INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XXI NUMBER 6 AUGUST 1990

The Script®

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The Development of a Living Legend: Robert L. Goulding, MD

by Bill Krieger

There is an old joke that says, "He was a living legend in his own mind." However, some people are living legends in other people's minds, and Bob Goulding is one of them. We present this article about Bob as the first in a series on TA living legends. We hope you enjoy it. And if there is a TA living legend you would like to interview for The Script, please contact Editor Bill Krieger c/o the ITAA office.

It was October 29, 1917, and there was very little happening in Oakland, California, that day which was of any interest to the rest of the world. The residents of this then tiny town could not have predicted that something was indeed happening that would impact on the practice of psychotherapy everywhere. Robert Goulding was born.

Little Bob's father was in the advertising business, and as he kept getting better jobs he moved his family around the country. From Oakland, when Bob was three years old, to Washington, DC, to Hyattsville, Maryland, to New York, to Baltimore, back to New York, to Patterson, New Jersey, to Evansville, Indiana, to St. Louis, again to New York, and finally to Cleveland, where Bob graduated from Shaker Heights High School in February 1934.

Despite the many moves, Bob was an excellent student and always knew he wanted to be a doctor. He emersed himself in science and was named his high school's outstanding science student. In fact, Bob invented the transmission of sound over a beam of light, an idea which General Electric ended up developing many years later.

After high school Bob worked for a while as a sound and lighting engineer for a Westinghouse traveling advertising show which featured beautiful models in the newest styles along with Westinghouse refrigerators. As Bob says, "I was only 16 or 17, and all those pretty models really turned me on!" That fall he entered Colgate University to major in chemistry, later moving to Adelbert College of Western Reserve University in Cleveland, where he received his BA degree in 1939. While at Colgate he was initiated into Alpha Chi Sigma Chemistry Honor Fraternity (to which he still pays dues) and Phi Delta Theta Fraternity.

After graduating from college, Bob went to work for a lending library, driving a thousand miles a week through rural Ohio. In September, 1941, he was admitted to the College of Medicine of the University of Cincinnati. In 1943 he married Alice Marie Kelly; they were divorced in 1969.

After receiving his MD in August 1944, the young Dr. Goulding did a rotating internship at Bethesda Hospital in Cincinnati. He then entered the United States Army Medical Corps as a lieutenant, volunteering for the Air Rescue Service where he received parachutist training. During this time, a bad stutter, which Bob developed before grade school, stopped. Bob explains, "I started jumping and stopped stuttering!"

Bob describes the difference between himself and Eric Berne: "Berne wouldn't shake hands until he knew a person, and I feel how do you know that person until you shake hands?"



Robert L. Goulding, MD

In December 1947 Bob was discharged from the newly created Air Force as a Captain and accepted an invitation from a friend in North Dakota to take over his general practice for three months. Bob wound up staying ten years. "I loved living in the country for the first

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Reconciliation of an Extended Family

by Lois Myers-Pelton and Charles Pelton

In the late 1800s and early 1900s, before there were states in the midwestern USA, several groups of people—native Indians, homesteaders, federal government military personnel, and government-approved business people—were forced together by Acts of Congress and the wishes of certain tribal, business, and special interest groups. The people in these various groups shared certain similar basic purposes and values—for food, shelter, clothing, protection for their families, etc.—but they had very different syles of living. Because of these differences, violence and misunderstandings were common. For example, the people indigenous to the area, the Indians, were accustomed to a democratic, consensual form of government and a style of life that involved travel over wide areas to hunt and provide for their families. When Tribal Sovereign governments were established by the US federal government and the Indians were moved onto reservations, these changes drastically altered the way they lived and created animosity between the Indian population, homesteaders, and federal military forces. The result was many instances of significant conflict—including well-known battles such as the Little Big Horn and Wounded Knee—as these people with different cultural beliefs tried to find ways to live together.

Over the years, in the Dakotas, Minnesota, Iowa, and Nebraska, there have been both militant and cooperative actions by people in an attempt to redress real and perceived wrongs. In the 1960s a group of students at the University of South Dakota in Vermillion organized an extended family—tiyospaye (TEA-YO-SHPA-YEA)—association to address some of these issues. Since that time there have been many organizations formed to bring about reconciliation between people. One of these, Tiyospaye Network, was organized by a group of South Dakota health care professionals actively facilitated by Virginia Satir. By using a combination of American Indian traditions, Satir Process Community techniques, and Gouldings' redecision model, the Tiyospaye Network family facilitates the healing of wounds that have existed since the cultures were forced together.



Charles Pelton



Lois Myers-Pelton

Tiyospaye Network was organized as a nonprofit organization in 1982 by a group of concerned citizens from South Dakota, including representatives from mental health, law, medicine, education, and substance abuse programs. Both Indian and White people contributed. The Network now has members from a number of different countries—including Australia and Canada—which have similar problems related to the blending of European-based and indigenous cultures.

As a worldwide multicultural group of individuals, our purpose is to pro-

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EDITOR'S COLUMN



by William Krieger

ITAA as an Experiential Training Laboratory

I'm an "all around neat guy," and I've got a plaque on my wall to prove it. The plaque also says, "You're a dynamic leader, excellent teacher, and walking warm fuzzy." The plaque is dated April 24, 1982, so I guess that makes me an experienced "all around neat guy." It was presented to me by the Albuquerque Transactional Analysis Seminar (ATAS), and the members of that group, who saw that plaque on my wall each week, treated me that way, so I responded that way. However, last year, after 15 years, the ATAS stopped meeting. Now no one sees the plaque but me.

