THE SCRIPT®

Volume X, Number 7 September, 1980

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION. 1772 VALLEJO ST., SAN FRANCISCO, CALIFORNIA 94123



The Body as Metaphor

By George Leonard

The following is a summary of George Leonard's key-note address to the 1980 Summer Conference in Oakland, California.

I guess by now you've all heard the Chinese curse, "May you live in interesting times." Yes we are cursed, I think, to live smack in the middle of perhaps the most interesting times since 5000 years ago when an agricultural surplus ended the dominance of tribal life and made possible the creation of the first great nation-states. This was the birth of what I call Civilization.

Those were really interesting times because, wherever and whenever the surplus arose, whether it was rice in the Orient, grain in the Near East or, 1200 years later, maize in Meso-America, some very important things occurred. These included the development of cities, impressive ceremonial centers such as the great pyramids, the priesthood and marketplaces. These institutions were not a part of the lives of hunting and gathering bands or tribal farming cultures. Marketplaces with abstract money, writing, legalism, bureaucracy, standing armies, territorial war, slavery, castes and classes were all ways of dealing with the surplus.

Maybe most important of all was the notion of the human individual as a component in the social machine. Louis Mumford has theorized that the machine was not really a development of the industrial age, but of the pyramid age, when human beings became components of a great labor machine. Now, a component, in order to work, must be specialized and standardized, reliable and predictable. As we all know, a human being, by nature, is not standardized and specialized, but something far more fluid, sinuous, reactive and adaptable. As Sigmund Freud wrote in *Civilization and Its Discontents,* "The liberty of the individual is no gift of civilization." In order to do Civilization's work of dominating the earth and other people, it is necessary for the individual to be somewhat out of touch with his or her own feelings. If you are really aware of your own feelings then you are able to feel for other people, and there are certain things you won't do.

This state of recurrent and constant dis-ease, both physical and psychological, is what I refer to as NDD-neurosis/disease/discontent, and it appears to be necessary for Civilization to survive. Whether we are members of pyramid-building gangs, or nuclear physicists, or professors of comparative literature, we gain our power by specialization, standardization, predictability and reliability. In this light, neurosis, up to a rather high breaking point, is adaptive rather than maladaptive for success. It keeps us discontented and working. The job of most psychotherapy is, in fact, not curing the client of neurosis, but helping him or her build, polish, tune-up and test out a new neurosis to replace the old, one which will keep up the requisite level of discontent, but in a manner that is more acceptable to the self and society. There may be no true end to neurosis until we have a transformation of society and culture.

Giving up the neurosis structure, the games, if you will, is extremely frightening. It will involve the death of the splendid darkness we call Civilization and the birth of a new epoch that I call Transformation. It will require changes in how we organize society, handle matter and energy, and shape consciousness itself. In other words, I am proposing a change in what we have so carelessly called human nature.

Now those of you who are historians will say, "Human nature never changes. Look at history and you'll see." And that is exactly right. However, history only goes back 5-7,000 years, to the birth of the great nation states and the human journey on this planet goes back at least 1½ million years to when we lived in harmony with the natural ecology as members of hunting and gathering bands. The first great transformation or change in human nature came with the shift to tribal farming. The second came with the shift from tribal farming to the early civilized state. I'm asking simply that you change your scale of vision from historical to anthropological time. For those of you who are interested in the details of this process, it has been covered more fully in my book, *The Transformation.*

Those characteristics of Civilization that I outlined for you a moment ago can be summed up graphically with the exponential growth curve. You may remember a General Electric ad from about ten years ago that boldly proclaims: "In ten years we'll need enough electricity to run two Americas." There were no and's, if's or but's about it. We were offered no choice. Since World War II, our concepts about almost everything in our lives, including our ideas about prosperity, full employment, personal success and even what it means to be a man or a woman, have been dominated by that totally unbelievable growth rate. Doubling electrical power every ten years is a macho act, believe me.

Actually, those advertisements were unrealistic from the beginning. The men that ordered them simply failed to realize the awesome consequences of the doubling process. For example, take a lily pond in which the lilies covering the pond double every day. It might take 35 days for the pond to be half covered. If that process continued, one day later the whole pond would be covered. It seems to me that we've come to that last day in the doubling process.

Jonas Salk, in his book, *Survival of the Wisest,* points out that, whenever we see an exponential or doubling curve, like the one that shows the multiplication of fruitflies, watch out, because that curve is either going to level off or crash out. Claude Summers, in the September, 1971 *Scientific American,* shows that if power continues doubling every ten years, in ten doubling periods the amount of energy heat from the use of electricity in the US would be equal to the heat of the sun. It would be like having two suns shining on us every day, which is, of course, impossible. I figured that the doubling would stop in the year 2000. Actually, it stopped in the 1970's. It is over and done and with it a way of life, make no mistake about it. We can only hope that we have enough wisdom to voluntarily level out of that growth. We can choose whether it will be a terrible crash, producing a sort of police state or some kind of benign transformation. Perhaps it will be something halfway in between.

There are signs that some people in the US, a still small but not inconsequential minority, are opting for transformation. Although she somewhat over-states her case, this trend is described in Marilyn Ferguson's book, *The Aquarian Conspiracy.* These transformational conspirators are hoping to make the interesting times in which we live into an exciting challenge rather than a curse. Right now this new constituency, as I am calling it, is not conscious of itself and therefore does not yet have power, but I think that is going to happen over the next few years. The new constituency is made up of people involved in self-help groups, holistic health, voluntary simplicity, human potential practices and alternative therapies, for example. In spite of the obvious over-lap, I would say the total number of people included must be over ten million.

There are other positive symptoms of Transformation, including the libertarian movements of the last 20 years and, in a way, even the hippie movement. I want to make it clear too, that even if every type of therapy or new trip or movement individually did not work, that wouldn't stop the Transformation. We've come to the end of this particular line of development. It was necessary for building the world-wide communication network that now links us into what McLuhan calls the "single global village."

Another symptom is the new paradigm in science, particularly in modern physics, which, if summed up in one albeit simplified phrase, seems to be showing us that we are all one. This does not mean that we are not individuals. What it means is that paradox reigns, not certainty, that there is no way that we can stay totally separate from that which we observe.

continued on back page

November 1 deadline for hotel reservations for Winter Congress **—see page 6 for details**

Members Forum

Writers Please Note: keep those letters coming! We *love hearing from you! But please keep your letters to 400 words or less so that everyone who wants to write will have an opportunity to be heard. Thanks. The Editors.*

Exciting Future for *Script*

Dear Readers:

The results of the *Script* survey published last February have shown us that, of those who responded, a third felt that the *Script* reflects the views of the staff (another third felt that it reflected the views of the Board and the rest were divided). That threw me for a loop and I remembered that I used to feel the same way before I became Editor. Since becoming involved I feel differently. We are continuing to grow all the time and want to make the *Script* more **your** newsletter. The staff is fully in support of this process and, frankly, was a bit dismayed to find out that some of you feel it is their views which are most represented. We all want the *Script* to belong to you, our readers and members.

Other results of the survey indicate that the things you want to see more of in the *Script* are interviews, personal profiles, articles on TA in practice, new applications of TA and, most of all, news, news, news about **people**. We have been implementing some of this in the last few months and the next few will see much more happening. We will be trying some new things out (theme issues, profiles, one-liners on people, guest editorials, etc.). We welcome and urge your feedback. If this is going to be a newsletter that reflects your views, then we need to hear from you! I personally invite you to do what I did - become involved. We are excited about the potential we see for the future of the *Script* - join us and share the fun!

