INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION VOLUME XVII, NUMBER 7 SEPTEMBER-OCTOBER 1987

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Steps Taken to Formalize New ITAA Structure

After four years of concentrated effort by many dedicated people, the Long Range Planning Task Force completed its work by presenting a major report to the Board of Trustees in Chicago. Among the major recommendations acted on by the Board was the approval of a new Statement of Purpose, Mission, and Values for the ITAA.

Jeanie Duck, Long Range Planning Transition Team Member in charge of governance, had the following comments about the new Statement of Purpose. "We wanted to develop a statement that would reflect a shared vision of the ITAA, a reflection of our dream for this organization," she says. "A purpose statement is a short description of a desired state that can be used to drive everything else the Association does. It needs to be broad enough to allow everyone to contribute, but short enough to be useful as a rallying cry. A good purpose statement has an emotional 'hook' that answers the question, 'Why should I give my energy to the ITAA?' "

The members of the Long Range Planning Task Force developed the new Statement of Purpose because the old one lacked these important qualities. The new one is clear, simple, direct, and exciting. Jeanie suggests that it fulfills the need expressed in the song "Happy Talk" from the musical *South Pacific*: "You've got to have a dream, if you don't have a dream, how you gonna make a dream come true?"

The Statement, which follows, will be voted on in January by the membership before it goes into effect.

Definition

TA is a psychology and social theory with mutual contracting for growth and change.

Purpose

The International Transactional Analysis Association exists to stimulate the development of creative and useful theory and applications of transactional analysis.



One of the many subgroups of the Transition Team works on affiliation policies during the Chicago Conference

Mission

The International Transactional Analysis Association is a nonprofit scientific organization which facilitates international communication among people and groups who use transactional analysis. The ITAA works to build understanding, knowledge, and acceptance of transactional analysis and to sustain the historical body of knowledge. It provides theoreticians and practitioners — clinical, organizational, and educational — with techniques of proven value for enriching life, a forum for evolving new TA theory and methods, and an ethical framework.

Values

The values of the ITAA which are the underpinnings and desire of all efforts and structure of the organization are:

-All individuals shall have the opportunity to live autonomous and socially responsible lives.

-Respect is given to the individuality and common humanity of all people.

-Relationships shall be carried out without discrimination on the basis of race, color, creed, nationality, socio-economic status, sex, or age.

-Psychological and social violence and oppression are opposed.

-Individuals are encouraged to be aware of their relationship to the world around them and to choose effectively

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Chicago Conference Celebrates TA

by Pam Levin

When God made the world, she must have sat down to rest in Chicago — it is so flat! People have hastened to rectify the situation by building dozens of tall buildings, not the least of which is the Westin Hotel, headquarters of the 25th ITAA Summer Conference.

Some thoughts on the week: Excitement about long-range planning now that implementation is in sight.

The TA 101, co-taught by a number of the organization's founders, certainly had Bob Goulding's stamp of approval. "It was just like the old ones," says he, thumbs up and grinning broadly.

Seems the mates of examinees need awards, too — several reporting their delight *and* exhaustion as they celebrated.



1987 Eric Berne Memorial Scientific Award winner Carlo Moiso (holding plaque) is joined by prior winners (from left) Muriel James, Pam Levin, Fanita English, Richard Erskine, Mary Goulding, and Bob Goulding (photo: A. Jacobs)

We'll bet that TA conventions have more hugs per capita than just about any others!

Over 140 first-time conference attendees (43 or whom were nonmembers) attended the Chicago conference. President Lucy Freedman described it as a real pilot project for world cooperation. Attendees came from Denmark, Norway, Mexico, The Netherlands, Greece, Belgium, Puerto Rico, Saudi Arabia, Canada, South Africa, Virgin Islands, Brazil, England, Italy, Guatemala, China, Yugoslavia, Spain, Switzerland, Australia, West Germany, Japan, Finland, Chile, Singapore, and the USA. To further communication within the organization Lucy presented the ITAA with a modem which will allow computer linkages between members and the central office.

Impressive Keynote Speech: In her keynote address, "The Search for the Beloved," Jean Houston attempted to teach us the ultimate transaction: falling into a state of love, knowing every last thing in existence is sentient, to be celebrated, God-in-hiding, teaching us to leave bitterness behind and become united with the source, the creator of all that wonder, active participants in evolutionizing the new age. She called us to become in deep relationship with the inner beloved, a spiritual transaction — the deep primal complex story of every life seeking union, profoundly

- *continued on page 3*

EDITOR'S COLUMN



by William Krieger

To the Beat of a Different Drum

In my religious tradition September-October is the start of a new year. According to tradition (the Cultural Parent?) at this time one is supposed to look forward and not back. However, every time I started to look forward I found my mind wandering to the past. I fought this tendency until I finally realized that my mind knew best. I needed to look back and acknowledge where I came from before I could look ahead to where I wanted to go.

I suppose it all started because I found myself uncomfortable with what I perceive to be the current cultural trends. I wondered where I got off the path. I knew at one point I was in step with the cultural drum. I knew I wasn't now. Anyone who has marched to the beat of a drum or danced to the beat of a band knows how uncomfortable it is when you get off the beat. When did the drummer change the beat? How did I miss it?

I read recently that 71% of college students surveyed believed that making a high income is extremely important. Another survey found that 70% of mothers said that, if they had it to do over again, they would not have children. When did the beat change? How did I miss it?

People used to get involved in organizations because it was the right thing and they felt an obligation to contribute to the general welfare. (Right, obligation...are these words in the musical score anymore?) When did the beat change? Where is the drummer leading us?

I finished my wandering back, and I'm very clear where I came from. Surprisingly, I now also know where I want to go. Also surprisingly, I'm still uncomfortable. I don't want to go where the drummer is leading. The path I am on used to be full of people. I was part of a large group, and I felt good. Now there are few on the path, and I am lonely. I hear the drum going down another path and the beat is unpleasant to me, but the clamor of so many people is enticing. I continue on becuase I want to and it seems right to me, but it isn't as much fun anymore.

