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The Script

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A CONVERSATION WITH VINCE GILPIN

ITAA Elects First President from Outside USA

by Denton Roberts

The following interview with President-Elect Vince Gilpin was done by his longtime friend and the current President of the USA-TAA, Denton Roberts.

Denton: Congratulations on being the first person from outside the USA to be elected president of the ITAA!
Vince: Thank you.
D: In relation to that fact, how do you think your presidency will offer something different for the ITAA?
V: Well, even though we called ourselves international from the beginning and have worked steadily in that direction, I think having a president from outside the USA demonstrates that leadership can come from anywhere in the TA world, that Australians, and Europeans, and Indians, and South Americans can all run for president, and that we can make it work. I also think it indicates that the organization is now broad enough and open enough to select a president from the whole membership rather than from a geographical region.
D: I know you yourself have a multicultural background.
V: Yes, I think of my roots as being in Jamaica where I was born and raised. But having lived in Canada for the last twenty years, I now feel a strong attachment to Canada and the Canadian way of life. I also studied in England for three years which left me with warm feelings for the European lifestyle. And historically my roots are in Africa; so in many ways I feel like an international individual.
D: Vince, I remember sitting on your CM examining board in 1972. Did you think back then about being ITAA president someday?
V: (laughs) No way! Politics was never high on my agenda. I was more excited about TA theory and how I could use it clinically.
D: How did it happen then that you ended up a political figure?
V: Honestly, I don't know. I guess it started in the early seventies when I first served on the Board of Trustees representing Canada. Since then I have been active in Board and committee work, and when the BOC was formed I became a member. A couple years later I became BOC Chairman.
D: Speaking of the BOC, that has been something of a hotbed of controversy, and I know from personal experience it has been an arduous job for you.
V: Yes, it was.
D: How do you explain all the difficulties around certification, and what do you think will happen in the future?
V: I think certification has been a major service this Association offers to its members. When the BOC was established two things happened. There was a strong move toward competency-based certification, and the leaders of the ITAA at that time were eager to identify with the National Commission of Health Certifying Agencies (NCHCA), the competency-based accrediting association in North America. At the same time, the nonprofit tax status of the ITAA was threatened because certification services are viewed as contrary to the Association's educational status. So, the Board decided to establish the BOC both in response to NCHCA's request that accreditation be separate from management of the organization (so as not to be a self-serving organization) and in order to protect the ITAA's nonprofit tax status.

However, in establishing the BOC, those involved at the time failed to adequately inform members about the pressures forcing them to make these changes. Consequently there were more rumors about why the changes were being made than there was hard information. When I became chairman, I began meeting with people at various conferences, especially in Europe, to answer their questions and to explain what the BOC was all about. Their concern was that we had made a change and had not consulted with or informed them.



Vince Gilpin

There is still some work to be done to establish a structure that is legally separate in a way that our tax status is preserved, and one of my priorities is to make sure members understand what's happening, and why it is urgent we make these changes.
D: Do you think the problem will soon be resolved and will not be controversial anymore?
V: I think there will always be some degree of controversy in this area because

- *continued on page 4*

A Personal Statement About The Election

by Marilyn J. Zalcman

Although it has not been a tradition in the ITAA for the candidate who loses the presidential election to write an article for *The Script*, I have requested space to do so.

First, I want to congratulate Vince Gilpin on his election. I think it is especially important at this point in ITAA's development that a president from a country other than the United States has been elected. I also believe, from the similarities in our election statements, that Vince will emphasize the directions I think are most important — those recommended by the Long Range Planning Task Force (LRPTF) for the international development of the ITAA.

I also want to thank and congratulate the ITAA members who voted in this election. The return rate was the highest it has been in several years, which to me is a sign of the investment and enthusiasm felt for the ITAA. It was also a very close election, which I believe reflects the similarities in goals that Vince and I stated, rather than any schism in the organization. I strongly encourage those of you who voted for me to support Vince and to put your energies into making the ITAA work!

I strongly encourage those of you who voted for me to support Vince and to put your energies into making the ITAA work.

A significant way in which each member can contribute to the ITAA is to participate in committee work. As Vice-President, I have been working as a liaison with committee chairs and the LRPTF. There is always a plea and a place for persons willing to work on committees and to carry out the important projects of the organization. It is on this level that I believe individual members can have a significant influence and impact. The officers and Board of Trustees set policies; it is the committees that define the form and process these policies take. There is a lot of room for each ITAA member to have a voice and to make a difference. With the restructuring of the ITAA and the transitions we will be making, I hope each of you will pick an area of interest and volunteer to work on committees or the LRPTF.

In addition to committee work for the organization, I think it is essential for our continuing growth that we concentrate on the development of TA theory and practice. As I said in my keynote address at the 1986 EATA Summer Conference, I believe it is time for us to review and revise TA. We need to do more of our own research, as well as to integrate the theory and research from other areas. And, even more important, I believe we need to develop concepts and ways of practicing that emphasize normal human behavior and change, not just problems and pathological developments. Having an

- *continued on page 6*

ITAA
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EDITOR'S COLUMN



by William Krieger

Do What You Know

Many years ago when I was about to leave Albuquerque to take my CM oral exam, I called my trainer, Abe Wagner, and asked if he had any last minute advice. To this day I remember Abe's words, and they have brought me through many a stressful situation.

In response to my query, Abe succintly said: "Do what you know." The next day as I waited to take my orals, the rumor spread that "if they keep you more than an hour you're probably going to fail." My turn finally came, and as an hour crept by, I felt myself getting into Compliant Child. Abe's words rang in my ears: "Do what you know!" I remember telling the exam board that I felt myself getting compliant, and I wanted to take a minute to do something about it. I switched positions in my chair, said something nurturing to myself silently, and moved my energy to a more effective ego state. I passed!

The person who really knows TA uses it rather than talks it.

Looking back I realize that what I did during that exam was not only show that I knew TA and could technically apply it in a clinical setting, I had, at least to some extent, internalized it and did what I knew. To this day I emphasize in my supervision of clinical mental health counselors or training of managers and teachers that the person who really knows TA uses it rather than talks it.

