. It's been fun.

Bill Falzett, Watsonville, California, USA

TAJ Notes

TAJ EDITORIAL BOARD ANNOUNCES OPENINGS FOR RESOURCE REVIEWERS

Applications are being accepted now for positions as *TAJ* Resource Reviewers for a three-year period beginning January 1, 1992. The deadline for applications is December 15, 1991.

Qualifications: Regular Membership in the ITAA or an associated organization and an advanced academic or professional degree.

Typical Duties: Evaluation of at least two manuscripts and one book review each year. In unusual cases a reviewer may be asked to evaluate more than two manuscripts if one is received in the reviewer's area of expertise. Attendance at conference meetings of the Editorial Board is not required.

Benefits of Participation: Gain valuable professional journal experience, including preparation for possible membership on the Editorial Board. Feel the pleasure of participating in ITAA activities, especially reading a published *TAJ* article that you have reviewed.

Action Required: Send a short note of intent to serve to Ann Moen, Publications Assistant, 1772 Vallejo St., San Francisco, CA 94123-5009, U.S.A., by the December 15, 1991 deadline.

CALL FOR PAPERS

A special theme issue on organizational issues and TA is being planned. You are invited to submit papers that deal with uses of TA in relation to organizational issues, including those at the level of large groups, corporations, organizations, associations, states, and nations. Papers addressing issues of global importance, such as war, peace, politics, environmental issues, and social action are especially welcome. Please follow the guidelines for submission of articles printed on the inside front cover of each issue of the *TAJ* or contact the ITAA office for a copy of the guidelines. Deadline for receipt of articles is April 1, 1992.

Training News

TRAINING AND CERTIFICATION COUNCIL REPORT



by Ian Stewart

The TA Certification CEU Program

by Susan Sevilla

Take a moment to read Jenni Hine's brief description of the benefits of certification in transactional analysis (this page). Certified Transactional Analyst readers, does her description fit with your experience? As ITAA Executive Director, with eight years experience in watching individuals go through the TA certification program, I would like to put in a plug for it.

Certification—A Professional Tool

The certification process is a valuable educational experience and professional tool. The goal of the program is to sharpen your competency as a practitioner and thus help you build a flourishing practice. The process of obtaining the certification is formative in itself and is just as valuable as the outcome.

The universities are training doctors, psycholgists, social workers, teachers, and a variety of other health-related and organizational-related professions. But in general, universities are not teaching transactional analysis. The only road to accessing and integrating the body of knowledge and the working wisdom of TA is by certification.

Professional Recognition

Under benefits of the program, Jenni Hine could also have cited the professional recognition that TA certification brings. The CTA (Certified Transactional Analyst) designation brings visibility and recognition. It is an elite designation that means excellence. Years of work and study have gone into obtaining certification. You will always keep the hard-earned identity of "Certified Transactional Analyst."

The CTA designation means a commitment to hundreds of hours of study, supervision, practice, and the passing of a rigorous examination. The successful completion is a reward in itself. It is well worth the investment of time and money.

The CEU Program -An Enhancement Program

All Certified Transactional Analysts (CTAs) and Teaching and Supervising Transactional Analysts (TSTAs) have received (or will receive shortly) their Continuing Education Unit (CEU) compliance forms from the Training Standards Committee of the Training and Certification Council of Transactional Analysts. To comply, CTAs and TSTAs need to accumulate 40 units of continuing education credit every two years and submit evidence of this on their compliance form. The CEUs are available in various ways.

TA Certification and Competency: We often refer to TA certification as a "competency-based certification," and TA certification does confirm baseline competence and core knowledge. However, competence is never acquired once and for all and can easily decline if the practitioner does nothing to sharpen his or her skills in an ongoing way.

That Is Where The Continuing Education Program Comes In: Does the CTA designation mean that the individual has mastered all there is to know about transactional analysis? No! Once certification is established, the individual may continue his or her education by accumulating continuing education units which are approved by the T&C Council every two years.

A Voluntary Compliance Program: The CEU program is voluntary. It is up to the individual to decide whether to comply or not. But voluntary compliance is one way of assuring the public that the practitioner cares about his or her continuing competence as a professional. CTAs and TSTAs who are actively involved in their profession should have no difficulty maintaining enough units to fulfill their requirement.

CEUs are gained in many ways, including attendance at educational events or by teaching, such as presenting at conferences.