Perhaps I'll buy a drum.

* * * * *

Question for the Month: What would you do?

PRESIDENT'S COLUMN



by Lucy Freedman

Getting On With It!

Wow! What a conference! The most impressive thing about the week was realizing how beautifully and cooperatively we learn, play, work, and be together. Through *The Script* and *the Journal* we are in touch as a community of about 5,000 people. Through local, regional, and national associations we connect with many more people and become part of a larger community. Each time there is a conference, hundreds gather as representatives of that larger community. I hope that the mutual understanding and exchange of ideas that occurred in Chicago extends through the other meetings, conferences, and publications that link TA people with one another. For, if this is the case, we are no longer an ailing organization; we are a dynamic, diverse, effective, professional association initiating a stage of healthy development.

As I said in Chicago, five or six years ago I thought we were stuck in playing "Ain't It Awful," and for many of us it was time to either stop the game and get on with it or get out. However, ITAA is an association of winners, even though organizational change sometimes requires more understanding, work, time, and communication than personal change. The combination of individuals who are engaged in their own active development, working together to map out an organization that will serve them as they evolve, can create something that is really new, that is really worthwhile.

We are a dynamic, diverse, effective, professional association initiating a stage of healthy development.

That is what seemed to crest at the Chicago meeting. I am deeply grateful to the leadership of the ITAA; to the people on the Board, especially those who have been on ITAA Boards since before I had ever even heard of TA; to those who are new Board members and who traveled across oceans and great distances to contribute their time and thinking; to the solid core of people who have worked with and supported the Long Range Planning Task Force and the Transition Team; to those people who prepared for this conference at other conferences, such as EATA's summer conference earlier in July; to the associations that are actively exploring with the ITAA the conditions and agreements needed for affiliation; and to the individuals whose social awareness allows them to see beyond conventional solutions in order to create a worldwide system that exemplifies equality of participation.

These are a few of the people and the reasons I feel so moved and supported in the work of and for the ITAA. Most of all, dear *Script* readers, I am thankful and pleased that you choose to participate in the worldwide community of TA. I hope and believe we are removing the obstacles to full participation, broad membership services, and advancements in the theory and practice of transactional analysis. As the years go on, I look forward to being with you, adding to the richness of experience that I have found in the ITAA over the last fifteen years. I am convinced that the next fifteen are going to really be worth being a part of. □

EXECUTIVE DIRECTOR'S COLUMN



by Susan Sevilla

Special Announcement on Dues

On January 1, 1988, the ITAA will implement its first membership dues increase since 1984. We are happy to report that it will be a relatively small one: approximately 10% per category.

Why a dues increase at this time? One reason is the inevitable effect of inflation over a four-year period. Although administrative costs have been pared to a minimum, and maximum use is being made of the headquarters building to bring in rental income, we have not been able to keep up with inflation.

Although the 1988 increase will be small, the Board of Trustees realizes that even this small amount will be burdensome to some members, especially in those countries currently experiencing economic difficulties. The Board recognizes the seriousness of the international monetary situation. This topic has been a significant issue during the last four years of long range planning. However, because our headquarters is in the USA and our expenses are incurred in USA currency, our dues must also be in USA currency. While fluctuations in the world economy result in variations in the value of the US dollar, expenses continue the same.

We have made significant progress in our long range planning efforts. Invitations are now out to TA associations worldwide to create formal linkages with the ITAA. Agreements are to be negotiated regarding service delivery which will hopefully decrease expenses and therefore reduce dues on a contract by contract basis. The process seems painfully slow at times, but rest assured that the wheels are turning toward an exciting new future for the ITAA.

Meanwhile, as expenses increase, it is time to make new choices. The Board has chosen to act on the belief that we must keep the ITAA viable in the years to come as a professional organization which will continue to attract new members as well as serve the current membership through maintenance of an outstanding combination of benefits and services. As we await the outcome of the Long Range Planning Transition Team's negotiations on alternate systems of membership, we have chosen to invest in the future. □

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1988 Dues by Category

Teaching Member — $175
Certified TA Member — $90
Regular Member — $65
Affiliate Member — $50

Subscriber — $45
Journal Subscriber $35

IN MEMORIAM

Joseph Concannon, MSW, CTM, long-time member of ITAA, died on August 4, 1987. Joe was one of the early members of the San Francisco Social Psychiatry Seminars and served ITAA in many capacities, including as a Board of Trustees Member and as Chairperson of the Program Committee.

UPCOMING TA CONFERENCES

November 6-8, 1987 — Sydney, Australia. Australasian TA Conference. Contact: Jan Grant, 27 Edward St., Narraweena, New South Wales 2099, Australia.

November 20-21, 1987 — Dallas, Texas, USA. Second Southwest Regional USATAA Conference. Contact: USATAA, 9656 Sycamore Trace Court, Cincinnati, Ohio, USA 45242.

January 12-17, 1988 — San Diego, California, USA. International Transactional Analysis Association Winter Congress. Contact: ITAA, 1772 Vallejo St., San Francisco, CA, USA 94123

The Script

Editor: William Krieger, EdD
Publications Manager: Robin Fryer, MSW

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EDUCATIONAL USES OF TA COLUMN



by Jean Illsley Clarke

Autonomy in the Classroom

In this month's column, Otho Hesterly shares some useful ideas about how teachers can help their students become more autonomous. Otho is Associate Professor of Psychiatry, College of Medicine, University of Arkansas for Medical Sciences in Little Rock. He is also a Clinical Member of the ITAA.

According to Eric Berne (1964), each person has the right to be autonomous. Autonomy includes three inborn capacities: awareness, spontaneity, and intimacy.