Ken Ernst, Editor

Connector Room Success

The Connector Room made its first appearance at the ITAA Summer Conference this year and from the feedback, comments and strokes that I have received, it seems to have been a huge success. Hundreds of people came by to connect with others, play games that were provided, listen to piano or guitar playing or attend one of the planned events. I feel honored and pleased to have been part of something that gave pleasure to so many people. I look forward to planning and organizing next year's Connector Room.

I want to particularly thank Muriel James, who originally thought of having a place where people could connect, the members of the Connection Committee, the ITAA staff, particularly Marianne Fraticelli who worked closely with me in making arrangements, and all those people who volunteered to help in the Connector Room. I heard so many good, positive comments about you who helped out and the service you provided to those who came by. Without your energy, ideas and commitment, the Connector Room could not have been such a big success. Thanks to all of you.

I would appreciate any strokes, stamps or feedback that anyone has to give me about the Connector Room. Send them to me at 5537 Waterman, Apt. 3W, St. Louis, MO 63112.

Edie Bogusky,
Chairperson, Connector Room.

The Script
(ISSN 0164-7393)
Newsletter of the International
Transactional Analysis Association
1772 Vallejo Street
San Francisco, CA 94123
(415) 885-5992

Editor ..... Ken Ernst, PhD
Managing Editor ..... Robin Fryer, MSW

Script Editorial Board (Sub-committee of Public Information and Professional Relations Committee): Les Kadis, Penee Field-Orfila, John James.

Deadlines: receipt in ITAA office on the first of the month prior to the month of publication; i.e., Jan. 1 for February issue.

The Script is published monthly (except January and August) by the International Transactional Analysis Association. The subscription rate is $2 a year as part of dues for all classes of membership. For information on dues rates for various membership classifications, contact the ITAA office at 1772 Vallejo St., San Francisco, CA 94123. Second class postage paid at San Francisco, California.

The editors reserve the right to edit material submitted for publication for taste, accuracy and length. Letters to the Members Forum should be limited to 400 words. Editing will be done responsibly and in such a way as to preserve the intent of the author.

Can't Top This!

Dear ITAA:

I typically enjoy myself at the Summer Conference, but this year was an exception. I had more fun than usual. The atmosphere was different than what I usually experience. I like the Oakland Hyatt real well. Their staff was courteous and helpful. How nice to be able to park nearby and not face the traffic of downtown San Francisco. The pool, gazebo, gardens and outside lunches were all just right for the way I like to relax. Many of my new, and old, friends commented on how relaxed they felt.

I noticed an absence of status symbols; i.e., ITAA badges did not have membership designations. I think this helped contribute to establishing such a friendly atmosphere. There was noticeably more caring, support and clarity in conference information that was sent out. Conference organizers deserve an enormous **Hurrah!** for their work. It isn't easy to move conference sites - and so smoothly!

Congratulations conference workers. Congratulations conference participants - for making this event so informative and fun. How comfortable I feel being among you.

Warmly,
Darryl Jones

Articles on TA and Family Therapy Wanted

Dear Article Writer:

The Editorial board of the *American Journal of Family Therapy* is very interested in receiving articles with a TA orientation. Because of their interest in TA theory in family therapy, immediate publication will be available for any TA manuscript accepted for publication. Two copies of each manuscript should be sent to Dr. S. Richard Sauber, Brown University Medical School, President Ave., Fall River, MA 02720 and one copy to me c/o EITAG, 1713 Pine St., Philadelphia, PA 19103.

In addition, the publisher, Brunner/Mazel, is willing to offer a free book to ITAA members who subscribe to the *American Journal of Family Therapy*. Subscriptions should be addressed to Brunner/Mazel, Inc., Publisher, 19 Union Square West, NY, NY 10002. Please specify your membership in ITAA and a special application will be sent to you so that you can select your free book (which actually costs more than the subscription itself).

I think this is a great opportunity for us to expand the influence of TA and I encourage everyone who is interested to consider submitting an article on TA and family therapy to the *American Journal of Family Therapy*. It is seldom that we get such an open invitation.

Yours,
Frances Bonds-White

Profile Jeff and Maggie White



"We are a successfully married couple and will continue to be." That is how Jeff and Maggie White of Perth, West Australia explain how they became involved in TA. While Jeff had read *Games People Play* in 1966, there was no opportunity to follow up on his interest in TA until he and Maggie attended a 1975 workshop in Australia led by Bob and Mary Goulding. They went to resolve some personal issues, and, at the same time, had a chance to see the process work. As long-time clinical psychologists, both were feeling dissatisfied with the traditional therapy methods they had been using. So much so that, in 1974, they toured the US, talking to different people and looking for alternatives. On this tour they kept hearing from varied sources about the Western Institute for Group and Family Therapy. Thus, their experience in the workshop with the Gouldings confirmed that they had been told and they knew this was what they had been looking for.

Jeff and Maggie report that there is a lot of enthusiasm and excitement about TA in Australia these days. From a nucleus of 23 people who attended a workshop given by John McNeel, a TA Study Group was formed which now numbers over 200 members, 70 to 80 of whom attend each monthly meeting. A separate organization called Workshop Seminar Institute was set up to arrange for visiting presenters and their policy of inviting only those whom someone in the group has seen present has resulted in consistently high quality workshops and a growing interest in TA.

Jeff, a TM, sees individuals, couples and families in his private practice and they run three groups weekly, one of which he and Maggie co-lead. Maggie, who is a PTM, leads a "double life" as a TA therapist and trainer on the one hand and as the Coordinator of Research for the Dyslexia Research Foundation on the other. She is currently doing her doctorate on the neurological aspects of dyslexia at Murdoch University. In addition, they have 23 trainees and are very excited to have just become the West Australia branch of the WIGFT.

They have three children and two grandchildren, and are proud and enthusiastic about the various interests their children have pursued. Their eldest son, Andy, has a lobster fishing business on a coral island surrounded by waters so unpolluted that it is possible to see ship wrecks many fathoms below on the ocean floor. Their daughter, Pippa, is, conveniently for them, a travel agent. Their youngest son, Tony, has a book store in Perth called TA Books and, having recently graduated in psychology, will be joining them in their practice.

Another important member of both their family and their practice is their dog Radar. He attends all their workshops and is an integral part of their groups. Jeff describes him as a very good therapist, nurturing those in bad spots by putting his head in their laps and doing guided fantasies lying on his back with his legs up in the air. The only thing he doesn't like is the bataca fights, particularly when someone starts hitting Maggie!

To get away from the pressure of work, Jeff enjoys playing golf and they both like to swim. Maggie is a great water skier and horse woman who used to play polo. They also enjoy traveling together and, as a tip to any of our readers who might be planning a trip to Australia, they offered that it helps make the long trip more enjoyable if it is broken up by brief play-stops in places such as Hong Kong, Singapore and Hawaii.

Sounds good, doesn't it? Well, even if you can't make the journey to Australia, you may see Maggie and Jeff at TA conferences and workshops around the world. Make sure you say hi!



Super canine therapist Radar White

Keeping in Touch



Fanita English (left), Laura Cowles-Boyd (right) and her daughter Susan Boyd with the Lord Mayor of Brighton. Not shown is Harry Boyd who is behind the camera.