I believe much of the early negative reaction to TA was due to the often untrained individuals who talked TA rather than applied it. For instance, they would verbally identify ego states in others rather than "using" that insight to be more effective with them.

In this issue of *The Script*, President Lucy Freedman exhorts us all to apply "TA more dynamically to our lives." She points out that we ". . . have to choose to act this way . . . ." She goes on to say, "TA has helped with the awareness; it takes will to live it out."

I believe the most important tool transactional analysts have, regardless of setting, is themselves. The conscious use of self by transactional analysts is what, in the long run, will demonstrate to practitioners from other schools of thought the real potency of the TA model.

* * * * *

Question for the Month: Do you do what you know (i.e., do you live as you believe)?

PRESIDENT'S COLUMN



by Lucy Freedman

Being a Winner: Script Theory and Your Life

What does the theory of life scripts have to do with your life as you are living it today? Do you have a happier, more effective, more caring, or wiser life experience as a result of applying script theory?

Someone new to TA might ask, "What do I notice about people experienced in TA? Openness, stroking, clear Adult functioning, available Free Child with healthy Parent behavior? Then perhaps they are winners — people who practice what they preach and whose lives benefit from it, showing me that it is a worthwhile discipline in which to invest myself."

"Or are these TA people practitioners of methods they have stopped applying to their own lives? Are they selling worn goods? How can I tell if they are still growing?" Sometimes I wonder if an unbiased observer might see TA people acting out destructive or boring life scripts, being passive, or simply avoiding intimacy with themselves and others and conclude that we are crusaders, faddists, promoters, nonwinners, that knowing about your script seems to be of little value.

Is this a possible perception of TA and the ITAA? Is there a valid critique here? Could we be much more by applying TA more dynamically to our lives? And how can we as members of the ITAA help prevent such an image from being the reality?

TA in itself does not free one from a limiting life script as a person or as an organization. Just "knowing the answers," even being a technically good therapist, educator, or consultant using TA does not get you much if you do not experience what it means to be a "winner" in your life. Theoretical accuracy is irrelevant compared to the validity of a theory and method that helps people choose to be winners and to sustain that approach throughout their lives. Cure is not enough. An ongoing lifestyle of learning and growth is the healthy manifestation of being a winner, no matter to what theory you subscribe.

An ongoing lifestyle of learning and growth is the healthy manifestation of being a winner, no matter to what theory you subscribe.

How do we use TA to support genuinely winning lifestyles? For myself, there are permissions, protections, and patterns of effective behavior I learned as I studied and applied TA in training and therapy that have given me more options. I am conscious of beliefs that I believe are present in the lives of winners: that there is enough to go around, that people (including oneself) are OK, that it is OK to be happy, and that problems can be solved. When I act according to these beliefs I am happier, more effective, wiser, and more caring. But I have to choose to act this way, and that requires reinforcement and reminders.

TA has helped with the awareness; it takes will to live it out. I do not always have the will, especially on my own. Winners know they need things from others, too. I need to have other winners around to keep me going.

I also believe that none of us act, believe, or feel like winners all the time. Perhaps the best definition of a winner is someone who is willing to take a positive approach to life even when he or she does not feel like it.

In my own life I use my work to remind myself how to be a winner and to renew my enthusiasm for living as a winner. In teaching and applying TA and script theory in a positive way, and in being a guide for others who are seeking health and growth, I teach what I need to learn. Without this kind of active involvement, I begin to run down instead of living as a winner. In this way, the ITAA itself helps me live as I believe.

One thing is for sure: Maintaining an OK-OK winning lifestyle can be lonely. Perhaps the greatest thing to be said for the ITAA and TA associations is that they are communities of people in which it is OK to be a winner. By participating in this community, you and I can help each other turn script theory into living reality. Then more and more professionals will perceive us as a group of winners to which it is worth belonging.

EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

ITAA Information Service Leads to Growth of TA in Kuwait

One benefit of ITAA membership is the opportunity it presents for international networking. By this I mean the cross-fertilization of knowledge and the sharing of skills and expertise between members in different regions, countries, or even continents around the world.

The Central Office assists in this networking through our responses to the 60 to 150 written requests we receive every month from individuals who want information on TA training, membership, or a list of names of Certified Transactional Analysts in their areas.

For example, last August I received a request from Dr. U.L. Rao in Kuwait for information on how to fulfill the requirements for TA certification in organizational applications. At the same time, I received another request from Mr. V.G.S. Mani, Training Coordinator for the Institute of Banking Studies, to set up a five-day TA Training Program for Senior Managers of the banks in Kuwait. I knew these were linked because Dr. Rao, our only Regular Member in Kuwait and a five-year member of the ITAA, teaches TA applications in training programs for the Institute of Banking Studies in Sufat.

However, both requests presented logistical problems: The nearest advanced ITAA members to Kuwait are in Europe or India. So, since it is ITAA policy not to recommend one Certified Transactional Analyst over another, I responded to both requests by sending each a list of Organizational Teaching Members and Provisional Teaching Members with brief biographical information on those listed. Thus it would be up to them to make the match.

Just before Christmas, I received the following letter:

Dear Susan:

I thought you might like to hear the conclusion of the "Kuwait Affair." I was chosen to make the presentation to the Institute of Banking Studies, so thank you for including me on your list. I spent a week in Kuwait, and it was very different from what I expected — clean, modern, and air-conditioned for openers. The program went very well, and we are now in the midst of negotiations which could bring me back twice a year for up to five years. There is some potential there, and I hope to be a part of developing it.

I also spoke with Dr. Rao about supervision and indicated that my preference was to do it in Kuwait if the other contract is agreed upon, and to do some by mail otherwise. So, we will see what transpires there.

I appreciate the support you are giving, not only to me, but to others in the ITAA as well. Keep up the good work!

R.S. (Dick) Underhill

It is gratifying to learn that our efforts through the ITAA office help you, the membership of ITAA, reach out and spread TA to the far corners of this planet. What a great partnership!

The Script

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EDUCATIONAL USES OF TA COLUMN



by Jean Illsley Clarke

TA at Tyrone Elementary

In this column Deanna Hockensmith, the Assistant Principal at Tyrone Elementary School in St. Petersburg, Florida, USA, and a clinical trainee in TA, describes a specific way she uses TA in her job.

