INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XVIII, NUMBER 1 JANUARY-FEBRUARY 1988

The Script

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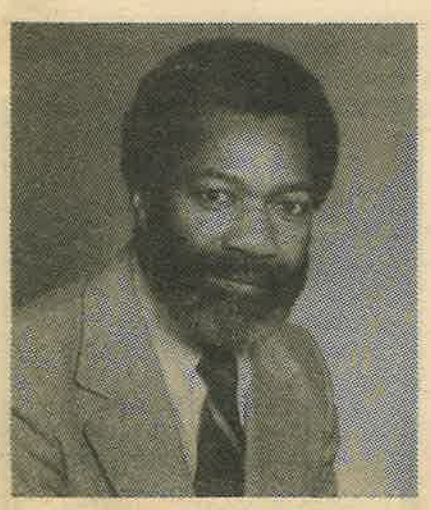
New President Proposes Demonstration of ITAA Commitment to Planetary Awareness



by Vince Gilpin

As I take office as President of the ITAA I wish to address TA people worldwide about an issue dear to me and crucial to the spirit of TA and the continued use of TA for humanistic interventions.

Do you love the Earth? Do you love creation? Do you care about your brothers and sisters on other parts of the globe? Could we all, in one concentrated effort, in every place where we practice TA, use transactional analysis to impact and promote a deeper planetary awareness?

The ITAA has been in existence since October 20, 1964, and before that there were the San Francisco Social Psychiatry Seminars. It was Berne's dream that TA as a theory would not only have cross cultural applications, but would also be relevant to planetary concerns and humanitarian interests. When the ITAA was conceived, the word "international" was included in the name in order to honor non-USA participants and to emphasize the international quality of the theory, the essence of which is the affirmation of the value of the individual - "I'm OK, You're OK." Berne believed that this and other basic principles of TA applied to all people. In the January 1965 *Transactional Analysis Bulletin* (*TAB*) he wrote that the international aspect "would become more significant in the future." That future is now.

I invite TA people in every part of the world to demonstrate their philosophical solidarity by conducting a public event, in a year from now, based on the applications of TA to planetary consciousness.

In recent years there has been a strong move to *internationalize* the ITAA. I have contributed some to that movement and have made it one of the primary tasks of my presidency. I am aware that some TA people around the world may not want formal organizational links with the ITAA for their own valid reasons. I wish to honor those people — along with others who do choose formal affiliation — as fellow proponents and admirers of transactional analysis as a body of knowledge that promotes social consciousness and planetary health and well-being.

It seems to me that the fullest expression of the richness of TA could best be seen in an international demonstration of global awareness and caring by all TA people in a spirit of togetherness, cooperation, and unity of purpose.

Therefore, *I invite TA people in every part of the world to demonstrate their philosophical solidarity by conducting a public event, in a year from now, based on the applications of transactional analysis to*

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Maintaining an Independent Private Practice

by William Cornell

We are pleased to present the following article for two reasons. First, it was written in response to an article previously published in The Script *and thus represents the kind of dialogue we want to encourage in this newsletter. Second, it inaugurates our new Clinical Column and introduces our new clinical columnist, Bill Cornell. Bill has been active in the ITAA in many capacities over the last fifteen years, including as Co-Chair of the Long Range Planning Task Force; he is currently ITAA Vice-President. He has a broad clinical background and is a frequent contributor to the* Transactional Analysis Journal. *We are delighted that he has found time in his busy schedule to take on authorship of this column and urge readers to write to him with thoughts about clinical applications of TA.*

Although significant changes in the delivery of health care and mental health services are indeed occurring in the United States, I personally do not find a "wolf at my door" as described by Ron Ohlson in his article on the changing health care marketplace (November 1986 *Script*). I thought it might be useful, therefore, to share the approach I use in structuring my independent private practice and to suggest some alternatives for working outside the third-party payment system.

Having previously served as director of a community mental health program, I have been in full-time private practice for thirteen years now. Seventy-five to eighty percent of my income is from my individual and group clinical practice, with the remainder coming from training and supervisory activities. On average I see 35 to 40 clients a week, with little variation in this number over the years. I practice as an unlicensed therapist, presenting myself as a Certified Transactional Analyst.

When I began my practice, I consciously decided neither to seek licensure as a psychologist nor to accept third-party payments. I did this out of a combination of personal values and long-standing rebelliousness, e.g., I object to using medical insurance for what

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IMPORTANT CORRECTION

New Governance Structure Affects 1988 Election

At its January 1988 meeting in San Diego, the ITAA Board of Trustees approved the new governance structure for the organization as designed by the Long Range Planning Transition Team. If this move is approved by the membership in a special by-laws election to be held this spring, one of the results will be a change in the ITAA Board composition from 24 trustees to six trustees, plus officers and appointees from the Affiliate Council. This reduction will occur over the next three years, beginning in 1988 with the election of two trustees, one from the USA and one from Europe.

The Nominating Committee is now accepting nominations for these two trustee positions, plus the position of President-Elect. Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. Please use the form provided here, and send nominations to Jonathan Weiss, Nominating Committee Chair, c/o the ITAA office, **by March 1, 1988.**

1988 Election Nominees

Name of Nominee _____

Position Nominated For _____

Signature of Nominee _____

Person Making Nomination (plus address/phone) _____

Person Seconding Nomination _____

Date _____

EDITOR'S COLUMN



by William Krieger

Avoiding Viscid Leadership

Many years ago I sat on the board of a community fund raising organization. An "expert" from the national coordinating body talked to us about how to increase our goal by reaching the "high givers." When he was through speaking I said we needed to put more energy into attracting the one dollar to five dollar gift. I received a look of disdain from the speaker as he quickly changed the focus by taking a question from another board member.

I hadn't thought about that in years until a recent phone conversation with one of our *Script* columnists. We talked about the San Diego Congress; she said she would be there and we set up a meeting time. In the course of the conversation she made a statement that made bells ring, my spine tingle, and I recalled the feeling I had many years ago. It was a simple statement: "You know, Bill, it's expensive to go to all these conferences, and unless conference going is a way of life, people can't afford to go to all of them." Bingo!

I never had a chance to explain my statement to that community board. I felt that in the long run increased fund raising would be a by-product of an increased sense of involvement by the members of that particular community. I also felt that involvement was as important as total dollars raised if the group was to survive as a community. It couldn't and wouldn't survive if leadership was a by-product of high income and significant giving.

