INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XXI NUMBER 8 NOVEMBER 1990

The Script®

INSIDE:

2 Transactional Negotiating
The Biggest Party Ever

3 Humor is a Laughing Matter
Selected Volume Advance Orders

4 Liability Insurance
Membership Gift Form

5 Mississauga Conference
Registration Information

ITAA Designates First Regional Conference Site for Business Meetings

by Susan Sevilla

This coming April 25-28, 1991, the Canadian Association of Transactional Analysis (CATA) will hold its Spring Conference in Mississauga (near Toronto). The theme of the conference is "When Walls Crumble—Rebirth." The ITAA is pleased to designate this conference as the site of the ITAA business meetings. This *Script* contains details on the Spring Conference, including information on registration.

The designation of the CATA Conference this year takes the place of the former ITAA Winter Congress, which will no longer be held. We anticipate that ITAA endorsement will draw 200 international delegates, at least double the size of the normal CATA Spring meeting. The aim of the ITAA in designating conferences is to enable the affiliated associations to have a more successful conference through the presence of so many ITAA volunteers (eg, officers, BOC examiners, and committee chairs) who are also willing to present. The ITAA should receive a portion of the final CATA conference profits to offset the loss taken by giving up the Winter Congress.

The CATA Spring Conference committee includes Chair Dale Perrin and members Judith Ryan, Laura McKenzie, Maureen Donlevy, Barb Dodwell, Irma Perrin, Dawne-Ann Chisholme, Cathy Burton, Pat Glowacki, and Chris MacDonald. The original objective of the CATA Spring Conference was to showcase Canadian talent. Now, with the special designation by ITAA, the committee is putting together a fine scientific program composed of approximately two-thirds top TA presenters from outside Canada and one third from Canada. ITAA Past-President Vince Gilpin of Canada will serve as keynote speaker. In addition, Lucie King of Illinois and Donna Dupuis of Canada will conduct two all-day preconference institutes.

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The Canadian Association of Transactional Analysis was founded in 1976 and has grown to over 100 members. Beginning January 1990, CATA became the second ITAA Organizational Member, upon signing a contract of organizational affiliation approved by the ITAA Board of Trustees. We are now completing our first year of smooth administration of this affiliation, and look forward to kicking off the second year together in Mississauga next April. Please join us there! □



Vince Gilpin, keynote speaker for the CATA Spring Conference in Mississauga

Addiction, Addiction: Enough Already!

by Bill Cornell

Recently a man came to me for therapy; he describes himself as a "recovering alcoholic." I have no quarrel with his assessment of himself as an alcoholic. He was drunk almost constantly for several years, with a failed marriage and several jobs along the way. I had no doubt that total abstinence was the wisest course for him. It was the adjective "recovering" that I questioned. Since he had now been sober considerably longer than he had originally been drinking, I thought perhaps he had earned the label "recovered." He still attended several AA meetings a week, and until me, all of his previous therapy had been with therapists who worked from an addiction/disease model. He was not seeing me for alcohol-related problems, but for a general sense of malaise and persistent anxiety.

My client said his family was extremely supportive of his "recovery." To illustrate, he described a recent incident in which he had felt rather down and irritable. His teenage daughter asked if he had been to an AA meeting recently. My client replied that it had been several days, and as my client related with pride, his daughter said, "Well, get yourself to a meeting tonight. You've been a real grouch lately." I commented that I found his daughter's "support" appalling. It seemed to me that it would have been more appropriate if one of his children or his spouse had noticed that he was irritable for them to ask if there was something bothering him and whether he wanted to talk about it, rather than dismissing him to an AA meeting.

It soon became apparent that his family's tendency and his own habit of dismissing his anger and pain had a great deal to do with the malaise and anxiety that brought him back into therapy. His emotional support system, such as it was, was in his AA network, not within his family. He was ever-ready to see himself as the problem, unable to make demands on his family or express his feelings in a way that expected any real change.

Many of my clients come to me with questions about the addiction/disease/co-dependency books and articles that abound in bookstores and magazines these days. It is also a frequent topic of discussion in my supervision groups. Recently, in one of these groups, Anne Steytler, a long-time member of the TA community here in Pittsburgh, complained, "I'm sick and tired of hearing co-dependency and wounded child. Wounded children, wounded children . . . some of these 'children' are brats. There's more to a Child ego state than the wounded part. And hasn't anybody told these people (i.e., addiction-based therapists) that there's more ego states than the Child, and that they all get messed up when people drink or are raised by drunk parents. We TA people should teach them about the other ego states." It was Anne's complaint that set this article in motion.

Recent books in the addiction movement suggest that we can be *addicted* to any of the three corners of the Drama Triangle. Robin Norwood's book, *Women Who Love Too Much*, suggests we (women, especially) can be addicted to the Rescue position. Peg Blackstone wrote a brief but excellent article in the *TAJ* in 1987 called, "Loving Too Much—Disease or Decision," which I often give clients to help them sort through the disease/addiction model. Mary Riley's *Corporate Healing: Solutions to the Impact of the Addiction Personality in the Workplace* posits that we (especially men) can be *addicted* to the Persecutor position. A myriad of co-dependency books suggests we can be addicted to the Victim position. Perhaps if Steve Karpman had looked a little harder he could have found the genetic marker for each of these positions.

There are big bucks to be made in "addiction treatment" these days, but poor theory and limited therapeutic technique are generating those dollars. Books on addiction and co-dependency are being published at an amazing rate, although I have a hard time telling them apart by their content—many are distinguished primarily by their titles and cover art.

As a TA therapist I am disturbed by the resurgence of the medical model in a new guise, a model that suggests that no one is ever cured. As a TA therapist I am frustrated with the acceptance of the concept of addiction as a disease "explaining" the nature of repetitive, dysfunctional behavior. I find such TA concepts as Parent and Child ego states, scripts, games, rackets, strokes, and

- continued on page 8

EDITOR'S COLUMN



by William Krieger

I've Gotta Go Pack

Well, he's here, and I want you to get acquainted. I know you must be nervous about having a "new person" in your life as Editor of *The Script*, but remember, he's even more nervous than you are. He's coming into your home, and he probably feels like he has to prove himself. Please make him feel welcome, overlook his early mistakes, and give him lots of positive strokes for the new and exciting things he'll be doing.

I want to introduce you to Gerald Cartmel of Queensland, Australia. He is a physician practicing in rural western Australia. He studied medicine at Kings College in London where he was on the eight-man rowing team. He served three years in the Royal Navy stationed in Sri Lanka and Ulster and then received diplomas in obstetrics and anaesthetics. In 1960 he migrated to western Australia where he practiced as a general practitioner. According to Gerald, "By 1976 I was becoming disillusioned by the limitations of approaching disease simply by chemical and surgical methods and started looking for the reasons why people became sick and the dynamics of family illness." By chance he met Jeff and Maggie White, and eventually began training for clinical membership in the ITAA.

