THE SCRIPT®
INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION. 1772 VALLEJO ST., SAN FRANCISCO, CALIFORNIA 94123

Volume XV, Number 7 September-October 1985

Special Winter Congress Insert - page 3

Toronto Conference Models "Richness Through Diversity"

The Summer Conference in Toronto, Canada, an occasion of great richness and diversity for members of the International Transactional Analysis Association (ITAA) and the Canadian Transactional Analysis Association (CATA), represented a series of firsts: the first summer conference held on a university campus, the first conference co-sponsored by ITAA and CATA, and the first conference to feature three non-TA pre-conference institutes in addition to a wide selection of TA institutes and events.

Longtime distinguished TA members, including some who had not attended a TA conference recently, were among the 350 TA enthusiasts attracted to Toronto by the diverse program and unique location. Almost 30% were CATA members, with the rest coming from an additional 22 countries around the world.

The conference opened with an inspiring keynote panel chaired by CATA President Vince Gilpin. Joining Vince to discuss the "Richness Through Diversity" theme in relation to various areas of the world were Pearl Drego (India), Michiko Fukazawa (Japan), Ana Tholenaar (Dominican Republic), Carlo Moiso (Europe), and Ellyn Bader (USA). Watch future *Scripts* for an article featuring this fascinating panel.

Other program highlights included 65 TA workshops, in addition to two special discussions led by Mary Goulding and Ted and Pat Novey. A special effort was made to schedule educational or organizational presentations during each time slot, and professional exchange groups co-led by CATA and ITAA members allowed participants to network with other professionals.

Sonja Tran introduced 17 newcomers to TA in her TA 101 course. Over 100 people attended the stimulating pre-conference institutes given by David Burns (cognitive behavior therapy), Shiela Pennington (healing power within ourselves), Meyer Friedman (Type A behavior), and Vince

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Ellyn Bader (L) presents special recognition plaque to outgoing *TAJ* Editor Rebecca Trautmann



Conference Program Committee Chair Brenda Bary is surprised with her birthday cake at closing banquet

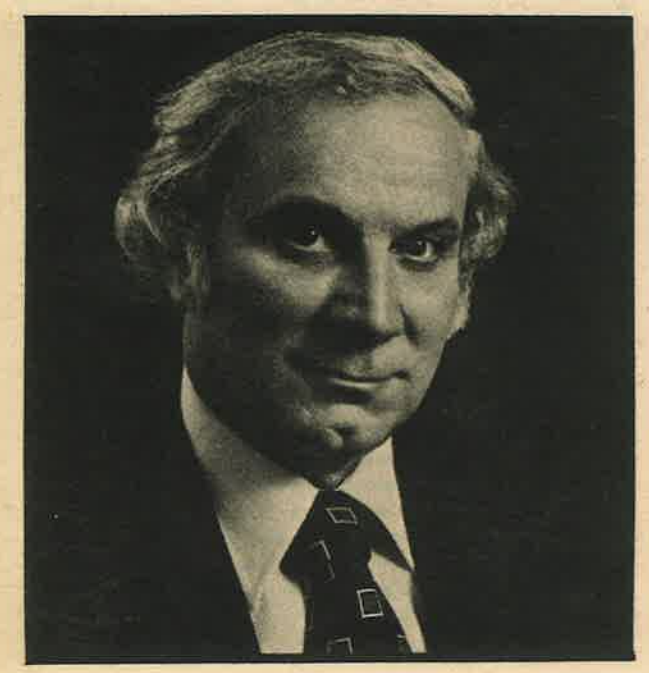


President-Elect Lucy Freedman addresses conference participants



Executive Director Susan Sevilla (middle right) with delegation from the Dominican Republic

Mosak Highlights Similarities Between Adlerian Psychology and TA



A special feature of the upcoming 1986 Winter Congress in Orlando, Florida, will be an all-day Friday seminar in which Harold Mosak, PhD, will discuss the Adlerian approach to psychotherapy. Dr. Mosak is Past-President of the North American Society of Adlerian Psychology and has been Chairman of the Board of the Alfred Adler Institute since 1972. Our thanks to Joan Lourie, MEd, CM, for arranging to interview Dr. Mosak. We trust you will find their conversation stimulating and encourage you to join us in January to learn more from Dr. Mosak about Adlerian theory and practice.

Joan Lourie: What in your early life do you think encouraged you to become an Adlerian therapist?

Harold Mosak: Since I'm not a causalist, I can't say I think anything caused me to be a therapist, an Adlerian, or anything else. In fact, if things had gone differently I might well have been a mathematician rather than a diagnostician or therapist. On the other hand, there was the Jewish emphasis on learning, which was tied in with the immigrant parents' desire for their children to do better than they, to get a good education and to make the most of it. In addition, I have the good fortune to come from a family which emphasized good interpersonal relations both within and outside of the family. The Adlerian emphasis on social interest is basically a restatement of what I was taught in Hebrew school — to love your neighbor as yourself.

So, I suspect all those factors were fermenting somewhere under the surface, pointing me in certain directions rather than others. At the same time, I started out to be a Freudian. If someone had been willing to analyze me even though I was not a physician, a requirement back in the 1940s, today I might be sitting behind a couch.

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Toronto (continued)

Gilpin (creativity of the Natural Child). While all the institutes were well-received, it is gratifying to note that Gilpin's TA institute filled earliest and drew the most participants.

On the business side, a special feature of the conference was the presentation to the Board of Trustees by the Long Range Planning Task Force of a comprehensive report about strategic future planning for the association. This report reflected growing interest and renewed enthusiasm for increased internationalization of the ITAA. More information on these developments will be presented in future *Scripts*.

The conference site lent itself to the creation of a special ambiance. The rolling hills and open spaces of York University provided a striking contrast to the typical cities and luxury hotels where ITAA conferences are usually held. Most participants opted to stay in modest dormitory-style accommodations and to eat on campus. Even those who stayed in alternate accommodations had the dubious pleasure of sharing group lunches in the York cafeteria. Although it is often hard to get TA people to agree on anything, there was a concensus that cafeteria food has its drawbacks!

Ken Penrose set the mood for the week with an opening night mixer that got hundreds of people meeting and mingling with perfect strangers in a safe and fun atmosphere. The Connector Room was in constant use for informal and organized get-togethers, from bioenergetic exercize in the morning, to the ever-popular sing-a-longs, to Tom Nissley's talent show in the evening, to meditation led by Ken and Elizabeth Mellor at night, just to mention a few. Other social activities included an ice cream social, a presenters' party, and Muriel James' book party.

