THE SCRIPT®

Volume IX, Number 10 December 1979

INTERNATIONAL TRANSACTIONAL ANALYSIS ASSOCIATION, 1772 VALLEJO ST., SAN FRANCISCO, CALIFORNIA 94123

Muriel James Elected to ITAA Presidency



I believe strongly in the words of Nikos Kazantzakis.

In my statement that went out with the recent ballot, I recorded some of the dreams I have for the ITAA that have not yet come into existence.

Some may be similar to yours, some quite different. The point is, I cannot say what I will do as President until I hear from you about your dreams, what you are willing to give in skills and energy to the ITAA as well as what you want to get from it.

I am committed to working with whomever wants to work with me and, because I do not know what issues you will raise, I thought you might be interested in some of my history as one who has been involved in TA and ITAA for quite some time. Thus, you might suggest how to use my strenghts for this organization and also how to use your strengths to compensate for some of my weaknesses.

— Muriel James

* * * * * * * *

A clinician, educator, author and organizer, Muriel was born in Berkeley, California on Valentine's Day, 1917 (how's that for scripting!). Although she did not enter the university until she was 35 years old, by that time she had already had several professions, including singing with a big band, hosting a weekly radio program, modeling wedding gowns and decorating model homes. She then went to work for the Red Cross training and supervising some 1,300 instructors in first aid and water safety, even teaching at infamous Alcatraz Federal Prison.

When World War II erupted, Muriel began to train Navy personnel in swimming and life saving; many men were drowning because they didn't know how to swim well enough to get to a life raft. She later worked in the Kaiser Shipyards as one of the first women safety engineers in California. This involved leadership training for men supervisors and journeymen, and learning and testing shipyard skills to determine whether or not women were capable of performing them. Concurrently, Muriel organized child-care centers for working women, worked as a volunteer at Stanford Hospital, ran an advertising firm from her home and worked nights in a foundry cutting steel to supplement her income.

After the war, Muriel returned to teaching. Without academic degrees, she managed to get special credentials and taught at almost every grade level in the public schools. However, after a while, having spent a good deal of time camping in the high Sierras as a child, she again felt the need to spend more time outside and so she went to work on a surveyor's team, measuring water in reservoirs and drawing topographical maps.

It was at this time in her life that Muriel became interested in philosophy and theology. She had been reared in a "non-religious" family; her mother was a concert pianist and her father was a UC professor of biochemistry and dentistry. She became Director of Youth in a Presbyterian Church and entered an Episcopal seminary. She received her MDiv in 1957, was ordained in the United Church of Christ (Congregational) and served as pastor for six years with various duties, including teaching third-world leaders for the World Council of Churches in Switzerland.

In order to get her Masters, Muriel first had to get a BA and so, while attending the seminary, she also learned how to take an overload of related subjects and got her BA almost at the same time from the University of California at Berkeley. She was also doing research in the psychology of adult education for her doctorate while teaching numerous courses at UC Extension.

Because people were coming to her with psychological as well as educational problems, Muriel next went into post-doctoral studies with field work in psychiatric and general hospitals. At this time she met Ken Everts who gave her Eric Berne's first paper on ego states and took her to one of the first seminars. She became Eric's student, supervisee and friend. She also trained with Fritz Perls, opened a private practice and expanded her activities to include consulting to many large corporations, government agencies, educational and mental health organizations and institutions.

She also become involved in civil rights issues, marching with Martin Luther King Jr. in Selma and serving as an advisor to the California Commission on the Status of Women. Licensed as a Marriage, Family and Child Counselor, Muriel, with her son John, was co-director for five years of Oasis, a day-treatment center and a residential treatment center for adolescents with severe emotional and social problems. She is now co-director of the James TA Institute in Lafayette, California.

Muriel has been active in TA organizations since 1958 — on various committees, as vice-president of ITAA, as Editor of the *Script* and, most recently, as Editor of the *TAJ*. She is both a Clinical and a Special Fields Teaching Member and, since 1964, has traveled extensively throughout the world lecturing, leading workshops and training people in TA. To date, she has twelve books published, all but two of which are on TA and five of which have been translated into several languages.

One of the traditional characteristics of the ITAA is that play is important. Muriel agrees and enjoys such activities as swimming, golf, camping in the wilderness, gardening, and "playing house." Appropriately enough, considering the reputation ITAA has for dancing parties, Muriel loves to dance and can often be seen leading a samba line at a conference dance. On the side she is studying photography, architecture, drawing and fashion design. Why? Because she affirms, "I really like learning new things while staying in touch with my husband Ernie, my children, my grandchildren, my many friends, and last, but not necessarily least, with my colleagues in ITAA. I need them and I love them and I hope they feel the same about me."

By believing passionately in something that still does not exist, we create it. The non-existent is whatever we have not sufficiently desired.

Nikos Kazantzakis

Presidential Farewell



It seems like an eternity ago, and, at the same time, like only yesterday that I began my term as President of ITAA. An incredible amount has happened during that time and many things have changed, both for me and for the organization.

As I leave, I want to share some special thank-you's and good-bye's. I particularly want to thank the committee chairpersons and committee members who worked with me and for the organization over the last two years. You have contributed an incomprehensible amount of time, energy, knowledge and thoughtfulness to the ITAA. I believe you did an excellent job.

I also want to thank the members of the Board of Trustees who served during any or all of my term as President. Our road was long and rocky. Our journey is finished now and I shall never forget the route that we traveled together, nor that I traveled it with you. Thank you for being and for being there.

Next, I want to thank the office staff. You are all competent and exciting persons with whom to work.

Finally, I want to share my appreciation for you, the membership. Your responsiveness has been extremely important over these years. It has not always been easy for me, and yet, I think I treasure most the active organization and membership which we have in ITAA.

