INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XIX, NUMBER 2 MARCH 1989

The Script

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"East Meets West" at Hawaii Congress



President Gilpin welcomes Japanese delegates to Hawaii Congress

by Robert Massey

Aloha! The 1989 ITAA Winter Congress, centered on the theme of "East Meets West," brought together over 200 participants, with about 90 from Japan, some 106 from the mainland USA, a handful of Hawaiians, and others from as far away as Canada, West Germany, Australia, Switzerland, Belgium, the Netherlands, New Zealand, England, Italy, Taiwan, and Norway. Both personal contact and scientific presentations expanded our awareness of cultural diversity.

Preconference institutes attracted more than twice the number of participants anticipated. Tuesday institute presenters included Ruth McClendon on Redecision Family Therapy, Tony White on the Two Ego State Model, Bob Goulding on Redecision Therapy, and Abe Wagner on the Transactional Manager. Wednesday's offerings were Muriel James on Ego State-Based Problems and Restructuring the Parent, Steve Karpman on Making Useful TA Theory, Marilyn Zalcman on Racket Analyses and Systems, and Vann Joines on Diagnosis and Treatment within a TA Framework. Finally, on Thursday Jack Dusay held an institute on Updating Egogram Theory and Mary Goulding did one on Worrying.

Both personal contact and scientific presentations expanded our awareness of cultural diversity.

The conference site — Waikiki Beach in Honolulu — is a tourist attraction par excellence, with hotels facing the Pacific Ocean and sand and clear blue-green water luring conference participants to play as well as to learn.

Throughout this multicultural conference, interpreters were essential to the success of the presentations. Ed Perkinson, Lucie King, and the Program Committee dedicated themselves to facilitating smooth interchange between Japanese and English-speaking participants, and Michiko Fukazawa, President of the newest of the three Japan TA associations, worked for months coordinating preconference preparations among those associations. A conference highlight was a gathering of "Colleagues Around the World," organized by Mary Goulding to promote dialogue among the different language groups. In addition, ITAA President Vince Gilpin provided warm concern and sensitive insight throughout the Congress.

Before the keynote address by Raymond Corsini on Thursday evening, those in attendance congratulated the two new TMs — Martha Husgen-Adler of West Germany and Tony White of Australia — and the two successful candidates for CM — Jae Brainard of Utah and Kay Jacobson of Utah. Dr. Corsini began his address by regaling the audience with his one-down position, claiming to have failed two doctoral programs before succeeding in a third. He then elaborated on the new school he has set up based on the four Rs — responsibility, respect, resourcefulness, and responsiveness. The school relies on close interaction among teachers, students, and parents, with students working at their own pace. Our appreciation to local host Alan Simpkins, who was instrumental in arranging for Dr. Corsini to speak.

On Friday, Corsini spoke again, this

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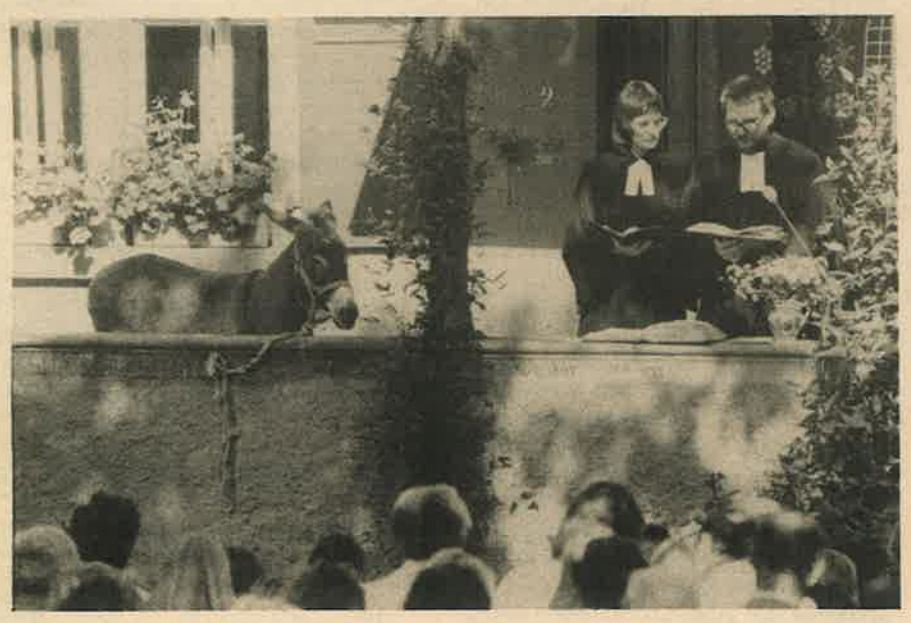
German TA Therapists Champion Animal Rights



Christa and Michael Blanke hold religious service celebrating life "in all its dimensions" (photo: T. Wegner)

by Rebecca Trautmann

Christa and Michael Blanke, TA therapists in Glauberg, West Germany who are also both ministers, have worked over the last several years to raise people's consciousness about attitudes we have toward animals and how we treat them. The Blanke's activities in this area have included putting on a play, organizing demonstrations against pharmaceutical companies, and writing editorials and letters.

In 1988 they were asked by one ot the two national TV broadcasting companies in West Germany to celebrate a church service with people and animals in their ancient manse. Despite an initial reluctance to put themselves through such a difficult experience, they felt it their duty to proceed "if we really want to protect life in all its dimensions," as Christa says. They met with a lot of resistance and pressure from meat industries, fur commercials, pharmaceutical companies, and even the church at one point, but they also received a good deal of publicity throughout Germany.

Finally, on June 10, 1988, 600 people and all kinds of animals gathered in front of the manse. Christa describes the scene: "The sun shone from a clear blue sky, and the atmosphere was of a special kindness and gaiety we have never experienced before. Ponies and dogs and a pig and a bull, our donkey, rabbits, guinea pigs, and so on. . . . I leave the rest to your fantasy. The TV people really enjoyed this job and did it splendidly. They took all kinds of pictures of our garden and the little pond; they even got the big green frog I haven't been able to catch a glimpse of so far. The atmosphere came right through to the people watching on TV at home. Since then we have received nearly 2000

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EDITOR'S COLUMN



by William Krieger

Increase Dues By Doing

I'm going to come right to the point of this editorial. No fancy lead-ins, no rambling thoughts, just a straight-forward proposal.

I PROPOSE A SIGNIFICANT INCREASE IN DUES FOR THE ITAA MEMBERSHIP!

Sit down and read on.