A past criticism of the TA CEU program was that credit was given for service to the ITAA. This is no longer true. The "service categories" have been dropped. This is a rigorous program and not just a question of taking a few workshops. It is the best way of demonstrating that a practitioner has remained active in maintaining and sharpening his or her competence in TA and in the field of practice.

The CEU Reward

Certified Transactional Analysts who voluntarily comply with the CEU requirement are rewarded by special recognition on informational listings in the ITAA office. These lists of CTAs and TSTAs are available to the public and to other members who inquire.

The current CEU program was first introduced to Certified Transactional Analysts in 1989. The first wave of compliance in the form of returned CEU forms was very positive. The mailing going out in late 1991 will cover the second compliance period, the calendar years 1990-1991. CEU forms are due back in the office by January 15, 1992. Shortly after, the complete list of CTAs and TSTAs in compliance with the CEU program will be published in *The Script*.

The CEU program is designed to fill a real need, that of better informing the public of the continued high skills and proficiency of our certified body of members. □

The Value of Certification

The following are excerpts from the "Training in Transactional Analysis" leaflet written and produced by Jenni Hine, Project Manager, ITAA Catalog of Benefits, 1990.

The Benefits of Training: To date, thousands of ITAA members have recognized the value of TA certification by pursuing a training program toward qualification as a Certified Transactional Analyst of the Training and Certification Council. Individuals interested in developing expertise in the application of transactional analysis in the fields of psychotherapy, counseling, education, or organizational applications may utilize this certification program to enhance their skills and performance.

Skills: In addition to didactic methods, transactional analysis training frequently utilizes a highly interactive group approach to professional supervision. Ongoing supervision in the use of TA includes peer-group work within the training group itself, case presentations and discussions, diagnosis and treatment planning, and audio- or videotape critique.

Personal Development: As well as learning the theory and methods of transactional analysis, trainees usually experience considerable personal development during training. Training puts great emphasis on the resolution of personal issues as they are brought to the foreground in the process of working with others.

Broad Opportunities: During training programs, seminars, and international conferences, there is much opportunity for trainees to establish professional relationships, both locally, nationally, and in the larger world community of the International Transactional Analysis Association. In this way, trainees are also educated in a variety of related theoretical and practical approaches.

Building a Practice: The training and certification processes are based on high standards, which are reflected in the ability of Certified Transactional Analysts to establish themselves in satisfying professional positions or private practices that are both professionally and financially rewarding.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	BOC/COC COC BOC	March 22, 1992 July 5, 1992 Nov. 12, 1992	Brighton, England Stockholm, Sweden Auckland, N. Zealand	Dec. 23, 1991 Apr. 6, 1992 Aug. 12, 1992
TSTA Oral	BOC/COC COC BOC	March 22, 1992 July 5, 1992 Nov. 12, 1992	Brighton, England Stockholm, Sweden Auckland, N. Zealand	Dec. 23, 1991 Apr. 6, 1992 Aug. 12, 1992
CTA Written Exams		March 14/15, '92 July 10/11, 1992 Nov. 13/14, 1992	To be announced To be announced To be announced	Dec. 14, 1991 Apr. 10, 1992 Aug. 13, 1992
Training Endorse. Workshops		Mar. 26-28, 1992 July 11-13, 1992 Nov. 17-19, 1992	Brighton, England Stockholm, Sweden Auckland, N. Zealand	Nov. 26, 1991 March 11, 1992 July 17, 1992

Note: All candidates applying for Brighton exams, whether European residents or not, need to apply directly to the appropriate COC Language Group Coordinator (see below) and to make payment directly to EATA. Please do not send Brighton exam applications to the ITAA office.
To make arrangements to take a BOC exam, contact the T&C Council, 1772 Vallejo St., San Francisco, CA 94123, USA; **to arrange to take a COC exam,** contact your EATA Language Coordinator: German-speaking—Ingrid Wandel, Schwedenschanze 7 C/D, D-7750 Konstanz, Germany; French-speaking—Chantal Merat, Avenue du Kouter 14, B-1160 Bruxelles, Belgium; Dutch-speaking—Nelly Micholt, Eikenboslaan 25, B-3200 Leuven, Belgium; Italian-speaking—Carla Melvyn, 4, Chemin de Vert-Pre, CH-1213 Petit-Lancy, Geneve, Switzerland; English-speaking—Mary Cox, Cambrai House, Calderbridge, Seascale, Cumbria CA20 1DH, England; Spanish- and Portuguese-speaking—Conchita de Diego, Guzman el Bueno 135/13, 28003 Madrid, Spain.
Training Endorsement Workshop fee: $395 payable in US dollars to T&C Council, c/o the T & C Council office, 1772 Vallejo St., San Francisco, CA 94123, USA

EXECUTIVE DIRECTOR'S COLUMN

continued from page 2

third-floor apartment window in Oakland (which afforded a too-good view) in between packing a few things, as the fire came to within 10 blocks).

