INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XVIII, NUMBER 5 JULY 1988

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Members Approve Bylaws Changes

by Ellyn Bader

Those voters who responded in the recently concluded bylaws election enthusiastically supported the changes charted for the ITAA by the Long Range Planning Task Force and the Transition Team. These changes, proposed after careful study and several years of strategic planning, increase the ITAA's commitment to becoming more effective as an international association while simultaneously being more responsive to the needs of regional and local associations and members.

As a direct result of passing these bylaws amendments, five fundamental changes will occur:

1. There is a new Statement of Purpose, Mission, and Organizational Values for the ITAA. Future ITAA decisions will be directed by the new purpose statement, which reads, "The International Transactional Analysis Association exists to stimulate the growth and development of creative and useful theory and applications of transactional analysis."

2. The current 30-member Board of Trustees will be reduced through an election process over the next few years to a more workable size of between 15 and 20 members.

3. Three functional divisions — Operations, Research and Innovation, and Development — have been created, and the Training and Certification Council of Transactional Analysts has been formalized. In addition, four vice-presidents will be elected, each with responsibility for one division.

4. The Training and Certification Council of Transactional Analysts, a separate legal entity, will integrate the work of the Training Standards Committee and the Board of Certification in order to maintain the legal integrity of the ITAA as a 501-c-3 educational organization with its USA tax advantages.

5. Formal affiliation between the ITAA and other TA associations is now authorized and encouraged. In addition, an Affiliate Council will be set up to function both as an advisory council to the Board of Trustees and to provide direct representation on the Board of Trustees for organizational affiliates.

The implementation of these changes has begun, and the fine-tuning and development will continue over the coming years. The functional divisions are already in operation and are now considering various options for improving services to the membership, including the TAlent idea and translation services outlined by Jenni Hine in the June *Script*. All regional and national TA associations will be notified about the outcome of the bylaws election, and we will immediately begin processing applications for affiliation. It is exciting that the first formal request for affiliation — from the European Association for Transactional Analysis — has already been received. Further progress will be made on this affiliation at the EATA Summer Conference. Also, further action on setting up the Affiliate Council will occur during the ITAA Summer Conference in Rio de Janeiro.

We have emerged stronger and more unified, with a clearer sense of who we are and what we want to become as we move into our next quarter century.

Other changes that will soon be visible include the development of a new membership brochure and the reduction in size of the Board of Trustees, which will begin with the 1988 election when two new trustees will be elected (instead of eight), one from Europe and one from the United States. By January 1989 a blueprint document called "The New ITAA" will be available to members and associations. It will describe thoroughly all the changes that will be implemented. Soon after, plans should be underway for running the Academy and for ways the Research and Innovation Division can stimulate innovation in TA theory, information, and application.

The Training and Certification Council of Transactional Analysts has been incorporated and will develop effective ways to integrate the work of the Training Standards Committee and the Board of Certification. It will also focus on issues such as continuing education.

This is an exciting and meaningful time in the life of this Association. (Remember: we are always continuing to look for members who want to help bring about change. Please volunteer!) We have faced the difficult and sometimes seemingly insurmountable difficulties of developing an internationally responsive organization. As a result of the combined efforts of many people over many years, we have emerged stronger and more unified, with a clearer sense of who we are and what we want to become as we move into our next quarter century. The process, of course, is by no means finished; it has only moved into a new phase, that of implementation. However, it is a testament to the tenacity and creativity of this Association that we have developed a vision that is now being enthusiastically supported by so many TA members around the world.

ITAA Returns to the Pacific

by Susan Sevilla

Honolulu, Hawaii will be the destination of many ITAA members from January 11 to 15, 1989, as they travel to the 1989 Winter Congress. The theme of the Congress is "Concepts of Self: East and West."

This will be the second time in two years that we have held a major meeting in the Pacific region. Since the Singapore Congress in January 1987 — the largest and most successful ITAA Winter Congress ever — there has been great demand to return to a conference site that is easily accessible to our Asian and Pacific Basin members. Early registrations have proven the point: Despite mail delays, we have already received registrations from Australia and Japan.

Michiko Fukazawa, MSW, a Provisional Teaching Member and past member of the ITAA Board of Trustees, is now busy coordinating Japanese participation in the Congress. She indicates that promotion for the Congress is already underway, and that Japanese members are excited about the Hawaii meeting. To make it more possible for non-English speaking members to benefit from the Congress, Japanese/English translation will be offered for eleven workshops and key events. Michiko herself will help provide intrepretation for many of the events, as well as serving as a program presenter.

The ITAA Board of Trustees has stated that the general goal of Winter Congress is to provide an advanced educational opportunity for certified members. The Program Committee has invited a non-TA speaker, Ray Corsini, to give the keynote address and to lead an all-day seminar (see page 4 this issue and watch upcoming *Scripts* for more information on Corsini). In addition, a brief but intensive theme program is planned for Friday and Saturday.

At the same time, however, we will be promoting TA in Hawaii by way of a TA 101 Introductory Course offered by Bruce Loria and a three-day TA Intensive Program consisting of eleven half-day pre-Congress institutes led by some of the winners of the Eric Berne Memorial Scientific Award as well as by notable presenters representing virtually all schools of TA.

Special Insert on Hawaii Winter Congress — see page 3



Michiko Fukazawa, MSW

The Hawaii Congress will provide an opportunity to look ahead at new developments in theory, creative ideas in clinical work, and, at the same time, to look back to the roots of TA and to the state of the art of TA today. In short, we will both examine our roots and draw nourishment from non-TA sources in a continual process of growth of theory, of practice, and of the organization.□

EDITOR'S COLUMN



by William Krieger

The Loudest Response

I wonder if my record will go down in the annals of the ITAA. Perhaps it will be mentioned in all official TA 101 courses. It might be a wonderful question to ask at all exams. I can almost visualize attendees at TA conferences throughout the world making such comments as, "Did you hear how many he's done? It's amazing!"

Ah, what pride I feel. Certainly it will be recognized by all. Oh yes, for those of you who have not yet gotten the news, I have set a record. I've written more editorials in a TA publication than anyone else ever has.

For those of you who, upon reading this, believe the strain has demented me, caused a thought disorder and led me to grandiosity, you may be right!

