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# International Panel Celebrates "Richness Through Diversity"



(From left) Vince Gilpin, Ellyn Bader, and Pearl Drego listen while Carlo Moiso shares his perspective on TA influences in Europe

*The 1985 ITAA-CATA Summer Conference in Toronto opened with a keynote panel comprised of six members who presented their perspectives on how TA has enriched the cultures of their countries or regions, and how the diversity of these cultural influences has, in return, affected the growth and development of TA. By summarizing the panel here, we hope to share with you the excitement conference participants experienced as they heard how TA has positively influenced the quality of life throughout the world and has simultaneously received riches from other cultures.*

### Canadians Enrich TA with Non-Competitiveness

Canadian TA Association President Vince Gilpin introduced the panel and the "Richness Through Diversity" theme by sharing his dream for a world where people coexist harmoniously and TA concepts and attitudes help bring about peace for everyone.

He went on to talk specifically about what TA offers Canadians. Having immigrated from many countries (mainly Britain and France), Canadians tend to remain loyal to their origins. They are usually moderately nationalistic people who are conservative in their politics, their lifestyles, and their show of emotions. Although friendly, they are often slow to touch others physically and cautious when establishing new relationships.

Canadians are attracted to TA by the permission it gives them to experience life with passion, to be expansive in social relationships, to touch one another, to laugh out loud, to show deep feelings, and to be intimate. Strokes are one of TA's best contributions to Canadian culture. These attributes apply to families and organizations, as well as individuals, and all Canadians (even those who are not exposed to TA) enjoy the benefits.

On the other hand, Canadians enrich TA through their lack of competitiveness. Canada is vast, with many open spaces which foster the national belief that "there is enough for everyone." Canadians trust in the fullness of the universe and the presence of something for everyone. They do not jostle for power and control, yet take their place joyfully and with pride at the international roundtable of TA. While this expansiveness is perhaps Canada's greatest contribution to TA, Vince reminded the audience with some delight that Canada also gave the world Eric Bernstein (aka E. Berne)!

### Gurus, Elephants, Poverty, and Curry Symbolize TA in India

Pearl Drego of India, the next panelist, began by describing how four of the most persistent images of India — gurus, elephants, poverty, and curry — actually highlight how Indian culture enriches and is enriched by TA.

Gurus are sages or holy people who symbolize the spiritual dimension Indians bring to TA. Using silence and prayer to feel the spirit beyond our ego states (or at their core) and the liberating power of the divine are well known to TA groups in India. TA is enriched by the emphasis on integrating body scripts and life scripts and the use of deep meditation to break free from both.

On the other hand, TA challenges rigid Indian religious

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## Women's Caucus

At its meeting in San Antonio, the members of the Women's Caucus discussed inviting renowned women leaders in various fields to speak at ITAA conferences. Since then, members of the caucus contacted suggested speakers, and Jean Bolen has agreed to be keynote speaker for the 1986 Summer Conference. Other suggested speakers, including Jean Houston and Geraldine Ferraro, have been contacted and have declined at this time.

At the Toronto Summer Conference meeting, the concensus of caucus attendees was that they are not interested in being a social action committee or in being like or in competition with the Men's Caucus. The Women's Caucus is seen as a forum for intimacy, learning, sharing, and support among women who are interested in identifying and mastering "the women's way." The areas of greatest interest included women mentors, politics, humor in women's issues, showcasing our own women leaders in ITAA, women and spirituality, aging, and choices.

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# "Structure Determinism" and "TA and Defensive Driving" Highlighted in Orlando Workshops

*The following brief articles are offered as introductions to two invited speakers who will be presenting workshops on Saturday during the 1986 ITAA Winter Congress in Orlando, Florida.*

### Efran Discusses Maturana's Theory

Jay S. Efran, PhD, has a long-running interest in communication processes, especially as they relate to therapy. His talk in Orlando will focus on a new approach to psychotherapy based on the theories of Chilean biologist, Humberto Maturana.

In the May-June 1985 issue of the *Family Therapy Networker*, Efran and co-author Michael Lukens describe Maturana as arguing "that the therapist does not and cannot directly control or change anyone, that communication (in the conventional sense of the term) doesn't exist, and that neither systems or individuals have built-in purposes to be discovered." Later they write:

> "Maturana's point of view means giving up some of our favorite explanations and practices. We have to begin thinking of ourselves more humbly as participants who have been invited to co-drift with members of families rather than 'change agents.' We are privileged to play a role in their worlds, but do not have the power to directly change or control them . . . . We need to take responsibility for being in this field because it fits with our structures — not because our clients are 'entitled' to some particular set of services. Our notions of symptoms as having objective meanings or absolute purposes, and the related notion that individuals are simply the 'victims' of objective events or system attributes, will need to give way to a conception that emphasizes the language-dependent nature of these constructions."



Orlando Speaker Jay Efran

From Efran's perspective, Maturana's theory of "structure determinism" is revolutionary and has the potential for changing the footing on which much of our current practice is based. According to Efran, Maturana's approach "forces us to rethink issues concerning change, control, cause and effect, resistance, cure, 'problem,' etc. In some ways, Maturana's ideas have links to some of Berne's original notions, but in other respects his theory of living systems suggests an even more radical shift to our perspective."

While you may not agree with Dr. Efran's exposition of these new ideas, you may well find these notions worth

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## International Panel (continued)

dogma and supersitions that blame God, karma, or fate for the operation of script in people's lives. By separating the experience of God from the experience of the spiritualized Parent ego state, TA helps rid religion of helplessness, parental guilt, and power over people so a genuine spirituality can develop based on autonomous intimacy with the Spirit.

**TA challenges rigid Indian religious dogma and superstition that blame God, karma, or fate for the operation of script in people's lives.**

Elephants, the second image, are animals noted for their long memory and faithfulness. These qualities, also fundamental to Indian culture, add an important dimension to TA. Rather than focusing on the short-lived sparkle of superficial instant strokes, Indians look for faithfulness, permanence, stability, and loyalty in relationships.