Gerald completed a three-year term on the *TAJ* Editorial Board in January 1990 and has had two articles on psychosomatic disease published in that journal (the second co-authored with his wife, Gloria). He credits TA with providing the structure for sociopsychology, which was missing in his practice.

There is much to know about this man who says, "I was born under a wandering star and have led a life full of incident." I'm sure as you spend time with each other you'll get to know one another intimately.

I've gotta go pack. I'll say goodbye before I leave (in my last issue).

* * * * * *

Question for the Month: Is parting always this hard? □

PRESIDENT'S COLUMN



by Julie Hay

Transactional Negotiating

I have been reading a book entitled *How To Negotiate Worldwide*. The authors explain that there are different preferences around negotiating styles in different countries. Hardly a surprise to those of us interested in transactional analysis. We know that people in different countries grow up with different cultural messages.

What interested me most, though, was the opportunity to compare some of the approaches described in the book with how we might negotiate from an "I'm OK, You're OK" philosophy. The ITAA is doing a lot of negotiating nowadays, especially regarding affiliation agreements and arrangements for designated and joint conferences. Perhaps our negotiators will need to change their styles significantly for different areas of the world. Perhaps they will also need to assess themselves and the other parties to the negotiation for degree of "OKness" as a negotiating philosophy.

For example, the authors asked executives from several countries to indicate their preferred negotiating patterns. There were clear differences. Those in the USA, South Africa, and Brazil opted for a competitive, assertive (aggressive?) style of giving nothing away until the end of negotiations. In Canada, Australia, New Zealand, Taiwan, and Thailand, people would rather be generous to start with and then give less and less as negotiations proceed. Executives in Hong Kong, Singapore, Malaysia, Indonesia, the Philippines, India, and Kenya prefer the opposite pattern—they start low and concede increasingly more as the relationship develops between the negotiators.

Although there were three different patterns for preferred approaches, there was much more agreement on how not to do it. No one thought it wise to give away all possible concessions at the start of negotiations. Being open and honest, especially when dealing with someone new, was seen as unwise and naive. Only with long-term negotiating relationships was it regarded as feasible to tell the truth at the beginning about what you want to get and what you are prepared to give.

Instead of honesty, there are many negotiating techniques that are described in the book. From a long list of tactics, I have identified three that I think have special significance for the ITAA. Described in the book as professional, or fair, tactics, I can see how each could be used manipulatively instead of in a straight way.

Power of Powerlessness: When your position is weak, show the other side how much they have to lose if they demand too much from you. For example, "If we go bankrupt, you won't get any more services from us." "If you make us pay more fees, we will not have enough left to maintain our own operation."

These can be genuine statements about the reality of the situation. However, they may also be exaggerations. We need to have clear information about financial and other matters if we are to determine the true degree of risk involved.

Turn the Tables: This tactic works in a seller's market. Make them prove why they deserve what you are offering. For example: "Plenty of others want to work with us on this; why should we pick you?"

The danger here is the creation of a dependency relationship between the negotiating parties. We need mutual respect for the capabilities of each other so that we can come together as equals with a shared objective.

Rely on Policy: This involves initiating policies that impose limits on your area of negotiation. For example, "The Board decision on this does not allow me to change the arrangements."

If the negotiating parties have conflicting policies, negotiation may become impossible. If only one side has such limitations, they may use them to force compliance. We need creativity and flexibility in the interpretation of policies—the spirit of the policies set by TA organizations are likely to coincide across cultural boundaries even though the customary applications may differ.

I began this column by mentioning that the ITAA is currently engaged in a number of negotiations. These organization-to-organization initiatives are, of course, conducted by individuals. Many of us are actively involved; others are able to observe the process. Whenever we choose to be open and honest, we are likely to be cutting across the cultural norms of our society. (Remember that none of the executives gave honesty as a preferred negotiating style!) Each time we do this, let's congratulate ourselves for avoiding the pitfalls and for once again demonstrating the powerfulness of an "I'm OK, You're OK" philosophy.

Whenever we choose to be open and honest, we are likely to be cutting across the cultural norms of our society.

Reference
Hendon, D. W., & Hendon, R. A. (1989). *How to Negotiate Worldwide*. Gower. □

EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

The Biggest Party in German History

I can't pass up this opportunity to comment on one of the most historical events of recent history: At midnight on October 2, 1990, amid fireworks which lit up the Brandenburg Gate in Berlin, a crowd of an estimated one million Germans gathered to celebrate the reunification of East and West Germany.

Many Germans have been awaiting this moment for 45 years. It is the completion of the symbolic reunification that occurred when the Berlin Wall—erected in August 1941—crumbled last November.

The reunification is of no small significance to the ITAA membership, which includes nearly 1,000 Germans, almost a seventh of our entire number. In addition, the impact of the reunification will be felt all over Europe, thus affecting an even larger segment of our membership.

The midnight celebration ended 45 bitter years of division and represented a dream come true for most Germans. As President Richard von Weizsaecker declared that night, "In free self-determination, we would like to fulfill German unity in freedom. We are aware of our responsibility for these tasks before God and people. We want to serve peace in the world and a united Europe."

The real challenge, of course, is ahead. As the 16 million East Germans of the German Democratic Republic merge with the 61 million citizens of the Federal Republic of Germany, Chancellor Helmut Kohl will be faced with an enormous budget deficit, economic problems (such as the unemployment of one million East Germans), and the rebuilding of East German roads, schools, and hospitals. Social tensions will be unavoidable, and the future will be the true test of international integration and ethnic tolerance.

I don't usually write my column on world politics, but this joyful occasion seemed too important to pass up. The opening of the East is a subject which interests all members. Germany has an important role to play in building a bridge between East and West. Its potent economy and its sheer size and strength will be important for reshaping Europe for years to come. A great potential exists for deepening and broadening European unity and for affecting the developing European Economic Community.

To all Germans: Warmest regards from the ITAA as you achieve unity in freedom. □

The reunification is of no small significance to the ITAA membership, which includes nearly 1,000 Germans.

The Script

Editor: William Krieger, EdD
Consulting Editor: Robin Fryer, MSW

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Humor is a Laughing Matter

by Abe Wagner

Humor is one of the best methods I know for inviting people to let in new ideas, reduce resistance, relax, and be open to change. Obviously, when people smile or laugh they have activated the Natural Child. Perhaps one of my strongest suits as a trainer is my ability to invite an anxious or resistant client or audience to relax and be open. I have found that to be true in my organizational training and also as a psychotherapist.