As I look towards the future, I extend my congratulations to the new officers and Board members. Yours will be a fascinating journey, filled, I am sure, with many surprises, excitements, pains and joys.

For myself, I am relieved that "it is all over" and, at the same time, I am sad to leave. I feel joyous about having more time for new adventures and I am aware of how much I will miss the network of personal contacts that has developed for me in ITAA. I know that I would not volunteer for the "presidential experience" again, and yet, I would also not give up the experience that I have had. I have a bigger life now. I am wiser, smarter, and older. I have learned an immense amount and I have given no less. I am proud to have been President and I am proud of the job that I have done. I have shared who I am with you and I am more human for it.

— Ruth McClendon

Members Forum

Conference Fee Exemption Requested for Trustees

Dear Voting Members,

At the January business meeting, you will be asked to vote on whether or not Board members (including officers) and the Program Committee chairperson will be exempted from paying conference registration fees. In August, the Program Committee asked the Board for a policy decision; and, not being comfortable with voting ourselves special privileges, we are referring the question to the general membership with the request that the exemption be approved. "Registration fees" refers strictly to the basic conference attendance fee and does not include additional costs of workshops or banquet. We are asking that we be required to pay only for those things we attend. Please consider the following information:

1. Board members attend a minimum of four hours per day of Board meeting on each day of Summer and Winter conferences. Meetings are often extended beyond four hours and special committee meetings take additional time. Thus, it is nearly impossible for a Trustee or officer to fulfill his or her administrative responsibilities *and* attend daytime conference activities such as workshops, panels, and papers. Those Board members who present workshops, and there are many, frequently have to miss Board meetings in order to do so.

2. Registration is not *required* for those who come only for meetings, but those who don't register are denied name tags and admission to conference events (day and evening).

3. ITAA has an all-volunteer Board; they are not paid for their work and (with the exception of hardship cases) they are not reimbursed for their expenses. Trustees must attend two meetings per year for three years and officers attend four. Everybody else pays their own expenses too, of course, but they aren't required to attend — and they do have time to attend the program.

4. The Program Committee chairperson probably works harder than anyone at conferences — being on duty 16 hours per day to see that everyone else is getting their needs met in both daytime and evening programs . . . again, without recompense or reimbursement.

5. Numerous attempts have been made to adjust conference schedules so that Board meetings and program do not conflict. Since exams are scheduled immediately prior to each conference (and most Board members serve as examiners) and since the Board must meet after the general business meeting, it can't be done. Meet at night, you say? Please, we have to have SOME rewards!

6. Contrary to popular belief, not all Board members are wealthy.

If you want more information or wish to debate this issue, I and other Board members will be available at the January meeting in San Antonio.

Thank you,

— Sue Hutchins

(ISSN 0164-7393)
Newsletter of the International
Transactional Analysis Association
1772 Vallejo Street
San Francisco, CA 94123
(415) 885-5992

Editor..... John James, MA
Managing Editor..... Robin Fryer, MSW
Deadlines refer to date of receipt in ITAA office:
First of the month prior to month of publication; i.e., June for July 1979 issue.

The *Script* is published monthly (except January, September) by the International Transactional Analysis Association. Subscription rate is $2 a year as part of dues for all classes of membership. For information on dues rates for various membership classifications, contact the ITAA office, 1772 Vallejo Street, San Francisco, CA 94123. Second Class postage paid at San Francisco, California (#325870). © 1979 by ITAA. All rights reserved.

Special mailing list: send $2.50 U.S. and Canada, $7.50 all other countries PLUS correct mailing address to Robin Fryer, c/o ITAA office and we will send you your *Script* by first class air mail.

A Standard Sexual Vocabulary

Ideally, a complete sexual vocabulary should consist of four words .... Anything beyond these four, Yes, No, Wow, and Ugh, means somebody is in trouble.

International Footnote: Although "Wow!" has only recently come into common English usage as an expression of enthusiasm, the French have been using its equivalent for a long, long time in the form of "Ooh-la-la!"

Eric Berne
Sex in Human Loving

Doubts About ITAA "Coming of Age"

Dear Editor:

I just got my *Script* describing the Snowmass Conference — Carolyn Attneave's talk, Steve Karpman's award, plus the message from Ruth McClendon alleging that TA is coming of age. Wish I could have been there! Carolyn was a fellow member of our Unitarian Fellowship in Texas during the fifties and I was delighted to see her jolly face again. Steve Karpman's contributions to TA are inspired and ubiquitous for anyone who works in a therapeutic context with people, and I applaud the choice. . . .

Which, having been said, brings me to the alleging by Ruth McClendon of ITAA's coming of age. . . .What about the mess over Jacqui Schiff? Why isn't that mess being cleared up in a way that your readers can find out about, if indeed, it is being cleared up at all? It is an ugly controversy, affecting the entire reputation and integrity of a lot of people whose lives have been dedicated to working with people ninety-nine per cent of the TA establishment wouldn't touch with a proverbial ten-foot pole. A controversy like that deserves to be dealt with openly and with the participation of every member of the Association. It needs to be brought to a mature and mutually satisfactory conclusion, all debts paid in full. Anything less is schismatic and revolting.

Secondly, I must say too, having only joined ITAA last January, that it is my vivid impression that the very real expertise, enthusiasm, integrity and dedication of ITAA as an association of therapeutic professionals is seriously marred by the circus-cum-marketplace atmosphere of hustle . . . . The thrust of this kind of enterprise outlook is to make it . . . . harder for your customers to distinguish the motives of Eric's followers from those of the Moonies, harsh as this may sound. What happens to *cure* when so much emphasis is being placed on luring the public into "workshop" take-the-money-and-run weekends en masse? My unsolicited TA mail is getting pretty voluminous! My image of a proper "Bernie" is by no means solemn or pontificial, but must the alternative be so aggressively commercial? That's the trap that has been "doing in" the medical profession. Must TA go the same way? Whatever happened to the spirit of radical therapy and caring about people everyone else rejects? . . . . Are they just as ignored by you folks as they are by everyone else? That's maturity?

