THE SCRIPT®
INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION, 1772 VALLEJO ST., SAN FRANCISCO, CALIFORNIA 94123

Volume IX, Number 5 June 1979



Social Networks: The Fabric of Life

Summer Conference Key-note Speaker - Carolyn Attneave, Ph.D.

By Barbara Mueller, Ph.D.

Describing Carolyn Attneave is akin to describing a hand woven tapestry — as if one could capture its richness and complexity in mere words. She is a clinical psychologist, a family therapist, a teacher and trainer, a researcher, an expert on the Indian child, a pioneer in the clinical use of social networks, and a contributing member of countless professional organizations and committees.

She has the proverbial green thumb which has nurtured a tree that's so accustomed to airplanes that it cries leaves when Carolyn travels without it, and a set of wild hyacinths that began at her grandmother's house and have appeared at Carolyn's many homes as she moved around the country. She also has a special connection with animals and recognizes the distinct personalities and behaviors of many of the birds and squirrels she feeds on her deck. She even has a set of racoons who show up just for parties.

From initial education in literature and the arts, Carolyn moved into a study of psychology and sociology, eventually completing her doctorate at Stanford. Her work moved from school counseling to clinical work with children to family therapy. She became increasingly convinced that diagnosis means more than identifying pathology. Noting individual and family strengths and assessing resources within the family, the social network, and the community, lay the foundation for an effective intervention.

The ability to see and make use of strengths should not suggest a therapeutic style which discounts the existence or solvability of problems.

"It was particularly the half-dozen Indian tribes with whom I worked, played, and lived who amplified and vitalized everything I had already learned as a professional . . ."

One of Carolyn's colleagues in Seattle calls her "a benevolent bulldozer" in her work with families. It is that peculiar combination of support, warmth, tenacity, and confrontation that marks gifted therapists.

With half of her family roots in the Delaware Indians, it is not surprising that Carolyn made special connections from her experience in working with Indians. Working in Oklahoma, Carolyn discovered that only 10% of the clients at the mental health center were Indians, although they comprised 40% of the population in the catchment area. Recognizing that there were few attempts to suit treatment to the cultural milieu of the clients, she began attending tribal meetings and making use of tribal resources in the same kind of way she made use of ordinary community resources.

"It was particularly the half-dozen Indian tribes with whom I worked, played, and lived who amplified and vitalized everything I had already learned as a professional:

That behavior makes sense when one sees through the eyes and feels through the perception of the behaver;

That people not only can, but will, help one another;

And that any help, to be useful, must be part of the social context of the person in distress."

(*Family Networks*, pp. xix-xx)

Beginning with reading the works of British anthropologists who had begun writing about social networks, Carolyn continued to stretch her vision of clinical work in both assessment and treatment. When she moved to Philadelphia, she encountered Ross Speck, who was working with urban assemblies. The two of them began to study and work with social networks. The network includes the nuclear family, other kin, friends, co-workers, neighbors, and associates. Often the crisis that brings people into treatment is some kind of breakdown within the network. And it is during time of crisis that the network is most easily mobilized.

Networks are not like the assemblies we construct for group therapy. The members of a network have a history with each other and are likely to have an extensive future. There is more frequent contact, not all of which is as intense as in a therapeutic setting. They are important participants in, and witnesses to, the rituals with which we celebrate important events — births, deaths, and marriages. The network provides us with both a place in the world and the possibilities to grow.

For those of us who learned individual therapy first, working as family therapists changed our frame of reference so that individual therapy is visualized as having a larger context. A move to the concept of social networks similarly expands one's frame of reference. Convening the entire network or even a portion of it is not always the treatment of choice, but even an individual session takes on a different flavor when seen from a network point of view. This is Carolyn's current interest: how to make use of social network concepts throughout clinical practice.

An extraordinary teacher, Carolyn has the ability to open doors to new rooms of knowledge as rapidly as one has absorbed the last one. She is reminiscent of a tribal elder offering the next step to wisdom, full of patience, devoid of fanfare. Her fourteen-page vita makes it quite clear that she is brilliant and productive. To sit with her on a summer evening telling stories among the treetops round the deck, it is enough to know that she is there — warm and humorous and full of life. When first approached about keynoting the Summer Conference, Carolyn said, "It sounds like fun." I'm sure it will be.



Barbara Mueller studied under Carolyn Attneave and wrote her dissertation on social networks. She is the founder and Director of the Western Washington TA Center, which provides individual, group and family counseling, workshops, consultation and training. She has had a private practice in the Seattle area since 1972, and has served as consultant and trainer to a variety of area schools, churches, businesses, and government agencies.

LRPPC Asks for Feedback From Membership

ITAA Statement of Purpose

By Richard S. Underhill, DBA, Chairperson of LRPPC

During the past year, the Long Range Planning and Policy Committee finalized the following formal statement of purpose for ITAA. Before presenting it to the Board of Trustees in August for their approval, the Committee would like to have as much feedback as possible from you, the members of the Association. Please seriously consider what is said here. This formal statement of purpose outlines where the ITAA will be going in the future and how it will get there. We want to know if you agree with the Committee's assessment, and if not, how this statement might need to be modified to reflect the goals and aspirations of the members of the ITAA. At this stage the statement of purpose may seem like "just words." If it is adopted and acted upon, however, it will become a blueprint for the development of the organization. Please take a few moments to consider the vision this statement represents and the reality it implies for the future.

A Special Note to Readers: the outline in the box on this page contains wording specifically approved by the LRPPC. The material below is a summary paraphrasing and elaborating upon the statements found in the box. Any differences in the length of the elaborating summaries after individual words or phrases (i.e., growth, awareness, spontaneity, etc.) is to be seen only as reflecting the relative complexity of the issues being described and not as a comment on their value or importance in relation to the overall purpose statement.

Purpose

Autonomously interdependent people and cultures. We will know if we are achieving our purpose if our individual and organizational efforts lead us and other individuals and cultures to become autonomous as described by Eric Berne - aware, spontaneous and intimate. In addition, ITAA is commited to seeing individuals and cultures move to a position of interdependency which accepts uniqueness, individuality and ambiguity as conditions necessary for growth. Finally, cultures, represented by race, color, creed,nations and organizations, are accepted as important elements of the modern world and, as such, are seen as comparable to individuals as focal points for the use of TA.

Key Result Areas

Key Result Areas describe the specific issues which may be developed out of a broader, over-all purpose. Of the many possible contributions that could be made towards fostering autonomously interdependent people and cultures, the following have been suggested as the specific issues on which ITAA will concentrate.