I sit here in Albuquerque, New Mexico, USA, alone in my office and wonder if the words I write or the paper I edit has any impact. Certainly thousands of copies are delivered throughout the world nearly every month. While I recognize that there are many people who receive this publication for whom the English words are meaningless (a problem over which I grieve and have yet to find a solution), there are still thousands who do understand the words. Yet I have raised controversial issues, made pleas for letters, asked that you share, and all to little avail.

What does your silence mean? Is passivity epidemic in the ITAA? Are my writing, the issues, and my pleas of such negative impact that you use silence as a behavioral extinction technique?

Maybe I'll go buy myself a plaque. It will say, "You Spoke. All Heard. Those Who Really Heard Will Respond. Those Who Don't Respond Have Responded The Loudest."

* * * * *

Question for the Month: Has your response been the response you wanted to respond? □

PRESIDENT'S COLUMN



by Vince Gilpin

Waking to the Dawn

"Only that day dawns to which we are awake." Thoreau

What a challenge! I have slept through much of my life by not being fully aware. It is easy to go through life unaware. There are enough rules and shoulds and oughts to keep us mindless "good citizens" and totally out of touch with who we are and what we are about.

How sad to think that we may spend a lifetime locked into stereotyped scripty behaviors, deprived of the awareness of the dawn, never hearing the song of a bird or feeling the warmth of intimacy or the passion of an idea or a goal to be accomplished.

Perhaps we can extrapolate and suggest that things only matter if we are awake to them. I often think that some of our members are only partially awake to the issues central to the association and therefore miss the joy of fully belonging to and participating in the vibrant, promising, creative organization that is the ITAA.

At the same time I acknowledge that our members are supportive in various ways according to their various inclinations. Clearly, everyone cannot make the same type of contribution, and we need what each person offers. As Milton says, "They also serve who only stand and wait."

I believe that greater wakefulness would lead to more active participation, and I seek ways to stir the membership into greater wakefulness. Perhaps if each one stirred one other we would all soon be awake to the dawn of a new era in the ITAA which we would both create and enjoy.

"It takes so many thousand years to wake,
But will you wake for pity's sake?"
("A Sleep of Prisoners"
by Christopher Fry).

We are eager to hear from you through letters to the editor or to me personally about things in the organization that concern you. I am eager to see more members at conferences and a larger response to written communications and mailed ballots.

Are we really asleep, or are we busy elsewhere? □

ORGANIZATIONAL USES OF TA COLUMN



by Edie Bogusky-Beaujon and Jaap Beaujon

TA Expands to Fit the Needs of Industry

One interesting use of TA in meeting the needs of organizations and industry is Taibi Kahler's development of what he calls the Process Communication Model. Kahler, an ITAA Certified Clinical Teaching Member, is the President of Kahler Communications. After receiving the 1977 Eric Berne Memorial Scientific Award for his work on the miniscript, Kahler was asked to develop a more simplified version of the miniscript model, one that could be understood by non-clinicians. He was also asked by the chief psychiatrist of the USA National Aeronautics and Space Administration (NASA) to demonstrate how the miniscript might be used to assess astronauts for the space program.

Taibi Kahler began the search for an effective way of using the miniscript material in business and organizations. The miniscript became his "looking glass." On the one side was classical transactional analysis and on the other was Process Communication. Among those who influenced his thinking were David Shapiro, MD, and Paul Ware, MD. Ware's idea of clinical adaptations and his early feelings, thoughts, and behaviors system were particularly important to Kahler in his search.

Although early attempts to find correlations between and among drivers, script themes, games, rackets, and script injunctions were discouraging, in his 1970 study of almost 1,000 adults Kahler did discover the correlation between drivers and scripts. Script injunctions had previously been postulated as the cause for the formation of scripts. This research became the basis, not only for the process and context of scripts and the miniscript, but also twelve years later for the development of the Personality Pattern Inventory.

Because NASA needed an instrument that could do with hundreds of people at a time what Kahler was doing on a one-to-one basis, Kahler took a year off to develop and validate a paper and pencil inventory. The result was the Personality Pattern Inventory (PPI), which is still the only instrument used in the selection and placement of astronauts.

The PPI was designed to determine the individual's core personality type (one of six) and which of the other types the individual may be in at a given moment. It also predicted which personality type the individual would be moving into next. Kahler's premise is that we each have a core personality type which determines how we react under stress.

The Personality Pattern Inventory assesses character strength, management style, personality parts, and channels of communication. The Inventory is currently being validated for selection of employees.

Taibi Kahler's story is an excellent example of how classical TA can be expanded and modified to fit the needs of industry and organizations such as NASA. Please let us know how you use TA in organizations. Send brief articles to Edith Bogusky-Beaujon or Jaap Beaujon, Ierlandstraat #24, Aruba. □

The Script

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EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

New Challenges Ahead

I read somewhere that the famous opera star, Beverly Sills, wears a piece of jewelry with the initials "I.D.T.A." engraved on it. When a friend expressed concern that Beverly was going to stop singing to become Director of the New York City Opera in 1979, the world-renowned diva pointed to the initials, which stand for "I Did That Already."

Having sung for so long, she felt it was time to move on. She did not want to repeat, again and again, what she had mastered and experienced. She felt a new sense of purpose in moving on to unexplored terrain. Recently Ms. Sills announced her decision to resign from the NYC Opera directorship; once again, she is about to move on to new challenges.

ITAA is doing the same. You, the members, have made a statement about the future path of this organization through your response in the bylaws election. The important reorganization of our governance structure is now occurring, with the goal being more efficiency and keeping the organization viable in the years to come.

Doing something new means taking risks. More importantly, it is doing something significant, something which may bring more meaning to the life of our association.

I believe that the approval of the new purpose statement will fill the ITAA with a renewed sense of direction. Sometimes gently, sometimes dramatically, we can now go forward knowing that we are doing the right thing. Now the Association will have the freedom to tailor actions and words in accordance with the new sense of purpose and direction. How dull and uninspired our association would be if we did not continually change and grow.

We are celebrating the power and excitement of the new focus. There is risk involved. But there is also a refreshing challenge. We can all say, "I did that already, and now I'm moving on to new directions." □

Suggestions for Conference Speakers Wanted — Please contact the Program Committee, c/o ITAA office, with suggestions for possible future conference keynote speakers and institute leaders.

The International Transactional Analysis Association Presents the

1989 Winter Congress

Theme

Child-like questions are often simple and at the same time profound: Who am I? How did I get to be me? When I think about me, who's doing the thinking? How do I figure out what I want and/or need?

