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The One Absolute Necessity in Psychotherapy



By James F.T. Bugental, PhD

The following is a summary of the keynote address given by James F.T. Bugental, PhD, at the August, 1983 ITAA Summer Conference. The summary was prepared by Robin Fryer and has been reviewed and approved by Dr. Bugental.

I want to talk to you today about the importance of presence, something we are all aware of and yet sometimes still forget.

In existential thinking, the word "dasein!" expresses the mandatory quality of presence. We saw this in actuality this morning when ITAA President Norman James brought the meeting to order. While we were all here physically, he was asking us to stop talking to our neighbors or thinking about what we had for breakfast and, instead, to really be here, to be present in this particular situation.

I've always wanted an animated movie made in which a meeting is called to order and all we see sitting around are noses. Gradually, cheeks catch up to the noses, then, in turn, eyes, temples, ears and finally the back of the head until whole people are there. I think that would neatly illustrate the cumulative nature of presence, that it's not an all-or-nothing phenomenon, and that just being in the same room is not being present to each other.

Presence as Quality of Being

I use **presence** to designate that quality of being in a situation in which one intends, at a deep level, to be as aware and participative as one is able to be. It is carried into effect through mobilization of both inner sensitivity, toward our subjective experience, and outer sensitivity, toward the situation and other people in it.

For example, in therapy, the ideal is for the client to be attending to what is going on inside him-or-herself and yet not be blind to or shut off from what's happening in the interplay between us. In fact, the primary task of the psychotherapist is often to wait for, induce or foster this genuine, whole presence in the client. I need not tell you how often someone is only half there, how much work may be involved in simply getting sufficient presence so that a real meeting or coming together, a "dasein!", can occur.

Accessibility and Expressiveness

There are two important facets of presence: accessibility and expressiveness. When we say, "He can be reached," we are talking about accessibility. However, accessibility is not automatically a good thing. Just consider, we are bombarded constantly with admonitions, exhortations, advertisements, teachings and preachings which attempt to influence us. To protect ourselves, we all build barriers to shield ourselves from the onslaught. These reduce our accessibility, but they also prevent us from being driven mad with all the input.

However, sometimes the shield is up so high for so long that, even when accessibility is desirable, we are restricted in how much we can be reached. This is, of course, classically referred to as "resistance." While the shield is necessary and important in some ways, our clients (and all of us, to some extent) have lost the ability to modulate it. Clients even bring it with them when they come to therapy for help, and so we therapists get the message, "Help me, but don't help me; don't touch this or that."

Expressiveness, on the other hand, refers to a person's readiness to be known. If I let you really know me, I run the risk that you may manipulate me or affect my life in ways that I do not choose. It is a real measure of trust to let someone really know you, to take down the shield and express what is going on inside.

When a person is not truly present, she/he can be like a self-manipulating puppet. He/she presents a certain front, but the real self is hidden somewhere pulling the strings. There is the sense of a split, a lack of genuine vitality, in such a person's engagement with the therapist. It's very hard to do psychotherapy with this kind of person. Therapy must engage the identity back of the puppet, the one pulling the strings, but he/she is only there indirectly. The therapist is caught dealing with the surface personality without ever getting into real contact.

Layers of Presence

I suggest that we think of presence as having a number of layers. The first we'll call the "formal" layer. This is the outer layer, the one we use for strangers, authorities and some special occasions. While it can be a useful layer, and not necessarily phony, it is also limiting since it restricts the way we relate to others.

When a client first comes in, she probably has rehersed a formal layer complaint such as how troubled her marriage is. As we work together over time, she may still tell me the same objective facts about her marriage, but in different subjective ways as those outer layers are stripped off. Thus, while the content remains the same, the message is considerably changed.

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It is very appropriate to begin at the formal layer. In fact, if a client comes in and psychologically strips in the first interview, that would tell me something about her sense of social expectancies and ways of relating to people.

The second layer, which we will call "contact maintenance," means pretty much that. A good example of this is when I pull into the gas station and the attendant and I talk:

"How ya doing, Jim?"

"OK, Al. How's it with you?"

"Great. Elizabeth OK?"

"Yeah, she's fine."

And we exchange words back and forth like that. It's almost as though we are talking gibberish or singing opera; the words don't matter, but our singing says that we are friendly and know each other.

At this layer, the relationship is very limited, and the speeches are apt to be relatively short. However, when someone doesn't know any better and does not stay at the contact maintenance level, things can get uncomfortable. If the guy at the gas station tells me a long story or suddenly suggests, "How about you and Elizabeth coming to dinner Friday night?", he's changing the level of the relationship and I'm likely to think, "When can I get out of here? I only wanted a tank of gas!"

In therapy, after we have made a beginning, I anticipate that she will move through this second layer. If she continues talking too superficially, I am apt to say something like, "Miss Jones, we've talked for a while now, and I don't have any real sense of what it is that concerns you. I wonder if you would like to pause a minute, get your breath, and think about how you would like to let me know about what is giving you so much pain these days." In other words, I've asked her to change levels because I know that she will not be able to get very deeply into herself at the contact maintenance level.

The third level of presence is the "routine" level. While we tend to think of things that are routine as unimportant, the word actually comes from "route," the path or way. This is where a lot of the work of therapy may go on. It is a level at which you get some notion of the background and experience of the person.

At this level, talk in the session is not so pat. When Miss Jones tells me about her experience, the tears come. She begins to let me have access to her and her experience. Her expression has more depth to it and there is an immediacy to her presence that allows us to engage each other.

Then there comes a time when Miss Jones goes past everything she has on file under the heading, "Problem." She begins to get into fresh territory, to say things she hasn't always known and already thought about herself, to do the

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real therapeutic work of self-discovery. We can describe this as a "critical" occasion.

Critical, in relation to this fourth level of presence, doesn't mean fault-finding, but rather refers to the more accurate meaning coming from the root, "cross." It implies a crossroads, a time that makes a difference, when it matters which way you go. During critical times, Miss Jones is immersed in her inner explorations, in the work of therapy and with me. Perhaps my input has encouraged her to reformulate or reframe what she's saying in a fresh way.

While at the first, or formal level, there is a lot of attention paid to how one appears to others, the fourth, or critical layer, is characterized by relative unconcern with image. There is much more emphasis on the expression of inner experience, with the emotions, associations, imagery or whatever else is happening inside.

In addition, the figure/ground relationship has been reversed. In the beginning, clients' concern and curiosity about what I am thinking and whether I will be able to help them is in the forefront. Their concern about their immediate experience and inner searching for some way out of the pain remain more in the background. By the fourth layer, the issue of how they can express what matters to them comes to the fore and the concern about me and the situation becomes less important.

Finally, there is a fifth level of presence that we'll speak of as "intimacy." At this level, there is a kind of nakedness of contact. The word intimacy is frequently used as a synonym for sexual intercourse, as in, "They engaged in intimacies." This is a useful parallel to consider because, in the therapeutic setting, we are also talking about a kind of intercourse, a going back and forth at a deep and naked level. There is an openness, a lack of defensiveness, and true accessibility and expressiveness. While much of therapy takes place at the routine level of presence, the most important work is done at the critical and intimacy levels.

It is important to recognize that the communications level determines the message. It is as valuable to appreciate how a client is communicating as to know what he is trying to say, to feel the texture of his concern through sensing his genuine presence and accessibility.