I am reminded of Norman Cousins, a well-known magazine publisher, who was dying of a back disease. He decided that laughter might help him feel better, so he watched "Candid Camera" and Marx Brothers tapes and laughed for twenty minutes a day. Convinced that he cured his illness by laughing, he wrote *The Anatomy of an Illness* as a result. In addition, it was recently discovered that when we laugh and cry our bodies secrete beta-endorphins, which support the immune system.

It was recently discovered that when we laugh and cry our bodies secrete beta-endorphins, which support the immune system.

I encourage you to consider using humor as an integral part of your transactional analysis practice—in psychotherapy, education, and organizational work. Humor can take the form of anecdotes, satire, jokes, and wit. I have personally used jokes, wit, and anecdotes extensively. Here are a few samples you might enjoy.

If I ask a question of a specific person and someone else answers it, in a humorous and smiling way I often ask, "Are you a ventriloquist?" Just about everyone laughs, including the person who did the Rescuing.

I ask a person his name, and when he tells me I say, "That's right! When I enter a restaurant and the maitre d' asks me if I have reservations I say, 'I sure do, but I'm still willing to eat here.' "

Have you heard the definition of a teenager? That's a two-year-old with hormones and wheels.

A woman said she got a dog for her husband. She was asked, "Was it a good trade?"

A fellow goes to a psychiatrist and says, "I'm a wigwam. I'm a teepee." The psychiatrist says, "Calm down. You're two tents."

I sometimes end a speech with a story about three flies that had just eaten a load of manure. They were so full they couldn't fly. There was a pitch fork stuck in the manure. The first fly crawled partially up the handle to try to get a head start. He fell off, but fell into the manure. The second fly climbed a bit higher, flew off, and landed in the manure. The third one went all the way to the top, flew off, and landed in the manure. The moral of the story is: If you're full of crap, don't fly off the handle.

Abe Wagner is a psychotherapist and organizational consultant from Denver, Colorado, USA. □

Volume of Selected Articles: TAJ 1971-1980

Regular Price: $25.00 (tentative price)
Advance Sale Price: $20.00

Plans are well underway for the printing of the long-awaited *Volume of Selected Articles from the Transactional Analysis Journal, 1971-1980*. This publication brings together the key articles in the development of TA theory and practice since Eric Berne's death, many of which are no longer available elsewhere. This volume will be a valuable asset in preserving TA history and tradition, in helping people in the process of TA training and supervision, and in preparing people to use and communicate through transactional analysis. Advance orders are being accepted from now until December 31, 1990, with publication anticipated in early 1991. Please fill out the order blank below and return with your check (in US funds only) to the ITAA office or fill in the credit card information below.

Name _____

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Expiration Date _____ Signature _____

Make checks payable to ITAA. All discount orders must be prepaid.

ANNOUNCING: ITAA/ERTAA/USATAA Joint Conference

CALL FOR PROPOSALS

Theme: "Creating Future Realities: Choice, Chance, Change"
October 22-27, 1991 * Sheraton Hotel * Stamford, Connecticut, USA

You are cordially invited to submit program ideas. Submission of your proposal should include: 1) information cover sheet (below), 2) an abstract of no more than 100 words, 3) a short biographical sketch, and 4) an outline of your presentation.

Deadline: December 1, 1990

I: INFORMATION COVER SHEET

Title of Presentation _____

Name (include academic credentials and ITAA certification. Note: If you are not a certified Transactional Analyst, please include a signed note from a certified member indicating endorsement of your presentation.) _____

Street Address City State/Zip _____

Country Telephone-Home Telephone-Business _____

Format (lecture, discussion, panel, paper, experiential, etc.) _____

Duration:____ 2 hours ___3 hours (Note: All papers are 50 minutes long.)

Area: ____Clinical ____ Organizational ____Educational Other: _____

Track: ____Theory ____Treatment ____ Methodology ____Comparative Modalities

_____Marriage & Family _____Social Issues. Other: _____

Level: _____ Beginner ____ Intermediate _____ Highly Skilled

Co-Presenter(s) Name & Highest Academic Degree (Note: you are responsible for contacting co-presenters, and for ensuring their attendance or replacement): _____

Size Limit of Group:____ 30 ___ 60 ____Unlimited

Language of the presentation: ____English, Other: _____

Equipment Needed (chalk board, flip chart, movable chairs, etc.) Note: It will be difficult to obtain audiovisual equipment. If you need any, please describe how you will supply it: _____

Safety—Please describe any aspect of your presentation which could be a potential safety risk (eg, intense physical or emotional experiences) and what protection you will provide: _____

Is this a new presentation?__Yes. If not new, where and when has it been presented before? _____

Goals and objectives: What are the goals/objectives of your workshop _____

Audiotaping: Some presentations may be audiotaped. Please indicate by your signature your permission for the Conference to audiotape and offer the tape for sale: _____

II. ABSTRACT. Please attach a typed abstract of not more than 100 words describing your proposed presentation.

III. SHORT BIOGRAPHICAL SKETCH. Please include a 20-word biographical sketch.

IV. OUTLINE OF PRESENTATION. Please outline what will happen, how you will use the time, what learning aids you will use to enhance the learning. Maximum 2 typed pages; see sample below.

Time	Activity	Aids
5 minutes	Introduction	Distribute Handouts
10-15 minutes	Group Contracting	
30 minutes	Teaching theory of script as introjection	3 diagrams (flip chart)
10 minutes	Group exercise: family dinner table scene	
10 minutes	Discussion of exercise	Movable chairs
20 minutes	Teaching of theory of script as transference	2 diagrams (flip chart)
10 minutes	Form group of 3 people for exercise	
10 minutes	Discussion, Concluding remarks	

Fees: Presenters attending the full conference are asked to pay the conference registration fee. Presenters attending only to present are asked to pay the one-day registration fee.

RETURN YOUR PROPOSAL BY DECEMBER 1, 1990, TO: ITAA/ERTAA/USATAA CONFERENCE, Carole Gesme, 4036 Kerny Ct., Minnetonka, MN 55343, USA.
This conference is co-sponsored by the ITAA, the USATAA, and ERTAA. Most of the program will be invitational. Those who wish to present in the few slots available must also agree to prepare an article for the Conference Proceedings Book. No proposal will be accepted after December 1, 1990.

Organizational News

Professional Liability Insurance Now Available to ITAA Members in the USA

The most frequent request we receive regarding insurance is for professional liablity insurance for our members who are in the private practice of psychotherapy. We have finally succeeded in negotiating for a policy that will benefit US members.

From now until February 1, 1991, all US members of the ITAA are eligible to apply for the new Professional Liability Insurance Plan, whether an employee or part-time self-employed or totally self-employed.

This plan provides members with two coverage options: The first provides up to $1,000,000 coverage per year; the other provides up to $1,000,000 coverage per claim up to $3,000,000 per year.