I've thought about taking the plaque off my wall and hanging it on the outside of my building. I've even thought of having it blown up and displayed on billboards around town. Perhaps I could take out ads in the world's major newspapers. Wouldn't it be nice if I was treated like the person the plaque says I am by everyone in the world? Well, why not? There have been times I was some of the things the plaque says and even some times when I've been all of those things at once. As I stared at my plaque I realized I was most often those things when I and the people around me believed I was those things.

Wouldn't it be great if the ITAA were a place where those dynamic and excellent things about each of us were recognized?

I realize that everyone (and I mean everyone) is a dynamic something, an excellent other thing, etc. Wouldn't it be great if the ITAA were a place where those dynamic and excellent things about each of us were recognized, and we treated each other with the awe and respect due someone who is those special things? Maybe that's what the ITAA needs to be about, and the complex structure and multiple activities and services are secondary to the real purpose for ITAA's existence.

Perhaps our real purpose as an organization is to be an experiential training laboratory for learning how to bring out the best in people. Maybe, just maybe, our real contribution is not TA theory as an end in itself, but enhancing the I'm OK, You're OK existential life position of all the people we touch.

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Question for the Month: If you had to quickly make a list describing the characteristics of all your clients, would the positive or negative things be the much longer list? □

PRESIDENT'S COLUMN



by Julie Hay

Whatever Shall I Write About?

This is the sixth time I have sat down to write a column for *The Script*, and I've hit the point where it's harder to find ideas to write about. I look back over previous issues and see that I've written about the wonderful conference in Mexico, I've asked all of you to consider volunteering to work within the ITAA, I've done my best to scare everyone about what will happen to the Association if we keep spending more money than we bring in, and I've given you information about why people have left the ITAA. The topics I'd thought to cover this time—the TAlent and the Catalogue of Services—are due for consideration by the Board soon, and it's not tactful to go into print on them before the Board has made its decisions.

What now? I almost persuaded my secretary, Sylvia, to do the column for me, based on her experiences and increased workload since I became President. Unfortunately, she then realized that this new job of mine lasts for two years (she thought it was only one), and she's gone into a state of shock. Perhaps she'll recover and write something for a later issue. In the meantime, I'm typing this myself and still wondering what will interest you.

As I sit here, I'm reminded once again of one of the reasons I agreed to run for president: that is, the considerable amount of learning I do about myself in a role such as this. For example, right now I'm conscious of juggling internally with my ego states. In Child there is anxiety about doing a good job, about writing something that will be entertaining, about what you will think of me if I don't do it properly (are there a few drivers in there?). In Parent I hear voices telling me that what I've written so far is not at all suitable for *The Script*, that the president must write more serious, significant things, that I should research some erudite theory on organizations and demonstrate brilliantly how such a framework can help us understand the ITAA. My Adult has just emerged and decided to go back over what I have written to check the punctuation—a logical, here-and-now task that may encourage more cathexis in Adult. And having done that, I realize that what I really need is some creative Child to come up with a topic that excites me.

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I've been away from the word processor seeking stimulation. My eyes were itching so I turned to my homeopathic remedy. And there is the idea I wanted. I wonder if there are the equivalent of homeopathic remedies that can help the ITAA deal with some of the deficiencies in the system? The homeopathist takes the whole person into account, not just the presenting system, in determining the correct remedy. Often this means not going straight to the obvious place to treat, but considering the entire range of symptoms and life functioning of the person at that time. As I put the remedy on my tongue, I am struck by the way it affects my eyes, and it makes me wonder if we are treating the right location in the ITAA. Do we understand organizational systems well enough to know where to apply the cure for maximum potency? Could this be why we have different opinions about where to put our efforts?

These questions raise interesting issues for me about the level of my involvement in the work of the Association. The ITAA structure is designed as a hierarchy, with the president taking a broad view, but not becoming too involved in the details. Yet I keep feeling that I want to be involved in day-to-day matters as well as long-term strategy. Using homeopathy as a metaphor helps me to recognize the validity of my feelings. If I ignore the details, they will affect the whole system in ways I may not realize. I am reminded of the latest comments of experts in the field of management about the importance of focusing on competent implementation in organizations. Mission statements and visions are not enough; people in organizations have to be involved in practical plans that will put those visions into effect. Effective leaders are those who pay attention to implementation as well as strategy.

Mission statements and visions are not enough; people in the organization have to be involved in practical plans that will put those visions into effect. Effective leaders are those who pay attention to implementation as well as strategy.

There is another lesson for me in this metaphor. Recently I consulted my homeopathist about a recurring physical problem, and he gave me a little tablet which provided much relief. However, because I have resolved so many problems using transactional analysis, I was slow to look elsewhere for this relief. I am aware I could repeat this process as ITAA President, so it is important that I listen to others who have faith in different solutions.

Using this particular metaphor generates still other perspectives. For example, the combination of the two approaches—transactional analysis and homeopathy—provides an even more powerful framework for understanding what is happening in the ITAA and identifying practical options for what we might do. One provides a valuable philosophy for relating to other people; the other aims to have each person in his or her best condition.

My election address emphasized my wish that the ITAA relate to different people, with different levels of interest, in different cultures, in ways which welcome them into our international community. To do this, we have to ensure that each individual and system within the ITAA is in its best condition for fulfilling this intention. Our "little tablet" for this might be training for the volunteers and staff that equips them to better play their parts in the overall design of the ITAA. Sometimes I think we take for granted that people know how to be effective workers in an organization when, in fact, they have had little prior experience in such situations. It might be important to offer them training in, for example, how to interpret and help define their responsibilities, how to take care of themselves so they do not get overworked, and how to make sure they feel valued for their contributions.