Characteristics of Concern

In these comments, I have frequently spoken about concern, and I would like to take a moment to expand on the concept. Concern is the mainspring that powers the client's participation in the therapeutic process, that gives him the energy to deal with the pain, struggle, anxiety and confusion that therapy almost always means. When we get genuine presence, particularly at the fourth or critical level where things really make a difference, the thing that comes through is the client's concern.

There are four main characteristics of concern, as I am using that term. First, concern implies that this experience is uncomfortable, distressing. As one of my professors used to say about certain clients, "They aren't hurting enough."

I use presence to designate that quality of being in a situation in which one intends, at a deep level, to be as aware and participative as one is able to be.

His message was that we have to help clients get in touch with their pain in order to fuel the therapeutic enterprise. If that fuel is provided by someone else, as in the case where a client comes in "because my husband/wife/parents want me to," then there is not a personal sense of concern. The pain is often displaced, or in some other way unavailable or nonexistent.

The second characteristic of concern is a yearning for something different. It may not have come as a surprise to you, but it did to me at one point, that some people have a great deal of pain but very little yearning for things to change. They are resigned to the way things are.

Third, there must be a readiness to make a commitment to the process, to really invest one's self and one's resources in the therapeutic enterprise.

The fourth characteristic of concern is a sense that the path from pain to the hoped-for state is through self-exploration. Some people, as you know, come with the hope that you, as their therapist, will change someone or something else in their lives. The arrows all point outward, rather than inward. They may have trouble accepting that changing the self - which is all we really can do in therapy anyway - can be the route to changing life experiences.

Now, if I had a client who could be totally accessible and expressive, i.e., totally present, who could share with me his concern, in all its aspects and pain, who yearned for changed life experiences and was willing to make a commitment to the therapeutic process of self-exploration, I could say, "Well, you've made it. You don't need to come." In other words, I'm describing an ideal and, if someone had all these qualities, it's not likely they would be coming to see me. It is the work of much of therapy to help mobilize concern and genuine presence in the client's life so that he will have access to those aspects of himself which can make a difference.



Intentionality

To carry this a bit further, let's talk a moment about intentionality. The psychotherapist, in some ways, is always grappling with the client's lack of focused intentionality to make his life different. That is, of course, something other than will power or saying, "I'm going to do it differently," with a firm jaw. Rather, it implies a genuine sense of intending life to be different and taking the necessary steps to make it so. We help the client mobilize this intentionality by aiding him to be present and to experience his full sense of concern.

Well, you might ask, why doesn't this happen more in therapy? For one thing, there are many claims on a person's energy and intentionality. Maintaining the sense of personal identity that has been built over the years is tremendously important. Other commitments are important also, for example, to family, friends, work, religion, community, to keeping physically healthy, to hobbies and recreational pursuits. In all of this somewhere is also a portion which is the entering motivation for psychotherapy.

Almost always, if you're talking about major life change, at least, that allotment is too small. There are too many things which say, in effect, "I don't want this special part changed; only change those other parts." Rudolf Ekstein, a Los Angeles analyst, used to tell us, "Every patient comes to you with a secret, something that he doesn't want to talk about and doesn't want you to touch. That secret is always right in the center of the neurosis or problem. To the client, it may seem like something that can be kept to one side, that it is not very pertinent. But until the need for the secret is opened, the key changes - the life changes that are necessary - are not going to happen."

Notice the need for the secret. Once the client is able to be totally open and accessible, it almost doesn't matter what the content of the secret was. It is the need to maintain something apart that indicates that certain things are being held inviolate. The therapeutic work, then, comes up against that obstacle time and time again.

Therefore, one of the tasks of therapy, as we try to arouse concern and get full presence, is to get some "emotional capital" transferred from other things in the person's life. To do so doesn't mean that the client necessarily has to get a divorce, for example, but it may mean that he needs to look at the foundations of his marriage and how his personal sense of identity is related to it.

Freud recognized these facts. To me, Freud was a man with a great clinical nose. Where he said, look, it is worth looking, even if I don't always agree with what he says about what he sees. One of the things he said was, "There is no psychoanalysis which is not the analysis of resistance." This is the analysis of what holds off the therapeutic enterprise and prevents full presence and mobilization of concern.

Mutuality of Presence in Therapist and Client

There is one more aspect of presence that I will talk to you about today, and that is the quality of presence in the relationship between the therapist and the client. The therapist and client are really two systems. If they are totally separate, with no overlapping, then there is a stalemate and nothing is going to happen. If is only when there is some overlap that genuine communication begins to exist.

However, if the overlap is at the shallow level of contact maintenance, then the exchanges are going to be superficial and no genuine psychotherapeutic work will get done. On the other hand, when the overlap is at a deeper level, one which I call "immersion," then more dependable information is given and obtained and more lasting results will occur from the encounter.

It is interesting to recall the original psychoanalytic idea of the analyst as a blank screen. In this view, anything the client thought or felt about the therapist was considered to be a projection. It is a neat idea, very typical of the 19th century scientistic ideal of the detached observer standing apart from that which is being observed. The problem is that it just doesn't work and, as you probably have noticed, there aren't many old-time, classical blank-screen analysts around any more. Most of them starve to death.

In his excellent book, *The Fallacy of Understanding*, Norman Levenson talks about the evolution of the therapeutic relationship from the original blank-screen ideal, through the "participant observer" as typified by Harry Stack Sullivan, to the notion of the therapist as a full participant. This last is a much more powerful position than either of the other two.

However, when I speak of the therapist being fully present, accessible and expressive, I am talking about "process presence," not "content presence." That is to say, if the client says, "My marriage is driving me crazy," I don't say, "You think you've got problems - let me tell about mine!" In other words, I don't share my content, but I am there as a living, resonating person. If the client's story brings tears to my eyes, I don't try to hide them.

At times, of course, my own emotional stuff gets confused with the client's. Then, it is also part of my job to expose this, to be expressive of that part of what's happening in our interaction. Again, I am not talking about my outside business, but my in-therapy business, my here-and-now responses to the client. In acknowledging what may be my own stuff, I also clarify that I will deal with that with my own therapist, that what we are here for now is to explore the client's part of the pattern. Mutuality in presence is not necessarily identity in participation. What is necessary is for both the therapist and the client to be genuinely there.

The Major Plague of Our Time

When we are self-manipulating puppets, windup toys, we are caught in what I think of as the major plague of our time - the subject/object split. It is the way we have objectified our own being so that we stand apart from it. We become backseat riders, complaining about the route, but never taking the wheel of our lives into our own hands. We explain ourselves away by the pseudo-sophistication of psychoanalytic insights. We give away our power by fleeing engaged presence with others, the situation, the times, or the culture. We do so many things which rob us of our real birthright of being ourselves, in charge of our own living.

It is the work of much of therapy to help mobilize concern and genuine presence in the client's life so that he will have access to those aspects of himself which can make a difference.

I am not talking about some magical nirvana where we can realize all of our deepest wishes, but I am referring to what happens when a person comes home to himself or herself and has a sense of his or her own identity and power. Sometimes, when people get their first glimpse of their deeper nature, it is frightening, lonely or overwhelming. They resist, resist being fully present and letting all their concerns come through. However, if they persevere, and if I, as their therapist, am sensitive and faithful enough to do my part, there comes a time when they do enter into that wholeness. Then we know the real wonder of our human potential.

