INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XVII, NUMBER 2 MARCH 1987

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Jean Houston

INTERVIEW WITH CHICAGO KEYNOTE SPEAKER

At the Edge of History: Jean Houston on "The Possible Human"

If you regard the earth as a living system with us as part of it, we have become, if you will, the earth's "nervous system."

Dr. Jean Houston, author of ***The Possible Human*** *and keynote speaker for the 1987 Chicago Summer Conference, was interviewed last December by Dr. Richard Erskine, Director of Training for the Institute for Integrative Psychotherapy in New York City and Connecticut and a long-time ITAA member. We hope you find the following excerpts stimulating and that you will join us in Chicago to hear Dr. Houston in person.*

ERSKINE (RE): You have quite a reputation as a storyteller. I wonder if there's a story that really describes you and your work.

HOUSTON (JH): I think the key story is about how I got into this work and why I have the chutzpah I do! My father, an agnostic Baptist from the Texas Sam Houston clan, fell in love with my mother, a Sicilian Catholic from Brooklyn, and in order to get permission to marry her, he had to agree to send their kids to Catholic schools. He lived up to that promise, but here is this guy who writes comedy for Bob Hope, and he would read my catechism and laugh and laugh. Then he'd send me to school with the most outrageous questions: "Sister Teresa, when Jesus rose, was that because God had filled him with helium?" "Sister, when Ezekiel saw the wheel, was he drunk?" Sister Teresa got madder and madder, and I got into a heap of trouble. Every time I asked one of those questions, Sister Teresa made an "X" in this big black book on the page that said "Jean Houston's Years in Purgatory," and shouted at me "Blasphemy, blasphemy, sacrilegious blasphemy." Each X stood for 100,000 years. Then came the great question, one I thought of myself, a question that comes to the mind of every Catholic child. I asked it when the Mother Superior was present: "Sister Teresa, did Jesus ever have to go to the bathroom?" That did it! Mother Superior ran out of the room, and Sister Teresa put down another X in the big book. Well, every time I asked a question I shouldn't (which was every day), I got another big X. On the last day of first grade, Sister Teresa totaled up the X's and announced: "Jean Houston has to spend three hundred million years in Purgatory."

I go home wailing, and my father takes one look at me and says, "So whatsa matter, kid?" "Sister Teresa says I have to spend 300,000,000 years in Purgatory, and you told me to ask her the questions!" He scoops me up. "Where we going, Daddy?" "To the movies, honey-pot. You think you have problems? Wait'll you see what they did to a *real* saint. Wait'll you see how they hogtied poor old Bernadette." And he takes me to see "The Song of Bernadette," this great luminous picture — the most wonderful picture ever made about a religious experience.

- *continued on page 4*



Richard Erskine

Singapore Fling: The ITAA Winter Congress

by Pam Levin

What better way to beat the post holiday blahs than to jet off to Singapore where the New Year festivities are just coming into full swing? Add spending time with over 300 enthusiastic, warm, strokey TA friends, a smorgasbord of professionally delectable programs, exotic Asian side-trip options, and truly bargain airfares. Finish off with a conference hotel with the shiniest spit-polished chrome and mirrored walls, marble floors, festive red and gold paper lanterns hanging from a four-story ceiling, a major shopping center right in the hotel, and you have all the ingredients for Gung Hay Fat Choy! (Happy Lunar New Year!)

Singapore itself is unusual — a city-nation where to litter is a $500 fine, to traffic in drugs is automatic death. The message: Keep your trip clean, because you won't want to pay the price if you don't.

The Aussies jumped in to help registration with such grace, friendliness, and generosity that the spirit of welcome glowed like a lamp over participants' first, crucial contacts with the conference proper.

With the scene set, the play officially unfolded at the opening ceremony. First to the dynamic primal beat of jungle drums and a writhing, growling, costumed lion, then in gentle, graceful Asian marriage dances. "Now that I have your attention . . . . ," quipped ITAA President Lucy Freedman, a striking stage presence herself exquisitely attired in black and red silk and all those brains. Her best-dressed example will challenge even the dapper President-Elect Vince Gilpin!

We TA folks are an interesting breed of animal — we get so "juiced" by studying *relating* — personally and organizationally. Our TA history is no doubt being written around answering the question, "How can we relate?" Listen in the elevator, the corridors, the bar, the bathrooms, the board room and you hear it resounding: How can individuals relate to the ITAA? How shall the German TA Association relate to the ITAA? TASI (India) members to each other? USATAA to its regions? East Coast USA region to the ITAA? Couples to each other? Organizational TA folks to clinical ones? And on and on.



Contributors to the Singapore Local Host Committee receive congratulations: Angelina Koh, Betty Lim, Jessica Leong, Irene Wong, Eugene Fernandez, and Ajith Damdaran. Also pictured: Steve Karpman, Mary Goulding, Jeff White, Barton Knapp, and Mary O'Reilly-Knapp.

Convention Teaser: Ask Michiko Fukazawa about a religious experience in the women's bathroom on the 70th floor of the hotel . . . Place your bets on which upstanding TA members side-tripped to

- *continued on page 6*

EDITOR'S COLUMN



by William Krieger

How Will TA Be Judged?

I've been thinking about the ITAA and TA, and I wonder if others have become aware, as I have, of the tremendous breadth of the ITAA and TA applications.

Especially significant for me is the potential the ITAA has to be a meeting ground for professionals involved in both treatment and prevention. Often there is little cooperation and exchange of information between these two areas, even among professionals in the same field (e.g., the psychiatric social worker and the community center group worker, or the clinical mental health counselor and the school guidance counselor). Professionals in both areas have much to learn from each other, and through their combined experience can contribute to TA and hence the ITAA.

For this to happen, I believe the ITAA will have to be concerned, first and foremost, not with its members, but with those whom its members serve. Ultimately TA will be judged not by the success of the ITAA, but by what TA does for individuals. The success of the ITAA as an organization will be a by-product of the impact of TA in the lives of people.

We need to talk more about people, less about TA, and hardly at all about the ITAA. We need to talk more to each other, not about each other, but about the people we work with. We need to be concerned less with us and more with the lives people live. We need to be an organization of people who are truly concerned with other human beings and dedicated to enhancing effectiveness in others.