The Toronto Conference was the last ITAA Conference during President Ellyn Bader's administration, since Lucy Freedman becomes president in January. Those at the Business Meeting were reminded of the upcoming transition as Bader passed out leather-bound calendars as farewell gifts to her Executive Committee and to eight Board members who will complete their terms in January. It was also Vince Gilpin's last conference as CATA President. Next year he will hand the gavel over to Camilia Clark.

All in all, the Toronto conference was another special example of what can happen when TA folks gather. We invite those of you who were there, as well as those who were not able to make the summer conference, to join us for a continuation of the exciting educational program and for fun and frolic during the upcoming January Winter Congress at the beautiful Court of Flags resort in Orlando, Florida.

1986 Training Endorsement Workshops

The Training Standards Committee (TSC) has scheduled Training Endorsement Workshops (TEWs) following the ITAA Winter Congress in Orlando, Florida (January 12-15); the EATA Summer Conference in Noordwijkerhout, The Netherlands (July 13-16); and the ITAA Summer Conference in San Francisco, California (August 17-20). Each TEW begins at 7:00pm on the first day and ends no later than 5:00pm on the last day.

Endorsement at a TEW approved and sponsored by the TSC is required for Certified Transactional Analyst Members who want to become Provisional Teaching Members (sign an ITAA Certified Teaching Member Training Contract). Information regarding the materials to be prepared for the TEW may be obtained from Jackie Ward-Flaggs in the ITAA office or from PTM and Certified Teaching Members in your area. Deadlines for applications are listed in the Exam Calendar. The fee for the TEW will be $275 US in 1986. This increase is necessary to cover expenses.

As a rule, TEWs will be scheduled each year in conjunction with the ITAA Winter Congress and Summer Conference. To make the TEW geographically accessible, others will be scheduled where there are a sufficient number of persons requesting a TEW and arrangements are feasible. Address requests for scheduling TEWs to the Co-Chairpersons of the TSC c/o the ITAA office.

Certified Teaching Members interested in serving on a TEW staff during 1986 may write Marilyn Zalcman (6018 Balsam Drive, McLean, VA 22101, USA). Please indicate, in order of preference by location, the TEWs at which you are interested in serving as a staff member.

Videotape of TA Master Therapist: Who Would You Choose?

Substantial research indicates that ITAA might increase its non-dues income by marketing a professionally produced videotape of a TA master therapist at work. Such a tape would show a therapist doing psychotherapy and then being interviewed about theoretical issues and reasons for specific interventions. The video would be made available to both ITAA members and non-members, with the revenue used to provide services to members.

Although many members expressed their enthusiasm for this idea during the Toronto Summer Conference, we need to know more specifically which therapist(s) *you* want to see and which one(s) you think would best represent ITAA to non-ITAA professionals.

Please send the names of three therapists, ranked in order of your preference, to Peter Pearson, PhD, 120 Santa Margarita, Menlo Park, CA 94025, USA. Your feedback will be invaluable in helping us prepare a proposal for the Board's final approval in January. Thank you for your assistance.

TA 101 Calendar

October 4-5, 1985 - Buenos Aires, Argentina. Leader: Roberto Kertesz, TM. Contact: Roberto Kertesz, IPPEM, San Jose de Calasanz 431, 1424 Buenos Aires, Argentina.

October 26-27, 1985 - Centre des Unions Chretienne, Geneva, Switzerland. Cost: Frs. 330. Leader: Ted Novey, Ph.D., TM. Contact: Carla Melvyn Aghib, CM, 24 Chemin de Vert Pre, 1213 Petit Lancy, Switzerland.

October 31-November 1, 1985 - Institutet for Livsterapi in Malmo, Sweden. Cost: 800 Skr. Language: Swedish. Leaders: Thomas Ohlsson, CTM and Roland Johnsson, CTM. Contact: Institutet for Liversterapi, Amiralsgaten 31, S-211 55 Malmo, Sweden; phone 040/117722.

November 8-9, 1985 - Buenos Aires, Argentina. Leader: Roberto Kertesz, TM. Contact: Roberto Kertesz, IPPEM, San Jose de Calasanz 431, Buenos Aires, Argentina.

December 6-7, 1985 - Buenos Aires, Argentina. Leader: Roberto Kertesz, TM. Contact: Roberto Kertesz, IPPEM, San Jose de Calasanz 431, 1424 Buenos Aires, Argentina.

Certified Teaching Members and Certified Provisional Teaching Members of ITAA are invited to list free of charge TA 101s they are presenting. To be listed, please send the following information to ITAA Publications Coordinator, 1772 Vallejo St., San Francisco, CA, USA 94123: dates of TA 101, location, cost, leaders' names, and how to get more information. Deadline: first of the month prior to the month of publication. **Note:** *we cannot accept tentative or open dates; please be specific.*

Nominations Open for Eric Berne Memorial Scientific Award

ITAA members are invited to submit nominations now for the 1986 Eric Berne Memorial Scientific Award. The *December 31, 1985 deadline* is designed to give the Editorial Board time to consider all nominations at their January meeting in Orlando.

Ballots will be mailed by April 1, 1986, and must be returned to the ITAA office by July 1. These dates were chosen to allow adequate time for ITAA members worldwide to vote.

Established in 1971 to honor and perpetuate the memory of Eric Berne's scientific contributions, the award is given to the originator of a scientific concept. Each recommendation must include a one- to three-line statement showing how it qualifies as new theory and is thus eligible for the award. Please also include the nominee's name and the publication reference.

We welcome and encourage the nomination of worthy candidates for this award.

Rebecca Trautmann, RN, MSW
TAJ Editor

July New Members	Sponsor
Alford, Betty	—
Bransfield, Gerald	—
Braybrooke, Zaharah	Gail Broady
Callegari, Silvia	Ted Novey
Chinn, Mae	—
Chopra, Ayesha	Pearl Drego
Creedon, Chandler	Charles Mueller
Cooper, Linda Lee	—
Davis, Clifford	—
Dickman, Zita	Maria Gilbert
Klinger, Toni	Vann Joines
Maietta, Aniello	Carlo Moiso
Martin, Mary Ann	—
Massey, Sharon	—
Magai, Yuko	Kozo Rokkaku
Nichols, David	Petruska Clarkson
Perry, Sister Donna M.	Sonja Tran
Saito, Toshiro	Kozo Rokkaku
Tully, Alan	Anne Barkaway
Weigel, Marion	—
Wooten, Barbara	M. Taylor Bach