I believe the ITAA is not a professional group — it is an interest group to which professionals belong. It is a community of people interested in TA. In an open group, which Berne defined as one in which membership and withdrawal are available to almost anyone at any time; the only way to avoid decay is to maintain the interest and commitment of the members. Berne also talked about viscid leadership, which is responsible only to a special class of priviledged people. Many community groups, especially those with a fund raising orientation, operate from a viscid frame of reference. They believe that those who give more should have a bigger say about where the money goes. It is an "animal farm" mentality of saying everyone is equal, but some are more equal.

* * * * *

Question for the Month: How do we in the ITAA avoid viscid leadership when everyone can't afford active involvement? □

Get Your ITAA Publications Fast - to be on the air mail list, send the cost of postage (*Script* - $3.50 USA, $10 all others; *TAJ* - $15 all) with your current mailing address to the ITAA office.

NEW PRESIDENT PROPOSES
(continued from page 1)

planetary consciousness. This event would coincide with the 25th year since the word "international" was included in the title of the Association, and it would be held during the same time everywhere (day or week).

Such events must not result in financial profit for any individual, but could be used to raise funds for causes or charities that promote planetary awareness. Events may be organized around any aspect of social awareness, from world peace and human rights, to ecology, to saving the rain forests or feeding victims of famine and other forms of natural and social disaster. The event must be an application of the principles of transactional analysis to the planetary mallady being addressed, and it must recognize that TA people all over the world are doing a similar thing at the same time.

There is significant precedent for such social action in the history and activities of this organization. In the early days of the San Francisco Social Psychiatry Seminars when more money had been collected than was required for refreshments, the members' first act of social awareness was to adopt George, a little boy in Crete (see the *TAB*, September-December 1962 editorial by Eric Berne). This was an expression of global awareness and genuine concern for international unity. They displayed the germ of an attitude that was to characterize the essence of transactional analysis in the future.

Adopting George was only the first step in the larger global awareness that is our heritage. In the 1969 *TAB* Berne wrote eloquently about infant mortality and "the Four Horsemen: War, Pestilence, Famine, and Death, which no matter how much they may enoble the characters of those who survive them, are nevertheless bad because they increase the infant mortality rate."

The words "social psychiatry" in the name of the early seminars reflected this social awareness. The evolution of the Social Action Committee as one of the oldest and most active committees in the Association reflects the same spirit. In addition, whole issues of the TA *Journal* (January 1975 and January 1976) have been dedicated to social action issues.

Many transactional analysts have also demonstrated a genuine interest in and dedication to global issues. In 1978 Fanita English donated to Amnesty International half of the money she received with the Eric Berne Memorial Scientific Award. In his Eric Berne Memorial Scientific Award acceptance speech (January 1983 *TAJ*), Richard Erskine referred to nuclear war as "The Ultimate Psychological Concern" and appealed to TA people to join in "a common goal for the future: the elimination of all nuclear weapons and a commitment to peaceful conflict resolutions, not just for ourselves, but for all life — the life of our children, grandchildren, and their grandchildren." In his book, *Able and Equal*, Denton Roberts offers a method for Peace Making that goes beyond arms reduction and addresses the issue of peaceful living in the broadest sense. Alan Jacobs has devoted a good deal of time and talent in further exposing the atrocities of World War II. In addition, all the major contributors to TA literature and teaching have expressed a measure of global awareness, and all transactional analysts are dedicated to the promotion of mental health and social justice in every part of the world.

Inspired by this history and dedication, I wish to reiterate my challenge and invitation and to expand the scope of our common goal for today and the future to include the raising of planetary consciousness, the healing of planetary destruction brought about in the name of progress, the preservation of our planetary resources, and the effective recognition of the international kinship of humankind signified in the TA phrase, "I'm OK, You're OK." □

CALL FOR PAPERS
for the
Transactional Analysis Journal
Special Theme Issue on Scripts

Deadline for papers: March 1, 1988
Publication Date: October 1988

Please check the Instructions to Authors in each issue of the *TAJ* and send all manuscripts to the *TAJ* Editor, c/o the ITAA office.

EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

ITAA President Needed

Yes, we have a newly inaugurated President. Vince Gilpin just assumed office on January 1. Why, then, are we looking for a new president?

Because ITAA is always in need of qualified, committed members who are willing to assume leadership in the organization. Leadership does not begin with nominations or elections. It begins now. Serving in your regional association or on an ITAA committee is excellent preparation and training for your future role as a member of the ITAA Board, or even as President. But you need to become active now and prepare for that eventuality; you must get involved.

The position of president requires more than being knowledgeable and articulate. It requires a full understanding of ITAA activities, programs, and policies. It demands a major commitment of time and energy and the setting aside of personal wants and desires for the needs of the organization as a whole. A president is not made overnight, but requires proper orientation and preparation. Planning must occur now for what will occur several years in the future.

With Vince Gilpin just now assuming office, you may find it odd to know that the election process for the 1988-89 year is in full swing. Nominations are now being solicited for the positions of President-Elect and Board members and the deadline for getting them to the ITAA office is March 1, 1988.

It's not too soon to think about what happens next. You may have the opportunity during the next two months to note dedicated, professional colleagues whom you believe would make good Board members. Plan to submit their names to the Nominating Committee (see page 1).

Serving in your regional association or on an ITAA committee is excellent preparation and training for your future role as a member of the ITAA Board, or even as President.

The rewards for full involvement in the ITAA are great. There are the obvious benefits of attending the conference to which each Board meeting is attached. The more important benefits, however, include commitment to the profession, accepting a challenging and responsible position, networking with top TA practitioners from around the world, and building a solid support system among your colleagues in the ITAA. Please consider "going into training" now — I am convinced you will find the effort well worth while □

The Script

Editor: William Krieger, EdD
Publications Manager: Robin Fryer, MSW

The Script (ISSN 0164-7393), the newsletter of the International Transactional Analysis Association (1772 Vallejo St., San Francisco, California, USA 94123; phone 415-885-5992) is published monthly except January, May, and September by the International Transactional Analysis Association. The subscription rate is $10/year as part of dues for all classes of membership; *The Script* is not available by separate subscription. For information on dues rates for various membership classifications, contact the ITAA office at the above address. Second class postage paid at San Francisco, California and additional mailing office. POSTMASTER: send address changes to The Script, 1772 Vallejo St., San Francisco, CA 94123. © 1988 International Transactional Analysis Association, Inc.

