INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XIX NUMBER 9 DECEMBER 1989

The Script®

INSIDE:

2 ITAA OK After Quake
Farewell to Jackie Ward-Flaggs

3 Program for TA in Organizations
Brussels Conference Update

4 Election Results
Call for Nominations

6 BOC Exceptions
Free Training Manual Updates

President Gilpin Says a Fond Farewell

by Vince Gilpin

Two years have come and gone, and in retrospect they seem short. When I began my presidency, two years seemed like a long time to be in office, but I've learned that in an Association that only meets twice a year, it takes a long time to get things done.

I began my presidency with a call to TA people worldwide to reaffirm our solidarity by demonstrating applications of TA to local issues which were related to global concerns. Many of you responded, and at the Oakland Conference last August the inspirational panel about the TA Global Action Project drew comments such as, "TA people have fire in their guts," and "It was a spiritual experience."

If my presidency has served to support members on their spiritual journeys, or to encourage others to pursue their spiritual development, or to demonstrate the spiritual component of TA and psychotherapy, or merely to promote spiritual awareness and global action, then I am content.

I believe the phrase, "I'm OK, You're OK," epitomizes the spirit of transactional analysis. This statement of mutuality transcends material, cultural, and behavioral considerations as well as all other expressions of the ego. In fact, it refers to mutuality at the level of the psyche or the soul. The ego grows out of the psyche and is therefore only a part of it. During the last two years I have invited TA people worldwide to renew our soul contact with one another and with our planet. This has brought out the soul of TA and touched the soul of the organization.

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This is the aspect of spirituality I am pursuing: the meeting of people with soul. It is different from communion with spirits, which is a form of spiritualism that constitutes some spiritual pursuits.

Soul people are passionate and compassionate. For us to be consumate transactional analysts, we must be in touch with our soul, free of the constraints of Parental prohibitions and restrictions. We must leave the duplicity of games behind and address our tasks in the spirit of authenticity and intimacy.

How can we accomplish this in our short lives, when we are fallible human beings? Our efforts to contribute to the healing of the earth and to make a difference in the lives of others constitutes our progress in this regard.

In addition to these spiritual issues, there were practical developments during my term which resulted from efforts over many years and which were steps in actualizing the philosophy of TA. For example, we now have affiliation agreements with the European TA Association (EATA) and the Canadian TA Association (CATA) and are processing applications from groups in the USA, India, Brazil, and New Zealand. These agreements make it possible for more people to participate in the ITAA in spite of discrepancies in various countries' economies. As long as local associations take on some of the administrative functions normally performed by the ITAA, it is possible for their members to participate in both associations for less cost.



Vince Gilpin

On another front, we have revised our conference schedule to allow greater cooperation between the ITAA and local associations. Beginning in 1991 the ITAA will sponsor only one conference a year, in October-November. The conference of one of our affiliates or affiliating organizations will be designated as our second conference, thus encouraging members from all over the world to attend. ITAA will conduct business meetings at these conferences.

The reorganization which has been underway for the last six years has led

- *continued on page 6*

Co-Dependency: New Diagnosis or New Psychobabble?

by Jonathan B. Weiss and Laurie A. Weiss

There is a new language of buzzwords in the psychological community. A glance at the psychology and self-improvement section of your local bookstore will reveal dozens of titles containing phrases such as, "adult children," "co-dependency," "inner child," and "recovery." What do these phrases mean, and what significance do they have for transactional analysts?

These phrases represent a huge number of individuals who are searching for what TA therapists have to offer. Estimates suggest that one of every eight people in the USA has had his or her life significantly affected by parental alcoholism. The proliferation of concern about the effects of alcoholism and, by association, other addictive and compusive behaviors, leads us to conclude that, rather than another pop psychology fad, there is a real social movement developing around such issues.

Co-dependency is now identified by some authors as the basis for all addictive behaviors. It is also being labeled as an incurable disease, for which sufferers must plan a lifelong recovery program.

Several popular books have been central to the development of what could loosely be called, "the recovery community." The New York Times bestseller, *Adult Children of Alcoholics*, by Janet Woititz, describes the characteristics of people in this population. *Another Chance: Hope and Health for the Alcoholic Family* by Sharon Wegscheider-Cruse and *It Will Never Happen to Me* by Claudia Black detail the family dynamics that lead to the problems described by Woititz.

Many people who maintained that their lives were OK, but who were going from group to group and guru to guru for "growth" could now name their problem: They were "ACoAs" (Adult Children of Alcoholics). Their problems, having been named, gained legitimacy; support groups sprang up all over the USA providing an atmosphere of permission for sharing and self-disclosure. AlAnon, traditionally concentrating on spouses of alcoholics, developed new sessions devoted to adults who had grown up with an alcoholic parent.

As interest in "Adult Children" spread, other adults began to say, "I didn't grow up in an alcoholic family, but those characteristics apply to me, too." John Bradshaw, a therapist, Catholic theologian, and recovering alcoholic, created a series of lectures on the subject for television. His series, "The Crisis in the Family," led thousands of viewers to recognize that they had come from significantly dysfunctional families—with or without alcohol. Most individuals in this self-identified population had significant relationship problems, and groups to serve adult

- *continued on page 3*

EDITOR'S COLUMN



by William Krieger

I Did It Again!

I said I wouldn't, but I did. It's done, and I could change my mind, but I won't. Now that I did it, I'll do it.

It's important, and I thought about it, and I almost didn't. I don't have to do it like I did it before, but I said I would do it so I will. I agreed to serve as Editor again (for just one more year, you understand!).

Perhaps we'll add a comic strip showing TA personalities as superheroes (Vince Gilpin as Batman?). Perhaps we'll add a crossword puzzle as preparation for the written exam (what's a word for "co-dependent relationship" that has eight letters?). Maybe we'll add a sports section (Italian team beats Canadians in crossed transactions!).

OK, I've got my first idea for the coming year—a whimsical idea contest for *The Script*. We'll publish the best whimsical ideas in the March *Script*.

(February 1 is the deadline).

* * * * * * * *

Question for the Month: Now that I've done it, will you do it (send in your whimsical idea)? □

Training and Certification Manual Now Available

Send $20 to Credentials Department, c/o the ITAA office. The cost includes shipping and handling.

The Script

Editor: William Krieger, EdD
Consulting Editor: Robin Fryer, MSW
Clinical Columnist: Bill Cornell, MA
Organizational Columnist: Abe Wagner, MSW
Educational Columnist: Sharon Masey, PhD
TA in Practice Columnists: George Imperato, MA, and Gloria Wax, MA
Conference Feature Writer: Robert Massey, PhD
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EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

ITAA OK After Big Quake

For those of you who don't already know, on Tuesday, October 17, 1989, at 5:05pm, San Francisco was rocked by an earthquake measuring 7.1 on the Richter Scale. Thanks to modern communications, most of the world knew of the disaster within hours of the event. Many of you called or wrote the office to inquire about our welfare; we appreciate your thoughtfulness and concern.

We at the ITAA office are all fine. No one was hurt, and there was no damage to our homes. In fact, no one we know was hurt or injured. Several of the ITAA staff commute on the Bay Bridge, but all were away from it during the collapse.

I was at the office when the quake hit, along with new staff member Barbara Byram. The 4-story Victorian building withstood the 1906 quake, and although it shook quite a bit this time, the wooden frame and sturdy construction absorbed the shock very well. In fact, at the time, we weren't really aware that the 15-second quake was so serious.

Afterward, I worked for a few more minutes, until I realized that the power wasn't coming back on, and then headed home. It wasn't until I was on the road that I realized how much damage had occurred. With no traffic signals working, and mass panic in the streets, it took me an hour and many alternate routes to weave the 20-minute drive home.

Poor Barbara ended up spending the night in the office. There were no busses running and no way for her to get home. She slept poorly, as we all did, but felt safe in a building that had survived "the pretty Big One."

That night we all spent the evening at our homes by candlelight. From my house we could see the big Marina District fire from our kitchen window. We listened to the eerie wail of sirens all night and put the kids to bed in their clothes. We slept restlessly, rocked by little aftershocks all night. (In particular, the one at 3 am woke me and scared me).

Everything is pretty much back to normal now. We still jump if the house creaks or a truck rumbles by, and we won't be caught again without a transistor radio.

At the office, we were without power and telephones until Friday. San Francisco schools were closed Wednesday and Thursday, and the mayor urged people to stay home and not try to drive. The weather was as fine as it gets in San Francisco—75-80 degrees F.—and we enjoyed our forced time off by playing with the kids, washing the car, and working in the garden.

The day after the quake, we went to the market, only to find every parking space filled and every shopping cart taken. Inside, frantic shoppers were grabbing everything off the shelves. I'm sure many of them had full cupboards at home, but they were busy stocking up for the next one. The same thing was true at gas stations: long lines of cars at every pump. There was a rumor that gas tankers were not going to be allowed into the city, so everyone lined up to fill their tanks before stations ran out of gas. I didn't believe the rumor, but I lined up anyway.



The Burr House, ITAA headquarters building, survivor of the 1906 and 1989 earthquakes.

Everything is pretty much back to normal now. We still jump if the house creaks or a truck rumbles by, and we won't be caught again without a transistor radio. But it's over. We are ready to get on with our lives.

I don't want to minimize the tragedy for those hit hardest, including the people who died on the collapsed one-mile section of I-880 and those hurt or homeless as a result of the collapse or demolition of 60 buildings in the Marina District. The recovery phase will take many months, but the graphic TV coverage has in some ways made it seem worse for many of us than it actually was and may even hinder people in recovering.