What factors affect the formation of the self? How do (I) and (others) change me? How do I maintain a sense of "I" over time as I become different? There are those who talk about a "real" self and a "false" self. There are those who say that some of what makes me "me" is the image or representation I have of "you."

There are many ways of thinking about these questions, and we will be exploring many of them during our Winter Congress in Hawaii. We will, in addition, be considering the impact of our beliefs about the self on how we work, teach, learn, and do therapy. And we will be considering whether what we actually do with people in our work or in our social relationships is an accurate reflection of what we think. How culturally determined are these concepts with which we live and work?

In Hawaii we will have an opportunity to explore this question along with all the others just mentioned as we join with friends and colleagues from around the world. In a very special way the cultures of the east and the west will have an opportunity to share and learn from each other. □



January 11-15, 1989
Hawaiian Regent Hotel
Honolulu, Hawaii

Program Committee Welcome

Welcome to the 1989 ITAA Winter Congress on Waikiki Beach in Hawaii! We are offering a wide variety of Pre-Congress Institutes that cover many of the traditional well-known schools and theoretical approaches within TA; we have asked these presenters to share their most recent theoretical and methodological developments with us.

The theme of our conference is "Concepts of Self: East and West." In his book *The Interpersonal World of the Infant*, Daniel Stern says: "The self and its boundary are at the heart of philosphical speculation on human nature, and the sense of self and its counterpart, the sense of other, are universal phenomena that profoundly influence all our social experiences." The Congress will provide us with an opportunity for a focused, in-depth exposure to the various theoretical approaches to the concepts of the self, their relationship to TA theory, and their implications for professionals in the field of education, organizational development, and mental health.

We will be looking particularly at pathologies of the self and the natural development of the self, with presentations from Japanese and American participants, and we will consider the implications of this exploration of the self for how we live, work, and love. We are most fortunate to have as our key-

- *continued on page 5*

Corsini Highlights Congress

In his Thursday evening keynote address, "Educating the Self," Raymond Corsini, PhD, will focus on the philosophy of education as it relates to various theories of the self.

Dr. Corsini is a clinical psychologist in private practice in Honolulu, Hawaii, and part of the Affiliate Graduate Faculty, University of Hawaii. He has authored and co-authored nine books, including *The Challenge of Adolescence* (Amberly, 1984) and *Individual Psychology: Theory and Practice* (Peacock, 1982). He has also edited and co-edited seventeen books in the fields of psychology and education, most recently *Concise Encyclopedia of Psychology* (John Wiley, 1987) and *Encyclopedia of Aging* (Springer, 1986). He is the former editior of the *Journal of Individual Psychology*, a member of the American Psychological Association, and a member of the North American Society of Adlerian Psychology.

Dr. Corsini has also developed the Corsini Four-R School System, and participants at the Winter Congress will have the opportunity to hear about this revolutionary advance in education in an informal Conversation Hour.

Harold Mosak, Director of the Alfred Adler Institute in Chicago, has described Dr. Corsini as possessing "one of the most creative, innovative minds I have encountered in the last four decades. He has developed novel methods in both diagnosis and treatment, and even the books he has edited — such as *Current Psychotherapies* — reflect this creativity."

Reflecting the theme of the Winter Congress — "Concepts of Self: East and West" — on Friday morning, January 13, Dr. Corsini will give a three-hour presentation in which he will discuss various theories of the self, including the concepts of Alfred Adler and Fritz Perls as compared with Eric Berne's theories. Dr. Corsini will include the theoretical perspectives of Heinz Kohut, Otto Kernberg, and Harry Stack Sullivan, as well as the ideas of representatives of two Japanese schools of thought. As an editor and writer of international reknown, Dr. Corsini is in a unique position to compare and contrast different theoretical perspectives.

On Friday afternoon, Dr. Corsini,



Raymond Corsini, Ph.D.

who is recently retired from 50 years of clinical practice which began when he was an intern at the Vocational Adjustment Bureau for Girls in 1937, has agreed to do a clinical demonstration. He will be presented with a person with a problem and will demonstrate how he would deal with such a situation in clinical practice.

We hope you will be able to join us in Hawaii to hear from Dr. Raymond Corsini at the 1989 Winter Congress. □

TA Intensives

Tuesday, January 10
Wednesday, January 11
Thursday, January 12

"REDECISION FAMILY THERAPY: INTEGRATING FAMILY DYNAMICS AND INDIVIDUAL PSYCHOTHERAPY"

Ruth McClendon, MSW

Redecision Family Therapy uses the natural environment of the family setting to establish the context for individual transformation. Interpersonal and intrapsychic change is established by altering the pattern of interactions in the current family context while at the same time helping individuals modify their internal belief systems and early decisions that have led to misperceptions and dysfunctional behaviors. Redecision Family Therapy combines into a three-stage model a systems orientation (Stage One) with redecision therapy techniques (Stage Two) and the principles of healthy systems (Stage Three). This workshop will focus on how psychotherapeutic change is effectively accomplished through this approach.

- *continued on page 6*

Hawaii Congress Tentative Schedule

PRE-CONGRESS EVENTS

Tuesday, January 10

8:30-11:30am **Trainers' Forum** — Gloria Wax, Facilitator
Institutes
Ruth McClendon, "Redecision Family Therapy: Integrating Family Dynamics and Individual Psychotherapy" (Interpreter: Nobu Kuniya)
Mary Goulding, "Workshop for Worriers" (Intrepreter: Michiko Fukazawa)

11:30-1:00 **Lunch break**

1:00-4:00pm **Institutes**
Bob Goulding (Interpreter: Michiko Fukazawa)
Abe Wagner "The Transactional Manager" (Interpreter: Yoshitaka Moronaga)

Wednesday, January 11

8-5pm **ITAA Committees**, T & C Council, Exam Meetings

8:30-11:30am **Institutes**
Muriel James, "Treatment of Ego State Boundary Problems and Restructuring the Parent Ego State" (Interpreter: Michiko Fukazawa)
Steve Karpman "How to Make Useful TA Theory" (Interpreter: Nobu Kuniya)

11:30-1:00 **Lunch Break**

1:00-4:00pm **Institutes**
Marilyn Zalcman, "Racket Analysis and the Racket System: Revisions and New Challenges" (Interpreter: Michiko Fukazawa)
Vann Joines, "Diagnosis and Treatment Planning Using a TA Framework" (Interpreter: Sachiko Shirai)

8:30-11:30am & 2:30-5:30pm **Intro to TA** (TA 101), Bruce Loria (in English)