Choosing Hope

by Michael Ward

In recognition of the fact that AIDS has become such a devastating reality in our lives and the lives of our clients we reprint here a speech given in December 1986 by ITAA Clinical Member Michael Ward at "Bridges," an annual public event held in Boston's historic Faneuil Hall to commemorate those who have died of AIDS.

When I was asked to speak today, I surprised myself by saying, "Yes," without a moment's hesitation. Of course that was over a month ago, and I felt considerably less nervous sitting in my living room thinking about it than I do now, standing here in this historic building on the shortest day of sunlight in the year, the winter solstice. I think I was asked to speak, not because there is anything particularly unique about my experience with AIDS, but because my experience is a fragment of yours and is reflected in variations in the lives of tens of thousands of people in this country and around the world.

My lover, Mark Halberstadt, was diagnosed with AIDS in September of 1983 and died ten months later, on July 24, 1984. They were ten terrifying, exhausting, painful months, but remarkably precious, eking out time together, hoarding energy and resources. We knew almost nothing about AIDS in 1983, and we were on a constant roller coaster of hope and despair. Would Interleukin II be the cure? Would alpha interferon, or gamma? Mark was in the first PWA (Person With AIDS) group in Boston, and the men in that group developed an intense camaraderie, whether discussing treatment theories in their Thursday night group or reading *Torch Song Trilogy* to each other on Tuesday and Friday mornings at the Deaconess while being infused with gamma interferon. Of the ten who formed that original group, there is one still living today.

In a strange way I think Mark was one of the lucky ones. He had two bouts of PCP (a form of pneumonia), the second of which killed him. He did not waste away or become disfigured. And through some incredible inner strength he remained composed and wry and hopeful all the way. When the doctor told him in the ICU that there were not more drugs to try, Mark looked surprised, having held on tenaciously because life was so dear.

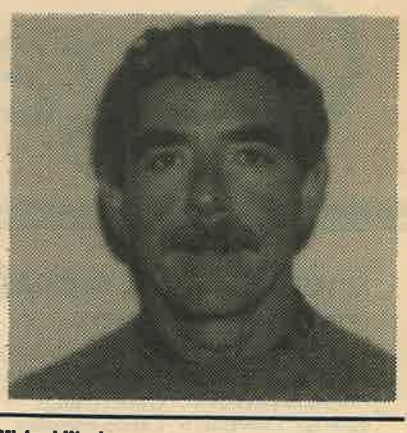
In the 2-1/2 years since Mark died, life has seemed ever more complex and unpredictable. My expectations of my life, my hopes and dreams, have become so altered by AIDS that I sometimes wonder whose life this has become. My illusions have been shattered over and over. I didn't expect to live in an era of plague. I didn't expect to see my friends die around me, one by one. I didn't expect to see so many young people suffer, or to deal with the grief of their lovers and families and friends. I didn't ever expect to feel such incredible pain. And I'll bet you didn't either. But here we are, sharing a confused past, a difficult present, and a fearful and uncertain future.

Last month I went to a healing service in a cavernous church in Boston, and I suddenly felt like I had slipped through a time warp and was trapped in a movie, one of those urgent and sad World War II films with Van Johnson and June Allyson. Here I was in a big cathedral filled with people who were weeping openly, listening to a priest high in a pulpit talking about faith and prayer. I thought, my god, this *is* a war, and my comrades are dying all around me. I don't trust the ground beneath my feet, and I wait for the next land-mine to blow up in my face, the next friend to say, "I'm antibody positive; I have swollen glands; there is something wrong in my mouth." I fear for my own health.

I may have to deal with AIDS, but I don't have to like it, or even to stay ever-positive. Life is very difficult for all of us right now. But like you, I get up every morning and start over. So I decided in the church that night that, like Van Johnson and June Allyson, I will continue to choose hope. It seems to me that, in the final analysis, we can despair and go under, or hope and go on. In choosing to hope and *to act*, we connect to each other and create this wondrous entity called "our community." I have never been more human or more in need of human contact than I am now. I'm not afraid to say, "I love you;" I'm not afraid to ask for help. We are under siege, and we're in this together.

As important, choosing to hope and to act is a way to honor people with AIDS and ARC, and to honor all the people who have gone before us. This is the shortest day of the year, the official beginning of winter. We must remember that no matter how bleak the outlook is now, we are still here in this moment, side by side, and we will continue to work together and stay alert for signs of spring. □

My expectations of my life, my hopes and dreams, have been so altered by AIDS that I sometimes wonder whose life this has become.



Michael Ward

INDEPENDENT PRIVATE PRACTICE

(continued from page 1)

I consider to be a nonmedical service, and I was concerned about being in the midst of someone's treatment "when the insurance runs out."

Over the years this decision has proven to be a wise one. Currently I practice in conjunction with a psychiatrist and a licensed clinical psychologist, but I choose not to use their credentials to get third-party coverage for my clients. This gives me an independence that I cherish and a directness in negotiations with my clients that I find important.

The following are some of the factors I think contributed to the success of my practice:

1. I maintain a high profile in the professional community. Early on I lectured frequently to community, church, school, and professional groups. I now find that less necessary, although I occasionally give a lecture or workshop in a professional context when an interesting offer comes along. I am also frequently consulted regarding referral recommendations. When I make a referral I always follow up with the person to whom I have made the referral to see if the client followed through and often to have a casual conversation about what the work might involve. In addition, when I begin with a new client I ask about their previous experience with therapists and, more importantly, with physicians. Then, with the client's permission, I talk with these other professionals and in this way become acquainted with a broader circle of professionals than I would ordinarily. Almost without exception they are delighted to talk, thus expanding the circle of information and respect.

2. My fees are moderate, flexible, and affordable to most people with whom I work. Initially someone may express disappointment about my unwillingness to accept insurance, but when I discuss my reasons frankly, most people are not only understanding, but enthusiastic. We then talk about their concerns about my fee in relation to their overall finances and the adjustments they might make to reduce expenses in other areas of their lives while they are in therapy. One of my favorite examples of this process involved a man who wanted therapy because of his inability to maintain intimate relationships and his compulsive, usually alcohol-driven, social behavior. On looking together at the credit card bills for his nightly trips to various bars it became clear that, if therapy was even moderately successful, the cost would be more than off-set by savings in his charge card bills.

I am also willing to reduce my fees. Probably 10-20% of my clients at any one time pay me $50 rather than $60. I also keep one half-day a week available to work with people at nominal or no charge, and 50% of the spots in my ongoing TA groups are also available at nominal or no charge. This lets me see people who are highly motivated and with whom I anticipate a very satisfying working relationship. I also allow people to accumulate a bill with me for periods of time when money becomes tight. I learned in community mental health that the idea that people must pay for therapy in order to be motivated is utter nonsense.