In turn, TA suggests alternatives to the hierarchy of fixed and often oppressive relationships characteristic of Indian family life. For instance, in India, the grandmother in a family usually dictates how a household will run. By teaching Indians that a woman has more right to her husband's love and loyalty than does his mother, and more right to decide how to raise her children than do her in-laws, TA supports the growth of healthy human values.

The third image people have of India is poverty. India is a country of 700 million people, the majority of whom hardly make ends meet. If we develop the Adult ego state "ethos" described by Eric Berne, we must be concerned for those who are oppressed by poverty, disease, and injustive. In searching for tools to influence social process and cultural change, Indians reach beyond a narrow concept of individual okayness to a wider vision that includes people who might never hear of a TA group. Applying TA to the psychodynamics of groups who have allowed themselves to be manipulated out of their land, their income, or other rights, is a special richness India brings to TA.

Finally, curry, a pungent spice, symbolizes the spicey quality Indian culture brings to TA through its quest for a separate cultural and national identity. From there Indians look to international and intercultural partnership for a vision encompassing a world where people walk together in peace.

### Complex, Concentrated Japanese Culture Finds TA a Powerful Tool

Michiko Fukazawa of Japan spoke about five national characteristics of Japanese culture that both influence and are influenced by TA.

First, since Japan is a homogeneous country of 119 million people concentrated in a small area, the culture focuses on "working and living in harmony." Training starts early. Japanese children are taught to be sensitive to others' feelings, especially their caretakers'. Even when unhappy with what they have been given, children are considered insensitive and ungrateful if they complain. In addition, group activities and decision-making by consensus are encouraged, while being different or unique is discouraged. In TA terms, the support in Japanese society for the Adapted Child position invites symbiotic relationships in both families and industry.

A second characteristic of the Japanese is their enormous appetite for new things, a reflection of the Free Child at work. For centuries, the Japanese have absorbed both Eastern and Western cultural influences, producing, in the process, something uniquely Japanese. However, while often criticized for being "imitators" rather than original thinkers and inventors, in fact, the Japanese tend to be perfectionistic and inquisitive, a reflection of infinite curiosity.

A third important value in Japan is harmonizing with rather than fighting nature. Machines and humans work in harmony with nature: Factory workers humanize robots by giving them names, and these robots are then programmed to join workers in daily exercise sessions.

As a result of incorporating influences from many cultures, the Japanese have developed a complex and paradoxical approach to life. Subtlety and complexity are reflected in the Japanese use of language and patterns of communication. "Yes" might mean "no," and vice versa. Although such ambiguity may baffle Westerners and often causes misunderstandings, this paradoxical quality also provides creative energy and power. For instance, in Japanese the word "conflict" does not imply two opposing forces, but rather, the entanglement of twining branches. The more complicated the situation, the more possibilities and options exist for flexibility.

The final dimension Michiko described was the importance of maternal principles. In Japan, the goddess of mercy represents the desire for an all embracing, all forgiving, and all accepting existence. A noted Japanese psychoanalyst suggests that, in addition to the concept of guilt as defined by Freud, there is a feeling of guilt particular to the Japanese. Because the mother figure has infinite love and forgiveness, it is impossible for anyone to compensate for their indebtedness to her.

Given these characteristics of Japanese culture, it is easy to see how TA concepts such as therapist visibility, confrontation, and contracts are in direct opposition to social norms. However, the old systems are no longer effective in sustaining the mental health of the Japanese people, and TA has emerged as a powerful instrument for changing Japanese society. It is essential for Japanese people to develop qualities promoted by TA such as self-awareness, intimacy, spontaneity, and autonomy if they are to survive in their complex society.

Currently Japan's contributions to TA are still limited, although the Japanese concept of learning does offer one interesting addition to TA theory. In Japanese, learning goes through three stages, called "su, ha, me": 守破離 The first character means "obey the rules given by your mentor," or strictly adhere to what is given. The second represents "breaking away," or the stage of challenging and making one's own rules while still in contact with the mentor. The final stage is "departure." Thus, together the three symbols represent dependence, independence, and interdependence. TA in Japan is still at the stage of "obeying the rules" and "breaking away." Due in part to language barriers, Japanese transactional analysts have not yet developed an interdependent relationship with the larger international community of TA practitioners. However, through mutual understanding of TA philosophy, the possibility exists for bringing together different cultures which can then branch out again for further expansion.

### Europeans Learn Tolerance Through TA

The fourth speaker, Carlo Moiso of Italy, presented his views on TA in relation to European culture. Brought up in an Italian-French milieu, Carlo had many opportunities to learn about other cultures and the many prejudices Europeans still need to overcome. In describing what Europeans have brought to TA, Carlo cited their history, their love of roots, and their place on the historical continuum. However, he also acknowledged that European history is based on the recurrence of wars. While Europeans have a great deal to offer the world, they are often so busy fighting that they don't have time to contribute anything. This results in intolerance, competitiveness between people and organizations, and a quest for power (position hunger).

TA has contributed to Europe by offering tools for reducing competitiveness and by helping Europeans overcome intolerance and negative scripts. Europe also offers TA a model for cooperation between the sciences as exemplified by the respect TA is given by the psychiatric establishment.

In closing, Carlo pointed out that we share a common task for the future — to prevent war and to learn to be humble. He stated that the practice of TA at the international level has brought many of us some humility and a little wisdom.

### TA Offers Alternative to Rigid Sex-Roles in Dominican Republic

In commenting on TA's role in the Dominican Republic, Ana Tholenaar emphasized how differently TA influences culture when used with adequate training and supervision rather than as an autodidactic tool with any professional practice. In the first instance, TA becomes a respected, credible theory; in the second, it is often viewed as invasive, disrespectful of cultural values, and focused on rapid change regardless of consequences. When the latter happens, other professionals often criticize TA for being a superficial, simplistic theory with little or no scientific validity.

Ana went on to describe the three phases TA has gone through in the Dominican Republic. Initially, TA was a novelty, an attractive invitation to personal change which required little commitment to the personal and social responsibility that accompanies real autonomy. Later TA was questioned by authorized religious and political groups which saw it as a foreign imperialistic model to make Dominicans overadapt to foreign expectations or to "liberate" them from moral values related to family and social traditions. In the third phase, TA has been approached as a tool for personal growth which enables individuals to develop an enriched perspective on life.