Thank you again for your concern. We appreciate all the calls, letters, and telegrams from members; it helped to know you were thinking of us. □

ITAA Bids Farewell to Jackie Ward-Flaggs

ITAA staff hearts were heavy on October 31 as we bid farewell to 15-year staff member Jackie Ward-Flaggs. On November 1, Jackie began a challenging new position as Office Manager of a San Francisco law firm.

Originally from Baton Rouge, Louisiana, Jackie moved to California in 1971, and she began her career at the ITAA in 1974 as a part-time staff member while attending the University of California at Berkeley. Soon she was working full-time as Director of Credentials. In 1979 Jackie married William Flaggs, and they now have two lovely children, daughter Yasmine, born in 1980, and son Anthony, born in 1988, both "ITAA Babies."

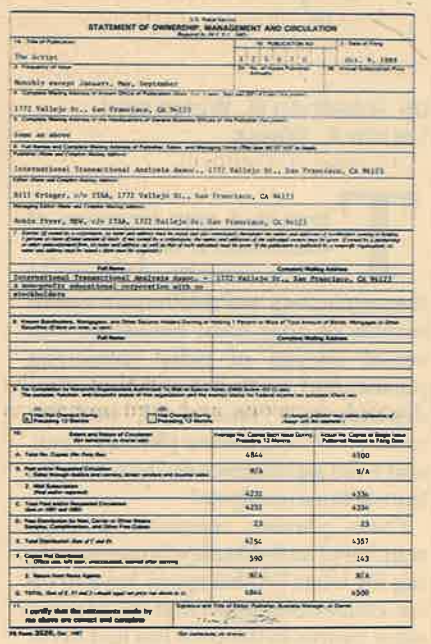
During her 15 years with the Association, Jackie traveled to many conferences and interacted with thousands of ITAA members over the telephone and in correspondence. She enjoyed meeting and working with so many members, citing public contact as one of the most enjoyable and satisfying aspects to her job.

Jackie will be leaving the ITAA because the Director of Credentials position was eliminated by the Training and Certification Council. Under the new affiliation contract with the European Association of Transactional Analysis (EATA), EATA will now handle all European TA training contracts, exams, and Training Endorsement Workshops—the bulk of ITAA work in the credentials area—receiving all related income in the process. This accomplishes one of the stated goals of the ITAA-EATA Affiliation agreement—decentralizing the work of the ITAA office.



Jackie Ward-Flaggs

All European contracts and other TA training needs will now be handled by EATA Secretary Martine Bussat. Non-European (US and other countries) international contracts will still be processed by our newly hired T&C Council Credentials Assistant, Judy Luu. Please feel free to address your correspondence to her, or to ITAA Executive Director Susan Sevilla. □



STATEMENT OF OWNERSHIP, MANAGEMENT AND CIRCULATION

The Script

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	Average No. Copies Each Issue During Preceding 12 Months	Actual No. Copies of Single Issue Published Nearest to Filing Date
A. Total No. Copies (Net Press Run)	4844	4700
B. Paid and/or Requested Circulation 1. Sales through dealers and carriers, street vendors and counter sales	N/A	N/A
2. Mail Subscription (Paid and/or requested)	4232	4336
C. Total Paid and/or Requested Circulation (Sum of 10B1 and 10B2)	4232	4336
D. Free Distribution by Mail, Carrier or Other Means Samples, Complimentary, and Other Free Copies	23	23
E. Total Distribution (Sum of C and D)	4254	4357
F. Copies Not Distributed 1. Office use, left over, unaccounted, spoiled after printing	590	343
2. Return from News Agents	N/A	N/A
G. TOTAL (Sum of E, F1 and 2—should equal net press run shown in A)	4844	4700

I certify that the statements made by me above are correct and complete.

ORGANIZATION DEVELOPMENT COLUMN



by Abe Wagner

Program Package for TA in Organizations

I find TA to be quite helpful in the business, corporate, and organizational world. To a large extent, the success or failure of an organization depends on how people interact with each other. TA addresses that subject beautifully.

Allow me to present one model for applying TA in organizations. I have created a packaged program which can be used by any organization. It includes one-on-one consultations with people which provide me with an opportunity to (1) learn about the organization so as to tailor my presentation to it, (2) help individuals develop goals for their personal use in the training sessions, and (3) give individuals an opportunity to "pick my brain." Often during these individual sessions people become cognizant of their need for counseling, and I will make referrals.

This package offers one day of training for the same group of managers or support and customer relations staff on either a bi-monthly or monthly basis. Of course, I am also willing to teach TA concepts during shorter sessions and dinner speeches. I believe in doing a series because the greatest learning takes place when there is reinforcement and homework.

Because transactional analysis is focused on goals and making those goals quantifiable, I conduct a full day of training first and then facilitate a goal-setting session with the group. I find that people are much more open once they know a bit about me and my values. During my last session with a group we determine if the goals were achieved. In a typical first session I also contract with the group for openness, taking responsibility for participation, confidentiality, and treating people with dignity and respect.

I often begin by teaching about overadaptation so that people are aware of this and do not engage in that behavior in the seminar. Additionally, during the first day I also talk about framing as it is used in neurolinguistic programming as well as about taking responsibility for one's own thinking, feeling, and behavior. I teach not only didactically, but I also allow plenty of time for questions, answers, small group exercises, and discussions so that people have an opportunity to experientially participate throughout the training.

During the second full day of the session I focus on ego states from a functional point of view. I have simplified this concept by classifying ego states into three effective and three ineffective states: Nurturing Parent, Free Child, and Adult are effective, and Critical Parent, Rebellious Child, and Compliant Child are ineffective. I then apply this theme to crossing transactions and stroking, etc. Essentially I teach that one can have OK and Not-OK crossed transactions. In an OK crossed transaction, the Critical Parent, Rebellious Child, or Compliant Child sends a stimulus, and the response is from either the Nurturing Parent, the Adult, or the Natural Child. Of course, I clarify such issues as the fact that Adult does not work effectively with Rebellious Child, etc. Following this I integrate the concept of getting into an individual's "map of the world." This is one of the simplest ways to cross transactions. When someone gets into another person's "map," he or she is understanding, empathetic, symapthetic, caring, or supportive. The individual is, therefore, in Nurturing Parent or Free Child.

In essence, I give people in organizations a simple but not simplistic way to understand human behavior and a cognitive method for effective communication. I might mention that the biggest problem in management is symbiosis with the manager having a need to parent and the subordinate needing to be parented. By effectively crossing transactions, this key problem is resolved.

As always, I am interested in your comments on using TA in organizations. Please send them to me at The Kennedy Center, 10200 East Girard Ave., Bldg. B., Suite 330, Denver, CO 80231, USA. □

CO-DEPENDENCY

continued from page one

children of dysfunctional families began to spring up.

A new term, "co-dependency," developed. Although the term was applied originally to spouses of alcoholics, it was now used to refer to the entire syndrome of problems and characteristics found in people who came from dysfunctional families. Again fueled by people searching for answers to their intra- and interpersonal problems, use of the term spread, and more popular books followed. Co-dependency is now identified by some authors as the basis for all addictive behaviors. It is also being labeled as an incurable disease, for which sufferers must plan a lifelong recovery program. Others in the field are attempting to define co-dependence as an identifiable diagnostic category, to be included in the next *Diagnostic and Statistical Manual* of the American Psychiatric Association (DSM-IV).

Many writers in this area refer poetically to the importance of healing the lost "Inner Child," but few offer any systematic process of doing so. An otherwise unremarkable book by Charles Whitfield, *Healing the Child Within*, has sold 250,000 copies on the strength of its title alone; it primarily identifies the problems, mentioning only briefly the issue of treatment.

One of the characteristics of this loosely-defined population is their need for clear information about emotions, thoughts, and behaviors and the connections between them. This is where TA can provide a valuable service. The Inner Child is, of course, the Child ego state, and what needs healing are the script decisions and contaminations common to people who grow up in difficult family situations. In TA terms, the phenomena of co-dependency appears equivalent to the TA concept of symbiosis. We find that the simple use of the symbiosis diagram provides clients with a surprising degree of understanding and openness to new behavior patterns.

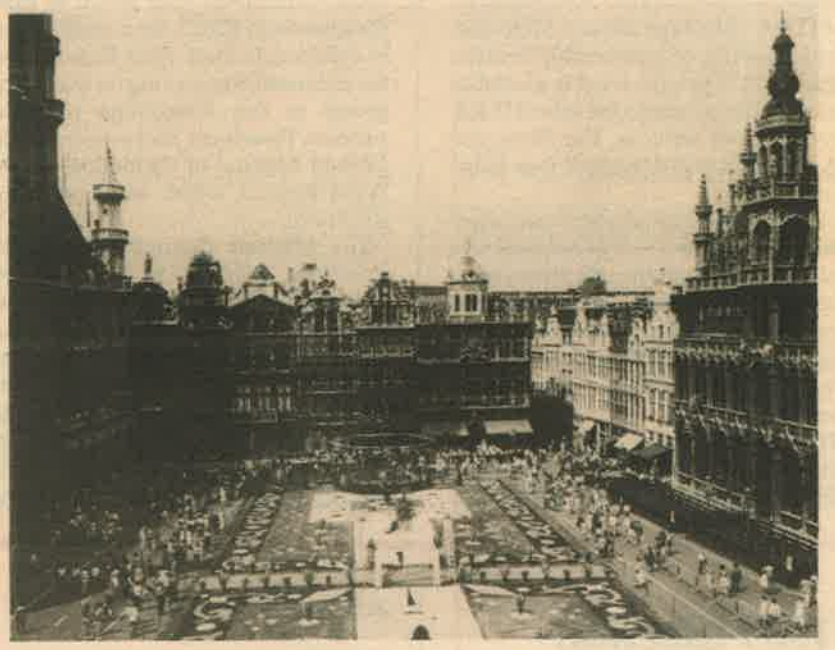
Addiction treatment professionals have been successful in helping adult children control various addictions and compulsions, although most agree that additional treatment for the Inner Child is necessary. However, they do not have tools with which to accomplish such treatment, something which TA professionals do. Many addiction counselors themselves grew up in co-dependent families and are "recovering" from their own addictive problems. They need mental health professionals who understand the language and the problems of adult children to whom to refer clients who have gained control over their addictions. Many of these clients are the same people who might have sought therapy in the past for vague, nonspecific problems as well as for relationship difficulties. They are, traditionally, the clients of TA therapists.