Initially someone may express disappointment about my unwillingness to accept insurance, but when I discuss my reasons frankly, most people are not only understanding, but enthusiastic.

3. I take seriously my own and my client's emotional signals about our financial arrangements. I do not, for example, work with someone at a reduced fee or no fee when I am already at my limit of reduced fees. I do not put myself in a position where I might resent a client for a fee reduction, nor do I minimize a client's concern about difficulty in paying a long-term therapy bill. I am careful not to manipulate or coerce clients into accepting my structure. With some clients sessions every other week are sufficient which also brings the cost of therapy down.

In spite of my strong feelings about insurance, I am not rigid in my rules around third-party payments. For example, I work with a quadriplegic who had been a client of mine prior to his accident. At the urging of his doctors, his family asked me to work with him and them as well. In this situation the insurance company was willing to pay me even though I did not meet their standard requirements for psychological services providers. In addition, when I work collaboratively with a therapist who receives third-party payments I have no qualms about including my work in their coverage. Occasionally a company will pay for therapy as a benefit to an employee. In such circumstances, I have no problem accepting payment.

I hope these ideas will be useful to other transactional analysts, and I am interested in hearing about other ideas for maintaining a successful practice which we might highlight in future Clinical Columns. As I watch changing trends with HMOs, PPOs, and DAPs, and note the increasingly time-consuming and intrusive documentation for psychological services required by insurance companies, I am relieved that I have remained outside the third-party payment system.

Send your comments on clinical issues to Bill Cornell, Box 515 Rd. #5, Middle Rd. Extension, Gibsonia, Pennsylvania, 15044, USA. □

Organizational News

NOVEMBER 1987 NEW MEMBERS

New Member	Sponsor
Alexander, Charlene Boss	Thomas Ohlsson
Aurioles, Leopoldo	Emilio Said
Barbosa, Oswaldo F.	Carlos Nierotka
Christensen, Pat	—
Cooke, Rob	Robin Hobbes
Giacchiho, Roy	—
Hedrick, Patricia	Bill Cornell
Hull, Michele	Peg Blackstone
Parr, John	Margaret Turpin
Petit, Michel	Nelly Micholt
Pitman, Elizabeth	Maria Gilbert
Rivera, Jose	Gloria Noriega
Russo, Mike	—
Taylor, C. Ann	—
Turner, Carole	Maria Gilbert
Westbrook, Mike	—
Wood, Mandy	Petruksa Clarkson

DECEMBER 1987 NEW MEMBERS

New Member	Sponsor
Boue, Teresa	Micari Diego
Boynton, Anne	Evan Sherrad
Chevalier, Christine	Nelly Micholt
Cunningham, Valerie	Sue Fish
Di Cerato, Michele	Sue Fish
Dubberstein, Lydia	—
Elder, Barbara	Vann Joines
Elder, Gove G.	Vann Joines
Fanco, Gloria	—
Granti, Orlando	Raffoello Gugliemott
Hale, Kay	John Gladfelter
Jordan, Bessie	Vann Joines
Massopust, Elizabeth	—
Nash, Doris	—
Pispa, Markku	Val Garfield
Scott, Ron	Ian Stewart
Shipman, Kevin	Marcia Rosen
Smock, Paul	Robert Goulding
Turtle, Linda	Brian Dobson
Ventre, Antonio	Micari Diego

TA 101 CALENDAR

February 13–14 and March 5–6, 1987 — London, England. Leader: Lilly Stuart, CPTM. Contact: Lilly Stuart, 106 Heathwood Gardens, London SE7 8ER, England; phone: 01-854-3606.

February 15–16, 1988 — London, England. Cost: L45. Leader: Accrediated TA Trainer from "metanoia." Contact: Dr. Petruska Clarkson, 13 North Common Road, London W5 2QB, England.

April 6, 1988 — White Haven, Pennsylvania, USA. Cost: included in $75 conference registration for ERTAC Conference April 6-10. Leaders: Gloria Wax, CTMI, and George Imperato, CTM. Contact: ERTAC Conference Registrar, 261 Spring St., Cheshire, CT 06410, USA.

April 23–24, 1988 — London, England. Cost: L45. Leader: Accredited TA Trainer from "metanoia." Contact: Dr. Petruska Clarkson, 13 North Common Road, London W5 2QB, England.

June 11–12, 1988 — London, England. Cost: L45. Leader: Accredited TA Trainer from "metanoia." Contact: Dr. Petruska Clarkson, 13 North Common Road, London W5 2QB, England.

Certified Teaching Members and Certified Provisional Teaching Members of ITAA are invited to list free of charge information about TA 101s they are presenting. To be listed, please send the following information to ITAA Publications Manager, 1772 Vallejo St., San Francisco, CA, USA 94123: dates of TA 101, location, cost, leaders' names, and how to get more information. Deadline: first of the month prior to the month of publication. Note: we cannot accept tentative or open dates; please be specific.

The Statement of Ethics and Guidelines for Handling Ethics Violations Within the ITAA are available on request from the ITAA office.

Summer Conference
August 1 – 6, 1988
TA: Growth and Maturity

R-I-O



Rio is dramatic. Experience the sheer beauty of the natural setting, the white beaches and deep blue waters of Guanabara Bay, the panoramic views of the Congress site, the Hotel Nacionale, located on the crescent Gavea Beach.

Watch the Script for further information, and low-cost travel packages, incuding pre- and post-conference tours.

Jointly Sponsored by:
The International Transactional Analysis Assocation (ITAA)
Uniao Nactional de Analistas Transacionais (UNAT)
and the Associacion Latinoamericana de Analysis Transacional (ALAT)

Special $1 Enrollment Period Now in Progress for Major Medical Insurance

ITAA members in the United States have from now until April 1 to enroll in the $1,000,000 Catastrophic Major Medical Insurance Plan. Members and spouses, regardless of age, and their unmarried dependent children to age 25 are guaranteed acceptance into the plan during this period. Just $1 pays for the first month of coverage; after that premiums will be billed twice a year.

The plan provides supplementary coverage for basic major medical and hospitalization insurance. Since it is considered supplementary, it has a $25,000 deductible which can be satisfied by eligible expenses paid by any basic health insurance policy or those expenses paid out-of-pocket by the insured.

Once the deductible is met, the plan provides 100% coverage for all eligible expenses with up to $1,000,000 in benefits for up to ten years from the date the first eligible expense is incurred against the deductible.