One of the most important areas in which I use TA is to confront tangential redefining (Schiff, 1975, p. 58) as I question the six to eight students a day who are sent to me by teachers who have reached the final step of their classroom consequences, part of Tyrone Elementary's Assertive Discipline Program. Let me give you an example.

As I emerge from my office, the secretary informs me that there are two students who need to be seen. She hands me the three-part school discipline form and the office discipline folder (if there is one) for the first student.

I glance at the two students sitting uneasily along the wall and decide to see Jimmy (grade 2) first since he has only been to the office once before. This may mean his case will require minimum time to expedite. Listen in for a moment.

Deanna: Jimmy, I notice in your file that you've only been to the office once before and that was three months ago. Is that right?
Jimmy: Uh huh.
D: Jimmy, will you say yes or no?
J: Yes.
D: That means that you have been following your classroom rules for three months and have kept yourself out of the office. Is that right?
J: Uh huh.
D: Yes or no?
J: Yes.
D: Are you proud of yourself for following the rules for three months?
J: Yes.
D: I am, too. I would be proud of myself if I had followed the classroom rules for three months. So, after three months you made a mistake today, is that right?
J: Yes.
D: Your teacher says you hit Karen in line at lunch and bruised her arm, is that right?
J: Well, Karen hit me, too.
D: Jimmy, will you answer my question?
J: I don't remember.
D: Jimmy, I don't believe you. I believe you are a smart boy and you do remember. Are you smart?
J: Yes.
D: What is the answer to my question? Did you hit Karen?
J: Yes (head dropped, eyes filling up).
D: Thank you for being straight with me, Jimmy. I like the way you take responsibility for what you did. Is hitting OK according to our school rules?
J: No.
D: So, you already knew hitting was not OK and you decided to do it anyway. Is that right?
J: (silence)
D: Jimmy, what is the answer?
J: Yes.
D: Since you knew the rule and decided to hit anyway, I need you to call your parents and tell them about this.
J: (crying) They'll be mad.
D: Jimmy, you need to do it and get it over with. Afterwards I'll tell them how you took responsibility and acted grown up about this mistake.
J: (after phone call, drying tears with kleenex)
D: Jimmy, if someone hits or bothers you again, what will you do?
J: Raise my hand and ask my teacher for help.
D: That's an excellent way to take care of yourself. Jimmy, you are a very nice person. I like you! I'll be watching for you around the school and expecting to see you doing a good job following the rules. You may be excused now to go back to class. Have a good day!

We at Tyrone Elementary are proud of our school and our disciplinary process. In summary, my awareness of the tangential redefining that often occurs in office disciplining is valuable to me in the following ways:

1. Keeps me from digressing.
2. Saves valuable time.
3. Reinforces the student for answering questions instead of redefining.
4. Assists students in developing a healthy, efficient conversation process.
5. Gives the student the opportunity to take responsibility for his or her action, to take the consequences, and to get on with it.
6. This same tool also assists me in conferences and conversations with parents and teachers and in moderating meetings.

If you are willing to share how you use TA in education, please submit your ideas in a 500-800 word article to me at 16535 9th Ave. North, Plymouth, Minnesota, USA 55447.

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TA PIONEERS COLUMN



by Katherine Dusay

Former ITAA President Ken Everts Remembers Early Days of TA

For this, our next TA Pioneers Column, I interviewed former ITAA President Ken Everts in San Francisco. I am also still interested in hearing from others of you who have recollections of Eric Berne. Please send them to me at 2709 Jackson St., San Francisco, CA, USA 94115.

In the 1940s, Ken Everts was a young psychiatric resident at UC Medical School in San Francisco. While vacationing in Carmel, a friend told him, "You must meet Eric Berne!" Eric was having an informal psychiatric seminar that Sunday night which Ken attended and found most exciting and interesting. However, it was nearly ten years before Ken and Eric met again; during those years Ken fondly remembered Berne as an exceptionally astute man and clinician who seemed to be changing the course of psychotherapy with his innovative ideas.

In the meantime, Ken completed his general psychiatric training at Langley Porter Institute in San Francisco with the "analytic types," as he called them. When he was finished, he moved to Vienna for what was supposed to be six months but ended up being a year and a half because it was so enjoyable.

There he trained with Hans Hoff, the chief of Neurology and Psychiatry at the Neurological Institute in Vienna, a "wonderful old guy" who had taken Freud's seat and who had served in the American Army during World War II. Ken's oldest brother, a physician who was the Chief of Neurology Services in the US Army at the time, knew Hoff and had provided Ken with a letter of introduction.

Ken explained to Hoff that he was more interested in psychiatry than neurology, and with Hoff's blessing, he traveled throughout Europe, even learning to ski in the Austrian Alps. Hoff and his wife were most supportive of Ken and were frequent guests at dinners and parties Ken hosted at his home in the Vienna woods.

After eighteen months there, Ken decided it was time to get back to practicing psychiatry. He returned to his alma mater, Tulane University, and after a two-year association with the Colombs in New Orleans, he was invited by an old classmate to work at a private psychiatric hospital in Belmont, just south of San Francisco. The year was 1953, and Ken jokingly remembers his income went up dramatically — from $8,000 to $10,000 a year!

Ken said he had never done a group. Eric told him to do one anyway. It was the best thing that ever happened to Ken.

However, he still wanted to live and work in Berkeley, which he remembered for its whimsical spirit and uniqueness. He talked with Saxton Pope, a former professor, who assured him that, while Berkeley and New York City had the highest ratio of psychiatrists of any cities in the country, the "Bees swarm to where the honey is." So, Ken moved directly to Berkeley!

After several years he became disillusioned with how analytical Berkeley was and began to feel stalemated with the typical one-to-one doctor/patient relationship. Then in 1957 a colleague told him that a Dr. Eric Berne was teaching a new kind of psychological theory and was holding seminars in San Francisco. Ken was excited to hear of Eric again after so long.

Ken began attending the seminars, and there Eric encouraged him to put his patients in groups and to tell them it would be better for them. Ken said he had never done a group, and Eric told him to do it anyway. It was one of the best things that ever happened to Ken — his patients loved it and working in groups freed up so much time for himself! Ken was excited about what Eric was teaching, and also a bit skeptical because Eric seemed so far out.