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Again I shift as I prepare this column. I've done it—I've found something to write about. I still experience Parent tapes querying whether it's substantial enough for the President's Column. However, somewhere in Child I've also realized that it's stopped raining and the dog is eyeing her lead, doing her best to implant the word "walk" in my mind. A last few moments in the here-and-now while I check that I have raised some pertinent questions for us all to consider. Let me know what remedies you have faith in. Meanwhile, I'm off into the sunshine. □

Information Sources for Training and Certification: The *ITAA Training and Certification Manual* is available for $20 from the Credentials Department, c/o the ITAA office. The cost includes shipping and handling. For a copy of the *EATA Training and Examination Handbook* send L12 (in UK funds only) to EATA Handbook Orders, Old School House, Kingston-on-Soar, Nottingham NG11 ODE, England. Checks must be drawn on a UK bank and made payable to EATA. Price includes surface mail postage and free updates.

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The Script

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EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

The World is Our Oyster

This *Script* deadline falls at an awkward time, just as we are preparing to depart for our big Joint EATA/ITAA Conference in Brussels, Belgium, July 22-27. So much will be happening in Brussels; so much will be decided, including a new strategic direction for the Association. But now, on the eve of our departure, I have little news to share of what might happen in Belgium, only a growing feeling of excitement at the increasing internationalism of the ITAA.

This feeling reminds me that international conferences are one of the most exciting aspects of ITAA membership. A brief review of recent conference sites reveals the extent to which the ITAA has been continent hopping:

1983—Mexico and USA
1984—Dominican Republic and Switzerland
1985—USA and Canada
1986—USA
1987—Singapore and USA
1988—USA and Brazil
1989—USA, but with the Winter conference highly attended by and practically co-sponsored with the Japanese
1990—Mexico and Belgium

The world is our oyster. Travel costs are low, and international conferences showcase the best that TA has to offer.

There have been rocky moments. In 1986, after terrorists struck in Athens, Rome, Vienna, and Frankfurt, our conference attendees were not so eager to venture to Europe. But after each incident, when the dust cleared, travel picked up again. Now, despite the 1988 bombing of a Pan Am jet over Lockerbie, Scotland, the comfort level of our 1990 participants for the Brussels Conference is high. Our travelers exude a feeling of confidence and security.

The elimination of global economic barriers is fueling the interest in international travel. "EC 92" refers to the economic integration of 12 European nations, scheduled for completion by 1992. This will be achieved through the adoption and implementation of 285 regulations or "directives," more than half of which have already been enacted. With the removal of borders, we can expect less visa requirements and customs paperwork. The dismantling of the Eastern Bloc also means we can expect more travel to and from Eastern Europe. Already, for Brussels, we have participants registered from Yugoslavia and the USSR.

The global economic alignments of EC 92 mirror the psychological alignment we feel when the ITAA does an international conference. Members attend from dozens of countries and a score of continents. When the ITAA holds a meeting of 600 in a site such as Brussels, a good portion of the attendees come from the local audience. In a place like Singapore (1987), two-thirds of the participants were local nonmembers. This kind of conference helps the ITAA strengthen and expand TA in new regions while solidifying ties with our existing international members.

When it comes to international conferences, there is no end in sight. We are looking ahead to Toronto, Canada, April 26-28, 1991 (the first non-ITAA conference to be endorsed as the site for the ITAA business meetings); to Stamford, Connecticut, October 23-27, 1991; and to Auchland, New Zealand, in November 1992. Join us on one of these exciting adventures in advanced education. □

The world is our oyster. Travel costs are low, and international conferences showcase the best that TA has to offer.

TA CONFERENCES WORLDWIDE

November 8-11, 1990—St. Louis, Missouri, USA. USATAA Conference (and BOC Exams). Contact: Jonathon Wagner, 921 N. Rock Hill Road, St. Louis, MO, 63119, USA; phone: 314-962-0099.

November 10-11, 1990—Lyon, France. Eleventh Annual French TA Association (IFAT) Conference. Contact: IFAT-LYON—7, rue Ferrandiere-69002, Lyon, France.

November 15-18, 1990—Christchurch, New Zealand. Australasian TA Conference. Contact: Charlotte Daellenbach, 8A MacMillan Ave., Christchurch 2, New Zealand; phone: 332-5829.

November 16-20, 1990—Acapulco, Mexico. Mexican TA Association (MEXAT) Conference. Contact: Javier Servin de la Mora, Ezquiel Montco No. 19, Mexico DF 06030; phone: 5-592-2884.

November 29-December 3, 1990—Ottawa, Ontario, Canada. Canadian TA Association National Conference. Contact: Marie Desrochers, 464 Somerset St., W., Ottawa, Ontario H2M 2BY Canada; phone: (613)235-6586.

April 26-28, 1991—Toronto, Ontario, Canada. Canadian TA Association Spring Conference. Contact: Dale Perrin, 4518 Bismark Crescent, Mississagua, Ontario, L5R 1J5, Canada; phone (416) 890-5999.

October 23-27, 1991—Stamford, Connecticut. ITAA 28th Annual Conference. Contact: ITAA, 1772 Vallejo Street, San Francisco, CA 94123, USA; phone: 415-885-5992.

July 1992—Sweden. European TA Association Conference. Contact: Case Grand-Pre 59, CH 1211 Geneva, 16, Switzerland.

November 1992—Auchland, New Zealand. ITAA/New Zealand Joint Annual Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA; phone: (415) 885-5992.

October 1993—Minneapolis, Minnesota. ITAA Annual Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA.

Measuring the Value of the ITAA

by Susan Sevilla, ITAA Executive Director

How would you measure the value of the ITAA? Do you sometimes feel that *The Script* newsletter and the *Transactional Analysis Journal* are your only membership benefits? The value of the ITAA actually extends much further. Membership associations such as the ITAA have an enormous social and economic value to all segments of the world population. I was reminded of this while reading a new survey commissioned by the American Society of Association Executives, which expounds on the true value of associations in American society. Looking beyond US borders, it is also easy to see the valuable role that ITAA can play in the world:

* The ITAA provides a tremendous amount of continuing education by which professionals hone and maintain their skills.