Growth - in this context growth is seen as learning to cope with change in a way that allows individuals and cultures to move beyond mere survival to the realization of their full potential. In today's world of constant change, people and cultures which are realizing their potential are growing, dynamic and healthy. These qualities can be measured by the degree to which individuals and cultures are able to cope with change, deal with uncertainty, tolerate ambiguity and manage stress in the course of their lives.

Awareness - the capacity to experience oneself in relationship to the world around us. (A goldfish cannot survive outside of its bowl and its awareness of itself in relation to its environment is severely limited. Man, on the other hand, can "step outside" of his environment, by going into outer space and looking down at the earth. This allows man to perceive his world in new and different ways.) To be aware is to be able to perceive one's environment in a way that permits one to recognize the need to make decisions and to develop new alternatives that will help one cope more effectively with life. Instead of plodding "blindly" through life, much as the goldfish swims around its bowl, one can be aware of how one's own actions relate to the rest of humanity and to the environment and how these in turn affect how we live. By being aware in this way, we will be able to find more ways to live together in autonomous, but interdependent, ways.

Purpose

Autonomously interdependent people and cultures

Key Restult Areas

Growth - coping with change to assure realization of potential

Awareness - understanding self in relation to environment

Spontaneity - choosing effectively among options

Intimacy - remaining autonomous in authentic and cooperative relationships

Responsibility - using generative strategies to respond to external events

Roles

To help people, through TA.

To assure competent, ethical practitioners of TA, for clients desiring help.

To support development, evaluation, clarification and simplification of TA theory and methods.

To provide a forum for stimulating and challenging exchanges in support of the purpose.

To promote competence-based evaluation of professionals and contractual treatment in mental health practices.

To oppose psychological and social violence and oppression.

Peer review.

Spontaneity - choosing effectively among options. To be spontaneous is to be unprogrammed, to be out of one's script and to be able to choose freely among the options presented to us. Spontaneity does not relate to how fast choices are made, but to how they are made and to the limits that are placed on the process. The more freely, openly, and honestly decisions are made, the more spontaneous a person or a culture is.

Intimacy - remaining autonomous in relationships which are authentic and cooperative. Intimacy means getting close to other human beings, staying close and developing and maintaining authentic relationships in which the participants are exposed, risking and vulnerable. It is possible that there is no condition between cultures like intimacy as defined here. If this is so, that may account for the uncertainty, distrust, and violence that now characterizes cultural relationships.

Responsibility - responding to external events in creative and imaginative ways that generate strategies for change. ITAA will work to aid individuals and cultures to understand that we are responsible for how we respond to external events. While we cannot control them, we can influence many external events and we can determine what our response will be once the event has occurred.

These, then, are the specific issues that the ITAA chooses to focus on in working towards its purpose of autonomously interdependent people and cultures. This is the essence of long-range planning:

1. to determine what future conditions we desire;
2. to select those aspects of that desired future condition that we are willing to commit ourselves to; and
3. to establish the methods that seem legitimate and ethical to us as guides for our efforts.

The final portion of the statement of purpose is concerned with how ITAA and its members will act in pursuit of the future we desire. The following is a description fo the roles we would play.

1. **To help people, through TA.** This statement reflects the fact that ITAA is an organization based on a specific theory - TA. Individuals will join, work with and remain members of ITAA because of their belief in and commitment to TA. This theoretical basis distinguishes ITAA and its members from organizations which are primarily oriented towards a profession, such as APA, AGPA, the Academy fo Management, and the Industrial Relations Research Association. Such an identity also means that we need to work out, as an association, an internal structure that reflects both the variety of TA applications (clinical, managerial, educational, organizational) and their equality. The overall commitment is to using TA, not to any specific area of application.

2. **To assure competent, ethical practitioners of TA, for clients desiring help.** This role identifies ITAA as an educational organization with programs that are designed to assure that competent transactional analysts will be available for those who want to use TA for problem-solving. This does not mean that ITAA must actually conduct such programs, but that it accepts the responsibility to work for the creation of such programs. Note: one of the possible implications of this role is to divide the Training Standards Committee into two committees, one of which would be charged with developing and guiding training programs and the other one of which would be charged with competency-based evaluation as indicated in role #5.

3. **To support development, evaluation, clarification and simplification of TA theory and methods.** The best way to destroy a valuable idea is to give it a fixed set of terms and make it into an institution. To avoid this happening to TA, the ITAA commits its energies to continually evolving and developing TA theory in a way that contributes to the development of autonomously interdependent people and cultures. This means, by implication, that ITAA members whose own growth and development has slowed or ceased, are in the process of becoming non-members of the Association.

4. **To provide a forum for stimulating and challenging exchanges in support of the purpose.** By providing such a forum, the ITAA would have a way to a) resolve internal differences; b) maintain a vital problem-solving attitude toward change; c) relate and evaluate ideas coming from both within and outside of the organization; and d) accept the world at large as sustaining and something to be lived with rather than as hostile and something to be defended against.

5. **To promote competence-based evaluation of professionals and contractual treatment in mental health practices.** The intent of this role is some form of credentialling which will assure clients of the potency and protection available from ITAA members. It does not require that ITAA actually do the credentialling, only that we will see that it is done.

I have two personal concerns about this role. First, some individuals may assume that competency-based certification is somehow a license to practice. ITAA *can certify*; it *cannot license*. Second, the last phrase may imply that ITAA is not willing to make a competency-based evaluation of TA professionals in non-clinical areas. I would particularly like to hear

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Managing Editor..... Robin Fryer, MSW
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Special mailing list: send $2.50 U.S. and Canada, $7.50 all other countries PLUS correct mailing address to Robin Fryer, c/o ITAA office and we will send you your *Script* by first class air mail.

your comments on these issues.

6. **To oppose psychological and social violence and oppression.** The purpose of ITAA will not be achieved as long as violence, oppression and coercion are practiced in the world. ITAA, as an organization, committed to autonomously interdependent people and cultures will, therefore, oppose forces that are destructive to human dignity, autonomy and interdependence.

In summary, ITAA is a theory-based organization committed to four types of TA activity:

1. The development of theory.
2. The education of practitioners.
3. The certification of competency.
4. The application of TA to further individual and group autonomy and interdependency.

Where To Now?

The objective of this article has been to set up a dialog among you, the members of ITAA, about what you want your organization to be and where you want it to be heading.

The process of setting out the course outlined here has been underway for several years. The six roles included in this statement are a revision of the six goals developed by Martin Groder and the Ad Hoc Commission on Long Range Policy and Planning. They deserve our thanks for their efforts. The full statement presented here was developed in a series of formal and informal meetings over the last year, including those in Montreal, San Diego and Atlanta.