August New Members	Sponsor
Abington, Laretta	—
Boehler, Peter	Ted Novey
De Albuquerque, Iracema	Lisete Herzog
De Gomez, Clara	—
De Groot, Willemier	Petruska Clarkson
De Ros, Maria	Ana Tholenaar
De Suarez, Diana	—
Edlinger, Klaus	DGTA
Frank, Gerd	DGTA
Goetz, Juergen	DGTA
Gorman, Jr. Johnny	Ron Lawrence
Gorry, Elaine	Maria Gilbert
Herman, Janet	—
Huat, Yeo	Anthony White
James, Mong	Anthony White
Lamontagne, Gisele	—
Locquenghien, Ingrid	DGTA
Machado, Richardo	Rosa Krausz
Masalaverria, Jose	Concepcion de Diego
Meier, Peter	DGTA
Meneguzzo, Roseli	Lisete Herzog
Michelbrand, Gottfried	DGTA
Moloney, Christiane	Jeffrey White
Mordue, Neil	Gail Broady
Nage, Monika	DGTA
Neely, Cynthia	—
Nunelley, Theresa	M. Taylor Bach
Pinto, Dalva	*Constancia de Boni*
Schiffman, Mary	Vann Joines
Schneider, Josephine	Sonja Tran
Seeger, Jan	Anne Barkaway
Seitz, Dr. Gottfied	DGTA
Serra, Emilio	DGTA
Soo-Tho, Angelina	—
Sparrius, Sandrak	—
Strauss, Dieter	DGTA
Suffanti, Mario	—
Terry, Sheryl	Wayne Carpenter
Thierber, Thomas	Fred Clark
Vandewater, Paula	—
Vergara, Eliana	Concepcion de Diego
Vogel, Guste	DGTA
Webb, Liz	—
Wiegand, Petra	DGTA
Williams, Maureen	Wayne Carpenter

The Script®
(ISSN 0164-7393)
Newsletter of the International
Transactional Analysis Association
1772 Vallejo Street
San Francisco, CA 94123
(415) 885-5992

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Deadlines: receipt in ITAA office on first of month prior to month of publication: e.g., Jan 1 for February.

The Script is published monthly (except Jan., May and Sept.) by the International Transactional Analysis Association. The subscription rate is $2/yr. as part of dues for all classes of membership. For information on dues rates for various membership classifications, contact the ITAA office (address above). Second class postage paid at San Francisco, California. POSTMASTER: send address changes to *The Script*, 1772 Vallejo St., San Francisco, CA 94123. © 1985 International Transactional Analysis Association, Inc.

The editors reserve the right to edit material submitted for publication for taste, accuracy and length. Letters to the Members Forum should be limited to 400 words. Editing will be done responsibly and in such a way as to preserve the intent of the author.

1986 ITAA Winter Congress

January 8-11 Orlando, Florida

Court of Flags Resort Hotel



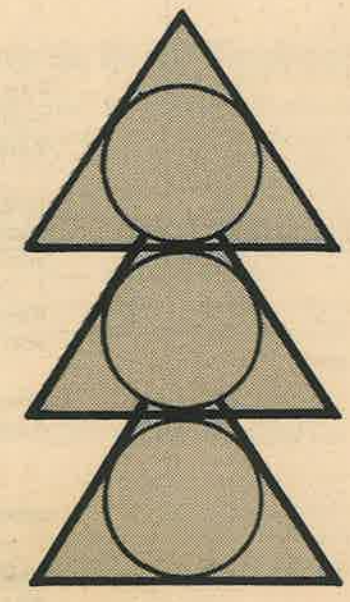
Orlando Resort Perfect for International Congress

Come enjoy the magic of Orlando during the 1986 Winter Congress! During its history eight flags have flown over the city, making it an unusually appropriate setting for an international congress. In addition, its central location makes it easily accessible from the USA and South America, and the area's fine weather gives it a year-round appeal.

The site of this year's congress, the 800-room Court of Flags Resort and Conference Center, recently underwent a $5 million renovation. Located fifteen minutes from Orlando International Airport, Walt Disney World and the Epcot Center, and five minutes from Sea World, the center offers twenty-five acres of grounds, three heated swimming pools, lighted tennis courts, children's playground, sauna, jogging course, shop, and boutique. A Polynesian-style outdoor bar next to the giant cloverleaf pool offers an ideal setting for our poolside buffet lunch.

Orlando has been described as a city "endowed by nature, built by man, made famous by a mouse." In addition to developing the exciting scientific program detailed in the next few pages of this special insert, we have taken advantage of the fabulous attractions surrounding Orlando to plan a social program which promises something for just about everyone.

"Facets for a Future"



Monday and Tuesday of congress week will be good days for optional side trips to such famous sites as Disney World, Epcot Center, Kennedy Space Center (a one-hour drive), Sea World, Wet & Wild, Cypress Gardens, Circus World, Mystery Fun House, Medieval Times, and Gatorland Zoo, just to mention a few. Individual and group tours to these and other attractions are easy to arrange once you get to Orlando.

On Wednesday evening we have planned a luau at Sea World (see registration form for fees) and on Thursday night, after the congress opening, we will trip the light fantastic with the music of the George Sherzer Trio, a group that regularly plays at the Walt Disney World hotels. Friday night will be open, with many exciting entertainment options available, including a group trip to Rosie O'Grady's Goodtime Emporium ($8 cover charge), a complex of restaurants and entertainment. Finally, on Saturday night after the closing banquet, Lanny and Nancy Goldfinch will be available with a DJ to teach group folk dances from around the world, and there will be lots of other dancing as well.

We hope you will come and help us make this a fantastic Winter Congress. See you in January!

Lois M. Johnson, Local Host

Congress Offers Full Week of In-Depth Workshops

Pre-Congress Program

The Orlando program begins with four special two-day pre-congress presentations on Monday and Tuesday:

Fanita English, MSW, CTM - "Existential Pattern Therapy"
Mary Goulding, MSW, CTM, and Bob Goulding, MD, CTM - "Redecision Therapy"
Muriel James, EdD, CEOTM - "Happiness and Other Human Rights: A Developmental Approach"
Stephen Lankton, MSW, CPTM - "Scripts as Post-Hypnotic Behavior: Implications for Family Therapy"

In addition, Lois Johnson will present an Introduction to Transactional Analysis (TA 101) all day Wednesday and Thursday.

Special Thursday All-Day Workshops

On Thursday, while exams are being held, we will have four in-depth TA workshops on specific topics (two in the morning, two in the afternoon) available to people who are neither examiners nor examinees:

Laura Boyd, PhD, CTM - *Escape Hatches*
Harry Corsover, PhD, CTM - *Structural Analysis*
Jonathon Weiss, PhD, CTM - *Passivity Confrontation*
Marilyn Zalcman, MSW, CTM - *Racket Theory*

Mosak and Wagner Headline Friday Seminars





Following the official Thursday evening Winter Congress Opening Ceremony and Dance, on Friday we have a special all-day presentation by Adlerian analyst Harold Mosak, PhD. In the morning Dr. Mosak will discuss his theoretical approach and its clinical applications; in the afternoon, he will interview one or two clients. (The individuals interviewed will be clients in therapy with local TA therapists who will be available to follow up on any issues raised during the interview with Dr. Mosak.)