This plan provides a number of important benefits, including coverage for all legal defense costs without limit for all eligible suits. Members can also receive up to $25/day for lost earnings due to investigation of a covered suit. All settlement costs, including court judgments and out-of-court settlements up to the limit of the policy are also covered.

Rates under this plan will vary depending on the member's occupation, with a few exclusions on occupation (e.g., psychiatrists, nurse midwives, etc.), but all premiums are considerably lower than most comparable plans purchased on an individual basis.

All US ITAA members who are not already insured under the Professional Liability Insurance Plan will be receiving information about the plan soon. For details, write the ITAA Insurance Administrator, Albert H. Wohlers & Co., 1440 N. Northwest Highway, Park Ridge, Illinois 60068-1300, or call toll free 1-800-323-2106; Illinois residents call 1-708-803-3100.

Disability Plan for U.S. Members

The ITAA endorses a group disability income insurance plan designed to provide financial security for US members and/or their spouses. The plan pays a monthly benefit of $1,000 for a disability from a covered injury or illness.

Monthly benefits are paid directly to the person insured and can be used however that person wishes. Benefits are tax-free, and payment begins on the 31st day of disability. The plan also pays up to one year for disabilities from covered accidents or illnesses.

ITAA members in the US may take advantage of a special enrollment period that offers easy acceptance through December 1, 1990. Members and/or their spouses who worked at least 30 hours per week for the last 90 days and are under the age of 60 are eligible to apply for this plan if they satisfy the minimal requirements outlined in the application. Applying now with the shorter, easier application will save time over applying later with the longer application that includes more detailed health questions.

The cost of the ITAA Disability Plan is lower than that of an individually purchased policy. The mass purchasing power of the ITAA helps make semi-annual premiums affordable. Members who are insured will recive year-round coverage anywhere in the world.

For more information, contact Albert H. Wohlers, Group Insurance Plans, 1440 N. Northwest Highway, Park Ridge, Illinois 60068-1400, or call toll free 1-800-323-2106; in Illinois call 1-708-803-3100. □

The Statement of Ethics and Guidelines for Handling Ethics Violations Within the ITAA are available on request from the ITAA office.

Integrative Psychotherapy Workshop

with

Richard G. Erskine, Ph.D.
Rebecca L. Trautmann, RN, MSW

August 9-18, 1991

This ten-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy. Concepts that may be covered include: developmental theory and regressive therapy; the psychotherapeutic applications of Object Relations Theories; the Self; treatment of Parental introjects; and group process.

Various methodologies will be taught and demonstrated and may include: contact, affective attunement, six modes of empathy, transformation, basic unity, and the effective use of countertransference.

The workshop is for professionals in the mental health field who want personal work followed by an understanding of theory and treatment planning. An opportunity will be available to discuss specific cases from your own practice. A previous workshop is described in the book *Integrative Psychotherapy in Action* by Richard Erskine and Janet Moursund: 1988, Sage Publications, London and Newbury Park, CA.

Cost: $1550.00 tuition, room and meals included.
Deposit: $350.00 non-refundable.
Location: Near New York City at the Old Chestnut Inn, with spacious grounds, gardens and swimming.

For more information and to register contact:

Richard G. Erskine, Ph.D.
Institute for Integrative Psychotherapy
500 East 85th Street, New York, NY 10028 • (212) 734-5291

GIVE THE GIFT OF TA THIS HOLIDAY SEASON

Having trouble thinking of gifts for friends and relatives?

Do you know someone you would like to see become a member of ITAA?

Want to help ITAA grow in the New Year?

Then, give an ITAA subscription or membership to someone special!

Subscription—$35 individuals. Benefits include a year's subscription to the *Transactional Analysis Journal* (published quarterly).

Associate Membership—$50. This is a general interest level membership which indicates support for the humanistic goals of ITAA. Benefits include a year's subscription to the *Transactional Analysis Journal* (published quarterly); *The Script* newsletter (published nine times a year); a membership directory; reduced conference registration; group life, health, disability, and professional liability insurance options (for USA members only); and car rental discounts.

Affiliate Membership: Individuals residing in Canada, Europe, and parts of India may be eligible for ITAA Affiliate Membership. Contact your local TA Association to see if you can give a membership gift that includes ITAA membership.

To announce your special gift, the ITAA will send a holiday gift card from you to each person you sign up for a subscription or membership. In addition, if you request it, we will also send information about membership categories leading to possible certification in TA.

So, don't delay - this year, give the gift of TA!

1. Send a: ____ Subscription ($35) ____ Associate Membership ($50)

To: _____
Name Degree

_____
Address

_____
City/State/Country Postal (Zip) Code

2. Send a: ____ Subscription ($35) ____ Associate Membership ($50)

To: _____
Name Degree

_____
Address

_____
City/State/Country Postal (Zip) Code

From:

Payment Options

1. ____ Check enclosed; total amount: $ _____ . Please note: Payment must be in USA dollars drawn on a USA bank.

2. Bill my _____ Mastercard _____ Visa Signature _____
Expiration Date _____ Card Number _____

1991 CATA Spring Conference

*April 25-28, 1991 * Mississauga, Ontario, Canada*

KEYNOTE ADDRESS

Vince Gilpin, psychiatric social worker and ITAA Past-President, is keynote speaker for the 1991 CATA Spring Conference. A former Assistant Professor in the Department of Psychiatry, Queen's University, Kingston, Ontario, he has also taught in India, Jamaica, the United States, and all over Canada.

Gilpin will open the conference on Friday, April 26, at 7:30 pm with his keynote speech addressing the issues of power and oppression. As he says, "The abusive use of power constitutes oppression. Oppression is humiliating, demeaning, restrictive, and leads to the demise of creativity. When our creativity is stultified we experience a kind of death. There is much focus these days on the effects of oppression and abuse on the human spirit. Practitioners are endeavoring to discover more creative ways of facilitating recovery from abuse. We believe that when the walls of oppression and abuse—be they political, social, or familial—are removed it gives rise to the rebirth of the spontaneous, creative potential in everyone and a resurgence of healthy lifestyles and prosperity in the community."

ABOUT CATA

The Canadian Association for Transactional Analysis (CATA) was founded in 1975 as a national nonprofit organization to support and encourage those interested in the use of TA in their personal and professionel lives. CATA is an affiliate of the International Transactional Analysis Association.

MISSISSAUGA

Mississauga, Ontario, is located on the northwest shore of Lake Ontario. A rapidly growing city of over 450,000 people, it is Canada's ninth largest city.

Sports and leisure activities abound and parks and recreation facilities provide the opportunity for everything from live plays and concerts at the new Meadowvale Theatre to salmon fishing. For shoppers there is Square One in the City Centre as well as Canada's biggest off-price shopping center, the Dixie Value Mall.

