INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XIX NUMBER 8 NOVEMBER 1989

The Script

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Transactional Analysis Expands into the Soviet Union

Perhaps no aspect of the growth and development of TA internationally has generated as much excitement in recent years as the burgeoning interest in the Soviet Union in transactional analysis. This enthusiasm is reflected in the growing number of contacts, either personally or by correspondence, between ITAA and its members and Soviet professionals. The following article highlights some of these contacts and suggests additional opportunities for nurturing this relationship.

Fraziers Visit Leningrad

Spurred on and sponsored by ITAA member Grainger Weston, who had been to the USSR previously, Tom and Delphine Frazier visited Leningrad on one of their recent trips to Europe. On their return, Delphine provided the ITAA with a fascinating account of their visit, portions of which are excerpted here.

A small study group in Leningrad had devoured the few TA books they had been able to attain and were trying the put it into practice. They believed that TA would help them solve their social problems if they could learn how to apply it.

Among those in the group that met for a week with the Fraziers were two Baptist ministers, a young Russian Orthodox priest, a nurse, several people who had studied psychology, two medical doctors, and three translators. Two members of the group spoke English.

To begin, the Fraziers gave an overview of therapeutic movements since World War II in order to put TA into perspective. Most of the participants did not know such names as Satir, Maslow, Rogers, or Lowen, although they were familiar with Perls and Berne. Even those who had studied psychology had no clinical experience, training, or supervision, although some of them considered themselves to be skilled therapists.

The therapeutic issues dealt with in the group were similar to those in groups elsewhere, although the Fraziers were struck by certain uniquely Russian themes, especially the belief that suffering and tragedy is somehow valuable and that tears and sharing the pain are ways to make contact. However, having learned TA from books, the participants were surprised by the emotional aspects of the work and the rapidity of change as core issues were confronted. According to Delphine, "They apparently had envisioned therapy as a process whereby the therapist told the client what he or she was doing wrong and then the client somehow changed."



Three hundred faculty and students of the Leningrad Polytechnic University raise their hands, saying, "I'm OK, You're OK."

Having learned TA from books, the Soviets were surprised by the emotional aspects of the work and the rapidity of change.

In the Soviet Union graduate study in psychology is only open to those who have five years of sciences such as mathematics, physics, or biology. Consequently, psychology departments are full of individuals with little interest in the human aspects of psychology.

During the final group session both the Fraziers and the group members were amazed at how much people had changed during the week. As the Fraziers said, "We hope they came to appreciate the success of small steps and hence, to gain a hopeful attitude toward the future."

While they were in Leningrad, the Fraziers also spoke to about 300 faculty

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A Transactional Analyst in the Peace Corps

by Ginny Boyce

Formally of Dayton, Ohio, Ginny Boyce, PTSTA, was active in the Ohio TA Association before joining the Peace Corps in 1988.

Just over a year ago I embarked on a great adventure, 10,000 miles from home. I arrived in Majuro, capital of the Marshall Islands in the South Pacific, on June 5, 1988, to begin my service in the Peace Corps. After 11 weeks of training in Majuro, I began my assignment—teaching biology at Marshall Islands High School.

In spite of the emphasis on family, the rates of suicide and alcoholism suggest that people suffer from lack of positive strokes and a sense of meaning.

Robert Louis Stevenson reportedly called Majuro "the pearl of the Pacific" because of its gorgeous skies and sunsets, clear moonlight, bright stars, unsurpassed cloud formations, and water on all sides in fabulous hues of blue. The weather is hot, but the breeze and frequent rain keep it tolerable and even pleasant. Often in the evening I sit on the shore and meditate; it is easy then to feel close to God and nature and at ease with myself.

The Marshall Islands are formed on the top of a submerged volcano where coral reefs have grown above the water and formed land masses. These atolls form somewhat of a ring, with a lagoon in the center and the ocean on the outside. In some places on this 30-mile stretch of island, there are only 200 to 300 yards between lagoon and ocean. Cars, pickups, and taxies are the accepted means of travel on the single, two-lane roads.

In the year I have been here, I have become familiar with the culture, some of which I admire more than the rest. For example, the stroke economy here is quite different from the way it is in the United States where I come from. There is little touching for a "ripalle" (foreigner), and I miss the contact and positive strokes. Likewise, in a close

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EDITOR'S COLUMN



by William Krieger

Winners Attract Winners

I have just seen the latest membership figures for the ITAA, and I'm concerned. Oh yes, I've heard all the statements regarding membership drop, such as: "Well, membership may be dropping in the USA, but it's on the rise in Europe"; "Well, the fad is over, and the ones who stayed are the ones who are really committed and interested"; and even "People won't join if they can't make money from it"; and, of course, "TA won't have credibility until it's taught in academic institutions." I've think I've heard most of them, and I believe we are playing a game of, "Yes, but . . " with ourselves.

I believe we, as an organization, are better than we think we are. One of the first things I learned when I got involved with TA was, "Winners attract winners." Winners don't play "Yes, but . . .". We have to define ourselves as winners, though first we have to define ourselves—who are we?

It's my thought that TA is an applied school of psychology used by *professionals* in a wide variety of settings (i.e., who we are) and TA is a potent, powerful, proven tool (we're winners!).

In defining ourselves as an organization we also differentiate ourselves from other organizations. It is not our social action programs, or our networking potential, or even our "I'm OK, You're OK" interactions that will make us stand out from others and be attractive. It is TA that will make us attractive and always has been. Those who believe we ought to "play down" the vocabulary or use the concepts without the words are asking us to hide our most attractive feature, to blend in with the crowd. Psychodynamically, what would we think of an individual who did this?