The next, and perhaps one of the most crucial steps, is to hear what you think and feel about what you have read here. Between now and August we urge each of you to find a way to communicate with members of the LRPPC, the Trustees and each other about the purpose, key result areas and roles of ITAA. One way to do this is to write to the *Script*. Another is to write or contact members of the LRPPC, whose names and addresses are listed below. All interested members are also invited to attend the meeting of the LRPPC at the Summer Conference in Snowmass.

Your feedback will be carefully and thoughtfully considered. It will help us to make sure that the purpose statement reflects a spirit and a vision for the ITAA which we can share in and support together. Please, let us hear from *you*.

Long Range Planning and Policy Committee Members

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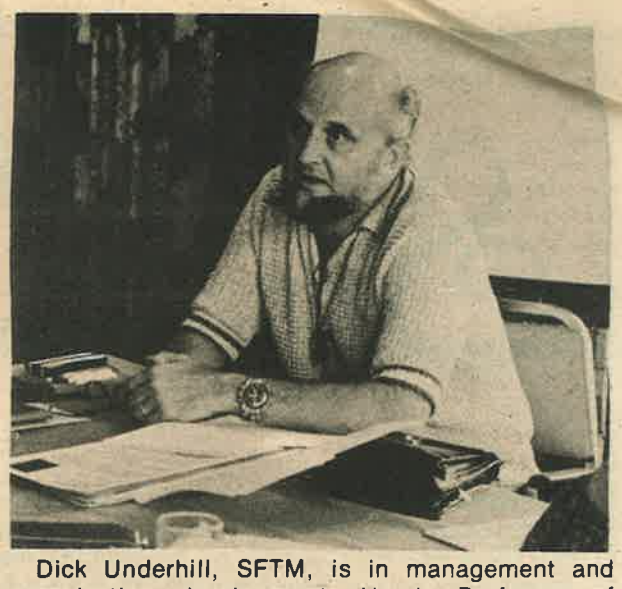


Dick Underhill, SFTM, is in management and organization development. He is Professor of Management at the University of Richmond, Virginia and a staff member of the University's Institute of Business and Community Development. Dick has executive experience in business, government and education, and a widespread consulting/teaching background in business, industry, banking, health care, government and education. He is a member of the Academy of Management, the Association for Humanistic Psychology and the Industrial Relations Research Association. Dick lectures, consults and conducts workshops throughout the US and in Western Europe.

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION, INC.
BALANCE SHEET DECEMBER 31, 1978 and 1977

The financial data set forth below has been excerpted from the Audit report for the year ending December 31, 1978 issued by the Association's independent certified public accountant. The complete report covering the Audit is available in the Association office.

OPERATING FUND

ASSETS	1978	1977
Current assets:		
Cash	$ 39,767	$ 20,989
Accounts receivable, less allowance for collection losses (1978-$4,525; 1977-$10,546)	24,147	41,987
Inventories	78,794	80,823
Prepaid expenses	4,175	8,801
Total current assets	146,883	152,600
Equipment, less allowance for depreciation (1978-$15,968; 1977-$12,381)	24,339	28,705
	$ 171,222	$ 181,305

SCHOLARSHIP LOAN FUND

Cash	$ 7,396	$ 21,204
Certificate of deposit	30,000	40,000
Note receivable	15,000	
Due from Operating Fund	37,100	37,100
Scholarship loans	12,558	5,158
	$ 102,054	$ 103,462

MEMORIAL GIFT FUND

Due from Operating Fund	$ 255	$ 255

BUILDING FUND

Deferred interest on installment note	$ 10,792	$ 14,292
Property and improvements, less allowance for depreciation (1978-$26,747; 1977-$19,092) (Note 2)	333,284	340,939
	$ 344,076	$ 355,231

OPERATING FUND

LIABILITIES AND FUND BALANCES	1978	1977
Current liabilities:		
Accounts payable	$ 38,929	$ 58,512
Note payable (Note 5)	15,000	40,000
Accrued liabilities	6,739	8,665
Due other funds, net	33,029	31,385
Total current liabilities	93,697	138,562
Deferred income	40,816	40,459
	134,513	179,021
Fund balance	36,709	2,284
	$ 171,222	$ 181,305

SCHOLARSHIP LOAN FUND

Fund balance	$ 102,054	$ 103,462

MEMORIAL GIFT FUND

Fund balance	$ 255	$ 255

BUILDING FUND

Due to Operating Fund	$ 4,326	$ 5,970
Note payable, installment (Note 2)	32,816	43,459
Note payable, first deed of trust (Note 2)	167,157	167,549
	204,299	216,978
Fund balance	139,777	138,253
	$ 344,076	$ 355,231

STATEMENT OF REVENUE AND EXPENSES AND CHANGES IN FUND BALANCES

	Operating	Scholarship Loan Fund	Building Fund	Totals 1978	Totals 1977
Revenue:					
Membership dues	$ 331,020		$	$ 331,020	$ 332,310
Examination and maintenance fees	51,019			51,019	77,444
Publications, net	99,070			99,070	102,363
Conferences and workshops	91,846			91,846	87,187
Contributions		1,163	1,644	2,807	190
Interest	340	2,679		3,019	3,384
Sundry	23,241			23,241	18,493
	596,536	3,842	1,644	602,022	621,371
Expenses:					
Salaries and outside personnel	222,933			222,933	228,559
Payroll costs and benefits	26,457			26,457	25,287
Occupancy (insurance, utilities, interest & depreciation on building)	44,920		7,655	52,575	55,499
Printing (copying & reproduction)	66,482			66,482	79,652
Office (postage, supplies, equipment rentals and telephone)	59,710			59,710	66,834
General (exam costs, data processing, meetings, mailings and other)	134,074	5,250		139,324	168,850
	554,576	5,250	7,655	567,481	624,681
Excess (deficit) of revenue over expenses	41,960	(1,408)	(6,011)	$ 34,541	$ (3,310)
Other changes in fund balance:					
Principal payments on mortgage and note	(7,535)		7,535		
Fund balance, December 31, 1977	2,284	103,462	138,253		
Fund balance, December 31, 1978	$36,709	$ 102,054	$139,777		

See accompanying notes.

NOTES TO FINANCIAL STATEMENTS
DECEMBER 31, 1978 and 1977

1. Accounting policies

The Association maintains its accounts on the accrual basis except that membership dues and subscriptions are recognized as income when collected.

Inventories of publications and books are valued at cost on a first-in, first-out basis.

Equipment consisting of furniture and office equipment is carried at cost less accumulated depreciation computed using the straight-line method. Furniture and office equipment are depreciated over an estimated useful life of ten years.