For more visitor information on the Province of Ontario, contact the Ontario Ministry of Tourism at: Ontario Travel, 900 Bay Street, Queen's Park, Toronto, Ontario M7A 2E5, or call 1-800-268-3735.

For visitor information on Canada in general, call or write to The Canadian Office of Tourism: 235 Queen Street, Ottawa, Ontario, K1A 1H6, (613)995-0524.

US citizens do not need passports or visas to enter Canada, but must carry a birth certificate or I.D. proving citizenship.

Citizens of other countries should check visa requirements at their local Canadian Consulate.

PRESENTERS

Ginette Ayache, MA, Canada
Frances Bonds-White, EdD, USA
Thomas Champeau, Canada
Barbara Clark, MEd,
& Michael Matze, PhD, USA
Fred Clark, MDiv, USA
Marie Desrochers, MD, Canada
Donna Dupuis, MSW, Canada
Lucy Freedman, MAT, USA
Felipe Garcia, MA, Ted Harrison, MS,
& Jack Kaufman, DSW, USA
Carole Gesme, USA
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Landy Gobes, MSW, USA
Julie Hay, MPhil, England
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Robin Maslen, MSW, Australia
Robert Massey, PhD, USA
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Carol Morris, DipCS, Canada
Karen Olio, MEd, USA
Irma Perrin, Canada
Nancy Porter-Steele, PhD, Canada
Suzanne Robinson, MSW, Canada
Sheryn Scott, MA, USA

TRAVEL

Air Canada has been designated the Official Airline of the 1991 CATA Spring Conference and will be offering its Special Meeting Fare to conference participants. Dial 1-800-361-7585 toll-free to make a reservation through Convention Central. If you need a car, Convention Central can handle your reservation at that time. Make sure to use our Convention I.D. Number (91-7027) when making flight reservations.

Ramada Hotel Airport West

Located 15 minutes from the Toronto International Airport, the Ramada Hotel Airport West provides free shuttle service, and features an indoor/outdoor pool, saunas, games, and exercise rooms.

The following prices—in Canadian dollars—for the Ramada Hotel are in effect until December 31, 1990; when you contact the hotel for your reservations you will be informed of any changes.

EXCHANGE RATE (as of 10/90): approx. $.85CAN - $.90CAN = $1.00US.

A) Room with 1 Queen Bed & 1 Sofa Bed: Single - $98CAN,
Double - $108CAN
B) Room with 2 Queen Beds:
Single - $100CAN,
Double - $110CAN
C) Room with 1 King Size Bed:
Single - $102CAN,
Double - $112CAN
D) Deluxe Suite (8 available):
$160CAN and up.
Additional persons, add $10CAN.

FOR ROOM RESERVATIONS:
Ramada Hotel Airport West
5444 Dixie Road
Mississauga, Ontario L4W 2L2
Telephone: 416-624-1144
FAX: 416-624-9477
Canada 1-800-268-8998
USA 1-800-228-9898

1991 CATA Spring Conference Schedule

PRE-CONFERENCE EVENTS

Thursday 4/25

9am-5pm	TA 101 with Janice Dowson
9am-10:30am	ITAA & T&C Council Meetings
10:45am-12:45pm	All ITAA and T&C Council Committees Meet
12:45pm-2:00pm	Lunch Break (open)
2-4pm	Committees Continue to Meet
2-4pm	Affiliate Council
4:30-6pm	ITAA Managers Reconvene
5pm	BOC Candidate's Meeting
6pm	BOC Examiner's Meetings

Friday 4/26

8am-5pm	BOC Exams
9am-5pm	TA 101 Continues
9am-5pm	D. Dupuis Institute: "From Hurt to Hope to Healing: The Adult Child's Journey" (extra fee)
9am-5pm	L. King Institute: "Rebirth of Our Womaness" (extra fee)
7pm on	Registration
7:30pm	Keynote Speech: V. Gilpin, "Power & Oppression"
8:30pm	Cocktails

CONFERENCE EVENTS

Saturday 4/27

All Day	Workshops
12:15-1:30pm	F. Bonds-White Informal Discussion for TMs/PTMs
5-7pm	Pres. Hay—TA Association President's Reception
8pm	Social Activities

Sunday 4/28

9-11:45am	Workshops
9am-12:30pm	ITAA Board of Trustees, Part I
11:45am-12:30pm	Theme panel: S. Robinson, Moderator; J. Hennig, G. Ayache, others to be named
12:30-2:30pm	Closing Brunch
2:30-5pm	ITAA Board of Trustees, Part II

POST-CONFERENCE INSTITUTE

Monday & Tuesday, April 29-30

9am-5pm	W. Cornell and K. Olio, "Treating the Wounds of Child Abuse: The Restoration of Memory, Feeling, and Self" (extra fee)

1991 CATA Spring Conference Registration

Name (Please Print) Membership Category

Street Address City

State/ Zip or Postal Code/ Country Phone (Daytime) ( ) Phone (Evening) ( )

REGISTRATION FEES (in Canadian Dollars):	*Member*	*Non-Member*
*Early Conference Registration (includes conference registration, all workshops, all social activities, cocktail party, brunch, and all administrative expenses)	$150CAN	$170CAN
Pre-Conference Institute (select one): _____ Dupuis _____ King	$ 95CAN	$115CAN
Post-Conference Institute: ___ Cornell/Olio	$175CAN	$195CAN
___ TA 101 (Introduction to TA) Supplement Thursday & Friday, 4/25-4/26	$125CAN	$140CAN
___ Keynote Address & Cocktail Party, 4/26 SPECIAL FEE NON-REGISTRANTS ONLY: (Included in Fee for full registrants)	$ 35CAN	$ 35CAN
TOTAL ENCLOSED:	$ _____	$ _____

PAYMENT: Payment must be in Canadian dollars.
Make checks and money orders payable to "CATA Spring Conference."
REGISTER WITH: CATA Spring Conference c/o Judith Ryan, 208 Leslie Street North, New Market, Ontario L3Y 3E6, Canada
Refund Policy: Your fee is fully refundable if notice in writing is received by March 22, 1991.