I was taken by President Gilpin's statement in last month's *Script* that implementing the reorganization plan was "somewhat hampered by insufficient volunteer people power." I am suggesting not an increase in money to belong to the ITAA, but an increase in commitment of time and energy. Certainly the organization is in need of money to solve its budgetary problems, but it is equally in need of the time and energy of its members. Money will solve the immediate budgetary difficulties; only time and energy from the membership will ensure the long-term survival of the organization.

Only time and energy from the membership will ensure the survival of the organization.

I am therefore proposing that the ITAA Board of Trustees add to the monetary dues an additional dues of commitment of time and energy. For the purpose of discussion, I suggest a dues of four hours per year for Associate and Regular Members, eight hours per year for those with Level I certification, and twelve hours per year for those with Level II certification. These hours of time and energy dues — dues by doing — could be paid in a number of ways. At conferences one could put in time at the registration desk or in the stroke room. One could serve on a committee and pay hours that way. A specific task assignment could be a way to pay the hours. The details could be worked out based on the basic concept of dues being both a monetary payment plus a specific commitment of time and energy toward the maintenance of the organization.

I believe acceptance of this concept would be a positive philosophical leap as to what it means to be a member of an organization. Just as the ITAA was a leader in the concept of competency-based certification, the adoption of this idea would place the ITAA in the forefront of defining the concept of dues for membership in an organization.

* * * *

Question for the Month: What "dues" does it take to be a member of an organization?

PRESIDENT'S COLUMN



by Vince Gilpin

Coming of Age

The 1989 Hawaii Winter Congress demonstrated how rewarding it is for people of different cultures and languages to participate in and enjoy one another at an international conference. In this case the two main languages were English and Japanese, and the willingness of the Japanese participants to speak some English served to overcome the barrier of silence. One Japanese woman told me that she had spent the last three months learning English for the conference, and it was with humility that I confessed I had failed to attempt similar preparations.

In spite of such shortcomings, the enthusiasm on both sides for making contact, communicating, and demonstrating appreciation for one another and TA helped us past our initial anxieties. By the end of the Congress the foundation for many permanent friendships had been well established.

I want to express special thanks to the Program Committee and, in particular, to Mary Goulding, who arranged "Colleagues Around the World," a gathering of small groups with representatives of different language groups sharing interests, concerns, and experiences from their various fields. This event broke the ice and set the tone of warmth and camaraderie that characterized the rest of the Congress.

During their meeting in Hawaii, the Board of Trustees approved granting dues reductions to persons whose income is relatively small because of regional economic disparity, retirement, full-time schooling, or temporary disability. Such reductions will be granted by the president based on an application from each individual and will be effective until the person's circumstances change or some other arrangement is made. This eliminates the need for people to reapply annually once a concession is granted. This program will work on the honor system, with the expectation that as an individual's income increases, or if someone's income is adequate even in regions where the average income is low, the individual will not apply for the concession.

The Global TA Action Project actualizes the highest principles of a social psychiatry, namely a concerted effort to raise consciousness and to improve the social order.

On another note, on March 21 transactional analysts around the world will participate in a day of Global TA Action. This project has met with general acclaim, and people in many parts of the world will conduct local activities which demonstrate the application of TA principles to constructive action related to matters of global concern. We have had promising responses from people in Japan, Australia, New Zealand, India, South Africa, Europe, North America, and South America. Activities will not be limited to March 21, and a number of transactional analysts have indicated that they will include an element of global consciousness in all their future TA presentations. This is probably the greatest accomplishment of the Project and one which I hope will be emulated widely.

The Project Planning Committee asks those who are planning projects to prepare a visual presentation about their event and submit it for display at the Oakland Conference this August. Lapel pins using the Global TA Action Project logo will be distributed to everyone who participates. It is important that we receive written descriptions of planned projects as soon as possible so that we can send the pins (which will also be available in Oakland).

The Project is the culmination of Berne's dream that transactional analysts should come of age and address a crusade "against the Four Horsemen: War Pestilence, Famine, and Death, which as much as they may enrich the characters of those who survive them, are nevertheless bad" (*Transactional Analysis Bulletin*, 1969). The Project actualizes the highest principles of a social psychiatry, namely a concerted effort to raise consciousness and to improve the social order. It is an expression of our solidarity as transactional analysts worldwide and a demonstration of our joining together as a unified group with other local and international organizations with a humanitarian approach to global issues. It demonstrates that transactional analysts can make a difference.

EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

What Does that Woman *Do* All Day?

Do you ever wonder what your ITAA Executive Director actually does with her time, in that big beautiful historical Victorian mansion on Vallejo Street in San Francisco?

Well, today, (February 9), I packed boxes for a move to the first floor of the building. The ITAA will take the three small offices — space vacated by Saybrook Institute last December — freeing up the five large second floor offices for our new tenant, a law firm. This move permits us to generate more rental income for the ITAA and to thus offset our reliance on dues income.

So, this morning I spent time choosing new carpet and window coverings and speaking to a painter in order to arrange for these long-neglected renovations.

All this reminds me how diverse my job is with the ITAA. While the job has a somewhat cyclical nature on an annual basis, each day is different. The activities of the ED are as diverse as the concerns of our international membership. Here are a few recent examples.

— Last month, as always, I spent many hours responding to letters from our international members and speaking on the phone to members about various topics. I had a meeting with representatives of the 30-year-old Eric Berne Seminar of San Francisco to discuss the possible impact on their meetings of the new building rental situation.

— The results of the President-Elect run-off election came in, and there were corresponding telegrams and letters to go out.

— I worked with Chairperson Valerie Batts several times in writing and over the phone on guidelines for distribution of grants from our growing Eric Berne Fund for the Future.

— Several times last month I received calls about the ITAA ethics statement and procedures and made referrals to Jack Kaufman, Chair of our Ethics Committee. Some of these ethical concerns required consultation with attorneys.

— I had many calls and letters regarding TA certification from T&C Council committee members, trainees, and sponsors. Of particular interest were the attempts of members and lobbying groups in two US States — Indiana and Missouri — to gain equivalency status for TA certification and thus to permit it to qualify as experience for state licensure exams. I responded to their inquiries and provided supporting documentation to help them with their goals.

— I also spent many hours working with the Conference Committee on our upcoming conferences, including the January 1990 Winter Congress in Mexico and the July 1990 Summer Conference in Belgium. When the ITAA does a conference outside the US, extra sensitivity is needed in dealing with the local host committee and meeting the needs of the diverse constituencies.

— A special collaboration was set up with the American Group Psychiatric Association for joint presentation of TA workshops at their February AGPA Conference in San Francisco.