In order to learn to communicate in the language of this field and to be available to these clients we recommend that TA therapists familiarize themselves with some of the relevant literature. The primary publishers of popular books on co-dependency are Health Communications in Florida, Hazelden and The Johnson Institute in Minnesota, and Harper & Row in New York. Several TA-oriented books on this and related subjects are beginning to make an impact, including *Becoming the Way We Are* and *Cycles of Power* by Pam Levin, *Growing Up Again* by Jean Illsley Clarke, and, of course, our *Recovery from Co-dependency: It's Never Too Late to Reclaim Your Childhood*, which was written specifically to help bridge the gap between the TA community and the recovery community.

It is our sense that TA professionals have a major contribution to make to work in this area, and we look forward to hearing what other ITAA members are already doing with adult children in recovery.

Jonathan Weiss is a Teaching and Supervising Transactional Analyst (Clinical) and Laurie Weiss is a Teaching and Supervising Transactional Analyst (Clinical, Organizational, and Educational). They live and work in Littleton, Colorado, USA. □

Brussels Offers Inviting Conference Venue for 1990



Flower Carpet on the Grand-Place

REGISTER NOW FOR 1990

"Common Heritage and Cultural Perspectives" is the theme of our 1990 joint ITAA/EATA Summer Conference, which will be held July 22-26, in Brussels. We will be celebrating 16 years of successful collaboration between the ITAA and EATA. Over 80 valuable and enriching scientific presentations will be offered.

THE LURE OF BRUSSELS

Our Conference will be held in the modern Sheraton in city center, a competitively priced five-star hotel within walking distance of many attractions. Besides being a center for international commerce, with the World Trade Centre, United Nations Offices, and EEC, Brussels is a delight for eating out, with 1500 restaurants.

SIDE TRIPS

Visit medieval Ghent and Bruges in the lovely Flemish countryside, with lazy boat rides along the canals. See the Dutch countryside and the sights of Amsterdam; visit Antwerp, the harbor city of Peter Paul Rubens; or fly home from Paris, just a few hours away by bus or train.

MAKE TRAVEL ARRANGEMENTS NOW

Members planning to attend the international conference in 1990 should pin down air travel fares now. North American members should contact Ridgelea Tours, 109 Mayapple Road, Stamford, Connecticut 06903 (telephone 203-322-1400) for the latest on fare information.

Organizational News

Summary of Board Actions from August 1989 Meeting

Vince Gilpin presided over his last Board meeting as ITAA President. He acknowledged outgoing Board officers and members, including officers Denton Roberts, Jenni Hine, Lucy Freedman, and Landy Gobes and Board members Petruska Clarkson, Charlotte Christophe-Lemke, Suzanne Robinson, Ted Bruce, Bob Goulding, and John McNeel. Outgoing officers Sheryn Scott, Bill Cornell, and James McKenna will continue in office next year.

Gilpin reported that ITAA office space has been rented to a law firm, with a lease preserving the Eric Berne Library as public space for the continued use of the Eric Berne Seminar and others.

Development Division Acting Vice-President, Jim McKenna, reported that this division is working to define itself and build a good image. The "Scripts" video by Bob Goulding (see ad in September/October Script) was added to the ITAA videotape library. McKenna plans a catalog of membership benefits which will highlight what is available and will also promote the sale of ITAA products and services. The Showcase TA program was discussed (see May-June *Script*).

Treasurer Denton Roberts reported that there has been a large reduction in available cash over the last three years. Mervyn Hine, with other Finance Committee members, has developed a long-range financial plan to make planning consistent with the new ITAA structure.

The ITAA now has 2664 direct individual members, 3400 EATA members, and 552 subscribers (total: 6,616). For the first time in ITAA history, the membership is largely non-US. The 1989 EATA membership dues totaled $68,000.

The ITAA Membership Directory printing has been delayed until early 1990 due to budget considerations and in order for EATA and CATA membership rosters to be included.

The Training and Certification Council of Transactional Analysts is now partially funded by fees for services rendered to the ITAA. The Board approved renegotiation of the amount of this fee.

The Executive Director will explore converting the ITAA to an annual rather than a monthly membership dues billing.

Leadership Planning Meeting: Lucy Freedman and Ellyn Bader reported on the coordination of the Leadership Planning Event, to be held in Brussels in July 1990. The Board approved providing the Organizational Development Committee with $5000 to fund the event and $2000 for a mail survey to collect data for it. Each Board member committed to serving on a working group in this long-range planning process. Freedman also presented the revised Manual of Guidelines to the ITAA Bylaws, which was ratified by the Board.

The Affiliate Council had its first, unofficial, meeting in Oakland, reported Bill Cornell. The Affiliate Council includes representatives of the ITAA Affiliate Organizations (EATA and CATA) and those associations with affiliation applications pending (at this time ICTA-India and USATAA). Representatives of organizations with applications in progress (UNAT-Brazil, New Zealand) also attended as observers. The new ITAA Bylaws call for an Affiliate Council member to be appointed to serve on the ITAA Board.

Training and Certification Council of Transactional Analysts (T&C) Chair Landy Gobes reported that the newly revised Training Manual (available by mail for $20) is completed and the Continuing Education Unit system is now in place. Certified Members are asked to keep track of their CEU activities.

Strokes were given to Landy, who is finishing her term as ITAA Acting Vice-President and T&C Council Chair. Jan Hennig of Germany will be taking over this position in January. Fred Clark (USA) and Pio Scilligo (Italy) serve as Co-Chairs of the Board of Certification. Nelly Micholt (Belgium) and Frances Bonds-White (USA) will serve as Co-Chairs of the Training Standards Committee. Martha Husgen-Adler will be the T&C Council representative to the ITAA Board.

The T&C Council and the EATA Council on Certification have negotiated a new working agreement.

ITAA Conference Committee Chairperson Lucie King announced that Carol Gesme would serve as new Conference Vice-Chair. An ad hoc committee chaired by Bill Cornell recommended that the ITAA Winter Congress be eliminated and that the annual conference be moved to October/November, effective 1991. One non-ITAA regional or national conference per year will be approved as the site for the second ITAA Board meeting. This will be done on a trial basis subject to review in 1993. (See September/October Script for details).

Future ITAA conferences include: January 18-20, 1990, Oaxtepec, Mexico; July 23-27, 1990, Brussels, Belgium; Oct/November, 1991, Stamford, Connecticut; Oct/November 1992, open (seeking an international, non-USA destination); Oct/November 1993, Minneapolis, Minnesota; Oct/November, 1994, Puerto Rico.

Editorial Board: Editor Margery Friedlander reported that Howard Douglass will become *TAJ* Associate Editor. Plans are underway to publish the *Volume of Selected Articles of the TAJ, 1971-80*, so that articles that are out of print will once again be available. Editorial Board Member and ITAA Secretary-Elect Robin Maslen has donated $5,000 toward the cost of publishing this volume.

The Eric Berne Fund Distribution Committee approved three grants to fund research and translation proposals.

The Social Action Committee presented the following resolution, which the ITAA Board approved:

> "In this year of international rights for children, we propose that the ITAA go on record as supporting all efforts on an international, national, and local level to protect and advance the rights of children to be free of abuse and neglect. We are asking the Board to urge all ITAA organizations and individuals to design and implement programs of action on behalf of children, and to report their activities to the Social Action Committee."

A Special Commendation was given to Vince Gilpin unanimously by the ITAA Board for his "leadership, humor, gentleness, and firmness" to the ITAA. It has been a great pleasure for Board members to work with him. □

1989 Election Results

Congratulations to the following members on their success in the recent ITAA election:

Vice-President, Operations: Sheryn Scott

Vice-President, Research & Innovation: William Cornell

Vice-President, Development: James McKenna

Vice-President, Training and Certification: Jan Hennig

Treasurer: Mervyn Hine

Secretary: Robin Maslen

Trustee, Region I (Pacific, Asia, Africa): Yoshitaka Moronaga

Trustee, Region V (USA): Jae Brainard

JULY NEW MEMBERS

New Member	Sponsor
Angileri, Sergio	Michele Novellino
Bader, Monica	—
Bower, Thomas	—
Chambers, Lucile	—
Eckert, Robert	—
Hartz, Edie	Peg Blackstone
Hill, William	William Cornell
Johas, Elene	Robert Goulding
Knapp, Julene	Denton Roberts
Kuby, Thomas	Virginia Boyce
Lint, Doreen	—
Mabee, Tom	—
True, Reiko	—
Uchida, Shizuo	Kozo Rokkaku

AUGUST NEW MEMBERS

New Member	Sponsor
Glow, Bernita	—
Graves, Sandra	Lane Beamer
Henden, Chris	—
Hickey, Theresa	Jeffrey White
Hough, Carol Lynn	—
Jones, Doyle	Hal Dibner
Lang, Joao	—
Martinez, Alfonso	—
Martorell, Jose	—
Nance, Woody	—

Call for President-Elect and Trustee Nominations

The Nominating Committee is now accepting nominations for the 1990 election. The following openings are anticipated:

President-Elect

Trustees (two openings): North America (1) Other (1)

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. Please use the form provided here. Send nominations to the Nominating Committee, c/o the ITAA office, by March 1, 1990.