However, many students find it difficult to function autonomously, particularly in a classroom situation. Rather, they go about things in automatic, mechanical, almost reflexive ways, as if cut off from learning new things from the environment, unable to process information for themselves, and incapable of meeting their own needs for affection in relationships. Instead, they may be skilled at passive compliance, conforming, aggressive rebellion, manipulation, and tricking teachers into treating them as the handicapped semi-humans they appear to be.

Some of the teachers with whom I have worked have developed the following ways of helping students regain their lost capacity for autonomy (Hesterly, 1980):

1. Design instructional activities that require students to **think independently.** Instead of detailing each step for completing a task, program instructions to be more general. This is not only easier on the teacher, but gives students credit for the ability to think and make choices about how to complete the task. This gives a strong, clear invitation to be spontaneous.

2. If you happen to omit information needed to solve a problem or make some other kind of error, use it as an opportunity to indicate that it is **okay to make mistakes**. When a teacher feels okay about making a mistake and having students point it out, students discover it is possible to learn from mistakes and to accept their own capacities for observation and reasoning.

3. Include learning activities that require **divergent thinking**, e.g., "List ten ways in which you can improve your score on the next English test." This task carries with it the implication that there are different options available, as is always the case, and that students will be able to think of them on their own. Students thus receive permission to be aware and spontaneous in their responses, and, if given the opportunity to share their ideas, they will experience the joy of discovery and learning from others.

4. Use **awareness** exercises in which students listen to things happening in the room, beyond the room, inside their bodies, sensitizing them to things they have learned to tune out or ignore. Centering exercises are useful for this (Hendricks & Wills, 1975).

5. Recognize that **each student is the best judge of how he or she feels**; avoid denying, explaining away, redefining, or attempting to be responsible for the way a student feels.

6. Provide students with opportunities to share important events in their lives, thus demonstrating that you **respect and value their feelings and opinions** and encourage them to be straight and open.

7. Sometimes students can be encouraged to exercise autonomy by expecting and requiring them to notice, think, choose, and **take responsibility for sharing or withholding decisions, opinions, ideas, and feelings**. At times a teacher may insist that students voice their refusal to answer questions rather than accept the claim of, "I don't know" when it is clearly something they do know (their feelings, thoughts, opinions). Demanding and accepting a student's "Won'ts" teaches the right of privacy and the concept that one need not take a position of weakness to maintain this right.

8. Finally, a teacher who has permission to notice and not ignore things can be **a powerful example** of awareness that students can follow. Spontaneity likewise can be modeled by a teacher who, when confronted with a problem, sometimes thinks aloud, brainstorming options, considering various consequences, eventually taking action, and examining the results afterward. This kind of teacher does unexpected things at times, and does not teach in an automatic or mechanical way. Likewise, a teacher invites intimacy by being open and honest with students about feelings, thoughts, and opinions, thus clearly indicating he or she values individual students and fosters openness in them by the respectful way he or she listens and seeks to understand.

Thanks to Otho for sharing these important ideas. If you have something to say about educational applications of TA, please contact me at 16535 9th Avenue North, Plymouth, MN 55447, USA.

References

Berne, E. (1964). *Games people play.* New York: Grove Press.

Hendricks, G., & Wills, R. (1975). *The centering book.* Englewood Cliffs, NJ: Prentice-Hall.

Hesterly, S. O. (1980). *A transactional analysis handbook for educators.* Little Rock: Sugar Farm Press. □

NEW ITAA STRUCTURE
continued from page 1

their own responses and to be responsible in their behavior.

-These values and subsequent actions are to enhance the well-being of individuals and society.

The Purpose Statement is designed to emphasize that which is unique about the ITAA and to foster energy. The Mission and Values Statements are intended for elaboration.

Following the acceptance of the Purpose, Mission, and Values Statement, the Board approved the names and charters of the three functional divisions of the ITAA: Operations, Research and Education, and Development.

In another important move, the Board accepted the Long Range Task Force's recommendation that the ITAA evolve to having a Board of Trustees consisting of 7-8 officers (including president-elect in odd-numbered years), 6 representatives elected by the membership, 1 representative appointed by the Training and Certification Council of TA (TACCTA), and 3 representatives appointed by the Affiliate Council. This means that, following a carefully worked out transition, by 1990 the Board would be reduced from its current size of 30 members to a more efficient and workable 17-18 members. With fewer members, the Board will be able to take a more proactive position on important issues.

As part of the move toward internationalization, the Board declared that the ITAA may affiliate with other nonprofit TA organizations, and it approved Affiliation Agreement Principles and Elements to guide negotiations with organizations wishing to pursue affiliation. It further established the Affiliate Council with the following charter:

To provide clear, up-to-date information and recommendations (including motions) to the ITAA Board of Trustees on issues of concern to any affiliate or TA organization around the world. To carry out this purpose, the Affiliate Council sets up and maintains worldwide communications. To oversee on behalf of the Board of Trustees and the affiliating organizations the good functioning of the affiliation policies and operations.

Thus, organizations affiliated with the ITAA will appoint or elect individuals who will represent them on the Council. This Council will take the place of the current system of electing trustees by geographical region.

The Board completed this historic phase of their deliberations by commending the Long Range Planning Task Force for its fine efforts. Special thanks were given to Co-Chairs Bill Cornell and Ellyn Bader for seeing the work of the Task Force through to completion. The Board then passed a motion establishing a Transition Team; this group will work to implement the transition to the new organizational purpose, structure, and function, to be operational in its initial stages by January 1989. The Transition Team consists of the following people:

Lucy Freedman, Coordinator
Ellyn Bader, Communications
Sheryn Scott, Research and Education
Jeanie Duck, Governance
Dale Perrin, Development
Ted Novey, Finance
Suzanne Robinson, Membership & Affiliation
Marilyn Zalcman, Committee Transition
Jenni Hine, European Perspective
Vince Gilpin, Ex Officio
Gloria Noriega, Latin American Perspective

We welcome your involvement in this long range planning process. Please send feedback on the current plans, including input about the purpose statement, to Lucy Freedman, Coordinator, Long Range Planning Transition Team.

