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Moving Through Nuclear Despair and Apathy



By Joanna Macy, PhD

We are delighted to present the following outstanding article by Joanna Macy as the next in our series developed by the Membership Development Committee. Our thanks to Judy Barr, Co-chairperson of that Committee, for her help in making the necessary arrangements and to Joanna Macy, whose dedication to the cause of world peace led her to write this article under considerable deadline pressure. We hope you find it illuminating and that you will write us with thoughts and feelings you have about this very important issue.

The Repression of Despair

Our time bombards us with signals of distress — of ecological destruction, waning resources, accelerating violence, and uncontrolled nuclear proliferation. Not surprisingly, people are feeling despair — a despair well merited by the hair-trigger machinery of mass death that we have created and continue to serve. What is surprising is the extent to which we hide this despair from ourselves and one another. As a society, we are caught between a sense of impending apocalypse and an inability to acknowledge it.

Our dread of what is happening to our future is banished to the fringes of awareness, too deep for most of us to name, too fearsome to face. Because of social taboos against despair and because of fear of pain, it is seldom acknowledged or expressed openly.

Political activists, who would arouse us to the fact that our very survival is at stake, decry public apathy. The cause of this apathy, however, is not indifference so much as dread. It stems from a fear of confronting the despair that lurks subliminally beneath the tenor of life-as-usual. Our dread of what is happening to our future is banished to the fringes of awareness, too deep for most of us to name, too fearsome to face. Because of social taboos against despair and because of fear of pain, it is seldom acknowledged or expressed openly.

The repression of despair, like that of any deep recurrent response, produces a partial numbing of the psyche: expressions of anger or terror are muted, deadened as if a nerve had been cut. This refusal of feeling takes a heavy toll: not only an impoverishment of emotional and sensory life (the flowers dimmer and less fragrant, loves less ecstatic), but a lessened capacity to process and respond to information. The energy expended in pushing down despair is diverted from more creative uses, depleting resilience and imagination needed for fresh visions and strategies. Furthermore, the *fear* of despair can erect an invisible screen, selectively filtering out anxiety-provoking data. Since organisms require feedback in order to adapt and survive, such evasion is suicidal. Now, just when we most urgently need to measure the effects of our acts, attention and curiosity slacken — as if we were already preparing for the Big Sleep. Many of us, doggedly attending to business-as-usual, deny both our despair and our ability to cope with it.

Despair cannot be banished by sermons on "positive thinking" or injections of optimism. Like grief, it must be worked through. It must be named, and validated as a healthy, normal, human response to the planetary situation. Faced and experienced, despair can be *used*: as the psyche's defenses drop away, new energies are released. I am convinced that we can come to terms with apocalyptic anxieties in ways that are integrative and liberating, opening awareness not only to planetary distress, but also to the hope inherent in our own capacity to change.

Despair and Empowerment Work

The preceding paragraphs are drawn from an article, published in 1979, introducing the concept of despair work. Since then, in classrooms and living rooms, town halls and church basements, first in the US and now in Europe and Australia, men and women have come together in groups to acknowledge and explore their inner responses to the planetary crisis and to overcome feelings of powerlessness and isolation, patterns of avoidance and psychic numbing. This undertaking is now more frequently known as "despair and empowerment work," because of its effectiveness in releasing energy and intelligence for creative action.

The work is largely conducted in groups, because open expression, active listening and the experience of community are central to it. But the insights and methods it has produced have also been found useful by psychotherapists, clergy and other counselors working with individuals. To help people share discoveries they have made in doing this work, a network called Interhelp has arisen, with a newsletter and journal. And last year a guide book, *Despair and Personal Power in the Nuclear Age*, appeared, offering theory, guidelines, and exercises. The rest of this article is excerpted from that book.

From our experience, building on insight drawn from systems theory and spiritual teachings, principles have emerged which are basic to this work:

Feelings of pain for our world are natural and healthy. Confronted with widespread suffering and threats of global disaster, responses of anguish — of fear, anger, grief and even guilt — are normal. These feelings are probably what we most have in common. We are in grief together. And this grief for our world cannot be reduced to private pathology. We experience it in addition to whatever personal griefs, frustrations, and neuroses we bear. Not to experience it would be a sign of intellectual and moral atrophy, but that is academic, for I have met no one who is immune to this pain.

As counselors and therapists you have been trained to acknowledge and affirm a client's expression of feelings about self and personal relationships. In the same manner, validate the feelings expressed about the condition of the world and the dangers of mass annihilation.

This pain is morbid only if denied. It is when we disown our pain for the world that it becomes dysfunctional. Repression is costly. That cost is measured in numbness and in feelings of isolation and impotence. It is measured as well in the hatreds and suspicions that divide us. For repressed despair seeks scapegoats, turns in anger against other members of society. It also turns inward in depression and self-destruction, by drug abuse and suicide. We tend to fear that if we consciously acknowledge our despair we may get mired in it, incapacitated. But despair like any other emo-

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Nuclear Despair (continued)

tion is dynamic — once experienced it flows through us. It is only our refusal to acknowledge and feel it that keeps it in place.

Information alone is not enough. To deal with the distress we feel for our world, we need more than additional data about its plight. Terrifying information about the effects of nuclear weapons or environmental pollution can drive us deeper into denial and feelings of futility, unless we can deal with the responses it arouses in us. We need to process this information on the psychological and emotional level in order to fully respond on the cognitive level. We already know we are in danger; the essential question is: Can we free ourselves to respond?

Unblocking repressed feelings releases energy. Repression is physically, mentally and emotionally expensive: it drains the body, dulls the mind and muffles emotional responses. Catharsis releases blocked energy and brings life into clearer focus.

Unblocking our pain for the world reconnects us with the larger web of life. When the repressed material is distress for our world, something *more* than catharsis can occur. That is because this distress reflects concerns that extend beyond our separate selves, beyond our individual needs and wants. As we let ourselves move through the pain, we come to its source, which is caring, and we find that caring, in turn, is rooted in our interconnectedness.

The experience of interconnectedness with other beings can open us to new understandings and experiences of power. Old definitions of power as domination give way to more ecological notions — the synergy operative in nature, in our bodies, and in all open systems.

Changing the Silence

Much has been learned recently about what children and young people know and feel about the precarious condition of our world. Evidence pours in that, although they may not reveal it to adults in their daily lives, they are very aware of the dangers of imminent mass annihilation. While we may prefer to imagine that we can shield our children from the knowledge of what may befall us, we cannot, for they too, feel despair for the future. In fact, they tend to feel it more keenly than adults, because they have developed fewer defenses; they are not as numbed as we.

Many children and young people say that their parents and teachers never discuss the nuclear threat. This is not all that surprising, given the potent fears — and feelings of grief, guilt, and powerlessness — that lie below the surface. Yet, lack of communication on this issue takes a high toll.

Silence conveys fatalism. It seems to say that our collective future is "not our business," that it lies in the hands of politicians and generals and experts who know best.