Once we accept our uniqueness and attractiveness, we need to look at where we go to meet people. Again, I think we've been hanging out in the wrong places. We need to go where the "people workers" are and hang out with those who are already committed professionals in their own fields so they can see what an attractive tool we have and how useful it would be in the work they are already doing. In my case, I see myself as a professional counselor, who specializes in mental health counseling, and uses transactional analysis as my approach. I am certified in my profession, certified in my specialty, and certified in the approach I use. I take pride in that.

We need to focus our membership efforts in the existing professional groups and develop programs for those groups that will demonstrate TA's usefulness. How about taking "Showcase TA" (May-June 1989 *Script*) on the road to professional conferences of psychiatrists, psycholo-

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PRESIDENT'S COLUMN



by Vince Gilpin

Jack and the Beanstalk: A Message for the ITAA?

I recently listened to some fairy tales as told and interpreted by Robert Bly, keynote speaker at our upcoming conference in Mexico this January. I was struck by his interpretation of the well-known story, "Jack and the Beanstalk."

I liked his emphasis on the significance of the wise old man in the life of the young boy and his introduction of magic in the form of magic beans into the boy's formerly dull existence of poverty and deprivation. Bly's respectfully critiques the mother for candidly confronting Jack about something that seemed "dumb" to her and for throwing away the symbols of his indiscretion, the magic beans. Bly emphasizes that parents have a right to be open about values rather than being wishy-washy. Had the mother been ambivalent in her response, the beans might have been put on the shelf to be "talked about" in some nice fashion, and they would never have hit the ground and sprouted.

Bly interpreted the bean stalk as representing the boy's emerging manhood, not in a phallic sense, but in its totality. And, as Jack ascends to manhood, he must encounter the giant.

Bly views the giant as the father figure who does not accept the presence of another man in his domain. Thus the giant is a threat to the boy as he emerges into manliness. The giant also symbolizes collectives that restrict initiative by demanding compliance and obedience to rules and regulations. These include large institutions and organizations, the church, big employers, and even our social structures with their norms and controls. Even more threatening is our economic structure, which values gross national product over clean air and water, over forests and endangered species, over cultural traditions and human rights. These are the giants we encounger as we grow up and seek to be authentic and autonomous.

Perhaps our organization can be a giant, too, one that is a threat to our new and younger members who bring new ideas and fresh approaches to TA theory and practice.

Perhaps our organization can be a giant, too, one that is a threat to our new and younger members who bring new ideas and fresh approaches to TA theory and practice. We have reorganized the ITAA's structure and are now busy with implementation and planning to make the reorganization work. We are constantly aware that we can get ossified in our outlook, and we appeal to members, old and new, to participate in the process and thus rejuvenate the organization.

We hope the leadership of the Association is not like the giant in "Jack and the Bean Stalk," but rather is big enough to welcome the young with open arms, to show them around the territory, to encourage them to use the resources we possess with creativity and self-confidence.

This welcome is expressed at the newcomers' breakfast held at every ITAA conference. We are aware that only a few new members make it to these events. The Scholarship Loan Fund is another way to make the resources available, and the invitation to serve on committees is a real appeal to participate in the planning and direction setting of the organization. Our new affiliation policy is attracting new groups of members, and it is important for them to feel welcome to participate fully in the life of the Association.

Imagine that the giant in the story was warm and friendly, that he felt confident enough that the territory was bountiful and that a place could be made for Jack. Perhaps then Jack would not have had to play games and rip off strokes (gold, the goose, the lire), and goose need not have died nor the bean stalk been destroyed. □

EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

Welcome to New Staffer

Those of you who telephone the central office will now be greeted by a new voice: As of September, 1989, Barbara Byram joined our small administrative staff as the new Office/Publications Assistant.

Barbara was born and raised in a suburb of Chicago and lived most of her life in the midwestern USA. After studying at Carthage College and the University of Wisconsin, she moved to the Virgin Islands in 1981, where she lived for seven years.

Professionally, Barbara has worked extensively as a free lance writer, journalist, and part-time editor. Her long-term goal is to be a full-time free lance writer. With this in mind, she has done publicity and public relations work and, most recently, worked in a program for international exchange students, serving in the areas of guest relations and staff coordination.

Barbara brings to the ITAA a broad international perspective and an acute understanding of cultural differences. She is familiar with transactional analysis and recently completed the TA 101 course. She has worked extensively on IBM computers and has already mastered our programs and database.

Barbara's tasks at the ITAA will include responding to general information inquiries and sending out lists of



certified transactional analysts to the general public. Please send her any information you have on your ongoing training programs, TA 101 courses, or TA conferences. She will also be assisting Robin Fryer in the publications area; contact her about advertising in the *Script* or *TAJ* or with other questions about publications.

Barbara brings to the ITAA a broad international perspective and an acute understanding of cultural differences.

In the short time she has been with us, Barbara has proven to be capable and a hard worker. She takes pride in her work, and is not easily flustered. I think you will enjoy your contact with her over the phone or in person.

Welcome, Barbara, to our TA family! □

The Script

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COMMITTEE COLUMN



by Carol Morriss

Committee News

The Conference Committee is interested in hearing members' ideas for future conference sites that include willing local hosts and an involved host committee. Please let them know if your local TA community is interested.

The Committee has decided to use top-name TA presenters as keynote speakers for the next two years. Non-TA experts may still be used as preconference institute leaders. Please send the Committee suggestions for quality speakers for keynote and preconference workshops for various special interest groups. Include the speaker's name, address, phone number, a contact person, and the subjects the speaker presents.

The TA in Education Committee, now a Subcommittee of the Membership Coordinating Committee, has a new charter, structure, members, and increased vitality. The Committee's proposed goals are: (1) to promote the use of TA in all levels and arenas of education, (2) to support the achievement of the goals and organization of the ITAA

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EDUCATIONAL COLUMN



by Sharon Massey

"Don't Go To High School, Go to School High"

"Don't go to high school, go to school high!" This graffiti advice scrawled on the cement steps in front of the school came to mind as I stood wearily in front of my third morning class. I wondered whether my weariness might be attributed to a muscle relaxant prescribed for a painful spasm that began the evening before as I graded a heavy load of papers. My physician suggested that I not work for three days, but the medication helped, and I a "dedicated" sort.

