THE SCRIPT®

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INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION, 1772 VALLEJO ST., SAN FRANCISCO, CALIFORNIA 94123

Editorial Board Wants More Articles

Do you have a good idea? A new technique? A fresh hypothesis? If so, write it up (preferably, clearly), and send it to the Editorial Board. We want more articles. How about one from you?

Eric Berne used to say, "I'll look at your **tenth** draft." We won't hold out that long. Send us your 3rd or 4th. We do not have a back log. Therefore, your article will receive prompt attention.

Did you see the announcements in the *TA Journal* (April, '79) about a special edition on "What Constitutes Cure?" Also, have you thought about contributing a problem or solution to the new *Journal* page called "What Do You Do When . . .?" Send us your ideas.

For example, how about one on how TA can be used with dyslexic children? Or autistic children? Or when developing curriculum? Or current learning theories and TA applications? How about more outlines of special field programs that work? The application of TA to small businesses? Volunteer organizations? Multi-national corporations? Or common "cons" initiated by "bosses" and "subordinates" in various organizations? Or TA and culture shock? Or on how sub-cultural scripts are changing? Or how about a dialogue on how religious beliefs aid or hinder therapy? How might western and eastern religions be compared using TA? Or TA applied to the scripts of specific national leaders? Or new evidence of its effects on recidivism in prisons? Or maybe how TA can be used to learn how to fly a kite, sail a boat, build a house, plant a garden, learn a new skill, discover joy, and recognize transcendent experiences?

Since this Board has taken office, it's been an exciting, sometimes frustrating process. As editor, I wanted decisions of the Editorial Board to be made in a democratic manner, and without "driver" behavior. To accomplish this, the Editorial Board was expanded to 18 members. Regular ITAA members were included as well as CMs, SFMs, CTMs, and SFTMs. All have shown commitment to the task.

In addition to the Board, we initiated the process of using Resource Reviewers. 101 persons who are specialists in subjects other than TA volunteered to review articles in their field of expertise. During this period we used the services of 22 of them. The only reason we didn't use more is because we did not receive enough articles in their fields. However, this group is a real gold mine of talent.

Sometimes there is disagreement on the Board as to the value of an article. In such cases the article is sent out for additional reviews. We do not always make "perfect" decisions. However, we do make decisions as democratically as possible within the limits of our humanness.

I'm often asked about common problems of articles submitted to the *Journal.* Here are some:

- Too many subjects in one paragraph
- Lack of transitions
- Written as statement of fact when actually it is a hypothesis.
- Inaccurate use of theory
- Overgeneralized remarks without supporting data
- Grandiose claims of theoretical discovery or applications
- Titles not related to the subject
- Titles not clear or over-detailed
- Too short an article, therefore incomplete
- Too long an article
- Seemingly written without awareness of other writings on the same subject, or not foot-noting them
- Listing too many footnotes
- Sexist language
- Not following typing format required by typesetter as specified in the *Journal.*

NOW THE GOOD NEWS: along with problems, there is a lot of fine creativity and scholarship going into some of the articles submitted to the *Journal.*

- Precise research
- Fresh, new hypotheses
- Provocative ideas
- Clear, direct writing

And, most exciting, the interest in communicating useful information motivated by wanting to share ideas, not merely to get strokes from others of "Gee, you're wonderful, Mr/Ms Murgatory" nor to give strokes to oneself with "Look, Ma, no hands!"

A personal note to those of you who have submitted articles or who plan to: I really empathize and sympathize if you find writing hard. In spite of authoring or co-authoring 12 books (ten on TA, two on other subjects), and numerous articles, I find it very hard to write. I struggle and struggle to find the words or phrases or organization which will clarify what I want to say then I rework most of my writing about six times. So, if you find an easy way, **please let me know**. Meanwhile, write! Part of the future of TA and the ITAA depends upon your efforts to educate the rest of us and writing is one way.

Muriel James, *TAJ* Editor

Watch for the
1980 Summer Conference
Call for Proposals
in the **October Script.**

Reminder: there will be no *Script* printed in the month of September.



Judith Lowson

New Assistant Concerned About Human Condition

Judith Lowson is the new ITAA Administrative Assistant. She joined the staff in April, replacing Noel Basch.