Silence conveys indifference. Amazed at how much a fifth grade class knew about the nuclear threat, environmental dangers and world hunger, a visiting team asked them where they received their information. Did their parents and teachers talk about these problems? "Oh no," was the answer, "You see, grown-ups don't care." Adult silence on these issues not only appears as indifference, but as a lack of caring for the children themselves who are faced with a frightening future.

Silence reinforces repression. Grown-ups' difficulty in communicating in these areas teaches that certain feelings are taboo — feelings like grief, fear, anger at leaders, and compassion for those who suffer now and will suffer in the future.

Silence breeds cynicism and anger. Children and young people begin to wonder whether feelings of anguish over destruction and injustice even exist in grown-ups. If they suspect that they *do*, they feel contempt for our hypocrisy in pretending that everything is just fine. If young people conclude that such feelings do *not* exist, then the response is often one of rage. Their desire then is to shock our society awake, shake it into the realization of the impending horror. Punk rock, with its gruesome faces, ghastly costumes and grating sounds, is but one manifestation of this fury.

A seventeen-year-old high school student, after participating in a workshop and training session, undertook despair and empowerment work with her own peers. It culminated in a theatre piece crafted from the fears and angers the young people had enabled each other to express, and from the hopes that the process had also released. The title of the play was taken from the word for peace in sign language: "Changing the Silence."

Suggestions for Counselors

Many participants in my workshops have poured out feelings of pain for the world that they say they had never expressed to their therapists, priests, or counselors. On the other hand, many professional counselors with whom I have spoken feel reluctant and ill-prepared to deal with this dimension of their clients' experience. For those who wish to help their clients cope not only with their personal problems, but also with the despair they feel for their world, let me offer the following suggestions.

Validate feelings of distress for the world. As counselors and therapists you have been trained to acknowledge and affirm a client's expression of feelings about self and personal relationships. In the same manner, validate the feelings expressed about the condition of the world and the dangers of mass annihilation. The reality of these dangers makes it safe to assume that sorrow, fear, and anger about them are present at some level in each person. They are normal and healthy responses to the present situation and should be validated as such. Indeed, these feelings of pain for the world are a testimony to a person's openness and compassion. As such, they allow you to point out qualities that can enhance your client's self-esteem.

I am convinced that we can come to terms with apocalyptic anxieties in ways that are integrative and liberating, opening awareness not only to planetary distress, but also to the hope inherent in our own capacity to change.

Encourage disclosure. Many clients expect counselors to be interested only in their "personal" problems and to treat feelings of global despair in a patronizing or reductionist fashion — and they are therefore not disposed to reveal them. Encourage disclosure of such feelings, especially in cases of depression and attempted suicide, as well as with problems in setting goals, making decisions and forming long-term commitments. Here a sense of futurelessness, even of impending catastrophe, is often at play.

Countering fatalism. Avoid appearing to collude with negative beliefs about the inevitability of disaster. Similarly discourage the client from letting his anxiety or anger about the nuclear threat serve as a pretext for self-defeating behaviors. Help the client see that the loss we all experience now is the loss of *certainty* that there will be a future, and not of the future itself. In that sense, we are in a time of transition, learning how to live with our mortality as a species and expecting that challenge to evoke strong new qualities in each of us.

The Bomb is a given. We learn to live with it, integrating it into our awareness, the way we learn to live with past trauma — like abuse or rape — neither repressing it nor feeding on it as an alibi for self-pity or an excuse for self-hatred.

My experience indicates that the acknowledgement and exploration of a client's pain for the world will create little risk of incurring fatalism or obsession with doom. By its very nature and dynamics, especially when it is recognized as a measure of one's interconnectedness with the rest of humanity, its expression releases energy and enhances appreciation for life.

Encourage assertive response. It is appropriate to view clients' relationship to the present situation in terms of oppression. It is equally appropriate to encourage clients to assert their right to be free of this oppression, and to regain control over their own lives. Rejecting the role of victim, they can assert their capacity to choose and to act, and there are countless opportunities for action.

Reevaluate the counselor role. Far from being typecast as the fixer who "makes everything all right," or as the oracle who "has all the answers," the counselor emerges as a guide who accompanies. You walk with clients, not only through their personal, professional difficulties, but also through their pain for the world and the darkness of our time — offering the reassurance of your presence and understanding, and the resources of your training and experience. In dealing with this global dimension of suffering, do not let yourself get hooked into trying to solve the problem — because pain for the world is a given, unavoidable and incurable.

Reevaluate the client role. When facing together the awesome threats of our time, the client also appears in a new perspective. Instead of a case to be solved or a person to be mended, he or she emerges as a fellow-journeyer, a gift, whose felt responses to a world in pain increases your own understanding of that world. As you come increasingly to appreciate this, you find ways of conveying it to clients as well.

Joanna Macy, PhD, is a scholar of world religions and general systems theory. As a writer, speaker, workshop leader and trainer, she works to help people develop the psychological and spiritual resources for meeting the planetary crisis. She is the author of Despair and Personal Power in the Nuclear Age, *and* Dharma and Development, *a book about the Sarvodaya Movement in Sri Lanka.*

Worldwide TA Organizations Update

As we promised, here is a follow-up to our April 1984 listing of TA organizations around the world, including all those groups who contacted us after the April issue was published. Of course, if there are additional groups who would like to be listed, we would be glad to hear from you with your organizational name, area served, number of members, publications, conferences, brief history, organizational structure and address to contact for more information.

Federacion Espanola de Asociaciones de Analisis Transaccional (FEAAT) - serves Spain. Formed in February 1984 by representatives of the Asociacion Valenciana de A.T. (AVAT), Asociacion Riojana de A.T. (ARAT), Aragonesa de A.T. (TA), Asociacion Navarra de A.T.(ANAT), Asociacion Vasca de A.T. (ASVAT-ATE), and Asociacion Ibero-Americana de A.T. (AIB-A de AT). The purposes of the organization are to promote transactional analysis, to facilitate elemental and superior education under the same plans as ITAA and EATA, and to join the European and worldwide TA movement.

Agreed upon objectives include:

a) coordinating activities of member associations and promoting regional and national activities;

b) serving as a bridge between different associations;

c) keeping in contact with other associations and international federations, especially ITAA and EATA, to create relationships that aid in accomplishing common objectives;

d) creating necessary committees that will work in cooperation with ITAA and EATA towards the future integration of TA worldwide with the same rules, aims and duties but bearing in mind the need to promote regional autonomy;

e) creating the Spanish Transactional Analysis Council which will coordinate activities of different associations, name representatives to ITAA and EATA, and interpret and promote fulfillment of certain norms; and

f) creating the studies and certifications committee which, as the link between Spanish TA students and the BOC or COC, will centralize files on exams and qualifications.

TA Network of Australasia - serves Australia and New Zealand. At the 1982 Second Australasian Conference, the decision was that Australia was not ready for or wanting a central organizing body. However, the general consensus was that a Network would be useful for keeping residents of the region in touch with each other's activities. Gerald Cartmel became Australasian Network Coordinator and each State has its own State Coordinator. At this time, there are at least eighty people who are contributing to the Network, which is published twice yearly. In the March 1984 issue, reference is made to TABOTA, which was formed to develop an Australasian Board of Transactional Analysis to deal with intra-Australasian exams. While the *Network* originally covered Australia, the next issue will have New Zealand on the cover with appropriate news inside. As Coordinator Gerald Cartmel says, "Personally, I have met many lovely people from around the world as a result of my association with ITAA. Possibly, you could slip in a personal 'Hullo' to them all from me."