Deferred income represents examination board fees which are partially refundable upon request or are recognized as income when examinations have been completed.

2. Property and improvements

During 1974 the Association purchased property in San Francisco for use as the Association headquarters. The purchase was funded by a cash payment of $92,412 and by assumption of a 5½% note secured by a first deed of trust of $168,694. The note is payable in monthly installments of $800 including interest and principal, with any unpaid principal due in 1991.

The Association has spent $98,925 ($8,634 in 1976 and $85,222 in 1975) remodeling and renovating the property. An 8-year 12.16% installment loan, payable $887 monthly, was obtained to partially fund the remodeling and renovation.

Depreciation of the buildings and improvements in the amount of $7,655 has been recorded in 1978 and 1977.

3. Leases and contracts

The Association is obligated under various leases for office and mailing equipment which have not been capitalized, which require annual rentals of $28,176 through 1980.

4. Special funds

The Scholarship Loan Fund was established by the Board of Trustees in 1975. During 1978, loans were made to sponsored individuals in the amount of $7,400. Scholarship loans are interest-free for the first three years, after which a 6% rate applies. In addition to the loans, $5,250 of outright grants were made to approved minority applicants in 1978.

The Memorial Gift Fund was established by the Board of Trustees to receive special gifts and bequests. The Fund will be expended according to action taken by the Board of Directors.

5. Notes Payable

In September, 1978, a loan of $15,000 was obtained from the Scholarship Fund at an interest rate of 9% per annum.

POST SCRIPT

THE ITAA BULLETIN BOARD

Ad Policy: ads must be in good taste and not include statements which are exaggerated. Ads will be accepted for training given or supervised by a TM or a CM or SFM with TM contract, for scientific meetings of professional organizations, and for books authored by ITAA members or carried through Trans Pubs. Clinical treatment offerings are not acceptable. Ads must emphasize training; do not use words such as "experiential," "personal growth," and "therapy." Words such as "workshop," "marathon," and "seminar" should be training events listed as such; i.e., "training marathon." Products such as tapes, posters, etc. cannot be advertised in the Post Script.

Guidelines: send only clean, photo-ready copy *in one piece* (preferably a stat). Do not send copy in several pieces pasted on cardboard. No xeroxes please. Submitter will be billed for any additional work necessary to prepare ad copy for publication. Location of announcements related to date of receipt in ITAA office, c/o Robin Fryer, Managing Editor. *Please note:* since we use a 10% color screen on ad pages for background color, it is not advisable to use photos or fine line drawings in ads. Both will tend to lose clarity with the color screen. Bold, clear copy is preferable.

Dimensions and Fees: Post Script Ads
Eighth page - 4½" X 3¼" Fee - $100
Quarter page - 4½" X 6½" Fee - $175
Half page - 9½" X 6½" Fee - $300
Classified Ads - minimum 3 lines @ $6/line. Line = 75 characters with spaces counting as a character.

Deadlines: first of the month prior to the month ad is to be published. Please note that second class mail delays mean that the *Script* may arrive up to two months after publication in some parts of the world. Ads should include dates at least two months from the time of publication.

WEST LOS ANGELES GROUP THERAPY INSTITUTE
11665 OLYMPIC BOULEVARD
SUITE 300
LOS ANGELES, CALIFORNIA 90064
(213) 473-4463

TOM WILSON, M.D., C.P.T.M., Co-Director
I am a psychiatrist certified by the American Board of Psychiatry and Neurology. I am currently an Assistant Professor at USC and have lectured and taught courses for USC, UCLA and the Los Angeles Group Psychotherapy Society. I am past President of the Medical Staff at the Westwood Hospital in West Los Angeles.

DIANE MOMB, R.N., C.P.T.M., Co-Director
I am a Clinical Provisional Teaching Member of ITAA and am a Psychiatric nurse with experience both in hospital work and with office groups. I have taught or assisted with courses for the California Hospital Medical Center, UCLA and the Los Angeles Group Psychotherapy Society.

The West Los Angeles Group Therapy Institute has been in operation since October 1974. Our focus is on training professionals to work with psychosis, especially schizophrenia, and other severe emotional disorders. The faculty works as a team and has been trained in reparenting and regressive techniques. Facilities of a widely known private psychiatric hospital are available for the purposes of training. The West Los Angeles Group Therapy Institute training program includes 101 courses and training towards ITAA CM membership. We also individualize programs for out-of-town trainees interested in psychosis and wishing to spend three days or more in intensive training with us. If you are interested, contact us at the above address.

PERSONAL AND PROFESSIONAL
TRAINING WORKSHOPS IN HAWAII

by RON CHING, CPTM
and OTHER CERTIFIED ITAA MEMBERS

You are invited to take advanced TA training in Hawaii and combine your stay with sun, fun, and sightseeing. Your trainers will be Ron Ching, plus Art Greer (author of NO GROWN-UPS IN HEAVEN; THE SACRED COWS ARE DYING), and other advanced members in the ITAA. Training credit available for SFM and CM candidates. Each session will be tailored to the personal and professional needs of the individual or the group.

DATES
Jun 22-24 Training Marathon (Art & Ron) $175
Sep 10-15 Training Week (Art & Ron) $250
Nov 2-4 Training Marathon (Ron & guest) $175
1980
Jan 21-26 Training Week (Art & Ron) $250
Mar or May Training Marathon **(GOULDINGS)** $300

Fees do not include lodging or food; however we can help you make satisfactory arrangements if you are on a tight budget. A $75 deposit will hold your space in a workshop and is applied to the total fee.

For more information:
RON CHING, CPTM
5290 Kalanianaole Hwy
Honolulu, HI 96821
(808) 373-4593

LIMITED ENROLLMENT. Early registration will avoid disappointment.

FOR PROFESSIONALS AND LAY PEOPLE

Transactional Analysis Institute of Dayton
6210 North Main Street
Dayton, Ohio 45415
Telephone: (513) 274-9362

Marge Reddington, Director
Matthew D. Reddington
Barbara Kohlrieser
John C. Giffen

AN INTENSIVE WORKSHOP IN VISUALIZATION AND IMAGERY
AUGUST 20-24, 1979

MARGE REDDINGTON, CTM, will head a staff in presenting a five-day intensive workshop on the use of visualization and imagery in the treatment of physical and emotional disease.
For professionals who work with children and adults.
Participants will be invited to experience the techniques as part of the learning process. Special attention will be given to evaluating and improving the effectiveness of a client's images including:

- assessing and dealing with resistance
- looking for sabotage in images
- how to work to change images

Other "how to" sessions will include:

- introducing the concept to your practice
- teaching the techniques
- determining client suitability
- energy and emotional release

Enrollment limited. Details on request.
FEE: $275.00 (includes materials but not room and board).