— On behalf of the Editorial Board, I was in touch with Eric Berne's estate, represented by his daughter Ellen, to negotiate the rights to reprint and release the Cyprian St. Cyr pieces.

— On the administrative side, I prepared reports for the January Board meeting in Hawaii, revised the 1989 budget, organized and attended to the business schedule at the January Hawaii Congress, and worked with the ITAA copyright attorney to renew the service marks for the ITAA and Trans Pubs.

So that gives you an idea of what a "typical" although never "average" day is like for your Executive Director.

CLINICAL COLUMN



By Bill Cornell

The Future Autobiography

A few years back I read *Time and the Inner Sense of the Future*, a fascinating book by Frederick Melges (Wiley & Sons). Melges is a North Carolina-based psychiatrist whose work is influenced by TA theory and his training with Bob and Mary Goulding. The book focuses on the patterns of time distortion in various psychiatric disorders and Melges's approach to '"future-oriented psychotherapy." While many of his ideas have influenced my own work, I want to present here his technique of the "future autobiography."

Clients beginning therapy often have a limited view of life presented in their way of recalling the past and thinking about the present which makes this limited life/world view self-evident and inevitable. Our ways of thinking about and explaining ourselves in the light of the past and present can become as comforting as favorite old clothes, presenting a familiar if threadbare image of oneself. The therapist's careful and persistent probing and confronting in the initial sessions seeks to open the client's view to question, new understanding, and new possibilities. It is in the context of the beginnings of therapy, as a sort of diagnostic and confrontive strategy, that I have found an adaptation of Melges's technique useful.

Melges presents the "future autobiography" as a short-term rehersal technique, inviting the client to pretend it is one week in the future and then to discuss how he or she got there. As a diagnostic tool, I find it more useful to ask the client to cast the autobiography two years into the future. I may ask the client to spontaneously create the autobiography in the session if he or she is relatively at ease. More often, I give the autobiography as a written assignment between sessions.

How one approaches discussing the autobiography in the therapy session is crucial. I do as Melges suggests: "The therapist then takes a detailed 'history' of what supposedly 'happened,' and the patient describes how he coped with imagined situations in this future time span, now viewed as 'past' " (p. 265).

What emerges is frequently fascinating to me and revealing to the client. Seeing familiar patterns of one's life continuing to warp the future (discussed as history) can be unnerving. Gaps in the client's vision of the future (e.g., no attention to money, love, sex, frustration, disappointment, friends, etc.) often become evident and opens important areas for exploration. The therapist's careful attention to the "history" of how this "future" was accomplished often reveals limited competence or understanding of how to actually achieve (or avoid) the imagined ends. Potential consequences of present-day patterns of thinking, believing, and behaving acquire a lively meaning in the context of this "future autobiography." This intervention strategy effectively interrupts the common therapeutic preoccupation with the past and casts the client and the treatment contracts into a stronger future orientation.

Our ways of thinking about and explaining ourselves in the light of the past and present can become as comforting as favorite old clothes, presenting a familiar if threadbare image of oneself.

As an example, I recently began working with a bright, delightful young man who presented himself as a lonely, isolated "computer nerd." He had recently flunked abruptly out of college after two years as a straight-A student. His life was in disarray, and he was at a loss to explain it. He loved his mother and father, absolved them of any responsibility, and presented them as loving and exceptionally fine parents.

My probing of current life experiences, his personal history, and family patterns, yielded little insight into his current mess. I asked him to write a "future autobiography." It was notable for its lack of defined career goals and a sort of salvation through an intensely romantic love with a young woman. She, too, was quiet, gentle, and shared similar values. They happened to meet. I asked what he would have done if they had not "happened to meet" and "fall in love." He did not know.

I commented on how his vision of a love relationship seemed highly idealized and quite colorless and lustless. He paused, visibly startled by my comments, and then asked, "Do you think it's normal for a man in his early 20s to be a virgin?" I replied, "No," and we were off and running with the memories of his profound isolation from his peers and from his own body, his parents' failure to notice his distress, and his inability to ask them for help for fear of hurting or disappointing them. The goals of treatment thus came to life.

If you have comments about this technique or other clinical issues, please write me at Box 515 Rd. 5, Middle Rd. Extension, Gibsonia, Pennsylvania, 15044, USA.

EDUCATIONAL USES OF TA COLUMN



by Sharon Massey

A Delightful Shared Reality

We are pleased to introduce our new education columnist, Sharon Massey, PhD, RM, a high school teacher, psychologist, wife, and mother. Sharon lives and works in Kearny, New Jersey, USA.

While parenting, teaching, and doing therapy are separate roles, from where I stand it seems they share some important common goals. Isn't the desired end product of successful parenting, conscientious teaching, and completed therapy an aware, caring, connected, and productive person? Our recent search for the best high school for our oldest child set me thinking about what environments might best produce such a person. I think what we found in our search offers some interesting ideas about the nature of education at this time in the USA.

In the school we ultimately chose, the headmaster speaks of his staff with pride. He is knowledgeable about their areas of expertise and is familiar with their teaching styles. He speaks of a combined curriculum in which the arts, history, and literature are taught in a way that shows the connections among them, and he emphasized the need in US schools to go beyond the usual courses in "Western Civilization" to explore and connect with our Oriental sisters and brothers via study of their languages, histories, and cultures.

During our interviews and orientation to the school there was no appeal to the name of this school as a valuable "label" that would set our child apart from others. In fact, it was made clear that there were no promises that a child would enter a specific university upon graduation. There was, however, a commitment to assist graduates in finding a college best suited to their interests and goals.

Isn't the desired end product of successful parenting, conscientious teaching, and completed therapy an aware, caring, connected, and productive person?

Both students and faculty are drawn from various ethnic, cultural, and racial groups. There are scholarships available to students based on merit, and while the school largely draws students from families able to pay for private schooling, the school has "adopted" a poorer, inner-city public school. Exceptionally capable students from the public school are eligible for full-tuition scholarships, and all students are required to do a public-service project each year.

The students themselves stand tall and are graceful and comfortable with themselves, their peers, and the faculty. Students and faculty eat lunch in the same cafeteria, sometimes sharing a table and spirited conversation.

There is a varied athletic program, with value placed on lifetime sports such as tennis, biking, volleyball, and swimming. Football, baseball, and other popular competitive sports are played, but it does not appear that the school's budget is affected by a winning or losing season.

On our visits to the school we saw students' artistic and academic work displayed for each other with obvious pride, not to impress visitors. There were other small, but important, touches in our contacts with the school: separate handwritten thank you notes to both prospective student and parents and friendly voices on the phone who remembered us and our daughter.