ITAA Election Nominees

Name of Nominee _____

Position Nominated For _____

Signature of Nominee _____

Person Making Nomination _____

(plus address and phone) _____

Person Seconding Nomination _____

Date _____

Members Forum

Editorial Policy: We welcome letters to the editor (c/o the ITAA office), and in editing for taste, accuracy, and length, our intent is to retain the author's meaning.

TAJ CONTENTS DISK AVAILABLE

Dear ITAA Members:

I have developed a computer disk that contains the content pages of the *TAJ* in chronological order. It is in Wordstar 3.1 text program, but should be convertible to any other text program. Its purpose is to allow anyone to search for articles of specific interest using (1) words (e.g., ego, Child, script) to find articles with those words in the title; (2) an author by last name; or (3) part of a word which would indicate all articles in which the word occurs (e.g., "phob" for "phobias). I am happy to send a copy of the disk to anyone who mails me the cost of the disk and postage. For my part, I am interested to know if anyone has done the same with the TA *Bulletin* contents or abstracts (or with any other TA material, for that matter).

Gabor von Varga, Dorner Srasse 26, D-5248 Wissen, Germany BRD; phone 02742-1260.

RESPONSE TO PSYCHOTHERAPY AND SPIRITUALITY

Dear Editor:

I can't resist commenting on Alvarez's "Psychotherapy or Spirituality" (August 1989 *Script*).

First, let me note a fallacy: The most advanced of the "hard sciences" today give short shrift to the idea that "a triangle is always a triangle." To be simplistic, are we talking plane or solid geometry? Is the "mere triangle" a shape on a piece of paper, or one face of a four-sided pyramid, or something greater than either? "New physics" or Chaos Theory makes it clear that what one sees depends substantially on what one expects to see, and that what's "really true" is almost inevitably more than what one can perceive through even technologically enhanced sensory receptors.

Second, there is a cart-before-the-horse reversal here: Culture is an *expression* of spiritual *experience;* spiritual belief and practice are not "mere" decorations in the "realm of culture." Human value orientations proceed from questioning and reflecting on experience which is both more universal and more direct than any amount of hard science data, that is, experience that is archetypally spiritual. Of *course* these basic, universal motifs are "presented . . . in culturally specific ways," just as different groups of people develop different sounds to convey the same basic meanings. Naturally any "helper" is well advised to learn the particular language of the person(s) to be helped. Whether individual or group oriented, however, the *search for meaning* itself is universal wherever persons have an iota of energy left over from meeting survival needs.

Third, and most crucial, is a concern for logic and semantics: If spirit (or soul) were "merely a thought within me," the subject would indeed deserve no further consideration. Or, if the manifestations of such soul in an individual's life were inconvenient or uncomfortable, it would be perfectly appropriate for a therapist, using the standard medical model, to presume to adjust the person's "contingent cognitions" so that his or her life would be less stressful—if that is considered a worthwhile goal. (Incidentally, "accidental" is misleading as a synonym for "contingent," and if that is how Alvarez understands the word, no wonder we're singing off different sheets of music!)

Many people over the ages, in their struggles for comprehension (and control?) have felt driven to the conclusion that the spirit and/or soul is no more than wishful thinking, an immature defense against the dark, in essence, nonexistant. Many of these searchers have based their conclusions on the complaint that no "objective proof" can be found for what the "five senses" cannot verify. One might ask how "objective" sensual proof would be, given that human individuals rarely agree precisely on descriptions of tastes, odors, textures, sounds, colors, etc. More to the point, however, one *should* challenge the assumption that "absense of proof" of a positive constitutes proof of the opposite negative.

If, on the other hand, the soul (the existence of which Alvarez "doesn't strive to deny") is the transcendent and immortal SOURCE of all experience in the realm of Space/Time/Energy/Matter, then it is (a) the most, if not only, critical focus of therapy or any other form of personal growth, and (b) a force to which to attend, honor, obey, and *serve*, not one to be "*fixed*."

It seems to me that this distinction might well be a saving grace for practitioners of either personal therapy or organizational consultation. If we approach any situation with the conviction that the Holy Unity is in some fashion "here before us," and is somehow "at work" in the situation which we confront, then perhaps we'd be less likely to act like children with a telephone: making connections for which someone else is going to get an astronomical bill. We might find it more appropriate to approach in an attitude of prayer, ready to receive whatever true message is being transmitted through the set of symptoms presented. If we could trust the process of life *because* it is spirit generated, we might understand ourselves as acolytes or mediators rather than as mechanics tinkering on a time machine with a set of Newtonian assumptions. Our stance then is that of privileged collaborator, listening and reflecting with humility and expectant delight to see what wonders unfold.

The "mechanistic model" is one trap into which TA practitioners can fall too easily. The very *usefulness* of our schematics and techniques invites images of competence, expertise, and *control*. I'd like to see a conscious cross-fertilization of TA theory with the work of Jung, whose understanding of Spirit and archetype is permeated with reverence for the invisible-but-eternally-real. I agree with Alvarez that any practitioner should at least be "literate" in terms of his or her clients' cultural and spiritual backgrounds, but not just as "contingent cognitions" to be manipulated! I would like to plead that each of us should study as widely and deeply as possble all the religious expressions we can find, so that we may discern the *patterns* of the holy that en-form all of creation and culture. These are more than Parent tapes (although many a CP or NP tape gets recorded in the same grooves). The holy, the Spirit, is the that-without-which-nothing, the absolutely essential verity, the GOAL of our work.

That's mine for now. I'd love to delve deeper with other inquirers.

Jean Jones Andersen, Richmond, Virginia, USA

ALVAREZ RESPONDS

Dear Ms. Andersen:

My statement regarding the importance in therapy of skillfully differentiating between cognitions that are the product of experience (subjective and contingent) and those that have no reference to experience (judgments of geometry) is not fallacious. Your accusation reflects your faulty understanding of quantum physics. What you apparently do not know, is that observer-created reality is a concern with quantum-sized objects only. This is because there is a qualitative difference between the macroworld and the microworld—the former can store information, while the latter cannot. In the macroscopic world where we live, data can be correct without reference to experience (although amenable to experimental verification). I also stated that universal judgments of this class are not the typical content of human experience. The focus of psychotherapy is on cognitions that are affected by experience. That is why they are amenable to change.

Your pronouncements regarding the nature of the soul and its significance for therapy constitute a perfect illustration of how occultist propositions can muddle our thinking and raise many ethical, as well as practical, concerns. Frankly, it imposes too much metaphysical baggage for a psychotherapist. For therapy these are superfluous assumptions, and they are potentially dangerous. After all, on what authority would you show us how to "attend, obey, and serve" this transcendental source?

My article stated associations and relationships between ethnicity, world view, and the need to attend to these factors without ethnocentrism. This is important if TA aspires to collaborate with the establishment of a world cultural democracy and to enhance our understanding of the multicultural configurations of human experience and healing practices. I found your comments about culture contradictory and puzzling.

No, Ms. Andersen, I do not agree with you. As the center of therapy I suggest that TA keep the client and the contract for change—operationally defined—the client has made with herself or himself in the therapist's presence.

The strength found in the clear, systematic, conceptual framework of TA as developed by Berne, Steiner, Goulding and Goulding, Schiff and Schiff, James, Woollams, Dusay, English, Kahler, Erskine, Ernst, Massey, and so many others as demonstrated by *TAJ* articles is due to creative yet intellectually rigorous thinking and is not typically mistaken as a "mechanical model." I understand the intent of TA to be profoundly humanizing.

From the onset, TA's intent has been to speak a simple language and to study transactions systematically. The methods subsequently developed reveal the potency of such an orientation. A psychotherapist trained in TA theory and methods does enjoy professional competence, expertise, and control, and the client's best interests have a better chance of being served and protected because of it.

It is control over the management of the therapeutic process that provides the protection, permissions, and potency that contextually empowers the client to contradict injunctions and negative counterinjunctions in the script. This therapeutic potency, in effect, is a resource that the client already has and which is stimulated by the therapist, as has been noted in the literature.

Tell me stories about the soul in the language of poetry and I shall listen. I, too, hunger for the secret truths that art seeks to construct. As the poet Stanley Kuntz reminds us, for a milennia fabricated myths have helped us cope with the repeated assaults of existance. They can strengthen our commitment to endure and may even clue us to certain bits of self-understanding. They can fortify us.

I am certain, however, that psychotherapy is a more modest relative in this endeavor, one only fit to help people change the way they think, feel, and/or act when their lives are constricted by their scripts.

In my opinion, the work of a therapist is infintely more modest than dealing with the nature of the soul, and thus, much more efficient in making the small, significant differences often desired in our lives—differences capable of rippling through our being demanding a positive change, abandonment, or expansion of our world view and our way of becoming fully human.

Pablo Andres Alvarez, Stockton, California, USA

□

Training News

TRAINING AND CERTIFICATION COUNCIL REPORT



by Ian Stewart

BOC Exceptions: The "What" and the "Why"

The Board of Certification's (BOC) detailed guidelines for examination and credentialing are included in the Training and Certification Manual. There may occasionally be circumstances, however, in which strict adherence to these guidelines could cause extreme hardship for a candidate. The BOC's *exceptions procedure* is designed to provide relief in such cases.