Thursday, January 12

8:30-11:30am **Institutes**
Jack Dusay and Katherine Dusay, "Energy Theory in TA — Egogram Update" (Interpreter: Rishun Shinzato)

11:30-1:00 **Lunch Break**

1:00-4:00pm **1988 Berne Memorial Scientific Award Winner** (tentative) (Interpreter to be determined)

8:30-11:30am & 2:30-5:30pm **TA 101** (continued)

All Day **Board of Certification Exams**

ITAA WINTER CONGRESS EVENTS

6:30-8:30pm **Opening Event & Welcome**
Keynote Speech: Raymond Corsini, "Educating the Self" (Interpreter to be determined)

8:30-11:00pm **Reception and Dance**

Friday, January 13

8:30-11:30am **Raymond Corsini**, "Theories of Self Compared and Contrasted" (Interpreter to be determined)

11:30-1:30pm **Poolside Lunch** (extra charge)
Men's and Women's Caucuses

1:30-4:30pm **Clinical Track**: Demonstration by Raymond Corsini (In English Only)
Organizational Track: Lucy Freedman, Yoshitaka Moronaga, and Nick Nykodym, "The Concept of Self in Organizations: East and West" (Intrepreter/Co-Leader: Yoshitaka Moronaga)
Educational Track: Jean Illseley Clarke and Yuko Sakagami, "Educational Systems & Impact on Self" (Interpreter: Michiko Fukazawa)

4:30-6:00pm **TA (Support) Groups**

Saturday, January 14

8:30-11:30am **John O'Hearne (USA) and Yujiro Ikemi (Japan)** "Concepts of Self, East and West" (Interpreter: Mineyasu Sugita)

11:30-1:30pm **Poolside Lunch** (extra charge)

1:30-4:30pm **On Pathologies of Self**
John McNeel, "Treating Character Disorders (Interpreter to be determined)
Frances Bonds-White, "Schizoid Personalities" (Interpreter to be determined)
On Development of the Self
Michael Matze, "On the Evolving Senses of the Self: Implications of Infant Research for the Developmental Theory of TA" (Interpreter to be determined)
Ellyn Bader and Peter Pearson, "Development of the Self Through the Couples Relationship" (Interpreter to be determined)
Michiko Fukawaza and Muriel James, "The Development of the Self and Cultural Script" (Interpreter/Presenter: Michiko Fukazawa)

1:30-3pm Kozo Rokkaku (Title to be Announced)

3-4:30pm Nobu Kuniya "Cultural Patterns and Transactional Patterns — How to Facilitate Cross-Cultural Communications (Bi-Lingual Presentation)

3:00-7:00pm **Executive Committee Meeting**

4:30-6:00pm **TA (Support) Groups**

6:30-7:30pm **Conversation with Ray Corsini**: "The Corsini Four-R School System."

8-11pm **Cocktail Party/Dance**

Sunday, January 15

8:30-10:00am **Training Standards Committee Continuing Education Workshop.**

8:30-10:00am **Social Action Forum.** Facilitator: Valerie Batts (in English)

10:00-11:30am **Professional Exchange Groups**
Education — Carol Gesme
Clinical — to be announced
Organizational — to be announced

11:30-12:30 **Closing Brunch**
Closing Event

POST-CONGRESS EVENTS

1:00-5:00pm **Board of Trustees** (Session I)

1:00-5:00pm **Training Endorsement Workshop**

Monday, January 16

8:00-Noon **Board of Trustees** (Session II)

8:00-5:00pm **Training Endorsement Workshop**

Tuesday, January 17

8:00-5:00pm **Training Endorsement Workshop**

East Meets West with Ikemi and O'Hearne

John O'Hearne, MD, met Yujiro Ikemi, MD, at the International Conference of Psychosomatic Medicine in Mexico in the early 1970s. Dr. O'Hearne introduced Dr. Ikemi to TA theory, which the latter then took back to Japan.

Dr. Ikemi is founder and President of the Japan TA Association (JTAA). He has added his own ideas and those of the Orient to TA. For example, on top of the standard three-circle TA logo, Dr. Ikemi adds another circle containing an "S" to symbolize the Self, which regulates and controls the flow of psychic energy. Dr. Ikemi's specialties are psychosomatic medicine and Eastern philosophy. He has written numerous books and articles on TA.



Yujiro Ikemi, M.D.



John O'Hearne, M.D.

Dr. O'Hearne is a Fellow of the American Group Psychotherapy Association and is internationally known in the field of psychosomatic medicine. □

TA (Support) Groups

At this year's Winter Congress we continue the extremely popular TA (Support) Groups, which will meet on Friday and Saturday from 4:30-6pm. The groups offer participants a chance to sample a variety of leadership styles. The content of each group session is up to the leader. Groups will consist of from 10 to 15 people, who will remain in that group for both days. Group leaders will change each day to give the group a different experience, but group leaders are encouraged to remain as part of the group on the day they are not the designated leader. We believe these groups are a great experience and have found that they bring a special cohesiveness and a personally rewarding dimension to the Congress program. Please plan to join us for TA (support) Groups. □

Broad-based Scientific Program Planned for Hawaii

Our fascinating and thought-provoking scientific program for the Hawaii Winter Congress includes exciting new theoretical presentations for our advanced members as well as updated basic TA theory for newcomers and experienced TA people alike.

On Tuesday, January 10, Wednesday, January 11, and Thursday, January 12, we will present a very special series of half-day Pre-Congress Institutes called "TA Intensives." These Institutes will be presented in English with Japanese translation and will reflect both basic TA theory and the most recent developments in the work of some of the TA experts who were among the original founders of TA theory and practice.

On Tuesday, January 10, Gloria Wax will facilitate a one-day Trainers' Forum. Exam preparation meetings will be held on Wednesday, January 11 and examinations on Thursday, January 12.

On Wednesday and Thursday, an Introduction to Transactional Analysis (TA 101) will be presented by Bruce Loria, EdD. Loria, a Certified Clinical Teaching Member of ITAA and author of the *TA Learning Objectives Manuals*, Volumes I and II, is Director of the Burlington Center for Human Growth in southern New Jersey and past Treasurer of the ITAA. The TA 101 provides the basic grounding in transactional analysis theory from which all refinements and "schools" of TA grow. The TA 101 gives a conceptual framework for clarifying interpersonal communications, personality, business transactions, and educational theories.