Trans Pubs News

HOME EDITION JUNE 1979 P.O. Box 3932 Rincon Annex, San Francisco, CA 94119 (415) 885-5992

SUMMER CONFERENCE

Snowmass, Colorado— In the land of clear air, sparkling water and tall pines you will find TRANS PUBS nestled in the WILDWOOD INN with managers Norm and Betty Jo awaiting your arrival. They have brought a fine selection of TA books as well as many titles on family therapy, hypnosis, and holistic health especially chosen for this conference.

The store will be open:
Wednesday, August 8
from noon to 5:00 p.m.
Thursday, Friday and Saturday
from 9:00 a.m. to 5:00 p.m.
Sunday, August 12
from 9:00 a.m. to noon.

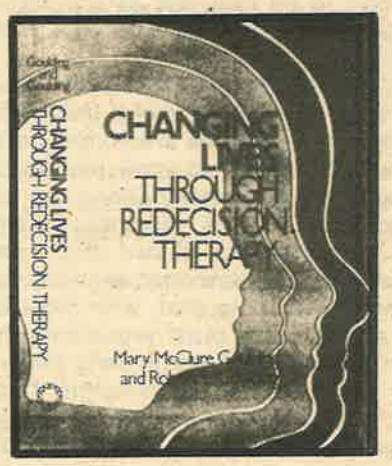
SPECIAL EVENT: a "Rocky Mountain High" no-host cocktail party will be held in the bookstore late Friday afternoon from 5:30 p.m. to 7:00 p.m. You are invited to come in and meet the many authors who will be attending the conference.

While Trans Pubs is serving you at Snowmass, the San Francisco store will be closed. Please keep this in mind as orders placed after July 25th will not be processed until we return mid-August.

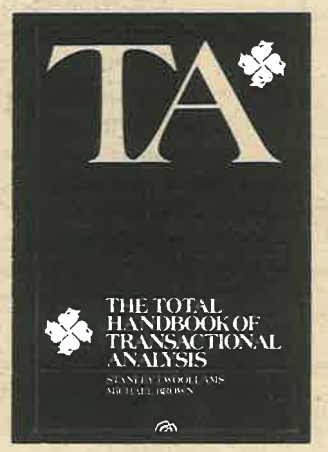
We look forward to seeing you at our store in the Wildwood Inn at Snowmass.

TA BOOK CLUB NEW SELECTION

Goulding 2nd Book Due in June



Trans Pubs is proud to announce the acquisition of CHANGING LIVES THROUGH REDECISION THERAPY for the TA Book Club. The new book by Mary Goulding and Robert Goulding to be published in June, will be available to ITAA members and subscribers for the special price of $12.95 compared to the list price of $15.00.



NEW TITLES

TA: THE TOTAL HANDBOOK OF TRANSACTIONAL ANALYSIS
Stanley J. Woollams & Michael Brown
Paperback $6.95

A slightly abridged version of the authors' comprehensive text, this handbook brings together all the major aspects of TA theory and practice. Filled with diagrams and examples. A valuable reference and study guide.

FINDING HIDDEN TREASURE: TA Groups in the Chruch.
Lura Jane Geiger
Paperback $6.95

Using TA as a tool for teaching and learning in the Church, the author has developed a series of sessions which affirm and celebrate life expanding changes.

THE BROKEN TABOO
Blair & Rita Justice
Cloth $10.95

A superbly researched, unsensational yet candid revelation of the truth about incest in contemporary America — its sociological and psychological causes, its dynamics, its consequences, and its cure.

TRANSACTIONAL ANALYSIS IN HEALTH CARE
Jean Elder
Paperback $8.95

Basic TA theory applied to health care and illustrated with examples from the experiences of nursing students. Includes exercises and review questions for students.

"Jean Elder has written the book anyone entering direct health care needs."

Robert Drye, M.D.

NETWORKS · FAMILIES · SYSTEMS · SNOWMASS COLORADO ·

Trans Pubs Announces

SUMMER SPECIAL LIBRARY SALE

San Francisco

Transactional Publications announced today a Special Sale for the summer of 1979. Customers will be given the opportunity to enrich their personal libraries with *clothbound* editions of the book listed below at PAPERBACK PRICES. The collection includes the out of print collector's item The Happy Valley, by Eric Berne. The six titles in the sale are only $1.95 EACH until September 21, 1979.

A LAYMAN'S GUIDE TO PSYCHIATRY & PSYCHOANALYSIS. Berne.
reg. $6.95 now $1.95

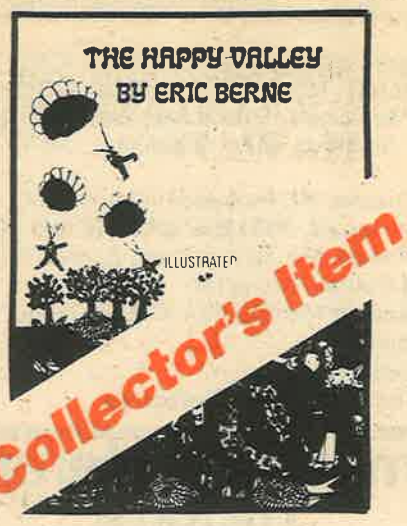
GAMES ALCOHOLICS PLAY. Steiner.
reg. $6.00 now $1.95

BORN TO LOVE. James.
reg. $5.95 now $1.95

AFFIRMATIVE ACTION FOR WOMEN
Jongeward & Scott. reg. $8.95 now $1.95

OWN YOUR OWN LIFE. Abell.
reg. $9.95 now $1.95

THE HAPPY VALLEY. Berne.
reg. $4.95 now $1.95



Also available

ITAA Video Journal reel to reel sale.

Videotape reel to reel
reg. $95.00 now $50.00 per tape

Audio reel to reel (sound only)
reg. $100.00 now $50.00 per set of 12 tapes

This special is for reel to reel only, while supply lasts.

NOTE TO PROSPECTIVE AUTHORS

In order to consider a book for the TA Book Club, we must be informed of work in progress well in advance of publication. Authors are encouraged to tell their publishers about the TA Book Club at the time their manuscript is submitted. For further information, contact Norm Shea at Trans Pubs.