If you think you may be eligible for an exception, first write a letter to the Credentials Department at the ITAA office specifying (1) what exception you are applying for, and (2) why you believe you should be allowed that exception. Include a letter from your sponsor acknowledging that he or she is aware of your application for an exception and concurs with it.

Your request must be postmarked *no later than six months before the date of the exam* for which you are applying for the exception. Note: BOC exceptions are given rarely and only when, in the BOC's opinion, the exception is necessary to avoid extreme hardship for the candidate.

FREE UPDATES AVAILABLE FOR TRAINING AND EXAM MANUAL

The Training and Examination Manual is the official source for detailed information on training, examination, and credentialing procedures carried on under the auspices of the Training and Certification Council (T&C). The Manual contains the TA Content Outline, a detailed, up-to-date synopsis of study topics designed to give a thorough grounding in TA. Literature references are listed for each subject area.

Order the Manual by sending $20 US (includes postage) to ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA. (It is also available from Trans Pubs; enquire with them regarding price.)

Periodic updates are automatically sent to those who purchase the Manual. The current update is from January 1989. If you have purchased a Manual and have not yet received this update, please contact the ITAA office.

LEVEL II EXAMS UPDATE

During their meeting last August the BOC made a decision important to TSTAs (Teaching and Supervising Transactional Analysts) who have passed their exam in one field of application and who wish to add an additional field. In such cases the TSTA does not have to retake the Teaching section of the Level II exam in the new specialty. For this exemption to apply, the TSTA must have been accredited in both teaching and supervision in the original field of application. □

EXAM CALENDAR

Exam	Exam Date	Location	Application Deadline
Level I & II Oral	January 18, 1990 July 22, 1990	Oaxtepec, Mexico Brussels, Belgium	October 18, 1989 April 22, 1990
Level I Oral	April 18, 1990 November 8, 1990	Whitehaven, Penn. St. Louis, Missouri	January 18, 1990 August 9, 1990
Level I Written	March 9/10, 1990 April 18, 1990 July 13/14, 1990 November 9/10, 1990	To be announced Whitehaven, Penn. To be announced To be announced	December 11, 1989 January 18, 1990 April 13, 1990 August 10, 1990
Training Endorsement Workshops	January 21-23, 1990 July 27-29, 1990 November 1991	Oaxtepec, Mexico Brussels, Belgium Stamford, Connecticut	October 20, 1989 April 27, 1990 August 1991

* Please contact the T & C Council Headquarters for more information

All fees due by application deadline. All exam fees are nonrefundable, but will be credited to your account (except oral application fees paid each time applying for oral exam) if at least 60 days written notice is given for cancellation. Otherwise fee is forfeited. Fees: written exam--$90 US/Canada ($20 administrative fee deducted for cancellations received prior to 60 days deadline); all other countries pay $15 written exam recording fee for BOC and $35 to reader/scorer. Orals applications: $75, nontransferable. Oral exam--$50. Contract filing fee: $40. Training Endorsement Workshop fee: $395. TEW candidates must be a CTA for a minimum of one year prior to attending a TEW. All fees must be paid in US funds. Level I candidates must allow six months between taking the written exams and applying for the oral exam. Requests to hold BOC exams must be submitted early enough to allow for review by the BOC and, if approved, to allow for notice to be posted in *The Script* at least six months prior to the exam date.

TA 101 CALENDAR

December 2, 1989. Buenos Aires, Argentina. Cost: $12 US. Leader: Roberto Kertesz, MD, CTM. Contact: IPPEM, Camacua 245, 1405 Buenos Aires, Argentina; phone: 631-6243/4208.

December 9-10, 1989. London, England. Cost: L60. Leader: Petruska Clarkson, CTM. Contact: metanoia Psychotherapy Training Institute, 13 North Common Road, London W5 2QB, England.

January 6-7, 1989. London, England. Cost: L60. Leader: Petruska Clarkson. Contact: metanoia Psychotherapy Training Institute, 13 North Common Rd., London W5 2QB, England.

January 18-20, 1990. Oaxtepec, Mexico. Contact: MEXAT, Ezequiel Montes 19, Mexico 1 DF 06030 Mexico.

July 24-26, 1990. Brussels, Belgium. Contact: ITAA/EATA Summer Conference, 1772 Vallejo Street, San Francisco, CA 94123, USA.

Certified Teaching Members and Certified Provisional Teaching Members of the ITAA are invited to list free of charge information about TA 101s they are presenting. To be listed, please send the following information to Robin Fryer, Consulting Editor, 1700 Ganges Ave., El Cerrito, CA 94530, USA: dates of TA 101, location, cost, leaders' names, and how to get more information. Deadline: first of the month prior to the month of publication. Note: We cannot accept tentative or open dates; please be specific.

GILPIN SAYS FAREWELL

continued from page one

to the increased participation on ITAA committees by members from around the world, and affiliation goes even further by establishing the Affiliate Council, an advisory council to the ITAA Board of Trustees. As it becomes increasingly functional, this Council will ensure that the ITAA is aware of and responsive to international concerns and that we maintain a spirit of mutuality in all our actions.

Wherever the Association goes from here, I trust that we will remain soulful and spiritually engaged with one another and with our environment. We must support our Research Division, which aims to foster the creative review of established TA theory as well as to encourage and facilitate the devlopment of innovative theory. We must also support the Development Division and ensure that fund-raising is conducted in a spirit of OKness.

I want to also mention that the Scholarship Loan Fund and the Eric Berne Fund for the Future—which are supported by voluntary contributions—need renewal in terms of energy, time, and money. Funds from these arms of the Association provide grants and loans to members who are developing new theory, new TA material, or who are doing research on TA and its applications as well as those who might not otherwise be able to attend conferences because of economic circumstances in their countries. Grants and loans provided so far have been quite modest because the funds available are derived from interest so that the capital remains intact. It is essential that members continue their contributions so that the interest earnings increase and larger grants and loans can be made.

I recently read an article by Peter Drucker in the Harvard Business Review in which he said that the multinational corporations have something to learn from nonprofit organizations—that the mission of the organization must be its main motivating force. Nonprofit organizations generally have clear missions which they pursue with passion. As a result they accomplish a lot and their members are fulfilled in the process. Corporations, on the other hand, are motivated too heavily by the financial bottom line.

In the ITAA we have a mission statement, and if we put soul into pursuing this mission, our Association will flourish and make its contribution to our planet. The values connected with our mission statement include, in part, the following:

All individuals shall have the opportunity to live autonomous and socially responsible lives.

Respect is given to the individuality and common humanity of all people.

Relationships shall be carried out without discrimination on the basis of race, color, creed, nationality, socioeconomic status, gender, age, or sexual preference.

In the ITAA we have a mission statement, and if we put our soul into pursuing this mission, our Association will flourish and make its contribution to our planet.

If we maintain this focus in all our activities, our Association will fulfill its purpose and inspire its members and others to greater things.

In closing, I want to acknowledge and thank all of the members, staff, and TA people worldwide who contributed to the organization over the last two years. I am pleased to welcome Julie Hay, our new President, to the leadership of the Association, and I offer her my best wishes and full support in her efforts to serve the membership and to fulfill our mission. □

Conference Presentation Synopses



August 2-6, 1989
Oakland, California, USA

TABLE OF CONTENTS

Abrams, Reesa	The Value of Giving Anonymous Adult Information to the Corporate Community	1
Blackstone, Peg	Using Genograms in Treatment of Incest Survivors	4
Campos, Leonard	Healing the Adolescent Sex Offender	7
Ford, LaNelle and Webb, Jackie	The Relationship Skills Map: Planning Treatment for Survival and Healing of the Marriage Relationship	10
Freedman, Lucy	Diagnosis and Intervention in Ailing Organizations	13
Gladfelter, John	Contracts for Healing	18
Gowell, Elaine and Villoldo, Alberto	The Medicine Wheel: A Metaphor for the Grief Process	1
Haimowitz, Morris	Shaping Your Personal Community and Global Environments	26
Hay, Julie	Understanding Functional and Structural	30
Karakashian, Stephen, Simerly, Terry, and Domeyer, Nancy	Therapy with People with AIDS; Challenges and Gifts	33
Landsman, Sandra and White, Terri	What Goes Around Comes Around: Ancient Rites and Rituals: A Practical Application	36
Mader, Barbara	Better than Yelling: Healthy Alternatives Using Transactional Analysis	39
Massey, Robert	Script Theory Integrated and Applied Systematically	41
Massey, Sharon	Dimensions in the Development of Consciousness: A Tool for Therapy and Survival	44
McClendon, Ruth and Kadis, Les	A Choice in the Present: How Families and Individuals Change	48
McGoran, Saralee	Invisible Women Veterans	52
McKenna, Jim	Survivors; Surviving	56
O'Hearne, John	Getting it all Together	59
Osnes, Russell and Gesme, Carol	From Suffering to Celebrating	66
Paoli, Linda and Conley, Charlene	People Who Love Too Much	68
Richards, Joanna B.	Planning Presenting Workshops: A Six-Stage Model	77
Weisberg, Marion and Pearl, Lynn	Sibling Relationships: Effect on Love and Friendship	80
Weiss, Jonathan and Weiss, Laurie	Co-Dependency: New Diagnosis or New Psychobabble Serving a Self-Identified Population?	82

Did you miss the 1989 Summer Conference in Oakland, California? A limited number of Conference Synopses booklets are available at the special rate of $10, postage and handling included. Order today to receive your copy of the 87-page record of the exciting and informative 1989 presentations.