Training News

THANKS TO EXAMINERS

The COC and BOC extend their grateful thanks to the following colleagues who freely gave their time and expertise to examine in Brussels, July 21-22, 1990:

Lasse Ahnby
Elyane Alleysson
Erik Andren
Coby Bakels
Servaas Van Beekum
Hans Bergstrom
Annika Bjork
Ted Bruce
Lucie Bruers
Klaus Burghardt
Gerald Cartmel
Joyce Chesterton
Christine Chevalier
Daniele Chines
Bertram Christoph
Charlotte Christoph-Lemke
Fred Clark
Petruska Clarkson
Isabelle Crespelle
Maryln Crossen
Jesus Cuadra-Perez
Charlotte Daellenbach
Antoinette De Mol
Concepcion De Diego
Claude Marie Dupin
Richard Erskine
Eleanor Fawaz
Gaby Ferreira
Lisbeth Fischer
Val Garfield
Maria Gilbert
Corinne Gledhill
Angelika Glockner
Landy Gobes
David Gowling
Jose Gregoire
Raffaela Guglielmotti
Anne-Marie Guicquero
Rosy Habousha
Ki Harley
Claudette Hastie-Beahrs
Julie Hay
Gudrun Hennig
Jan Hennig
Jenni Hine
Robin Hobbes
Martha Husgen-Adler
Hanna Hyams
Jean Illsley-Clarke
Stanka Ivanovic
Gysa Jaoui
Lois Johnson
Roland Johnsson
Pierre De Jonghe
Sharon Kalinko
Anne Kohlhaas-Reith
George Kohlrieser
Goran Krafft
Bernd Kreuzburg
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Phil Lapworth
Elana Leigh
Jo Lewis
Joan Lourie
Maria Luisa De Lucca
Peter Luethi
Anna Rotondo Maggiora
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Gilles Pellerin
Georg Pelz
Michael Perring
Heidrun Peters
Maria Luisa Pisani
Marie Therese Pourtois
Jean-Pierre Quazza
Sonja De Raeymaekers
Claudie Ramond
Brit Rieber-Mohn
Margareta Robinson
Maria Teresa Romanini
Mil Rosseau
Emily Ruppert
Christine De Saint-Pierre
Pio Scilligo
Sheryn Scott
Leon Servais
Diana Shmukler
Charlotte Sills
Lise Small
Erika Stern
Kerstin Stockhem
Oddmund Teigen
Gro Traavik
Margaret Turpin
Brenda Tweed
Marijke Versprille
Fritz Wandel
Ingrid Wandel
Anne Waters
Marilyn Zalcman

TA 101 CALENDAR

December 1-2, 1990—London, England. Cost: L60. Leader: Accredited leader from metanoia Institute. Contact: Dr. Petruska Clarkson, TSTA, metanoia Psychotherapy Training Institute, 13 North Common Rd., London W5 2QB, England.

January 12-13, 1991—Bordeaux, SW France. Cost 650 FF. Leader: Michael Perring, PTSTA (French and English). Contact: Henri Torrell, La Raboullere, Lignan de Bordeaux, 33360 Latresne, SW France.

Certified Teaching Members and Certified Provisional Teaching Members of the ITAA are invited to list free of charge information about TA 101s they are presenting. To be listed, please send the following information to Robin Fryer, Consulting Editor, 1700 Ganges Ave., El Cerrito, CA 94530, USA: dates of TA 101, location, cost, leaders' names, and how to get more information. Deadline: first of the month prior to the month of publication. Note: We cannot accept tentative or open dates; please be specific.

EXAM SUPERVISORS:

Level I
Mary Cox
Alice Stevenson

Level II
Mireille De Meuron
Nelly Micholt □

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
Level I Oral	BOC	Nov. 8, 1990	St. Louis, USA	Aug. 9, 1990
	COC	Nov. 17, 1990	Mainz, W. Germany	Aug. 18, 1990
	BOC	Nov. 15, 1990	Christchurch, NZ	Aug. 13, 1990
	COC	April 13, 1991	Venice, Italy	Nov. 1, 1990
	BOC	April 26, 1991	Toronto, Canada	Jan. 26, 1991
	COC	July 7, 1991	Oldenburg,Germany	April 1, 1991
	BOC	Oct. 23, 1991	Stamford, USA	Jul. 24, 1991
Level II Oral	BOC	Nov. 15, 1990	Christchurch, NZ	Aug. 13, 1990
	BOC	April 26, 1991	Toronto, Canada	Jan. 26, 1991
	COC	July 7, 1991	Oldenburg,Germany	April 1, 1991
	BOC	Oct. 23, 1991	Stamford, USA	Jul. 24, 1991
Level I Written	BOC	Nov. 9/10, 1990	To be announced	Aug. 10, 1990
Training Endorse. Workshops	—	Oct. 27-29, 1991	Stamford, USA	Aug. 1991
		July 12-14, 1991	Oldenburg, Germany	May 10, 1991

To make arrangements to take a BOC exam, contact the T&C Council, 1772 Vallejo St., San Francisco, CA 94123, USA; **to arrange to take a COC exam,** contact EATA Language Coordinator.
Training Endorsement Workshop fee: $395 payable in US dollars to the T&C Council, c/o the T & C Council office, 1772 Vallejo St., San Francisco, CA 94123, USA.

REGISTRATION INFORMATION ON BOC AND COC EXAMS

For registration information on BOC exams, contact the T & C Council, 1772 Vallejo St., San Francisco, CA 94123, USA. For registration information on COC exams, contact the EATA COC Coordinator for your language group as listed below:

German-speaking: Ingrid Wandel, Schwedenschanze 7 C/D, D-7750 Konstanz, W. Germany

French-speaking: Chantal Merat, Avenue du Kouter 14, B-1160 Bruxelles, Belgium

Dutch-speaking: Nelly Micholt, Eikenboslaan 25, B-3200 Leuven, Belgium

Italian-speaking: Carla Melvyn, 4, Chemin de Vert-Pre, CH-1213 Petit-Lancy, Geneve, Switzerland

English-speaking: Mary Cox, Cambrai House, Calderbridge, Seascale, Cumbria CA20 1DH, England

Spanish- and Portuguese-speaking: Conchita de Diego, Guzman el Bueno 135/13, 28003 Madrid, Spain

Information Sources for Training and Certification: The ITAA Training and Certification Manual is available for $20 from the Credentials Department, c/o the ITAA office. The cost includes shipping and handling. For a copy of the EATA Training and Examination Handbook send L12 (in UK funds only) to EATA Handbook Orders, Old School House, Kingston-on-Soar, Nottingham NG11 ODE, England. Checks must be drawn on a UK bank and made payable to EATA. Price includes surface mail postage and free updates.

Setting Up A TEW: Anyone wishing to set up a Training Endorsement Workshop in a location where a TEW coordinator is not available may do so by meeting three requirements: (1) let the ITAA office know six months in advance, (2) you must have been a staff member of a previous TEW, and (3) obtain a letter of recommendation from the coordinator of the TEW on which you served.

Get Your *Script* Fast—If you are tired of waiting for your issue of *The Script* to arrive by second-class mail, send us the cost of postage ($5 USA; $15 all others), and we will send your copy by air mail for a year. Remember to include your current mailing address.

Advertisers Take Note: Through *The Script* and the *Transactional Analysis Journal* you can reach more than 6000 ITAA members in 50 countries worldwide. For an advertising rate sheet, contact the ITAA office.