Support Groups Highlight Conference

At the January 1986 ITAA Winter Congress in Orlando, Denton Roberts proposed to the Board of Trustees that we begin each day of a conference with TA support groups. A similar idea had been successfully implemented at the Gouldings' Redecision Conference in 1985. It seemed that such groups could perhaps create greater unity and comfort levels for participants at ITAA conferences.

Touched by the potency of the idea, I volunteered to pull it together so that every person who wished to connect in a meaningful way with others in Chicago would have that opportunity.

For a few brief hours in Chicago, 156 people had that chance. Thanks to the energetic efforts of 50 leaders who volunteered their time to support this new venture, we put together 15 groups. The feedback we received indicates that it was an unequivocal success. Our spirits are bolstered by that response, and we are in the process of setting up similar experiences for San Diego and Rio.

The excitement these groups generated suggests that they are here to stay, that we are on to a good thing, and that our Conferences will be more meaningful in a contactful way as we continue to move through this period of transition in our individual and joint lives.

Carol Morris, ITAA Program Committee



Members of one TA support group held in Chicago (photo: J. Herman)

TA in RIO '88

AUGUST 1 — 6, 1988

Jointly sponsored by The International Transactional Analysis Association (ITAA); Uniao Nacional de Analistas Transacionais (UNAT); and the Asociacion Latinoamericana de Analisis Transacional (ALAT)

WELCOME FROM MAYOR OF RIO DE JANEIRO

Dear Conference Participants:

As Mayor of Rio de Janeiro, I want to officially welcome you to our city. We look forward to giving you all a warm hello in 1988 and making sure you receive genuine "carioca" hospitality.

Rio is a wonderful choice for an international event such as yours since it provides excellent meeting and recreational facilities and very efficient and comfortable accommodations. The natural beauty of our city, its famous white sandy beaches, deep blue tropical waters, rain forest, and breathtaking mountain views, provide an ideal spot for both business and pleasure. In addition, the population of Rio is naturally friendly and warmhearted, and our cuisine is world-famous!

We feel sure that you could not have chosen a better place to visit, and we wish you every success for your International Conference in Rio. We look forward to welcoming you in 1988!

Cordially,
Mayor Roberto Saturnino Braga

TENTATIVE SCHEDULE

Sunday July 31
- Depart New York/Miami/Los Angeles

Monday August 1
- Morning arrival in Rio
- Institutes
- Introduction to TA (TA 101)
- Afternoon Tour (included in package)

Tuesday August 2
- Institutes
- TA 101 (continued)
- Committee, Examiners/ Examinees Mtgs.
- Optional Excursions

Wednesday August 3
- BOC/UNAT Exams
- Evening Opening Ceremonies/Party

Thursday August 4
- Panels, Presentations, and Workshops

Friday August 5
- Panels, Presentations, and Workshops

Saturday August 6
- Panels, Presentations, and Workshops
- General Assembly and ITAA Business Meeting
- Closing Banquet (Optional, extra cost)

Sunday August 7
- ITAA Board of Trustees Mtg (all day)
- Departure (late evening)



Christ The Redeemer Statue at Corcovado - Symbol of Rio

Pre- and Post-Conference Tours

Ridgelea Tours, designated the official travel agent for the Rio Conference, recommends that you travel for a few days before and after the conference. The best way to stretch your tourist dollars is to take advantage of the four-stop $250 air ticket which will take you anywhere in Brazil and still allow you to complete your trip within the two-week time limit necessary for the best air fares. A number of pre-planned tour options are described below. If you want to plan an individualized tour, contact Ridgelea Tours at (203) 322-1400.

NOTE: The following tours include all basic travel package components described on the Rio Conference registration form plus:

Option A: First night in Parati, Brazil. Beach resort at Angra dos Reis and a schooner into nearby islands. Next-day departure for Rio and the Conference. After the Conference, travel to Iguassu Falls, Salvador, Bahia (the Gold Coast), and Brasilia. Depart July 28 and return home August 11. Cost: Miami $1920/New York $2035/Los Angeles $2150

Option B: All of the above, plus Manaus, the Amazon Jungle Lodge, Belo Horizonte, and colonial Ouro Preto. Depart July 28 and return home August 18. Cost: Miami $3000/ New York $3175/ Any other major U.S. city $3300

Option C: Extensions to Buenos Aires, or Lima, Cuzco, Machu-Pichu, and Lineas de Nazca must be figured separately, depending on plans. Contact Ridgelea Tours for details.

For complete and detailed information on these tour options, call or write: Tom Nissley, Ridgelea Tours, 109 Mayapple Road, Stamford, CT 06903 USA; phone: (203) 322-1400.

Taking Children to Brazil: Consult Ridgelea Tours for special package prices for children (to be arranged on an individual basis).

"Growth and Maturity: 30 Years of TA"



THE THEME

The theme of the 1988 Conference in Rio is "Growth and Maturity: 30 Years of TA." In 1958 the *American Journal of Psychotherapy* published Eric Berne's article, "Transactional Analysis: New and Effective Method of Group Psychotherapy." In that article, Berne first used the phrase "transactional analysis" — a term directly descriptive of what psychotherapy is all about: transactions between people. With that article, Berne completed his break with orthodox psychoanalysis and created a substantially new kind of analysis. From then on, TA has become bigger in structure and concept. It has expanded and grown to what it is today, a theory embraced by nearly 5,000 ITAA professional members as well as many nonmember professional practitioners around the world. At this conference, three associations come together to cosponsor a week-long meeting that reflects the growth and maturity of TA.

THE SITE

The Rio conference will be held at the Hotel Nacional, a sparkling cylinder on Gavea Beach, 15 minutes from Riocentro and 10 minutes from Ipanema and Copacabana. The Nacional offers panoramic ocean views, two pools, three tennis courts, a shopping center, air-conditioned rooms with refrigerator and minibar, sauna and exercise rooms, and many options for entertainment in three restaurants and a nightclub. This is a superb and beautiful site for our meeting, with warm and wonderful winter weather averaging 75 degrees F, and much less crowded in August than at any other time of the year.