* The ITAA provides needed technical, scientific, and other expertise that is virtually unavailable elsewhere. This information is available to members, and we frequently receive requests to provide information to non-ITAA members such as university faculty who are doing research in subjects related to TA.

* The ITAA provides information to the public that would otherwise be unavailable on the qualifications of TA-certified practitioners. This information is available upon request to individuals seeking a therapist, educator, or organizational consultant, and we are often called upon to provide information to other therapists who wish to make referrals.

* Through our related corporation, the Training and Certification Council of Transactional Analysts (T&C Council), we perform a quasi-regulatory role in setting professional and training standards and providing peer evaluation examinations of competency to practice.

* The ITAA sets ethical standards and provides a forum for resolution of ethical disputes. This service provides social good by keeping many cases out of the courts.

* The ITAA also sets professional practices standards and guidelines for practice, a regulatory service that helps ensure that practitioners do not misrepresent themselves to their clients and the public.

* The ITAA sets standards and provides the examination of competency, and individuals seeking TA certification are willing to pay significant amounts of money to advanced members to receive supervision and training.

* Educational products such as books, audiotapes, and videotapes are offered to members and the public alike, thus expanding knowledge of TA in the society at large.

* The T&C Council takes an active role in controlling the process by which new psychotherapists, consultants, and educators are trained and certified, thus making it possible for people outside the profession who need services to know that all certified TA practitioners meet at least certain minimum standards established by their peers.

* The ITAA also generates an immeasurable amount of social good through volunteer and community service efforts. Serving on ITAA committees is one of the most rewarding and tangible benefits of membership. Members who assume leadership roles on committees make important volunteer efforts to countless worthy causes. Members have a chance to be involved in issues as diverse as setting up conference programs, reaching out to new members through the membership committee, resolving ethical disputes through the ethics committee, and participating in global TA action projects to benefit world communities through the social action committee. And the list goes on.

In today's age of rapid change and technological advances, the need for continuing adult education has never been greater. Gone are the days when graduating from college or high school meant the end of the formal learning process. The ITAA conference, printed materials, and other educational activities are extremely useful in meeting the world need for properly trained practitioners and for educating the public on a broad range of issues.

The combination of all of these—continuing education, research and development, training standards, exams, and ethical and professional standards—helps reduce the client or consumer's risk and helps increase client or consumer confidence in TA services and TA service providers. □

Membership associations such as the ITAA have an enormous social and economic value to all segments of the world population.

Advertisers Take Note:

Through *The Script* and the *Transactional Analysis Journal* you can reach more than 6000 ITAA members in 50 countries worldwide. For an advertising rate sheet, contact the ITAA office.

Organizational News

Up to $1,000 in Monthly Benefits Available with Group Disability Plan for USA Members

The importance of disability income insurance cannot be underestimated. Disability insurance provides protection from loss of income due to illness or injury. Without such protection, you may not have income to cover ordinary living expenses such as food, rent, and utilities. The financial resources you may be saving for future plans and dreams could end up sacrificed in order to make ends meet.

The International Transactional Analysis Association endorses a group disability income insurance plan designed to provide financial security for US members and/or their spouses. This plan pays a monthly benefit of $1,000 for a disability from a covered injury or illness.

Monthly benefits are paid directly to the policy holder and can be used as that person wishes. Benefits are tax-free, and payment begins in the thirty-first day of disability.

ITAA members from the United States can take advantage of a special enrollment period that offers easy acceptance through December 1990. US members and/or their spouses who worked at least 30 hours per week for the last 90 days and who are under age 60 are eligible to apply if they satisfy the minimal requirements outlined in the application. Applying now using the shorter application is considerably easier than it will be later when the application will be longer and contain more detailed health questions.

The cost of the ITAA Disability Plan is lower than individually purchased policies. The mass purchasing power of an organization such as the ITAA helps to make the semi-annual premiums affordable. In addition, those US members who are accepted into the Plan receive year-round coverage anywhere in the world.

For more information, contact the Insurance Administrator, Albert H. Wohlers & Co., Group Insurance Plans, 1440 N. Northwest Highway, Park Ridge, Illinois 60068-1400, or call toll-free: 1-800-323-2106, in Illinois: 1-708-803-3100. □

Call for Nominations for 1990 Hedges Capers Humanitarian Award

Members are urged to submit nominations for the next Hedges Capers Humanitarian Award. The Award, established to honor the memory of Hedges Capers, is designed to create internal recognition for ITAA members who have made significant, enduring contributions to humanity in keeping with the ideals and ethics of the ITAA.

Any ITAA member can suggest another member for the Award by submitting a nomination to the ITAA President or the Chair of the Social Action Sub-Committee of the Membership Coordinating Committee. Please submit the person's name, along with a narrative recounting the reason the individual deserves the recognition. The Social Action Sub-Committee Chair(s) will screen nominations and refer those that are acceptable to the Executive Committee which will, in turn, recommend an Award recipient to the ITAA Board of Trustees.

The Award will be given yearly, if warranted, and can be shared if merited by circumstances.

The Hedges Capers Humanitarian Award is specifically designed to recognize members who have made significant contributions or sacrifices to benefit humanity. Please send nominations to the Social Action Committee, c/o the ITAA office. □



Hedges Capers

1991 CATA Spring Conference

Ramada Hotel

Mississauga/Toronto, Canada

Theme: "When Walls Crumble . . . Rebirth"

The Canadian Association of Transactional Analysis 1991 Spring Conference in Mississauga/Toronto has been endorsed by the ITAA as the site of the ITAA business meetings. We anticipate that 200 international delegates will attend.