* * * * *

Question for the Month: Should the ITAA be primarily concerned with serving its members or those its members serve? □

The Script

Editor: William Krieger, EdD
Publications Manager: Robin Fryer, MSW

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PRESIDENT'S COLUMN



by Lucy Freedman

Singapore Congress Inspires Enthusiasm and Joy

My travels to TA conferences in many countries over the last few months have provided me with first-hand evidence of the new growth and development blossoming in the TA world as we expand our contributions to personal and social change on a worldwide scale. I'd like to share with you the sense of inspiration I have experienced as a result of my most recent trip.

At the Singapore Congress, the blend of nationalities added a new flavor to the ITAA. As East met West, close connections developed between participants from Japan to Finland, from Singapore to Germany, from the USA to Malaysia, from Australia to Canada, from India to China, and on and on. Personal friendships and professional exchanges flourished.

During the keynote panel, I was delighted when Amnaj Boorsirivibul, after explaining that the Thai people express enthusiasm and seriousness about doing something by saying they "play" at it, told how the Thai Ministry of Education has begun to "play TA." He was followed by Mary Goulding, who shared about the challenges in USA life to building a healthy society when our extended families are often separated by great distances geographically or emotionally, thus implying the need for better intercultural learning of basic social values. Maggie White then hit home by warning that, in the rush to assimilate new ideas, East and West are in danger of missing each other. For example, when asked about Tai Chi, Singaporeans replied that aerobics is now in vogue! Finally, in an impassioned message, Graham Barnes indicated the need for TA to develop social consciouness in addition to individual awareness. He called for a major project to rework the theoretical basis of TA so that we have a theory that contributes to the well-being of the planet.

After the Congress, when our ITAA tour group visited Shanghai, China, the idea of worldwide exchange was put into concrete action. During our visit to the psychiatric hospital there, we asked the attending staff if they wanted to hear a little about TA. They did, so after touring the hospital and learning about their combination of western and traditional Chinese medicine, Steve Karpman, Robin Maslen, and I gave a "mini-101." Based on the immediate interest of those present, we will provide them with additional information by sending the TA *Journal* and some TA books. I was impressed once again with the instant understanding possible with TA. With personal examples and diagrams, concepts of personality structure, transactions, games, and scripts were conveyed in a very short time. Instant recognition of universal human truths! And we were thrilled by the marvelous sight of contact between the originator of the Drama Triangle and open-minded helping professionals in a country that is dealing with the needs of its one billion inhabitants!

We were thrilled by the sight of contact between the originator of the Drama Triangle and open-minded helping professionals in a country that is dealing with the needs of its one billion inhabitants.

Finally, our visit to the Society for the Aid and Rehabilitation of Drug Abusers in Hong Kong, where TA has been translated into Cantonese for the treatment and self-help of addicts, showed us how TA is in active daily use across the world solving common problems.

TA is both a method for positive change and a vehicle for bringing psychologically and socially aware people together across all kinds of boundaries. I am grateful for the opportunities for living and learning, and my enthusiasm and joy are renewed. I am happy to be with you in this endeavor! □

EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

Asian Hospitality Shines at Singapore Congress

The first TA congress to be held in Asia was celebrated January 19-25, 1987 by 344 participants from around the world. When President Lucy Freedman performed a "roll call" at the opening ceremonies, delegates from 25 countries responded! Over 100 neophytes, eager for basic information on transactional analysis, took the special TA 101 course coordinated by Jeff White and co-taught by Gail Broady, Jan Grant, John Edwards, and Maggie White. In short, the jointly-sponsored ITAA/WPATA Singapore Congress was an inspiring event. Those of us who are weary of hearing that the ITAA is outdated and plagued with declining membership felt our hearts rise with the overflowing enthusiasm of the Singaporean people. And, as if more proof were needed, the end-of-Congress evaluations were overwhelmingly positive. While delegates gave the educational program high marks, praise for the friendliness, hospitality, and caring warmth of the Singaporeans was at the top of everyone's list. Those who took advantage of the host program, in which a local resident was assigned to a delegate for a social event, were the most pleased of all.

I want to take this opportunity to thank some of the people responsible for the success of the Congress. First, I am grateful to our co-sponsor, the Western Pacific Association of Transactional Analysts, and specifically to WPATA President Margaret White. Maggie's far-sighted thinking, inspiration, creativity, and nurturing energy made it all happen. Thanks also to the WPATA volunteers for their help in planning and implementing the Congress. Their enthusiasm and personal commitment made it possible.

I am also grateful to the Singapore 202 Training Group for their support throughout the long months of planning and implementation. We owe a particular debt of gratitude to people like Irene Yong, Jessica Leong, Betty Lim, Father Eugene Fernandez, Angelina Koh, Tom Yeo, and Ajith Damodaran. As a gift to the Congress, this group even sponsored the auspicious but mischievous Lion Dance at the opening event. In addition, Bea Chua Ling and Elizabeth Nair organized the local host program.

Thanks also to the 81 presenters who, by presenting at the Congress, added to the expansion of TA in this region of the world. Special kudos to the 8 Singaporean and 31 other Pacific Region presenters who made a commitment to cross-cultural fertilization.

I am also grateful to the city of Singapore, an ideal spot for a conference. Television channels offered simultaneous programming in Malay, Chinese, and English, underscoring our Congress theme, "East Meets West." Singapore Prime Minister Lee Kuan Yew's firm parental hand has emphasized such things as good manners, family planning, and dental hygiene; condemned smoking, spitting, gum, and long hair for men; and imposed heavy fines for littering and jaywalking. His benevolent dictatorship has resulted in a well-ordered, modern, clean city with the highest living standard in Asia for its 2.5 million people.

The Westin Stamford Plaza Hotel also deserves recognition for its spacious sleeping rooms, its comfortable meeting rooms, and its armies of black-coated staff members with their "no problem" attitude toward any small or large dilemma. The location—just a block from the Satay Club outdoor eating stalls and across the street from the colonial Raffles Hotel (of Somerset Maugham and Singapore Sling fame)—made for interesting outings. The view from the 70-story restaurant, the lovely pool, and the enormous shopping mall right in the hotel (including a three-story Japanese-owned Sogo department store), made the Westin the best of all possible venues for the Congress.

Congress evaluations yielded two more important facts: First, "Chilly air-conditioning in the meeting rooms" was cited most often as the "worst aspect of the Congress," which suggests that the Congress itself was pretty good. Second, in answer to the question "where would you like to see future conferences held," the overwhelmingly unanimous vote was for a return to the Pacific Region: Thailand, Japan, India, Australia, Malaysia, People's Republic of China, Taiwan (Republic of China), Philippines, or, of course, Singapore!