REGISTRATION FORM — TA in RIO '88
AUGUST 1-6, 1988

(PLEASE NOTE: This registration form is for ITAA Members *outside Latin America* only: Latin American registrations must be mailed to Congresso ITAA/ALAT/UNAT Brasil, a/c I.L. Bastos, R. Muniz Barreto, 792/304, 22251 Rio de Janeior, RJ, Brasil.)

	MIAMI	NEW YORK	LOS ANGELES
Early Registration (UNTIL Jan.1, 1988). Package Price includes round-trip airfare, 6 nights double-occupancy lodging at the Hotel Nacional, a half-day tour, tips, hotel tax, daily Brazilian breakfast, and conference registration.	$ 999	$1115	$1220
Registration (Jan.2, 1988 — May 1, 1988**) (Same package as above)	$1050	$1065	$1270
Land Only (Same package as above, on primary arrival days and excluding flights)	$ 420		
Single Supplement	$ 240		

Full Name of Traveling Companion: _____
(Required unless you are paying Single Supplement)

To Hold Your Place send $250 deposit to TA in RIO '88, c/o Ridgelea Tours, 109 Mayapple Road, Stamford, CT 06903 USA

Name: _____ Membership Level: _____

Address: _____

City/State _____ Postal Code/ Zip Code: _____

Passport # _____ Expiration Date _____

____ Deposit Enclosed
____ I prefer to pay my full fee now. Amount enclosed $_____

****Reservation Deadline:** Reservations must be received by May 1 in order to ensure airfare at these special rates. After May 1, please contact Ridgelea Tours for prices.
Payment: Payment must be in US dollars, drawn on a US bank. Please make checks payable to *Ridgelea Tours*.
For further information, call Tom Nissley, Ridgelea Tours, in Connecticut at (203) 322-1400; or call the ITAA Conference Office in San Francisco at (415) 885-5992.

GENERAL INFORMATION

Passport/Visa Information/Health Requirements: Passports and visas are required, and passports must be valid for 6 months *after* the Conference (until March 1, 1989). Call your nearest Brazilian consulate for information. Consult your doctor for health requirements. To the greatest degree possible, Ridgelea Tours will help you with documentation.

Flight Schedules: Flights will be on Varig or Pan Am, nonstop from the gateway city. All flights depart Sunday, July 31 (at 2:30 pm from Los Angeles, or at about 10 pm for Miami or New York). Arrival is early Monday morning, August 1. Flights home depart late in the evening on Sunday, August 7th, and arrive at your gateway city on Monday, August 8 (at about 5:20 am in Miami, 6:25 am in New York, or 10:05 am in Los Angeles). Confirm definite flight times with Ridgelea Tours.

Early Arrival/Late Stay/Pre- and Post-Conference Tour Options: Refer to separate information on tours (page 4). Early arrival (departure on Thursday, July 28) is possible. Call Ridgelea Tours for individualized travel packages.

Travel Insurance: We strongly recommend that you have personal, baggage, and trip cancellation insurance coverage. Ridgelea Tours can help with this.

Payment Schedule: A $250 deposit is required to hold a reserved space. This deposit is refundable (less a $30 service charge) provided written notice of your cancellation is received by April 15, 1988. Note that fees increase after January 1, 1988, and all reservations are due by May 1, 1988. The deadline for full and final payment is 60 days prior to departure (June 1, 1988).

Cancellations: For cancellation during the period of 61-90 days prior to the trip, the cancellation fee is $50. For the period of 31-60 days, the cancellation fee is $150. For the period of within 14-30 days of departure, the cancellation fee is 50% of the flight and land cost. There will be no refunds issued for cancellations that occur within 14 days of departure. No refunds can be made for unused tour arrangements in Brazil once the tour has commenced. No refunds will be made for unused accommodations, missed meals, sightseeing tours, or unused services of chartered transportation.

Registration Fee Only: For those wishing to make their own travel and land arrangements, registration fees for the *conference only* may be paid on-site.

Connecting Flights: The ITAA travel package includes departures from one of the three gateway cities listed. For connecting flights, see your travel agent or call Ridgelea Tours.

Price Does Not Include: Passport, health certificate, visa expenses, airport taxes, tips for room service, excess baggage charges, insurance, and all personal items.

Call for Proposals

RIO CONFERENCE * AUGUST 1–6, 1988

Jointly sponsored by the International Transactional Analysis Association (ITAA), Uniao Nactional de Analistas Transacionais (UNAT), and the Associacion Latinoamericana de Analisis Transaccional (ALAT).

Deadline: December 1, 1987. Please print or type.

_____
Name (as you want it in the program, including highest academic degree and membership level)

_____
Street Address City State/Postal Code

_____
Country Daytime Phone

Facility/Institution/Private Practice _____

Position: _____ Facility: _____

City: _____ State or Country: _____

Presentation

Title of Presentation: _____

Description

Enclose on two separate sheets of paper a 300-word abstract describing your presentation for review by the selection committee and a 50-word abstract which we will print in the program if your presentation is selected.

Specifications

Conference Proposal For: _____paper _____panel _____workshop

Duration: _____2 hours or _____3 hours preferred (actual duration to be assigned by Program Committee)

Program Track or Interest Area: _____Clinical Theory/Application
_____Educational Theory/Application _____Management Theory/Application
_____Other (please specify):

Number of participants: _____unlimited _____limited to.

Language of Presentation: _____Portuguese _____English _____Spanish

Level of information I will present is:
_____basic _____intermediate _____advanced _____ all levels

Co-presenters, if any. Please give name, address, and highest academic degree attained for each presenter, and please note: YOU ARE RESPONSIBLE FOR CONTACTING CO-PRESENTERS AND ENSURING THEIR ATTENDANCE OR REPLACEMENT

_____

_____

_____

Regular Members and Non-Members submitting proposals are required to include the written endorsement of an ITAA Advanced Member with their program proposal.