Harry Boyd and Laura Cowles-Boyd presented three workshops at the EATA Conference in July. In May they were featured speakers for the Ohio TA Association annual meeting. A program entitled "Resistance: The Master Key to Cure" was well attended and enjoyed by all. Superb arrangements for the workshop were handled by Ed and Sue Perkinson. In October the Boyds will be guest speakers for the North Carolina Group Behavior Society in Wilmington, North Carolina.

Andie and Ira Kalina are proud to announce the birth of Noah Benjamin Kalina, 10 lbs., 3 oz., on July 4, 1980. Mother, baby, brother David and father are all doing well.

Part-time Position Available - 25% instructor or assistant professor position for a PhD in Adult Developmental Psychology, effective August 15, 1980. The person would teach a graduate course in adult development annually and participate, to a limited extent, in on-going or planned research projects that touch on issues in adult developmental psychology. Some experience with large scale survey techniques is necessary. Contact (by mail only) Maurice Korman, PhD, The University of Texas Health Science Center at Dallas, 5323 Harry Hines Blvd, Dallas, TX 75235).

Books and Translations

Rosa Krausz, PhD, PTM, announces the publication of her book *People and Organizations: Opponents or Collaborators?* in June, 1980. It is the first book on organizations published in Brazil by a Brazilian member of ITAA.

Miteinander Wachsen. Transaktionsanalyse fur Eltern und Erzieher (Raising Kids OK) by Dorothy Babcock and Terry Keepers was published in German as was ***Alle Meine Kinder: Heilung der Schizophrenie durch Wiederholen der Kindheit*** (***All My Children***) by Jacqui Schiff and Beth Day. Helmut Harsch indicates that new interest in TA will be generated in Germany by the publication of these inspiring books.

Jeffrey Zeig, PhD., CM, announces the October publication of *A Teaching Seminar with Milton H. Erickson, MD* (J. Zeig, Ed. & Commentary). The book is a transcript of a one-week teaching seminar that Erickson held for professionals in August, 1979. All royalties from the book are property of the Milton H. Erickson Foundation and will be used to support projects that promote and extend Erickson's work. Cost is $20 plus $1 shipping from Brunner/Mazel Publishers, 19 Union Square, NY, NY 10003. It will also be available in October from Trans Pubs at the same price.

Vicki Lachman, MSN, CPTM, has been traveling around the US doing stress management and conflict resolution workshops. A partial list includes: Nursing Association for Teacher Education, Pennsylvania State University Continuing Education, Pennsylvania Occupational Health Nurse Conference, American Association of Occupational Health Nurses Conference, Annual Seminar for Hospital Purchasing and Materials Managers, and the Pennsylvania Nurses Association Nursing East Conference. She is presently working on a book on stress management for nurses.

Thomas Clary, PhD, SFTM, reports that his article "Transactional Analysis: An Innovative Technique in Management and Organization Development", is being reprinted in a special "Back to Basics" issue of the *Training and Development Journal*. This June, 1980 issue features 13 of the publication's most popular articles from the past ten years. In his update for the article Clary writes: "When the original article was written, transactional analysis was viewed with skepticism by most and referred to by many as a 'fad' . . . . During the past decade, TA has been going through a period of fine-tuning, greater acceptance and broader applicability . . . . What has happened . . . is that practitioners of TA have integrated it with other workable concepts and theories from management science, organizational theory and other schools . . . . TA can add a unique and fresh perspective to more traditional concepts and theories. At the same time, it is flexible enough to be used in combination with skills and techniques from many areas."

Volunteer Position Available - as Director of counseling for the Hollywood Sunset Free Clinic for 3-10 hours weekly. The person must be licensed in the State of California. If you can help or just want more information, call Veloris Hipp, Counseling Administrator, after 5pm weekdays at (213) 660-2402 or send a resume to her attention at 3324 Sunset Blvd., Los Angeles, CA 90026.

International News

Europe - the European Association for Transactional Analysis (EATA) held elections for officers in July. The new officers are: Janne Blarke (Denmark), President; Anne Kohlhaas (Germany) and Annika Bjorck (Sweden), Vice-presidents; Martine Bussat (France), Secretary; and Jean Wilmotte (Belgium), Treasurer.

England - the Third International Conference on TA in Organizations was held in June, 1980 and once again organizational users of TA demonstrated their interest in the system. Participants, who were all company trainers or management consultants, came from seven European countries to take part in the event. American presenters included Sandy Powell, Brenda Jones, Dick Underhill, Steve Lankton and Steve Karpman. This was the first time Steve Lankton's psychological level communication method had been presented in England and his return (with his wife Carol) in October is eagerly anticipated. Surprisingly, according to conference organizer Ron Clements, this was also Steve Karpman's European debut and his success has assured his return to Europe in 1981.

The 1981 Fourth International Conference will be held in Ibeza, a beautiful island in the Mediterranean and details will be advertised in a future issue of the *Script*. Taibi Kahler has already agreed to present and other potential presenters and participants are encouraged to note the date (beginning the week of June 1, 1981) and to contact the organizer Ron Clements, 29 Paxton Gardens, Woking, Surrey GU21 5TS, England.

Belgium - the two Belgian TA associations, Association Belge Pour L'Analyse Transactionnelle (ASSOBAT, French speaking. President: Salomon Nasielski) and Vlaams Instituut Voor Transaktionele Analyse (VITA, Flemish speaking. President: Rag Van Parys), are conjointly organizing the First Belgian TA Conference on November 10 and 11, 1980 at the Sheraton Hotel in Brussels. Immediatley before, the EATA Council will meet November 7-8, and the official ITAA CM/SFM oral exams will take place on November 9. Anyone interested in presenting a workshop, panel or paper can contact Mil Rosseau, Molenstraat 40, B 2000 Antwerpen, Belgium. Examiners who can help with exams should contact Birger Gooss, Stettiner Weg 4, D 7808 Walkdirch Kollnau, West Germany.

Europe - the next EATA Summer Conference will be held in Ronneby, near Malmo, Sweden from July 5-10, 1981.

Australia - Paola Taylor and Ken Mellor write that many exciting things have been happening in their lives. They were married last year and on February 8, 1980 their daughter Bianca was born. Ken's "other baby," a book on option development and problem solving, is in the final stages of gestation and will hopefully be on the bookstands in a couple of months. He has also recently had articles accepted in the *TAJ* and several Australian publications. In addition, he has appeared on local television and in the newspaper talking about strokes and is the narrator for a film on reparenting produced by Margie Barr-Brown, a New Zealand PTM. Paola passed her TM in October, 1979 although she has temporarily retired. Ken is also kept busy doing workshops throughout Australia and New Zealand.

Europe - over 400 people met to take part in the Sixth Annual EATA Conference which took place from July 6-11, 1980 in Brighton, England. With 120 papers and workshops on the program, almost every aspect of TA theory and application, both clinical and special fields, was available from which participants could choose. While the majority of the participants were from Europe, an unusually large contingent of Americans was also present. Only the English weather was miserable. Those who attended were pleased with the quality of the presentations, the location and the smooth organization of the conference. A full social program included a 17-piece jazz orchestra, an Old Tyme English Music Hall, a guest appearance by the international singing group The Swingle Singers, and a civic reception given by the Mayor of Brighton. Out-going EATA President Raymond Hostie expressed his pleasure at seeing so many countries represented at the conference and newly-elected President Janne Blarke hoped that next year's conference in Sweden would be equally well supported and successful. *Our thanks to Conference coordinator Ron Clements for filling us in on the EATA Conference.*



EATA Conference Coordinator Ron Clements and his wife Barbara (center) help a participant with a problem.