During the last hour there will be a discussion between Dr. Mosak and a special panel moderated by Bill Cornell and including Fanita English, Richard Erskine, and Bill Holloway.

Running concurrently with this seminar will be a full-day problem-solving and networking seminar designed by Abe Wagner for people specializing in organizational development and education. Wagner will be joined by Lillian Rexach (Puerto Rico), Sam Lloyd (Texas), Tina Berthelot (Texas), Jean Illsley Clark (Minnesota), Rosa Krausz (Brazil), and others for this seminar on the "how to's" of contracting, content, implementation, and evaluation in organizations.

Individuals from all areas of specialization are welcome at either presentation.

Saturday Workshops Focus on Life Script/Life Plan Issues

On Saturday we will offer approximately ten morning and ten afternoon workshops focused primarily on life script/life plan issues as a follow-up to the Adlerian presentation on Friday. This theme applies equally well to clinical, education, and organizational areas. We will also have a few non-TA presenters, including Jim Humphries, whose "TA and Defensive Driving" course is officially sanctioned by the State of Florida. Other presentations include:

Jean Illsley Clarke, MA, EOPTM - *Double Binds and Script Decisions*
Bill Cornell, MA, CTM - *Life Script and Developmental Stages*
Concepcion de Diego, PhD, CM - Topic to be announced
Jay Efran - *Structural Determinism*
Richard Erskine, PhD, CTM - *Treatment Planning for Life Script Cure - Why People Stay in Script*
Ted Harrison, MS, CTM - *Effects of the Vietnam War on Life Scripts*
Bill Holloway, MD, CEOTM - Topic to be announced
Jim Humphries - *TA and Defensive Driving*
Vann Joines, MDiv, CTM - *Personality Adaptations and Life Script*
Pam Levin, RN, CTM - *The Cycle of Development: The Foundation for Life Script*
Bruce Loria, EdD, CPTM - *How to Confront Life Script Issues in Business, Education, and Social Settings (with a contract, in honoring ways, and so you don't get fired!)"*
Rosa Krausz, PhD, EOTM - Topic to be announced
Robert Massey, PhD, CM - *Comparison of TA and Adlerian Theory*
Jim McKenna, MSW, CTM - *Crisis-Generating Families*
Carlo Moiso, MD, CTM - Topic to be announced
Gloria Noriega, MA, CTM and Emilio Said, MD, CTM - *Diagnosis with the Eight Areas*
Ed Perkinson, CTM, and Susannah Perkinson, CM - *Theoretical Examination of the Paradoxical Elements Present in the Change of Basic Life Patterns (Scripts)*
Brenda Schaeffer, CPTM - *Existential Questions about Life Itself: Beyond I'm OK, You're OK*
Rebecca Trautmann, RN, MSW, CTM - *Past Lives and Life Scripts*
Juan Jose Tapia, MD - *The Life Script and the Jungian Unconscious*
Ana Tholenaar, EOM - Topic to be announced
Abe Wagner, MSW, EOTM, Marlyn Crossen, MA, CM, and William Krieger, EdD, CM - *Promoting TA on the Local, State and Regional Level*

Tentative

Orlando Congress Schedule

Monday, January 6

9 am - 5 pm	Side Trips and Excursions
	TA Institutes - Muriel James and Steve Lankton

Tuesday, January 7

9 am - 5 pm	Side Trips and Excursions
9 am - 5 pm	Long-Range Planning Task Force
9 am - 5 pm	**TA Institutes** - Fanita English and the Gouldings
1 - 5 pm	BOC Meeting
5 - 7 pm	New Board Member Orientation

Wednesday, January 8

8 - 10:30 am	Committee Chair Breakfast and Training
9 am - Noon	BOC Meeting
10:30 am - 4 pm	Committee Meetings
1 - 2 pm	Examiners' Meeting
2:30 - 4:30 pm	Examiners' Training Workshop
4:30 - 5:30 pm	Chairpersons' Training Workshop
6 - 7 pm	Candidates' Meeting
3 - 6 pm	USATAA Council
4:30 - 5:30 pm	Committee Coordination Council (all committee chairs)
9 am - 5 pm	TA 101 - Lois Johnson
6 pm	**Luau at Sea World** (Seating: 6:45; Dinner: 7:15 pm)

Thursday, January 9

8 am - 5 pm	Level I & II Examinations
9 am - 4:30 pm	TA 101 (continued)
Noon - 2 pm	USATAA Luncheon Meeting (open to all)
9 am - Noon and 1 - 4 pm	**Pre-Conference Workshops** (two morning and two afternoon)
1 - 5 pm	Executive Committee Meeting
4:30 - 6 pm	**Professional Exchange Groups**
7:30 - 9 pm	**Opening Event**: Announcements and Keynote Speech by Lois Johnson
9 - 11 pm	**Opening Party/Dance**

Friday, January 10

8 - 9 am	Newcomers' Breakfast
9 am - Noon	BOC Meeting
9 am - 5 pm	**All Day Seminar** - Harold Mosak, Ph.D., Chairman, Alfred Adler Institute of Chicago AM: Theory & Practical Applications of Therapy with Adlerian Overview PM: Live Diagnostic Interview with Client and Panel Discussion/Debate with TA Specialists
9 am - 5 pm	**Organizational "How To" Seminar:** Abe Wagner
5:30 - 7 pm	No-Host Cocktail Reception
7 pm	Open Evening: Night Out On the Town in Orlando and Nearby Attractions

Saturday, January 11

9 am - Noon and 2:30 - 5:30	**Workshops**
1 - 2:30 pm	**Men's & Women's Caucuses**
8 am - Noon	Board of Trustees Meeting
6:30 - 11 pm	**Closing Banquet & Dance** Closing Speeches