Best,
Mary Leue

Keeping in Touch

Origins Institute of America is engaged in research into the psychosocial development, early childhood decisions, behaviors and feelings of adult adoptees and birthparents who are in treatment under TA or TA/Gestalt modalities. If you are willing to share your findings in this area, please write to: Connections Research Project, c/o Origins Institute of America, PO Box 229, Syracuse, NY 13208.

The American Medical Association offers two publications — the newsletter, *Holistic Medicine* ($20/yr) and the journal, *American Holistic Medicine* ($10/issue). For more information, contact the AHMA, Route 2 — Welsh Coulee, La Crosse, WI 54601.

Jim and Barbara Allen's book, *Guide to Psychiatry: A Handbook for Health Care Professionals* has recently been purchased and 10,000 copies distributed by the Schering Drug Company. This book is the first psychiatry text to use TA throughout and is published by Medical Examination Publishing Company, Garden City, NY. It is also available through Trans Pubs. Jim is a TM in ITAA.

Dark Months — please remember that there will be no *Script* printed in January or August, 1980. Keep this in mind when planning to submit ads or articles which are time-dated. You should always allow at least two months between the anticipated date of publication and the date to be publicized due to delays in second-class mail. We appreciate your cooperation on this — it will help us to serve you better. See you in February!

Financial Note for Non-US Members — we are aware of the varying financial capabilities of our membership in various parts of the world and wish to emphasize our willingness, upon request, to lower the cost of ITAA dues to those in need. If you are interested, please send your request, with supportive details, to Bob Andersen, c/o ITAA office.

Insurance — the insurance company that provides our low-cost group term life insurance plan is now offering an ordinary life plan at what appears to be a good rate. If you would like to learn more about this plan, contact Albert H. Wohlers & Co., 1500 Higgens Road, Park Ridge, IL 60068. Be sure to indicate that you are a member of ITAA.

A Reminder About Dues Increase — at its August meeting, the Board voted to increase dues by $5 a year for all categories of membership, including Subscriptions and Subscribers. This increase, effective in January, 1980, will be appearing on renewal notices sent out during the fall. The increase was necessary because of the combined effect of inflation and a drop in membership income.

Attention PTMs — we would like to meet with both SFPTMs and CPTMs at the Winter Congress to consider the desirability of forming a PTM support community/network. Such a group could provide a context for exchanging information, providing mutual support and indentifying areas of particular concern and interest to PTMs. The date, time and location of such a meeting will be announced at the conference. If you cannot join us in San Antonio, please write to Brenda Schaeffer, CPTM, Barton Knapp, CPTm or Frances Bonds-White, CPTM with your response to this idea. We'd love to hear from you.

John W. Harrison is a general medical practitioner from Adelaide, South Australia who combines the principles of self-created disease and self-motivated cure using methods such as remedial dietetics, homeopathy, acupuncture and other naturopathic modalities along with more orthodox methods. TA is the framework he uses to assess the reasons for clients having disease and their reluctance to part with it. He would like to continue training in TA in the San Francisco area in 1980 and would therefore like to hear from any individual or organization that could use his services and that would be prepared to approach the local Bureau of Immigration on his behalf. If you can help, please contact John W. Harrison, MBBS, F2. 262 Hutt St., Adelaide 5000, South Australia.

Exchange Column Proposed — during her candidate's speech in Snowmass, Muriel James suggested that we institute a special section in the *Script* in which members could publicize goods or services they have to exchange. She used as an example the fact that she has a small cabin at Tahoe that she would like to exchange for a couple of weeks at some warm, beach-front location during the winter. Muriel reports that she has already had a positive response. If you have somethings you would like to exchange or something you need, please let us know — maybe we can get a lively bartering system going!

Something to Think About:

Freedom

To become free . . . is destiny; one carries that like a cross, not like a cockade. Let us realize the true meaning of being free . . . it means that a quite personal responsibility takes the place of one shared with many generations. Life lived in freedom is personal responsibility or it is a pathetic farce.

Martin Buber
Between Man and Man

Thus, early man discovered what their descendents were to discover over and over again; that winning "freedom from" — namely, authority — is only the first step, and that it is followed by the necessity to decide on a "freedom to" — a commitment.

J. Fabry
The Pursuit of Meaning

Freedom is "the foot-bridge, not the dwelling place;" it is always the necessary starting point, but not the goal. Freedom can only lead us to a new human solitude; responsibility will build us a new human community.

Martin Buber
The Philosophy of Martin Buber

Emancipation from the bondage of the soil is no freedom for the tree.

Rabindrath Tagore
Fireflies

Human freedom involves our capacity to pause between stimulus and response and, in that pause, to choose the one response toward which we wish to throw our weight.

Rollo May
Courage to Create

The road to freedom is through laughter.

Eric Berne
Sex in Human Loving

Freedom gives him the power to carry out his own designs, and power gives him the freedom to interfere with the designs of others. Even if the outcome is decided by men he has never met or germs he will never see, his last words and the words on his gravestone will cry out his striving.

— Eric Berne
What Do You Say After You Say Hello

In a future issue, we will be focusing on quotes about courage. Please send in any quotes (with accurate references) that you would like to share, any feedback on what we have already printed, and/or suggestions for future topics. Write to John James, Box 356, Lafayette, CA 94549.