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COOPERATION VERSUS COMPETITION
COOPÉRATION AU LIEU DE COMPÉTITION

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zusammen mit dem

KONGRESS der EUROPÄISCHEN GESELLSCHAFT für TRANSAKTIONS ANALYSE

12th CONFERENCE of the GERMAN ASSOCIATION of TRANSACTIONAL ANALYSIS

with

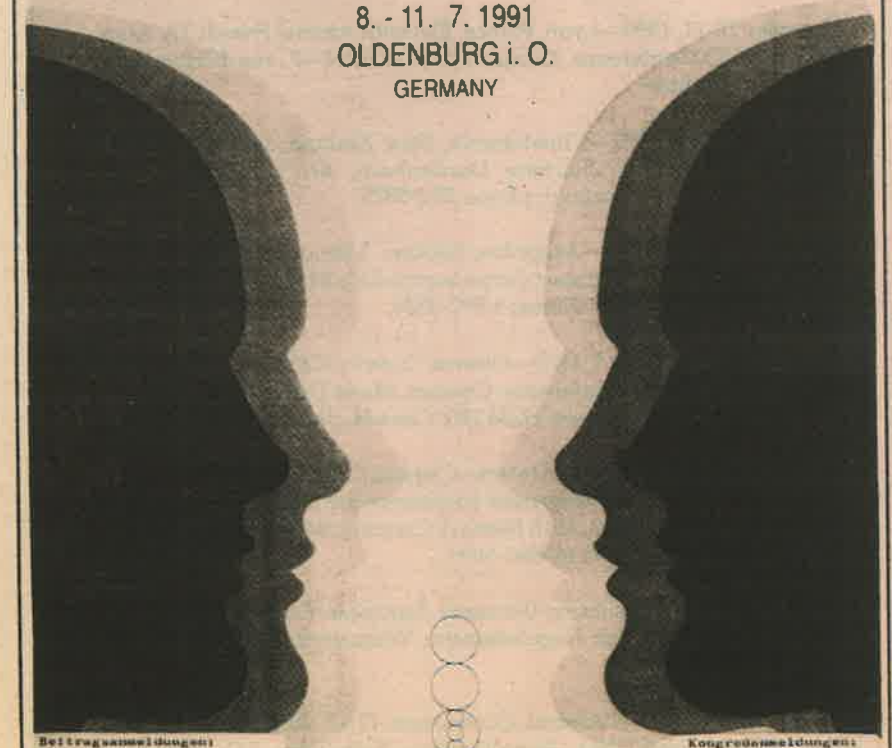
CONFERENCE of the EUROPEAN ASSOCIATION of TRANSACTIONAL ANALYSIS

12. CONGRÈS DE L'ASSOCIATION ALLEMANDE de L'ANALYSE TRANSACTIONNELLE

avec

LE CONGRÈS DE L'ASSOCIATION EUROPÉENNE de L'ANALYSE TRANSACTIONNELLE

8. - 11. 7. 1991
OLDENBURG i. O.
GERMANY



Beitragsanmeldungen:
Presenters Proposal Form:
Votre Contribution:
Werkstatt Psychologie,
Blumenstraße 25,
2902 Rastede-Ipsege-Germany

EATA - DGTA

Kongreßanmeldungen:
Registration:
Inscription:
Frau Eva Eisenbach,
Taunusstr. 60,
6365 Rosbach-Germany



FOUR-DAY INTENSIVE ON ERICKSONIAN THERAPY

1991

May 2-5
San Francisco, CA

Featuring

Stephen Gilligan, Carol Lankton
Stephen Lankton, Bill O'Hanlon
Ernest Rossi, Jeffrey Zeig

For more information or to register, contact:
The Center for Personal & Family Development
1221 West Lakeview Avenue, Pensacola, Florida 32501

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Psychiatrist Wanted—for rural community mental health/drug and alcohol program based in North Platte, Nebraska, USA. We need someone who wants a challenge, who wants to help us build a quality program, who likes laughter, fun, and friends. We have a top-notch staff of PhDs, MAs, MS therapists and certified drug and alcohol counselors. Programs include mental health and drug abuse outpatient counseling, drug and alcohol detox, drug and alcohol halfway, clubhouse, and residence for the chronically mentally ill. There is a psychiatric unit in the local medical hospital. Our mission is to work toward health, happiness, and the well-being of every person who works within our organization and every person served by it. Will you join us? Please call or write: Region II Human Services, Kathy Seacrest, Program Director, PO Box 765, North Platte, NE 69103-0765; phone: (308) 534-0440. Note: If you want information on our organization, call Dr. Muriel James in Lafayette, CA.

Aquagenesis Workshops

SANDRA G. LANDSMAN, PH.D.
November 28 - December 2, 1990
March 6 - 10, 1991

The goal of each five day workshop is to achieve a balance between mind, body, and spirit. We will use meditation, past life regression, ancient spiritual cleansing and healing rituals, and prenatal regressive therapy in water to connect to ourselves and the universe.

To Register or For Further Information Call:
Sandra G. Landsman, Ph. D.
P.O. Box 7134
Jupiter, Florida 33468 (407) 575-0547

Fee $500 • Deposit $100 • All Fees Payable in U.S. Funds • Deposits are Non-Refundable

SCRIPT AD RATES

Send only camera-ready copy. Deadlines: first of month prior to month of publication (September 1 for September-October *Script*; no issues printed in January, May, or September.)

Classified Ads: $5/line (80 characters/spaces)

Sixteenth Page - $50.
2" x 3"
Eighth Page - $90.
Vertical: 2" x 6"
Horizontal: 4-1/2" x 3"
Quarter Page - $170.
4-1/4" x 6"
Three-Eighths Page - $250.
Horizontal: 7"x 6"
Vertical: 4-1/4" x 9-1/4"
Half Page - $330.
Horizontal: 9-1/4" x 6"
Vertical: 4-1/4" x 12-1/2"
Nine-Sixteenths Page - $370.
6-3/4" x 9-1/4"
Three-Quarters Page - $490.
Horizontal: 9-1/4" x 9-1/4"
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This training is for YOU if you-
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* need a secure foundation from which to reach your goals

PRIMARY LEADERS:
Elaine Childs Gowell
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Gail Nordeman

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NEXT SEATTLE TRAINING
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Tuition: $695
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Call or write:
Experiencing Enough
966 Guerrero
San Francisco, CA
94110
(415) 550-2407
Contact: Wendy Pomeroy

BELGIUM TRAINING:
September 25-30, 1990
Contact: Erica Seynaeve (32/16) 233722

Keeping In Touch

WARM FUZZIES

Bill Cornell and Karen Olio co-authored an article entitled "Risks of Bodywork for Incest Survivors" in the October 1990 issue of the Association for Humanistic Psychology newsletter, *Perspective*. Good work, Bill and Karen!