Issues pertaining to the human condition and the enhancement of that condition are of great importance to Judith. "When I started looking around for another job, I realized that my criteria for prospective employers had changed. What mattered most to me was my need to work with people whose sensibilities aligned with my own. The ITAA does that for me right now. It feels good to be here. I appreciate working with people who are mindful of the quality of their lives and the lives of others. I think conscious people - who care and who are willing to demonstrate how they care - make a big difference in the world."

Judith has traveled internationally for a number of years and chooses to live in the Bay Area " . . . because it's the place for me at this time in my life."

We welcome Judith and look forward to the rich addition she will make to the staff and to the Association as a whole.

Members Forum

Antidote to Gloom and Doom

Dear Members:

This letter is intended as a hopeful antidote to much of the gloom and doom I read about ITAA as an organization. From my Adult I recognize that we do have organizational problems, but these are not insuperable. I believe we can easily fall victim to our own excessive expectations. Stimulated by the power of TA to solve clinical problems, excited by the warm fuzzies often available to us as teachers and therapists, we have similarly idealized our organization and those who have been willing to serve as officers. We have not noticed that those clinical results and creativity and teaching were coming from people who were doing nothing but treating, creating and teaching. This sets us up for equally powerful disappointment!

Helping to run a brand new organization is a different skill, but requires the same kind of time and energy as major teaching or treating or research. A powerful glue in the early days was everyone knowing everyone else, and an easy accessibility for brainstorming or emergency "committee" actions (which today would be immediately attacked as undemocratic) that, with the high energy of the founders, kept things moving.

With 10,000 members all over the world, this kind of structure doesn't work and despite the advantages of our TA theory and knowledge, we cannot expect to keep everyone happy. We can only work through a variety of groups with conflicting interests and our own liability to group process distortion and be constantly open to our own creativity.

However, it is also true that the work will get done by those who are willing to put in time to be effective, and who may have Child or Parent or Adult beliefs "unacceptable to others." While we are trying to create, teach, police, and protect each other, how about some patience? Of course we have genuine (if sometimes different) frustrations about ITAA, but the enemy may be us, whom we love.

Robert C. Drye, MD

Note: these ideas will be expanded upon in a paper for the *Journal.*

Power of ITAA Statement of Purpose

Dear Dick [Dick Underhill, Chairperson, LRPPC]:

I'm writing in response to the proposed ITAA Statement of Purpose. I was quite taken by the product of past and present LRPPC Committees .... I was struck by its consciseness. As I ... probed each statement for sense and weakness, I was aware of the power within each statement, pulling me back to its center with startling simplicity.

My first response was thoughtfulness. I began to feel excitement as I read the expanded presentation of the first role — "to help people, through TA." My excitement was in response to the simple statements "ITAA is an organization based on a specific theory — TA," and "The overall commitment is to using TA, not to any specific area of application." Not being a mental health professional, but having made many profound changes in my life, marriage, job and general health through the study and application of TA, I immediately felt more at home, less alienated, than at any time during the last four years of my membership.

I suggest the addition of one role: **To maintain access to TA for all interested persons.** To me this means continuing to organize conferences in a variety of geographical areas; to maintain the lowest reasonable cost of conferences, journals, newsletters, membership and literature; to prevent the development of elitism based on service, longevity, credentials, education, race, sex, physical condition, etc.; to provide for the availability of TA literature and some focus and structure for independent study; to, in an organized manner, let people know that TA exists and is potent and available; and to protect against mystification for profit and the development of "in" groups.

In conclusion, I suggest that the roles, if adopted, be reviewed periodically and become subject to discussion and possible revision by the membership in the future .... I thank and stroke all those who persisted in the work. Also, a special stroke to you, Dick, for being an effective spokesperson ....

Jim Warters, RM

Conference Costs High?

Dear People:

I am a new ITAA member who lives in New York. The cost of participating in this year's convention is way beyond what I and most people can afford. There seems to be some erroneous assumption about who the membership is or a desire to limit the gathering to well-to-do members. Is ITAA concerned to make its programming available to all its members?

Sincerely,
Robert Goldman

Dear Robert:

I want to assure you that we are very interested in and concerned about our programs being available to as many of our members as possible. I would like to outline for you the various steps that we have taken along those lines: the Board of Trustees mandated that conferences should be paid for by those who attend them, on a break-even basis for the ITAA; conferences are held in varying geographical areas so that they are more easily accessible to members living in different parts of the country and of the world; our presenters donate their time and energy to do presentations; and we made extra efforts this year to set up a conference where people could share condominiums with cooking facilities, and so that whole families could come.