As for myself, I know not whether I am still run by a music roll or not. If I am, I wait with interest and anticipation — and without apprehension — for the next notes to unroll their melody, and for the harmony and discord after that. Where will I go next? In this case my life is meaningful because I am following the long and glorious tradition of my ancestors, passed on to me by my parents, music perhaps sweeter than I could compose myself. Certainly I know that there are large areas where I am free to improvise. It may even be that I am one of the fortunate people on earth who has cast off the shackles entirely and who calls his own tune. In that case I am a brave improviser facing the world alone. But whether I am faking on a player piano, or striking the chords with the power of my own mind and hands, the song of my life is equally suspenseful and full of surprises as it rolls off the pulsating sounding board of destiny — a barcarole that either way will leave, I hope, happy echoes behind.

— Eric Berne
What Do You Say After You Say Hello

POST SCRIPT

THE ITAA BULLETIN BOARD

Classified Advertising

TRAINING WORKSHOPS IN HAWAII. **March 1-9** with Bob and Mary Goulding in Redecision Therapy — $600 includes food and lodging. **June 23-29** with Art Greer *(No Grown-ups in Heaven)*, CM and Ron Ching, CPTM, in a training week for all helping professionals, Clinical and Special Fields trainees — $450 includes food and lodging. Deposits: $100 (refundable up to 20 days before workshop begins). At a beautiful beach setting in Makaha, Oahu; modern facilities and pool; island hospitality and international cuisine. Write Ron Ching, 5290 Kalanianaole Hwy, Honolulu, HI 96821; 808/373-4593.

TWO-WEEK TRAINING WORKSHOP IN STRUCTURE AND DESIGN OF PSYCHOTHERAPY

AGPA/ITAA credit available

We will teach our TA-Gestalt model for high intensity, cure-oriented therapy. The focus will be on the treatment process from initial interview to termination and follow-up. Participants will be given opportunity to do therapy under supervision.

Harry S. Boyd, Ph.D., CTM, F.A.G.P.A.
Laura Cowles-Boyd, M.S., CPTM

Fee: $500 (does not include room and board)
Dates: April 14-25, 1980
Place: Oklahoma City
For more information contact: H. & L. Boyd
2209 Oakvista Circle
Norman, OK 73071

Transactional Analysis Institute of Dayton
6210 North Main Street
Dayton, Ohio 45415
Telephone: (513) 274-9362

Marge Reddington, Director
Matthew D. Reddington
Barbara Kohlrieser
John C. Giffen

INTENSIVE WORKSHOPS IN

VISUALIZATION AND IMAGERY

MARGE REDDINGTON, CTM, will head a staff in presenting two five-day workshops in the use of visualization and imagery in the treatment of physical and emotional disease. For professionals who work with children and adults. Participants will be invited to experience the techniques as part of the learning process.

VISUALIZATION AND IMAGERY, JAN 28-FEB 1, 1980.
This workshop will emphasize evaluating client images and how to change them. Other "how to" sessions will include:

- introducing the concept to your practice
- teaching the techniques
- determining client suitability
- energy and emotional release

ADVANCED VISUALIZATION AND IMAGERY, FEB 4-8, 1980
This workshop will emphasize changing and improving images and the supportive use of other treatment modalities. It will also cover:

- relating to illness
- helping the client to overcome resistance
- the predictive value of images

Enrollment limited. Details on request.
FEE: $300.00 per workshop (includes materials but not room and board).

TRANSACTIONAL PUBLICATIONS

P.O. Box 3932 Rincon Annex • San Francisco, CA 94119 • 415/885-5992

Guide to Psychiatry
A Handbook on Psychiatry for Health Professionals
James R. Allen and Barbara Ann Allen
$12.00 (no discount) paper
This book is designed to present the medical student, family practitioner and resident in internal medicine with an integrated approach to the psychological care of his patients. This is the first such textbook discussing a wide range of modern psychodynamic theories—transactional analysis, Gestalt, family therapy—with traditional psychoanalytic and learning theory approaches.

Family Therapy and Transactional Analysis
James S. Horewitz
$20.00 Cloth
An approach to family therapy from the viewpoint of the dynamics of everyday relationships. Focus is on the interpersonal conflicts of the family members and interventions with children in particular.

Uncommon Therapy
The Psychiatric Techniques of Milton H. Erickson
Jay Haley
$3.95 paper
A comprehensive look at Dr. Erickson's theories in practice, through a series of case studies covering the kinds of problems that are likely to occur at various stages of the human life cycle.

Frogs into Princes
Neuro Linguistic Programming
Richard Bandler and John Grinder
$4.50 paper

This book has been edited entirely from audiotaped of introductory NLP training workshops conducted by Richard Bandler and John Grinder. The whole is organized here as if it were a three-day workshop, and the live format has been retained.

Posters

Friendship Repair Kit
Leonard Ghan
$2.50 Poster
The grid includes The Disagree-O-Gram, The Blessing Box The Judgment Cube and the Negotiation Matrix.

Great Spiral of Adventure
Mel Boyce
$3.00 Poster
The most exciting combination available of Script ideas, themes from Mythology, and up-to-date analysis of life. Spiral and Inspirational Text on two sheets, 11 x 17 ea. Blue ink on parchment paper.

Health Care Books

Interpersonal Interaction in Nursing
Basic Concepts in Nurse-Patient Communication,
Virgil Parsons and Nancy Sanford
$7.95

Group Process for Nurses
Maxine Loomis
$9.50 paper

Transactional Analysis in Health Care
Jean Elder
$8.95 paper

Shipping Information

- All orders must be prepaid
- Shipping & handling: Add 5% of total, $1.00 minimum
- California residents please add sales tax

WEST LOS ANGELES GROUP THERAPY INSTITUTE

11665 OLYMPIC BOULEVARD
SUITE 300
LOS ANGELES, CALIFORNIA 90064
(213) 473-4463

TOM WILSON, M.D., C.P.T.M., Co-Director
I am a psychiatrist certified by the American Board of Psychiatry and Neurology. I am currently an Assistant Professor at USC and have lectured and taught courses for USC, UCLA and the Los Angeles Group Psychotherapy Society. I am past President of the Medical Staff at the Westwood Hospital in West Los Angeles.