Thursday, April 25	ITAA Business and Committee Meetings TA 101
Friday, April 26	BOC Exams TA 101 Pre-Conference Institute with D. Dupuis Opening Event
Saturday, April 27	Workshops (all day) Social Activities (Evening)
Sunday, April 28	Workshops (morning) Closing Brunch ITAA Board of Trustees meets

For more information, contact Dale Perrin, 4518 Bismark Crescent, Mississauga, Ontario, Canada L5R 1J5; phone: 416-890-5999.



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Training News

TA 101 CALENDAR

August 24-25, 1990—Wheeling, Illinois, USA. Cost: $85. Leader: Lucie King, TSTA. Contact: King and Associates, 69 Redwood Trail, Wheeling, IL 60090; phone (312)459-0632.

August 25-26, 1990—Biarritz, France (in French). Cost: 700 French francs. Leader: Christine de Saint-Pierre, PTSTA. Contact: C. de Saint-Pierre, 2 Square de Luynes, 78150 Le Chesnay, France; phone: (1)39556127.

September 15-16, 1990—London, England. Cost: L60. Leader: Accredited leader from metanoia Institute. Contact: Dr. Petruska Clarkson, TSTA, metanoia Psychotherapy Training Institute, 13 North Common Rd., London W5 2QB, England.

October 20-21, 1990—London, England. Cost L60. Leader: Accredited leader from metanoia Institute. Contact: Dr. Petruska Clarkson, TSTA, metanoia Psychotherapy Training Institute, 13 North Common Rd., London W5 2QB, England.

December 1-2, 1990—London, England. Cost: L60. Leader: Accredited leader from metanoia Institute. Contact: Dr. Petruska Clarkson, TSTA, metanoia Psychotherapy Training Institute, 13 North Common Rd., London W5 2QB, England.

Certified Teaching Members and Certified Provisional Teaching Members of the ITAA are invited to list free of charge information about TA 101s they are presenting. To be listed, please send the following information to Robin Fryer, Consulting Editor, 1700 Ganges Ave., El Cerrito, CA 94530, USA: dates of TA 101, location, cost, leaders' names, and how to get more information. Deadline: first of the month prior to the month of publication. Note: We cannot accept tentative or open dates; please be specific.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
Level I Oral	BOC	Nov. 8, 1990	St. Louis, USA	Aug. 9, 1990
	COC	Nov. 17, 1990	Mainz, W. Germany	Aug. 18, 1990
	BOC	Nov. 15, 1990	Christchurch, NZ	Aug. 13, 1990
	BOC	April 26, 1991	Toronto, Canada	Jan. 26, 1991
	BOC	Oct. 23, 1991	Stamford, USA	Jul. 24, 1991
Level II Oral	BOC	Nov. 15, 1990	Christchurch, NZ	Aug. 13, 1990
	BOC	April 26, 1991	Toronto, Canada	Jan. 26, 1991
	BOC	Oct. 23, 1991	Stamford, USA	Jul. 24, 1991
Level I Written	BOC	Nov. 9/10, 1990	To be announced	Aug. 10, 1990
Training Endorse. Workshops		Oct. 27-29, 1991	Stamford, USA	Aug. 1991

BOC Exams: All fees due by application deadline. All exam fees are nonrefundable, but will be credited to your account (except oral application fees paid each time applying for oral exam) if at least 60 days written notice is given for cancellation. Otherwise fee is forfeited. Fees: written exam—$90 US/Canada ($20 administrative fee deducted for cancellations received prior to 60 days deadline); all other countries pay $15 written exam recording fee to BOC and $35 to reader/scorer. Orals applications: $75, nontransferable. Oral exam—$50. Contract filing fee: $40. All fees must be paid in US funds. Level I candidates must allow six months between taking the written exam and applying for the oral exam. Requests to hold BOC exams must be submitted early enough to allow for review by the BOC and, if approved, to allow for notice to be posted in *The Script* at least six months prior to the exam date.

COC Exams: All exams in Europe will be administered through the EATA COC. All candidates wishing to be examined in Europe must apply directly to their COC Language Group Coordinator. (see page 4 of this issue for a list of Coordinators or contact EATA). Level I Exam Fee: 300SF for Europeans (written and oral) or 200SF for non-Europeans (oral only). Level II Exam Fee: 300SF for all candidates. The exam fee of 300 SF must be paid in Swiss Francs to EATA Account C 2.632960.1 with Societe de Banque Suisse, 3 Place des Eaux-Vives, CH 1211 Geneve 6, Switzerland. Please make sure your name appears on the bank transfer. Do *not* send any other currency. Do *not* send your fee to the ITAA office in San Francisco. The deadline for withdrawal from COC exams is two months prior to the exam. No refunds or credits are possible after this date.

Training Endorsement Workshop fee: $395 payable in US dollars to T&C Council, c/o the T & C Council office, 1772 Vallejo St., San Francisco, CA 94123, USA.

RECONCILIATION

continued from page 1

mote healing and understanding among people. We encourage healthy change by addressing the mind, body, spirit, emotions, and context in which people live. We use a growth model that is based on viewing the individual within the family. The coming together of people as an extended family, Tiyospaye, for the purpose of experiencing each other, is a powerful healing and educational tool.

The Tiyospaye Network concept is rooted in the beliefs and the surroundings of the Lakota Indian families, where individual and extended family are recognized as valuable health resources. At the same time, a model of wholeness in which individuals are committed to others for many personal and social reasons is also incorporated.

By challenging beliefs and labels through positive feedback and using affective, cognitive, and experiential elements to encourage people to test belief systems, we are able to provide a model for productive personal and family change. By learning to improve communication and understanding while networking to disseminate information and ideas people become more effective as individuals and as social members of the human family.