In addition to other services covered, the plan includes specific nursing home benefits plus a built-in common disaster provision.

For further details, contact Albert H. Wohlers & Co., ITAA Group Insurance Plans, 1500 Higgins Rd., Park Ridge, IL 60068-5750 or all toll free 1-800-323-2106 (Illinois residents call 1-312-698-2221).

AN INVITATION TO JOIN

The International Transactional Analysis Association

Benefits for Associate Membership:
- **Transactional Analysis Journal* (quarterly)
- **Script* Newsletter (nine times a year)
- *International Membership Directory
- *Reduced Conference Registration
- *Car Rental Discounts
- *Group Life and Health Insurance Plans (USA members only)
- *Access to ITAA staff, services, library, bookstore
- *Networking, camaraderie with members in 70 countries

Dues for Associate Membership: $50/year
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Name _____ Professional Degree _____

Address _____

City/State/Country _____ Postal Code _____

Phone Number _____ Amount Enclosed _____

INFORMATION WANTED ON MEMBERS' PUBLICATIONS

We want to update our list of articles (published in non-TA journals) and books written by ITAA members during 1986 and 1987. If you are such an author, please fill out the form below and send to *TAJ* Editor Margery Friedlander, c/o the ITAA office.

Name _____ Degree/Membership Status _____

Title of Book or Article _____

Publisher of Book or Title of Journal (inc. Vol., No., pp.) _____

City/State/Country of Publisher _____ Date of Publication _____

Members Forum

Editorial Policy: We welcome letters to the editor (c/o the ITAA office), and in editing for taste, accuracy, and length, our intent is to retain the author's meaning.

MORE SUPPORT FOR DIVESTMENT FROM SOUTH AFRICA

Dear Bill:

As Chair of the Social Action Committee, I pass on the following letter in the hope that you will see fit to publish it in The Script.

Peg Smith

Dear Peg:

I recently read "South Africa: White Managers, Black Voices" (*Harvard Business Review*, July–August 1987) by David Beaty and Oren Harari. It is must reading for anyone interested in understanding how apartheid continues to affect blacks in South Africa and why it is imperative that US businesses act politically or disinvest from that country.

The authors, specialists in business management, interviewed numerous managers and black workers, initially seeking to survey attitudes toward work. They were looking for answers to such questions as, "Why is the productivity of black workers among the lowest in the world?" The researchers quickly abandoned their detached, theoretical quest, however, as they became touched by the vastly different realities faced by blacks and whites in the work place.

The article moved me because the authors demonstrated the value of a multicultural perspective; because they were open to recognizing differences they came to see these distinct realities quite clearly. For white managers, they write, the workplace is "separate from politics. Black workers see it as an extension of apartheid." In all areas surveyed, productivity, morale, pay, job security, and worker appreciation, whites expect blacks to behave as if the system were fair and equitable. Blacks so often experience such inhumane and cruel treatment that they do not trust individual managers' efforts to improve worker morale. Workers losing their jobs overnight because of random reassignments to different townships, for example, is still very common. Being required to live away from their families in dismal conditions is, for the majority of male workers, still the norm. For most, receiving anything like equitable pay is unheard of. Even when black workers receive decent wages they are limited in where and how they may spend them.

This gap in perceptions between blacks and whites must be confronted if business is to help end apartheid. United States citizens who want to continue to help end the system need to hear the recommendations made by black South African workers as reported by Beaty and Harari:

1. Improve and accelerate programs geared to increasing the power nonwhites have within multinational companies and their quality of life outside of work.

Involve blacks in the planning and implementing of such programs.

2. Seek out and work actively as equals with legitimate black leaders.

3. Get to know black employers, their culture, and their language.

4. Give visible support to groups and individuals who use nonviolent means to fight apartheid.

5. Break apartheid laws and publicize the violation.

The authors state clearly, through the voice of one black trade unionist recently released from detention, "For us blacks, nothing has changed from the oppression we've always had to bear. Whites don't know us and haven't bothered to find out about us....If these American and European companies do not help us in dismantling apartheid, they are not welcome here."

For me the message is clear. US companies must act assertively. Sanctions and disinvestment are important options. We must not let up on the issue because the press has shifted its focus. I encourage all US members of ITAA to continue writing their congressional representatives to support even greater sanctions and to continue to support even greater efforts in local communities. Such involvement on our part sends a message to oppressed groups both within this country and across the world, that no person is free until all people are free.

Valerie Batts, Richmond, Virginia, USA

ADDITION SUGGESTED FOR ITAA VALUES STATEMENT

Dear Lucy (Freedman):

I am writing in response to the article in *The Script* (September-October, 1987) on the the Long Range Planning Task Force. I would like to suggest a small addition to the section on values. I noticed a lapse in the section on discrimination. The sentence in question read, "Relationships shall be carried out without discrimination on the basis of race, color, creed, nationality, socioeconomic status, sex, or age."

It is obvious to me that you attempted to include all categories of possible discrimination. I am also aware that you did not specify sexual preference. Given the rampant discrimination in our country and elsewhere of homosexual and lesbian people, and given increasingly the multiple manifestations of discrimination in response to the AIDS epidemic, I think it is imperative that we as an organization include in our value statement a stand against such bias.

I appreciate the hard work you and the Task Force have done to develop this statement of purpose, and on the whole I think it speaks eloquently and succinctly to who we are and who we want to become.

Janet Migdow, Chicago, Illinois, USA

PERSEVERANCE PAYS OFF

Dear Bill:

Thank you for your work as editor of *The Script*. I appreciate the work that goes into its publication.

I'm responding to your invitation to send in information about my writing career. Five years ago I self-published a book, *Achieving and Receiving Intimacy*. I made several glaring mistakes and lost considerable money. This year, however, following hundreds of rejections, I signed a contract to write a Liturgical Worship Workbook — Cycle C for CSS Publishing of Lima, Ohio (Cycles A and B to be published in 1989 and 1990). Although this book is for people who prepare and lead worship, I have incorporated much of what I have learned through TA.

Wayne Keller,
Burlington, Washington, USA

TAJ Articles Wanted - The *Transactional Analysis Journal* is always looking for good articles on TA theory and applications. Think about the work you are doing — is there some part of it you think might be of interest to other ITAA members? If so, consider writing an article for the *Journal*. Instructions for Authors are included in every issue of the *TAJ*, or you may obtain a copy by writing Publications Manager, c/o ITAA.