Sunday, January 12

8 am - Noon	Board of Trustees Meeting

POST-CONFERENCE WORKSHOP

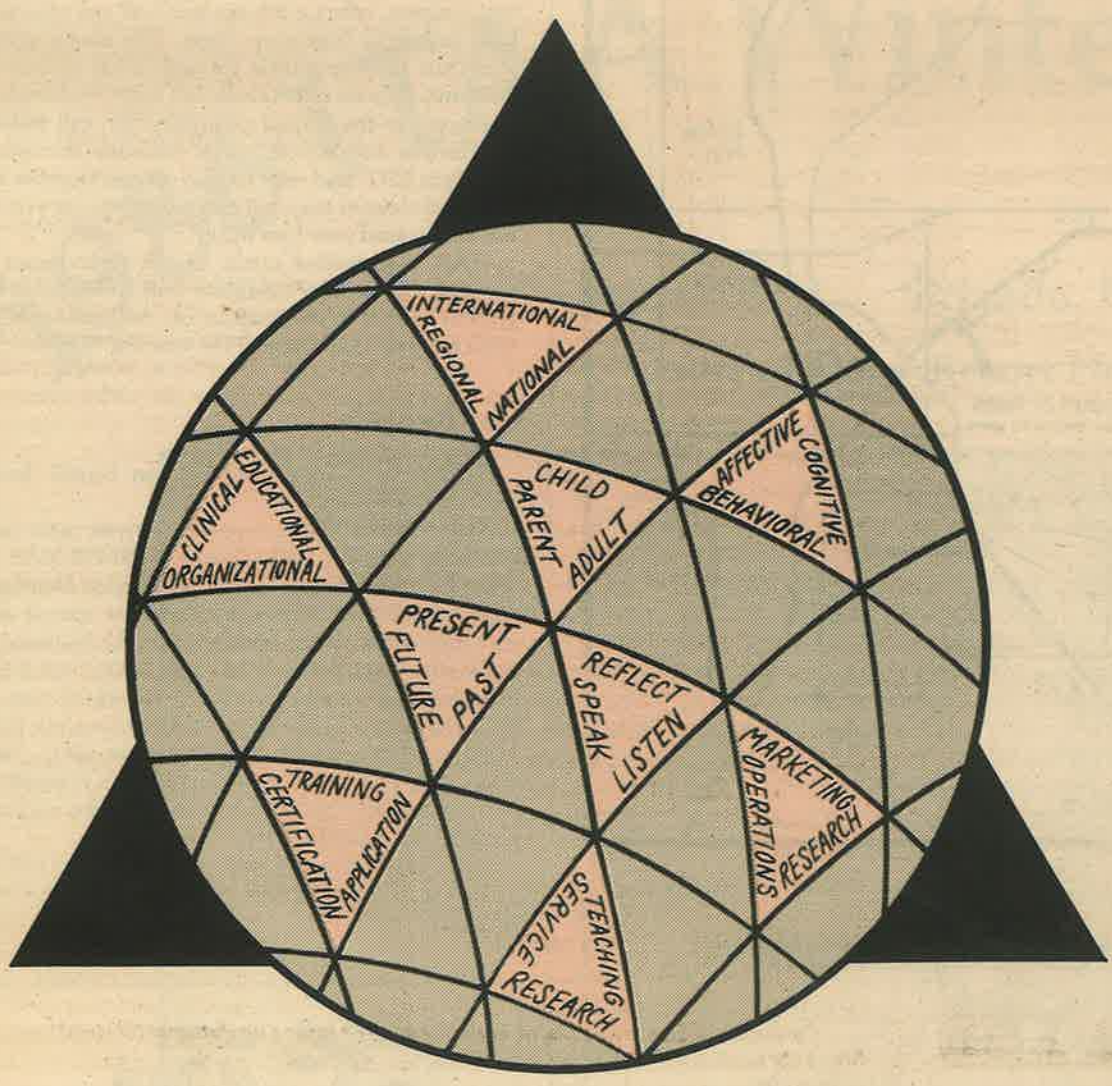
Sunday, January 12

2 - 8 pm	Training Endorsement Workshop

Monday & Tuesday, January 13 & 14

All Day	Training Endorsement Workshop

"Facets for a Future"



As we in ITAA look to our future and plan significant organizational changes to promote the long-term health and growth of our association, it is important to consider the opulence of our many FACETS. A FACET refers to sides or angles of a single entity. For instance, there are many FACETS to a problem, and to a diamond. In ITAA we need a blueprint, a diagram, a map defining the way to create and maintain proficiency that will weather the ecology indiginous to both our separate FACETS and to our international group FACET.



Buckminster Fuller (1895-1983) pioneered the design and development of the geodesic dome, reproduced in the gleaming globe at the Epcot Center in Florida and adopted and adapted as our official logo for the 1986 Winter Congress. Bucky Fuller also coined the phrase "Spaceship Earth" to acknowledge that we are all on a single spaceship — our Earth — hurtling through the universe together, jointly responsible for our planet. He dreamed of creating a visual symbol to represent this idea and to serve as an inspiration for a future when the many different facets of life on Earth would coexist in harmony. The fantastic geodesic dome, built to his specifications, has 954 triangular FACETS, each a stable structure, but linking together interdependently to form Spaceship Earth.

As we consider ITAA's future we can look at the many FACETS of ourselves, our organization, our study and practice of TA, and our place and time on Spaceship Earth for new ways to combine and recombine in order to meet the challenge of the future.

We hope you will come to Orlando in January to look with us at FACETS FOR A FUTURE.

Lois M. Johnson, Orlando Local Host
Becky Palmer, Orlando Coordinator



Post-Congress Beach Vacation Offer

The Aladdin Inn, 2323 Atlantic Avenue in Daytona Beach, is offering a special post-congress package for those wishing to spend a few days relaxing before returning home. The Inn is located directly on the beach, and all rooms for this special offer have balconies overlooking the ocean. The per room cost for two adults (children free) is $47 plus tax for three days and two nights, or $90 plus tax for five days and four nights. For information and reservations, call toll free 1-800-874-7517 (in Florida call 1-800-223-1792).

Translation Services Available

Thanks to local host Lois M. Johnson, we will provide free translation at this congress by students from local schools who will receive academic credit in exchange for their services. We hope to implement this innovative plan at future conferences worldwide.

Children's Program Offers Park Trips

A special feature of the Orlando Winter Congress will be an informal children's program of tours and local trips to some of the most spectacular amusement parks in the United States. These will be led by Peter Cowell on Friday and Saturday from 8:30am to 5:30pm for children ages five to thirteen only.

On Friday there will be a group trip by rented mini-van to the Science Center and Planetarium; on Saturday a group will visit Gatorland and Fort Christmas. Each day will begin with a one-hour introduction to TA, followed by field trips from 9:30am to 5:30pm. The cost is $25/day per child, and parents will be required to sign a permission slip for the program. Because we will rent vans, the program will be cancelled if fewer than ten children register per day.

Prior to Friday, January 10, there will be no program for children. Parents will be responsible for arranging entertainment and childcare during this time. For children under four, information will be available on Kid's World, a nearby babysitting center open 6:30am to midnight. The 1985 sitting fee is $2/hour per child.