Those early Washington Street meetings included Joe Concannon, Frank Ernst, Viola Callaghan, Maggie Northcott, Virginia Hillaker, Paul McCormick, Jack Dusay, and Bob Zechnich, among others. Later Tom and Amy Harris attended. Ken also brought over people he was acquainted with such as Muriel James and Jim Horowitz.

One of the things that impressed Ken the most about Eric was how Berne gave his time and marvelous energy to the nurses, aides, probation officers, and social workers who were doing the front-line work rather than taking the traditional route of teaching only doctors. Eric genuinely enjoyed helping the people who would help the patients.



Ken Everts

When Eric began to get more speaking requests than he could manage, Ken filled in, soon becoming a popular speaker at schools, hospitals, and prisons.

During the years Ken was associated with Eric the two of them became very close. Ken particularly remembers how much unconditional acceptance and support he received from Eric. After David Kupfer, the second ITAA President, passed away, Eric asked a reluctant Ken to run for president. When Eric continued to press about it, Ken finally agreed and served two terms.

In the summer of 1970, while on an extended trip to Africa, Ken picked up a two-week-old copy of *Time Magazine*. As he browsed through it he discovered, to his horror and sadness, that, unbeknownst to him, Eric Berne had died. Ken felt great depression and sadness at the loss, and with a heavy heart he returned to the Bay Area after his trip and decided that, with Eric gone, he really had to start wearing the president's hat.

Since then Ken has spent many years as a practicing psychiatrist and teacher of TA. He is now retired and living in San Francisco.

Conference Update

KEYNOTE ADDRESS AND CONFERENCE INSTITUTE BY JEAN HOUSTON

Visionary psychologist Jean Houston, PhD, will open the 1987 Summer Conference on Wednesday evening, July 29, with a keynote address entitled "The Possible Human," also the title of her most recent book. Earlier that day, Dr. Houston will present an all-day Pre-Conference Institute entitled "The Art and Science of Human Transformation." Jean Houston is well-known as a mesmerizing speaker with revolutionary ideas about possibilities for the human race. See the next issue of *The Script* for excerpts from a recent interview with Dr. Houston done by Dr. Richard Erskine, and plan hear her in person in Chicago in July.

ROUNDTABLE DISCUSSION CLIMAXES SCIENTIFIC PROGRAM

Richard G. Erskine, PhD, Training Director of the Institute for Integrative Psychotherapy in New York, will coordinate an innovative roundtable discussion on the final morning of the Summer Conference. Roundtable presenters will discuss "Transactional Analysis Theory: Past, Present, and Future." Speakers include the following eminent TA people: Petruska Clarkson, PhD; Robert Goulding, MD; Martin Groder, MD; Carlo Moiso, MD; Marilyn Zalcman, MSW; and Dr. Erskine. The roundtable will be a random discussion in which the speakers will challenge, critique, and expand on various ideas and themes in TA theory. Unlike in traditional panels, the participants will talk to each other, ask each other pointed questions, or even engage in debating an idea, rather than making presentations to the audience. The audience will "eavesdrop" on the conversation and later have an opportunity to question the participants. The roundtable promises to be an exciting and fascinating event, and we think all of you who are interested in TA — past, present, and future — will want to attend.

ERIC BERNE MEMORIAL SCIENTIFIC AWARD WINNERS UPDATE WINNING THEORIES IN CHICAGO

As part of our 25th Anniversary Celebration, we have invited and have received confirmations from nine people who have won the prestigious Eric Berne Memorial Scientific Award for an *original addition to TA theory or practice.* For each of the winning theories represented, there will be a workshop in which the original theory will be presented along with the ways in which it has been updated. The people who have confirmed their presentations are: Jack Dusay, Fanita English, Richard Erskine, Bob and Mary Goulding, Muriel James, Taibi Kahler, Pam Levin, Eric Sigmund, and Marilyn Zalcman.

BRIEF CONFERENCE SCHEDULE

Mon 7/27	Introduction to TA (TA 101) TSC Trainers Day
Tue 7/28	TA 101 continues BOC Exams
Wed 7/29	Jean Houston: Pre-Conference Institute and Keynote Address Conference Registration Opening Reception and Dance
Thu 7/30	TA Groups, Workshops, Panels
Sat 8/1	Papers, Social Events
Sat 8/1	Business Meeting
Sun 8/2	Roundtable Discussion Closing Brunch and Awards Committee Meetings Peter Boland: Post-Conference Institute
Mon 8/3	Board of Trustees

CEU CREDIT

ITAA has an application pending for approved provider status with NBCC. Watch for information in future Scripts.

PETER BOLAND TO PRESENT POSTCONFERENCE INSTITUTE

Peter Boland, PhD, nationally recognized authority on managing healthcare costs, will present a post-conference institute addressing the impact on mental health care providers of the rapidly changing market for health care in the U.S.A. Dr. Boland is president of Boland Healthcare Consultants in Berkeley, CA, and editor of *The New Healthcare Marketplace: A Guide of PPO's for Purchasers, Payors, and Providers.* He will explore with participants questions about today's healthcare market, new directions for the future of healthcare delivery, and ways in which mental health practitioners can adapt their practices to the realities of the field. The institute will include lecture, discussion, and practical exercises and is highly recommended for practicing health care professionals. More information will be available in future issues of *The Script* and in conference publicity.

PLAN NOW FOR WINTER CONGRESS 1988

Bahia Hotel
San Diego, CA, USA
January 13-19, 1988

Watch future *Scripts* for details

GILPIN PRESIDENT ELECT

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people are touchy about certification and privileges. However, as we inform people of the latest efforts we need to make to establish a legally separate structure, I don't anticipate any insurmountable obstacles.

I think over the years the BOC has worked to stabilize both the process and the content of the exam and that we now have international acceptance of the BOC as the central TA accrediting body. We recently concluded an agreement with the EATA Council on Certification so that their exams are conducted under the joint sponsorship of EATA and the BOC. I think there are other TA organizations interested in similar contracts, and that eventually there will be a common accreditation for transactional analysis.