I know it costs a lot to attend our conference - that is the nature of conferences. However, business and industry and even many other mental health groups run conferences which cost a great deal more to attend and which offer a much briefer program. I think we offer a **lot** for the money. There are, of course, ways that we could make the conference less costly for individuals, but I think the Association as a whole would pay in the long run. I don't believe the Association as a whole should subsidize the conference.

The Board of Trustees has, in their collective wisdom, established the kind of conference we have and the place in which we have it. They have done so on the basis of the best information available to them at the time. A dedicated and hard-working Program Committee and a superb group of presenters volunteer many hours to put together an outstanding program which would cost many thousands of dollars to duplicate. A talented and professional staff works extra to carry out the wishes of the Board, Committee and presenters. It is quite a team and one with which I'm proud and pleased to work.

I do understand your concerns and urge you to write to the Board, or to individual Trustees, outlining the kind of conference you would like to see us run. I believe your ideas will be welcomed.

Sincerely,
Bob Andersen, Executive Director

Choice of Denver as Conference Speaker Applauded

Dear Ed Gurowitz:

I want to congratulate you on inviting a remarkable human being like John Denver to be guest speaker at the 1979 Summer Conference. I know you have received considerable flak for inviting him.

My initial reaction to the letters in June *Script* from Pearl and from Selevan was to get into a NIGYSOB game and attack them the way I felt they had attacked you, *est*, Werner Erhard and Denver. However, I ran across a comment by Herb Hamsher in the June *Graduate Review* stating that he has become clear that "agreement and disagreement are illusions." Hamsher acknowledged the difference that Werner has made in his life .... I realized that my reaction was disagreement and to prove someone wrong. I also realized that Werner's life speaks for itself and ... doesn't need defending.

... Your selection of John Denver was what you felt to be appropriate considering his connection to the state of Colorado and his great contribution as a human being. I trust your abilities. I think it is exciting that you have opened wide the possibility of *est* folks and TA folks aligning themselves to make this planet a more humanistic and healthy environment. Both schools of theoretical experience confirm man's OKness and, though both have been accused of being cultish ... they have survived - TA for nearly 20 years and *est* for at least eight.

I am no longer interested in being right at the expense of creativity and joy, but I invite those ... who are fearful of *est* to trust their own judgment after experiencing the training themselves or through correspondence with professionals like myself, Hamsher and you ....

For me personally, I experience Werner as a potent, remarkable and brilliant man. Unfortunately, I never met Eric Berne, but I consider him and Werner to be the two most important teachers in my personal and professional lives ....

Sincerely,
Art Albracht, MEd

Keeping in Touch



George Barnitt and Ron Ching did a training weekend in Hawaii using George's concept of "Roots and Wings." George likes Hawaii so much that he has made plans to move there from Minnesota. He first visited there as a member of the National Clergy Conference in TA which Ron Ching sponsored in 1978.

Theodorus van Kolck, PhD, CM, died February 22, 1979 in Sao Paulo City. Our condolences to his family.

The Third American Conference on the Fantasy and Imaging Process, sponsored by the International Imagery Association and Brandon House, Inc., will be held November 1-4, 1979, at the Statler-Hilton Hotel, New York City. The theme of the conference is "IMAGE: Scientific and Creative Dimensions of Experiential Consciousness." For more information contact Anees A. Sheikh, PhD, Marquette University, Department of Psychology, Milwaukee, WI 53233.

Script Theory - Carol Solomon would like to hear from anyone who has done research articles and/or dissertations in the area of Script theory. Contact her at TA Community Services, Inc., 1329 7th Ave., San Francisco, CA 94122.

The "Procedures for Handling Ethics Charges Within the ITAA" are available upon request from the ITAA office.