RETURN YOUR PROPOSAL TO: THE 1988 RIO CONFERENCE, ITAA, 1772 VALLEO ST., SAN FRANCISCO, CA, USA 94123. PRESENTATION PROPOSALS MUST REACH ITAA BY DECEMBER 1, 1987.



Sugar Loaf on Guanabara Bay

Members Forum

TEN-YEAR MEMBER APPRECIATES ITAA

Dear President Lucy Freedman:

Thank you for your letter and the ten-year member pin! I hope you receive a lot of "thank yous" — the ten-year pin was a delightful surprise. I'm a retired psychiatric nurse on a small island off the coast of North Carolina, and I do some counseling. It keeps my brain from rusting and is the source of many positive strokes.

The *TA Journal* is a great source of material, too — keeps me aware of new trends and ideas. TA has been very helpful to me personally, and its concepts are useful to those who come to me with their problems.

Mary Nolan, RN
Ocracok, North Carolina, USA

RESPONSE TO MORRIS ON BRIEF THERAPY

Dear Editor:

I offer the following comments in response to Frank Morris's letter (July 1987 *Script)* about my book review.

I am pleased and honored that my review was read and noticed, that someone cared enough about it to write something in response.

I did say that six sessions is a common number of treatment hours in many brief therapy centers, and that Gustafson's cases are far above that average. This upsets many therapists, who, in Morris' words, think I am saying that "you are able to heal all human problems in less than six hours."

Morris could be rightfully upset if I said that. In fact, brief therapists with integrity will agree that most human problems are not solvable in six hours. Instead, the brief therapist has a profound faith in the basic goodness of human nature; as a result, he or she is quite happy to do the least work possible to get the patient back on the right track, and then bow out. We deeply believe that patients will continue to grow, learn, and adjust, all without the help (or, at times, the interference) of a therapist.

The patient may well benefit from continuing psychotherapy, but that continuation may not be necessary, only enjoyable. Again, not everyone can resolve problems in that time, but perhaps as many as 80% are able to do so (Cummings, 1986). Eric Berne was always in pursuit of the one-session cure. Brief therapy continues in that tradition.

Another assumption that I seemed to hear in Morris's letter was that brief therapy equals The Erickson Foundation. I am the first to admit I have learned much from Erickson, over many years, but brief therapy is a term referring to efforts by many therapists, including those with behavioral, cognitive, and psychoanalytic orientations, not just strategic therapists.

I make the next comment with some fearfulness that it may be misunderstood as flippant or sarcastic, but I do not recommend that all therapists become brief in orientation. First, it is just too hard. It is extremely difficult for the therapist and quite easy for the patient.

Second, brief therapy attacks the idea that the personality is a stable entity and changes only slowly. Few people can tolerate a world where change is always possible, and where stability is an illusion. Thus, practicing brief therapy provokes existential anxiety in the therapist.

Third, many colleagues in the mental health field have a tremendous investment in viewing some problems as special and different and therefore in need of longer treatment and special techniques. Brief therapy tends to undermine those assumptions and thus is professionally upsetting.

Fourth, much of our financial stability, at least for those in private practice, is tied up in serving patients who come week after week for long periods of time. If shorter-term resolutions of problems are possible, our financial stability is upset.

For such reasons, a therapist should think carefully before attempting to learn brief therapy techniques. (Similar issues are well discussed by Hoyt, 1985.)

On the other hand, many patients expect to come only a few times to resolve their problems, and brief therapy meets those expectations. Insurance coverage is also becoming more limited. And most important, there is no convincing evidence that long-term therapy produces any differential improvement over short-term work (Strupp & Binder, 1984, p. 9).

The next-to-final paragraph of Morris's letter is dramatic and sarcastic and, I would hope, unworthy of him. I study and practice brief therapy because I feel more alive and vital when I work that way. If Morris feels more alive and vital in long-term therapy, struggling with characterological issues, I would not want him to join me. However, the religious ploy both amused and saddened me at the same time. I don't know any ethical brief therapists who think they are working miracles, and to the quote of Mark 9:24, I can only answer with a similar scriptural reference: Acts 28:24.

By the way, I am a he, not a she. Morris's assumption about my gender is also mistaken.

Lynn D. Johnson, PhD
166 East 5900 South, B-108
Salt Lake City, Utah, USA 84107

References

Cummings, N. A. (1986). The dismantling of our health system: Strategies for the survival of psychological practice. *American Psychologist, 41*(4), 426-431.

Hoyt, M. F. (1985). Therapist resistance to short-term dynamic psychotherapy. *Journal of the American Academy of Psychoanalysis, 31*(1), 93-112.

Strupp, H. H., & Binder, J. L. (1984). *Psychotherapy in a new key: A guide to time-limited dynamic psychotherapy.* New York: Basic Books.

Election Guidelines Approved

At their meeting in Chicago the ITAA Board of Trustees approved the following guidelines.

ELECTION CAMPAIGN GUIDELINES FOR ITAA OFFICERS AND MEMBERS OF THE BOARD OF TRUSTEES

I. **Preamble**. These guidelines are intended to assit in maintaining a spirit of collegiality and essential fairness in all ITAA elections and to keep the amount of campaigning and electioneering for the offices of president-elect, vice-president, secretary, treasurer, and membership on the Board of Trustees within established procedures.

II. **Endorsement of Candidates.**

A. Individual members may endorse candidates for elected positions within the ITAA provided that such endorsement makes clear that it represents the personal view of the endorser.

1. If such personal endorsements are made by individuals holding an elected, appointed, or honored position within the ITAA (or related positions in affiliate organizations), such individuals may not mention their position within the organization as part of the endorsement.

B. ITAA affiliate organizations may not endorse any candidate for election.

C. ITAA resources or the resources of an affiliate organization may not be used for the purpose of supporting any one candidate over another.