D: This is really a frontier for a psychotherapeutic organization, wouldn't you say? Other psychotherapy organizations haven't tried this kind of equality have they?

V: Not to my knowledge.

D: Speaking of frontiers, I know that an important frontier in your own growth has been in the area of spirituality. How do you see the interface between spirituality and psychotherapy and peacemaking?

V: That's a big question. In the last seven years or so I have focused on my own spiritual development. I found the *Script* article from a few years ago by Marge Reddington and Iris Pearce, as well as material by Muriel James and Nancy Porter-Steele, to be helpful, and I have also done a lot of reading outside TA. I found that the special concept of OKness which we talk a lot about in TA only became fully alive for me as I pursued my own spiritual development. I think in our clinical work we need to identify and work with this dimension of the personality.

D: In the early days of TA, there were people who said it was like a cult religion. How do you distinguish spirituality from religion?

V: Religion has dogma and rituals that are tied to arbitrary systems. Spirituality is the individual's inner search for unity with his or her cosmic origins, which some call God.

D: I understand you're comtemplating writing a book on spirituality and OKness.

V: Yes, I've spoken to you and a few other people about it, and I've done some conference workshops on helping people recognize the spiritual dimension as another justification for the conclusion that I'm OK and You're OK. I think we need to move away from common stereotypes that have to do with what people can do and what they have rather than who they really are. No one has attempted to define OKness in terms of our spiritual heritage, so that's part of what I want to look at, although I haven't formulated a clear way to write it yet.

D: I'll look forward to hearing more about that as your work progresses. You know I have a special interest in psychotherapists seeing themselves as peacemakers in a unique way. I also understand that you want to apply peacemaking ideas to the ITAA.

V: I want to go larger even than peacemaking. Remember in the early days of TA when money was collected to sponsor George, an orphan in Crete? I think we've always had a social conscience, a social awareness, and I'd like to see transactional analysts around the world pick up that social sensitivity to our brothers and sisters, to become engaged in an activity that demonstrates our social awareness and unity with each other. I want to establish a committee that will invite all TA people, not just ITAA members, to work together to identify with a larger social awareness movement such as peace.

D: That sounds very interesting, and I look forward to seeing what happens with it in the next three years. In terms of your presidency, what do you want to focus on?

V: Grassroots. I want the organization to continue to grow from the grassroots, and growth doesn't necessarily mean numbers. I mean grassroots activities, arrangements, hopes, fears. My leadership style will be to do things from the bottom up, not from the top down. More than anything else, I want people who are committee chairs and committee members to feel responsible for their pieces of the pie and to do their bit to make that work. All in all, I hope we're going to have lots more fun together.

D: As we wrap this up for now, is there anything else you want to say as incoming president-elect?

V: I am really very pleased about and grateful for the confidence people have shown in me, and I want the membership to know that I take this job as a serious commitment. I will be putting my best energies into the task of leading the ITAA through 1988 and 1989, and I'm looking forward to working with some of the neat people who are committee chairs and members of the Board.

D: We're looking forward to working with you, too. So, enjoy your year as president-elect!

V: Thank you.

Members Forum

THE WIZARDRY OF OS

Dear Editor:

One big stroke to Os Summerton for his new book, *TA Winners*. I know this interesting book will be greatly appreciated by TA and non-TA people the world over. He demonstrates so accurately the dazzling heights of scientific research and scholarship achieved by Eric Berne's disciples in the years following his death. I am sure Eric would be as impressed as I am.

Two gripes, however. First, on page 20 of the "Passivity" article, the use of negative strokes and punishment has been found to be "against sound reasoning" (Ref. Wasserman's report to the NCPS Ethics Committee). Also, it is based on experimental data which has been deliberately misrepresented.

Second, on page 34 of the "Passivity" article, the "Ted" referred to happens to be my former husband, Professor Edward Crossman, Chairman of the Department of Industrial Psychology at UC Berkeley. I don't mind being stripped of my degrees, but I don't want the same done to him.

Thanks to Os for a great public service. Now I can finally say to my friends, "This is TA!"

Patricia Crossman

RESPONSE TO BATTS ON SOUTH AFRICA

Dear *Script* Readers:

Situations and realities are always more complex when viewed and experienced from the inside rather than from the outside. Coretta King, on her recent visit to South Africa, commented that she felt that the situation was more complex than even she had imagined.

As in every other country, there is a wide spectrum of political opinion among South Africans. To overgeneralize in this situation is both inaccurate and naive, and to make a blanket discrimination against white South Africans is to err in the same way the South African government does.

The TA/Gestalt Therapy Institute of South Africa, a non-racial although predominantly white group of professionals, has taken a strong and clear stand against all forms of racial discrimination and apartheid. On this basis we respond to Valerie Batts' article (July 1986 *Script*).

Disinvestment is in itself a political issue, and the motives of many of its supporters in its various forms are not above reproach. We, living in the situation, have mixed feelings about disinvestment in South Africa. On one hand, disinvestment has had positive effects and brought about change at some levels. On the other, there is at this point an angry or Rebellious Child backlash, particularly from the government, which perceives this as Critical or Punitive Parent behavior from the rest of the world. More creative alternatives may be worth exploring, thus moving from a destructive stance to constructive uplifting for the oppressed majority.

The legacy with which we are living is to struggle with the impossibility of attempting to redress the effects of Western Colonialism as compounded and exacerbated by the present apartheid policy. Despite this, those of us who are here are committed to working constructively for change. And if we are to be creative and constructive, we need to look at what can be done now.

One of the tragedies of apartheid is the lack of contact and communication between peoples in this country. It is clear to us that a central task is to work for contact and dialogue between people, not only in the present situation, but for the post-apartheid society.

The stance advocated by Valerie Batts of cutting contact between peoples is the very antithesis of what we are striving to do, to counteract the effects of apartheid.

The aim of this letter is to inform and encourage dialogue, not to widen the gap. However, we think it is important that any comment made by a professional calling for support for a viewpoint should be based on a more complete understanding of the situation.

We want to again thank those ITAA members who have continued to support and encourage those of us here who are working for a just post-apartheid society.