Needed: Information About TA Training Workshops in Europe. Anne Kohlhaas, a member of the EATA Council and Vice-president of EATA is collecting information for a workshop compendium to let EATA members know about TA training workshops in Europe. She would like American TM's and PTM's who are doing European workshops to send her the following information for listing in the thrice-yearly compendium: dates, place, name of leader, title, language, price, contact address, and the address of the TA therapist in Europe who is responsible for follow-up if any participants will need further therapy. The last item is very important so that the people doing some therapy work in a training workshop will know where to go afterwards when and if they need further help. The deadlines for the three issues are: December 10 (February issue), April 10 (June issue) and August 10 (October issue). Send all information to Anne Kohlhaas, Stettiner Weg 4, D-7808 Waldkirch, W. Germany.

POST SCRIPT

THE ITAA BULLETIN BOARD

Guidelines: send only clean, photo-ready copy in one piece (preferably a stat). Do not send copy in several pieces pasted on cardboard. No xeroxes please. Submitter will be billed for any additional work necessary to prepare ad copy for publication. Location of announcements is up to the discretion of the managing editor. Please note: since we use a 10% color screen on ad pages for background color, it is not advisable to use photos or fine line drawings in ads. Both will lose clarity with the color screen. Bold, clear copy is preferable.

Deadlines: first of the month prior to the month of publication. Please note that second class mail delays mean that the *Script* may arrive up to two months after publication in some parts of the world. Ads should include dates at least two months from the time of publication.

Dimensions and Fees: Post Script Ads
Eighth page - 4½" across X 3¼" down $100
Quarter page - 4½" across X 6½" down $175
Half page - 9½" across X 6½" down $300

Ads in the Post Script have not been specifically investigated and their publication here should not be taken by the reader to imply any endorsement by the ITAA.

Classified Advertising

TRAINING WORKSHOP IN HAWAII JANUARY 3-9, 1981 by Ron Ching, CPTM, Ann Chandler, CPTM on treating Primary Relationships plus supervision, new tools, fine tuning. Beautiful setting in Makaha, Oahu, with swimming pool, exquisite cuisine. Be on the ground floor of Ann's exciting new theories and techniques. $500 includes tuition, lodging, food. $100 deposit refundable to Dec. 1. Write Ron Ching, 5290 Kalanianaole Hwy, Honolulu, HI 96921. Limited Enrollment.

SANDY LANDSMAN, MA, CTM AND ELAINE CHILDS-GOWELL are offering a 2½ day workshop/marathon/seminar on the Manic-Depressive Structure, October 24-26, 1980. The material and experience to be presented is based on new theory building through work with persons with this personality structure. Among the learning is energy management for the person who gets either hyper or depressed as a life style. Contact Elaine Childs-Gowell, 1211 E. Boston St., Seattle, WA 98102. (206) 329-4742. Cost: $150. $25 deposit for Friday seminar, $50 deposit for marathon.

Workshop Center FOR SALE

This lovely large residence on 12 acres of wooded mountainside is adjacent to thousands of acres of regional open space. Fourty-five minutes to San Francisco, one/half acre pond, many trees.

Living room has huge fireplace, open beam ceiling, glass on three sides, and a beautiful view of forest and San Francisco Bay. Master bedroom suite, plus three bedrooms, plus large group room. Three baths, beautiful and efficient kitchen, hot tub overlooks San Francisco Bay.

Large barn with five horse stalls, and tackroom, plus two domitories that sleep nine. Unfinished attic could sleep twelve more.

For the last seven years, we have been holding residential workshops of up to one month duration for as many as 18 people. The facilities could easily be expanded to accomodate 30. It's a magnificent home as well. $695,950. (415)851-8631.

SKYLINE SEMINARS

GEORGE THOMSON, PH.D., PSYCHOLOGIST

Box 350, Star Route 2
La Honda, CA 94020 U.S.A.
(415) 851-8175

ONGOING TRAINING

Professional Training in TA/Gestalt: Conducted by George Thomson and guest faculty. A weekly program for practicing therapists and advanced students. Theory and practice of Transactional Analysis, Gestalt Therapy, Redecision Therapy. Emphasis is on practice with theory following. Trainees work as therapist under supervision and may receive critiques of their professional work. Intensive training on initial interviews, diagnosis and script work, treatment planning and execution, termination and follow-up. Meets Monday morning from 8:30 a.m. to 12:30 p.m. for 20 sessions beginning November 10, 1980 and ending May 18, 1981. This training can meet the supervision and workshop requirement for Clinical Membership in ITAA. Write or call for more detailed course description. A weekend workshop is included in this fee. Prerequisite: TA101. Entire course $800.00. P.G. & C.C. in Redwood City.

WORKSHOPS

5-Day TA/Gestalt Workshops: Residential workshops conducted by George Thomson and guest faculty. Intensive 5-day training programs. theory and opportunities to function as therapist and receive immediate feedback and supervision. Each workshop includes a marathon and will emphasize a new development in TA, such as Impasse Theory, the treatment of suicide, Dreamwork. $450.00 including room and board at Skyline. December 8-12, 1980, February 23-27, 1981, April 20-24, 1981.

Weekend Workshops: Training programs in TA/Gestalt allowing for a high degree of personal involvement. George Thomson and guest faculty. 5p.m. Friday to 1 p.m. Sunday. October, 24-26, 1980, May 22-24, 1981. $250.00 including room and board at Skyline. January 23-25, and March 13-15, 1981 $200.00 without room or board at P.G.&C.C. in Redwood City.

Advanced Supervision Group begins in October. Write or phone for details.



LANDSMAN/FONER & ASSOCIATES
INDIVIDUAL & GROUP COUNSELING

COME TRAIN WITH:

SANDRA G. LANDSMAN, MA, CSW, CTM
and
MAXINE E. LOOMIS, RN, Ph.D., CPTM

7459 MIDDLEBELT ROAD • SUITE 1 • WEST BLOOMFIELD, MICHIGAN 48033 • (313) 851-5516

This year-long training program is for professionals and consists of numerous opportunities for personal growth and learning. Special emphasis will be placed on theories and techniques of Transactional Analysis with presentations on each of the major schools of T.A. The focus of this training is on individual and group practice and the integration of T.A. with a variety of theoretical approaches in the treatment of moderate and severe emotional disturbances by integrating T.A. with other therapeutic approaches such as hypnosis, bioenergetics, meta communication, visualization and imagery, Gestalt and bonding. This program may be used to qualify for advanced membership in the International Transactional Analysis Association.

WEEK-LONG INTENSIVE TRAINING AND TREATMENT SESSIONS AVAILABLE.

Announcing

Solution Training. . .

James R. Baugh, Ph.D.

. . .a structured therapeutic approach to solving problems.