D. The electioneering use of newspaper or journal advertisements is prohibited.

E. The Association's newsletter may be used to report the candidacy of members and election results provided that the report is included as a news article and all candidates for a nominated position are represented.

F. The executive director and staff of the ITAA are to refrain from electioneering in any form, including making personal statements regarding the qualifications of any candidate.

III. **Campaign Statements**

A. Candidates may make written statements to appear in the ITAA printed election booklet. Such statements will be confined to a discussion of issues facing transactional analysis and the ITAA, as well as a personal biographical sketch. Statements made by nominees for president-elect may not exceed 400 words; for other officers, statements may not exceed 200 words; and for members of the Board of Trustees, statements may not exceed 150 words.

IV. **Campaign Spending and Membership Appeal**

A. Mass mailings on the part of a candidate for elected position or on behalf of that candidate by other individuals or organizations is prohibited. While it is appropriate for nominees to elected positions within the ITAA to communicate their platforms and qualifications to the membership, mass mailings are deemed inappropriate because they create the possibility of unfair economic advantage for some nominees.

1. Individual personal letters or phone calls to friends and colleagues are appropriate.

2. Form letters or "Dear Colleague"-type letters sent by an individual, a group of individuals, or an affiliate organization to a group of persons on a mailing list is not acceptable practice.

V. **Dissemination of Information on Electioneering**

A. The campaign procedures are to be published in the May-June issue of *The Script* newsletter at the same time and along with the announcement of the Nominating Committee's selection of candidates for election.

B. The ITAA central office will mail a copy of the election campaign guidelines to each candidate at the time their nomination is official. □

1987 ELECTION FOR OFFICERS AND TRUSTEES

Ballots for the election of Vice-President, Secretary, Treasurer, and eight new members of the Board of Trustees were mailed to all voting members on September 1, 1987. The deadline for receipt of returned ballots is October 30, 1987. The nominees are:

Vice-President: Bill Cornell
Bruce Loria

Secretary: Jenni Hine
Marye O'Reilly-Knapp

Treasurer: Denton Roberts

Trustees:

Region I (one opening):
Jan Grant, Diana Shmukler

Region II (no openings)

Region III (one opening):
Hanna Hyams

Region IV (one opening):
Ralph Berg

Region V (five openings):
M. Taylor Bach, Viola Callaghan, Wayne Carpenter, Elaine Childs-Gowell, Patricia Falzett, Felipe Garcia, Fred Hufford, George Imperato, Lucie King, Robert Massey, Edward Perkinson, Marilyn Zalcman

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BUNNY S. DUHL
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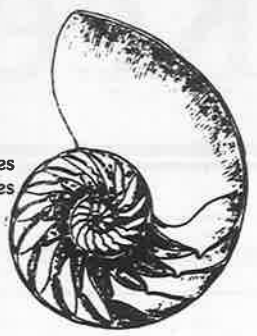

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___ BC Injunction, Decision, Redecision. By Mary Goulding. $14 (2 tapes)

___ BH Cycles of Development. By Pam Levin. $14 (2 tapes)

___ CB Unifying Ego State Theory. By Harry Corsover. $14 (2 tapes)

___ CD Group Dynamics. By Lanny Goldfinch. $14 (2 tapes)

___ CE Life on Mother Earth — Making a Difference for a Long Loving Life. By Morris Haimowitz. $14 (2 tapes)

___ CJ The Integrative Classroom. By Larry Pickett. $14 (2 tapes)

___ DC Structure for Success by Using the Structure Continuum. By Jean Clarke. $14 (2 tapes)

___ DD Egogram Update. By John Dusay. $14 (2 tapes)

___ EH Spiritual Dimensions in Psychotherapy. By David Steere. $14 (2 tapes)

___ EI Time-Frames, Theory, and Therapy. By Ian Stewart. $14 (2 tapes)

___ FB The Racket System Revisted. By Richard Erskine. $14 (2 tapes)

___ The Possible Human. By Jean Houston. $14 (2 tapes)

___ Introduction to Transactional Analysis. Co-taught by founding members of ITAA. $75 (10 tapes in storage album)

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CLASSIFIED ADVERTISING

Chicago Synopses Books Still Available: A limited number of 1987 Summer Conference Proceedings booklets are still available from the ITAA. They include 42 articles and abstracts from the Summer Conference scientific program, perfect-bound with the 25th Anniversary Conference logo on the cover. Send $10 (postage and handling included) to 1987 Conference Presentation Booklet, ITAA, 1772 Vallejo St., San Francisco, CA 94123, USA.

Call for 1988 Scientific Award Nominations

ITAA members are invited to submit nominations now for the 1988 Eric Berne Memorial Scientific Award. *The deadline for receipt of nominations is December 31, 1987.*

Established in 1971 to honor and perpetuate the memory of Eric Berne's scientific contributions, the award is given to the originator of a scientific concept. The contributions must be published in a professional bulletin, journal, or book at least one year prior to nomination, and must be judged to be a contribution to TA.

Each recommendation must include a one- to three-line statement showing how it qualifies as new theory and is thus eligible for the award. Please also include the nominee's name and the publication reference.

We welcome and encourage the nomination of worthy candidates for this award.

Margery Friedlander, TAJ Editor

Keeping In Touch

REGION I — PACIFIC

The All India National Conference will be held January 30 - February 3, 1988 in Bombay. The theme of the meeting is ''TA and New Society.'' If you are interested in serving as faculty for the conference (cost of stay will be covered, but not travel), contact Conference Co-convenor Alka Nimka, Taj Mahal Hotel, Personnel Department, Apollo Bunder, Bombay 400039, India.