My need for a prescribed drug seemed related to stress. What about students and others who turn to illegal drugs? Are some of them, too, coping with an overload of stress? Was my situation somehow different or did it make taking the drugs any better? And why was I at work, enduring more stress, instead of heeding my body's signals to rest? It seemed a matter of dollars and cents—or maybe of dollars and nonsense. I needed to make the mortgage payment, pay for children's activities, save for their college, save for a rainy day. But I have sick and personal days. So why the need to keep pushing?

As my students worked my thoughts returned to drug users. Users seem like victims. It is pushers that upset me. Why do they push drugs? Do they want/feel they need large sums of money? In this society money is viewed as a sign of success. And here I am pushing my energies beyond reasonable limits, chasing dollars. Drugs help people push their bodies beyond natural boundaries into destruction; both pushers and users chase success, or status, symbolized by the pursuit of cash.

My thoughts raced on. Some new parents, seeking not so much status as security, leave their infants with someone else so they can work, then worry about the qualifications of the caretaker. Some students miss school days to stay with a sick sibling, so the overburdened single parent can go to work. Others drop academic courses for vocational ones or leave school altogether so they can become wage earners immediately. Still others hold after-school jobs.

And what of the increased numbers of adoloscents who commit suicide? Are they preceding us to what they intuit will be the ultimate destination of our frantic activity? Why do some school children carry weapons and use them on other children or against their own family members?

Have we grownups lost our credibility when it comes to standing up for what is experientially good and against what is evil? Perhaps it is time to

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EXAMINERS NEEDED

Special Note: We have six Level II TM candidates and we will need at least 35 TMs to ensure that these candidates are examined, so please make a special effort to participate.

We need qualified examiners, someone who has or will complete the Board of Certification examiner training workshop before exams, for Level I and Level II oral examinations in Oaxtepec, Mexico on January 18, 1990.

Please complete this form and return to T&C Credentials Dept., 1772 Vallejo Street, San Francisco, CA 94123 by December 1, 1989 if you can help. Examiners meetings and workshops will be held on Wednesday, January 17th and we ask that you attend.

____ Yes, I will serve as an examiner on the following exam and attend the Examiners Meeting and Workshop on Wednesday afternoon: (check one):

____ Thurs. Jan. 18, Oaxtepec, Level I
____ Thurs. Jan. 18, Oaxtepec, Level II
I would like to serve as a supervisee in the supervision section of the Level II exam

Name
(Please Print)

Membership Status

Address

City/State/Country/Postal Code

Phone Number

USSR
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members and students of the psychology department of the Polytechnical University. People were curious about the humanistic and personal growth movements of the sixties and seventies, wondering if they had been of any value. However, there were few questions for Tom and Delphine because questioning there is unusual. After a brief review of TA, Tom demonstrated Gestalt chair work with a woman who needed to say goodbye to her father. This dramatic work moved the audience, who had not witnessed this kind of therapy before. Tom finished with a TA explanation of the work.

Later the Fraziers met with the staff, who were proud of the pioneering work they are doing in "practical psychology." One person works with industrial organizations and is familiar with American systems of management training, another is in creative psychology and has developed 31 inventions, a third has studied police and guards who deal with criminals, a fourth is in ethnic or national studies, and a fifth is in education.

The Frazier's final visit while in Leningrad was to a hospital. The Chief and doctors initially stood around stiffly asking a few questions and explaining that, although they were proud of their hospital, they realized it was not up to American standards. Although the rooms did seem barren, with furniture and equipment that looked primitive and simple, there was also none of the frantic hurrying and the myriads of machines we see in American hospitals. The staff seemed unhurried, with more time to talk to patients.

The Fraziers left Leningrad in the middle of the night, during the one hour when all bridges but one are open. Often the people of Leningrad come to watch this dramatic scene, when for a brief time the boats and commerce of the rest of the world comes up the Neva River. Delphine describes the scene: "We had a last view of this beautiful, well-planned city with its ornate reminders of the past, its current dilapidation as a result of economic decay, and its new sense of opening to the rest of the world. We hope this may bring the material things that the people so desperately want, and with them, perhaps a vision of hope for themselves and the world."

Practical Psychology in the USSR

Another Soviet/ITAA contact occurred when the office received correspondence from the Association of Practical Psychologists, an independent professional union of psychologists in the Soviet Union. They want to inform ITAA members of their activities and to initiate contact with interested ITAA counterparts.

In recent decades practical psychology has become vitally important in the USSR. Unfortunately, there has been a lack of institutionalized training, friction with medical professionals, a lack of public awareness among potential clients about contacts with professional psychologists, and poor communication between practitioners working at different locations. It became crucial for practical psychologists to unite to tackle these problems, so in December 1987 the Association of Practical Psychologists was born.

The principal aims of the APP are: (1) psychological aid to perestroika by developing and emancipating the people's mentality; (2) professional and personal growth of practical psychologists; and (3) establishing contacts with practical psychologists worldwide.

It is in this last capacity that APP is contacting the ITAA. They offer cooperation with Soviet psychologists, exchange of training programs and scholars, joint publication, cross-cultural research, joint projects, and acquaintance with practical psychology in the USSR.

Members interested in contacting this group may write: Moscow USSR, Prospekt Marksa 18 korpus 5, Department of Psychology, Moscow State University, Yu. Alyoshina, L. Gozman

Soviet Citizens Visit Oakland Conference

The latest step in Soviet-ITAA contacts occurred last August when Grainger Weston sponsored the visit of two Russians to the ITAA conference in Oakland. After the conference we received the following letter.