Institute of Transactional Analysis (ITA) - serves the British Isles and Northern Ireland; approximately 250 members. *Publications:* newsletter three times yearly; journal once yearly. *History:* the British National Association was founded in 1974 by six original members, two of whom became the first British Teaching Members. Now ITA has approximately 30 certified members and another 25 are under contract. It is affiliated with the European TA Association (EATA) and has its tenth annual conference this year. *Organizational structure:* Professor John Allaway was the current President of ITA (until his recent death) and the Vice-president is Joe Richards. The ITA Council is headed by an elected Chairperson, Secretary, Treasurer and Vicechairperson with nine members. *Future plans:* to consolidate the British Training Scheme, to negotiate reciprocity with the BOC and ITAA and to promote and stabilize the ITA.

KEEPING IN TOUCH

The First International Symposium on Grief and Bereavement in Contemporary Society will be held in Jerusalem, Israel, November 11-14, 1985. For more information, contact the Secretariat, PO Box 50006, Tel Aviv 61500, Israel.

Michele Novellino and Carlo Moiso, of the Instituto de Analisi Transazionale in Rome, Italy, have been a very busy pair. In response to our recent call in the *Script* for information about presentations and publications members have been responsible for in non-TA journals and at conferences, Michele sent the following list:

Books: *TA in Europe*, Carlo Moiso, Editor; *Viaggio ad Oakland* (A Trip to Oakland), Michele Novellino Lalli, Siena, 1982; *Stati dell'Io - Le Basi Teoriche dell'Analisi Transazionale* (Ego States: The Theoretical Grounds of TA), Carlo Moiso and Michele Novellino, Astrolabio, Roma, 1982; and *Uscire Dalle Tossicodipendenze* (Out of Drug Addiction), Michele Novellino, Cappelli, Bologna, 1983.

Ten articles in various books and professional journals:
Carlo Moiso: "Due ingiunzioni genitoriali tipiche e loro conseguenze nella etiologia dei disturbi delle funzioni vegetative"
"Il concetto di guarigione in Analisi Transazionale"
"Analisi transazionale nelle terapie di gruppo"
"A transactional analysis integrated approach to sexual disorders"
Michele Novellino: "L'analisi transazionale"
"L'AT come psicoterapia psicosomatica"
"L'approccio dell'AT nella psicoterapia dell'anziano: un caso di depressione"
"Un approccio psicosomatico alle tossicodipendenze"
(The complete list of the articles is available on request.)

Eight different TA papers at eight different non-TA conferences.

As Carlo and Michele say, "We spread the word!" And we bet there are a lot more of you out there who have done similar writing and presenting. Let us know about it so we can enjoy your efforts to "spread the word" as well!

Freddie Bartholomew, LG, found his first grey hair the other day and he wrote to share his feeling of accomplishment. "After all this time," he said, "I have finally distinguished myself!" We rejoice with Freddie and invite all of the rest of you to write us with your similarly "distinguished" accomplishments. Remember, you don't have to travel around the world giving workshops to get into the *Script*. All you have to do is be you . . . and write to let us know what you do as you. So, how about it? Join Freddie as a certified LG (Little Guy) and share the news that matters to you!

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The editors reserve the right to edit material submitted for publication for taste, accuracy and length. Letters to the Members Forum should be limited to 400 words. Editing will be done responsibly and in such a way as to preserve the intent of the author.

People News from South Australia -

John and Valerie Edwards are in part-time TA practice and offering clinical training. John is working with families with disabled members and teaching TA to nurses while Valerie is counseling in a high school.

Graham and Susan Andrewartha are in full-time practice at IMPACT, have a training group of 15 people and are negotiating to do a radio talk show in Adelaide. Susan is also offering a "Life Planning for Women" group.

Kerry Callaghan is in full-time practice, is now married and recently became a proud father. He teaches TA to nurses at Sturt CAE.

John Stephenson is teaching TA to post-ordination trainees for the Anglican Church and also has a part-time practice.

Rosemary Taylor is in full-time practice with groups for stress reduction, meditation and TA.

David Scott works as a clinical psychologist at Greenside Hospital.

Robin Maslen is manager of Yatala Labor Prison and also has a part-time TA practice.

Anne Barkaway has done interesting work with unmotivated clients, especially violent men. She is in part-time practice and also works at Ingle Farm Community Centre.

John Warren works as a priest with the Anglican Church and is also in part-time practice.

The Statement of Ethics and Procedures for Handling Ethics Complaints within the ITAA are available upon request from the ITAA office.

TA Publications - we would like to be receiving copies of other TA newsletters and journals to keep us up to date on activities around the world and also to help us in building a resource file of non-US people to write for the *Script*. So, if we're not on your mailing list, please put us on. Thanks!

Isabelle Crespelle sends word that, since 1977, she has been teaching TA at the university level. One of her courses consists of an introduction to TA theory followed by a group practicum, each a semester long. Twice a year she also teaches 200 students, some of whom continue on with the French Institute of TA (IFAT).

TA Authors — Editor Rebecca Trautmann, RN, MSW, would like you to please send your books for possible review in the *Transactional Analysis Journal* to *TAJ* Book Review Editor Bart Knapp, PhD, c/o Phoenix Centers, PO Box 131, Newton Square, PA 19073.

Felipe Garcia tells us that he has co-authored two chapters in *Psychotherapeutic Technique in School Psychology*, edited by John G. Cull, PhD and Larry B. Golden, PhD, Springfield, IL: Charles Thomas Publisher, 1984. "Transactional Analysis" was written by Robert T. Lynch and Felipe Garcia and "Transactional Analysis: A Case Study" was written by Peggy Frias-Lynch and Felipe N. Garcia.

Lilly Stuart of London, England, writes that her current interests include clinical applications of TA, working with "resistance," and body/mind therapy — how to get healthy using psychological means.

Special Air Mail List — if you would like to get your *Script* by air mail, send your name and mailing address along with postage ($3.50 US/Mexico/Canada, $10 all others) to Robin Fryer, Publications Coordinator, c/o ITAA office.

Deadline Extended

The BOC has decided to extend the deadline for applications for Grandfathering until July 31, 1984. Please check your December, 1983 *Script* for details or contact Jackie Ward-Flaggs at ITAA headquarters.

Classified Advertising

COMBINE YOUR HAWAII VACATION WITH TA TRAINING FOR TAX DEDUCTIONS. Private or group sessions to fit your schedule. Ron Ching, CPTM, 5290 Kalanianaole Hwy, Honolulu, HI 96821. (808) 373-4593 or 734-2655.

MEMBERS FORUM

Is There Such a Thing as a Transactional Analyst?

The following letter was received by ITAA President Ellyn Bader in response to her article in the February Script *about ITAA membership in the National Commission of Health Certifying Agencies.*

Dear Ellyn:

I liked your article in the *Script*. Lots of good work.