Fanita English was honored by the Eastern Region of the USATAA for significant contributions to the development of TA theory in the USA and around the world. Congratulations, Fanita!

Susan Sevilla's recent completion of the requirements for recertification as a Certified Association Executive (CAE) demonstrates her continuing professional development over the last three years. Recertification involves submitting an extensive Personal Data Form giving personal and professional achievements followed by a day-long written exam covering over 24 aspects of association management. There are only 1600 Certified Association Executives in the association management profession, and they demonstrate a high level of competence and ethical fitness. We are fortunate to have a professional of such calibre as our chief paid officer. Susan's achievement reflects credit on her and the ITAA. Congratulations, Susan!

Do You Know Where These Former Members Are Now?

We are looking for addresses and/or phone numbers for the following people so that we may contact them regarding permission to publish their articles from the *TAJ* in the upcoming *Volume of Selected Articles, 1971-1980*. If you have information about how we can reach them, please contact Publications Assistant Ann Moen at the ITAA office.

Warren Cheney Estate
Sharon Dashiel
Cherry Hartman
Nan Narboe
Edgar C. Stuntz

JULY 1990 NEW MEMBERS

New Member	*Sponsor*
Batson, Arthur J.	Gordon Hewitt
Bensen, Gerard	Jeffrey White
De Oliveira, A. D.	—
Dekker, Rebecca	—
Goldsack, M.	Gordon Hewitt
Guistolise, Paul	—
Hudson, H. S.	Gordon Hewitt
Jagannathan, L.	Lucy Freedman
Judd, Lidy	Jan Grant
Kuory, Jan L.	M. Taylor Bach
Rmoyers, Kelli	—



Muriel James (left, seated), new ITAA Staff liaison meets with ITAA Staff (from left, seated) Ann Moen, Judy Luu, Susan Sevilla, (standing, from left) Jose Romero, and Ken Fogelman.

TA CONFERENCES WORLDWIDE

November 8-11, 1990—St. Louis, Missouri, USA. USATAA Conference (and BOC Exams). Contact: Jonathon Wagner, 921 N. Rock Hill Road, St. Louis, MO, 63119, USA; phone: 314-962-0099.

November 10-11, 1990—Lyon, France. Eleventh Annual French TA Association (IFAT) Conference. Contact: IFAT-LYON—7, rue Ferrandiere-69002, Lyon, France.

November 15-18, 1990—Christchurch, New Zealand. Australasian TA Conference. Contact: Charlotte Daellenbach, 8A MacMillan Ave., Christchurch 2, New Zealand; phone: 332-5829.

November 16-20, 1990—Acapulco, Mexico. Mexican TA Association (MEXAT) Conference. Contact: Javier Servin de la Mora, Ezquiel Montco No. 19, Mexico DF 06030; phone: 5-592-2884.

November 29-December 3, 1990—Ottawa, Ontario, Canada. Canadian TA Association National Conference. Contact: Marie Desrochers, 464 Somerset St., W., Ottawa, Ontario H2M 2BY Canada; phone: (613)235-6586.

April 26-28, 1991—Toronto, Ontario, Canada. Canadian TA Association Spring Conference and designated conference for ITAA business meetings. Contact: Dale Perrin, 4518 Bismark Crescent, Mississagua, Ontario, L5R 1J5, Canada; phone (416) 890-5999.

July 7-11, 1991—Oldenburg, Germany. European TA Association Conference. Contact: Heinrich Hagehulsmann, Wiemkenstr. 25, 2902 Rastede-Ipwege, West Germany.

October 23-27, 1991—Stamford, Connecticut. ITAA 28th Annual Conference. Contact: Fred Clark/Anne Ornston, Registrars, 261 Spring St., Cheshire, CT 06410, USA; phone: 203-271-3733

May 1992—United Kingdom. Institute of Transactional Analysis (ITA) Conference/Designated Conference for ITAA Business Meetings. Contact: ITA, BM Box 4104, London, WC1 8XX, England.

July 1992—Sweden. European TA Association Conference. Contact: Kerstin Ljungstrom, Box 5820, 10248 Stockholm, Sweden; phone: 468-783-0915.

November 4-8, 1992—Auchland, New Zealand. ITAA/New Zealand TA Association Annual Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA; phone: (415) 885-5992.

July 1993—Leningrad (tentative). European TA Association Conference. Contact: EATA, Case Grand-Pre 59, CH-1211 Geneve 16, Switzerland.

October 1993—Minneapolis, Minnesota. ITAA Annual Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA.

Spring 1994—Germany. German TA Association (DGTA) Conference/Designated site of ITAA Business Meetings. Contact: DGTA, Samerberweb 3, D-8269, Burgkirchen, West Germany.

ADDICTION, ADDICTION

continued from page 1

symbiosis to be far more accurate and useful in describing the reasons for and the means of *changing* chronic, repetitive dysfunctional behaviors. As a TA therapist I was upset to attend a recent TA conference and find AA and ACOA meetings offered rather than TA groups. TA therapists need to be presenting at addiction conferences and publishing in the addiction-based journals. We need more books like the one written by Jon and Laurie Weiss.

I recently reviewed Stanton Peele's *Diseasing of America: Addiction Treatment Out of Control* for the *TAJ*. He severely critiques the addiction/disease model and offers an approach to addiction treatment—freed of the disease premise—that is remarkably compatible with how TA therapists approach their work and think about their responsibilities and the responsibilities of their clients.

I hope I have succeeded in provoking you. I hope some of my colleagues in the TA community will take what they know and do it out in the world of the disease models of addiction and co-dependency. We have a lot to offer in both theory and technique.

There are big bucks to be made in "addiction treatment" these days, but poor theory and limited therapeutic technique are generating those dollars.

* * * * *

It is time to stop writing, but it feels good to have my fingers on the keys. I *want* to do it again soon. I *must* do it again soon. Ah, . . . I think I must be addicted to typing. But . . . wait . . ., I'm sure I'm not alone. There's my dear friend, Marilyn; how much she types! I know she's struggling to stop. I could start a group. I think I'm onto something. I could write a book and reach out to others like me. Maybe it would become a best seller. But how can I write a book without touching a typewriter? Recovery may take longer than expected. Make money first, recover later. That's addicted thinking if ever I've typed it. I can't bring myself to stop. I must stop. I shall stop . . . now . . . for now . . . one day at a time . . .

Wait, yes, I can *dictate*. That's it, and I'll never type again. Dictate, get rich, and recover all at the same time!

Bill Cornell is a psychotherapist in Gibsonia, Pennsylvania, and ITAA Vice-President of Research and Innovation. □