Calendar

August 9-12, 1979 ITAA Summer Conference, Snowmass, Colorado
January 13-20, 1980 ITAA Winter Congress, San Antonio, Texas

Exam	Exam Date	Location	Application Deadline
CM and SFM Oral Exams	June 22, 1979	Auckland, New Zealand	April 16, 1979
	July 1, 1979	Aix-en-Provence	April 2, 1979
	August 8, 1979	Snowmass, Colorado	May 10, 1979
	September 28, 1979	Wellington, New Zealand	July 2, 1979
	October 19, 1979	Toronto, Canada	July 23, 1979
	October 26, 1979	Melbourne, Australia	July 27, 1979
	November 8, 1979	Germany	August 13, 1979
	November 10, 1979	Sao Paulo, Brazil	August 13, 1979
	November 28, 1979	Dearborn, Michigan	August 28, 1979
TM Exams	August 8, 1979	Snowmass, Colorado	May 7, 1979
PTM Contract Workshop	August 12-14, 1979	Snowmass, Colorado	May 14, 1979 ($50 deposit due)
Written Exams	September 28 or 29, 1979	To Be Announced	July 3 or 4, 1979

All fees are due on or before the deadline for applying for an exam. All exam fees are non-refundable but will be kept as credit in your account if at least 30 days notice is given for cancellations. Otherwise the fee is forfeited. Fees: $75 written exam, $100 oral exam, $25 all filing fees.

Training and Exams

Congratulations to the following persons upon successful completion of their exams.

Certified Members - March 21 and April 6, 1979
Dwayne Daehler, BA, BD, Gary, Indiana (CM)
Antoinette de Mol, Ohain, Belgium (CM)
Linda Dumat, MSN, BSN, Murfreesboro, Tennessee (CM)
Jean Eaton, MSW, Murfreesboro, Tennessee (CM)
Anita Fleet, PhD, Tallahasse, Florida (SFM)
Ann Hardman, MA, Louisville, Kentucky (CM)
Theodore Jackson, PhD, Scarsdale, New York (CM)
Rodney Johnson, ACSW, Webster Grove, Missouri (CM)
Terri Logan, BA, Richmond, Indiana (CM)
Joyce Moody, MSW, Topeka, Kansas (CM)
Clarice Musickant, Milwaukee, Wisconsin (SFM)
Sharon Shallow, MA, Greenville, North Carolina (CM)
Clarice Sinars, Mt. Prospect, Illinois (CM)
Karen Stoyanoff, PhD, Evanston, Illinois (SFM)
Brenda Tweed, MA, Birmingham, England (CM)

New 101 Course Instructor
Cesar Sanchez Marchal, MA, CM, Caracas, Venezuela

Reinstated Member
Diane Momb, Glendale, California

Certified Members with Teaching Member Contracts
Flo Bilelo, MSW, Panama City, Florida (CPTM)
Kerry Callaghan, MB, BS, Adelaide, South Australia (CPTM)
Archie Mills, PhD, Edinburgh, Scotland (SFPTM)

PTMs Returning to CM Status
Joan Downing, Covina, California
Gisela Gebert, Berlin, West Germany
Josephine Grieve, Muskegon, Michigan
Rita Justice, Houston, Texas
Alan Simpkins, Honolulu, Hawaii
Egidio Vecchio, Rio de Janeiro, Brazil
E. Lee Webster, Wausau, Wisconsin
James Young, Kansas City, Missouri

Training Notes

PTM Annual Summary Reports no longer have to be submitted to the ITAA office. However, the PTM must bring them, along with other required materials, to their TM exam.

If your PTM sponsor has dropped his/her TM training contract and has returned to CM or SFM status, you should contact the Credentials Department immediately regarding your need to file Change of Sponsor forms.

Summer Conference Update

Please note: Continuing Medical Education credit for courses in the Program Book marked with a ☆ is pending the approval of the American Medical Association. A survey team from the A.M.A. will be present at Snowmass.

Corrections: Workshop EF, "An Alternative to Stress" on Friday from 9:00-1:00, will be co-led by **C. William Webb** and **Diane H. Brown.**
The bank located in Snowmass is not a Bank of America but the Bank of Snowmass.

Changes: Workshop JJ, "Mirando Hacia Adelante, Actuando Ahora-Prevencion U Analisis Transaccional" by **Adriana Arzac** has changed to Thursday 11:30-1:30.

Additional courses for C.M.E. credit are:
- **Elaine Child-Gowell's** Sunday workshop lettered OK (page 60 of the Program Book)
- **Rebecca Trautmann** and **Richard Erskine's** workshop lettered LF on Saturday (page 52.)
- **Marge Reddington** and **Stephanie Simonton's** Institute (page 9)
- **Peter Coleman's** workshop lettered OJ on Sunday (page 59)
- **Ken Windes** Institute (page 6)
- **Marge Reddington** and **Iris Pearce's** workshop on Thursday, lettered B2 (page 23).

What Constitutes Cure?

New publication date: April, 1980
Guest Editor: John McNeel

One of Eric Berne's hallmarks as a therapist and a theoretician was that he took the risk of talking about cure, rather than progress.

The *Journal* and the *Bulletin* have published hundreds of "how to" and theoretical articles aimed at "curing" individuals, families, couples, organizations, society, etc. This edition of the *Journal* will address itself to the question of what constitutes cure and how it is recognized, keeping in mind that any individual or group can always be defined as having at least "one more piece of work to do."

A central question is termination. When do you terminate with a client (be it individual, family, group or organization)? What are the criteria for the client deciding that it is time to terminate and when is it appropriate for the therapist to impose his/her judgments? What do you look for as indications that the client has gotten what he/she needs?

How do you define cure from: a Bernian model, a developmental point of view, a moral development point of view, a family systems perspective, a redecision model, the Askelepion model, a reparenting model, etc.

Please submit articles no later than September 1, 1979.

Nominating Committee Report

I would like to summarize briefly the procedure used by the Nominating Committee in determining the slate of candidates for Board of Trustees and officers that it will present to you by June 15.

The Committee solicits the names of potential candidates from committee chairpersons, Board members and any other interested individuals who indicate they have suggestions for particular positions. All suggestions are welcomed. The Committee then considers them, verifying that those persons who have been suggested are, indeed, interested and available. It is possible that an individual will have indicated interest in the past, but will be currently unavailable. My own experience is that more than half the people I have contacted over the years have preferred not to be considered at that time, although they often have been interested in running for a position either before or after that particular contact.

Having verified who is available, a slate is drawn up containing at least two, and often three, candidates for each position. This selection process is based on the information available to the Committee of the strengths and interests of potential candidates. The Committee could decide that one person who has expressed an interest in a position is less suited to the job than other interested parties. My experience has been that we have had to decide between several good candidates and that none has had to be excluded as unsuitable. This process takes place primarily through conference phone calls.