Currently, the three phases overlap in the Dominican Republic, with the development of the third stage made possible by the responsible, effective, supervised work of transactional analysts and their trainees. While this stage is still new and therefore somewhat fragile, it has become considerably more solid in the last two years.

In describing TA's positive influence on Dominican culture, Ana indicated that most of the changes have come as a result of individual development. By helping people step out of rigid Latin American feminine and masculine script roles, TA allows them to incorporate permissions that promote new and healthier attitudes and behaviors.

**By helping people step out of rigid Latin American feminine and masculine script roles, TA allows them to incorporate permissions that promote new and healthier attitudes and behaviors.**

While it is too soon to evaluate the contributions Dominican culture has made to TA, Ana suggested that cross-fertilization is underway and that Dominican culture may have something to offer TA in terms of good models for Nurturing Parent and Free Child behavior.

### USA Cultural Legacy Strongly Influences TA

The final panelist, Ellyn Bader, represented the USA and the ways it has contributed to and been influenced by TA. She began by describing how America was originally settled by pioneers and rugged individualists who, having come to the new world to escape repressive cultural or governmental restrictions, demanded strong control over their own lives. This cultural legacy supported Eric Berne when he took on the psychoanalytic establishment and stood up for his different way of thinking.

The concepts of autonomy and responsibility for one's own life, powerful values in American culture, also strongly influenced TA's development. In addition, TA grew and flourished in the late sixties and early seventies, a time in the US of challenging the establishment, when values of peace, non-violence, anti-war, and brotherhood and sisterhood prevailed. TA incorporated some of these values by adopting an "I'm OK, You're OK" philosophy and by moving from a traditional paternalistic doctor-patient relationship model to one based on a contract between two equals.

Since TA began in the United States, certain cultural factors there contributed to its rapid spread. The combination of America's "can do" optimism plus a susceptibility to fads has been a double-edged sword for TA. Americans liked TA because it was easy for them to understand; games and strokes became household words and Americans brought a rapid infusion of ideas and energy to promoting TA. However, as a result of its early development as a fad and its widespread commercialization, TA has often been viewed as superficial.

TA has also made significant contributions to American culture. TA popularized and demystified psychotherapy, making it more accessible and acceptible; it also helped humanize the corporate business culture and change the educational system. By emphasizing emotions, TA made feelings more acceptable for both men and women. And finally, it helped people recognize the importance of positive strokes as an essential element for healthy living.

In closing both her presentation and the panel, Ellyn reflected on our efforts to help others understand the depth and power TA has to offer the world. As we become a more interdependent economic, environmental, social, and communication system, cultural, political, and national differences will become more obscure. At the same time, panels like this one help us appreciate the way various cultures have affected TA, and how TA as a unifying theory can help us draw from the rich diversity of each other's experience as we seek to solve the difficult problems facing the world today.

# KEEPING IN TOUCH



**Christine Blake, with husband Christopher and son Fraser, were the "Hong Kong delegation" to the Toronto conference. Fraser was the hit of the Toronto talent show MC'd by Tom Nissley. Once home again, Christine arranged for the first meeting of a local Hong Kong group in October.**

### ✱ Region I (Pacific)

**Robin Maslen of Australia** writes that the **World Scout Bureau in Geneva, Switzerland**, has developed a TA training package for worldwide use by the youth leaders in the Scout Association. This exciting development came as the result of a TA presentation Robin gave to a group of international trainers in Melbourne some years ago. The National Commissioner for Leader Training in the Australian Scout Association says, "We have based our sessions on TA material developed by the World Bureau Training Department in order to develop an introduction to this area that is non-threatening and that helps leaders develop self-awareness about their manner of dealing with other people, including children." With over 16 million scouts in over 130 countries, this is a great opportunity to demonstrate that TA is a useful and practical tool for training youth leaders worldwide.

Robin also indicates that the TA scene in Adelaide is alive and well, with several CM/EOM (EOM means educational/organizational member, formerly known as special fields member or SFM) training groups, five PTMs, and Robin, who is a CTM. For the first time they are about to start meeting as a PTM group, and will now be able to offer regular introductory and advanced courses, workshops, and ITAA certified training programs.

### ✱Region II (Canada)

**The British Columbia TA Association** has had an interesting and fun past few months according to a note from Margaret Angus-Daubin in the August 1985 newsletter *CATA-LOG*. Members continue to meet monthly for a social time and presentation. Recent events included presentations on the "Meyers-Briggs Personality Inventory" by Lois Campbell and "Play" by Jim Logan, as well as a picnic complete with makeshift baseball game. After taking the summer off, BCTAA activities began again in September. To receive a copy of their newsletter and program of events, contact Margaret Angus-Daubin at 677 W. 28th Ave., Vancouver, BC, Canada; phone 872-1576.

### ✱Region III (Europe: Script Liaison - Ian Stewart, England)

**TA is getting a foothold in Eastern Europe** - Yugoslavia is showing its independence from Iron Curtain policies by embracing Western revolutionary mental health techniques rather than the authoritarian psychology prevalent in Soviet bloc countries. In a visit to this fiercely independent country in May, Elizabeth and Henry Jorgensen, co-authors of *Eric Berne: Master Gamesman*, found the Yugoslavs eager to learn about trends in United States technology and literature. Henry talked to a group of twenty TA enthusiasts in Belgrade who were concerned about keeping in touch with the latest developments in TA literature and who found this difficult because the unfavorable exchange rate makes the price of most books in English the equivalent of several weeks' wages.

Julia Bala, TM, and Tijana Kosanovic, CPTM, are exploring the possibility of developing a training institute that will use TA principles and will maintain an active interest in all the newest approaches to effective treatment. They expect to fit it into the framework of a society that is tempering the inevitable rigidities of a planned society by encouraging the control of large enterprises by their workers and by allowing small businesses to flourish.