Continuing Education Credit Offered

We have requested Continuing Education Units (application pending) for the Mosak Seminar on Friday, January 10, from the Florida Department of Professional Regulation through the Mental Health Association of Orange County. Marriage and family counselors, psychologists, clinical social workers, and school psychologists may want to take advantage of this offering. In addition, nurses should check the continuing education regulations in their states/countries to see if CEU recognition by these other groups is acceptable to their nursing boards.

Professional Exchange Groups to Meet

Professional Exchange Groups, which are designed to give congress participants a chance to network informally in their special areas of interest, will be held on Thursday from 4:30 to 6pm. Topics and facilitators will include:

Education - Jean Illsley Clarke, MA
Publicizing TA - Mary Ellen Frost
Trainers and Supervisors - *Harry Corsover, PhD*
Spirituality - Fred Clark, MDiv
Organizational Development - Sam Lloyd, MBA

Camping In Orlando

For Winter Congress participants wishing to camp, the following two camping areas are within three miles of the Court of Flags Hotel:

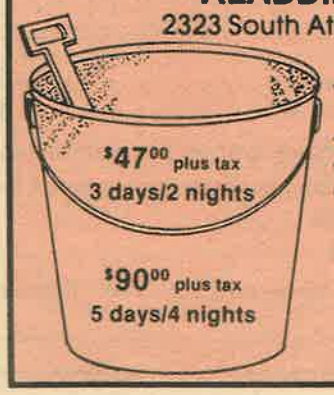
Days Inn Park - *I-4 and 33rd Street*

Reserve space 3-4 weeks in advance. Call 1-800-325-2525 and ask for Nick. Cost: $16/two people, $2/each additional person. Highest charge is usually $18.50 plus tax per day. RV, trailer or tent.

Yogi Bear Jellystone Camp - *9200 Turkey Lake Road*

Reserve 4 weeks in advance. Call 1-800-327-7115 and ask for Roger. Cost: $16.75 (plus tax) for up to five people; each additional person, $1.00.

COME PLAY IN OUR SANDBOX . . .
in Daytona Beach, Florida
at the
ALADDIN INN
2323 South Atlantic Ave.



- Oceanview motel room for 2 adults
- Early check-in 1:00pm
- Late check-out 6:00pm
- No credit cards for this special

TOLL FREE FOR RESERVATIONS
1-800-874-7517
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We need qualified examiners who have or will complete the Board of Certification examiner training workshop before January 9 for Level I (CM & EOM) and Level II (TM) oral examinations. We also need CMs, EOMs and PTMs to act as supervisees for the supervision section of the Level II (TM) examinations. Please complete this form and return to Jackie Ward-Flaggs, PO Box 3932, San Francisco, CA 94119 by November 15, 1985 if you can help.

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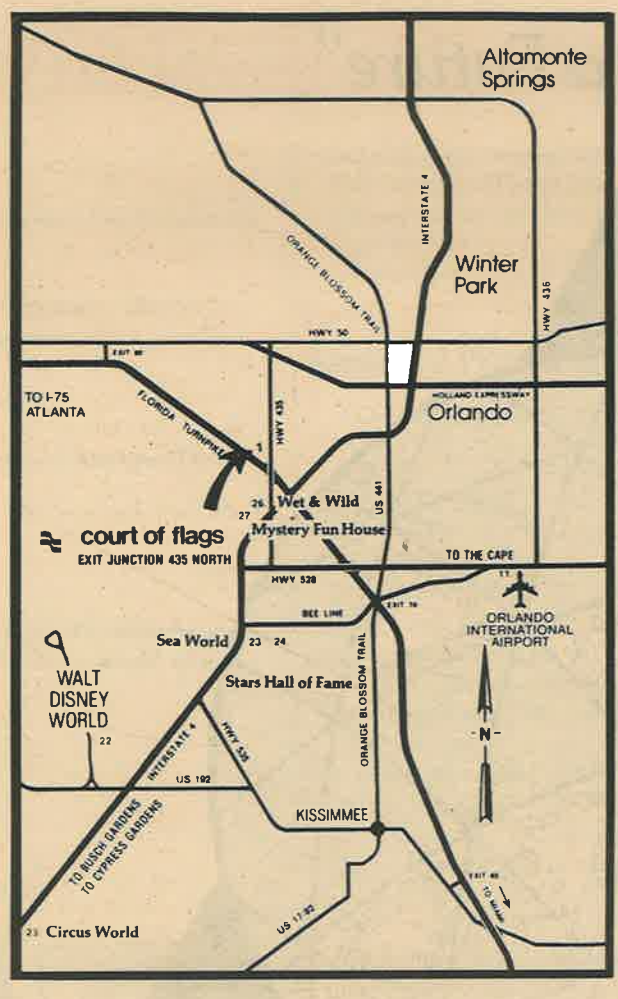

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Registration includes all workshops, Mosak or Wagner Seminar, opening reception and ceremonies, closing banquet, and all administrative expenses.

Mosak Seminar Only, Friday, January 9, 9 am - 5 pm $100

Pre-Conference Institutes: $ 85 each

____ Gouldings, Monday, January 6
____ Lankton, Monday, January 6
____ English, Tuesday, January 7
____ James, Tuesday, January 7

____ Introduction to TA (TA 101), Lois Johnson $ 85
Wednesday 9 am - 5 pm, Thursday 9 am - Noon

____ Luau at Sea World, Wednesday, January 8, 6 pm, includes dinner, show, tax, and tip (bus transportation optional)

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Mosak (continued)

JL: What is the Adlerian view of "social interest" and "social action?"

HM: Well, those are separate questions, but I'll try to answer both and perhaps even connect them. First, Adlerians often talk and write about social interest in reified terms. In fact, social interest is not a thing, but an ideal or construct consisting of several things, including a commitment to life. Only to the extent that people are human do Adlerians recognize peoples' copping out. The committed person, when life calls, says, "OK, what do you want, Life? I guess I better do something about it."

Second, since life is with people, it requires commitment not only to life in the abstract but to other people. It involves cooperation for the public good and, since different people have different concepts of what the public good is, individuals ought to do whatever, in their subjective view, contributes to it.

Many people suggest that Adlerian psychology is a passive psychology of adjustment: The world offers tasks to people and they have to solve them. However, Adlerians also believe that, where the common welfare is not served by current social practices, people are obliged to change them, to create a better society. So, while I won't use the word activist because it covers a multitude of vague sins, Adlerians have always been action oriented in both the social arena and in therapy.