I'd like to comment on one of your questions: "Is there such a profession as a Transactional Analyst?" I think so. A Transactional Analyst, as differentiated from any other analyst or therapist, is competent (certified) in analysis of ego states, transactions, games and scripts. In and of itself, that is not the same as being a therapist, although analysis often can be therapeutic. I think when we certify we are stating that the person is both a Transactional Analyst and a therapist, although the latter verification seems like it must be limited to a TA definition of what constitutes therapy (it must be analyzeable by the Transactional Analyst).

Lanny Goldfinch, MA, CM

Converting the Global Village to a Global Family

Dear Editor:

Reading the article, "Building Bridges, Deepening Bonds: Overcoming Pseudo-Speciation" by ITAA President Ellyn Bader (March 1984 *Script*), stirred my interest and created a flutter in my heart, spatially speaking, from the other side of the globe.

As a grassroots peace activist in a totally different cultural milieu and socioeconomic context, I would be happy to exchange insights on the task of converting the global village into a global family in this Orwellian year of 1984.

John Alexander
Seven Oaks, Bala Hisar
Mussoorie (U.P.), India

Staff Profile: Mario Bajandas



It is sometimes surprising to find what treasures lurk in unexpected places around ITAA. Take, for instance, our Shipping and Receiving Clerk, Mario Bajandas. Who would have guessed that in his "other life," that is, when he is not working his twenty hours a week at central office, he is busy constructing marvelous avant-garde sculptures, or creating new-wave videos? In fact, Mario is a man of many talents with an international background.

Born and raised in Puerto Rico, Mario came to the United States five years ago to attend college at San Francisco State University. He graduated last year with a BA in Creative Arts from the Center for Experimental and Interdisciplinary Arts. When asked to describe what his program involved, he offers his final project as a good example: called "Birth of Gestures," it was a sound/sculpture which utilized an electronic soundtrack, light effects and performance art.

Mario came to ITAA in 1982 as shipping and receiving clerk for Trans Pubs bookstore and to do the daily mail preparation for both ITAA and our building tenant, Saybrook Institute. When Trans Pubs moved to a new location last summer, Mario's job changed to include additional special projects such as helping with publications, large mailings, and translating occasional letters in Spanish. Those members who have been "grandfathered/grandmothered" into the Board of Certification will also certainly appreciate Mario's handywork when they receive their BOC certificates, which he beautifully hand-lettered.

As a youngster, Mario lived with his father, mother, older brother and sister, and twin sister near the ocean at Rio Piedras. He spent a good deal of time on the beach and was also very active in sports, playing basketball in both high school and junior college. When asked how his interest in art developed, Mario says that he began by copying the characters in comic books and then moved on to taking art courses by mail. When asked if he might have "inherited" any of his talent, he acknowledges with a smile that his mother, an interior designer, may well have influenced his feeling for sculpture and his father, a civil engineer, may have affected his interest in video and special effects.

In addition to art, Mario's other passion is music. He plays drums and percussion and, until two months ago, was part of a band that played actively in the Bay Area. Now he is concentrating on doing some tape work with a friend and on experimenting with video. His dream is to have sophisticated video equipment that will allow him to work with special effects, including lasers.

Of ITAA, Mario says, "This is a fun place to work. I appreciate the flexibility the job gives me for pursuing my outside interests, but it is also important to me that the people and the organization I work for are friendly and enjoyable: That is certainly true of ITAA and I look forward to taking on additional interesting projects as my job continues to evolve."

So, next time you receive a letter from ITAA, just think of the talented hands that sent it on its way to you. A surprise? Well, in ITAA we're used to it!

Membership Categories

The following proposed translations of the and BOC designations are printed here for y are aware that, in each language, there will here for describing these categories. We urge to share any suggestions you have for making hensive as possible.

✱ **The translations within each section of the chart below are listed in the following order:**

New Membership Categories (English)
At its meeting on August 6, 1983, the Board of Trustees approved new membership categories. The chart appearing here shows the relationships among old membership categories, the newly approved membership categories and the certification available through the Board of Certification (BOC).

Nouveau Système de Catégories de Membres (French)
Lors de sa réunion du 6 Août 1983, le Conseil d'Administration a approuvé un nouveau système de catégories de membres. Dans ce tableau apparaissent les anciennes catégories, les nouvelles catégories et la correspondance entre les anciennes et les nouvelles. En outre, l'on trouvera en regard de ces catégories, les niveaux de qualification qui peuvent être obtenus auprès du jury des qualifications (Board of Certification: BOC).

Neue Mitglieds - Kategorien (German)
In ihrem Treffen am 6. August 1983 genehmigte das Board of Trustees neue Mitglieds - Kategorien. Die hier gegebene Augreichnung zeigt die Besiehungen der verschiedenen Kategorien zu einander, die neue genehmigten Mitgliedskategorien und die neuen Prüfungen, die vom Prüfungsboard (Prüfungskommittee/BOC) angeboten werden.

Nuovo Sistema di Classificazione dei Membri (Italian)
Nel corso della riunione del 6 Agosto 1983, il consiglio di amministrazione ha approvato un nuovo sistema di classifcazione dei membri. La tavola che segue indica la corrispondenza tra le vecchie e le nuove classificazioni e la qualificazione ottenibile presso il Board of Certification (BOC).

OLD MEMBERSHIP CATEGORY	NEW MEMBERSHIP CATEGORY	BOC CERTIFICATE
Ancien Système de Catégories de Membres	Nouveau Système de Catégories de Membres	Titre de Qualification du BOC
Alte Mitgliedskategorie	Neue Mitgliedskategorie	BOC Zertifikat
Vecchio Sistema di Classificazione dei Membri	Nuovo Sistema di Classificazione dei Membri	Qualificazione BOC
Categorias Antigas de Membros	Novas Categorias de Membros	Certificados do BOC
(Flemish not available)	(Flemish not available)	(Flemish not available)
Categorías Antiguas de Miembros	Nuevas Categorías de Miembros	Certificado del BOC
旧会員カテゴリー	新会員カテゴリー	資格検定機構
Associate Regular Member	Affiliate Member	Not Applicable
Membre Ordinaire Associé	Membre Adherent	Pas D'Application
Associiertes Regulãres Mitglied	Ausserordentliches Mitglied	Nicht Zutreffend
Membro Ordinario Associato	Membro Aderente	Non Utilizzabile Ai Fini di una Qualificazione
Membro Regular Associado	Membro Afiliado	Não Aplica
Aangesloten Gewoon Lid	Aangesloten Lid	—
Miembro Asociado	Miembro Afiliado	No Aplica
準会員	参加会員	該当なし
Regular Member	Regular Member	Not Applicable
Membre Ordinaire	Membre Ordinaire	Pas D'Application
Regulãres Mitglied	Ordentliches Mitglied	Nicht Zutreffend
Membro Ordinario	Membro Ordinario	Non Utilizzabile Ai Fini di una Qualificazione
Membro Regular	Membro Regular	—
Gewoon Lid	Gewoon Lid	—
Miembro Regular	Miembro Regular	No Aplica
正会員	正会員	該当なし
Certified Member	Certified Transactional Analyst	Transactional Analyst with specialization in _____ (Clinical, Organizational, Educational and others to be defined)
Membre Qualifié	Analyste Transactionnel Qualifié	Analyste Transactionnel Spécialisé en _____ (Clinique, Organisations ou Entreprises, Education, et D'Autres á Définir)
Geprüftes Mitglied	Geprüfter Transaktions-Analytiker	Transaktions-Analytiker im Bereich _____ (Psychotherapie, Beratung und Seelsorge, Lehre und Erziehung, Rechtspflege, Organisation, Betriebsführung, und Verwaltung)
Membro Qualificato	Analista Transazionale Qualificato	Analista Transazionale con Specializzazione in _____ (Campo Clinico, Organizzativo, Educativo e Altri Da Definire)
Membro Certificado	Analista Transacional Certificado	Analista Transacional com Especializacão na área _____ (Clinica, Organizacional e Educacional e outras a serem definidas)