James F.T. Bugental, PhD, is an existential-humanistic psychotherapist in private practice in Santa Rosa, California, where he is Director of Inter/Logue, a low-cost training and therapy center. He is also on the faculties of the Saybrook Institute and the Stanford University Medical School. Dr. Bugental is the author of several books and numerous articles on existential and humanistic psychotherapy.

KEEPING IN TOUCH



Bob and Mary Goulding with participants from a weekend marathon they did in Redecision Therapy for the Sacramento Institute for Redecision Therapy, Leonard Campos, Director. Twenty persons, mostly marriage and family therapists, attended the very successful weekend in the Spring of 1983.

Bob and Mary Goulding are receiving a lot of requests for TA therapists who use their redecision methods. They are building a referral file and would like to hear from all therapists who would like to be listed.

Nominations Open for 1984 Eric Berne Memorial Scientific Award

ITAA members are invited to submit nominations for the 1984 Eric Berne Memorial Scientific Award. The award was established in 1971 to honor and perpetuate the memory of Eric Berne's scientific contributions.

The deadline for nominations is March 1, 1984. Ballots will be mailed by April 1, 1984 and must be returned to the ITAA office by June 1. These dates have been chosen to allow adequate time for members outside the US to vote.

The award is given to the originator of a scientific concept. Each recommendation **must** include a one to three line statement showing how it qualifies as new theory and is thus eligible for the award. Please also include the nominee's name and the publication reference.

We welcome and encourage the nomination of worthy candidates for this award.

Rebecca Trautmann, RN, MSW
TAJ Editor

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The editors reserve the right to edit material submitted for publication for taste, accuracy and length. Letters to the Members Forum should be limited to 400 words. Editing will be done responsibly and in such a way as to preserve the intent of the author.

Involved in Teaching at a University or College? The Education Committee has received word that Valerie Chang is interested in contacting the many ITAA members who have affiliations with colleges and universities, including those where TA is taught in graduate and undergraduate classes. Valerie has been asked by Indiana University, where she is on the faculty, to get more specifics on general academic acceptance of TA. The Education Committee thinks this is a good time, therefore, to update the listing they have compiled in this area. If you are affiliated with a university or college, please send the following information either to Valerie Chang, Indiana University East, 2325 Chester Blvd., Richmond, IN 47374, or to Jean Clarke, Education Committee Chairperson, 16535 9th Ave., N., Plymouth, MN 55447: name, degree, university and title of any course you teach which includes content on TA.

Edie Bogusky was recently awarded an Emmy for local (St. Louis) programming for the documentary she did on teenage suicide titled, "Jimmy Doesn't Live Here Any More." This is the highest award given for work done in television and is sponsored by the National Association of Television Arts and Sciences. In addition, she has also been nominated for an Emmy for the same show by the Academy of Cable Television Sciences on the national level. Congratulations, Edie!

Joe Cassius was recently on the Phil Donohue show discussing bodyscripting and work he has done in that area with athletes.

Special Issue of *TAJ* on Eating Disorders

TAJ CALL FOR PAPERS

Special Issue on Eating Disorders
(Deadline for papers September 1, 1984)
anorexia • bulemia • obesity
psychological issues • sociocultural issues
clinical issues and treatment approaches
clinical case presentations
treatment successes • treatment failures
We welcome papers on these and related topics.
Rebecca Trautmann, RN, Editor, TAJ
Carol Solomon, PhD, Guest Editor, Special Issue

Where Do You Want to Go for Future ITAA Conferences?

We want to know where you, the members of ITAA, would like to go for future conferences. The following survey is a follow-up to the survey about conference preferences conducted by Patt Savastano of the Program Committee last May. We learned a lot from Patt's survey about the type of locations and hotels you prefer, as well as your interests relating to the scientific and social programs.

Sites have already been chosen through 1985. We are looking forward to seeing you in Villars, Switzerland in the Summer of 1984; San Antonio, Texas in the Winter of 1985; and in Toronto, Canada in the Summer of 1985. The following survey is to get an idea of where you would like to go in 1986 and beyond. Remember, your voice really can have an effect, so let's hear from you! Fill out the survey and send it to ITAA by January 1. Thanks.

Summer Conferences (August)

US Locations	Strong Preference	Moderate Preference	No, Never!
Anchorage			
Boston			
Chicago			
Cincinnati			
New York			
Washington, D.C.			
Hawaii			
Montpellier (Vermont)			
Los Angeles			
Denver			
Minneapolis			
San Francisco			
Seattle			
Lake Tahoe (California)			
New Orleans			
Philadelphia			
Lexington			
Milwaukee			
Durham			
Write in:			

International Locations	Strong Preference	Moderate Preference	No, Never!
Montreal			
Mexico City			
Rio de Janeiro			
Lima			
London			
Paris			
Madrid			
Rome			
Stockholm			
Vienna			
Munich			
Singapore			
Tokyo			
Hong Kong			
Perth			
Sydney			
Vancouver			
Hamburg			
Oslo			
Heidelberg			

Winter Congresses (January)

US Locations	Strong Preference	Moderate Preference	No, Never!
San Juan (Puerto Rico)			
US Virgin Islands			
Hawaii			
Las Vegas			
San Diego			
Santa Barbara			
Los Angeles			
Scottsdale (Arizona)			
New Orleans			
Mammoth Ski Area			
Tahoe Ski Area			
Salt Lake City			
Aspen			
New England			
The Poconos			

International Locations	Strong Preference	Moderate Preference	No, Never!
Mexico City			
Acapulco			
Cancun			
Guadalajara			
Kingston (Jamaica)			
Bermuda/Bahamas			
Panama			
Caracas			

Board Discusses Important Issues at August, 1983 Meeting

Treasurer's Report - overall, the organization is in good financial condition. The operating fund has increased and we now have various reserve funds. Approximately $45,000 of our available cash is scholarship loan funds. As of August, ITAA was $15,000 ahead of projected income for the first six months of 1983, due in part to not having a new Executive Director until July. While a small surplus was anticipated for 1983, this could be eliminated because of a loss of income on the 1983 Summer Conference.

Substantial financial commitments for the 1984 Winter Congress have been made and the Finance Committee urged the organization to fully support this meeting.

Membership dues income is expected to decrease by 1.5% for 1984. (Actual loss for 1983 was about 4%.) While the membership decline has slowed, the Treasurer pointed out that a 1984 preliminary budget does not provide any unusual funds to reverse the continued membership decline. The revised budget will affect a change, since the Board established such a reversal as a measure goal for 1983 and 1984.

The Board asked the Training Standards Committee to make a recommendation about the disposition of funds paid by members but not used and to use complete information from the Treasurer and Comptroller to do this.

The Board commended George Barnitt for the great job he has done as Treasurer.

Nominating Committee - a preliminary slate for officers and trustees was presented. This list, plus the names of those nominated at the Business Meeting in August were published in the October *Script*. The election results will appear in the December *Script*.

101 Instructors Need BOC Certification - as of December 31, 1984, only persons certified as Instructors by the Board of Certification or members designated as Instructors-In-Training will be certified to teach TA 101's. CM's and SFM's certified to teach 101's under the special process developed earlier by the Training Standards Committee may continue teaching 101's until further notice while the BOC considers the possibility of setting up a grandfathering procedure.