The Congress opens on Thursday evening with a keynote address by Dr. Ray Corsini entitled, "Educating the Self." On Friday, January 13, Dr. Corsini will present the morning program on "Theories of the Self Compared and Contrasted." In the afternoon, a three-track program will be offered: Dr. Corsini will present a clinical demonstration; there will be an Organizational Development track with Lucy Freedman, Nick Nykodym, and Yoshitaka Moronaga (Mr. Moronaga will also provide interpretation); and there will be an Educational track with Jean Illseley Clarke of the USA and Yuko Sakagami of Japan (with Mickiko Fukazawa interpreting). TA (Support) Groups will end the day.

On Saturday morning, January 14, John O'Hearne, MD, of the USA and Yujiro Ikemi, MD, of Japan will present "Concepts of Self, East and West" interpreted by Mineyasu Sugita. Finally, on Saturday afternoon, there will be two theme tracks (please see details on tentative Winter Congress Schedule, page 4). All presentations will be translated or will be bi-lingual. TA (Support) Groups will once again end the day.

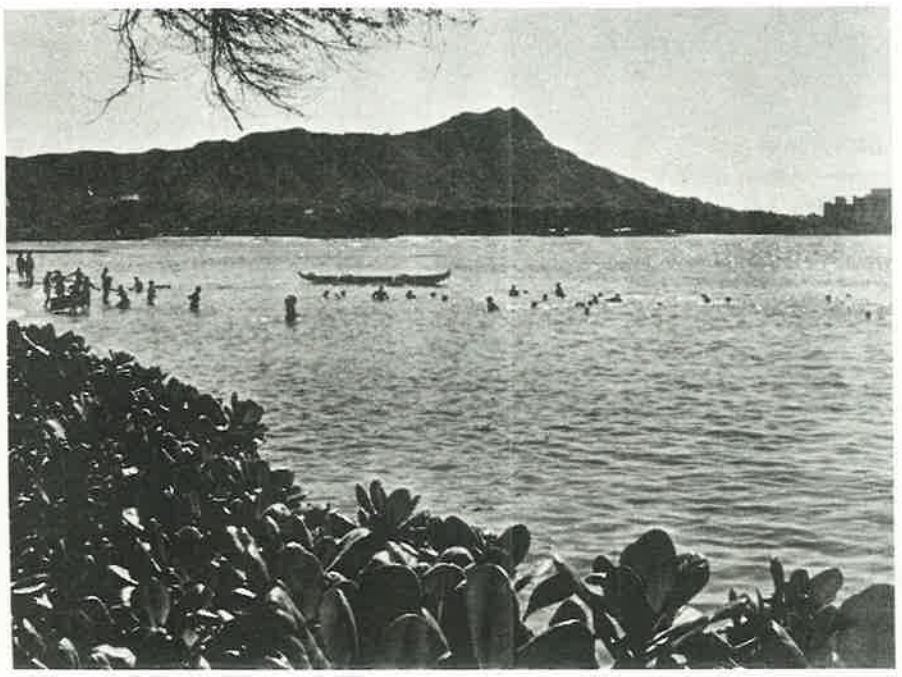
On Sunday, January 15, the Congress scientific program will end with the Training Standards Workshop, a Social Action Forum, and Professional Exchange Groups. Please plan to join us in Hawaii for this wonderful 1989 Winter Congress. □

Program Committee Welcome
(continued from page 3)

note speaker Raymond Corsini, PhD, author and editor of many books and articles. He is widely known and respected for his brilliance and creativity, and he is especially suited to the task we wish to accomplish.

All this will be happening in an environment that will bring people of the East and West together to share culture, ideas, and experiences. Dr. John O'Hearne and Dr. Yujiro Ikemi will give formal expression to this aspect of our program in their dialogue on Saturday morning. We anticipate this kind of sharing will be happening informally throughout our time together in Hawaii, and we will have ample time to be together in TA Groups and at dances and other social functions. Plan now to be in Hawaii with us. See you there!

Ed Perkinson, Program Committee Chair



Panoramic View of Diamond Head (Photo courtesy of Hawaii Visitors Bureau)



Hawaiian Regent Hotel on Waikiki beachfront. (Photo courtesy of Hawaii Visitors Bureau)

Winter Congress Travel

Through S.I. Hawaii Planners, the official travel company for the 1989 Winter Congress, you can make complete and convenient travel plans — hotel arrangements, flight reservations, car rentals, and excursions — with a single phone call, and at a considerable savings.

Hotel Accommodations: The Congress will be held at the beautiful Hawaiian Regent Hotel at the quiet end of Waikiki Beach. Located right on the beach, the hotel is just one block from Kapiolani Park and the Honolulu Zoo, under the shadow of dramatic Diamond Head. All hotel reservations must be made through S.I. Hawaii Planners. Room rates per day for the Hawaiian Regent Hotel (single or double) are:

Partial Ocean View	$110
Ocean View	$120
Ocean Front	$135

Alternate Accommodations: Alternate accommodations are available in two nearby hotels on a first-come, first-served, space-available basis.

Pacific Beach Hotel single or double:

Partial Ocean View	$83

Kaimana Villa (off the beach, one or two bedroom kitchen units):

One bedroom (1-2 people)	$80
Two bedroom (1-4 people)	$120

Please Note: All hotel rooms are subject to local and state taxes totaling 9.43%.

To Make a Reservation: Call toll-free from Canada and the USA 1-800-367-8047, ext. 163. Outside of Canada and the USA call (808) 732-6622 or write to:

S.I. Hawaii Planners
3615 Harding Avenue #204
Honolulu, Hawaii 96816.

Flights: S.I. Hawaii Planners will also book flights for Congress participants. Each flight booked through this service will be discounted 8% off the lowest published base airfare. Call or write to S.I. Hawaii Planners for more information.

Pre- and Post-Congress Tours and Excursions: S.I. Hawaii Planners is also available for consultation on trips to the outer islands; excursions to places of interest in Waikiki (Polynesian Cultural Center, Pearl Harbor, the Bishop Museum); special arrangements for such adventures as snorkling or attending a genuine luau; and to arrange car rentals.