Name: _____
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Mail to: ITAA Synopses, 1772 Vallejo St., San Francisco, CA 94123, USA

TALES OF ENCHANTMENT

A Workshop on Using Hypnosis and Metaphor In Therapy

By Stephen Lankton, MSW



JANUARY 20-21, 1990 SAN FRANCISCO, CA		MARCH 10-11, 1990 DENVER, CO
JANUARY 27-28, 1990 SALT LAKE CITY, UT	FEBRUARY 10-11, 1990 SEATTLE, WA	MARCH 31 - APRIL 1, 1990 PORTLAND, OR
FEBRUARY 3-4, 1990 PHOENIX, AZ	MARCH 3-4, 1990 LOS ANGELES, CA	APRIL 7-8, 1990 MINNEAPOLIS, MN

Registration is $150.00 if postmarked one month prior to workshop. Late registration is $180.00. Twelve credit hours, 1.2 CEU's, are available for Marriage and Family Therapists, Psychologists, Social Workers and Mental Health Counselors.

The two day intensive training is sponsored by
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Aquagenesis Workshops

Aquagenesis I – Dec. 6–10, 1989
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AQUAGENESIS: Prenatal Regressive Therapy in water will be part of each day's agenda. Each five day workshop will reflect a balance of theory and experience. **The fee for each Workshop is $500.** (All fees are payable in U.S. funds. Deposits are non-refundable.)

AQUAGENESIS I **– Introduction to Prenatal Regressive Therapy, transpersonal experiences and spiritual healing.**

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NEXT SEATTLE TRAINING
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Keeping In Touch

REGION I - PACIFIC, ASIA, AFRICA

Robin Maslen gave a workshop in Singapore called "Working with the Boss, Subordinates, and Colleagues Using TA." The workshop, held following the Oakland Conference in August, was organized by SFM candidate Rama and was attended by 20 participants, including managers, nurses, teachers, and students.

REGION III - EUROPE

Delphine Frazier writes that during their latest trip to the Soviet Union they gave a spontaneous lecture which was so well attended that hundreds were left outside waiting to get in. Tom gave a review of TA and a demonstration, and Delphine spoke on the healing power of positive strokes. As a result of a TA 101 given by the Fraziers there are now 20 Soviet citizens eligible for ITAA membership. As Delphine says, "If the ruble were convertible, I'm sure all 20 would join. It was a fantastic experience."

REGION V - USA

Mary Goulding called to say that after the October 17 earthquake they still have their outbuilding and old building, but their really nice one is gone. Our thoughts are with the Gouldings and our other members in the south Bay Area.

The 1990 USATAA Conference will be held November 8-11 in Saint Louis, Missouri. The theme of the conference is "Creating Community." For information on submitting program proposals, contact Mary Ellen Frost, 3450 Stellhorn, Fort Wayne, IN 46815, USA.

ALL REGIONS

The Second International Congress on Somatotherapy will be held in Punta del Este, Uruguay, March 7-10, 1990. For more information, contact Luis Franco, A. Ramblan O'Higgins, 4969/2 Montevideo, Uruguay. □



Sheryn Scott, V-President of Operations (left), and Julie Hay, Incoming ITAA President

Get Your Script Fast

If you are tired of waiting for your issue of *The Script* to arrive by second-class mail, send us the cost of postage ($3.50 US; $10 all others), and we will send your copy by air mail for a full year. Remember to include your current mailing address.

Warm Fuzzies

Dr. Anne Napier, RN, CS, of Southwest Harbor, Maine, was recently elected to the Board of Directors of the American Nurses' Association (ANA). As a member of the ANA Board, Napier will be involved in standard setting legislation and policy development for nurses and the health care system. Napier is the first nurse psychotherapist admitted to membership in the American Academy of Psychotherapists. Congratulations, Anne!

Congratulations to the following members on their recent publications:

Ramond Claudie, EOM, for Grandir, published by La Meridienne, Paris, France.

Ed Zerin, USA, has had his paper, "The Power of Suggestion: A Case of Eneuresis" (TAJ, April 1989), translated into Chinese for publication in the academic quarterly, The Science of Psychology in Sichuan Provence.

Roberto Kertesz, MC, PhD, CTM, of Argentina, has had three new books in Spanish published: Analisis Transaccional en Vivo, Analisis Transaccional Integrado, and Quiere Hacer Terapia?

Otho Hesterly, USA, is pleased that the Dissertation Committee and the Graduate Research Committee of William Lyon University have approved his doctoral work in the fields of psychology and organizational development. Contratulations, Otho!

GIVE THE GIFT OF TA THIS HOLIDAY SEASON

Having trouble thinking of gifts for friends and relatives?

Do you know someone you would like to see become a member of ITAA?

Want to help ITAA grow in the New Year?

Then, give an ITAA subscription or membership to someone special!

Subscriber - $40. Benefits include a year's subscription to the *Transactional Analysis Journal* (published quarterly) and *The Script* newsletter (published nine times a year).

Associate Membership - $50. This is a general interest level membership which indicates support for the humanistic goals of ITAA. Benefits include a year's subscription to the *Transactional Analysis Journal* (published quarterly), *The Script* newsletter (published nine times a year), a membership directory, reduced conference registration, group life and health insurance options (for USA members only), and car rental discounts.

To announce your special gift, the ITAA will send a holiday gift card from you to each person you sign up for a subscription or membership. In addition, if you request it, we will also send information about membership categories leading to possible certification in TA.

So, don't delay - this year, give the gift of TA!

1. Send a: _____ Subscriber ($40) _____ Associate Membership ($50)

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1. _____ Check enclosed; total amount: $ _____ . Please note: Payment must be in USA dollars drawn on a USA bank.

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SCRIPT AD RATES

Send only camera-ready copy. Deadlines: first of month prior to month of publication (September 1 for October Script; no issues printed in January, May, or September.)

Classified Ads: $2/line, 5 line min.
Sixteenth Page - $50. 2" x 3"
Eighth Page - $90.
Vertical: 2" x 6"
Horizontal: 4-1/2" x 3"
Quarter Page - $170. 4-1/4" x 6"
Three-Eighths Page - $250.
Horizontal: 7"x 6"
Vertical: 4-1/4" x 9-1/4"
Half Page - $330.
Horizontal: 9-1/4" x 6"
Vertical: 4-1/4" x 12-1/2"
Nine-Sixteenths Page - $370.
6-3/4" x 9-1/4"
Three-Quarters Page - $490.
Horizontal: 9-1/4" x 9-1/4"
Vertical: 7" x 12-1/2"
Full Page - $625. 9-1/4" x 12-1/2"

CLASSIFIED AD

John and Natalie Tyler (formerly Natalie Garber) joyfully announce the relocation of their practice to Hawaii as EAST-WEST CENTER FOR PSYCHOTHERAPY & PAIRS* TRAINING. Telephone: 808-879-2766, 3270 Kehala Drive in Maui Meadows, Kihei, on the beautiful island of Maui, Hawaii, effective December 1, 1989 (formerly the TA Gestalt Redecision Institute of New England). We facilitate one-week PAIRS* Training for therapists for self use and use with client couples. Combine PAIRS* Training with vacation. *Practical Application of Intimate Relationship Skills.

International Transactional Analysis Association
Mexican Association of Transactional Analysis
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1990 III JOINT WINTER CONGRESS

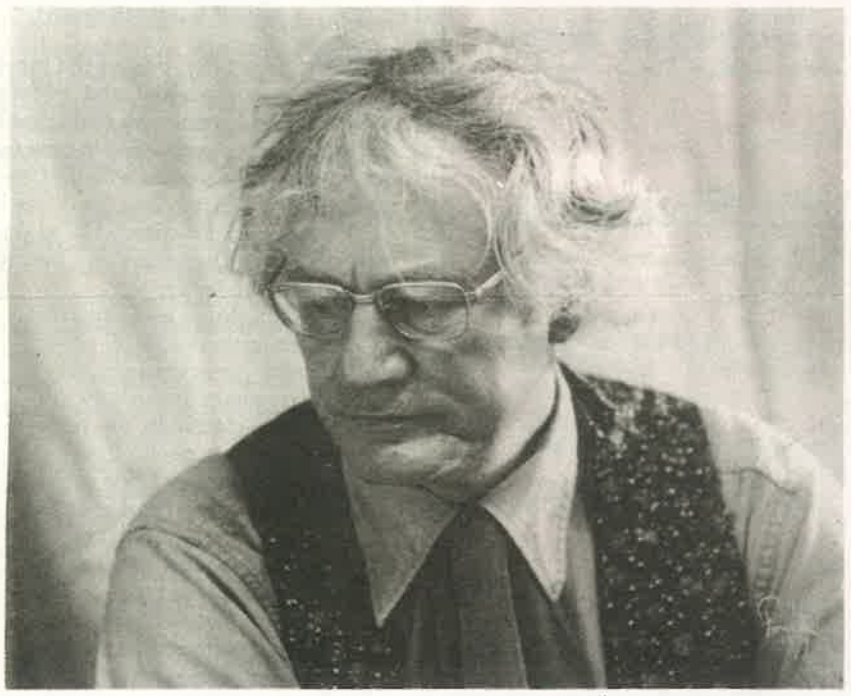
ITAA — International Transactional Analysis Association

ALAT — Asociation Latinoamericana de Analisis Transaccional.