We hope to see you all at our next one there, not too far in the future. □

ORGANIZATIONAL USES OF TA COLUMN



by Edie Bogusky-Beaujon and Jaap Beaujon

TA Concepts Useful in Organizations

This month we focus on how Sam Lloyd, President of Success Systems, Inc., and his associates use TA in training programs throughout the USA as well as internationally. Sam's specialty is in training to improve interpersonal effectiveness. In this article he describes how he presents TA to organizational people and why he uses TA concepts.

We find that most people are fascinated with the concept of ego states. After initially referring to them as such, we subsequently call them "parts" of the personality. Our explanation of ego states is simplified, describing the Child as the feeling part, the Adult as the thinking part, and the Parent as the judging part. We explain how creativity and intuition are Child functions, how rational analysis and information exchange are Adult functions, and how protecting, nurturing, and evaluating in terms of values and standards are Parent functions. We emphasize the OK aspects of all three parts.

While we originally taught the concept of transactions as it is presented in the literature, we now find it more useful for our purposes to describe communication between people as a process of invitation and response. We refer to complementary transactions as "getting on the same channel." It is important for people to know that they can communicate with anyone by learning to identify which part of the person's personality is most accessible and how to use words and body language to tap into that part long enough to communicate effectively. Most people are fascinated with this information!

We estimate that at least 90% of our participants have not had prior exposure to TA.

We believe it is important for people to know that everyone has some undesirable personality characteristics. We usually introduce this idea using Karpman's Drama Triangle concept. We project the triangle on a screen while describing a conflict between mom, dad, and a kid in playful, exaggerated voice tones and mugging that communicates the flavor of a family disagreement. People enjoy the story and identify strongly with how people play the roles of Persecutor, Rescuer, and Victim. We emphasize that everyone plays all three roles, and that this proves they are human! We also indicate that reducing the frequency and severity of participation in the Drama Triangle is one goal of our training.

Another important TA concept we discuss is symbiosis, which we describe as an unhealthy overdependency that develops in many long-term relationships. By asking participants what they suspect might be the eventual thoughts and feelings of each person in a symbiotic relationship, we help them discover that doing something about symbiosis would be productive. Most people quickly realize that using more communication channels and ego states is the way to avoid symbiosis. We also point out that practice communicating with different personality parts will help them break the symbiotic pattern.

As valuable as transactional analysis concepts are for giving people a model for understanding how they and others function, we believe that people need very specific instruction in what to do. Therefore, our training includes teaching word choices and body language cues that are consistent with being assertive (OK-OK), listening skills, and a step-by-step confrontation technique. Workbook exercises and role-play practice are used to help people learn new ways of interacting with others.

We like TA because it is practical, positive, and it provides a valuable model and structure for people to use to make sense of human behavior. We estimate that at least 90% of our participants have not had prior exposure to TA before we begin working with them, but even those who have express pleasure at being reintroduced to the ideas, and everyone seems to find something of value in it for themselves.

Again we see how TA can be adapted to organizational use, turning new people on to OK-OK ways of relating to each other. Please let us know the unique ways you use TA in organizations. Send your 500-700 word article (air-mail) to Edie Bogusky-Beaujon, Ierlandstraat #24, Oranjestad, Aruba. □

CLINICAL APPLICATIONS OF TA COLUMN



by Felipe Garcia

Stroke Economy Balance Suggested

In response to my invitation in the December 1986 *Script*, John Gladfelter, PhD, CTM, from Dallas, Texas, sent in the following thought-provoking letter. "One thing I look for in a balanced primary relationship is the stroke resource from which each individual works. It seems to me that the optimal resource system looks like this: Individuals get 55% of their strokes from the everyday world at large, 25% from themselves, and 20% from their significant other. When these stroke resources shift from this balance, the person and the relationship suffer, and one or both people, depending on each one's balance, gets help or gets out."

As I read John's letter, several questions came to mind. For example, in terms of the stroke quota, what is the type of stroke balance? Some people ask for and receive many more negative strokes, both conditional and unconditional. As transactional analysts we uphold two positions in relation to strokes: 1) strokes are desirable and necessary for existence and survival, and 2) life-giving positive strokes are better than life-destroying negative ones. How do we help a client move from a negative stroke economy, in which a majority of strokes received are internalized as negative, to a positive stroke economy?

Changing the Parent belief that "I'm not OK" or "others are not OK and hurt me" and changing the Child adaptations that agree and expect the self to be mistreated are obvious alterations which must take place. I find affirmations effective for this. "I deserve love" written repeatedly or declared to individual group members seems to have a potent impact on internal belief systems, particularly when the group member responds positively with something like, "Yes, you do deserve love, and I'm glad you know that." The affirmation is most effective when tailored to fit a particular client's issues.

Please send me examples of how you intervene to facilitate changes in clients' stroke economies using redecision therapy, parenting, hypnotherapy, Gestalt, affirmations, and other methods.

How do we help a client move from a negative stroke economy to a positive stroke economy?

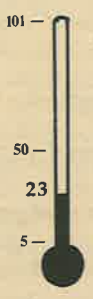
I find that individuals using manic-depressive structures seem the most addicted to negative strokes and face the greatest challenge in shifting to a positive stroke economy. Some clinicians believe that a structured process that provides such clients with negative strokes while they are changing to a positive stroke economy prevents them from creating messes in their lives in order to receive the negative pay-offs. This contract is made by the client's Adult once he or she is aware of the negative stroke pay-off he or she sets up. I have not used this procedure, but I would like to hear your opinions and observations about it and options you have developed for working in this area.

Personally, I find meditation to be an excellent option for clients who have difficulty becoming aware of their unconditional OKness and giving up a negative stroke economy.

Internalizing strokes is another area I believe deserves attention, as does the issue of self-stroking. Some individuals will ask for positive strokes either directly or by doing things that will elicite them. However, while they accept the strokes with a smile and a thank you, it is obvious that the strokes are not being heard nor is the energy from them being internalized. I find that stopping the process and suggesting that clients "breathe in" the stroke helps people take time to internalize strokes. This helps clients use the positive experience to begin to change the negative belief that they are not worthy of strokes or should not need them from others.