PLEASE NOTE: January is high season in Hawaii, and reservations must be made AT LEAST 45 DAYS IN ADVANCE. Room availability cannot be guaranteed after the 45-day cutoff. □

CONTACT ADDRESS FOR JAPAN

If you live in Japan you may contact Dr. Kozo Rokkaku for further information about the 1989 Winter Congress. Dr. Rokkaku can be reached at The Institute for Human Development, Room 415-416. Noa Dohgenzaka, 2-15-1, Dohgenzaka, Shibuya-ku, Tokyo, Japan, 150. His telephone number is (03) 463-5834. □

TA Intensives
(continued from page 3)

"WORKSHOP FOR WORRIERS"

Mary Goulding, MSW

Worriers are basically nice people who are bright, creative, and self-torturing. In this workshop, participants will learn how to use their worries for fun and profit and then stop worrying. This workshop will be based on Bob and Mary's book on worrying, to be published in 1989.

TITLE TO BE ANNOUNCED

Bob Goulding, MD

"TRANSACTIONAL MANAGER"

Abe Wagner

This workshop will focus on the creative use of ego states, transactions, and strokes in an organizational setting. The workshop will include a blend of TA and Neurolinguistic Programming.

"TREATMENT OF EGO STATE BOUNDARY PROBLEMS AND RESTRUCTURING THE PARENT EGO STATE"

Muriel James, Ed.D.

There are multiple causes for ego state boundary problems and various treatments to correct such problems. Restructuring the Parent Ego State with Self-Reparenting is one. Self-Reparenting has been rigorously tested with standardized scientific tests and proven effective. This workshop will combine the two theories and techniques as developed by Muriel James.

"HOW TO MAKE USEFUL TA THEORY"

Stephen Karpman, MD

Dr. Karpman will present 25 new constructs from his work on Intimacy Analysis to illustrate Berne's principles of theorymaking in transactional analysis: 1)new clinical observations are 2) expanded and elaborated and then 3)reworked (using Occam's Razor, kid hooks, and a "handle") into useful and scientifically complete lists, diagrams, formulas, and charts, then 4) applied and tested clinically to "cure patients faster" then 5) published, with a theory discussion.

"RACKET ANALYSIS AND THE RACKET SYSTEM: REVISIONS AND NEW CHALLENGES"

Marilyn J. Zalcman, MSW

Racket analysis, proposed as the fifth major area of TA theroy, includes the theoretical concepts and change methods related to intrapsychic processes in human behavior and relationships. The racket system was originally proposed as a model for interrelating the diverse clinical phenomena described as psychological rackets in TA theory; for designing change interventions in the area of racket analysis; and for connecting other areas of TA with racket analysis.

After presenting an overview of the original theory developed with Richard Erskine, Marilyn will discuss the revisions and modifications that have been made in this theory since its introduction, her current view of racket analysis and the racket system, and the new challenges and future developments she sees for the theory and its applications.

"DIAGNOSIS AND TREATMENT PLANNING USING A TA FRAMEWORK"

Vann Joines, M.Div.

This workshop will teach participants how to conduct an initial interview in order to gain diagnostic information, begin contracting, and develop a treatment plan using a TA framework. A model will be taught for assessing personality adaptations, existential positions (along with rackets, games, and script patterns that support them), and levels of functioning of individual clients. Using this information, clinicians can identify the major issues that will need to be dealt with in therapy and the best approach to working most effectively with the client. Problem areas where the therapist and client are most likely to get stuck and how to prevent this will also be covered.

"ENERGY THEORY IN TRANSACTIONAL ANALYSIS — EGOGRAM UPDATE"

John M. Dusay, MD, and
Katherine M. Dusay, PhD

Over the last decade, the Dusays' treatment process has evolved from the basic transactional analysis they learned from Eric Berne into a more emotive process utilizing the Gouldings' redecision model, Perls's Gestalt techniques, Moreno's psychodrama, and hypnosis.

The egogram, devised in 1972, is useful for understanding many facets of seemingly diverse procedures. The focus is on the functions of ego states rather than on the structure of ego states. While the three circles symbolize structure, the anatomy of the personality with attention to the content, and the direction from which the transactions emanate, the egogram is concerned with function, physiology, and how much energy is invested.

The Dusays will present information on treatment of individuals and couples. Recent research findings and egogram updates will also be presented. □



Hawaiian woman performs traditional hula
(Photo courtesy of Hawaii Visitors Bureau)

REGISTRATION FORM

1989 Winter Congress — Honolulu, Hawaii
January 11-15, 1989 — Hawaiian Regent Hotel

PLEASE PRINT

Name _____ ITAA Membership Category _____

Street Address _____

City _____ State _____ Zip or Postal Code _____

Daytime Phone Number (____) _____ Country (if other than U.S.) _____

	Member	Non-Member
Early Congress Registration (postmarked by November 30, 1988. Includes all main Congress events, parties, and closing brunch)	$140	$160
On-Site Registration (postmarked after November 30, 1988 or paid on-site)	$155	$175
Trainers' Forum - January 10 (TMs and PTMs only)	$25	
Introduction to Transactional Analysis (TA 101) January 11-12	$ 75	$ 75
Pre-Congress TA Intensives:		
____ Half Day (Single Workship)	$ 40	$ 40
____ Full Day (Two Workshops)	$ 75	$ 75
____ Three Day Package (6 Workshops)	$200	$200

Please indicate which intensives you would like to attend:

Tuesday, January 10
____ McClendon (am)
____ M. Goulding (am)
____ B. Goulding (pm)
____ Wagner (pm)

Wednesday, January 11
____ James (am)
____ Karpman (am)
____ Zalcman (pm)
____ Joines (pm)

Thursday, January 12
____ Dusay (am)
____ EBMSA Winner (pm)

Total $ _____ $ _____

Payment must be in U.S. funds drawn on a U.S. bank. Please make checks payable to ITAA. If you prefer to use VISA or MasterCharge, fill out the form below.

_____ VISA or _____ MasterCharge # _____-_____-_____-_____

Expiration Date _____ Signature _____

Send registration form and payment to: Hawaii Congress, c/o ITAA, 1772 Vallejo Street, San Francisco, CA 94123.

____ I am an ITAA advanced member, and I am interested in facilitating a TA (Support) Group in Hawaii. Tell me more.

____ This will be my first ITAA Conference.

EXPERIENCING ENOUGH



An intensive five day training designed for people who want to learn how to claim the base of abundance which is their birthright.

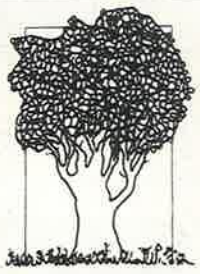
Elaine Childs-Gowell • Pamela Levin
Gail Nordeman • Harold Nordeman
Carol Poole

INTENT: To resolve personal limitations which lead to scarcity by confronting and resolving issues from the first stages of life – conception through age two.