When we learned that each school day begins with "morning meeting" in which students and faculty gather briefly to discuss an upcoming event, or to see a student's performance, or to talk over an issue of importance to the school community, our hearts were captured. I do not know whether these people have heard of TA, but in their respectful transactions they certainly practice it.

What about the schools we did not select? They included the one that "never received" two transcripts and whose admissions officer failed to notify us she could not be there the morning we both took off work to meet her and who discouraged class visits by prospective students. It also included the school that holds Saturday punishments for students who do not follow the dress code to the letter and the one where choosing an art class meant losing out on a major course in the social sciences.

I hope we are not dreaming. So far the school we chose has proven to be a delightful shared reality for both us and our teenage daughter. This school, indeed, provides the kind of environment that supports the development of alert, caring, connected, productive individuals. In fact, younger brother cannot wait until he is old enough to go there!

Unfortunately, I am not always as joyous when thinking about the current state of education. In the next column I will reflect on some of the more serious issues I face in the classroom and with families who bring in school children for therapy. I am interested in your thoughts about what I have shared in this column as well as what I plan to talk about next time. Write to me at 106 Stuyvesant Ave., Kearny, NJ 07032, USA. I look forward to hearing from you.

Keep Us Up To Date - Please put us on your mailing list for newsletters, flyers, brochures, and announcements — we'd like to know what's happening in your part of the TA world. And, if you send us your newsletter, please let us know if we have your permission to reprint items from it in *The Script*. Send to Publications Manager, c/o ITAA office.

Training & Certification

TRAINING AND CERTIFICATION COUNCIL REPORT



by Ian Stewart

Kingpins of the Exam Process

The Board of Certification (BOC) is building an international network of Exam Coordinators and Exam Supervisors who will give their time voluntarily to play a crucial role in the exam process. Exam Coordinators and Exam Supervisors do different jobs and are appointed and trained differently.

Exam Coordinator — the person in a region who coordinates all preparations for the actual exams, including:

- coordinating the reading and scoring of written exams
- giving information to candidates about requirements and completion of files
- contacting the organizers of the local exam about dates, places, and how to spread that information
- maintaining liaison with the Exam Supervisor(s) for each exam date and site so that he or she can take on the job that day
- recruiting in advance examiners, rovers, and supervisees

Wherever practical, the Exam Coordinator in a region is trained by his or her predecessor through working together. The Coordinator is appointed by the BOC for three years (by request of the candidate and supported by the necessary information), and reappointment is possible.

Exam Supervisor — runs the oral exams at a particular site, including:

- conducting examiners' meetings and candidates' meetings
- conducting examiners' training
- setting up exam boards and being in charge of running exams
- ensuring that exams are conducted according to current BOC rules and requirements
- training Exam Supervisor candidates with the prior approval of the BOC Exam Committee Chair

The Exam Supervisor is trained by co-conducting a BOC exam with an experienced Exam Supervisor. Interested experienced examiners should make a written request to BOC six months in advance, accompanied by letters of endorsement from a Level II Certified Member and the president of the local TA association. Training for exam supervisor Level I and Level II is done separately and cannot be combined.

Exam Supervisors are appointed by the BOC for three years and can be reappointed. Unlike Exam Coordinators, who serve a specific geographical area, Exam Supervisors have a traveling brief. For example, at the exams in Rio, Rosa Krausz was Coordinator (she covers all of South America), but the Exam Supervisors for Level I and Level II — Ian Stewart and Petruska Clarkson — both came from the United Kingdom.

BOC Co-Chair George Imperato and Chair of Exams Jan Hennig are jointly compiling and maintaining a list of current Exam Coordinators and Supervisors. Following are the names of those people; if there are omissions or errors, please contact George at 168 Howard St., Dumont, NJ 07628, USA.

BOC Exam Coordinators (by region)
Australia: Gail Broady
New Zealand: Gordon Hewitt
North America: George Imperato
South America: Rosa Krausz
Europe: the EATA COC has its own system which, under the Agreement of Mutual Recognition, applies to BOC as well as COC candidates taking their exams in Europe. The current COC Supervising Examiner is Ian Stewart, who works with a team of COC Exam Coordinators, each of whom deals with exams in a different language. For further information, contact EATA at Case Grand-Pre 59, 1211 Geneva 8, Switzerland.

BOC Exam Supervisors
Level I & Level II
Valerie Chang, US
Antoinette De Mol, Belgium
Vince Gilpin, Canada
Jan Hennig, West Germany
Kristyn Huige, US
George Imperato, US
Vann Joines, US
Rosa Krausz, Brazil
Robin Maslen, Australia
Carlo Moiso, Italy
Emily Ruppert, US
Os Summerton, India
Jeff White, Australia

Level II Only
Petruska Clarkson, UK
Maria Gilbert, UK
Ed Perkinson, US

Level I Only
Adriana Arzac, US
Gail Broady, Australia
Sophia Caracushansky, Brazil
Pearl Drego, India
Patti Falzett, US
Bruce Loria, US
Mil Rosseau, Belgium
Alice Stevenson, UK
Ian Stewart, UK
Gloria Wax, US

In addition, there are several intending Exam Supervisors whose candidacy is still being processed by the BOC, including (Level II) Mireille de Meuron, Nelly Micholt, Alice Stevenson; (Level I) Gordon Hewitt.

If you have questions or comments about Training and Certification issues, please send them to me at The Old Schoolhouse, Kingston-on-Soar, Nottingham NG11 ODE, England.

Congratulations to Examinees!

The Board of Certification and the EATA Council on Certification congratulate the following examinees for passing their exams. In addition, the BOC and COC are grateful to the volunteer examiners.