The Committee appreciates those who have expressed their interest. We regret that we have not always been able to include everyone's preferences in our format. However, we know that anyone who disagrees with our recommendations can nominate more candidates at the Business Meeting in Snowmass. History has shown that candidates nominated in that way have often been elected.

It is important to note that, with regards to the numerous and at times bitter arguments that have occurred in the last year, particularly those around the ethics charges, the Nominating Committee cannot and will not act as any sort of judge about past disagreements. We can only proceed on the basis of an individual's willingness to serve the ITAA at this time. The members will vote in the fall and at that time, statements from the candidates will be available.

Please feel free to contact me or any members of the Committee with your suggestions and questions. I welcome all inquiries. There have already been some people making assumptions about what the Committee is supposed to have done. Please do not accept rumors without checking them out directly.

Robert Drye, Chairperson

Keeping in Touch

The Netherlands Association for Transactional Analysis has elected a new board of governors including Mart Bolten, Chairperson; Ger Heester, Special Fields; Maarten Kouwenhoven, Secretary; Marijke van der Does, External Contacts; and Korrie van Kampenhout, Fort Group. TA trainers who are interested in doing training in the Netherlands are invited to contact the Secretary, Maarten Kouwenhoven, PhD, Psychiatrisch Ziekenhuis "Veldwijk" Ermelo, 3853 LC Netherlands. Phone: 03417-4848.

The Transactional Analysis Society of India (TASI) is holding its Third Annual Indian Transactional Analysis Conference in Bombay, January 3-6, 1980. To honor the occasion they are publishing a Souvenir and would be interested in articles ITAA members might want to contribute. Anyone planning to be in India at that time is invited to participate in the conference. For more information, contact E.P. Mathias, Convener, "Meher", 82 Saraswati Rd., San Cruz (West), Bombay 400 054, India.

Taibi and Sandi Kahler want to let their ITAA friends know that their daughter Laura is resting well at home after a month's hospitalization. They regret having to cancel their workshops at the Atlanta Southeast Conference due to Laura's sudden post-surgery complications and apologize both to their hosts and to those who had signed up to attend their workshop.

Graham Barnes delivered the Third Annual Eric Berne Lecture on Social Psychotherapy at the Southeast Institute Spring Conference in Atlanta. In his speech, entitled "To Whom Do You Say Hello? Relationship Roles in Everyday Life," Graham introduced a new system which he has been developing for understanding and predicting the course and outcome of one's relationships with others called the Script Drama Diamond.

Group Travel Rates for EATA Conference - if twenty persons can get together to leave for the EATA Conference from US cities (Memphis and New York) they will be able to arrange for group rates. June 29-July 8, 1979 from Memphis to Paris on Braniff (APEX) for $516.00 plus first class train to Aix-En-Provence for $138.40; *OR* same dates, New York to Nice on Air France (APEX) for $585.00 plus train to Aix-En-Provence for $43.40. For more information, contact Mr. Joe Crews at Huffman-Reider Travel, 5545 Murray Ave., Memphis, TN 38117 (901) 767-8970. Huffman-Reider will be happy to make land reservations including a 15-day Eurail Pass for $190.00.



The Japan Transactional Analysis Center, Inc. (President Masanori Kano, Tokyo, SFM) recently sponsored a three-hour lecture by **Muriel James, CTM, SFTM**, in Tokyo, for 53 participants. The lecture was based primarily on Muriel's new book, *A New Self.* **Michiko Fukazawa, CPTM,** served as interpreter.

The Third Annual Canadian Association for Transactional Analysis Conference will be held in Toronto, Canada, October 17-21, 1979. For more information, contact Gisele Richardson, CATA, 2162 Sherbrooke St. West, Ste. 2, Montreal, Quebec H3H 1G7, Canada.

New Books — *A Guide to Psychiatry: A Handbook for Health Professionals* by James R. Allen, CTM and Barbara Allen has recently been published by Medical Examination Publishing Company, Garden City, NY. It is the first textbook in psychiatry to use TA as a basic framework throughout and has been a considerable success in a number of medical schools and residency training programs.

There will be no Fifth Annual Eastern TA Conference in New York City in 1979. Formerly sponsored by the Gotham Institute for TA, Mary Boulton, Clinical Director, and the National Institute for the Psychotherapies, Henry Grayson, Director, the conference will hopefully be held again next year.

The New Games Resource Catalog has just been published by the New Games Foundation, a non-profit organization. It contains reviews of a wide selection of books, games equipment and New Games materials, most of which are available for sale by mail-order from the New Games Foundation. For a free copy of the Resource Catalog, write the New Games Resource Catalog, PO Box 7901, San Francisco, CA 94120 or phone (415) 664-6900.

Evolutionary Ethics: Humanistic Psychology and Social Change is the theme of the 17th Annual Meeting of the Association for Humanistic Psychology, to be held August 25-29, 1979 at Princeton University, New Jersey. For more information, contact AHP, 325 Ninth St., San Francisco, CA 94103.

US Tax Deduction - treasury regulation #1.162-5 permits an income tax deduction for educational expenses (registration fees and cost of travel, meals and lodging for conferences) undertaken to: 1) maintain or improve skills required in one's employment or other trade or business, or 2) meet express requirements of an employer or a law imposed as a condition to retention of employment, job status or rate of compensation.

Mary Boulton was interviewed by *Working Woman* magazine for an article on self-help for women published in their January, 1979 issue. Thanks to Mary for seeing that ITAA's address was included — we have already received a number of requests for information as a result of the article.

TA on Front Page of *Wall Street Journal* — an article in the January 9th issue describes how companies such as Pitney Bowes, Gulf Oil and GM are teaching their employees to relate to people they deal with in their work through techniques such as TA.

The "Procedures for Handling Ethics Charges Within the ITAA" are available upon request from the ITAA office.

More Protests Over John Denver

Dear Ed Gurowitz:

I am concerned by your response to Fanita English's letter protesting the choice of John Denver as a guest speaker for the Summer Conference. It occurred to me that you may not be cognizant of the implications of the Hunger Project or you would understand that the Project is not only politically dangerous but morally questionable.

Briefly, it is my understanding that the Hunger Project proposes to end world hunger by urging awareness of the problem. Essentially, it urges positive thinking, i.e., if we are all aware of world hunger and want it to end, it will. It is my further understanding that the Hunger Project has taken no **action** to solve the problem they propose to solve with good thinking and that the monies donated to the Project have not been given to any hungry people nor to any organization working to feed hungry people. Neither *est* nor the Hunger Project has taken any action to solve the problem they propose to solve with awareness alone.