Dear Editor:

We enjoyed our visit to the ITAA conference very much. Meeting with people from all over the world with whom we share the "I'm OK, You're OK" spirit was informative and exciting. We learned both from sharing with TA therapists and in the support groups and workshops we attended. People shared their experience and knowledge as well as books, all of which will help us apply TA in Leningrad. The conference dealt with the most crucial issue of our times: how to survive and heal our feelings in this complicated world. With the international community present at the conference we really can achieve these goals. We take back to Russia wonderful feelings about TA people, their openness, industriousness, understanding, and sharing. We think that you as therapists contribute to real understanding between different people on this earth.

TA people interested in visiting Leningrad or corresponding with us are most welcome, but please understand that a private visit can take up to six months to arrange, so advance notice is important.

We would also appreciate receiving copies of old or new books and audio or video tapes. If you have materials you can share with our Leningrad group, please send to Mr. Dima Kasyanov, Pr. Sizova 34/18 kv. 151, 197349 Leningrad, USSR.

Our thanks to Grainger Weston (who financed our trip), the Fraziers, and everyone with whom we became friends at the conference.

Dima Kasyanov and Tanya Gliznetsova

ITAA Sponsored Trip to the USSR

Finally, the ITAA has endorsed the offering by Ridgelea Tours of a ten-day professional visit to Leningrad and Moscow, July 27-August 5, 1990, after the Brussels Conference. Please contact Tom Nissley for details and also see the article on page 8 of this issue.

□

Training News

TRAINING AND CERTIFICATION COUNCIL REPORT



by Ian Stewart

Appealing a BOC Exam

For most people who complete a BOC exam, including those who are deferred, the exam process is a good experience. However, for the occasional candidate who is dissatisfied, the BOC offers a procedure for appealing.

The following summarizes the procedure (as it appears in the Training and Certification Manual) for appealing an exam. Note: under no circumstances will reexamination be on the same day as the original exam.

To appeal the exam board's decision, appeal in writing within three months of the original exam date to the Chairperson of the BOC Examinations Subcommittee, c/o the ITAA. State the reasons for the appeal and the specific request you are making of the Examination Subcommittee. You must also send an audible audiotape of the exam.

An appeal is reviewed by at least two committee members who will decide whether the appeal is in order and whether the specific request is appropriate or whether another course of action will be taken. Within three months the committee will inform you, your supervisor, and the ITAA Credentials Department of their decision. They will also tell the examiners who made up the board in the exam and the exam officials who served that day.

Appealing the Appeals Process: The BOC's decision on the content and process of appealed exams is final. However, if the person entering the appeal wishes to question the appeal *process* (as distinct from the *decision*), the T & C Council Board of Directors is available to hear such an appeal and to assist the appealing person and the BOC to resolve their process (much as the Process Facilitator does in an exam) so that the BOC appeals process can continue to a final conclusion. The final conclusion rests with the BOC.

Trainees and Trainers Take Note

The following are corrections to questions used on the BOC written exam. Please insert in your training manual.

I.1 List three distinct recognized TA approaches, the major contributors,a nd the theory and philosophy of each. Give an example of how you might work with a client utilizing the theory and methods of one of these approaches.

II.1 TRANSACTIONAL ANALYSIS IN PSYCHOTHERAPY should be capitalized.

III.3 What is a redefining transaction, and why do people redefine? Describe two types of redefining transactions and give an example of each. Discuss the circumstances under which you would and would not confront a redefinition.

III.4 Define a crossed transaction and, giving examples from your work, discuss the benefits of deliberately crossing transactions as an intervention. Explain why and give an example of how the same intervention could be harmful or contraindicated.

III.5 Discuss transference and countertransference transactions from a TA perspective, with illustrations from your practice. Describe how recognizing each is, or can be, useful in your work.

IV.4 Define the term "discount" citing the TA author(s) you are using. Describe four levels of discounting and discuss the significance of discounting in your practice. Give examples of situations in which you would confront a discount and situations in which you would choose not to confront a discount.

V.9 "Antitheses" should be spelled "antithesis."

VIII.c.7 List three TA concepts and discuss how you integrate these into your teaching. Use specific examples to illustrate. □

EXAM CALENDAR

Exam	Exam Date	Location	Application Deadline
Level I & II Oral	November 1989 January 18, 1990 July 22, 1990	Frankfort/Meins, W.Germany Oaxtepec, Mexico Brussels, Belgium	August 14, 1989 October 18, 1989 April 22, 1990
Level I Oral	November 19, 1989 March, 1990 April 18, 1990 November 8, 1990 November, 1990	London, England Paris, France Whitehaven, Penn. St. Louis, Missouri Christchurch, New Zealand	August 21, 1989 December 11, 1989 January 18, 1990 August 9, 1990 August 9,.1990
Level I Written	November 9/10, 1989 March 9/10, 1990 July 13/14, 1990 November 9/10, 1990	To be announced To be announced To be announced To be announced	August 14, 1989 December 11, 1989 April 13, 1990 August 10, 1990\
Training Endorsement Workshops	January 21-23, 1990 July 27-29, 1990 November 1991	Oaxtepec, Mexico Brussels, Belgium StamfordConnecticut	October 20, 1990 April 27, 1990 August 1991

PEACE CORPS
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setting it may be acceptable to speak to both men and women, while in other settings it is not. For example, my students are friendly in the classroom, but if I share a taxi with them they rarely speak. I ride many miles a day in taxis and seldom converse with anyone. Sometimes the Marshallese talk and laugh with each other, but often they do not say a word. There is considerable body language that I do not yet understand, although I know that raised eyebrows mean "yes" and lowered eyes mean "no."