es Translations Offered

the new ITAA Membership Categories
your information and consideration. We
ill be additional options to the ones listed
ge you to let us know what you think and
ing these descriptions as clear and compre-

der: English, French, German, Italian, Portuguese, Flemish, Spanish and Japanese. *

Novas Categorias de Membros (Portuguese)

Na reunião realizada a 6 de Agosto de 1983 o Board of Trustees apronou as novas categorias de membros da ITAA. O quadro abaixo apresenta a correspondencia entre a antiga nomenclatura, a que foi aprovada na citada reunião e as qualificacões oferecidas pelo Board of Certification (BOC).

No Flemish translation available for this section.

Nuevas Categorias de Miembros (Spanish)

En la reunión del 6 agusto, 1983, la Junta directiva aprobó nuevas categorías de miembros. La gráfica presentada aquí muestra las antiguas categorías de miembros, las nuevas aprobadas, y la certificación corespondiente para miembros por medio de la Junta de Certificación (Board of Certification: BOC).

新会員カテゴリー (Japanese)

1983年８月６日の理事会で、これまでの会員カテゴリーに代わるものとして、以下のカテゴリーと名称が決定されました。別表は、旧資格と名称、新資格と名称、およびＩＴＡＡとは別組織である、資格検定機構が与える資格の名称を対比したものです。

Erkend Lid	Erkend Transactionele Analist	Transactionele Analist Gespecialiseerd in _____
Miembro Certificado	Meimbro Analista Transaccionale Titular	Analista Transaccional con Especialición tal como _____ (Clínica, organización, educacional, y otra a definir)
有資格専門会員	公認トランズアクショナル・アナリスト	公認トランズアクショナル・アナリスト（特定分野）（臨床、組織関係、教育他）
Teaching Member	Certified Teaching Member, Instructor	Instructor
Membre Didacticien	Membre Didacticien Qualifié Enseignant	Enseignant
Lehrmitglied	Geprüfter Transaktions-Analytiker mit Lehrberechtigung	Lehrender
Membro Didatta	Membro Didatta Qualificato, Insegnante	Insegnante
Membro Didata Didacticus	Membro Didata Certificado, Instrutor	Instrutor
	Erkend Didacticus Instructor	Instructor
Miembro Didáctico	Miembro Didáctico Titular Instructor	Instructor
教授会員	公認教授会員 インストラクター	インストラクター
	Certified Teaching Member, Supervisor	Supervisor
	Membre Didacticien Qualifié Superviseur	Superviseur
	Geprüfter Transaktions-Analytiker mit Supervisionsberechtigung	Supervisor
	Membro Didatta Qualificato, Supervisore	Supervisore
	Membro Didata Certificado, Supervisor	Supervisor
	Erkend Didacticus Supervisor	Supervisor
	Miembro Didáctico Titular, Supervisor	Supervisor
	公認教授会員 スーパーバイザー	スーパーバイザー
	Certified Teaching Member, Instructor and Supervisor	Instructor and Supervisor
	Membre Didacticien Qualifié Enseignant et Superviseur	Enseignant et Superviseur
	Geprüfter Transaktions-Analytiker mit Lehr-und Supervisionsberechtigung	Lehrender und Supervisor
	Membro Didatta Qualificato, Insegnante e Supervisore	Insegnante e Supervisore
	Membro Didata Certificado, Instrutor e Supervisor	Instrutor e Supervisor
	Erkend Didacticus Instructor en Supervisor	Instructor en Supervisor
	Miembro Didáctico Titular, Instructor y Supervisor	Instructor y Supervisor
	公認教授会員 インストラクター兼スーパーバイザー	インストラクター兼スーパーバイザー

TA Course Information Wanted

ITAA is interested in updating its files regarding classes or courses in TA being offered in the United States. Can you help us in this goal?

Each month the ITAA Central Office receives a large number of requests for information on TA course work. Most of the non-US requests are for University courses or extended month-long course work. Many of the individuals want information on special fields TA areas, such as training in organizational management.

Please help us by providing the following information:

- Do you know of any courses in TA?
- Have you ever taught or taken one?
- What universities or colleges offer them?
- What non-university courses or seminars do you know of?
- When is your next TA 101 being offered?

Please be as specific as possible, giving us the dates, locations, credit hours (if applicable) and fees.

We need to provide this information as a service to members and interested individuals who inquire. It will not be used to make specific referrals. As appropriate, we'll publish the results of this survey in the *Script*.

Thank you for your help!

Jean Ilsley Clarke
Chair, Education Committee

Partnerships in Education

Quality education is an area of interest and concern for many of our members around the world. Recently we learned of a program in the United States in which we thought that our members there, as well as in other regions of the globe, might be interested.

R. William Taylor, President of the American Society of Association Executives, describes the program in a memo to ASAE members as, "One of the innovative ideas to come out of President Reagan's Advisory Council on Private Sector Initiatives. Called the National Partnerships in Education Program, the new initiative invites associations, individuals and agencies to commit to the excellence and quality of education by forming partnerships with or 'adopting' local schools."

Partnerships may include such things as tutoring, field trips and tours, classroom speakers, internships and apprenticeship programs, career awareness seminars, donated equipment or scholarship programs.

The benefits of adopting a school are numerous:

- Improving the quality of public schools and, ultimately, the community.
- Investing in tomorrow's leaders, employees and consumers.
- Helping students understand the business and professional world while they prepare for careers.
- Enhancing your image within the community through your efforts on behalf of students.
- Providing your employees with the opportunity to become involved in their community.
- Building a positive public attitude toward the schools through your contributions of time and talent.

ITAA members in the United States might want to consider participating in this kind of program as a way to share the wealth of skills our membership represents and members outside the US might be interested in finding out details with the possibility of setting up similar programs in their own areas. If you would like more information, contact James Coyne, Special Assistant to the President for Private Sector Initiatives at (202) 456-6676 or Room 134 OEOB, The White House, Washington, DC 20500.

And, if any of you follow up on this and adopt a school on behalf of yourself, your study group or seminar, your institute, or your local TA network, please let us know so we can share it with our readers.

IRS Regulations for US Members Attending Non-US Conferences

"An income tax deduction is allowed for expenses of education (including registration fees, travel, meals, and lodging) undertaken to maintain and improve professional skills."