For us, for example, insight is not something you have in your head; there must be an action component or it is not insight. I am reminded of an old Van Gogh story. Two friends meet on the street and one says to the other, "What's your hurry?" The other replies, "I have to go see my analyst." The first one suggests, "Well, so you'll be a bit late, stop a minute." So, he agrees saying, "OK, I just have a minute, but I tell you, analysis is the most magnificent experience I've gone through in my life." And his friend responds, "Gee, that's wonderful. I'm happy for you. But something has always puzzled me about analysis. If Van Gogh had been analyzed, would he then not have cut off his ear and sent it to the prostitute?" And the analysand replies, "Oh yes, he still would have done it, but at least he would have known the reason why."

Well, for Adlerians, knowing the reason why isn't enough. Even without insight, we'd rather you stop cutting off your ear!

Coming back to social interest, since the world is populated with people, social interest makes caring an imperative. In addition, life throws all kinds of difficulties at us, and if we don't have courage, we will cop out. Part of social interest involves having courage and engaging in risk taking. Further, while social interest implies not looking solely at oneself, it requires some self-examination because what is best in a situation does not exclude you as an actor in it. Basically, one has to find the balance that Hillel talked about a couple of thousand years ago when he said, "If I am not for myself, who will be? But if I am only for myself, what really am I?" And we Adlerian therapists love the third line: "If not now, when?"

JL: Please briefly describe Adler's concept of lifestyle and how you compare it to Berne's concept of life script.

HM: In a very broad sense, the only differences are in how we go about it and what we focus on. For Adlerians, a very simplified description of lifestyle is a person's unique way of perceiving and drawing conclusions about life and himself or herself and the relationship between the two. The person is always engaged in transactions with others and life as I pointed out when I talked about social interest. This was one of Adler's major deviations from the intrapsychic psychology Freud developed. In fact, I believe a transactional analyst was one of the first to point out that Adler was the first transactionalist!

Basically, as people grow up interacting with other people and with life, they develop certain conclusions: This is the way I am — today we call it the self-concept — and this is the way life is. The lifestyle also contains the individual's conclusions about what he or she has to be or do to be significant, to have a place in life, to count, to be taken into account by others. Adler called these conclusions the "self-ideal"; Carl Rogers later reversed the term and called it the "ideal self." These conclusions relate to the individual's aspirations and long-range goals. A third set of convictions, the Weltbild, contains the person's views of the world, of people, of life and its meaning. Finally, each of us develops a unique set of subjective ethical convictions about what is wrong and what is right. On the basis of these convictions the person decides what will happen if one does the right or the wrong thing, what the consequences will be of ethical or moral acts or their opposites.

Since many of these conclusions are reached using the incompletely developed and sometimes defective reasoning of childhood, they may be based on illogical or alogical reasoning. For instance, the child may draw a conclusion or make a generalization based on a single experience. However, these convictions may not be shared by other people and may cause a lot of trouble for the individual and for others because the convictions are not consonant with what is actually happening out there in life. These are what Adler called "basic mistakes in people's lifestyles" which need to be worked out, either through living or psychotherapy, if the person is to function better in the world.

In addition, since these convictions or conclusions are not created on a single day, they are sometimes placed in logic-tight compartments so that some contradict others or are not congruent. Some of these non-congruent convictions lead to what Adler called "inferiority feelings" — I am less than what I feel I ought to be — which are also part of the lifestyle. Carl Rogers calls them "self-ideal/self discrepancy."

So that is a thumb-nail description of what lifestyle is about.

JL: What would you say were Adler's basic contributions to psychotherapy?

HM: One was his optimistic view of human beings, as opposed to the pessimistic view held by Freud and the Freudians. Second, Adler did not do prognosis; he felt everyone could be better than they were and therefore he did not rule out anyone for therapy. Consequently, many people who weren't being treated by others at that time were being treated by Adlerians.

Adler also differed with Freud, whom someone described as saying that neurosis is the price we pay for civilization; Adler felt that neurosis is the price we pay for lack of civilization. He also believed therapy should be available to all, not just people who could afford it. This led him to see more lower income people that did the Freudians. Along the same lines, he went into community outreach by introducing family therapy and by putting Child Guidance Associations in some thirty Viennese schools in the 1920s. Adler worked with a total family, which was taboo at that time because of prevailing ideas about transference.

In addition, Adler decided that the intrapsychic stuff just didn't wash, and so he started an interpersonal and transactional (they are not synonyms) psychology. As far as the interpersonal aspect, there was a general feeling that people want to belong and to feel part of the larger whole. The transactional aspect was what Berne and others later picked up: When I do this you are tempted to do that, or, you do that to which I will generally respond this way. It is interesting that Adler and the Adlerians have described many of the same games Berne did. Adler says the neurotic plays the "Yes But" game and Berne has a similar title for one of his games; Berne speaks of the "Wooden Leg" and we speak of the "Poor Me." However, Adler stuck close to the analysis of games without adding the constructs Berne added, such as "Parent, Adult and Child." Adler also addressed the issue of how to get out of a game if you no longer want to play it.

Another important contribution of Adler and the Adlerians is the idea of action: It isn't enough to just talk or free associate; you have to do! In Adler's day, the Freudians talked about this in terms of reality testing; at the end of therapy, after all the insight, you went out and tried your wings. Adlerians, on the other hand, start this at the beginning of therapy.

Adler also made modifications in time and duration of therapy. He actually became a brief therapist because he didn't believe the client needed to have analysis five times a week. He also felt the couch was superfluous, that one can talk perfectly well sitting up or even walking around the room. And, of course, Adler was not an anonymous therapist. Adlerians are authentically themselves, insofar as people are ever authentically themselves.

JL: What is "cure" according to Adlerian theory?

HM: There is no such thing! I did my doctoral dissertation on that before I knew anything about Adlerian psychology. Titled "Success in Psychotherapy," it was fostered by some of the outcome studies the Rogerians were doing.

The word "cure" is only appropriate from a medical model; you can only cure people who are sick. Adlerians see what is generally called psychopathology not as sickness, but rather as poor learning in a very broad sense. Something in a person's lifestyle, some conclusion they have reached, doesn't sit very well; or perhaps there was insufficient learning or emotional or environmental deprivation. Thus, when the person comes across certain experiences in life, he or she doesn't know how to deal with them. On that basis, the individual develops what some call a sickness.

Therefore, symptoms are not a necessary price of admission to Adlerian therapy. Basically, all one needs is the surface intention, because not all of our patients come with the real intention, of growing, of learning, of wanting to expand one's universe. Now some people who want to grow will come in with symptoms, but others will indicate that, while they don't have particular symptoms, they want to take inventory of their lives, to see where they stand and where they are going, to see what stands in their way, and best of all, to identify their resources so they can use them optimally in living their lives well.

JL: Thank you very much, Dr. Mosak. We look forward to hearing more from you at our upcoming Winter congress in Orlando, Florida, next January.

Sandra G. Landsman, Ph.D., C.T.M.