Membership Categories Revised - The Board approved revisions in the current membership categories as presented by Bill Cornell and Claudette Hastie-Beahrs of the Training Standards Committee. Changes involved terminology and



A weary Steve Karpman gives testimony to how hard members of the ITAA Board of Trustees work to take care of association business . . .

the addition of a general interest non-voting category, Affiliate Membership, to replace Associate Regular Membership. The responsibility for implementing this was delegated to the TSC. Watch for more details in upcoming issues of the *Script*.

Written Contracts Updated - the Training Standards Committee will be rewriting the contract for certified membership and submitting it to the Executive Committee for review.

Claudette Hastie-Beahrs and Bill Cornell were commended by the Board for the good work they have done in the past two years as co-chairpersons of the Training Standards Committee.

TA 101 Retained - the Board decided to retain the TA 101, the TA 101 exam or its equivalent (as determined by a certified instructor) as a prerequisite for Regular Membership in ITAA. Its primary function is to provide consistent and accurate information about basic TA concepts.

New BOC Members Appointed - the Board appointed Carlo Moiso and Helmut Harsch to the Board of Certification; the BOC elected Vann Joines, Jim Self and Rosa Krausz to the BOC; and Vince Gilpin was elected by the BOC as its new chairperson. Les Kadis has resigned as Chairperson of BOC, but will stay on as a consultant with special responsibility for representing the BOC to the National Commission of Health Certifying Agencies. Les was commended by the Board for all the work he did to get the BOC in motion.

BOC Advisory Group on International Representation Appointed - to address issues of international representation, an advisory group made up of representatives of various regional groups will meet for the first time in Villars in the summer of 1984. Revisions of the guidelines for examination for certification will be delayed until this group meets. In addition, the BOC requested that the Board endorse the idea of an interest group on BOC activities made up of interested international persons. (This would be separate from the advisory group.)

President-Elect Task Force Appointed - the Board appointed a task force comprised of Ted Novey, Tom Gibson, Ellyn Bader and John James to devise a plan for establishing a President-Elect system so that a newly-elected president can serve in a non-voting capacity on the Executive Committee for a year to get on-the-job training. This task force will be reporting back to the Board in January for immediate action.

Leasing of Trans Pubs - Trans Pubs has been leased to Norm Shea. ITAA receives 3½% of gross sales (approximately $156,000 gross sales yearly) and 5% interest on the $22,000 inventory (loan to be repaid in 24 months). Norm Shea is prepared, upon request, to make Trans Pubs available at conferences, especially in the San Francisco area. In the cases of conferences outside the US, he will negotiate a contract for shipping books long distances.

Revision of Office Operations - the Board empowered the new Executive Director, Susan Sevilla, to revise office operations, policies and procedures to insure efficient, effective and economical functioning of the central office.

Development Fund Drive Begun - see page 4 for more details.

Ethics Committee - many ethics cases have been heard and Laura Boyd was commended for her good work as Chairperson of the Ethics Committee. She will be stepping down from that position in January.

Organizational Contract Extended for DGTA - currently the German TA Association (DGTA) is the only organizational member of ITAA. The DGTA's contract with ITAA was extended, on their request, to run an additional three years, until December 31, 1986. The Board asked the Executive Director to study organizational membership costs and report back to them in January. The President also appointed Ellyn Bader to be responsible for working out a permanent method of communication with affiliate groups.

Long Range Planning Integral to Organizational Management - the Board passed a motion recognizing that long range planning is essential to the effective management of the association. The LRPC chairperson was designated as a planning consultant to the Executive Committee.

Possible Restructuring of the ITAA - the Long Range Planning Committee presented the following resolution, which was accepted wholeheartedly by the Board:

"We, the Board of Trustees of ITAA, hereby express our commitment to develop formal relationships with Transactional Analysis Associations around the world, in order to work in cooperation and harmony and to promote the development, application, preservation and learning of Transactional Analysis. Our goal is to either keep the present structure of ITAA with modifications, or to establish one new integrated organization, or a new body of interrelated organizations whose relations have been formally defined. We are committed to working out a plan in conjunction with other TA organizations by the Summer Conference in 1986.

The details of a plan for accomplishing this will be sent to the Board for their consideration and to the Executive Committee for review in January, 1984. The Board commended Lucy Freedman and Vincent Lenhardt for their hard work on the Long Range Planning Committee.

Nuclear Freeze Letter Postponed - the Board voted to reword the letter regarding ITAA's stand on the nuclear arms freeze and to postpone sending it until Richard Erskine and Alan Jacobs draft a new one.

Program Committee Appointments - Mary Urban was appointed as new Co-chairperson; Harry Boyd and Natalie Garber were appointed as committee members.

The 1985 Winter Congress will be held in San Antonio, Texas.

Membership Development Activities - the Membership Committee has been sending letters to persons who are no longer members of ITAA asking them why they left and inviting them to rejoin; of forty persons contacted, two have rejoined. A membership packet has been put together and will be sent to members who are teachers and supervisors to encourage them to invite new members into the organization. Bruce Loria was appointed as liaison between the Membership Development Committee and the Finance Committee.

Membership Maintenance Committee Activities - efforts are continuing to strengthen the cooperation between the coordinators of local networks. To maintain involvement with members, the Committee believes it must be more closely connected with them on an international level. Mary Ellen Frost was appointed as a member of the Committee.

Editorial Board Plans - the *TAJ* Editorial Board is coordinating with the Social Action Committee and the Editor of the *Script*, Pete Pearson, toward the possibility of publishing a special theme issue of the *TAJ* dealing with topics such as the nuclear freeze, disarmament, peace negotiations, violence, etc. The *TAJ* Editorial Board is also looking into the possibility of establishing contacts with editors of local TA journals to facilitate the flow of excellent articles from these sources into the *TAJ*.



. . . and Eleanor Fawaz-Kamber (right) and Rosanne Lawson show how creatively officers and trustees deal with the fatigue of long board deliberations by giving to each other and taking care of themselves . . .

Commendations for Outgoing Officers and Trustees - the Board expressed its appreciation to the following people who have served the organization as officers and trustees: Norman L. James, President; Muriel James, Past-president; Ellyn Bader, Vice-president; John James, Vice-president; Richard Erskine, Secretary; George Barnitt, Treasurer; Laura Boyd and Gloria Balbona, Executive Committee Members-At-Large from the Board; Ted Novey, consultant to the Executive Committee; and Trustees James Allen, Leonard Campos, Stephen Karpman, Michiko Fukazawa, Alan Jacobs, and Jonathon Wagner.

Nuclear Freeze: Another Look

By Alan Jacobs



The emotionality of the moment at last year's Eric Berne Award ceremony and the subsequent discussion of the proposal that ITAA support a nuclear freeze, and that we communicate this to selected political agencies and persons, prompts me to write this paper questioning the wiseness of both the freeze proposal and our decision to "poll" the membership in the manner in which we did (see Nov. 1982 *Script*). To simply ask people to support the idea of a freeze without some background information on what a freeze does or doesn't mean tended to stack the deck in favor of the proposal without really opening up the question to rational discussion and analysis. That people would respond with positive affirmation was a foregone and predictable conclusion. After all, who wants nuclear war?