#13 Location: Seattle, Washington
August 31 – September 4, 1988
Workshop Fee: $645
Room & Board: $180
Contact: Carol Poole
3212 25th Ave S
Seattle, WA 98144
206-725-7573

#14 Location: Belgium
November 2-6, 1988
Contact: Erica Seynaeve
Phone: (32/16) 233722
Antoinette De Mol
Phone: (32/2) 654.18.00

Sandra G. Landsman, PhD, CTM
P.O. Box 7134
Jupiter, FL
33468-7134
Phone (407)
575-0547



AQUAGENESIS WORKSHOP

Intensive Prenatal Regressive Workshops With The Focus On:

- **Theoretical Basis for Regressive Therapy**
- **Preparation For Regressive Work**
- **Metaphors That Indicate the Need for Aquagenesis**
- **Prenatal and Peri-Natal Psychological Issues**
- **Transpersonal And Preconception Issues**

To register or for further information on the following 1988 Aquagenesis Workshops with Sandra G. Landsman, PhD, CTM contact:

- Sept. 23-25 in Seattle, WA; Saralee McGoran (206) 467-4220 or Georgia Button (206) 451-9284
- Oct. 3-7 in Jupiter, FL; Sandra G. Landsman (407) 575-0547
- Oct. 17-19 in Salzburg, Austria; Uschi Ramsauer 43/662/8418204
- Nov. 4-6 in Geneva, Switzerland; Hanna Hyams 41/22/484646

Western Institute for Group and Family Therapy

262 Gaffey Rd., Mt. Madonna
Watsonville, CA 95076
(408) 722-6948

DIRECTORS:

ROBERT L. GOULDING, M.D.
MARY McCLURE GOULDING, M.S.W.

WORKSHOPS AT THE WESTERN INSTITUTE 1988

HOME	AWAY
July 10-15 WIGFT - Advanced with Bob, McNeel, Sharon Roper on Child Therapy, Reese Price on Multiples, Michael Conant on Bioenergetics/TA/Gestalt	
July 18-22 WIGFT - Bob and Ruth McClendon	
	Aug 1-5 Cape Cod Institute Write Dr. Gilbert Levin Albert Einsten C of Med. Department of Psychiatry 1303 Belfer, Bronx NY 10461

Fall - On Going weekends of Oct 8, Nov. 19, Dec 10, Jan 21, Feb 11, March 11.
Workshop at Emory University, Atlanta GA. November 6-9.
Other workshops to be scheduled in the fall. Please write for details.

Workshops with me include therapy with me, my video supervision of your work with each other, and some didactic work and evening films relating to therapy.

Robert L. Goulding, M.D.

The International Transactional Analysis Association

27th Annual Summer Conference

CALL FOR PROPOSALS

August 2-6, 1989
Hyatt Hotel, Oakland, California
Theme: "The Experience of Survival and Healing"

You are cordially invited to submit program ideas for consideration. Submission of your proposal should include: 1) information cover sheet (below), 2) an abstract of no more than 50 words, 3) a short biographical sketch, and 4) an outline of your presentation

Deadline: December 1, 1988

I: **INFORMATION COVER SHEET**

Title of Presentation

Name (include academic credentials and ITAA certification. Note: If you are not a certified Transactional Analyst, please include a signed note from a certified member indicating endorsement of your presentation.)

Street Address City State/Zip

Country Telephone-Home Telephone-Business

Format (lecture, discussion, panel, paper, experiential, etc.)

Duration: ___2 hours ___3 hours (Note: All papers are 50 minutes long.)

Area: ___Clinical ___Organizational ___Educational ___Other: _____

Track: ___Theory ___Treatment ___ Social Issues ___ Comparative Modalities

___ Marriage & Family ___ Special Applications. Other: _____

Level: ___ Beginner ___ Intermediate ___ Advanced ___ Practicing Psychotherapists

Co-Presenter(s) Name & Highest Academic Degree (Note: you are responsible for contacting co-presenters, and for ensuring their attendance or replacement): _____

Size Limit of Group: ___ (10-100)

Language of the presentation: ___ English. Other: _____

Equipment (chalk board, flip chart, moveable chairs, etc. Note: ITAA is unable to supply audiovisual equipment. If required, describe how you will supply it):

Safety – Please describe any aspect of your presentation which could be a potential safety risk (e.g., intense physical or emotional experiences) and what protection you will provide:

Is this a new presentation? ___ Yes. If not, where/when has it been presented before?

Goals and objectives: What are the goals and objectives of your workshop? _____

Groups: Whether or not you are selected to present this workshop, are you willing to facilitate a TA Group? (Certified Transactional Analysts only please) ___

Audiotaping: Some presentations may be audiotaped. Please indicate by your initials your permission for the ITAA to audiotape and offer the tape for sale: _____

II. **ABSTRACT**. Please attach a typed abstract of not more than 50 words.

III. **BIOGRAPHICAL SKETCH**. Please include a typed, 20-word biographical sketch.

IV. **OUTLINE OF PRESENTATION**. Please outline what will happen, how you will use your time, and what aids you will use to enhance learning (maximum 2 typed pages; see sample below).

Time	Activity	Aids
5 minutes	Introduction	Distribute Handouts
10-15 minutes	Group Contracting	
30 minutes	Teaching theory of script as introjection	3 diagrams (flip chart)
10 minutes	Group exercise: family dinner scene	
10 minutes	Discussion of exercise	Moveable chairs
20 minutes	Teaching theory of script as transference script as transference	2 diagrams (flip chart)
10 minutes	Form group of 3 people for exercise	
10 minutes	Discussion, Concluding remarks	

Fees: Presenters attending the full conference are asked to pay the conference registration fee. Presenters attending only to present are asked to pay the one-day registration fee.

RETURN YOUR PROPOSAL BY DECEMBER 1, 1988, TO: ITAA SUMMER CONFERENCE, 1772 VALLEJO STREET, SAN FRANCISCO, CA 94123 USA.

Keeping In Touch

REGION I — PACIFIC

Maggie White of Australia writes, "Our baby grandson, Joshua, son of Tony and Gail White, was born in December 1987. He died peacefully in April after four months of struggling courageously and successfully to live, and his funeral was held on a misty autumn afternoon." Our love and support go to all the White family.