The Committee of the
TA/Gestalt Therapy Institite:
Merle Friedman, Diana Shmukler,
Colin Grusd, Martin Yodeiken,
Shirley Spitz, Jay Levin, Elaine
Gorvy, Gail Gottleib

LONGER TA 101 SUGGESTED

Dear *Script:*

I believe the old two-day TA 101 format is outdated.

Since it was developed in the sixties, TA material has grown substantially, and I find it impossible to cram all the theory into two days without making the course overly academic. For a year now, I have run 101 courses that are four days long rather than the traditional two. I find this allows a more in-depth introduction and more exercises and role-plays for demonstration. Since most people come to the 101 already thinking that TA is mainly theory, I think it is not good to expect us to cover the long curriculum in two days. It only reinforces the idea that we are mostly theoreticians.

In a 101 we need time to demonstrate the approach and thus bring it to life. Therefore, I strongly suggest that if any plans are made to improve the 101, that consideration be given to making it compulsory to have the course be longer than two days and/or that leaders be permitted to omit certain topics in order to cover others in more depth.

My new 101 format has received enthusiastic response. I do not think anyone was seriously put off by a higher commitment in time and money. I have no doubt that the improved and in-depth course will bring in more general bookings for further TA training, and I want to credit the idea of a longer 101 to my German and Belgian colleagues who have been running longer 101 courses for some time.

I am interested in knowing what others think about this idea, and hope there can be a dialogue about it in this Forum.

Lilly Stuart, CPTM

ORGANIZATIONAL SOLUTIONS WON'T SOLVE THEORY PROBLEMS

Dear Editor:

Nope. Won't happen. Though I strongly agree that TA theory has stagnated over the past few years, the creation of new branches and new organizational directions won't solve the problem. The brilliance of TA, as established and advanced by Dr. Berne, lies in the interaction of therapist and client(s), and in the studied, spirited consideration of that interaction.

I think we are sagging because of an overemphasis on clever new workshops, cute new tools we can sell, and how we can profit from this movement. Though consideration of market stress, training standards, and the international spread of the ITAA is certainly of some use to some people, such should be clearly separate from scientific advancement of TA theory and application.

Useful, exciting advances won't come from "studying, recommending, and implementing work which will anticipate and prepare for future trends which will affect the consumption and delivery of TA services" (one of the purposes of the proposed new Research and Development branch, as presented in the November 1986 *Script*). Advances in theory and application will come from bright, unencumbered minds. More branches, departments, and subcommittees will, at best, have nothing to do with those minds.

Tim Buckley, MD

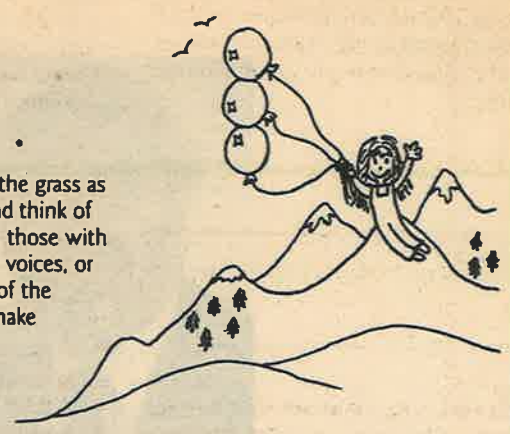
PERUVIAN PSYCHOLOGISTS WANT TO CORRESPOND

Dear Dr. Krieger:

My husband and I are Peruvian psychologists who are interested in corresponding with colleagues who are interested in learning about South America. Please write to Ada Castillo and Carlos Congrains, Alianfores 240 — Miraflores, Lima — 18 — Peru.

Ada Castillo

You Are On A Mountain Top Feeling Good . . .



You let yourself sink comfortably into the grass as you look out over the valleys below and think of your life — your goals, those you love, those with whom you work. You might hear their voices, or sense their touch. And you are aware of the decisions you have made — and will make — in your life, perhaps about all the funds and charities that appeal to your sense of caring as well as the Eric Berne Fund of your TA family. You breathe easily and calmly, letting these experiences pass in and out of your mind, knowing that you will arrive at your decision in your time as you stroll down the mountain path feeling refreshed and thinking clearly.

ERIC BERNE FUND FOR THE FUTURE

YES! I'll support the Eric Berne Fund by pledging (circle one) $100, 1000, 50, 500, 200, or $____. I'll contribute this amount each year for (circle one) 1, 5, 2, years. Send me a reminder in (circle one) March, September, both. Today's date: _____

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I want to talk more about this.
____Please have someone contact me.
____I want to contribute "in kind": workshops, telephoning, etc.
____Other (please specify): _____

Return form to: ITAA, 1772 Vallejo St., San Francisco, CA, USA 94123.

Gifts made payable to the International Transactional Analysis Association (Berne Fund) are tax deductible for US citizens and residents.

ZALCMAN STATEMENT

continued from page 1

international forum through which members of TA organizations working in different cultures can critique, discuss, and write about TA is one of our most valuable and unique features as a professional organization.

From a personal point of view, I am both disappointed and relieved about not winning the election. Not winning means I will have more time to put my energies into writing and developing my ideas. Now, I will write those articles on material I have been presenting in speeches and workshops and filing away to write on. This does *not* mean I will withdraw from actively participating in the ITAA. Not at all! I will be serving as Vice-President for the next year, and I will be available to Vince during his administration.

I look forward to working with all of you in the coming years, helping our TA organizations to thrive, and developing TA in dynamic, creative, and relevant directions!

CLASSIFIED ADVERTISING

"ALIVE AND WELL" is a weekend workshop in beautiful Kuilima in the North Shore of Oahu, Hawaii, to sort things out, redecide script issues, learn Family Reconstruction therapy, play, relax. $400 includes fee, lodging, all meals April 3-5 (Fri 1pm — Sun noon). Leaders: Ron and Betty Ching. Write them at 5290 Kalanianaole Hwy, Honolulu, HI 96821; (808)373-4593; 949-1078.