As Leon Wieseltier wrote (*The New Republic*; Jan. 10 & 17, 1983): "The fear of nuclear war - the most intelligent feeling of our time - has once again taken the form of a mass movement, with men, women, and children demanding not to be incinerated. The demand is moral, but it is also quite general. The same may be said of the demands of many of the movement's intellectuals. They linger long over the consequences of nuclear exchange, and then leap to visions of a better world. They write beautifully about the fate of

If there is anything as foolish as not thinking about nuclear weapons, it is not thinking about them enough.

the species and the fate of the earth. But nuclear war will not be prevented by poetry or philosophy; it will be prevented by policy. Whatever else the bomb is, it is a practical problem. It demands solutions, not merely sentiments; and it demands solutions that are not sure to be simple. There comes a point in the discussion of this very grave subject when eloquence . . . must be replaced by a cool and careful consideration of the danger in all its details. If there is anything as foolish as not thinking about nuclear weapons, it is not thinking about them enough.

"The Nuclear Debate, then has been too frequently diverted by the wrong kinds of discourse. It has consisted largely in fantasies that will profit us nothing and facts that we cannot quite understand. The citizens of this nation, and of the nations of NATO, are trapped between visionaries and experts. They are given sermons or systems analysis." In a sense then, the nuclear issue is oversimplified.

The problem with the ITAA *Script* newsletter poll was that it appealed to our catastrophic fantasies without giving enough of the information required to facilitate an informed choice. In all good intention and conscience, people who support a nuclear freeze may be defeating the very result they hope so fervently for; namely, total multilateral disarmament. For example, given the present state of affairs in Western Europe, a freeze **at this time** could conceivably give our adversaries the tactical and theater advantage necessary to start contemplating a first strike. It is possible that they could prefer a freeze because it gives them a rather substantial advantage in Europe, and it is quite possible that a freeze could have the opposite result of that intended . . . namely, an unbalanced situation which brings us closer to a nuclear exchange.

It isn't possible to discuss a freeze without a thorough look at what has been keeping the world from nuclear holocaust to this point: deterrence. That a freeze must eventually be effected is, of course, imperative. The question is, can it be accomplished with any degree of safety without a balance of deterrence? Can either side possibly afford to give the other the advantage? And are we, in support of the freeze movement, willing to assume that deterrence is useless and deserves to be chucked out with the bath? There are some who say we should disarm unilaterally. Yet one side having the advantage, even a nuclear monopoly, didn't stop Hiroshima or Nagasaki from being bombed. To quote Wieseltier again: ". . . the only thing more menacing to our security than nuclear strength is nuclear weakness . . . . The proper conclusion to be drawn from the shortcomings of deterrence is . . . that it doesn't go far enough. It must not be rejected. It must be completed. And it is complemented by disarmament, in the form of arms control. Deterrence and disarmament are complimentary concepts. The . . . policy for the nuclear powers may be put this way: no deterrence without disarmament, nor disarmament without deterrence."

This is but a small example of the breadth of the discussion warranted. This is not a time for emotional and hasty statements and sloganeering. We all want the same thing - a nuclear-free world. The question is how to achieve it. Informed opinion doesn't seem to be at a premium. We need more data, more discussion, and more dialogue. To those who say there isn't time and we must do something right now, before it is too late, I must say, there is also not time for either apocalyptic visions of total destruction which breed a kind of good intentioned hysteria, or a rather grandiose view of how much ITAA has to say about the matter anyway. We all want to do something about it, indeed. And we must consider doing it in the most effective way possible. This cannot be achieved without informed choice.

One alternative is the idea of deterrence *and* disarmament rather than what appears to be an emotional issue of freeze by itself. Freeze at some point? Certainly, but not now. To assume that, if someone doesn't support the freeze, they are pro-nuclear, I would ask, "Who, for God's sake, is 'pro-nuclear'?" Likewise, to say that they are war

This is not a time for emotional and hasty statements and sloganeering. We all want . . . a nuclear-free world. The question is how to achieve it.

mongers or conservative obstructionists (or worse) is not dealing with the issues and discussing the differences.

What we need is more information; for example, an entire issue of the *Script* Newsletter or the *TAJ* devoted to these questions. We could invite people to discuss the pros and cons of the various issues: freeze, deterrence, no first strike, tactical, theater and strategic nuclear weapons, limited and protracted nuclear war, etc. And, then, let's poll the membership, after it is in a position to render an informed decision.

Permit me to quote Leon Wieseltier once more: "This then is the situation. There is a party of peace, and the party of war, and the party of deterrence. The party of deterrence is too little esteemed by the public. This is not surprising, no masses ever marched in the name of realism . . . 'It is not for you to finish the work', said a rabbi of the second century, 'but neither are you free to desist from it . . . ' "

Special Issue of *TAJ* on Nuclear Disarmament

Dear Readers:

In the last year, many readers of the *Transactional Analysis Journal* and members of our association have become involved in the issue of nuclear disarmament and related issues; some have brought their interests and concerns to the *Journal*.

Using the thought-provoking article by Alan Jacobs printed in this issue of the *Script* as a stimulus, the Editorial Board would like to invite and urge you to spend some time thinking about issues related to disarmament, perhaps discussing it in your seminars, and to use our body of theory and practice plus your own life experiences to develop articles on this subject. I think we have powerful resources in this association which we would like to bring together in the October, 1984 issue of the *TAJ*, devoted to the subject of disarmament. I hope you will accept the challenge and send in your articles by June 1, 1984.

It has been the practice of the Editorial Board to utilize members with fields of specialization as resource reviewers in our review process. In order to update my file of resource reviewers, please let me know if you would be willing to serve in this capacity and your area of expertise. Recently we have needed assistance in the areas of research, sex therapy and organizational work.

The *TAJ* is always in search of good articles, particularly this year when there has been a decline in the number of articles submitted for publication. If you have been working on an idea, have been especially successful using a unique approach, or have a fascinating case study, share it with the rest of us by writing it up as an article and sending it to the *TAJ*.

I look forward to hearing from you.

Rebecca L. Trautmann, RN, MSW
Editor, *TAJ*

Impressive Start for Eric Berne Fund for the Future

The Development Fund Committee was authorized by the ITAA Board of Trustees at its August meeting to begin fund-raising activities for the ITAA with the goal of establishing a fund of $1,500,000 over the next five years. The drive, scheduled to begin in 1984, is designated the "Eric Berne Fund for the Future," in honor of our founder.

The Board has pledged its support for the project and has committed a $10,000 advance from ITAA operating reserves to begin the drive. This advance will be returned from the initial funds collected through pre-campaign pledges.

The Fund Development Committee consists of Chairperson Ted Novey, Abe Wagner, Denton Roberts and Ed Zerin. The broad spectrum goals for the Committee are:

1. Sponsor Research
2. Promote Use and Teaching of TA
3. Build World-Wide Unity
4. Support Professional Standards

The Board also appointed a Fund Disposition Committee to determine specific uses for the funds. Members of that committee are Felipe Garcia, Alan Jacobs, George Thomson, Rosa Krausz, Vincent Lenhardt, Steve Karpman and Dick Abell. A Fund Management Committee, consisting of financial trustees George Barnitt, Ted Novey and Denton Roberts was also established to develop procedures to safeguard the proper use of the funds.