DIANE MOMB, R.N., C.P.T.M., Co-Director
I am a Clinical Provisional Teaching Member of ITAA and am a Psychiatric nurse with experience both in hospital work and with office groups. I have taught or assisted with courses for the California Hospital Medical Center, UCLA and the Los Angeles Group Psychotherapy Society.

The West Los Angeles Group Therapy Institute has been in operation since October 1974. Our focus is on training professionals to work with psychosis, especially schizophrenia, and other severe emotional disorders. The faculty works as a team and has been trained in reparenting and regressive techniques. Facilities of a widely known private psychiatric hospital are available for the purposes of training. The West Los Angeles Group Therapy Institute training program includes 101 courses and training towards ITAA CM membership. We also individualize programs for out-of-town trainees interested in psychosis and wishing to spend three days or more in intensive training with us. If you are interested, contact us at the above address.

STEVE LANKTON A.C.S.W., C.P.T.M.
&
CAROL LANKTON M.A.

PRESENT A 5-DAY TRAINING WORKSHOP

STRUCTURAL THERAPY
Utilizing Psychological Level Communication

Steve Lankton became known during the last five years for the development and use of psychological level communication. His original study and training integrated many contemporary psychotherapies, including Ericksonian Hypnosis and the use of metaphor. Much of his work appeared in his book Practical Magic: The Clinical Application of Neuro Linguistic Programming. Therapy Training will include lectures, demonstrations, and experiential activities designed by Carol and Steve.

Among the skills taught will be applications of stroking and special uses of association, personality parts and ego states, self images, scripts, representational systems, incongruent and duplex transactions, redecisions, cognitive restructuring, reframing, treatment planning, hypnosis and metaphor, building role behavior, fantasy rehearsal, and social network change.

The workshop will be held in Washington, D.C., April 7-11, 1980, immediately following the ITAA Spring Conference. Housing information will be sent upon request, or when we receive your registration.

Workshop Fee: $250.00 Meals and lodging additional.
To Register: Send name, address, phone number and workshop fee to:

MATRIX: Communication & Learning Systems
P.O. Box 7328 • Ann Arbor, MI 48107 • (313) 665-5563

6th Conference of the
European Association for
Transactional Analysis

6 - 11 July 1980
Brighton England

EATA Conference 1980

Brighton is a bustling and lively sea-side resort on the South coast of England. It's historical connections with the British monarchy make it a popular attraction for tourists and visitors from many countries.

The famous Royal Pavilion, a dazzling and exotic palace built for the Prince Regent (late George IV), is guaranteed to excite the Free Child of any visitor. Equally fascinating are The Lanes, an area of 17th Century houses and shops where visitors can search for, and usually find, almost anything their Child desires.

For the more energetic, Brighton offers seven miles of promenade and sea-front to stroll, jog or run along.

Our conference will be held in Brighton's best-known hotel, The Metropole, in well appointed and purpose-built conference rooms.

Accommodation, in single or double rooms, has been reserved in the Metropole and the adjoining Bedford Hotels. All rooms have a private bath and colour television.

Members of the European TA Association are looking forward to welcoming delegates and presenters from all over the world.

Further information and booking forms from :
Ron Clements, Conference Co-ordinator, 29 Paxton Gardens, Woking, Surrey GU21 5TS, England.

The Second Conference of the German TA Association was a Tremendous Success

The expansion and success of the Nov. 9-11 Conference of the German T.A. Association (D.G.T.A.) was more than anyone expected. Instead of the 80-120 conference participants planned, there were about 240 people crowding the beautifully sited Konferenz-Hotel "Royal" in Bad-Soden/Salmunster (near Frankfurt). Helmut Harsch and Birger Goos (the treasurer and the Vice-President of the DGTA) were responsible for the preparation and organization of the conference.

6 to 8 parallel presentations offered a broad range of information about T.A. activities in Germany. There were excellent presentations on SFM applications in courtroom, management training, schools, kindergardens and other institutions, as well as many clinical presentations including those on redecision work, couples and family therapy, depression, schizophrenia and numerous other areas. The feedback about content and didactics of the presentations was unanimously positive.

Three panels set spotlights on the development of professional organizations in Germany. The DGTA panel dealt with information and questions around T.A. training in Germany. The EATA panel introduced the members of the EATA Council, their ideas and goals to a large audience. The AIEP-panel offered information and discussion about the cooperation between several psychotherapy associations (Gestalt Therapy, T.A., Analytic Group Dynamics, Bioenergetics, Family Therapy and Psychodrama) for purposes of mutual support in training and professional politics.

Presentations by the invited representatives for Family Therapy and Psychodrama enriched the program "menu". Other additional highlights were workshops given by EATA Council members who had their meeting Nov. 9 and 10 at the same place.

The warm, joyful and supportive atmosphere received even more enthusiastic feedback than the quality of the program. The pleasant and well-organized conference hotel, the friendly staff, a fantastic Saturday night disco party, and sauna and swimming pool (which could be used until late at night) contributed, together with lots of other bits and pieces, to that warm and loving encounter.