There is a sharing, caring spirit here that is lovely, at least until things are taken or "shared" without permission. Babies and small children are constantly carried and attended to, although they still cry a lot. Older children are left to roam at will and are ingenious in making up games to play. They often hold hands and tend to one another, but they still find many ways to demand attention. Children regularly attend public functions, running around making noise or talking without restraint. It is often difficult to hear a speaker or entertainment because of the children, but adults accept this as part of the culture. Family life is important here; often several generations share a dwelling. Unmarried couples can live together and have children (called "koba") and still be accepted; often grandparents or other relatives raise a child. A Marshallese woman traditionally works hard, cares for her family, stays close to home, and obeys her man, while men are free to come and go as they wish.

In spite of the emphasis on family, however, the rates of suicide and alcoholism suggest that people suffer from lack of positive strokes and a sense of meaning.

The island has a weekly newspaper, and some families have radios, televisions, and VCRs. Stores are modern and have most things I need, although choice is limited. Prices vary, but most are much higher than in the States. The food is great for the most part, although I miss fresh vegetables.

One of the greatest influences on the present culture is the missionaries from around the world. There are many active churches here, providing an outlet for time and talent as well as a social structure for the community.

The most difficult aspects of being here for me are the lack of cleanliness, the diet and disease, and politics. There is considerable garbage and clutter around, and the western diet of sugar and junk food has worked negatively on the health of the people. The foods natural to the area are nutritionally sound, and part of our job here is to gently educate people about good nutrition, how to deal with the garbage, and how to avoid disease. The lack of bathroom facilities and running water at the high school (which may change this year) are of constant concern to me.

The influence of the United States is ever-present here. The Marshall Islands was a Trust Territory from the time of World War II until 1979. Millions of dollars have been poured into these islands, and under the present Compact there are still monetary ties. There is a kind of feudal culture here with a few wealthy people who own or control the land and many more poor people who live in crowded conditions. The political situation is complex, with the big questions being, "What makes for dependency? Is there too much help? Would we be better off without any help?"

I have been lonely here at times. Learning the language has been a challenge. However, as I found new friends and began to structure my time to get my wants and needs met, the loneliness has eased. I now search for shells, snorkle, walk on the reef, even fish a bit. Mail is a big thing here, often the "bread of life," and mine is increasing now that my address is more widely known.

Although I did not accomplish everything I had "planned" for this year, it has been a good one. I learned much from and enjoyed my students. They are attractive, bright, and most really want to learn. The graduation ceremony, held in an outside gymnasium, was lovely. The graduating seniors were elegant in their green satin caps and gowns with beautiful flowers around their necks. Flowers were also used extensively in the decorations, and as a faculty member I also had them in my hair. I felt very emotional as I said goodbye to some of my students.

I am beginning to understand the Peace Corps slogan—"This is the hardest job you'll ever love." Some days I ask myself why I came here, but most of the time I am grateful for the many opportunities this challenging experience provides. Often I feel I am living a storybook life, and as we know, not all stories are completely beautiful, or even entertaining. I'm not sure yet what the outcome of this one will be, but I know that I will enjoy living it! □

Members Forum

Editorial Policy: We welcome letters to the editor (c/o the ITAA office), and in editing for taste, accuracy, and length, our intent is to retain the author's meaning.

ZAGREB TEW A SUCCESS

Dear Editor:

I was selected to be part of the Zagreb, Yugoslavia, Training Endorsement Workshop faculty team for the 16 candidates who presented themselves. My experience in Zagreb was most positive, and I've been a part of it all long enough to make a reasonable comparison. The T&C Council can be proud of its investment in credentialing applicants and in the process.

The outline devised by the Training Standards Committee was exceptionally well executed. The faculty engaged in active discussion and concensus of opinion. I felt and thought that each concern was dealt with professionally.

TEW Coordinator Petruska Clarkson was excellent in her role. The schedule she set up was specific and at the same time flexible. She continually challenged the team members for more clarification of evaluations. Her critiques were from an integrated Adult ego state. She was nurturing to the applicants and to each of the team members.

All 16 candidates wrote their training proposal outlines in English, and they deserve real strokes for doing so. In addition, the challenge of working with 16 applicants who spoke various languages was well met by the three translators who carefully translated and retranslated until the trainee and the faculty team members were clear on the meanings of responses. These translators deserve much credit and strokes.

One "fun" thing happened at the close of the last session. Petruska asked the team members if we wanted to take the group to the bar for a drink as our guests. I just had to ask, "Petruska, are you aware of of how Eric Berne used to take his trainees out to the Spaghetti Factory for spaghetti and wine after the session?" So, out of the blue, Eric's modis operandi had suddenly come back.

Lois Johnson, Winter Garden, Florida, USA

HETEROSEXUAL QUESTIONNAIRE CREDIT

Dear Editor:

The author of "Heterosexual Questionnaire" enclosed with my letter to the editor (May-June 1989 *Script*) is Martin Rochlin of West Hollywood, California. He belongs to the Society for the Study of Lesbian and Gay Issues, Division 44 of the American Psychological Association. He deserves credit for the "Questionnaire."

Anni Steytler, Pittsburgh, Pennsylvania, USA

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EDUCATIONAL COLUMN

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reevaluate old cultural tapes, to promote values that are more basic, more life-enhancing than competition and pursuit of personal financial security. How about cooperative efforts to improve the quality of life for us all and efforts to release the creative potential in each of us? If you wrote a new script for humans in the year 2000, what values would you keep, add, leave out? How would these values change our lifestyles for the better? And, most importantly, how might we teach those values at home and in the schools?

A recent issue of *Psychology Today* suggests there is renewed interest in moral education in the USA following a period in which we feared that values were too private to be dealt with in the public schools. Do you know where you, your local educators, and your public officials stand on this issue? □

WINNERS ATTRACT WINNERS

continued from page two

gists, social workers, counselors, educators, organizational developers, etc.

We need to be an active presence wherever there are professional "people workers." We need to stop walking the streets and enter the various professional homes of those who could use TA.