How many times have you read a statement such as this in a publicity flyer for a conference or training program? The thought of obtaining a tax deduction for travel seems very attractive to most. Many people attending meetings for professional development or business purposes do deduct their expenses from their taxable income. The US Internal Revenue Service allows such deductions, as do many other countries. But do you really understand the law? The following is excerpted from "Internal Revenue Service Regulations on Foreign Meetings," Chapter 6, of *Operating Internationally*, Carl Bartz, American Society of Association Executives, Washington DC, 1981, pages 39-43. The article is an adaptation of an analysis of the impact of HR 5973 and its impact on associations, written by John C. Vickerman, formerly ASAE Director of Public Affairs.

The Old Law

The 1976 Tax Reform Act contained onerous restrictions for US citizens on conventions held outside the US, and put a slight damper on the enthusiasm and ease with which meetings could be held abroad. Under Section 602 of the 1976 Tax Reform Act, an individual could deduct expenses for only two conventions attended outside the US in a taxable year. "Outside" included Canada, Mexico, and the non-US Caribbean.

In addition, the reporting requirements for deducting expenses on tax returns were not only stringent, but complicated. For example, delegates were required to attach copies of the convention program to their tax returns, and provide a signed statement by an officer of the sponsoring organization indicating the total number of convention days and hours attended.

The New Law

Now, all that has changed. A new law, passed as HR 5973 in December 1980, now makes it very feasible to hold or attend a meeting in a foreign country. The new law eases and clarifies many of the elements of tax law that plagued associations and individuals since 1976.

HR 5973 exempts Canada and Mexico from any requirements, and does away with all the old Section 602 rules governing countries in the rest of the world, including rules on the number of meeting hours per day, per diem limitations on deductions, and limitations on airfare and number of meetings per year.

Four Factors to Consider

The new law provides for an "as reasonable" test, with four factors to be considered in determining whether a meeting is deductible by members as a business expense: "(1) the purpose of the meeting and the activities at such meeting; (2) the purposes and activities of the sponsoring organization or groups; (3) the residences of active members of the sponsoring organization and the places at which other meetings of the sponsoring organization or groups have been held or will be held; and (4) such other relevant factors as the taxpayers may present."

These factors are broad enough to permit the IRS a great deal of latitude in interpreting the law. It was not the intent of Congress to require a convention to meet all factors of the test, and the initial information we have received from the IRS does not indicate that the regulation writers will attempt to make such a requirement.

The factors listed in the bill show that Congress intended that there be a valid reason for holding a particular meeting outside the North American area (the US, its territories and possessions, Canada and Mexico). The factors of the new law show that Congress recognizes that organizations whose purpose includes international activities, or who may have international members, often have valid reasons for meeting overseas and should not be penalized.

These valid reasons will be spelled out in the IRS regulations, but clearly it should be possible for an association to meet with its counterparts abroad so that American members can benefit from new information or new technology. It should also be possible for American members of international organizations to attend meetings outside this country without suffering a tax penalty. Both these types of meetings obviously meet the congressional standards of responsibility.

The fourth element, "such other relevant factors as the taxpayer may present," is an escape clause designed to permit individuals whose cases are not included in the other tests to make a case for travel deductions.

Prohibitions

Congress does not include "personal enjoyment" as a justifiable factor, so that a meeting held outside the US whose purpose is to take advantage of the weather or recreational facilities at a particular site would not be deemed "as reasonable."

As of January 1980, a meeting may be held on a cruise ship, as long as the ship is flying a US flag and sailing on "inland waters" (within US jurisdiction). The non-US cruise liners are understandably unhappy with this exclusion. The Caribbean nations are equally displeased over having been left out of the North American exemption, although new regulations have made it possible for some Caribbean countries to be automatically included if they conform to complex administration requirements.

Rarely does an organization or an individual get all it wants. We've achieved much of what we sought in our tax laws. There will certainly be attempts to make further changes in the future.

Does Your Meeting Apply?

If planning to attend an out-of-the-country conference, take a look at the four factors, and try to think like an IRS agent. Does the "as reasonable" test apply? Does the meeting have direct relevance to your trade or profession? Has your association held foreign meetings in the past for good, valid reasons? Will there be foreign members who will be attending the meeting? The more questions you can answer in the affirmative, the greater the chance you will have of being able to deduct your expenses. The emphasis here is on the member, rather than the association, because under the new law the individual has to prove the deductibility of the expense. The association, however, has a responsibility of making sure that a meeting will qualify, or else it is apt to have a large number of very unhappy members when audit time rolls around.

With the passage and signing of HR 5973, many old questions on foreign conferences were settled. However, new questions have arisen, and most of them will not be clarified and answered until the Internal Revenue Service implements regulations to administer the law.

BOOK REVIEWS

A Life of One's Own
By Joanna Field
J.P. Tarcher, 1981.
Reviewed by Gerda Lawrence

In 1926, while still in her 20's, Joanna Field (pseudonym for British author, Marion Milner) set out to discover if she could find rules which determined her own state of happiness. This turned into a seven-year quest to understand her own thinking and feeling processes and to find out what she really wanted. Journal keeping became a creative act for her "which continually lit up new possibilities like the receding horizons of the traveler who climbs a mountain." She free associated on paper with both words and drawings, developing hypotheses and new ways of looking at and thinking about the world.

Her discoveries, which had no scientific or theoretical basis at that time, are fascinating. For instance, without knowing what we now know about hemisphericity, she describes left hemispheric thinking as "attending with a narrow focus, as if from blinkers and with the center of awareness in my head" and connects this thinking with masculinity, reasoning, purposefulness and the scientific principle. Right hemispheric thinking is attending "with a wide focus which meant knowing with my whole body . . . which quite altered my awareness of what I saw." This she connects with femininity, intuition and mysticism.

Field struggled to find a language with which to express her right hemispheric awarenesses. Long before Gazzaniga[1] pleaded for "Hemispheric crosstalking," she spoke about how those who were only comfortable with one mode of thinking held contempt for the other camp, while, at the same time, "there was also a hankering after its opposite — an attempt to restore balance."

She also got in touch with what she calls her "automatic self" (which contains much of the Child ego state), the part of her concerned with images and wants and which did not often hold the views of her "deliberate self" (Adult and Parent ego states). She realized that one difficulty in her being happy lay in paying attention to her "deliberate self as if that was the only part that mattered.' (She also felt happy when she perceived with a wide focus.)

What she undertook often terrified her (she gave herself permission, but had no protection), but she found, profoundly, that "until you have, once at least, faced everything you know — the whole universe — with utter giving in, and let all that is 'not you' flow over and engulf you, there can be no lasting sense of security."

The book, originally published in 1936 and re-issued in 1981, is a beautifully, often poetically, written record of her journey, fears, failures and discoveries. It reads like a novel, filled with a quiet excitement that pays homage to her courage and intelligence.

References

[1]Gazzaniga, M., and LeDoux, J.E. *The Integrated Mind.* New York: Plenum Press, 1978.