MEXAT — EDUCATIONAL • CLINICAL • ORGANIZACIONAL • DEPORITVA

Wednesday-Saturday, January 17-20, 1990
Oaxtepec Conference Resort, Morales, Mexico
"Expanding Boundaries in Theory and Practice"

Pre-Congress Excursion to Mazatlan: Saturday-Tuesday, January 13-16
Committee Meetings and BOC Exams: Wednesday-Thursday, January 17-18
ITAA Board Meets: Sunday, January 21



Robert Bly

Keynote Speaker

We enthusiastically announce that poet, literary critic, writer, and translator Robert Bly will give the 1990 Winter Congress Keynote Speech on Thursday, January 18, followed by an all-day workshop on Friday, January 19. Bly, who studied under mythologist Joseph Campbell and Jungian analyst Louise von Franz, blends poetry, Jungian psychology, and Eastern and primitive spirituality in his work. He has published close to a dozen books of poetry and numerous translations, including translations of South American writers Cesar Vallejo, Pablo Neruda, and Juan Ramon Jimenez. Bly is a superb storyteller—an antagonist in the best sense of the word—who constantly forces people to reevaluate themselves and their communities.

At the Winter Congress Bly will address "Male Initiation and the Grief of its Absence" in his keynote speech and "What is the Appropriate Mythology for Men Now, or Where are Men and Women Now?" in his Friday workshop. This theoretician of male ritual and tradition will discuss new developments in male and female relationships which liberate both genders from traditional roles, material which will be of particular interest to therapists looking for advanced theory to incorporate into their practices.

1990 Joint Program

In January the International Transactional Analysis Association will join forces with the Mexican Association of Transactional Analysis and the Latin American Association of Transactional Analysis to cosponsor the 1990 Winter Congress. We will return to the scene of our highly successful 1983 joint Congress, Oaxtepec Conference Center, where we will welcome an estimated 350 participants for an exciting educational program. A spirit of clear communication and cooperation will be evident as we join together for this truly international experience.



Oaxtepec Conference Center

Oaxtepec Conference Center is one hour south of Mexico City by bus. As the oldest resort in Mexico, it is popular among Mexican vacationers for its rustic atmosphere, low cost, and natural beauty, which includes a hundred hectares of trees and gardens, a lake for swimming, a river with sulpher water, 17 swimming pools, four diving pools, a small market, athletic fields, and a track. The temperature averages 78 degrees F. with low humidity in Janary. Meeting rooms are excellent, but bring your walking shoes—the resort is spread out over hills, with many steps, and much walking is required.

ITAA/MEXAT/ALAT Winter Congress
1772 Vallejo Street
San Francisco, CA 94123
415-885-5992

Non-Profit Organ.
US Postage
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Permit No. 11170
San Francisco, CA

1990 III JOINT WINTER CONGRESS

ITAA International Transactional Analysis Association

ALAT Association Latinoamericana de Analisis Transaccional

MEXICAT EDUCATIONAL • CLINICAL • ORGANIZACIONAL • DEPORTIVA

Tentative Schedule

✪ Saturday-Tuesday, January 13-16

Optional Pre-Congress Excursion to Mazatlan

✪ Tuesday, January 16

Late afternoon Arrival by Bus to Oaxtepec

✪ Wednesday, January 17

Breakfast (for Oaxtepec residents)

ITAA Committee & BOC Meetings

Pre-Congress Institutes (at extra charge):
1. Abe Wagner, "Say It Straight or You'll Show It Crooked"
2. Muriel James, "Breaking Free: The Psychology of Self"
3. Mary Goulding, "Games Families Play... & What to Do About Them"

Lunch (for all residents)

Opening Event—Welcome & Hedges Capers

Humanitarian Award

Dinner Dance (for all registrants)

✪ Thursday, January 18

Breakfast (for Oaxtepec residents)

BOC Exams

Plenary: Octavio Rivas Solís, Ervey Gonzalez Uroz, José Miguel Tafoya, Juan Carlos Flores Olivo

5 Courses (3-day, 6 hours):
1. Maria Teresa Romero & Jose Miguel Ta foya
2. Emilio Said & Gloria Noriega
3. Nélida Gómez
4. Leopoldo Aurioles
5. Rolando Paredes

Lunch (for all residents)

Afternoon Workshops: Bernardo Aguilera, Felipe Garcia, Francisco Paniagua Gurria, Jorge A. Pérez Monje & Maria Eugenia Zepeda, Maria Mercedes de Guzmán, Hedges Capers, Rosa Maria Chávez, Valerie Chang, Patricia Falzett, Emily H. Ruppert, Marion Weisberg

Keynote Address: Robert Bly, "Male Initiation and the Grief of Its Absence" (with consecutive interpretation)

Dinner (for Oaxtepec residents)

Mexican Fiesta Party (all registrants)

✪ Friday, January 19

Breakfast (Oaxtepec residents)

Plenary: Vince Gilpin, Mary Goulding, Muriel James, John Dusay

All-Day Special Focus Workshop with Robert Bly, "What is Appropriate Mythology for Men Now, or Where are Men and Women Now"

TA Courses, *continued*

Lunch (for all residents)

Afternoon Workshops: Bernardo Aguilera, Emilio Said & Gloria Noriega, Jean Clarke, John Dusay, Julie Hay, Octavio Rivas Solís, Roberto Villegas Malda, Social Action Forum

Dinner (for Oaxtepec residents)

Evening: International Party Night

✪ Saturday, January 20

Breakfast (for Oaxtepec residents)

Plenary: Bernardo Aguilera, Manuel Francisco Masso Cantarero, Pierre Thomas Claudet, José Antonio Chumillas Talavera

Advanced "Script Theory" Roundtable with Martin Groder, Bob Massey, Bill Cornell

TA Courses, *continued*

Lunch (for all registrants)

Afternoon Workshops: Carlos Arvide A. & Margarita Andrade, Emily Ruppert Skinner, Fanita English, Jorge A. Perez Monge, José Ma. Rivera, Lucy Freedman, Martha Witte Hoffman, Pierre Thomas Claudet

Evening: Closing Ceremony & Dinner Dance (for all registrants)

✪ Sunday, January 21

Post-Congress Institutes (at extra charge)
1. Brenda Schaeffer, "Is It Love, or Is It Addiction?"
2. Ed & Marjory Zerlin, "The Developing Child Ego State and The Personality Disorders"

ITAA Board Meets

2pm or 6pm Return to Mexico City by Bus

Scientific Program

Program opportunities of many kinds will tempt every level of professional or general interest participant. The ALAT/MEXAT/ITAA Program Committees have prepared a solid, three-day program of presentations in both Spanish and English, with volunteer interpretation offered to the greatest extent possible. Three stimulating plenary sessions will begin each day, with consecutive interpretation. We are proud to offer Robert Bly as keynote speaker (with interpretation) and all-day special focus workshop presenter (in English only) on Thursday/Friday. The all-day Advanced Theory Roundtable and Breakout Sessions (in English) on Saturday will enhance learning on "Script Theory." Four, 3-day courses (in Spanish), and over 25 workshops (in both Spanish and English) on many topics of interest will be offered. Join us for this special joint program which promises to be educational, and personally rewarding for all Congress participants.



Robert Bly

Some Reflections on Keynote Robert Bly

by Conference Committee Chair Ed Perkinson

Robert Bly, one of the most accomplished and widely read writers on male ritual and tradition, is well-suited to offer us an experience consistent with the Congress theme: "Expanding Boundaries in Theory and Practice." He is described in the Dictionary of Literary Biography as follows:

> Although some reviewers are most impressed with his poems of social consciousness, Bly's quiet poems of the unconscious are more clearly in the mainstream of his poetic development. As Anthony Libby says in the Iowa Review (Spring 1973), "Bly is . . . the mystic of evolution, the poet of the 'other world' always contained in present reality but now about to burst forth in a period of destruction and transformation." In the same journal three years later, Michael Atkinson praises Bly's ability to weave together "the personal and the public, the psychological and the political modes of experience."

In *This Tree Will Be Here for a Thousand Years* (1979), Bly explores the richness of life and his contention that human consciousness is only one of the many kinds of consciousness operating in the universe.

> More and more I notice a sort of ground tone audible under the words of poems. The ground tone in these poems is the consciousness out there among the plants and animals. One day sitting depressed in a cabin on the shore of a small lake, I wrote about depression. . . . Many people who think about it believe that the desire to weep comes entirely from inside us. Conservatives in these matters declare that human intelligence stands alone facing a world that appears sometimes hostile,

- *continued on page 5*

Robert Bly

continued from page 4

> sometimes inviting, but that actually possesses neither intelligence nor consciousness. Many ancient Greek poems, on the other hand, suggest that human beings and the "green world" share a consciousness. (p. 9)

The realization of a second consciousness does not necessarily produce a sense of separation or loss. Bly's intention is to "achieve a poem where the inner and outer merge without a seam." With his startling images, separate worlds become one, and the concept and experience of intimacy take on a richer and deeper meaning.

Robert Bly's audience stretches far beyond the poetry world. In his upcoming book, *The Wild Man and Other Stories*, Bly presents a psychic interpretation of classical fairy tales as they relate to masculine development. Since the early 1970s Bly has struggled with the male side of the American psyche. Jung's theory of personality as a combination of impulses that are conscious, unconscious, and derived from the collective unconscious struck a powerful chord in Bly. The conflict of masculine and feminine archetypes made a particularly deep impression. Many of Bly's men's workshops are co-led with James Hillman, a Jungian psychologist.

Bly suggests the possibility "that the deep nourishing and spirituality, the radiant energy in the male lies not in the feminine side, but in the deep masculine, not the shallow masculine, the macho masculine, but the deep masculine, the instinctive one who's underwater and who has been there we don't know how long."