****

Question for the Month: You have one person's opinion—will you write us with yours? □

COMMITTEE NEWS

continued from page three

within the ITAA, (3) to provide a networking system for people who use TA in education, and (4) to help the ITAA reflect the extent of interest worldwide in educational applications of TA. These new goals mean that members have more opportunities to expand their awareness of ways TA works in prevention and how it contributes to healing. If you want to help build this exciting Subcommittee, write Jean Illsley Clarke, 16535 9th Avenue N., Plymouth, MN 55447, USA. □

SAN FRANCISCO EARTHQUAKE UPDATE:

We are glad to report that the ITAA headquarters building was not damaged in the recent quake and that all ITAA staff are fine. Many thanks to the members who called out of concern and caring.

GIVE THE GIFT OF TA THIS HOLIDAY SEASON

Having trouble thinking of gifts for friends and relatives?

Do you know someone you would like to see become a member of ITAA?

Want to help ITAA grow in the New Year?

Then, give an ITAA subscription or membership to someone special!

Subscriber - $40. Benefits include a year's subscription to the *Transactional Analysis Journal* (published quarterly) and *The Script* newsletter (published nine times a year).

Associate Membership - $50. This is a general interest level membership which indicates support for the humanistic goals of ITAA. Benefits include a year's subscription to the *Transactional Analysis Journal* (published quarterly), *The Script* newsletter (published nine times a year), a membership directory, reduced conference registration, group life and health insurance options (for USA members only), and car rental discounts.

To announce your special gift, the ITAA will send a holiday gift card from you to each person you sign up for a subscription or membership. In addition, if you request it, we will also send information about membership categories leading to possible certification in TA.

So, don't delay - this year, give the gift of TA!

1. Send a: _____ Subscriber ($40) _____ Associate Membership ($50)

To: _____
Name Degree

_____
Address

_____
City/State/Country Postal (Zip) Code

2. Send a: _____ Subscriber ($40) _____ Associate Membership ($50)

To: _____
Name Degree

_____
Address

_____
City/State/Country Postal (Zip) Code

From: _____

Payment Options

1. _____ Check enclosed; total amount: $ _____ . Please note: Payment must be in USA dollars drawn on a USA bank.

2. Bill my _____ Mastercard _____ Visa Signature _____
Expiration Date _____ Card Number _____

CLASSIFIED ADVERTISING

marketing (mar' ket ing): Anything you do to make others aware of your services. Subscribe to **Marketing MEMO**—the *definitive* source for practice marketing ideas. Each monthly issue contains a wealth of information to help you market your practice effectively. $32.50/year (12 issues). Write: Human Services, Inc., 4514 Travis, Suite 305, Dallas, Texas 75205. Or call: 800-873-2834.

John and Natalie Tyler (formerly Natalie Garber) joyfully announce the relocation of their practice to Hawaii as EAST-WEST CENTER FOR PSYCHOTHERAPY & PAIRS* TRAINING. Telephone: 808-879-2766, 3270 Kehala Dr. in Maui Meadows, Kihei, on the beautiful island of Maui, Hawaii. Effective December 1, 1989. (Formerly the TA Gestalt Redecision Institute of New England.)

John and Natalie Tyler (formerly Natalie Garber) offer a warm "Aloha!" to all ITAA members to visit at half price at BED, BREAKFAST, BOOKS, & BEACH in Maui Meadows on Maui, the island of waterfalls in beautiful Hawaii. We feature oceanside room with private entrance, gourmet high energy healthy breakfast on our bird-serenaded screen porch, sunset and fruit drink on the deck, *A Course in Miracles* daily meditations, extensive library for beach reading, vision quest guided tours of the Seven Sacred Pools, and sunrise at Mt. Haleakala. Write for our brochure to 3270 Kehala Dr., Kihei, HI 96753, USA, or call 808-879-0097 after December 5, 1989.

Conference Presentation Synopses



August 2-6, 1989
Oakland, California, USA

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Did you miss the 1989 Summer Conference in Oakland, California? A limited number of Conference Synopses booklets are available at the special rate of $10, postage and handling included. Order today to receive your copy of the 87-page record of the exciting and informative 1989 presentations.

Name: _____
Address: _____
City, State, Zip: _____
Country: _____

Mail to: ITAA Synopses, 1772 Vallejo St., San Francisco, CA 94123, USA

AGPA

American Group Psychotherapy Association

34th ANNUAL INSTITUTE

47th ANNUAL CONFERENCE

February 20 - 24 , 1990

BOSTON

The Annual Meeting Institute is devoted to small group teaching and includes psychodynamic group process and many specific interest sections. The Annual Meeting Conference is composed of papers, panels, demonstrations and workshops as well as plenary sessions.

The American Group Psychotherapy Association is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians; events meet the criteria for Category I for the American Medical Association Physicians Recognition Award. AGPA is also approved by the American Psychological Association to offer Category I continuing education for psychologists. (The APA approved sponsor maintains responsibility for the program.) Additionally, AGPA is approved by the California Board of Registered Nursing to offer continuing education for nurses.

Information on the following is also available:

- Association Membership
- AGPA Training Program - designed to improve the level of training of group therapists.
- Subscription to AGPA publications:

  INTERNATIONAL JOURNAL OF GROUP PSYCHOTHERAPY – devoted to reporting and interpreting group psychotherapy research and practice in various settings.

  AGPA MONOGRAPH SERIES – contemporary writings on major topics in group psychotherapy.

Please send me information on:

☐ 1990 Annual Meeting in Boston.

☐ AGPA Membership

☐ AGPA publications

Name: _____

Address: _____

_____

American Group Psychotherapy Association
25 East 21st Street, 6th Floor, New York, NY 10010
(212) 477-2677

ITAA

Western Institute for Group and Family Therapy

262 Gaffey Rd., Mt. Madonna
Watsonville, CA 95076
(408) 722-6948

DIRECTORS:
ROBERT L. GOULDING, M.D.
MARY McCLURE GOULDING, M.S.W.