CM and SFM examinations were held Nov. 8th, organized also by Birger Gooss, ITAA exam-coordinator in Europe. Eight candidates out of nine passed successfully and were congratulated during the DGTA party. They are: Monika Borne (FRG), Jean C. Grigor (GB), Christa Marwedel (FRG), Johanna Poesentrup (FRG), Alice Stevenson (GB), Gabor von Varga (GB), Carla Vercellino (I) and Filiberto Vercellino (I). Exams were rated fair with high standards.

The DGTA general assembly (Nov. 10th) was chaired by DGTA President Ruediger Rogoll and responded to the enthusiasm and success of the conference by voting for an annual DGTA conference in the future. In 1980 the conference will be held in Norderney, an island resort at the northern coast of Germany; date: early October 1980.

Mark this in your 1980 agenda; you will be welcome!

Birger Gooss

Concerns About Election Procedures Answered

A number of members have indicated to me that they would like to know the procedures that we followed in the recent election. It occurs to me that there may be many more of you out there who would also appreciate having this information, and so I have summarized it briefly here.

5,000 ballots were originally printed (at the time they were ordered there was no way to be certain of the final number of qualified voters) and 4,368 were sent out. Of the remainder, all but 25 were burned. These 25 are marked "sample" and are kept in the ITAA office for future reference.

The accounting firm of Apgar, Paik, Jennings and Dunlap, which was employed in the 1977 officer election at the suggestion of the chairperson of the Nominating Committee, Bob Drye, was again hired to count ballots for this election. The decision to once again hire an outside firm was based on the following history.

In the light of rumors about the lack of secrecy during the 1976 election, the Board authorized me to hire a CPA, in consultation with the Nominating Committee, to count the ballots for the 1977 officer and trustee election. In addition, we went to the extra expense and effort to ask that each voter affix a mailing label, with his or her signature on it, to the ballot. Our CPA was given a computer print-out of the names of the eligible voters so that he could check incoming ballots against the list.

However, as soon as that election procedure went into effect, there were protests against it because some members felt that it did not allow them to cast ballots in secret. They felt that this was no way to run a democratic organization and wondered what we were so paranoid about.

When the Board saw the results of the election and how expensive that system was, they concluded that, while it was a nice feature, the office staff could once again be trusted to count the ballots for the election of Trustees in 1978. That was done and there were no comments.

As the 1979 officers and trustees election approached, I felt some tension in the air and decided that I didn't want staff involved in potential difficulties. Therefore, the process with the CPA firm was reestablished. Precautions were taken with the printer so that signatures would not be necessary and ballots could remain secret.

The printer has assured me that, with his many years of experience, he would be able to tell at a glance whether any given ballot is one that he printed. Even if paper of the same weight and color were used, he would be able to tell if it was from the same paper lot he used and whether the printing was his. His integrity is such that it would be unthinkable for him to duplicate the ballot for anyone else. Only my administrative assistant and I knew who the printer was during the election. It is my judgment that the possibilities of anyone having had a chance to stuff the ballot box successfully were incredibly remote. I know how the ballots were produced — they could *not* have been duplicated.

In January I will be asking the Board to set exact and official election procedures so that we can do away with the uproar around elections. If you have suggestions, comments or further questions, please feel free to write to me or to make your views known to the Board of Trustees.

— Bob Andersen, Executive Director

Committee Reports

Advertising TA Services

The advertising policy, originally printed in the December, 1976 *Script*, is reprinted here after one revision was made by the Grievance Committee in consultation with the ITAA attorney.

Policy

A. RMs with contracts must use the terms "In Clinical Training" or "In Special Fields Training" on all printed material. These are the official phrases, replacing Clinical Candidate and Special Fields Candidate.

B. Special Fields Member, ITAA or Clinical Member, ITAA, should be spelled out rather than using SFM or CM.

C. Advertising of products such as books, t-shirts, etc. is not to be directly or indirectly related to teaching, training or membership status.

D. Do not make claims such as "This can change your life." The major message in advertising should be designed to protect and safeguard the needs of the consumer rather than to exploit him/her.

E. A trainer's name is not to be used on any advertising without written permission from him/her.

F. The three stacked circles are not to be used as a logo in advertising services to the public without CM status.

G. Training is not to be done without Provisional Teaching Member status.

H. Do not use the terms mentioned above either literally or by association without advanced status.

I. As stated previously, all advertising produced by RMs under contract must be checked with sponsors and sponsors must adhere to ITAA policy.

J. Statements like "has been trained by Bob Goulding, Claude Steiner, etc." are not acceptable. Do not use the names of well-known and well-established members with such statements as "have been trained by," or "received training from," when the extent of the contact has been a couple of weekend workshops, etc. "Trained by" means ongoing training, and the use of such names to enhance one's status is not considered appropriate professional behavior.

Help Needed on Continuing Education

Have you led Continuing Education programs? Have you arranged for CE credit for yourself or your agency? Are you now or have you been on a CE credit committee or board?

The Public and Professional Information Committee is addressing Continuing Education issues and we need your help.

We need input and ideas from anyone who has experience with providing or evaluating continuing education programs.

Please write me or someone on the PPI Committee as soon as possible or contact me at the Winter Congress in San Antonio if you can help. Thanks.

— Les Kadis, Chairperson, PPI Committee

1980 Winter Congress

January 16 — 20

San Antonio, Texas — St. Anthony Hotel

See the 1979 October Script for schedule*, registration and hotel reservation forms.

*The Editorial Board workshop scheduled for Tuesday, January 15th, will not be held.