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KEEPING IN TOUCH

Region I (The Pacific)

The Sydney TA Workshop (STAW) is thriving, with attendance at recent meetings the highest in years. Recent 101s have been well attended, and Gail Broady continues to receive invitations to speak at various institutions, including the NSW Institute of Counseling and Sydney University. In addition, Gail was honored when the NSW Counselor's Association asked to replace their annual conference with a TA workshop on redecision and recycling. Fifty-five delegates worked with Gail and Jan Grant for two days in the Blue Mountains. Feedback indicates that the conference was a big success, and interest in STAW and TA has been high.

Our thanks to John Stephenson, who takes over as Editor of the *TA Network of Australasia* from Gerald Cartmel, for sending us the *Network* so we can keep everyone updated on news from "down under." Watch future *Scripts* for more!

Region II (Canada)

The Ottawa Chapter of CATA (Canadian TA Association) had its second successful meeting of the year last June, with a dozen participants enjoying a talk on techniques for stimulating interaction in family or couple therapy sessions. For more information on chapter activities, contact Paul Cimon, 223 Fourth Ave., Ottawa, Canada K1S 2L7.



Enthusiastic participants in workshop done by Bob and Mary Goulding in Yugoslavia.



Yugoslav TA Association President Tijana Mandie

Region III (Europe - Script liaison: Ian Stewart, England)

Yugoslav Transactional Analysis Association (YUTA) Founded - On December 7, 1984, Tijana Mandie was elected as the first president of YUTA and she reports that TA is slowly being acknowledged in hospitals, schools, universities, and institutes around the country. There are now nine CMs, one PTM, and about one hundred additional people who are doing some kind of TA training. Tijana worked with Graham Barnes, who first introduced TA to Yugoslavia in 1979, to combine the TA training with Yugoslav standards as well as with those of ITAA. The TA 101 lasts one school year (118 hours) and after completing it, the individual is at the first level of Yugoslav humanistic psychotherapy. The 202 corresponds to the second level and the teaching membership corresponds to the third level. There are now four generations of TA people there and about thirty of these are in the process of making the 202 contract with ITAA.

In 1983 the BETA (Belgrade Educational Transactional Analysis) was founded, a journal specifically for people who do not understand English. Additional training has been provided by visiting trainers, including Shea Schiff, Bob and Mary Goulding, and, of course, Graham Barnes.

Nationwide TA Party in Britain is Big Success - On May 5, 1985, in honor of the 75th anniversary of Eric Berne's birth (Berne was born May 10, 1910), parties were given throughout Britain which raised over three hundred eighty pounds to benefit the British Institute of TA. The TA hosts and hostesses who gave the parties were paid two pounds to cover catering costs for each person attending and the individual could go to as many parties as he or she wanted on one five pound ticket. Mavis Klein, organizer of the event, reports there was plenty to eat and drink, although they lost a bit on the few people who went to more than two parties! She suggests other TA organizations might want to do something similar for Eric's 76th birthday next year.

Call for Proposals for 1986 EATA Conference - If you are interested in presenting at the European TA Association Conference in The Netherlands, July 6-13, 1986, please send proposal informaiton to Ger Heester, EATA Summer Conference 1986, Postbus 47, 2870 AA Schoonhoven, The Netherlands; phone 01823-5404.

Region IV (Latin and Central America)

A Martinique TA Association was founded on August 31, 1984, after a TA 101 and other TA workshops were given there by Roberto Fontaine, CPTM. The president of the new association is Gilberte Nomel, S.W., 50 rue du Capitaine Pierre Rose, 97200 Fort De France, Martinique.

Region V (United States)

The USA TA Association (USATAA), at its meeting in Toronto during the 1985 ITAA-CATA Summer Conference, initiated a program to financially undergird regional conferences in the USA. USATAA directors also voted to use their resources to help introduce TA to the professional community in the USA. Each region, through its network coordinators, will gear its conference toward introducing newcomers to TA. During the next two years, USATAA hopes to broaden both its own and ITAA's membership through this special emphasis. Finally, the Coordinating Council, under the direction of Felipe Garcia, CTM, developed a long-range plan to coordinate USA activities. These plans will be finalized in Orlando during the ITAA Winter Congress in January, 1986.

Experiencing Enough - the vision of each person experiencing a healthy developmental foundation came true in Seattle, Washington, this last April when the third Experiencing Enough training was given. Thirty-three people spent five days training themselves to experience enough at pre-verbal levels of development and to operate from that new foundation in adult life. The staff included Pam Levin, Elaine Gowell, Gail Nordeman, Jean Clarke and Harold Nordeman, plus a support staff of three. At a final celebration, participants spontaneously set the developmental stages to music and staff were awarded t-shirts saying, "I got enough in Seattle."

Marjory and Ed Zerin recently published an article, entitled "The Rabbi as Counselor," in the *Journal of Reformed Judaism*. The article presents the Drama Triangle and six basic personality types from the "Q Model."

Officer and Trustee Candidates

The following are the nominees for this Fall's election for officers and trustees. Ballots were mailed to voting members on September 10; the deadline for returning them is November 15. Results will be announced in the Script.

Vice-President: Marilyn Zalcman, MSW, CTM
Treasurer: Bruce Loria, EdD, CPTM
Secretary: Rosa Krausz, PhD, EOTM
Ana Tholenaar, EOM
Trustees:
Region I (Pacific): *one opening*
Robin Maslen, MAASW, CTM
Region II (Canada): *no candidates*
Region III (Europe): *two openings*
Concepcion de Diego, PhD, CM
Jan Hennig, MD, CPTM
Kaspar Wolfensberger, MD, CPTM
Region IV (Latin/Central America): *no candidates*
Region V (USA): *five openings*
Brenda Bary, PhD, CM
Valerie Batts, PhD, CTM
Bill Cornell, MA, CTM
Natalie Garber, MA, RM
Kristyn Huige, MA, MSW, CTM
Muriel James, EdD, EOCM
Jack Kaufman, DSW, CTM
Barton Knapp, PhD, CPTM
Joan Lourie, MEd, CM
Marilyn Robinette Marx, PhD, RM
Ronald Ohlson, PhD, CM

Position Available - Toni G. Grant, PhD, is looking for an associate for her Beverly Hills office with the following qualifications: PhD and MFCC, Certified Sex Therapist, expertise in TA, Jungian psychology background, and expertise in Holocaust survivor issues. Submit resume to: Janice Miller, General Manager, Toni G. Grant, PhD, and Associates, 9033 Wilshire Blvd., Suite 310, Beverly Hills, CA 90211.

ITAA 1986 SUMMER CONFERENCE

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See your July or August 1985 Scripts for complete Form and Instructions