Calendar

August 9-12, 1979 ITAA Summer Conference, Snowmass, Colorado
January 13-20, 1980 ITAA Winter Congress, San Antonio, Texas

Exam	Exam Date	Location	Application Deadline
CM and SFM Oral Exams	August 8, 1979 August 24, 1979 September 28, 1979 October 19, 1979 October 26, 1979 November 8, 1979 November 10, 1979 November 28, 1979	Snowmass, Colorado Melbourne, Australia Wellington, New Zealand Toronto, Canada Melbourne, Australia Germany Sao Paulo, Brazil Dearborn, Michigan	May 10, 1979 Immediately July 2, 1979 July 23, 1979 July 27, 1979 August 13, 1979 August 13, 1979 August 28, 1979
TM Exams	August 8, 1979	Snowmass, Colorado	May 7, 1979
PTM Contract Workshop	August 12-14, 1979	Snowmass, Colorado	May 14, 1979 ($50 deposit due)
Written Exams	September 28 or 29, 1979	To Be Announced	July 3 or 4, 1979

All fees are due on or before the deadline for applying for an exam. All exam fees are non-refundable but will be kept as credit in your account if at least 30 days notice is given for cancellations. Otherwise the fee is forfeited. Fees: $75 written exam, $100 oral exam, $25 all filing fees.

New Certified Members with Teaching Member Contracts

Carol Huss, PhD, New Delhi, India (SFPTM)
Gordon Law, MEd, Northfield, Birmingham, England (CPTM)
Thomas Nissley, MCiv, Stamford, Connecticut (CPTM)

Attention Trainees: if your sponsor has dropped his/her Teaching Member contract and you wish to continue training, please contact Jackie Ward at ITAA headquarters, immediately, if you have not already done so, for the necessary forms to change sponsors.

Transactional Publications

NEW TA BOOK CLUB SELECTION

Changing Lives Through Redecision Therapy
Mary Goulding and Robert Goulding

ITAA Member Book Club	$12.95
List	$15.00

"This is a fine book. Bob and Mary Goulding communicate the intelligence, excitement, humanity, pain, bravery, invention and celebration that are essential elements in good psychotherapy. They know the difference between vital principle and mere dogma and they make this difference clear to anyone who will listen."

Miriam Polster, Ph.D.
Gestalt Training Center, San Diego

Available now from TRANS PUBS, P.O. Box 3932 Rincon Annex, San Francisco, CA 94119. Orders under $15.00 add .75 (minimum charge will be .75) Orders $15.00 and over add 5% of invoice total. California residents add 6% sales tax. BART counties 6½%

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Are You Moving?

Pre-planning Will Help Us To Help You

If we don't know about your move **before** you make it, your mail from ITAA will either get lost in the Post Office Shuffle (no, that is not a new disco step) or come back to us with 75¢ to $1 postage due. Expensive in time and money; irritating in the amount of hassle we both experience. Let us know ahead of time and we'll all benefit. Thanks.

Attach **present mailing label** here and print NEW address where you want your **ITAA mail** sent on the form below. *(Please allow four weeks processing time.)*

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TOM WILSON, M.D., C.P.T.M., Co-Director
I am a psychiatrist certified by the American Board of Psychiatry and Neurology. I am currently an Assistant Professor at USC and have lectured and taught courses for USC, UCLA and the Los Angeles Group Psychotherapy Society. I am past President of the Medical Staff at the Westwood Hospital in West Los Angeles.

DIANE MOMB, R.N., C.P.T.M., Co-Director
I am a Clinical Provisional Teaching Member of ITAA and am a Psychiatric nurse with experience both in hospital work and with office groups. I have taught or assisted with courses for the California Hospital Medical Center, UCLA and the Los Angeles Group Psychotherapy Society.

The West Los Angeles Group Therapy Institute has been in operation since October 1974. Our focus is on training professionals to work with psychosis, especially schizophrenia, and other severe emotional disorders. The faculty works as a team and has been trained in reparenting and regressive techniques. Facilities of a widely known private psychiatric hospital are available for the purposes of training. The West Los Angeles Group Therapy Institute training program includes 101 courses and training towards ITAA CM membership. We also individualize programs for out-of-town trainees interested in psychosis and wishing to spend three days or more in intensive training with us. If you are interested, contact us at the above address.

Transactional Analysis Institute of Dayton
6210 North Main Street
Dayton, Ohio 45415
Telephone: (513) 274-9362

Marge Reddington, Director
Matthew D. Reddington
Barbara Kohlrieser
John C. Giffen

PTM WORKSHOP
OCTOBER 5-7, 1979

MARGE REDDINGTON, CTM, Chairperson, ITAA Training Standards Committee, will present a 3-day intensive workshop on training programs, supervision and the examination process.
For PTMs, potential PTMs, CM and SFM trainees and others interested or involved in TA training.
Workshop will be didactic with time for discussion of individual interests. It will provide a useful review for those preparing for TM exams.
Topics to be covered include:

- How to plan, set up and run a TA training program.
- How to prepare and teach the syllabus or training outline.
- "Required" and additional theory.
- Requirements, responsibilities and techniques of supervision.
- Evaluating candidates' readiness for examination.
- How to prepare candidates for examination.