Like all staff, Ann responds to information inquiries. She easily mastered the office computer database and programs and prepares the ITAA's financial and statistical reports, as well as preparing for governance meetings at the designated conferences. Conference coordinating involves a variety of activities, including *Script* and other publicity. Assisting Consulting Editor Robin Fryer with the production of *The Script* and the *TAJ*, Ann even enjoys pushing up her sleeves and packing the publications to be sent to airmail recipients and all ITAA affiliates!

A capable and hard worker, Ann is a valuable addition to the ITAA family. If you haven't "met" her yet, keep her in mind the next time you visit, call, or write, and say hello; I think you will enjoy your contact with her! □

Integrative Psychotherapy Workshop

with

Richard G. Erskine, Ph.D.
Rebecca L. Trautmann, RN, MSW

August 7-16, 1992

This ten-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy. Concepts that may be covered include: developmental theory and regressive therapy; the psychotherapeutic applications of Self Psychology; Object Relations Theories; treatment of Parental introjects; and group process.

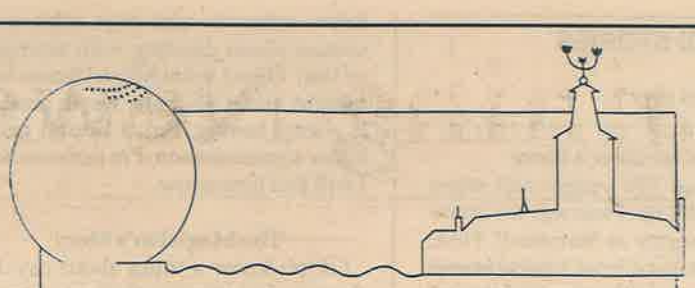
Various methodologies will be taught and demonstrated and may include: contact, inquiry, affective attunement, involvement, modes of empathy, and the effective use of counter-transference.

The workshop is for professionals in the mental health field who want personal work followed by an understanding of theory and treatment planning. An opportunity will be available to discuss specific cases from your own practice. A previous workshop is described in the book *Integrative Psychotherapy in Action* by Richard Erskine and Janet Moursund: 1988, Sage Publications, London and Newbury Park, CA.

Cost: $1550.00 tuition, room and meals included.
Deposit: $350.00 non-refundable.
Location: Near New York City at the Old Chestnut Inn, with spacious grounds, gardens and swimming.

For more information and to register contact:

Richard G. Erskine, Ph.D.
Institute for Integrative Psychotherapy
500 East 85th Street, New York, NY 10028 • (212) 734-5291



A TRANSACTIONAL EUROPE

18th Conference of the European Association of Transactional Analysis
in Stockholm July 6 - 9 1992

A TRANSACTIONAL EUROPE

National uniqueness - European Unification.

We believe that the manifoldness of differences in every country stimulates the development of TA in theory and application. As a theme for this EATA-Conference we want to stress the adventurous meetings that arise when people transact with each other from their unique national starting-points. On the European scene today we can observe two tendencies. One that goes towards unification of common interests like the Common Market, and one towards national self-determination like in the Baltic States. People seem to have the need both to feel safe in a deep rooted national separateness and to get stimulation from the diversity of many unique national impulses. We have a hunger both for structure and stimulation, as Eric Berne pointed out.

At this conference we want to stimulate a multi-cultural European TA-encounter. We want to do that by inviting every European TA-country to discuss and find out what their common uniform identity is.

Date July 5 - 9, 1992.
Location Star Hotel, Sollentuna, Stockholm.

The conference fee includes: all workshops, proceedings, 4 luncheons, coffee, reception, dinner buffet at the City Hall of Stockholm and evening picnic.