TA CONFERENCES WORLDWIDE

April 6–10, 1988 — White Haven, Pennsylvania, USA. Eastern Regional TA Conference. Contact: ERTAC '88 Registrar, 261 Spring St., Cheshire, CT 06410.

July 3–7, 1988 — Blackpool, England. European Association for Transactional Analysis Summer Conference. Contact: Julie Hay, 25 Grant Rd., Wealdstone, Harrow, Middix, HA3 7SB, England; phone: 44 1 863 2501.

July 3–8, 1988 — Pacific Grove, California, USA. USATAA Summer Conference. Contact: Denton Roberts, 424 North Larchmont Blvd., Los Angeles, California, USA 90004.

August 1–6, 1988 — Rio de Janiero, Brazil. UNAAT/ALAT/ITAA Joint Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA, USA 94123; phone: 415-885-5992.

Grant Applications Sought for the Eric Berne Fund

The Eric Berne Fund Distribution Committee invites individuals, schools, universities, research groups, and other interested organizations to apply for grants to help fund program budgets. In 1988, $2150 will be available for distribution. The deadline for proposals is May 30; award winners will be announced in August and funds will be available immediately. Priority will be given to proposals that demonstrate an interest in evaluating the effectiveness of various applications of TA theory. Write to the ITAA (1772 Vallejo St., San Francisco, CA 94123, USA) for complete information concerning grant applications.

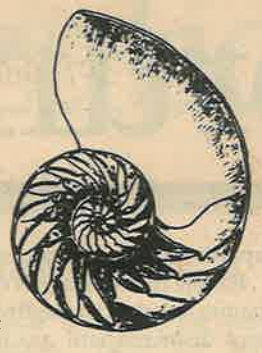
EXAM CALENDAR

Exam	Exam Date	Location	Application Deadline
Level I (CM/SFM)	April 6, 1988 July 3, 1988 August 1988	White Haven, Pennsylvania, USA Blackpool, England Rio de Janeiro, Brazil	January 6, 1988 April 4, 1988 May 2, 1988
Level II (CTM/SFTM) Exams	April 6, 1988 July 3, 1988 August 1988	White Haven, Pennsylvania, USA Blackpool, England Rio de Janeiro, Brazil	January 6, 1988 April 14, 1988 May 2, 1988
Level I (CM/SFM) Written Exam	March 11 or 12, 1988 April 6, 1988 July 8 or 9, 1988 November 11 or 12, 1988	To be announced White Haven, Pennsylvania, USA To be announced To be announced	December 11, 1987 January 6, 1988 April 8, 1988 August 12, 1988
Training Endorsement Workshops*	April, 1988 July 1988 August 1988	White Haven, Pennsylvania, USA Blackpool, England Brazil	January 13, 1988 April 4, 1988 May 2, 1988

* Please contact Jackie Ward-Flaggs at the ITAA headquarters for more information.

All fees due by application deadline. All exam fees are non-refundable, but will be credited to your account (except oral application fees paid each time applying for oral exam) if at least 30 days written notice is given for cancellation. Otherwise fee is forfeited. Fees: written exam - $90 US/Canada ($10 administrative fee deducted for cancellations received prior to 30 days deadline); all other countries pay $15 written exam recording fee to BOC and $35 to reader/scorer. Orals applications: $75, non-transferable. Oral exam - $50. Contract filing fee: $30. All fees must be paid in US funds.

EXPERIENCING ENOUGH



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Gail Nordeman • Harold Nordeman
Carol Poole

INTENT: To resolve personal limitations which lead to scarcity by confronting and resolving issues from the first stages of life – conception through age two.

Location: Seattle, Washington
#11 February 24-28, 1988
#12 May 4-8, 1988
#13 August 31 – September 4, 1988

Experiencing Enough
3212 - 25th Avenue South
Seattle, Washington 98144
206-725-7573

WORKSHOP FEE: $645 ROOM & BOARD: $180

Sandra G. Landsman, PhD
P.O. Box 7134
Jupiter, FL
33468-7134
Phone (305)
575-0547



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- Training and Consultation for Professionals
- Workshops and Seminars

Residential Program-TREATMENT and TRAINING

Laura W. Boyd, Ph.D., CTM

Dates: April 8 - 13, 1988

Cost: $ 400.00 (US) - includes tuition, room, board

Location:

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Program designed for practicing professionals: Advanced Training in intensive psychotherapeutic techniques from a TA & family systems perspective; Resolution of personal issues; Opportunity for individual growth.

For more information contact: Laura W. Boyd, Inc.
2415-B Wilcox Drive
(405) 364-5406 Norman, OK 73069

pd seminars for personal and professional development

RESIDENTIAL TRAINING OPPORTUNITIES

VIRGINIA SATIR
"Peace Within, Peace Between, Peace Among"
March 19 - 29/88 Cost: $1800 Cdn.
Oct. 30 - Nov. 9/88 Cost $1800 Cdn.

ERV/MIRIAM POLSTER
"The Workings of Gestalt Therapy"
June 20 - 25/88 Cost: $1200 Cdn.

BUNNY S. DUHL
"From the Inside Out: Self, Family and Other Systems"
July 6 - 26/88 Cost: $2750 Cdn.

CARL WHITAKER
"Personal Perspectives on Family Therapy"
Nov. 10 - 30/88 Cost: $2750 Cdn.

Note: $100 Canadian = $80 U.S. (approx.)

Location:
Haven By-the-Sea a seaside resort and conference centre in the Strait of Georgia's Gulf Islands readily accessible from Vancouver, B.C.

Information:
PD SEMINARS Davis Road, Gabriola Island, B.C., Canada V0R 1X0
Telephone: (604) 247-9211

ITAA Announces
A Professional Skills Video Library
Volume 2
Introduction to Transactional Analysis (TA 101)



Eric Berne, MD
Founder of TA

Featuring: **Jack Kaufmann, DSW**
Viola Litt Callaghan, MA
Jack Dusay, MD
Fanita English, ACSW
Jean Fowler, LCSW
Mary McClure Goulding, MSW
Robert Goulding, MD
Natalie Haimowitz, PhD
Morris Haimowitz, PhD
Ted Novey, PhD

Introduced by **Muriel James, EdD**

The 25th Anniversary Summer Conference of the International Transactional Analysis Association, held in Chicago in July 1987, featured an introductory TA course coordinated by ITAA founding member Jack Kaufman, DSW, and co-taught by several of the original founding members and pioneers of the organization. All are currently Certified Teaching Members of the ITAA.