The original impetus for TA enthusiasm in Yugoslavia came from the pioneering work of Graham Barnes, editor of *Transactional Analysis After Eric Berne*. Barnes periodically visits the country and gave a workshop there in June.

While in Yugoslavia, Henry attended a dinner given by Ljiljana Popovic at which she observed that TA is attracting the vanguard of clinical psychologists there. The Yugoslav academic programs, like many of those in the United States, are not effective in training therapists in actually dealing with clients; on the other hand, TA trainers are able to show how to cure.

There is much more intellectual freedom in Yugoslavia than the Jorgensens expected to find. It seems that whatever resistance to TA does exist comes from the same institutional rigidities that slow acceptance of TA in the United States: people in authority cling to the familiar and established even when confronted by new and more effective modalities because new methods require a reorientation of thinking patterns.



EATA President Antoinette de Mol (second from left) speaks during Barcelona delegates' meeting called by ITAA President Ellyn Bader (standing) in order to hear ideas about possible restructuring of ITAA. Topics discussed:

- what services ITAA might continue to provide (ethics code, training/certification standards, conferences, publications, addresses, etc.);
- how to keep connections within the new organizational structures (hold frequent world conferences, international committees, clear power roles, develop federation but maintain individual members, etc.);
- a possible timetable for the change (delegate functions to associations as they are ready, develop first regional affiliation between ITAA and EATA soon; change representation of ITAA Board of Trustees; etc.);
- and how to improve communications (ITAA annual report for national associations to publish in their publications, maintain updated local address lists, active translation committee, etc.).

### ✱All Regions

**Peg Smith, Co-chair of the ITAA Social Action Committee,** will conduct a Social Action Forum on Thursday, January 9, 1986, from 4:30-6:30pm during the Orlando Winter Congress. If you want to present at the Forum, contact Peg *by December 15* at 3471 Valencia Rd., Aptos, CA 95003; phone 408-688-2284.



**Participants in a Training Endorsement Workshop given June 26-28, 1985 in Brazil. Seated from right: Wilma Cortez, Rosa Krausz, Henrique Austregesilo. Standing from right: Jorge Laurito, Regina Balau, Esther Pinski, Lisete Herzog, Margarete A. De Boni, Ruben Meyer, and Manoel de Teixeira.**

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**(From right) Jenni Hine and Alice Stevenson confer while Tommy Carlsson and Annette Holm listen to board discussion during the July, 1985 EATA Council meeting in Barcelona, Spain. The Council met for two days prior to the 1985 EATA Summer Conference, and among the important actions taken was the election of Alice Stevenson as the new president of EATA.**

# 1985 Ten-Year Members Honored

*In 1985 the following people reached their ten-year anniversaries as members of ITAA. Each received a special ten-year member pin in honor of the occasion, and we want to take this opportunity to thank them for their participation in and support of this organization over the last decade.*

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Marcia E. Rosen-Taff
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Martha M. Walrath
Jeffrey R.E. White, BA
Margaret R. White, BA
C. Bryant Wilson
Desmond G. Wiltshaw
Ken Woods
Alvin E. Young, MA
Bill Young

## Nominations Open for Eric Berne Memorial Scientific Award

ITAA members are invited to submit nominations now for the 1986 Eric Berne Memorial Scientific Award. The *December 31, 1985 deadline* is designed to give the Editorial Board time to consider all nominations at their January meeting in Orlando.

Ballots will be mailed by April 1, 1986, and must be returned to the ITAA office by July 1. These dates were chosen to allow adequate time for ITAA members worldwide to vote.

Established in 1971 to honor and perpetuate the memory of Eric Berne's scientific contributions, the award is given to the originator of a scientific concept. Each recommendation must include a one- to three-line statement showing how it qualifies as new theory and is thus eligible for the award. Please also include the nominee's name and the publication reference.

We welcome and encourage the nomination of worthy candidates for this award.

Rebecca Trautmann, RN, MSW
*TAJ* Editor

## TAJ News

Editorial Board member Ana Tholenaar has offered to serve as liaison between Spanish-speaking ITAA members and the *TAJ*. She will work with authors on translation before they submit articles to the Editorial Board for review. While she will not do the actual translating, Ana will review translations for accuracy, clarity, and appropriate presentation. The Editorial Board appreciates Ana's help in making this service possible and hopes to receive more articles from Spanish-speaking members as a result. You may write Ana at Juan Baron #3, Pinatini, Santo Domingo, Dominican Republic.

Since a number of significant TA articles have been published in non-TA publications, the Editorial Board is planning to collect and periodically print a list of such articles. This list will also include PhD dissertations. Two recent examples are "Games We Play" by Matti Gershenfeld, EdD, DHL, (*Diabetes Forecast*, July-August, 1985) and "Influence of Group Psychotherapy: A Thirty-Eight-Year Follow-up" by Donald Shaskan, MD (*The American Journal of Psychoanalysis*, 45:1, 1985).

If you have written or know of an article published in a non-TA publication, please send a copy of the article to the *TAJ* Editor, c/o ITAA office, 1772 Vallejo St., San Francisco, CA 94123.

## Women's Caucus (continued)

In addition, the caucus decided the following:

- to meet as soon as possible at conferences to ensure early contact between women and to allow the women present to establish a working agenda for the rest of the conference
- to see about setting aside an area during meals where women can eat together while networking among themselves
- depending on the initial agenda, to consider holding a daily meeting with a speaker and/or to divide women into interest groups that will meet together, invite speakers informally, etc.
- depending on time and logistics, to hold a final two-hour meeting at what has traditionally been the regular time of the caucus (near conference end) to allow feedback into the large group from interest and planning groups
- to name "torch bearers" for all regional US and Canadian conferences as well as for Orlando, San Francisco, and Singapore because naming bearers just from one conference to the next did not provide enough time for planning and coordination of caucus needs with conference program committees.

— Submitted by Adriana Arzac

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Editor ..... Pam Levin, RN
Publications Coordinator ..... Robin Fryer, MSW

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# Members Forum

## TA 101 A Healing Experience

Dear Editor,

I have just completed teaching my first TA 101. It has been ten years since I took my 101 and since I was so involved in preparing the course, I forgot how healing the TA 101 can be.