Your suggestions, thoughts, and comments on these and other clinical issues are welcome and will be published as space is available. Send your input to me at Rt. 15, Box 234-C, San Antonio, Texas, USA 78238. □

Tally of Year of 101 101s (to date)



101s Committed: 50
101s Given: 23
Total Participants: 400

TA 101 CALENDAR

March 7-8, 1987 - Akron, Ohio, USA. Cost: $90. Leader: Ed Perkinson, CTM. Contact: Ed Perkinson, 635 N. Hometown Rd., Akron, OH, USA 44313; phone: 216-666-4541.

March 26-27, 1987 - Chapel Hill, North Carolina, USA. Cost: $90. Leader: Vann Joines, MDiv, CTM. Contact: Alice Jeffries, Southeast Institute, 103 Edwards Ridge, Chapel Hill, NC, USA 27514; phone: 919-929-1171.

April 1-June 8, 1987 - East Lansing, Michigan, USA. Class SW 430 at Michigan State University School of Social Work; both graduate and undergraduate credit available. Leader: Denise Coburn, CPTM. Contact: Denise Coburn, PO Box 237, Okemos, MI, USA 48864; phone: 517-349-1974.

April 9-10, 1987 - Reading, Berks., England. Given during Annual Conference of the Institute of Transactional Analysis. Cost: included in registration fee. Contact: Bookings Secretary, ITA Conference 1987, 130, Brunswick Rd., Southend-on-Sea, Essex SS21 2UJ, England; phone: (0702) 618397.

April 10-12, 1987 - Waldkirch b. Freiburg, W. Germany. Cost: DM 300. Leader: Dr. Anne Kohlhaas-Reith, CTM. Contact: Dr. Anne Kohlhaas-Reith, Birkenweg 3, D-7808 Waldkirch, W. Germany; phone: 07681-6179.

April 20-June 8, 1987 - Silver Spring, Maryland, USA. TA 101 and Addictions Seminar. Cost: $250. Leader: Marcia Rosen, CPTM. Contact: Marcia Rosen, phone: 301-424-6440.

April 24-25, 1987 - Minneapolis, Minnesota, USA. Cost: $90. Leader: Brenda Schaeffer, CPTM. Contact: Brenda Schaeffer, 6100 Green Valley Dr., Suite 150, Minneapolis, MN, USA 55438; phone: 1-612-831-0497.

Conference Update

JEAN HOUSTON
(continued from page 1)

The place is packed with Sicilian Catholics. After the movie, I'm heady with purpose; I know what I have to do. I run home, up to the second floor where we had this deep closet with a wall-safe in the back. I get into this closet, close the door, and begin to pray to the Virgin Mary. "Virgin Mary, please appear for me. I want so much to see you. If you show up, I'll give up candy for a week. I'll close my eyes and count to ten and you be there, okay?" So I closed my eyes and counted to ten. No Virgin Mary. "Virgin Mary, I'm going to count to 27 and give up candy for three months, okay?" I kept counting, higher and higher, and I gave up everything, most calories except for broccoli. Finally I said, "Virgin Mary, maybe you don't know where I live. It's 1404 Avenue O, and Eddy is jumping rope outside." No Virgin Mary. I give up. I go to the window where there was a window seat, and I look down at the fig tree in the yard, and I look up and see a plane in the sky, and I give up. But I think I must have done something right, because then it happened. I didn't see or hear anything different. The only thing I can describe is that suddenly the whole universe moves into meaning, and I know that I and the fig tree and the plane in the sky and my Mary Jane shoes and my bit of pencil and my little white socks — everything is a part of everything else. And suddenly, whoom, it is all there: new wheat growing in Kansas, and fish off of Sheepshead Bay in Brooklyn, and old people dying in Shore Road Hospital. Everything is part of everything else, everything is important, and I know the connection absolutely. We are in a universe of tremendous fellowship and presence. Everything is dynamically part of everything else, and it is moving together. And it was very, very good.

This knowledge lasted for an eternity, but probably it was only for two seconds, because the plane had moved from here to there in the sky. Suddenly I heard the door downstairs slam and my father entered, laughing uproariously, which was characteristic of him, and immediately the whole universe began to laugh: the fig tree laughed, the airplane in the sky laughed, my idea of the Virgin Mary laughed, and laughter literally rang from star to star. Years later I learned some words from Dante that referred to this as "the joy that spins the universe," and indeed it was like a great diamond coat of joy, keeping everything dynamically charged.

This experience was so powerful that it stayed with me through childhood; every moment I was aware of it, it was always current in my mind. And if anything, adolescence gave it eros, gave it passion. Then I got stupid: I went to graduate school for too long, and it went away for a little while. But then of course it came back, because it was deeply imprinted. I knew absolutely at that time that we were citizens in a universe larger than our aspirations, far more complex than all our dreams, and that we had the basic equipment, we had the basic orchestral capacity to know this music. The die was cast at that point. I had no choice. You talk about free will — I had no choice after that. I had none. I knew my life had to be involved in evoking this knowledge: that we are part of a much larger pattern of things and have the full capacity to know, to participate, to be trustees of this pattern, to have full consciousness.

RE: How do you describe consciousness?

JH: Nobody can, you see. It's always been the great philosophical problem. It is multiple ways of knowing and of being aware. There is no such thing as altered states of consciousness because consciousness is always altering. It's a dynamic continuum, and not just in human beings. We have always thought of nature, intelligence, consciousness, and mind as being human. I spend alot of time with dolphins, and when you're swimming with dolphins you know you're dealing with complex intelligence and mindfulness — consciousness that has taken a totally different direction, which our pitiful efforts to understand really cannot get to. We cannot impose anthropomorphic forms on them. When we do, we destroy them. They have their own way of knowing. They don't have thumbs, so they don't manipulate the environment; they do other things with it. It's sort of a sonic way of knowing and they see you through and through. To be around them, to be pulsed by them, is to be awash in warm champagne. Suddenly local ego structures that are not important go away, and you are part of a deep, communal, compassionate social intelligence that you don't understand because there is nothing in your preparation to help you understand.

RE: I wonder if the dolphins would be able to pick out various human characteristics — like this person is safer than that person.

JH: Oh, yes, or this person is more interesting, or needy. I have my own little private observations on this. I've sent a number of people to spend time with dolphins. One women said, "I went and took a friend whom I was worried about; she was very depressed and suicidal. The dolphins had no interest in me at all; I felt like the wallflower at a party. They kept around my friend, who asked "Why are these fish creatures bothering me?" But they kept at her, and they were very sensual and they talked to her. After she left, she began to change, and the next day the change was profound: The suicidal impulse had left, the depression she had been in for months had lifted.