BOB HAS BOUNCED BACK FROM HIS ILLNESS. THE TOUGH OLD GOAT IS STILL AROUND.

BOB AND MARY GOULDING ARE STILL DOING AN OCCASIONAL WORKSHOP AT WIGFT:

December 2 (Saturday evening) through December 7 (Thursday).
February 3 through February 8 (also Saturday-Thursday).
Cost: $750 including room and board.

ONGOING TRAINING: second weekend every month, October-March.
6 sessions: $1200.
ADVANCED ONGOING: second weekend, April, May, and June.
3 sessions: $600.

January 21, MARY and MURIEL JAMES are doing a seven-day LOVE AND POWER WORKSHOP IN AKUMAL, MEXICO, after the ITAA Winter Congress in Oaxtepec. Cost: $600 plus room and board.

WIGFT BOOKSTORE IS SELLING:

CHANGING LIVES (hardcover)	$25.00	Only 20 left
REDECISION THERAPY	15.00	
WHO'S BEEN LIVING IN YOUR HEAD	6.95	
REDECISION VIDEO (or buy from ITAA)	85.00	
NOT TO WORRY!	16.95	
ADD 6 1/2 % Sales tax in California		
ADD for postage and handling any number of books in the U.S.	2.50	

OUTSIDE THE U.S. You must pay in U.S. dollars. You will be billed for additional postage or add $15 to $25 if you want airmail.

Integrative Psychotherapy Workshop

with
Richard G. Erskine, Ph.D.
Rebecca L. Trautmann, RN, MSW

August 10-19, 1990

This ten-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy. Concepts that may be covered include: developmental theory and regressive therapy; the psychotherapeutic applications of Object Relations Theories; the Self; treatment of Parental introjects; and group process.

Various methodologies will be taught and demonstrated and may include: contact, affective attunement, six modes of empathy, transformation, basic unity, and the effective use of countertransference.

The workshop is for professionals in the mental health field who want personal work followed by an understanding of theory and treatment planning. An opportunity will be available to discuss specific cases from your own practice. A previous workshop is described in the book *Integrative Psychotherapy in Action* by Richard Erskine and Janet Moursund: 1988, Sage Publications, London and Newbury Park, CA.

Cost: $1450.00 tuition, room and meals included.
Deposit: $350.00 non-refundable.
Location: Near New York City at the Old Chestnut Inn, with spacious grounds, gardens and swimming.

For more information and to register contact:

Richard G. Erskine, Ph.D.
Institute for Integrative Psychotherapy
500 East 85th Street, New York, NY 10028 • (212) 734-5291

Aquagenesis Workshops

Aquagenesis I – Dec. 6–10, 1989
Aquagenesis II – Feb. 7–11, 1990
in Jupiter, Florida

AQUAGENESIS: Prenatal Regressive Therapy in water will be part of each day's agenda. Each five day workshop will reflect a balance of theory and experience. **The fee for each Workshop is $500.** (All fees are payable in U.S. funds. Deposits are non-refundable.)

AQUAGENESIS I – **Introduction to Prenatal Regressive Therapy, transpersonal experiences and spiritual healing.**

AQUAGENESIS II – **Advanced Regressive Therapy with additional spiritual healing techniques and experiences. This workshop is for those who have previously attended a Workshop.**

For further information, call (407) 575-0547 or write:
Sandra G. Landsman, Ph.D. • P.O. Box 7134 • Jupiter, FL 33468-7134

INTENSIVE SHORT TERM RESIDENTIAL TREATMENT AVAILABLE.

TALES OF ENCHANTMENT

A Workshop on Using Hypnosis and Metaphor In Therapy
By Stephen Lankton, MSW



JANUARY 20-21, 1990
SAN FRANCISCO, CA

JANUARY 27-28, 1990
SALT LAKE CITY, UT

FEBRUARY 3-4, 1990
PHOENIX, AZ

FEBRUARY 10-11, 1990
SEATTLE, WA

MARCH 3-4, 1990
LOS ANGELES, CA

MARCH 10-11, 1990
DENVER, CO

MARCH 31 - APRIL 1, 1990
PORTLAND, OR

APRIL 7-8, 1990
MINNEAPOLIS, MN

Registration is $150.00 if postmarked one month prior to workshop. Late registration is $180.00. Twelve credit hours, 1.2 CEU's, are available for Marriage and Family Therapists, Psychologists, Social Workers and Mental Health Counselors.

The two day intensive training is sponsored by
The Center for Personal and Family Development and
The University of West Florida Departments of Psychology and Social Work
Provider Nos: S-8-88 and D-4-90
For more information and to register, contact:
The Center for Personal and Family Development
1221 West Lakeview Avenue, Pensacola, FL 32501

The Center for Personal & Family Development

(904)438-4007

EXPERIENCING ENOUGH

TRAINING
CLAIMING THE BASE OF ABUNDANCE
WHICH IS OUR BIRTHRIGHT

This training is for YOU if you -
- feel as if you were always limited
- feel that a piece is missing from your life but can see some others have it
- were raisied in a dysfunctional family such as adult children of alcoholics, incest survivors
- want to learn to be a good parent to the child within you, to your children, your students or your clients
- need a secure foundation from which to reach your goals

FACULTY-
Elaine Childs Gowell (July only)
Pamela Levin - Gail Nordeman

RECLAIM your right to have a **HAPPY CHILDHOOD.** Let the **CHILD WITHIN** be claimed, loved, nurtured to **COME ALIVE** and connect. Challenge the personal limitations of grownup life at the very foundations where they were originally created - conception through adulthood.