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EXAM CALENDAR

Exam	Exam Date	Location	Application Deadline
Level I (CM/SFM) Exams	April 23, 1987 July 5, 1987 July 28, 1987 November 7, 1987	Chapel Hill, No. Carolina, USA Chamonix, France Chicago, Illinois, USA Bad Soden, W. Germany	January 22, 1987 April 3, 1987 April 30, 1987 August 7, 1987
Level II (CTM/SFTM) Exams	July 5, 1987 July 28, 1987 November 7, 1987	Chamonix, France Chicago, Illinois, USA Bad Soden, W. Germany	April 3, 1987 April 30, 1987 August 7, 1987
Level I (CM/SFM) Written Exam	March 13 or 14, 1987 July 10 or 11, 1987 Nov. 13 or 14, 1987	To be announced To be announced To be announced	December 15, 1986 April 13, 1987 August 17, 1987
Training Endorsement Workshops*	July 5, 1987 August 3-5, 1987	Chamonix, France Chicago, Illinois, USA	April 3, 1987 May 4, 1987

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ABE WAGNER

Abe Wagner, author and management consultant, has been honored with translations of his book, *The Transactional Manager*, how to solve people problems with transactional analysis, into German, Japanese and Italian.

GERMAN—Title: *Besser Führen Mit Transaktions Analyse*
Publisher: Gabler

JAPANESE—Title: *The Psychology of Management*
Publisher: Shakai Shiso Sha

ITALIAN—Title: *Il Manager Transazionale*
Publisher: Franco Angeli/Trend

The Transactional Manager, published in English by Prentice Hall, as well as companion exercise booklets, audio and video tapes may be purchased from T.A. Communications, Inc., 10200 E. Girard Ave., B-330, Denver, Colorado 80231, USA, phone: 303-368-7227.

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SUMMER 1987 with BOB and MARY GOULDING

TWO-WEEKERS: June 15-26 and Aug. 10-21

ADVANCED TA-REDECISION: July 6-10
and in Chicago: Aug. 3-7 Mary

SPECIAL: WOMEN EMPOWER WOMEN July 12-19
in Hawaii: Mary and Michiko Fukazawa

IMAGERY WORKSHOP: Aug. 24-28 Mary

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*** EVERYBODY WELCOME ***

SUMMER 1987

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announces

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with

Richard G. Erskine, Ph.D. and Rebecca L. Trautmann, RN, MSW

July 17-26 1987
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This ten-day advanced workshop is an in-depth comparative review of Transactional Analysis theory and is taught to provide a thorough understanding of how various TA concepts and viewpoints are integrated in practice. The workshop is designed for people taking their ITAA/BOC Level I & II (CM &TM) written or oral examinations in the coming year. We will provide an opportunity to review therapy tapes, clarify theoretical concepts and take a mock oral examination.

Aug. 7-16 1987
Integrative Psychotherapy Workshop

This ten-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy. Concepts that may be covered include: treatment of Parental Introjects; regressive therapy and related developmental theory; group process; and our own unique treatment of *Body Script.* The workshop is designed for professionals in the mental health field who want personal work followed by an understanding of theory and treatment planning. An opportunity will be available for Supervision.

Cost: $1,200.00 for each workshop—tuition, room and meals included

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For more information and to register contact:

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ITAA Announces

A Professional Skills Video Library
Volume 1



Featuring

Bob Goulding, MD

and

Mary Goulding, MSW



Dear AGPA Member,

Many therapists wish they could be an unseen observer at the therapy sessions of acknowledged masters. The International Transactional Analysis Association now brings this unique opportunity to you.

Here is your chance to see two recognized greats handle a variety of therapeutic problems. Through the technology of videotape, you can be a fly on the wall again and again scrutinizing Bob and Mary Goulding as they demonstrate the power and precision of Redecision Therapy.

If you've wondered how Bob and Mary get such rapid results, this tape will give up the answers as you go behind the scenes with Ellen Bader. As a therapist herself, she asks them the kinds of illuminating questions you would, so you can learn the critical elements of their theory and then apply them in your own office. Through the camera's eye, sitting in Bob and Mary's seat, you can do something they could not do—back up the session and replay it for fresh observations and insights.

With seven clients, on a two-hour tape, you will see Bob and Mary translate theory into action as they work with the following presenting problems:

- A woman struggling with a "Don't Grow Up" script
- The magical beliefs that accompany racket feelings
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- Anxietyconnected to giving public presentations
- The scars of sexual child abuse

As the client's therapeutic issues unfold, you will witness Bob and Mary's penetrating yet gentle interventions that lead to changes of thoughts, feelings, and behavior. You will hear, after each piece of work, explanations of why they did what they did, when they guessed right, and when they didn't.

In addition to watching this tape for your own skill development, all or parts of this tape can be used for demonstration to your clients. It can be an invaluable tool in situations where your clients are understandably reluctant to begin discussions of painful experiences and emotions. With feelings of isolation there may be an unwillingness to accept that anything similar could have happened to anyone else. More convincing than assurances that you have dealt with similar cases in the past is a visual demonstration during which you can observe your client's reaction and use this as a bridge into therapy.

For trainers and supervisors, you can bring a Goulding workshop right into your own office. Your trainees broaden their therapeutic understanding and hear directly from Bob and Mary how to confront games, how to know when games are resolved, ways of establishing contact with the client, the importance of confronting the first con, and many other essential concepts of Redecision Therapy.

This is the first of a series of educational offerings planned by the ITAA to assist psychotherapists in their personal and professional growth. We earnestly desire and request your input on the usefulness of this tape and ideas about what future tapes would directly benefit your practice.

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If, after viewing this videotape in the comfort of your home or office, you are not completely satisfied that this is a valuable learning tool, simply return the tape to us within 21 days of receipt and your investment will be totally refunded, without question.

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Keeping In Touch

REGION I — THE PACIFIC

Congratulations to Jeanette Coleman, SRN, of Thornlie, W. Australia, on passing her CM exam on December 2, 1986 in Perth, Australia.

The first organizational TA 101 in the Peoples Republic of China was successfully given by Joao Lang, a Brazilian PTM specializing in organizational applications.

TA 101 CALENDAR

February 21-25, 1987 – Davos, Switzerland. Cost: SF 250. Leader: Servaas van Beekum, EOPTM. Contact: Transactionasanalytische Seminare Davos, Schatzalpstrasse 16, CH-7270 Davos, Switzerland; phone (083)54004.