PARIS, FRANCE — NOVEMBER 10, 1988

Level I Clinical
Erik Andren, Sweden
Claire Chaudourne, France
Mary Cox, United Kingdom
Massimo Gaudieri, Italy
Helene Ghiringhelli, France
Per Larssen, Sweden
Jennie Mac Namara, United Kingdom
Brigitte Rubbers, Belgium
Ingela Sandstrom-Kihlberg, Stockholm, Sweden
Lina Teora, Italy

Level I Educational
Daniele Chines, France

WELLINGTON, NEW ZEALAND — SEPTEMBER 10, 1988

Level I Clinical
Roselind Broadmore, New Zealand
Ainslie Martin, New Zealand
Rhonda Pritchard, New Zealand

Level I Examiners
Helen Campbell
Charlotte Daellenbach
Gordon Hewitt
Robin Maslen
Peter Reid
Evan Sherrard

HONOLULU, HAWAII — JANUARY 12, 1989

Level I Clinical
Jae Brainard, Salt Lake City, Utah
Level I Educational
Kay Jacobson, Provo, Utah

Level II Teaching & Supervising
Anthony White, Leederville, W. Australia
Martha Husgen-Adler, Dr.Med., Pirmasens, W. Germany

Level I Examiners
George Imperato, Exam Coordinator
Adriana Arzac, Supervising Examiner
Gerry Cartmel
Fred Clark
Jean Illsley Clarke
Maryln Crossen
Charlotte Daellenbach
Bill Krieger
Yoshi Moronaga
Sue Perkinson
Pio Scilligo
Erika Stern
Marilyn Zalcman

Level II Examiners
Robin Maslen, Supervising Examiner
Francis Bonds-White
Ted Bruce
Landy Gobes
Jan Hennig
Hanna Hyams
Vann Joines
Nelly Micholt
Jerrold Paul
Sheryn Scott
Gloria Wax
Laurie Weiss
Jonathan Weiss

TA 101 CALENDAR

April 21–23, 1989 — Lugano, Switzerland. Cost: SF 280. Leader: Dr. Servaas van Beekum, EOPTM. Contact: Summit AG, Institute fur angewandte Sozialwissenschaft, 7280 Davos, Switzerland .. /41/83/54004.

April 22–23, 1989 — London, England. Cost: L55. Leader: Accredited trainer from "metanoia" institute. Contact: Dr. Petruska Clarkson, 13 North Common Rd., London, W5 2QB, England.

May 27–18, 1989 — Chesnay/Paris, France. Cost: 650 French Francs. Leader: Christine de Saint-Pierre, CPTM (in French). Contact: C. de Saint-Pierre, 2 Square de Luynes, 78150, Le Chesnay, France; phone: (1)39556127.

June 20–21, 1989 — Calgary, Alberta, Canada. Cost: $100. Leader: Vince Gilpin, CTM. Contact: Cathy Lockerby, 5860 Dalhousie Dr., NW, Calgary, Alberta, Canada T3A 1T1; phone: (403) 286-6900.

June 24–25, 1989 — London, England. Cost: L55. Leader: Accrediated trainer from "metanoia" institute. Contact: Dr. Petruska Clarkson, 13 North Common Rd., London W5 2QB, England.

August 26–17, 1989 — Bayonne/Biarritz, France. Cost: 650 French Francs. Leader: Christine de Saint-Pierre, CPTM (in French). Contact: C. de Saint-Pierre, 2 Square de Luynes, 78150, Le Chesnay, France; phone: (19)39556127.

Certified Teaching Members and Certified Provisional Teaching Members of ITAA are invited to list free of charge information about TA 101s they are presenting. To be listed, please send the following information to ITAA Publications Manager, 1772 Vallejo St., San Francisco, CA, USA 94123: dates of TA 101, location, cost, leaders' names, and how to get more information. Deadline: first of the month prior to the month of publication. Note: we cannot accept tentative or open dates; please be specific.

Members Forum

Editorial Policy: We welcome letters to the editor (c/o the ITAA office), and in editing for taste, accuracy, and length, our intent is to retain the author's meaning.

DISRIMINATION CLAUSE TOO RELATIVISTIC?

Dear Editor:

In a letter in the August *Script*, Sister Lydia Allen objected to the sexual preference part of the non-discrimination clause in the new Preamble to the ITAA Bylaws. In the September issue, Bill Cornell and Harry Corsover replied, mainly to deny the suggested connection between homosexuality and script problems, but also to object to the type of moral argument used by Sister Lydia.

Like Bill Cornell, I was involved in the Bylaws revision, and I questioned the inclusion of sexual preference, thinking that it could be misunderstood and arouse negative reactions in some cultures for reasons such as those given by Sister Lydia. I still worry about the way the drafters' intentions have been expressed in the text and by the implications of Cornell's and Corsover's nonclinical arguments.

As Sister Lydia notes, we have to look both at the term "sexual preference" and at the word "discrimination" as they are used. With regard to the former, most of the clause refers to "nationality," "color," "sex," etc. where the words describe a clear human property — French, black, male, and so on. In these cases we have little difficulty identifying the qualities, and all ITAA members can probably agree that they are not relevant to the way people should judge or treat one another and should therefore be ignored in the ITAA context.

In contrast, the term "sexual preference" can cover a wide range of qualities and behaviors, from the "law abiding" heterosexuals and homosexuals that the authors of the Preamble had in mind, to rapists, child molesters, etc. Even if ITAA would wish people not to distinguish between different "law abiders," the organization can hardly avoid wanting its members to discriminate between "law abiders" and rapists.

Part of the problem is that, while "sexual preference" and "discrimination" have strong American parochial connotations, they can have different meanings elsewhere in the world and can be used to discredit the ITAA and TA.

According to the Oxford Dictionary, which non-English speakers might consult, "discriminate" primarily means finding differences between things without making the judgments about value implied by the American usage. The ability to discriminate is a useful faculty: to fail to discriminate between a Frenchman and an American may not be the best way to conduct a relationship. In addition, it is usually not a compliment to say that someone is undiscriminating in his or her personal or artistic choices. There is a problem of expression here, as well as one of values.

Sister Lydia, who is in the business, might have also pointed out that much the same problem arises with the inclusion of "creed" on the list, since there are some creeds in the world today that clearly need to be separated in peoples' minds from standard versions of, say, Christianity. In the case of some of these "creeds," the ITAA could not take a neutral position.

In their enthusiasm to avoid Sister Lydia's particular moral judgments and to support treating homosexuals as acceptable people, Cornell and Corsover fall into the opposite excess. Cornell's statement, "The morality she suggests . . . is no clearer, no more decent than any other moral structure," and Corsover's comment, "We in ITAA [should] develop our philosophy and morality to eschew discrimination of any kind," suggest a complete moral relativism which would accept the Marquis de Sade's morality as easily as their own and make nonsense of supporting sanctions against South Africa because of apartheid: "The Boers have their morality, we have ours, and we should not discriminate or choose between them." The ITAA is already being asked to take positions on social issues, which does require discriminating between moral and social options and coming out against some of them.

The present Preamble text obviously makes good sense to many well-meaning people today in the USA where they know what it means rather than what it says. It may need further comment when represented to those who have scruples like Sister Lydia or if it gets translated into other languages and cultures.