RE: I've heard that dolphins have saved many sailors' lives.

JH: Yes, but it's not just saving of lives *that* way. It's a psychic saving of lives. What I'm saying, in part, is that these are creatures of mind and consciousness, and recognizing that fact is having a profound effect on us as humans. We are no longer alone on the earth in our consciousness. We have ended our lonely vigil.

RE: What do you mean by the term,

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CHICAGO SUMMER CONFERENCE HOTEL RESERVATIONS
call toll free: 1-800-228-3000
Westin Hotel
909 North Michigan Ave.,
Chicago, Illinois, USA 60611

REGISTRATION FORM

1987 ITAA SUMMER CONFERENCE

July 29 — August 2, 1987 Chicago, Illinois, USA

	Member	Non Member
FULL CONFERENCE REGISTRATION (includes Conference registration, workshops,all parties, and Closing Brunch)		
____ Postmarked by 7/7/87	$170	$200
____ On-site or postmarked after 7/7/87	$200	$225
____ Full-time student (Copy of current ID must be enclosed) or Level I TA Trainee (PLEASE NOTE:PRE-REGISTRATION REQUIRED FOR STUDENT DISCOUNT)	$135	$165
____ Jean Houston Pre-Conference Institute Wednesday, July 29, 9am-5pm (After 7/7/87, cost is $95)	$ 85	$ 85
____ Peter Boland Post-Conference Institute Sunday, August 2, 1-6pm (After 7/7/87, cost is $75)	$ 65	$ 65
____ TA 101 (Introduction to TA) Monday, July 27, 9am-5pm and Tuesday, July 28, 9am-5pm	$ 75	$ 75
____ The Second City — Improvisational Comedy Theater Night (includes round-trip transportation from hotel) Thursday Evening, July 30.	$ 9	$ 9
TOTAL ENCLOSED	$_____	$_____

Name (Please Print) ITAA Membership Category

Street Address City

State/ Zip or Postal Code/ Country Phone (Daytime) Phone (Evening)

Is this your first ITAA Conference? _____Yes _____No

PAYMENT MUST BE IN U.S. FUNDS DRAWN ON A U.S. BANK.

____ Payment enclosed (make checks payable to ITAA Summer Conference)

____ Please charge to my Visa / MasterCard # |_|_|_|_|_|_|_|_|_|_|_|_|_|_|_|_|

Expiration Date _____ Signature _____

CANCELLATION POLICY AND REFUNDS: Registration fees (minus a $30 administration fee) are refundable *only* if a written request is received by July 7, 1987.

Members Forum

Editorial Policy: We welcome letters to the editor (c/o ITAA office). In editing for taste, accuracy, and length, we strive to retain the author's meaning.

WHAT IS JOHN WAYNE* DOING AT A TA CONFERENCE?

Dear ITAA Members:

Last summer I attended my first TA conference in the USA. I had a great time, and in light of my new mission as chairperson of the ITAA's Translation Committee, several unexpected issues came to the fore which I would like to share with you here.

Those of you who know me are aware of my fluency in English and my involvement with and passion for translation/interpreting issues. Thus you will realize how surprised I was to discover that many USA presenters who are understandable in personal contact or when addressing European audiences talk differently on "homebase." People I had heard speak often over the years all over Europe (sometimes only months earlier) were speaking two or three times faster, words were knitted together in strange amalgamations, and accents flourished. Every once in a while I completely missed a sentence or could not make sense of a set of words. Indeed a weird sensation.

A friend of mine likes to say that there are many English languages between Shakespearian and American slang. When I shared my experiences with others from outside the USA who had mastered other versions of English (some of my best friends are British!), I found they had similar reactions.

What I imagine happens in these workshops is that presenters feel so comfortable and at home that they rush off and forget that about 20% of the audience understands English but not slang or the latest colloquialisms. My call is: Hey! We are here, too! Even if we represent a small number, not even a "visible" minority (many of us cannot, at first glance, be distinguished from the natives), don't forget us!

We "foreigners" are willing to spend the time, energy, and money to come to conferences and attend your workshops because we think you have something valuable to offer us. Please come one step in our direction by making your presentation comprehensible to us, keeping in mind that for many of us English is our second, third, or fourth language. Take us into account in your pace and vocabulary.

Your presentation may lose some of its liveliness, spontaneity, and tempo, but after all, TA is about communicating and workshops are for teaching. Let's apply basic teaching skills!

If for personal, religious, political, or no reasons you don't want to use a more general vocabulary, that is your right. But then give us the opportunity to learn some of the slang that is so precious to you by translating it once in a while.

There is room for many languages in the House of TA. Let's keep the doors open as much as possible instead of creating new barriers within the same rooms. Chicago will be the twenty-fifth ITAA conference. We claim ITAA is truly international; this is a meaningful way you can contribute to making it so.

Nelly Micholt

**In the latest Antwerp slang, speaking "American slang" is referred to as speaking "cowboy."*

OPENING UP TEACHING OF TA 101

Dear Dr. Krieger:

I read with interest your column in the December *Script*. I would like to see the requirements to teach the 101 reduced in order to get TA into the hands of more people. If more people can teach TA then more people can hear about it. Doesn't that make sense?

In response to your question of the month, "What is the 101," I think it is: the basics of TA, the beginning of interest in TA, a method of understanding oneself and other people, a first step to personal growth and development, simple to understand, and a lifetime tool that doesn't wear out but gets better with use.

Below are some suggestions regarding requirements to teach the TA 101:

1. Must have taken the 101 with a qualified instructor OR, if in an isolated area, viewed the TA 101 via a recognized video or cassette tape.
2. Must read at least one book on TA from an approved reading list.
3. Must present before a qualified Teaching Member a short version of the 101 for critique. However, a correspondence program could be offered as well in which persons from areas not serviced by a qualified Teaching Member could forward a written teaching plan along with a resume of personal qualifications, including books read and possibly a tape of a sample presentation.
4. A qualified instructor could be assigned a student to act as a mentor either in person or through correspondence. When the mentor felt the student was ready, he or she could recommend the student be given a certificate to teach the basic TA 101.
5. ITAA's certificate to teach the 101 could include a statement such as "This certificate does not qualify this person for therapeutic therapy using the TA modality."
6. ITAA could supply a "teaching kit" consisting of a list of material to cover in a 101, a list of approved TA reading, application forms for becoming members of ITAA, and any other material that would help instructors or students.