The case statement written by Ted Novey describes how the ITAA has grown from a small group of people meeting in Eric Berne's study to an international organization with some five thousand members, more than 35% of whom live outside of the United States. The organization experienced a period of rapid growth in its early days, followed by a time of maturing and digesting. ITAA now functions as an international organization dedicated to:

- education and research in TA theory,
- public service,
- the training of competent therapists, educators and consultants,
- and serving as a source of information about TA through its international conferences and the publication of the *Transactional Analysis Journal* and the *Script* newsletter.

In supporting the organization through a fund-raising drive, the Development Fund Committee's first step is Phase 1, or the Organizational Phase. The Committee has already created the overall strategy. The case statement, developing fund-raising brochures, publicity materials, campaign council, founders group and group of honorary members all are being developed and refined for review by the Board in January.

The *Script* will keep you posted on the progress of this exciting and historic project. The creation of a permanent Eric Berne Fund for the Future will have an enormous influence on the establishment of world-wide recognition for Transactional Analysis.



Eric Berne, MD,
Originator of Transactional Analysis

1984 Summer Conference

We are happy to see the great deal of interest our members have shown in the 1984 Summer Conference in Switzerland, June 24 - July 1. More than 100 of you have already pre-registered for this exciting event.

For many members, this will be a 10 year reunion, since the original Conference in Villars was held in 1975. Workshops and contributions were presented by major TA and ITAA leaders in '75. Many of these members and more will be re-joining us in '84 for a full and inspiring summer program with the theme, "Transactional Analysis: Origins and Developments."

In Europe, this conference is being advertised as the Tenth Anniversary of TA in Europe. Our conference is co-sponsored by the EATA and we are thrilled to be coming together again for this joint effort.

The schedule promises to be a full one. Check-in will be after noon on Sunday, June 24. We will offer exams, examiner training, and committee meetings. The scientific program will take place Tuesday through Saturday and, for the most part, has been planned with morning and late afternoon sessions to keep mid-day open for the rich and varied social program that the Club Med offers. In addition, evenings will also be free for specially planned events and gatherings of friends.

Travel Tips from Edie

Edie Bogusky, our Travel Coordinator for the 1984 Summer Conference in Villars, Switzerland, has been energetically investigating every avenue for the best travel options for our members.

So far, she says that charters may be your cheapest bet. Check the travel section of your newspaper to see about the possibility of joining one. For example, the Council on International Educational Exchange (CIEE) has one departure per week, with a San Francisco-Geneva round trip fare of about $800. Although their departures won't be set until January, 1984, you can call their toll-free number in New York (800-223-7402) for more information.



Edie has also spoken to every commercial airline company and found that all the fares are comparable. However, she thought that Swiss Air provided the best service, the friendliest representatives and all the little amenities (such as free earphones and drinks) that make flying more enjoyable. In addition, they also have a stop-over option for just $25 extra. Sample round trip fares are $1020 from San Francisco and $730 from New York, with extensive flight schedules throughout Europe. The ITAA is designating Swiss Air as our official airline for the 1984 Villars Conference and we'll be writing more in the future about the possibility of special discounts and arrangements.

Swiss Air rates will increase 3% in April. In addition, the 100th Anniversary of the Oberammergau Play in Germany takes place in June, July and August, so many airlines are already booked. In general, therefore, it is best to make your reservations and buy your ticket as soon as possible.

Exciting Tour Options Available

Edie has also been looking into two special tour options for ITAA members attending the Villars conference:

1. **Queen Elizabeth II** - round trip departing New York June 13; arriving England, June 18. Includes air fare back from London to any port of entry after the conference. Approximate cost: $1545 (open return).

2. **Post-conference One Week Land Tour of Southern France** - ending with a stay in Paris. Cost: approximately $390. Includes six nights' lodging, two meals per day and land travel (bus) for the week.

Note: both tours are subject to cancellation in the event of insufficient advanced reservations.

For information on all these options, fill out the form below and return to Edie's travel agent, Elsa, at Trips Unlimited, 4501 Maryland, St. Louis, MO 63108. (Phone: 314-361-1176).

_____ Yes, I am definitely interested in the QE II option (about $1545 round trip). Reserve a space for me and send more details.
_____ Yes, I'm definitely interested in the one week post-conference land tour of Southern France and Paris (about $390 round trip). Reserve a space for me and send details.
_____ Send me more information._____

_____
Name

_____
Address

_____
City/State/Country

_____ _____(___)_____
Zip Phone

Examinees Passed

New Certified Members Examined in 1983

May 24 in Rio Grand Do Sul, Brasil; June 30 in Yugoslavia; July 3 in Rome, Italy; July 22 in Unley, South Australia; August 3 in Oakland, California; and September 17 in Wellington, New Zealand

Deloris Ahlin, MS, CM, Chappaqua, New York
Anne Barkaway, CM, Hawthorndene, So. Australia
Jean Briars, CM, Dorset, England
Margaret Callahan, MS, CM, Rye, New York
Helen Campbell, CM, Christchurch, New Zealand
Wayne L. Carpenter, MDiv, CM, Ft. Collins, Colorado
Cristiana Colarizi, MD, CM, Rome, Italy
Ana Tholenaar De Borbon, SFM, Santo Domingo, Dominican Republic
Mirjana Divac-Jovanovic, CM, Belgrade, Yugoslavia
Charles Ellwanger, BA, CM, Lakeland, Minnesota
Susan T. Galvin, CM, Watertown, Massachusetts
Helmut Harsch, PhD, CTM, Wickengasse 3, W. Germany
Happy Jones, CM, Memphis, Tennessee
Anna Kohlhaas, MD, CTM, Waldkirch 2, W. Germany
Karin Lenz-Pendanam, SFM, Luedenscheid, W. Germany
Elena Llanos Lopez, CM, Barcelona, Spain
Jelena Manojlovic, CM, Bilecka, Yugoslavia
Rosamond E. McIntyre, CM, McAllen, Texas
Alain Menegaux, MD, CM, Beancon, France
Paul Morreau, CM, Christchurch, New Zealand
Priscilla Mueller, CM, Brookline, Massachusetts
Michael L. Myers, MDiv, CM, Eugene, Oregon
Massimo Nusca, PhD, CM, Rome, Italy
Linda R. Peacock, MEd, CM, Lancaster, Pennsylvania
Gene Penner, MS, CM, Newburgh, New York
Nada Polovina, CM, Belgrade, Yugoslavia
Sonja Radojkovic, BA, CM, Beograd, Yugoslavia
Lyman Rigby, MA, CM, Panama City, Florida
Sharon Roth, CM, Corona, California
Almut Rottenbacher, CM, Gleisdorf, Austria
Johannes Schneider, MD, CM, Eichhof, W. Germany
Andres Senlle Szodo, PhD, CM, Barcelona, Spain
Jelica Todorovic, CM, Belgrade, Yugoslavia
Maria Salete Valente, CM, Niteroi, Brasil
Lukrecija Vranjesevic, CM, Belgrade, Yugoslavia

Special Note: we need your participation on ITAA committees! If you are interested in serving on one, please contact Executive Director Susan Sevilla at the ITAA office. We look forward to hearing from you.