The most significant and dramatic feedback I received about the course pertained to the healing effect.

- One participant, a client of mine, made a deeper commitment to his own change process and contracted to change significant script decisions.
- Another participant/client has decided he can now tolerate the pain involved in resolving his script issues since he has a deeper understanding and clearer picture of the change process.
- An estranged couple who participated together experienced they now have the common tools to either re-unite or separate peacefully and caringly.
- Several people suggested making the TA 101 a prerequisite for my clients because of the significant impact it had on their responsible participation in their own therapy processes.
- One therapist who is not now in TA training responded to both the healing effect of the 101 and of TA therapy by deciding to include TA training in her future training plans.

This experience was so uplifting and rewarding for me that I wanted to share it with my TA colleagues.

**Judy Z. Barr, PTM**

## Love Thine Nuclear Enemy

Dear Editor:

Readers of the *Script* might appreciate the irony of the following piece of news from East Anglia (where I live), which is said to be more densely sown with nuclear weapons than any other spot on earth:

*May 15th: Rev. Mick Scott and Richard Levitt fined L30 each for writing the words "Love Thine Enemies" on the runway at USAF Aconbury, Easter, '85.*

The mass destruction of creatures bright and beautiful, great and small, is a serious business, but, as Shakespeare knew, Life-Whilst-We-Have-It goes on being a tragi-comedy.

Eric Hopkins

## War: Cruel and Primitive

Dear Editor:

I am impressed with how well Claude Steiner expressed his thoughts on Nicaragua (July, 1985 *Script*). It is great to know they were based on first-hand experience.

I wish you could get an article from someone in the "Beyond War" movement. I heard one of their speakers recently, and the experience really raised my consciousness.

I now feel that war is a very cruel and primitive way of solving problems. It is a regression to caveman tactics when intelligent, educated, capable people find it acceptable to kill each other rather than to work together in civilized ways to find solutions. I also do not understand why military men, especially war veterans, are singled out for honor; peacemakers, teachers, and social and cultural leaders help much more to raise our quality of life.

With people to feed, educate, and restore to health, we don't have the money to wage war. How can we label other people "the enemy"? They are people just like us.

I was horrified to learn that, even though the specifications for the gas chambers-built by the Germans in WWII made it clear what they were to be used for, businessmen still fought to win the contracts. Today I think we have a similar situation. As people scramble to win contracts to produce lethal weapons, they think only of the dollars and jobs they will gain for themselves.

Marjorie Atkinson

## European Views on Sexual Abuse

Dear Editor:

I read with great interest the article by Phyllis Sweet on "Treatment and Prevention of Sexual Abuse of Children" in the December 1984 issue of the *Script*. I want to add a few comments of my own from the perspective of one who lives and works in Europe.

In European culture, sexual abuse, particularly within the family, is more frequently mother/son and to some degree mother/daughter, and is usually non-consummatory. The abuse is seldom detected because of the pervasive macho system. Children do not often complain about their mothers; if they do, the complaint is quashed because the justice system is reluctant to persecute this type of crime.

Freud invented the "Oedipus complex" to describe this problem. According to one source, he had a problem of this kind in his family, and "psychoanalysis" was mainly an attempt to free himself of his early experiences (Balmary, 1982).

Essentially, two kinds of trauma damage psychological development in the child: sexual abuse in the family and aggressive trauma by hurt or neglect. In countries where social trauma in the later years (oppression, injustice) is more conspicuous, childhood (psychological) trauma is seen as less important.

Humans do not have instincts; rather, they have built-in nervous system programs (in the language of our time). Examples of this are found in Fanita English's concepts of Spooky, Spunky and Sleepy. One program is that a prepubertal child needs a high amount of protection from interactional aggressive and/or sexual experience. This protection is usually provided by the similarly built-in programs of motherliness and fatherliness. When violated, the system emits anxiety as a primitive coping mechanism until recognition as an adult allows for more effective devices.

This makes clear the essence of the interactional corrective experience ("transference") of psychotherapy and/or hypnosis.

Lothar Sattler
Berlin, West Germany

**Reference:**

Balmary, M. (1982). *Psychoanalyzing psychoanalysis: Freud and the hidden fault of the father*. New York: John Hopkins Press.

## Does ITAA Need Redoing?

*The following is an open letter to ITAA President-Elect Lucy Freedman. It is printed here with a reply from Freedman.*

Dear Lucy,

You do not know us, but we are both transactional analysts who have been involved in TA for over fifteen years each. We want to make a proposal to you for a long-range goal.

Eric Berne suggested that in twenty years an organization needed to be redone; we think the time has come for ITAA to consider such a move. Therefore, we suggest that in five years ITAA have a Council (something on the order of the Vatican Council called by Pope John XXIII) to be held at an international annual meeting. In preparation, committees would completely rework the TA corpus.

One reflection of the need for such a Council is the rather shameful growth rate shown by the New Members listing in the *Script*. We have insisted for years that more new members can be attracted to ITAA if Clinical Members are allowed to teach the TA 101 and we understand *Script* Editor Pam Levin supports this idea. However, we think the problem actually goes much deeper. We think it is time to have a Council.

"Transactional analysis" has become an amorphous term; we need to pump new life into the concepts themselves. For several decades now, we have been heavy thinkers about TA, psychological theory, and ways of updating systems. We have developed a system called Liberation Psychology which takes off at the Dynamic Organization of Personality rather than the Structural Organization as did Eric. We are willing to lay out a specific outlined plan (committees to establish, charges to these committees, an open-ended corpus, the preparation of a clear 101 and 202, etc.) and to help in the overhaul of TA. It could be exciting. Let us know if you are interested.

**Frank and Dixie Morris**

Dear Frank and Dixie,

Thank you for your letter proposing the idea of a Council. I am delighted to hear from others who care about the vitality and usefulness of TA, and I agree the time is coming for a significant recharging. Since in five years I will be completing my last year as Past-President, I am interested in exploring ideas that can start with this term and continue afterward.