In our monthly TA group there are professional people whom I feel are qualified to teach the 101. However, they are not interested in spending the money and excessive number of hours in training in order to do this. If the entry to teaching TA was simplified, more people might be interested in putting this item on their agenda, which might in the future lead to further advanced training in TA.

I look forward to hearing about the expected reorganization of the ITAA.

Alice Lalonde, Regina, Canada

VALUE AND SUPPORT IN EXAM PROCESS

Dear Bill:

I want to go on record to say I once again experienced the value and support of the ITAA examination and sponsoring process when I sat for my Clinical Level II exams at the ITAA/WPATA Congress in Singapore.

To those who organized the exam process — Jeffrey White, George Imperato, and Kristie Huige — and to the eight caring, potent, professional people from five different countries who sat on my boards, I say thank you for the experience and the strokes. To others who are preparing for exams I say, "Keep on — there is a great bunch of people waiting to welcome your dedication and learning." To my sponsors — Mary Goulding, Ken Mellor, Jeffrey White, and Robin Maslen — I say thanks for your availability, time, and knowledge.

We have a theory and organization worth publicizing, and a teaching and exam process unequalled by anything I know. I have been a member since 1974 and owe so much to the theory, practice, and worldwide organization of TA, that my hope is for all to share in its benefits and camaraderie. Singapore was a great experience; if you missed it, be sure to go to Chicago!

John Edwards, Tusmore, Australia

Raymond Hostie: Living Monument to TA in Europe

by Jean Wilmotte, MD, CM
Director, AAT

Raymond Hostie, PhD, Certified Teaching Member Instructor, recently announced his retirement as Editor of the French-language TA journal he founded, *Actualities En Analyse Transactionnelle*. No he is not ill, or otherwise disposed. He simply has the wisdom of his sixty-six years, and has decided it is time for him to move on.

For Raymond, each season of life calls for its own rhythm. And, it must be said, his summer has been blazing. In addition to editing *AAT*, he has trained nine clinical members and four educational/organizational members, eleven of whom have taken out PTM contracts. Among them, Michel Guichard of France has just become a Level II Instructor/Supervisor.

Raymond began *AAT* in 1973 under the guidance of his friend, Michael Reddy of England. Raymond was, of course, not new to psychotherapy. He had attended the Jung Institute in Zurich in 1951 and 1952 in order to improve his thesis through personal contact with C.G. Jung. In 1954 he received his PhD with the defense of his thesis, titled "Carl Gustav Jung and Religion."

Thus, when he became involved with TA, he was able to evalutate this new school of therapy through the eyes of an experienced professional. Raymond enjoys saying that he was seduced first of all by TA's systematization. Thanks to TA, he could finally begin working with the client immediately and stimulate the client's search for autonomy.

In 1974, Raymond gave his first session, and in 1976 he became a Clinical Certified Member and then a Provisional Teaching Member Instructor. It was that same year that he was active as a founding member and treasurer of the European Association of TA (EATA). He was chairman of EATA from 1978 to 1980.

Raymond did not stop there, however. After fifteen months of negotiations with the ITAA, he reached an agreement in 1977 to translate articles from the *Transactional Analysis Journal* and publish them in French. *AAT* was born soon afterward, and for the first three years the content was limited to translations of *TAJ* articles. Since 1980 the publication has broadened to include thirty-five original articles from Europe. The growth of "Raymond's new child" has been exemplary: subscriptions grew from 275 in 1977 to 1175 in 1986. Finally, in 1983 the Belgium TA Association (CFIP) and the French TA Association (IFAT) joined together in managing *Actualities*.

A selection committee decided in 1986 to set up a Raymond Hostie award to recognize the best original article published in the *AAT*. During a meeting organized in Paris to collect funds for this award, Remy Filliozat evoked the Japanese custom of awarding some exceptional citizen the title of "living monument." Unanimously, Raymond was declared "living monument" of TA in Europe!



Raymond Hostie

Thank you, Raymond, for being such a man, such a guide, such a friend. We wish you a wonderful Fall, and may your Child's dream come true: a flight, first-class, to the USA! □

Editor's Note: We welcome other letters regarding grassroots regional/national TA leaders.

JEAN HOUSTON

continued from page 4

"The Possible Human?"

JH: We know we use only 10% of our psychophysical equipment. Maybe we had to use it in the ice age when we had this tremendous growth in the frontal lobe, but since then we have not needed it. Things are different now. Now we must have a global sensibility. We have global economics, and we are about to become trustees of planetary and biological evolutionary governments for which we are unprepared. We are part of the "Gaia," the earth-consciousness, and we have become co-responsible, co-creators. If you regard the earth as a living system with us as part of it, we have become, if you will, the earth's "nervous-system," and men and women's relationships to each other will change as their relationship to the earth and our task on the earth changes. The problem is that this sets up all kinds of threats and traumas to existing social, cultural, and familial structures, particularly our forms of transaction. The transactions, I think, are changing at a very deep, almost mythic level, and that is why I am so fascinated now with the myth. A myth is something that never was but is always happening. A myth is the coded DNA of the human psyche calling us to a larger and more complex story.

RE: You have said that mythical stories are more true than the truth.

JH: Yes, a mythical story is true but not accurate. A local story is accurate but not true. And we're at the edge of history in that another story is emerging, one connected with our scientific and technological discoveries. We are vindicating the sensibilities of the old mystics who knew that we are the dancer, the dancing, and the danced. And this understanding is consonent with the new physics which says much the same thing, especially in particle physics. Much of what is possible for us has to do with our coming back into contact with our natural environment, because then a very different and intimate kind of knowing is possible. This, in turn, will be made possible by the miniaturization of technology, so that much of the earth can be returned to landscape. In our landscape is much of our story, lost through industrialization and the destruction of so much of the landscape.

RE: Do you want to say more about the possible human?

JH: I'm just saying we have a revolution in the understanding of human nature. Neuorologically and psychophysically, we are developing a cross-cultural inventory of human resources that may at first seem more mythical than real, but in fact is very real. And all of these together are feeding into what we are calling "human possibilities." It is truly a reality quake. This is why people run, dance, do aerobics, yoga, and Tai Chi. They are essentially extending their physiological equipment, engaging in more intensive communication both within and outside their families. This does not come without an enormous amount of trauma, because the structures are breaking down. We are in a state of yearning, and there is much to yearn for. I travel over a quarter of a million miles a year, and everywhere there is a rising tide of love: not eros or agape, but something quite different. It is truly more a love in terms of yearning. The story is deepening, the human capacity is becoming available in ways it never could be before, and people are at the edge of their own history.