Skillful use of methods to direct anger, sadness, or gladness is one of our trademarks. We are eclectic in our approach, and people learn to anchor their change using the circle of life, tree of life, seven directions, hoop, dancing, peace pipe, sweet grass, and other modalities that effect the senses. Personal change is also anchored through role modeling and nurturing. Skills and techniques are learned so as to reestablish the family as a valuable resource for changing ways of thinking, feeling, and acting, with a special focus on the emotional bond between nurturing family members and nature.

In the psychosocial atmosphere of South Dakota, where beliefs are often somewhat rigid, Tiyospaye offers an alternative to polarization, racial separateness, and violence. Recently South Dakota Governor George Mickelson met with the Tribal Chairmen of eight South Dakota Reservations, and together they declared 1990 the Year of Reconciliation. There has already been much reconciliation between nuclear and extended families in South Dakota, but seldom between the different governmental agencies, such as the Bureau of Indian Affairs, tribal governments, the Department of the Interior, and the Governor's office. Families with different beliefs and of unique colors (blendings of Indian, White, Asian, African-American, and Hispanic blood) have been coupling, getting married, having children, and living peacefully together for many generations. Now the political climate is right for the acknowledgement and working together with many political and governmental groups as well.

In the psychosocial atmosphere of South Dakota, where beliefs are often somewhat rigid, Tiyospaye offers an alternative to polarization, racial separateness, and violence.

The forced living together of the people of these cultures has been termed by some a type of conciliation; others feel there has never been conciliation and that therefore the present "reconciliation" is a misnomer. Regardless of the view, the process of exploring sameness and enjoying differences is beginning. In fact, recognizing that people have many similarities has been a significant beginning, one that allows people to see the potential for learning from differences. Diversity is being addressed in a peaceful, nonviolent manner so that families from all cultures in the state will benefit.

Many people are helping promote greater understanding through the sharing of ideas, education, and group process. As South Dakotans develop the concept of reconciliation, the emphasis is on meaningful results, such as cultural events, workshops, powwows, and educational programs. As the state and tribal governments take the lead in discussing and resolving issues there is much to be celebrated.

We have studied with Bob and Mary Goulding and Virginia Satir for many years. We are Regular Members of ITAA and candidates for certified membership. In our work with Tiyospaye Network we promote the family unit, foster personal respect and congruence, encourage positive parenting and socialization activities, and teach hassle-free time structuring and self-nurturing while confronting beliefs of helplessness, being victims, and being "unable" to think, feel, or act for oneself.

One of our primary goals is to offer a method of recovery and prevention of psychological and social traumas which emphasizes that vengeance is unnecessary and an impediment to recovery, that people benefit more from a format which provides experience as well as exploration, power, and wisdom, that learning brings recognition and experience produces change, and that the use of family process and positive reward patterns foster healthy living.

As the citizens of South Dakota learn new ways to bridge the gap between different parts of a family, each of us benefits. Now is the time for healing wounds. The current personal and public commitments are encouraging as we go into our second century of statehood. This is an opportunity to put aside fears and mistrust, to build worldwide friendships, to learn about each other, and to develop an understanding of what the extended family has to offer.

We invite each of you to attend our annual Tiyospaye Network Seminar in the beautiful and sacred Black Hills of South Dakota, August 26-31, 1990. Contact us for information and fees or for any other information about Tiyospaye Network.

Charles L. Pelton, MD, is a family physician, and Lois Myers-Pelton, MSED, is a redecision family therapist. To contact them write 1811 North Jay, Aberdeen, South Dakota, USA 57401 or phone (605) 229-4097. □

time, hunting and fishing. I was the only doctor for the whole area—three counties. It was great!"

Later, when he decided it was time to move his family to the West Coast, he investigated various communities, deciding ultimately on Carmel, California, where he opened a general practice. It was then that he first met Eric Berne, who was a member of his poker group. In 1958 Bob left his family in Carmel so the children could finish school and took a residency in psychiatry at the VA Hospital in Perry Point, Maryland.

In 1962 he began commuting between the VA Hospital in Roseberg, Oregon, and Carmel. Eventually he began his first groups in Carmel. One day at a Roseberg bookstore he picked up a book by Eric Berne and remembered him from his early days in Carmel. Bob made an appointment with Eric in the hopes of finishing his analysis and in order to learn more about transactional analysis. Berne said it would be sticky to do both, so Bob said, "To hell with the analysis. Let's go with the TA!"



Bob in the Carmel days

For a year-and-a-half, Bob met with Eric every Saturday morning at 11 am. When the International Transactional Analysis Association was chartered in 1964, Bob was the Vice-President. He and David Kupfer, who was his partner, were the major TA spokesmen outside of California.

Bob started training therapists in 1962, but as he says, "I'm not a TA trainer—I'm a psychotherapy trainer." He notes that his first official TA trainee was Jack Kaufman, now Chairperson of the ITAA Ethics Committee.

In 1964 or 1965 Bob first met Fritz Perls at Esalen. Perls was sitting on a bench outside the dining room, and Bob asked if he could join him: "I'm Bob Goulding, who are you?" Fritz replied, "I'm Fritz Perls, who's Bob Goulding?" Bob in turn asked, "Who's Fritz Perls?" They became great friends, and the guest room of Bob's home was eventually known as the Fritz Perls Guest Room.

On a Monday in August 1965, Bob returned from a workshop he was doing at Esalen with Virginia Satir and met a new social worker at the clinic where he worked part-time as Director of Adult Psychiatric Services. Her name was Mary McClure Edwards. In October 1970 they created their own marriage ceremony at a Satir workshop in Cuernavaca, Mexico, and in April 1971 they got married legally in the United States. Between them, Bob and Mary have ten children and eleven grandchildren.