In recent conversations with *Script* Editor Pam Levin about a future vision for ITAA, we got excited about the possibilities and agreed there is a huge amount of room for developing TA's potential. In my own practice, I have shifted my slant on many aspects of the TA model while adhering to the basic principles as I interpret them. I'm sure there are many theorists and practitioners who have evolved exciting directions with TA.

Before getting into the specific idea of a council, I want to make sure you are aware of the substantial work now under way with the Long Range Planning Task Force. This will tie into any major initiative to regenerate TA theory and application. In particular, the coordinator of the Research section of the Task Force, Bruce Loria, will be organizing the currently existing research base of TA. In addition, I believe Pete Pearson, coordinator of the Marketing secton, will be addressing issues around the public and professional images of TA.

I mention these because a major event such as the one you suggest would require considerable background work and planning, and could be at least partly informed by what the Task Force produces this year. (See the March *Script* for more on the Task Force.) A role delineation study is also being planned which will develop a profile and a definition of transactional analysts. I hope as I share these specifics with you we will be more able to discuss a council in terms of the organization's current momentum.

I understand that your idea is beyond the current planning effort and relates more to TA than to ITAA. I hope the direction ITAA takes is conducive to having a worldwide council. Assuming it is, let's pursue the idea further. Thank you again for your creative ideas!

**Lucy Freedman**
**ITAA President-Elect**

## Join the Orlando Winter Congress Fun!

Registrations are flooding in for the January 6-12 ITAA Winter Congress at the Ramada Court of Flags Resort Hotel in Orlando, Florida. (See the September-October *Script* for full details.) Since the New Year's holiday is a busy season in Orlando, it is important to make your hotel reservations by the December 5 deadline. When booking your flight, be sure to check Eastern's low fares by calling 800-468-7022 and referring to Easy Access Number EZ 1AP9.

Join us in Orlando for a great week, including:

- The Women's Caucus, led by torch bearer Becky Palmer
- Daily shuttle buses from the hotel to nearby attractions
- The luau at Sea World on Wednesday evening — the $20 cost includes dinner, show, gratuity
- Club 13, informal Connector Room parties modeled on parties held during the Toronto Summer Conference
- New committee members will be appointed (Contribute to furthering ITAA goals by joining a committee — write ITAA for a list of committees and contact addresses of chairpersons).

# BOC Update

## Presubmission Requirements and Exam Appeals

The following information updates Board of Certification (BOC) regulations regarding presubmission materials for Level I and Level II exams and procedures for appealing BOC exams.

**Presubmission Requirements**

**Level I Exams:** To give candidates more time to prepare the required case presentations and accompanying ten-minute tapes, these materials should be brought to the exam rather than submitted three months prior to it.

**Level II Exams:** (1) Instructor - For the teaching section of the exam, the BOC asks candidates to bring with them the course or workshop design, or syllabus and bibliography, from which the five-minute prepared teaching presentation is taken. (This is a recommendation, not a requirement.)

(2) Supervisor - To help candidates present a complete picture of their supervision philosophy and activities, the BOC asks them to bring to their supervision exam a write-up and ten-minute taped segment of supervision with one of their trainees. (This is a recommendation, not a requirement.) The write-up should include:

A. A statement of the candidate's personal philosophy of supervision, including content areas examined, aim and goals of supervision, and process used to achieve them.

B. A summary (3-5 double-spaced typewritten pages) of work completed with at least one supervisee, including:

1. description of supervisory setting
2. initial screening and contracting
3. establishment of supervisory goals
4. significant stages of development in the supervisory relationship, which might include personal and/or clinical/professional issues that arose and the process used to handle these by supervisor and supervisee
5. clinical skills and personal development of the trainee and how these evolved through the supervisory experience
6. evaluation of both supervisee and the supervisory process and outcome

**Procedure for Appealing BOC Exams**

1. There will be no re-exams given at the same exam time.
2. Anyone wishing to appeal the decision of their exam board can make the appeal in writing within three months of the exam to the chairperson of the BOC Appeals Committee.
3. An individual who is appealing needs to state in his or her letter the reasons for the appeal and the specific request being made to the Appeals Committee.
4. An audible tape recording of the exam must accompany the letter.
5. The appeal will be heard by at least two committee members to decide (1) if an appeal is in order, and (2) if the request is appropriate or if another course of action will be taken.
6. The candidate, his/her sponsor, and the Director of Credentials and Membership Services will be notified within three months of the committee's decision.

## Becoming a BOC Supervising Examiner

The following outlines the process for becoming a Board of Certification (BOC) Supervising Examiner:

1. If you want to train to be a supervising examiner, send a letter to the BOC chairperson for supervising examiners that includes: which exam site you want to be trained at, your background in doing Level I and/or Level II exams, and your strengths related to this task (multilingual abilities, experience, etc.).
2. The chairperson will let you know in writing whether or not you have been accepted for training. If you have not been accepted, the letter must identify the reasons, and you may appeal the decision to the BOC.
3. If you are accepted, a copy of the Examiner Training Handbook will be sent to you for study. (There is a fee for the Handbook.)
4. During exams and examiner training, you will act as an assistant to the supervising examiner.
5. At the end of the exam process, the chairperson for training supervising examiners will discuss the process with you. If you are approved, the chairperson of the BOC will be notified.

## EXAM CALENDAR

| Exam | Exam Date | Location | Application Deadline |
|---|---|---|---|
| Level I (CM/SFM) Exams | November 9, 1985<br>December 2, 1985<br>January 9, 1986 | Heidelberg, West Germany<br>Perth, Australia<br>Orlando, Florida, USA | September 6, 1985<br>September 6, 1985<br>October 11, 1985 |
| Level II (CTM/SFTM) Exams | January 9, 1986 | Orlando, Florida, USA | October 11, 1985 |
| Level I (CM/SFM) Written Exam | November 8 or 9, 1985<br>March 7 or 8, 1986<br>July 11 or 12, 1986<br>November 7 or 8, 1986 | Location to be announced<br>To be announced<br>To be announced<br>To be announced | August 8, 1985<br>April 11, 1986<br>April 11, 1986<br>August 8, 1986 |
| Training Endorsement Workshops* | January 12-15, 1986<br>July 13-16, 1986<br>August 17-20, 1986 | Orlando, Florida, USA<br>Noordwijkerhout, The Netherlands<br>San Francisco, California, USA | November 12, 1986<br>May 13, 1986<br>June 17, 1986 |

* Please contact Jackie Ward-Flaggs at the ITAA headquarters for more information.