RE: I'm sure our readers will look forward to hearing more from you in Chicago about all of this.

JH: Yes, and I will look forward to meeting them. □

Our thanks to ITAA Conference Coordinator Megan Englander for editing this interview.

SINGAPORE FLING

(continued from page 1)

Malaysia and won or lost some bundles of cash . . . Address questions about the Singapore Customs Department to Trans Pubs Manager Norm Shea, who received an education in the subject . . . What TA old-timer was seen at the hotel's fanciest restaurant wearing the tablecloth? . . . Ask Mary Goulding about her "assignation" with a taxi driver . . . Ask any Thai member how to *play* TA.

What's Up Doc, Department: Lots of concern about the huge discrepancies between the ratio of conference costs to personal income for members from various countries. Example: USA citizens enjoyed a week of play at about half USA prices, while one member from India shelled out seven months salary to attend, even though he stayed at the YMCA. Some horrified members made hasty contributions to begin balancing the situation. The Social Action Forum is discussing formal mechanisms to alleviate such circumstances, so send them your ideas.

Sexism, Singapore Style: Single women are not allowed in the poshest hotel bar after 11pm, supposedly to "protect" the poor, defenseless single men there from succumbing to sex for sale. Question: why don't they refuse admittance to the men, or require them to wear chastity belts with a time lock? The Westin chain has a policy similar to the Singapore hotel, and we're due there in Chicago next summer . . . .

Quotables: "Aces and tens are not good in an ITAA poker game," says Ken Windes, who adds, "The cultural exchange was wonderful." "It was so easy for East to meet West," says Linda Barnett (USA). "The poker game is now referred to as the Ken Windes Financial Seminar and Hunting and Gathering Society. It will reconvene in Chicago this summer," says Lewis Quinby (USA). "Members of said society," adds Elaine Gowell (USA), "are wondering why Vince Gilpin (Canada) didn't show up." "Southern and Western Australians were excited at all the networking we were able to accomplish in Singapore," says Vanda Rounsefell (Australia).

Highlights: for Ginette Ayache (Canada), "Getting close in the elevators, getting close in the auto bus, playing decadent colonialist in the Old Raffles Hotel, finding out while there that a Singapore Sling (which was invented there) really tasted like medicine, making lots of noise eating chili crabs with my fingers, advertising for a dance partner and finding one, Jean Duck's powerful workshop on improving organizations, and the elegance and courtesy of our hosts, the Singaporeans."

Conference edict from Maggie White (Australia), "In five years TA will both transform and be transformed by this part of the world."

Gloria Martillano (Arabia), who runs courses for Gulf Hotel personnel in Bahrain, loved "the equal representation of clinical and organizational material."



(L to R) Carlo Moiso, Natalie Haimowitz, Gloria Wax, and Morris Haimowitz playing "Tourist" during Singapore Congress.

Bria Bhattacharyye (Singapore), at her very first TA conference, had been introduced to PAC through Singapore Airlines Customer Relations Program. Her first impressions: "TA people are so committed, so dedicated, and have such great faith in what they do. I never knew how many ways TA could be applied. I will definitely learn more."

For Bria, and everyone else we talked with, the Singapore conference definitely rated an "A." Nice to get good grades, eh?

OCTOBER 1986 NEW MEMBERS

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Gingrich, Martha	Nancy Marbach-Williford
Isom, Bettye	—
Johnson, Katherine	Mary Goulding
Larson, David	Brenda Schaeffer
Melling, Harry	—
Modgson, Cecilie	Lilly Stuart
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Monachelli, Ronald	Mary Goulding
Nova Therapeutic Community	—
Perchaluk, Isabelle	Vince Gilpin
Rainville, Serge	Vince Gilpin
Saltman, Sonja	Mary Goulding
Saunders, Deborah	George Kohlrieser
Shroff, Feroza	Maria Gilbert
Smith, Sandra	Vince Gilpin
Vauthier, M.	—

Resource Reviewers Wanted for Theme Issue on Treatment of Children

We are looking for resource reviewers who are willing to review articles for the upcoming (April 1988) theme issue of the *Transactional Analysis Journal* on TA and the treatment of children. If you have expertise and/or interest in this area, please fill out the form below and return it to the Publications Manager, c/o ITAA office.

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Areas of Expertise _____

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TA CONFERENCES WORLDWIDE

March 11, 1987 - Geneva, Switzerland. One-day conference organized by French-speaking TA Association in Switzerland (ASPAT-SR). Contact: Ian Pizer, 49 Ch. Machery, 1292 Geneva, Switzerland.

April 9-12, 1987 - Reading, Berks., England. Annual National Conference of The Institute of Transactional Analysis. Contact: Barry Lines 130, Brunswick Rd., Southend-on-Sea, Essex SS21 2UJ, England; phone: (0702) 618397.

April 24-26, 1987 - Chapel Hill, North Carolina, USA. Southeast Institute Conference. Contact: SE Institute, 103 Edwards Ridge, Chapel Hill, NC, USA 27514; phone 919-929-1171.

April 24-26, 1987 - Santa Fe, New Mexico. Mountain States USATAA Regional Conference. Contact: Ed Castoria, 7611 Lighthouse Dr. #125, Stockton CA, USA 95209; phone: 209-473-4913.

May 22-24, 1987 - Kassel, West Germany. DGTA (German TA Association Conference. Contact DGTA, Samerbergweg 7, 8269 BurgkirchenÀlz, West Germany; phone: (0 86 79) 41 84.

July 3-4, 1987 - Chamonix, France. European Association for TA Conference. Contact: Christine de St. Pierre, 2 Square de Luynes, 78150 Le Chesnay, France.

July 30 - August 3, 1987 - Chicago, Illinois, USA. International Transactional Analysis Association Summer Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA, USA 94123; phone: 415-885-5992.

January 12-17, 1988 - San Diego, California, USA. International Transactional Analysis Association Winter Congress. Contact: ITAA, 1772 Vallejo St., San Francisco, CA, USA 94123; phone: 415-885-5992.

July 4-9, 1988 - Britain. European Association for Transactional Analysis Summer Conference. Contact: Lilly Stuart, 106 Heathwood Gdns., London SE7 8ER, England.