Tapes: *(30 minutes each side)*

1. ***Introduction to Solution Training (Side A):*** *An overview.*

Major Blocks in Problem Solving (Side B): *Blocks in Belief System and Skill Deficits are discussed.*

2. ***Need System Assessment (Side A):*** *An assessment of the trainee's motivational system.*

Ineffective Maneuvers (Side B): *Maneuvers offering temporary relief and allowing the accumulation of distress when problem solving breaks down - a diagnostic system indicating training techniques needed.*

3. ***Problem Defining (Side A):*** *A step-by-step procedure for defining problems in a soluable manner.*

Therapeutic Coaching (Side B): *A three chair coaching technique which allows the trainer to give information and skill training without taking responsibility for the trainee.*

4. ***Program Assessment (Side A):*** *Analyzing the programs used by the trainee to satisfy the need systems.*

Habit Change Perscription (Side B): *A structured approach to changing the ineffective programs.*

PLUS:
Solution Training Manuel: A trainees workbook containing a diagnostic system and flow charts of solution training.

$39.95 plus $2.50 handling.

Mail Order to: (Payment included)

Solution Training
Suite 234 Highland Village
Jackson, MS 39211

Experience the creative and perceptive strategic psychotherapy of Milton H. Erickson



Featuring Keynote Speakers **Jay Haley** and **Carl Whitaker.** Other guests include Paul Watzlawick, John Weakland, Richard Fisch and Ernest Rossi, as well as 34 other national speakers and 15 international speakers.

Approved for AMA Category One and other continuing education credits.

The Congress program is acceptable for 40 elective hours by the American Academy of Family Physicians.

When: December 4-8, 1980

Where: Phoenix, Arizona

For Information:
Jeffrey K. Zeig, Ph.D.,
The Milton H. Erickson Foundation, Inc.
1935 E. Aurelius Avenue
Phoenix, Arizona 85020
Phone: (602) 944-6529

International Congress on
Ericksonian Approaches to Hypnosis and Psychotherapy

WEST LOS ANGELES GROUP THERAPY INSTITUTE
11665 OLYMPIC BOULEVARD
SUITE 300
LOS ANGELES, CALIFORNIA 90064
(213) 473-4463

TOM WILSON, M.D., C.P.T.M.
I am a psychiatrist certified by the American Board of Psychiatry and Neurology. I am currently an Assistant Professor at USC and have lectured and taught courses for USC, UCLA and the Los Angeles Group Psychotherapy Society. I am President of the Medical Staff at the Westwood Hospital in West Los Angeles.

Co-Director ROBIN HEIBER, M.A., L.C.S.W., R.M.
I am a Licensed Clinical Social Worker and a Regular Member of ITAA. I have had experience treating individuals and families as well as working with groups. I have assisted with workshops for the Los Angeles Group Psychotherapy Society and UCLA Medical Center.

The West Los Angeles Group Therapy Institute has been in operation since October 1974. Our focus is on training professionals to work with psychosis, especially schizophrenia, and other severe emotional disorders. The faculty works as a team and has been trained in reparenting and regressive techniques. Facilities of a widely known private psychiatric hospital are available for the purposes of training. The West Los Angeles Group Therapy Institute training program includes 101 courses and training towards ITAA CM membership. We also individualize programs for out-of-town trainees interested in psychosis and wishing to spend three days or more in intensive training with us. If you are interested, contact us at the above address.

Have you ever wanted to start a private practice in Therapy? Are you uncertain about the business risks? LIFEWORK Personal Development Systems can put you in business.

The Lifework System is based on a structured approach to psychotherapy and consultation. Utilizing advanced techniques in communications, this multi-media system provides a comprehensive program meeting your clients' needs for change and interpersonal development. A professionally designed business program simplifies all management problems and minimizes your business risks. We would like to license this system to select therapists who wish to develop a private practice.

This is not a franchise operation, but an opportunity for you to develop your own program. If you are interested, please write to the address below and include your resume and other information detailing your experience in personal development work.

LIFEWORK
P. O. Box 31155
Jackson, Mississippi 39206

lifework
PERSONAL DEVELOPMENT SYSTEMS

TRANSACTIONAL PUBLICATIONS
P.O. Box 3932 Rincon Annex • San Francisco, Ca 94119

WINNING WAYS IN HEALTH CARE
Transactional Analysis in Human Resource Development
Dorothy Jongeward and Muriel James — Paper $7.95
This workbook was designed for teaching TA applications to health care personnel. The aims of the workbook are to give each reader quick insight into how personality affects relationships, what motivates people, games played in health care settings, and how people structure their time with scripts that contribute to illness and health. Packed with questions and group exercises.

PROCESS POSTERS
Primary Process, Symbiotic Process, Therapeutic Process
Jean A. Maxwell — $5.00 each, set of 3 for $12.00
This triad of seven-color posters present a visual display of health and process for therapists, trainees, students. They include a content-free visualization of primary, symbiotic and therapeutic processes. Each poster is a definative unit; all three display the full range of transactional analysis congruity. The use of color combinations allow for the sensations of changing process while the sequencing enhances views of process progressions. They are an attractive display of theorectical and practical information.

HORIZONS IN BIOENERGETICS
New Dimensions in Mind/Body Psychotherapy
Joseph Cassius and contributors — Cloth $19.95
Fourteen psychotherapists present fresh insights into the integration of mind-body therapy with transactional analysis, neurolinguistics, family therapy, dreamwork, and much more. Contributors include John Bellis, Steve Lankton, Lois Johnson, and Elaine Childs-Gowell.

Shipping charge 5% ($1.00 minimum)
California Residents please add tax.
Free shipping to ITAA members on orders of $25 or more.

Guest Editorial

What Do You Say After You Say Oakland?



by Tom Nissley, MDiv, CPTM

The 1980 Summer Conference is history, with many good feelings and few apparent bad ones left behind. When it became necessary to move from the San Francisco Hyatt Regency because of the hotel strike, Marianne Fraticelli and Bob Andersen worked a miracle in switching the conference to the Hyatt Oakland - and in only a week's time. They deserve plenty of praise for the move. While it was not easy to do, it ended up being advantageous in many ways. The hotel, with a campus-like arena dominated by a large swimming pool, was less expensive and better suited for some of our needs. We were better able there to achieve some of the things for which the Program Committee and President Muriel James had been hoping. Who will forget "Muriel's balloons" and the sense of community which developed around the pool, the success of the Connector Room, the parents' meeting and the network programs? I also noticed with pleasure that there were fewer "official" parties to pull away the already overworked leaders of our Association, that there was a lot of cooperation from parents in the student programs and finally, the high energy of both the ITAA and hotel staffs.

In many ways, the Summer Conference is a barometer of the health of the Association. When there are good feelings at institutes, workshops, the business meeting and banquet (this year with good Chinese food in Chinatown, complete with bus rides to and from the City), they seem to radiate through ITAA like a redecision. The conference reflects our style and essence. We deserve to ask ourselves, after this success in Oakland, what do we want to do next? What do we as an international association want to say both to and about ourselves by how we do our major conference?

My dream goes like this: in the conference of the future our international awareness will up **up**, our scientific and educational credibility will be **up**, costs will be **down**, and there will be more emphasis on community building.

International Awareness - as the number of national and regional TA associations grows and the ratio of ITAA members outside the US increases, it behooves us to plan more for the feeling of an international congress. This has been reflected in recent years by requests for more translation facilities, more presentations given in the presenter's own language, and more conference sites outside the US. It will be important for us to work closely with the International Relations Committee and to give special attention to feedback from our members outside the US about their wants and needs.