All fees are due by the application deadline. All exam fees are non-refundable, but will be kept as credit in your account (except for oral application fee which must be paid each time a trainee applies for an oral exam) if at least 30 days written notice is given for cancellations. Otherwise, fee is forfeited. Fees: written exam - $90 US/Canada (a $10 administration fee will be deducted for cancellations received prior to the 30 days deadline); all other countries pay a $15 written exam recording fee to the BOC and $35 to the reader/scorer. Orals applications: $75, non-transferable. Oral exam - $50. Contract filing fee: $30. All fees must be paid in US funds.

Exam Coordinators Emily Ruppert (fourth from left) and Patti Falzett (fifth from left) join examinees who passed their exams in Toronto.



## Examiners Appreciated

Special thanks to the following people for devoting their time, energy, and skills to the Level I and Level II exams in Toronto, Ontario, Canada. The BOC looks forward to working with them again.

Francis Bonds-White
Valerie Chang
Bill Cornell
Harry Corsover
Pearl Drego
Richard Erskine
Patti Falzett
Margery Friedlander
Landy Gobes
Fred Hufford
Kristyn Huige
Hanna Hyams
Muriel James
Vann Joines
Jack Kaufman
Rosa Krausz
Adrienne Lee
Bruce Loria
Robin Maslen
Mac McDevitt
Anna Miller
Carlo Moiso
Ted Novey
Marye O'Reilly-Knapp
Denton Roberts
Emily Ruppert
Diana Shmukler
Alan Simpkins
Rebecca Trautmann
Marian Weisberg
Laurie Weiss
Joanthan Weiss

Thanks also to those who participated as supervisees in the supervision section of the Level II examination:

Fay Bach
Adrienne Lee
Vivienne Frachtenberg
Esther Rubin
Diane Shmukler



**Mil Rosseau and Andres Seville congratulate successful exam candidates at the EATA Conference in Barcelona**

## Examinees Passed

**New Certified Clinical, Educational/Organization, and Clinical Teaching Members** Examined August 7, 1985 in Toronto, Ontario, Canada

Petruska Clarkson, PhD, CTM, London, England
Carol J. Creighton, MSSA, CSW, CM, Snyder, New York
Sue Fish, BSSc, CM, London, England
Ivy Allan Freeman, CM, Poultney, Vermont
Angelika Gloeckner, CTM, Heidelberg, W. Germany
Anne Graham, MA, CM, Middlebury, Vermont
Arthur V. Hohmuth, PhD, CM, Princeton, New Jersey
Jane E. Murray, MA, CM, Sturgis, Michigan
Jerrold Paul, ThM, CTM, Kenmore, New York
Michael Perring, MA, MB, CM, London, England
Lillian B. de Rexach, EOM (Educational/Organizational Member), Guaynabo, Puerto Rico
Suzanne Robinson, MSW, CSW, CM, Ottawa, Ontario, Canada
Diane Rudin, BA, CM, Nailsworth Glos., England
R. Terry Simerly, PhD, CM, New York, New York
Annabelle Westling, MA, CM, Pittsfield, Vermont

**New Certified Members and Certified Teaching Members** Examined July 7, 1985 in Barcelona, Spain

Huguette Bachelot, CM, Bron, France
Marie-Jo Bitterlin, CM, Aix En Provence, France
Antoinette De Mol, CTM, Ohain, Belgium
Luis Casado Esquius, EOM (Educational/Organizational Member), Barcelona, Spain
Jean-Claude Girod, CM, Meyerheim, France
Michel Guichard, PhD, CTM, Besancon, France
Juan Antonio Ibarra Iriguibel, EOM (Educational/Organizational Member), Pamplona, Spain
Francoise Maillard, CM, Carouge, Switzerland
Charles McFarren, CM, Upper Montclair, New Jersey
Catherine Mordacq, CM, Bron, France
Gilles Pellerin, EOM (Educational/Organizational Member), Paris, France
Bernd Schmid, PhD, CTM, Wiesloch, W. Germany
Rainer Schmidt, EOM (Educational/Organizational Member), Altena, W. Germany
Guiseppe Spatola, CM, Pinerolo, Torino, Italy
Marijke Versprille-Wusten, CM, Den Haag, Holland

## Sandra G. Landsman, Ph.D., C.T.M.

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**Directory Corrections Wanted** - in an upcoming *Script* we will print corrections to the 1984-85 ITAA International Membership Directory. If you have a correction to your listing, please send it to Ken Fogelman, c/o ITAA, by *January 1, 1986.*

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Pam Levin, c/o ITAA, 1772 Vallejo St., San Francisco, CA 94123
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Robin Fryer, c/o ITAA, 1772 Vallejo St., San Francisco, CA 94123

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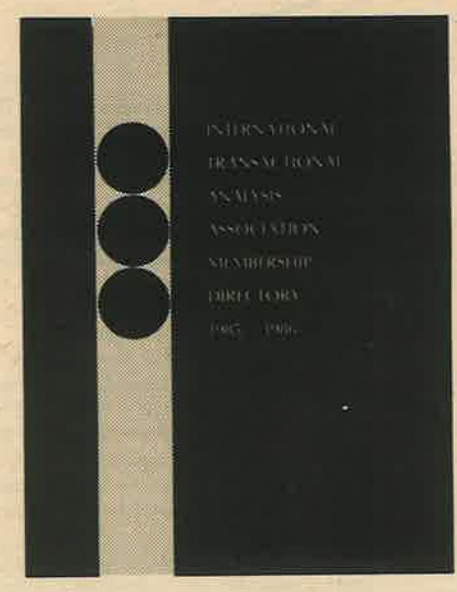

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# Call for Proposals

**San Francisco, California**
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*Deadline: December 1, 1985.*

**See your July or August 1985 Scripts for complete Form and Instructions**



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For more information and to register contact:
**Richard G. Erskine, Ph.D., Institute for Integrative Psychotherapy**
**500 East 85th Street, New York, N.Y. 10028 • Tel. (212) 734-5291**

## Orlando Speakers (continued)

grappling with. They are said to be based on a simpler and more solid set of concepts concerning what life is all about, including, of course, the relationship between client and therapist. This is not simply a matter of one form of therapy versus another, but of shifts in perspective which cut across most of our other distinctions.