Calendar

January 13-20, 1980 ITAA Winter Congress, San Antonio, Texas
August 6-10, 1980 ITAA Summer Conference, San Francisco, California

Exam	Exam Date	Location	Application Deadline
CM and SFM Oral Exams	January 4, 1980	India	October 29, 1979
	January 16, 1980	San Antonio, Texas	October 19, 1979
	April 2, 1980	Washington, DC	January 2, 1980
	June 20, 1980	Rio D'Janeiro, Brazil	January 21, 1980
	July 6, 1980	England	April 7, 1980
	August 6, 1980	San Francisco, California	May 8, 1980
	October, 1980	Montreal or Winnepeg, Canada	July, 1980
	October or November, 1980	Midwestern US	July or August, 1980
	November 9, 1980	Europe	August 12, 1980
	November or December, 1980	South America	June or July, 1980
TM Exams	January 16, 1980	San Antonio, Texas	October 19, 1980
	August, 1980	San Francisco, California	May 6, 1980
PTM Contract Workshop	January 20-22, 1980	San Antonio, Texas	October 23, 1979 ($50 deposit due)
Written Exams	March 28 or 29, 1980	To Be Announced	December 28, 1979
	September 26 or 27, 1980	To Be Announced	July 1, 1980

All fees are due on or before the deadline for applying for an exam. All exam fees are non-refundable but will be kept as credit in your account if at least 30 days notice is given for cancellations. Otherwise the fee is forfeited. Fees: $75, Written Exam; $100 Oral Exam; $25 all filing fees.

He or She

By Ittoop

In the July, 1979 Script *we printed a letter from Grace Berne Rose about the dilemma of using masculine and feminine pronouns. In it she said, "If only Eric were here, he would have a new vocabulary for us." One of our members in India sent us his attempt to do just that. We appreciate his efforts and would love to hear other ideas any of you may have.*

I like twilight because it is neither light nor night. And I like village gardens because they have neither sophisticated beauty nor primitive disorderliness. So one day, at twilight, I sat in a garden, half-hidden so that I couldn't be seen very clearly, and I closed my eyes. After a while, I could hear some faint, distant footsteps. I tried to pay keen attention to them. It sounded like the noise of sand being crushed under the feet. Then it became louder. Then closer. And very, very near. I wondered if it were a he or a she. In fact, I wished it were a she! But who knows if it were not a he! But aren't you bored like me by the frequent, unwanted appearance of he/she? So I put all the letters together, arranged and rearranged them in my mind and I was suprised that a new word was born — HES. And I asked myself if it were a HES! I liked it when I uttered it for the first time. However, I was not sure how HES would like it.

So I decided to ask him/her whoever HES was if HES liked my new discovery. But do you think it would be polite to ask him/her this question first, without knowing him/her at all? "Him/Her"? I asked myself, "Why shouldn't I simplify him/her to HERM?" Whoever HES was, HES would have smiled spontaneously, because a natural giggle of a smile was generously playing on my lips by then, as they were trying to form themselves into a maiden HERM.

By then I was picking up some courage to tell HERM about my originality. However, I had an urge first to ask Herm his or her name before entering into the secret sphere of my creation. Also to enquire from HERM where HES comes from and who his/her parents were.

By that time my ego has spelled out another new word and, as you might guess, it was HERMS. This time the word went out of my mouth without my control and I wasn't sure if HES heard it. But I wondered if HES would answer himself/herself without my asking him/her any questions at all! What do you think of HERMSELF?

Now I was fully prepared and anxious to share with HERM the list of my new words and to find out what HERM'S reaction would be when I ask HERM to answer to it by HERMSELF. With great delight and itching eagerness, I got up from my seat, took a step forward, and opened my eyes only to see a cow or bull; I could not exactly figure out which, because twilight had given way to darkness! And I now leave you to build your own lexical atrocities on cow/bull!

He or she — HES
Him or Her — HERM
His or Her — HERMS
Himself or Herself — HERMSELF

Are You Getting Your *Script* Later Than You'd Like?

Perhaps we can help. If you will send us a check for the cost of postage ($2.50 US/Canada, $7.50 all others), we will gladly send your *Script* to you by first class air mail. Please be sure to include your correct mailing address. Send your check and address to Robin Fryer, Managing Editor, c/o ITAA office.

TLC Expands Hearts

If an Ohio State University research team is right, "TLC" may affect the heart in more ways than one.

In tests with laboratory rabbits, the Ohio researchers found some rather startling evidence that tender loving care may be the best treatment yet for preventing arteriosclerosis — the build up of cholesterol in the body's arteries.

The tests involved two groups of rabbits, both fed the same high-cholesterol diets. Some of the rabbits, however, received normal laboratory care, while the rest were patted and allowed to play outside their cages.

To nearly everyone's surprise, the rabbits who got more attention showed only half the evidence of lesions in the aorta, a sign generally considered to be a forerunner of heart disease.

Although the Ohio scientists repeated their tests several times, they could only speculate on the reasons for the results. One theory was that the treatment stimulated some sort of hormonal change that affected the build up of cholesterol.

Whatever the reasons, the researchers think their results could have serious implications for all scientists who work with laboratory animals.

"We have demonstrated dramatically," said Fred Cornhill, assistant professor of surgery at OSU's College of Medicine, "that the way in which we handle the animals can have an incredible effect on our experimental results."

Reprinted from ***The Chronicle of Higher Education,*** *September 24, 1979. Our thanks to Dan Geeding for bringing the article to our attention.*

I Told You I Was Sick!

Hypochondriasis is described in *Behavior Medicine* (February, 1978) as "one of the most frustrating illnesses that the practicing physician encounters .... For optimum treatment of the hypochondriac, the clinician must have a clear concept of the illness."

A hypochondriac is defined as one preoccupied with unwarranted fear of disease. But if hypochondriasis is an illness, the hypochondriac indeed is sick — which means he is not a hypochondriac after all.

Hypochondriasis thus may be the first self-destructing diagnosis!

The "Procedures for Handling Ethics Charges Within the ITAA" are available upon request from the ITAA office.