Scientific and Educational Credibility - scientific credibility lags when so much emphasis is placed on presenting at the Summer Conference, as if the universal "Mom" pays more attention there. I would like to see trainers and trainees alike change their focus to helping to develop higher standards for continuing education in ITAA. For example, the whole structure of the conference program might be changed around. Shorter workshops might be given pre-conference, along with Board meetings, exams and committee meetings. Then the actual conference could be intensive institutes in which we could get involved in a scientific process that would offer a deep educational experience, even for those active in the politics of the organization. These would qualify as high quality, on-going education in anyone's judgment.

In addition, future conferences could stress more contact with members of the scientific community beyond our boundaries. There would be more outside presenters leading our institutes so that they would have a fuller dialog with us and us with them.

Costs - for many reasons, it will be necessary to trim costs for future conferences. My guess, and certainly a move which I would support immediately, is that soon we will be looking for college campuses that specialize in hosting conferences. A super-hotel is a nice place to visit, but the cost of running a conference in one suddenly renders that setting foppish rather than luxurious. A communal setting could provide room and meals on a scale less grand than we have experienced in the past but we would also be safer there. We could experience our own grandeur in a way that compensates for any imagined loss. There would still be super-hotels and restaurants nearby for those who want them, but the balance of conference planning would be weighted on the side of those who do not.

Community Buildling - finally, in my dream, there would be a great awareness of community building. What we have already experienced in the 101, institutes, and the Be Here Now program for families could be extended to allow continuing connection with a network group for every person who registered for the conference. Increased opportunity for community buildling might include meals in a common dining room (a benefit of many college campuses), a peer group that meets each morning from 8:30 to 10:00, a series of morning theme addresses, or afternoon field trips. There would be better continuity and a chance for more intimacy during the conference, well reflecting the needs and joys of membership in ITAA.

That is some of what my dream is. The Program Committee would like to know what yours is. So, whether you have a one-line comment or a whole page of ideas, this is a good time to let us know your thoughts and feelings. Send comments either to me at Ridgelea Institute, 109 Mayapple Rd., Stamford, CT 06903 or to Rosanne Lawson-Andersen, 2054 Filbert, San Francisco, CA 94123.

Tom is Director of the Ridgelea Institute in Stamford, CT and a member of the Program Committee. He was director of the Twenty Minute Theater at the Snowmass Conference and has been coordinator of the family programs at both the 1979 and 1980 Summer Conferences.

Very Important: Please Note!

1981 Winter Congress
January 14-18, 1981
Washington, DC

Due to the presidential inauguration that will occur immediately after our Winter Congress, hotel reservations for that period must be made well in advance. All reservations must be guaranteed by **November 1** and the hotel is requiring one night's room deposit in order to protect your reservation. Please make sure when contacting the hotel to indicate you are coming for the ITAA Winter Congress and whether you will be staying through the night of January 17, 1981.

International Inn

No. 10 Thomas Circle, NW, Washington, DC 20005

Reservation Form: ITAA 1981 Winter Congress, January 14-18, 1981.
To insure accommodations, reservations must be reserved by November 1, 1980.

Name_____

Home Address _____

City _____ State_____ Zip_____

Company Name _____

Address_____

City _____ State_____ Zip_____

Arrival Date_____ Departure Date_____

Check out time: 1 pm. Check in time: 3 pm. *Note:* reservations will be held until 6pm only, unless accompanied by an advance deposit or major credit card number. The hotel does not guarantee acceptance of reservations beyond the cut-off date.

_____ Single: $59 _____ Double: $74

Credit card type_____ Card Number_____ Expiration Date_____

Ad Hoc Committee on Education Formed

At its August Board meeting, the Trustees established an Ad Hoc Committee on Education and appointed me to chair it. The purpose of the committee is to support and encourage the integration of TA into educational systems in the US and around the world in kindergarten through graduate school.

The methods to be used to accomplish this include:

1. Information gathering concerning current educational application.
2. Dissemination of educational materials to the ITAA membership, the public, school personnel administrators, and professional organizations.
3. Encouragement of the initiation of TA courses and progress in all educational institutions.
4. Provide well-trained, qualified speakers and writers to national educational and professional organizations and their publications in order to gain support for such programs.
5. Improve the public image of ITAA and TA in general.

If you are interested in serving on this committee, please contact me at 6501 Elvas Ave., Sacramento, CA 95819 or call me at (916) 452-2608.

Al Freed, PhD

Committee members wanted - if you are interested in serving on one of the ITAA committees, please send a letter covering the qualifications and reasons you have for being on a particular committee to President Muriel James, PO Box 356, Lafayette, CA 94549.

Calendar

January 14-18, 1981 ITAA Winter Congress, Washington, DC
August 12-16, 1981 ITAA Summer Conference, Boston, Massachusetts

Exam	Exam Date	Location	Application Deadline
CM/SFM Oral Exams	September 15, 1980	Wellington, New Zealand	June 18, 1980
	October 10, 1980	Adelaide, South Australia	July 15, 1980
	October 25 or 26, 1980	Calgary, Alberta, Canada	July 30, 1980
	October 29, 1980	Ann Arbor, Michigan	July 31, 1980
	November 9, 1980	Brussels, Belgium	August 12, 1980
	November or December, 1980	South America	June or July, 1980
	January 13, 1981	Washington, DC	October 13, 1980
	January, 1981	India	October 1, 1980
	April 8, 1981	Nashville, Tennessee	January 8, 1981
	May, 1981	Seattle, Washington	February 2, 1981
	July 6, 1981	Sweden	April 7, 1981
	August 12, 1981	Boston, Massachusetts	May 12, 1981
	September, 1981	Caracus, Venezuela	June 1, 1981
	October, 1981	Montreal, Canada	July 1, 1981
	October, 1981	Adelaide, South Australia	July 1, 1981
	November 8, 1981	Zurich, Switzerland	August 11, 1981
	November 8, 1981	Yugoslavia	August 11, 1981
	February, 1982	Perth, West Australia	November 2, 1981
TM Exams	January 13, 1981	Washington, DC	October 13, 1980
	August 12, 1981	Boston, Massachusetts	May 12, 1981
Written Exam	September 26 or 27, 1980	To Be Announced	July 1, 1980
PTM Contract Workshop	January, 1981	Washington, DC	October, 1980
	March 18-20, 1981	Europe	December 18, 1980 (includes payment of $100 non-refundable application fee)

All fees are due on or before the deadline for applying for an exam. All exam fees are non-refundable but will be kept as credit in your account if at least 30 days notice is given for cancellations. Otherwise fee is forfeited. Fees: $75 written exam, $100 oral exam, $30 all contract filing fees.

Education Network Meets

The first meeting of the Education Network was held during the Summer Conference in August. Ideas expressed at the meeting included the following:

- there is a need to have qualified educators on exam boards for SFM education candidates. Having taught workshops or 101's is not sufficient.
- written exam updates need to include questions on developmental material.
- there is a need for educators to present workshops at TA conferences in which trainers can upgrade their skills in making presentations and teaching 101's and 202's.
- a 101 for educators might be given at an ITAA conference.
- is a separate/suborganization needed for educators in TA?
- consider what an OK-OK school system would be like as a way of setting goals and objectives in educational applications of TA.
- have an educational column in the *Script* for sharing ideas, news and swapping workshops with people in different parts of the world.

All present at the Educational Network meeting agreed that they wished to continue network meetings at future TA conferences. If you would like more information and a copy of the network newsletter (which includes names and addresses of those at the August meeting), please contact Otho Hesterly, 8 Brookfield Cove, Little Rock, AR 72205.