U.S. Postal Service
STATEMENT OF OWNERSHIP, MANAGEMENT AND CIRCULATION
(Required by 39 U.S.C. 3685)

1A. TITLE OF PUBLICATION	1B. PUBLICATION NO.	2. DATE OF FILING
The Script	0154735300	October 1, 1983
3. FREQUENCY OF ISSUE	3A. NO. OF ISSUES PUBLISHED ANNUALLY	3B. ANNUAL SUBSCRIPTION PRICE
Monthly except January, May and September		

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1772 Vallejo St., San Francisco, CA 94123

5. COMPLETE MAILING ADDRESS OF THE HEADQUARTERS OF GENERAL BUSINESS OFFICES OF THE PUBLISHER (Not printer)
same

6. FULL NAMES AND COMPLETE MAILING ADDRESS OF PUBLISHER, EDITOR, AND MANAGING EDITOR (This item MUST NOT be blank)
PUBLISHER (Name and Complete Mailing Address)
International Transactional Analysis Association, 1772 Vallejo St., San Francisco, CA 94123
EDITOR (Name and Complete Mailing Address)
Peter Pearson, c/o ITAA, 1772 Vallejo St., San Francisco, CA 94123
MANAGING EDITOR (Name and Complete Mailing Address)
Robin Fryer, c/o ITAA, 1772 Vallejo St. San Francisco, CA 94123

7. OWNER (If owned by a corporation, its name and address must be stated and also immediately thereunder the names and addresses of stockholders owning or holding 1 percent or more of total amount of stock. If not owned by a corporation, the names and addresses of the individual owners must be given. If owned by a partnership or other unincorporated firm, its name and address, as well as that of each individual must be given. If the publication is published by a nonprofit organization, its name and address must be stated.) (Item must be completed.)

FULL NAME	COMPLETE MAILING ADDRESS
International Transactional Analysis Assoc. - a non-profit educational corporation with no stockholders	1772 Vallejo St., San Francisco, CA 94123

8. KNOWN BONDHOLDERS, MORTGAGEES, AND OTHER SECURITY HOLDERS OWNING OR HOLDING 1 PERCENT OR MORE OF TOTAL AMOUNT OF BONDS, MORTGAGES OR OTHER SECURITIES (If there are none, so state)

FULL NAME	COMPLETE MAILING ADDRESS

9. FOR COMPLETION BY NONPROFIT ORGANIZATIONS AUTHORIZED TO MAIL AT SPECIAL RATES (Section 423.12 DMM only)
The purpose, function, and nonprofit status of this organization and the exempt status for Federal income tax purposes (Check one)
☐ (1) HAS NOT CHANGED DURING PRECEDING 12 MONTHS ☐ (2) HAS CHANGED DURING PRECEDING 12 MONTHS (If changed, publisher must submit explanation of change with this statement.)

10. EXTENT AND NATURE OF CIRCULATION	AVERAGE NO. COPIES EACH ISSUE DURING PRECEDING 12 MONTHS	ACTUAL NO. COPIES OF SINGLE ISSUE PUBLISHED NEAREST TO FILING DATE
A. TOTAL NO. COPIES (Net Press Run)	5500	11,300
B. PAID CIRCULATION 1. Sales through dealers and carriers, street vendors and counter sales	N/A	N/A
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C. TOTAL PAID CIRCULATION (Sum of 10B1 and 10B2)	4500	4351
D. FREE DISTRIBUTION BY MAIL, CARRIER OR OTHER MEANS SAMPLES, COMPLIMENTARY, AND OTHER FREE COPIES	10	5969
E. TOTAL DISTRIBUTION (Sum of C and D)	4510	10,320
F. COPIES NOT DISTRIBUTED 1. Office use, left over, unaccounted, spoiled after printing	990	980
2. Return from News Agents	N/A	N/A
G. TOTAL (Sum of E, F1 and 2--should equal net press run shown in A)	5500	11,300

CALENDAR

January 23-28, 1984 ITAA Winter Congress, Santo Domingo, Dominican Republic
June 24-July 1, 1984 ITAA Summer Conference, Villars, Switzerland

Exam	Exam Date	Location	Application Deadline
Level I (CM/SFM) Oral Exams	November 13, 1983 November 17, 1983 January 25, 1984 May 12, 1984 June 25, 1984 November 11, 1984	Paris, France Adelaide, South Australia Santo Domingo, Dominican Republic Sao Paulo, Brasil Villars, Switzerland Brussels, Belgium	August 15, 1983 August 19, 1983 November 7, 1983 February 10, 1984 March 23, 1984 August 10, 1984
Level II (CTM/SFTM) Oral Exams	January 25, 1984 May 12, 1984 June 25, 1984 November 11, 1984	Santo Domingo, Dominican Republic Sao Paulo, Brasil Villars, Switzerland Brussels, Belgium	November 7, 1983 February 10, 1984 March 23, 1984 August 10, 1984
Level I (CM/SFM) Written Exam	November 11 & 12, 1983 March 9 or 10, 1984 July 13 or 14, 1984 November 9 or 10, 1984	Location to be announced Location to be announced Location to be announced Location to be announced	August 15, 1983 December 9, 1983 April 13, 1984 August 9, 1984

All fees are due by the application deadline. All exam fees are non-refundable, but will be kept as credit in your account (except the oral application fee which must be paid each time a trainee applies for an oral exam) if at least 30 days written notice is given for cancellations. Otherwise, fee is forfeited. Fees: written exam - $90 US/Canada (a $10 administration fee will be deducted for cancellations received prior to the 30 days deadline); all other countries pay a $15 written exam recording fee to the BOC and $35 to the reader/scorer. Orals application - $75, non-transferable. Oral exam - $50. Contract filing fee - $30. All fees must be paid in US funds.

To Members in Training . . .

. . . *From the Board of Certification*

All persons who have an informal training contract should submit the following statement if they began their training prior to January 1, 1983 and if they would like to be examined under the requirements that were in effect prior to January 1, 1983. This statement must be signed by the trainee and the sponsor and submitted to the Board of Certification (BOC) at ITAA headquarters, ATTN: Jackie Ward-Flaggs by December 31, 1984: "Since I began TA training prior to January 1, 1983 it is my intention to be examined under the policies and requirements that were in effect at that time."

. . . *From the Training Standards Committee*

The ITAA still requires Training Contracts for those persons seeking Certified Membership. New contracts, which were approved as of October 15, 1983, are available upon request from the ITAA office, ATTN: Jackie Ward-Flaggs.

Board of Certification "Grandfathering"

All ITAA Certified Members (CM's, SFM's, TM's) have the opportunity to be certified by the Board of Certification (BOC) as a Level I (CM/SFM) or Level II (TM) Transactional Analyst without examination if their application and the $25 application fee is received in the ITAA office by the January 31, 1984 deadline. All persons applying after this deadline will have to be certified by taking the BOC examination. Below is the application form.

Dear Board of Certification:

I, _____, am applying to be certified by the Board of Certification without examination.

Check the following statements which apply to you. (Please read them all.)

_____ No, I have not been found guilty of any criminal or ethics violations.
_____ No, I have not had criminal or ethics charges filed against me.
_____ Yes, I have been found guilty of criminal or ethics violations. (Please explain the circumstances on a separate page. In the event that we need more information we will contact you.)
_____ Yes, criminal and/or ethics charges have been filed against me. (Please explain the circumstances on a separate page. In the event that we need more information we will contact you.)
_____ I am currently a Certified Member of the ITAA and I have enclosed the $25.00 (U.S. funds) application fee.*
_____ I was a Certified Member of the ITAA on _____ (date) and I have enclosed the $50.00 application fee.*

_____
Name Status
(Please PRINT as you wish it to appear on the certificate)

_____
Address Phone

_____

_____

_____
Signature Date

* Please make checks payable to the ITAA/BOC in U.S. funds only.