Certainly ITAA members can decide for themselves if the allegations by *Mother Jones* against *est* and the Hunger Project as regards use of funds make sense, but I do not think that is the issue. John Denver is a performer with no particular relevance to ITAA, unless as a performer. He represents an organization (the Hunger Project) of questionable integrity with regards to goals and methods .... awareness as a solution to social problems in the absense of the necessary social action is insidious in its potential to lull otherwise conscientious people into a **sense** of solution without action.

It seems a little star-struck and not politically relevant to give John Denver the credibility of a main speaker at our conference. I urge you to reconsider this choice and invite him to sing.

Sincerely,
Lyn Pearl, PhD, CMT

Members Forum

Dear Members:

I too wish to protest the selection of John Denver as guest speaker at our ITAA Summer Conference. Like Fanita English, I see Denver as a fine singer, but also as a proponent of *est,* now involved in the ... Hunger Project .... I see *est* as a dangerous movement. In her EBMSA address, Fanita English refers to Jim Jones and the People's Temple. Similarities exist between that group and Werner Erhard's *est:* both have used brainwashing techniques with some success to affect, in a short period, radical changes of personality. Some of the techniques are:

1. High degree of control situation by lecturer/persuader: determining what stimuli to expose the participants to, what stimuli to avoid. The *est* instructor is taught precisely what to say, how to say it, when to say it, as well as how to smile, what to allow as a response, and what to ignore.
2. Putting the participants in a condition of physical discomfort to produce low resistance and fatigue.
3. The instructors introduce uncertainty and tensions.

It is dangerous because the expected change gives a halo effect of positive thinking and feeling toward *est.*

Who of us in the human growth movement would refute statements such as:

you choose to be what you are;
you are the source of life - choose to be what you know you are;
you are responsible for your reality and thus, ultimately must ask yourself, "what do you choose?" and "what are you going to do about it?" (Schiffian question)

All of these statements fit TA's thrust of autonomy. The problem is that these are made within an oppressive, manipulative ... context ....

In conclusion, I wish to point out an error in Ed Gurowitz' correction of Fanita's "overlooking" Carolyn Attneave as theme speaker at the Conference. In the March *Script* there is a picture of John Denver with the title "Guest Speaker" ... with no picture and no mention of another speaker. The ... Program Book has John Denver listed as "Guest Speaker" ... and Carolyn Attneave as "Theme Speaker." ... Carolyn Attneave is given much less prominence even though she is listed as "Theme Speaker."

I agree with Ed that we are not "sitting ducks" and that we are intelligent and mature, but I also agree with Fanita English that we will be exposed to an attempt at subtle indoctrination by an *est* believer. I regret that the committee chose, as a guest speaker, a **believer** rather than a **thinker** in the human growth movement.

Amos Selevan, PhD



TA As Social Psychiatry

1980 Winter Congress
San Antonio January 16-21

Call for Proposals

Program Committee

Jonathon Wagner, Chairperson, 314-962-0099, 921 N. Rock Hill Rd., St. Louis, MO 63119
Felipe Garcia, Local Arrangements, 512-828-2724, 138 E. Sunset, San Antonio, TX 78209
Dr. Matti Gershenfeld, 215-TU4-5964, Pepper and Winter Rds, Rydal, PA 19046
Sandra Landsman, 313-474-8467, 34316 Thornbrook Dr., Farmington, MI 48024
Ken Wallgren, 301-997-2877, 58 Morningbird Lane, Columbia, MD 21045

ITAA grew out of the early San Francisco Social Psychiatry Seminars founded by Eric Berne. However, before developing TA, Berne spent many years in traditional psychoanalytic practice. This combination of intrapsychic and interpersonal psychology is a heritage which many of us share. It has led to the use of TA not only in group therapy, but also in family therapy, management training seminars, educational settings and many other areas.

While Eric Berne approached social psychiatry from the perspective of the individual, Alexander H. Leighton, professor of social psychiatry at Harvard and Cornell, took the sociological route by studying communities and how they influence individuals psychologically. We, as therapists, teachers and change agents, typically meet our clients somewhere in between these two pioneers in social psychiatry. To bridge this gap we need to both strengthen the individual and to develop the supportive environments which Leighton's studies show are so important in promoting mental health. To do this, we need not only to develop self-sufficient individuals, but also to provide skills of affiliation that speak to what Christopher Lasch calls the "narcissistic culture of present-day psychological man."

Working from this perspective, the Winter Congress Program Committee has developed some proposals to help us explore together the interplay between the intrapsychic and social systems elements of TA. We would like to hear your ideas about where we need to go in providing clients with supportive structures, with the skills of affiliation and with goals and directions that are rooted in something more than the self. We are especially interested in creative solutions, new philosophical presuppositions and practical interventions. Ideas we might consider together in San Antonio include:

- how to take ego state analysis beyond narcissistic introspection
- game theory as an avenue to intimacy
- relating the static qualities of script theory to the dynamic understanding of community life as evolutionary

Since part of the function of the Winter meeting is to explore new horizons of theory and technique and to challenge old formulations, specific areas will be addressed by key persons with a wide variety of positions. The focus will be on provocative, stimulating and challenging presentations.

Today as I wrote this I received an article from a friend entitled, "Controversy as the Prerequisite to Creative Thinking." Winter Congress is a time for us to accomplish this creative thinking by exercising our Rebel Child on the leash of a Reasonable Adult. If you would like to join us in this process by becoming a presenter, please send a 1-2 page summary of what you would like to present to a member of the Winter Congress Program Committee. We would like to hear your ideas and suggestions for how to develop the focus for this meeting. If you have someone in mind that you think would add to the meeting as a presenter, we would like to know that too. Please send all ideas, suggestions and proposal summaries to the Committee by August 1, 1979 so that we can consider them at our meeting in Snowmass. We look forward to hearing from you and to seeing many of you in San Antonio.

Jonathon Wagner, Chairperson for
the Winter Congress Program Committee



Conference Accommodations

The conference hotel, the St. Anthony, is only a short walk from the historic Alamo. Nearby is the Paseo Del Rio (River Walk) which combines shops, restaurants and night spots nestled in a tropical haven just below street level. Temperatures in January in San Antonio average in the 60's which means that many of us from the snow belt can enjoy a sunny winter holiday. There is an active TA community in San Antonio that is making plans for both fun times and moments of rest and relaxation. There will be more information in future issues of the *Script,* but those of you who are already convinced that this is going to be a spectacular Winter Congress can make your hotel reservations by calling toll free (reservations only) 800-292-5882/800-531-5766 or writing the St. Anthony Hotel, 300 E. Travis, San Antonio, TX 78205.