February 28-March 1 and March 21-22, 1987 – London, England. Cost: L80. Leader: Lilly Stuart, CPTM. Contact: Lilly Stuart, 106 Heathwood Gdns., London SE7 8ER, England.

March 7-8, 1987 – Akron, Ohio, USA. Cost: $90. Leader: Ed Perkinson, CTM. Contact: Ed Perkinson, 635 N. Hometown Rd., Akron, OH, USA 44313; phone: 216-666-4541.

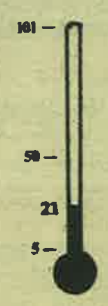
March 26-27, 1987 – Chapel Hill, North Carolina, USA. Cost: $90. Leader: Vann Joines, MDiv, CTM. Contact: Alice Jeffries, Southeast Institute, 103 Edwards Ridge, Chapel Hill, NC, USA 27514; phone: 919-929-1171.

April 1-June 8, 1987 – East Lansing, Michigan, USA. Class SW 430 at Michigan State University School of Social Work; both graduate and undergraduate credit available. Leader: Denise Coburn, CPTM. Contact: Denise Coburn, PO Box 237, Okemos, MI, USA 48864; phone: 517-349-1974.

April 9-10, 1987 – Reading, Berks., England. Given during Annual Conference of the Institute of Transactional Analysis. Cost: included in registration fee. Contact: Bookings Secretary, ITA Conference 1987, 130, Brunswick Rd., Southend-on-Sea, Essex SS21 2UJ, England; phone: (0702) 618397.

April 10-12, 1987 – Waldkirch b. Freiburg, W. Germany. Cost: DM 300. Leader: Dr. Anne Kohlhaas-Reith, CTM. Contact: Dr. Anne Kohlhaas-Reith, Birkenweg 3, D-7808 Waldkirch, W. Germany; phone: 07681-6179.

Tally of Year of 101 101s (to date)



101s Committed: 45
101s Given: 21
Total Participants: 364

REGION III — EUROPE

Lilly Stuart is breaking new ground in traditional Britain. She has held two 101 courses at Westfield College, University of London for members of the psychiatric helping professions. It was a big stroke to be invited to hold the courses, especially in a country where the main therapies being practiced and taught are psychoanalysis and behavior modification. Lilly has been gnawing at the resistance of clinical psychologists and other psychiatric works to TA, and she is proud to say it is slowly diminishing. The two well-attended and successful 101s were definitely a step toward spreading TA in the established helping professions and toward reducing the perception that TA is a fad or a watered-down version of psychoanalysis. As proof of their impact, Lilly has been asked to run another 101 next year for the same audiences.

REGION IV — CENTRAL/SOUTH AMERICA

The First Annual Congress of the Asociacion Peruano de Analisis Transaccional (APAT) held in Lima during October 1986 was attended by over 300 educators, psychologists, social workers, consultants, and other interested people. Among them was ITAA President Lucy Freedman who served as keynote speaker and goodwill ambassador. Lucy says, "It was a very well organized conference under the leadership of Mary Luz Alarcon de Corcuera and APAT President Carlos Lopez. The extensive program included presenters from Colombia, Guatemala, and Brazil in addition to many knowledgeable Peruvians. Peruvian hospitality was the warmest and friendliest welcome I have ever felt, and the energy and enthusiasm for TA was very high. The Peruvian Association has expressed strong interest in affiliating with the ITAA and in finding solutions to economic and language differences so that all can benefit from the richness of each other's ideas and cultures." While in Peru Lucy also visited the Andean city of Cusco as well as the famed Machu Picchu, lost city of the Incas. "This experience," she says, "reinforced my firm belief in the usefulness of TA throughout the world and of the basic similarity of all people."



Lucy Freedman (seated) with group at Peru Congress

REGION V — UNITED STATES

Abe Wagner, EOTM, wrote to say that his book, *The Transactional Manager — How to Solve People Problems with Transactional Analysis,* has been published in several languages. The Japanese version, translated by Yoshitaka Moronaga and published by Shakai Shiso Sha, is titled *The Psychology of Management*. In German, the title is *Besser Fuhren Mit Transaktions Analyse,* and it was translated by Donald and Crystal Stresing and published by Gabler. The Italian translation by Vittoria Borella, published by Franco Angeli/Trend, is titled *Il Manager Transazionale.* Abe has just written *Say It Straight Or You'll Show It Crooked,* foreward by Dr. Ken Blanchard, author of *The One Minute Manager.* The book will be published in 1987.

IN MEMORIAM

Laurence Collinson, a TA enthusiast since 1970, died on November 10, 1986 in England. Juliette Pollitzer writes, "He was the first special field qualified member in England. He wrote a chapter on TA for the book, *Individual Therapy in Britain,* and was for years editor of the Institute of Transactional Analysis *Bulletin.* Laurence started training for clinical membership, but had to give up because of poor health. He was a poet and a therapist whose profound humanity moved most people with whom he came into contact. A fervent believer in TA, Laurence was one of the people who most contributed to its development in Great Britain."

Tom Gibson, JD, RM in training, died on January 12, 1987, in Orlando, Florida, of a sudden heart attack. Tom, who was Chairperson of the ITAA Bylaws Committee, was a longtime member of the ITAA and was well-known for founding "Club 13" at conferences. He was in his late forties.

Robert Heyer, MA, a Regular Member of ITAA and member of the Research Committee, died on December 14, 1986 after a long battle with leukemia. Robert had headed a behavioral science research consulting firm based in Sausalito, California, and had done extensive research on ego states. Just prior to his death he completed work on his latest article for the *TAJ* (see the April 1987 issue).

Robert Zechnich, MD, CTM, former editor of the *Transactional Analysis Journal* and longtime member of the ITAA, died on December 27, 1986 in Downey, California of a massive cerebral hemorrhage. He was 55 years old and had been living in Cincinnati, Ohio, where he taught at the University Medical School.

ALL REGIONS

Directory Corrections Needed — A new International Membership Directory will be printed in 1987. Deadline for corrections and/or updates to reach the ITAA office is *February 28, 1987.*

A Special *TAJ* **Theme Issue on TA in the Treatment of Children** is planned for April 1988. Deadline for articles: October 1, 1987.

SEPTEMBER NEW MEMBERS

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