Bly is talking here not about a "higher consciousness," but something wet and dark and low, what James Hillman would call "soul." Today's males are just about ready to take the next step developmentally, which will put them in touch with this dimension of themselves. Bly has been engaged in doing what he can to help men do that, knowing that when they do, things will be substantially different not only for them, but for women as well.

Bly does a masterful job of teasing out the psychological and political implications in mythology and fairytales. Imbedded in these stories are his valuable messages, telling us as he does about ourselves and our place in the world. This time with Robert Bly will be an experience you won't want to miss. Make your plans now to be with us in Mexico. □



Camino Real Hotel in Mazatlan

Mazatlan Pre-Congress Excursion

Plan on joining us in Mazatlan prior to the Congress, Saturday through Tuesday, January 13-16, for a three-night excursion with TA colleagues. Mazatlan, located on the Pacific Coast, is one of the world's leading deep-sea fishing ports and is near a rain forest and the ruins of San Blas. Our hotel, the Camino Real, boasts its own secluded beach, pool, tennis, and many other facilities. The package cost is modest: $180 per person double occupancy ($299 single) for three nights, including welcome cocktail, farewell dinner, and airport transfer. Mexicana Airlines offers Mazatlan as a free stop-off from many gateway cities.

Airflight is extra. Some sample airfares (Subject to change without notice):

SFO > MZT > MEX > SFO	$436
LAX > MZT > MEX > SFO	$366
JFK > MEX > JFK	$391

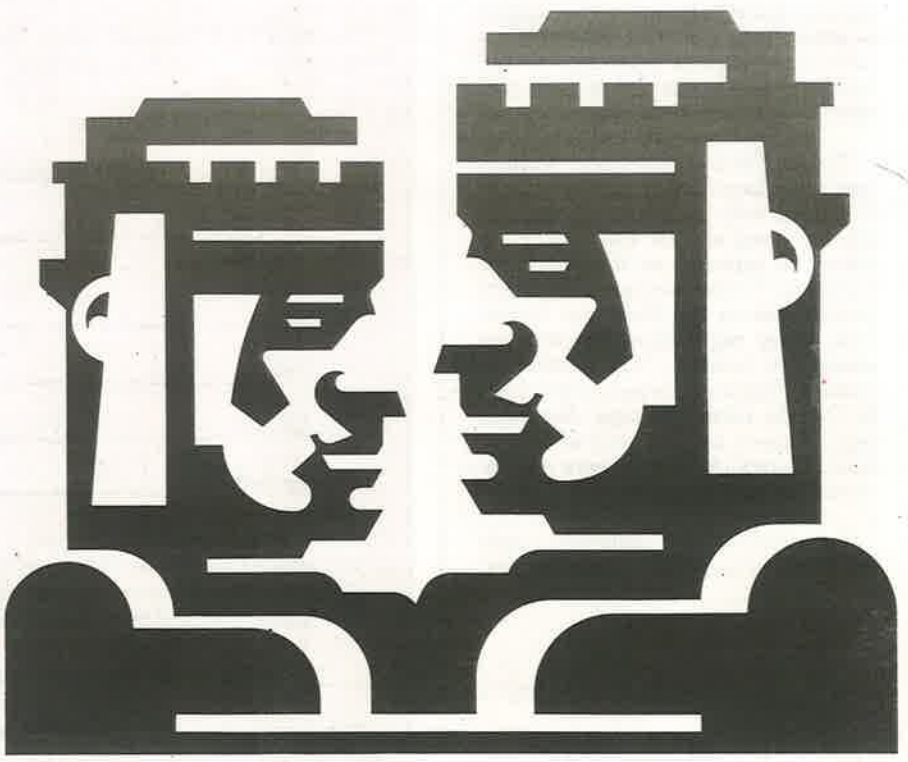
A separate brochure with full details on the Mazatlan excursion is available which outlines payment schedule, cancellations, and refund policy.

Official Travel Agent

Betanzos Professional Destination Services is the official Travel Agent of the Congress. In business since 1957, they are one of the largest travel companies in Mexico, with a US Coordination office in San Francisco. Call Betanzo's toll free numbers: 1-800-227-4722 (US nationwide), 1-800-652-1656 (California), or from outside the USA call 415-421-0955 to obtain your flight tickets, to book your pre-Congress excursion, and to reserve your shuttle service between Mexico City and Oaxtepec.

Official Airline

Mexicana de Aviacion has been named the official airline of the Congress. Mexicana flies from 12 gateway cities, and Betanzo's can make easy connecting flights for you to your home base. Not only does Mexicana offer good fares, but many times a free stop-off may be obtained for the Mazatlan Pre-Congress Excursion. We encourage the use of Mexicana to support the Mexican economy and so that the ITAA can reap benefits such as free staff tickets to help the Congress budget.



General Information

ENTRY INTO MEXICO

A Mexican tourist card, plus valid proof of citizenship (passport, birth certificate, or voter registration card) is required to enter the country.

TRANSPORTATION TO OAXTEPEC FROM MEXICO CITY

The fee for roundtrip bus transfer to Oaxtepec is $30, with a minimum of 30 leaving at the same time. You must register for this service when booking your air ticket with Betanzo's Travel Service.

CURRENCY FLUCTUATION

Due to the uncertain economic conditions in Mexico, the currency for this conference will be US dollars. Registrants from the ITAA will register through the San Francisco central office with dollars. Mexican and Latin American participants will register with dollars through the MEXAT organizer. Payment in pesos will be accepted on site at the day's exchange rate.

REGISTRATION

The registration fee of $160 will include the Bly presentations, the scientific program, TA Support Groups, two dinner dances (January 17 and 20), coffee breaks every morning, and all administrative expenses.

HOUSING OPTIONS

The ITAA has booked a limited number of rooms at two facilities, available on a first-come, first-served basis. Register for your accommodations at the same time you make your congress registration.

Oaxtepec Vacation Center offers housing and a full meal package in simple hotel rooms (all are double occupancy but may be reserved as singles at extra cost). Oaxtepec residents receive four breakfasts (January 17-20), four lunches (January 17-20) and two dinners (January 18 & 19).

The El Dorado Hotel is a modern new hotel located near the entrance to Oaxtepec, with a pool, store, and restaurant. Free shuttle buses pick up every 20 minutes at the Oaxtepec Vacation Center entrance to carry participants to the Oaxtepec Tepozteco, where registration and meeting rooms are located. Four lunches at Oaxtepec cafeteria are included in your El Dorado Hotel package. Breakfast and 2 dinners are "on your own" (the opening and closing dinners are included in your registration fee).

Note that Sunday, January 21 meals are "on your own" for all participants.

TA TRAINING AND CERTIFICATION COMPONENTS

BOC Level 1 and Level II exams will be held at this congress.

HANDICAPPED ACCESSIBILITY

For the physically challenged participant, the Oaxtepec Conference Center and the neighboring El Dorado Hotel are not handicapped accessible. Those with difficulty walking will require assistance. Plans are being made to assign assistants to disabled participants upon request to help negotiate the hills and steps.

LANGUAGE OF THE CONGRESS

Both Spanish and English will be used at the 1990 Winter Congress. Spanish-English interpretation will be provided for Congress events to the greatest extent possible. ❑



The MEXAT Organizing Committee is ready to welcome ITAA members to Oaxtepec (from left to right by pairs): Maria Teresa Romero, Co-President, with Jose Miguel Tafoya, General Secretary; Maria Salceda, Administration, with Javier Servin de la Mora, Conference Coordinator; Margarita Andrade, Special Events, with Carlos Arvide, Vice-President. Not shown: Ervey Gonzalez Urroz (Co-President), and Committee Members Emilio Said, Gloria Noriega, Polo Aurioles, Jose Maria Rivera, and Robert Villegas Malda.

REGISTRATION FORM

1990 WINTER CONGRESS
ITAA/ALAT/MEXAT

Conference Registration: includes Congress registration, workshops, opening and closing dinner dance (please circle one)

	Member	NonMember
Postmarked by 12/1/89	$160	$175
Postmarked after 12/1	$175	$190

Pre- & Post-Conference Institutes $30 each. Specify Institute: _____

Housing Package (limited number of rooms, all double occupancy, filled on first-come, first-served basis).

Oaxtepec Vacation Center, 5 Nights (includes 4 breakfasts, 4 lunches and 2 dinners)

January 16-20, 1989 — $190 per person, double occupany
$260 Single

El Dorado Hotel, 5 Nights (includes 4 lunches)

January 16-20, 1989 — $175 per person, double occupany
$270 Single

Name of Roommate: _____

Total: $ _____

Payment must be in US funds drawn on a US bank. This form is for people in the US and Canada. Note to Latin Americans: Please send registration fees to MEXAT, Ezequiel Montes 19, Mexico 1, DF06030.

_____ **Payment Enclosed**

_____ **Please charge my MasterCard or Visa**

Card# _____ /_____ /_____/ _____
Exp. Date _____ **Signature:** _____

Name: _____

Address: _____

City/State: _____

Zip/Postal Code: _____

For airport transit Mexico City to Oaxtepec (roundtrip $30), for flight reservation, and to book the Mazatlan Pre-Congress Excursion, call Betanzo's Tours, 323 Geary Street, Suite 418, San Francisco, CA 94102; phone: (415)421-0955 or 1-800-227-4722 (US) or 1-800-652-1656 (CA).

_____ Please send me further information on the Mazatlan Excursion.

Please note that due to the fluctuation of the peso, we are not able to guarantee hotel room rates.