Directory Update

CT	Bartning, Klaus-Dieter, Liliencronstr 9a 2000 Hamburg 73, W. Germany
CM	Dann, Yvonne, Imyrtle Rd., Canterbury, 3126 Victoria, Australia
CM	Elliot, Earl, MSW, 1240 E. 9th St., Reno, NV 89520 (702) 323-0478
CTM	English, Fanita, MSW, 724 Pine St., Philadelphia, PA 19106 (215) 925-2583
RM	Fernandes, Augustine, PhD, Franciscan House, 250 Catholic, Colony 1, Karachi-0502, Pakistan
ARM	Grullich, Joachim, 32-4000, Duesseldorf 31, W. Germany
ARM	Josiane, Gazave, Le Brasilia, 35 Bd Barrat 13008 Marseille, France
RM	Keeler, Pamela, 2311 N. Woodward, Berkley, MI 48072 (313) 399-2114
RM	Kinsella, Virginia, MA, MFCC, 221 Bayview Dr., San Rafael, CA 94901
ARM	Lenz-Pendanam, Joseph, Colony Rd., Munnar 685612, Kerala, India
SFM	Lenz-Pendanam, Karin, Colony Rd., Munnar 685612, Kerala, India
ARM	Maher, Anne, BSc, 18 Kitchener Rd., Melville, 6156, Western Australia
CPTM	Ohlsson, Thomas, Flygarevagen 6D., S-24300, Hoor, Sweden
RM	Osman, Sally R., 6422 Mystic St., Oakland, CA 94618 (415) 547-5369
CT	Perez, Jesus, Moncasi No. 26, 40 DCNA., Zaragoza 6, Spain
CT	Portugal, Alexandre, Jose, Marini, Simao Encosta das Olaias, Rua 2, Lote 2, 5 F, 1900 Lisboa, Portugal 806319
CM	Schnabel, Timothy, MEd, 8129-G Colquitt Rd., Dunwoody, GA 30338 (404) 395-1169

CALENDAR

June 24 - July 1, 1984 ITAA Summer Conference, Villars, Switzerland
January 9-12, 1985 ITAA Winter Congress, San Antonio, Texas

Exam	Exam Date	Location	Application Deadline
Level I (CM/SFM) Oral Exams	September 28, 1984 October 24, 1984 November 11, 1984	Regina, Saskatchewan, Canada Ft. Mitchell, Kentucky Brussels, Belgium	July 2, 1984 July 27, 1984 August 10, 1984
Level II (CTM/SFTM) Oral Exams	October 24, 1984 November 11, 1984	Ft. Mitchell, Kentucky Brussels, Belgium	July 27, 1984 August 10, 1984
Level I (CM/SFM) Written Exam	July 13 or 14, 1984 November 9 or 10, 1984	Location to be announced Location to be announced	April 13, 1984 August 9, 1984

All fees are due by the application deadline. All exam fees are non-refundable, but will be kept as credit in your account (except the oral application fee which must be paid each time a trainee applies for an oral exam) if at least 30 days written notice is given for cancellations. Otherwise, fee is forfeited. Fees: written exam - $90 US/Canada (a $10 administration fee will be deducted for cancellations received prior to the 30 days deadline); all other countries pay a $15 written exam recording fee to the BOC and $35 to the reader/scorer. Orals application: $75, non-transferable. Oral exam - $50. Contract filing fee: $30. All fees must be paid in US funds.

New Members - May 1984

New Member	Sponsor
Baron, Renee, MA	-
Berglund, DrHSc, MPH	Petruska Clarkson
Block, Jonathon	-
Breier, Gad	George Thomson
Coleman, Karen, MSW	-
Conroy, Bea H.	Maria Gilbert
Curry, Joyce S., MA	-
Elsener, George M., JD	-
Flores, José Alberto	-
Groll, Lucille, SW	Carol Alison-Burra
Harbach, Carl	-
Harvey, Michael F.	Ted Harrison
Hoyl, Jounne	-
Gordana, Krotić	Tijana Kosanovic
Lamberg, Wayne	Bruce Loria
Maslich, Howard	-
Matter, Eduardo, MD	-
McDonogh, Sandy	Maria Gilbert
Milivojević, Zoran, MD	Tijana Kosanovic
Mortera, Simonne	Vincent Lenhardt
Nitzkin, Steven, MD	-
O'Hearne, Barbara V., MA	John O'Hearne
Rojas, Eliseo, MD	-
Roth, William E., MDiv	-
Schweisthal, Betty A., MA	-
Tsounakis, Malvina, MS	-
Vidojević, Oliver, MD	Tijana Kosanovic
Wilder, Carlos W.	Ted Harrison

TA is Alive and Well!

Selections from the ITAA Mailbag

One of the functions of the ITAA Central Office in San Francisco is to respond to general information inquiries. We receive, on the average, 60 to 75 individual inquiries a month from all parts of the world and all walks of life. Many are from people who simply want membership information or a book list. Others request a copy of our geographical directory of listings of certified TA therapists and practitioners in their areas. A great many wish to pursue course work or training programs in TA.

Below, for your interest, is a sampling of the letters that the ITAA Office receives in a month. Here you will see the richness and diversity of our most recent "mail bag" so you can see for yourself that TA IS ALIVE AND WELL.

From **Cardiff, South Wales:** "I am a medical student at the Welsh National School of Medicine. During my fourth year, I have the opportunity to undertake an elective period of study anywhere in the world for 5-8 weeks. Since my special interest is psychiatry, and having read something of Transactional Analysis, I would very much like to learn of programs of study, especially in California . . . "

From **Lisbon, Portugal:** "I've been working for 9 years in the Portuguese Department of Education. In our team, we consider the personal growth of teachers as a condition for successful professional and personal life. Please let me know about research and practice in teachers training, and about possible application of TA in this field."

From **Kaduna, Nigeria:** "I am a 36-year-old male Nigerian with a BS degree in Physics, 1½ years of post-graduate training in field geophysics, and about 8 years of teaching in the Calabar Polytechnic of Nigeria. I found your address in the book, *Choosing Success: Transactional Analysis on the Job*, . . . and wonder if you could furnish me with the name and address of a trained TA therapist who might wish to work with me . . . "

From **Stillwater, Minnesota:** "I am presently in the Minnesota Correctional Facility. A friend of mine introduced me to TA and I found that I could really use this language in understanding a lot about myself and other people. Because I'm locked up I don't have access to much information on TA. If you could send me some it would be most helpful."

From **Kirkland, Washington:** "I'm a senior student at the University of Washington, and in December, I will graduate from the School of Nursing. In preparing myself to become a psychiatric nurse, attending some TA training programs would be an excellent supplement to my schooling. Please send me information concerning training programs . . . "

From **Taegu, Korea:** "I am studying counseling psychology in the doctoral course at the Graduate School of the Keimyung University, and teaching in the department of Pre-School Education at Keimyung Junior College. I am interested in TA theory and practice, and especially on family counseling based on TA theory. Please send me information . . . "

From **Madrid, Spain:** "I am a woman psychologist from Spain, studying the TA theory and method to do a cross-cultural investigation between my country and Japan. I plan to stay one year in Japan, and would like to know if there is a Japan TA Association, its address, and also the names of some members I can contact when I arrive."