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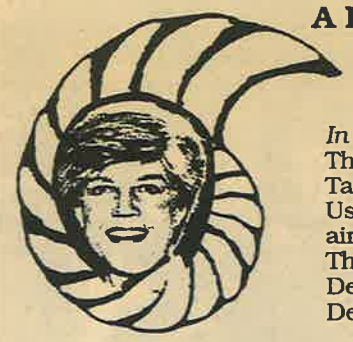

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AUGUST 4-8, 1987 after Chicago Summer Conference: 5-day advanced TA redecision workshop (size limited to 12) with Mary Goulding. Location: Zion Beach Resort on Lake Michigan; swimming pool, jacuzzi. $78/day including meals; workshop fee: $400. Send $100 deposit now to WIGFT, 262 Gaffey Rd., Watsonville, CA, USA 95076.

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Keeping In Touch

REGION I - PACIFIC

More from the Australasian TA Network (October 1986 edition) — **John Stephenson and Wayne Hutchinson** conduct a monthly peer supervision training group in Melbourne. Contact Wayne or John for information…**Enid Ware** of New South Wales is a clinical trainee who works in a rehabilitation program for people with chronic psychiatric disabilities. She says, "clients and volunteers soon learn to understand ego states, stroking, permission and self responsibility…and as a team we use TA principles to nurture ourselves. **Libby Crichton,** also of New South Wales, used TA with seriously mentally ill clients in a community setting and in groups for inpatients and outpatients in a large general hospital. Enid and Libby also run community groups together.

The BOC thanks examiners Gail Broady, Jeanette King, Kate Meredith, and Sally Robinson for their help with the Level I exams in Perth, W. Australia.

REGION III — EUROPE

Bernd Schmid of West Germany sends word that the PTMs and TMs of the German TA Association (DGTA) met for two days of training before the European exams held in Brussels last November. They focused on the oral exam process and evaluated tape presentations.

Bernd writes, "We spent the first day discussing tape segments and did not expect to be so similar with regards to the criteria and internal processes we used in evaluating the tapes. When we differed, it mainly depended on the pros and cons of specific tapes. We also found it difficult to evaluate tapes without having the candidates there. Each trainer wrote down the criteria for a judgment and observations about his or her inner process of judging, so we have good material with which to do further studies."

The evening of the first day was spent discussing positive experiences with the European written exam experience, and the second day was devoted to watching videotapes of a mock exam and to discussing and exchanging experiences and ideas about the exam process. Bernd indicates this had a direct result on the satisfying exams held the next day.

Next year this trainers' meeting will be held on a European level in three languages (German, English, French). In addition, German trainers decided to begin a discussion about the basics of TA theory based on new papers published in Germany. They hope to enlarge TA theory and to help reorganize the framework out of which TA concepts and applications can be understood.

Bernd ended by saying, "Our impression is that TA is growing in Europe, not only in quantity, but in quality. We welcome those who are interested in sharing one of these events with us."

REGION IV - LATIN AMERICA



Members of the Guadeloupe Association of TA

REGION V — USA

Louis Billones, AM, of Salt Lake City, was recently elected Treasurer of the USA-TAA.

Federal Judge Harold Neufeld, was recently elected President of the Albuquerque TA Seminar, sponsored by William Krieger, EdD.



Participants at the residential TA 101 given November 8-9, 1986 by Pat Jarvis, CTM, assisted by Peg Blackstone, CTA. Peg says, "We have a great time at my home office on Sequim Bay, Washington, learning by day and making music by night. In the photo I am in the lower right corner kneeling with the dogs, and Pat is standing behind me. Only one of the dogs participated; the other was just visiting!"

ALL REGIONS

Third World Congress of Victimology — July 7-11, 1987 at the Renaissance Hotel in San Francisco, California, USA. Deadline for proposals: May 15, 1987. For more information, contact World Congress, 2333 North Vernon St., Arlington, VA, USA 22207.

Claude Steiner traveled as a journalist from San Francisco to Managua, Nicaragua, by car during June and July of last year. He has written up his findings and will make them available in xerox form. To receive a copy of "Report on Central America: Following the US Footprint Across Mexico, Guatemala, El Salvador, Honduras, and Nicaragua," send a self-addressed envelope and $1 to Claude at 2901 Piedmont Ave., Berkeley, CA 94705.



Roberto Fontaine, CPTM of Venezuela (bottom center) with 32 participants from the 101 he gave in Guadeloupe last November.

Suggestion for Conference Speakers Wanted — The Program Committee would like to know about potential keynote and pre-conference speakers for upcoming ITAA conferences. Contact the Program Committee, c/o the ITAA office, with your ideas.

The American Association of Suicidology and the International Association of Suicide Prevention will hold their annual convention May 25–30, 1987 in San Francisco. Deadline for submissions: November 1, 1986. Contact: American Association of Suicidology, 2459 S. Ash, Denver, CO, USA 80222; phone: 303-692-0985.

Prevent Chemical Abuse — the National Prevention Task Force of the Committee for School-based Drug Abuse Prevention Programs is looking for criteria for substance abuse prevention programs. If you have such criteria or know of a program that does, please contact ITAA Education Committee member Carole Gesme, 4036 Kerry Court, Minnetonka, MN 55345; phone: 612-938-9163.

Clinical and Educational Abstract Writers Needed — abstracting is a specialized skill, and we are looking for members who already have the ability or who are willing to learn it. Abstracts from the *TAJ* are available through *Psychological Abstracts,* and the quality of the abstracts themselves have a great deal to do with how TA, the *Journal,* and *Journal* authors are perceived among other professionals. We are pleased that Roger Blakeney has agreed to do abstracts for articles related to organizational applications, and are now looking for people to do them for clinical and educational articles. If you are willing to help, contact the *TAJ* Editor, c/o the ITAA office.

Do You Hold an Office in Another Professional Association? If you do, we want to know about it, both in order to stroke you for your achievement and as a way of building bridges to other associations. Please send the information to *The Script* Editor, c/o the ITAA office.

"Artist as Therapist" will be the theme of the Fifteenth Annual Pratt Creative Arts Therapy Expo to be held in New York on Saturday, March 28, 1987. For more information, contact Pratt Institute, 200 Willoughby Ave., Brooklyn, New York, USA 11205; phone: 718-636-3600.

Education Committee Notice: There is a new procedure to clarify/assist/ contract/training dispute negotiations under Training Standards Committee Guidelines. This is an arbitration process to help resolve problems so they do not have to go to the Ethics or Professional Practices Committees.

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