REGION III — EUROPE

Pierre De Jonghe of Genval, Belgium, writes on behalf of an eighteen-year-old Belgian girl who wants to spend some time in the USA. Her name is Sylviane Berger; she is a student of classics, Latin, and mathematics; and her hobbies are tennis and horseback riding. She is looking for a job such as babysitting. If you can help, please write her at Avenue Vanderndriessche 20, 1150 Brussels, Belgium, or phone 02-771-35-63.

REGION V — USA

The Second Eastern Regional TA Association Conference was held April 6–9, 1988, at the Hershey Pocono Resort in the Pocono Mountains of Pennsylvania. Pre-conference BOC oral and written exams were held, and all candidates passed. The TA 101 course was well-attended, and the scientific program attracted over 200 participants. Joel Bergman, PhD, the brief family therapist, presented an all-day invitational institute entitled, "Rituals, Prescriptions, and Metaphors in Brief and Systemic Therapy," which was provocative and enlightening. All presenters were invited to write up their presentations which were then published as a Compendium of Proceedings and given to conference registrants. Some participants purchased additional copies for future use in training programs.

The conference social program was full, fun, and brought everyone together for a variety of activities. Because everyone was on the hotel American plan, meals were eaten together with a choice of two restaurants for dinner. In addition to an abundance of fine food, registrants and their families enjoyed two pools, a sauna and jacuzzi, tennis courts, golfing, hiking, and basketball courts. The hotel presented guests with a Hershey chocolate bar when they registered, and good night chocolate "kisses" were left on the turned-down beds at night — how sweet it was!

The conference concluded with an awards ceremony during which Richard G. Abell, MD, PhD, and Mary Boulton, PhD, were presented with plaques designating each of them lifetime "Distinguished Member Emeritus" of the Eastern Regional TA Association and honoring them for lifetime contributions to transactional analysis and their colleagues.

Muriel James writes, "Some members may have been given the wrong impression by the recent *Script* announcement that I resigned from the Board of Trustees because of health reasons. Actually, I resigned because of a broken leg which resulted when someone ran into me with a sharp-edged steel suitcase. It was a bad break, and I had to cancel some activities because I was limited to a wheelchair for a while. I am now fine and back to a busy schedule. Not dancing yet, but I expect to soon! My health is great, my energy is high, and I thank those of you who phoned and wrote expressing your concern."



Mary Boulton (left) and Richard Abell (right) are honored as "Distinguished Member Emeritus" with plaques presented by Gloria Wax and George Imperato on behalf of ERTAC (photo: Alice Stollman).

Keep Us Up To Date - Please put us on your mailing list for newsletters, flyers, brochures, and announcements — we'd like to know what's happening in your part of the TA world. And, if you send us your newsletter, please let us know if we have your permission to reprint items from it in *The Script*. Send to Publications Manager, c/o ITAA office.

TA 101 CALENDAR

August 6, 1988 — Buenos Aires, Argentina. Cost: $20 US dollars. Leader: Roberto Kertesz, CTM. Contact: Roberto Kertesz, ANTAL, San Jose de Calasanz 431, (1424) Buenos Aires, Argentina; phone 90-8898 or 99-6176.

September 9–10, 1988 — Atlanta, Georgia, USA. Cost: $100 ($50 deposit). Leader: Dr. Jo Bowens Lewis, CPTM. Contact: Center for Cooperative Change, 4277-K Memorial Dr., Decatur, GA 30032, USA. Phone: 404-296-7313.

September 10–11, 1988 — London, England. Cost: L55. Leader: Accredited TA trainer from "metanoia." Contact: Dr. Petruska Clarkson, 13 North Common Road, London W5 2QB, England.

COMMITTEE COLUMN



by Carol Morris

New Column Highlights Committee Activities

This month three committees contribute to our new column: education, social action, and program.

Education Committee: There are renewed requests for information on colleges and universities where TA is taught. If you are teaching such courses yourself, or know of any others, please notify Jean Clarke, 16535-9th Ave., No. Plymouth, MN 55447, USA.

Social Action Committee: The new chairperson, Flo Olivier, reports that the Social Action Committee focuses on learning what the social action concerns of individual members are and what role they want the ITAA to play in relation to such concerns. Conferences are the primary place where this dialogue takes place, and the Committee envisions small conference process groups within which people can explore their thoughts and feelings on social issues and social action. Jo Lewis (Chapel Hill, North Carolina, USA), Monica Levi (Sao Paulo, Brazil), and Flo (Vancouver, Canada) will begin this process with the Social Action Forum in Rio de Janeiro during this Summer's Conference.

At the USATAA Summer Conference this month Valerie Batts is presenting an institute on intra- and interdynamics that facilitate or restrict our awareness on social issues. Valerie will also invite participants to become small group leaders at the Hawaii and San Francisco conferences in 1989.

The Script and the *TAJ* are also ideal places in which to continue the dialogue on social issues. The work of the Social Action Committee will complement and enhance the Global Action Project, President Vince Gilpin's vision for a more enlightened world.

Flo says, "This Committee is a celebration of the power of the human spirit as it works in the world. Come join us!"

Program Committee — Chairperson Joan Lourie describes how the work of the Committee never ends: When one conference concludes, the next is all but planned, and the following three are well into the drafting stage. For example, future sites are selected five years in advance.

Apart from presenting motions to the Board, the Program Committee works autonomously. This is crucial because its task is to listen, balance, and deal with the multitude of requests that come from various sectors of the membership. For example, choosing presenters is a major job of this Committee. Presenting at the Summer Conference is open to the general membership; presenting at the Winter Congress is open to advanced members by invitation only because the focus is on continuing education for advanced members.

The Program Committee has several subchairs who are responsible for various aspects of conferences, including planning the scientific program; selecting keynote speakers, pre- and post-conference institute leaders, and workshop leaders; connector activities such as the newcomers' breakfast, caucuses, joke night, the photo album, parties, and the stroke room; site selection; honors and recognition; publicity; TA (Support) Groups; and awarding conference scholarships and the Hedges Capers Humanitarian Award.

Joan says there is lots of excitement and stimulation on the Program Committee and encourages members who are interested to join.

We look forward to hearing from other committee chairpersons about new, interesting, and topical activities going on at the committee level in the ITAA. We also want to hear from members who have questions regarding the work of committees. Send your feedback/comments/questions to Carol Morris, 1395 Bayview Ave., Toronto, Ontario, Canada M4G 3A6. □