Enrollment limited. Details on request.
FEE: $155.00

SKYLINE SEMINARS
GEORGE THOMSON, Ph.D. CTM

Skyline training programs are for mental Health Professionals and advanced students. We utilize an amalgamation of TA and Gestalt Therapy. Training at Skyline can lead to Clinical Membership in the International Transactional Analysis Association.

Skyline Seminars is associated with the Western Institute for Group and Family Therapy, Mt. Madonna, Watsonville, California — R.L. Goulding, M.D. and Mary McClure Goulding, M.S.W., Co-Directors.

Skyline faculty consist of George Thomson and Gabriele Thomson, other members of the Western Institute Faculty, and guest trainers.

In each training program and workshop we endeavor to cover:

1. Instruction in individual and group psychotherapy emphasizing the amalgamation of Transactional Analysis and Gestalt Therapy with related therapies.
2. A Group experience with opportunities for participants to learn more about themselves.
3. Practice in leading groups and functioning as a therapist and receiving immediate supervision and feedback.
4. Opportunities to consult with trainers and receive supervision of audio tapes of their work.

TA101: An introductory course in Transactional Analysis open to professionals and non-professionals. This course qualifies interested persons to become Regular Members of the International Transactional Analysis Association. Friday 7 to 10p.m.; Saturday 9a.m. to 6p.m. $60.00 at P.G. & C.C. in Redwood City. October 26-27, 1979 and February 22-23, 1980.

Tape Supervision: Many people who do not live in northern California are interested in getting professional supervision of their clinical work, both for their own education and to satisfy ITAA requirements. Tape supervision from George Thomson, by mail, is available. Write for detailed information.

ONGOING TRAINING

Wednesday Professional Training in TA/Gestalt: Conducted by George Thomson and guest faculty. A weekly program for practicing therapists and advanced students. Theory and practice of Transactional Analysis, Gestalt Therapy, Redecision Therapy. Emphasis is on practice with theory following. Trainees work as therapist under supervision and may receive critiques of their professional work. Intensive training on initial interviews, diagnosis and script work, treatment planning and execution, termination and follow-up. Meets Wednesday afternoon from 1p.m. to 5p.m. for 20 sessions beginning November 7, 1979 and ending May 21, 1980. This training can meet the supervision and workshop requirements for Clinical Membership in ITAA. Write or call for more detailed course description. A weekend workshop is included in this fee. Prerequisite: TA101. Entire course $700.00. **P.G. & C.C.** in Redwood City.

Weekend Professional Training in TA/GESTALT: Conducted by George Thomson and guest faculty. A seven month training program usually meeting the first or second weekend of the month. Each weekend will usually include a TA/Gestalt workshop, supervision of audio tapes of participants' professional work, training in psychotherapy emphasizing the amalgamation of TA and Gestalt therapy and practice groups. Content is similar to Wednesday Professional Training. Participants contract for all seven weekends. 9a.m. Saturday to 4p.m. Sunday. November 3, December 8, January 12, February 9, March 8, April 12, May 3. Can meet the supervision and workshop requirements for Clinical Membership in ITAA. Prerequisite: TA101. Entire course $700.00 including room and board. Location: **Skyline** Seminar House in Woodside.

WORKSHOPS

Weekend Workshops: Training programs in TA/Gestalt allowing for a high degree of personal involvement. George Thomson and guest faculty. 7p.m. Friday to 4p.m. Sunday.
February 1-3, 1980, May 16-18, 1980. $200.00 including room and board at **Skyline.**
November 16-18, 1979, March 14-16, 1980. $150.00 without room or board at **P.G. & C.C.** in Redwood City.

Intimacy Closeness and Sexual Enhancement: A workshop for heterosexual and homosexual couples and for therapists. George and Gabriele Thomson. A weekend program emphasizing sensuality, closeness, massage, intimate negotiation, fantasy, sexual enhancement and the treatment of sexual dysfunction by these methods. There will be no required nudity, no group sex, and no required sexual behavior. Friday 7p.m. to Sunday 4p.m. at **Skyline.** $375.00/couple includes room and board. October 19-21, 1979, May 10-12, 1980.

SKYLINE SEMINARS

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