NEXT SEATTLE TRAINING
Dates: Nov. 29 - Dec. 3, '89
Tuition: $695
Room & Board: $195

Call or write:
Experiencing Enough
966 Guerrero
San Francisco, CA
94110
415-550-2407

Next Belgium Training:
Date: July 12-16, 1989
Contact: Erica Seynaeve (32/16) 233722
Antoinette DeMoe (32/2) 654.18.00

Keeping In Touch

REGION I - PACIFIC, ASIA, AFRICA

Father George Kandathil, representing ICTA, has asked for donations of books on psychology and counseling. If you can help, please send materials to ICTA, Cochin 652022, Kerala, India. If someone cannot afford the postage on such donations, Muriel James has offered to pay to send books. In such cases, please send books to the ITAA office, and they will be forwarded.

Peter Reid of New Zealand writes of the sadness of friends and colleagues of Hazel Ross, CM, who died recently of leukemia. Even though she knew her life expectancy was limited, Peter says, "In characteristic fashion she set about the tasks of continuing to enjoy life and finishing unfinished business. We laughed, cried, tapped our feet, clapped, and cheered at her memorial service. Arohanui, Hazel."

REGION III - EUROPE

Christine Blake writes that she and her family have finally moved into a flat in London after 9 months of waiting! She has recently resumed private practice, opening an office in London.

REGION IV - SOUTH AND CENTRAL AMERICA



101 Course given to psychology students by Noeliza Bianchini de Lima (far left, second row from bottom) in Sao Paulo Brazil as part of Global TA Actions.

The Campinas Transactional Analysis Institute opened in Sao Paulo, Brazil, last July with the goals of promoting TA as a serious and effective psychological method and applying it to individual and social difficulties, particularly in therapy. Director Bianchini de Lima writes that the Institute's activities will include 101 courses, the advanced teaching of TA (202 and 303), and support of Global TA Action. □

Call for Proposals

ITAA/EATA Conference
July 22-26, 1990 * Brussels, Belgium
"Common Heritage and Cultural Perspectives"

Deadline: December 1, 1989
See your August 1989 *Script* or contact the ITAA office for a copy of the offical proposal form.

Sign Up Now for Brussels Air Flights

ITAA members from the USA planning to attend the 1990 ITAA-EATA Conference in Brussels may want to pin down air fares now. American Airlines will guarantee fares at current prices based on a $200 deposit per person.

Advantage Travel in Stamford, Connecticut, in association with Tom Nissley of Ridgelea Tours, will handle the special reservations. Send $200 payable to "Ridgelea Tours," along with (1) date of departure, (2) date of return and whether returning from Brussels or Paris, and (3) your home airport. Maximum time for the best nonrefundable fares is 21 days; minimum time is 7 days. If you intend to travel to the USSR from Brussels (and return) on the ITAA trip, pick July 19-August 7. Fares currently are $675-$815 from the continental USA. You have four months to pay the balance, time to buy insurance against the nonrefundable factor and the best possible airfare for 1990 summer (high) season travel.

The reserved American Airlines flights are: (a) July 18 to Brussels, returning from Paris August 3; (b) July 19 to Brussels, returning from Brussels August 28; and (c) July 21 to Brussels, returning from Brussels August 28. Other flights can, of course, be arranged.

Ridgelea Tours will sponsor two tours related to the conference: Amsterdam before the conference, with Brugges and Paris afterward (for that tour pick flight package A), and an ITAA tour into the USSR led by Peg Smith and Jasna Srdar to Leningrad, Novosibirsk, and Moscow after the conference, returning August 7 (for that tour pick flight package B).

Contact Ridgelea Tours at 109 Mayapple Rd., Stamford, CT 06903, USA; phone: 203-322-1400. □

WARM FUZZIES

Lois Johnson, TM, has been invited to teach TA Theory at the Florida Group Psychotherapists Annual Institute and Conference, Nov. 10-12, 1989, at the Clearwater Beach-Surfside. She will be on a panel discussing the "Context and Contour of the Self."

Adriana Arzac, CPTM, has been chosen, after a year-long, worldwide search, to be the new Executive Director of the International Society for Intercultural Education, Training, and Research (SIETAR International). Way to go, Adriana!

Congratulations to Robin Fryer, on the birth of her son, Sean Edward Cochrane, July 11, 1989. Robin will continue her work on the *Script* and the *TAJ* as Consulting Editor (rather than as salaried Publications Manager) so that she can stay home to care for Sean. Robin encourages members with questions about publications to contact her at home: 1700 Ganges Ave., El Cerrito, CA 94530, USA; phone: 415-232-0310.





President Vince Gilpin (left) honors ITAA member par excellance Bob Goulding during business Meeting at Summer Conference in Oakland.



(from left) George Imperato, Gloria Wax, and Harry Boyd with roses given to them by Ed and Sue Perkinson in appreciation of the institute on "Diagnosis and Treatment of Personality Disorders" they gave at the Oalkand Conference. (photo: Sue Perkinson)

Ingrid Mezquita, formerly ITAA Conference Coordinator and Administrative Assistant, has accepted a new position and a promotion to Conference Coordinator of the Western Association of Equipment Lessors, a trade association based in Oakland, California. Ingrid was with the ITAA for five years, and although we will miss her very much, we wish her all the best in her new position.

CONGRATULATIONS TO NEW CERTIFIED MEMBERS

Blanka Bogunovic, Yugoslavia (BOC: C)
Giorgio Cavallero, Italy (BOC: C)
Vesna Gavrilov, Yugoslavia (BOC: C)
Friederike Heinzel, West Germany (COC: O)
Stanka Ivanovic, Yugoslavia (BOC: C)
Gordana Krotic Lebl, Yugoslavia (BOC: C)
Maria Loh, West Germany (COC: C)
Zoran Milivojevic, Yugoslavia (BOC: C)
Brit Rieber-Mohn, Norway (COC: C)
Gordana Vucinic, Yugoslavia (BOC: C)
Cecilia Waldekranz-Piselli, Italy (BOC: C)