Now you and your trainees have the opportunity to experience this commemorative course yourselves; the 12-hour course, recorded live, has been edited down into a 4-hour videotape featuring a number of valuable training segments, covering topics such as:

- ego states
- life positions
- scripts
- structural analysis
- discounting
- group dynamics
- strokes
- rackets
- transactions
- time structure
- games
- definitions, philosophy, & development of TA

This video can be used to enliven your own TA 101, or as training material for your groups and presentations. It is designed to be shown by topical segment. It contains excellent definitions, explanations, basic material, and examples, as well as stories and anecdotes. You might also wish to allow a client to view the tape as "homework."

The TA 101 course is required for Regular Membership in the International Transactional Analysis Association, and it is a prerequisite for advanced training leading to certification in TA. For individuals in areas where live TA courses are not available, this video can be invaluable. It may be used in conjunction with independent study and combined with a written exam, which, if successfully passed, will satisfy the TA 101 requirement for membership or filing a TA training contract.

This the second in a series of educational offerings planned by the ITAA to assist psychotherapists and educators in their personal and professional growth. We request your input on the usefulness of this tape and ideas about what future tapes would directly benefit your practice.

Our Guarantee

If, after viewing this videotape, you are not completely satisfied that this is a valuable learning tool, simply return the tape to us within 21 days of receipt and your investment will be totally refunded, without question.

Two convenient ways to order your videotape

1. Enclose a check or money order for $225.00 (ITAA members), or $245.00 (Non-members) US currency made out to ITAA (includes tax and airmail postage).
2. Charge VISA or MasterCard

Complete the form below now and return it with payment. Videotape available now.

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Yes, I would like to try at no risk the Commemorative TA 101 Video. Enclosed is my payment of US $225.00 (ITAA members), or $245.00 (non-members).

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Send me: ☐ VHS ☐ Beta ☐ Pal ☐ Other (specify)
☐ Please send me information on the ITAA and training in transactional analysis.

ITAA PROFESSIONAL VIDEOTAPE LIBRARY
1772 Vallejo Street
San Francisco, California, U.S.A. 94123

The Healers' Journey

An Intensive Workshop in Psychic Healing and Higher Creativity

Brazil - July 23-30, 1988

The itinerary includes work with quality South American healers, techniques of shamanic states, reading and balancing body energy, and chakra cleansing. Modes of accessing higher creativity through "channeling," past life work, and other healing modalities will also be presented.

The workshop will be led by Alberto Villoldo, PhD, a psychologist who has studied shamanism and spiritual healing around the world. Dr. Villoldo is the author of *The Realms of Healing* and *Healing State.*

Cost: $1,350 - includes all air travel within Brazil, hotel accommodations (two persons per room), all land transportation, healers' fees, and Foundation fees.

Transportation: Travel arrangements to/from Brazil will be made through Tom Nissley, Ridgelea Tours, in Connecticut at (203) 322-1400.

Questions: Call Elaine Gowell, (206) 329-4742; Sandy Landsman, (305) 575-0547; or Roberta Roth, (503) 484-6986.

Deposit: $250.00. Please make checks payable to: Four Winds Foundation. Send to: Roberta Roth-RIO, 535 Spyglass Drive, Eugene, OR 97401.

Name _____

Address: _____

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Phone(s): _____

Enrollment is Limited to 20 Participants

** COME TO EUROPE THIS SUMMER **

3-7 JULY 88 BLACKPOOL, ENGLAND

- hear about TA in Europe firsthand
- excellent hotel with all facilities
- visit the Lake District, Scotland, Wales, and Ireland is nearby too

Details: Conference Co-ordinator
25 Grant Road, Harrow, HA3 7SB, England
Tel: 44 (0) 1 863 2501

Frank Reinhardt and Dixie Gescheidle Morris announce:

LIBERATION PSYCHOLOGY

a Teaching Psychotherapy
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Lincolnwood Hyatt Conference
Lincolnwood (Chicago area), Illinois
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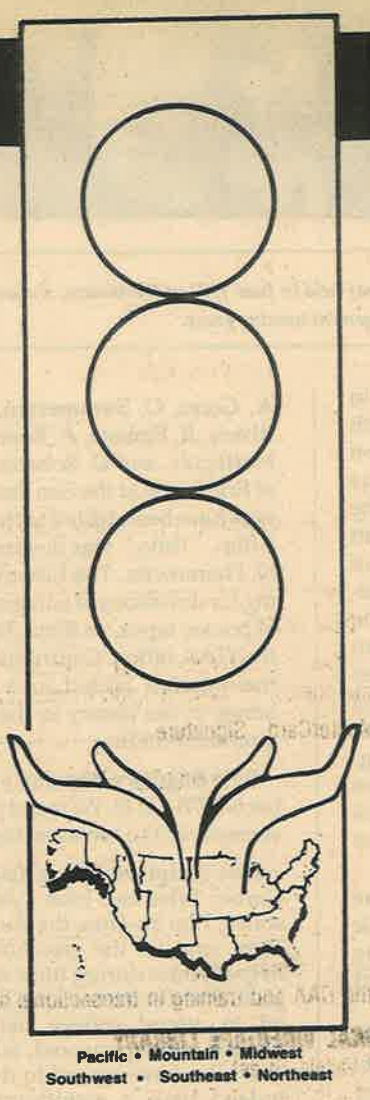
Conference Fee: $195*

A comprehensive pattern for regression
Exciting current applications of Freud's Oedipus/Electra Complex.
Incredible information on linguistics that allow masterful interventions.
Paradigms for a modern psychotherapy.

Radisson/Keystone Conference
Indianapolis, Indiana
APRIL 16-17, 1988
Conference Fee - $195*

Developmental traumas / what 'cure' is.
How mechanisms of defense are central to script.
What can be done about family presuppositional locks on individuals.
The core of neurosis and its solution.

Contact: Liberation Psychology Training Center
52136 Lilac Road, South Bend, IN. 46628 - Area 219-272-9128
* ITAA members Fee: $175 (must be received 30 days prior to conference)



U S A T A A

EQUALITY: Realities and Possibilities

Second Summer Conference - July 3-6, 1988
Institutes - July 6-8, 1988

Conference Registration Fees: **July 3-6 - $100.00**
July 3-8 - $125.00

ASILOMAR CONFERENCE CENTER - Pacific Grove, California

ROOM AND BOARD RATES (per person, includes all meals)

		July 3 - 8	July 3 - 6
Double	Deluxe	$250.00	$150.00
	Rustic	$175.00	$110.00
Single	Deluxe	$350.00	$210.00
	Rustic	$250.00	$150.00
Children	Ages 2 - 17 in room with 2 adults	$130.00	
	Children under 2 years are free		

Make check payable to USATAA Summer Conference and Mail to:

Alosia Carlson
2630 Stanford Lane
Salt Lake City. Utah 84117

All registration must be paid in full by May 15, 1988

Keeping In Touch

REGION I - PACIFIC, ASIA, AFRICA

Vincent Pereira is currently the President of the TA Society of India (TASI), not Pearl Drego as listed in a recent issue of *The Script*. Pearl was President of TASI from 1982 to 1983 and currently serves as Vice-President of Ethics of TASI.