Dr. Efran has also written about patterns of nonverbal communication, the role of emotion and catharsis in treatment, and comparisons between treatments for the neuroses. He is interested in both challenging our traditional concepts and providing an updated framework for practice.

A Professor of Psychology at Temple University and past-president of the Delaware Valley Group Psychotherapy Society, Dr. Efran spent nine years as the Director of Clinical Training at Temple. Prior to that, he taught at the University of Rochester, where his interest in communication processes first developed. He received his doctorate from Ohio State University in 1963 and interned at Duke University Medical Center and the Chillicothe, Ohio, Veterans Administration Hospital. Currently Dr. Efran also supervises graduate students in the clinical program at Temple University and maintains a private practice. He has won two awards for outstanding teaching and has a reputation for presenting his ideas in clear, hard-hitting, down-to-earth terms.



**Orlando Speaker Jim Humphries**

### Staying OK Behind the Wheel

When he first learned about TA in 1974, Florida Highway Patrol Safety Officer Jim Humphries thought it might be useful for helping "cure" accident and citation-prone drivers. He was right. Twelve months after he gave his first course to 500 drivers with 1-3 citations and/or 2 accidents per year, the record showed they all had clean slates — no citations and no accidents.

Participants at the 1986 Winter Congress in Orlando will have an opportunity to learn more about Jim's successful program during a workshop on Saturday, January 11. Among other things, he will describe how, through lobbying, he was instrumental in getting a 1977 law passed in Florida that makes attendance at a twelve-hour OK driving class mandatory for those who lose their drivers' licenses.

In all, over 10,000 Florida drivers have attended classes and learned to be OK behind the wheel. The program has been so successful that a number of major insurance companies allow up to 20% off premiums when drivers complete the course. However, Jim says he gets his greatest satisfaction when a former class member tells him, "I haven't had a ticket since I took your course."

Jim has spent 25 years with the Florida Highway Patrol, the last 15 of which he was a Safety Officer. Presently he is a liaison officer with the Orange County Sheriff's Office.

**Suggestions for Conference Speakers Wanted** — Is there someone you have always wanted to hear speak? Or someone you've already heard whom you think other ITAA members would also enjoy? The Program Committee is interested in hearing ideas you have for keynote and pre-conference speakers. Please send suggestions to Brenda Bary, Program Committee Chairperson, c/o ITAA office.



## TA Conferences Worldwide

**November 9-11, 1985.** Bordeaux, France. First Annual International Colloquium on TA and Education. Contact: Secretariat, 13 Rue P. Noailles, 33400 Talence, France, or CFIP 153 Gribaumont, 1200 Brussels, Belgium.

**December 6-8, 1985.** Buenos Aires, Argentina. Fourth Annual Argentine Congress of Transactional Analysis and New Behavioral Sciences. Contact: Roberto Kertesz, MD, IPPEM, San Jose de Calasanz 431, 1424 Buenos Aires, Argentina.

**January 8-11, 1986.** Orland, Florida, USA. International Transactional Analysis Association Winter Congress. Contact: ITAA, 1772 Vallejo St., San Francisco, CA USA 94123; phone: 415-885-5992.

**February 7-9, 1986.** Helsingborg, Sweden. Fourth Nordic TA Conference. Contact: Thomas Ohlsson, Flygarevagen 6D, S-243 00 Hoor, Sweden. Phone: 0413/24138.

**March 20-23, 1986.** Stamford, Connecticut, USA. Eastern Regional TA Conference. Contact: Gloria Wax, 168 Howard St., Dumont, New Jersey, USA 07628. Phone: 201-385-4656.

**March 21-22, 1986.** Calgary, Alberta, Canada. Canadian TA Association, Alberta Branch, Conference. Contact: Betty Alford, Box 5456, Station A, Calgary, Alberta, Canada T2H 1X8.

**May 23-25, 1986.** Bad Soden (near Frankfurt), West Germany. DGTA (German TA Association) Conference. Contact: Jurgen Schlaegel-Prochaska, Am Elisabethenbrunnen 2, 6380 Bad Homburg, West Germany. Phone: 06172 49626.

**July 6-13, 1986.** Noordwijkerhout, The Netherlands. European Association of Transactional Analysis Summer Conference. Contact: Ger Heester, Postbus 47, 2870 AA Schoonhoven, The Netherlands.

**July 24-27, 1986.** Vancouver, British Columbia, Canada. Eleventh Annual Canadian TA Association Conference. Contact: Margaret Angus-Daubin, 677 West 28th Ave., Vancouver, British Columbia, Canada V5Z 2H4. Phone: 604-872-1576.

**August 13-16, 1986.** San Francisco, California, USA. International Transactional Analysis Associaiton Summer Conference. Contact: ITAA, 1772 Vallejo St., San Francisco, CA USA 94123. Phone: 415-885-5992.

**1986.** Alicante, Spain. Federacion Espanola de Asociaciones de Analisis Transaccional Conference.

**January 21-24, 1987.** Singapore. International Transactional Analysis Association - Western Pacific Association of Transactional Analysts Joint Congress. Contact: ITAA, 1772 Vallejo St., San Francisco, CA USA 94123. Phone: 415-885-5992.

**August 1987.** Chicago, Illinois, USA. International Transactional Analysis Association Summer Congress. Contact: ITAA, 1772 Vallejo St., San Francisco, CA USA 94123. Phone: 415-885-5992.

**January 1988.** Latin America. International Transactional Analysis Association Winter Congress. Contact: ITAA, 1772 Vallejo St., San Francisco, CA USA 94123. Phone: 415-885-5992.



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