Mervin Hine, Founex, Switzerland

CLARIFICATION ON ERIC BERNE FUND GRANTS

Dear Members:

I want to clarify and add to the article by Valerie Batts, Chairperson of the Fund Distribution Committee of the Eric Berne Fund for the Future (December 1988 *Script*). I discussed these comments with Valerie, but only after the article was printed.

We realized only recently that the Fund Distribution Committee was not aware of the complete set of policies that were passed by the Board of Trustees to govern the distribution of funds generated by the Eric Berne Fund. This has caused some confusion in the grant process about what kind of proposals are acceptable. I apologize for my part in not making sure that all relevant policies were transmitted to this Committee at its reorganization last year.

What needs to be added to Valerie's article and to the grant application statement is the policy statement of "general guidelines for acceptable areas for proposals" passed by the Board at its 1984 meeting in Villars, Switzerland (see Board of Trustees Minutes, p. 25, appendix H). This statement was published in the April 1984 *Script* (p. 8), in the Eric Berne Fund campaign brochure, and in the campaign solicitation manual. It is reprinted here.

The Fund Distribution policy as approved by the ITAA Board of Trustees allows the use of fund income for programs which will:

Sponsor Research

a. Encourage clinically validating research by TA and non-TA scientists.

b. Validate organizational and educational applications by TA and non-TA practitioners.

c. Encourage topical research in TA in graduate studies in the academic community.

d. Develop and compile information on education and organizational applications.

Promote Use and Teaching of TA

a. Sponsor TA courses in undergraduate and graduate schools.

b. Sponsor development of a TA curriculum.

c. Disseminate major TA texts in university libraries.

d. Stimulate international development of professional training programs.

e. Adapt TA modalities to day-care and gerontology programs.

Build Worldwide Unity

a. Augment multilanguage capabilities of our publications and conferences.

b. Transmit information and support to newly developing countries.

c. Implement international subsidies and balancing formulas for dues and fees.

d. Support programs that develop "Win/Win" procedures for conflict resolution.

Support Professional Standards

a. Continually upgrade quality of training.

b. Develop international interdisciplinary conferencing.

c. Relate TA to emerging philosophical issues.

d. Promote use of TA in mental health care and social service skills.

Funds will not be used for the following purposes:

a. General administrative or operating expenses.

b. As a general fund for current organizational expenses.

c. To pay for the ITAA building mortgage.

d. To pay for the ITAA programs currently in effect.

e. Other purposes which are not related to new developments consistent with the criteria already stated.

I believe that this guideline statement and the grant application document form a clear basis from which the Fund Distribution Committee can proceed in making grants from the Eric Berne Fund income. I am happy that this process is underway and that new and creative projects proposed by people inside and outside the formal ITAA structure can be supported. This will justify the faith of those members who have made financial gifts to establish this fund and hopefully will encourage others to add their contributions.

Ted Novey, Glenview, Illinois, USA

ANOTHER GOOD DEAL

Dear Bill:

In reference to your editorial (September-October 1988 *Script*), do I recognize a good deal when I see one? Sure, sometimes I do. I just finished rewriting two small articles which had been sent to me for the newsletter of the Society for Clinical Social Work, for which I serve as editor. I'm glad we'll have an issue out before the end of 1988. That's a good deal. I also think *The Script* is a heck of a good deal. It's informative, fun to read, and my fantasy is that people just send you nicely written columns, letters, and articles without urging/cajoling/pleading. Right? (I do know about Santa Claus, so don't bother to tell me.)

I'm willing to accept special assignments, and I've already written twice for *The Script*, so you have samples of my writing. I know I write well, and when I have a writing job to do I do it. What I don't do is generate my own ideas to write about. Maybe that's not such a good deal, but then I can often find someone to help me do the generating, which is just a fine deal.

Gerda Lawrence, Santa Monica, California, USA

MORE ON THE IRAN AIR BUS TRAGEDY

Dear Susan (Sevilla):

I felt good when I read your article in *The Script* (August, 1988) about the Iranian air bus tragedy, but I have no good feeling about the follow-up letter from P.S. Hegedus (September-October 1988). I do not feel he writes from his Adult, but from "I'm OK, You're Not OK." He strokes President Reagan and the US Navy as victims, but they are responsible, and before we can help them they must see what they have done.

Hegedus seems not to allow critical thoughts about Reagan and the "decent people" of the United States. I live in Germany and see US soldiers every day — I do not agree with these uncritical thoughts. Reagan and the US Navy are not gods.

Therefore, thank you for your article. It gives me hope to know that not everyone in the USA thinks and feels like Hegedus. Please forward a copy of my letter to him as I do not want to speak about him, but to him.

Eva Knauf, Langenbieber, West Germany

"EAST MEETS WEST"

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time on "The Role of Self in Psychotherapy." He emphasized the impact of others' perceptions on one's self-concept and that, in addition to heredity and environment, learning and creativity are crucial to developing a self. During his afternoon clinical workshop, Corsini drew on his fifty years of



Hawaii Congress Keynoter Raymond Corsini

professional experience, elaborating numerous ways to help parents and children to work out more constructive relationships.

Running concurrently with Corsini's clinical presentation, Lucy Freedman teamed up with Yoshitaka Moronaga and Nick Nykodym for an organizational workshop, and Jean Clarke paired off with Yuko Sakagami for an education workshop. Both provided rich cross-cultural exchanges regarding business and education.

During the Congress there were glimpses of both pain and healing. One psychologically poignant moment occurred when John O'Hearne related how he had apologized to each of his children for not responding earlier in their lives. The Women's Caucus on Saturday was inspiring and moving for those who attended, and a few men gathered at poolside at the same time to explore issues relevant to them. Some older conference participants recalled the bitterness between Japan and the USA during World War II as they discovered more about the human suffering this entailed for individuals on both sides. The TA Support Groups and process groups on Friday and Saturday afternoons provided additional structures to help people move beyond good intentions to offer social reinforcement for understanding and cooperation.

The gentlemanly and insightful exchanges on Saturday morning between Dr. Yujiro Ikemi and Dr. John O'Hearne (with the smooth translation assistance of Mineyasu Sugita) proved to be the general high point of the conference. The two presenters originally met at a psychosomatic medicine conference in Mexico in 1971, and Dr. Ikemi took TA back to Japan. In their Hawaii workshop, O'Hearne demonstrated the process of learning cross-culturally: He met with Ikemi for a lengthy conversation early in the Congress, then revised his talk and consulted with the translator, and finally delivered a moving address on "Concepts of Self: East and West."