Exams in Rio d' Janeiro, Brazil - June 20, 1980. (Left to Right) Front row - Liane Bastos Vieira, CM; Guy Desaulniers, CM; Jane Maria Costa Pozatti, CM. Middle row - Martha Vecchio, PTM, examiner; Bill Holloway, CTM, SFTM, examiner; Francisco del Casale, CTM, examiner; Dilia Acosta Almeida, CM; Jorge Genaro Laurito, CM. Top row - Maria Regina Kettenhuber, CM, examiner; Paulo Vieira de Costa Lopes, CM; Alexandre E. Oliveira Filho, SFM; Dina Lourdes Fernandez Frutuoso, CM, examiner.

Training Notes

To all TM's - during the next year, PTM Contract Workshops will be held in January in Washington, DC, in March in Europe, in August in Boston, and in Australia at a date to be announced. I currently have a list of six TM's interested in participating in these workshops. I am looking for interested TM's who have not served previously as staff for PTM Contract Workshops. Please send a letter directly to me if you are interested.

Ellyn Bader, Chairperson
International Training Standards Committee

Training and Exams

Teaching Members - July 7, August 6, 1980
Val Garfield, San Rafael, California (CTM)
David Jarvis, MD, Seattle, Washington (CTM)
Carlo Moiso, MD, Roma, Italy (CTM)
Bethany Schachtner, Cupertino, California (CTM)
Margaret Turpin, MD, London, England (CTM)

Certified Members - June 16, 20, 1980
Dilia Acosta Almeida, MD, Rio De Janeiro, Brazil (CM)
Regina Balau, Sao Paulo, Brazil (CM)
Enrique R. Bravo, MD, Capital Federal, Argentina (CM)
Gerald Cartmel, MB, MRSC, Hamersley, West Australia (CM)
Roberto Caetano Castiglia, Rio Grande, Brazil (CM)
Guy Desaulniers, Porto Alegre, Brazil (CM)
Alexandre E. Oliveira Filho, Rio De Janeiro, Brazil (SFM)
Eraldo Fullone, PhD, Buenos Aires, Argentina (CM)
Sr. Columba Howard, SCNA, Subiaco, West Australia (CM)
Jorge Genaro Laurito, MD, Rio De Janeiro, Brazil (CM)
Liane Bastos Vieira, Porto Alegre, Brazil (CM)

Reminders

Upcoming Elections for Trustees

At the Business Meeting in August the following additions and deletions were made to the list of candidates for Board of Trustees published in the June, 1980 *Script*:
Deletions - Jonathan Weiss, Paul McCormick
Additions - George Barnitt, Richard Hutchins, Michiko Fukazawa, Raymond Hostie, Pearl Drego, Rosa Krausz, Steve Karpman.

A packet will be mailed to all voting members on approximately September 1, 1980. It will contain the ballot, candidates' statements and a return envelope. Ballots must be received by the counting house (Computers for Marketing Corporation, 88 First St., San Francisco, CA 94105) no later than October 8, 1980.

Want to Get Your *Script* Faster?

We want to remind all our readers that we have a special mailing list for the *Script*. If you will send us the cost of postage ($7.50 outside the US, $2.50 in the US/Canada) we will mail your copy of the *Script* to you by first class air mail. If you are interested, send your current mailing address and a check for the correct amount to Robin Fryer, Managing Editor, c/o ITAA office.

Call for Papers Upcoming Special Sections of *TAJ*

April, 1981 - Research

We are soliciting articles on research done in TA which have a strong research design and good methodology. If you have completed, or know of someone who has completed, good, solid research work in TA theory and its application, please contact John McNeel, Editor of the *TAJ*. **Deadline: December 15, 1980.**

July, 1981 - Techniques

We are soliciting articles on techniques used by TA practitioners in group, individual and workshop settings. This is a call for short papers which describe specific fantasy or interactional techniques which the author employs in the process of her/his work. The techniques should be effective means of gaining: script material, information about structure of ego states, information about couple or family structure, early decisions, etc. Do you employ techniques which are effective ways to: warm a group up, facilitate the process of reparenting, get people talking to one another, reveal rackets, demonstrate the various forms of time structure, or diagnose an egogram? This is a call for a description of specific techniques used for specific outcomes. Articles for this section should not exceed 1,000 words. **Deadline: March 15, 1981.**

John McNeel, Ph.D.
Editor, *TAJ*

The "Procedures for Handling Ethics Charges Within the ITAA" are available upon request from the ITAA office.

The Body as Metaphor (cont)

Perhaps the most encouraging sign of the Transformation is the new attitude we are developing towards our bodies. It might be seen as a healing, perhaps, of the ancient and Civilized split between the body and the spirit. George Gallup, the reknowned pollster, has called the fitness boom one of the most dramatic life-style changes of recent decades. It is claimed, for example, that in the last couple of years, two out of every five pairs of shoes sold in America are running shoes. Now this doesn't mean that we're all going out and running, but that it's become chic to wear running shoes. Now that's something different. Finally, there is the proliferation, in recent years, of what you might call the body therapies. It is all a symptom of the Transformation, something I like to call the rediscovery of the body.

Now, for something to be rediscovered, it had to have been lost somewhere along the route and that is what has happened to the human body over the past several millenia. In the West, our attempts to denegrate and vacate our bodies go back, according to historian Werner Yaeger, at least to the middle of the 6th century B.C. Up until then, the Greeks had simply assumed the unity of body, mind and spirit, an ideal we still admire in the masterpieces of Greek sculpture. But the 6th century was a tough time for the aristocrats and amateurs who created the Olympic games and other great ancient games. Under increasing competitive pressure, the games fell prey to bribery, cheating and rampant professionalism. So, in the 6th century, when the philosopher Xenophanes launched an attack on what he called "coarse, unintellectual strength of body," the idea caught on immediately.

Ever since the ancient Greeks, most of our Western religious leaders and philosophers have either ignored or degenerated the body. Thomas à Kempis referred to it as "that dung heap" and St. Francis wavered between chastizing it and reluctantly cooperating with what he called "brother body" or "brother ass."

We remember the Victorians for their narrow notion of sex, but, in fact, they did far worse than that. They let loose history's most bizarre attack on the whole body. In the US, the General Patton of the anti-bodies was Sylvester Graham, a lay preacher who invented the graham cracker. He began as a temperance lecturer, but in the 1830's he and a small army of like-minded folks turned their attentions to the evils of sexuality and all bodily feelings. Graham recommended in his best-selling book that we pay as little attention as possible to sensations that come from inside the body. "When we are conscious that we have a stomach or liver from any feelings in these organs, we may be certain that something is wrong." For Graham, sexual desire was a sickness and the sex act itself a catastrophe leading to a long list of terrible afflictions. His view, in the climate of the day, was generally accepted and his teaching became the major influence on the sex-hygiene manuals in use until World War II, and some places even later.

After Graham's death in 1851, the attacks on the body only increased, The effect was to make the whole body shameful, to turn the individual's attention and energy, not to the spirit, but almost entirely to the outside environment. Basically, what we have done is to vacate the body. Now, as you know, uninhabited dwelling places encourage vandalism. It is no wonder that truly spectacular maladies can run wild in the body without the knowledge of the self. Using the body as a learning or teaching machine, an aide in personal transformation if you will, is no good at all if the body is vacant, if nobody is at home. You can't have a marriage between mind and body if the body doesn't show up at the church! But when we finally reinhabit out bodies, a process which I believe is well underway today, we find that the body has really fabulous capacities of learning, changing and transforming.