By 1967 or 1968 Bob had already combined TA and Gestalt in his work. Berne said it wasn't TA. Bob describes how they were different: "Berne wouldn't shake hands until he knew the person, and I felt how do you know that person until you shake hands?"

Bob started the Carmel Institute for Transactional Analysis in 1963 with David Kupfer. In 1968 he changed the name to the Western Institute for Group Therapy and had brochures printed up. Virginia Satir, whom he had met in 1959, came to visit and said, "I'll come on the Institute staff if you change the name to Western Institute for Group and Family Therapy." The name was changed, and Virginia did the first workshop with Bob and Mary.

Bob also dreamed of combining the kind of training being done at WIGFT with academic credit. He and members of the Institute faculty as well as other people from the ITAA sat around his living room brainstorming ideas for a TA University. However, when support from within the ITAA was insufficient to get the project off the ground, Bob encouraged Frederick Hudson, who had been consulting with the group, "Fred, go and start it on your own." Hudson did, and the result is The Fielding Institute. Bob became a charter member of the Board of Directors. Bob says, "There is a story going around that the name Fielding came by combining the 'Field' from the last name of Marie Fielder, who was also on the original Board, with the 'ing' from Goulding. I wasn't at the Board meeting when the name was chosen, so I don't know if it's true, but then I have not heard any other explanation either."



Bob Goulding (far right) with some of the other winners of the Eric Berne Memorial Scientific Award: (from left) Jack Dusay, Claude Steiner, Steve Karpman, Mary Goulding, Muriel James, Richard Erskine, and Fanita English. Bob and Mary won the EBMSA in 1975 for their work on redecision therapy.



Bob and Mary Goulding (rear left) with group at the first European TA Conference in 1975, which they helped organize.

Over the years Bob has also served as President of the American Academy of Psychotherapists, 20 years on the Executive Board of the American Group Psychotherapy Association (including a term as Secretary), and many years in various positions of responsibility in the ITAA. He is now a Distinguished Life Fellow of AGPA and a Life Fellow in the American Psychiatric Association as well as the recipient of the first honorary degree (Doctorate of Humane Letters) from Fielding Institute.

When the great psychotherapists of modern times are spoken about, Bob Goulding and his wife, Mary, are always on the list. But there is a difference between being famous, which Bob is, and being a great man, which Bob also is. Great people are always fallible human beings, and great people are always teachers as part of their essence. One does not have contact with a truly great person without learning something and without being struck by how human they are.

As I hung up the phone after talking with Bob for this story, I remembered his words of advice to new therapists: "Don't be a cultist. Learn from everybody." As an experienced therapist I realized there was meaning in that advice for me, too, and it went beyond the learning of psychotherapy. And such is the impact when one has had contact with greatness!

Dear Editor:

I understand you are going to be running a story on Bob Goulding, and I wanted to offer a few comments about him of my own.

When I was introduced to TA I slammed the book shut because I had spent thousands of dollars in my personal analysis, and I was convinced that TA couldn't work so simply. Eric did not warm my heart, but Bob Goulding did. I came to know him by working together on the Program Committee for the American Group Psychotherapy Association for at least four years. When he told me that he and Mary were doing a marathon psychotherapy weekend, I told him that my wife and I were debating whether to attend that one with him and Mary or to go to a week-long workshop with Fritz Perls. Bob responded, "Fritz is older than I am, and I am going to live lots longer than he is. If you must choose, go to Fritz." Then he offered me the use of a car so that we could come to California and do both.

With such warmth, I began a long-time friendship with Bob and Mary. They have been friends, teachers, and co-workers. As I introduced TA to my part of the country, I would talk with them on the phone about theory, and with clarification from them and others in TA I could continue to teach here. I never have forgotten the stamp of endorsement Bob gave me when he asked me to come to California to practice with him and Eric agreed to supervise me. Although I decided to stay in Kansas City, the friendship with Bob and Mary only increased in warmth.

As I think of all the words and the wisdom so many of us in TA have taken from "the Mountain," and of how we have multiplied the power and warmth we shared there with Bob and Mary, I am filled with love and thanks.

John O'Hearne, Kansas City, Missouri, USA



Mary (holding rug) and Bob (center) with workshop participants in Yugoslavia

ITAA Announces
A Professional Skills Video Library
Volume 1



Featuring
Bob Goulding, MD
and
Mary Goulding, MSW



Many therapists wish they could be an unseen observer at the therapy sessions of acknowledged masters. The International Transactional Analysis Association now brings this unique opportunity to you.

Here is your chance to see two recognized greats handle a variety of therapeutic problems. Through the technology of videotape, you can be a fly on the wall again and again scrutinizing Bob and Mary Goulding as they demonstrate the power and precision of Redecision Therapy.

If you've wondered how Bob and Mary get such rapid results, this tape will give up the answers as you go behind the scenes with Ellen Bader. As a therapist herself, she asks them the kinds of illuminating questions you would, so you can learn the critical elements of their theory and then apply them in your own office. Through the camera's eye, sitting in Bob and Mary's seat, you can do something they could not do—back up the session and replay it for fresh observations and insights.

With seven clients, on a two-hour tape, you will see Bob and Mary translate theory into action as they work with the following presenting problems:

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- The magical beliefs that accompany racket feelings
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- A man breaking the generational chains of physical abuse
- Anxietyconnected to giving public presentations
- The scars of sexual child abuse

As the client's therapeutic issues unfold, you will witness Bob and Mary's penetrating yet gentle interventions that lead to changes of thoughts, feelings, and behavior. You will hear, after each piece of work, explanations of why they did what they did, when they guessed right, and when they didn't.