Dr. Yujiro Ikemi and Dr. John O'Hearne demonstrated cross-cultural cooperation at keynote panel

In his paper, Ikemi integrated aspects of the Japanese and Orient perspective, holistic medicine, TA, psychosomatic medicine, and holographic theory. To the PAC ego state model he adds an observing, real or core self which is "a vital energy for the source of self-control over both mind and body." The core self manifests itself overtly through PAC. Traditional descriptions of transactions emphasize the outward functions of personality while in Ikemi's classification social, personal, and human transactions involve the public, private, and real selves. The PAC ego states are functions of Social Being, which can live artificially in society. A person also experiences a Natural Being that "is let alive by nature." The real self is vitalized by interconnectedness with one's own whole self, others, nature, and spiritual reality. Oriental methods and perspectives take Western thought beyond self-actualization, based on the ascendancy of the Adult to "awareness of the Self as the whole person" living in interrelatedness or "being-let-alive-in-nature." Ikemi's research suggests that when people become aware of and express not only bodily sensations, but become connected with the laws of nature, psychosomatic cures for ailments such as cancer are facilitated.

Saturday afternoon offered seven workshop choices, including two on pathologies of the self: John McNeel on character disorders and Frances Bonds-White on schizoid clients. The other five discussed the development of the self: Michiko Fukazawa, Muriel James, and Reiko True examined the impact of cultural script on self; Kozo Rokkaku and Kenji Suganuma explored self-awareness through drawing comics; Nobu Kuniya described how cultural patterns affect transactional patterns; Michael Matze looked at some implications of infant research for TA theory; and Ellyn Bader and Peter Pearson traced the development of self in couples relationships.



Marilyn Zalcman and Michiko Fukazawa

Many conference participants enjoyed themselves at the Saturday evening dance, and then on Sunday during the Social Action Forum Valerie Batts creatively and concretely demonstrated how to enhance self-awareness and cross-cultural understanding by having participants describe their names and the meanings attached to them. Finally, the closing brunch on Sunday featured a delicious buffet and provided opportunities to honor those who contributed in special ways to the success of the Congress and to say good-bye for now.

The Board of Trustees met in a lengthy session on Sunday to deal with budget issues, with increasing membership and revenue as priorities for the ITAA. The Board overwhelmingly affirmed their support for the *TAJ* (despite budget cuts), and joyously approved the affiliation agreement between the ITAA and EATA.

Arigatoh! Thank you! Mahalo! for a wonderful week and a wonderful Congress.



Ruth McClendon and Les Kadis with their Japanese translator, Nobu Kuniya



Japanese delegates enjoy themselves at Congress

Our thanks to Mary Goulding and Susan Sevilla for the Hawaii Congress photos



Conference Committee Chair Ed Perkinson and Vice-Chair Lucie King at the closing ceremonies encouraging participants to plan to meet again in Oakland this August

The Script

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The Script (ISSN 0164-7393), the newsletter of the International Transactional Analysis Association (1772 Vallejo St., San Francisco, California, USA 94123; phone 415-885-5992) is published monthly except January, May, and September by the International Transactional Analysis Association. The subscription rate is $4/year as part of dues for all classes of membership; *The Script* is not available by separate subscription. For information on dues rates for various membership classifications, contact the ITAA office at the above address. Second class postage paid at San Francisco, California. POSTMASTER: send address changes to *The Script*, 1772 Vallejo St., San Francisco, CA 94123. © 1989 International Transactional Analysis Association, Inc.

GERMAN TA THERAPISTS

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positive reactions: letters, telegrams, phone calls. Michael has given 21 radio interviews concerning the theological aspects of the relationship between beast and humankind. The papers still contact us, even from France, the Netherlands, Switzerland, Austria, and Belgium."

Christa explains what part TA played in all of this as follows: "This TV action was really something that grew out of the partnership between Michael and myself. We managed it together in the full sense — we shared the burden of work, the different critical points, the joy of being thus able to initiate, cooperate, and finish it at last. And this aspect of our partnership came through and was appreciated in the letters and calls we got. TA contributed as well in the music we had during the service, which was specially composed and sung for this service by two close friends. Without TA such close companionship with these two dear people would never have been possible."

"TA was our unfailing resource as we worked to understand the TV people and to make them welcome at the manse. We asked them to treat the trees and plants carefully, and we discussed aspects of the different optic views carefully. Because they liked the whole setting and felt taken seriously by us they made the film a very good one. As we got them emotionally involved, through them we got our message right into the hearts of so many other people."

"We were also able to find words and gestures and a certain way of being that encouraged people to get in close contact with their own emotions. People sat there, in front of the TV cameras, weeping; they prayed with us and even shared the singing of our congregation in the manse yard. We have trained so long in how to get people emotionally involved that it even worked through the TV set!"

"Now we need TA to organize and reorganize our lives, which have become of public interest to a certain degree. And we need TA to cope with the critics inside and outside the church. It is very helpful to know something about psychological games."

Rebecca Trautmann, RN, MSW, lives and works in New York City. She is formerly the Editor of the Transactional Analysis Journal.



Christa and Michael Blanke and their family (photo: W. Feldmann)

JULY 1989

Institute for Integrative Psychotherapy
Richard G. Erskine, Ph.D.
Rebecca L. Trautmann, RN, MSW

July 7 — July 16, 1989
Object Relations Theory in Psychotherapy

This ten-day workshop will focus on the psychotherapeutic applications of Object Relations Theories. Diverse theoretical ideas from both American and British authors will be compared and contrasted with concepts of relationship needs and observations of infant and child development. Various methodologies of Relationship Therapy will be taught and demonstrated and may include: contact, mirroring, empathy, transformation, basic unity and the effective use of the countertransference. The workshop is for professionals in the mental health field who want to clarify concepts in Object Relations Theory, discuss specific cases and have an opportunity for personal work.

July 21 — July 30, 1989
Integrative Psychotherapy Workshop

This ten-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy. Concepts that may be covered include: treatment of Parental introjects; regressive therapy and related developmental theory; group process; and treatment of Body Script. The workshop is designed for professionals in the mental health field who want personal work followed by an understanding of theory and treatment planning. An opportunity will be available for supervision. This work is described in a new book, *Integrative Psychotherapy in Action* by Richard Erskine and Janet Moursund: Sage Publications, Newbury Park, CA, 1988.

Cost: $1450.00 for each workshop; tuition, room and meals included.
Deposit: $350.00 for each workshop; non-refundable.
Location: Near New York City at the Old Chestnut Inn, with spacious grounds, gardens and swimming.