REGION III - EUROPE

Graham Barnes reports that, for the first time, TA was included on the program of the Yugoslavia Congress of Psychotherapists when he was invited to address one of the four plenary sessions. The Congress was held in Sarajevo in October 1987. Graham's lecture, "Psychotherapy of the Future Today," was followed by a symposium on transactional analysis of behavior. He concluded the symposium with a paper on "Differences Between Theory and Action." Graham is a psychotherapist and consultant whose professional activities are primarily in Europe. He works out of Stockholm, Sweden, and is also Visiting Professor in Zagreb, Yugoslavia.

TA: State of the Art by Erika Stern is still available from the publishers (proceeds to EATA): Foris Publications, PO Box 509, 3300 AM Dordrecht, The Netherlands. Payment of 42 NFl per copy should be made to Foris Publications' bank account, Number 50 80 15 197, Algemene Bank Nederland, Dordrecht. Alternatively, the book may be ordered from the publisher at the USA address: Foris Publications USA, PO Box 5904, Providence, RI, USA 02903.

The 1988 EATA Conference will be held July 3-7 in Blackpool, England. The conference hotel has a pool and sauna, and Blackpool has 10 km of sandy beach plus golf, bowling, horse riding, ice and roller skating, theaters, and cinemas. Easy road and rail links are available with reduced rail fares for conference participants. It is also close to the Lake District, Wales, and Scotland for holidays before or after the conference. For details contact 1988 Conference Coordinator Julie Hay, 25 Grant Rd., Harrow HA3 7SB, England.



Krzysztof Cichowski of Warsaw, Poland, and his son and daughter, send greetings to all ITAA members worldwide. Krzysztof is a TA enthusiast who has been seeking ways to learn about TA even though he has been unable to become an ITAA member because of bureaucratic and financial difficulties in Poland.

Our thanks to ***Dr. Bernd Schmidt*** *for sending us the following report on the* ***European TA Association (EATA) PTM/TM Meeting*** *in Bad Soden last November.*

More than 50 instructors and supervisors (more than a dozen TMs) came together for this first European PTM/TM meeting, organized and facilitated by DGTA (the German TA Association). The topic was the new written exam - its structure, implications, and consequences.

We worked in different language groups and began by becoming familiar with the spirit of the new exam and the experiences of people who had already taken it. This helped everyone become positively involved in the clarification process.

During the first day we discussed the general ideas behind the exam and how to do part A and B (description of professional identity and learning experiences of candidates). There was general agreement about how important it is that candidates have the chance to identify themselves as TA professionals in their field of application. This context seems essential for evaluating professional competence. The definition and differentiation between the fields of application were also discussed. In the afternoon we discussed the structure of the case/project study and how TA theory and knowledge of the literature can be demonstrated.

On the second day EATA exams were held and, although the quality of the exams was high, all 17 candidates passed. Congratulations to us all!

On Saturday afternoon the exam process was evaluated, and there were special discussions with exam observers which resulted in many important ideas and a clarification of the role of the observers. In the evening we had a celebration with our new colleagues.



Participants at the EATA PTM/TM workshop in Bad Soden

On Sunday the meeting continued in one large European group setting with fishbowl work. The central question was, "What will change in the training as a result of the new written exam?" The discussion made clear that the new exam allows for evaluating the complexity of the competency that should be evaluated in TA exams much more than did the old exam. Its role is much more than that, however, because the challenges presented by the new exam can be used as a didactic aide for structuring the training process from the beginning. This realization helped us to look at the new exam, not as a burden at the end of the training process, but as a guide to competency in using TA.

By the end of the workshop everyone was satisfied, and EATA President Julie Hay expressed her appreciation for the work DGTA has done in the name of EATA.

We plan to have another PTM/TM workshop in Bad Soden November 4-6, 1988, when the German-language group will meet. Other European colleagues are certainly welcome.

There is also an initiative pending from French colleagues to have a French-language PTM/TM workshop next year, possibly November 9-11, 1988, in Paris. The plan is to diversify PTM/TM meetings concerning different areas and dates so that they do not become too big and so that specific questions can be dealt with intensively.

Abe Wagner's book, *The Transactional Manager*, is now available in Italian (title: Il Manager transazionale) from Franco Angeli publishers.

ALL REGIONS

Happy Birthday, Archival Library! The ITAA Archival Library, organized by Marye O'Reilly-Knapp, just celebrated its first year. Particular thanks go to the 24 contributors from Europe, South America, Thailand, Canada, and the USA, including: T. Keepers, M. James, E. Stern, C. Steiner, R. Goulding, M. Goulding, D. Jongeward, J. Clarke, E. Zerin, M. Zerin, P. Levin, K. Roberts, F. English, E. Childs-Gowell, D. Babcock, A. Greer, O. Summerton, P. Drego, F. Rivera, R. Erskine, A. Boonsirivibul, M. Northcott, and D. Roberts. Audiotapes of Eric Berne at the San Francisco Seminars have been added to the library, and a film, "Patsy," was donated by M. and N. Haimowitz. The Library is still looking for donations of autographed copies of books, tapes, or films. Please send to the ITAA office. Contributors will have their names added to a plaque that hangs in the library in the ITAA headquarters building.



Marjory and Ed Zerin in a "Q" Model seminar held in June 1987 in Rantasalmi, Finland under the auspices of Ingetro of Finland, a TA management training group.

Edie Bogusky-Beaujon's phone number is 2978-24116. We regret printing it incorrectly in the Membership Directory.

Post Script on China Trip — Natalie Garber Tyler and John Tyler are sponsoring Tian Yu-Hua, the daughter of Dr. Tian, one of the psychologists who helped them during their stay in Shanghai. She discovered after being accepted to attend college here that she needed to be sponsored, which Natalie and John have agreed to do. ITAA did indeed have a significant impact in Shanghai, and the bridges continue to be built!