I think this has certain implications for looking at the new therapies for the 1980's. The body is fully instrumented. It has thousands of feedback circuits. And the feedback is instantaneous. In addition, I think the body can be used as a kind of metaphor for all our actions. The way someone stands, for example, can say a lot about that person's stance in life and the way he or she handles and deals with outside problems. Shaking hands with someone sometimes gives you more information about that individual than an extended conversation. We might even go so far as to say that the body is a small, handy model of the universe, capable of revealing certain universal truths.

(Leonard then led the audience in a series of energy awareness experiences designed to give people the feeling of centering, soft eyes, energy moving between two people and giving power to problems. We wish we could give each of you the pleasure of sharing first-hand in the exercises. It was a very special time.)

The main point I am trying to get across to you with these experiences is that the use of the body can illustrate and act out all sorts of things like Victim-Rescuer-Persecutor and Parent-Adult-Child. Through the body you can get ways of complementing the kind of therapy you are doing and it might be particularly useful during this time of transformation.

To end with tonight, I have two stories I want to tell you. The first is called "The Power of the Unpublished Novel." I have a friend who was a bureau chief for one of the big newsmagazines, and some years ago, on the day of his retirement, I took him out to lunch. About half way through he said, "You know George, I wrote a novel too, just like you did." Now, you may not know that I wrote a novel, but he did. In fact he was one of the few readers of that novel. Anyway, he continued, "When I finished it I bundled it up and sent it off to a publisher. Six weeks later it came back with a letter enclosed that was the usual: 'we like your work very much, but it just doesn't fit into our inventory right now and we hope you'll let us see your next one.' Well, I knew that it took 20 submissions before *Gone With The Wind* was accepted, so undaunted, I sent it out again. This time it took seven or eight weeks to come back and again it said, 'letter enclosed.' I looked at the package and decided not to open it. Several times that day I started to, but I never did. Instead, I put it on my closet shelf and, you know George, it's still up there. If I ever open it, the letter might say 'if you would just put a different ending on it or do some work with this or that character, we would publish it and we think it would do very well.' And *I'll never know."*

Do you see the problem with that? As long as it stays on the closet shelf, it has infinite power. It has won the Pulitzer Prize and is on its way to the Nobel Prize. Now, unlike my friend, I published my novel and I know precisely its power. It sold 4500 copies, not quite the first printing. It got what's called "mixed reviews." But the thing is, I put it out there and then went ahead with all the other books. The problem with hording your power that way and not trying it out is that you might get blocked and bask in the power of the unpublished novel, the unattempted feat. I'm just suggesting that you use a little bit more of your power and go ahead and publish your novel, take your lumps and then go on to write another one.

When we finally reinhabit our bodies, a process which I believe is well underway today, we find that the body has really fabulous capacities of learning, changing and transforming.

The other story I want to tell you is called "How to Be a Learner." In 1967, after finishing *Education and Ecstasy,* I was exhausted and I went down to Big Sur for a rest at Esalen. There is a very great beauty to the place and one form of fauna in the hills above Esalen is the Mountain Men, otherwise known as the Big Sur Heavies. They have beautiful little cabins that they've built up in the hills and their culture is based on their own form of agriculture and their conga drums.

Well, when I got down to Esalen that weekend, still dressed in my city clothes, I found one of the heaviest of the Big Sur Heavies giving a conga drum lesson in the lodge. He was sitting in a ring of eight conga drums, one of which was unoccupied. Now, you must know this about me. I am not the kind of person who would ever leave a conga drum unoccupied. So I sat down and began taking my drum lesson. He taught a very good lesson and, seeing my city clothes, he never realized that I'd ever played conga drum before.

At the end of the lesson he walked over and said, "Hey man, you are a learner! I want you to come up to my place in the hills and teach me to be a learner. I do acetylene torch sculpture with metal and for a year I've been stuck. I'm no longer a learner." Well, I was startled and amazed. I couldn't think of anything nicer someone could say to me and he had no idea that I'd just finished a book the whole subject of which was how to be a learner. So I got Dick Price, one of the co-founders of Esalen, and we followed the Mountain Man's car up through the hills until we came to this beautiful place with a great view of the Pacific. We sat in his cabin trying out some of his agricultural products and then my moment of truth arrived. He took me out to his shed to show me his sculpture and said, "Now man, you've got to tell me. How can I be a learner?"

Now this was a very psychedelic experience. I'm suddenly put in the position of being a guru, which I totally refuse to do. But my mouth opened and the words came out. "Oh, to be a learner, you've got to be willing to be a fool." And I got back in my car and drove back down the hill.

About two weeks later I suddenly did a double-take and realized that that one sentence was more important than my entire book *Education and Ecstasy.* "To be a fool" - not like somebody who is dumb, but more like the Tarot fool. The number of the Tarot fool is zero, the most awesome number of all, the emptiness, the creative void from which all other numbers come.

It's like the story of the old Zen master who is visited by the very, very wise man who wants to know how to be even wiser. The Zen master began pouring tea for the wise man and when the cup was full, he continued pouring until the tea poured all over the table and all over the wise man. The wise man finally got it. If your cup is already full, there isn't room for any more. You've got to be willing to be a fool.

Perhaps the best example of this is the child who is learning to talk. There is probably some central, underlying verbal ability in the human organism, but there is still a lot of operant conditioning going on. Picture father leaning over the crib where infant son is babbling away, engaging in the free operant, as Skinner would say. Out of this comes the syllable "da."

Father goes crazy. "My son said dad! Did you hear that? That's great!" Now studies have shown that nothing is more reinforcing to an eighteen-month old than to have an adult smiling and going crazy right over his head. So, according to Professor Skinner, the probability of the child emitting that sound again is slightly increased. This goes on until "da" no longer gets such a reaction. And then one day the son makes a sound, "da-da." The father goes crazy again. The process, called successive approximation by the behaviorists, finally results in the child saying "daddy" and in that manner he learns to talk.

What would happen if we did not allow that baby to be a fool, but instead use the methods of modern pedagogy (school) on him? Son says "da." Father responds, "Son, that's not correct. Please repeat after me. The correct pronunciation is "daddy.' Repeat it after me fifteen times." What would happen? The child would probably never learn to talk normally.

How many things could we do if we hadn't been ridiculed or if we didn't ridicule ourselves? What if we were willing to be fools?

To be a learner you have to be willing to be a fool.

My final example for tonight is about the founder of judo. In the martial arts, as you may know, there is a system of belts. You start with a white belt and can work up to a tenth degree black belt. Well, when the great judoka was an old man he was far beyond even a tenth degree black belt. He gathered his disciples around him one day and said, "When I die, I want to be buried in my white belt." The mark of the beginner. I thought that was very moving, but then I realized that it was simply logical. When the judo master goes to his equivalent of the Pearly Gates and meets his equivalent of St. Peter, he is not going to say, "Look, I've got a black belt. I know how to do it all." All of us ultimately face situations in which we are beginners, if not in life, then when the final transformation comes at death, we must face it as a fool, as a learner.

And so, what I'd like to suggest to you as you go through the 80's, through these very interesting times of transformation and change and fantastic opportunity, are you willing to wear your white belt?