For more information and to register contact:
Richard G. Erskine, Ph.D.
Institute for Integrative Psychotherapy
500 East 85th Street, New York, NY 10028 · (212) 734-5291



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Apr. 26-29 Chapel Hill. Joines 919-929-1171
May 2-3 Tulsa. Price 918-496-8620
June 14-16 Asilomar. No. California GPS
July 9-14 WIGFT. FIVE-DAY WORKSHOP
July 16-21 WIGFT. FIVE-DAY WORKSHOP
(You may choose to enroll for both)
July 31 Oakland. ITAA Institute
Aug. 6-11 WIGFT. FIVE-DAY WORKSHOP
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Infant Massage video by Edwards	$30.
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Add $2.50 postage for any number of books, tapes.

SPECIAL NEWS !!!!!!!!!!

NOT TO WORRY! by Gouldings will be in local bookstores March 1. $16.95
See excerpts in Family Circle and Glamour, and order your autographed copies from **WIGFT**

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Keeping In Touch

REGION I — PACIFIC, ASIA, AFRICA

Peter Reid, CM, of New Zealand, writes that he and his wife and two daughters have just had a great summer holiday for three weeks in their house on an isolated, lovely beach four hours north of Wellington. He has also recently returned from a meeting in Auckland with Robin Maslen, Charlotte Daellenbach, Evan Sherrard, and Helen Campbell to plan training; the 1990 Australasian Conference in Christchurch, NZ; affiliation of NZTAA with the ITAA; and to hear reports of the Hawaii conference. Peter says he expects a number of people from New Zealand to attend the Oakland Summer Conference.

Colin Tatton of Shrewsbury, England, writes that he let his PTM contract lapse two years ago because of the "dearth of interest in these parts in advanced training in a formal sense, although this has not been matched by any lack of interest more generally." During 1988 Colin conducted four full introductory TA courses, five "taster" days, and two extended post-basic programs, a good indication of the groundwork going on there which gives TA and the ITAA some recognition.

P.S. Viswanathan of the Nilgiris, India, has formed a TA Study Circle which now numbers 27 members and meets twice monthly. He is building a library of TA books and resources and is preparing to launch a social service for the tribal members and aborigines of the Nilgiris District.

TA CONFERENCES WORLDWIDE

April 1989 — Delhi, India. TASI Conference. Contact: George Kandathil, ICTA, Cochin University, P.O, Cochin 682 022, Kerala, India.

April 14–16, 1989 — Regina, Saskatchewan, Canada. CATA Conference. Contact: Gladys Benson, Sub PO 26, Regina, Saskatchewan, Canada S4P 3R0; phone: (306) 569-4777.

April 16–18, 1989 — Whitehaven, Pennsylvania, USA. Eastern Regional TA Association Conference (ERTAC). Contact: Fred Clark, 261 Spring St., Cheshire, CT 06410, USA.

May 19–21, 1989 — Regensburg, West Germany. DGTA Conference. Contact: DGTA, Samerbergweg 7-8260/Az, West Germany.

July 3-7, 1989 — Zagreb, Yugoslavia. European TA Association Conference. Contact: Professor Jasna Srdar, University Hospital "Dr. M. Stojanovic," Vinogradska 29, 41000, Zagreb Yugoslavia.

July 31-August 7, 1989 — Oakland, California. ITAA Summer Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA; phone 415-885-5992.

October 6–8, 1989 — Vancouver, British Columbia, Canada. CATA Conference. Contact Flo Olivier, 1011 Keith Rd., W. Vancouver, Canada V7T 1M6; phone: (604) 926-4949.

December 1–3, 1989 — Davos, Switzerland. Third Annual Conference on TA for Educational Psychologists in German-speaking countries. Contact: Mrs. Lotti Ruegg, Hertistrasse 2, CH-7270, Davos-Platz, Switzerland; phone: ../41/83/53927.

January 17–20, 1990 — Oaxtepec, Mexico. ITAA Winter Congress. Contact: ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA; phone: 415-885-5992.



P.S. Viswanathan (center in coat) with group from the Nilgiris District of India

ALL REGIONS

Correction — In a previous issue of *The Script*, Margaret Franklin of Concord, California, was described as having received her Doctorate in Psychology. She actually received her PhD in Psychology. Thanks to Muriel James, EdD, for bringing this to our attention, and our apologies to Margaret for the error.

Sheryn Scott, CTM, head of the Research and Development Division, is interested in finding out about any experimental research that has been done related to TA. If you have information about such research, please send it to her at 601 E. Wapello, Altadena, CA 91001.

Warm Fuzzies

Special appreciation goes to **Robin Maslen**, RM, of Hove, South Australia, for donating $5000 to help finance a volume of selected articles from the *Transactional Analysis Journal* which are out of print or difficult to obtain. Thank you, Robin, and may your generosity inspire other members to sponsor such projects!

Hooray for **Janet M. Herman**, AM, of Getzville, New York, who has been elected President of the American Mental Health Counselors Association! We will be hearing more from Janet in an upcoming issue of *The Script* when she writes about how TA is viewed within the mental health counseling profession.

Gerda Lawrence, LCSW, CM, was recently honored as Society Member of the Year by the California Society for Clinical Social Work. Gerda, who is active in the Peace Movement (see her account of her peace walk in the USSR, November, 1987 *Script*), was written up in the Society Newsletter, which she originated and currently edits. Congratulations, Gerda!



Tony White, recipient of first Goulding Award for Excellence

Tony White, CTM, was presented with the first Goulding Award for Excellence at the 8th Australasian TA Conference held in Fremantle, Western Australia, in November 1988. Although Bob and Mary Goulding could not be there to present the Award in person, they sent a videotape which was received with delight by the many Australians, New Zealanders, Singaporeans, and others who had spent time at Mt. Madonna. Among Bob and Mary's comments: "It's really kind of fun to be alive and have an Award named after oneself. But please don't call it the Goulding Memorial Award! Tony, I (Bob) find your writing some of the most creative in the TA literature; your article on the Demon creates so much interest in the whole area of psychotherapy with the difficult patient. And I (Mary) especially like the work you did with feelings. Like you, I've never liked the word 'racket;' I like your way of conceptualizing feelings, the depth of your theory, and the way your theory is never rarified. I (Bob) find your articles have new, different, provocative ideas, and I really enjoy reading them." Congratulations to Tony!



Conference Committee Chair Ed Perkinson shows ITAA's appreciation to Hawaii local host, Alan Simpkins

Congratulations to **Jorge Oller Vallejo**, CPTM, of Spain on the 1988 publication of his book, *Vivir es Autorrealizarse Reflexiones y Creaciones en Analisis Transaccional*, by Editorial Kairos.



Bill Krieger accepts special award from President Gilpin in recognition of his fine work as Script Editor