Fee

	Members	NonMembers
Before Jan 15th 1992	SEK 2300	SEK 2500
Jan 15th - June 1st	SEK 2500	SEK 2700
After June 1st	SEK 2700	SEK 2900

Prices incl. VAT 25%

Call for proposals: Please send your proposal to the address you find below. **Deadline Dec 15th , 1991.**

Further information: Local organization committée: Marita Delvert, Kerstin Ljungström, Gun Munck tel.+46(8)661 06 93, fax+46(8)663 90 99.
Address scientific correspondence to: Program Committee, Högklint, S-642 00 FLEN, Sweden.

SCRIPT AD RATES

Send only camera-ready copy.
Deadlines: first of month prior to month of publication (September 1 for September-October *Script*; no issues printed in January, May, or September.)

Classified Ads: $5/line (80 characters/spaces)

Sixteenth Page - $50.
2" x 3"
Eighth Page - $90.
Horizontal: 4-1/2" x 3"
Quarter Page - $170.
4-1/4" x 6"
Three-Eighths Page - $250.
Vertical: 4-1/4" x 9-1/4"
Half Page - $330.
Horizontal: 9-1/4" x 6"
Vertical: 4-1/4" x 12-1/2"
Nine-Sixteenths Page - $370.
6-3/4" x 9-1/4"
Full Page - $625.
9-1/4" x 12-1/2"

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SANDRA G. LANDSMAN, PH.D., C.T.M.

May 13-17, 1992

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STAMFORD STORIES

continued from page 1

The Caretaker's Story

Here we had 300 people and some important visitors. How did we invite them to be happy at Stamford? First, with a structure of brief interventions to point them to each other and the joy of non-sex. Short speeches, good and healthy food, an obvious de-emphasis on alcoholic beverages, energetic and upscale musicians at parties and the banquet, and an outstanding young magician to welcome them. Second, with a registration desk that operates like Mama did to make cares vanish and problems become gateways. Third, with a hotel that intends to be friendly and helpful, in spite of problems hotels often seem to have. And finally, with some information about what there is to do in this major gateway city to New England, like the symphony and the performance of Friml's "The Vagabond King."

The Firstimer's Story

This is my first TA conference. People here seem friendly, but also very busy. Whoever he is at the registration desk was very nice, and I've got all my materials, and I loved the magician, even though the musicians in the hallway didn't want to stop, so I couldn't always hear him. I notice that the people who passed exams have a ribbon on that says, "I Passed." I wonder what kind of a ribbon they give to the people who didn't pass, and I wonder how things are going at home, and I wish I knew someone else here who is as unsure about dancing with strangers as I am. I liked what Muriel James said tonight, about life being worth passion. It wasn't boring. But if I don't get to know someone soon, I'm not sure how I will feel tomorrow.

The Magician's Story

I don't know a thing about psychotherapy, but this was the best group of adults I've ever done a show for. They were great.

ERTAA'S/USATAA'S/ITAA'S Story

All these nice people. How can we get them to join/stay around/participate in the Association(s)?

Well, those are some of the stories people are telling. Jim Allen, one of the keynote speakers, would say that somewhere in and among those stories (and your own) is the conference that happened in Stamford in 1991. That's my construction, anyway. You all come back. We'll leave the light on for you.

Tom Nissley, MDiv, CM, was Coordinator of the Conference Organizing Team for Stamford and is President of Ridgelea Institute and Ridgelea Tours in Stamford, Connecticut, USA. □



Leila Erskine with daddy, Richard Erskine



Anne Waters, EATA President and Affiliate Council Chair



Sumika Moronaga and Yoshitaka Moronaga of Japan say hello to Madelyn Low, four-month-old daughter of ITAA Executive Director Susan Sevilla



Tom Nissley of Stamford, Connecticut, USA, Charlotte Daellenbach of Christchurch, New Zealand, and Sissel Knibe of Taiwan



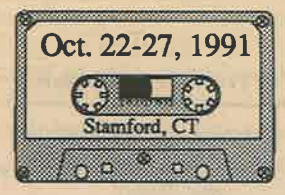
Stamford Kickoff speaker Muriel James with Father George Kandathil (far right) and other ICTA members from India



Jenni and Mervyn Hine receive awards for service to the ITAA; Jenni for her work as Project Leader for the Catalog of Benefits and Mervyn for his work as ITAA Treasurer



Ann Ormston, Conference Registrar, and Tom Nissley, Coordinator of Conference Organizing Team



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The 29th Annual Conference of the ITAA,
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