A Living Problem

Sons Are Smarter Than Their Fathers

by Cyprian St. Cyr

One day Gregory Dolphin, who lived in a bubble two hundred feet below the surface of the sea, dropped by on his vacation to see R. Horseley, the Sage of the Ozarks.

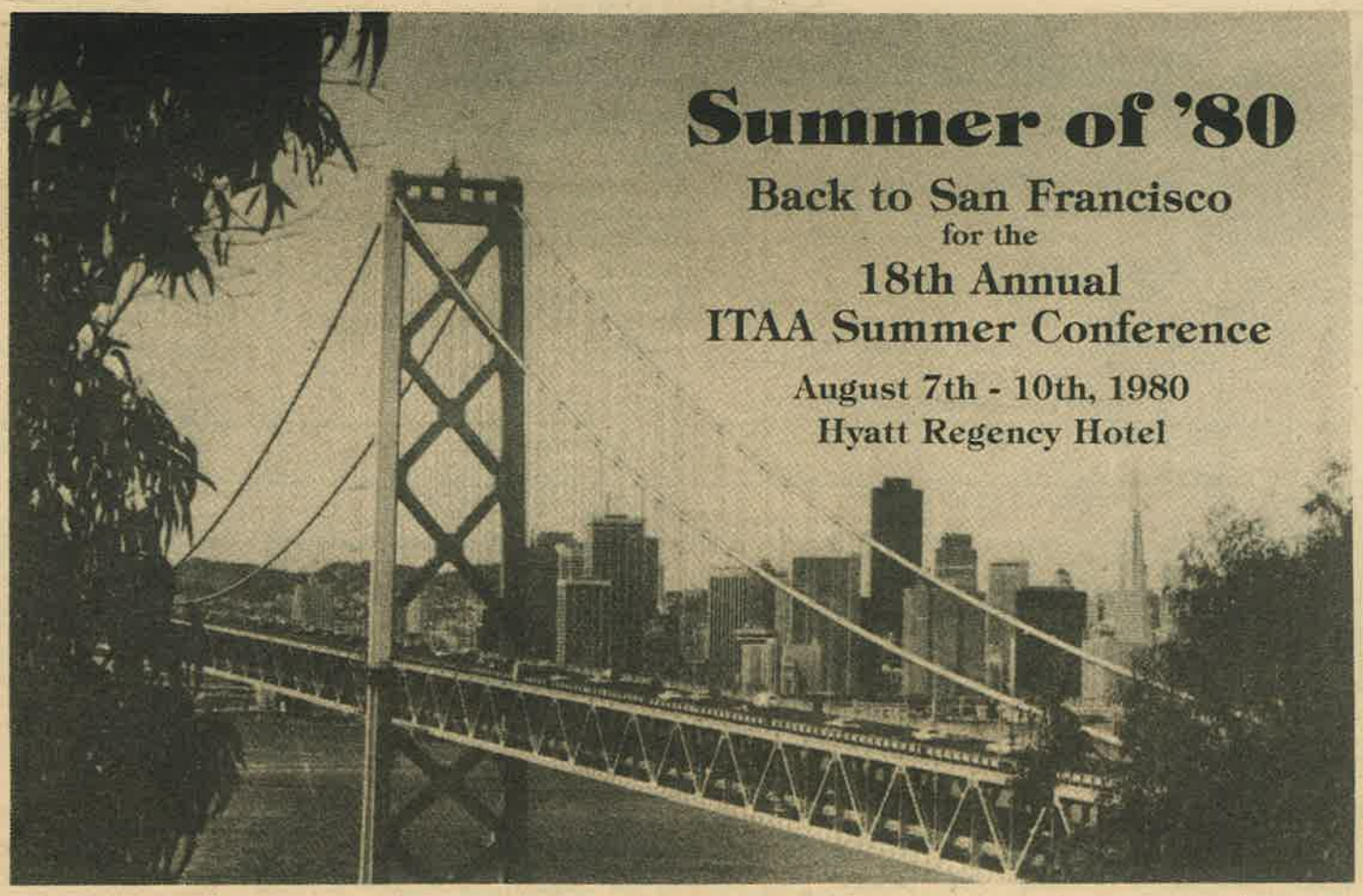
"You know, old boy," he complained, "I can train a whale to jump out of the water on command twenty-five feet straight up in the air, but I can't keep my own sons from getting sassy."

"What have your delinquent merboys been up to now?" asked Horseley.

"Just sassing. It goes like this. He says to me: 'Dad, are sons always smarter than their fathers?' 'Preposterous,' I reply. 'Okay, Dad. Who invented the submarine?' 'Ha!' I answer, thinking I have him. 'Leonardo da Vinci.' 'Okay. Then why didn't his father invent it? And who discovered X-rays?' 'Roentgen. So why didn't his father discover them, eh? Go eat a guitar, Buster.' "

Question: How would you talk your way out of that one?

Reprinted from the *Transactional Analysis Bulletin,* Volume 6, Number 21, January 1967



Reminder:

the 1980 Summer Conference Call for Proposals was published in the October Script. The deadline for proposals is January 25, 1980.

Moving? Let Us Know and We'll All Benefit

If you don't give us your new address **before** you move, your copies of the Script may suddenly disappear . . . sent back to us with your address correction by the dear old Post Office.

You won't get to see those issues, and it may cost us 75 cents to $1.00 in postage dues by the time it gets straightened out.

So, if you are changing your address, please, for your sake and ours, send us your new address **in advance.**



Attach **present mailing label here** and print in NEW information below. *(Please allow four weeks processing time.)*

Name

Street Address

City

State or Country Zip Code

Home Phone Work Phone

Please send all address and phone changes to the ITAA office, 1772 Vallejo St., San Francisco, CA 94123.