In addition to watching this tape for your own skill development, all or parts of this tape can be used for demonstration to your clients. It can be an invaluable tool in situations where your clients are understandably reluctant to begin discussions of painful experiences and emotions. With feelings of isolation there may be an unwillingness to accept that anything similar could have happened to anyone else. More convincing than assurances that you have dealt with similar cases in the past is a visual demonstration during which you can observe your client's reaction and use this as a bridge into therapy.

For trainers and supervisors, you can bring a Goulding workshop right into your own office. Your trainees broaden their therapeutic understanding and hear directly from Bob and Mary how to confront games, how to know when games are resolved, ways of establishing contact with the client, the importance of confronting the first con, and many other essential concepts of Redecision Therapy.

This is the first of a series of educational offerings planned by the ITAA to assist psychotherapists in their personal and professional growth. We earnestly desire and request your input on the usefulness of this tape and ideas about what future tapes would directly benefit your practice.

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Robert L. Goulding, MD
"Scripts"
(Taped Live)

At the 25th Annviersary Summer Conference of the International Transactional Analysis Association, held in Chicago in July 1987, Robert L. Goulding participated as one of ten faculty to teach the Introductory Course in Transactional Analysis, TA 101. The portion of the course Bob taught was "Scripts".

The entire TA 101 Course was professionally edited and is available for purchase as a 2-volume video set (220 minutes). In it, the ten original founding members of the International Transactional Analysis Association present an overview of TA theory, of interest to therapists, managers, and consultants.

This video represents the unedited footage of Bob's "Scripts" presentation, recorded in Chicago in 1987. In it, Bob Goulding discusses life scripts for 55 minutes. It is some of Bob's finest work, taped live as it was presented.

In addition to watching this tape for your own skill development, this tape has important historical value. It is a unique opportunity to witness a Master at work, teaching as only Bob Goulding can. All or parts of this video can be used to supplement your own advanced training, supervision, or teaching. For trainers and supervisors, you can bring Bob's wisdom on scripts right into your own office.

Our Guarantee

If, after viewing this videotape, you are not completely satisfied that this is a valuable historical and teaching tape, simply return the tape to us within 21 days of receipt, and your investment will be totally refunded, without question.

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Keeping In Touch

REGION I—PACIFIC, ASIA, AFRICA

Nominations for the 1990 Goulding Award are being sought by the Board of the Western Pacific Association of Transactional Analysts (WPATA). It is designed to honor members who have made outstanding contributions in theory and practice of TA, for commitment to the development and growth of TA in a particular area, or for anything else considered to be an outstanding contribution. Nominations should be made by sending a one-page argument telling why you think the nominee should receive the Award. The consent of the person being nominated is not required; they will be contacted for their approval by the WPATA Board. Four nominations will be selected by Bob and Mary Goulding and then circulated to all WPATA members for a vote. Any member of WPATA may make a nomination. Nominations close August 31, 1990. Send nominations to Jan Coleman, 136 Loftus St., Leederville, Western Australia 6007.

Practical TA . . . 1, a compilation of practical articles describing how TA is being used in families, schools, the workplace, communications, and even violent families, was edited by Jeff White, Louise Cameron, Maggie White, and Tony White and published with the help of Daryl Wheeler.

ALL REGIONS

Do You Know Where These Former Members Are Now?

We are looking for addresses and/or phone numbers for the following people so that we may contact them regarding permission to publish their articles from the *TAJ* in the upcoming *Volume of Selected Articles, 1971-1980*. If you have information about how we can reach them, please contact Publications Assistant Ann Moen at the ITAA office.

Warren Cheney Estate
Sharon Dashiel
Cherry Hartman
Nan Narboe
Edgar C. Stuntz
Nola Symor

JUNE 1990 NEW MEMBERS

New Member	*Sponsor*
Bailey, Diana	Rosemary Taylor
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Good, Susan M.	Jeffrey White
Lakeland, G.	Gordon Hewitt
Lilley, Jean M.	—
Little, Douglas	David Steere
McSweeney, P.	Jan Grant
Seow Yoke, Eva	Jessica Leong
Sounders, Glenn	Timothy Schnabel
Sing Sea, Sylvia	Jessica Leong
Wallace Jr., D.	David Steere
Wu Theng Wah,	Jessica Leong

WARM FUZZIES

*** To Lucy Freedman**, for analyzing the last five years of long-range planning, synthesizing the results, and organizing the three-day leadership planning meeting in Brussels.

*** To Sheryn Scott**, Vice-President of Operations, for overseeing 14 ITAA committees under the new organizational stucture while simultaneously starting her own studies toward her PhD.

*** To Lucie King,** who is finishing two years as Conference Committe Chair, having organized conferences in Brazil (1988), Hawaii and Oakland (1989), and Mexico and Brussels (1990). Talk about fostering international good will—Lucie has certainly done her part! Thanks, Lucie!

*** To ITAA Treasurer Mervyn Hine**, in acknowledgement of his prodigous work analyzing ITAA's past, present, and future financial situation.

*** To Christopher Boyd and Keith Scott**, current Co-Presidents of the Eric Berne Seminar, for their part in seeing that the Seminar continues meeting every Tuesday evening, just as it has since Eric Berne began it in 1958. And congratulations to the Seminar as a whole as it meets for its 32nd year!

*** To ITAA Executive Director Susan Sevilla**, for her hard work and unflagging good will as she completes seven years with the ITAA. She has managed the Association office and its staff through multiple transitions, continually looking for creative ways to bring the best possible services to the membership. Good work, Susan! □

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Resource Reviewers Wanted

The Editorial Board is in the process of updating their resource reviewers file for the *Transactional Analysis Journal*. If you are willing occasionally to review an article for the *Journal* on a subject about which you have special expertise, please fill out the form below and return it to *TAJ* Editor, c/o the ITAA office.

Name _____

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