REGION III — EUROPE

The 1987 European TA Association (EATA) Conference in Chamonix, France, was a great success. In addition to good workshops and seminars about TA's contribution to the human sciences, there was once again a generous response to Amnesty International's Appeal for Urgent Action on behalf of people imprisoned and denied their freedoms because of political opinions. A special table for contributions was set up and staffed by volunteers. According to Carla Melvyn Aghib, 4.172 French francs were collected and sent to AI Urgent Appeal to use to send telegrams on behalf of prisoners of conscience. Many thanks to those volunteers who helped. Those of you in Europe who are interested in making additional contributions may contact AI, Urgent Action, c/o Dominique Poesy, 66, rue Pergonieres, 31000 Toulose, France.

Call for Presenters for 1988 EATA Summer Conference in Blackpool, England — This conference offers an opportunity for TA professionals and other professionals who integrate TA and other approaches to meet and share their knowledge and experience. For a copy of the principles and procedures you need to follow in making a presentation and a copy of the guideines for writing it up, please contact Lilly Stuart, 106 Heathwood Gardens, London SE7 8ER, England or phone her at 01-854-3606.

The Swiss Romande TA Association (ASPAT-SR) held their first conference in Geneva, Switzerland, on March 11, 1987. Maryle Salvaj writes that there were some 140 participants, about 40 of whom were new members, and plans are already underway for the second day-long conference on March 12, 1988.

REGION V — UNITED STATES

Harry Boyd of Norman, Oklahoma, USA, wants his ITAA colleagues and friends to know that they can contact him at 405-364-3146. We regret that his phone number was listed incorrectly in the ITAA Directory.

ADDITIONAL INSTITUTE SCHEDULED FOR SAN DIEGO WINTER CONGRESS

The Nature of Script

Plans for the ITAA Winter Congress in San Diego, January 12-17, 1988, are well underway and promise an exciting week of learning, camaraderie, and fun. Among the new additions to the program is a one-day institute by Bill Cornell that addresses serious questions about the accuracy of current TA script theory raised by the developmental research and theory of the past ten years. For example, developmental research strongly suggests that the harmful traumatic experiences of childhood need not be as psychologically binding and restrictive as our current conceptualization of life script suggests. This workshop will offer participants an opportunity for reviewing and reconsidering their understanding of script theory and their assumptions about the nature of script.

Please plan to join us in San Diego for this important institute and much more. Details about conference and hotel registration were published in the July 1987 Script or are available on request from the ITAA office.



Keynote Speaker Jean Houston (photo: S. Sevilla)

CHICAGO GATHERING

continued from page 1

longing for the source of ourselves until the longing itself breaks the barriers between our individual selves and the beloved.

Some reactions to Houston's speech: ''Fantastic,'' ''charismatic,'' ''overwhelming,'' ''awesome,'' ''scarey — not grounded enough,'' ''impressive,'' ''scholarly,'' ''inspiring.'' And then, if that wasn't enough, you could indulge in fancy hor d'oeuvres and folk dancing.

Firsts Department: daily conference TA groups for connecting, sharing, processing. A definite success even if somewhat vague in structure and continuity. Another first was the invitation-only TA round table; it was a magnificent success. (Great idea, Richard Erskine!) Leading TA theorists sat around what looked awfully much like a poker table, each with a microphone, bantering back and forth about their own definition of ego states, what they think a cure is and how it can be achieved, treating the Parent ego state, and much more. Not to be missed.

Congratulations to Harry Corsover and Linda Azzi (USA) who married in September (home will be Colorado)...and to Pierre de Jonge (Belgium) who didn't just pass, but aced his exams in Chamonix and who will marry his beloved Annick in December.

Personal: Harry Boyd (USA) come back; Chellie Joines (USA) misses you. And kudos to Joan Lourie for doing such a wonderful job hosting us and looking rested at the same time!



Joan Lourie, Incoming Program Committee Chair and local host extraordinaire (photo: S. Sevilla)

Sights to See Department: Board members Rebecca Trautmann, Ellyn Bader, and Ron Ohlson rolling strollers containing their adorable bambinas.



Rebecca Trautmann and daughter Leila (photo: A. Jacobs)



Outgoing Committee Chairs Honored (top row from lest): Gloria Wax, Marye O'Reilly-Knapp, Carlo Moiso, Emilio Said, Gloria Noriega, Richard Erskine, Jack Kaufman, Carol Morris, Bill Krieger; (bottom row from left): Nelly Micholt, Patti Falzett, Ian Stewart, Vince Gilpin (photo: A. Jacobs)

Berne Resurrected: Some TA'ers celebrated this 25th Conference anniversary by inviting Eric Berne back to visit through a seance. Each esteemed member in turn wore the magic silver hat and became the medium for his spirit — and one even the medium for his mother (did she really have a British accent?). Ask Denton Roberts, Vince Gilpin, Alice Stevenson, or Alan Jacobs what Eric had to say, and while you're at it, check about Fritz Perls's ghost as well! Suffice it to say, Eric's mother was not happy that he moved to California.

Regional TA Association representatives met during the conference — for example, the flavor of Denton Roberts's USATAA Presidency was symbolized well by the free, black, cow-person hats given to those who joined USATAA for the coming year.

Business: The state of the Association address reports a healthy, solid organization in this time of change, although there is considerable uncertainty and widespread need for written communication. Please check out rumors, and if you object to substantive changes, please participate in the planning and directing as we move into the approval stage following the San Diego Congress Board Meeting in January. Lucy Freedman, Bill Cornell, Jenni Hine, and Ellyn Bader encourage you to direct any questions you have to them.

Berne Award Takes on Italian Flavor: A glowing Carlo Moiso, winner of the 1987 Eric Berne Memorial Scientific Award, accepted his plaque and his place in the TA Hall of Fame.

Follow that with a great Sunday brunch, much deserved awards to many contributing members, and Dr. Grugeon's controversial, definitely X-rated, and heavily scatological Grumbling Group Demo (why is it so funny to see TA's best acting like nympho's and nincompoops?).

Altogether there were many ingredients that came together to make a marvelous week. And so, on to the next one! See you in San Diego...or Rio...or Hawaii.... □