From **Maharashtra, India:** "I am 20 years old and in my second year of medical school. I intend to do an MD in Psychiatry. I have been reading many books on Transactional Analysis, and have had an opportunity to appreciate TA. My quest to know more about TA has increased and I would appreciate it if you will send me the necessary information regarding training in TA . . . "

From **New South Wales, Australia:** "I work in Sydney as a medical practitioner and part-time as a tutor of medical students at the University of New South Wales. I read with delight and great interest of the people involved with TA and the work of the ITAA. I plan to visit the USA mid-year, and would like to attend workshops, courses, and/or the summer conference. Please send me information."

From **Agua Dulce, Mexico:** "I have been introduced to TA with astonishing results. I am an alcoholic and medical science here in Mexico had given me up as a lost cause. I work as a taxi driver and have on many occasions been on the verge of losing my life or injuring others because of my drinking problem. I learned of TA by chance and have now gone a year without drinking. I understand TA and appreciate that it is not necessary to be a psychologist or psychiatrist to use this marvelous knowledge to live life according to TA guidelines . . . . Please send me dates of TA events and information about possible membership in your organization."

From **Tempe, Arizona:** "PLEASE HELP ME!"

From **Oakland Park, Florida:** "The Broward Chapter of the National Safety Council currently holds driving programs for the habitual traffic offender. In this defensive driving course we spend a considerable amount of time on the subject of Transactional Analysis. To keep us informed with the latest literature, would it be possible for us to be on your mailing list?"

From **Kerala, India:** "I am a post graduate (MA) student of psychology, interested in undergoing in-depth study and training in the use of TA . . . . Please send me the relevant details regarding your Association's courses of training and study, the duration, fees, and how a foreign student goes about applying."

From **Manila, Philippines:** "I would like to apply for Regular Member status. Since I am from the Philippines, who can be my sponsor for my RM application?"

From **Colombo, Sri Lanka:** "I am a duly ordained priest of the Roman Catholic Church in Sri Lanka . . . and have been in the priestly ministry for 16 years, of which 10 years have been spent in teaching of Psychology. During this time I have used TA extensively in teaching and therapy in small groups with young adults and adults. I am writing to request membership in your association."

From **West Warwick, Rhode Island:** "I am presently attending the University of Rhode Island and am interested in international business. Your association was recommended to me by a former employer who suggested that I might be interested in studying Transactional Analysis. I would appreciate any information that you could supply me with."

From **Bamako, Republic of Mali:** "I am reading the French version of *Born to Win* and am most interested in knowing more about Transactional Analysis. I intend to go to the United States this year, and would appreciate it if you would provide me with information about classes, including length and cost."

From **Pretoria, South Africa:** "I am interested in further training in TA. Here in SA I am a qualified, registered Psychiatric Social Worker. Recently I attended a TA 101 course in Johannesburg with the only registered TA training member in SA, Maria Gilbert, but would like to do an intensive course (e.g., 3, 6, 12 months) in TA, with emphasis on spiritual or child therapy. Where are such courses being run, and when?"

From **Washington, DC:** "I am a Polish psychiatrist temporarily staying at the Catholic University of America as a visiting professor . . . . For some years I have been practicing transactional analysis in various forms of psychotherapy . . . . In my work and my teaching I try to make TA popular in Poland. I would be most grateful if you would send me information concerning TA people or institutions involved in TA activity in the Washington area. So far I do not have any contacts."

* * * * *

This selection is just a small sampling of the letters we receive each month! As you can see, TA is alive and well in all parts of the world today.

Proposal Instructions

Workshops and panels will be 2 or 3 hours in duration; paper presentations will be 50 minutes. If you wish to make a presentation that is longer than 3 hours, or is in two parts on two days, please indicate your preference and the committee will consider all requests.

Presentations in any language are welcomed and encouraged. If you are submitting a proposal for a presentation in a language other than English, please submit abstracts both in English and in the language of the presentation.

A program proposal includes the following items:

1. The **completed identification form** — if making more than one proposal, a separate form is required for each proposal.
2. A **300-word abstract** of the presentation to be reviewed by the committee — please do not include your name in this abstract.
3. A **100-word abstract** of the presentation — to be printed in the program book.

If any of these three items is not included, your proposal will be returned to you by the review committee. All proposals are reviewed in a blind review process.

1985 Winter Congress

"Looking into the Future"

Keynote Speaker:
James Masterson, MD

January 9-12, 1985
St. Anthony Inter-Continental Hotel,
San Antonio, Texas

- An Invitation to Join -
The International Transactional Analysis Association, Inc.
1772 Vallejo St., San Francisco, CA 94123
415-885-5992

New Affiliate Membership

Benefits - quarterly *Transactional Analysis Journal; Script* newsletter 9x/year; membership directory; reduced conference registration; car rental discounts; for US members only, group life and health insurance plans.

Dues - $40/year (Please send check or money order in US currency payable on a US bank if applying from outside the US)

Name and Degree

Address and State/Country Zip

Phone Amount Enclosed

☐ Please send me information about membership categories leading to possible certification in Transactional Analysis

Members: please pass this Script *on to a friend or non-member and invite them to join you in ITAA!*

ITAA 1985 Summer Conference

Call for Proposals

Toronto, Canada
August 7-11, 1985

Deadline: proposals must be received by December 1, 1984. Please print or type.

Identification Form

Name (as you want it to appear on program) Highest Academic Degree Attained

Address

Phone Category of ITAA Membership

Organizational Affiliation (for program)

I want to present a (check one or more): ____ paper ____ panel ____ workshop ____ film

entitled: _____

Room Specifications, if any, required for your presentation (size, soundproofing, floor covering, etc.): _____

Papers are 50 mins. If workshop or panel, I prefer ____ 2 hrs. ____ 3 hrs.

Circle any or all appropriate categories: theory, treatment, relationships, education, business/OD, religion, social issues, training, research, youth program, family program, non-English (specify which language) _____

Number of Participants: limited to _____ unlimited _____

This presentation is for TA (circle one): beginners advanced highly skilled

Co-presenters (if any, give names, addresses and highest academic degree attained). **YOU ARE RESPONSIBLE FOR CONTACTING CO-PRESENTERS AND INSURING THEIR ATTENDANCE OR REPLACEMENT.**

On two separate sheets, enclose a 300-word abstract describing your presentation for review by the selection committee, and a 100-word abstract which will be printed in the program book, if accepted.

I understand that, if this proposal is accepted, I am committing myself to participation in the 1985 Summer Conference and that a cancellation on my part is a discount of the Program Committee and to those who register to attend my presentation.

Signature _____

For Regular Members and Non-Members Submitting Proposals

(except those who presented at the 1983 or 1984 Summer Conferences)

The following statement must be completed and signed by an Advanced Member and returned with your program proposal.

Name of Submitter _____

Name and Membership Status of Endorser _____

I have known the above-named submitter since (year) _____. I have read his/her proposal for the 1985 Summer Conference, and I believe he/she is capable of conducting the workshop as described and providing adequate protection for participants.

Signature of Advanced Member _____ Date _____