1984 ITAA-ALAT Winter Congress

Santo Domingo, Dominican Republic January 23-28

Special Note: closing deadline to pre-register for Winter Congress is December 16, 1983.

After their recent trip to Santo Domingo to finalize preparations for the 1984 Winter Congress, Program Committee Chairperson Rosanne Lawson and ITAA Executive Director Susan Sevilla reported that the beautiful resort location and the unique co-presented scientific program offer the promise of a very enjoyable and stimulating conference week.

The two hotels serving the Congress are beautifully situated in downtown Santo Domingo, with the Hotel Santo Domingo right on the shoreline and the Hotel Hispaniola just behind it and across the street. They occupy 24 acres of garden with an Oscar de la Renta ambiance in which Carribean charm is combined with contemporary comfort.

Sitting in front of the Hotel Santo Domingo is a lovely seven kilometer promenade known as El Malacon, which is perfect for jogging or strolling under the palm trees. The coastline of the city itself is composed of sharp black rock with a drop-off which makes bathing impossible. However, sun-seekers can easily choose one of the two large hotel pools or the beautiful white-sand beaches only 20 minutes away. Lighted tennis courts and a shopping arcade add another dimension to playful possibilities at the conference site.



photo: Susan Sevilla

Marta Beato de Herrera and Ana Tholenaar de Borbon, who are working very hard to plan a wonderful Winter Congress, in front of their institute, Creciendo, in Santo Domingo.

Ana de Borbon, our on-site conference coordinator, is making all the necessary arrangements for a super Congress. A reception committee will be waiting to greet you upon your arrival at the airport in Santo Domingo and to help you get through customs and on to the hotel. In the process of firming up the scientific program, she has rearranged the Saturday schedule so that we can hold our Men's and Women's Caucuses over box lunches at the beach off Boca Chica. It will be a perfect way to wind down after a very full week.

Ana has made arrangements for side trips each day of the Congress, but she is also aware that many people may want to stay after the Congress is over for a bit of vacation time. There are many options available for doing so. If you are interested in details, please contact Ana directly.

Car rentals are available at both hotels with many intriguing options for local trips and touring. Santo Domingo has one of the largest zoo habitats in the world, a two-million-square-meter botanical gardens, five museums ranging in subject matter from modern art to archeological artifacts and, of course, numerous historical sites. If you do not want to rent a car, special tour arrangements can be made through the hotels.

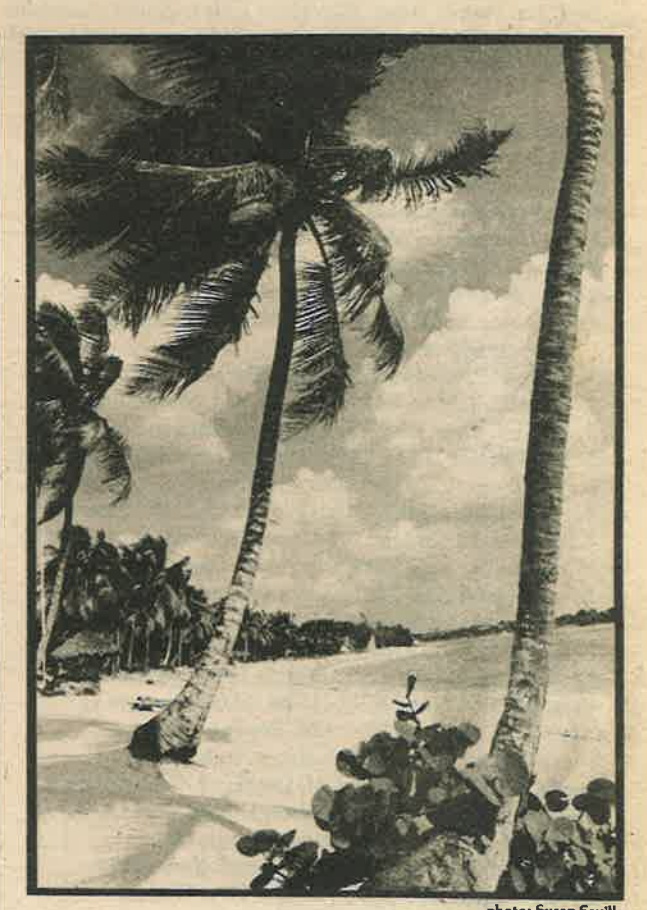

photo: Susan Sevilla

Casa de Campo Beach, about 1½ hours from the 1984 Winter Congress site in Santo Domingo

The nightlife in Santo Domingo doesn't stop and there are enough restaurants, discoteques, casinos and pubs to keep everyone happy!

I was impressed by the sophisticated and rapidly growing TA community in the Dominican Republic. Under Ana's leadership, they have promised to roll out the red carpet and provide you with a visit that will make you want to come back for more.

I do hope you will join us in January.

Con Mucho Gusto,
Rosanne Lawson
Program Committee Co-chairperson

Important Conference Information

Refund Policy - for the upcoming ITAA conferences in Santo Domingo (January, 1984) and Villars, Switzerland (June, 1984) it will not be possible to offer refunds for those who have registered and are then unable to attend, unless someone is found to take your place. Please only register if you are certain you can attend.

Personal Cancellation Insurance - we also strongly recommend that you purchase short-term trip cancellation insurance which is available from Travelers Insurance Company at reasonable rates. Trip cancellation insurance will provide reimbursement to you for non-refundable travel arrangements, including air and land transportation, should you have to cancel your trip due to personal/family illness or other covered reasons. For example, you can purchase $1,000 of coverage for $40. In addition, Travelers also offers baggage and accident/life insurance. More information on this insurance offer will be sent to those who register for these conferences with their confirmation form.

* * * * * * * * * *

You Deserve a Treat Next Year - Come to Santo Domingo!

Dear Fellow Members:

I've just returned from a three-day trip to the Dominican Republic where Ana de Borbon, Susan Sevilla and I finalized plans for the ITAA/ALAT Congress. I now understand why Ana loves her country so much - as you will too if you are planning to join us in January. If you are still weighing the options, I invite you to give yourself an unforgettable experience (or special gift) to start off the New Year.

We have structured the Congress to allow you ample time to participate fully in the scientific program as well as opportunities to tour, shop and visit the beaches . . . and you'll want time for everything! The institutes and workshops are high quality and choosing among them will be a challenge. In addition, the professional exchange groups offer a refreshing new direction in the overall structure of conferences.



photo: Susan Sevilla

Iglesia de las Americas, where Christopher Columbus is buried

- An Invitation to Join -
The International Transactional Analysis Association, Inc.
1772 Vallejo St., San Francisco, CA 94123
415-885-5992
New Affiliate Membership

Benefits - quarterly *Transactional Analysis Journal*; *Script* newsletter 9x/year; membership directory; reduced conference registration; car rental discounts; for US members only, group life and health insurance plans.

Dues - $40/year (Please send check or money order in US currency payable on a US bank if applying from outside the US)

Name and Degree

Address and State/Country Zip

Phone Amount Enclosed

☐ Please send me information about membership categories leading to possible certification in Transactional Analysis

Members: please pass this Script *on to a friend or non-member and invite them to join you in ITAA!*